2º Trail da Raposa
Paredes
31-maio-2015

TRAIL LONGO 42K - STAGE 1 — 42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	19,4ºC	61,7%
End	20:04	20,3ºC	61%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1	Armando teixeira	individual	Senior Masculino	04:48:34		06:52
2	4	Bruno Coelho	paredes aventura	Senior Masculino	04:52:24	+03:50	06:58
3	24	Leonel Rodrigues da Cunha	amigos do pedal/trailagares	Senior Masculino	04:52:36	+04:02	06:58
4	217	JOÃO RODRIGUES	vidaativarunners	Senior Masculino	05:02:33	+13:59	07:12
5	71	Rosa Madureira	futebol clube de penafiel	Senior Feminino	05:06:40	+18:06	07:18
6	83	JOAQUIM MANUEL MARTINS FREITAS	grupo dramático e recreativo da retorta	Senior Masculino	05:18:25	+29:51	07:35
7	45	Antonio Martins	centro ciclista de gondomar	Veterano M40	05:18:26	+29:52	07:35
8	5	João Nogueira	oralklass-aliança-amigos do trail	Senior Masculino	05:25:15	+36:41	07:45
9	11	Victor Manuel Monteiro da Costa	a.d.amarante trail running	Senior Masculino	05:25:47	+37:13	07:45
10	184	António Moreira	paredes aventura	Veterano M40	05:26:46	+38:12	07:47
11	37	André Amorim	budeguita runners	Veterano M40	05:43:45	+55:11	08:11
12	62	Diogo Lopes	edv-viana trail	Senior Masculino	05:43:50	+55:16	08:11
13	82	Pedro Rocha	gondomar futsal clube	Senior Masculino	05:45:35	+57:01	08:14
14	57	Rui Rebelo	dr merino clínica médica	Senior Masculino	05:45:35	+57:01	08:14
15	173	Belmiro Moreira	oralklass-aliança-amigos do trail	Senior Masculino	05:46:35	+58:01	08:15
16	192	Andre Silva	rainha club	Senior Masculino	05:50:15	+01:01:41	08:20
17	171	Duarte Gil Ribeiro Barbosa	not run alone	Veterano M40	05:51:08	+01:02:34	08:22
18	159	Hélder Silva	ironman team	Senior Masculino	05:52:48	+01:04:14	08:24
19	9	cesar duarte	a.d.amarante trail running	Senior Masculino	06:00:19	+01:11:45	08:35
20	119	Paulo Jorge Fernandes Oliveira	individual	Senior Masculino	06:01:15	+01:12:41	08:36
21	177	José Neves	oralklass-aliança-amigos do trail	Veterano M40	06:04:11	+01:15:37	08:40
22	176	VITOR MIGUEL FERREIRA PINTO	oralklass-aliança-amigos do trail	Senior Masculino	06:04:12	+01:15:38	08:40
23	65	Stephane Simoes	edv-viana trail	Senior Masculino	06:09:51	+01:21:17	08:48
24	64	Sérgio Miguel Mesquita Ramos	edv-viana trail	Senior Masculino	06:09:51	+01:21:17	08:48
25	144	jorge marques	individual	Veterano M40	06:11:01	+01:22:27	08:50
26	187	Manuel Quelhas	paredes aventura	Veterano M40	06:11:18	+01:22:44	08:50
27	52	Sérgio Santos	didáxis trail	Senior Masculino	06:14:28	+01:25:54	08:55
28	117	Paulo Almiro Borges Sampaio	individual	Senior Masculino	06:19:49	+01:31:15	09:03
29	59	Ricardo Monteiro	dragoes do vale de vizela	Senior Masculino	06:28:49	+01:40:15	09:15
30	60	Paulo Faia	dragoes do vale de vizela	Veterano M40	06:28:50	+01:40:16	09:15
31	197	INUO MELO	run4all	Senior Masculino	06:30:44	+01:42:10	09:18
32	44	Angelo Pereira	centro ciclista de gondomar	Veterano M40	06:32:51	+01:44:17	09:21
33	128	Vítor Paulo Duarte Caldeira	individual	Senior Masculino	06:32:54	+01:44:20	09:21
34	63	Pedro Caldas	edv-viana trail	Senior Masculino	06:32:58	+01:44:24	09:21
35	168	Fernando Carneiro	nast	Senior Masculino	06:37:56	+01:49:22	09:28
36	181	Ricardo Bomtempo	paredes aventura	Senior Masculino	06:42:01	+01:53:27	09:34
37	76	RICARDO RIBEIRO	ginasio fit4fun	Senior Masculino	06:43:41	+01:55:07	09:37
38	72	ALICE LOPES	ginasio fit4fun	Senior Feminino	06:43:42	+01:55:08	09:37
39	79	LUIS PINHO	ginasio fit4fun	Veterano M40	06:43:42	+01:55:08	09:37
40	161	Jorge David Barbosa	jc team trail	Senior Masculino	06:44:06	+01:55:32	09:37

TRAIL LONGO 42K - STAGE 1

42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	212	JOSÉ MANUEL RODRIGO NUNES	usgunas	Veterano M40	06:45:24	+01:56:50	09:39
42	28	ROGERIO NUNO FERRAZ MACHADO	brigada do trail	Senior Masculino	06:47:27	+01:58:53	09:42
43	174	Óscar Rodrigues	oralklass-aliança-amigos do trail	Senior Masculino	06:49:28	+02:00:54	09:45
44	175	Tiago Ribeiro	oralklass-aliança-amigos do trail	Senior Masculino	06:49:28	+02:00:54	09:45
45	53	Casimira Moura	dr merino clínica médica	Senior Feminino	06:50:29	+02:01:55	09:46
46	100	Hélder S G Pinto	individual	Senior Masculino	06:53:00	+02:04:26	09:50
47	139	Francisco Teotónio	individual	Veterano M40	06:53:50	+02:05:16	09:51
48	50	Paulo Jorge Pinho Ferreira	ctr vale de cambra	Veterano M40	06:56:39	+02:08:05	09:55
49	201	Ricardo Moreira	shots international runners	Senior Masculino	06:56:39	+02:08:05	09:55
50	126	Tiago Andre Costa Bastos	individual	Senior Masculino	06:56:39	+02:08:05	09:55
51	22	Rui Pedro Ferreira Alves	amigos da quinta das freiras	Veterano M40	07:02:51	+02:14:17	10:04
52	43	Rosário Martins	centro ciclista de gondomar	Veterana F40	07:03:08	+02:14:34	10:04
53	118	paulo Filipe	individual	Senior Masculino	07:04:12	+02:15:38	10:06
54	185	Augusto Oliveira	paredes aventura	Veterano M40	07:05:00	+02:16:26	10:07
55	41	Hugo Azevedo	byl! beat your limit!	Senior Masculino	07:05:15	+02:16:41	10:08
56	115	Nuno Nunes	individual	Senior Masculino	07:06:18	+02:17:44	10:09
57	49	João Carlos Fernandes	ctad trilhos de cinfães	Senior Masculino	07:09:15	+02:20:41	10:13
58	151	manuel f teixeira	individual	Veterano M40	07:09:40	+02:21:06	10:14
59	21	Paulo Alexandre Pereira de Almeida	amigos da quinta das freiras	Veterano M40	07:09:40	+02:21:06	10:14
60	95	Fernando Jorge da Costa Pereira	individual	Senior Masculino	07:12:42	+02:24:08	10:18
61	142	Joao Paulo Loureiro Ferreira	paredes aventura	Veterano M40	07:14:43	+02:26:09	10:21
62	121	Pedro Azevedo	individual	Senior Masculino	07:15:10	+02:26:36	10:22
63	109	Mário Miguel Ferreira Barbosa	individual	Senior Masculino	07:17:01	+02:28:27	10:24
64	30	Ana Sousa	budeguita runners	Senior Feminino	07:19:59	+02:31:25	10:29
65	198	Ulisses Costa	run4all	Senior Masculino	07:20:05	+02:31:31	10:29
66	132	Adelino Silva	individual	Veterano M40	07:21:49	+02:33:15	10:31
67	220	Nuno Miguel Cruz	vidaativarunners	Senior Masculino	07:24:24	+02:35:50	10:35
68	179	Bruno Macedo	os caga tacos running team	Senior Masculino	07:24:31	+02:35:57	10:35
69	211	Ricardo Zeferino Ribeiro Costa	unidade especial de corrida	Senior Masculino	07:24:39	+02:36:05	10:35
70	23	Victor Lima	amigos da quinta das freiras	Veterano M40	07:25:19	+02:36:45	10:36
71	178	paulo marques	os caga tacos running team	Veterano M40	07:25:29	+02:36:55	10:36
72	147	José Luis Loureiro	individual	Veterano M40	07:26:06	+02:37:32	10:37
73	26	Maria Augusta Da Costa Loureiro	associação desportiva de cabroelo	Veterana F40	07:26:12	+02:37:38	10:37
74	172	Brígida Pinto	oralklass-aliança-amigos do trail	Senior Feminino	07:26:20	+02:37:46	10:38
75	20	Alberto Marques	amigos da quinta das freiras	Veterano M40	07:26:22	+02:37:48	10:38
76	91	Daniel Filipe Mansinho Neto	individual	Senior Masculino	07:26:50	+02:38:16	10:38
77	162	Carlos da Fonseca	jc team trail	Veterano M40	07:27:17	+02:38:43	10:39
78	124	Rui Gomes	individual	Senior Masculino	07:28:04	+02:39:30	10:40
79	200	Sara da Costa Sá Correia	sempre a correr	Senior Feminino	07:30:32	+02:41:58	10:44
80	149	Luis Miguel Alves Monteiro	individual	Veterano M40	07:31:43	+02:43:09	10:45
81	156	Paulo Ferreira	individual	Veterano M40	07:32:07	+02:43:33	10:46
82	134	Anselmo pinto	individual	Veterano M40	07:32:07	+02:43:33	10:46
83	113	Nuno Miguel Martins	individual	Senior Masculino	07:33:56	+02:45:22	10:48
84	195	luis gaspar	rainha club	Senior Masculino	07:35:42	+02:47:08	10:51
85	108	Manuel Mendes	individual	Senior Masculino	07:35:44	+02:47:10	10:51

TRAIL LONGO 42K - STAGE 1

42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	47	Paulino Alves	corridas de pernas pro ar	Senior Masculino	07:36:16	+02:47:42	10:52
87	29	JORGE MANUEL COELHO	brigada do trail	Veterano M40	07:37:56	+02:49:22	10:54
88	7	Ana Isabel Pereira Ferreira	a.d.amarante trail running	Senior Feminino	07:38:12	+02:49:38	10:55
89	138	Carlos Correia	individual	Veterano M40	07:41:24	+02:52:50	10:59
90	87	Suzana Silva Andrade	individual	Senior Feminino	07:42:19	+02:53:45	11:00
91	150	Luís Sá	individual	Veterano M40	07:44:57	+02:56:23	11:04
92	116	Osvaldo Manuel Dias Ferreira	individual	Senior Masculino	07:45:01	+02:56:27	11:04
93	196	ALBERTO MAGALHÃES	run4all	Senior Masculino	07:47:14	+02:58:40	11:07
94	38	João Carvalhal	budeguita runners	Veterano M40	07:47:58	+02:59:24	11:09
95	135	ANTONIO CARLOS TEIXEIRA	individual	Veterano M40	07:55:38	+03:07:04	11:19
96	105	Jose Jesus	individual	Senior Masculino	07:55:41	+03:07:07	11:20
97	27	CLÁUDIA MEDEIROS	atlético clube são mamede	Veterana F40	07:57:16	+03:08:42	11:22
98	48	TIAGO FRUTUOSO	corridas de pernas pro ar	Senior Masculino	07:57:17	+03:08:43	11:22
99	183	Paula Moreira	paredes aventura	Veterana F40	07:59:24	+03:10:50	11:25
100	188	Rui Moreira	paredes aventura	Veterano M40	07:59:24	+03:10:50	11:25
101	199	Carlos Navega	sem rota	Veterano M40	07:59:51	+03:11:17	11:25
102	170	JOSE CORREIA	nocturnos de paredes	Senior Masculino	08:00:30	+03:11:56	11:26
103	180	Miguel Ângelo Costa Teixeira	outdouro	Veterano M40	08:00:33	+03:11:59	11:27
104	190	Hugo Costa	rainha club	Senior Feminino	08:03:55	+03:15:21	11:31
105	120	Pedro Antonio Moreira Machado Costa	individual	Senior Masculino	08:04:14	+03:15:40	11:32
106	186	Jorge Oliveira	paredes aventura	Veterano M40	08:04:38	+03:16:04	11:32
107	203	Eduardo Pinto	solmaia runners	Veterano M40	08:05:51	+03:17:17	11:34
108	98	Hélder Jorge Ferreira de Castro	individual	Senior Masculino	08:07:06	+03:18:32	11:36
109	17	Manuel Brandão	all about	Veterano M40	08:07:07	+03:18:33	11:36
110	18	Paulo Sousa	all about	Veterano M40	08:07:07	+03:18:33	11:36
111	80	RUI FERREIRA	ginasio fit4fun	Veterano M40	08:08:31	+03:19:57	11:38
112	75	JOSE JESUS	ginasio fit4fun	Senior Masculino	08:08:31	+03:19:57	11:38
113	73	CARLOS MARTINS	ginasio fit4fun	Senior Masculino	08:08:31	+03:19:57	11:38
114	51	Paulo Eusebio	desportonolimite	Senior Masculino	08:08:44	+03:20:10	11:38
115	123	Porfirio da Silva pereira	individual	Senior Masculino	08:13:36	+03:25:02	11:45
116	204	ana coelho	spem	Senior Feminino	08:13:37	+03:25:03	11:45
117	205	rui rodrigues	spem	Senior Masculino	08:13:38	+03:25:04	11:45
118	111	Nuno Maia	individual	Senior Masculino	08:27:45	+03:39:11	12:05
119	69	Francisco Aragão	eu+ ginásio | lma	Senior Masculino	08:34:22	+03:45:48	12:15
120	114	Nuno Nunes	individual	Senior Masculino	08:34:22	+03:45:48	12:15
121	78	ANSELMO ALMEIDA	ginasio fit4fun	Veterano M40	08:34:34	+03:46:00	12:15
122	32	Rui Airosa	budeguita runners	Senior Masculino	08:34:34	+03:46:00	12:15
123	19	Agostinho Gonçalves Costa	amigos da quinta das freiras	Veterano M40	08:40:07	+03:51:33	12:23
124	157	rui eduardo pereira	individual	Veterano M40	08:40:07	+03:51:33	12:23
125	146	José Graça	individual	Veterano M40	08:40:36	+03:52:02	12:24
126	112	nuno marques	individual	Senior Masculino	08:45:59	+03:57:25	12:31
127	182	Rui Silva	paredes aventura	Senior Masculino	08:46:00	+03:57:26	12:31
128	166	MARIO RUI LEITE COSTA	moreira relax runners	Veterano M40	08:56:00	+04:07:26	12:46
129	140	Gil Megre	individual	Veterano M40	08:56:01	+04:07:27	12:46
130	165	Fernanda Pinho	moreira relax runners	Veterana F40	08:56:01	+04:07:27	12:46

TRAIL LONGO 42K - STAGE 1 — 42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
131	155	Nelson Ramos	individual	Veterano M40	08:56:02	+04:07:28	12:46
132	137	Cândido Silva	individual	Veterano M40	08:57:43	+04:09:09	12:48
133	25	paulo rodrigues	armandino cramez	Veterano M40	08:57:44	+04:09:10	12:48
134	85	Marlene Fonseca	individual	Senior Feminino	08:57:44	+04:09:10	12:48
135	191	liliana silva	rainha club	Senior Feminino	08:57:44	+04:09:10	12:48
136	12	Carlos Carreira	academia fernando ribeiro	Senior Masculino	08:57:45	+04:09:11	12:48
137	131	Paula Cristina Oliveira	individual	Veterana F40	08:58:35	+04:10:01	12:49
138	15	Pedro Magalhães	all about	Senior Masculino	08:59:31	+04:10:57	12:51
139	152	Manuel Faria Sampaio	individual	Veterano M40	09:13:20	+04:24:46	13:10
140	143	Joaquim Dias	individual	Veterano M40	09:24:43	+04:36:09	13:27
141	31	Nuno Amorim	budeguita runners	Senior Masculino	09:48:33	+04:59:59	14:01
142	34	Helena Dias	budeguita runners	Veterana F40	09:48:48	+05:00:14	14:01
143	33	Ana Dias	budeguita runners	Veterana F40	09:48:48	+05:00:14	14:01
144	39	Tiago Almeida	budeguita runners	Veterano M40	09:48:48	+05:00:14	14:01
145	88	Amaury Joaquim Gomez Pinho	individual	Senior Masculino	09:48:51	+05:00:17	14:01
146	210	António Pinheiro	team duas faces	Senior Masculino	10:07:17	+05:18:43	14:28
147	164	Manuel Teixeira	lusos xxi	Senior Masculino	10:19:10	+05:30:36	14:45
148	209	jose fernando moreira da silva	team 6afundo	Veterano M40	10:19:11	+05:30:37	14:45
149	3046	Luis Pedro Nogueira	all about	Veterano M40	10:21:32	+05:32:58	14:48
150	130	Fernanda Alves	individual	Veterana F40	10:21:33	+05:32:59	14:48

2º Trail da Raposa
Paredes
31-maio-2015

Trail Longo 42K — 42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	19,4ºC	61,7%
End	20:04	20,3ºC	61%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	71	Rosa Madureira	Futebol Clube de Penafiel	Senior Feminino	05:06:40		07:18
2	72	ALICE LOPES	Ginasio Fit4Fun	Senior Feminino	06:43:42	+01:37:02	09:37
3	53	Casimira Moura	Dr Merino Clínica Médica	Senior Feminino	06:50:29	+01:43:49	09:46
4	30	Ana Sousa	BUDEGUITA RUNNERS	Senior Feminino	07:19:59	+02:13:19	10:29
5	172	Brígida Pinto	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Feminino	07:26:20	+02:19:40	10:38
6	200	Sara da Costa Sá Correia	sempre a correr	Senior Feminino	07:30:32	+02:23:52	10:44
7	7	Ana Isabel Pereira Ferreira	A.D.Amarante trail running	Senior Feminino	07:38:12	+02:31:32	10:55
8	87	Suzana Silva Andrade	Individual	Senior Feminino	07:42:19	+02:35:39	11:00
9	190	Hugo Costa	Rainha Club	Senior Feminino	08:03:55	+02:57:15	11:31
10	204	ana coelho	SPEM	Senior Feminino	08:13:37	+03:06:57	11:45
11	85	Marlene Fonseca	Individual	Senior Feminino	08:57:44	+03:51:04	12:48
12	191	liliana silva	Rainha Club	Senior Feminino	08:57:44	+03:51:04	12:48

Senior Masculino

1	1	Armando teixeira	Individual	Senior Masculino	04:48:34		06:52
2	4	Bruno Coelho	PAREDES AVENTURA	Senior Masculino	04:52:24	+03:50	06:58
3	24	Leonel Rodrigues da Cunha	Amigos do Pedal/Trailagares	Senior Masculino	04:52:36	+04:02	06:58
4	217	JOÃO RODRIGUES	vidaativarunners	Senior Masculino	05:02:33	+13:59	07:12
5	83	JOAQUIM MANUEL MARTINS FREITAS	Grupo Dramático e Recreativo da Retorta	Senior Masculino	05:18:25	+29:51	07:35
6	5	João Nogueira	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	05:25:15	+36:41	07:45
7	11	Victor Manuel Monteiro da Costa	A.D.Amarante trail running	Senior Masculino	05:25:47	+37:13	07:45
8	62	Diogo Lopes	EDV-VIANA TRAIL	Senior Masculino	05:43:50	+55:16	08:11
9	82	Pedro Rocha	GONDOMAR FUTSAL CLUBE	Senior Masculino	05:45:35	+57:01	08:14
10	57	Rui Rebelo	Dr Merino Clínica Médica	Senior Masculino	05:45:35	+57:01	08:14
11	173	Belmiro Moreira	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	05:46:35	+58:01	08:15
12	192	Andre Silva	Rainha Club	Senior Masculino	05:50:15	+01:01:41	08:20
13	159	Hélder Silva	Ironman Team	Senior Masculino	05:52:48	+01:04:14	08:24
14	9	cesar duarte	A.D.Amarante trail running	Senior Masculino	06:00:19	+01:11:45	08:35
15	119	Paulo Jorge Fernandes Oliveira	Individual	Senior Masculino	06:01:15	+01:12:41	08:36
16	176	VITOR MIGUEL FERREIRA PINTO	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	06:04:12	+01:15:38	08:40
17	65	Stephane Simoes	EDV-VIANA TRAIL	Senior Masculino	06:09:51	+01:21:17	08:48
18	64	Sérgio Miguel Mesquita Ramos	EDV-VIANA TRAIL	Senior Masculino	06:09:51	+01:21:17	08:48
19	52	Sérgio Santos	Didáxis Trail	Senior Masculino	06:14:28	+01:25:54	08:55
20	117	Paulo Almiro Borges Sampaio	Individual	Senior Masculino	06:19:49	+01:31:15	09:03

Trail Longo 42K

42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

21	59	Ricardo Monteiro	Dragoes do vale de vizela	Senior Masculino	06:28:49	+01:40:15	09:15
22	197	INUO MELO	Run4all	Senior Masculino	06:30:44	+01:42:10	09:18
23	128	Vítor Paulo Duarte Caldeira	Individual	Senior Masculino	06:32:54	+01:44:20	09:21
24	63	Pedro Caldas	EDV-VIANA TRAIL	Senior Masculino	06:32:58	+01:44:24	09:21
25	168	Fernando Carneiro	NAST	Senior Masculino	06:37:56	+01:49:22	09:28
26	181	Ricardo Bomtempo	PAREDES AVENTURA	Senior Masculino	06:42:01	+01:53:27	09:34
27	76	RICARDO RIBEIRO	Ginasio Fit4Fun	Senior Masculino	06:43:41	+01:55:07	09:37
28	161	Jorge David Barbosa	JC Team Trail	Senior Masculino	06:44:06	+01:55:32	09:37
29	28	ROGERIO NUNO FERRAZ MACHADO	BRIGADA DO TRAIL	Senior Masculino	06:47:27	+01:58:53	09:42
30	174	Óscar Rodrigues	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	06:49:28	+02:00:54	09:45
31	175	Tiago Ribeiro	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	06:49:28	+02:00:54	09:45
32	100	Hélder S G Pinto	Individual	Senior Masculino	06:53:00	+02:04:26	09:50
33	201	Ricardo Moreira	Shots International Runners	Senior Masculino	06:56:39	+02:08:05	09:55
34	126	Tiago Andre Costa Bastos	Individual	Senior Masculino	06:56:39	+02:08:05	09:55
35	118	paulo Filipe	Individual	Senior Masculino	07:04:12	+02:15:38	10:06
36	41	Hugo Azevedo	BYL! BEAT YOUR LIMIT!	Senior Masculino	07:05:15	+02:16:41	10:08
37	115	Nuno Nunes	Individual	Senior Masculino	07:06:18	+02:17:44	10:09
38	49	João Carlos Fernandes	CTAD TRILHOS DE CINFÃES	Senior Masculino	07:09:15	+02:20:41	10:13
39	95	Fernando Jorge da Costa Pereira	Individual	Senior Masculino	07:12:42	+02:24:08	10:18
40	121	Pedro Azevedo	Individual	Senior Masculino	07:15:10	+02:26:36	10:22
41	109	Mário Miguel Ferreira Barbosa	Individual	Senior Masculino	07:17:01	+02:28:27	10:24
42	198	Ulisses Costa	Run4all	Senior Masculino	07:20:05	+02:31:31	10:29
43	220	Nuno Miguel Cruz	VIDAATIVARUNNERS	Senior Masculino	07:24:24	+02:35:50	10:35
44	179	Bruno Macedo	os caga tacos running team	Senior Masculino	07:24:31	+02:35:57	10:35
45	211	Ricardo Zeferino Ribeiro Costa	Unidade Especial de Corrida	Senior Masculino	07:24:39	+02:36:05	10:35
46	91	Daniel Filipe Mansinho Neto	Individual	Senior Masculino	07:26:50	+02:38:16	10:38
47	124	Rui Gomes	Individual	Senior Masculino	07:28:04	+02:39:30	10:40
48	113	Nuno Miguel Martins	Individual	Senior Masculino	07:33:56	+02:45:22	10:48
49	195	luis gaspar	Rainha Club	Senior Masculino	07:35:42	+02:47:08	10:51
50	108	Manuel Mendes	Individual	Senior Masculino	07:35:44	+02:47:10	10:51
51	47	Paulino Alves	Corridas De Pernas Pro Ar	Senior Masculino	07:36:16	+02:47:42	10:52
52	116	Osvaldo Manuel Dias Ferreira	Individual	Senior Masculino	07:45:01	+02:56:27	11:04
53	196	ALBERTO MAGALHÃES	Run4all	Senior Masculino	07:47:14	+02:58:40	11:07
54	105	Jose Jesus	Individual	Senior Masculino	07:55:41	+03:07:07	11:20
55	48	TIAGO FRUTUOSO	Corridas De Pernas Pro Ar	Senior Masculino	07:57:17	+03:08:43	11:22
56	170	JOSE CORREIA	NOCTURNOS DE PAREDES	Senior Masculino	08:00:30	+03:11:56	11:26
57	120	Pedro Antonio Moreira Machado Costa	Individual	Senior Masculino	08:04:14	+03:15:40	11:32
58	98	Hélder Jorge Ferreira de Castro	Individual	Senior Masculino	08:07:06	+03:18:32	11:36
59	75	JOSE JESUS	Ginasio Fit4Fun	Senior Masculino	08:08:31	+03:19:57	11:38
60	73	CARLOS MARTINS	Ginasio Fit4Fun	Senior Masculino	08:08:31	+03:19:57	11:38
61	51	Paulo Eusebio	Desportonolimite	Senior Masculino	08:08:44	+03:20:10	11:38
62	123	Porfirio da Silva pereira	Individual	Senior Masculino	08:13:36	+03:25:02	11:45
63	205	rui rodrigues	SPEM	Senior Masculino	08:13:38	+03:25:04	11:45
64	111	Nuno Maia	Individual	Senior Masculino	08:27:45	+03:39:11	12:05
65	69	Francisco Aragão	Eu+ Ginásio | LMA	Senior Masculino	08:34:22	+03:45:48	12:15

Trail Longo 42K

42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

66	114	Nuno Nunes	Individual	Senior Masculino	08:34:22	+03:45:48	12:15
67	32	Rui Airosa	BUDEGUITA RUNNERS	Senior Masculino	08:34:34	+03:46:00	12:15
68	112	nuno marques	Individual	Senior Masculino	08:45:59	+03:57:25	12:31
69	182	Rui Silva	PAREDES AVENTURA	Senior Masculino	08:46:00	+03:57:26	12:31
70	12	Carlos Carreira	Academia Fernando Ribeiro	Senior Masculino	08:57:45	+04:09:11	12:48
71	15	Pedro Magalhães	All About	Senior Masculino	08:59:31	+04:10:57	12:51
72	31	Nuno Amorim	BUDEGUITA RUNNERS	Senior Masculino	09:48:33	+04:59:59	14:01
73	88	Amaury Joaquim Gomez Pinho	Individual	Senior Masculino	09:48:51	+05:00:17	14:01
74	210	António Pinheiro	Team DUAS FACES	Senior Masculino	10:07:17	+05:18:43	14:28
75	164	Manuel Teixeira	LUSOS XXI	Senior Masculino	10:19:10	+05:30:36	14:45

Veterana F40

1	43	Rosário Martins	CENTRO CICLISTA DE GONDOMAR	Veterana F40	07:03:08		10:04
2	26	Maria Augusta Da Costa Loureiro	Associação Desportiva de Cabroelo	Veterana F40	07:26:12	+23:04	10:37
3	27	CLÁUDIA MEDEIROS	ATLÉTICO CLUBE SÃO MAMEDE	Veterana F40	07:57:16	+54:08	11:22
4	183	Paula Moreira	PAREDES AVENTURA	Veterana F40	07:59:24	+56:16	11:25
5	165	Fernanda Pinho	Moreira Relax Runners	Veterana F40	08:56:01	+01:52:53	12:46
6	131	Paula Cristina Oliveira	Individual	Veterana F40	08:58:35	+01:55:27	12:49
7	34	Helena Dias	BUDEGUITA RUNNERS	Veterana F40	09:48:48	+02:45:40	14:01
8	33	Ana Dias	BUDEGUITA RUNNERS	Veterana F40	09:48:48	+02:45:40	14:01
9	130	Fernanda Alves	Individual	Veterana F40	10:21:33	+03:18:25	14:48

Veterano M40

1	45	Antonio Martins	CENTRO CICLISTA DE GONDOMAR	Veterano M40	05:18:26		07:35
2	184	António Moreira	PAREDES AVENTURA	Veterano M40	05:26:46	+08:20	07:47
3	37	André Amorim	BUDEGUITA RUNNERS	Veterano M40	05:43:45	+25:19	08:11
4	171	Duarte Gil Ribeiro Barbosa	Not Run Alone	Veterano M40	05:51:08	+32:42	08:22
5	177	José Neves	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Veterano M40	06:04:11	+45:45	08:40
6	144	jorge marques	Individual	Veterano M40	06:11:01	+52:35	08:50
7	187	Manuel Quelhas	PAREDES AVENTURA	Veterano M40	06:11:18	+52:52	08:50
8	60	Paulo Faia	Dragoes do vale de vizela	Veterano M40	06:28:50	+01:10:24	09:15
9	44	Angelo Pereira	CENTRO CICLISTA DE GONDOMAR	Veterano M40	06:32:51	+01:14:25	09:21
10	79	LUIS PINHO	Ginasio Fit4Fun	Veterano M40	06:43:42	+01:25:16	09:37
11	212	JOSÉ MANUEL RODRIGO NUNES	USGUNAS	Veterano M40	06:45:24	+01:26:58	09:39
12	139	Francisco Teotónio	Individual	Veterano M40	06:53:50	+01:35:24	09:51
13	50	Paulo Jorge Pinho Ferreira	CTR Vale de Cambra	Veterano M40	06:56:39	+01:38:13	09:55
14	22	Rui Pedro Ferreira Alves	Amigos da Quinta das Freiras	Veterano M40	07:02:51	+01:44:25	10:04
15	185	Augusto Oliveira	PAREDES AVENTURA	Veterano M40	07:05:00	+01:46:34	10:07
16	151	manuel f teixeira	Individual	Veterano M40	07:09:40	+01:51:14	10:14
17	21	Paulo Alexandre Pereira de Almeida	Amigos da Quinta das Freiras	Veterano M40	07:09:40	+01:51:14	10:14

Trail Longo 42K

42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

18	142	Joao Paulo Loureiro Ferreira	PAREDES AVENTURA	Veterano M40	07:14:43	+01:56:17	10:21
19	132	Adelino Silva	Individual	Veterano M40	07:21:49	+02:03:23	10:31
20	23	Victor Lima	Amigos da Quinta das Freiras	Veterano M40	07:25:19	+02:06:53	10:36
21	178	paulo marques	os caga tacos running team	Veterano M40	07:25:29	+02:07:03	10:36
22	147	José Luis Loureiro	Individual	Veterano M40	07:26:06	+02:07:40	10:37
23	20	Alberto Marques	Amigos da Quinta das Freiras	Veterano M40	07:26:22	+02:07:56	10:38
24	162	Carlos da Fonseca	JC Team Trail	Veterano M40	07:27:17	+02:08:51	10:39
25	149	Luis Miguel Alves Monteiro	Individual	Veterano M40	07:31:43	+02:13:17	10:45
26	156	Paulo Ferreira	Individual	Veterano M40	07:32:07	+02:13:41	10:46
27	134	Anselmo pinto	Individual	Veterano M40	07:32:07	+02:13:41	10:46
28	29	JORGE MANUEL COELHO	BRIGADA DO TRAIL	Veterano M40	07:37:56	+02:19:30	10:54
29	138	Carlos Correia	Individual	Veterano M40	07:41:24	+02:22:58	10:59
30	150	Luís Sá	Individual	Veterano M40	07:44:57	+02:26:31	11:04
31	38	João Carvalhal	BUDEGUITA RUNNERS	Veterano M40	07:47:58	+02:29:32	11:09
32	135	ANTONIO CARLOS TEIXEIRA	Individual	Veterano M40	07:55:38	+02:37:12	11:19
33	188	Rui Moreira	PAREDES AVENTURA	Veterano M40	07:59:24	+02:40:58	11:25
34	199	Carlos Navega	Sem Rota	Veterano M40	07:59:51	+02:41:25	11:25
35	180	Miguel Ângelo Costa Teixeira	OUTDOURO	Veterano M40	08:00:33	+02:42:07	11:27
36	186	Jorge Oliveira	PAREDES AVENTURA	Veterano M40	08:04:38	+02:46:12	11:32
37	203	Eduardo Pinto	Solmaia Runners	Veterano M40	08:05:51	+02:47:25	11:34
38	17	Manuel Brandão	All About	Veterano M40	08:07:07	+02:48:41	11:36
39	18	Paulo Sousa	All About	Veterano M40	08:07:07	+02:48:41	11:36
40	80	RUI FERREIRA	Ginasio Fit4Fun	Veterano M40	08:08:31	+02:50:05	11:38
41	78	ANSELMO ALMEIDA	Ginasio Fit4Fun	Veterano M40	08:34:34	+03:16:08	12:15
42	19	Agostinho Gonçalves Costa	Amigos da Quinta das Freiras	Veterano M40	08:40:07	+03:21:41	12:23
43	157	rui eduardo pereira	Individual	Veterano M40	08:40:07	+03:21:41	12:23
44	146	José Graça	Individual	Veterano M40	08:40:36	+03:22:10	12:24
45	166	MARIO RUI LEITE COSTA	Moreira Relax Runners	Veterano M40	08:56:00	+03:37:34	12:46
46	140	Gil Megre	Individual	Veterano M40	08:56:01	+03:37:35	12:46
47	155	Nelson Ramos	Individual	Veterano M40	08:56:02	+03:37:36	12:46
48	137	Cândido Silva	Individual	Veterano M40	08:57:43	+03:39:17	12:48
49	25	paulo rodrigues	armandino cramez	Veterano M40	08:57:44	+03:39:18	12:48
50	152	Manuel Faria Sampaio	Individual	Veterano M40	09:13:20	+03:54:54	13:10
51	143	Joaquim Dias	Individual	Veterano M40	09:24:43	+04:06:17	13:27
52	39	Tiago Almeida	BUDEGUITA RUNNERS	Veterano M40	09:48:48	+04:30:22	14:01
53	209	jose fernando moreira da silva	team 6afundo	Veterano M40	10:19:11	+05:00:45	14:45
54	3046	Luis Pedro Nogueira	All About	Veterano M40	10:21:32	+05:03:06	14:48

COLETIVA 42KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	PAREDES AVENTURA	23:12:28 [2 + 10 + 26 + 36]	0
2	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	23:20:13 [8 + 15 + 21 + 22]	0
3	EDV-VIANA TRAIL	24:36:29 [12 + 23 + 24 + 34]	0
4	Ginasio Fit4Fun	28:19:35 [37 + 38 + 39 + 111]	0
5	Amigos da Quinta das Freiras	29:04:11 [51 + 59 + 70 + 75]	0
6	BUDEGUITA RUNNERS	29:26:16 [11 + 64 + 94 + 122]	0
7	Rainha Club	30:27:36 [16 + 84 + 104 + 135]	0
8	All About	35:35:17 [109 + 110 + 138 + 149]	0