

Posição	Dorsal	Nome	Clube	Escalão	Tempo
1	2	Victor Manuel Fonseca Teixeira	NAST	M-40	01:44:42
2	81	Dinis Henrique Ferreira Guerra Gonçalves	MULTIPOWER   GAIA TRAIL	SEN-M	01:47:15
3	142	João Pedro Pedrosa Nunes	MULTIPOWER   GAIA TRAIL	SEN-M	01:48:32
4	214	Miguel Martins	NAST	SEN-M	01:48:35
5	238	Paulo César Teixeira Martins Ferreira	Gondomar Futsal Clube	SEN-M	01:50:43
6	260	Pedro Marques	Lobos Do Monte	M-40	01:50:51
7	315	Victor Fernandes	CTAD tiagoaragao.com	SEN-M	01:51:19
8	52	Bruno Santiago	MULTIPOWER   GAIA TRAIL	SEN-M	01:51:31
9	82	Diogo Ferreira de Carvalho	NAST	M-40	01:54:07
10	46	António Rocha	CLUBE ATLETISMO GAIENSES / TOYOTA	M-50	01:55:17
11	58	Carlos Barroso	CLUBE ATLETISMO GAIENSES / TOYOTA	M-40	01:56:16
12	309	tiago teixeira	factor x	SEN-M	01:57:07
13	147	Joaquim Machado Oliveira da Silva Pereira	MULTIPOWER   GAIA TRAIL	M-40	01:57:09
14	215	Miguel Oliveira	CLUBE ATLETISMO GAIENSES / TOYOTA	M-40	01:57:37
15	64	CARLOS RAMOS	GNR DE ESMORIZ	SEN-M	01:58:36
16	281	Rogério Vicente	Starolas	M-40	01:59:33
17	268	Pedro Pinto	GNR DE ESMORIZ	SEN-M	01:59:36
18	103	Filipe Miguel Grilo Teixeira	Unidade Especial de Corrida	SEN-M	01:59:52
19	348	Joaquim Freitas	Retorta	SEN-M	02:00:45
20	92	Fernando António Teixeira Soares	Individual	M-40	02:00:47
21	278	Ricardo Rocha	FAST AO KM	SEN-M	02:01:28
22	146	Joaquim Fernando Taborda	Individual	SEN-M	02:03:22
23	349	Sérgio Figueiredo	Individual	SEN-M	02:03:30
24	108	Francisco Soares	JOBRA-Associação de Jovens da Branca	M-50	02:03:44
25	325	Fernando Jorge Silva Figueiredo	Gondomar Futsal Clube	M-40	02:03:49
26	109	Francisco Teixeira	A.R. LUZ VIDA GONDOMARENSE	M-40	02:03:51
27	192	Manuel Sousa	A.R. LUZ VIDA GONDOMARENSE	M-50	02:03:58
28	106	Filipe Sousa	Gondomar Futsal Clube	SEN-M	02:04:50
29	264	Pedro Miguel Moreira Mouta	CTAD tiagoaragao.com	SEN-M	02:04:58
30	60	Carlos Daniel Loureiro Alves	MULTIPOWER   GAIA TRAIL	SEN-M	02:05:33
31	1	Lucinda Santos Sousa	Gondomar Futsal Clube	F-40	02:05:37
32	155	Jorge Silva	Gondomar Futsal Clube	M-50	02:05:40
33	93	Fernando Carneiro	NAST	SEN-M	02:07:00
34	347	Sérgio Suzano	Individual	SEN-M	02:07:16
35	311	Ulisses Costa	RUN4ALL	SEN-M	02:07:52
36	135	jesus gomez fernandez	Individual	M-40	02:07:55
37	144	Joaquim Alves	Individual	SEN-M	02:09:12
38	165	José Paulo Ribeiro	Individual	SEN-M	02:09:15
39	219	Nelson Marques	MULTIPOWER   GAIA TRAIL	SEN-M	02:10:19
40	29	André Ferreira Costa Carvalho	Individual	SEN-M	02:10:24
41	42	António Fernando Vieira da Rocha	Gondomar Futsal Clube	M-50	02:10:38
42	314	Victor Correia	CLUBE ATLETISMO GAIENSES/TOYOTA	M-40	02:11:32
43	160	José Henrique Pinto de Oliveira	MULTIPOWER   GAIA TRAIL	SEN-M	02:11:36
44	105	Filipe Sousa	Family Trailers	SEN-M	02:12:39
45	120	Helder Martins	Individual	SEN-M	02:12:56

Posição	Dorsal	Nome	Clube	Escalão	Tempo
46	132	Inuo Filipe Melo	RUN4ALL	SEN-M	02:14:00
47	122	Helder Paulo Gonçalves Costa	Individual	SEN-M	02:14:07
48	118	Helder Ferreira	Individual	SEN-M	02:14:26
49	35	Ángelo Cabral	Engomadoria L&A Team	SEN-M	02:14:38
50	235	Paulo Almeida	Individual	M-40	02:14:41
51	221	Nick van der Velde	Individual	SEN-M	02:16:15
52	283	Ruben Alves	Individual	SEN-M	02:16:19
53	140	JOÃO MOREIRA	GNR DE ESMORIZ	SEN-M	02:16:59
54	138	joão anselmo fernandes vigário	Individual	SEN-M	02:17:04
55	200	Maria augusta da costa Loureiro	Individual	F-40	02:17:46
56	55	Carlos Alberto Nogueira Soares	CTAD tiagoaragao.com	SEN-M	02:17:50
57	174	Leopoldo Fernandes	DeniroVip	M-50	02:17:59
58	127	Hugo Fernandes	Individual	I-M	02:18:26
59	245	Paulo Madeira	MULTIPOWER   GAIA TRAIL	SEN-M	02:18:36
60	332	Miguel Martins	Individual	SEN-M	02:18:54
61	83	Diogo João Loureiro	Multipower Gaia Trail	SEN-M	02:19:15
62	56	CARLOS ALVES	GNR DE ESMORIZ	SEN-M	02:20:07
63	321	Vitor Santos Lima	Amigos Quinta das Freiras	M-40	02:20:37
64	179	LUIS PEREIRA	Individual	M-50	02:20:43
65	273	Ricardo Correia	Individual	SEN-M	02:20:49
66	242	paulo jorge oliveira	Individual	SEN-M	02:20:51
67	210	Micael Cunha	Individual	SEN-M	02:20:58
68	319	Vitor Manuel da Silva Pereira	Individual	SEN-M	02:21:03
69	247	Paulo Melo	Soldado Desconhecido	M-40	02:21:22
70	289	Rui Neves	Individual	SEN-M	02:21:30
71	43	Antonio José Machado Loureiro	Blade Runners	M-40	02:22:04
72	15	alipio lopes	Individual	M-50	02:22:16
73	31	André Miguel Silva Reis	Gondomar Futsal Clube	M-40	02:22:19
74	112	Gilberto Luciano Peixoto Martins Viana	Individual	SEN-M	02:22:22
75	282	Romeu Rocha	Individual	SEN-M	02:22:26
76	38	Antonio Azevedo	Individual	M-50	02:22:28
77	162	José Luis Loureiro	Blade Runners	M-50	02:22:31
78	202	Maria do Rosário da Silva Martins	Gondomar Futsal Clube	F-40	02:22:46
79	167	José Regueiras	Individual	M-40	02:22:58
80	33	André Peixoto Costa Assunção	MULTIPOWER   GAIA TRAIL	SEN-M	02:23:16
81	130	Hugo Miguel Mendes Gonçalves	MULTIPOWER   GAIA TRAIL	SEN-M	02:23:20
82	145	Joaquim Coelho	Individual	M-40	02:23:23
83	240	PAULO JOAQUIM PIRES CALEJO	Individual	SEN-M	02:23:26
84	28	André Cabreira	Clube de Atletismo da Póvoa de Varzim	SEN-M	02:23:51
85	183	Luiz Francisco	Estética Francisco	M-40	02:24:01
86	338	António Teixeira	DeniroVip	M-50	02:24:13
87	209	Marta Rosa	Individual	SEN-F	02:24:26
88	172	Júlia Conceição	Individual	F-40	02:24:57
89	345	Vitor Coelho	Individual	SEN-M	02:25:03
90	341	Rui Santos	Individual	SEN-M	02:25:07

Posição	Dorsal	Nome	Clube	Escalão	Tempo
91	243	Paulo♦Jorge Silva♦Alves	Gondomar Futsal Clube	SEN-M	02:25:32
92	14	ALICE LOPES	GINASIO FIT4FUN	SEN-F	02:26:39
93	302	Susana Andrade	JOBRA-Associação♦♦ de Jovens da Branca	SEN-F	02:27:07
94	68	C♦sar Fernandes	Individual	SEN-M	02:27:24
95	97	Fernando Oliveira	Engomadoria L&A Team	M-40	02:27:35
96	232	Paula Lage	Individual	SEN-F	02:27:39
97	306	TIAGO ANDRE BASTOS	GINASIO FIT4FUN	SEN-M	02:28:03
98	61	CARLOS EDUARDO MARTINS	GINASIO FIT4FUN	SEN-M	02:28:27
99	216	Miguel Pacheco	Individual	M-40	02:28:30
100	7	Adelino Silva	CCD - Siemens	M-40	02:30:03
101	25	ana martins	Individual	F-40	02:30:32
102	84	Domingos Barros	Individual	M-40	02:30:50
103	294	Rui Teixeira Pinto	Individual	SEN-M	02:30:55
104	62	Carlos Fazendeiro	Individual	M-50	02:30:58
105	194	M♦rcio♦Bruno da Costa♦Pereira	Gondomar Futsal Clube	SEN-M	02:31:01
106	241	Paulo Jorge Neves Costa	Amigos Quinta das Freiras	M-40	02:31:03
107	170	Jos♦ Sousa	Individual	SEN-M	02:31:46
108	290	Rui Pedro Moreira de Sousa	Individual	SEN-M	02:31:51
109	119	Helder Jorge Ferreira de Castro	Individual	SEN-M	02:31:58
110	212	Miguel Dias	Falta de Treino	SEN-M	02:32:30
111	111	Gil Megre	Individual	M-40	02:32:39
112	272	Ramiro Alvarez Nores	Individual	M-50	02:32:53
113	176	Lieven Verraest	Individual	M-40	02:33:10
114	344	Lu♦s Almeida	Individual	M-40	02:33:15
115	163	Jos♦ Manuel Fernandes Ferreira	Individual	M-40	02:33:26
116	65	Carlos Rocha	Porto Runners	M-40	02:33:29
117	121	Helder MiguelLlopes e silva	Individual	SEN-M	02:33:33
118	74	Cristina Isabel Mendes Oliveira Dias	MULTIPOWER   GAIA TRAIL	SEN-F	02:33:39
119	96	Fernando Manuel Gon♦alves Nunes	MULTIPOWER   GAIA TRAIL	M-50	02:33:42
120	107	Francisco Jos♦ Carneiro Oliveira	MULTIPOWER   GAIA TRAIL	SEN-M	02:33:44
121	317	Vitor Guedes	Individual	SEN-M	02:33:54
122	237	Paulo C♦sar Ramos Silva	Gondomar Futsal Clube	M-40	02:34:00
123	24	Ana Maria♦da Silva♦Amaral	Gondomar Futsal Clube	F-40	02:34:04
124	244	Paulo Machado	Individual	M-40	02:34:09
125	228	nuno teixeira	factor x	SEN-M	02:35:02
126	148	Joaquim Manuel Pinto Vieira	Os Cachos	M-40	02:35:39
127	75	Daniel Lacerda	Individual	SEN-M	02:35:44
128	78	David Fernando da Rocha Tavares	Individual	M-50	02:35:52
129	233	Paula Santos	Individual	F-40	02:35:55
130	63	Carlos Manuel Pinto Vieira	Os Cachos	M-40	02:36:00
131	316	Viriato Gil Tavares Almeida	Individual	M-40	02:36:02
132	57	Carlos Augusto Martins da Silva	Individual	M-40	02:36:11
133	197	Marco Paulo Miranda Coelho Magalh♦es	Individual	SEN-M	02:36:14
134	95	Fernando♦Jos♦ Moreira♦Pereira	Gondomar Futsal Clube	M-40	02:36:16
135	266	Pedro Pereira	Individual	SEN-M	02:36:41

Posição	Dorsal	Nome	Clube	Escalão	Tempo
136	171	Jos♦ Sousa	Individual	SEN-M	02:37:08
137	336	Jos♦ Cunha	Jcinki	SEN-M	02:37:42
138	80	David Sousa	Candylicious	SEN-M	02:38:00
139	79	David Jose Santos sousa	Individual	M-40	02:38:07
140	8	agostinho moreira	Individual	M-50	02:38:21
141	195	Marcio Manuel Silva Rocha	Individual	SEN-M	02:38:23
142	342	Pedro Boaventura	Individual	SEN-M	02:38:47
143	305	Telmo Mendon♦a	Bikes & Friends	SEN-M	02:39:19
144	115	Helder Couto	Individual	M-40	02:39:24
145	310	Tito Andr♦ Gomes	ULTRA DOURO-PAIVA♦	SEN-M	02:40:47
146	220	N♦Ison Marques	Individual	SEN-M	02:41:06
147	10	Alcino Sousa	Family Trailers	M-50	02:41:29
148	223	Nuno Duarte Machado Gon♦alves	Individual	SEN-M	02:41:32
149	94	Fernando Ismael Oliveira Nogueira	Individual	SEN-M	02:42:28
150	217	Miguel Teixeira	Engomadoria L&A Team	SEN-M	02:42:32
151	126	Hugo♦Ant♦nio Coutinho♦Costa	Gondomar Futsal Clube	M-40	02:42:40
152	284	Rui Andrade	Individual	SEN-M	02:42:43
153	236	Paulo Andr♦ Pereira Martins	Moka Team	SEN-M	02:43:01
154	207	M♦rio Jorge Pereira Martins	Moka Team	SEN-M	02:43:03
155	9	alcino araujo	Individual	M-40	02:43:16
156	123	helder rodrigues	Individual	M-40	02:43:18
157	257	PEDRO GUEDES	Individual	SEN-M	02:43:21
158	271	Pedro Silva	Falta de Treino	SEN-M	02:43:24
159	161	JOSE LUIS JESUS	GINASIO FIT4FUN	SEN-M	02:43:41
160	322	Wilson Fonseca	Individual	SEN-M	02:44:31
161	91	Fernanda Pinho	Individual	F-40	02:44:35
162	255	Pedro Barbosa	Individual	M-40	02:44:38
163	253	Paulo Sousa	Individual	M-40	02:44:41
164	185	Manuel Brand♦o	Individual	M-40	02:44:46
165	274	RICARDO JORGE MAIA ALBUQUERQUE	Clube Galp Energia Norte	M-40	02:45:08
166	72	CONCEI♦AO FERREIRA	GINASIO FIT4FUN	F-40	02:45:10
167	164	Jos♦ Miguel Fortuna Pinto	Individual	SEN-M	02:45:12
168	128	Hugo Jorge da Costa Barbosa	Os Cachos	SEN-M	02:45:16
169	186	Manuel Costa	Individual	M-40	02:45:23
170	141	Jo♦o Mota	Individual	M-50	02:45:27
171	137	JOANA RODRIGUES SOUSA	MEDICINA DO EXERCICIO - CG	SEN-F	02:46:13
172	263	PEDRO MIGUEL FERNANDES OLIVEIRA	Clube Galp Energia Norte	M-40	02:46:16
173	4	Ab♦lio Jo♦o Carneiro Malheiro	Individual	M-40	02:46:18
174	295	Salom♦ Almeida Mourisco	Gondomar Futsal Clube	SEN-F	02:46:21
175	156	JOSE CABRAL	Individual	M-40	02:46:24
176	50	Blandine Craveiro	Individual	SEN-F	02:46:35
177	45	Ant♦nio Morais	Individual	M-40	02:47:07
178	343	C♦sar Barros	Individual	SEN-M	02:47:12
179	287	Rui Manuel Faria Gon♦alves	MULTIPOWER   GAIA TRAIL	SEN-M	02:47:34
180	189	Manuel Fernando Martins Carneiro	Os Cachos	M-40	02:48:22

Posição	Dorsal	Nome	Clube	Escalão	Tempo
181	27	Anabela Castro Cordeiro	Individual	I-M	02:48:45
182	139	João Ferreira	Individual	M-50	02:49:00
183	261	Pedro Mendes Pinto	Individual	SEN-M	02:49:30
184	187	Manuel Dias Oliveira	Individual	SEN-M	02:49:34
185	59	CARLOS BASTOS	GINASIO FIT4FUN	SEN-M	02:49:45
186	318	VITOR LEITE	GINASIO FIT4FUN	SEN-M	02:49:48
187	199	Margarida Silva Pereira	Amigos Quinta das Freiras	F-50	02:49:56
188	41	António Conceição Silva Pereira	Amigos Quinta das Freiras	M-50	02:49:58
189	20	ana coelho	NaoDeslarga	SEN-F	02:50:01
190	292	rui rodrigues	NaoDeslarga	SEN-M	02:50:04
191	154	JORGE MIGUEL COSTA	GINASIO FIT4FUN	SEN-M	02:50:43
192	276	Ricardo Ramos	Valpi Runners	SEN-M	02:50:57
193	88	Emanuel Vieira	Valpi Runners	SEN-M	02:51:02
194	259	Pedro Marques	KeMedo Team	SEN-M	02:51:05
195	265	Pedro Nuno Dias Magalhães	Individual	SEN-M	02:51:09
196	34	Andreia Raquel Neves Amorim	Gondomar Futsal Clube	SEN-F	02:51:13
197	193	Manuela Cristina Morais Tavares	Individual	SEN-F	02:51:56
198	16	Amelia Moreira	Individual	F-40	02:52:00
199	6	Adelaide Veludo	Amigos Quinta das Freiras	F-50	02:52:06
200	36	ANSELMO ALMEIDA	GINASIO FIT4FUN	M-40	02:52:09
201	37	António Archer	Extreme Academy	M-50	02:52:13
202	143	João Vitor Ribeiro Moura Pinto	Individual	SEN-M	02:52:26
203	11	Alexandre Pereira	Individual	M-40	02:53:06
204	346	Hugo Couto	Individual	SEN-M	02:53:12
205	158	JOSE DIAS	Individual	M-50	02:53:58
206	40	antonio carneiro	Individual	M-40	02:54:09
207	222	Nuno Carlos Martins Alves	Individual	SEN-M	02:54:13
208	152	Jorge Augusto dos Santos Pópulo	Individual	M-40	02:54:17
209	249	Paulo Pires	Individual	SEN-M	02:54:22
210	286	Rui Francisco Fernandes	BTT Matosinhos	M-40	02:54:29
211	157	José Carlos Bessa	BTT Matosinhos	SEN-M	02:54:32
212	270	Pedro S	Running Team Maia	SEN-M	02:54:35
213	203	Maria do Rosário Magalhães	Gondomar Futsal Clube	M-40	02:54:47
214	166	José Pedro Maorano	Individual	SEN-M	02:54:51
215	89	Estela Martins	Individual	SEN-F	02:55:09
216	206	Mário Fernando Araújo	Gondomar Futsal Clube	SEN-M	02:55:12
217	116	Helder F. B. Silva	Individual	M-40	02:55:16
218	177	Lucinda Alves	Família Alves	F-50	02:55:19
219	3	Abílio Alves	Família Alves	M-50	02:55:22
220	12	Alexandre Teixeira	Individual	SEN-M	02:55:25
221	304	Susana moreira	Individual	SEN-F	02:55:54
222	239	Paulo Correia Alves	Individual	M-40	02:55:57
223	102	Filipe Cordeiro	Extreme Academy	SEN-M	02:55:59
224	178	Luis Lobo	ALL-titudes Trail Team	M-40	02:56:02
225	224	Nuno Ferreira	CCD - Siemens	SEN-M	02:56:29

Posição	Dorsal	Nome	Clube	Escalão	Tempo
226	54	Carla Santos	Individual	F-40	02:56:32
227	133	ISABEL FERREIRA	GINASIO FIT4FUN	SEN-F	02:56:38
228	277	RICARDO RIBEIRO	GINASIO FIT4FUN	SEN-M	02:56:43
229	51	Bruno Filipe Ribeiro Ferreira	Individual	SEN-M	02:58:52
230	5	adalberto correia lima pinto figueiredo	Individual	M-40	02:58:55
231	303	Susana Bastos	GINASIO FIT4FUN	SEN-F	02:58:58
232	71	CLAUDIO SANTOS	GINASIO FIT4FUN	SEN-M	02:59:00
233	17	Américo Oliveira Guedes	Gondomar Futsal Clube	SEN-M	02:59:36
234	340	Rui Couto	Individual	M-40	03:00:34
235	226	Nuno Morgado	Individual	SEN-M	03:00:38
236	110	FRANCISCO TEIXEIRA	Individual	SEN-M	03:00:55
237	280	Rodolfo Carvalho	Individual	SEN-M	03:01:17
238	320	Vitor Manuel Miranda Silva	Individual	M-40	03:01:21
239	19	Ana Carolina Lopes Ferreira	NAST	F-40	03:01:56
240	117	Helder Fernando Vieira Azevedo	NAST	SEN-M	03:02:02
241	299	Solvia Vieira	Individual	SEN-F	03:03:33
242	293	Rui Silva	Individual	SEN-M	03:03:47
243	21	Ana Costa	Running Team Maia	SEN-F	03:03:58
244	248	Paulo Pereira	Running Team Maia	SEN-M	03:04:26
245	313	Vera Mónica Ribeiro Freitas	Individual	SEN-F	03:04:53
246	87	Elisabete Alves	Individual	SEN-F	03:04:56
247	184	Manuel António Silva Pereira	Gondomar Futsal Clube	SEN-M	03:05:01
248	73	Cristina Dias	Individual	F-40	03:06:12
249	113	Gorete SALVADOR	Individual	F-40	03:06:16
250	151	Joel Marques	FAST AO KM	SEN-M	03:06:40
251	208	MARIO RUI LEITE COSTA	Individual	M-50	03:07:01
252	182	Luis Sousa	Os Rasteirinhos	M-40	03:08:13
253	129	Hugo Marques	Extreme Academy	SEN-M	03:08:38
254	99	Filipe Mota	Individual	M-40	03:09:30
255	76	Daniela Mota Machado	Individual	SEN-F	03:09:34
256	229	osvaldo ferreira	Individual	SEN-M	03:09:45
257	205	Maria Monteiro	Individual	SEN-F	03:10:02
258	323	Zé Basilio	Individual	M-40	03:10:37
259	204	Maria Isabel de Araújo Martins	Individual	F-40	03:10:41
260	298	Solvia Sousa	C&S	SEN-F	03:13:45
261	69	Christophe Moreira	C&S	SEN-M	03:13:52
262	90	Fernanda Cardoso	Individual	F-50	03:14:38
263	230	Patrícia Leite	Candylicious	SEN-F	03:15:41
264	269	Pedro Ramos	Shots International Runners	SEN-M	03:15:44
265	77	Daniela Pereira	Individual	SEN-F	03:15:54
266	159	jose Eduardo Mendes ramos	Individual	SEN-M	03:16:28
267	213	Miguel Faria	"Os Turbo Mula" D.O.C.	M-40	03:18:41
268	256	Pedro Cid Ferreira	Individual	M-40	03:20:58
269	201	Maria da Luz Olivença	Individual	M-40	03:21:26
270	191	Manuel Moura	Os Barriguitas	M-50	03:23:17

Posição	Dorsal	Nome	Clube	Escalão	Tempo
271	312	VALDEMAR SILVA	Individual	M-50	03:24:18
272	251	paulo santos	Individual	SEN-M	03:24:32
273	101	Filipe Carvalho Machado	Individual	SEN-M	03:24:55
274	173	Kátia Pereira	Amigos Quinta das Freiras	SEN-F	03:26:18
275	85	Domingos Soares	Amigos Quinta das Freiras	M-50	03:26:21
276	198	Margarida Cunha Reis	Tugas na Estrada	F-40	03:27:54
277	296	Sergio Carvalho	"Os Turbo Mula" D.O.C.	M-40	03:28:01
278	67	Catarina Runa Miranda	Individual	SEN-F	03:28:35
279	225	Nuno Lacerda	Extreme Academy	M-50	03:28:45
280	134	Ivete Carneiro	Individual	F-40	03:29:16
281	44	António José Pereira Queiroz	Gondomar Futsal Clube	M-50	03:30:24
282	39	António Carlos Rodrigues Pinheiro	Individual	SEN-M	03:30:29
283	307	Tiago Filipe Gonçalves Oliveira	Individual	SEN-M	03:31:23
284	66	Carmen Santos Lima	Individual	SEN-F	03:36:21
285	191	Manuel Moura	Os Barriguitas	M-50	03:36:27
286	337	Mónica Esteves	Jcinki	SEN-F	03:39:24
287	252	Paulo Sousa	Individual	M-40	03:40:48
288	70	CLAUDIA AMARAL	Individual	SEN-F	03:42:10
289	181	Luís Rodrigues	Individual	M-40	03:42:12
290	124	Helena Lobão	Shots International Runners	SEN-F	03:45:07
291	308	Tiago Rocha	Individual	SEN-M	03:45:54
292	125	HELENA MARCIA	GINASIO FIT4FUN	SEN-F	03:52:30
293	279	RITA AGUIAR	GINASIO FIT4FUN	SEN-F	03:52:34
DNS	13	Alfredo Martins	Os Rasteirinhos	SEN-M	- DNS -
DNS	18	ANA AGUIAR	MEDICINA DO EXERCICIO - CG	SEN-F	- DNS -
DNS	22	Ana Gomes	Individual	SEN-F	- DNS -
DNS	23	Ana Luisa Correia Da Silva Xavier	Individual	SEN-F	- DNS -
DNS	26	ANA PAULA SOUSA SARABANDA	Individual	SEN-F	- DNS -
DNS	30	André Miguel Silva Oliveira	ULTRA DOURO-PAIVA	SEN-M	- DNS -
DNS	32	André Oliveira	Individual	SEN-M	- DNS -
DNS	47	ARMANDINO TABORDA	Individual	M-40	- DNS -
DNS	48	Artur Ferreira	Individual	M-40	- DNS -
DNS	49	AUGUSTO COELHO	Individual	M-50	- DNS -
DNS	53	Camila Pinto	Individual	F-40	- DNS -
DNS	86	Eduardo Caramalho	Valpi Runners	M-40	- DNS -
DNS	98	Fernando Santos	Individual	M-50	- DNS -
DNS	100	Filipe Amorim Sousa	Individual	SEN-M	- DNS -
DNS	104	Filipe Ramos	Individual	SEN-M	- DNS -
DNS	114	HELDER COSTA	GINASIO FIT4FUN	SEN-M	- DNS -
DNS	131	Ilídio Ricardo da Cunha Costa	Individual	SEN-M	- DNS -
DNS	136	Joana Leite	Individual	SEN-F	- DNS -
DNS	149	Joaquim Nunes	Individual	M-50	- DNS -
DNS	150	Joaquim Vidal	Individual	SEN-M	- DNS -
DNS	153	Jorge Manuel Cota Pereira	Individual	SEN-M	- DNS -
DNS	168	José Santos	Individual	SEN-M	- DNS -

<b>Posição</b>	<b>Dorsal</b>	<b>Nome</b>	<b>Clube</b>	<b>Escalão</b>	<b>Tempo</b>
DNS	169	Jose Silva	Individual	M-40	- DNS -
DNS	175	L <sup>o</sup> dia Pereira	Individual	SEN-F	- DNS -
DNS	180	LUIS PINHO	GINASIO FIT4FUN	M-40	- DNS -
DNS	188	Manuel Faria Sampaio	Individual	M-50	- DNS -
DNS	190	Manuel Ferreira	JOBRA-Associação de Jovens da Branca	M-50	- DNS -
DNS	196	MARCO ANDR <sup>o</sup> DA SILVA ALMEIDA	Clube Galp Energia Norte	M-40	- DNS -
DNS	211	Miguel Carvalho	Individual	SEN-M	- DNS -
DNS	218	NELSON CASTRO	MEDICINA DO EXERC <sup>o</sup> CIO-CG	M-40	- DNS -
DNS	227	Nuno Paiva	Individual	M-40	- DNS -
DNS	231	Paula Cristina Almeida Oliveira	Individual	F-40	- DNS -
DNS	234	Paulo Alexandre da Fonseca Amadeu	MULTIPOWER   GAIA TRAIL	SEN-M	- DNS -
DNS	246	Paulo Manuel Lorenzo Vieira Fernandes Soares	Individual	M-40	- DNS -
DNS	250	Paulo Ribeiro de Sousa	Individual	M-40	- DNS -
DNS	254	Pedro <sup>o</sup> Andr <sup>o</sup> Neves Pinto <sup>o</sup> Tapadas	Gondomar Futsal Clube	SEN-M	- DNS -
DNS	258	Pedro Machado	Individual	SEN-M	- DNS -
DNS	262	Pedro Mendes Pinto	Individual	SEN-M	- DNS -
DNS	267	Pedro Pinho	Individual	SEN-M	- DNS -
DNS	275	ricardo orlando dias queiros	NAST	SEN-M	- DNS -
DNS	285	Rui barbosa	Individual	SEN-M	- DNS -
DNS	291	Rui Pedro Pinto	Individual	SEN-M	- DNS -
DNS	297	S <sup>o</sup> rgio Suzano	Individual	SEN-M	- DNS -
DNS	300	s <sup>o</sup> nia moreira	Individual	SEN-F	- DNS -
DNS	339	Miguel Castro	Individual	M-40	- DNS -
DNS	717	S <sup>o</sup> nia Mota	Extreme Academy	F-40	- DNS -