



GERAL TRAIL	INDIVIDUAL
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Class	Dorsal	Nome	Nº	Equipa	Escalão	Tempo
1	1	ARMANDINO TABORDA	81	SOTECNISOL	VETERANO M40-MASC	02:22:07.75
2	3	ANTÓNIO MARTINS	0	INDIVIDUAL	VETERANO M40-MASC	02:30:51.42
3	29	BRUNO ALCINO PINTO	31	DRMERINOCLINICAMEDICA/NU	SENIORES-MASC	02:44:31.11
4	35	JOSÉ PAULO RIBEIRO	42	GONDOMAR FUTSAL CLUBE	VETERANO M40-MASC	02:47:47.72
5	62	FRANCISCO NETO	96	TUTILAR CLASS RUNNERS	VETERANO M40-MASC	02:48:34.93
6	2	LUCINDA SOUSA	42	GONDOMAR FUTSAL CLUBE	VETERANO F40-FEM	02:50:52.08
7	64	ANTÓNIO AMADOR	0	INDIVIDUAL	VETERANO M40-MASC	02:52:02.41
8	13	JORGE MANUEL MOREIRA	10	AMIGOS DO PEDAL TRAILAGARI	VETERANO M40-MASC	02:58:15.05
9	38	EMANUEL COSTA	43	GTT ARMAZÉM DO CAFFE	SENIORES-MASC	02:59:01.65
10	46	TIAGO SOARES	54	MOINHOS RUN ADRM	SENIORES-MASC	03:01:30.15
11	33	BRUNO MACIEIRA	42	GONDOMAR FUTSAL CLUBE	SENIORES-MASC	03:02:26.50
12	7	ABÍLIO TAVARES SILVA	9	AMIGOS DO ATLETISMO MAGNA	VETERANO M40-MASC	03:04:46.25
13	5	LEONEL NEVES	7	ALIANÇA DE GANDRA	VETERANO M40-MASC	03:05:20.45
14	65	ANTONIO LINO PINTO	0	INDIVIDUAL	SENIORES-MASC	03:05:34.72
15	24	RÚBEN ALVES	16	ASSOCIAÇÃO DESPORTIVA DE C	SENIORES-MASC	03:05:49.91
16	23	MARIA AUGUSTA LOUREIR	16	ASSOCIAÇÃO DESPORTIVA DE C	VETERANO F40-FEM	03:09:23.58
17	32	ANTÓNIO ROCHA	42	GONDOMAR FUTSAL CLUBE	VETERANO M40-MASC	03:11:10.27
18	83	JOSÉ SOUSA	0	INDIVIDUAL	SENIORES-MASC	03:11:11.00
19	75	MÁRCIO TEIXEIRA	0	INDIVIDUAL	SENIORES-MASC	03:12:34.26
20	67	BRUNO ARAÚJO	0	INDIVIDUAL	VETERANO M40-MASC	03:12:36.45
21	36	MANUEL SILVA	42	GONDOMAR FUTSAL CLUBE	SENIORES-MASC	03:13:49.04
22	25	RICARDO FERREIRA	22	CAPITÃO E GRILOS	SENIORES-MASC	03:14:06.09
23	55	RICARDO COUTO	87	TEAM COEEVO PORTUGAL	VETERANO M40-MASC	03:15:48.63
24	8	ADRIANO JORGE REIS	10	AMIGOS DO PEDAL TRAILAGARI	SENIORES-MASC	03:16:29.80
25	68	HELDER PACHECO	0	INDIVIDUAL	SENIORES-MASC	03:18:24.07
26	78	MIGUEL MOURA	0	INDIVIDUAL	VETERANO M40-MASC	03:20:19.00
27	28	MÁRIO GONÇALVES	29	DANADOS	SENIORES-MASC	03:21:12.61
28	49	PAULO COLAÇO	57	NOCTURNOS DE PAREDES	SENIORES-MASC	03:21:38.69
29	69	HUGO MIGUEL SILVA	0	INDIVIDUAL	SENIORES-MASC	03:24:06.07
30	73	JÚLIO CÉSAR BARROS	0	INDIVIDUAL	VETERANO M40-MASC	03:24:41.43
31	47	DOMINGOS NOGUEIRA	56	MOREIRA RELAX RUNNERS	SENIORES-MASC	03:26:40.01
32	44	INÊS MOREIRA	54	MOINHOS RUN ADRM	SENIORES-FEM	03:27:31.28
33	6	RICARDO RIBEIRO	7	ALIANÇA DE GANDRA	SENIORES-MASC	03:27:31.33
34	31	ANDREIA AMORIM	42	GONDOMAR FUTSAL CLUBE	SENIORES-FEM	03:27:41.94
35	74	LUIS PINTO	0	INDIVIDUAL	SENIORES-MASC	03:29:12.28
36	39	RICARDO MOREIRA	43	GTT ARMAZÉM DO CAFFE	VETERANO M40-MASC	03:33:02.72
37	9	ANA PAULA VIEIRA	10	AMIGOS DO PEDAL TRAILAGARI	SENIORES-FEM	03:33:13.56
38	52	ANDREIA MORAIS	79	SOMOS NÓS TEAM	SENIORES-FEM	03:34:20.22
39	14	MANUEL ARCANJO FERREI	10	AMIGOS DO PEDAL TRAILAGARI	VETERANO M40-MASC	03:36:31.86
40	79	PEDRO SILVA	0	INDIVIDUAL	SENIORES-MASC	03:40:48.19
41	27	SUSANA NETA	26	CLUBE ZUPPER	VETERANO F40-FEM	03:42:38.43
42	26	PAULO NETA	26	CLUBE ZUPPER	VETERANO M40-MASC	03:42:38.51
43	41	HELDER SILVA	48	LA ZINCO	SENIORES-MASC	03:43:26.09
44	40	AGOSTINHO SOUSA	47	KUNALAMA RUNNERS	VETERANO M40-MASC	03:44:17.49
45	50	GILBERTO SILVA PIMENTA	70	PERFORMANCE ON RUN	SENIORES-MASC	03:45:09.52
46	4	BLANDINE CAVEIRO	6	ADDICTED TO TRAIL	SENIORES-FEM	03:46:10.87
47	76	MARCOS SILVA	0	INDIVIDUAL	SENIORES-MASC	03:49:50.13
48	81	SANDRA MARIA ARRIBANÇ	0	INDIVIDUAL	VETERANO F40-FEM	03:54:16.53
49	53	FÁTIMA VIEIRA	79	SOMOS NÓS TEAM	VETERANO F40-FEM	03:54:56.91
50	77	MARK DANIEL FARIA	0	INDIVIDUAL	SENIORES-MASC	03:55:55.92



GERAL TRAIL	INDIVIDUAL
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Class	Dorsal	Nome	Nº	Equipa	Escalão	Tempo
51	82	MANUEL JOAQUIM SILVA	94	TREPA TRILHOS TRAIL TEAM	SENIORES-MASC	04:00:51.57
52	63	PEDRO MANUEL BASTOS	100	VIA VERDE TEAM	VETERANO M40-MASC	04:01:35.25
53	37	PAULO GAMA	42	GONDOMAR FUTSAL CLUBE	VETERANO M40-MASC	04:01:43.40
54	43	RUI MOREIRA	51	LUSOS XXI	VETERANO M40-MASC	04:01:43.62
55	71	JORGE CARNEIRO	0	INDIVIDUAL	SENIORES-MASC	04:02:58.18
56	11	FERNANDO ISMAEL NOGUEIRA	10	AMIGOS DO PEDAL TRAILAGARI	SENIORES-MASC	04:04:50.52
57	72	JOSE RODRIGUES COSTA	0	INDIVIDUAL	VETERANO M40-MASC	04:05:18.56
58	57	JOSÉ ANTÓNIO OLIVEIRA	94	TREPA TRILHOS TRAIL TEAM	VETERANO M40-MASC	04:06:39.43
59	66	ANTÓNIO SANTOS	0	INDIVIDUAL	SENIORES-MASC	04:12:30.99
60	10	ANTÓNIO JORGE SOUSA	10	AMIGOS DO PEDAL TRAILAGARI	VETERANO M40-MASC	04:20:50.81
61	34	CÉSAR PAIS	42	GONDOMAR FUTSAL CLUBE	SENIORES-MASC	04:21:52.70
62	48	HUGO NETO	57	NOCTURNOS DE PAREDES	SENIORES-MASC	04:36:51.48
63	45	RUI QUINTA	54	MOINHOS RUN ADRM	VETERANO M40-MASC	04:36:51.68
64	56	JOEL FILIPE AZEVEDO	94	TREPA TRILHOS TRAIL TEAM	SENIORES-MASC	04:41:27.19
65	21	PEDRO CARVALHO	13	ARRASTASSOLAS	VETERANO M40-MASC	04:41:30.99
66	19	MÁRIO SANTOS	13	ARRASTASSOLAS	SENIORES-MASC	04:47:06.61
67	16	CARLA MOREIRA	13	ARRASTASSOLAS	VETERANO F40-FEM	04:47:06.86
68	60	MARIA LUZ MONTEIRO	94	TREPA TRILHOS TRAIL TEAM	SENIORES-FEM	04:49:03.24
69	59	MANUEL MOURA	94	TREPA TRILHOS TRAIL TEAM	VETERANO M40-MASC	04:49:04.45
70	17	HELENA CUNHA	13	ARRASTASSOLAS	SENIORES-FEM	05:27:08.73
71	18	MANUEL SILVA	13	ARRASTASSOLAS	VETERANO M40-MASC	05:27:08.74



GERAL TRAIL	COLETIVA
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Class	Nº Equipa	Equipa	Pontuação
1ª Equipa	42	GONDOMAR FUTSAL CLUBE	(4 + 6 + 11) = 21
2ª Equipa	10	AMIGOS DO PEDAL TRILAGARES	(8 + 24 + 37) = 69
3ª Equipa	54	MOINHOS RUN ADRM	(10 + 32 + 63) = 105
4ª Equipa	94	TREPA TRILHOS TRAIL TEAM	(51 + 58 + 64) = 173
5ª Equipa	13	ARRASTASSOLAS	(65 + 66 + 67) = 198