Trail das Nozes
Gondomar
28-outubro-2018

TRAIL LONGO - STAGE 1 — 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	7ºC	75%
End	13:42	7ºC	75%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	53	Ricardo Jorge Gonçalves da Silva	edv- viana trail	Senior Masculino	01:49:52		04:24
2	1	Fernando Lemos	gaia trail	Senior Masculino	01:54:40	+04:48	04:35
3	52	Pedro Manuel Reis Caprichoso	edv- viana trail	Senior Masculino	01:59:22	+09:30	04:47
4	80	Pedro Tapadas	gondomar futsal clube	Senior Masculino	01:59:26	+09:34	04:47
5	223	Nelson Teixeira	tua saúde	Senior Masculino	02:03:06	+13:14	04:55
6	161	Nuno Cardoso	individual	Veterano M40	02:03:24	+13:32	04:56
7	204	Fernando Miguel	oralklass - amigos do trail	Senior Masculino	02:03:24	+13:32	04:56
8	51	José Daniel Gonzalez	edv- viana trail	Senior Masculino	02:06:14	+16:22	05:03
9	55	Victor Correia	edv- viana trail	Veterano M40	02:06:15	+16:22	05:03
10	22	António Fernando Neves Martins	boavista trail	Veterano M40	02:07:27	+17:35	05:06
11	214	Tozé Amorim	serviços sociais câmara municipal s m feira	Veterano M40	02:07:58	+18:06	05:07
12	192	Ricardo Almeida	morcegos trail	Senior Masculino	02:09:28	+19:36	05:11
13	30	Lino Pinto	btt alegria // tubani	Veterano M40	02:09:52	+19:59	05:12
14	205	Filipe Carneiro	oralklass - amigos do trail	Senior Masculino	02:10:39	+20:47	05:14
15	190	Tiago Soares	moinhos run-adrm	Senior Masculino	02:10:47	+20:55	05:14
16	77	Joaquim Freitas	gdr retorta	Veterano M40	02:10:55	+21:03	05:14
17	222	Nuno Guimarães	trogloditas runners	Senior Masculino	02:12:20	+22:28	05:18
18	49	Ivan Silva	edv- viana trail	Senior Masculino	02:12:52	+23:00	05:19
19	28	Filipe Pinto	btt alegria // tubani	Senior Masculino	02:13:37	+23:45	05:21
20	165	Gonçalo Fonseca	individual	Senior Masculino	02:13:39	+23:47	05:21
21	15	Jorge Manuel Barbosa Moreira	amigos do pedal trailagares	Veterano M50	02:13:46	+23:54	05:21
22	29	Carlos Ferreira	btt alegria // tubani	Veterano M40	02:14:06	+24:14	05:22
23	62	David Gonçalves	factor / s4l / medense fc	Senior Masculino	02:14:14	+24:22	05:22
24	21	Ricardo Manuel dos Santos Ferreira	boavista trail	Senior Masculino	02:16:36	+26:44	05:28
25	14	Miguel Ângelo de Oliveira Pinto	amigos do pedal trailagares	Sub 23 Masculino	02:18:16	+28:24	05:32
26	116	João	individual	Senior Masculino	02:18:56	+29:03	05:33
27	5	Paula Soares	a.d.amarante trail running	Senior Feminino	02:19:08	+29:16	05:34
28	152	Joaquim Teixeira	wolves	Veterano M40	02:21:21	+31:29	05:39
29	71	Ricardo Miguel Magalhães Nunes	fridão sem limites	Senior Masculino	02:23:24	+33:32	05:44
30	56	Marco da Silva Vasconcelos	equipa a	Senior Masculino	02:23:27	+33:35	05:44
31	218	Sergio Rodrigues	tog associação running team	Senior Masculino	02:24:54	+35:02	05:48
32	9	Jorge Oliveira	a.d.amarante trail running	Veterano M40	02:25:47	+35:55	05:50
33	37	MANUEL SOUSA	clube atletismo gaienses/toyota	Veterano M60	02:25:57	+36:05	05:50
34	39	Jose duarte	coronado runners	Veterano M40	02:26:22	+36:30	05:51
35	193	Filipe Póvoas	mss contabilidade trail team	Senior Masculino	02:27:09	+37:17	05:53
36	20	Luis Filipe Neves Magalhaes	boavista trail	Senior Masculino	02:27:09	+37:17	05:53
37	196	Manuel Faria	mss contabilidade trail team	Veterano M50	02:27:10	+37:18	05:53
38	154	José Manuel da Silva Gomes	individual	Veterano M40	02:27:39	+37:46	05:54
39	206	Joel Ferreira	os aventureiros	Senior Masculino	02:29:16	+39:24	05:58

TRAIL LONGO - STAGE 1 — 25 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
40	81	Filipe Ramos	gondomar futsal clube	Veterano M40	02:29:58	+40:05	06:00
41	211	Emanuel Costa	s. s. montepio	Veterano M40	02:30:07	+40:15	06:00
42	24	Pedro Jorge Ferreira Dias	boavista trail	Veterano M40	02:30:16	+40:24	06:01
43	117	Luís Gomes	individual	Senior Masculino	02:30:28	+40:36	06:01
44	207	Bruno Macedo	os caga tacos running team	Senior Masculino	02:30:59	+41:07	06:02
45	163	PEDRO BARBOSA	individual	Veterano M40	02:31:24	+41:32	06:03
46	31	Manuel Teixeira	btt alegria // tubani	Veterano M40	02:31:32	+41:40	06:04
47	177	Delfim Nunes	kemedo team	Veterano M40	02:31:48	+41:56	06:04
48	169	vitor santos	leões de tardariz trail	Veterano M40	02:31:51	+41:59	06:04
49	180	Miguel Alves	leões de tardariz trail	Senior Masculino	02:32:01	+42:09	06:05
50	57	João Araújo	ermentão	Senior Masculino	02:32:14	+42:22	06:05
51	138	Alexandra Fernandes	individual	Veterana F50	02:32:15	+42:23	06:05
52	203	Maria Gonçalves	oralklass - amigos do trail	Senior Feminino	02:32:16	+42:24	06:05
53	120	Miguel Ferreira	individual	Senior Masculino	02:33:10	+43:18	06:08
54	197	Vitor Azevedo	mss contabilidade trail team	Veterano M40	02:33:13	+43:21	06:08
55	176	António Rocha	individual	Veterano M60	02:33:18	+43:26	06:08
56	95	César Sousa	hora do lobo trail - cf perosinho atletismo	Veterano M40	02:33:37	+43:45	06:09
57	36	Jorge Silva	centro ciclista de gondomar	Veterano M50	02:33:40	+43:48	06:09
58	111	Geraldo Santos	individual	Senior Masculino	02:33:57	+44:04	06:09
59	202	Nuno Coelho	núcleo de montanha de espinho	Veterano M40	02:33:57	+44:04	06:09
60	123	Nuno Mesquita	individual	Senior Masculino	02:34:55	+45:03	06:12
61	60	Carlos Azevedo	factor / s4l / medense fc	Senior Masculino	02:35:48	+45:56	06:14
62	96	Leonel Silva	hora do lobo trail - cf perosinho atletismo	Veterano M40	02:36:18	+46:26	06:15
63	61	Daniel Terra	factor / s4l / medense fc	Senior Masculino	02:36:34	+46:42	06:16
64	217	Ricardo Machado	tog associação running team	Senior Masculino	02:36:38	+46:46	06:16
65	64	Igor Paiva	factor / s4l / medense fc	Senior Masculino	02:36:43	+46:51	06:16
66	65	Pedro Viana	factor / s4l / medense fc	Senior Masculino	02:36:45	+46:53	06:16
67	7	Márcio Castro	a.d.amarante trail running	Senior Masculino	02:36:53	+47:01	06:17
68	8	Ricardo Leão	a.d.amarante trail running	Senior Masculino	02:36:54	+47:02	06:17
69	78	Hermenegildo Mendes	gondomar futsal clube	Senior Masculino	02:37:14	+47:22	06:17
70	34	Ana Amaral	centro ciclista de gondomar	Veterana F40	02:37:42	+47:50	06:18
71	147	Eduardo Pinto	individual	Veterano M40	02:38:40	+48:48	06:21
72	16	Carlos Manuel Pereira do Couto	arcorun	Veterano M40	02:38:55	+49:03	06:21
73	114	Helder Silva	individual	Senior Masculino	02:38:55	+49:03	06:21
74	188	Miguel Santos	moinhos run-adrm	Senior Masculino	02:39:18	+49:26	06:22
75	124	Nuno Natividade Silva	individual	Senior Masculino	02:39:31	+49:38	06:23
76	26	Paulo José Rodrigues Morais Ferreira	boavista trail	Veterano M50	02:39:37	+49:45	06:23
77	4	Angela Soares	a.d.amarante trail running	Senior Feminino	02:39:40	+49:48	06:23
78	11	Helder azevedo	airorun	Veterano M40	02:40:36	+50:44	06:25
79	63	Hugo Silva	factor / s4l / medense fc	Senior Masculino	02:41:07	+51:15	06:27
80	69	Andreia Ribeiro Almeida	fridão sem limites	Senior Feminino	02:41:24	+51:31	06:27
81	100	Bruno	individual	Senior Masculino	02:42:34	+52:42	06:30
82	181	Dario Cardoso	leões de tardariz trail	Veterano M40	02:42:38	+52:46	06:30
83	189	Simão Sousa	moinhos run-adrm	Senior Masculino	02:42:56	+53:04	06:31
84	174	Paulo Ferreira	individual	Veterano M50	02:44:48	+54:56	06:36

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	228	Paulo Dias	individual	Veterano M50	02:45:33	+55:41	06:37
86	173	Manuel Carriço	individual	Veterano M50	02:46:17	+56:25	06:39
87	167	Pedro Pereira	individual	Veterano M40	02:46:36	+56:43	06:40
88	200	Mika Magalhães	núcleo de montanha de espinho	Veterano M40	02:46:36	+56:44	06:40
89	17	Maria Augusta Da Costa Loureiro	associação desportiva de cabroelo	Veterana F40	02:46:53	+57:01	06:41
90	115	Hugo Silva	individual	Senior Masculino	02:47:43	+57:50	06:43
91	85	Paulo Gama	gondomar futsal clube	Veterano M50	02:49:02	+59:10	06:46
92	149	Fernando Rodrigues	individual	Veterano M40	02:51:41	+01:01:49	06:52
93	46	Carlos Bento	douroconta - gabinete de apoio e contabilidade	Veterano M60	02:52:19	+01:02:26	06:54
94	141	Artur Ferreira	individual	Veterano M40	02:52:26	+01:02:33	06:54
95	224	Daniela Soares	unidos à fresca	Senior Feminino	02:52:26	+01:02:33	06:54
96	67	Miguel Moura	factor / s4l / medense fc	Veterano M40	02:52:34	+01:02:42	06:54
97	157	Luis Ribeiro	individual	Veterano M40	02:52:47	+01:02:55	06:55
98	199	João Gabriel Vilares Costa Graça	núcleo de montanha de espinho	Senior Masculino	02:53:11	+01:03:19	06:56
99	109	Fábio Campos	individual	Senior Masculino	02:54:16	+01:04:24	06:58
100	23	Filipe Augusto Ferreira Alves Abreu	boavista trail	Veterano M40	02:54:17	+01:04:25	06:58
101	133	Tiago Costa	individual	Senior Masculino	02:54:20	+01:04:28	06:58
102	182	Joaquim Leite	leões de tardariz trail	Veterano M50	02:54:59	+01:05:06	07:00
103	35	Henrique Matos	centro ciclista de gondomar	Veterano M40	02:55:03	+01:05:11	07:00
104	226	Helena Gomes	wolves	Veterana F40	02:56:09	+01:06:17	07:03
105	32	Rui Airosa	budeguitas runners	Veterano M40	02:56:26	+01:06:34	07:03
106	106	Carlos Oliveira	individual	Senior Masculino	02:56:40	+01:06:48	07:04
107	44	António Azevedo	douroconta - gabinete de apoio e contabilidade	Veterano M40	02:57:10	+01:07:17	07:05
108	92	Cristina Moura Saraiva	hora do lobo trail - cf perosinho atletismo	Veterana F50	02:57:33	+01:07:41	07:06
109	186	Alcídio Moreira	mata elefantes	Veterano M40	02:58:01	+01:08:08	07:07
110	225	António Silva	wolves	Senior Masculino	02:58:22	+01:08:30	07:08
111	212	Helder Marques	individual	Senior Masculino	02:58:34	+01:08:42	07:09
112	160	Miguel Loureiro	individual	Veterano M40	02:58:36	+01:08:44	07:09
113	10	João Gil	a.d.amarante trail running	Veterano M60	02:58:47	+01:08:55	07:09
114	159	Manuel Teixeira	individual	Veterano M40	02:58:48	+01:08:56	07:09
115	87	Fábio Ferreira	honra team	Senior Masculino	02:59:21	+01:09:29	07:10
116	194	Carlos Duarte	mss contabilidade trail team	Veterano M40	02:59:21	+01:09:29	07:10
117	110	filipe truta	individual	Senior Masculino	02:59:32	+01:09:40	07:11
118	153	José Carlos Lopes Paulino	individual	Veterano M40	03:00:13	+01:10:20	07:13
119	38	José Andrade	clube trilheiros & amigos	Senior Masculino	03:00:25	+01:10:33	07:13
120	103	Bruno Filipe Jesus Pinto Loureiro	individual	Senior Masculino	03:00:31	+01:10:38	07:13
121	83	Rui Teixeira	gondomar futsal clube	Veterano M40	03:00:52	+01:11:00	07:14
122	227	Andreia Amorim	gondomar futsal clube	Senior Feminino	03:00:56	+01:11:04	07:14
123	18	Lucia lourenco	avf team	Senior Feminino	03:00:56	+01:11:04	07:14
124	91	Leonardo Brito	hora do lobo trail - cf perosinho atletismo	Senior Masculino	03:00:57	+01:11:05	07:14
125	140	André Oliveira	individual	Veterano M40	03:01:06	+01:11:14	07:15
126	187	Filipe Manuel Rocha Correia	melres trail running - ordem para arrear	Veterano M40	03:01:39	+01:11:47	07:16

TRAIL LONGO - STAGE 1 — 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
127	131	Sergio Moreira	individual	Senior Masculino	03:02:33	+01:12:41	07:18
128	25	Rodolfo Brito da Silva	boavista trail	Veterano M40	03:03:03	+01:13:11	07:19
129	215	Renato Lourenço	team shark	Senior Masculino	03:03:07	+01:13:14	07:19
130	88	Paulo Pinto	honra team	Senior Masculino	03:03:31	+01:13:39	07:20
131	139	Maria Conceição Queiroz de Oliveira	individual	Veterana F50	03:04:26	+01:14:34	07:23
132	19	Mi Couto	boavista trail	Senior Feminino	03:04:27	+01:14:35	07:23
133	195	José Carlos Cardoso	mss contabilidade trail team	Veterano M40	03:06:09	+01:16:17	07:27
134	126	Paulo Clemente	individual	Senior Masculino	03:06:49	+01:16:57	07:28
135	185	Hélder Moreira	mata elefantes	Senior Masculino	03:07:15	+01:17:23	07:29
136	219	Miguel Cunha	tog associação running team	Veterano M40	03:07:45	+01:17:53	07:31
137	220	Marlene Ribeiro	trepatrilhos trail team	Veterana F40	03:08:08	+01:18:16	07:32
138	108	Diogo Ricardo Soares Pereira	individual	Senior Masculino	03:08:29	+01:18:36	07:32
139	158	Luis Santos	individual	Veterano M40	03:08:40	+01:18:48	07:33
140	179	Luís Vieira	kunalama runners	Senior Masculino	03:09:48	+01:19:56	07:36
141	136	Ana Costa	individual	Veterana F40	03:09:50	+01:19:58	07:36
142	128	Paulo Pereira	individual	Senior Masculino	03:09:51	+01:19:59	07:36
143	89	Rafael Moura	honra team	Sub 23 Masculino	03:10:16	+01:20:24	07:37
144	221	Rui Familiar	trepatrilhos trail team	Veterano M40	03:10:37	+01:20:45	07:38
145	209	Nelson Duarte	outsiders trail team	Veterano M40	03:11:10	+01:21:17	07:39
146	76	Alcino tavares	gansos	Veterano M40	03:11:12	+01:21:19	07:39
147	75	Florinda carvalho	gansos	Veterana F40	03:11:12	+01:21:20	07:39
148	148	Emanuel Maio	individual	Veterano M40	03:11:15	+01:21:23	07:39
149	3	Roberto Garcês	100meta	Senior Masculino	03:11:30	+01:21:38	07:40
150	2	Nuno Neves	100meta	Senior Masculino	03:11:30	+01:21:38	07:40
151	98	Elisabete Rente	individual	Senior Feminino	03:11:54	+01:22:02	07:41
152	107	Desidério Sousa	individual	Senior Masculino	03:11:56	+01:22:04	07:41
153	151	Helder costa	individual	Veterano M40	03:11:57	+01:22:04	07:41
154	68	Bruno rocha	fit gaia trail	Senior Masculino	03:11:59	+01:22:07	07:41
155	134	Tiago Moreira	individual	Senior Masculino	03:12:31	+01:22:38	07:42
156	93	Margarida neves	hora do lobo trail - cf perosinho atletismo	Veterana F50	03:12:54	+01:23:02	07:43
157	48	Ana Miranda	edl trail	Senior Feminino	03:15:36	+01:25:44	07:49
158	54	Sonia Parente	edv- viana trail	Veterana F40	03:15:36	+01:25:44	07:49
159	50	Jérôme Rodrigues	edv- viana trail	Senior Masculino	03:15:36	+01:25:44	07:49
160	213	José carlos pereira gomes	salgueiros running	Veterano M60	03:16:01	+01:26:09	07:50
161	86	Adalberto Figueiredo	grupo desportivo santander totta	Veterano M40	03:16:03	+01:26:11	07:51
162	143	Carlos Taveira	individual	Veterano M40	03:17:06	+01:27:14	07:53
163	129	Pedro Neves	individual	Senior Masculino	03:17:20	+01:27:28	07:54
164	166	Pedro Oliveira	individual	Veterano M40	03:18:38	+01:28:46	07:57
165	201	Nuno Capela	núcleo de montanha de espinho	Veterano M40	03:19:06	+01:29:14	07:58
166	13	António Gonçalves	amigos 100 limites	Sub 23 Masculino	03:19:10	+01:29:18	07:58
167	12	Patrícia Conceição	amigos 100 limites	Senior Feminino	03:19:10	+01:29:18	07:58
168	145	João Soares	individual	Senior Masculino	03:20:24	+01:30:31	08:01
169	90	Bruna Coelho	hora do lobo trail - cf perosinho atletismo	Senior Feminino	03:21:54	+01:32:02	08:05
170	94	Alfredo Rocha	hora do lobo trail - cf perosinho atletismo	Veterano M40	03:21:54	+01:32:02	08:05
171	112	Gilberto Sousa	individual	Senior Masculino	03:22:50	+01:32:58	08:07

TRAIL LONGO - STAGE 1 — 25 KM

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
172	155	Jose Moreira	individual	Veterano M40	03:23:56	+01:34:04	08:09
173	42	João Paulo	dive into the mountains	Veterano M40	03:24:43	+01:34:51	08:11
174	66	Sandro Pinheiro	factor / s4l / medense fc	Senior Masculino	03:26:18	+01:36:26	08:15
175	70	José Conceição	fridão sem limites	Senior Masculino	03:27:05	+01:37:13	08:17
176	198	Carla Sofia Neves Monteiro	núcleo de montanha de espinho	Senior Feminino	03:27:38	+01:37:46	08:18
177	6	Sónia Brás	a.d.amarante trail running	Senior Feminino	03:32:24	+01:42:32	08:30
178	184	Pedro Gaio	lion runners - g.d. leões da guarda	Veterano M40	03:32:50	+01:42:58	08:31
179	210	Cláudia Sofia Magalhães Moura	running penafiel trail	Senior Feminino	03:32:50	+01:42:58	08:31
180	73	Sofia Rocha	gafanhori	Sub 23 Feminino	03:35:54	+01:46:02	08:38
181	72	Fábio Coradinho	gafanhori	Senior Masculino	03:35:55	+01:46:03	08:38
182	43	Etelvina Santos	douroconta - gabinete de apoio e contabilidade	Veterana F40	03:36:11	+01:46:18	08:39
183	175	Valdemar Almeida	individual	Veterano M50	03:39:40	+01:49:48	08:47
184	127	paulo lima	individual	Senior Masculino	03:40:13	+01:50:21	08:49
185	144	Celso Mota	individual	Veterano M40	03:40:35	+01:50:43	08:49
186	113	Helder José da rocha Oliveira	individual	Senior Masculino	03:40:35	+01:50:43	08:49
187	84	Ilídio Freitas	gondomar futsal clube	Veterano M50	03:40:35	+01:50:43	08:49
188	59	Carla Neves	factor / s4l / medense fc	Senior Feminino	03:41:55	+01:52:03	08:53
189	101	Bruno cavadas	individual	Senior Masculino	04:04:35	+02:14:43	09:47
190	105	Carlos Guilherme	individual	Senior Masculino	04:04:36	+02:14:44	09:47
191	102	Bruno conceiçao	individual	Senior Masculino	04:04:36	+02:14:44	09:47
192	146	Daniel Neves	individual	Veterano M40	04:04:39	+02:14:47	09:47
193	97	Claudia carvalho	individual	Senior Feminino	04:04:39	+02:14:47	09:47
194	132	Tiago	individual	Senior Masculino	04:11:23	+02:21:31	10:03
195	40	Patricia Martins	correr leça	Veterana F40	04:13:33	+02:23:41	10:09
196	41	Pedro Justo	correr leça	Veterano M40	04:13:35	+02:23:42	10:09
197	142	Artur Fonseca	individual	Veterano M40	04:18:11	+02:28:19	10:20
198	170	Alberto martins	individual	Veterano M50	04:42:00	+02:52:07	11:17

Trail das Nozes
Gondomar
28-outubro-2018

Trail Longo — 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	09:00	7ºC	75%
End	13:42	7ºC	75%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	5	Paula Soares	A.D.Amarante trail running	Senior Feminino	02:19:08	+29:16	05:34
2	203	Maria Gonçalves	Oralklass - Amigos Do Trail	Senior Feminino	02:32:16	+42:24	06:05
3	4	Angela Soares	A.D.Amarante trail running	Senior Feminino	02:39:40	+49:48	06:23
4	69	Andreia Ribeiro Almeida	Fridão Sem Limites	Senior Feminino	02:41:24	+51:31	06:27
5	224	Daniela Soares	UNIDOS À FRESCA	Senior Feminino	02:52:26	+01:02:33	06:54
6	227	Andreia Amorim	GONDOMAR FUTSAL CLUBE	Senior Feminino	03:00:56	+01:11:04	07:14
7	18	Lucia lourenco	AVF Team	Senior Feminino	03:00:56	+01:11:04	07:14
8	19	Mi Couto	Boavista trail	Senior Feminino	03:04:27	+01:14:35	07:23
9	98	Elisabete Rente	Individual	Senior Feminino	03:11:54	+01:22:02	07:41
10	48	Ana Miranda	EDL trail	Senior Feminino	03:15:36	+01:25:44	07:49
11	12	Patrícia Conceição	Amigos 100 Limites	Senior Feminino	03:19:10	+01:29:18	07:58
12	90	Bruna Coelho	Hora do Lobo Trail - CF Perosinho Atletismo	Senior Feminino	03:21:54	+01:32:02	08:05
13	198	Carla Sofia Neves Monteiro	Núcleo de Montanha de Espinho	Senior Feminino	03:27:38	+01:37:46	08:18
14	6	Sónia Brás	A.D.Amarante trail running	Senior Feminino	03:32:24	+01:42:32	08:30
15	210	Cláudia Sofia Magalhães Moura	Running Penafiel Trail	Senior Feminino	03:32:50	+01:42:58	08:31
16	59	Carla Neves	Factor / S4L / Medense FC	Senior Feminino	03:41:55	+01:52:03	08:53
17	97	Claudia carvalho	Individual	Senior Feminino	04:04:39	+02:14:47	09:47

Senior Masculino

1	53	Ricardo Jorge Gonçalves da Silva	EDV- VIANA TRAIL	Senior Masculino	01:49:52		04:24
2	1	Fernando Lemos	Gaia Trail	Senior Masculino	01:54:40	+04:48	04:35
3	52	Pedro Manuel Reis Caprichoso	EDV- VIANA TRAIL	Senior Masculino	01:59:22	+09:30	04:47
4	80	Pedro Tapadas	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:59:26	+09:34	04:47
5	223	Nelson Teixeira	Tua Saúde	Senior Masculino	02:03:06	+13:14	04:55
6	204	Fernando Miguel	Oralklass - Amigos Do Trail	Senior Masculino	02:03:24	+13:32	04:56
7	51	José Daniel Gonzalez	EDV- VIANA TRAIL	Senior Masculino	02:06:14	+16:22	05:03
8	192	Ricardo Almeida	Morcegos Trail	Senior Masculino	02:09:28	+19:36	05:11
9	205	Filipe Carneiro	Oralklass - Amigos Do Trail	Senior Masculino	02:10:39	+20:47	05:14
10	190	Tiago Soares	Moinhos Run-ADRM	Senior Masculino	02:10:47	+20:55	05:14
11	222	Nuno Guimarães	Trogloditas runners	Senior Masculino	02:12:20	+22:28	05:18
12	49	Ivan Silva	EDV- VIANA TRAIL	Senior Masculino	02:12:52	+23:00	05:19
13	28	Filipe Pinto	BTT Alegria // TUBANI	Senior Masculino	02:13:37	+23:45	05:21
14	165	Gonçalo Fonseca	Individual	Senior Masculino	02:13:39	+23:47	05:21
15	62	David Gonçalves	Factor / S4L / Medense FC	Senior Masculino	02:14:14	+24:22	05:22
16	21	Ricardo Manuel dos Santos Ferreira	Boavista trail	Senior Masculino	02:16:36	+26:44	05:28
17	116	João	Individual	Senior Masculino	02:18:56	+29:03	05:33
18	71	Ricardo Miguel Magalhães Nunes	Fridão Sem Limites	Senior Masculino	02:23:24	+33:32	05:44

Trail Longo — 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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19	56	Marco da Silva Vasconcelos	Equipa A	Senior Masculino	02:23:27	+33:35	05:44
20	218	Sergio Rodrigues	tog Associação Running Team	Senior Masculino	02:24:54	+35:02	05:48
21	193	Filipe Póvoas	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	02:27:09	+37:17	05:53
22	20	Luis Filipe Neves Magalhaes	Boavista trail	Senior Masculino	02:27:09	+37:17	05:53
23	206	Joel Ferreira	os aventureiros	Senior Masculino	02:29:16	+39:24	05:58
24	117	Luís Gomes	Individual	Senior Masculino	02:30:28	+40:36	06:01
25	207	Bruno Macedo	os caga tacos running team	Senior Masculino	02:30:59	+41:07	06:02
26	180	Miguel Alves	Leões de Tardariz Trail	Senior Masculino	02:32:01	+42:09	06:05
27	57	João Araújo	Ermentão	Senior Masculino	02:32:14	+42:22	06:05
28	120	Miguel Ferreira	Individual	Senior Masculino	02:33:10	+43:18	06:08
29	111	Geraldo Santos	Individual	Senior Masculino	02:33:57	+44:04	06:09
30	123	Nuno Mesquita	Individual	Senior Masculino	02:34:55	+45:03	06:12
31	60	Carlos Azevedo	Factor / S4L / Medense FC	Senior Masculino	02:35:48	+45:56	06:14
32	61	Daniel Terra	Factor / S4L / Medense FC	Senior Masculino	02:36:34	+46:42	06:16
33	217	Ricardo Machado	tog Associação Running Team	Senior Masculino	02:36:38	+46:46	06:16
34	64	Igor Paiva	Factor / S4L / Medense FC	Senior Masculino	02:36:43	+46:51	06:16
35	65	Pedro Viana	Factor / S4L / Medense FC	Senior Masculino	02:36:45	+46:53	06:16
36	7	Márcio Castro	A.D.Amarante trail running	Senior Masculino	02:36:53	+47:01	06:17
37	8	Ricardo Leão	A.D.Amarante trail running	Senior Masculino	02:36:54	+47:02	06:17
38	78	Hermenegildo Mendes	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:37:14	+47:22	06:17
39	114	Helder Silva	Individual	Senior Masculino	02:38:55	+49:03	06:21
40	188	Miguel Santos	Moinhos Run-ADRM	Senior Masculino	02:39:18	+49:26	06:22
41	124	Nuno Natividade Silva	Individual	Senior Masculino	02:39:31	+49:38	06:23
42	63	Hugo Silva	Factor / S4L / Medense FC	Senior Masculino	02:41:07	+51:15	06:27
43	100	Bruno	Individual	Senior Masculino	02:42:34	+52:42	06:30
44	189	Simão Sousa	Moinhos Run-ADRM	Senior Masculino	02:42:56	+53:04	06:31
45	115	Hugo Silva	Individual	Senior Masculino	02:47:43	+57:50	06:43
46	199	João Gabriel Vilares Costa Graça	Núcleo de Montanha de Espinho	Senior Masculino	02:53:11	+01:03:19	06:56
47	109	Fábio Campos	Individual	Senior Masculino	02:54:16	+01:04:24	06:58
48	133	Tiago Costa	Individual	Senior Masculino	02:54:20	+01:04:28	06:58
49	106	Carlos Oliveira	Individual	Senior Masculino	02:56:40	+01:06:48	07:04
50	225	António Silva	WOLVES	Senior Masculino	02:58:22	+01:08:30	07:08
51	212	Helder Marques	Individual	Senior Masculino	02:58:34	+01:08:42	07:09
52	87	Fábio Ferreira	Honra Team	Senior Masculino	02:59:21	+01:09:29	07:10
53	110	filipe truta	Individual	Senior Masculino	02:59:32	+01:09:40	07:11
54	38	José Andrade	CLUBE TRILHEIROS & AMIGOS	Senior Masculino	03:00:25	+01:10:33	07:13
55	103	Bruno Filipe Jesus Pinto Loureiro	Individual	Senior Masculino	03:00:31	+01:10:38	07:13
56	91	Leonardo Brito	Hora do Lobo Trail - CF Perosinho Atletismo	Senior Masculino	03:00:57	+01:11:05	07:14
57	131	Sergio Moreira	Individual	Senior Masculino	03:02:33	+01:12:41	07:18
58	215	Renato Lourenço	Team Shark	Senior Masculino	03:03:07	+01:13:14	07:19
59	88	Paulo Pinto	Honra Team	Senior Masculino	03:03:31	+01:13:39	07:20
60	126	Paulo Clemente	Individual	Senior Masculino	03:06:49	+01:16:57	07:28
61	185	Hélder Moreira	Mata elefantes	Senior Masculino	03:07:15	+01:17:23	07:29
62	108	Diogo Ricardo Soares Pereira	Individual	Senior Masculino	03:08:29	+01:18:36	07:32
63	179	Luís Vieira	Kunalama Runners	Senior Masculino	03:09:48	+01:19:56	07:36

Trail Longo — 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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64	128	Paulo Pereira	Individual	Senior Masculino	03:09:51	+01:19:59	07:36
65	3	Roberto Garcês	100meta	Senior Masculino	03:11:30	+01:21:38	07:40
66	2	Nuno Neves	100meta	Senior Masculino	03:11:30	+01:21:38	07:40
67	107	Desidério Sousa	Individual	Senior Masculino	03:11:56	+01:22:04	07:41
68	68	Bruno rocha	Fit Gaia Trail	Senior Masculino	03:11:59	+01:22:07	07:41
69	134	Tiago Moreira	Individual	Senior Masculino	03:12:31	+01:22:38	07:42
70	50	Jérôme Rodrigues	EDV- VIANA TRAIL	Senior Masculino	03:15:36	+01:25:44	07:49
71	129	Pedro Neves	Individual	Senior Masculino	03:17:20	+01:27:28	07:54
72	145	João Soares	Individual	Senior Masculino	03:20:24	+01:30:31	08:01
73	112	Gilberto Sousa	Individual	Senior Masculino	03:22:50	+01:32:58	08:07
74	66	Sandro Pinheiro	Factor / S4L / Medense FC	Senior Masculino	03:26:18	+01:36:26	08:15
75	70	José Conceição	Fridão Sem Limites	Senior Masculino	03:27:05	+01:37:13	08:17
76	72	Fábio Coradinho	Gafanhori	Senior Masculino	03:35:55	+01:46:03	08:38
77	127	paulo lima	Individual	Senior Masculino	03:40:13	+01:50:21	08:49
78	113	Helder José da rocha Oliveira	Individual	Senior Masculino	03:40:35	+01:50:43	08:49
79	101	Bruno cavadas	Individual	Senior Masculino	04:04:35	+02:14:43	09:47
80	105	Carlos Guilherme	Individual	Senior Masculino	04:04:36	+02:14:44	09:47
81	102	Bruno conceiçao	Individual	Senior Masculino	04:04:36	+02:14:44	09:47
82	132	Tiago	Individual	Senior Masculino	04:11:23	+02:21:31	10:03

Sub 23 Feminino

1	73	Sofia Rocha	Gafanhori	Sub 23 Feminino	03:35:54	+01:46:02	08:38

Sub 23 Masculino

1	14	Miguel Ângelo de Oliveira Pinto	AMIGOS DO PEDAL TRAILAGARES	Sub 23 Masculino	02:18:16	+28:24	05:32
2	89	Rafael Moura	Honra Team	Sub 23 Masculino	03:10:16	+01:20:24	07:37
3	13	António Gonçalves	Amigos 100 Limites	Sub 23 Masculino	03:19:10	+01:29:18	07:58

Veterana F40

1	34	Ana Amaral	CENTRO CICLISTA DE GONDOMAR	Veterana F40	02:37:42	+47:50	06:18
2	17	Maria Augusta Da Costa Loureiro	Associação Desportiva de Cabroelo	Veterana F40	02:46:53	+57:01	06:41
3	226	Helena Gomes	WOLVES	Veterana F40	02:56:09	+01:06:17	07:03
4	220	Marlene Ribeiro	TrepaTrilhos Trail Team	Veterana F40	03:08:08	+01:18:16	07:32
5	136	Ana Costa	Individual	Veterana F40	03:09:50	+01:19:58	07:36
6	75	Florinda carvalho	gansos	Veterana F40	03:11:12	+01:21:20	07:39
7	54	Sonia Parente	EDV- VIANA TRAIL	Veterana F40	03:15:36	+01:25:44	07:49
8	43	Etelvina Santos	Douroconta - Gabinete de Apoio e Contabilidade	Veterana F40	03:36:11	+01:46:18	08:39
9	40	Patricia Martins	Correr Leça	Veterana F40	04:13:33	+02:23:41	10:09

Trail Longo — 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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Veterana F50

1	138	Alexandra Fernandes	Individual	Veterana F50	02:32:15	+42:23	06:05
2	92	Cristina Moura Saraiva	Hora do Lobo Trail - CF Perosinho Atletismo	Veterana F50	02:57:33	+01:07:41	07:06
3	139	Maria Conceição Queiroz de Oliveira	Individual	Veterana F50	03:04:26	+01:14:34	07:23
4	93	Margarida neves	Hora do Lobo Trail - CF Perosinho Atletismo	Veterana F50	03:12:54	+01:23:02	07:43

Veterano M40

1	161	Nuno Cardoso	Individual	Veterano M40	02:03:24	+13:32	04:56
2	55	Victor Correia	EDV- VIANA TRAIL	Veterano M40	02:06:15	+16:22	05:03
3	22	António Fernando Neves Martins	Boavista trail	Veterano M40	02:07:27	+17:35	05:06
4	214	Tozé Amorim	Serviços Sociais Câmara Municipal S M Feira	Veterano M40	02:07:58	+18:06	05:07
5	30	Lino Pinto	BTT Alegria // TUBANI	Veterano M40	02:09:52	+19:59	05:12
6	77	Joaquim Freitas	GDR RETORTA	Veterano M40	02:10:55	+21:03	05:14
7	29	Carlos Ferreira	BTT Alegria // TUBANI	Veterano M40	02:14:06	+24:14	05:22
8	152	Joaquim Teixeira	WOLVES	Veterano M40	02:21:21	+31:29	05:39
9	9	Jorge Oliveira	A.D.Amarante trail running	Veterano M40	02:25:47	+35:55	05:50
10	39	Jose duarte	Coronado runners	Veterano M40	02:26:22	+36:30	05:51
11	154	José Manuel da Silva Gomes	Individual	Veterano M40	02:27:39	+37:46	05:54
12	81	Filipe Ramos	GONDOMAR FUTSAL CLUBE	Veterano M40	02:29:58	+40:05	06:00
13	211	Emanuel Costa	S. S. Montepio	Veterano M40	02:30:07	+40:15	06:00
14	24	Pedro Jorge Ferreira Dias	Boavista trail	Veterano M40	02:30:16	+40:24	06:01
15	163	PEDRO BARBOSA	Individual	Veterano M40	02:31:24	+41:32	06:03
16	31	Manuel Teixeira	BTT Alegria // TUBANI	Veterano M40	02:31:32	+41:40	06:04
17	177	Delfim Nunes	KeMedo Team	Veterano M40	02:31:48	+41:56	06:04
18	169	vitor santos	Leões de Tardariz Trail	Veterano M40	02:31:51	+41:59	06:04
19	197	Vitor Azevedo	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	02:33:13	+43:21	06:08
20	95	César Sousa	Hora do Lobo Trail - CF Perosinho Atletismo	Veterano M40	02:33:37	+43:45	06:09
21	202	Nuno Coelho	Núcleo de Montanha de Espinho	Veterano M40	02:33:57	+44:04	06:09
22	96	Leonel Silva	Hora do Lobo Trail - CF Perosinho Atletismo	Veterano M40	02:36:18	+46:26	06:15
23	147	Eduardo Pinto	Individual	Veterano M40	02:38:40	+48:48	06:21
24	16	Carlos Manuel Pereira do Couto	ARCORUN	Veterano M40	02:38:55	+49:03	06:21
25	11	Helder azevedo	AIRORUN	Veterano M40	02:40:36	+50:44	06:25
26	181	Dario Cardoso	Leões de Tardariz Trail	Veterano M40	02:42:38	+52:46	06:30
27	167	Pedro Pereira	Individual	Veterano M40	02:46:36	+56:43	06:40
28	200	Mika Magalhães	Núcleo de Montanha de Espinho	Veterano M40	02:46:36	+56:44	06:40
29	149	Fernando Rodrigues	Individual	Veterano M40	02:51:41	+01:01:49	06:52
30	141	Artur Ferreira	Individual	Veterano M40	02:52:26	+01:02:33	06:54
31	67	Miguel Moura	Factor / S4L / Medense FC	Veterano M40	02:52:34	+01:02:42	06:54
32	157	Luis Ribeiro	Individual	Veterano M40	02:52:47	+01:02:55	06:55
33	23	Filipe Augusto Ferreira Alves Abreu	Boavista trail	Veterano M40	02:54:17	+01:04:25	06:58

Trail Longo

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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34	35	Henrique Matos	CENTRO CICLISTA DE GONDOMAR	Veterano M40	02:55:03	+01:05:11	07:00
35	32	Rui Airosa	Budeguitas Runners	Veterano M40	02:56:26	+01:06:34	07:03
36	44	António Azevedo	Douroconta - Gabinete de Apoio e Contabilidade	Veterano M40	02:57:10	+01:07:17	07:05
37	186	Alcídio Moreira	Mata elefantes	Veterano M40	02:58:01	+01:08:08	07:07
38	160	Miguel Loureiro	Individual	Veterano M40	02:58:36	+01:08:44	07:09
39	159	Manuel Teixeira	Individual	Veterano M40	02:58:48	+01:08:56	07:09
40	194	Carlos Duarte	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	02:59:21	+01:09:29	07:10
41	153	José Carlos Lopes Paulino	Individual	Veterano M40	03:00:13	+01:10:20	07:13
42	83	Rui Teixeira	GONDOMAR FUTSAL CLUBE	Veterano M40	03:00:52	+01:11:00	07:14
43	140	André Oliveira	Individual	Veterano M40	03:01:06	+01:11:14	07:15
44	187	Filipe Manuel Rocha Correia	Melres Trail Running - Ordem para Arrear	Veterano M40	03:01:39	+01:11:47	07:16
45	25	Rodolfo Brito da Silva	Boavista trail	Veterano M40	03:03:03	+01:13:11	07:19
46	195	José Carlos Cardoso	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	03:06:09	+01:16:17	07:27
47	219	Miguel Cunha	tog Associação Running Team	Veterano M40	03:07:45	+01:17:53	07:31
48	158	Luis Santos	Individual	Veterano M40	03:08:40	+01:18:48	07:33
49	221	Rui Familiar	TrepaTrilhos Trail Team	Veterano M40	03:10:37	+01:20:45	07:38
50	209	Nelson Duarte	Outsiders trail team	Veterano M40	03:11:10	+01:21:17	07:39
51	76	Alcino tavares	gansos	Veterano M40	03:11:12	+01:21:19	07:39
52	148	Emanuel Maio	Individual	Veterano M40	03:11:15	+01:21:23	07:39
53	151	Helder costa	Individual	Veterano M40	03:11:57	+01:22:04	07:41
54	86	Adalberto Figueiredo	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano M40	03:16:03	+01:26:11	07:51
55	143	Carlos Taveira	Individual	Veterano M40	03:17:06	+01:27:14	07:53
56	166	Pedro Oliveira	Individual	Veterano M40	03:18:38	+01:28:46	07:57
57	201	Nuno Capela	Núcleo de Montanha de Espinho	Veterano M40	03:19:06	+01:29:14	07:58
58	94	Alfredo Rocha	Hora do Lobo Trail - CF Perosinho Atletismo	Veterano M40	03:21:54	+01:32:02	08:05
59	155	Jose Moreira	Individual	Veterano M40	03:23:56	+01:34:04	08:09
60	42	João Paulo	DIVE INTO THE MOUNTAINS	Veterano M40	03:24:43	+01:34:51	08:11
61	184	Pedro Gaio	LION RUNNERS - G.D. Leões da Guarda	Veterano M40	03:32:50	+01:42:58	08:31
62	144	Celso Mota	Individual	Veterano M40	03:40:35	+01:50:43	08:49
63	146	Daniel Neves	Individual	Veterano M40	04:04:39	+02:14:47	09:47
64	41	Pedro Justo	Correr Leça	Veterano M40	04:13:35	+02:23:42	10:09
65	142	Artur Fonseca	Individual	Veterano M40	04:18:11	+02:28:19	10:20

Veterano M50

1	15	Jorge Manuel Barbosa Moreira	AMIGOS DO PEDAL TRAILAGARES	Veterano M50	02:13:46	+23:54	05:21
2	196	Manuel Faria	MSS CONTABILIDADE TRAIL TEAM	Veterano M50	02:27:10	+37:18	05:53
3	36	Jorge Silva	CENTRO CICLISTA DE GONDOMAR	Veterano M50	02:33:40	+43:48	06:09

Trail Longo

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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4	26	Paulo José Rodrigues Morais Ferreira	Boavista trail	Veterano M50	02:39:37	+49:45	06:23
5	174	Paulo Ferreira	Individual	Veterano M50	02:44:48	+54:56	06:36
6	228	Paulo Dias	Individual	Veterano M50	02:45:33	+55:41	06:37
7	173	Manuel Carriço	Individual	Veterano M50	02:46:17	+56:25	06:39
8	85	Paulo Gama	GONDOMAR FUTSAL CLUBE	Veterano M50	02:49:02	+59:10	06:46
9	182	Joaquim Leite	Leões de Tardariz Trail	Veterano M50	02:54:59	+01:05:06	07:00
10	175	Valdemar Almeida	Individual	Veterano M50	03:39:40	+01:49:48	08:47
11	84	Ilídio Freitas	GONDOMAR FUTSAL CLUBE	Veterano M50	03:40:35	+01:50:43	08:49
12	170	Alberto martins	Individual	Veterano M50	04:42:00	+02:52:07	11:17

Veterano M60

1	37	MANUEL SOUSA	CLUBE ATLETISMO GAIENSES/TOYOTA	Veterano M60	02:25:57	+36:05	05:50
2	176	António Rocha	Individual	Veterano M60	02:33:18	+43:26	06:08
3	46	Carlos Bento	Douroconta - Gabinete de Apoio e Contabilidade	Veterano M60	02:52:19	+01:02:26	06:54
4	10	João Gil	A.D.Amarante trail running	Veterano M60	02:58:47	+01:08:55	07:09
5	213	José carlos pereira gomes	Salgueiros Running	Veterano M60	03:16:01	+01:26:09	07:50

COLETIVO - TRAIL LONGO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	EDV- VIANA TRAIL	1 + 3 + 8	12
2	BTT ALEGRIA // TUBANI	13 + 19 + 22	54
3	BOAVISTA TRAIL	10 + 24 + 36	70
4	ORALKLASS - AMIGOS DO TRAIL	7 + 14 + 52	73
5	GONDOMAR FUTSAL CLUBE	4 + 40 + 69	113
6	MSS CONTABILIDADE TRAIL TEAM	35 + 37 + 54	126
7	A.D.AMARANTE TRAIL RUNNING	27 + 32 + 67	126
8	FACTOR / S4L / MEDENSE FC	23 + 61 + 63	147
9	MOINHOS RUN-ADRM	15 + 74 + 83	172
10	LEÕES DE TARDARIZ TRAIL	48 + 49 + 82	179
11	HORA DO LOBO TRAIL - CF PEROSINHO ATLETISMO	56 + 62 + 108	226
12	CENTRO CICLISTA DE GONDOMAR	57 + 70 + 103	230
13	TOG ASSOCIAÇÃO RUNNING TEAM	31 + 64 + 136	231
14	WOLVES	28 + 104 + 110	242
15	NÚCLEO DE MONTANHA DE ESPINHO	59 + 88 + 98	245
16	FRIDÃO SEM LIMITES	29 + 80 + 175	284
17	DOUROCONTA - GABINETE DE APOIO E CONTABILIDADE	93 + 107 + 182	382
18	HONRA TEAM	115 + 130 + 143	388