

Lugar	Cat.	Dorsal	Nome	Equipa	Categoria	Sexo	Tempo
1	1	174	Pedro ROCHA	Individual	SENIOR MASC	M	01:03:33
2	2	208	João PIMENTEL	Individual	SENIOR MASC	M	01:04:34
3	3	145	José BARBOSA	Individual	SENIOR MASC	M	01:06:41
4	1	130	Hugo ROMANO	Merenguita	VET I MASC	M	01:07:10
5	4	126	Fernando MOREIRA	ADRA	SENIOR MASC	M	01:07:15
6	2	203	Guilherme PIRES	Individual	VET I MASC	M	01:08:46
7	3	202	Carlos BARBOSA	Individual	VET I MASC	M	01:09:16
8	5	170	Paulo SILVA	Think Green	SENIOR MASC	M	01:09:25
9	1	152	Margarida SOUSA	16.9 Crossfit	VET I FEM	F	01:12:34
10	6	103	André MARTINS	A.D. Amarante Atletismo	SENIOR MASC	M	01:12:41
11	1	205	Carlos VINHAS	Individual	VET II MASC	M	01:13:51
12	7	127	Gustavo PIMENTA	Individual	SENIOR MASC	M	01:15:00
13	8	132	Jaime SOARES	Penafiel	SENIOR MASC	M	01:15:13
14	1	193	Sónia FERREIRA	Lousada Runners	SENIOR FEM	F	01:15:33
15	4	146	José PACHECO	Running Penafiel Team	VET I MASC	M	01:15:46
16	9	173	Pedro RIBEIRO	Think Green	SENIOR MASC	M	01:16:06
17	5	177	Pedro VIEIRA	Merenguita	VET I MASC	M	01:17:31
18	6	189	Sergio PINTO	Merenguita	VET I MASC	M	01:17:31
19	10	138	João MARTINHO	Individual	SENIOR MASC	M	01:17:34
20	2	191	Tuxa NEGRI	AMCF - Arrábida Trail Team	SENIOR FEM	F	01:17:35
21	2	135	Joana SOUSA	Exercise For You	VET I FEM	F	01:17:45
22	3	128	Helena GOMES	Individual	VET I FEM	F	01:18:03
23	11	188	Sérgio MATOS	EDV Viana Trail	SENIOR MASC	M	01:18:05
24	12	110	Bruno QUINTINO	Milhundos United	SENIOR MASC	M	01:18:16
25	13	176	Pedro VIEIRA	A.D.Amarante Trail Running	SENIOR MASC	M	01:18:23
26	14	197	José BARBOSA	Individual	SENIOR MASC	M	01:19:50
27	2	166	Paulo MOREIRA	Caça Raposas	VET II MASC	M	01:20:36
28	15	168	Paulo NEVES	ADPenafiel	SENIOR MASC	M	01:21:01
29	16	167	Paulo MOURA	Think Green	SENIOR MASC	M	01:21:09
30	17	155	Mário SILVA	Penafiel	SENIOR MASC	M	01:21:23
31	3	106	Antonio MIRANDA	YogurtNest Trail Running Team	VET II MASC	M	01:21:37
32	1	125	Fernando FERREIRA	Porto	VET III MASC	M	01:22:08
33	18	129	Hugo SILVA	Individual	SENIOR MASC	M	01:22:13
34	19	211	Diogo CARVALHO	Individual	SENIOR MASC	M	01:22:25
35	20	150	Luciano SILVA	Individual	SENIOR MASC	M	01:22:53
36	21	199	Rui MOREIRA	Individual	SENIOR MASC	M	01:23:35
37	3	112	Carla COUTO	Individual	SENIOR FEM	F	01:24:40
38	4	102	Ana CONCEICAO	Torpedos Run	SENIOR FEM	F	01:24:47
39	22	148	Jose SILVA	Torpedos Run	SENIOR MASC	M	01:24:55
40	5	136	Joana SOUSA	Torpedos Run	SENIOR FEM	F	01:24:55
41	23	210	Fernando CUNHA	Individual	SENIOR MASC	M	01:25:11
42	4	153	Maria DIAS	Caça Raposas	VET I FEM	F	01:26:07
43	24	111	Bruno ROCHA	Individual	SENIOR MASC	M	01:26:15
44	25	121	Elzo GOMES	Individual	SENIOR MASC	M	01:26:33
45	26	172	Pedro SANTOS	Macieira Team	SENIOR MASC	M	01:26:46
46	27	182	Rui JESUS	Macieira Team	SENIOR MASC	M	01:26:46
47	28	198	Carlos COUTO	Individual	SENIOR MASC	M	01:27:42
48	29	179	Ricardo FRANÇA	Penafiel	SENIOR MASC	M	01:29:50
49	7	143	Jorge GOMES	Penafiel	VET I MASC	M	01:30:55
50	1	201	Moisés GASPAS	Individual	JUNIOR MASC	M	01:31:29
51	6	181	Rosa LEAL	Paços Runners	SENIOR FEM	F	01:31:41
52	2	101	Agostinho FERREIRA	Individual	VET III MASC	M	01:32:05
53	5	131	Isabel CARVALHO	Penafiel	VET I FEM	F	01:34:03
54	8	108	Belmiro REIS	Bota Brita	VET I MASC	M	01:34:10
55	9	144	Jorge SOUSA	Bitrunners	VET I MASC	M	01:34:16
56	30	204	Nuno PACHECO	Individual	SENIOR MASC	M	01:34:39
57	2	212	José RIBEIRO	Individual	JUNIOR MASC	M	01:36:21

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58	31	163	Nuno TEIXEIRA	Gordon e Companhia	SENIOR MASC	M	01:37:38
59	32	147	José RIBEIRO	850 Racing Garage	SENIOR MASC	M	01:38:38
60	1	124	Fernanda SANTOS	Individual	VET II FEM	F	01:38:49
61	33	187	Sergio BROCHADO	Running Penafiel Trail	SENIOR MASC	M	01:39:58
62	10	113	Carla PINTO	Merenguita	VET I MASC	M	01:40:36
63	34	192	Vitor PEREIRA	Gordon e Companhia	SENIOR MASC	M	01:40:56
64	7	207	Joana CARVALHO	Mozinho RT / Martos Pellets / Valvoline	SENIOR FEM	F	01:41:12
65	35	183	Rui FERREIRA	Individual	SENIOR MASC	M	01:41:24
66	36	118	Daniel SILVA	Macieira Team	SENIOR MASC	M	01:42:41
67	8	156	Marlene VIEIRA	Macieira Team	SENIOR FEM	F	01:42:42
68	2	115	Clara LIMA	Caça Raposas	VET II FEM	F	01:44:24
69	11	105	Antonio COELHO	Think Green	VET I MASC	M	01:44:59
70	9	180	Rita COELHO	Think Green	SENIOR FEM	F	01:45:00
71	12	154	Marilia MARTINS	Merenguita	VET I MASC	M	01:45:17
72	4	184	Rui QUINTA	Moinhos Run	VET II MASC	M	01:45:51
73	3	200	Maria GASPAR	Individual	VET II FEM	F	01:52:00
74	13	209	Manuel SILVA	Individual	VET I MASC	M	01:53:41
75	37	119	Daniel SOUSA	Bad River Boys	SENIOR MASC	M	01:54:37
76	5	206	Agostinho DIAS	Individual	VET II MASC	M	02:01:55
77	6	117	Cristina COELHO	Wolves	VET I FEM	F	02:01:56
78	38	162	Nuno SILVA	Caça Raposas	SENIOR MASC	M	02:01:58