

Lugar	Nome	Dorsal	Escalão	Equipa	Tempo
1	Nuno Gomes	128	M SEN	---	00:33:55
2	Samuel Almeida Guedes	141	M SEN	GINÁSIO SPALD	00:34:20
3	Hugo Reis	157	M SEN	GINÁSIO SPALD	00:34:47
4	Sérgio Figueiredo	168	M SEN	---	00:37:10
5	Joel Gomes	5	M 40	Amigos do 19.º	00:37:13
6	Tiago Carvalho	90	M SEN	EDP Runners	00:38:56
7	Rúben Cotrim	149	M SEN	Manel Sport Surf Shop	00:39:28
8	Gonçalo Porêlo	115	M SEN	---	00:39:54
9	Bruno Miguel De Matos	163	M SEN	GINÁSIO SPALD	00:40:19
10	João Branco	201	M SEN	---	00:41:19
11	Marco Paulo Machado Custódio	147	M 40	42 por enquanto	00:42:15
12	Sérgio Pontes	208	M 40	SRED	00:42:45
13	Luis Roussado	213	M 40	Caracois de Pedra	00:42:49
14	Miguel Jorge	161	M SEN	---	00:43:07
15	António Batista	217	M 50	Amigos do Atletismo de Mafra	00:43:19
16	Marco Matos	65	M 40	AROO	00:45:03
17	Nuno Miguel Dias Dos Santos	162	M SEN	Caracois de Pedra	00:45:45
18	Hugo Manuel Pimentel Rolhas	204	M 40	Clube Novo Banco	00:45:48
19	Fernando Coito	137	M SEN	Equilibris em Movimento	00:45:55
20	Luis Rodrigues	89	M SEN	EDP Runners	00:46:00
21	Filipe Dias	93	M SEN	EDP Runners	00:46:01
22	Fatima Cruzeiro	60	F 40	AROO	00:46:04
23	Luis Apolinario	212	M 40	Caracois de Pedra	00:46:09
24	Pedro Miguel Campos Gomes	40	M SEN	SS CGD	00:46:18
25	Nuno Couto	44	M 40	---	00:47:28
26	Carlos Filipe	177	M 50	---	00:47:30
27	João Almeida	63	M SEN	AROO	00:47:50
28	Alexandre Dos Santos Agostinho	200	M SEN	---	00:48:08
29	Jorge Epifânio	158	M 40	SRED	00:48:34
30	Paulo Ramires	62	M 50	AROO	00:48:36
31	Jorge Ferraz	83	M 40	---	00:48:42
32	Alexandra Simon	50	F 40	---	00:48:45
33	Paulo Costa	54	M 50	---	00:48:48
34	Simão Campos	92	M SEN	EDP Runners	00:48:50
35	Marco Pinto	91	M SEN	EDP Runners	00:48:53
36	Rogério Becho	61	M 40	AROO	00:49:16
37	Luís Casimiro	64	M 50	AROO	00:49:44
38	Cláudio Moreira	203	M SEN	---	00:52:24
39	Mário Jorge Das Pazes Godinho	78	M 40	Clube Novo Banco	00:52:38
40	Rui Miguel Silva	27	M 40	---	00:52:47
41	Cristina Salvado	80	F 40	---	00:52:50
42	Paulo Amaral	69	M 40	Clube Novo Banco	00:52:53
43	Mário Bação	79	M 40	---	00:52:55
44	Ana Moura	167	F 40	---	00:53:20
45	Luis Violante	160	M 40	PénaBike Team	00:53:25
46	Dora Russo	82	F SEN	TeamSalamandras	00:53:57
47	Dora Luís	39	F SEN	---	00:54:25
48	Luís Duarte Dias	9	M 50	---	00:54:32
49	Rui Freitas Simões	88	M 40	---	00:55:08
50	Valter Miranda	170	M 40	---	00:55:53
51	Luís Jacob Jacinto	6	M 40	Amigos do 19.º	00:57:24
52	Mayer Raposo	38	M 60	Associação de Atletismo Lebres do Sado	00:57:33
53	Sofia Duarte	75	F SEN	TeamSalamandras	00:57:35
54	Elsa Rosário	138	F SEN	Equilibris em Movimento	00:57:39
55	Cândida Ganchas	136	F 40	Equilibris em Movimento	00:57:41
56	Marcelo Filipe Lageiro Marques	123	M SEN	---	00:57:49
57	Miguel Ribeiro	8	M 40	Amigos do 19.º	00:57:51
58	Rui Pedro Geraldes Correia	148	M 40	42 por enquanto	00:57:53
59	Carla Matias Clemente	146	F 40	42 por enquanto	00:58:43
60	Ana Jorge	169	F 40	---	00:58:55
61	Ana Patricia Marques	171	F SEN	---	00:59:01
62	Elvira Grego Esteves	32	F 40	Gregos e Troianos	00:59:06
63	Elisabete Grego Esteves	26	F 40	Gregos e Troianos	00:59:10
64	Susana Mendes	36	F SEN	---	00:59:50
65	Teresa Margarida Dos Santos Lucas	175	F SEN	---	01:00:20
66	Ricardo Fonseca	59	M SEN	Stupido & Companhia	01:00:33

Lugar	Nome	Dorsal	Escalão	Equipa	Tempo
67	Nidia Martins	58	F SEN	Stupido & Companhia	01:00:36
68	Jorge Sousa	15	M 50	---	01:01:38
69	Susana Mendes	154	F SEN	SIMECQ - Atletismo	01:01:59
70	Celeste Almeida	153	F 40	SIMECQ - Atletismo	01:02:01
71	Olga Galvão	155	F 50	SIMECQ - Atletismo	01:02:02
72	Luis Coelho	152	M 50	SIMECQ - Atletismo	01:02:04
73	Jorge Valadares	151	M 50	SIMECQ - Atletismo	01:02:06
74	Maria Aurélia Cardoso Francisco	71	F 40	---	01:02:59
75	Helena Isabel Leitão Salgueiro	42	F 40	---	01:05:29
76	Ana Maria Reis	139	F 40	Equilibris em Movimento	01:05:33
77	Ana Filipa Silva	34	F SEN	---	01:06:08
78	Daniela Monteiro	207	F 40	SRED	01:06:30
79	Susan Pereira	206	F 40	Running Sisters	01:07:45
80	Ana Mota	218	F 40	Running Sisters	01:07:48
81	João Churro	56	M 40	Stupido & Companhia	01:11:50
82	Nuno Branco	209	M 40	Volkswagen Autoeuropa	01:13:38
83	Ana Luísa Alves Dos Santos	215	F SEN	---	01:13:41
84	Carina Faias	73	F SEN	TeamSalamandras	01:19:38
85	Carla Nicolau	74	F SEN	TeamSalamandras	01:19:39
86	Marta Couto	76	F SEN	TeamSalamandras	01:19:41
87	Sofia Duarte	159	F 40	SRED	02:00:17
88	Marta Prates	100	F 40	Academia Fitness Militar	02:09:44
89	Cláudia Macara	102	F 40	Academia Fitness Militar	02:09:46
90	Mafalda Gago	210	F 40	---	02:11:57
91	Mokiki Almeida	211	F 40	---	02:11:58
92	Ana Marques	101	F SEN	Academia Fitness Militar	02:13:24
93	Angela Silva	94	F SEN	Academia Fitness Militar	02:13:26
94	Luis Sanches	99	M 40	Academia Fitness Militar	02:13:29
	Mário Martins	7	M 40	Amigos do 19.º	DNS
	António Pires	33	M 50	Gregos e Troianos	DNS
	Rita Leote	45	F 40	---	DNS
	Vitor Figueiredo	57	M SEN	Stupido & Companhia	DNS
	Ana Batista	72	F SEN	---	DNS
	Susana Barreiros	87	F SEN	---	DNS
	Clécio Baião Espada	143	M 40	---	DNS
	Luis Machado	164	M SEN	---	DNS
	Anabela Eustáquio	172	F 40	---	DNS
	Carlos Guerra	173	M 50	---	DNS
	Cláudia Borlido	174	F 40	---	DNS
	Marco Paulo Pereira Rodrigues	176	M SEN	---	DNS
	Fernando Cardoso Mendes	205	M SEN	---	DNS