

#	Nome	Equipa	Dorsal	Tempo	Diferença
MASCULINO					
1	Pedro Conceição	Centro de Atletismo de Tondela	40	00:44:57.903	----
2	jose biscaia	-----	61	00:45:40.591	00:00:42.688
3	Filipe	-----	29	00:46:56.373	00:01:58.470
4	António	Tartarugas Runners	15	00:50:51.433	00:05:53.530
5	Pedro Daniel Rodrigues Lopes	Viriathvs Runners Viseu	96	00:54:30.628	00:09:32.725
6	Pedro Abreu	-----	46	00:55:03.329	00:10:05.426
7	António Leitão	Marcha Lenta Team	18	00:56:46.230	00:11:48.327
8	Leandro Troca	Runners do Demo	64	00:58:33.253	00:13:35.350
9	José Aguiar	-----	36	00:58:34.765	00:13:36.862
10	Tiago Leitão	Tondela Runners	11	00:59:33.397	00:14:35.494
11	Nuno Matos	Marcha Lenta Team	43	01:01:16.388	00:16:18.485
12	Victor Lemos	Atlético Clube de Travanca	84	01:01:18.180	00:16:20.277
13	José Manuel Pires Figueiredo Crisóstomo	-----	22	01:02:20.384	00:17:22.481
14	Miguel Santos	Atlético Clube de Travanca	86	01:06:44.494	00:21:46.591
15	José Ferreira	Runners do Demo	65	01:08:05.421	00:23:07.518
16	angelo paiva	réccua runners	16	01:08:09.628	00:23:11.725
17	João silva	-----	45	01:10:00.377	00:25:02.474
18	Nélio Silva	Taberna do Barbosa	56	01:14:53.581	00:29:55.678
19	Carlos Teixeira	Tondela Runners	60	01:17:36.872	00:32:38.969
20	Filipe Daniel Vieira Martins	-----	57	01:20:53.711	00:35:55.808
--	Pedro malhada	Runners do demo	51	--:--:-- (NT)	----
--	Luis Cardoso	AminhaCorrida	14	--:--:-- (NT)	----
--	Nuno José Figueiredo ladeira	Silva ladeira	2	--:--:-- (NT)	----
FEMININO					
1	Helena Melo	Marcha Lenta Team	44	01:05:09.066	----
2	Francisca Lopes	Atlético Clube de Travanca	87	01:06:41.965	00:01:32.899
3	Olga Baptista	Marcha Lenta Team	25	01:09:03.978	00:03:54.912
4	Sandra Antunes	Viriato Crossfit	19	01:13:02.105	00:07:53.039
5	Tânia Cunha	Viriato Crossfit	74	01:13:03.322	00:07:54.256
6	Sara Carvalho	Tartarugas Runners	37	01:14:49.668	00:09:40.602
7	Sandra Chaves	Runners do Demo	49	01:29:41.228	00:24:32.162
8	Sandrina malhada	Runners do demo	52	01:29:43.295	00:24:34.229
9	Celeste Marques	Tartarugas Runners	38	01:30:56.904	00:25:47.838
10	Rita Pinto	Tartarugas Runners	39	01:31:14.631	00:26:05.565
11	Fátima Troca	Runners do Demo	63	01:42:53.367	00:37:44.301
12	XANA MORAIS	RUNNERS DO DEMO	35	01:42:55.341	00:37:46.275
--	Cristina Pinto	Caracóis Assanhados	62	--:--:-- (NT)	----
--	Maria Teresa Rodrigues	Caracóis Assanhados	42	--:--:-- (NT)	----
--	Ana Val	-----	83	--:--:-- (NT)	----