

Lugar	Nome	Dorsal	Escalão	Equipa	Tempo
1	Sérgio Eduardo Pereira Tavares	145	M 40	Escola das Armas	00:51:44
2	Tiago Lousa	252	M SEN	CrossFit AlphaDen	00:51:53
3	Carlos Pinho	249	M SEN	CrossFit AlphaDen	00:55:02
4	José Manuel Correia Rodrigues	143	M SEN	Escola das Armas	00:57:29
5	Marcelo Oliveira	250	M SEN	CrossFit AlphaDen	00:57:31
6	Pedro Reduto	43	M 40	---	00:57:45
7	Bruno Lousa	248	M SEN	CrossFit AlphaDen	00:57:59
8	Carlos Miguel Mesquita Oliveira	134	M SEN	Escola das Armas	00:58:16
9	Luís Prata	254	M 40	---	00:59:02
10	Gustavo Miguel Dos Santos Arede	136	M SEN	Escola das Armas	00:59:12
11	Henrique Avelar	116	M SEN	Borussia D'Outro Mundo	01:00:08
12	Luis Mealha	178	M 45	---	01:00:22
13	Luís Froes	220	M SEN	Lone Ranger	01:01:44
14	André Miguel Das Neves Azevedo Silva	139	M SEN	Escola das Armas	01:02:22
15	Marco Fernandes	246	M SEN	---	01:02:35
16	António Pires	251	M 50	CrossFit AlphaDen	01:03:00
17	Neil Anthony Da Vasa	224	M 45	---	01:03:05
18	Pedro Luca	214	M 40	CAPENAFIRME	01:03:39
19	Sidónio Carneiro Dias	146	M 45	Escola das Armas	01:03:51
20	José Estrela	105	M SEN	---	01:05:30
21	Pedro Lencastre	106	M SEN	---	01:05:35
22	Andre Filipe Valerio	93	M SEN	---	01:05:41
23	Filipe Correia	235	M 40	Nightwalkers	01:05:54
24	Bruno Venâncio	195	M SEN	---	01:06:37
25	Pedro Sanguino	68	M SEN	CLUBE NOVO BANCO	01:06:43
26	Hugo Carago	74	M 45	CLUBE NOVO BANCO	01:07:04
27	Carlos Moreira	107	M 45	---	01:08:00
28	Paulo Jorge	75	M 40	CLUBE NOVO BANCO	01:08:02
29	Pedro Santos	212	M 45	---	01:08:09
30	Vitor Pereira	151	M 55	---	01:08:17
31	Vitorino Mota	5	M 55	Slow Motion Running Team	01:08:50
32	Ana Araújo	156	F 45	SRCDRF MONTE GODEL	01:09:18
33	Jorge Humberto Paixão Simões	222	M 45	Linda-a-Pastora Sporting clube	01:09:38
34	Miguel Silva	115	M SEN	Borussia D'Outro Mundo	01:09:58
35	Ricardo Morgado	233	M 45	Panquecas	01:10:16
36	Rui Manuel Varela Pexirra	132	M 45	Escola das Armas	01:10:32
37	Ricardo Franco	81	M 45	As Nossas Caminhadas	01:10:45
38	Filipe Inácio	122	M SEN	---	01:11:58
39	Bruno Filipe Sobrinho Leitao	175	M 40	---	01:12:15
40	Paulo Gouveia	242	M 40	desportivo união gradilense	01:12:27
41	Silvia Gomes	177	F 40	M.T.B.A	01:12:36
42	Jorge Carmo	202	M SEN	Boarland - Os Recos Bravos	01:12:44
43	Mário Domingues	117	M SEN	Borussia D'Outro Mundo	01:13:10
44	Ricardo Monteiro	114	M SEN	Borussia D'Outro Mundo	01:13:13
45	Lidia Timovschi	109	F SEN	CAVALINHOS RUNNERS	01:13:31
46	João Paulo Martins Silva	133	M SEN	Escola das Armas	01:13:42
47	Luís Cardoso	237	M 50	Strong t	01:13:52
48	Horácio Santos	201	M SEN	Boarland - Os Recos Bravos	01:13:55
49	Rui Silva	172	M SEN	Nesha Hop & Run Team	01:14:12
50	José Morais	170	M SEN	Nesha Hop & Run Team	01:14:15
51	Nuno Mendes	29	M 45	Slow Motion Running Team	01:15:10
52	Manuel Ribeiro Barbosa	243	M 40	desportivo união gradilense	01:15:13
53	Ricardo Ladislau	157	M 40	---	01:15:16
54	Mateus Vargas	54	M SEN	Racers da Quinta Nova	01:15:21
55	Luís Neves	186	M 60	amigosdacorrida.com	01:15:33
56	Douglas Fry	123	M 60	---	01:15:35
57	Luis Martins	86	M SEN	---	01:16:00
58	Suzi Daniela De Jesus Ramos	135	F SEN	Escola das Armas	01:16:19
59	Luís Miguel Duarte Silva	256	M SEN	---	01:16:48
60	António Caetano	6	M 45	Slow Motion Running Team	01:17:00
61	Jose Pequeno	70	M 40	CLUBE NOVO BANCO	01:17:07
62	João Valente Da Silva	173	M 50	---	01:17:30
63	Pedro Franco	244	M SEN	---	01:17:37
64	José Casimiro	196	M SEN	---	01:17:52

Lugar	Nome	Dorsal	Escalão	Equipa	Tempo
65	Ricardo Santos	7	M 40	Slow Motion Running Team	01:18:08
66	Natalia Estevas	33	F SEN	NASA TEAM - Trail/OCR	01:18:35
67	Joana Cordeiro	38	F SEN	NASA TEAM - Trail/OCR	01:18:38
68	João Barriguinha	37	M 40	NASA TEAM - Trail/OCR	01:18:40
69	Rui Silva	184	M 40	amigosdacorrída.com	01:19:00
70	Jose Carlos Silva Manuel	40	M 40	---	01:19:11
71	Cristina Fernandes	247	F 40	---	01:19:20
72	Erica Cabral	158	F SEN	---	01:19:25
73	Heitor Gomes	218	M 45	Georunners	01:19:39
74	Valter Gonçalves	67	M SEN	---	01:20:03
75	Márcia Valéria Teixeira Aguiar	167	F 40	---	01:20:38
76	Daniel Silva	47	M SEN	---	01:20:46
77	Jorge Manuel Varanda Pinto	147	M 50	Escola das Armas	01:21:08
78	José António Ferreira Da Silva	130	M SEN	Escola das Armas	01:21:11
79	Ruben Alexandre Filipe Da Silva Branco	140	M SEN	Escola das Armas	01:21:13
80	Gonçalo Alves	194	M 40	---	01:21:21
81	Estevão Rodrigues Anacleto	200	M SEN	AnTea	01:21:27
82	João Gaspar	217	M 45	Clube Corrida REN	01:21:31
83	Helio Espiga Carneiro	193	M 50	Clube Corrida REN	01:21:35
84	Ângelo Geraldo	168	M SEN	Nesha Hop & Run Team	01:21:39
85	Antonio Baldo	232	M SEN	Panquecas	01:21:42
86	Susana Costa	60	F 45	Aminhacorrída	01:21:44
87	Sónia Almeida	46	F 45	Amadora	01:21:49
88	Ricardo Luís De Almeida Silva	87	M SEN	Limited Edition	01:21:52
89	Nuno Carvalho	76	M 40	CLUBE NOVO BANCO	01:22:09
90	Nicholas Nimisha	240	M SEN	---	01:22:49
91	Luis Miguel Marques	236	M 40	---	01:22:56
92	Guilherme Ferreira Gomes	2	M SEN	Slow Motion Running Team	01:23:43
93	Hugo Oliveira	216	M 40	AnTea	01:24:03
94	Lisete Ramalho	61	F 50	Aminhacorrída	01:24:33
95	Catarina Boto Figueiredo	62	F 50	Aminhacorrída	01:24:35
96	Carlos Timóteo	8	M 40	---	01:24:37
97	André Ferreira	104	M SEN	FIRMA	01:24:53
98	Isaac Pais	101	M SEN	FIRMA	01:24:55
99	Dário Canas	211	M 40	Montes Saloios Trail Team	01:25:25
100	Sofia Trancoso	36	F SEN	NASA TEAM - Trail/OCR	01:25:36
101	Rui Pedro Rita Bastos	228	M 45	Strong Team	01:25:44
102	Vitor Aguilar	241	M 60	Run 4 Fun	01:25:47
103	Bette Grego	56	F 45	Gregos & Troianos	01:26:11
104	Elvira Grego	57	F 45	Gregos & Troianos	01:26:16
105	Mónica Rocha	45	F 40	Arrábida Obstacle Runners	01:26:41
106	Joao Antunes	73	M SEN	CLUBE NOVO BANCO	01:26:49
107	Célia Paiva	225	F 50	Montes Saloios Trail Team	01:27:15
108	Tiago Baptista	169	M SEN	Nesha Hop & Run Team	01:27:29
109	Paulo Bonacho	65	M 45	---	01:27:33
110	Fábio Pinto	102	M SEN	FIRMA	01:27:42
111	Nuno Silva	171	M SEN	Nesha Hop & Run Team	01:27:57
112	Paulo Coutinho	98	M SEN	---	01:28:03
113	António Belo	181	M 60	amigosdacorrída.com	01:28:11
114	Suse Franco	204	F SEN	Boarland - Os Recos Bravos	01:28:15
115	Filipe Gomes	205	M SEN	Boarland - Os Recos Bravos	01:28:18
116	Joana Duarte Moura	203	F SEN	Boarland - Os Recos Bravos	01:28:21
117	Jorge Humberto Pereira	99	M 55	Montes Saloios Trail Team	01:28:27
118	Vilma Da Conceição Costa Colaço	229	F SEN	---	01:28:30
119	Nuno Bonacho	66	M SEN	---	01:29:02
120	Ângelo Ferreira	23	M 45	Individual	01:29:10
121	Maria João Fernandes	183	F 60	amigosdacorrída.com	01:29:36
122	Tiago Marques	223	M SEN	---	01:30:33
123	Mario Costa	174	M 50	---	01:30:38
124	Veronica Palomba	176	F 45	Cascais outdoor training	01:31:12
125	Teresa Reis	219	F 40	---	01:31:19
126	Rita Couto	100	F SEN	FIRMA	01:31:55
127	Jorge Sousa	17	M 50	---	01:32:06
128	João Anastácio	166	M SEN	Dragon Island Trail Club	01:32:21

Lugar	Nome	Dorsal	Escalão	Equipa	Tempo
129	Nuno Miguel Roque Dos Santos	18	M 40	---	01:32:44
130	Maria Da Luz Conchinha	180	F 60	Clube do stresse	01:32:49
131	Mónica Lopes	41	F 40	Linda-a-Pastora Sporting clube	01:33:40
132	Bruno Abrantes	112	M 40	Falcões Selvagens	01:33:52
133	Rui Pedro Bilro Pécurto	164	M 45	PO3R	01:34:19
134	Olga Cristina Gaspar De Almeida Pécurto	163	F 40	PO3R	01:34:22
135	Ana Rita Martins Almeida	161	F SEN	PO3R	01:34:24
136	Rui Manuel De Matos Monteiro	162	M SEN	PO3R	01:34:25
137	Paulo Jorge Gaspar De Almeida	165	M 45	PO3R	01:34:27
138	Marta Rita	118	F 45	GMCJamor	01:34:31
139	Fernando Rosa	119	M 55	GMCJamor	01:34:38
140	Sara Inês Assunção André	88	F SEN	Limited Edition	01:34:42
141	Iryna Dyachok	189	F 40	Linda-a-Pastora Sporting clube	01:34:44
142	Francisco Figueiredo	52	M 45	---	01:36:22
143	Sílvia Ferreira	213	F 40	CAPENAFIRME	01:36:31
144	Fernando Bento	78	M 50	CLUBE NOVO BANCO	01:36:35
145	Leila Ferreira	34	F 45	NASA TEAM - Trail/OCR	01:37:05
146	Hugo Rodrigues	44	M 40	---	01:37:21
147	Mafalda Do Bom-sucesso Rodrigues	97	F 45	---	01:38:00
148	Cidália Borges	199	F 45	OCR PORTUGAL LAB	01:38:24
149	Marta Reis	58	F SEN	---	01:38:27
150	João Carlos Carvalho	16	M 45	Independentes	01:38:31
151	Gustavo Faria	230	M SEN	C.A.S.P.A. - Clube Amador Só Para Atletismo	01:38:47
152	Henrique Sacadura	53	M 60	Racers da Quinta Nova	01:39:05
153	Sónia Alexandra Da Graça Domingos	51	F 40	---	01:41:21
154	Tânia Moreira	50	F SEN	---	01:41:23
155	Francisco Antonio Linhol	238	M 60	---	01:42:03
156	Ana Lopes	39	F 40	---	01:42:11
157	Sandra Lopes	108	F 40	---	01:42:14
158	Célia Maria Silvestre Branco Simões	221	F 45	Linda-a-Pastora Sporting clube	01:42:17
159	Luís Miguel Nunes Godinho	215	M SEN	---	01:42:47
160	Sónia Neves	234	F 40	Nightwalkers	01:42:59
161	José Pimentel	111	M 60	---	01:43:45
162	Anabela Valadas	110	F 40	---	01:43:47
163	Carlos Correia	124	M 60	Atletas de Peso	01:44:05
164	Moisés Pires	128	M 50	Atletas de Peso	01:44:07
165	Luis Lopes	125	M 60	Atletas de Peso	01:44:09
166	Manuel Oliveira	127	M 60	Atletas de Peso	01:44:12
167	Carla Mendes	90	F 45	---	01:46:29
168	Jorge Martins	89	M 50	---	01:46:35
169	Maria Martins	209	F 50	We Win	01:48:29
170	Helio Martins	210	M 40	We Win	01:48:32
171	Olga Hrytsiuk	188	F SEN	---	01:49:40
172	Marco Lopes	192	M 40	CCD Siemens	01:50:51
173	Dinis Mendes	255	M 45	---	01:51:22
174	Rodrigo Rodrigues	231	M SEN	Panquecas	01:51:26
175	Rui Hilário	226	M SEN	---	01:51:35
176	Marco Hilário	227	M SEN	---	01:51:37
177	Cátia Patrícia Moreira Gama Coutinho	59	F SEN	---	01:51:42
178	Rita Costa	79	F SEN	CLUBE NOVO BANCO	01:51:53
179	Kelly Franco	91	F 40	---	01:53:30
180	Leandro Lucena	92	M SEN	---	01:53:36
181	José Marques	159	M 60	GMCJamor	01:53:47
182	Susana Rodrigues	121	F 45	GMCJamor	01:53:50
183	Marina Baptista	120	F SEN	GMCJamor	01:53:53
184	Luiz Rosa	154	M 60	---	01:53:55
185	Maria João Santos	198	F 45	MF	02:00:19
186	Andreia Alves	9	F SEN	Cookie runners	02:01:39
187	Rui Brás	13	M 40	Cookie runners	02:01:43
188	Nuno Botelho	11	M 45	Cookie runners	02:01:47
189	Cátia Pereira	12	F SEN	Cookie runners	02:01:50
190	Ana Ferreira	85	F 45	Ferreira	02:01:52
191	António Ferreira	84	M 45	Ferreira	02:01:57
192	Paulo Alexandre Bettencourt Martins	149	M 45	---	02:04:53

Lugar	Nome	Dorsal	Escalão	Equipa	Tempo
193	Patricia Matias	150	F 40	---	02:04:55
194	Susana Gomes	3	F 45	Slow Motion Running Team	02:05:10
195	Paula Cristina Ferreira Teles	15	F 50	Independentes	02:05:11
196	Natalia Martins	72	F 40	CLUBE NOVO BANCO	02:09:37
197	Ana Costa	77	F SEN	CLUBE NOVO BANCO	02:09:41
198	Joao Fonseca	190	M SEN	Robalinhos	02:10:45
199	Mariana Martins	191	F SEN	Robalinhos	02:10:48
200	Ezequiel Abrantes	113	M 60	Falcões Selvagens	02:13:58
201	Sandra Dias	10	F 40	Cookie runners	02:27:59
202	Vanessa Alves	63	F SEN	---	02:34:33
203	João Diogo Lopes	64	M SEN	---	02:34:34
204	Alberto Cano	152	M 60	---	02:41:46
205	Isabel Nobre	153	F 60	---	02:41:48
206	Tiago Duarte	239	M SEN	---	02:50:25
	Miguel Gomes	4	M 45	Slow Motion Running Team	DNF
	Anabela Silva	25	F 40	---	DNF
	Paulo Tavares	24	M 40	---	DNF
	Patricia Lopes	30	F 40	Montes Saloios Trail Team	DNF
	Paulo Melo	27	M 45	Slow Motion Running Team	DNF
	Ana Caetano	28	F 40	Slow Motion Running Team	DNF
	Luis Basilio	35	M 40	NASA TEAM - Trail/OCR	DNF
	Maria Dulce Duarte	55	F 50	---	DNF
	Hugo Pimentel	69	M 40	CLUBE NOVO BANCO	DNF
	Mario Godinho	71	M 45	CLUBE NOVO BANCO	DNF
	Claudia Rodrigues	80	F 40	CLUBE NOVO BANCO	DNF
	Jorge Lemos	82	M 45	My_Team	DNF
	Vitor Lemos	83	M SEN	My_Team	DNF
	Miguel Sousa	94	M 60	---	DNF
	António Guerreiro	95	M 50	Caracóis de Sintra	DNF
	Paulo Americano	96	M SEN	Caracóis de Sintra	DNF
	Marta Silva	103	F SEN	FIRMA	DNF
	António Rodrigues	126	M 60	Atletas de Peso	DNF
	Carlos Ramos	129	M 40	Escola das Armas	DNF
	Fátima Elisabete Vieira Da Costa	131	F SEN	Escola das Armas	DNF
	Arlindo Alexandre Vilela Rodrigues	137	M 50	Escola das Armas	DNF
	Maria Da Luz Martins Pinto Rodrigues	138	F 45	Escola das Armas	DNF
	Filipe Miguel Silva	141	M 40	Escola das Armas	DNF
	Célio José Botelho Alves	142	M 40	Escola das Armas	DNF
	Ana Carolina Almeida Carvalho	144	F SEN	Escola das Armas	DNF
	Marcia Conceição Pacheco Sousa	148	F SEN	Escola das Armas	DNF
	Henrique Adrega	155	M 60	---	DNF
	Carla Morgado	179	F 45	---	DNF
	Graça Rodrigues	182	F 60	amigosdacorrída.com	DNF
	João Costa	185	M 55	amigosdacorrída.com	DNF
	Pedro Rodrigues	187	M 60	amigosdacorrída.com	DNF
	Claudia Fortunato	197	F SEN	---	DNF
	Renato Rocha	206	M SEN	Boarland - Os Recos Bravos	DNF
	Joana Narciso	207	F SEN	Boarland - Os Recos Bravos	DNF
	Diana Filipa Dos Santos Dias	208	F SEN	Boarland - Os Recos Bravos	DNF
	Sílvia Cristina Monteiro Fernandes	14	F 40	---	DNS
	Francisco Lopes	20	M 50	---	DNS
	Dália Leite	21	F 55	---	DNS
	Hernâni Monteiro	22	M 55	---	DNS
	Afonso Rocio Alves	19	M SEN	---	DNS
	Gil Manuel Da Conceição Franco	26	M 55	ORB-Maxial Oeste	DNS
	Júlio Rodrigues	31	M 45	B.V. S. PEDRO DE SINTRA 1119	DNS
	Nuno Cesário	32	M SEN	B.V. S. PEDRO DE SINTRA 1119	DNS
	Afonso Paes De Ataíde	42	M SEN	---	DNS
	Patrocinia Varandas	48	F 45	---	DNS
	Tiago Louro	49	M 40	---	DNS
	Sophie Ducloux	160	F 50	---	DNS
	Martin Lorenzetti	245	M 40	---	DNS
	Diana Andreas	253	F SEN	---	DNS