Trail da Lomba 2017
Gondomar
04-June-2017

TRAIL CURTO - STAGE 1 — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	16ºC	63%
End	13:28	16ºC	63%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1076	Tiago Pinto	douroconta - gabinete de apoio e contabilidade	Senior Masculino	59:51		04:36
2	1054	Camilo Guedes	clube do pessoal aguas gaia	Veterano M40	01:01:50	+01:59	04:45
3	1481	Carlos Queiros	a.d. amarante trail running	Senior Masculino	01:02:45	+02:53	04:50
4	1349	Sergio Silva	mss contabilidade	Senior Masculino	01:03:32	+03:41	04:53
5	1073	Diogo Parente	douroconta - gabinete de apoio e contabilidade	Senior Masculino	01:05:19	+05:28	05:02
6	1074	Ricardo Barros	douroconta - gabinete de apoio e contabilidade	Senior Masculino	01:07:36	+07:44	05:12
7	1121	Patrick Marques	fridão sem limites	Veterano M40	01:07:56	+08:04	05:14
8	1056	José Adelino	clube do pessoal aguas gaia	Veterano M50	01:08:42	+08:51	05:17
9	1075	Rogério Moreira	douroconta - gabinete de apoio e contabilidade	Senior Masculino	01:09:19	+09:28	05:20
10	1136	Hélio Dias	hsantamariart	Senior Masculino	01:09:39	+09:47	05:21
11	1122	Paulo sousa	fridão sem limites	Veterano M40	01:10:37	+10:46	05:26
12	1318	Fernando Gomes	kemedo team	Veterano M40	01:10:47	+10:55	05:27
13	1477	João Oliveira	trinca orelhas de gato	Senior Masculino	01:13:01	+13:09	05:37
14	1370	Bruno Martins	nascidos para correr	Senior Masculino	01:13:50	+13:58	05:41
15	1382	Manuel Cardoso	nascidos para correr	Veterano M50	01:13:50	+13:58	05:41
16	1051	Valter Gouveia	centro ciclista de gondomar	Senior Masculino	01:13:54	+14:03	05:41
17	1347	Ibraim Sousa	mss contabilidade	Senior Masculino	01:13:54	+14:03	05:41
18	1360	António Fernandes	mss contabilidade	Veterano M40	01:14:02	+14:11	05:42
19	1424	Paulo Reis	running esmoriz	Senior Masculino	01:14:11	+14:19	05:42
20	1069	Rui Tavares	ddt runners	Senior Masculino	01:14:59	+15:08	05:46
21	1053	Jorge Silva	centro ciclista de gondomar	Veterano M50	01:15:33	+15:42	05:49
22	1055	Silverio Santos	clube do pessoal aguas gaia	Veterano M40	01:15:41	+15:49	05:49
23	1379	Carlos Ferreira	nascidos para correr	Veterano M40	01:15:50	+15:59	05:50
24	1307	Jorge Manuel Marques Moutinho	juventude desportiva de gondomar	Senior Masculino	01:15:58	+16:06	05:51
25	1311	Agostinho da Silva Neves	juventude desportiva de gondomar	Veterano M60	01:16:07	+16:16	05:51
26	1078	Cláudio Monteiro	douroconta - gabinete de apoio e contabilidade	Veterano M40	01:16:15	+16:24	05:52
27	1416	Diana Ferreira	run4life	Senior Feminino	01:16:19	+16:28	05:52
28	1123	Paulo Amadeu	gaia trail	Veterano M40	01:16:31	+16:40	05:53
29	1460	Nuno Barros	trinca orelhas de gato	Veterano M40	01:17:59	+18:07	06:00
30	1434	Rui Bessa	sob efeito trail	Senior Masculino	01:18:17	+18:26	06:01
31	1458	Fernando Pereira	trinca orelhas de gato	Veterano M40	01:18:24	+18:32	06:02
32	1473	Sérgio Gomes	trinca orelhas de gato	Veterano M40	01:18:25	+18:33	06:02
33	1474	Victor Cardoso	trinca orelhas de gato	Veterano M40	01:18:43	+18:52	06:03
34	1417	Gloria Pinto	run4life	Veterana F40	01:18:53	+19:02	06:04
35	1308	Pedro Miguel de Ascensão Neves	juventude desportiva de gondomar	Senior Masculino	01:19:19	+19:27	06:06
36	1327	José Pinto	maisfit runners	Veterano M40	01:19:19	+19:27	06:06
37	1193	Marco Vasconcelos	individual	Senior Masculino	01:19:51	+20:00	06:09
38	1383	Anibal Silva	nascidos para correr	Veterano M60	01:20:15	+20:23	06:10
39	1212	Rui Dias	individual	Senior Masculino	01:20:15	+20:24	06:10

TRAIL CURTO - STAGE 1 — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
40	1014	Tiago Monteiro	alto relevo clube de montanhismo	Senior Masculino	01:21:20	+21:28	06:15
41	1077	António Azevedo	douroconta - gabinete de apoio e contabilidade	Veterano M40	01:21:33	+21:41	06:16
42	1452	Jorge Beliago	trinca orelhas de gato	Senior Masculino	01:22:20	+22:28	06:20
43	1380	Francisco Dias	nascidos para correr	Veterano M40	01:22:54	+23:03	06:23
44	1450	Carlos Silva	trinca orelhas de gato	Senior Masculino	01:23:38	+23:47	06:26
45	1478	Fernanda Machado	trinca orelhas de gato	Senior Feminino	01:23:59	+24:07	06:28
46	1472	Vicente Sousa	trinca orelhas de gato	Senior Masculino	01:24:03	+24:12	06:28
47	1279	Paulo Fernandes	individual	Veterano M40	01:24:04	+24:12	06:28
48	1255	André oliveira	individual	Veterano M40	01:24:33	+24:41	06:30
49	1461	Pedro Gomes	trinca orelhas de gato	Veterano M40	01:24:53	+25:02	06:32
50	1190	Joel Coelho	individual	Senior Masculino	01:24:56	+25:05	06:32
51	1060	andrea cunha	danados	Senior Feminino	01:25:03	+25:11	06:33
52	1371	José Andrade	nascidos para correr	Senior Masculino	01:25:16	+25:25	06:34
53	1119	PAULO MACHADO	ffit gaia trail	Veterano M40	01:26:18	+26:27	06:38
54	1197	Nuno fidalgo	individual	Senior Masculino	01:26:22	+26:31	06:39
55	1369	Bruno Ferreira	nascidos para correr	Senior Masculino	01:27:23	+27:31	06:43
56	1269	José Manuel de Sá Ferreira	individual	Veterano M40	01:27:29	+27:37	06:44
57	1187	Duarte dias	individual	Senior Masculino	01:27:50	+27:59	06:45
58	1332	Manuel Matos	manquinhos	Veterano M60	01:28:46	+28:54	06:50
59	1211	Ruben Moreira	individual	Senior Masculino	01:28:52	+29:00	06:50
60	1296	José Paulo Cardoso	individual	Veterano M50	01:28:55	+29:03	06:50
61	1050	Luis Filipe Rocha	câmara municipal de gondomar	Veterano M40	01:29:14	+29:22	06:52
62	1208	Ricardo Santos Couto	individual	Senior Masculino	01:29:15	+29:23	06:52
63	1200	Paulo Filipe Nunes	individual	Senior Masculino	01:29:57	+30:06	06:55
64	1079	Rui Marques	douroconta - gabinete de apoio e contabilidade	Veterano M40	01:31:15	+31:24	07:01
65	1083	Fernando Oliveira	engomadoria l&a team	Veterano M40	01:31:21	+31:30	07:02
66	1057	Pedro Cancelo	clube zupper	Senior Masculino	01:31:27	+31:35	07:02
67	1093	Vasco Fonseca	equipa joão ferreira	Senior Masculino	01:31:48	+31:57	07:04
68	1104	Francisco Fonseca	equipa joão ferreira	Veterano M40	01:31:50	+31:59	07:04
69	1103	Artur Cardoso	equipa joão ferreira	Veterano M40	01:32:10	+32:19	07:05
70	1304	Manuel Emidio	individual	Veterano M60	01:33:37	+33:45	07:12
71	1207	Ricardo Rocha	individual	Senior Masculino	01:33:37	+33:45	07:12
72	1276	Nelson silva	individual	Veterano M40	01:33:37	+33:46	07:12
73	1133	Diana Alexandra Dias Leite Santos	gtt-armazém do caffè	Senior Feminino	01:33:38	+33:46	07:12
74	1023	José Luis Leal	amigos sem limites	Veterano M40	01:34:07	+34:15	07:14
75	1418	Nuno Gonçalves	run4life	Senior Masculino	01:34:09	+34:17	07:15
76	1181	Abel Filipe Lameiras Cardoso	individual	Senior Masculino	01:35:03	+35:11	07:19
77	1038	Rui Rocha	brincalhões	Veterano M40	01:35:08	+35:17	07:19
78	1013	Telmo Rocha	alto relevo clube de montanhismo	Senior Masculino	01:35:15	+35:23	07:20
79	1015	António Ochoa	alto relevo clube de montanhismo	Veterano M40	01:35:16	+35:24	07:20
80	1482	Avelino Pereira	sucupira on tour	Veterano M60	01:35:17	+35:26	07:20
81	1302	Joaquim Amieiro	individual	Veterano M60	01:35:43	+35:52	07:22
82	119	Pedro Almeida	individual	Senior Masculino	01:35:50	+35:58	07:22
83	1275	Nelson couto	individual	Veterano M40	01:35:54	+36:03	07:23
84	1188	Fábio Rodrigues	individual	Senior Masculino	01:35:57	+36:05	07:23

TRAIL CURTO - STAGE 1 — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	1020	Tó Faria	amigos sem limites	Senior Masculino	01:35:58	+36:07	07:23
86	1459	Miguel Costa	trinca orelhas de gato	Veterano M40	01:36:45	+36:54	07:27
87	1436	Manuel Gomes	team shark	Senior Masculino	01:36:48	+36:57	07:27
88	12	Artur Silva	all about	Veterano M50	01:36:49	+36:57	07:27
89	1202	Pedro Ferreira	individual	Senior Masculino	01:36:59	+37:07	07:28
90	1455	Alcino Tavares	trinca orelhas de gato	Veterano M40	01:37:04	+37:13	07:28
91	1003	Bruno Ribeiro	acrorunners	Senior Masculino	01:37:23	+37:31	07:29
92	1263	César Rocha	individual	Veterano M40	01:37:51	+37:59	07:32
93	1277	Nuno Miguel Magalhães da Silva Cabral	individual	Veterano M40	01:37:52	+38:01	07:32
94	1091	João Ferreira	equipa joão ferreira	Senior Masculino	01:37:55	+38:04	07:32
95	1331	Fernando Teixeira	manquinhos	Veterano M60	01:37:58	+38:07	07:32
96	198	Bruno Castelo	os aventureiros	Senior Masculino	01:38:00	+38:08	07:32
97	1393	Vanessa Santos	os aventureiros	Senior Feminino	01:38:00	+38:09	07:32
98	1433	Pedro Oliveira	sob efeito trail	Senior Masculino	01:38:23	+38:32	07:34
99	1196	Nelson rocha	individual	Senior Masculino	01:39:11	+39:19	07:38
100	1226	Isabel Dias	individual	Veterana F40	01:39:12	+39:20	07:38
101	1485	Tania Mendes	individual	Senior Feminino	01:39:13	+39:22	07:38
102	1278	Paulo Cesar Queiros da rocha	individual	Veterano M40	01:39:14	+39:23	07:38
103	1301	António Fernandes	individual	Veterano M60	01:39:33	+39:41	07:39
104	1386	Tania Cardoso	nocturnos de paredes	Senior Feminino	01:40:12	+40:20	07:42
105	1389	João fonseca	os amigos de s.pedro da cova	Senior Masculino	01:40:16	+40:24	07:43
106	1390	Serafim fonseca	os amigos de s.pedro da cova	Veterano M60	01:40:17	+40:25	07:43
107	1185	ANDRE PINHO	individual	Senior Masculino	01:40:23	+40:31	07:43
108	1281	PEDRO FERREIRA	individual	Veterano M40	01:40:23	+40:32	07:43
109	1052	Marlene Martins	centro ciclista de gondomar	Veterana F40	01:40:37	+40:45	07:44
110	1033	RICARDO M FERREIRA	bk. run	Veterano M40	01:41:07	+41:15	07:47
111	1286	SALVADOR ROQUE FERNANDES DOS SANTOS	individual	Veterano M40	01:41:45	+41:53	07:50
112	1337	Liliana Magalhães	mountain runners	Senior Feminino	01:42:33	+42:41	07:53
113	1334	Helder Augusto Ferreira Camilo	moinhos run - adrm	Senior Masculino	01:42:33	+42:42	07:53
114	1030	sergio sousa	baltar trail runners	Veterano M40	01:43:13	+43:21	07:56
115	1005	Ricardo Brochado	acrorunners	Senior Masculino	01:43:55	+44:03	08:00
116	1006	João Cunha	acrorunners	Veterano M40	01:43:55	+44:03	08:00
117	1004	Pedro Vieira	acrorunners	Senior Masculino	01:43:55	+44:04	08:00
118	1036	Fátima Silva	brincalhões	Veterana F40	01:44:00	+44:09	08:00
119	1364	Alvaro Silva	mss contabilidade	Veterano M50	01:44:01	+44:09	08:00
120	1035	Rúben Rocha	brincalhões	Senior Masculino	01:44:02	+44:11	08:00
121	1068	Ricardo Martins	ddt runners	Senior Masculino	01:44:19	+44:28	08:02
122	1435	Daniel Amaral	studio sun beauty	Senior Masculino	01:44:34	+44:42	08:03
123	1324	Tiago Ferreira	maisfit runners	Senior Masculino	01:44:36	+44:44	08:03
124	1194	Mário Rodrigues	individual	Senior Masculino	01:44:36	+44:44	08:03
125	1425	maria lucinda barbosa moreira	s. luiz	Veterana F50	01:44:40	+44:48	08:03
126	1427	augusto pinto barbosa	s. luiz	Veterano M50	01:44:40	+44:48	08:03
127	1261	Carlos Filipe Rola	individual	Veterano M40	01:44:53	+45:02	08:04
128	1463	Silvio Dias	trinca orelhas de gato	Veterano M40	01:44:56	+45:05	08:04
129	1448	António Loureiro	trepatrilhos trail team	Veterano M50	01:45:09	+45:18	08:05

TRAIL CURTO - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
130	1071	Paulo Ferreira	ddt runners	Veterano M40	01:45:10	+45:18	08:05
131	1346	Francisco Mendes	mss contabilidade	Senior Masculino	01:45:12	+45:21	08:06
132	1405	Luís Marques	pari passu	Senior Masculino	01:45:44	+45:53	08:08
133	1407	Pedro Santos	pari passu	Veterano M40	01:45:44	+45:53	08:08
134	1306	Paulo Jorge Ferreira Ribeiro	invicta runners team	Veterano M40	01:45:46	+45:54	08:08
135	1127	Rafaela Ribeiro	generosos runners	Senior Feminino	01:45:49	+45:57	08:08
136	1117	Filipe Coelho	ffit gaia trail	Veterano M40	01:45:51	+45:59	08:09
137	1184	Andre Oliveira	individual	Senior Masculino	01:45:53	+46:02	08:09
138	1203	Pedro Ricardo Leite Maia	individual	Senior Masculino	01:45:54	+46:02	08:09
139	1285	Rui Miguel de Castro Pereira	individual	Veterano M40	01:45:56	+46:04	08:09
140	1293	ISAAC BATISTA PEREIRA	individual	Veterano M50	01:46:00	+46:08	08:09
141	1471	José Teixeira	individual	Veterano M50	01:46:03	+46:11	08:09
142	1470	Daniel Filipe Costa Teixeira	individual	Senior Masculino	01:46:03	+46:11	08:09
143	1267	JORGE ALVES	individual	Veterano M40	01:46:23	+46:31	08:11
144	1420	Marta José Sousa	run4live	Senior Feminino	01:46:34	+46:42	08:12
145	1330	Manuel Teixeira	manquinhos	Veterano M50	01:46:40	+46:49	08:12
146	1329	André Coimbra	manquinhos	Senior Masculino	01:46:40	+46:49	08:12
147	1440	Ricardo Lento	trepatrilhos trail team	Senior Masculino	01:47:02	+47:10	08:14
148	1283	Pedro Miguel Cristóvão Próspero	individual	Veterano M40	01:47:03	+47:12	08:14
149	1419	Gualter Torres	run4life	Veterano M40	01:47:04	+47:12	08:14
150	1237	SANDRA LUISA MOURA NEVES	individual	Veterana F40	01:47:05	+47:14	08:14
151	1325	Cristina Ramalho	maisfit runners	Veterana F40	01:47:07	+47:15	08:14
152	1018	Alcino Silva	amigos sem limites	Senior Masculino	01:47:10	+47:19	08:15
153	1124	armandina torres	gdct incm	Veterana F40	01:47:15	+47:24	08:15
154	1178	Susana Mateus	individual	Senior Feminino	01:47:16	+47:24	08:15
155	1339	Claudia Sousa	mountain runners	Senior Feminino	01:47:22	+47:30	08:16
156	1272	Manuel Paiva	individual	Veterano M40	01:47:25	+47:34	08:16
157	1441	Rui Santos	trepatrilhos trail team	Senior Masculino	01:47:27	+47:36	08:16
158	1321	Catarina Santos	maisfit runners	Senior Feminino	01:47:52	+48:01	08:18
159	1289	Carlos almeida	individual	Veterano M50	01:47:53	+48:01	08:18
160	1100	Marisa Martingo	equipa joão ferreira	Veterana F40	01:47:53	+48:01	08:18
161	1319	Luis Gomes	kemedo team	Veterano M40	01:48:10	+48:19	08:19
162	1247	Maria CidaliaTeixeira Silva	individual	Veterana F50	01:48:29	+48:37	08:21
163	1428	Maria Carla Moreira Pacheco	sem limites	Veterana F40	01:48:29	+48:37	08:21
164	1429	José Fernando Ferreira Gonçalves	sem limites	Veterano M40	01:48:30	+48:38	08:21
165	1322	Gisela Branca	maisfit runners	Senior Feminino	01:48:39	+48:47	08:21
166	1338	Sónia Silva	mountain runners	Senior Feminino	01:48:40	+48:49	08:22
167	1431	Sandra Santos	sem stress	Senior Feminino	01:49:05	+49:13	08:23
168	1432	Victor Sousa	sem stress	Veterano M40	01:49:05	+49:13	08:23
169	1244	Cristina Moreira	individual	Veterana F50	01:49:15	+49:23	08:24
170	1090	Filipe Simões	equipa joão ferreira	Senior Masculino	01:49:49	+49:57	08:27
171	1099	Maria fonseca	equipa joão ferreira	Veterana F40	01:49:49	+49:58	08:27
172	1106	PAULO SILVA	equipa joão ferreira	Veterano M40	01:49:49	+49:58	08:27
173	1355	Sandra Pereira	mss contabilidade	Veterana F40	01:50:16	+50:24	08:29
174	1140	Andreia Filipa Lima Santos Cardoso	individual	Senior Feminino	01:50:20	+50:29	08:29

TRAIL CURTO - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
175	1109	Carla Ferreira	ffit gaia trail	Senior Feminino	01:50:48	+50:56	08:31
176	1335	Cláudia Costa	moreira relax runners	Senior Feminino	01:50:48	+50:57	08:31
177	1113	Helder Filipe	ffit gaia trail	Senior Masculino	01:50:48	+50:57	08:31
178	1157	Isabel Nunes	individual	Senior Feminino	01:51:04	+51:13	08:33
179	1058	Maria Fátima Marques Ribeiro	clube zupper	Veterana F50	01:51:13	+51:21	08:33
180	1240	Paula Soares	clube zupper	Veterana F40	01:51:13	+51:21	08:33
181	1150	Claudia marina moreira da silva	individual	Senior Feminino	01:51:45	+51:53	08:36
182	1173	Silvia carina moreira da silva	individual	Senior Feminino	01:51:45	+51:53	08:36
183	1080	Márcia Coelho	ei team trail	Senior Feminino	01:51:46	+51:54	08:36
184	1284	Ricardo Filipe Breyd Carvalho	individual	Veterano M40	01:51:46	+51:54	08:36
185	1089	Xana Ribeiro	equipa joão ferreira	Senior Feminino	01:51:47	+51:55	08:36
186	1316	Rita Leal	kemedo team	Senior Feminino	01:51:59	+52:08	08:37
187	1288	Alfredo Viana	individual	Veterano M50	01:52:01	+52:09	08:37
188	1115	Sandra Lopes	ffit gaia trail	Veterana F40	01:52:45	+52:54	08:40
189	1098	Isabel Pinto	equipa joão ferreira	Veterana F40	01:52:59	+53:07	08:41
190	1102	Sandra Cunha	equipa joão ferreira	Veterana F40	01:52:59	+53:08	08:42
191	1270	JOSÉ MANUEL SILVA ALVES	individual	Veterano M40	01:53:06	+53:14	08:42
192	1216	Sérgio Pereira	individual	Senior Masculino	01:53:30	+53:38	08:44
193	259	Sérgio Pereira	trepatrilhostrailteam	Veterano M50	01:53:42	+53:50	08:45
194	1447	Pedro Sousa	trepatrilhos trail team	Veterano M40	01:53:42	+53:50	08:45
195	1059	Raul CUnha	cunhax	Veterano M40	01:54:28	+54:36	08:48
196	1095	Claúdia Cunha	equipa joão ferreira	Veterana F40	01:54:34	+54:43	08:49
197	1219	Alexandra Bessa	individual	Veterana F40	01:54:39	+54:47	08:49
198	1258	ANTÓNIO PINTO	individual	Veterano M40	01:54:41	+54:50	08:49
199	1484	Paula Soares	clube zupper	Veterana F40	01:54:48	+54:56	08:50
200	1129	Horacio Ferreira	generosos runners	Senior Masculino	01:54:50	+54:59	08:50
201	1298	Manuel Ferreira	individual	Veterano M50	01:55:08	+55:17	08:51
202	1384	Maria Moutinho	nocturnos de paredes	Senior Feminino	01:55:17	+55:25	08:52
203	1385	Sandra Machado	nocturnos de paredes	Senior Feminino	01:55:17	+55:25	08:52
204	1107	Ana Raquel Cruz	ffit gaia trail	Senior Feminino	01:55:26	+55:35	08:53
205	1026	Glória Santos	arcorun	Veterana F50	01:55:27	+55:35	08:53
206	1085	Inês Ribeiro	equipa joão ferreira	Senior Feminino	01:55:28	+55:37	08:53
207	1028	Susana Costa Ramos	atalanta runners	Senior Feminino	01:55:32	+55:40	08:53
208	1246	Jacinta Almeida	individual	Veterana F50	01:56:16	+56:25	08:57
209	1094	Célia Aroso	equipa joão ferreira	Veterana F40	01:56:20	+56:28	08:57
210	1149	Cláudia Barros	individual	Senior Feminino	01:56:26	+56:35	08:57
211	1430	Juliana Melo	sem stress	Senior Feminino	01:56:46	+56:54	08:59
212	1487	Cristina	running team maia	Senior Feminino	01:56:48	+56:57	08:59
213	1034	Inês Silva	brincalhões	Senior Feminino	01:57:01	+57:09	09:00
214	1406	Jorge Ferreira	pari passu	Veterano M40	01:57:23	+57:32	09:02
215	1451	Eduardo Morata	trinca orelhas de gato	Senior Masculino	01:57:24	+57:32	09:02
216	1317	Anabels Gomes	kemedo team	Veterana F40	01:58:22	+58:30	09:06
217	1395	Manuel Moura	os barriguitas	Veterano M60	01:58:45	+58:53	09:08
218	1205	Ricardo Couto	individual	Senior Masculino	01:58:59	+59:07	09:09
219	1217	Tito José Sousa Abreu	individual	Senior Masculino	01:58:59	+59:07	09:09
220	1403	Ana Alves	papatrails	Veterana F40	01:59:20	+59:28	09:11

TRAIL CURTO - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
221	1401	Monica Magalhaes	papatrails	Senior Feminino	01:59:20	+59:29	09:11
222	1166	Raquel Almeida	individual	Senior Feminino	01:59:23	+59:32	09:11
223	1282	Pedro Machado	individual	Veterano M40	01:59:28	+59:36	09:11
224	1210	Romeu Rodrigues	individual	Senior Masculino	01:59:48	+59:57	09:13
225	1192	Luis Alves	individual	Senior Masculino	01:59:48	+59:57	09:13
226	1116	Sonia Pires	ffit gaia trail	Veterana F40	01:59:49	+59:57	09:13
227	1421	Alexandra Pereira	runners and friends	Senior Feminino	01:59:49	+59:57	09:13
228	1236	Rosa Maria Mateus Gama	individual	Veterana F40	01:59:52	+01:00:00	09:13
229	1256	António Amadeu Teixeira Barbosa	individual	Veterano M40	01:59:52	+01:00:00	09:13
230	1422	Inês Arcos	runners and friends	Senior Feminino	01:59:53	+01:00:01	09:13
231	1125	Claudia Coelho	generosos runners	Senior Feminino	01:59:53	+01:00:02	09:13
232	1454	Agostinho Costa	trinca orelhas de gato	Veterano M40	02:00:03	+01:00:11	09:14
233	1387	Filipe Pinto	nocturnos de paredes	Senior Masculino	02:00:57	+01:01:05	09:18
234	1105	LUIS SILVA	equipa joão ferreira	Veterano M40	02:01:44	+01:01:52	09:22
235	1341	Cristina Vasques	mss contabilidade	Senior Feminino	02:02:15	+01:02:24	09:24
236	1361	Jorge Carvalho	mss contabilidade	Veterano M40	02:02:15	+01:02:24	09:24
237	1257	António Carvalho	individual	Veterano M40	02:02:55	+01:03:03	09:27
238	1143	AndreiaSilva	individual	Senior Feminino	02:03:10	+01:03:18	09:28
239	1156	Elsa Sousa	individual	Senior Feminino	02:03:13	+01:03:21	09:29
240	1326	Rosa Castro	maisfit runners	Veterana F40	02:03:15	+01:03:24	09:29
241	1314	Filipe Pinto	kandimba runners	Senior Masculino	02:03:29	+01:03:37	09:30
242	1342	Francisca Martins	mss contabilidade	Senior Feminino	02:04:01	+01:04:10	09:32
243	1259	Armando Jorge Pereira	individual	Veterano M40	02:04:02	+01:04:11	09:33
244	1230	Luisa Maria da Fonseca Barbosa	individual	Veterana F40	02:04:02	+01:04:11	09:33
245	1414	Frederico André Santos Vieira	psr	Senior Masculino	02:04:04	+01:04:12	09:33
246	1413	Bruno Ricardo Marques Guedes	psr	Senior Masculino	02:04:04	+01:04:12	09:33
247	1415	Vitor Manuel Almeida Martins	psr	Senior Masculino	02:04:04	+01:04:12	09:33
248	1204	Ricardo Amaral	individual	Senior Masculino	02:04:16	+01:04:24	09:34
249	1101	Rita Gonçalves	equipa joão ferreira	Veterana F40	02:04:30	+01:04:39	09:35
250	1437	Maria Alves	team shark	Veterana F50	02:05:17	+01:05:26	09:38
251	1303	Lénio Fernando Nogueira Marinho	individual	Veterano M60	02:05:38	+01:05:46	09:40
252	1402	Vitor Teixeira	papatrails	Senior Masculino	02:05:51	+01:05:59	09:41
253	1404	Jose Alves	papatrails	Veterano M40	02:06:04	+01:06:12	09:42
254	1486	Eulália Pinto	running team maia	Senior Feminino	02:06:05	+01:06:14	09:42
255	1400	Mafalda Alves	papatrails	Senior Feminino	02:06:10	+01:06:19	09:42
256	1309	Jorge Alberto do Carmo Cerqueira Teixeira	juventude desportiva de gondomar	Veterano M40	02:06:18	+01:06:27	09:43
257	1081	Ana Ferreira	ei team trail	Veterana F40	02:06:55	+01:07:03	09:46
258	1137	Ana Cristina Ferreira Moreira	individual	Senior Feminino	02:06:58	+01:07:07	09:46
259	1220	CIDALIA PEIXOTO	individual	Veterana F40	02:07:00	+01:07:08	09:46
260	1439	Bebiana Loureiro	trepatrilhos trail team	Senior Feminino	02:08:11	+01:08:20	09:52
261	1392	Fernanda Castelo	os aventureiros	Senior Feminino	02:08:12	+01:08:21	09:52
262	1391	André Ferreira Pinto de Oliveira	os amigos do costume	Veterano M40	02:09:02	+01:09:11	09:56
263	1320	Vanda Miranda	magical mushrooms	Senior Feminino	02:09:25	+01:09:34	09:57
264	1183	André Manuel Maria Moreira	individual	Senior Masculino	02:09:28	+01:09:37	09:58
265	1215	Sérgio Miguel Maria Moreira	individual	Senior Masculino	02:09:29	+01:09:37	09:58

TRAIL CURTO - STAGE 1 — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
266	1253	Maria do Céu Ferreira	individual	Veterana F60	02:09:49	+01:09:57	09:59
267	1066	Marina Ramalho	ddt runners	Senior Feminino	02:09:50	+01:09:59	09:59
268	1408	Filipe Ferreira	pfsb runners	Senior Masculino	02:10:00	+01:10:08	10:00
269	1300	Rui Silva	individual	Veterano M50	02:10:06	+01:10:15	10:01
270	1154	Eli Maia	individual	Senior Feminino	02:10:06	+01:10:15	10:01
271	1290	Germano Moura	individual	Veterano M50	02:10:17	+01:10:25	10:01
272	1394	ana rita sousa	os barriguitas	Senior Feminino	02:10:17	+01:10:25	10:01
273	1374	Rafael Dias	nascidos para correr	Senior Masculino	02:10:29	+01:10:37	10:02
274	1027	Anabela Seabra	atalanta runners	Senior Feminino	02:10:43	+01:10:51	10:03
275	1029	Pedro Rodrigues	atalanta runners	Senior Masculino	02:10:43	+01:10:52	10:03
276	1462	Sergio Rocha	trinca orelhas de gato	Veterano M40	02:10:46	+01:10:54	10:04
277	1466	Ana Almeida	velocidade lesma	Senior Feminino	02:10:52	+01:11:00	10:04
278	1381	José Paulo Neves	nascidos para correr	Veterano M50	02:12:15	+01:12:24	10:10
279	1250	Paulina soares	individual	Veterana F50	02:12:41	+01:12:49	10:12
280	1037	Armando Silva	brincalhões	Veterano M40	02:13:01	+01:13:10	10:14
281	1120	Sara Pereira	fift gaia trail	Senior Feminino	02:13:13	+01:13:22	10:15
282	1480	Rosa Bonifácio	individual	Veterana F40	02:13:16	+01:13:24	10:15
283	1410	silvia lima	porto run team	Senior Feminino	02:13:52	+01:14:00	10:18
284	1412	paulo lima	porto run team	Senior Masculino	02:13:52	+01:14:00	10:18
285	1411	filipe lima	porto run team	Senior Masculino	02:13:52	+01:14:01	10:18
286	1164	Monica Costa	individual	Senior Feminino	02:14:05	+01:14:13	10:19
287	1271	José Pinho	individual	Veterano M40	02:14:18	+01:14:27	10:20
288	1266	Francisco Caldas	individual	Veterano M40	02:14:19	+01:14:27	10:20
289	1130	Ana Paula Ferreira	generosos runners	Veterana F40	02:14:40	+01:14:49	10:22
290	1126	Maria Pinto	generosos runners	Senior Feminino	02:14:40	+01:14:49	10:22
291	1265	Filipe Moutinho	individual	Veterano M40	02:14:42	+01:14:51	10:22
292	1310	José Manuel Cerqueira do Carmo Teixeira	juventude desportiva de gondomar	Veterano M40	02:14:54	+01:15:02	10:23
293	1082	Sónia Machado	ei team trail	Veterana F40	02:15:16	+01:15:25	10:24
294	1399	Estela Oliveira	papatrails	Senior Feminino	02:15:20	+01:15:29	10:25
295	1186	Davide Fernande	individual	Senior Masculino	02:15:41	+01:15:49	10:26
296	1174	Silvia Cruz	individual	Senior Feminino	02:15:46	+01:15:55	10:27
297	1313	Liliana Coelho	kandimba runners	Senior Feminino	02:15:56	+01:16:05	10:27
298	1409	José Pereira	pm	Veterano M40	02:16:18	+01:16:26	10:29
299	1108	Ângela Cruz	ffit gaia trail	Senior Feminino	02:16:22	+01:16:30	10:29
300	1112	Carlos Matos	ffit gaia trail	Senior Masculino	02:16:22	+01:16:30	10:29
301	1063	luis fernandes	danados	Senior Masculino	02:17:03	+01:17:12	10:33
302	1064	ricardo ferreira	danados	Senior Masculino	02:17:10	+01:17:19	10:33
303	1479	Ana Catarino	individual	Senior Feminino	02:17:43	+01:17:52	10:36
304	1336	Rosa Costa	moreira relax runners	Veterana F50	02:18:03	+01:18:11	10:37
305	1249	Paula Teixeira	individual	Veterana F50	02:18:35	+01:18:43	10:40
306	1367	Sofia Dias	nascidos para correr	Senior Feminino	02:18:48	+01:18:56	10:41
307	1072	Magda Araujo	desliza team	Senior Feminino	02:19:21	+01:19:30	10:43
308	1169	Sandra ferreira	individual	Senior Feminino	02:19:24	+01:19:32	10:43
309	1163	Marta silva	individual	Senior Feminino	02:19:24	+01:19:33	10:43
310	1199	Paulo Amorim	individual	Senior Masculino	02:19:31	+01:19:39	10:44

TRAIL CURTO - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
311	1158	Joana Silva	individual	Senior Feminino	02:19:31	+01:19:39	10:44
312	1343	Marina Silva Sousa	mss contabilidade	Senior Feminino	02:19:48	+01:19:56	10:45
313	1483	Ana Gnçalves	individual	Senior Feminino	02:20:15	+01:20:24	10:47
314	1453	Luís Morata	trinca orelhas de gato	Senior Masculino	02:20:37	+01:20:45	10:49
315	1456	Carlos Anjos	trinca orelhas de gato	Veterano M40	02:20:38	+01:20:46	10:49
316	1245	Isaura Fernanda Moura Almeida Alves	individual	Veterana F50	02:20:38	+01:20:47	10:49
317	1096	Ines Nicolau Almeida	equipa joão ferreira	Veterana F40	02:20:49	+01:20:57	10:50
318	1067	Bruno Cardoso	ddt runners	Senior Masculino	02:21:04	+01:21:13	10:51
319	1086	Inês Soares	equipa joão ferreira	Senior Feminino	02:21:22	+01:21:30	10:52
320	1229	Manuel Silva	individual	Veterano M40	02:21:23	+01:21:32	10:53
321	1128	Sofia Tadeu	generosos runners	Senior Feminino	02:21:39	+01:21:47	10:54
322	1132	Rodrigo Ferraz	generosos runners	Veterano M40	02:21:39	+01:21:48	10:54
323	1225	Gabriela Patricia Marques Tavares	individual	Veterana F40	02:21:57	+01:22:06	10:55
324	1468	Sabrina Oliveira	sem stress	Senior Masculino	02:21:58	+01:22:06	10:55
325	1344	Raquel Marques	mss contabilidade	Senior Feminino	02:22:17	+01:22:25	10:57
326	1248	Marília Paiva	individual	Veterana F50	02:22:54	+01:23:02	11:00
327	1457	Carlos Conde	trinca orelhas de gato	Veterano M40	02:22:54	+01:23:03	11:00
328	1449	Ana Cristina	trinca orelhas de gato	Senior Feminino	02:22:55	+01:23:03	11:00
329	1191	Leandro Duarte	individual	Senior Masculino	02:23:41	+01:23:49	11:03
330	1170	Sandra Ferreira Couto	individual	Senior Feminino	02:23:43	+01:23:51	11:03
331	1423	Isabel Teixeira	runners and friends	Senior Feminino	02:23:43	+01:23:52	11:03
332	1242	Susana Gabriela Pinto Rodrigues	individual	Veterana F40	02:24:53	+01:25:02	11:09
333	1268	Jorge Nunes	individual	Veterano M40	02:25:30	+01:25:39	11:12
334	1162	Marisa Silva	individual	Senior Feminino	02:25:31	+01:25:39	11:12
335	1297	MANUEL ALMEIDA DIAS	individual	Veterano M50	02:25:37	+01:25:45	11:12
336	1442	Manuela Moura	trepatrilhos trail team	Veterana F40	02:26:18	+01:26:27	11:15
337	1159	Laura Manuela Barbosa da Silva	individual	Senior Feminino	02:26:21	+01:26:30	11:16
338	1025	Marta Carvalho	arcorun	Senior Feminino	02:26:38	+01:26:47	11:17
339	1111	Vera Silva	ffit gaia trail	Senior Feminino	02:26:39	+01:26:48	11:17
340	1114	Márcia Oliveira	ffit gaia trail	Veterana F40	02:26:39	+01:26:48	11:17
341	1118	João Moura	ffit gaia trail	Veterano M40	02:26:40	+01:26:48	11:17
342	1110	Diana Poças	ffit gaia trail	Senior Feminino	02:26:40	+01:26:48	11:17
343	1467	Catarina Figueiredo	velocidade lesma	Senior Feminino	02:27:40	+01:27:48	11:22
344	1445	Luisa Gomes	trepatrilhos trail team	Veterana F50	02:28:39	+01:28:48	11:26
345	1061	anita silva	danados	Senior Feminino	02:29:25	+01:29:34	11:30
346	1065	elsa dias	danados	Veterana F40	02:29:25	+01:29:34	11:30
347	1254	Maria Filomena Venâncio Lopes Marcelo	individual	Veterana F60	02:29:38	+01:29:47	11:31
348	1189	Fernando Azevedo	individual	Senior Masculino	02:30:07	+01:30:16	11:33
349	1180	Vânia Miranda	individual	Senior Feminino	02:30:24	+01:30:32	11:34
350	1155	Elsa Marina Alves Silva	individual	Senior Feminino	02:31:03	+01:31:11	11:37
351	1160	Liliana Vasconcelos	individual	Senior Feminino	02:31:03	+01:31:11	11:37
352	1305	CARLA SANTOS	invicta runners team	Veterana F40	02:31:05	+01:31:14	11:37
353	1168	Rosana Costa	individual	Senior Feminino	02:31:05	+01:31:14	11:37
354	1438	Paula Salgado	team shark	Veterana F50	02:31:11	+01:31:19	11:38
355	1008	Maria Jose	all about	Veterana F40	02:31:11	+01:31:19	11:38

TRAIL CURTO - STAGE 1

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
356	1152	Dália Costa	individual	Senior Feminino	02:31:16	+01:31:24	11:38
357	1206	Ricardo Lopes	individual	Senior Masculino	02:31:16	+01:31:25	11:38
358	1224	Fátima Rodrigues	individual	Veterana F40	02:31:25	+01:31:33	11:39
359	1243	Ana Ferreira	individual	Veterana F50	02:31:25	+01:31:33	11:39
360	1291	Henrique Vidal	individual	Veterano M50	02:32:32	+01:32:40	11:44
361	1476	Paula Silva	individual	Veterano M40	02:33:53	+01:34:01	11:50
362	1046	Marco Martins	câmara municipal de gondomar	Senior Masculino	02:33:53	+01:34:02	11:50
363	1148	carla dinis	individual	Senior Feminino	02:34:44	+01:34:52	11:54
364	1088	Vera Couto	equipa joão ferreira	Senior Feminino	02:39:48	+01:39:56	12:18
365	1011	Ana Maria Moreira	all about	Veterana F60	02:40:18	+01:40:27	12:20
366	1135	Augusto Sousa	homes4living	Veterano M40	02:42:43	+01:42:51	12:31
367	1134	Alexandra Simões	homes4living	Veterana F40	02:42:44	+01:42:52	12:31
368	1031	SONIA SANTOS	bff	Senior Feminino	02:43:06	+01:43:14	12:33
369	1032	ANA JOSU	bff	Veterana F40	02:43:06	+01:43:14	12:33
370	1009	Susana Rito	all about	Veterana F40	02:43:08	+01:43:16	12:33
371	1352	Elsa Santos	mss contabilidade	Veterana F40	02:43:47	+01:43:55	12:36
372	1362	Pedro Oliveira	mss contabilidade	Veterano M40	02:43:47	+01:43:56	12:36
373	1350	Ana Duarte	mss contabilidade	Veterana F40	02:43:47	+01:43:56	12:36
374	1141	Andreia Gonçalves	individual	Senior Feminino	02:44:55	+01:45:04	12:41
375	1138	Ana Ferreira	individual	Senior Feminino	02:44:55	+01:45:04	12:41
376	1177	susana maria ferreira gomes	individual	Senior Feminino	02:45:26	+01:45:35	12:44
377	1167	raquel cristina silva oliveira	individual	Senior Feminino	02:45:26	+01:45:35	12:44
378	1144	Bárbara Sofia Coelho Feio	individual	Senior Feminino	02:45:27	+01:45:35	12:44
379	1182	André Correia	individual	Senior Masculino	02:47:11	+01:47:19	12:52
380	1171	Sandra goncalves	individual	Senior Feminino	02:48:32	+01:48:40	12:58
381	1016	Cláudia Silva	amigos sem limites	Senior Feminino	02:49:42	+01:49:51	13:03
382	1222	Cris Santiago	individual	Veterana F40	02:50:07	+01:50:15	13:05
383	1017	Liliana Gomes	amigos sem limites	Senior Feminino	02:50:11	+01:50:20	13:06
384	1375	Cristina Moreira	nascidos para correr	Veterana F40	02:51:13	+01:51:21	13:10
385	1365	Elisabete Moreira	nascidos para correr	Senior Feminino	02:51:13	+01:51:21	13:10
386	1366	Emanuela Gonçalves	nascidos para correr	Senior Feminino	02:51:13	+01:51:22	13:10
387	1388	Elissa Araujo	nocturnos de paredes	Senior Feminino	02:51:59	+01:52:07	13:14
388	1333	Paula Cristina Vieira Alves de Jesus	margaridas	Senior Feminino	02:52:53	+01:53:02	13:18
389	1372	Marco Sousa	nascidos para correr	Senior Masculino	02:53:09	+01:53:17	13:19
390	1373	Pedro Carvalho	nascidos para correr	Senior Masculino	02:53:41	+01:53:50	13:22
391	1368	Sofia Reis	nascidos para correr	Senior Feminino	02:54:34	+01:54:43	13:26
392	1377	Margarida Silva	nascidos para correr	Veterana F40	02:54:34	+01:54:43	13:26
393	1351	Anabela Magalhães	mss contabilidade	Veterana F40	02:54:38	+01:54:46	13:26
394	1359	Rosa Maria Castro	mss contabilidade	Veterana F50	02:54:38	+01:54:46	13:26
395	1022	Maria Ferreira	amigos sem limites	Veterana F50	02:55:00	+01:55:09	13:28
396	1021	Rosa Costa	amigos sem limites	Veterana F40	02:55:00	+01:55:09	13:28
397	1048	Elizabete Ferreira	câmara municipal de gondomar	Veterana F40	02:55:20	+01:55:29	13:29
398	1488	Sandra Almeida	câmara municipal de gondomar	Veterana F40	02:55:20	+01:55:29	13:29
399	1446	Manuela Sarmento	trepatrilhos trail team	Veterana F50	02:55:31	+01:55:39	13:30
400	1353	Fátima Sousa	mss contabilidade	Veterana F40	02:57:04	+01:57:13	13:37

TRAIL CURTO - STAGE 1 — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
401	1012	Rui Santos	all about	Veterano M40	02:57:06	+01:57:15	13:37
402	1010	Susana Silva	all about	Veterana F40	02:57:10	+01:57:18	13:38
403	1007	Ana Reis	all about	Veterana F40	02:57:14	+01:57:23	13:38
404	1273	Mario Azevedo	individual	Veterano M40	03:01:09	+02:01:17	13:56
405	1239	sandra ribeiro	individual	Veterana F40	03:01:09	+02:01:17	13:56
406	1232	maria sousa	individual	Veterana F40	03:01:11	+02:01:19	13:56
407	1241	Sara azevedo	individual	Veterana F40	03:01:11	+02:01:20	13:56
408	1354	Irene Bastos	mss contabilidade	Veterana F40	03:06:23	+02:06:31	14:20
409	1357	Belmira Moreira	mss contabilidade	Veterana F50	03:06:23	+02:06:32	14:20
410	1358	Maria João Mesquita	mss contabilidade	Veterana F50	03:06:23	+02:06:32	14:20
411	1019	Ricardo Leal	amigos sem limites	Senior Masculino	03:07:40	+02:07:49	14:26
412	1146	Bruna Oliveira	individual	Senior Feminino	03:15:28	+02:15:36	15:02
413	1176	Susana Alexandra Azevedo Duarte	individual	Senior Feminino	03:17:23	+02:17:32	15:11
414	1227	Isabel Martins	individual	Veterana F40	03:19:15	+02:19:23	15:20
415	1294	José Fernando Moreira Martins	individual	Veterano M50	03:19:15	+02:19:24	15:20
416	1376	Fatima Bem	nascidos para correr	Veterana F40	03:19:40	+02:19:48	15:22
417	1378	Paula Madeira	nascidos para correr	Veterana F40	03:19:40	+02:19:49	15:22
418	1165	Paula Sousa	individual	Senior Feminino	03:19:40	+02:19:49	15:22
419	1234	Paula Cristina Campos Pinto	individual	Veterana F40	03:29:10	+02:29:18	16:05
420	1213	Saulo Emanuel Pinho Oliveira Santos	individual	Senior Masculino	03:32:21	+02:32:29	16:20
421	1039	Sónia Silveira	bute lá	Senior Feminino	03:35:48	+02:35:56	16:36
422	1172	Sara Barbosa	individual	Senior Feminino	03:35:48	+02:35:56	16:36
423	1287	Vitor Leite	individual	Veterano M40	03:35:48	+02:35:57	16:36
424	1040	João Santos	bute lá	Senior Masculino	03:35:48	+02:35:57	16:36
425	1042	Aderito Marques	bute lá	Veterano M40	03:35:49	+02:35:58	16:36
426	1043	Jorge Gomes	bute lá	Veterano M40	03:35:49	+02:35:58	16:36
427	1041	Susana Marques	bute lá	Veterana F40	03:35:50	+02:35:58	16:36
428	1356	Ana Machado	mss contabilidade	Veterana F50	03:47:28	+02:47:37	17:30
429	1218	Ana Diniz	individual	Veterana F40	03:56:36	+02:56:44	18:12
430	1340	Barbara Nunes	mss contabilidade	Senior Feminino	03:56:36	+02:56:44	18:12
431	1142	Andreia Oliveira Ferreira	individual	Senior Feminino	03:56:43	+02:56:52	18:13
432	1345	André Santos	mss contabilidade	Senior Masculino	03:56:44	+02:56:52	18:13

Trail da Lomba 2017
Gondomar
04-June-2017

Trail Curto — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	16ºC	63%
End	13:28	16ºC	63%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1416	Diana Ferreira	Run4life	Senior Feminino	01:16:19		05:52
2	1478	Fernanda Machado	Trinca Orelhas de Gato	Senior Feminino	01:23:59	+07:39	06:28
3	1060	andrea cunha	Danados	Senior Feminino	01:25:03	+08:43	06:33
4	1133	Diana Alexandra Dias Leite Santos	GTT-ARMAZÉM DO CAFFÈ	Senior Feminino	01:33:38	+17:18	07:12
5	1393	Vanessa Santos	os aventureiros	Senior Feminino	01:38:00	+21:41	07:32
6	1485	Tania Mendes	Individual	Senior Feminino	01:39:13	+22:54	07:38
7	1386	Tania Cardoso	Nocturnos de Paredes	Senior Feminino	01:40:12	+23:52	07:42
8	1337	Liliana Magalhães	Mountain Runners	Senior Feminino	01:42:33	+26:13	07:53
9	1127	Rafaela Ribeiro	GENEROSOS RUNNERS	Senior Feminino	01:45:49	+29:29	08:08
10	1420	Marta José Sousa	Run4live	Senior Feminino	01:46:34	+30:14	08:12
11	1178	Susana Mateus	Individual	Senior Feminino	01:47:16	+30:56	08:15
12	1339	Claudia Sousa	Mountain Runners	Senior Feminino	01:47:22	+31:02	08:16
13	1321	Catarina Santos	MAISFIT RUNNERS	Senior Feminino	01:47:52	+31:33	08:18
14	1322	Gisela Branca	Maisfit runners	Senior Feminino	01:48:39	+32:19	08:21
15	1338	Sónia Silva	Mountain Runners	Senior Feminino	01:48:40	+32:21	08:22
16	1431	Sandra Santos	Sem Stress	Senior Feminino	01:49:05	+32:45	08:23
17	1140	Andreia Filipa Lima Santos Cardoso	Individual	Senior Feminino	01:50:20	+34:01	08:29
18	1109	Carla Ferreira	FFIT GAIA TRAIL	Senior Feminino	01:50:48	+34:28	08:31
19	1335	Cláudia Costa	Moreira Relax Runners	Senior Feminino	01:50:48	+34:29	08:31
20	1157	Isabel Nunes	Individual	Senior Feminino	01:51:04	+34:45	08:33
21	1150	Claudia marina moreira da silva	Individual	Senior Feminino	01:51:45	+35:25	08:36
22	1173	Silvia carina moreira da silva	Individual	Senior Feminino	01:51:45	+35:25	08:36
23	1080	Márcia Coelho	Ei Team Trail	Senior Feminino	01:51:46	+35:26	08:36
24	1089	Xana Ribeiro	Equipa João Ferreira	Senior Feminino	01:51:47	+35:27	08:36
25	1316	Rita Leal	KeMedo Team	Senior Feminino	01:51:59	+35:40	08:37
26	1384	Maria Moutinho	Nocturnos de Paredes	Senior Feminino	01:55:17	+38:57	08:52
27	1385	Sandra Machado	Nocturnos de Paredes	Senior Feminino	01:55:17	+38:57	08:52
28	1107	Ana Raquel Cruz	FFIT GAIA TRAIL	Senior Feminino	01:55:26	+39:07	08:53
29	1085	Inês Ribeiro	Equipa João Ferreira	Senior Feminino	01:55:28	+39:09	08:53
30	1028	Susana Costa Ramos	ATALANTA runners	Senior Feminino	01:55:32	+39:12	08:53
31	1149	Cláudia Barros	Individual	Senior Feminino	01:56:26	+40:07	08:57
32	1430	Juliana Melo	Sem Stress	Senior Feminino	01:56:46	+40:26	08:59
33	1487	Cristina	RUNNING TEAM MAIA	Senior Feminino	01:56:48	+40:29	08:59
34	1034	Inês Silva	Brincalhões	Senior Feminino	01:57:01	+40:41	09:00
35	1401	Monica Magalhaes	PAPATRAILS	Senior Feminino	01:59:20	+43:01	09:11
36	1166	Raquel Almeida	Individual	Senior Feminino	01:59:23	+43:04	09:11
37	1421	Alexandra Pereira	runners and friends	Senior Feminino	01:59:49	+43:29	09:13
38	1422	Inês Arcos	runners and friends	Senior Feminino	01:59:53	+43:33	09:13
39	1125	Claudia Coelho	GENEROSOS RUNNERS	Senior Feminino	01:59:53	+43:34	09:13

Trail Curto

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

40	1341	Cristina Vasques	MSS CONTABILIDADE	Senior Feminino	02:02:15	+45:56	09:24
41	1143	AndreiaSilva	Individual	Senior Feminino	02:03:10	+46:50	09:28
42	1156	Elsa Sousa	Individual	Senior Feminino	02:03:13	+46:53	09:29
43	1342	Francisca Martins	MSS CONTABILIDADE	Senior Feminino	02:04:01	+47:42	09:32
44	1486	Eulália Pinto	RUNNING TEAM MAIA	Senior Feminino	02:06:05	+49:46	09:42
45	1400	Mafalda Alves	PAPATRAILS	Senior Feminino	02:06:10	+49:51	09:42
46	1137	Ana Cristina Ferreira Moreira	Individual	Senior Feminino	02:06:58	+50:39	09:46
47	1439	Bebiana Loureiro	TrepaTrilhos Trail Team	Senior Feminino	02:08:11	+51:52	09:52
48	1392	Fernanda Castelo	os aventureiros	Senior Feminino	02:08:12	+51:53	09:52
49	1320	Vanda Miranda	Magical Mushrooms	Senior Feminino	02:09:25	+53:06	09:57
50	1066	Marina Ramalho	DDT Runners	Senior Feminino	02:09:50	+53:31	09:59
51	1154	Eli Maia	Individual	Senior Feminino	02:10:06	+53:47	10:01
52	1394	ana rita sousa	OS BARRIGUITAS	Senior Feminino	02:10:17	+53:57	10:01
53	1027	Anabela Seabra	ATALANTA runners	Senior Feminino	02:10:43	+54:23	10:03
54	1466	Ana Almeida	Velocidade Lesma	Senior Feminino	02:10:52	+54:32	10:04
55	1120	Sara Pereira	Fift Gaia Trail	Senior Feminino	02:13:13	+56:54	10:15
56	1410	silvia lima	PORTO RUN TEAM	Senior Feminino	02:13:52	+57:32	10:18
57	1164	Monica Costa	Individual	Senior Feminino	02:14:05	+57:45	10:19
58	1126	Maria Pinto	GENEROSOS RUNNERS	Senior Feminino	02:14:40	+58:21	10:22
59	1399	Estela Oliveira	PAPATRAILS	Senior Feminino	02:15:20	+59:01	10:25
60	1174	Silvia Cruz	Individual	Senior Feminino	02:15:46	+59:27	10:27
61	1313	Liliana Coelho	Kandimba Runners	Senior Feminino	02:15:56	+59:37	10:27
62	1108	Ângela Cruz	FFIT GAIA TRAIL	Senior Feminino	02:16:22	+01:00:02	10:29
63	1479	Ana Catarino	Individual	Senior Feminino	02:17:43	+01:01:24	10:36
64	1367	Sofia Dias	Nascidos Para Correr	Senior Feminino	02:18:48	+01:02:28	10:41
65	1072	Magda Araujo	Desliza Team	Senior Feminino	02:19:21	+01:03:02	10:43
66	1169	Sandra ferreira	Individual	Senior Feminino	02:19:24	+01:03:04	10:43
67	1163	Marta silva	Individual	Senior Feminino	02:19:24	+01:03:05	10:43
68	1158	Joana Silva	Individual	Senior Feminino	02:19:31	+01:03:11	10:44
69	1343	Marina Silva Sousa	MSS CONTABILIDADE	Senior Feminino	02:19:48	+01:03:28	10:45
70	1483	Ana Gnçalves	Individual	Senior Feminino	02:20:15	+01:03:56	10:47
71	1086	Inês Soares	Equipa João Ferreira	Senior Feminino	02:21:22	+01:05:02	10:52
72	1128	Sofia Tadeu	GENEROSOS RUNNERS	Senior Feminino	02:21:39	+01:05:19	10:54
73	1344	Raquel Marques	MSS CONTABILIDADE	Senior Feminino	02:22:17	+01:05:57	10:57
74	1449	Ana Cristina	Trinca Orelhas de Gato	Senior Feminino	02:22:55	+01:06:35	11:00
75	1170	Sandra Ferreira Couto	Individual	Senior Feminino	02:23:43	+01:07:23	11:03
76	1423	Isabel Teixeira	runners and friends	Senior Feminino	02:23:43	+01:07:24	11:03
77	1162	Marisa Silva	Individual	Senior Feminino	02:25:31	+01:09:11	11:12
78	1159	Laura Manuela Barbosa da Silva	Individual	Senior Feminino	02:26:21	+01:10:02	11:16
79	1025	Marta Carvalho	ARCORUN	Senior Feminino	02:26:38	+01:10:19	11:17
80	1111	Vera Silva	FFIT GAIA TRAIL	Senior Feminino	02:26:39	+01:10:20	11:17
81	1110	Diana Poças	FFIT GAIA TRAIL	Senior Feminino	02:26:40	+01:10:20	11:17
82	1467	Catarina Figueiredo	Velocidade Lesma	Senior Feminino	02:27:40	+01:11:20	11:22
83	1061	anita silva	Danados	Senior Feminino	02:29:25	+01:13:06	11:30
84	1180	Vânia Miranda	Individual	Senior Feminino	02:30:24	+01:14:04	11:34
85	1155	Elsa Marina Alves Silva	Individual	Senior Feminino	02:31:03	+01:14:43	11:37

Trail Curto

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

86	1160	Liliana Vasconcelos	Individual	Senior Feminino	02:31:03	+01:14:43	11:37
87	1168	Rosana Costa	Individual	Senior Feminino	02:31:05	+01:14:46	11:37
88	1152	Dália Costa	Individual	Senior Feminino	02:31:16	+01:14:56	11:38
89	1148	carla dinis	Individual	Senior Feminino	02:34:44	+01:18:24	11:54
90	1088	Vera Couto	Equipa João Ferreira	Senior Feminino	02:39:48	+01:23:28	12:18
91	1031	SONIA SANTOS	BFF	Senior Feminino	02:43:06	+01:26:46	12:33
92	1141	Andreia Gonçalves	Individual	Senior Feminino	02:44:55	+01:28:36	12:41
93	1138	Ana Ferreira	Individual	Senior Feminino	02:44:55	+01:28:36	12:41
94	1177	susana maria ferreira gomes	Individual	Senior Feminino	02:45:26	+01:29:07	12:44
95	1167	raquel cristina silva oliveira	Individual	Senior Feminino	02:45:26	+01:29:07	12:44
96	1144	Bárbara Sofia Coelho Feio	Individual	Senior Feminino	02:45:27	+01:29:07	12:44
97	1171	Sandra goncalves	Individual	Senior Feminino	02:48:32	+01:32:12	12:58
98	1016	Cláudia Silva	Amigos Sem Limites	Senior Feminino	02:49:42	+01:33:23	13:03
99	1017	Liliana Gomes	Amigos Sem Limites	Senior Feminino	02:50:11	+01:33:52	13:06
100	1365	Elisabete Moreira	Nascidos Para Correr	Senior Feminino	02:51:13	+01:34:53	13:10
101	1366	Emanuela Gonçalves	Nascidos Para Correr	Senior Feminino	02:51:13	+01:34:54	13:10
102	1388	Elissa Araujo	Nocturnos de Paredes	Senior Feminino	02:51:59	+01:35:39	13:14
103	1333	Paula Cristina Vieira Alves de Jesus	margaridas	Senior Feminino	02:52:53	+01:36:34	13:18
104	1368	Sofia Reis	Nascidos Para Correr	Senior Feminino	02:54:34	+01:38:15	13:26
105	1146	Bruna Oliveira	Individual	Senior Feminino	03:15:28	+01:59:08	15:02
106	1176	Susana Alexandra Azevedo Duarte	Individual	Senior Feminino	03:17:23	+02:01:04	15:11
107	1165	Paula Sousa	Individual	Senior Feminino	03:19:40	+02:03:21	15:22
108	1039	Sónia Silveira	Bute lá	Senior Feminino	03:35:48	+02:19:28	16:36
109	1172	Sara Barbosa	Individual	Senior Feminino	03:35:48	+02:19:28	16:36
110	1340	Barbara Nunes	MSS CONTABILIDADE	Senior Feminino	03:56:36	+02:40:16	18:12
111	1142	Andreia Oliveira Ferreira	Individual	Senior Feminino	03:56:43	+02:40:24	18:13

Senior Masculino

1	1076	Tiago Pinto	Douroconta - Gabinete de Apoio e Contabilidade	Senior Masculino	59:51		04:36
2	1481	Carlos Queiros	A.D. Amarante Trail Running	Senior Masculino	01:02:45	+02:53	04:50
3	1349	Sergio Silva	MSS CONTABILIDADE	Senior Masculino	01:03:32	+03:41	04:53
4	1073	Diogo Parente	Douroconta - Gabinete de Apoio e Contabilidade	Senior Masculino	01:05:19	+05:28	05:02
5	1074	Ricardo Barros	Douroconta - Gabinete de Apoio e Contabilidade	Senior Masculino	01:07:36	+07:44	05:12
6	1075	Rogério Moreira	Douroconta - Gabinete de Apoio e Contabilidade	Senior Masculino	01:09:19	+09:28	05:20
7	1136	Hélio Dias	Hsantamariart	Senior Masculino	01:09:39	+09:47	05:21
8	1477	João Oliveira	Trinca Orelhas de Gato	Senior Masculino	01:13:01	+13:09	05:37
9	1370	Bruno Martins	Nascidos Para Correr	Senior Masculino	01:13:50	+13:58	05:41
10	1051	Valter Gouveia	CENTRO CICLISTA DE GONDOMAR	Senior Masculino	01:13:54	+14:03	05:41
11	1347	Ibraim Sousa	MSS CONTABILIDADE	Senior Masculino	01:13:54	+14:03	05:41
12	1424	Paulo Reis	running esmoriz	Senior Masculino	01:14:11	+14:19	05:42
13	1069	Rui Tavares	DDT Runners	Senior Masculino	01:14:59	+15:08	05:46

Trail Curto

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

14	1307	Jorge Manuel Marques Moutinho	JUVENTUDE DESPORTIVA DE GONDOMAR	Senior Masculino	01:15:58	+16:06	05:51
15	1434	Rui Bessa	Sob Efeito Trail	Senior Masculino	01:18:17	+18:26	06:01
16	1308	Pedro Miguel de Ascensão Neves	JUVENTUDE DESPORTIVA DE GONDOMAR	Senior Masculino	01:19:19	+19:27	06:06
17	1193	Marco Vasconcelos	Individual	Senior Masculino	01:19:51	+20:00	06:09
18	1212	Rui Dias	Individual	Senior Masculino	01:20:15	+20:24	06:10
19	1014	Tiago Monteiro	Alto Relevo Clube de Montanhismo	Senior Masculino	01:21:20	+21:28	06:15
20	1452	Jorge Beliago	Trinca Orelhas de Gato	Senior Masculino	01:22:20	+22:28	06:20
21	1450	Carlos Silva	Trinca Orelhas de Gato	Senior Masculino	01:23:38	+23:47	06:26
22	1472	Vicente Sousa	Trinca Orelhas de Gato	Senior Masculino	01:24:03	+24:12	06:28
23	1190	Joel Coelho	Individual	Senior Masculino	01:24:56	+25:05	06:32
24	1371	José Andrade	Nascidos Para Correr	Senior Masculino	01:25:16	+25:25	06:34
25	1197	Nuno fidalgo	Individual	Senior Masculino	01:26:22	+26:31	06:39
26	1369	Bruno Ferreira	Nascidos Para Correr	Senior Masculino	01:27:23	+27:31	06:43
27	1187	Duarte dias	Individual	Senior Masculino	01:27:50	+27:59	06:45
28	1211	Ruben Moreira	Individual	Senior Masculino	01:28:52	+29:00	06:50
29	1208	Ricardo Santos Couto	Individual	Senior Masculino	01:29:15	+29:23	06:52
30	1200	Paulo Filipe Nunes	Individual	Senior Masculino	01:29:57	+30:06	06:55
31	1057	Pedro Cancelo	Clube Zupper	Senior Masculino	01:31:27	+31:35	07:02
32	1093	Vasco Fonseca	Equipa João Ferreira	Senior Masculino	01:31:48	+31:57	07:04
33	1207	Ricardo Rocha	Individual	Senior Masculino	01:33:37	+33:45	07:12
34	1418	Nuno Gonçalves	Run4life	Senior Masculino	01:34:09	+34:17	07:15
35	1181	Abel Filipe Lameiras Cardoso	Individual	Senior Masculino	01:35:03	+35:11	07:19
36	1013	Telmo Rocha	Alto Relevo Clube de Montanhismo	Senior Masculino	01:35:15	+35:23	07:20
37	119	Pedro Almeida	Individual	Senior Masculino	01:35:50	+35:58	07:22
38	1188	Fábio Rodrigues	Individual	Senior Masculino	01:35:57	+36:05	07:23
39	1020	Tó Faria	Amigos Sem Limites	Senior Masculino	01:35:58	+36:07	07:23
40	1436	Manuel Gomes	Team Shark	Senior Masculino	01:36:48	+36:57	07:27
41	1202	Pedro Ferreira	Individual	Senior Masculino	01:36:59	+37:07	07:28
42	1003	Bruno Ribeiro	ACRORUNNERS	Senior Masculino	01:37:23	+37:31	07:29
43	1091	João Ferreira	Equipa João Ferreira	Senior Masculino	01:37:55	+38:04	07:32
44	198	Bruno Castelo	os aventureiros	Senior Masculino	01:38:00	+38:08	07:32
45	1433	Pedro Oliveira	Sob Efeito Trail	Senior Masculino	01:38:23	+38:32	07:34
46	1196	Nelson rocha	Individual	Senior Masculino	01:39:11	+39:19	07:38
47	1389	João fonseca	os amigos de s.pedro da cova	Senior Masculino	01:40:16	+40:24	07:43
48	1185	ANDRE PINHO	Individual	Senior Masculino	01:40:23	+40:31	07:43
49	1334	Helder Augusto Ferreira Camilo	Moinhos run - ADRM	Senior Masculino	01:42:33	+42:42	07:53
50	1005	Ricardo Brochado	ACRORUNNERS	Senior Masculino	01:43:55	+44:03	08:00
51	1004	Pedro Vieira	ACRORUNNERS	Senior Masculino	01:43:55	+44:04	08:00
52	1035	Rúben Rocha	Brincalhões	Senior Masculino	01:44:02	+44:11	08:00
53	1068	Ricardo Martins	DDT Runners	Senior Masculino	01:44:19	+44:28	08:02
54	1435	Daniel Amaral	Studio Sun Beauty	Senior Masculino	01:44:34	+44:42	08:03
55	1324	Tiago Ferreira	MAISFIT RUNNERS	Senior Masculino	01:44:36	+44:44	08:03
56	1194	Mário Rodrigues	Individual	Senior Masculino	01:44:36	+44:44	08:03
57	1346	Francisco Mendes	MSS CONTABILIDADE	Senior Masculino	01:45:12	+45:21	08:06
58	1405	Luís Marques	Pari Passu	Senior Masculino	01:45:44	+45:53	08:08

Trail Curto

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

59	1184	Andre Oliveira	Individual	Senior Masculino	01:45:53	+46:02	08:09
60	1203	Pedro Ricardo Leite Maia	Individual	Senior Masculino	01:45:54	+46:02	08:09
61	1470	Daniel Filipe Costa Teixeira	Individual	Senior Masculino	01:46:03	+46:11	08:09
62	1329	André Coimbra	Manquinhos	Senior Masculino	01:46:40	+46:49	08:12
63	1440	Ricardo Lento	TrepaTrilhos Trail Team	Senior Masculino	01:47:02	+47:10	08:14
64	1018	Alcino Silva	Amigos Sem Limites	Senior Masculino	01:47:10	+47:19	08:15
65	1441	Rui Santos	TrepaTrilhos Trail Team	Senior Masculino	01:47:27	+47:36	08:16
66	1090	Filipe Simões	Equipa João Ferreira	Senior Masculino	01:49:49	+49:57	08:27
67	1113	Helder Filipe	FFIT GAIA TRAIL	Senior Masculino	01:50:48	+50:57	08:31
68	1216	Sérgio Pereira	Individual	Senior Masculino	01:53:30	+53:38	08:44
69	1129	Horacio Ferreira	GENEROSOS RUNNERS	Senior Masculino	01:54:50	+54:59	08:50
70	1451	Eduardo Morata	Trinca Orelhas de Gato	Senior Masculino	01:57:24	+57:32	09:02
71	1205	Ricardo Couto	Individual	Senior Masculino	01:58:59	+59:07	09:09
72	1217	Tito José Sousa Abreu	Individual	Senior Masculino	01:58:59	+59:07	09:09
73	1210	Romeu Rodrigues	Individual	Senior Masculino	01:59:48	+59:57	09:13
74	1192	Luis Alves	Individual	Senior Masculino	01:59:48	+59:57	09:13
75	1387	Filipe Pinto	Nocturnos de Paredes	Senior Masculino	02:00:57	+01:01:05	09:18
76	1314	Filipe Pinto	Kandimba Runners	Senior Masculino	02:03:29	+01:03:37	09:30
77	1414	Frederico André Santos Vieira	PSR	Senior Masculino	02:04:04	+01:04:12	09:33
78	1413	Bruno Ricardo Marques Guedes	PSR	Senior Masculino	02:04:04	+01:04:12	09:33
79	1415	Vitor Manuel Almeida Martins	PSR	Senior Masculino	02:04:04	+01:04:12	09:33
80	1204	Ricardo Amaral	Individual	Senior Masculino	02:04:16	+01:04:24	09:34
81	1402	Vitor Teixeira	PAPATRAILS	Senior Masculino	02:05:51	+01:05:59	09:41
82	1183	André Manuel Maria Moreira	Individual	Senior Masculino	02:09:28	+01:09:37	09:58
83	1215	Sérgio Miguel Maria Moreira	Individual	Senior Masculino	02:09:29	+01:09:37	09:58
84	1408	Filipe Ferreira	PFSB RUNNERS	Senior Masculino	02:10:00	+01:10:08	10:00
85	1374	Rafael Dias	Nascidos Para Correr	Senior Masculino	02:10:29	+01:10:37	10:02
86	1029	Pedro Rodrigues	ATALANTA runners	Senior Masculino	02:10:43	+01:10:52	10:03
87	1412	paulo lima	PORTO RUN TEAM	Senior Masculino	02:13:52	+01:14:00	10:18
88	1411	filipe lima	PORTO RUN TEAM	Senior Masculino	02:13:52	+01:14:01	10:18
89	1186	Davide Fernande	Individual	Senior Masculino	02:15:41	+01:15:49	10:26
90	1112	Carlos Matos	FFIT GAIA TRAIL	Senior Masculino	02:16:22	+01:16:30	10:29
91	1063	luis fernandes	Danados	Senior Masculino	02:17:03	+01:17:12	10:33
92	1064	ricardo ferreira	Danados	Senior Masculino	02:17:10	+01:17:19	10:33
93	1199	Paulo Amorim	Individual	Senior Masculino	02:19:31	+01:19:39	10:44
94	1453	Luís Morata	Trinca Orelhas de Gato	Senior Masculino	02:20:37	+01:20:45	10:49
95	1067	Bruno Cardoso	DDT Runners	Senior Masculino	02:21:04	+01:21:13	10:51
96	1468	Sabrina Oliveira	Sem Stress	Senior Masculino	02:21:58	+01:22:06	10:55
97	1191	Leandro Duarte	Individual	Senior Masculino	02:23:41	+01:23:49	11:03
98	1189	Fernando Azevedo	Individual	Senior Masculino	02:30:07	+01:30:16	11:33
99	1206	Ricardo Lopes	Individual	Senior Masculino	02:31:16	+01:31:25	11:38
100	1046	Marco Martins	Câmara Municipal de Gondomar	Senior Masculino	02:33:53	+01:34:02	11:50
101	1182	André Correia	Individual	Senior Masculino	02:47:11	+01:47:19	12:52
102	1372	Marco Sousa	Nascidos Para Correr	Senior Masculino	02:53:09	+01:53:17	13:19
103	1373	Pedro Carvalho	Nascidos Para Correr	Senior Masculino	02:53:41	+01:53:50	13:22
104	1019	Ricardo Leal	Amigos Sem Limites	Senior Masculino	03:07:40	+02:07:49	14:26

Trail Curto

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

105	1213	Saulo Emanuel Pinho Oliveira Santos	Individual	Senior Masculino	03:32:21	+02:32:29	16:20
106	1040	João Santos	Bute lá	Senior Masculino	03:35:48	+02:35:57	16:36
107	1345	André Santos	MSS CONTABILIDADE	Senior Masculino	03:56:44	+02:56:52	18:13

Veterana F40

1	1417	Gloria Pinto	Run4life	Veterana F40	01:18:53		06:04
2	1226	Isabel Dias	Individual	Veterana F40	01:39:12	+20:18	07:38
3	1052	Marlene Martins	CENTRO CICLISTA DE GONDOMAR	Veterana F40	01:40:37	+21:43	07:44
4	1036	Fátima Silva	Brincalhões	Veterana F40	01:44:00	+25:07	08:00
5	1237	SANDRA LUISA MOURA NEVES	Individual	Veterana F40	01:47:05	+28:12	08:14
6	1325	Cristina Ramalho	MAISFIT RUNNERS	Veterana F40	01:47:07	+28:13	08:14
7	1124	armandina torres	GDCT INCM	Veterana F40	01:47:15	+28:22	08:15
8	1100	Marisa Martingo	Equipa João Ferreira	Veterana F40	01:47:53	+28:59	08:18
9	1428	Maria Carla Moreira Pacheco	Sem Limites	Veterana F40	01:48:29	+29:35	08:21
10	1099	Maria fonseca	Equipa João Ferreira	Veterana F40	01:49:49	+30:56	08:27
11	1355	Sandra Pereira	MSS CONTABILIDADE	Veterana F40	01:50:16	+31:22	08:29
12	1240	Paula Soares	Clube Zupper	Veterana F40	01:51:13	+32:19	08:33
13	1115	Sandra Lopes	FFIT GAIA TRAIL	Veterana F40	01:52:45	+33:52	08:40
14	1098	Isabel Pinto	Equipa João Ferreira	Veterana F40	01:52:59	+34:05	08:41
15	1102	Sandra Cunha	Equipa João Ferreira	Veterana F40	01:52:59	+34:06	08:42
16	1095	Claúdia Cunha	Equipa João Ferreira	Veterana F40	01:54:34	+35:41	08:49
17	1219	Alexandra Bessa	Individual	Veterana F40	01:54:39	+35:45	08:49
18	1484	Paula Soares	Clube Zupper	Veterana F40	01:54:48	+35:54	08:50
19	1094	Célia Aroso	Equipa João Ferreira	Veterana F40	01:56:20	+37:26	08:57
20	1317	Anabels Gomes	KeMedo Team	Veterana F40	01:58:22	+39:28	09:06
21	1403	Ana Alves	PAPATRAILS	Veterana F40	01:59:20	+40:26	09:11
22	1116	Sonia Pires	FFIT GAIA TRAIL	Veterana F40	01:59:49	+40:55	09:13
23	1236	Rosa Maria Mateus Gama	Individual	Veterana F40	01:59:52	+40:58	09:13
24	1326	Rosa Castro	MAISFIT RUNNERS	Veterana F40	02:03:15	+44:22	09:29
25	1230	Luisa Maria da Fonseca Barbosa	Individual	Veterana F40	02:04:02	+45:09	09:33
26	1101	Rita Gonçalves	Equipa João Ferreira	Veterana F40	02:04:30	+45:37	09:35
27	1081	Ana Ferreira	Ei Team Trail	Veterana F40	02:06:55	+48:01	09:46
28	1220	CIDALIA PEIXOTO	Individual	Veterana F40	02:07:00	+48:06	09:46
29	1480	Rosa Bonifácio	Individual	Veterana F40	02:13:16	+54:22	10:15
30	1130	Ana Paula Ferreira	GENEROSOS RUNNERS	Veterana F40	02:14:40	+55:47	10:22
31	1082	Sónia Machado	Ei Team Trail	Veterana F40	02:15:16	+56:23	10:24
32	1096	Ines Nicolau Almeida	Equipa João Ferreira	Veterana F40	02:20:49	+01:01:55	10:50
33	1225	Gabriela Patricia Marques Tavares	Individual	Veterana F40	02:21:57	+01:03:04	10:55
34	1242	Susana Gabriela Pinto Rodrigues	Individual	Veterana F40	02:24:53	+01:06:00	11:09
35	1442	Manuela Moura	TrepaTrilhos Trail Team	Veterana F40	02:26:18	+01:07:25	11:15
36	1114	Márcia Oliveira	FFIT GAIA TRAIL	Veterana F40	02:26:39	+01:07:46	11:17
37	1065	elsa dias	Danados	Veterana F40	02:29:25	+01:10:32	11:30
38	1305	CARLA SANTOS	Invicta Runners Team	Veterana F40	02:31:05	+01:12:12	11:37
39	1008	Maria Jose	All About	Veterana F40	02:31:11	+01:12:17	11:38

Trail Curto

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

40	1224	Fátima Rodrigues	Individual	Veterana F40	02:31:25	+01:12:31	11:39
41	1134	Alexandra Simões	Homes4Living	Veterana F40	02:42:44	+01:23:50	12:31
42	1032	ANA JOSU	BFF	Veterana F40	02:43:06	+01:24:12	12:33
43	1009	Susana Rito	All About	Veterana F40	02:43:08	+01:24:14	12:33
44	1352	Elsa Santos	MSS CONTABILIDADE	Veterana F40	02:43:47	+01:24:53	12:36
45	1350	Ana Duarte	MSS CONTABILIDADE	Veterana F40	02:43:47	+01:24:54	12:36
46	1222	Cris Santiago	Individual	Veterana F40	02:50:07	+01:31:13	13:05
47	1375	Cristina Moreira	Nascidos Para Correr	Veterana F40	02:51:13	+01:32:19	13:10
48	1377	Margarida Silva	Nascidos Para Correr	Veterana F40	02:54:34	+01:35:41	13:26
49	1351	Anabela Magalhães	MSS CONTABILIDADE	Veterana F40	02:54:38	+01:35:44	13:26
50	1021	Rosa Costa	Amigos Sem Limites	Veterana F40	02:55:00	+01:36:07	13:28
51	1048	Elizabete Ferreira	Câmara Municipal de Gondomar	Veterana F40	02:55:20	+01:36:27	13:29
52	1488	Sandra Almeida	Câmara Municipal de Gondomar	Veterana F40	02:55:20	+01:36:27	13:29
53	1353	Fátima Sousa	MSS CONTABILIDADE	Veterana F40	02:57:04	+01:38:11	13:37
54	1010	Susana Silva	All About	Veterana F40	02:57:10	+01:38:16	13:38
55	1007	Ana Reis	All About	Veterana F40	02:57:14	+01:38:21	13:38
56	1239	sandra ribeiro	Individual	Veterana F40	03:01:09	+01:42:15	13:56
57	1232	maria sousa	Individual	Veterana F40	03:01:11	+01:42:17	13:56
58	1241	Sara azevedo	Individual	Veterana F40	03:01:11	+01:42:18	13:56
59	1354	Irene Bastos	MSS CONTABILIDADE	Veterana F40	03:06:23	+01:47:29	14:20
60	1227	Isabel Martins	Individual	Veterana F40	03:19:15	+02:00:21	15:20
61	1376	Fatima Bem	Nascidos Para Correr	Veterana F40	03:19:40	+02:00:46	15:22
62	1378	Paula Madeira	Nascidos Para Correr	Veterana F40	03:19:40	+02:00:47	15:22
63	1234	Paula Cristina Campos Pinto	Individual	Veterana F40	03:29:10	+02:10:16	16:05
64	1041	Susana Marques	Bute lá	Veterana F40	03:35:50	+02:16:56	16:36
65	1218	Ana Diniz	Individual	Veterana F40	03:56:36	+02:37:42	18:12

Veterana F50

1	1425	maria lucinda barbosa moreira	S. LUIZ	Veterana F50	01:44:40		08:03
2	1247	Maria CidaliaTeixeira Silva	Individual	Veterana F50	01:48:29	+03:49	08:21
3	1244	Cristina Moreira	Individual	Veterana F50	01:49:15	+04:35	08:24
4	1058	Maria Fátima Marques Ribeiro	Clube Zupper	Veterana F50	01:51:13	+06:33	08:33
5	1026	Glória Santos	ARCORUN	Veterana F50	01:55:27	+10:47	08:53
6	1246	Jacinta Almeida	Individual	Veterana F50	01:56:16	+11:37	08:57
7	1437	Maria Alves	Team Shark	Veterana F50	02:05:17	+20:38	09:38
8	1250	Paulina soares	Individual	Veterana F50	02:12:41	+28:01	10:12
9	1336	Rosa Costa	Moreira Relax Runners	Veterana F50	02:18:03	+33:23	10:37
10	1249	Paula Teixeira	Individual	Veterana F50	02:18:35	+33:55	10:40
11	1245	Isaura Fernanda Moura Almeida Alves	Individual	Veterana F50	02:20:38	+35:59	10:49
12	1248	Marília Paiva	Individual	Veterana F50	02:22:54	+38:14	11:00
13	1445	Luisa Gomes	TrepaTrilhos Trail Team	Veterana F50	02:28:39	+44:00	11:26
14	1438	Paula Salgado	Team Shark	Veterana F50	02:31:11	+46:31	11:38
15	1243	Ana Ferreira	Individual	Veterana F50	02:31:25	+46:45	11:39
16	1359	Rosa Maria Castro	MSS CONTABILIDADE	Veterana F50	02:54:38	+01:09:58	13:26
17	1022	Maria Ferreira	Amigos Sem Limites	Veterana F50	02:55:00	+01:10:21	13:28

Trail Curto

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

18	1446	Manuela Sarmento	TrepaTrilhos Trail Team	Veterana F50	02:55:31	+01:10:51	13:30
19	1357	Belmira Moreira	MSS CONTABILIDADE	Veterana F50	03:06:23	+01:21:44	14:20
20	1358	Maria João Mesquita	MSS CONTABILIDADE	Veterana F50	03:06:23	+01:21:44	14:20
21	1356	Ana Machado	MSS CONTABILIDADE	Veterana F50	03:47:28	+02:02:49	17:30

Veterana F60

1	1253	Maria do Céu Ferreira	Individual	Veterana F60	02:09:49		09:59
2	1254	Maria Filomena Venâncio Lopes Marcelo	Individual	Veterana F60	02:29:38	+19:50	11:31
3	1011	Ana Maria Moreira	All About	Veterana F60	02:40:18	+30:30	12:20

Veterano M40

1	1054	Camilo Guedes	Clube do Pessoal Aguas Gaia	Veterano M40	01:01:50		04:45
2	1121	Patrick Marques	Fridão Sem Limites	Veterano M40	01:07:56	+06:05	05:14
3	1122	Paulo sousa	Fridão Sem Limites	Veterano M40	01:10:37	+08:47	05:26
4	1318	Fernando Gomes	KeMedo Team	Veterano M40	01:10:47	+08:56	05:27
5	1360	António Fernandes	MSS CONTABILIDADE	Veterano M40	01:14:02	+12:12	05:42
6	1055	Silverio Santos	Clube do Pessoal Aguas Gaia	Veterano M40	01:15:41	+13:50	05:49
7	1379	Carlos Ferreira	Nascidos Para Correr	Veterano M40	01:15:50	+14:00	05:50
8	1078	Cláudio Monteiro	Douroconta - Gabinete de Apoio e Contabilidade	Veterano M40	01:16:15	+14:25	05:52
9	1123	Paulo Amadeu	Gaia Trail	Veterano M40	01:16:31	+14:41	05:53
10	1460	Nuno Barros	Trinca Orelhas de Gato	Veterano M40	01:17:59	+16:08	06:00
11	1458	Fernando Pereira	Trinca Orelhas de Gato	Veterano M40	01:18:24	+16:33	06:02
12	1473	Sérgio Gomes	Trinca Orelhas de Gato	Veterano M40	01:18:25	+16:34	06:02
13	1474	Victor Cardoso	Trinca Orelhas de Gato	Veterano M40	01:18:43	+16:53	06:03
14	1327	José Pinto	MAISFIT RUNNERS	Veterano M40	01:19:19	+17:28	06:06
15	1077	António Azevedo	Douroconta - Gabinete de Apoio e Contabilidade	Veterano M40	01:21:33	+19:42	06:16
16	1380	Francisco Dias	Nascidos Para Correr	Veterano M40	01:22:54	+21:04	06:23
17	1279	Paulo Fernandes	Individual	Veterano M40	01:24:04	+22:13	06:28
18	1255	André oliveira	Individual	Veterano M40	01:24:33	+22:42	06:30
19	1461	Pedro Gomes	Trinca Orelhas de Gato	Veterano M40	01:24:53	+23:03	06:32
20	1119	PAULO MACHADO	FFIT GAIA TRAIL	Veterano M40	01:26:18	+24:28	06:38
21	1269	José Manuel de Sá Ferreira	Individual	Veterano M40	01:27:29	+25:38	06:44
22	1050	Luis Filipe Rocha	Câmara Municipal de Gondomar	Veterano M40	01:29:14	+27:23	06:52
23	1079	Rui Marques	Douroconta - Gabinete de Apoio e Contabilidade	Veterano M40	01:31:15	+29:25	07:01
24	1083	Fernando Oliveira	Engomadoria L&A Team	Veterano M40	01:31:21	+29:31	07:02
25	1104	Francisco Fonseca	Equipa João Ferreira	Veterano M40	01:31:50	+30:00	07:04
26	1103	Artur Cardoso	Equipa João Ferreira	Veterano M40	01:32:10	+30:20	07:05
27	1276	Nelson silva	Individual	Veterano M40	01:33:37	+31:47	07:12
28	1023	José Luis Leal	Amigos Sem Limites	Veterano M40	01:34:07	+32:16	07:14
29	1038	Rui Rocha	Brincalhões	Veterano M40	01:35:08	+33:18	07:19
30	1015	António Ochoa	Alto Relevo Clube de Montanhismo	Veterano M40	01:35:16	+33:25	07:20

Trail Curto

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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31	1275	Nelson couto	Individual	Veterano M40	01:35:54	+34:04	07:23
32	1459	Miguel Costa	Trinca Orelhas de Gato	Veterano M40	01:36:45	+34:55	07:27
33	1455	Alcino Tavares	Trinca Orelhas de Gato	Veterano M40	01:37:04	+35:14	07:28
34	1263	César Rocha	Individual	Veterano M40	01:37:51	+36:00	07:32
35	1277	Nuno Miguel Magalhães da Silva Cabral	Individual	Veterano M40	01:37:52	+36:02	07:32
36	1278	Paulo Cesar Queiros da rocha	Individual	Veterano M40	01:39:14	+37:24	07:38
37	1281	PEDRO FERREIRA	Individual	Veterano M40	01:40:23	+38:33	07:43
38	1033	RICARDO M FERREIRA	bK. run	Veterano M40	01:41:07	+39:16	07:47
39	1286	SALVADOR ROQUE FERNANDES DOS SANTOS	Individual	Veterano M40	01:41:45	+39:54	07:50
40	1030	sergio sousa	baltar trail runners	Veterano M40	01:43:13	+41:22	07:56
41	1006	João Cunha	ACRORUNNERS	Veterano M40	01:43:55	+42:04	08:00
42	1261	Carlos Filipe Rola	Individual	Veterano M40	01:44:53	+43:03	08:04
43	1463	Silvio Dias	Trinca Orelhas de Gato	Veterano M40	01:44:56	+43:06	08:04
44	1071	Paulo Ferreira	DDT Runners	Veterano M40	01:45:10	+43:19	08:05
45	1407	Pedro Santos	Pari Passu	Veterano M40	01:45:44	+43:54	08:08
46	1306	Paulo Jorge Ferreira Ribeiro	Invicta Runners Team	Veterano M40	01:45:46	+43:55	08:08
47	1117	Filipe Coelho	FFIT GAIA TRAIL	Veterano M40	01:45:51	+44:00	08:09
48	1285	Rui Miguel de Castro Pereira	Individual	Veterano M40	01:45:56	+44:05	08:09
49	1267	JORGE ALVES	Individual	Veterano M40	01:46:23	+44:32	08:11
50	1283	Pedro Miguel Cristóvão Próspero	Individual	Veterano M40	01:47:03	+45:13	08:14
51	1419	Gualter Torres	Run4life	Veterano M40	01:47:04	+45:13	08:14
52	1272	Manuel Paiva	Individual	Veterano M40	01:47:25	+45:35	08:16
53	1319	Luis Gomes	KeMedo Team	Veterano M40	01:48:10	+46:20	08:19
54	1429	José Fernando Ferreira Gonçalves	Sem Limites	Veterano M40	01:48:30	+46:39	08:21
55	1432	Victor Sousa	Sem Stress	Veterano M40	01:49:05	+47:14	08:23
56	1106	PAULO SILVA	EQUIPA JOÃO FERREIRA	Veterano M40	01:49:49	+47:59	08:27
57	1284	Ricardo Filipe Breyd Carvalho	Individual	Veterano M40	01:51:46	+49:55	08:36
58	1270	JOSÉ MANUEL SILVA ALVES	Individual	Veterano M40	01:53:06	+51:15	08:42
59	1447	Pedro Sousa	TrepaTrilhos Trail Team	Veterano M40	01:53:42	+51:51	08:45
60	1059	Raul CUnha	cUnHaX	Veterano M40	01:54:28	+52:37	08:48
61	1258	ANTÓNIO PINTO	Individual	Veterano M40	01:54:41	+52:51	08:49
62	1406	Jorge Ferreira	Pari Passu	Veterano M40	01:57:23	+55:33	09:02
63	1282	Pedro Machado	Individual	Veterano M40	01:59:28	+57:37	09:11
64	1256	António Amadeu Teixeira Barbosa	Individual	Veterano M40	01:59:52	+58:01	09:13
65	1454	Agostinho Costa	Trinca Orelhas de Gato	Veterano M40	02:00:03	+58:12	09:14
66	1105	LUIS SILVA	EQUIPA JOÃO FERREIRA	Veterano M40	02:01:44	+59:53	09:22
67	1361	Jorge Carvalho	MSS CONTABILIDADE	Veterano M40	02:02:15	+01:00:25	09:24
68	1257	António Carvalho	Individual	Veterano M40	02:02:55	+01:01:04	09:27
69	1259	Armando Jorge Pereira	Individual	Veterano M40	02:04:02	+01:02:12	09:33
70	1404	Jose Alves	PAPATRAILS	Veterano M40	02:06:04	+01:04:13	09:42
71	1309	Jorge Alberto do Carmo Cerqueira Teixeira	JUVENTUDE DESPORTIVA DE GONDOMAR	Veterano M40	02:06:18	+01:04:28	09:43
72	1391	André Ferreira Pinto de Oliveira	Os amigos do costume	Veterano M40	02:09:02	+01:07:12	09:56
73	1462	Sergio Rocha	Trinca Orelhas de Gato	Veterano M40	02:10:46	+01:08:55	10:04
74	1037	Armando Silva	Brincalhões	Veterano M40	02:13:01	+01:11:11	10:14

Trail Curto

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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75	1271	José Pinho	Individual	Veterano M40	02:14:18	+01:12:28	10:20
76	1266	Francisco Caldas	Individual	Veterano M40	02:14:19	+01:12:28	10:20
77	1265	Filipe Moutinho	Individual	Veterano M40	02:14:42	+01:12:52	10:22
78	1310	José Manuel Cerqueira do Carmo Teixeira	JUVENTUDE DESPORTIVA DE GONDOMAR	Veterano M40	02:14:54	+01:13:03	10:23
79	1409	José Pereira	PM	Veterano M40	02:16:18	+01:14:27	10:29
80	1456	Carlos Anjos	Trinca Orelhas de Gato	Veterano M40	02:20:38	+01:18:47	10:49
81	1229	Manuel Silva	Individual	Veterano M40	02:21:23	+01:19:33	10:53
82	1132	Rodrigo Ferraz	GENEROSOS RUNNERS	Veterano M40	02:21:39	+01:19:49	10:54
83	1457	Carlos Conde	Trinca Orelhas de Gato	Veterano M40	02:22:54	+01:21:04	11:00
84	1268	Jorge Nunes	Individual	Veterano M40	02:25:30	+01:23:40	11:12
85	1118	João Moura	FFIT GAIA TRAIL	Veterano M40	02:26:40	+01:24:49	11:17
86	1476	Paula Silva	Individual	Veterano M40	02:33:53	+01:32:02	11:50
87	1135	Augusto Sousa	Homes4Living	Veterano M40	02:42:43	+01:40:52	12:31
88	1362	Pedro Oliveira	MSS CONTABILIDADE	Veterano M40	02:43:47	+01:41:57	12:36
89	1012	Rui Santos	All About	Veterano M40	02:57:06	+01:55:16	13:37
90	1273	Mario Azevedo	Individual	Veterano M40	03:01:09	+01:59:18	13:56
91	1287	Vitor Leite	Individual	Veterano M40	03:35:48	+02:33:58	16:36
92	1042	Aderito Marques	Bute lá	Veterano M40	03:35:49	+02:33:59	16:36
93	1043	Jorge Gomes	Bute lá	Veterano M40	03:35:49	+02:33:59	16:36

Veterano M50

1	1056	José Adelino	Clube do Pessoal Aguas Gaia	Veterano M50	01:08:42		05:17
2	1382	Manuel Cardoso	Nascidos Para Correr	Veterano M50	01:13:50	+05:07	05:41
3	1053	Jorge Silva	CENTRO CICLISTA DE GONDOMAR	Veterano M50	01:15:33	+06:51	05:49
4	1296	José Paulo Cardoso	Individual	Veterano M50	01:28:55	+20:12	06:50
5	12	Artur Silva	All About	Veterano M50	01:36:49	+28:06	07:27
6	1364	Alvaro Silva	MSS CONTABILIDADE	Veterano M50	01:44:01	+35:18	08:00
7	1427	augusto pinto barbosa	S. LUIZ	Veterano M50	01:44:40	+35:57	08:03
8	1448	António Loureiro	TrepaTrilhos Trail Team	Veterano M50	01:45:09	+36:27	08:05
9	1293	ISAAC BATISTA PEREIRA	Individual	Veterano M50	01:46:00	+37:17	08:09
10	1471	José Teixeira	Individual	Veterano M50	01:46:03	+37:20	08:09
11	1330	Manuel Teixeira	Manquinhos	Veterano M50	01:46:40	+37:58	08:12
12	1289	Carlos almeida	Individual	Veterano M50	01:47:53	+39:10	08:18
13	1288	Alfredo Viana	Individual	Veterano M50	01:52:01	+43:18	08:37
14	259	Sérgio Pereira	TrepaTrilhosTrailTeam	Veterano M50	01:53:42	+44:59	08:45
15	1298	Manuel Ferreira	Individual	Veterano M50	01:55:08	+46:26	08:51
16	1300	Rui Silva	Individual	Veterano M50	02:10:06	+01:01:24	10:01
17	1290	Germano Moura	Individual	Veterano M50	02:10:17	+01:01:34	10:01
18	1381	José Paulo Neves	Nascidos Para Correr	Veterano M50	02:12:15	+01:03:33	10:10
19	1297	MANUEL ALMEIDA DIAS	Individual	Veterano M50	02:25:37	+01:16:54	11:12
20	1291	Henrique Vidal	Individual	Veterano M50	02:32:32	+01:23:49	11:44
21	1294	José Fernando Moreira Martins	Individual	Veterano M50	03:19:15	+02:10:33	15:20

Trail Curto

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterano M60

1	1311	Agostinho da Silva Neves	JUVENTUDE DESPORTIVA DE GONDOMAR	Veterano M60	01:16:07		05:51
2	1383	Anibal Silva	Nascidos Para Correr	Veterano M60	01:20:15	+04:07	06:10
3	1332	Manuel Matos	Manquinhos	Veterano M60	01:28:46	+12:38	06:50
4	1304	Manuel Emidio	Individual	Veterano M60	01:33:37	+17:29	07:12
5	1482	Avelino Pereira	SUCUPIRA ON TOUR	Veterano M60	01:35:17	+19:10	07:20
6	1302	Joaquim Amieiro	Individual	Veterano M60	01:35:43	+19:36	07:22
7	1331	Fernando Teixeira	Manquinhos	Veterano M60	01:37:58	+21:51	07:32
8	1301	António Fernandes	Individual	Veterano M60	01:39:33	+23:25	07:39
9	1390	Serafim fonseca	os amigos de s.pedro da cova	Veterano M60	01:40:17	+24:09	07:43
10	1395	Manuel Moura	OS BARRIGUITAS	Veterano M60	01:58:45	+42:37	09:08
11	1303	Lénio Fernando Nogueira Marinho	Individual	Veterano M60	02:05:38	+49:30	09:40

COLETIVA 13K

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	Douroconta - Gabinete de Apoio e Contabilidade	1 + 5 + 6 + 9	21
2	Nascidos Para Correr	14 + 15 + 23 + 38	90
3	Trinca Orelhas de Gato	13 + 29 + 31 + 32	105
4	MSS CONTABILIDADE	4 + 17 + 18 + 119	158
5	Run4life	27 + 34 + 75 + 149	285
6	Equipa João Ferreira	67 + 68 + 69 + 94	298
7	JUVENTUDE DESPORTIVA DE GONDOMAR	24 + 25 + 35 + 256	340
8	ACRORUNNERS	91 + 115 + 116 + 117	439
9	Manquinhos	58 + 95 + 145 + 146	444
10	MAISFIT RUNNERS	36 + 123 + 151 + 158	468
11	Brincalhões	77 + 118 + 120 + 213	528
12	DDT Runners	20 + 121 + 130 + 267	538
13	FFIT GAIA TRAIL	53 + 136 + 175 + 177	541
14	KeMedo Team	12 + 161 + 186 + 216	575
15	Clube Zupper	66 + 179 + 180 + 199	624
16	TrepaTrilhos Trail Team	129 + 147 + 157 + 193	626
17	Amigos Sem Limites	74 + 85 + 152 + 381	692
18	Nocturnos de Paredes	104 + 202 + 203 + 233	742
19	GENEROSOS RUNNERS	135 + 200 + 231 + 289	855
20	Sem Stress	167 + 168 + 211 + 324	870
21	PAPATRAILS	220 + 221 + 252 + 253	946
22	Danados	51 + 301 + 302 + 345	999
23	All About	88 + 355 + 365 + 370	1178
24	Câmara Municipal de Gondomar	61 + 362 + 397 + 398	1218
25	Bute lá	421 + 424 + 425 + 426	1696