

Pos.	Dorsal	Nome	Equipa	Tempo	Diferença
1	1272	Nelson Loureiro	Individual	01:25:20.690	00:00:00.000
2	1129	Nuno Carneiro	Clube Zupper	01:26:33.227	00:01:12.537
3	1482	João Ferreira	Airórun	01:27:26.203	00:02:05.513
4	1486	Carlos Veloso	Airórun	01:30:30.757	00:05:10.067
5	1171	João Cruz	Cb Run	01:32:35.467	00:07:14.777
6	1205	José Rocha	Leões De Tardariz Trail	01:36:21.437	00:11:00.747
7	1420	Anselmo Maia	Afacycles / Fisio	01:36:34.190	00:11:13.500
8	1017	Nuno Lemos	Clube Atletismo Fafe	01:37:41.907	00:12:21.217
9	1463	Armindo Araujo	Liberdade Futebol Clube	01:38:39.180	00:13:18.490
10	1480	Luis Freitas	Airórun	01:39:33.790	00:14:13.100
11	1399	Carlos Sousa	Individual	01:41:03.687	00:15:42.997
12	1226	Fernando Carvalho	Nós Acreditamos	01:41:14.253	00:15:53.563
13	1024	Sérgio Pereira	Ermida Fit	01:41:19.187	00:15:58.497
14	1306	Joaquim Moreira	Insanos , Fcp.	01:41:46.380	00:16:25.690
15	1229	André Costa	Corredores Da Noite	01:41:53.753	00:16:33.063
16	1207	Francisco Lemos	Nós Acreditamos	01:42:41.453	00:17:20.763
17	1180	Jose Pinto	Nós Acreditamos	01:42:43.810	00:17:23.120
18	1247	Pedro Maciel	Dragon Club	01:43:15.200	00:17:54.510
19	1390	Rui Lopes	Individual	01:43:34.480	00:18:13.790
20	1261	Felisberto Arcipreste	Individual	01:44:25.043	00:19:04.353
21	1257	Daniel Cardoso	Airórun	01:44:32.340	00:19:11.650
22	1380	Filipe Teixeira	Individual	01:44:36.623	00:19:15.933
23	1074	Pedro Ferreira	Individual	01:44:43.633	00:19:22.943
24	1089	José Ribeiro	Airão Trail Team	01:45:05.143	00:19:44.453
25	1489	Pedro Pontes	Team Seri	01:45:38.080	00:20:17.390
26	1086	José Ferreira	Rumo Aventura	01:46:02.537	00:20:41.847
27	1219	Tiago Oliveira	Olímpico Vianense Trail	01:46:40.690	00:21:20.000
28	1496	Paulo Martins	Individual	01:47:33.413	00:22:12.723
29	1206	Carlos Silva	Corredores Da Noite	01:47:40.850	00:22:20.160
30	1469	Eduardo Ferreira	Magic Friends Runners	01:47:46.500	00:22:25.810
31	1431	Bruno Silva	Individual	01:48:07.183	00:22:46.493
32	1359	Carlos Sousa	Magic Friends Runners	01:48:13.243	00:22:52.553
33	1314	Hélder Borges	Afipre Team / Chrono.Pt	01:48:35.613	00:23:14.923
34	1056	Ricardo Carvalho	Equipa A Canidelo	01:49:28.923	00:24:08.233
35	1341	João Fernandes	Individual	01:49:35.047	00:24:14.357
36	1331	César Leão	Uec	01:49:35.727	00:24:15.037
37	1220	Antonio Pereira	Nós Acreditamos	01:51:23.813	00:26:03.123
38	1096	Ricardo Pais	Ermida Fit	01:51:38.980	00:26:18.290
39	1363	Adriano Oliveira	Lusitanos	01:51:53.817	00:26:33.127
40	1051	Vitor Silva	C.J.Malta Trail Running	01:52:09.417	00:26:48.727
41	1298	Nuno Meneses	Vamosequipe	01:52:27.017	00:27:06.327
42	1128	Nelson Pires	Lusitanos	01:52:43.473	00:27:22.783
43	1131	Pedro Ferreira	Individual	01:52:45.103	00:27:24.413
44	1113	Vítor Mendes	Befitness Runners	01:52:56.707	00:27:36.017
45	1354	José Machado	Individual	01:52:59.537	00:27:38.847
46	1407	Renato Martins	Trepadores	01:53:00.287	00:27:39.597
47	1077	Daniel Carvalho	Individual	01:53:16.133	00:27:55.443
48	1466	Jose Pereira	Airórun	01:54:47.397	00:29:26.707
49	1476	Francisco Pereira	Airórun	01:54:50.300	00:29:29.610
50	1471	Casimiro Araujo	Airórun	01:54:51.890	00:29:31.200
51	1027	Luis Gomes	Individual	01:55:01.707	00:29:41.017
52	1405	Luís Monteiro	Monday Runners	01:55:20.107	00:29:59.417
53	1421	Carlos Nogueira	Individual	01:55:38.340	00:30:17.650
54	1071	Francisco Nogueira	Individual	01:55:53.073	00:30:32.383
55	1340	Carlos Monteiro	Monday Runners	01:56:01.700	00:30:41.010
56	1053	Nuno Escobar	Equipa A Canidelo	01:56:27.080	00:31:06.390
57	1119	Miguel Alves	Leões De Tardariz Trail	01:56:44.273	00:31:23.583
58	1269	Bruno Freitas	Individual	01:56:53.400	00:31:32.710
59	1140	Toze Ls	Dragon Club	01:57:05.660	00:31:44.970
60	1069	Luis Fernandes	Alive Runners	01:57:35.300	00:32:14.610
61	1450	Joaquim Mendes	Ad.Pedome	01:57:51.450	00:32:30.760
62	1177	Ricardo Vidal	Lion Runners - G. D. Leões Da Guarda	01:57:55.797	00:32:35.107
63	1484	Bruno Guimarães	Individual	01:58:07.490	00:32:46.800
64	1312	Paulo Abreu	Afipre Team / Chrono.Pt	01:58:22.793	00:33:02.103

Pos.	Dorsal	Nome	Equipa	Tempo	Diferença
65	1103	Helder Martins	Alive Runners	01:58:28.973	00:33:08.283
66	1216	Francisco Morais	Fisioactive	01:58:30.120	00:33:09.430
67	1402	Paulo Gomes	Team Corpos 3	01:58:33.043	00:33:12.353
68	1154	Gilberto Gilberto	Índios Do Monte	01:58:34.150	00:33:13.460
69	1447	Marco Costa	Miracle Workers	01:58:38.513	00:33:17.823
70	1075	Flávio Sampaio	A D Esmeriz Running	01:59:12.920	00:33:52.230
71	1055	Rogério Torres	Individual	01:59:38.523	00:34:17.833
72	1494	Bruno Machado	Individual	01:59:55.937	00:34:35.247
73	1477	Fernando Martins	Individual	01:59:57.600	00:34:36.910
74	1277	Manuel Carvalho	Individual	02:00:14.660	00:34:53.970
75	1025	Miguel Morais	Individual	02:00:36.707	00:35:16.017
76	1134	Pedro Barbosa	Sweet Runners	02:00:39.720	00:35:19.030
77	1346	Carlos Fernandes	Extramile	02:00:41.407	00:35:20.717
78	1367	Francisco Fonseca	Equipa Joao Ferreira	02:00:45.843	00:35:25.153
79	1165	Luís Sá	Lion Runners - G. D. Leões Da Guarda	02:00:57.230	00:35:36.540
80	1030	Helder Azevedo	Airórun	02:01:12.770	00:35:52.080
81	1137	Dario Cardoso	Leões De Tardariz Trail	02:01:24.887	00:36:04.197
82	1098	Sandra Araújo	Team Corpos 3	02:01:33.037	00:36:12.347
83	1213	Nuno Martins	Magic Friends Runners	02:01:33.220	00:36:12.530
84	1019	Pedro Catarino	Dragon Club	02:01:39.807	00:36:19.117
85	1266	Daniel Miranda	Os Pastilhas	02:01:39.993	00:36:19.303
86	1067	Jose Costa	Os Silva Costa	02:02:58.120	00:37:37.430
87	1280	João Machado	Squadra Di Potenza	02:03:01.847	00:37:41.157
88	1426	Marco Cunha	Individual	02:03:03.223	00:37:42.533
89	1309	Bruno Filipe Duarte	Afipre Team / Chrono.Pt	02:03:05.007	00:37:44.317
90	1115	Paulo Silva	Amigos Da Bola	02:03:14.407	00:37:53.717
91	1319	Jorge Ferreira	Individual	02:04:51.920	00:39:31.230
92	1111	Roberto Silva	Individual	02:04:52.847	00:39:32.157
93	1202	Manuel Fonseca	100Pressa	02:04:54.573	00:39:33.883
94	1392	Filipe Serra	Individual	02:05:06.543	00:39:45.853
95	1215	Carlos Moreira	Amigos Das Cubas	02:05:09.983	00:39:49.293
96	1183	Serafim Ramos	Lion Runners - G. D. Leões Da Guarda	02:05:18.073	00:39:57.383
97	1365	Elisabete Alves	Individual	02:05:41.087	00:40:20.397
98	1419	Amílcar Ferreira	Arcorun	02:05:44.913	00:40:24.223
99	1422	José Gonçalves	Calcantes	02:05:48.240	00:40:27.550
100	1178	Fernando Ferreira	Individual	02:06:00.057	00:40:39.367
101	1388	Pedro Lopes	Individual	02:06:07.233	00:40:46.543
102	1502	Tiago Almeida	Lion Runners - G. D. Leões Da Guarda	02:06:09.170	00:40:48.480
103	1379	Vítor Gonçalves	Edv - Viana Trail	02:06:10.223	00:40:49.533
104	1011	Artur Gil	Individual	02:06:19.973	00:40:59.283
105	1225	José Martins	Corredores Da Noite	02:06:27.060	00:41:06.370
106	1105	Rui Teixeira	A.D.Sebolido Trail Boneca Douro	02:06:30.613	00:41:09.923
107	1338	João Coimbra	Individual	02:06:45.390	00:41:24.700
108	1122	Fernando Ferreira	Amigos Da Bola	02:06:46.220	00:41:25.530
109	1190	Silvia Pereira	Barejo Team	02:07:05.570	00:41:44.880
110	1210	Renato Alves	Trail 4Ever/Cfit	02:07:09.373	00:41:48.683
111	1318	António Rodrigues	Afipre Team / Chrono.Pt	02:07:11.637	00:41:50.947
112	1374	Mario Lima	Aves Runners	02:07:21.297	00:42:00.607
113	1325	Pedro Sá	Adrm Moinhos Run	02:07:35.730	00:42:15.040
114	1099	Casimiro Tavares	Corredores Da Noite	02:07:49.683	00:42:28.993
115	1238	Nuno Araujo	Juventude Cortegacense	02:08:06.967	00:42:46.277
116	1212	António Leal	Individual	02:09:28.740	00:44:08.050
117	1117	Silvério Pereira	Ermida Fit	02:09:34.637	00:44:13.947
118	1125	Armando Oliveira	Magic Friends Runners	02:09:48.337	00:44:27.647
119	1339	João Cruz	Individual	02:10:11.273	00:44:50.583
120	1150	José Machado	Individual	02:10:36.540	00:45:15.850
121	1008	Helena Fernandes	Individual	02:10:53.960	00:45:33.270
122	1010	Flávio Caldas	Individual	02:10:58.713	00:45:38.023
123	1345	Rui Silva	Individual	02:11:08.340	00:45:47.650
124	1389	Luis Mendes	Diabos Do Monte	02:11:14.043	00:45:53.353
125	1370	Paulo Silva	Equipa Joao Ferreira	02:11:29.733	00:46:09.043
126	1291	Deolinda Faria	Os Santa Apolónia	02:11:50.600	00:46:29.910
127	1403	Joaquim Alves	Individual	02:11:53.743	00:46:33.053
128	1294	Braga Hugo	Akuafit	02:11:54.087	00:46:33.397

Pos.	Dorsal	Nome	Equipa	Tempo	Diferença
129	1446	António Pinto	Individual	02:11:57.823	00:46:37.133
130	1080	Goreti Sousa	Profisio Team	02:12:16.193	00:46:55.503
131	1163	Miguel Mendes	Arc Vale Sao Cosme	02:12:43.563	00:47:22.873
132	1151	José Gomes	Individual	02:12:55.333	00:47:34.643
133	1049	Isabel Gomes	Individual	02:13:09.857	00:47:49.167
134	1107	Rogério Oliveira	Amigos Da Bola	02:13:16.337	00:47:55.647
135	1052	Rogério Abreu	O Que Queremos É Monte	02:13:40.903	00:48:20.213
136	1423	Edgar Lucas	Team D´Agrela	02:13:41.483	00:48:20.793
137	1414	Joaquim Anjos	Individual	02:13:47.047	00:48:26.357
138	1148	Hélder Monteiro	Sucupiraf.C	02:14:35.483	00:49:14.793
139	1283	Luís Martins	Leões De Tardariz Trail	02:14:41.527	00:49:20.837
140	1449	Pedro Coimbra	Individual	02:14:54.387	00:49:33.697
141	1344	Marta Ferreira	Individual	02:15:09.440	00:49:48.750
142	1328	José Pereira	Equipa A	02:15:27.897	00:50:07.207
143	1467	Rui Azevedo	Individual	02:15:28.110	00:50:07.420
144	1211	Nuno Martins	Amigos Das Cubas	02:15:33.950	00:50:13.260
145	1188	Jose Mendes	Barejo Team	02:16:17.993	00:50:57.303
146	1191	Ricardo Mendes	Barejo Team	02:16:21.563	00:51:00.873
147	1355	Samuel Queirós	Equipa Joao Ferreira	02:16:26.943	00:51:06.253
148	1317	Ricardo Nicolau	A D Esmeriz Running	02:16:30.333	00:51:09.643
149	1208	Marco Correia	Amigos Das Cubas	02:17:42.277	00:52:21.587
150	1394	Leandro Teixeira	Nós Acreditamos	02:18:09.260	00:52:48.570
151	1369	Carla Tavares	Individual	02:18:14.033	00:52:53.343
152	1443	Vitor Pereira	Individual	02:18:14.810	00:52:54.120
153	1296	Gaspar Fernandes	#Vaiatéondeosteuspéstelevar	02:18:19.907	00:52:59.217
154	1102	José Freitas	Ad.Pedome	02:18:21.677	00:53:00.987
155	1377	Nuno Silva	Lobos Do Monte - Lousado	02:18:32.197	00:53:11.507
156	1445	Tiago Boas	Floresta Btt	02:18:33.510	00:53:12.820
157	1441	Filipe Silva	Miracle Workers	02:18:41.407	00:53:20.717
158	1349	João Armada	Lobos Do Monte	02:18:46.890	00:53:26.200
159	1032	César Araújo	Individual	02:18:54.983	00:53:34.293
160	1224	Fábio Campos	Individual	02:19:06.107	00:53:45.417
161	1351	Lurdes Pinheiro	Individual	02:19:17.393	00:53:56.703
162	1435	David Dias	Akuafit	02:19:37.770	00:54:17.080
163	1087	Ricardo Alves	Em´Força	02:19:46.740	00:54:26.050
164	1088	José Carvalho	Rumo Aventura	02:19:53.417	00:54:32.727
165	1095	Ricardo Silva	Rumo Aventura	02:19:55.627	00:54:34.937
166	1286	Eduardo Benigno	Individual	02:19:56.060	00:54:35.370
167	1468	Deolinda Faria	Airórun	02:20:13.707	00:54:53.017
168	1006	André Mendes	Individual	02:20:29.707	00:55:09.017
169	1048	Alberto S?	Individual	02:20:37.060	00:55:16.370
170	1459	Filipe Azevedo	Individual	02:20:43.057	00:55:22.367
171	1076	Pedro Campos	Trilhos Mdf	02:21:04.343	00:55:43.653
172	1175	Pedro Carvalho	R10k	02:21:06.300	00:55:45.610
173	1181	Rui Carvalho	R10k	02:21:08.007	00:55:47.317
174	1262	Paulo Morais	Befitness Runners	02:21:11.293	00:55:50.603
175	1240	Paulo Moreira	Individual	02:21:18.940	00:55:58.250
176	1506	José Ribeiro	Individual	02:21:28.737	00:56:08.047
177	1217	Mário Pereira	Individual	02:21:50.810	00:56:30.120
178	1316	Paulino Santos	Lobos Do Monte	02:22:03.687	00:56:42.997
179	1324	Alberto Silvério	Individual	02:22:04.350	00:56:43.660
180	1475	Ricardo Mota	Tesco Team Running	02:22:12.040	00:56:51.350
181	1412	Susana Ribeiro	Individual	02:22:13.643	00:56:52.953
182	1050	Nuno Ramos	Bota&Siga	02:22:19.147	00:56:58.457
183	1164	Tiago Ferreira	100Pressa	02:22:20.490	00:56:59.800
184	1029	Joaquim Ferreira	A.C. Vermoim	02:22:26.287	00:57:05.597
185	1204	João Rodrigues	Individual	02:22:30.703	00:57:10.013
186	1503	Júlia Sousa	Escola De Atletismo Da Trofa	02:22:38.690	00:57:18.000
187	1362	Rúben Costa	Individual	02:23:13.577	00:57:52.887
188	1031	António Dias	Ad.Pedome	02:23:35.397	00:58:14.707
189	1070	Pedro Silva	Silva Team	02:23:37.750	00:58:17.060
190	1034	António Ferreira	A.C. Vermoim	02:23:43.493	00:58:22.803
191	1040	Olga Mota	Individual	02:23:43.677	00:58:22.987
192	1487	Liliana Alves	Alive Runners	02:23:51.373	00:58:30.683

Pos.	Dorsal	Nome	Equipa	Tempo	Diferença
193	1342	Jorge Madureira	Cb Run	02:24:01.793	00:58:41.103
194	1360	Joaquim Teixeira	Equipa Joao Ferreira	02:24:09.187	00:58:48.497
195	1373	Carlos Jorge	Equipa Joao Ferreira	02:24:10.243	00:58:49.553
196	1297	Paulo Carneiro	Dive Into The Mountains	02:24:36.363	00:59:15.673
197	1234	Ricardo Novais	Em´Força	02:25:08.550	00:59:47.860
198	1391	Paulo Carneiro	Individual	02:25:15.843	00:59:55.153
199	1038	Alcino Tavares	Gansos	02:25:34.210	01:00:13.520
200	1199	Antonio Coelho	Individual	02:25:42.893	01:00:22.203
201	1279	Filipe Sousa	Individual	02:26:14.467	01:00:53.777
202	1411	José Costa	Individual	02:26:41.190	01:01:20.500
203	1285	Cátia Silva	Algarunners	02:26:53.723	01:01:33.033
204	1497	Rui Tavares	Alive Runners	02:26:56.160	01:01:35.470
205	1473	Paulo Monteiro	Tesco Team Running	02:27:00.677	01:01:39.987
206	1323	António Carvalho	Afipre Team / Chrono.Pt	02:27:24.880	01:02:04.190
207	1028	Pedro Carneiro	Blasqem Runners	02:27:34.413	01:02:13.723
208	1184	Valério Saleiro	Individual	02:27:45.883	01:02:25.193
209	1326	Armindo Lopes	Arc Vale Sao Cosme	02:27:48.513	01:02:27.823
210	1393	Nuno Pacheco	Alive Runners	02:28:00.383	01:02:39.693
211	1116	Luis Silva	Individual	02:28:00.757	01:02:40.067
212	1396	Jorge Nápoles	Team Shark	02:28:02.333	01:02:41.643
213	1278	Rosa Pinheiro	Team Shark	02:28:03.340	01:02:42.650
214	1203	Cesar Moura	Trail 4Ever/Cfit	02:28:06.490	01:02:45.800
215	1358	Francisco Rua	Individual	02:28:58.467	01:03:37.777
216	1160	Fernando Sampaio	Lion Runners - G. D. Leões Da Guarda	02:29:14.120	01:03:53.430
217	1195	Liliana Ferreira	Garrafeira Lord	02:29:15.030	01:03:54.340
218	1413	David Macedo	Individual	02:29:18.040	01:03:57.350
219	1300	Paulo Ribeiro	Individual	02:29:27.083	01:04:06.393
220	1136	Margarida Lousada	Individual	02:29:51.480	01:04:30.790
221	1118	Bruno Leal	Individual	02:30:00.553	01:04:39.863
222	1343	Nuno Correia	Individual	02:30:07.440	01:04:46.750
223	1014	Pedro Cruz	Individual	02:30:10.933	01:04:50.243
224	1012	Vitor Miranda	Individual	02:30:13.250	01:04:52.560
225	1310	Silvia Duarte	Individual	02:30:36.547	01:05:15.857
226	1375	Artur Cardoso	Equipa Joao Ferreira	02:30:54.443	01:05:33.753
227	1042	Miguel Costa	Gansos	02:30:54.700	01:05:34.010
228	1193	Nuno Oliveira	Conservatório De Música De Vila Do Conde	02:30:59.367	01:05:38.677
229	1501	Luis Terencio	Éjali Trailrunners	02:31:26.363	01:06:05.673
230	1386	Pedro Gomes	Éjali Trailrunners	02:31:28.187	01:06:07.497
231	1371	Ivo Barbosa	Devasta Trilhos	02:31:31.507	01:06:10.817
232	1424	Amândia Alves	Individual	02:31:34.820	01:06:14.130
233	1043	Ricardo Couto	Individual	02:31:39.683	01:06:18.993
234	1315	Armindo Ferreira	Individual	02:32:11.513	01:06:50.823
235	1321	Flavio Ferreira	Individual	02:32:12.507	01:06:51.817
236	1022	André Cruz	R10k	02:32:17.077	01:06:56.387
237	1301	Nuno Marques	Os Turbomula	02:32:20.667	01:06:59.977
238	1330	Luís Cruz	R10k	02:32:20.917	01:07:00.227
239	1470	Pedro Rodrigues	Trofa Runners	02:32:31.030	01:07:10.340
240	1222	Liliana Cardoso	Individual	02:32:33.840	01:07:13.150
241	1065	Filipe Cruz	Lobos Do Monte Btt	02:32:39.487	01:07:18.797
242	1417	Maria Silva	Individual	02:32:53.733	01:07:33.043
243	1308	Rui Campos	Team D´Agrela	02:33:05.223	01:07:44.533
244	1064	Rui Carvalho	Individual	02:33:34.283	01:08:13.593
245	1018	Paulo Correia	Individual	02:33:35.033	01:08:14.343
246	1282	Jorge Cardoso	Individual	02:34:15.620	01:08:54.930
247	1242	António Silva	Lobos Do Monte - Lousado	02:34:28.183	01:09:07.493
248	1108	Dulce Ribeiro	Alive Runners	02:34:48.623	01:09:27.933
249	1192	Diogo Barros	Cb Run	02:35:00.030	01:09:39.340
250	1159	Manuel Fernandes	Leões De Tardariz Trail	02:35:12.633	01:09:51.943
251	1144	Filipe Sousa	Individual	02:35:23.137	01:10:02.447
252	1059	Raul Silva	Ad.Pedome	02:35:34.250	01:10:13.560
253	1305	Marlene Ferreira	Individual	02:35:38.353	01:10:17.663
254	1166	Mario Vilaca	Clube Millennium Bcp	02:35:48.173	01:10:27.483
255	1152	Nuno Pereira	Leões De Tardariz Trail	02:35:50.997	01:10:30.307
256	1174	Tânia Gonçalves	Leões De Tardariz Trail	02:35:52.410	01:10:31.720

Pos.	Dorsal	Nome	Equipa	Tempo	Diferença
257	1313	Diana Dias	Clube Trilheiros E Amigos	02:35:56.007	01:10:35.317
258	1451	Jorge Cardoso	Miracle Workers	02:35:59.107	01:10:38.417
259	1093	Maria Alves	Cb Run	02:36:11.153	01:10:50.463
260	1263	Tiago Borges	Team Shark	02:36:12.333	01:10:51.643
261	1221	Jorge Sousa	Lobos Do Monte Btt	02:36:38.870	01:11:18.180
262	1083	Paulo Rocha	Vila De Basto Trail	02:37:05.327	01:11:44.637
263	1398	Célia Costa	Bottagaz Team	02:37:11.860	01:11:51.170
264	1001	Jorge Ferreira	Bottagaz Team	02:37:12.033	01:11:51.343
265	1462	Marisa Pereira	Tesco Team Running	02:37:20.240	01:11:59.550
266	1068	Pedro Moreira	Individual	02:37:24.417	01:12:03.727
267	1104	Luis Freitas	Bottagaz Team	02:37:40.957	01:12:20.267
268	1121	Paulo Costa	Bottagaz Team	02:37:48.633	01:12:27.943
269	1307	Pedro Sousa	Individual	02:37:56.920	01:12:36.230
270	1448	Daniel Oliveira	Individual	02:38:03.117	01:12:42.427
271	1236	Helder Moreira	Bikelooks	02:38:18.937	01:12:58.247
272	1130	Miguel Sousa	Individual	02:38:54.657	01:13:33.967
273	1235	Claudio Carneiro	Individual	02:38:56.477	01:13:35.787
274	1352	Luis Silva	Lusitanos	02:39:00.230	01:13:39.540
275	1124	Sérgio Carvalho	Individual	02:39:19.230	01:13:58.540
276	1187	Luís Carvalho	R10k	02:40:06.830	01:14:46.140
277	1303	Bruno Pereira	Caminheiros De Fátima	02:40:27.060	01:15:06.370
278	1248	Bruno Vasconcelos	Clube Millennium Bcp	02:40:35.193	01:15:14.503
279	1100	Anabela Gonçalves	Ermida Fit	02:41:44.063	01:16:23.373
280	1079	Rui Rui	Btt4760	02:41:51.503	01:16:30.813
281	1415	Conceição Vilasboas	Individual	02:41:51.657	01:16:30.967
282	1406	Alexandre Rodrigues	Vamosequipe	02:41:52.627	01:16:31.937
283	1047	Marina Martins	Vamosequipe	02:41:53.377	01:16:32.687
284	1120	Jaime Jaime	Individual	02:42:46.203	01:17:25.513
285	1013	Paulo Martins	Individual	02:42:47.300	01:17:26.610
286	1066	Manuel Paiva	Individual	02:43:26.453	01:18:05.763
287	1425	André Vasconcelos	Team Seri	02:43:37.517	01:18:16.827
288	1472	Tiago Neves	Individual	02:43:44.407	01:18:23.717
289	1200	Luis Sá	Individual	02:43:54.327	01:18:33.637
290	1337	Maria Fonseca	Equipa Joao Ferreira	02:43:56.907	01:18:36.217
291	1023	Dores Cachetas	Akuafit	02:44:41.523	01:19:20.833
292	1442	Fernando Filipe	Individual	02:44:59.493	01:19:38.803
293	1368	Juliana Dias	Individual	02:45:13.757	01:19:53.067
294	1256	Francisco Tinoco	A D Esmeriz Running	02:45:15.743	01:19:55.053
295	1201	Élia Oliveira	Magic Friends Runners	02:45:26.197	01:20:05.507
296	1274	Carlos Gonçalves	Traillovers	02:45:27.550	01:20:06.860
297	1176	Carlos Taveira	Individual	02:45:30.760	01:20:10.070
298	1243	Jorge Santos	Lobos Do Monte Btt	02:45:47.073	01:20:26.383
299	1457	Ivo Ferreira	Individual	02:45:51.460	01:20:30.770
300	1061	Bruno Leite	Lutrofa	02:46:15.997	01:20:55.307
301	1196	Miguel Matos	Juventude Cortegacense	02:46:44.137	01:21:23.447
302	1135	Manuel Alvarino	Leões De Tardariz Trail	02:47:06.633	01:21:45.943
303	1026	Luis Catarino	Individual	02:47:17.377	01:21:56.687
304	1456	Carina Oliveira	Tesco Team Running	02:47:18.363	01:21:57.673
305	1460	Fábio Matos	Tesco Team Running	02:47:20.943	01:22:00.253
306	1267	Manuel Peixoto	Individual	02:47:37.113	01:22:16.423
307	1408	Rui Alves	Individual	02:47:53.033	01:22:32.343
308	1410	Filipe Fernandes	Individual	02:47:54.337	01:22:33.647
309	1167	Isabel Fernandes	Arc Vale Sao Cosme	02:47:59.277	01:22:38.587
310	1444	Sérgio Oliveira	Airão Trail Team	02:48:04.613	01:22:43.923
311	1138	Paula Pereira	Traillovers	02:48:35.257	01:23:14.567
312	1271	Fábio Cunha	Tesco Team Running	02:48:41.263	01:23:20.573
313	1455	Zé Oliveira	Tesco Team Running	02:48:43.907	01:23:23.217
314	1252	Filipe Ribeiro	A.C. Vermoim	02:48:58.213	01:23:37.523
315	1347	Filipa Oliveira	Akuafit	02:49:01.797	01:23:41.107
316	1483	Marco Moreira	Individual	02:49:05.447	01:23:44.757
317	1293	Nuno Silva	Individual	02:49:09.427	01:23:48.737
318	1276	Marco Silva	Alive Runners	02:49:36.470	01:24:15.780
319	1383	Fernando Rocha	Grupo Desportivo Leoes Do Veneza	02:49:57.490	01:24:36.800
320	1232	Manuel Faria	Alive Runners	02:50:00.387	01:24:39.697

Pos.	Dorsal	Nome	Equipa	Tempo	Diferença
321	1123	António Gonçalves	Individual	02:50:19.183	01:24:58.493
322	1155	Henrique Barbedo	Sucupiraf.C	02:50:23.420	01:25:02.730
323	1158	Lurdes Barbedo	Sucupiraf.C	02:50:23.750	01:25:03.060
324	1126	Sara Castro	Clube Zupper	02:50:38.047	01:25:17.357
325	1385	Celina Correia	Clube Zupper	02:50:39.133	01:25:18.443
326	1231	Pedro Carvalho	Individual	02:50:51.453	01:25:30.763
327	1157	Dina Gonçalves	Lion Runners - G. D. Leões Da Guarda	02:50:54.460	01:25:33.770
328	1162	Isabel Pinto	Lion Runners - G. D. Leões Da Guarda	02:50:56.463	01:25:35.773
329	1357	Susana Costa	Equipa Joao Ferreira	02:51:06.737	01:25:46.047
330	1498	Maria Marques	Os Rodrigues	02:51:07.303	01:25:46.613
331	1290	Filipe Silva	Individual	02:51:38.867	01:26:18.177
332	1452	Susana Azevedo	Team Lantermil	02:52:00.717	01:26:40.027
333	1133	Alzira Armada	Lobos Do Monte Btt	02:52:16.560	01:26:55.870
334	1062	Fausto Teixeira	Lobos Do Monte Btt	02:52:17.367	01:26:56.677
335	1170	Pedro Marques	Sucupiraf.C	02:52:28.737	01:27:08.047
336	1142	Helder Castro	Sucupiraf.C	02:52:29.993	01:27:09.303
337	1500	Sandra Silva	Alive Runners	02:52:45.483	01:27:24.793
338	1237	Isabel Ferreira	Alive Runners	02:52:45.800	01:27:25.110
339	1044	Rui Machado	Gansos	02:53:10.723	01:27:50.033
340	1101	Rui Martins	Escola De Atletismo Da Trofa	02:53:22.360	01:28:01.670
341	1259	Rosa Santos	Akuafit	02:53:22.870	01:28:02.180
342	1299	Pedro Tomás	Individual	02:53:30.017	01:28:09.327
343	1132	Ana Ribeiro	Os Maiores	02:53:30.323	01:28:09.633
344	1127	Ivo Mesquita	Os Maiores	02:53:31.610	01:28:10.920
345	1161	Ricardo Maia	Sucupiraf.C	02:53:39.880	01:28:19.190
346	1081	Diogo Costa	Gang Dos 3	02:54:14.257	01:28:53.567
347	1335	Rui Maia	Gang Dos 3	02:54:15.343	01:28:54.653
348	1270	Pedro Barroso	Gang Dos 3	02:54:15.520	01:28:54.830
349	1356	João Batista	Alive Runners	02:54:18.880	01:28:58.190
350	1332	Mario Barbosa	Trilhosmdf	02:54:40.407	01:29:19.717
351	1189	Aurelino Ribeiro	Cb Run	02:55:15.530	01:29:54.840
352	1493	Bruno Faria	Individual	02:57:01.740	01:31:41.050
353	1057	Augusto Vinhas	Alive Runners	02:57:48.017	01:32:27.327
354	1060	Maria Vinhas	Alive Runners	02:57:48.577	01:32:27.887
355	1378	António Cunha	Equipa Joao Ferreira	02:59:15.170	01:33:54.480
356	1364	Sandra Cunha	Equipa Joao Ferreira	02:59:18.063	01:33:57.373
357	1168	Miguel Fonseca	Lion Runners - G. D. Leões Da Guarda	02:59:54.560	01:34:33.870
358	1384	Mónica Domingues	Lebres Minhotas	03:00:12.220	01:34:51.530
359	1039	Paulo Ribeiro	Gansos	03:00:25.523	01:35:04.833
360	1037	Pedro Pereira	Individual	03:01:25.180	01:36:04.490
361	1246	Maria Oliveira	Trogloditas Runners	03:02:00.563	01:36:39.873
362	1147	José Silva	Individual	03:02:18.187	01:36:57.497
363	1169	Goreti Sá	Escola De Atletismo Da Trofa	03:03:09.280	01:37:48.590
364	1003	Marco Dias	Individual	03:03:26.690	01:38:06.000
365	1404	Manuel Rebelo	Individual	03:03:38.977	01:38:18.287
366	1353	João Ramalho	Arc Vale Sao Cosme	03:04:27.883	01:39:07.193
367	1437	Antonio Lucas	Team D'Agrela	03:04:49.720	01:39:29.030
368	1114	Miguela Monteiro	Afrikanrunners	03:05:02.920	01:39:42.230
369	1139	Jorge Nunes	Afrikanrunners	03:05:11.367	01:39:50.677
370	1251	Nuno Silva	Clube Millennium Bcp	03:05:33.577	01:40:12.887
371	1141	Ricardo Silva	Crteam	03:06:14.397	01:40:53.707
372	1145	Catia Moreira	Crteam	03:06:15.537	01:40:54.847
373	1239	Laurinda Martins	Apúlia A Correr	03:06:23.247	01:41:02.557
374	1465	Joana Silva	Individual	03:06:56.560	01:41:35.870
375	1209	Basílio Andrade	Individual	03:07:20.343	01:41:59.653
376	1143	Sérgio Carvalho	Serlaca	03:07:50.477	01:42:29.787
377	1249	Rosa Oliveira	Serlaca	03:07:51.383	01:42:30.693
378	1084	Joana Castro	Rumo Aventura	03:08:44.067	01:43:23.377
379	1436	Rui Completo	Equipa Joao Ferreira	03:09:17.493	01:43:56.803
380	1045	Helena Alvarenga	Gansos	03:09:21.020	01:44:00.330
381	1041	Joaquim Garces	Gansos	03:09:22.297	01:44:01.607
382	1110	Barbara Carvalho	Rumo Aventura	03:09:28.363	01:44:07.673
383	1255	Lúcia Costa	Individual	03:09:32.727	01:44:12.037
384	1015	Mauro Martins	Team Lantermil	03:09:36.907	01:44:16.217

Pos.	Dorsal	Nome	Equipa	Tempo	Diferença
385	1090	Elisabete Carvalho	Rumo Aventura	03:09:46.317	01:44:25.627
386	1495	António Silva	Individual	03:10:04.837	01:44:44.147
387	1430	Rui Oliveira	Gang Dos 3	03:10:15.637	01:44:54.947
388	1085	Carlos Coelho	Gang Dos 3	03:10:16.063	01:44:55.373
389	1054	Ana Carvalho	Afrikanrunners	03:11:52.577	01:46:31.887
390	1492	José Santos	Team Seri	03:13:44.467	01:48:23.777
391	1490	Nuno Rodrigues	Team Seri	03:13:48.653	01:48:27.963
392	1454	Alexandrino Silva	Miracle Workers	03:14:02.307	01:48:41.617
393	1304	Carla Azevedo	Monday Runners	03:14:49.657	01:49:28.967
394	1481	Sandra Freitas	Afrikanrunners	03:15:48.690	01:50:28.000
395	1439	Estela Rodrigues	Individual	03:17:13.407	01:51:52.717
396	1149	Vítor Lima	Individual	03:18:27.647	01:53:06.957
397	1156	Rui Silva	Individual	03:18:32.007	01:53:11.317
398	1491	Márcio Teixeira	Team Seri	03:19:07.567	01:53:46.877
399	1091	Isaura Mesquita	Rumo Aventura	03:19:24.157	01:54:03.467
400	1092	Patricia Miranda	Rumo Aventura	03:19:26.397	01:54:05.707
401	1499	Vitor Rodrigues	Os Rodrigues	03:21:01.887	01:55:41.197
402	1333	Rui Gonçalves	Traillovers	03:21:54.320	01:56:33.630
403	1097	Diana Martins	Traillovers	03:21:55.083	01:56:34.393
404	1260	Monica Rodriguez	@Rreiros	03:21:57.017	01:56:36.327
405	1258	Camilo Rodriguez	@Rreiros	03:21:57.507	01:56:36.817
406	1434	Monica Matos	Team Shark	03:24:16.680	01:58:55.990
407	1281	Carlos Abreu	Cb Run	03:24:58.917	01:59:38.227
408	1198	Nuno Oliveira	Cb Run	03:25:00.010	01:59:39.320
409	1416	Ana Magalhães	Individual	03:26:00.670	02:00:39.980
410	1004	Pedro Raul	Individual	03:26:06.173	02:00:45.483
411	1005	Sérgio Boalhosa	Individual	03:26:18.127	02:00:57.437
412	1073	Manuel Silva	Team Aguenta Aí	03:27:28.933	02:02:08.243
413	1329	Pedro Serra	Caminheiros De Fátima	03:30:24.277	02:05:03.587
414	1153	Cristina Gonçalves	Lion Runners - G. D. Leões Da Guarda	03:30:28.437	02:05:07.747
415	1186	Susana Luís	Lion Runners - G. D. Leões Da Guarda	03:30:31.267	02:05:10.577
416	1400	Filipa Martins	Akuafit	03:30:41.757	02:05:21.067
417	1428	Elsa Ferreira	Akuafit	03:30:43.267	02:05:22.577
418	1320	Marco Andrade	Afipre Team / Chrono.Pt	03:31:15.900	02:05:55.210
419	1007	Paulo Magalhães	Ou Vai Ou Racha	03:33:38.457	02:08:17.767
420	1218	Paulo Areal	Team Shark	03:36:28.437	02:11:07.747
421	1381	Marisa Ribeiro	Individual	03:39:54.503	02:14:33.813
422	1287	Georgina Sousa	Individual	03:42:10.357	02:16:49.667
423	1275	Ana Martins	Individual	03:42:13.660	02:16:52.970
424	1273	Diana Oliveira	Individual	03:42:15.040	02:16:54.350
425	1289	Albina Dias	Individual	03:42:16.090	02:16:55.400
426	1253	Margarida Barbosa	Individual	03:42:55.463	02:17:34.773
427	1295	Sofia Mingote	Individual	03:43:59.420	02:18:38.730
428	1350	Elisete Moreira	Individual	03:44:01.157	02:18:40.467
429	1458	Paulo Carneiro	Primepc Trofa Trail Team	03:44:07.880	02:18:47.190
430	1288	Dulce Neves	Correr Leça	03:48:11.863	02:22:51.173
431	1334	Laura Neves	Correr Leça	03:48:13.920	02:22:53.230
432	1311	Liliana Faustino	Trilhosmdf	03:48:45.750	02:23:25.060
433	1046	Maria Rodrigues	Individual	04:02:41.413	02:37:20.723
434	1382	Fernanda Magalhaes	Ou Vai Ou Racha	04:45:32.533	03:20:11.843
435	1327	Clara Moreira	Individual	04:45:39.537	03:20:18.847