

#	Nome	Equipa	Dorsal	Tempo	Diferença
MASCULINO					
1	Alexandre Pimpão	NARM - Messejana	191	00:46:36.142	----
2	Emanuel Diogo	G.D.R. São Francisco da Serra	215	00:46:40.851	00:00:04.709
3	LUCIANO CONTENTE	CASA BENFICA SEIXAL	80	00:51:16.493	00:04:40.351
4	Hélder Guerreiro	Juventude Atkético Clube	208	00:57:45.582	00:11:09.440
5	Hugo Parreira	Vitória Futebol Clube Ermidense	64	01:01:18.305	00:14:42.163
6	HERNÂNI FERNANDES	CASA BENFICA SEIXAL	44	01:02:02.969	00:15:26.827
7	CONSTANTINO MANUEL MENDÃO	Clube de Praças da Armada	26	01:03:44.398	00:17:08.256
8	Frederico Carvalho	SCA/ Run Alcáçovas	175	01:05:11.520	00:18:35.378
9	PEDRO TEIXEIRA	CASA BENFICA SEIXAL	36	01:06:10.539	00:19:34.397
10	Fernando Alberto Martins Carvalho	Individual	32	01:07:19.226	00:20:43.084
11	PAULO LOPES	CASA BENFICA SEIXAL	31	01:07:22.881	00:20:46.739
12	Nuno Xavier		224	01:07:52.398	00:21:16.256
13	Fernando Neto	MareDeus Portugal	11	01:07:57.818	00:21:21.676
14	Tiago Neto	Vitória Futebol Clube Ermidense	137	01:09:58.500	00:23:22.358
15	Manuel Pedro	Clube Pessoal EDP de Sines	34	01:10:15.524	00:23:39.382
16	José Leandro	VFCE	62	01:12:01.458	00:25:25.316
17	Diogo Gonçalves	Sporting Futebol Club Abelense	48	01:13:05.400	00:26:29.258
18	Pedro Paulos	----	138	01:13:27.645	00:26:51.503
19	Joaquim João Santana	Os Kotas	126	01:15:01.131	00:28:24.989
20	ROBERTO LOURENÇO	CASA BENFICA SEIXAL	150	01:17:30.450	00:30:54.308
21	BRUNO LOURENÇO	CASA BENFICA SEIXAL	151	01:17:32.289	00:30:56.147
22	António Guerreiro	FC Alvaladense	109	01:17:33.776	00:30:57.634
23	José Luís Mendes Cordeiro	FC Alvaladense	101	01:17:37.381	00:31:01.239
24	Tiago Neto	MareDeus PT	97	01:18:28.621	00:31:52.479
25	Ricardo Passos	Sporting Futebol Club Abelense	130	01:19:01.686	00:32:25.544
26	António Simões	G.D.R. São Francisco da Serra	179	01:20:15.905	00:33:39.763
27	Tiago Simões Pereira	Sporting Futebol Club Abelense	173	01:21:02.053	00:34:25.911
28	José Carlos Modesto	Vitória Futebol Clube Ermidense	168	01:24:23.196	00:37:47.054
29	João Miguel Cândido Matos	Sporting Futebol Club Abelense	171	01:34:48.815	00:48:12.673
--	Miguel Silva	----	19	--:--:-- (NT)	----
--	João Pedro Santos	Amiciclo Grândola	154	--:--:-- (NT)	----
--	Ricardo Raposo	Bate e Foge	205	--:--:-- (NT)	----
--	Rafael Alexandre Lourenço Sobral	VFCE	212	--:--:-- (NT)	----
--	Artur Marinho	MareDeus Portugal	12	--:--:-- (NT)	----
FEMININO					
1	Susana Braga	----	133	01:03:11.189	----
2	Margarida Basilio Pedro	Os Kotas	40	01:10:13.449	00:07:02.260
3	Sónia Luz	----	139	01:13:25.192	00:10:14.003
4	Ana Paula Branco	Run Crew Trail Montijo	141	01:15:24.897	00:12:13.708
5	Silvia Linares	FC Alvaladense	110	01:17:35.813	00:14:24.624
6	Anabela Pereira	G.D.R. São Francisco da Serra	180	01:20:17.688	00:17:06.499
7	Ângela Cristina Magalhães da Conceição	----	8	01:21:07.966	00:17:56.777
8	Meda Ventura		223	01:21:45.412	00:18:34.223

#	Nome	Equipa	Dorsal	Tempo	Diferença
9	Marina Patricia Basílio Pedro	Os Kotas	198	01:21:49.469	00:18:38.280
10	Ana Filipa Borges Rodrigues	-----	196	01:22:01.389	00:18:50.200
11	Ana Filipa dos Santos Rocha	-----	35	01:23:09.887	00:19:58.698
12	Filipa Santos	Vitória Futebol Clube Ermidense	65	01:23:40.167	00:20:28.978
13	Andreia Candeias	-----	66	01:24:20.788	00:21:09.599
14	Cristina Mendes	FC Alvaladense	108	01:28:05.792	00:24:54.603
15	Raquel Alexandra Candeias Bras da Cruz Luz	-----	159	01:29:19.844	00:26:08.655
16	Marisa Vilhena	-----	161	01:29:22.354	00:26:11.165
17	Bárbara Matadinho	SCA/ Run Alcáçovas	216	01:30:07.427	00:26:56.238
18	Andreia Rossio	MAREDEUS PORTUGAL	207	01:31:31.946	00:28:20.757
19	Suzi Fraião	MAREDEUS PORTUGAL	206	01:32:15.232	00:29:04.043
20	Regina Isabel Cândido Matos	Sporting Futebol Club Abelense	172	01:34:50.668	00:31:39.479
21	Maria do Rosário Vilhena	Os Kotas	42	01:36:00.090	00:32:48.901
22	MARIA DE FÁTIMA PARREIRA CHAINHO	Os Kotas	43	01:36:02.680	00:32:51.491
23	Cláudia Rosa	FC Alvaladense	107	01:40:35.353	00:37:24.164
24	telma sebastião	Vitória Futebol Clube Ermidense	63	02:08:11.293	01:05:00.104
25	Alexandra Gonçalves	-----	193	02:08:37.108	01:05:25.919
--	Susana Costa Gomes	Aminhacorrida/Myprotein	221	--:--:-- (NT)	----
--	Susana Neves	Run Crew Trail Montijo	188	--:--:-- (NT)	----
--	Rute Barao	VFCE	211	--:--:-- (NT)	----