



V Trail Qta Pinhão 2019 - Trail Curto

13 de Outubro, 2019

<https://werun.pt/resultados/v-trail-qta-pinhao-trail-10km/>

Pos.	Dorsal	Nome	Tempo Bruto	Tempo Líquido	Escalão	Equipa	Pos. Escalão
1	2	VITOR TAVARES MARQUES	00:40:26	00:40:26	M4049	CORRER LISBOA	1
2	212	BRUNO TORRES	00:41:59	00:41:59	M0039	Limited Edition	1
3	290	ARTUR VILHAIS	00:42:59	00:42:59	M4049	TEAM CORPO SANTO HOTEL	2
4	287	VITOR LOBO	00:46:18	00:46:18	M0039	INDIVIDUAL	2
5	167	JUVENAL MOREIRA	00:47:17	00:47:17	M5059	NÚCLEO DESPORTIVO AUTOCOOPE	1
6	248	JOAQUIM MARTINS	00:48:26	00:48:26	M5059	C.D.R. AGUIAS UNIDAS AMORA	2
7	59	VÍTOR PEREIRA	00:48:52	00:48:52	M5059	INDIVIDUAL	3
8	134	ANTONIO ALMEIDA	00:48:55	00:48:55	M5059	NUCLEO DESPORTIVO AUTOCOOPE	4
9	214	RAMIRO CONCEIÇÃO SILVA	00:48:59	00:48:59	M4049	POWER RUNNER DE ALMADA	3
10	121	FÁBIO FERRÃO	00:49:59	00:49:59	M0039	G.D. CARRIS	3
11	241	MÁRIO FERREIRA	00:50:12	00:50:12	M4049	BORAFRANCISCA	4
12	247	PAULA MARTINS	00:50:15	00:50:15	F4049	C.D.R. AGUIAS UNIDAS AMORA	1
13	30	PEDRO SILVA	00:50:39	00:50:39	M4049	DENTALEADER	5
14	145	ALEXANDRE TEIXEIRA	00:51:10	00:51:10	M0039		4
15	64	ALEXANDRE CRUZ	00:51:19	00:51:19	M0039		5
16	150	RUI SOARES	00:51:38	00:51:38	M0039	ARRÁBIDA OBSTACLE RUNNERS	6
17	293	HUGO HILARIO	00:51:52	00:51:52	M0039	NUCLEO DO SPORTING CP DO SEIXAL	7
18	209	ALEXANDRA SILVA	00:52:42	00:52:42	F4049	AMINHACORRIDA	2
19	289	RICARDO FERNANDES	00:52:42	00:52:42	M4049	CDR Ribeirinho	6
20	163	JOSÉ ADRIÃO	00:53:01	00:53:01	M4049	IMASAMS	7
21	48	VALTER GONÇALVES	00:53:27	00:53:27	M0039	FUNTASTIC4	8
22	131	LUÍS FERNANDES	00:53:32	00:53:32	M4049	ARRÁBIDA OBSTACLE RUNNERS	8

23	132	JORGE PEREIRA	00:53:35	00:53:35	M5059	BARREIRO	5
24	244	ÁLVARO LOPES	00:53:40	00:53:40	M5059	CORROIOS- VALE DE MILHAÇOS	6
25	285	PAULO BATISTA	00:54:12	00:54:12	M4049		9
26	5	LUÍS NUNES	00:54:13	00:54:13	M4049	FIDELIDADE GDC	10
27	292	HUGO ROCHA	00:54:14	00:54:14	M4049		11
28	128	FILIPE VIEIRA	00:54:20	00:54:20	M0039	VIEIRA&DIAS	9
29	211	ANA TEIXEIRA	00:54:22	00:54:22	F4049	OCR PORTUGAL LAB	3
30	52	CARLA LAMEIRAS	00:54:56	00:54:56	F0039	LH Ginásio	1
31	225	ANTONIO COELHO	00:55:00	00:55:00	M0039	LOVINGWALK	10
32	215	ANDRÉ DIONISIO	00:55:24	00:55:24	M0039	POWER RUNNER DE ALMADA	11
33	251	RICARDO DUARTE	00:55:28	00:55:28	M0039		12
34	192	SÓNIA ALMEIDA	00:55:29	00:55:29	F4049	AMADORA	4
35	135	CARLOS FERREIRA	00:55:29	00:55:29	M6099	NUCLEO DESPORTIVO AUTOCOOPE	1
36	250	FERNANDO DUARTE	00:55:40	00:55:40	M5059		7
37	252	RUI CARDOSO	00:55:52	00:55:52	M0039		13
38	218	RUI AFONSO	00:55:54	00:55:54	M4049	TAURINA	12
39	283	NUNO FONSECA	00:55:55	00:55:55	M4049	TAURINA	13
40	183	JOAQUIM PEDRO LOURENÇO	00:55:59	00:55:59	M4049	HOUSEMARTINS BELAS	14
41	208	PAULA GUERREIRO	00:57:51	00:57:51	F4049	C.D.R. AGUIAS UNIDAS AMORA	5
42	233	FRANCISCA SILVA	00:58:10	00:58:10	F0039	BORA FRANCISCA	2
43	234	BALTASAR NOGUEIRA	00:58:10	00:58:10	M4049	BORA FRANCISCA	15
44	165	CARLA SILVA	00:58:51	00:58:51	F4049	IMASAMS	6
45	193	MÓNICA ROCHA	00:59:16	00:59:16	F4049		7
46	91	CLAUDIO CRUZ	00:59:30	00:59:30	M4049	ARRÁBIDA OBSTACLE RUNNERS	16
47	22	SERGIO SILVA	00:59:42	00:59:42	M4049	GRUPO DESPORTIVO SANTANDER TOTTA	17
48	21	CARINA SILVA	00:59:43	00:59:43	F0039	GRUPO DESPORTIVO SANTANDER TOTTA	3
49	136	CARLOS MAGALHAES	01:00:16	01:00:16	M5059	NUCLEO DESPORTIVO AUTOCOOPE	8

50	291	SÓNIA RIJO	01:00:17	01:00:17	F4049		8
51	219	NUNO CUNHA	01:00:26	01:00:26	M4049	TAURINA	18
52	238	JOEL LEANDRO	01:01:47	01:01:47	M4049	KOTAS BOA FORMA	19
53	221	ALEXANDRE TOMÉ	01:01:50	01:01:50	M4049	INDIVIDUAL	20
54	240	NUNO MIGUEL MIRADOR SERRANITO	01:02:02	01:02:02	M4049		21
55	184	CRISTINA PEREIRA	01:02:32	01:02:32	F4049	HOUSEMARTINS BELAS	9
56	32	PEDRO FREIRE	01:02:35	01:02:35	M4049	DPSM HBA	22
57	173	ANTÓNIO MARTINS	01:02:57	01:02:57	M5059	HOUSEMARTINS BELAS	9
58	213	TERESA SANTO	01:03:08	01:03:08	F4049	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	10
59	86	ANTÓNIO MARTINS	01:03:11	01:03:11	M4049	HOUSEMARTINS BELAS	23
60	156	LUIZA FERREIRA	01:03:15	01:03:15	F5059	NUCLEO DESPORTIVO AUTOCOOPE	1
61	206	ANDREIA CANDEIAS	01:03:18	01:03:18	F0039	C.D.R. AGUIAS UNIDAS AMORA	4
62	187	TIAGO MARTINS	01:03:40	01:03:40	M0039	KOTA BOA FORMA	14
63	146	ALEXANDRE MANUEL TEIXEIRA	01:03:50	01:03:50	M4049		24
64	220	LUIS PEREIRA	01:04:00	01:04:00	M4049	TAURINA	25
65	175	TANIA AZEVEDO	01:04:12	01:04:12	F4049	HOUSEMARTINS BELAS	11
66	174	SILVIA DUARTE	01:04:13	01:04:13	F4049	HOUSEMARTINS BELAS	12
67	178	TÂNIA CARVALHO	01:04:13	01:04:13	F0039	HOUSEMARTINS BELAS	5
68	164	MARGARIDA MARQUES	01:04:39	01:04:39	F4049	IMASAMS	13
69	186	INÊS JORGE	01:05:43	01:05:43	F0039	KOTA BOA FORMA	6
70	166	MIGUEL PEREIRA	01:05:53	01:05:53	M4049	IMASAMS	26
71	108	PAULA GEADA	01:07:18	01:07:18	M4049	KOTAS BOA FORMA	27
72	109	CARLA GEADA	01:07:20	01:07:20	F4049	COTAS BOA FORMA	14
73	34	PAULO SILVA	01:07:50	01:07:50	M5059	Seixalrunning	10
74	284	MARISA ALCÁCER	01:07:54	01:07:54	F0039		7
75	176	RITA FRANCO	01:08:17	01:08:17	F0039	HOUSEMARTINS BELAS	8
76	110	LUCIA CORTINHAL	01:08:20	01:08:20	F4049	KOTAS BOA FORMA	15

77	249	MÁRIO RUI PEREIRA DA SILVA	01:08:30	01:08:30	M6099		2
78	170	CARLA PINTO	01:09:02	01:09:02	F0039		9
79	35	SERGIO NEVES	01:09:06	01:09:06	M6099		3
80	177	RUTE MARTINS	01:09:06	01:09:06	F4049	HOUSEMARTINS BELAS	16
81	185	JUDITE BASILIO	01:09:49	01:09:49	F5059	KOTA BOA FORMA	2
82	123	JOANA MENUT	01:10:06	01:10:06	F0039		10
83	288	Sandra Sousa	01:10:10	01:10:10	F4049		17
84	286	DEOLINDA MATOS	01:10:10	01:10:10	F6099		1
85	126	BEATRIZ SILVA	01:10:18	01:10:18	F6099	TÁLENTOS TEAM	2
86	294	PAULO BOTELHO	01:10:18	01:10:18	M4049	RUNNING PORTUGAL	28
87	207	CATIA LOPES	01:10:26	01:10:26	F0039	C.D.R. AGUIAS UNIDAS AMORA	11
88	236	SHEILA SOBRAL	01:10:36	01:10:36	M4049	ZIMBRA FOX RUNNERS	29
89	235	TIAGO PINHAL	01:10:38	01:10:38	M4049	ZIMBRA FOX RUNNERS	30
90	239	ARMANDA SEMEÃO	01:10:52	01:10:52	F4049	C.D.R. AGUIAS UNIDAS AMORA	18
91	242	ISABEL CORREIA	01:11:22	01:11:22	F4049	SIRIUS CLUB	19
92	243	NUNO SOUSA	01:11:23	01:11:23	M4049		31
93	149	ROSINDA VIEIRA	01:11:39	01:11:39	F4049	ARRÁBIDA OBSTACLE RUNNERS	20
94	84	CLÁUDIA PIMENTA	01:11:58	01:11:58	F0039	OS SILVAS	12
95	117	RUI MAGALHAES	01:12:12	01:12:12	M4049	BAIIXA DA BANHEIRA	32
96	93	LOIC BOUCHAIN	01:13:14	01:13:14	M0039	KOTAS BOA FORMA	15
97	115	CÉLIA BATISTA	01:13:31	01:13:31	F4049	OS SILVAS	21
98	70	EDITE PEREIRA	01:13:35	01:13:35	F4049		22
99	246	SÍLVIA AZINHEIRA	01:13:37	01:13:37	F4049	ARRÁBIDA OBSTACLE RUNNERS	23
100	151	CARLOS MARTINS	01:13:39	01:13:39	M5059		11
101	88	HUGO SANTOS	01:13:46	01:13:46	M4049	FALCÕES SELVAGENS	33
102	56	ANA COSTA	01:14:32	01:14:32	F0039		13
103	107	AUGUSTA CORTE-REAL	01:15:38	01:15:38	F4049	KOTAS BOA FORMA	24

104	124	HELENA DORES	01:16:33	01:16:33	F5059	TÁLENTOS TEAM	3
105	188	RICARDO JORGE	01:18:20	01:18:20	M0039	KOTA BOA FORMA	16
106	67	PAULO GODINHO	01:18:57	01:18:57	M5059		12
107	106	NUNO MIGUEL	01:19:34	01:19:34	M4049	KOTAS BOA FORMA	34
108	245	VALDEMAR PEREIRA	01:19:45	01:19:45	M6099	VALE DA AMOREIRA - MOITA	4
109	105	SANDRA MIGUEL	01:20:08	01:20:08	M5059	KOTAS BOA FORMA	13
110	92	MARLENE PEREIRA	01:21:20	01:21:20	F0039		14
111	282	LUÍS CORREIA	01:21:26	01:21:26	M0039	OS SILVAS	17
112	147	TATIANA PEREIRA	01:21:57	01:21:57	F0039	MIÚDAS EM FUGA!	15
113	148	MAFALDA VERÍSSIMO	01:22:01	01:22:01	F4049	MIÚDAS EM FUGA!	25
114	125	FERNANDA VIEIRA	01:22:02	01:22:02	F6099	TÁLENTOS TEAM	3
115	222	CRISTINA CARVALHO	01:24:39	01:24:39	F5059	KOTAS BOA FORMA	4
116	101	ELENA SANTOS	01:24:51	01:24:51	F4049	KOTAS BOA FORMA	26
117	157	HELENA SANTOS	01:29:45	01:29:45	F5059	NUCLEO DESPORTIVO AUTOCOOPE	5
118	198	CATARINA SILVA PIMENTA CORREIA	01:38:50	01:38:50	F0039	OS SILVAS	16
119	281	CATIA SAMINA	01:54:22	01:54:22	F0039	SEIXAL RUNNING	17
120	152	LUCIENNE NEVES	01:54:24	01:54:24	F0039	SEIXAL-RUNNING	18