



Classificação Geral

Posição	Dorsal	Nome	Clube	Escalão	Tempo
1	441	Anabela Freitas	MultiPower - Gaia Trail	SEN-F	01:08:18
2	902	Sonia Sousa	Luz e Vida Gondomarense	SEN-F	01:10:41
3	531	Daniela Gregório	Os Quebra Nozes	SEN-F	01:11:42
4	537	Diana Santos	GTT - Armazém do Caffè	SEN-F	01:13:23
5	535	Deolinda Faria	Airó Run	F-40	01:15:12
6	557	Fátima Oliveira	GTT - Armazém do Caffè	SEN-F	01:17:00
7	849	Luísa Almeida	Tártarugas do Asfalto	F-50	01:17:41
8	522	Cristiana Ferreira	Individual	SEN-F	01:19:10
9	549	Elisabete Cunha	Individual	SEN-F	01:20:39

10	941	Patrícia Ferreira	Nocturnos de Paredes	SEN-F	01:21:49
11	728	Maria Lá-Salette Barbosa Pinto	Individual	F-40	01:21:54
12	558	Fernanda Pinto	Individual	F-40	01:21:59
13	762	Mónica Carvalhais	Ginásio Factor X	SEN-F	01:23:20
14	916	Telma Mateus	Individual	SEN-F	01:23:56
15	766	Neuza Gomes	Slow Runners Pombal	SEN-F	01:24:10
16	855	Rosa Silva	Individual	SEN-F	01:24:39
17	724	Maria Ricardo	Lion Runners - G. D. Leões da Guarda	F-50	01:26:07
18	854	Rosa Mendes	Individual	F-50	01:26:44
19	787	Paula Figueiredo	Os TurboMula	F-40	01:26:56
20	875	Sandra Cardoso	Individual	F-40	01:27:08
21	612	Joana Sousa	Individual	SEN-F	01:27:11
22	749	Marta Ribeiro	Individual	SEN-F	01:27:33
23	536	Diana Almeida	Bravos do Mindelo	SEN-F	01:27:57
24	828	Raquel Costa	Lusos XXI	SEN-F	01:28:00
25	434	Ana Isabel Rocha Campanha	Individual	SEN-F	01:28:05
26	473	Bárbara Mota	Os TurboMula	SEN-F	01:28:15

27	786	Patrícia Rosas	Individual	SEN-F	01:28:28
28	743	Marlene Martins	Longusbike Team / Carlic Porto	SEN-F	01:28:35
29	595	Inês Moreira	Moinhos Run	SEN-F	01:28:41
30	918	Teresa Lima	Individual	SEN-F	01:28:47
31	761	Minda Coelho	Somos Nós Team	F-40	01:29:00
32	613	Joana Trigo	MaGni7	SEN-F	01:29:04
33	729	Maria Lurdes Mendes	Individual	F-40	01:29:19
34	602	Isabel Silva	Individual	F-40	01:29:21
35	710	Márcia Ferreira	Maia Cross Team	SEN-F	01:29:35
36	432	Ana Cristina Fernandes	Maia Cross Team	F-40	01:29:39
37	423	Ana Ferreira	Elite NM	SEN-F	01:29:50
38	697	Mafalda Luis	Individual	SEN-F	01:29:53
39	610	Joana Moura	Elite NM	SEN-F	01:29:57
40	940	Ana Coelho	Individual	F-50	01:30:33
41	902	Sonia Sousa	Luz e Vida Gondomareense	SEN-F	01:30:38
42	725	Maria Teixeira	Pés de Chumbo	F-40	01:32:13
43	684	Lúcia Sousa	Pés de Chumbo	SEN-F	01:32:18

44	545	Dulce Ribeiro	Os Turbomula	F-40	01:32:22
45	437	Ana Paula Morais	Monte dos Amigos	SEN-F	01:32:52
46	852	Rosa Almeida	Monte dos Amigos	SEN-F	01:32:55
47	556	Eva Ribeiro	Monte dos Amigos	SEN-F	01:32:58
48	850	Rita Baptista	Individual	SEN-F	01:33:03
49	433	Ana Isabel Martins Oliveira	Crazy Trailers	SEN-F	01:33:27
50	419	Ana Barros	Minions	SEN-F	01:33:30
51	767	Nina Silva	Individual	F-40	01:33:47
52	605	Joana Almeida	Individual	SEN-F	01:34:26
53	430	Ana Sousa	Ginásio Factor X	SEN-F	01:34:41
54	732	Mariana Guerra	Individual	SEN-F	01:34:49
55	548	Elisabete Almeida	Individual	SEN-F	01:34:54
56	573	Filomena Rocha	Just Me	F-40	01:35:10
57	512	Célia Meira	EDV - Viana Trail	F-40	01:35:13
58	451	Andreia Reis	Individual	SEN-F	01:35:17
59	913	Susana Silva	Individual	SEN-F	01:35:44
60	874	Sandra Bessa	Individual	SEN-F	01:36:02
61	881	Sara Moreira	Os TurboMula	SEN-F	01:36:24

62	524	Cristina Gonçalves	Lion Runners - G. D. Leões da Guarda	SEN-F	01:36:47
63	504	Castália Barbosa	MultiPower - Gaia Trail	F-40	01:37:34
64	448	Andrea Cunha	Individual	SEN-F	01:37:36
65	719	Maria Martins	Individual	SEN-F	01:38:43
66	741	Marisa Sousa	Os TurboMula	SEN-F	01:38:53
67	403	Adelaide Vigário	Ginásio Factor X	F-50	01:39:00
68	900	Sónia Rocha	NAST	SEN-F	01:39:11
69	492	Carla Baptista	Ninja Team	SEN-F	01:39:20
70	436	Ana Paula Alves	USF TS	F-40	01:39:26
71	763	Mónica Magalhães	USF TS	SEN-F	01:39:32
72	440	Ana Sofia Lopes Espanha	Individual	SEN-F	01:39:36
73	427	Ana Rocha	Aerodance Trail Running	SEN-F	01:39:58
74	746	Marta André	Zé do Pipo & Chico Tomeiras	SEN-F	01:40:14
75	711	Márcia Oliveira	Individual	SEN-F	01:40:34
76	696	Mafalda Alves	USF TS	SEN-F	01:40:43
77	525	Cristina Machado	Andatrilhos Freamunde	SEN-F	01:41:30
78	486	Cândida Seabra	Individual	F-40	01:42:58

79	544	Dulce Perestrelo	Individual	F-40	01:43:24
80	951	Lurdes Alves	Crazy Trailers	F-40	01:43:28
81	706	Manuela Sousa	Individual	F-50	01:43:33
82	614	Joana Vieira	Brabus Runners	SEN-F	01:44:19
83	513	Celina Tomás	Individual	SEN-F	01:44:22
84	829	Raquel Pinto	Individual	SEN-F	01:44:37
85	716	Margarita Somoza Silva	Castiñeiras Trail Clube	F-40	01:44:41
86	880	Sandra Pereira	Lion Runners - G. D. Leões da Guarda	F-40	01:44:47
87	926	Vera Sousa	Individual	SEN-F	01:45:13
88	450	Andreia Marques	Individual	SEN-F	01:45:19
89	953	Claudia Pacheco	Individual	F-40	01:45:53
90	409	Alexandra Barradas	Ginásio Factor X	F-40	01:45:56
91	622	João Soares	Famelga	SEN-F	01:46:05
92	487	Cândida Vilas-Boas	Zupper	F-40	01:46:09
93	547	Eliana Sousa	Ninja Team	SEN-F	01:46:12
94	744	Marlene Rodrigues	Clube Zupper	SEN-F	01:46:15
95	505	Catarina Macedo	Individual	SEN-F	01:46:29

96	611	Joana Soares	Famelga	SEN-F	01:46:32
97	882	Sara Moreira	Famelga	SEN-F	01:46:34
98	410	Alexandra Leite	All About	F-40	01:46:39
99	555	Estela Oliveira	USF TS	SEN-F	01:46:42
100	515	Cidália Peixoto	Ginasio Factor x	F-40	01:46:49
101	532	Daniela Silva	Lion Runners - G.D. Leões da Guarda	SEN-F	01:47:01
102	606	Joana Alves	Individual	SEN-F	01:47:07
103	510	Celeste Vieira	Individual	F-50	01:47:10
104	428	Ana Santos	Elite NM	SEN-F	01:47:13
105	830	Raquel Santos	Individual	SEN-F	01:47:21
106	588	Helena Almeida	Not Run Alone	SEN-F	01:47:37
107	827	Raquel Campo Grande	Individual	F-40	01:48:05
108	876	Sandra Gonçalves	Individual	SEN-F	01:48:09
109	506	Cátia Oliveira	Togheter until the end	SEN-F	01:48:39
110	507	Catia Ribeiro	Individual	SEN-F	01:48:51
111	901	Sônia Silva	Individual	SEN-F	01:48:55
112	514	Céu Cordeiro	Individual	SEN-F	01:49:09

113	475	Bia Maia	Individual	F-40	01:49:15
114	421	Ana Coelho	Individual	SEN-F	01:49:53
115	489	Carina Gonçalves Ferreira	Amigos do Pedal	SEN-F	01:49:57
116	908	Susana Ferreira	Individual	F-40	01:50:02
117	509	Cecília Sousa	Individual	SEN-F	01:50:43
118	917	Telma Rocha	Individual	SEN-F	01:50:47
119	405	Adriana Almeida	Uma vez perdi-me no monte	SEN-F	01:51:41
120	431	Ana Catarina Moreira Carneiro	Individual	SEN-F	01:51:44
121	516	Clara Costa	Individual	SEN-F	01:51:56
122	520	Conceição Ribeiro	Monte dos Amigos	F-40	01:52:27
123	452	Ângela Dias	Monte Dos Amigos	SEN-F	01:52:32
124	598	Isabel Fazenda	Individual	F-40	01:52:58
125	538	Dina Gonçalves	Lion Runners - G. D. Leões da Guarda	F-40	01:53:16
126	667	Katia Silva	As Belas e Eles	SEN-F	01:53:27
127	493	Carla Barbosa	As Belas e Eles	SEN-F	01:53:31
128	411	Alexandra Silva	Individual	SEN-F	01:53:37
129	907	Susana Faria	Lion Runners - G.D. Leões da Guarda	SEN-F	01:53:41

130	698	Magda Sequeira	Maiscrossteam	SEN-F	01:53:55
131	913	Susana Silva	Individual	SEN-F	01:54:35
132	942	Sônia Silva	Monte dos Amigos	SEN-F	01:54:43
133	764	Natália Paredes	Pernetas	F-40	01:54:47
134	518	Cláudia Teixeira	Metralhas Runners	F-40	01:55:08
135	597	Isabel Castro	VKT	F-40	01:55:11
136	906	Susana Almeida	Individual	SEN-F	01:55:15
137	709	Márcia Coelho	Ei Team Trail	SEN-F	01:55:18
138	694	Lurdes Marques	Ninja Team	F-50	01:55:22
139	442	Anabela Lopes	Individual	F-40	01:55:24
140	727	Maria de Fátima Silva Aguiar	Individual	F-40	01:55:28
141	496	Carla Silva	Uma vez perdi-me no monte	SEN-F	01:55:32
142	608	Joana Ferreira	Individual	SEN-F	01:55:37
143	589	Hélia Dias	Individual	SEN-F	01:55:52
144	500	Carla Santos	Individual	F-40	01:56:29
145	707	Manuela Vale	Individual	F-50	01:56:47
146	472	Bárbara Cruz	Individual	SEN-F	01:57:23

147	551	Elisabete Ribeiro	Individual	SEN-F	01:57:31
148	533	Daria Teixeira	Indomáveis	F-40	01:58:21
149	523	Cristiana Silva	Individual	SEN-F	01:58:33
150	668	Kisy Uyeki	FFIT Gaia Trail Running	SEN-F	01:58:36
151	784	Patrícia Pereira	Metralhas Runners	SEN-F	01:58:45
152	883	Sara Vigário	Metralhas Runners	SEN-F	01:58:47
153	831	Raquel Silva	Individual	SEN-F	01:58:50
154	494	Carla Cardoso	Individual	SEN-F	01:58:54
155	550	Elisabete Melo	Soldado Desconhecido	F-40	01:58:57
156	733	Mariana Henriques	Individual	SEN-F	01:59:00
157	490	Carla Almeida	Individual	SEN-F	01:59:29
158	851	Rita Martins	Tou Que Nem Posso	SEN-F	01:59:43
159	872	Sabrina Pedone	Individual	SEN-F	01:59:46
160	904	Sônia Alexandra Lopes Marcelo da Silva	USF-TS	F-40	01:59:50
161	501	Carmelita Marques	Uh Lá Lá	SEN-F	02:00:23
162	424	Ana Moreira	Os TurboMula	F-50	02:01:07
163	679	Liliana Lopes	Individual	SEN-F	02:01:31

164	748	Marta Oliveira	Individual	SEN-F	02:01:40
165	554	Emília Bentes	Run 4 All	F-40	02:02:10
166	669	Lara Andrade	Run 4 All	SEN-F	02:02:14
167	683	Lisa Pereira	Individual	SEN-f	02:02:22
168	449	Andreia Coelho	Monte dos Amigos	SEN-F	02:02:28
169	438	Ana Paula Santos	Monte dos Amigos	F-40	02:02:31
170	453	Ângela Graça	Monte dos Amigos	F-40	02:02:40
171	495	Carla Ferreira	Run to eat	SEN-F	02:02:56
172	497	Carla Daniela Sousa Pinto Leal	Uh Lá Lá	SEN-F	02:03:00
173	503	Carolina Silva	Crazy Trailers	F-40	02:03:03
174	910	Susana Martins	Crazy Trailers	SEN-F	02:03:07
175	502	Carmen Moreira	Individual	F-40	02:03:10
176	903	Sônia Sousa	Individual	SEN-F	02:03:13
177	909	Susana Magalhães	Individual	SEN-F	02:03:16
178	785	Patrícia Ramoa	Ninja Team	SEN-F	02:04:13
179	899	Sónia Amaro	Individual	SEN-F	02:04:23
180	680	Liliana Oliveira	Lion Runners - G. D. Leões da Guarda	SEN-F	02:04:44

181	730	Maria Manuel Pinto	Lion Runners	F-40	02:04:48
182	435	Ana Maria Dias	Individual	F-50	02:04:53
183	676	Lília Santos	Individual	SEN-F	02:05:24
184	511	Célia Guilherme	100 Km Blogue	SEN-F	02:05:27
185	422	Ana Dias	Individual	SEN-F	02:06:29
186	575	Florabela Sousa Gonçalves	Amigos do Pedal	F-40	02:07:04
187	912	Susana Recarei	VKT	F-40	02:07:09
188	919	Teresa Montenegro	VKT	SEN-F	02:07:12
189	681	Liliana Santos	Ninja Team	SEN-F	02:08:02
190	607	Joana Carvalheiro	Moreira Relax Runners	SEN-F	02:08:34
191	425	Ana Paula	Correr pra Comer	SEN-F	02:10:08
192	943	Maria Carneiro	Metralhas Runners	F-40	02:10:15
193	718	Maria Machado	Metralhas Runners	F-40	02:10:19
194	914	Tânia Rebelo	Individual	SEN-F	02:10:22
195	599	Isabel Lopes	Tou Que Nem Posso	F-50	02:11:02
196	693	Luísa Ventura	Individual	SEN-F	02:11:08
197	543	Dora Ventura	Individual	SEN-F	02:11:14

198	426	Ana Reis	Individual	SEN-F	02:11:18
199	601	Isabel Rocha	Individual	F-40	02:11:24
200	740	Marisa Silva	Individual	SEN-F	02:11:44
201	915	Tânia Santos	Uma vez perdi-me no monte	SEN-F	02:12:07
202	678	Liliana Cerqueira	Aerodance Trail Running	SEN-F	02:12:28
203	717	Maria Ferreira	Aerodance Trail Running	F-40	02:13:33
204	508	Cátia Silva	Individual	SEN-F	02:13:44
205	712	Márcia Pinto	Metralhas Runners	SEN-F	02:14:40
206	665	Juliana Celeste Teixeira Rocha	Metralhas Runners	SEN-F	02:14:44
207	521	Cosme Fula	Ninja Team	F-40	02:15:24
208	745	Marlene Soares	Ninja Team	SEN-F	02:15:28
209	677	Liliana Borges	Individual	SEN-F	02:15:56
210	580	Gisela Santiago	Run 2 Eat	SEN-F	02:15:59
211	720	Maria Moreira	Aerodance Trail Running	F-40	02:19:06
212	905	Sônia Marisa Vieira de Araújo Malheiro	Individual	SEN-F	02:20:22
213	439	Ana Rita Júlio Mangerico	Individual	SEN-F	02:20:27
214	429	Ana Silva	Individual	SEN-F	02:20:51

215	742	Marisa Vieira	Individual	SEN-F	02:20:54
216	488	Carina Sequeira	Pernetas	SEN-F	02:22:31
217	853	Rosa Costa	Aerodance Trail Running	F-40	02:28:21
218	942	Sônia Silva	Monte dos Amigos	SEN-F	02:28:33
219	731	Mariana Bernardes	Individual	SEN-F	02:37:35
220	747	Marta Campelos	Individual	SEN-f	02:37:39
221	722	Maria Osório	Aerodance Trail Running	F-50	02:38:04
222	721	Maria Nunes	Aerodance Trail Running	F-40	02:38:10
223	517	Claudia Rodrigues	Individual	SEN-F	02:43:26
224	614	Joana Vieira	Brabus Runners	SEN-F	03:02:46



Classificação Geral

Posição	Dorsal	Nome	Clube	Escalão	Tempo
1	484	Bruno Ricardo Silva	Afa Cycles / ST Trail	SEN-M	00:51:11
2	17	Bruno Santiago	MultiPower - Gaia Trail	SEN-M	00:53:09
3	768	Nuno Cardoso	Individual	SEN-M	00:53:31
4	463	António Lourenço	Engomadoria L&A Team	M-50	00:54:57
5	446	André Nogueira	UF 08 RUNNERS	SEN-M	00:55:05
6	456	Anthony Lopes	Engomadoria L&A Team	SEN-M	00:55:32
7	647	José Coelho	Santo Tirso Trail	M-40	00:56:18
8	485	Camilo Guedes	Clube Pessoal Aguas Gaia	M-40	00:57:01
9	660	José Soares	SCRT	SEN-M	00:57:21

10	578	Francisco Ferreira	UF 08 RUNNERS	SEN-M	00:57:45
11	893	Sérgio Santos	Engomadoria L&A Team	SEN-M	01:00:02
12	480	Bruno Santos	Individual	SEN-M	01:00:10
13	795	Paulo Machado	UF 08 RUNNERS	SEN-M	01:00:18
14	641	José Adelino	Clube Pessoal Aguas Gaia	M-50	01:00:41
15	809	Pedro Costa	Centro Ciclista de Gondomar	SEN-M	01:00:59
16	584	Helder Ferreira	Gramidense / KeMedo	SEN-M	01:01:02
17	803	Paulo Rodrigues	Individual	SEN-M	01:01:07
18	646	José Coelho	UF 08 RUNNERS	M-40	01:01:24
19	454	Ângelo Cabral	Gramidense / KeMedo	SEN-M	01:01:50
20	826	Rafael Santos	Individual	SEN-M	01:02:24
21	750	Maximiano Borges	Amigos do Atletismo Magna	M-50	01:02:40
22	235	Patrício Fernando	MultiPower - Gaia Trail	SEN-M	01:03:13
23	920	Tiago Correia	GTT - Armazém do Caffè	SEN-M	01:03:30
24	462	António Jesus	Team Rede Ambiente	M-40	01:03:55
25	413	Alexandre Silva	Amigos do Atletismo Magna	M-50	01:03:59
26	408	Alcino Gomes	Manos Gomes	M-40	01:04:14

27	821	Pedro Sousa	Amigos do Atletismo Magna	SEN-M	01:04:35
28	799	Paulo Moreira	Minions	SEN-M	01:04:40
29	499	Carlos Fernandes	As Belas e Eles	M-40	01:05:30
30	542	Domingos Nogueira	Moreira Relax Runners	SEN-M	01:05:33
31	688	Luis Mota	Airó Run	M-40	01:05:50
32	739	Mário Taborda	Oralklass - Aliança - Amigos do Trail	SEN-M	01:06:01
33	541	Diogo Parente	Minious	SEN-M	01:06:05
34	474	Bento Morais	Amigos do Atletismo Magna	M-50	01:06:22
35	655	José Moreira	Engomadoria L&A Team	M-40	01:06:30
36	560	Márcio Carvalho	Gramidense / KeMedo	SEN-M	01:06:31
37	484	Bruno Ricardo Silva	Afa Cycles / ST Trail	SEN-M	01:06:41
38	643	José Araújo	Airó Run	M-50	01:07:01
39	886	Sérgio Costa	Lusos XXI	SEN-M	01:07:04
40	657	José Pereira	Airó Run	M-40	01:07:18
41	670	Laurindo Osório	Individual	M-40	01:07:40
42	713	Márcio Rocha	Team Rede Ambiente	SEN-M	01:07:44
43	837	Ricardo Barros	Engomadoria L&A Team	SEN-M	01:08:07

44	925	Ulisses Costa	Run4All	SEN-M	01:08:20
45	840	Ricardo Moreira	Individual	SEN-M	01:08:22
46	813	Pedro Guimarães	Oporto Blue Whippets	M-40	01:08:24
47	404	Adelino Silva	Gramidense / KeMedo	M-40	01:08:30
48	775	Nuno Mota	Airó Run	SEN-M	01:09:13
49	861	Rui Franco	GTT - Amazém do Caffè	M-40	01:09:20
50	625	João Valente	Individual	SEN-M	01:09:22
51	202	Mário Ferreira	ADEFACEC	SEN-M	01:09:23
52	810	Pedro Dias Sabugueiro	Individual	SEN-M	01:09:26
53	559	Fernando Azevedo	Individual	SEN-M	01:09:32
54	674	Leonardo Costa	Individual	SEN-M	01:10:04
55	617	João Conceição	Individual	SEN-M	01:10:11
56	574	Flávio Azevedo	Vou Sozinho	SEN-M	01:10:23
57	789	Paulo Barbosa	Not Run ALone	M-40	01:10:30
58	617	João Conceição	Individual	SEN-M	01:10:34
59	812	Pedro Gaio	Lion Runners - G. D. Leões da Guarda	SEN-M	01:10:38
60	811	Pedro Figueiredo	Os TurboMula	SEN-M	01:10:47

61	777	Nuno Rodrigues	Minions	SEN-M	01:10:51
62	552	Emanuel Ramos	Oporto Blue Whippets	SEN-M	01:10:55
63	645	José Carneiro	Alvatrilhos	SEN-M	01:10:59
64	624	João Vale	Individual	SEN-M	01:11:04
65	671	Leandro Malakata	Individual	SEN-M	01:11:12
66	701	Manuel Martins Vieira	Oporto Blue Whippets	SEN-M	01:11:26
67	466	António Pinto	Mocidade SanGemil AC	SEN-M	01:11:38
68	779	Nuno Silva	Individual	SEN-M	01:12:06
69	682	Lino Moreira	Os TurboMula	M-50	01:12:20
70	628	João Pedro Nogueira	Individual	M-40	01:12:29
71	771	Nuno Duarte	Oporto Blue Whippets	SEN-M	01:12:53
72	654	José Mendes	Individual	M-50	01:13:13
73	593	Hugo Pereira	GTT - Armazém do Caffè	SEN-M	01:13:27
74	553	Emanuel José Marques de Gomes	Alvatrilhos	SEN-M	01:13:33
75	465	António Pereira	Gramidense / KeMedo	M-40	01:13:38
76	845	Ricardo Silva	Rádio Jornal FM 103.6 Runners	SEN-M	01:13:59
77	566	Filipe Homem	Individual	SEN-M	01:14:07

78	460	António Ferreira	Individual	SEN-M	01:14:11
79	822	Pedro Sousa	Ginásio Factor X	M-40	01:14:19
80	856	Rui Airosa	Budeguita Runners	SEN-M	01:14:26
81	803	Paulo Rodrigues	Individual	SEN-M	01:14:30
82	633	Joaquim Pinto	Monte dos Amigos	M-40	01:14:34
83	635	Joaquim Teixeira	Individual	M-50	01:15:10
84	615	João Araújo	Ermentão	SEN-M	01:15:26
85	619	João Fonseca	Os Amigos de São Pedro da Cova	SEN-M	01:15:31
86	666	Júlio Silva	Individual	SEN-M	01:16:13
87	865	Rui Mota	Individual	SEN-M	01:16:19
88	838	Ricardo Gonçalo	Individual	SEN-M	01:16:22
89	792	Paulo Ferreira	Minions	SEN-M	01:16:27
90	577	Francisco Batista	Fantastic Four	SEN-M	01:16:39
91	734	Mário Araújo	Ei Team Trail	M-40	01:16:49
92	708	Marcelo Proença	Individual	SEN-M	01:16:54
93	835	Renato Pereira	GTT - Armazém do Caffè	SEN-M	01:17:08
94	714	Marco Castro	Individual	M-40	01:17:15
95	949	António Santos	NAC	M-50	01:17:46

96	944	Vitor Gama	Bicafé	SEN-M	01:17:58
97	887	Sérgio Couto	MaiaBoxFit	M-40	01:18:20
98	889	Sérgio Lira	MaiaBoxFit	M-40	01:18:24
99	890	Sérgio Luís	United States of Grijó	SEN-M	01:18:38
100	800	Paulo Nunes	Individual	M-40	01:19:05
101	651	José Gomes	Academia Best Club	SEN-M	01:19:47
102	759	Miguel Teixeira	Gramidense / KeMedo	SEN-M	01:20:14
103	586	Helder Pinto	Individual	SEN-M	01:20:23
104	594	Ibraim Sousa	Ciclo Cabanas	SEN-M	01:20:29
105	774	Nuno Marques	Os TurboMula	SEN-M	01:20:33
106	618	João Dias	CTR	SEN-M	01:20:45
107	455	Anthony Costa	Minions	SEN-M	01:21:02
108	819	Pedro Quintas	Correr pra Comer	SEN-M	01:21:09
109	414	Alexandre Teixeira	Gramidense / KeMedo	SEN-M	01:21:11
110	790	Paulo Camarinha	Academia Best Club	SEN-M	01:21:14
111	534	Delfim Nogueira	Ei Team Trail	M-40	01:21:25
112	686	Luis Gomes	Manos Gomes	M-40	01:21:32
113	923	Tiago Soeiro	Peak Trail Team	SEN-M	01:21:39

114	751	Miguel Amaral	Individual	SEN-M	01:22:03
115	418	Álvaro Santos	Individual	SEN-M	01:22:20
116	581	Guilherme Goncalves	Individual	SEN-M	01:22:28
117	621	João Morais	Peak Trail Team	M-40	01:22:38
118	481	Bruno Silva	Os TurboMula	SEN-M	01:23:01
119	687	Luís Leal	Run 4 All	SEN-M	01:23:06
120	642	José Amorim	Red Line	SEN-M	01:23:10
121	862	Rui Gabriel	Trail 33	SEN-M	01:23:15
122	626	João Carlos Gomes	Individual	M-40	01:23:24
123	823	Pedro Vasconcelos	United States of Grijó	SEN-M	01:23:28
124	928	Vítor Carvalho	MaiaBoxFit	M-40	01:23:32
125	781	Nuno Miguel Sousa	MaiaBoxFit	SEN-M	01:23:36
126	477	Bruno Maia	Javalis Portugal	SEN-M	01:23:40
127	839	Ricardo Martins	Individual	SEN-M	01:23:45
128	571	Filipe Pacheco	Individual	SEN-M	01:24:02
129	673	Leonardo Araújo	Slow Runners Pombal	SEN-M	01:24:15
130	782	Osvaldo Ferreira	Team Rede Ambiente	SEN-M	01:24:29

131	844	José Ricardo Silva	Individual	M-40	01:24:33
132	945	Hugo Cortez Marques	Nocturnos de Paredes	SEN-M	01:24:44
133	841	Ricardo Neto	Anda Trilhos Freamunde	SEN-M	01:24:49
134	639	Jorge Nogueira	Individual	M-40	01:24:56
135	760	Miguel Teixeira	PM & Amigos	M-40	01:25:19
136	894	Sérgio Santos	Individual	SEN-M	01:25:27
137	445	André Maria	Individual	SEN-M	01:25:35
138	895	Sérgio Sousa	Individual	SEN-M	01:25:40
139	568	Filipe Maria	Pernetas	SEN-M	01:25:45
140	864	Rui Gomes	Individual	SEN-M	01:25:49
141	407	Alberto Sobral	Individual	M-40	01:25:53
142	703	Manuel Rocha	Fast ao KM / PRR-Nutrition	M-50	01:25:57
143	623	João Torres	Monte dos Amigos	SEN-M	01:25:59
144	738	Mário Soares	Tou Que Nem Posso	M-50	01:26:10
145	652	José Gomes	Individual	M-50	01:26:18
146	778	Nuno Santos	Individual	SEN-M	01:26:21
147	927	Vitor Cardoso	Individual	M-40	01:26:25
148	815	Pedro Martins	Individual	SEN-M	01:27:05

149	567	Filipe Lopes	Engomadoria L&A Team	SEN-M	01:27:23
150	478	Bruno Pereira	Individual	SEN-M	01:27:27
151	930	Vitor Monteiro	Individual	M-40	01:27:49
152	562	Fernando Pacheco	Individual	SEN-M	01:27:53
153	572	Filipe Pereira	Tou Que Nem Posso	SEN-M	01:28:20
154	715	Marcos Silva	Ciclo Tainadas	SEN-M	01:28:25
155	842	Ricardo Nogueira	Individual	SEN-M	01:28:51
156	921	Tiago Rocha	Outsiders Running Trail Team	SEN-M	01:29:09
157	871	Rui Silva	Individual	M-40	01:29:13
158	833	Raul Macedo	Individual	M-50	01:29:24
159	539	Diogo Ferreira	ADEFACEC	SEN-M	01:29:28
160	476	Bruno Cunha	ADEFACEC	SEN-M	01:29:32
161	579	Francisco Ruiz González	Castiñeiras Trail Clube	M-40	01:29:43
162	650	José Gomes	ADEFACEC	SEN-M	01:29:46
163	868	Rui Sá	Individual	M-40	01:30:00
164	796	Paulo Marçal	Individual	M-50	01:30:05
165	891	Sérgio Pereira	Individual	SEN-M	01:30:08

166	685	Luis Castro	Maia Cross Team	SEN-M	01:30:14
167	788	Paulo Almeida	Individual	M-40	01:30:20
168	814	Pedro Machado	Individual	SEN-M	01:30:23
169	755	Miguel Mendes	MS Runners	SEN-M	01:30:28
170	765	Nelson Montalvão	Os Turbomula	M-40	01:30:46
171	592	Hugo Mendes	Walk4Fun	SEN-M	01:31:00
172	637	Joni Milton	WALK4FUN	SEN-M	01:31:07
173	791	Paulo Costa	Individual	SEN-M	01:31:11
174	924	Tony Cunha	Individual	M-40	01:31:37
175	629	Joaquim Leite	Uma vez perdi-me no monte	M-50	01:31:42
176	892	Sergio Rocha	Engomadoria L&A Team	M-40	01:31:51
177	832	Raul Alvarenga	Trailgloditas	SEN-M	01:31:57
178	847	Ricardo Tavares	As Belas e Eles	SEN-M	01:32:06
179	596	Isaac Batista Pereira	Individual	M-50	01:32:09
180	564	Fernando Sousa	Os Turbomula DOC	M-40	01:32:26
181	561	Fernando Ferraz	Pernetas	M-50	01:32:29
182	858	Rui Correia	Dragon Runners	SEN-M	01:32:34
183	816	Pedro Miranda	Individual	SEN-M	01:32:38

184	658	José Pereira	Us Gunas	M-50	01:32:44
185	848	Ricardo Teles	Individual	SEN-M	01:32:47
186	952	Eduardo Rocha	Individual	SEN-M	01:33:06
187	644	José Barbosa	Individual	SEN-M	01:33:09
188	846	Ricardo Silva Sousa	FFI Gaia Trail	M-40	01:33:13
189	860	Rui Ferreira	Individual	M-40	01:33:17
190	770	Nuno Costa	MultiPower - Gaia Trail	M-40	01:33:37
191	459	António Castro	Metralhas Runners	M-50	01:33:44
192	801	Paulo Ribeiro	Individual	M-40	01:34:30
193	528	Daniel Gomes	Individual	M-40	01:34:35
194	461	António Gomes	Ginásio Factor X	SEN-M	01:34:45
195	634	Joaquim Ramos	Individual	SEN-M	01:34:59
196	931	Vitor Ramos	Individual	SEN-M	01:35:02
197	896	Sérgio Vidal	Individual	SEN-M	01:35:21
198	483	Bruno Vieira	BGFX	SEN-M	01:35:25
199	591	Hugo Almeida	Individual	M-40	01:35:47
200	570	Filipe Nogueira	Os TurboMula	SEN-M	01:35:53

201	631	Joaquim Oliveira	Pentelheiros	M-40	01:36:08
202	898	Simão Queirós	Individual	SEN-M	01:36:13
203	479	Bruno Rodrigues	O Jogo	M-40	01:36:17
204	491	Manuel Candido Almeida	Elite NM	M-50	01:36:21
205	805	Paulo Silva	PM & Amigos	SEN-M	01:36:28
206	922	Tiago Silva	PM & Amigos	SEN-M	01:36:33
207	859	Rui Ferreira	Individual	SEN-M	01:37:43
208	464	António Neto	Ninja Team	SEN-M	01:37:53
209	757	Miguel Rufino	Individual	M-40	01:37:57
210	447	André Oliveira	Individual	SEN-M	01:38:01
211	885	Sérgio Borges	Individual	SEN-M	01:38:05
212	444	André Figueiredo	Individual	M-40	01:38:11
213	804	Paulo Rodrigues	United States of Grijó	SEN-M	01:38:16
214	569	Filipe Miranda	Individual	SEN-M	01:38:37
215	869	Rui Saraiva	Individual	SEN-M	01:39:03
216	587	Helder Ribeiro	Individual	SEN-M	01:39:07
217	620	João Martins	Individual	M-40	01:39:14

218	802	Paulo Ribeiro	Guarda	M-40	01:39:23
219	754	Miguel Fonseca	Lion Runners - G. D. Leões da Guarda	M-40	01:39:42
220	808	Pedro Carvalho	Pedra no Sapato	SEN-M	01:39:51
221	565	Filipe Coutinho	Aerodance Trail Running	M-40	01:40:02
222	888	Sérgio Cunha	Individual	SEN-M	01:40:20
223	690	Luis Silva	Metralhas Runners	SEN-M	01:40:39
224	530	Daniela Costa	BGFX	SEN-M	01:41:41
225	702	Manuel Moura	Os Barriguitas	M-50	01:42:02
226	663	José Carlos Martins Carneiro	Individual	M-50	01:42:06
227	921	Tiago Rocha	Outsiders Running Trail Team	SEN-M	01:42:23
228	699	Manuel Alvarino	Uma vez perdi-me no monte	M-40	01:42:46
229	824	Pedro Vieira	Individual	SEN-M	01:42:54
230	648	José Costa	Uma Vez Perdi-me no Monte	SEN-M	01:43:01
231	863	Rui Gandra	Bart	M-40	01:43:04
232	932	Marco Martins	Câmara Municipal Gondomar	SEN-M	01:43:07
233	948	Adélio Lima	Desporto Câmara Gondomar	SEN-M	01:43:11
234	705	Manuel Vieira	Individual	SEN-M	01:43:17

235	563	Fernando Paiva	Individual	M-40	01:43:22
236	807	Paulo Vieira	Brabus Runners	SEN-M	01:43:57
237	636	John Brito	Individual	SEN-M	01:45:16
238	468	António Queirós	Ginásio Factor X	M-50	01:45:24
239	467	António Pires	Contacto Running	M-40	01:45:36
240	656	José Nogueira	Contacto Running	SEN-M	01:45:39
241	576	Francisca Amaral	Extreme Academy	SEN-M	01:45:43
242	825	Pedro Miguel Gonçalves	Trailgloditas	M-40	01:45:48
243	773	Nuno Lacerda	Extreme Academy	M-50	01:45:51
244	682	Lino Moreira	Os TurboMula	M-50	01:45:59
245	604	Ivo Almeida	Individual	M-40	01:46:19
246	664	José Carlos Nogueira	Individual	SEN-M	01:46:25
247	458	António Barbosa	Individual	SEN-M	01:46:54
248	857	Rui Coelho	Usf-TS	M-50	01:46:58
249	879	Sandra Madureira	Individual	M-40	01:47:04
250	756	Miguel Resende	Tartarugas do Asfalto	M-40	01:47:25
251	820	Pedro Soares	Sharke Tale	SEN-M	01:48:12
252	772	Nuno França	Together until the end	SEN-M	01:48:36

253	870	Rui Silva	Individual	M-40	01:48:43
254	661	José Teixeira	Pentelheiros Runners	M-40	01:48:46
255	672	Lénio Marinho	Jobrinde - Montes Saloios	M-50	01:49:03
256	583	Hélder Couto	Rock n Roll Runners	M-40	01:50:07
257	662	José Venâncio Moura	Monte dos Amigos	SEN-M	01:51:23
258	884	Sérgio Azevedo	Individual	SEN-M	01:51:46
259	817	Pedro Paiva	Individual	M-40	01:51:51
260	401	Abílio Santos	Individual	SEN-M	01:52:11
261	457	António Azevedo	No Tomorrow Running Team	M-40	01:52:15
262	653	José Lima	Em força corremos com a esclerose múltipla	M-50	01:52:21
263	498	Carlos Carvalho	Individual	M-40	01:52:37
264	793	Paulo Leite	All About	M-50	01:52:52
265	585	Hélder Oliveira	Andatrilhos Freamunde	SEN-M	01:53:03
266	529	Daniel Neto	Andatrilhos Freamunde	SEN-M	01:53:09
267	691	Luis Silva	Maia Cross Team	SEN-M	01:53:58
268	590	Hemâni Pacheco	Ninja Team	SEN-M	01:54:57
269	769	Nuno Correia	Individual	SEN-M	01:55:01

270	867	Rui Rocha	Individual	M-40	01:55:05
271	753	Miguel Dias	Individual	SEN-M	01:55:57
272	689	Luís Moutinho	Dragon Runners	M-40	01:56:01
273	798	Paulo Monteiro	Trailgloditas	m-40	01:56:24
274	806	Paulo Sousa	Sharke Tale	SEN-M	01:56:32
275	735	Mário Cardoso	Pernetas	SEN-M	01:57:17
276	700	Manuel Cruz	Individual	M-50	01:57:39
277	412	Alexandre Rebelo	Individual	SEN-M	01:58:14
278	415	Alexandre Teles	Individual	SEN-M	01:58:26
279	527	Daniel Branco	Individual	SEN-M	01:58:31
280	616	João Azevedo	Dental Doctors	M-40	01:59:10
281	471	Artur Saraiva	Metralhas Runners	M-40	01:59:14
282	443	André Dias	Rumo a Santiago?	M-40	01:59:53
283	417	Almerindo Freitas	Individual	M-50	02:00:20
284	603	Isolino Coelho	Individual	SEN-M	02:01:46
285	797	Paulo Miranda	Individual	SEN-M	02:01:59
286	818	Pedro Próspero	Individual	M-40	02:02:06

287	659	José Pinheiro	Individual	SEN-M	02:03:48
288	546	Edgar Veiga	Moreira Relax Runners	SEN-M	02:08:38
289	866	Rui Rebelo	Individual	SEN-M	02:10:26
290	600	Isabel Próspero	Individual	SEN-M	02:11:31
291	519	Cláudio Silva	Individual	SEN-M	02:11:40
292	704	Manuel Santos	Aerodance Trail Running	M-40	02:12:35
293	947	Luis Silva	Desporto Câmara Gondomar	M-40	02:15:14
294	540	Diogo Gonçalves	Ninja Team	SEN-M	02:15:32
295	402	Adão Ferreira	Aerodance Trail Running	M-50	02:17:19
296	929	Vitor Costa	Aerodance Trail Running	M-40	02:28:14
297	470	Armindo Osório	Aerodance Trail Running	M-40	02:38:18
298	526	Damião Pontes	Uma vez perdi-me no monte	M-50	02:44:34
299	202	Mário Ferreira	ADEFACEC	SEN-M	04:01:44