

Posição Geral	Dorsal	Nome	Tempo de prova	Escalão
1	72	António Carvalho	00:50:05	M40
2	79	HUGO FIGUEIREDO	00:50:06	Seniores
3	112	Sérgio Martins Salgueiro	00:50:18	Seniores
4	44	FERNANDO ANTÓNIO TEIXEIRA SOARES	00:50:34	M40
5	141	José Rodrigues de Almeida	00:50:49	M50
6	142	Vasco Figueiredo	00:51:34	M50
7	33	Filipe Sousa	00:52:35	Seniores
8	81	André Fraga	00:53:42	Seniores
9	151	Bruno Pinto	00:54:00	Seniores
10	129	Ricardo Pinto	00:54:28	Seniores
11	65	Fábio Loureiro	00:54:30	Seniores
12	74	ÂNGELO CABRAL	00:56:16	Seniores
13	93	PEDRO LOPES	00:56:44	Seniores
14	109	José Pedro de Sousa Dias	00:57:33	Seniores
15	148	Paulo Miguel Paixão Ribeiro	00:57:42	Seniores
16	156	Antonio Zeferino Fernandes	00:58:02	M40
17	179	Carlos Silva	00:58:55	M40
18	12	Alexandre Neves	00:59:03	M40
19	91	JOÃO PINTO	00:59:35	M50
20	153	César Pais	00:59:56	Seniores
21	157	CRISTIAN ALONSO FIGUEROA	01:00:49	Seniores
22	83	Bruno Graça	01:01:29	M40
23	52	JORGE ALBERTO CADAVEZ FERREIRA	01:02:08	Seniores
24	165	Esmeralda Silva	01:02:58	M40
25	38	Rui Pedro Santos Pinto	01:03:03	Seniores
26	16	Ibraim Sousa	01:03:04	Seniores
27	166	Paulo Rocha	01:03:43	Seniores
28	2	Luis Lobo	01:03:47	M50
29	45	Tiago Monteiro	01:03:50	Seniores
30	64	Manuel Martins Vieira	01:06:36	Seniores
31	43	José Oliveira	01:06:50	Seniores
32	158	ALFONSO DE SAAGONZALEZ	01:06:55	Seniores
33	85	José Joaquim da Silva Pires	01:07:00	M40
34	161	Nuno Moutinho	01:07:01	Seniores
35	82	Paulo Soares	01:07:03	Seniores
36	15	Bruno Rocha	01:08:42	Seniores
37	92	NELSON FERREIRA	01:09:00	Seniores
38	169	TIAGO MANUEL DE ALMEIDA	01:09:28	Seniores
39	110	Ruben José da Silva Nogueira	01:09:32	Seniores
40	37	Mário Carvalho	01:09:55	Seniores
41	96	NUNO MONTEIRO	01:09:59	M50
42	105	renato santos	01:10:04	Seniores
43	87	Jorge Fernandes	01:10:22	M40
44	49	Carla Silva	01:10:33	Seniores
45	160	Ricardo André de Melo Couto	01:10:56	Seniores
46	120	Márcio Pereira	01:10:57	Seniores
47	41	ANTÓNIO MARTINS	01:11:25	Seniores
48	177	Igor Cunha	01:11:44	M50
49	152	Bruna Rodrigues	01:12:01	Seniores
50	94	RICARDO MARTINS	01:12:10	Seniores
51	173	César Santos	01:13:22	Seniores
52	84	João Paulo Fernandes Lopes	01:12:15	M40
53	17	Adalberto Figueiredo	01:12:34	M40
54	163	Inocência Gonçalves	01:12:35	M40

55	36	marlene martins	01:12:55	Seniores
56	126	Sara Amaral	01:13:51	Seniores
57	23	José santos	01:13:52	Seniores
58	34	Paulo Silva	01:14:25	Seniores
59	73	Miguel Teixeira	01:14:26	M40
60	167	Mauro Rei	01:15:13	Seniores
61	42	MARTA EVARISTO	01:15:15	Seniores
62	11	carlos tadea	01:15:52	M50
63	150	José Vieira	01:17:06	Seniores
64	19	João Neves Varela	01:17:08	M50
65	30	André Gonçalves Paiva	01:17:08	Seniores
66	71	Leonel Rodrigues Costa	01:18:03	Seniores
67	68	Sofia Almeida Gonçalves	01:18:06	Seniores
68	51	Abel Rodrigues	01:18:07	Seniores
69	24	Ernesto Araújo	01:18:46	M40
70	138	maria rosário martins	01:20:03	M40
71	155	João Martins	01:20:05	M40
72	76	Rui Pedro Fernandes Marques	01:20:07	Seniores
73	77	Nelson José Margato Janardo	01:20:21	Seniores
74	128	Júlio Santos	01:21:17	Seniores
75	104	Rui Silva	01:21:18	M40
76	103	Paulo Silva	01:21:20	M40
77	101	Pedro Rodrigues	01:21:22	Seniores
78	102	Mário Gonçalves	01:21:23	Seniores
79	174	Elisabete Faria	01:22:21	Seniores
80	89	Paulo Freitas	01:22:50	M40
81	60	Luís Ricardo Paiva Sequeira Machado	01:22:52	Seniores
82	172	Nuno Santos	01:22:54	M40
83	144	Nelson Moura	01:23:04	Seniores
84	149	Lino Tinoco	01:23:06	Seniores
85	35	Fábio Freixo	01:23:31	Seniores
86	143	Manuela Figueiredo	01:24:04	M50
87	127	Ricardo André Pinto Afonso	01:24:45	Seniores
88	130	José Carlos Cunha	01:24:46	Seniores
89	80	Rui Miguel da Costa Pinto	01:25:13	Seniores
90	67	António Policarpo Lourenço Cerqueira	01:25:18	Seniores
91	137	Domingos Miguel Gonçalves Fernandes	01:25:32	Seniores
92	145	Ezequiel Pereira Gonçalves	01:25:33	Seniores
93	124	Carvalho E04BVART	01:26:19	Seniores
94	1	Marco Martins (Presidente CM Gondomar	01:26:22	M50
95	27	José Amorim	01:26:25	Seniores
96	171	Natália Santos	01:26:28	M40
97	69	Inês Martins Caihegas Freitas	01:26:31	M50
98	78	Raquel Sofia Carvalho da Costa	01:26:34	Seniores
99	50	Lúcia Mendes	01:26:40	Seniores
100	98	GONÇALO CALDEIRA	01:26:50	Seniores
101	162	Manuel Pereira	01:26:52	M40
102	136	ELSA LEITE	01:28:05	M40
103	134	GRAÇA FARELO	01:28:07	M40
104	171	Natália Santos	01:28:15	M40
105	88	Ligia Freitas	01:28:16	Seniores
106	47	Inês Gonçalves	01:28:32	Seniores
107	46	Tiago Vieira	01:28:33	Seniores
108	57	Sara Marques	01:28:36	Seniores
109	119	Regina Carvalho	01:31:49	M40
110	97	JOANA MONTEIRO	01:32:25	Seniores
111	180	Helder Correia	01:33:48	M40
112	75	Carla Chibante	01:33:49	M40

113	63	Pedro Matos	01:35:49	Seniores
114	62	David Silva	01:36:24	M40
115	176	Dr. António Cunha INEM	01:36:26	M50
116	61	Gisélia Braga	01:36:34	Seniores
117	135	PATRÍCIA SANCHES	01:39:08	Seniores
118	108	Raquel Vilela	01:44:24	Seniores
119	117	Sandra Martins	01:44:25	Seniores
120	86	Adriano Santos	01:44:27	M40
121	100	Liliana	01:44:28	Seniores
122	133	CARLA ALMEIDA	01:44:29	M40
123	56	RICARDO ALMEIDA	01:44:30	M40
124	175	Dra. Mónica Antunes Gab. Pte. CMG	01:52:25	M50
125	118	Paula carvalho	01:52:27	Seniores
126	116	Joana meireles	01:52:29	Seniores
127	164	Vanessa Gonçalves Martins	01:52:32	Seniores