



2º Trail Santa Marta

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20/05/2018

Alvres



Classificação Geral Trail Longo

20,00 Km.

Pos.	Dor.	Nome	Clube	Cat.	Pos.Cat	Tempo	T/Km.	Dif.
1	49	Fernando Lemos,	GAIA TRAIL	L-SM	1	1:56:25.21	05:49	
2	147	Leonel Rodrigues da Cunha,	Trail Team Bifase	L-SM	2	1:56:39.24	05:50	0:00:14
3	151	Paulo Costa,		L-SM	3	2:01:49.10	06:05	0:05:24
4	104	Cesar Duarte,	Adatrailrunning	L-SM	4	2:02:49.60	06:08	0:06:25
5	106	Agostinho Barbosa Reis,		L-SM	5	2:03:46.28	06:11	0:07:21
6	5	Márcio Castro,	ADRAP	L-SM	6	2:09:46.92	06:29	0:13:22
7	101	Fernando Leal,	Centro Ciclista de Gondomar	L-M50M	1	2:10:49.70	06:32	0:14:25
8	92	Hélio Filipe Nunes Dias,	Hospital Santa Maria - Porto	L-SM	7	2:11:46.65	06:35	0:15:22
9	13	André Silva,		L-SM	8	2:20:17.75	07:01	0:23:53
10	68	José Morais,	GAIA TRAIL	L-M50M	2	2:21:04.25	07:03	0:24:39
11	180	Frank Fritsche,		L-M40M	1	2:21:54.32	07:06	0:25:29
12	121	Pedro Alves,	Trinca Orelhas Gato	L-M40M	2	2:22:27.04	07:07	0:26:02
13	63	Jorge Manuel Barbosa Moreira,	Amigos do Pedal TrailLagares	L-M50M	3	2:22:38.17	07:08	0:26:13
14	96	Abilio Mendes Magalhães,	EMNA RUNNERS	L-M50M	4	2:23:30.68	07:11	0:27:06
15	144	Artur Jorge Pereira,	Clube de Pesca de Amarante	L-SM	9	2:23:58.77	07:12	0:27:34
16	65	Fernando Moreira Moreira,	Mesão Frio	L-M40M	3	2:25:14.24	07:16	0:28:49
17	89	Nuno Guimarães,	TROGLODITAS RUNNERS	L-SM	10	2:26:00.78	07:18	0:29:36
18	112	Fernando Figueiredo,	Centro Ciclista de Gondomar	L-M40M	4	2:26:51.71	07:21	0:30:27
19	111	António Jesus,	Centro Ciclista de Gondomar	L-M40M	5	2:28:06.53	07:24	0:31:42
20	143	Sérgio Miguel Lopes Monteiro,	Sardonisca Runners	L-SM	11	2:28:24.92	07:25	0:32:00
21	20	Nuno Silva,	The Newbies	L-SM	12	2:30:11.10	07:31	0:33:46
22	115	Asdrubal Freitas,	Centro Ciclista de Gondomar	L-M50M	5	2:30:59.43	07:33	0:34:34
23	45	Rogério S Fernandes,	Os Mangueiras	L-M40M	6	2:34:29.29	07:43	0:38:04
24	69	Paulo Silva,	Clube Zupper	L-SM	13	2:35:02.53	07:45	0:38:38
25	114	Filipe Sousa,	Centro Ciclista de Gondomar	L-M40M	7	2:35:03.82	07:45	0:38:39
26	113	Vitor Sousa,	Centro Ciclista de Gondomar	L-M50M	6	2:35:57.22	07:48	0:39:32
27	59	Fernando Gomes,	KeMedo Team	L-M40M	8	2:36:09.06	07:48	0:39:44
28	95	Nuno maia,	Vegangoo - Suplementos Naturais	L-SM	14	2:36:19.78	07:49	0:39:55
29	41	Vitor Manuel Dias Gonçalves,	EDV - VIANA TRAIL	L-SM	15	2:36:39.01	07:50	0:40:14
30	42	Elisabete Maria Soutulho Coelho Alves,		L-SF	1	2:36:48.87	07:50	0:40:24
31	163	Delfim Nunes,	KeMedo Team	L-M40M	9	2:38:26.09	07:55	0:42:01
32	46	Alexandra Fernandes,		L-M50F	1	2:39:17.93	07:58	0:42:53
33	38	Rui Bessa,	Sob Efeito Trail	L-SM	16	2:39:26.89	07:58	0:43:02
34	36	André Almeida,	Factor X / S4L / Medense FC	L-SM	17	2:39:42.49	07:59	0:43:17
35	103	Tiago Jesus,	BALTAR TRAILRUNNERS	L-SM	18	2:40:19.67	08:01	0:43:55
36	75	pedro soares,		L-SM	19	2:40:22.15	08:01	0:43:57
37	126	Sérgio Gomes,	Trinca Orelhas Gato	L-M40M	10	2:40:52.06	08:03	0:44:27
38	100	André cavadas,	Clube Zupper	L-SM	20	2:41:07.73	08:03	0:44:43
39	12	Ricardo Ferreira,	TRAIL TEAM CASA DAS REPARA	L-SM	21	2:41:33.77	08:05	0:45:09
40	94	vitor santos,	leões tardariz trail	L-M40M	11	2:42:17.57	08:07	0:45:53
41	27	Maria Loureiro,	A.D. Cabroelo	L-M40F	1	2:42:57.42	08:09	0:46:32
42	153	Manuel Silva,	Gondomar Futsal Clube	L-SM	22	2:43:52.30	08:12	0:47:27

43	116	David Tavares,	Centro Ciclista de Gondomar	L-M50M	7	2:44:06.78	08:12	0:47:42
44	118	Bruno Monteiro,	Trinca Orelhas Gato	L-SM	23	2:44:07.80	08:12	0:47:43
45	84	Carlos Manuel Pinto Vieira,	Os Cachos	L-M50M	8	2:44:40.84	08:14	0:48:16
46	1	Miguel Pinto,	Amigos do Pedal TrailLagares	L-S23M	1	2:46:09.92	08:18	0:49:45
47	60	Jose Paulo Ribeiro,	Gondomar Futsal Clube	L-M40M	12	2:46:11.00	08:19	0:49:46
48	57	Nuno Ferreira,	Royal Wellness Center	L-SM	24	2:46:44.55	08:20	0:50:20
49	131	Manuel Faria,	MSS CONTABILIDADE TRAIL TE	L-M50M	9	2:46:59.92	08:21	0:50:35
50	93	António Reis Pinto,	BITRUNERES	L-M50M	10	2:49:36.16	08:29	0:53:11
51	130	Carlos Duarte,	MSS CONTABILIDADE TRAIL TE	L-M40M	13	2:49:58.21	08:30	0:53:33
52	19	Hugo Faria,	The Newbies	L-SM	25	2:51:09.98	08:33	0:54:45
53	136	Hugo Soares,	Moinhos Run - ADRM	L-S23M	2	2:52:05.28	08:36	0:55:40
54	127	Vicente,	Trinca Orelhas Gato	L-M40M	14	2:52:42.86	08:38	0:56:18
55	55	NUNO PINA,	EQUIPA JOAO FERREIRA	L-M40M	15	2:52:56.85	08:39	0:56:32
56	72	Fátima Coelho,	Somos Nós Team	L-M40F	2	2:53:22.63	08:40	0:56:58
57	56	FRANCISCO FONSECA,	EQUIPA JOAO FERREIRA	L-M40M	16	2:53:22.93	08:40	0:56:58
58	66	Carlos Leal,	KeMedo Team	L-SM	26	2:54:49.99	08:44	0:58:25
59	117	Hugo Moita,	Clube Zupper	L-SM	27	2:56:55.65	08:51	1:00:31
60	139	Miguel Santos,	Moinhos Run - ADRM	L-SM	28	2:57:55.70	08:54	1:01:31
61	88	Ana Paula Soares Vieira,	Amigos do Pedal TrailLagares	L-SF	2	2:58:31.70	08:56	1:02:07
62	105	Jose Barroso,	BALTAR TRAILRUNNERS	L-SM	29	2:59:29.33	08:58	1:03:04
63	11	Paulo Campos,		L-M40M	17	2:59:30.00	08:59	1:03:05
64	74	Joaquim Santos,	KeMedo Team	L-SM	30	3:00:41.16	09:02	1:04:16
65	48	Fernanda Machado,	Aliança de Gandra	L-SF	3	3:00:41.26	09:02	1:04:16
66	135	Paulo Martins,	Moinhos Run - ADRM	L-M40M	18	3:01:19.71	09:04	1:04:55
67	71	José Sousa,	Associação de Atletismo Lebres do S	L-M40M	19	3:02:10.08	09:07	1:05:45
68	21	Carlos Silva,	The Newbies	L-SM	31	3:02:13.30	09:07	1:05:48
69	58	Daniel Silva,	Grupo Desportivo Banco de Portugal	L-SM	32	3:04:00.00	09:12	1:07:35
70	83	Joaquim Manuel Pinto Vieira,	Os Cachos	L-M50M	11	3:04:00.14	09:12	1:07:35
71	86	Marco Sousa,	BALTAR TRAILRUNNERS	L-M40M	20	3:04:21.61	09:13	1:07:57
72	50	Helena Gomes,	Moinhos Run - ADRM	L-M40F	3	3:04:29.12	09:13	1:08:04
73	146	Ana Sá Pinto,	Trinca Orelhas Gato	L-M40F	4	3:05:53.34	09:18	1:09:28
74	152	Carla Pereira,		L-SF	4	3:06:56.51	09:21	1:10:32
75	77	Tiago Costa,		L-SM	33	3:07:01.92	09:21	1:10:37
76	67	Bruno loureiro,		L-SM	34	3:07:08.68	09:21	1:10:44
77	138	Simão Sousa,	Moinhos Run - ADRM	L-SM	35	3:07:20.99	09:22	1:10:56
78	73	Fernando Morais,	Somos Nós Team	L-M40M	21	3:13:17.16	09:40	1:16:52
79	53	PAULO SILVA,	EQUIPA JOAO FERREIRA	L-M40M	22	3:13:21.64	09:40	1:16:57
80	124	Miguel Silva,	Trinca Orelhas Gato	L-M40M	23	3:15:06.27	09:45	1:18:41
81	9	Marlene Ribeiro,		L-M40F	5	3:15:26.39	09:46	1:19:01
82	98	Cristina Teixeira,	Solemates	L-SF	5	3:17:29.57	09:52	1:21:05
83	99	Gabriel Fernando Soares Sousa,	Solemates	L-SM	36	3:17:31.05	09:53	1:21:06
84	7	Gerson Alves,	KeMedo Team	L-SM	37	3:18:27.05	09:55	1:22:02
85	145	Orlando Gonçalves,	BALTAR TRAILRUNNERS	L-SM	38	3:18:59.45	09:57	1:22:34
86	8	Bruno Neves,	Invicta Runners Team	L-SM	39	3:19:30.21	09:59	1:23:05
87	30	Jorge Almeida,	Soplabifana	L-M40M	24	3:19:52.92	10:00	1:23:28
88	54	CARLOS JORGE,	EQUIPA JOAO FERREIRA	L-M40M	25	3:19:59.92	10:00	1:23:35
89	102	Ricardo Ramos,		L-SM	40	3:20:44.59	10:02	1:24:20
90	33	Patrícia Conceição,	Amigos 100 Limites	L-SF	6	3:22:31.18	10:08	1:26:06
91	35	António Gonçalves,		L-S23M	3	3:22:32.42	10:08	1:26:07
92	18	Paulo Henriques,	Gondomar Futsal Clube	L-M40M	26	3:22:33.35	10:08	1:26:08
93	31	Paulo Manuel Ferreira da silva,	cmds	L-M50M	12	3:23:39.48	10:11	1:27:14
94	39	MARIA Iracema Costa,		L-M50F	2	3:27:19.25	10:22	1:30:54
95	97	Paulo Alexandre dos Santos Tava	TrepaTrilhos Trail Team	L-M50M	13	3:28:59.94	10:27	1:32:35
96	34	Pedro Oliveira,	Sob Efeito Trail	L-SM	41	3:29:07.16	10:27	1:32:42
97	28	andrea cunnha,	Danados	L-SF	7	3:29:17.68	10:28	1:32:53
98	87	MANUEL RODRIGUES,	CORRER LEÇA	L-M60M	1	3:29:21.59	10:28	1:32:57
99	110	Pedro Barros,	Happyrun	L-M40M	27	3:29:22.74	10:28	1:32:58
100	78	Jose Magalhães,		L-M40M	28	3:29:24.52	10:28	1:33:00
101	133	Alzira Sousa,	MSS CONTABILIDADE TRAIL TE	L-M40F	6	3:30:26.65	10:31	1:34:02

102	149 João Soares,	Lion Runners - G.D.Leões da C	L-SM	42	3:30:28.66	10:31	1:34:04
103	107 Rita Lemos,		L-M40F	7	3:32:21.91	10:37	1:35:57
104	132 Luis Sousa,	MSS CONTABILIDADE TRAIL	L-M40M	29	3:32:46.76	10:38	1:36:22
105	10 Rui Familiar,		L-M40M	30	3:34:02.33	10:42	1:37:37
106	80 Diogo Bessa,		L-S23M	4	3:36:58.38	10:51	1:40:33
107	108 Manuel Guedes,		L-M40M	31	3:37:22.40	10:52	1:40:57
108	6 Ivo Miguel Ribeiro dos Santos,		L-SM	43	3:38:36.88	10:56	1:42:12
109	85 Telmo Rodrigues,		L-M40M	32	3:42:13.13	11:07	1:45:48
110	109 carlos ferreira,	BALTAR TRAILRUNNERS	L-SM	44	3:46:24.56	11:19	1:50:00
111	29 Sousa Henrique,	Soplábifana	L-M40M	33	3:49:03.16	11:27	1:52:38
112	141 Pedro Dias,		L-M50M	14	3:55:48.34	11:47	1:59:23
113	155 Paulo Moreira,	Adatrailrunning	L-M50M	15	3:58:20.68	11:55	2:01:56
114	137 Rui Quinta,	Moinhos Run - ADRM	L-M50M	16	3:58:23.47	11:55	2:01:58
115	82 Paulina soares,		L-M50F	3	3:59:40.03	11:59	2:03:15
116	165 Cândida Moreira,		L-M40F	8	4:00:50.84	12:03	2:04:26
117	79 Susana Bessa,		L-M40F	9	4:01:09.52	12:03	2:04:45
118	64 Manuel Ruivo,		L-SM	45	4:03:26.26	12:10	2:07:01
119	61 Carlos Taveira,		L-M40M	34	4:03:26.29	12:10	2:07:01
120	140 José Miguel Gomes Ferreira,		L-SM	46	4:09:42.21	12:29	2:13:17
121	62 Marco Gomes,		L-SM	47	4:09:44.48	12:29	2:13:19
122	76 Sandra,	Arcorun	L-M40F	10	4:12:56.60	12:39	2:16:32
123	142 Albino Eusébio,	BALTAR TRAILRUNNERS	L-SM	48	4:21:16.37	13:04	2:24:51
124	17 Artur Fonseca,	Ruptura Total	L-M40M	35	4:29:06.98	13:27	2:32:42
125	47 Eva santos,		L-M40F	11	4:32:47.16	13:38	2:36:22
126	90 MARISA SILVA,	CORRER LEÇA	L-M40F	13	5:15:10.00	15:45	3:18:45
127	805 Luis Almeida,	MSS CONTABILIDADE TRAIL TE	L-M50M	17	5:15:10.00	15:45	3:18:45
128	91 CARLA FERREIRA,	CORRER LEÇA	L-M40F	12	5:15:10.00	15:45	3:18:45