

Pos.	Dorsal	Nome	Equipa	Escalão	Esc.	Tempo	T/Km.	Dif.
1	537	Neto, Jorge	NBA Barrosas	12SEM	1	58:05.66	04:50	
2	542	, Ramiro	NBA Barrosas	12SEM	2	59:08.00	04:56	00:01:02
3	565	, Marko	Team Corpos 3	12SEM	3	59:11.00	04:56	00:01:05
4	508	Carvalho, Felisberto		12SEM	4	59:48.96	04:59	00:01:43
5	549	, Daniel	NBA Barrosas	12SEM	5	1:00:08.77	05:01	00:02:03
6	540	, Sérgio		12M40	1	1:02:02.06	05:10	00:03:56
7	566	Gaudêncio, Pedro	NBA Barrosas	12SEM	6	1:03:39.40	05:18	00:05:33
8	620	Silva, Vítor	Vimarunners	12SEM	7	1:04:15.93	05:21	00:06:10
9	502	, Rafael	Team Corpos 3	12SEM	8	1:05:00.91	05:25	00:06:55
10	585	Sousa, Carlos	Magic friends runners	12M50	1	1:05:05.54	05:25	00:07:00
11	141	Costa, André	Vizela nos Pés	12SEM	9	1:07:15.90	05:36	00:09:10
12	560	Pereira, Luciano		12SEM	10	1:08:30.68	05:43	00:10:25
13	553	, Cardoso	NBA Barrosas	12M40	2	1:08:57.97	05:45	00:10:52
14	577	Pereira, Helder	Travassós Running Fafe	12M40	3	1:10:03.20	05:50	00:11:57
15	607	Sampaio, Bruno	Habcarpintaria	12SEM	11	1:10:28.57	05:52	00:12:23
16	532	., Francisco	Habcarpintaria	12SEM	12	1:10:29.32	05:52	00:12:23
17	528	Xavier, Eduardo	Magic friends runners	12SEM	13	1:11:19.04	05:57	00:13:13
18	606	Sampaio, Hugo	Habcarpintaria	12SEM	14	1:11:34.60	05:58	00:13:29
19	500	, Paulo	Clube atletismo de fafe	12M40	4	1:13:16.42	06:06	00:15:10
20	590	Ribeiro, Marco	GUIMARUNNING	12M40	5	1:14:40.34	06:13	00:16:34
21	503	Pires, Albino	Albino Pires	12M40	6	1:16:16.20	06:21	00:18:10
22	581	Carmo, Sergio	TW48/CAM	12SEM	15	1:16:33.92	06:23	00:18:28
23	589	Ferreira, Sónia	Lousada Runners	12SEF	1	1:17:00.38	06:25	00:18:54
24	552	Machado, Filipe	NBA Barrosas	12M40	7	1:17:17.64	06:26	00:19:12
25	592	Barbosa, Cristiano		12SEM	16	1:17:46.08	06:29	00:19:40
26	584	Maltez, Joel	TW48/CAM	12SEM	17	1:18:17.44	06:31	00:20:11
27	617	Freitas, Paulo	F.C. Vizela	12M40	8	1:18:36.74	06:33	00:20:31
28	598	Pereira, Bruno	Caminheiros de Fátima	12SEM	18	1:20:19.82	06:42	00:22:14
29	554	Lopes, Claudio		12SEM	19	1:20:35.86	06:43	00:22:30
30	605	Santos, Rui		12SEM	20	1:21:16.56	06:46	00:23:11
31	513	Marinho, Rosalina	Travassós Running Fafe	12F40	1	1:21:29.48	06:47	00:23:23
32	559	Silva, Jorge		12M40	9	1:21:35.75	06:48	00:23:30
33	138	Silva, Zeza	Vizela nos Pés	12F40	2	1:21:49.61	06:49	00:23:44
34	561	Costa, Flávio		12SEM	21	1:21:53.47	06:49	00:23:47
35	526	Leça, José		12M50	2	1:22:33.09	06:53	00:24:27
36	511	Pinto, Orlando	Travassós Running Fafe	12M50	3	1:22:44.13	06:54	00:24:38
37	546	Marinho, Pedro	Ânimo Team	12SEM	22	1:22:47.83	06:54	00:24:42
38	521	Gonçalves, Paulo		12SEM	23	1:22:48.44	06:54	00:24:42
39	527	Pinheiro, Lurdes		12F40	3	1:22:53.44	06:54	00:24:47
40	543	Marques, Eduardo		12SEM	24	1:24:01.02	07:00	00:25:55
41	516	Maia, Marco		12SEM	25	1:24:30.36	07:03	00:26:24
42	575	Oliveira, Paula	Focoteam24	12SEF	2	1:24:33.69	07:03	00:26:28
43	599	Lopes, Armindo	ARC Vale S. Cosme	12M50	4	1:24:36.20	07:03	00:26:30
44	557	Calvão, Daniel	BTT POLVOREIRA	12SEM	26	1:25:24.00	07:07	00:27:18
45	569	Oliveira, Nuno	LA Zinco	12SEM	27	1:26:10.64	07:11	00:28:05
46	583	Rigor, Paulo	TW48/CAM	12SEM	28	1:26:34.11	07:13	00:28:28
47	616	Sá, Olinda		12SEF	3	1:27:03.40	07:15	00:28:57
48	545	Ribeiro, Alexandre		12SEM	29	1:27:08.74	07:16	00:29:03
49	593	Coutinho, Hélder	TW48/CAM	12SEM	30	1:27:10.85	07:16	00:29:05
50	558	Lpes, Bruno	BTT POLVOREIRA	12SEM	31	1:27:19.06	07:17	00:29:13
51	536	Ferreira, Rosa		12F40	4	1:27:31.69	07:18	00:29:26
52	506	Correia, Emanuel	MAGNUNSSSENS	12SEM	32	1:27:32.74	07:18	00:29:27
53	507	Ramos, Hugo	MAGNUNSSSENS	12SEM	33	1:27:33.67	07:18	00:29:28
54	596	Fernandes, João	FERNANDES'S	12SEM	34	1:27:37.99	07:18	00:29:32
55	618	Baptista, César		12M40	10	1:28:34.08	07:23	00:30:28
56	505	Maia, João	MAGNUNSSSENS	12SEM	35	1:29:50.75	07:29	00:31:45
57	501	Silva, Ângelo		12SEM	36	1:30:16.74	07:31	00:32:11
58	555	Moreira, Paulo		12M40	11	1:31:07.83	07:36	00:33:02
59	530	Magalhaes, Nilda		12F40	5	1:32:19.42	07:42	00:34:13
60	604	, Raphael		12M40	12	1:32:25.97	07:42	00:34:20
61	608	Pinto, Márcia	Vizela nos Pés	12SEF	4	1:33:59.19	07:50	00:35:53

Pos.	Dorsal	Nome	Equipa	Escalão	Esc.	Tempo	T/Km.	Dif.
62	594	Pinto, Augusto		12M50	5	1:34:00.01	07:50	00:35:54
63	541	Pereira, Avelino	Bota&Siga	12M40	13	1:35:25.69	07:57	00:37:20
64	504	Santos, Paulo	MAGNUNSSSENS	12SEM	37	1:35:40.59	07:58	00:37:35
65	576	Silva, Filipe	Focoteam24	12SEM	38	1:35:53.89	07:59	00:37:48
66	515	, Maria		12F40	6	1:36:29.77	08:02	00:38:24
67	524	Peixoto, Manuel		12M40	14	1:37:01.91	08:05	00:38:56
68	522	Rabiço, Rui		12SEM	39	1:38:03.78	08:10	00:39:58
69	523	Torres, Rui		12M40	15	1:38:05.24	08:10	00:39:59
70	551	, Sílvia	Trailpinoco	12F40	7	1:38:07.58	08:11	00:40:02
71	550	, Domingos	Trailpinoco	12M40	16	1:38:09.72	08:11	00:40:04
72	602	Sousa, Ricardo	GUIMARUNNING	12SEM	40	1:38:27.69	08:12	00:40:22
73	582	Patrão, Mariana	TW48/CAM	12SEF	5	1:39:27.14	08:17	00:41:21
74	619	Magalhães, Manuel	Focoteam24	12M40	17	1:40:04.43	08:20	00:41:58
75	591	Costa, Ricardo	HabCarpintaria	12SEM	41	1:40:36.30	08:23	00:42:30
76	597	Serra, Pedro	Caminheiros de Fátima	12SEM	42	1:41:04.54	08:25	00:42:59
77	579	Gonçalves, Vera	AS SUAVES	12F40	8	1:41:18.59	08:27	00:43:13
78	578	Correia, Sílvia	AS SUAVES	12SEF	6	1:41:20.35	08:27	00:43:14
79	573	Oliveira, Lúcia	Focoteam24	12F40	9	1:41:56.66	08:30	00:43:51
80	611	Costa, João		12SEM	43	1:42:55.56	08:35	00:44:50
81	509	Bento, Natália	Travassós Running Fafe	12F40	10	1:43:55.67	08:40	00:45:50
82	512	Pinto, Esmeralda	Travassós Running Fafe	12F40	11	1:43:56.45	08:40	00:45:50
83	564	Guerra, Carlos		12SEM	44	1:45:42.87	08:49	00:47:37
84	587	, Ana	As Lutadoras	12SEF	7	1:46:17.40	08:51	00:48:11
85	588	, Cláudia	As Lutadoras	12SEF	8	1:46:19.35	08:52	00:48:13
86	535	Ferreira, Carla		12F40	12	1:46:25.52	08:52	00:48:20
87	534	Ferrira, Francisco		12M40	18	1:47:02.60	08:55	00:48:57
88	567	Jorge, Manuel	Team Aguenta Aí	12M40	19	1:49:06.86	09:06	00:51:01
89	514	Pinto, Sandra	Travassós Running Fafe	12SEF	9	1:50:07.59	09:11	00:52:02
90	580	Pereira, Sandra	AS SUAVES	12F40	13	1:50:38.95	09:13	00:52:33
91	525	Vieira, Susana		12F40	14	1:52:21.60	09:22	00:54:16
92	510	Mota, Anabela	Travassós Running Fafe	12F40	15	1:55:54.81	09:40	00:57:49
93	547	Vaz, Mara	Ânimo Team	12SEF	10	1:58:13.37	09:51	01:00:07
94	548	Vaz, José	Ânimo Team	12M40	20	1:58:14.59	09:51	01:00:09
95	518	França, Ana	Casal Robusto	12F40	16	1:58:25.80	09:52	01:00:20
96	140	Gonçalves, Elsa	Vizela nos Pés	12SEF	11	1:59:50.62	09:59	01:01:45
97	517	França, Jorge	Casal Robusto	12M40	21	2:02:51.35	10:14	01:04:45
98	563	Mota, Adelaide		12F40	17	2:05:20.55	10:27	01:07:15
99	562	Guerra, Ana		12F40	18	2:05:20.96	10:27	01:07:15
100	529	Coelho, José	Adeca	12M40	22	2:13:50.11	11:09	01:15:44
101	533	Teixeira, Ricardo	BTT POLVOREIRA	12M40	23	2:13:50.79	11:09	01:15:45
DESCA.	568	Silva, Paula	LA Zinco	12SEF			07:11	
DESCA.	572	Macedo, Silvia	LA Zinco	12SEF			07:11	
DESCA.	603	, Marco		12SEM				
DESCA.	609	Alves, Manuel		12M50				
DESCA.	586	Teste, Diana		12SEF				