

Lugar	Equipa	Dorsal	Escalão	Equipa	Tempo
1	Américo Pereira	214	M 50	CrossFit AlphaDen	00:38:52
2	Arsénio Santos	159	M SEN	Escola das Armas	00:40:16
3	Nuno Vaz	49	M SEN	Caracóis de Pedra	00:42:49
4	José Rodrigues	153	M SEN	Escola das Armas	00:43:40
5	Carlos Pinho	198	M SEN	CrossFit AlphaDen	00:43:58
6	Jose Geada	212	M 40	A.S.C Vale Grande	00:44:11
7	Gonçalo Lousa	196	M SEN	CrossFit AlphaDen	00:44:19
8	Cláudio Bagulho	156	M SEN	Escola das Armas	00:45:11
9	Pedro Baleia	48	M SEN	Caracóis de Pedra	00:46:08
10	Sérgio Figueiredo	209	M SEN	Laranja Zen	00:46:10
11	Luis Gouveia	117	M 40	Clube Futebol Guadiana	00:47:10
12	Alexandre Lucas	51	M SEN	Caracóis de Pedra	00:47:20
13	Tito Pereira	98	M SEN	MiraParqueRunners	00:47:25
14	Marcelo Oliveira	197	M SEN	CrossFit AlphaDen	00:47:30
15	Hugo Miguel	103	M 40	Trilho Perdido Eventos / Imporlux	00:47:42
16	Tiago Manuel Trindade Santos Lopes	28	M 40	---	00:48:24
17	António Pires	199	M 50	CrossFit AlphaDen	00:48:26
18	Tiago Baleia	50	M SEN	Caracóis de Pedra	00:48:55
19	Susana Matos	165	F 40	Escola das Armas	00:49:48
20	Alexandre Reis	154	M 50	Escola das Armas	00:49:53
21	Luis Roussado	95	M 40	Caracóis de Pedra	00:50:08
22	João Branco	68	M SEN	---	00:50:39
23	Hugo Brigas	161	M SEN	Escola das Armas	00:50:42
24	Luis Cascão	191	M 40	---	00:50:47
25	Alexandra Silva	160	F SEN	Escola das Armas	00:50:53
26	Adriano Pimentel	47	M SEN	Caracóis de Pedra	00:50:57
27	Hugo Monteiro	155	M SEN	Escola das Armas	00:51:16
28	Ricardo Fernando Pardal Domingues	93	M SEN	Caracóis de Pedra	00:51:20
29	Pedro Póvoas	97	M SEN	MiraParqueRunners	00:51:28
30	Célio Alves	162	M 40	Escola das Armas	00:51:56
31	Paulo Jorge Sardico Vaz	102	M 40	---	00:52:11
32	Paulo Guia	12	M 40	Valejas A. C.	00:52:17
33	Patrícia Caldas	86	F SEN	Caracóis de Pedra	00:52:21
34	Samuel Sebastião	87	M SEN	Caracóis de Pedra	00:52:22
35	Bruno Miguel Sereno Costa	152	M SEN	Escola das Armas	00:52:25
36	Jose Raposo	54	M 40	Valejas A.C.	00:52:28
37	Fernando Corda	38	M 50	ValejasA.C.	00:52:30
38	Pedro Reduto	79	M 40	---	00:52:50
39	Marco Domingues	158	M SEN	Escola das Armas	00:53:01
40	Telmo Sequeira	130	M SEN	---	00:53:09
41	Luis Ferreira	89	M 50	EM'Força	00:53:17
42	Paulo Martins	81	M 40	---	00:53:35
43	Heitor Gomes	23	M 40	---	00:53:49
44	Gonçalo Cardoso	134	M SEN	AA's	00:54:45
45	Marco Paulo Guia	13	M 40	Valejas A. C.	00:54:50
46	Rui Isidoro	19	M 40	As Máquinas	00:55:21
47	Jose Luis Machado	88	M 50	---	00:55:52
48	Ricardo Silva	20	M SEN	As Máquinas	00:55:57
49	José Gonçalo Regalado	193	M SEN	---	00:55:59
50	Vitor B	110	M SEN	---	00:56:05
51	Douglas Fry	109	M 60	Clube Desportivo de Mafra	00:56:23
52	Nuno Miguel Pereira De Sousa	181	M 40	---	00:56:30
53	Alexandre Jorge	83	M SEN	---	00:56:35
54	Nuno Miguel Dias Dos Santos	90	M SEN	Caracóis de Pedra	00:56:37
55	Jorge Sobrinho	135	M 40	---	00:56:42
56	Bruno Leitao	128	M 40	Molengas	00:56:52
57	Mário Zeballos	211	M SEN	---	00:57:13
58	Francisco Oliveira Martins	24	M SEN	---	00:57:16
59	David Catarino	129	M 40	Molengas	00:57:20

Lugar	Equipa	Dorsal	Escalão	Equipa	Tempo
60	Marco Júlio	16	M SEN	Valejas A. C.	00:57:48
61	Luis Rodrigo	100	M 40	MiraParqueRunners	00:58:10
62	Luis Apolinario	94	M 40	Caracóis de Pedra	00:58:26
63	Cláudio Moreira	172	M SEN	---	00:58:28
64	Alexandre Dos Santos Agostinho	125	M SEN	---	00:58:31
65	Ana Correia	67	F 40	Tartarugas Solidárias	00:58:48
66	Dário Canas	107	M SEN	---	00:59:01
67	Nuno José Ferreira Morgado	99	M SEN	MiraParqueRunners	00:59:06
68	Sandra Isabel Varela Freitas	146	F SEN	---	00:59:11
69	Pedro Jorge Monteiro	66	M 40	---	00:59:19
70	Paulo Soares	131	M SEN	---	00:59:27
71	Diogo Cardoso	164	M SEN	Escola das Armas	00:59:42
72	Joao Pedro Santos	200	M SEN	A.C.R. CASAIS DAS BOIÇAS	00:59:50
73	Vera Pólvora	114	F SEN	Pioneiros	00:59:55
74	André Miranda Cruz	64	M SEN	Boost Team	00:59:59
75	Helena Moreira	92	F 40	Caracóis de Pedra	01:00:04
76	Luis Brunheta	174	M SEN	Dar Corda aos Sapatos	01:00:06
77	Acácio Barata	175	M 40	Dar Corda aos Sapatos	01:00:07
78	Pedro Marques	176	M 40	Dar Corda aos Sapatos	01:00:10
79	Jorge Ferraz	106	M 40	---	01:00:21
80	Orlando Nunes	25	M SEN	---	01:00:31
81	José António Cruz	75	M 50	Falcões Selvagens	01:00:38
82	Jorge Ribeiro	168	M 40	Escola das Armas	01:00:47
83	Mónica Anjos	167	F 40	Escola das Armas	01:00:49
84	Tiago Rosa	5	M SEN	---	01:00:51
85	Maria Freitas Monteiro	9	F SEN	A.S.C Vale Grande	01:01:17
86	Paulo Jorge Ferreira Monteiro	8	M 40	A.S.C Vale Grande	01:01:19
87	Ana Almeida	112	F SEN	Pioneiros	01:01:28
88	Fernando Silva	113	M SEN	Pioneiros	01:01:30
89	Luis Martinho	205	M 40	---	01:01:49
90	Beatriz Sécio	45	F SEN	polska&companhia	01:01:56
91	Urbino Soares	21	M SEN	As Máquinas	01:02:08
92	Carina Xavier	52	F SEN	Caracóis de Pedra	01:02:22
93	Nuno Miguel Sequeira Fontes	213	M SEN	---	01:02:24
94	Paula Cristina Baptista Calisto	91	F SEN	Caracóis de Pedra	01:02:26
95	Maria Sá	169	F SEN	Escola das Armas	01:02:30
96	Márcio Alexandre Da Luz Rodrigues	96	M SEN	MiraParqueRunners	01:02:33
97	Carlos Ribeiros	61	M 40	---	01:02:59
98	Antonio Oliveira	77	M SEN	---	01:03:05
99	Miguel Dias	140	M SEN	XicoMiguel	01:03:27
100	Luis Violante	192	M 40	PénaBike Team	01:03:04
101	José Guia	37	M 60	ValejasA.C.	01:04:16
102	Ana Isabel Duarte Chagas	27	F 40	---	01:05:43
103	Paulo Lopes	173	M 40	---	01:05:45
104	Ana Moura	210	F 40	Laranja Zen	01:06:13
105	Aureliano Luz	18	M 40	As Máquinas	01:06:16
106	Ana Santos	123	F 40	---	01:06:25
107	Luís Duarte Dias	7	M 50	---	01:06:32
108	Ana Santos	22	F SEN	As Máquinas	01:06:44
109	Nuno Acurcio	179	M 40	---	01:07:13
110	Sandra Chaves	133	F SEN	AA's	01:07:29
111	Ana Raposo	39	F 40	ValejasA.C.	01:08:16
112	Rui Freitas Simões	111	M 40	---	01:08:47
113	Elvira Grego Esteves	105	F 40	Gregos e Troianos	01:09:02
114	Diana Lino	206	F SEN	---	01:09:16
115	Ana Caldeira	84	F SEN	Caldeira's	01:09:31
116	Tiago Santos	6	M SEN	---	01:10:31
117	José Santos	178	M 50	---	01:10:35
118	Valter Miranda	202	M 40	---	01:10:46

Lugar	Equipa	Dorsal	Escalão	Equipa	Tempo
119	Isabel Dias	124	F 50	---	01:10:49
120	Tânia Chaves	132	F SEN	AA's	01:10:55
121	Ana Marques	180	F SEN	---	01:10:58
122	Sílvia Isabel Da Costa Miranda	63	F SEN	Boost Team	01:11:02
123	Helena Sécio	44	F 50	polska&companhia	01:11:23
124	Nuno Oiveira	141	M SEN	---	01:11:34
125	Bette Grego Esteves	104	F 40	Gregos e Troianos	01:12:05
126	Ana Jorge	201	F 40	---	01:12:08
127	Diogo Caldeira	85	M SEN	Caldeira's	01:12:21
128	Paulo Alexandre Duarte Roberto	215	M 40	---	01:13:29
129	Ana Marques	203	F SEN	---	01:13:55
130	Paula Cardoso	163	F 40	Escola das Armas	01:14:46
131	Maria Sécio	46	F SEN	polska&companhia	01:14:51
132	Francisco Ribeiro	139	M 60	XicoMiguel	01:15:28
133	Luísa Guerra Santos	17	F 40	---	01:15:30
134	Elisabete Alexandra Teixeira Gonçalves	127	F SEN	MiraParqueRunners	01:15:33
135	Jorge Sousa	121	M 50	---	01:15:57
136	Antonio Ferreira Alves	62	M 60	---	01:16:04
137	Nuno Terraquente	4	M 40	---	01:16:07
138	Sonia Saramago	204	F 40	---	01:16:43
139	Inês Real	3	F SEN	---	01:17:02
140	João Cardoso	2	M 40	---	01:17:04
141	Joana Ribeiro	33	F SEN	RW OnTour	01:17:11
142	Luís Correia	32	M SEN	RW OnTour	01:17:12
143	Elsa Oliveira	151	F SEN	---	01:17:20
144	Orlando Marta	26	M 40	---	01:17:22
145	Maria Cardoso	78	F SEN	---	01:17:49
146	Tânia Matos Pina	14	F SEN	Valejas A. C.	01:17:51
147	Anabela Gonçalves	65	F 40	As Máquinas	01:17:54
148	Angela Silva	69	F SEN	Academia Fitness Militar	01:18:25
149	Ana Marques	71	F SEN	Academia Fitness Militar	01:18:26
150	Luísa Lopes	76	F 40	---	01:19:00
151	Mariana Barros Silva	183	F SEN	---	01:19:04
152	Ana Catarina Marques	182	F 40	---	01:19:05
153	Rui Cleto	122	M 40	---	01:19:16
154	Carla Lénia Gouveia Neves	101	F SEN	MiraParqueRunners	01:19:36
155	Ilda Simões	40	F 40	ValejasA.C.	01:20:31
156	Susana Gomes	43	F 40	ValejasA.C.	01:20:34
157	Marta Prates	72	F 40	Academia Fitness Militar	01:21:03
158	Luis Sanches	70	M 40	Academia Fitness Militar	01:21:04
159	Claudia Macara	73	F 40	Academia Fitness Militar	01:21:05
160	Ana Luisa Alves	29	F SEN	---	01:22:11
161	Patricia Alexandra De Carvalho Alves	82	F SEN	---	01:22:13
162	Sofia Braz	53	F SEN	Rompetocas RT	01:22:22
163	Ricardo Brás Pinto	35	M SEN	Panquecas	01:22:23
164	Rodrigo Rodrigues	34	M SEN	Panquecas	01:22:26
165	Mafalda Gago	188	F 40	---	01:24:05
166	Mokiki Almeida	189	F 40	---	01:24:07
167	Guida Maria Santos Jesus Jorge	171	F SEN	---	01:24:41
168	Alvaro Pacheco De Sousa	119	M SEN	---	01:25:50
169	Andreia Patrícia Conde Barbosa	118	F SEN	---	01:25:52
170	Bruno Fernandes Dos Santos	185	M SEN	Rhinos	01:25:59
171	Pedro Santos	150	M SEN	Team Boda	01:27:42
172	Vera Pereira	149	F 40	Team Boda	01:27:44
173	Marco Ramos	148	M SEN	Team Boda	01:27:46
174	João Miguel Neves Colaço Henriques	187	M 40	Rhinos	01:27:52
175	Ondina Teodoro	136	F 40	---	01:28:32
176	Sara Cristina Conde Rodrigues	120	F SEN	---	01:28:34
177	Rogério Condeço	137	F 40	---	01:28:36

Lugar	Equipa	Dorsal	Escalão	Equipa	Tempo
178	Carina Sofia Monteiro Alves Dos Santos	186	F SEN	Rhinos	01:28:39
179	Toni Custódio	116	M 40	Rhinos	01:30:09
180	Jéssica Brenner	11	F SEN	RW OnTour	01:32:04
181	Vanessa Soares	10	F SEN	RW OnTour	01:32:05
182	Cristina Bento	194	F 50	---	01:32:07
183	Michelle Bond	142	F SEN	As maratonistas	01:33:22
184	Patricia Teixeira	144	F SEN	As maratonistas	01:33:25
185	Ines Pessoa	59	F SEN	Patio Party	01:33:29
186	Joana Do Vale	58	F SEN	Patio Party	01:33:31
187	Laura Sanchez	60	F 40	Patio Party	01:33:33
188	Joao Robalo	57	M SEN	Patio Party	01:33:35
189	Andrea Dietrich Martini	80	F 40	---	01:36:03
190	Luciana Conceição Pinto	15	F SEN	Valejas A. C.	01:42:29
191	Carlos Guerra	208	M 50	---	01:43:07
192	Anabela Eustáquio	207	F 50	---	01:43:09
193	Sandra Maria Ferreira Monteiro	30	F 40	59DF7F3F07AFE	01:50:32
	Maria Helena Silva Fino	55	F 50	HappyRunners	DNF
	Paulo Da Costa Luis Fonseca Pinto	56	M 50	HappyRunners	DNF
	Cristina Neves	31	F 40	59DF7F3F07AFE	DNF
	Marisa Simões	41	F 50	ValejasA.C.	DNF
	Mónica Simões	42	F SEN	ValejasA.C.	DNF
	Ivone Marisa Saramago Raminhos Ferreira	74	F 40	Tartarugas Solidárias	DNF
	Tânia Nunes	115	F SEN	Pioneiros	DNF
	Sónia Alexandra Da Graça Domingos	147	F 40	---	DNF
	Filipe Guerra	157	M SEN	Escola das Armas	DNF
	José Cardoso	166	M 40	Escola das Armas	DNF
	André Novais	170	M SEN	Escola das Armas	DNF
	Sérgio Nunes	143	M 40	As maratonistas	DNF
	Mara Froz	145	F SEN	As maratonistas	DNF
	Diogo Aguiar	177	M SEN	Dar Corda aos Sapatos	DNF
	Ana Filipa Amaral	184	F SEN	---	DNF
	Gonçalo Neves	190	M SEN	---	DNF
	Ricardo Morgado	195	M 40	---	DNF
	Alexandra Brôa	36	F SEN	---	DNS
	Nuno Cesário	108	M SEN	---	DNS
	Ana Maria Almeida	138	F SEN	---	DNS