

| Lugar | Nome | Equipa | Dorsal | Tempo | Diferença |
|-------|-----------------------------------|---|--------|----------|-----------|
| 1 | Mario Cassaca | Clube de Atletismo Odimarq | 20 | 00:58:46 | ---- |
| 2 | José Lair | G.D.R. São Francisco da Serra | 121 | 00:59:01 | 00:00:15 |
| 3 | Bruno Gamito | G.D.R. São Francisco da Serra | 126 | 01:00:49 | 00:02:03 |
| 4 | RUI GONÇALVES | AMICICLO - GRÂNDOLA | 91 | 01:00:58 | 00:02:12 |
| 5 | Paulo Morais | | 119 | 01:01:28 | 00:02:42 |
| 6 | Roberto Baião | Juventude Atlético Clube | 99 | 01:02:43 | 00:03:57 |
| 7 | Rogério Cassaca | G.D.R. São Francisco da Serra | 117 | 01:04:03 | 00:05:17 |
| 8 | Luís Pereira | G.D.R. São Francisco da Serra | 120 | 01:05:10 | 00:06:24 |
| 9 | Vasco Rafael | Sporting C. P. | 147 | 01:06:29 | 00:07:43 |
| 10 | Luís Cortinhas | G.D.R. São Francisco da Serra | 48 | 01:06:37 | 00:07:51 |
| 11 | Daniel Pereira | Juventude Atlético Clube | 85 | 01:06:38 | 00:07:52 |
| 12 | luis romao | clube desportivo e recreativo ribeirinhos | 2 | 01:07:38 | 00:08:52 |
| 13 | Luís Manuel Figueiredo Sapatinha | Lufipapel, Lda | 63 | 01:07:41 | 00:08:55 |
| 14 | António José Ramalho Valadas | Lufipapel, Lda | 65 | 01:09:22 | 00:10:36 |
| 15 | Carlos Jorge Bravo Rosa | Lufipapel, Lda | 64 | 01:09:25 | 00:10:39 |
| 16 | Vasco Agostinho | G.D.R. São Francisco da Serra | 115 | 01:10:10 | 00:11:24 |
| 17 | João Martins | Suor e lagrimas | 112 | 01:11:14 | 00:12:28 |
| 18 | Flávio Pinela | Juventude Atlético Clube | 88 | 01:11:32 | 00:12:46 |
| 19 | Luis Vitorino | Luis | 8 | 01:11:58 | 00:13:12 |
| 20 | Manuel Maria Xavier Martins | Lufipapel, Lda | 66 | 01:12:27 | 00:13:41 |
| 21 | Paulo Cavalinhos | Veolia | 60 | 01:13:27 | 00:14:41 |
| 22 | André fernandes Pereira | individual | 27 | 01:14:08 | 00:15:22 |
| 23 | Rui Lobo | Associação Cultural Sambrasense | 89 | 01:15:29 | 00:16:43 |
| 24 | Paulo Dâmaso | G.D.R. São Francisco da Serra | 127 | 01:15:39 | 00:16:53 |
| 25 | Álvaro dos Santos Beijinha | Futebol Clube Alvaladense | 97 | 01:16:00 | 00:17:14 |
| 26 | João Carlos Teixeira Brito Mendes | Futebol Clube Alvaladense | 96 | 01:16:02 | 00:17:16 |
| 27 | João Paulo Limão | Individual | 135 | 01:16:30 | 00:17:44 |
| 28 | Alberto Pereira | VFCE | 29 | 01:17:16 | 00:18:30 |
| 29 | Albertino Pacheco | Juventude Atlético Clube | 75 | 01:17:24 | 00:18:38 |
| 30 | Rui Gamito | Juventude Atlético Clube | 83 | 01:17:34 | 00:18:48 |
| 31 | Hélder Guerreiro | Juventude Atlético Clube | 67 | 01:17:39 | 00:18:53 |
| 32 | Cláudio Roberto Vieira Nóbrega | OPraticante | 35 | 01:18:09 | 00:19:23 |
| 33 | Fernando Beijinha | G.D.R. São Francisco da Serra | 124 | 01:18:16 | 00:19:30 |
| 34 | Miguel Alexandre Gamito Cabral | individual | 136 | 01:19:21 | 00:20:35 |
| 35 | Paulo Alexandre da Silva Barry | OPraticante | 36 | 01:19:59 | 00:21:13 |
| 36 | Miguel Ferreira | Juventude Atlético Clube | 92 | 01:21:54 | 00:23:08 |
| 37 | Fernando Martins | Individual | 129 | 01:22:00 | 00:23:14 |
| 38 | Carmen Henriques | Run is a Gift | 1 | 01:22:49 | 00:24:03 |
| 39 | FRANCISCO INÁCIO MATOS VITOR | Narm Messejana | 59 | 01:23:16 | 00:24:30 |
| 40 | Domingos Rocha | Os Desce & Siga - Runners | 114 | 01:23:54 | 00:25:08 |
| 41 | Sónia Maurício | Opraticante.pt | 19 | 01:24:03 | 00:25:17 |
| 42 | André Filipe Baião Angélica | MAREDEUS PORTUGAL | 74 | 01:24:23 | 00:25:37 |
| 43 | Heliodoro Nunes | CASA DO PESSOAL DE PINHEIRO DA CRUZ | 80 | 01:24:58 | 00:26:12 |
| 44 | José Carlos Leitão | Opraticante.pt | 18 | 01:25:28 | 00:26:42 |
| 45 | Claudia Leonor Romão | OPraticante | 37 | 01:25:31 | 00:26:45 |

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|--------------|----------------------------------|--|---------------|--------------|------------------|
| 46 | Duarte Martins Fortes | NARM Messejana | 133 | 01:25:36 | 00:26:50 |
| 47 | CONSTÂNTINO MENDÃO | ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO | 69 | 01:25:47 | 00:27:01 |
| 48 | FERNANDO CARVALHO | ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO | 68 | 01:25:50 | 00:27:04 |
| 49 | Paulo Mauricio | Individual | 54 | 01:27:21 | 00:28:35 |
| 50 | Vasco André Sobral | Individual | 140 | 01:28:21 | 00:29:35 |
| 51 | Nuno Silva | Sfca | 32 | 01:29:03 | 00:30:17 |
| 52 | Rui Manuel Vicente Correia | individual . | 134 | 01:30:46 | 00:32:00 |
| 53 | Paulo Pereira | Juventude Atlético Clube | 84 | 01:30:47 | 00:32:01 |
| 54 | Hugo Parreira Canário Parreira | Vitória Futebol Clube Ermidense | 87 | 01:31:37 | 00:32:51 |
| 55 | Carlos Parreira | VFCE | 17 | 01:31:40 | 00:32:54 |
| 56 | Marta Cipriano | G.D.Santa Cruz / litoralmotors.pt | 62 | 01:32:24 | 00:33:38 |
| 57 | Manuel Rego | N&M | 14 | 01:32:26 | 00:33:40 |
| 58 | Henrique José Duarte dos Santos | Juventude Atlético Clube | 103 | 01:33:20 | 00:34:34 |
| 59 | ARMINDO CHAINHO | CASA DO PESSOAL DO PINHEIRO DA CRUZ | 77 | 01:33:24 | 00:34:38 |
| 60 | Rui Pereira | | 78 | 01:33:26 | 00:34:40 |
| 61 | RUI SOBRAL | CASA DO PESSOAL DO PINHEIRO DA CRUZ | 79 | 01:33:28 | 00:34:42 |
| 62 | Margarida Silvestre | Juventude Desportiva Melidense | 144 | 01:34:22 | 00:35:36 |
| 63 | Isac Dinis | Asas | 39 | 01:36:07 | 00:37:21 |
| 64 | José Leandro | VFCE | 86 | 01:36:38 | 00:37:52 |
| 65 | Joana Gonçalves Cordeiro Banza | VFCE | 146 | 01:39:15 | 00:40:29 |
| 66 | jorge amieira | Eu | 45 | 01:39:19 | 00:40:33 |
| 67 | Isabel Maria da Cruz Barra | OPraticante | 38 | 01:39:38 | 00:40:52 |
| 68 | Rui Manuel Martins Gomes | Vitória Futebol Clube Ermidense | 15 | 01:41:48 | 00:43:02 |
| 69 | Nuno Manuel Santos Costa Pacheco | Juventude Atlético Clube | 113 | 01:42:17 | 00:43:31 |
| 70 | Nuno Miguel Oliveira Simão | N&M | 13 | 01:44:07 | 00:45:21 |
| 71 | Helena Cunha | ASAS | 22 | 01:44:18 | 00:45:32 |
| 72 | Carla Fernandes | ASAS | 21 | 01:44:23 | 00:45:37 |
| 73 | Donzília Pereira | Individual | 12 | 01:53:23 | 00:54:37 |
| 74 | Bruno Alves | Individual | 11 | 01:53:26 | 00:54:40 |
| 75 | José Pedro Ferrabelo | Asas | 24 | 01:55:50 | 00:57:04 |
| 76 | Serafim Marques | ASAS | 23 | 01:55:52 | 00:57:06 |
| 77 | Bruna Manuel | VFCE | 34 | 01:56:07 | 00:57:21 |
| 78 | Artur Marinho | MAREDEUS PORTUGAL | 73 | 01:56:14 | 00:57:28 |
| 79 | Ana Rita Viegas da Conceição | Futebol clube alvaladense | 93 | 02:02:00 | 01:03:14 |
| 80 | julio santos | Braguinhas Runners Setúbal | 41 | 02:02:04 | 01:03:18 |