

| #                | Nome                       | Equipa                        | Dorsal | Tempo        | Diferença    |
|------------------|----------------------------|-------------------------------|--------|--------------|--------------|
| <b>MASCULINO</b> |                            |                               |        |              |              |
| 1                | Carlos Silva               | VNovas                        | 103    | 00:45:10.741 | ----         |
| 2                | Martins                    | -----                         | 114    | 00:50:03.985 | 00:04:53.244 |
| 3                | José Mendes                | Junta de Freguesia de Cabrela | 119    | 00:51:02.796 | 00:05:52.055 |
| 4                | MIGUEL MENDES              | JUNTA FREGUESIA CABRELA       | 120    | 01:06:02.446 | 00:20:51.705 |
| 5                | Diogo Manuel Mira da Silva | -----                         | 113    | 01:08:37.397 | 00:23:26.656 |
| 6                | Nuno Duro                  | Duro                          | 101    | 01:09:02.509 | 00:23:51.768 |
| 7                | José Grafino               | -----                         | 108    | 01:22:25.530 | 00:37:14.789 |
| 8                | Hélio Ferreira             | Junta de Freguesia de Cabrela | 117    | 01:30:18.127 | 00:45:07.386 |
| <b>FEMININO</b>  |                            |                               |        |              |              |
| 1                | Filipa Figueiras           | -----                         | 105    | 01:08:31.006 | ----         |
| 2                | Marisa Tibó                | -----                         | 104    | 01:22:13.034 | 00:13:42.028 |
| 3                | Elisabete Pisco            | -----                         | 102    | 01:27:14.733 | 00:18:43.727 |
| 4                | Isabel Soares              | Junta de Freguesia de Cabrela | 118    | 01:30:13.118 | 00:21:42.112 |