

Trail Santa Luzia 2016

Classificação Geral

Posição	Dorsal	Nome	Clube	Escalão	Tempo
1	251	Carla Pereira	Encostas de Corno de Bico	SEN-F	01:58:03.53
2	488	Raquel Abreu	Individual	SEN-F	02:09:09.71
3	539	Sameiro Alves	XL&S Trail	F-40	02:09:26.41
4	297	Fani Carnero	Individual	SEN-F	02:20:00.80
5	349	Joana Barros	Team Workout 48	SEN-F	02:21:06.27
6	420	Margarida Magalhães	Desnível Positivo	F-40	02:22:03.17
7	464	Paula Costa	Centro de Atletismo Arcos de Valdevez	SEN-F	02:22:32.60
8	520	Sônia Parente	EDV - Viana Trail	SEN-F	02:25:08.21
9	274	Daniela Barreto	Olímpico Vianense Trail / ND Sport	SEN-F	02:25:46.53
10	550	Inácia Vitorino	Individual	F-40	02:27:57.86
11	497	Rosa Alves	Individual	SEN-F	02:28:22.85
12	296	Eva Durán Durán	Cazafantasmas	SEN-F	02:28:25.30

13	531	Vera Fernandes	Individual	SEN-F	02:28:39.24
14	544	Irene Monte	Individual	F-40	02:30:28.14
15	549	Nilza Conde Paixão	Individual	SEN-F	02:31:13.96
16	341	Iva Campelo	EDV - Viana Trail	SEN-F	02:31:27.07
17	291	Eduarda Campos	Individual	SEN-F	02:31:31.83
18	390	Juliana Correia	Individual	SEN-F	02:31:41.94
19	394	Loli Perez Rodriguez	Cazafantasmas	F-40	02:31:45.27
20	498	Rosa Nogueira	Viana Trail	F-40	02:34:18.53
21	345	Ivone Correia	Os Estreloucados	SEN-F	02:34:23.60
22	264	Carolina Pereira	Afifense HIIT Trail	F-40	02:36:42.41
23	321	Goreti Correia	A.M.I.G.O - Ass. de Modalidades Inovadoras do Gôve	SEN-F	02:37:50.11
24	212	Anabela Silva	EDV - Viana Trail	SEN-F	02:38:41.82
25	339	Isabel Diz	Club Cornelios Montaña	SEN-F	02:40:06.80
26	265	Catarina Amorim	Individual	SEN-F	02:41:38.08
27	285	Diana Ribeiro	Lourenços Adventures	SEN-F	02:42:50.88
28	423	Maria Augusta Rosário Silva	Individual	F-40	02:43:56.60
29	249	Carina Pereira	Golden Smile	F-40	02:45:52.72

30	293	Eliana Pereira	Team Workout 48	SEN-F	02:47:17.22
31	220	Anita Dias	Monção Trail	SEN-F	02:47:39.14
32	318	Giselda Martins	EDV - Viana Trail	SEN-F	02:48:38.85
33	266	Catarina Pereira	Ei Team Trail	F-40	02:50:22.50
34	208	Ana Marques	Individual	SEN-F	02:52:40.03
35	431	Marta Fonseca	Individual	F-40	02:59:25.85
36	210	Ana Luisa Ferreira	Team Workout 48	SEN-F	03:00:38.19
37	250	Carla Lopes	Individual	SEN-F	03:03:17.24
38	283	Delfina Costa	Individual	SEN-F	03:03:18.91
39	526	Tânia Sousa	Individual	SEN-F	03:03:34.67
40	310	Francisca Sousa	Correr Viseu	SEN-F	03:04:25.27
41	351	Joana Santos	Individual	SEN-F	03:04:26.97
42	207	Ana Lousada	FAUP Running	SEN-F	03:06:09.96
43	434	Mayka Novoa López	Individual	F-40	03:07:08.25
44	309	Francisca Anhas	Individual	SEN-F	03:07:22.16
45	460	Patrícia Lopes	Individual	SEN-F	03:07:23.77
46	425	Maria do Carmo Leal Veiga da Rocha	Individual	F-40	03:07:43.60

47	308	Florinda Fernandes	Team Workout 48	F-40	03:07:47.57
48	276	Daniela Cerqueira	Viana Cycles	SEN-F	03:08:06.21
49	543	Patrícia Amorim	Individual	SEN-F	03:08:12.85
50	442	Natália Martins	SPEM	SEN-F	03:08:21.22
51	545	Maria do Carmo Carvalho Ferreira	Individual	SEN-F	03:08:31.35
52	521	Sónia Silva	Individual	SEN-F	03:08:49.77
53	218	Andreia Alves da Cunha	Desafios Nómadas	SEN-F	03:08:58.41
54	269	Cristina Iglesias	Individual	F-40	03:12:41.10
55	393	Liliana Gomes	Os Estreloucados	SEN-F	03:12:43.46
56	519	Sónia Moreira	Individual	SEN-F	03:17:55.35
57	523	Susana Silva	Individual	SEN-F	03:17:58.63
58	324	Helena Maia	Duros VL	F-40	03:19:30.30
59	524	Susana Vidal	Individual	SEN-F	03:21:39.44
60	461	Patrícia Pereira	Individual	SEN-F	03:24:25.50
61	344	Ivete Alves	Individual	F-40	03:26:08.08
62	323	Graça Silva	Individual	F-40	03:27:13.03
63	204	Alexandra Marques	Individual	SEN-F	03:27:19.86
64	463	Paula Brota	Individual	SEN-F	03:28:03.96

65	432	Marta Rocha	Individual	SEN-F	03:28:05.53
66	522	Susana Parente	Individual	F-40	03:28:16.85
67	525	Tânia Faria	Individual	SEN-F	03:30:57.96
68	496	Rosa Afonso	Individual	SEN-F	03:31:01.39
69	203	Alexandra Fão	Individual	SEN-F	03:31:11.53
70	421	Margarida Ribeiro	S. L. Benfca	SEN-F	03:31:22.03
71	444	Neuza Caridade	EDV - Viana Trail	SEN-F	03:31:29.32
72	234	Bárbara Barbosa	Individual	SEN-F	03:32:16.78
73	340	Isabel Queiroga	Individual	SEN-F	03:32:19.16
74	350	Joana Ribeiro	Individual	SEN-F	03:32:21.21
75	232	Araci Queiroga	Individual	SEN-F	03:32:22.82
76	424	Maria Cândida Seabra	Individual	F-40	03:34:41.16
77	518	Sónia Machado	Ei Team Trail	SEN-F	03:35:42.38
78	517	Sônia Cardoso	Trail Ganda Style	SEN-F	03:35:56.89
79	252	Carla Ribeiro	COA-Clube de Orientação e Aventura	SEN-F	04:09:22.35

Trail Santa Luzia 2016

Classificação Geral

Posição	Dorsal	Nome	Clube	Escalão	Tempo
1	495	Rogério Marques	Cyclones Sanitop	M-40	01:35:39.13
2	312	Francisco Fernandes	Experienciar / Farmácia Vila Cova / C. R. Diogo Cardoso	SEN-M	01:37:44.86
3	505	Rui Laranjeira	Experienciar / Farmácia Vila Cova / C. R. Diogo Cardoso	M-40	01:38:29.80
4	337	Inácio Rodrigues	Experienciar / Farmácia Vila Cova / C. R. Diogo Cardoso	SEN-M	01:39:09.99
5	343	Iván Pimentel Giráldez	Cornelios	SEN-M	01:39:52.71
6	385	José Elísio Barbosa Lopes	Centro de Atletismo Arcos de Valdevez	SEN-M	01:41:14.66
7	492	Ricardo Rego	Experienciar / Farmácia Vila Cova / C. R. Diogo Cardoso	SEN-M	01:46:04.49
8	400	Luis Magalhães	XL&S Trail	M-40	01:46:09.82
9	474	Paulo Vaz	XL&S Trail	SEN-M	01:46:15.00
10	455	Nuno Miguel Carvalhido Gomes	EDV - Viana Trail	SEN-M	01:46:38.80

11	453	Nuno Pereira	Olímpico Vianense Trail / ND Sport	SEN-M	01:47:20.57
12	489	Ricardo Amorim	XL&S Trail	SEN-M	01:48:22.36
13	221	Antolín Martínez	C. A. R. Marisqueiro	SEN-M	01:50:14.58
14	326	Hélio Costa	GTT - Armazém do Caffè	SEN-M	01:52:10.24
15	304	Filipe Oliveira	Individual	SEN-M	01:52:35.94
16	280	David Cunha	Individual	M-40	01:52:44.30
17	222	António Afonso	Individual	M-40	01:53:10.96
18	279	David Conde	Individual	M-40	01:53:45.19
19	429	Mário Viana	Individual	SEN-M	01:54:02.80
20	477	Pedro Alvarez	Cornelios	SEN-M	01:54:09.78
21	437	Miguel Jaques	Olímpico Vianense Trail / ND Sport	SEN-M	01:55:04.85
22	300	Fernando Garcia	Korpore Arenteiro	M-40	01:56:47.24
23	241	Bruno Lima	Afifense Trail	SEN-M	01:57:07.13
24	369	Jorge Salinas Martínez	As Lebres de Oia	SEN-M	01:57:53.44
25	373	José Costa	XL&S Trail	M-40	01:57:59.92
26	530	Válter Lima	Encostas do Como de Bico	SEN-M	01:58:07.07
27	548	Carlos Carreiro Boullosa	Individual	SEN-M	01:59:34.13

28	392	Leopoldo Garcia Gonzalez	Individual	M-40	01:59:42.38
29	216	André Gomes	Olímpico Vianense Trail / ND Sport	SEN-M	01:59:52.39
30	513	Sérgio Martins	Olímpico Vianense Trail / ND Sport	SEN-M	01:59:59.91
31	227	António Gomes	Fernanda Maciel - Material Ortopédico e Hospitalar	SEN-M	02:00:09.82
32	201	Alberto Alvarez	As Lebres	SEN-M	02:00:19.74
33	281	David Lorenzo Acevedo	Cornelius	SEN-M	02:00:23.10
34	499	Ruben Barbosa	C. A. A. C.	SEN-M	02:01:16.55
35	454	Nuno Silva	Individual	SEN-M	02:02:19.61
36	313	Francisco Moure Fernandez	Individual	M-40	02:02:42.94
37	258	Carlos Neto	Afifense HIIT Trail	SEN-M	02:03:50.39
38	245	Bruno Viana	Afifense Trail	SEN-M	02:03:59.97
39	487	Pedro Vale	Individual	SEN-M	02:04:22.88
40	388	José Ruben Calvo Fernández	Via XVIII de Maceda	M-40	02:04:57.72
41	486	Pedro Teixeira	Nascidos para Correr	M-40	02:05:38.66
42	271	Damian Rodríguez González	As Lebres de Oia	SEN-M	02:06:11.14
43	223	Antonio Borges	Individual	M-40	02:06:32.24

44	387	José Pedro Almeida Pereira	Olímpico Vianense Trail / ND Sport	M-40	02:07:09.08
45	452	Nuno Paredinha	Olímpico Vianense Trail / ND Sport	SEN-M	02:07:15.55
46	307	Flávio Martins	Individual	SEN-M	02:07:26.32
47	476	Paulo Guilherme Silva	Laúndos Trail	M-40	02:07:31.38
48	346	Jacinto Oliveira	Cavalos Cansados	SEN-M	02:08:08.02
49	320	Gonçalo Pinheiro	Olímpico Vianense Trail / ND Sport	SEN-M	02:08:16.02
50	354	João Jaques	Olímpico Vianense Trail / ND Sport	M-40	02:08:25.69
51	205	Alexandre Lourenço	Manos do Trail	SEN-M	02:09:03.66
52	374	José Fernandes	Individual	SEN-M	02:09:30.97
53	219	Ângelo Neto	Lourenços Adventures	SEN-M	02:09:34.41
54	361	João Paulo Correia	XL&S Trail	SEN-M	02:09:41.35
55	302	Filipe Dantas	Individual	SEN-M	02:09:49.77
56	365	Joaquim Lima	Individual	M-40	02:10:04.82
57	363	João Paulo Soares Nogueira	EDV - Viana Trail	SEN-M	02:10:09.77
58	511	Sérgio Fornelos	Padela Natural Team	M-40	02:10:22.21
59	364	Joaquim Coelho	Ei Team Trail	M-40	02:11:35.67

60	229	António Vieira	Individual	SEN-M	02:11:43.64
61	473	Paulo Nóvoa	C.E.P.S.I - Centro de Psicologia de Braga	M-50	02:11:57.96
62	338	Miguel Lira	Cavalheiros de Santiago	M-40	02:12:27.44
63	413	Marcio Ramalho	Os Gotinhas	SEN-M	02:12:32.03
64	502	Rui Freitas	Delta Cafés	M-40	02:12:35.30
65	314	Francisco Sabino	Individual	M-50	02:13:10.42
66	260	Carlos Ribeiro	Laundos Runners	M-40	02:13:20.72
67	227	António Gomes	Fernanda Maciel - Material Ortopédico e Hospitalar	SEN-M	02:13:36.55
68	469	Paulo Alves	Delta Cafés	M-40	02:13:40.22
69	273	Daniel Lozano	Individual	SEN-M	02:13:54.89
70	384	José Carlos Parente	Cyclones	M-40	02:13:57.14
71	239	Bruno Ferreira	Individual	SEN-M	02:16:07.71
72	270	Cristóbal García González	Camiñantes do Condado	M-40	02:16:22.77
73	436	Miguel Fernández Cruz	Club Atletismo Porriño	SEN-M	02:16:25.47
74	362	João Paulo Pereira	Individual	SEN-M	02:16:42.85
75	236	Benjamim Cruz	Fragoso Team	M-40	02:16:52.94
76	299	Fernando Alves	Olímpico Vianense Trail / ND	SEN-M	02:17:09.24

			Sport		
77	359	João Vale	Individual	SEN-M	02:17:51.97
78	367	Jorge Pires	Individual	M-40	02:17:56.00
79	397	Luis Ferreira	Individual	SEN-M	02:17:59.16
80	292	Eduardo Caramalho	Individual	M-40	02:18:31.41
81	272	Daniel Fernandes	Individual	SEN-M	02:18:55.80
82	319	Gonçalo Freitas	Olímpico Vianense Trail / ND Sport	SEN-M	02:19:38.08
83	528	Tiago Ferreira	Individual	SEN-M	02:19:43.42
84	427	Mário Gonçalves	Olímpico Vianense Trail / ND Sport	M-40	02:19:48.69
85	377	José Lima	Individual	SEN-M	02:20:08.16
86	404	Luis António Sousa Pinto	Individual	M-50	02:20:10.78
87	284	Denis Pintos Barros	Cazafantasmas	SEN-M	02:20:21.46
88	289	Dionisio Perez	Cazafantasmas	SEN-M	02:20:22.94
89	372	José Calheiros	Individual	M-40	02:20:42.69
90	446	Nuno Felgueiras	Team Workout 48	SEN-M	02:21:16.64
91	480	Pedro Fiúza	Técnicos de Multimédia	SEN-M	02:21:20.85
92	332	Hugo Casal	CAOV	SEN-M	02:21:25.94

93	225	António Coelho	Trail me	M-40	02:21:36.05
94	504	Rui Lago	Individual	M-40	02:21:46.83
95	246	Camilo Neto	Desnível Positivo	M-40	02:22:36.94
96	483	Pedro Rocha	EDV - Viana Trail	SEN-M	02:22:43.27
97	398	Luis Ferreira	Individual	SEN-M	02:22:51.25
98	268	César Macedo	Fragoso Team	SEN-M	02:22:57.91
99	428	Mário Pinto	Delta team	M-40	02:23:29.85
100	298	Felipe Sánchez	Cornelios	SEN-M	02:23:37.00
101	456	Oscar Maximino	Delta Cafés	SEN-M	02:23:56.75
102	330	Hugo Barreiro	Monção Trail	SEN-M	02:24:05.74
103	471	Paulo Fernandes	Individual	M-40	02:24:13.07
104	411	Manuel Vale	TRW Team	M-40	02:24:20.36
105	235	Tiago Rocha	EDV - Viana Trail	SEN-M	02:24:40.33
106	255	Carlos Fernandes	Associação Desportiva Cultural Juventude de Cerveira	M-50	02:24:48.14
107	230	António Carlos Martins Roleira Marinho	Individual	M-40	02:24:51.08
108	458	Pablo Martínez	Individual	SEN-M	02:24:54.69
109	386	José Manuel Rodrigues Costa	Spartacus	SEN-M	02:25:01.41

110	407	Manuel Araújo	EDV - Viana Trail	M-40	02:25:04.94
111	493	Ricardo Nana Oliveira	Anunnaki	SEN-M	02:25:33.69
112	328	Henrique Moreira	Individual	SEN-M	02:25:44.42
113	416	Marco Nicolau	Monção Trail	SEN-M	02:25:50.22
114	315	Frederico Esteves	Desnível Positivo	M-50	02:26:07.30
115	248	Cândido Figueiro	Manos do Trail	M-40	02:26:38.27
116	380	José Marinho	Olimpico Vianense Trail / ND Sport	SEN-M	02:27:00.35
117	311	Francisco Cerqueira	Maratonistas do Minho	M-40	02:27:33.03
118	376	José Lemos	Individual	M-40	02:27:34.58
119	409	Manuel Monteiro	Individual	M-50	02:27:38.16
120	535	Vitor Silva	Cerveira Team Running / Clube Celtas do Minho	M-40	02:27:41.10
121	381	José Pinto	Delta Cafés	M-40	02:27:44.52
122	375	José Ferreira	Spartacus	M-40	02:27:46.66
123	536	Wilson Fonseca	Nascidos para Correr	M-40	02:27:51.33
124	257	Carlos Martins	Afifense HIIT Trail	SEN-M	02:27:55.27
125	278	David Antunes	Delta Cafés	SEN-M	02:28:00.38
126	491	Ricardo Pereira	Monção Trail	M-40	02:28:17.42

127	507	Rui Sousa	Individual	SEN-M	02:28:29.53
128	242	Bruno Pereira	Individual	SEN-M	02:29:20.71
129	238	Bruno Barros	Individual	SEN-M	02:29:27.33
130	347	Jacques Farinhoto	Individual	SEN-M	02:29:30.57
131	370	Jorge Viana	CMI Montanhismo	M-40	02:29:32.82
132	217	André Pinheiro	Individual	SEN-M	02:29:44.74
133	547	Nuno Araújo	Individual	SEN-M	02:29:57.33
134	395	Luciano Amaro	Individual	SEN-M	02:30:04.55
135	368	Jorge Rodrigues	Delta Cafés	SEN-M	02:30:08.16
136	294	Eliseu Leite Campos	Laundos	SEN-M	02:30:18.92
137	316	Frederico Pinto	Mikkeller Running Club	SEN-M	02:30:20.74
138	515	Sérgio Torres	Delta Cafés	SEN-M	02:30:22.86
139	215	André Cunha	iRun	SEN-M	02:30:39.49
140	262	Carlos Tadeia	iRun	M-50	02:30:40.97
141	396	Luís Coutinho	Team Workout 48	SEN-M	02:30:48.28
142	244	Bruno Rodrigues	Team Workout 48	SEN-M	02:30:54.25
143	410	Manuel Pinto	individual	M-50	02:30:57.91

144	286	Didier Parente	Individual	M-40	02:31:00.75
145	243	Bruno Pires	Team Traila	SEN-M	02:31:11.07
146	306	Filipe Vasconcelos	Team Traila	SEN-M	02:31:20.63
147	472	Paulo Ferreira	EDV - Viana Trail	M-40	02:31:39.66
148	484	Pedro Santos	Os Contrabandistas	SEN-M	02:32:04.52
149	439	Miguel Oliveira	Individual	SEN-M	02:33:37.94
150	371	José Afonso	Team Workout 48	M-40	02:33:39.83
151	356	João Malta	Cavalos Cansados	SEN-M	02:34:05.11
152	546	Marco Neiva	Individual	SEN-M	02:34:09.77
153	237	Bruno Andrade	Trail Gloditas	SEN-M	02:34:15.82
154	516	Sérgio Vieitas	Os Estreloucados	SEN-M	02:34:25.88
155	355	João Leão	Os Estreoucados	M-40	02:34:29.80
156	419	Marco Viana	Individual	M-40	02:34:32.78
157	288	Diogo Pires	Individual	M-40	02:36:36.17
158	445	Nuno Albuquerque	NADV.PT Running Team	M-50	02:36:38.99
159	254	Carlos Campos	Individual	SEN-M	02:37:21.24
160	303	Filipe Leite	Manos do Trail	SEN-M	02:37:55.19
161	259	Carlos Pereira	Afifense HIIT Trail	M-40	02:38:22.10

162	317	Gabriel Ledo Freiria	Cazafantasmas	SEN-M	02:38:27.67
163	305	Filipe Rodrigues	Associação S. C. D. de Vile	SEN-M	02:39:03.57
164	532	Victor Chaves	IKeep	M-40	02:39:20.08
165	430	Mário Georges Gomes	Individual	M-40	02:39:31.97
166	357	João Mota	Desnível Positivo	M-40	02:39:47.72
167	490	Ricardo Magalhães	Individual	SEN-M	02:39:52.94
168	342	Iván Fernández Rodríguez	Individual	SEN-M	02:40:46.38
169	443	Nelson Osvaldo Costa	Individual	M-40	02:41:08.69
170	379	José Machado	Individual	M_40	02:41:29.22
171	382	José António Lomba	Individual	M-40	02:42:05.08
172	295	Emanuel Gomes	Alvatrilhos	SEN-M	02:44:00.47
173	231	António Jorge Sá	Alva Trilhos	M-40	02:44:02.32
174	327	Hélio Lopes	Individual	SEN-M	02:45:11.53
175	247	Camilo Rodriguez	Running Sport	M-50	02:45:18.38
176	450	Nuno Oliveira	Individual	SEN-M	02:45:20.33
177	301	Fernando Marinho	Fafe Runners	SEN-M	02:45:23.05
178	402	Luís Pinheiro	Trail Gloditas	SEN-M	02:45:49.64

179	282	David Viana	Individual	SEN-M	02:45:56.14
180	538	Moisés Frutuoso	Individual	SEN-M	02:46:02.07
181	348	Jesús Seijo Alvarez	Cazafantasmas	M-40	02:46:04.83
182	482	Pedro Miranda	Delta Cafés	SEN-M	02:47:13.46
183	533	Vitor Oliveira	Individual	SEN-M	02:47:29.77
184	447	Nuno Martins	Individual	SEN-M	02:48:43.07
185	253	Carlos Campaínha	Team Workout 48	SEN-M	02:49:40.75
186	277	David Antunes	Antunes Trail Team	M-40	02:49:57.33
187	479	Pedro Castilho	Individual	SEN-M	02:50:14.07
188	500	Rui Araújo	Individual	SEN-M	02:50:16.21
189	508	Samuel Amorim	Individual	SEN-M	02:50:20.85
190	233	Avelino Paulo Moreira Marques	Individual	M-40	02:51:05.35
191	534	Vitor Pereira	Individual	SEN-M	02:53:30.33
192	331	Hugo Barreiros	SOMe / naTTuga	SEN-M	02:54:30.99
193	391	Júlio Escrivães	Individual	SEN-M	02:54:43.16
194	412	Márcio Novo	Delta Cafés	SEN-M	02:55:07.69
195	529	Tiago Leite	Delta Cafés	SEN-M	02:55:12.80
196	475	Paulo Guilherme Pimentel	Spartacus	M-40	02:55:55.00

197	485	Pedro Sousa	Trilheime	SEN-M	02:56:55.96
198	510	Sebastião Pereira	Individual	M-40	02:59:23.38
199	399	Luis Guimarães	Delta Cafés	M-40	02:59:34.74
200	514	Sérgio Sousa	Individual	SEN-M	03:05:01.96
201	290	Dulcínio Cardona	Individual	M-40	03:05:45.74
202	214	André Caldas	Individual	SEN-M	03:06:01.41
203	378	José Lira	Individual	M-40	03:06:04.66
204	414	Marco Ginoulhiac	FAUP Running	M-40	03:06:16.24
205	408	Manuel Carvalho	Grupo Desportivo Santander Totta	M-50	03:06:17.55
206	462	Patrique Lima	Individual	SEN-M	03:06:21.11
207	418	Marco Sousa	Individual	SEN-M	03:06:22.75
208	403	Luis Quintas Lage	Individual	M-50	03:07:05.75
209	213	André Almeida	Team Workout 48	SEN-M	03:07:10.82
210	226	António Ferreira	SPEM	SEN-M	03:08:22.58
211	360	João Fernando Pimentel da Silva	Individual	M-40	03:08:32.82
212	263	Carlos Alexandre Fernandes Cunha	Desafios Nómadas	SEN-M	03:08:56.97
213	512	Sérgio Iglesias	Individual	M-40	03:12:37.44

214	467	Paulino Gomes	Os Estreloucados	SEN-M	03:12:46.53
215	540	Joaquim Miranda	Individual	M-50	03:14:15.63
216	335	Hugo Miguel Silva	Individual	SEN-M	03:15:33.24
217	228	António Matos	Pro Aventura	M-40	03:18:06.83
218	334	Hugo Vieira	Individual	SEN-M	03:21:35.71
219	449	Nuno Nabeiro	Mel Sport	M-40	03:24:06.58
220	322	Graça Casal	Individual	M-40	03:27:16.72
221	512	Sérgio Iglesias	Individual	M-40	03:28:09.58
222	352	João Barbosa	Individual	SEN-M	03:32:14.92
223	451	Nuno Oliveira	Trail Ganda Style	SEN-M	03:35:45.71
224	366	Jorge Novo	Individual	M-40	03:36:23.07
225	494	Rodrigo Lopes	Delta Cafés	SEN-M	03:48:14.78
226	261	Carlos Silva	Delta Cafés	SEN-M	03:48:16.25
227	267	Célio Oliveira	Delta Cafés	SEN-M	03:48:21.57
228	506	Rui Pereira	COA-Clube de Orientação e Aventura	M-40	04:09:20.52
229	224	António Carmo	Glutões	M-50	04:32:39.41
230	57	João Marafona	Duros VL	M-40	3:19:30.30