

POS	NOME	#	S	ESCALAO	TEMPO	DIF 1º
1	NUNO FERNANDES	417	M	Sen Masc	01:42:48	-
2	FERNANDO MARINHO	346	M	Sen Masc	01:53:46	-00:01:02
3	BRUNO SILVA	483	M	Sen Masc	01:54:44	-00:02:00
4	ADELINO SOUTINHO	482	M	Sen Masc	01:55:07	-00:02:21
5	LUÍS OLIVEIRA	384	M	Vet Masc	01:55:59	-00:03:14
6	ANTÓNIO AMADOR	315	M	Vet Masc	01:59:20	-00:06:35
7	VITOR COELHO	472	M	Vet Masc	02:00:28	-00:07:44
8	FILIPE NOVAIS	475	M	Sen Masc	02:01:33	-00:08:47
9	JOSÉ FINS	369	M	Vet Masc	02:03:37	-00:10:52
10	MARTINHO DIAS	401	M	Sen Masc	02:04:26	-00:11:42
11	ANDRÉ DIAS	311	M	Sen Masc	02:04:52	-00:12:09
12	RICARDO MIRANDA	445	M	Sen Masc	01:49:05	-00:12:33
13	GIL OLIVEIRA	352	M	Vet Masc	02:06:16	-00:13:31
14	SÉRGIO ALMEIDA	466	M	Sen Masc	02:06:41	-00:13:56
15	RODRIGO SILVA	449	M	Vet Masc	01:55:36	-00:15:04
16	MIGUEL CRUZ	406	M	Vet Masc	02:06:41	-00:17:03
17	RUI FERNANDES	453	M	Vet Masc	02:03:29	-00:17:29
18	PEDRO SOUSA	437	M	Sen Masc	01:43:45	-00:17:54
19	FILIPE GONÇALVES	348	M	Sen Masc	02:11:37	-00:18:52
20	FILIPE TEIXEIRA	350	M	Vet Masc	02:11:44	-00:18:59
21	RENATO LOPES	442	M	Vet Masc	02:11:36	-00:19:04
22	ERIC CARVALHO	342	M	Sen Masc	02:12:22	-00:19:38
23	ANTÓNIO BATISTA	316	M	Vet Masc	02:13:14	-00:20:37
24	AUGUSTO URJAIS	322	M	Vet Masc	02:06:40	-00:22:17
25	LEONARDO MAIA	379	M	Vet Masc	02:14:59	-00:22:53
26	ARLINDO PEREIRA	319	M	Vet Masc	02:16:42	-00:23:57
27	ANDRÉ GOMES	312	M	Sen Masc	02:17:43	-00:24:58
28	PAULO LOUREIRO	429	M	Vet Masc	02:18:06	-00:25:20
29	SERGIO GONÇALVES	460	M	Sen Masc	01:54:42	-00:25:27
30	ANDRÉ GONCALVES	313	M	Vet Masc	02:11:40	-00:25:47
31	JOSÉ SILVA	366	M	Vet Masc	02:04:51	-00:27:06
32	JOSÉ PEREIRA	367	M	Vet Masc	02:03:52	-00:27:10
33	INÁCIO RIBEIRO	359	M	Sen Masc	02:20:59	-00:28:14
34	DANIEL FERNANDES	337	M	Sen Masc	02:23:18	-00:30:34
35	JOÃO OLIVEIRA	375	M	Vet Masc	02:23:25	-00:30:40
36	AMÉRICO IMPERADEIRO	307	M	Vet Masc	02:16:13	-00:30:59
37	RUI SANTOS	441	M	Vet Masc	02:25:05	-00:32:10
38	LINO MOREIRA	381	M	Vet Masc	02:25:18	-00:32:33
39	JOSÉ NUNES	372	M	Vet Masc	02:25:27	-00:32:43
40	MARCO MACHADO	397	M	Vet Masc	02:25:27	-00:32:43
41	MAURO FERNANDES	403	M	Vet Masc	02:25:59	-00:33:04
42	CRISTIANO BARBOSA	336	M	Sen Masc	02:26:12	-00:33:27
43	DANIEL MARTINS	338	M	Sen Masc	02:26:20	-00:33:35
44	JOSÉ FERREIRA	368	M	Sen Masc	02:26:20	-00:33:36
45	NELSON FREITAS	413	M	Sen Masc	02:27:12	-00:34:34
46	AMÉRICO MACHADO	308	M	Vet Masc	02:27:29	-00:34:44
47	MANUEL MACHADO	391	M	Vet Masc	02:27:28	-00:34:44
48	SÉRGIO FERNANDES	465	M	Vet Masc	02:28:25	-00:36:20
49	JOÃO VALENTE	376	M	Vet Masc	02:11:41	-00:36:49
50	ORLANDO ALVES	490	M	Vet Masc	02:20:05	-00:37:15
51	MANUEL MORAIS	392	M	Vet Masc	02:30:09	-00:37:15
52	JOSÉ SOUSA	363	M	Vet Masc	02:17:53	-00:37:34
53	CELINA LANDEIRA	333	F	Sen Fem	02:30:36	-00:37:54

POS	NOME	#	S	ESCALAO	TEMPO	DIF 1º
54	NUNO SILVA	488	M	Vet Masc	02:06:40	-00:37:59
55	ALBERTO ALVES	301	M	Vet Masc	02:30:38	-00:38:03
56	JOSÉ RIBEIRO	373	M	Vet Masc	02:23:48	-00:38:04
57	JOÃO MENDES	377	M	Vet Masc	02:30:48	-00:38:05
58	LUIS MOREIRA	385	M	Vet Masc	02:33:36	-00:40:52
59	ANTÓNIO LOURENÇO	317	M	Vet Masc	02:33:36	-00:40:52
60	GILBERTO FERNANDES	478	M	Vet Masc	02:23:44	-00:41:16
61	RUI AZEVEDO	452	M	Vet Masc	02:34:05	-00:41:21
62	PAULO COSTA	427	M	Vet Masc	01:46:10	-00:42:17
63	MIGUEL CRACEL	405	M	Sen Masc	02:35:05	-00:42:20
64	EURICO MENDES	344	M	Vet Masc	02:35:22	-00:42:37
65	SANDRINE CARNEIRO	479	F	Sen Fem	02:23:42	-00:42:43
66	ANDRÉ COELHO	310	M	Sen Masc	02:35:59	-00:43:14
67	VALDIR COSTA	470	M	Sen Masc	02:35:05	-00:43:29
68	JOSÉ FERREIRA	371	M	Vet Masc	02:36:52	-00:44:07
69	ARMANDO FONTÃO	320	M	Vet Masc	02:21:03	-00:45:10
70	BRUNO FERNANDES	324	M	Sen Masc	02:38:47	-00:46:02
71	HELENA FERNANDES	356	F	Sen Fem	02:38:52	-00:46:08
72	NUNO PINTO	421	M	Vet Masc	02:38:52	-00:46:09
73	RICARDO MONTEIRO	443	M	Sen Masc	02:38:55	-00:46:10
74	MARCO NUNES	398	M	Vet Masc	02:39:03	-00:46:17
75	LUÍSA RODRIGUES	387	F	Sen Fem	02:39:07	-00:47:22
76	MANUEL LIMA	389	M	Vet Masc	02:41:14	-00:48:30
77	MIGUEL MENDES	408	M	Vet Masc	02:26:02	-00:48:45
78	BRUNO SANTOS	325	M	Sen Masc	02:41:25	-00:48:55
79	JOSÉ DIAS	370	M	Vet Masc	02:41:40	-00:48:56
80	LUIS SILVA	386	M	Sen Masc	02:41:25	-00:49:01
81	FERNANDO GONÇALVES	347	M	Vet Masc	02:42:39	-00:50:06
82	TIAGO COSTA	467	M	Sen Masc	02:43:55	-00:51:11
83	IVAN ALVES	360	M	Sen Masc	02:43:55	-00:51:12
84	GABRIEL SILVA	500	M	Sen Masc	02:24:39	-00:51:25
85	JOSE DIAS	362	M	Sen Masc	02:44:53	-00:52:09
86	FILIPE ALFERES	491	M	Vet Masc	02:30:07	-00:52:45
87	SANDRA TRAVESSAS	489	F	Sen Fem	02:30:34	-00:52:54
88	MIGUEL DUARTE	407	M	Vet Masc	02:45:44	-00:52:58
89	DOMINGOS ALVES	339	M	Sen Masc	02:25:03	-00:53:15
90	RUI PEIXOTO	456	M	Vet Masc	02:48:39	-00:55:55
91	BRUNO COUTINHO	323	M	Vet Masc	02:48:39	-00:55:55
92	PEDRO NASCIMENTO	433	M	Sen Masc	02:48:39	-00:56:08
93	NUNO PACHECO	422	M	Vet Masc	02:49:00	-00:56:17
94	NUNO VIDAL	423	M	Sen Masc	02:49:00	-00:56:17
95	ARMINDO ROCHA	321	M	Vet Masc	02:49:00	-00:56:17
96	ALEXANDRE SERAFIM	305	M	Sen Masc	02:49:09	-00:56:24
97	NUNO FERNANDES	419	M	Vet Masc	02:49:09	-00:56:24
98	SÉRGIO ALVES	464	M	Vet Masc	02:49:09	-00:56:25
99	PAULO LOURENÇO	430	M	Vet Masc	02:49:09	-00:56:25
100	VICTOR VITAL	471	M	Sen Masc	02:49:09	-00:56:25
101	RUI PEREIRA	440	M	Vet Masc	02:30:34	-00:56:46
102	PEDRO OLIVEIRA	434	M	Vet Masc	02:38:54	-00:57:34
103	JOSE CARVALHO	361	M	Vet Masc	02:44:36	-00:58:02
104	JOAQUIM SILVA	499	M	Sen Masc	02:51:21	-00:58:34
105	NUNO ALBUQUERQUE	414	M	Vet Masc	02:52:27	-00:59:50
106	MANUEL PEREIRA	388	M	Vet Masc	02:40:45	-01:00:15

POS	NOME	#	S	ESCALAO	TEMPO	DIF 1º
107	LUIS MARQUES	382	M	Vet Masc	02:54:53	-01:02:06
108	ELSA RODRIGUES	340	F	Sen Fem	02:54:50	-01:02:06
109	CIDALIA NOVAIS	477	F	Sen Fem	02:16:59	-01:02:28
110	FERNANDO CUNHA	345	M	Vet Masc	02:56:04	-01:03:20
111	LUIS BRITO	383	M	Sen Masc	02:57:08	-01:04:24
112	MIGUEL VILELA	409	M	Vet Masc	02:57:08	-01:04:26
113	PEDRO MENDES	432	M	Sen Masc	02:58:17	-01:05:33
114	ALEXANDRA PIMENTA	304	F	Sen Fem	02:46:28	-01:05:35
115	HUMBERTO FONTES	358	M	Vet Masc	02:58:38	-01:05:54
116	MARINHO MALHEIRO	498	M	Sen Masc	02:51:15	-01:07:36
117	RICARDO ARAÚJO	444	M	Vet Masc	03:02:25	-01:09:41
118	RUI ALBUQUERQUE	451	M	Vet Masc	03:02:25	-01:09:41
119	SOLANGE CABRAL	462	F	Sen Fem	03:04:46	-01:11:02
120	JOSÉ ALVES	365	M	Vet Masc	03:03:39	-01:11:04
121	CARLOS FERNANDES	331	M	Vet Masc	02:28:25	-01:11:57
122	NUNO CUNHA	416	M	Vet Masc	03:06:06	-01:12:21
123	MARCO FERREIRA	396	M	Vet Masc	02:42:39	-01:12:24
124	TIAGO COUTINHO	468	M	Vet Masc	03:06:38	-01:12:52
125	SAMUEL VIEIRA	487	M	Sen Masc	02:08:31	-01:13:10
126	ALBERTO PINHÃO	303	M	Vet Masc	03:07:32	-01:14:49
127	SANDRA DIAS	458	F	Sen Fem	03:07:34	-01:14:50
128	RODRIGO MORAIS	448	M	Vet Masc	03:08:27	-01:15:42
129	HUGO CASAL	357	M	Vet Masc	02:25:29	-01:16:05
130	EUGÉNIO ROSAS	343	M	Sen Masc	03:10:02	-01:17:31
131	RICARDO SOUSA	446	M	Vet Masc	02:26:15	-01:20:17
132	OLGA MARTINS	425	F	Sen Fem	02:47:07	-01:20:31
133	CARLA ALVES	329	F	Vet Fem	02:57:11	-01:22:24
134	VITOR MENDES	473	M	Sen Masc	03:10:04	-01:23:44
135	NUNO OLIVEIRA	424	M	Sen Masc	02:03:40	-01:23:46
136	MANUELA BARROSO	394	F	Sen Fem	03:17:20	-01:25:13
137	RUI PINTO	457	M	Vet Masc	03:17:20	-01:25:13
138	NUNO COSTA	415	M	Vet Masc	03:17:58	-01:25:13
139	PAULO ANDRADE	426	M	Vet Masc	03:17:20	-01:25:14
140	CRISTINA AZURARA	327	F	Vet Fem	03:17:58	-01:25:14
141	PEDRO PEREIRA	436	M	Vet Masc	03:17:59	-01:25:14
142	GRAÇA DINIS	353	F	Sen Fem	03:06:36	-01:28:27
143	ROGÉRIO GIL	450	M	Vet Masc	03:07:33	-01:28:30
144	CARLA OLIVEIRA	328	F	Vet Fem	03:09:59	-01:28:44
145	CARLA PEREIRA	330	F	Sen Fem	03:17:20	-01:29:29
146	RODRIGO FERRAZ	447	M	Vet Masc	03:24:10	-01:31:25
147	NATERCIA TEIXEIRA	412	F	Sen Fem	03:24:09	-01:31:25
148	CLAUDIA COELHO	334	F	Sen Fem	03:24:12	-01:31:28
149	MÓNICA MARTINS	411	F	Sen Fem	02:35:59	-01:32:24
150	ANA MATOS	309	F	Vet Fem	03:25:52	-01:33:07
151	NUNO SILVA	420	M	Sen Masc	03:26:23	-01:33:39
152	CLAUDIA MACEDO	335	F	Sen Fem	03:26:24	-01:33:40
153	MIGUEL BALINHO	410	M	Sen Masc	03:27:59	-01:35:14
154	ROSA COSTA	439	F	Sen Fem	03:28:15	-01:35:30
155	SUSANA SÁ	463	F	Sen Fem	03:28:15	-01:35:31
156	ALEXANDRA COUTADA	300	F	Vet Fem	03:09:57	-01:35:39
157	TITO VIEIRA	469	M	Vet Masc	02:42:50	-01:35:57
158	PAULO NÓVOA	431	M	Vet Masc	02:16:07	-01:36:44
159	SARA BRANDAO	459	F	Sen Fem	03:29:28	-01:36:44

POS	NOME	#	S	ESCALAO	TEMPO	DIF 1º
160	HELENA FERNANDES	355	F	Sen Fem	03:33:07	-01:40:22
161	PAULO HENRIQUES	428	M	Vet Masc	02:23:58	-01:40:28
162	CARLOS ROCHA	326	M	Vet Masc	03:37:34	-01:44:49
163	CARLOS ALMEIDA	332	M	Vet Masc	03:37:58	-01:45:14
164	RUI COSTA	455	M	Sen Masc	02:30:44	-71:14:06
165	ANTÓNIO PEREIRA	318	M	Vet Masc	02:39:07	-71:31:56
166	JOAO PINTO	364	M	Vet Masc	02:46:40	-120:52:09
167	MARCO FARIA	395	M	Sen Masc	03:07:30	-120:53:07