Trail das Nozes
Gondomar, PT
27-October-2019

TRAIL CURTO - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	15.9ºC	72%
End	12:07	15.9ºC	72%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	1250	Nelson Loureiro	Individual	47:20		03:57	
2	1091	Tiago Pinto	Douroconta - Gabinete de Apoio e Contabilidade	48:36	+01:16	04:03	
3	1097	Pedro Tapadas	Douroconta - Gabinete de Apoio e Contabilidade	50:13	+02:53	04:11	
4	1500	Pedro Pontes	SERI Trail Team	50:38	+03:18	04:13	
5	1485	JOÃO SOUSA	SCESPINHO-ATLETISMO/ANTONIO LEITÃO	51:16	+03:56	04:16	
6	1109	Ivan Silva	EDV - Viana Trail	51:28	+04:08	04:17	
7	1096	Pedro Barbosa	Douroconta - Gabinete de Apoio e Contabilidade	51:49	+04:29	04:19	
8	1095	Bruno Santos	Douroconta - Gabinete de Apoio e Contabilidade	54:07	+06:47	04:31	
9	1034	António Nunes	ARADA ATLÉTICO CLUBE	54:17	+06:57	04:31	
10	1488	Ricardo Silva	SCESPINHO-ATLETISMO/ANTONIO LEITÃO	54:24	+07:04	04:32	
11	1473	Rui Sousa	RunRiver - Escola Atletismo de Rio Tinto	54:37	+07:17	04:33	
12	1195	Daniel Santos	Grupo Trial	54:45	+07:25	04:34	
13	1486	MARCIO MELO	SCESPINHO-ATLETISMO/ANTONIO LEITÃO	54:54	+07:34	04:34	
14	1496	JOAO BARBOSA	SCESPINHO-ATLETISMO/ANTONIO LEITÃO	54:58	+07:38	04:35	
15	1482	Augusto Pereira	São Salvador do Campo	55:01	+07:41	04:35	
16	1430	HENRIQUE SILVA	NS PNEUS VITAL PLACE YDUTEK	55:46	+08:26	04:39	
17	1487	PEDRO MAGALHÃES	SCESPINHO-ATLETISMO/ANTONIO LEITÃO	55:48	+08:28	04:39	
18	1019	Bruno Pereira	Amigos 100 Limites	55:55	+08:35	04:40	
19	1017	Hugo Loureiro	Aliança de Gandra	56:23	+09:03	04:42	
20	1059	JOSÉ MOTA	CDCR CTT PORTO	57:59	+10:39	04:50	
21	1471	Diogo Ferreira	RunRiver - Escola Atletismo de Rio Tinto	58:23	+11:03	04:52	
22	1135	Ricardo Rocha	FAST AO KM	58:30	+11:10	04:53	
23	1057	Diogo Barros	CB RUN	58:53	+11:33	04:54	
24	1333	Fernando Seabra	Individual	59:09	+11:49	04:56	
25	1527	Felisberto Arcipreste	Tia Bolacha	59:28	+12:08	04:57	
26	1431	Manuel domingues	NS PNEUS VITAL PLACE YDUTEK	59:33	+12:13	04:58	
27	1470	Carlos Moreira	RunRiver - Escola Atletismo de Rio Tinto	59:33	+12:13	04:58	
28	1247	Jose Nunes	Individual	59:34	+12:14	04:58	
29	1147	Valter Pinho	Fiaes running	59:36	+12:16	04:58	
30	1492	ALCINDO DIAS	SCESPINHO-ATLETISMO/ANTONIO LEITÃO	59:51	+12:31	04:59	
31	1239	Fábio Campos	Individual	01:00:38	+13:18	05:03	
32	1093	Cláudio Monteiro	Douroconta - Gabinete de Apoio e Contabilidade	01:00:39	+13:19	05:03	
33	1126	Hugo Silva	Factor X / S4L / Medense FC	01:00:57	+13:37	05:05	
34	1196	Fabio Barbosa	Grupo Trial	01:01:02	+13:42	05:05	
35	1262	Ricardo Leal	Individual	01:02:10	+14:50	05:11	
36	1498	Manuel Oliveira	SCESPINHO-ATLETISMO/ANTONIO LEITÃO	01:02:11	+14:51	05:11	
37	1188	Ângelo Cabral	Gramidense IFC	01:02:21	+15:01	05:12	
38	1494	Jorge Filipe Jesus Silva	SCESPINHO-ATLETISMO/ANTONIO LEITÃO	01:02:58	+15:38	05:15	
39	1065	Álvaro Cardoso	CLARANET	01:02:58	+15:38	05:15	
40	1264	Ricardo Pereira	Individual	01:03:28	+16:08	05:17	
41	1368	José Sá	LION RUNNERS - G. D. Leões da Guarda	01:03:48	+16:28	05:19	
42	1143	Nuno Teixeira	Fiaes running	01:04:05	+16:45	05:20	

TRAIL CURTO - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	1479	Filipe Pereira	Sai da Frente	01:04:18	+16:58	05:21	
44	1035	Diogo Guimarães	ART Magrelos	01:04:32	+17:12	05:23	
45	1499	Cláudio Xavier Moreira	Sentir Escariz	01:04:41	+17:21	05:23	
46	1474	FÁBIO ALMEIDA	Sai da Frente	01:04:45	+17:25	05:24	
47	1156	Marcelo Fernandes	Fiaes running	01:04:51	+17:31	05:24	
48	1004	Ricardo Pereira	#atéchoras	01:05:08	+17:48	05:26	
49	1263	Ricardo Loureiro	Individual	01:05:34	+18:14	05:28	
50	1199	José Manuel Braga Ferreira	GTT - ARMAZÉM DO CAFFÈ	01:05:48	+18:28	05:29	
51	1064	Sérgio Sousa	Centro Cultural da STCP	01:05:52	+18:32	05:29	
52	1526	Fernando Ferreira	Team Lantemil	01:06:05	+18:45	05:30	
53	1267	Rogério Oliveira	Individual	01:06:20	+19:00	05:32	
54	1048	João Sousa Sousa	Bravos e Bravitas	01:06:34	+19:14	05:33	
55	1367	Jorge Figueiredo	LION RUNNERS - G. D. Leões da Guarda	01:06:41	+19:21	05:33	
56	1545	Nuno Neves	XXX	01:06:55	+19:35	05:35	
57	1257	Pedro Campos	Individual	01:07:18	+19:58	05:36	
58	1132	Ivo Oliveira	Factor X / S4L / Medense FC	01:07:18	+19:58	05:37	
59	1449	Lino Moreira	Os TurboMula	01:07:22	+20:02	05:37	
60	1235	Carlos Oliveira	Individual	01:07:23	+20:03	05:37	
61	1397	Manuel Pinheiro	MSS CONTABILIDADE TRAIL TEAM	01:07:25	+20:05	05:37	
62	1369	Serafim Ramos	LION RUNNERS - G. D. Leões da Guarda	01:07:29	+20:09	05:37	
63	1313	Marcio Pinto	Individual	01:07:32	+20:12	05:38	
64	1275	Ana Amaral	Individual	01:07:35	+20:15	05:38	
65	1040	Rafael Almeida	A-Team	01:07:44	+20:24	05:39	
66	1483	Cheila Ferreira	SCESPINHO-ATLETISMO/ANTONIO LEITÃO	01:07:44	+20:24	05:39	
67	1562	Etelvina Rocha	Amigos 100 Limites	01:07:49	+20:29	05:39	
68	1022	Alcino Silva	Amigos 100 Limites	01:07:54	+20:34	05:39	
69	1306	Jorge Duraes	Individual	01:07:56	+20:36	05:40	
70	1114	Bruno Pereira	Endovelico	01:07:59	+20:39	05:40	
71	1238	Fábio Almeida	Individual	01:08:39	+21:19	05:43	
72	1128	Júlio Sousa	Factor X / S4L / Medense FC	01:08:56	+21:36	05:45	
73	1145	Vitor Dias	Fiaes running	01:09:00	+21:40	05:45	
74	1142	Vera Leite	Fiaes running	01:09:01	+21:41	05:45	
75	199	Maria Martins	Individual	01:09:27	+22:07	05:47	
76	1297	Antonio Silva	Individual	01:09:28	+22:08	05:47	
77	1395	José Salas	MSS CONTABILIDADE TRAIL TEAM	01:09:33	+22:13	05:48	
78	1036	Bruno Dias	A-Team	01:09:53	+22:33	05:49	
79	1244	João Costa	Individual	01:09:57	+22:37	05:50	
80	1438	Joaquim Manuel Vieira	OS CACHOS	01:09:59	+22:39	05:50	
81	1399	Márcio Almeida	MSS CONTABILIDADE TRAIL TEAM	01:10:10	+22:50	05:51	
82	1296	Antonio Santos	Individual	01:10:10	+22:50	05:51	
83	1029	António Faria	Amigos 100 Limites	01:10:13	+22:53	05:51	
84	1312	Luis Pinto	Individual	01:10:45	+23:25	05:54	
85	1205	Antonio Ferreira	Hora do Lobo Trail - CF Perosinho Atletismo	01:11:00	+23:40	05:55	
86	1459	Diogo Lopes	Primos e compadres	01:11:11	+23:51	05:56	
87	1068	Helder Mendes	Clube Zupper	01:11:23	+24:03	05:57	
88	1536	Fernando Silva	TrepaTrilhos Trail Team	01:11:38	+24:18	05:58	

TRAIL CURTO - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	1274	Diogo Nogueira	Individual	01:12:01	+24:41	06:00	
90	1094	José Santos	Douroconta - Gabinete de Apoio e Contabilidade	01:12:03	+24:43	06:00	
91	1520	JOEL PEREIRA	TARTARUGAS VELOCISTAS	01:12:10	+24:50	06:01	
92	1081	Diogo Cardoso	Dá corda aos vitorinos	01:12:26	+25:06	06:02	
93	1182	Nelson teixeira	GDCT UNICRE	01:12:27	+25:07	06:02	
94	1529	Duarte Dias	TOG - Trinca Orelhas de Gato	01:12:32	+25:12	06:03	
95	1554	Jorge Silva	Hora do Lobo Trail - CF Perosinho Atletismo	01:12:36	+25:16	06:03	
96	1379	Mário Branco	MSS CONTABILIDADE TRAIL TEAM	01:12:40	+25:20	06:03	
97	1106	Francisco Alberto Viana	Drim Tim	01:12:41	+25:21	06:03	
98	1058	Ernesto De Freitas	CB RUN	01:12:46	+25:26	06:04	
99	1164	Nelson Miranda	Gansos	01:12:51	+25:31	06:04	
100	1153	Silvia Baptista	Fiaes running	01:12:57	+25:37	06:05	
101	1325	Vitor Santos	Individual	01:13:16	+25:56	06:06	
102	1102	António Azevedo	Douroconta - Gabinete de Apoio e Contabilidade	01:13:20	+26:00	06:07	
103	1246	João Rodrigues	Individual	01:13:23	+26:03	06:07	
104	1371	Paulo Pires	Moreira Relax Runners	01:13:34	+26:14	06:08	
105	1105	Tiago Maia	DRAGONS	01:13:43	+26:23	06:09	
106	1506	Joel Gomes	Sirius	01:13:50	+26:30	06:09	
107	1236	Carlos Torres	Individual	01:14:01	+26:41	06:10	
108	1537	André Paiva	Trial	01:14:06	+26:46	06:10	
109	1232	Bruno Nunes	Individual	01:14:06	+26:46	06:11	
110	1357	Luís Martins	LEõES DE TARDARIZ TRAIL	01:14:11	+26:51	06:11	
111	1382	Fábio Cardoso	MSS CONTABILIDADE TRAIL TEAM	01:14:22	+27:02	06:12	
112	1215	Catarina Leite	Individual	01:14:25	+27:05	06:12	
113	1198	Maria Céu Lopes Lemos	GTT - ARMAZÉM DO CAFFÈ	01:14:39	+27:19	06:13	
114	1552	Pedro Brandão	Clube Desportivo Cepsa	01:14:41	+27:21	06:13	
115	1074	Miguel Peixoto	Com a perna às costas	01:14:45	+27:25	06:14	
116	1127	João Teles	Factor X / S4L / Medense FC	01:14:46	+27:26	06:14	
117	1305	Hugo Ferreira	Individual	01:14:51	+27:31	06:14	
118	1129	Marcos Santos	Factor X / S4L / Medense FC	01:15:06	+27:46	06:16	
119	1131	Hugo Santos	Factor X / S4L / Medense FC	01:15:13	+27:53	06:16	
120	1361	Claudia Carcau	LION RUNNERS - G. D. Leões da Guarda	01:15:14	+27:54	06:16	
121	1210	Ana Ferreira	Individual	01:15:18	+27:58	06:17	
122	1115	Pedro Serra	Endovelico	01:15:21	+28:01	06:17	
123	1228	Vania Pinto	Individual	01:15:26	+28:06	06:17	
124	1484	Maria Lemos	SCESPINHO-ATLETISMO/ANTONIO LEITÃO	01:15:31	+28:11	06:18	
125	1493	Jorge Coelho	SCESPINHO-ATLETISMO/ANTONIO LEITÃO	01:15:32	+28:12	06:18	
126	1046	Lourenço Cardoso	Baguim runners	01:15:35	+28:15	06:18	
127	1323	Sérgio Carvalho	Individual	01:15:55	+28:35	06:20	
128	1519	Bruno Gonçalves	TARTARUGAS VELOCISTAS	01:15:57	+28:37	06:20	
129	1334	Joaquim Rocha	Individual	01:16:00	+28:40	06:20	
130	1546	Leandro Queiros	Individual	01:16:00	+28:40	06:20	
131	1062	Valter Barbosa	Centro Cultural da STCP	01:16:03	+28:43	06:20	
132	1504	Fábio Gomes	Sirius	01:16:03	+28:43	06:20	
133	1002	Fábio Gomes	#atéchoras	01:16:04	+28:44	06:20	
134	1303	Hélder Costa	Individual	01:16:13	+28:53	06:21	

TRAIL CURTO - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
135	1555	Roberto Silva	100Meta	01:16:22	+29:02	06:22	
136	1556	Pedro Fernandes	100Meta	01:16:22	+29:02	06:22	
137	1532	Rui Rocha	TOG - Trinca Orelhas de Gato	01:16:23	+29:03	06:22	
138	1016	Eduardo Nascimento	Ageas	01:16:25	+29:05	06:22	
139	1565	Carla Tavares	Individual	01:16:29	+29:09	06:22	
140	1508	Filipe Moreira	Sofá Kings	01:16:38	+29:18	06:23	
141	1082	Miguel Magalhães	Dá corda aos vitorinos	01:16:43	+29:23	06:24	
142	1309	José Machado	Individual	01:16:59	+29:39	06:25	
143	1039	José Ferreira	A-Team	01:17:00	+29:40	06:25	
144	1100	Marco Castro	Douroconta - Gabinete de Apoio e Contabilidade	01:17:01	+29:41	06:25	
145	1116	Ion Ponce	Endovelico	01:17:02	+29:42	06:25	
146	1231	Bruno Monteiro	Individual	01:17:05	+29:45	06:25	
147	1261	Ricardo Aroso	Individual	01:17:06	+29:46	06:26	
148	1401	Nuno Gama	MSS CONTABILIDADE TRAIL TEAM	01:17:31	+30:11	06:28	
149	1417	Clemente Meireles	Nem que chova	01:17:34	+30:14	06:28	
150	1543	Jose Miguel Casal Neves	Voleibol Runners	01:17:35	+30:15	06:28	
151	1550	Alberto Brandão	Clube Desportivo Cepsa	01:17:39	+30:19	06:28	
152	1433	Toze Moreira	os aventureiros	01:17:45	+30:25	06:29	
153	1237	Eduardo Seabra	Individual	01:18:15	+30:55	06:31	
154	1340	Mário Magalhães	Individual	01:18:16	+30:56	06:31	
155	166	Arménia Celeste Ribeiro	Pernetas	01:18:16	+30:56	06:31	
156	1522	MIGUEL PACHECO	TARTARUGAS VELOCISTAS	01:18:18	+30:58	06:32	
157	1072	BRUNO NOGUEIRA	Com a perna às costas	01:18:20	+31:00	06:32	
158	1003	Nuno Maio	#atéchoras	01:18:20	+31:00	06:32	
159	1073	Diogo Nogueira	Com a perna às costas	01:18:21	+31:01	06:32	
160	1230	Bruno Luís Vieira da Costa	Individual	01:18:23	+31:03	06:32	
161	1186	Andreia Amorim	GONDOMAR FUTSAL CLUBE	01:18:25	+31:05	06:32	
162	1253	Nuno Lopes	Individual	01:18:28	+31:08	06:32	
163	1075	Ricardo Rocha	Com a perna às costas	01:18:29	+31:09	06:32	
164	1173	LUIS CESAR	GDC FIDELIDADE	01:18:33	+31:13	06:33	
165	1437	Carlos Vieira	OS CACHOS	01:18:46	+31:26	06:34	
166	1190	Francisco Lopes	Grupo 46 "Lavra Run"	01:18:52	+31:32	06:34	
167	1258	Pedro Coelho	Individual	01:19:01	+31:41	06:35	
168	1332	Eduardo Castro	Individual	01:19:03	+31:43	06:35	
169	1038	Eduardo Santos	A-Team	01:19:11	+31:51	06:36	
170	1551	Filipe Brandão	Clube Desportivo Cepsa	01:19:14	+31:54	06:36	
171	1422	Rui Sousa	Nocturnos de Paredes	01:19:14	+31:54	06:36	
172	1467	Tiago Oliveira	Run Forest Run	01:19:14	+31:54	06:36	
173	1118	Alice Couto	Equipa A	01:19:14	+31:54	06:36	
174	1547	Francisco Mota	Individual	01:19:19	+31:59	06:37	
175	1410	António Alves	MSS CONTABILIDADE TRAIL TEAM	01:19:35	+32:15	06:38	
176	1134	Joel Marques	FAST AO KM	01:19:36	+32:16	06:38	
177	1067	Flavio Soares	CLUBE ATLETISMO DE LAMAS	01:19:39	+32:19	06:38	
178	1385	Marlene Martins	MSS CONTABILIDADE TRAIL TEAM	01:19:40	+32:20	06:38	
179	1159	Vasco Macieira	Fiaes running	01:19:46	+32:26	06:39	
180	77	Jorge Mota	Hora do Lobo Trail - CF Perosinho Atletismo	01:19:56	+32:36	06:40	

TRAIL CURTO - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
181	1138	Catia Alves	Fiaes running	01:20:01	+32:41	06:40	
182	1242	Ismael Duarte	Individual	01:20:07	+32:47	06:41	
183	1413	Marcelo Ferreira	Nem que chova	01:20:10	+32:50	06:41	
184	1008	Adriana Abreu	100Meta	01:20:15	+32:55	06:41	
185	1161	Jose Falcao	Fiaes running	01:20:24	+33:04	06:42	
186	1077	Paulino Ferreira	Com a perna às costas	01:20:35	+33:15	06:43	
187	1069	Maria Fátima Ribeiro	Clube Zupper	01:20:37	+33:17	06:43	
188	1447	Tiago Gaio	Os Sarrotes	01:20:39	+33:19	06:43	
189	1330	Arménio Brandão	Individual	01:20:40	+33:20	06:43	
190	1254	Nuno Pereira	Individual	01:20:53	+33:33	06:44	
191	1559	Henrique Borges	Individual	01:21:00	+33:40	06:45	
192	1456	Artur Mário Carvalho Morais	PINTURAS CHARRÃO	01:21:16	+33:56	06:46	
193	1060	Elisabete Pereira	CENTRO CICLISTA DE GONDOMAR	01:21:20	+34:00	06:47	
194	1331	Carlos Fernandes	Individual	01:21:22	+34:02	06:47	
195	1317	Nuno Cabral	Individual	01:21:31	+34:11	06:48	
196	1304	Hugo Almeida	Individual	01:21:35	+34:15	06:48	
197	1450	Maria Silva	Pernas Inertes	01:21:38	+34:18	06:48	
198	1101	Rui Marques	Douroconta - Gabinete de Apoio e Contabilidade	01:21:47	+34:27	06:49	
199	1107	António Pereira	Drim Tim	01:21:58	+34:38	06:50	
200	1343	Inocêncio Ferreira	Individual	01:21:59	+34:39	06:50	
201	1311	Leandro Leite	Individual	01:22:05	+34:45	06:50	
202	1208	Miguel Fonseca	Hospital Santa Maria RT	01:22:08	+34:48	06:51	
203	1162	Ricardo A. Silva Sousa	Fit Gaia Trail	01:22:26	+35:06	06:52	
204	1050	Raul Jorge Martins Sousa	Bunker Lounge Trail	01:22:34	+35:14	06:53	
205	1076	Vitor Rocha	Com a perna às costas	01:22:45	+35:25	06:54	
206	1346	Susana Coelho Mendes	Kandimba Runners	01:22:48	+35:28	06:54	
207	1452	Carlos "Calígula" Silva	Pernas Inertes	01:22:52	+35:32	06:54	
208	1524	João Jerónimo	Team Brandão	01:22:53	+35:33	06:54	
209	1136	Manuel Rocha	FAST AO KM	01:22:54	+35:34	06:54	
210	1372	Helder Silva	Moreira Relax Runners	01:22:56	+35:36	06:55	
211	1391	Isabel Santos	MSS CONTABILIDADE TRAIL TEAM	01:22:58	+35:38	06:55	
212	1032	Gonçalo Nunes	ANAG TENNIS TEAM	01:23:04	+35:44	06:55	
213	1541	Carlos Paiva	TT Runners	01:23:08	+35:48	06:56	
214	1226	Sonia Rocha	Individual	01:23:09	+35:49	06:56	
215	1044	Tiago Fonseca	Baguim runners	01:23:09	+35:49	06:56	
216	1507	Ricardo Ribeiro	Sirius	01:23:10	+35:50	06:56	
217	1393	José Cardoso	MSS CONTABILIDADE TRAIL TEAM	01:23:26	+36:06	06:57	
218	5	Isabel Dias	#estamosjuntos	01:23:36	+36:16	06:58	
219	1243	João Almeida	Individual	01:23:39	+36:19	06:58	
220	1549	Francisco Mendes	Clube Desportivo Cepsa	01:24:12	+36:52	07:01	
221	1194	Sonia Cadete	Grupo Trial	01:24:13	+36:53	07:01	
222	1381	Sérgio Rocha	MSS CONTABILIDADE TRAIL TEAM	01:24:19	+36:59	07:02	
223	1439	Manuel Carneiro	OS CACHOS	01:24:24	+37:04	07:02	
224	1252	Nuno Correia	Individual	01:24:28	+37:08	07:02	
225	1271	Tiago Correia	Individual	01:24:30	+37:10	07:03	
226	1548	Vitor Coelho	Clube Desportivo Cepsa	01:25:01	+37:41	07:05	

TRAIL CURTO - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
227	1255	Nuno Teixeira	Individual	01:25:09	+37:49	07:06	
228	1460	Jaime Almeida	Primos e compadres	01:25:11	+37:51	07:06	
229	1530	Ricardo Couto	TOG - Trinca Orelhas de Gato	01:25:30	+38:10	07:08	
230	1233	Bruno Portela	Individual	01:25:32	+38:12	07:08	
231	1204	Beatriz Cruz	Hora do Lobo Trail - CF Perosinho Atletismo	01:25:38	+38:18	07:08	
232	1005	Álvaro pereira	#atéchoras	01:25:45	+38:25	07:09	
233	1163	Joana Ribeiro	Gansos	01:25:47	+38:27	07:09	
234	1166	Cristina Fonseca	Gansos	01:25:48	+38:28	07:09	
235	1553	Rosa Costa	Clube Desportivo Cepsa	01:25:49	+38:29	07:09	
236	1561	Pedro Neves	Individual	01:25:55	+38:35	07:10	
237	1183	Miguel pinto	GDCT UNICRE	01:25:56	+38:36	07:10	
238	1307	José Alves	Individual	01:25:57	+38:37	07:10	
239	1472	Fátima Aguiar	RunRiver - Escola Atletismo de Rio Tinto	01:26:00	+38:40	07:10	
240	1078	Luísa Nogueira	CORRER LEÇA	01:26:02	+38:42	07:10	
241	1475	PAULO SERGIO PEREIRA	Sai da Frente	01:26:05	+38:45	07:10	
242	1421	Paulo Amorim	Nocturnos de Paredes	01:26:12	+38:52	07:11	
243	1031	Ricardo Barbosa	Amigos das Curvas	01:26:14	+38:54	07:11	
244	1176	JOSE PEREIRA	GDC FIDELIDADE	01:26:17	+38:57	07:11	
245	1171	EMILIA MOREIRA	GDC FIDELIDADE	01:26:26	+39:06	07:12	
246	1287	Sofia Ferreira	Individual	01:26:30	+39:10	07:13	
247	1270	Telmo Filipe Dias Da Rocha Rocha	Individual	01:26:38	+39:18	07:13	
248	1321	Reinaldo Pacheco	Individual	01:26:38	+39:18	07:13	
249	1088	Cláudio Guarda	Dói-me quase tudo...	01:26:40	+39:20	07:13	
250	1415	Jorge Rebelo	Nem que chova	01:26:43	+39:23	07:14	
251	1130	Pedro Soares	Factor X / S4L / Medense FC	01:26:43	+39:23	07:14	
252	1087	António Carvalho	Dói-me quase tudo...	01:26:46	+39:26	07:14	
253	1080	David Tavares	Dá corda aos vitorinos	01:26:46	+39:26	07:14	
254	1054	Nuno Miguel Garrido Moura da Silva	Calvário Runners	01:26:46	+39:26	07:14	
255	1052	Marta Aniceto	Calvário Runners	01:26:46	+39:26	07:14	
256	1053	José Pedro Silva	Calvário Runners	01:26:47	+39:27	07:14	
257	1502	Ana Sousa	Sirius	01:27:03	+39:43	07:15	
258	1464	Nuno Reis	Reis & Cª	01:27:19	+39:59	07:17	
259	1117	Carla couto Couto	Equipa A	01:27:22	+40:02	07:17	
260	1347	Alexandre sousa	Kandimba Runners	01:27:23	+40:03	07:17	
261	1089	Nuno Ribeiro	Dói-me quase tudo...	01:27:27	+40:07	07:17	
262	1348	Diana Pereira	ladecasa	01:27:50	+40:30	07:19	
263	1302	Gabriel Bernardo	Individual	01:27:52	+40:32	07:19	
264	1528	Viviana Santos	TOG - Trinca Orelhas de Gato	01:27:52	+40:32	07:19	
265	1380	Paulo Silva	MSS CONTABILIDADE TRAIL TEAM	01:28:17	+40:57	07:21	
266	1187	Gustavo Santos	Gramidense IFC	01:28:33	+41:13	07:23	
267	1168	Rui Machado	Gansos	01:28:46	+41:26	07:24	
268	1108	Hélder Filipe	Drim Tim	01:28:47	+41:27	07:24	
269	1355	Bruno Oliveira	LEõES DE TARDARIZ TRAIL	01:28:49	+41:29	07:24	
270	1167	Paulo Silva	Gansos	01:29:00	+41:40	07:25	
271	1028	Maria Ferreira	Amigos 100 Limites	01:29:03	+41:43	07:25	
272	1219	Fabiana Silva	Individual	01:29:17	+41:57	07:26	

TRAIL CURTO - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
273	1315	Miguel Angelo Oliveira	Individual	01:29:19	+41:59	07:27	
274	1288	Telma Silva	Individual	01:29:19	+41:59	07:27	
275	1202	MIGUEL SILVA	Gundemarus	01:29:27	+42:07	07:27	
276	1295	Amilcar Castro	Individual	01:29:30	+42:10	07:28	
277	1501	António Pinheiro	SiM Summit	01:29:34	+42:14	07:28	
278	1066	Ivone Pardal	Clube Académico de Mogadouro	01:29:36	+42:16	07:28	
279	1047	Sandro Silva	Boot	01:29:39	+42:19	07:28	
280	75	Jorge Borges	GTT - ARMAZÉM DO CAFFÈ	01:29:40	+42:20	07:28	
281	74	Monica Borges	GTT - ARMAZÉM DO CAFFÈ	01:29:43	+42:23	07:29	
282	1268	Rui Rodrgues	Individual	01:29:57	+42:37	07:30	
283	1495	JORGE FONTES	SCESPINHO-ATLETISMO/ANTONIO LEITÃO	01:30:18	+42:58	07:31	
284	1454	Mariana Costa	Pés de Chumbo Runners	01:30:19	+42:59	07:32	
285	1455	Carlos Alves	Pés de Chumbo Runners	01:30:19	+42:59	07:32	
286	1518	BENILDE FREITAS	TARTARUGAS VELOCISTAS	01:30:27	+43:07	07:32	
287	1245	João Costa	Individual	01:31:04	+43:44	07:35	
288	1358	Marco Oliveira	LEõES DE TARDARIZ TRAIL	01:31:32	+44:12	07:38	
289	1353	Miguel Reis	LEõES DE TARDARIZ TRAIL	01:31:32	+44:12	07:38	
290	1030	João Moreira	Amigos 100 Limites	01:31:39	+44:19	07:38	
291	1024	Fábio Moreira	Amigos 100 Limites	01:31:40	+44:20	07:38	
292	1200	MONICA SILVA	Gundemarus	01:31:47	+44:27	07:39	
293	1314	Mario Noronha	Individual	01:31:54	+44:34	07:39	
294	1051	João Lourenço	C+ RUNNERS	01:32:08	+44:48	07:41	
295	1414	Ivo Pereira	Nem que chova	01:32:10	+44:50	07:41	
296	1416	Paulo Mendes	Nem que chova	01:32:11	+44:51	07:41	
297	6	António Fernandes	#estamosjuntos	01:32:33	+45:13	07:43	
298	1457	Teresa Lourenço	Porto Sentido Runners	01:32:36	+45:16	07:43	
299	104	Beth Dempsey	Individual	01:33:02	+45:42	07:45	
300	121	Salim Hawi	Individual	01:33:03	+45:43	07:45	
301	1476	Valter Martins	Sai da Frente	01:33:04	+45:44	07:45	
302	1477	Antero Teixeira	Sai da Frente	01:33:05	+45:45	07:45	
303	1432	Bruno Castelo	os aventureiros	01:33:09	+45:49	07:46	
304	1434	Vanessa Santos	os aventureiros	01:33:10	+45:50	07:46	
305	1465	José Freitas Freitas	RollingAventura	01:33:52	+46:32	07:49	
306	1531	José Santos	TOG - Trinca Orelhas de Gato	01:34:02	+46:42	07:50	
307	1533	Oscar Santos	TOG - Trinca Orelhas de Gato	01:34:03	+46:43	07:50	
308	1345	Jaime Morais	JAIME MORAIS	01:34:57	+47:37	07:55	
309	1544	Miguel Costa	Xtrilhosteam	01:35:04	+47:44	07:55	
310	1406	Ricardo Pinto	MSS CONTABILIDADE TRAIL TEAM	01:35:08	+47:48	07:56	
311	1083	Madalena Gonçalves	Dá corda aos vitorinos	01:35:11	+47:51	07:56	
312	1063	Cristina Sousa	Centro Cultural da STCP	01:35:26	+48:06	07:57	
313	1394	José Ferreira	MSS CONTABILIDADE TRAIL TEAM	01:35:43	+48:23	07:59	
314	1352	José Ribeiro	LEõES DE TARDARIZ TRAIL	01:35:46	+48:26	07:59	
315	1466	Rui Gonçalves	Rui	01:35:47	+48:27	07:59	
316	1012	Rui Sá	10TEMIDOS	01:36:32	+49:12	08:03	
317	1517	Pedro Perpetua	Strong Team	01:36:42	+49:22	08:04	
318	1111	Márcia Coelho	Ei Team Trail	01:36:46	+49:26	08:04	

TRAIL CURTO - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
319	1426	Eusebio Barbosa	Nocturnos de Paredes	01:37:01	+49:41	08:05	
320	1256	Paulo Ferreira	Individual	01:37:05	+49:45	08:05	
321	1265	Ricardo Pinho	Individual	01:37:07	+49:47	08:06	
322	1140	Isabel Santos	Fiaes running	01:37:20	+50:00	08:07	
323	1209	Ana Felgueiras	Individual	01:37:26	+50:06	08:07	
324	1027	Marisa Santos	Amigos 100 Limites	01:37:34	+50:14	08:08	
325	1336	Luís Monteiro	Individual	01:37:39	+50:19	08:08	
326	1206	Conceição Pereira	Hora do Lobo Trail - CF Perosinho Atletismo	01:37:45	+50:25	08:09	
327	1366	Anabela Cunha	LION RUNNERS - G. D. Leões da Guarda	01:37:47	+50:27	08:09	
328	1172	ALEXANDRE SOUSA	GDC FIDELIDADE	01:37:48	+50:28	08:09	
329	1378	Márcio Teixeira	MSS CONTABILIDADE TRAIL TEAM	01:38:05	+50:45	08:10	
330	1398	Manuel Ribeiro	MSS CONTABILIDADE TRAIL TEAM	01:38:05	+50:45	08:10	
331	1224	Sandra Ferreira	Individual	01:38:08	+50:48	08:11	
332	1563	Liliana Silva	Individual	01:38:08	+50:48	08:11	
333	1411	Paulo Costa	MSS CONTABILIDADE TRAIL TEAM	01:38:08	+50:48	08:11	
334	1221	Marta Reguengo	Individual	01:38:08	+50:48	08:11	
335	1009	João Nunes	100Meta	01:38:11	+50:51	08:11	
336	1151	Sandra Almeida	Fiaes running	01:38:11	+50:51	08:11	
337	1510	Pedro Alves	SPA	01:38:21	+51:01	08:12	
338	1216	Daniela Costa	Individual	01:38:31	+51:11	08:13	
339	1335	José Maria Teixeira	Individual	01:38:31	+51:11	08:13	
340	1478	Emanuel Duraes	Sai da Frente	01:38:39	+51:19	08:13	
341	1026	Tiago Mota	Amigos 100 Limites	01:38:42	+51:22	08:13	
342	1534	Paula cristina Oliveira silva Silva	TrepaTrilhos Trail Team	01:38:49	+51:29	08:14	
343	1412	Gastão Ferreira	Nem que chova	01:38:57	+51:37	08:15	
344	1169	CARINA ALVES	GDC FIDELIDADE	01:38:59	+51:39	08:15	
345	1521	JOSÉ SILVA	TARTARUGAS VELOCISTAS	01:39:03	+51:43	08:15	
346	1269	Sónia Pinto	Individual	01:39:12	+51:52	08:16	
347	1328	António Manuel Santos Couto	Individual	01:39:15	+51:55	08:16	
348	1001	Susana Pereira	#atéchoras	01:39:31	+52:11	08:18	
349	1023	Diogo Cunha	Amigos 100 Limites	01:39:32	+52:12	08:18	
350	1110	Sílvia Soares	Ei Team Trail	01:39:36	+52:16	08:18	
351	1354	Pedro Silva	LEõES DE TARDARIZ TRAIL	01:39:40	+52:20	08:18	
352	1225	Sandra Paiva	Individual	01:39:42	+52:22	08:18	
353	1113	Paula Morais	éjáli...clube de amigos trailrunners	01:39:44	+52:24	08:19	
354	1214	Bárbara Feio	Individual	01:39:45	+52:25	08:19	
355	1405	Ricardo Ferreira	MSS CONTABILIDADE TRAIL TEAM	01:39:45	+52:25	08:19	
356	1123	CRISTINA DUARTE	ESPINHO TRAIL	01:39:46	+52:26	08:19	
357	1390	Bruno Martins	MSS CONTABILIDADE TRAIL TEAM	01:39:46	+52:26	08:19	
358	1125	Tony Barbosa	ESPINHO TRAIL	01:39:48	+52:28	08:19	
359	1342	Filipe Ramos	Individual	01:39:50	+52:30	08:19	
360	1469	Paulo Ferreira	Running Espinho	01:39:52	+52:32	08:19	
361	1468	Silvia Costa	Running Espinho	01:39:54	+52:34	08:19	
362	1480	Paulo Sérgio Almeida	Sai da Frente	01:39:55	+52:35	08:20	
363	1098	Fernanda Bento	Douroconta - Gabinete de Apoio e Contabilidade	01:39:55	+52:35	08:20	
364	1241	Henrique pereira	Individual	01:39:59	+52:39	08:20	

TRAIL CURTO - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
365	1370	André Pereira	Moreira Relax Runners	01:39:59	+52:39	08:20	
366	1092	Liliana Felgueiras	Douroconta - Gabinete de Apoio e Contabilidade	01:40:08	+52:48	08:21	
367	1266	Ricardo Silva	Individual	01:40:25	+53:05	08:22	
368	1294	Joaquina Martins	Individual	01:40:28	+53:08	08:22	
369	1090	NUNO SÁ COSTA	Dói-me quase tudo...	01:40:50	+53:30	08:24	
370	1212	Ana Silva	Individual	01:40:52	+53:32	08:24	
371	1409	Américo Leal	MSS CONTABILIDADE TRAIL TEAM	01:40:52	+53:32	08:24	
372	1384	Marina Sousa	MSS CONTABILIDADE TRAIL TEAM	01:40:54	+53:34	08:25	
373	1374	Raquel Marques	MSS CONTABILIDADE TRAIL TEAM	01:40:56	+53:36	08:25	
374	1435	Germano Moura	OS BARRIGUITAS	01:41:09	+53:49	08:26	
375	1181	Igor s santos	GDCT UNICRE	01:41:11	+53:51	08:26	
376	1451	Rosa Bispo	Pernas Inertes	01:41:30	+54:10	08:27	
377	1291	Ana Manuela	Individual	01:41:31	+54:11	08:28	
378	1013	Carina Neves	925 SILVERJEWELS	01:41:33	+54:13	08:28	
379	1014	Hugo Silvestre Oliveira	925 SILVERJEWELS	01:41:34	+54:14	08:28	
380	1329	António Silva	Individual	01:41:43	+54:23	08:29	
381	1018	Marina Moreira	Amigos 100 Limites	01:41:45	+54:25	08:29	
382	1350	Fernando Rodrigues	Lamego pelos Trilhos	01:41:47	+54:27	08:29	
383	1387	Ana Duarte	MSS CONTABILIDADE TRAIL TEAM	01:42:02	+54:42	08:30	
384	1419	Sandra Gonçalves	Ninguém as pára	01:42:15	+54:55	08:31	
385	1418	Maria Sousa	Ninguém as pára	01:42:15	+54:55	08:31	
386	1121	CARLA PEREIRA	ESPINHO TRAIL	01:42:39	+55:19	08:33	
387	1359	Ricardo Moura	LEőES DE TARDARIZ TRAIL	01:42:41	+55:21	08:33	
388	1124	ANA DUARTE	ESPINHO TRAIL	01:42:43	+55:23	08:34	
389	1042	Eugénia Monteiro	Baguim Outdoor Activities (B.O.A.`s)	01:43:06	+55:46	08:35	
390	1453	José Lima	Pernas Inertes	01:43:26	+56:06	08:37	
391	1043	Teresa Silva	Baguim Outdoor Activities (B.O.A.`s)	01:43:27	+56:07	08:37	
392	1041	Carla Lopes	Baguim Outdoor Activities (B.O.A.`s)	01:43:27	+56:07	08:37	
393	1184	Monica Guedes	Girl Power	01:43:33	+56:13	08:38	
394	1185	Raquel Silva	Girl Power	01:43:34	+56:14	08:38	
395	1490	SANDRA PINTO	SCESPINHO-ATLETISMO/ANTONIO LEITÃO	01:43:46	+56:26	08:39	
396	1148	Andreia Regal	Fiaes running	01:43:48	+56:28	08:39	
397	1445	Marta Pimenta	Os Goguinhos	01:44:01	+56:41	08:40	
398	1086	Sergio Ferreira	Devagarinho	01:44:31	+57:11	08:43	
399	1178	LICINIO MALAFAIA	GDC FIDELIDADE	01:44:48	+57:28	08:44	
400	1338	Manuel Rodrigues	Individual	01:45:02	+57:42	08:45	
401	1020	Nádia Fernandes	Amigos 100 Limites	01:45:02	+57:42	08:45	
402	1423	Paula Araujo	Nocturnos de Paredes	01:45:46	+58:26	08:49	
403	1103	Mariana Pinheiro	Dragões do Mato	01:45:59	+58:39	08:50	
404	1197	Joao Sousa	Grupo Trial	01:46:10	+58:50	08:51	
405	1386	Vânia Cardoso	MSS CONTABILIDADE TRAIL TEAM	01:46:15	+58:55	08:51	
406	1193	Juliana Coelho	Grupo Trial	01:46:17	+58:57	08:51	
407	1339	Manuel silva	Individual	01:46:22	+59:02	08:52	
408	1277	Carla Neves	Individual	01:46:24	+59:04	08:52	
409	1045	Madalena Silva	Baguim runners	01:46:24	+59:04	08:52	
410	1310	Jose Pereira	Individual	01:46:29	+59:09	08:52	

TRAIL CURTO - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
411	1170	SANDRA CEPEDA	GDC FIDELIDADE	01:46:30	+59:10	08:53	
412	1429	Susana Moura	NOGMA S	01:46:43	+59:23	08:54	
413	1535	Teresa costa Costa	TrepaTrilhos Trail Team	01:46:46	+59:26	08:54	
414	1436	Manuel Moura	OS BARRIGUITAS	01:47:00	+59:40	08:55	
415	1316	Mônica Gomes	Individual	01:47:28	+01:00:08	08:57	
416	1249	Madalena Costa	Individual	01:47:28	+01:00:08	08:57	
417	1383	Carla Oliveira	MSS CONTABILIDADE TRAIL TEAM	01:47:43	+01:00:23	08:59	
418	1220	Fátima Santos	Individual	01:47:48	+01:00:28	08:59	
419	1133	Jose Sousa	Factor X / S4L / Medense FC	01:48:37	+01:01:17	09:03	
420	1280	Maria Praça	Individual	01:48:42	+01:01:22	09:03	
421	1462	Raul Cunha	Ramboia	01:49:37	+01:02:17	09:08	
422	1461	José Silva	Ramboia	01:49:39	+01:02:19	09:08	
423	1324	Sergio Pinto	Individual	01:50:14	+01:02:54	09:11	
424	1282	Paula Ribeiro	Individual	01:50:14	+01:02:54	09:11	
425	1112	Lurdes Oliveira	Ei Team Trail	01:50:41	+01:03:21	09:13	
426	1175	JOAO MOREIRA	GDC FIDELIDADE	01:50:55	+01:03:35	09:15	
427	1362	Daniela Silva	LION RUNNERS - G. D. Leões da Guarda	01:50:57	+01:03:37	09:15	
428	1152	Sandra Ferreira	Fiaes running	01:51:08	+01:03:48	09:16	
429	1525	Manuel Brandão	Team Brandão	01:51:52	+01:04:32	09:19	
430	1420	Nuno Veloso	no name	01:51:54	+01:04:34	09:20	
431	1463	Ricardo Braga	Rechonchudos Trail Runners	01:51:57	+01:04:37	09:20	
432	1120	Claudia Santos	Equipa Boot	01:52:16	+01:04:56	09:21	
433	1344	José Carneiro	Individual	01:52:30	+01:05:10	09:23	
434	1033	Élio Gonçalves	APERTA CORDÕES	01:52:46	+01:05:26	09:24	
435	1388	Natália Carvalho	MSS CONTABILIDADE TRAIL TEAM	01:53:06	+01:05:46	09:26	
436	1337	Manuel Dias	Individual	01:53:19	+01:05:59	09:27	
437	1158	Valter Mota	Fiaes running	01:53:30	+01:06:10	09:27	
438	1322	Rui Rebelo	Individual	01:53:56	+01:06:36	09:30	
439	1227	Tânia Rebelo	Individual	01:53:57	+01:06:37	09:30	
440	1283	Raquel Pinto	Individual	01:53:58	+01:06:38	09:30	
441	1056	Marcela Fernandes	CB RUN	01:55:09	+01:07:49	09:36	
442	1055	Cátia Vieira	CB RUN	01:55:12	+01:07:52	09:36	
443	1318	Paulo cunha	Individual	01:55:16	+01:07:56	09:36	
444	1149	Manuela Silva	Fiaes running	01:55:17	+01:07:57	09:36	
445	1299	Eduardo castro	Individual	01:55:17	+01:07:57	09:36	
446	1341	Alberto santos	Individual	01:55:18	+01:07:58	09:36	
447	1165	Fernanda Santos	Gansos	01:55:29	+01:08:09	09:37	
448	1192	Andrea Cadete	Grupo Trial	01:55:35	+01:08:15	09:38	
449	1293	Filomena Marcelo	Individual	01:56:13	+01:08:53	09:41	
450	1070	Celina Baptista	CNCBacadapasso	01:57:02	+01:09:42	09:45	
451	1071	Carlos Navega	CNCBacadapasso	01:57:02	+01:09:42	09:45	
452	1119	Liliana Barbosa	Equipa Boot	01:57:25	+01:10:05	09:47	
453	1365	Marta Almeida	LION RUNNERS - G. D. Leões da Guarda	01:57:27	+01:10:07	09:47	
454	1392	Filipe Azevedo	MSS CONTABILIDADE TRAIL TEAM	01:57:56	+01:10:36	09:50	
455	1373	Cátia Sousa	MSS CONTABILIDADE TRAIL TEAM	01:57:57	+01:10:37	09:50	
456	1154	Susana Costa	Fiaes running	01:58:05	+01:10:45	09:50	

TRAIL CURTO - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
457	1155	Amelia Leandro	Fiaes running	01:58:06	+01:10:46	09:50	
458	1011	Lilia Sá	10TEMIDOS	01:58:58	+01:11:38	09:55	
459	1319	Paulo Pinto	Individual	01:59:07	+01:11:47	09:56	
460	1157	Jorge Nogueira	Fiaes running	01:59:22	+01:12:02	09:57	
461	1523	Andreia Brandão	Team Brandão	01:59:23	+01:12:03	09:57	
462	1351	Ana Gonçalves	Lamego Tribo Runners	01:59:49	+01:12:29	09:59	
463	1349	Cândida Rodrigues	Lamego pelos Trilhos	01:59:50	+01:12:30	09:59	
464	1489	SANDRA MARTINS	SCESPINHO-ATLETISMO/ANTONIO LEITÃO	02:01:47	+01:14:27	10:09	
465	1491	MARGARIDA MACHADO	SCESPINHO-ATLETISMO/ANTONIO LEITÃO	02:01:47	+01:14:27	10:09	
466	1021	Vânia Moreira	Amigos 100 Limites	02:02:06	+01:14:46	10:11	
467	1448	Ana Moreira	Os TurboMula	02:02:26	+01:15:06	10:12	
468	1191	Paulo Ferreira	Grupo 46 "Lavra Run"	02:02:58	+01:15:38	10:15	
469	1189	Manuela Viterbo	Grupo 46 "Lavra Run"	02:02:58	+01:15:38	10:15	
470	1180	Catarina caravana	GDCT UNICRE	02:03:00	+01:15:40	10:15	
471	1179	Bruna Peixoto	GDCT UNICRE	02:03:03	+01:15:43	10:15	
472	1203	PAULO SOUSA	Gundemarus	02:03:34	+01:16:14	10:18	
473	1201	PATRICIA SOUSA	Gundemarus	02:03:35	+01:16:15	10:18	
474	1104	Susana Pinheiro	Dragões do Mato	02:05:43	+01:18:23	10:29	
475	1207	Fernando Ferreira	Hora do Lobo Trail - CF Perosinho Atletismo	02:06:19	+01:18:59	10:32	
476	1428	SANDRA NOGUEIRA	NOGMA S	02:07:08	+01:19:48	10:36	
477	1150	Maria Barbosa	Fiaes running	02:07:24	+01:20:04	10:37	
478	1139	Diana Ferreira	Fiaes running	02:07:25	+01:20:05	10:37	
479	1213	Andreia Ferraz	Individual	02:07:29	+01:20:09	10:37	
480	1276	Ângela Pereira	Individual	02:07:29	+01:20:09	10:37	
481	1160	Jose Barbosa	Fiaes running	02:07:34	+01:20:14	10:38	
482	1376	Vanessa Ramos	MSS CONTABILIDADE TRAIL TEAM	02:08:13	+01:20:53	10:41	
483	1505	João Sousa	Sirius	02:09:17	+01:21:57	10:46	
484	1503	Daniela Silva	Sirius	02:09:17	+01:21:57	10:46	
485	1007	Marlene Moreira	100Meta	02:09:43	+01:22:23	10:49	
486	1289	Teresa Paiva	Individual	02:11:43	+01:24:23	10:59	
487	1300	Fernando Paiva	Individual	02:11:43	+01:24:23	10:59	
488	1389	Paula Salgado	MSS CONTABILIDADE TRAIL TEAM	02:13:02	+01:25:42	11:05	
489	1144	Pedro Barbosa	Fiaes running	02:13:02	+01:25:42	11:05	
490	1137	Ariana Mendes	Fiaes running	02:13:02	+01:25:42	11:05	
491	1010	David Guimarães	100Meta	02:15:00	+01:27:40	11:15	
492	1006	ANA FONSECA	100Meta	02:15:03	+01:27:43	11:15	
493	1363	Vera Cardoso	LION RUNNERS - G. D. Leões da Guarda	02:17:57	+01:30:37	11:30	
494	1292	Ana Oliveira	Individual	02:18:05	+01:30:45	11:30	
495	1403	Paulo Queirós	MSS CONTABILIDADE TRAIL TEAM	02:20:45	+01:33:25	11:44	
496	1085	Ana Jerónimo	Devagarinho	02:23:39	+01:36:19	11:58	
497	1364	Anabela Magalhães	LION RUNNERS - G. D. Leões da Guarda	02:23:39	+01:36:19	11:58	
498	1356	Pedro Oliveira	LEõES DE TARDARIZ TRAIL	02:30:52	+01:43:32	12:34	
499	1284	Raquel Tomé	Individual	02:35:02	+01:47:42	12:55	
500	1290	Vitor Baptista	Individual	02:35:02	+01:47:42	12:55	
501	1279	Cristina Lopes	Individual	02:35:02	+01:47:42	12:55	
502	1375	Sara Gomes	MSS CONTABILIDADE TRAIL TEAM	02:35:38	+01:48:18	12:58	

TRAIL CURTO - STAGE 1

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
503	1514	Nana Fish	Strong Team	02:36:06	+01:48:46	13:00	
504	1512	Joana Faria	Strong Team	02:36:06	+01:48:46	13:00	
505	1513	Monica Tavres	Strong Team	02:36:06	+01:48:46	13:01	
506	1211	Ana Silva	Individual	02:36:07	+01:48:47	13:01	
507	1511	Fatima Lobo	Strong Team	02:36:07	+01:48:47	13:01	
508	1427	Joana Sousa	nogma s	02:36:10	+01:48:50	13:01	

Trail das Nozes
Gondomar, PT
27-October-2019

Trail Curto

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	15.9ºC	72%
End	12:07	15.9ºC	72%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1483	Cheila Ferreira	SCESPINHO-ATLETISMO/ANTONIO LEITÃO	Senior Feminino	01:07:44	+20:23	05:39
2	1142	Vera Leite	Fiaes running	Senior Feminino	01:09:01	+21:40	05:45
3	1215	Catarina Leite	Individual	Senior Feminino	01:14:25	+27:04	06:12
4	1361	Claudia Carcau	LION RUNNERS - G. D. Leões da Guarda	Senior Feminino	01:15:14	+27:53	06:16
5	1210	Ana Ferreira	Individual	Senior Feminino	01:15:18	+27:58	06:17
6	1228	Vania Pinto	Individual	Senior Feminino	01:15:26	+28:05	06:17
7	1565	Carla Tavares	Individual	Senior Feminino	01:16:28	+29:08	06:22
8	1186	Andreia Amorim	GONDOMAR FUTSAL CLUBE	Senior Feminino	01:18:24	+31:04	06:32
9	1138	Catia Alves	Fiaes running	Senior Feminino	01:20:01	+32:40	06:40
10	1226	Sonia Rocha	Individual	Senior Feminino	01:23:08	+35:48	06:56
11	1194	Sonia Cadete	Grupo Trial	Senior Feminino	01:24:13	+36:52	07:01
12	1163	Joana Ribeiro	Gansos	Senior Feminino	01:25:47	+38:26	07:09
13	1052	Marta Aniceto	Calvário Runners	Senior Feminino	01:26:46	+39:25	07:14
14	1502	Ana Sousa	Sirius	Senior Feminino	01:27:02	+39:42	07:15
15	1528	Viviana Santos	TOG - Trinca Orelhas de Gato	Senior Feminino	01:27:51	+40:31	07:19
16	1219	Fabiana Silva	Individual	Senior Feminino	01:29:17	+41:56	07:26
17	1454	Mariana Costa	Pés de Chumbo Runners	Senior Feminino	01:30:18	+42:58	07:32
18	1518	BENILDE FREITAS	TARTARUGAS VELOCISTAS	Senior Feminino	01:30:26	+43:06	07:32
19	1434	Vanessa Santos	os aventureiros	Senior Feminino	01:33:10	+45:49	07:46
20	1140	Isabel Santos	Fiaes running	Senior Feminino	01:37:20	+49:59	08:07
21	1209	Ana Felgueiras	Individual	Senior Feminino	01:37:26	+50:05	08:07
22	1224	Sandra Ferreira	Individual	Senior Feminino	01:38:07	+50:47	08:11
23	1563	Liliana Silva	Individual	Senior Feminino	01:38:07	+50:47	08:11
24	1221	Marta Reguengo	Individual	Senior Feminino	01:38:08	+50:47	08:11
25	1216	Daniela Costa	Individual	Senior Feminino	01:38:30	+51:10	08:13
26	1169	CARINA ALVES	GDC FIDELIDADE	Senior Feminino	01:38:58	+51:38	08:15
27	1269	Sónia Pinto	Individual	Senior Feminino	01:39:12	+51:52	08:16
28	1001	Susana Pereira	#atéchoras	Senior Feminino	01:39:31	+52:10	08:18
29	1110	Sílvia Soares	Ei Team Trail	Senior Feminino	01:39:36	+52:15	08:18
30	1225	Sandra Paiva	Individual	Senior Feminino	01:39:41	+52:21	08:18
31	1214	Bárbara Feio	Individual	Senior Feminino	01:39:45	+52:24	08:19
32	1212	Ana Silva	Individual	Senior Feminino	01:40:51	+53:31	08:24
33	1374	Raquel Marques	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	01:40:56	+53:35	08:25
34	1013	Carina Neves	925 SILVERJEWELS	Senior Feminino	01:41:33	+54:12	08:28
35	1018	Marina Moreira	Amigos 100 Limites	Senior Feminino	01:41:45	+54:24	08:29
36	1121	CARLA PEREIRA	ESPINHO TRAIL	Senior Feminino	01:42:39	+55:18	08:33
37	1041	Carla Lopes	Baguim Outdoor Activities (B.O.A.`s)	Senior Feminino	01:43:27	+56:06	08:37

Trail Curto

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

38	1184	Monica Guedes	Girl Power	Senior Feminino	01:43:33	+56:12	08:38
39	1185	Raquel Silva	Girl Power	Senior Feminino	01:43:33	+56:13	08:38
40	1445	Marta Pimenta	Os Goguinhos	Senior Feminino	01:44:00	+56:40	08:40
41	1020	Nádia Fernandes	Amigos 100 Limites	Senior Feminino	01:45:02	+57:41	08:45
42	1193	Juliana Coelho	Grupo Trial	Senior Feminino	01:46:16	+58:56	08:51
43	1249	Madalena Costa	Individual	Senior Feminino	01:47:27	+01:00:07	08:57
44	1220	Fátima Santos	Individual	Senior Feminino	01:47:47	+01:00:27	08:59
45	1362	Daniela Silva	LION RUNNERS - G. D. Leões da Guarda	Senior Feminino	01:50:56	+01:03:36	09:15
46	1227	Tânia Rebelo	Individual	Senior Feminino	01:53:56	+01:06:36	09:30
47	1056	Marcela Fernandes	CB RUN	Senior Feminino	01:55:08	+01:07:48	09:36
48	1055	Cátia Vieira	CB RUN	Senior Feminino	01:55:11	+01:07:51	09:36
49	1192	Andrea Cadete	Grupo Trial	Senior Feminino	01:55:35	+01:08:14	09:38
50	1119	Liliana Barbosa	Equipa Boot	Senior Feminino	01:57:25	+01:10:04	09:47
51	1373	Cátia Sousa	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	01:57:57	+01:10:36	09:50
52	1523	Andreia Brandão	Team Brandão	Senior Feminino	01:59:22	+01:12:02	09:57
53	1021	Vânia Moreira	Amigos 100 Limites	Senior Feminino	02:02:06	+01:14:45	10:11
54	1180	Catarina caravana	GDCT UNICRE	Senior Feminino	02:02:59	+01:15:39	10:15
55	1179	Bruna Peixoto	GDCT UNICRE	Senior Feminino	02:03:03	+01:15:42	10:15
56	1139	Diana Ferreira	Fiaes running	Senior Feminino	02:07:24	+01:20:04	10:37
57	1213	Andreia Ferraz	Individual	Senior Feminino	02:07:28	+01:20:08	10:37
58	1376	Vanessa Ramos	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	02:08:13	+01:20:53	10:41
59	1503	Daniela Silva	Sirius	Senior Feminino	02:09:17	+01:21:56	10:46
60	1137	Ariana Mendes	Fiaes running	Senior Feminino	02:13:02	+01:25:41	11:05
61	1363	Vera Cardoso	LION RUNNERS - G. D. Leões da Guarda	Senior Feminino	02:17:56	+01:30:36	11:30
62	1085	Ana Jerónimo	Devagarinho	Senior Feminino	02:23:38	+01:36:18	11:58
63	1375	Sara Gomes	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	02:35:38	+01:48:17	12:58
64	1514	Nana Fish	Strong Team	Senior Feminino	02:36:05	+01:48:45	13:00
65	1512	Joana Faria	Strong Team	Senior Feminino	02:36:05	+01:48:45	13:00
66	1513	Monica Tavres	Strong Team	Senior Feminino	02:36:06	+01:48:45	13:01
67	1211	Ana Silva	Individual	Senior Feminino	02:36:07	+01:48:46	13:01
68	1511	Fatima Lobo	Strong Team	Senior Feminino	02:36:07	+01:48:46	13:01
69	1427	Joana Sousa	nogma s	Senior Feminino	02:36:09	+01:48:49	13:01

Senior Masculino

1	1250	Nelson Loureiro	Individual	Senior Masculino	47:20		03:57
2	1091	Tiago Pinto	Douroconta - Gabinete de Apoio e Contabilidade	Senior Masculino	48:35	+01:15	04:03
3	1097	Pedro Tapadas	Douroconta - Gabinete de Apoio e Contabilidade	Senior Masculino	50:13	+02:52	04:11
4	1500	Pedro Pontes	SERI Trail Team	Senior Masculino	50:37	+03:17	04:13
5	1485	JOÃO SOUSA	SCESPINHO-ATLETISMO/ANTONIO LEITÃO	Senior Masculino	51:16	+03:55	04:16

Trail Curto

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

6	1096	Pedro Barbosa	Douroconta - Gabinete de Apoio e Contabilidade	Senior Masculino	51:48	+04:28	04:19
7	1095	Bruno Santos	Douroconta - Gabinete de Apoio e Contabilidade	Senior Masculino	54:07	+06:46	04:31
8	1488	Ricardo Silva	SCESPINHO-ATLETISMO/ANTONIO LEITÃO	Senior Masculino	54:24	+07:03	04:32
9	1195	Daniel Santos	Grupo Trial	Senior Masculino	54:44	+07:24	04:34
10	1486	MARCIO MELO	SCESPINHO-ATLETISMO/ANTONIO LEITÃO	Senior Masculino	54:53	+07:33	04:34
11	1487	PEDRO MAGALHÃES	SCESPINHO-ATLETISMO/ANTONIO LEITÃO	Senior Masculino	55:47	+08:27	04:39
12	1019	Bruno Pereira	Amigos 100 Limites	Senior Masculino	55:55	+08:34	04:40
13	1017	Hugo Loureiro	Aliança de Gandra	Senior Masculino	56:22	+09:02	04:42
14	1527	Felisberto Arcipreste	Tia Bolacha	Senior Masculino	59:28	+12:07	04:57
15	1470	Carlos Moreira	RunRiver - Escola Atletismo de Rio Tinto	Senior Masculino	59:33	+12:12	04:58
16	1247	Jose Nunes	Individual	Senior Masculino	59:34	+12:13	04:58
17	1239	Fábio Campos	Individual	Senior Masculino	01:00:37	+13:17	05:03
18	1126	Hugo Silva	Factor X / S4L / Medense FC	Senior Masculino	01:00:56	+13:36	05:05
19	1196	Fabio Barbosa	Grupo Trial	Senior Masculino	01:01:02	+13:41	05:05
20	1262	Ricardo Leal	Individual	Senior Masculino	01:02:10	+14:49	05:11
21	1065	Álvaro Cardoso	CLARANET	Senior Masculino	01:02:58	+15:37	05:15
22	1264	Ricardo Pereira	Individual	Senior Masculino	01:03:27	+16:07	05:17
23	1143	Nuno Teixeira	Fiaes running	Senior Masculino	01:04:05	+16:44	05:20
24	1499	Cláudio Xavier Moreira	Sentir Escariz	Senior Masculino	01:04:41	+17:21	05:23
25	1474	FÁBIO ALMEIDA	Sai da Frente	Senior Masculino	01:04:44	+17:24	05:24
26	1004	Ricardo Pereira	#atéchoras	Senior Masculino	01:05:07	+17:47	05:26
27	1263	Ricardo Loureiro	Individual	Senior Masculino	01:05:33	+18:13	05:28
28	1267	Rogério Oliveira	Individual	Senior Masculino	01:06:20	+18:59	05:32
29	1545	Nuno Neves	XXX	Senior Masculino	01:06:55	+19:34	05:35
30	1257	Pedro Campos	Individual	Senior Masculino	01:07:17	+19:57	05:36
31	1235	Carlos Oliveira	Individual	Senior Masculino	01:07:22	+20:02	05:37
32	1040	Rafael Almeida	A-Team	Senior Masculino	01:07:43	+20:23	05:39
33	1022	Alcino Silva	Amigos 100 Limites	Senior Masculino	01:07:53	+20:33	05:39
34	1114	Bruno Pereira	Endovelico	Senior Masculino	01:07:58	+20:38	05:40
35	1238	Fábio Almeida	Individual	Senior Masculino	01:08:38	+21:18	05:43
36	1128	Júlio Sousa	Factor X / S4L / Medense FC	Senior Masculino	01:08:56	+21:35	05:45
37	1145	Vitor Dias	Fiaes running	Senior Masculino	01:08:59	+21:39	05:45
38	1036	Bruno Dias	A-Team	Senior Masculino	01:09:52	+22:32	05:49
39	1244	João Costa	Individual	Senior Masculino	01:09:56	+22:36	05:50
40	1205	Antonio Ferreira	Hora do Lobo Trail - CF Perosinho Atletismo	Senior Masculino	01:10:59	+23:39	05:55
41	1459	Diogo Lopes	Primos e compadres	Senior Masculino	01:11:10	+23:50	05:56
42	1068	Helder Mendes	Clube Zupper	Senior Masculino	01:11:22	+24:02	05:57
43	1520	JOEL PEREIRA	TARTARUGAS VELOCISTAS	Senior Masculino	01:12:09	+24:49	06:01
44	1081	Diogo Cardoso	Dá corda aos vitorinos	Senior Masculino	01:12:26	+25:05	06:02
45	1182	Nelson teixeira	GDCT UNICRE	Senior Masculino	01:12:27	+25:06	06:02
46	1529	Duarte Dias	TOG - Trinca Orelhas de Gato	Senior Masculino	01:12:31	+25:11	06:03

Trail Curto

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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47	1379	Mário Branco	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:12:40	+25:19	06:03
48	1106	Francisco Alberto Viana	Drim Tim	Senior Masculino	01:12:41	+25:20	06:03
49	1164	Nelson Miranda	Gansos	Senior Masculino	01:12:51	+25:30	06:04
50	1246	João Rodrigues	Individual	Senior Masculino	01:13:23	+26:02	06:07
51	1371	Paulo Pires	Moreira Relax Runners	Senior Masculino	01:13:34	+26:13	06:08
52	1506	Joel Gomes	Sirius	Senior Masculino	01:13:49	+26:29	06:09
53	1236	Carlos Torres	Individual	Senior Masculino	01:14:00	+26:40	06:10
54	1232	Bruno Nunes	Individual	Senior Masculino	01:14:06	+26:45	06:11
55	1552	Pedro Brandão	Clube Desportivo Cepsa	Senior Masculino	01:14:41	+27:20	06:13
56	1074	Miguel Peixoto	Com a perna às costas	Senior Masculino	01:14:45	+27:24	06:14
57	1127	João Teles	Factor X / S4L / Medense FC	Senior Masculino	01:14:45	+27:25	06:14
58	1129	Marcos Santos	Factor X / S4L / Medense FC	Senior Masculino	01:15:06	+27:45	06:16
59	1115	Pedro Serra	Endovelico	Senior Masculino	01:15:20	+28:00	06:17
60	1519	Bruno Gonçalves	TARTARUGAS VELOCISTAS	Senior Masculino	01:15:57	+28:36	06:20
61	1546	Leandro Queiros	Individual	Senior Masculino	01:16:00	+28:39	06:20
62	1062	Valter Barbosa	Centro Cultural da STCP	Senior Masculino	01:16:02	+28:42	06:20
63	1504	Fábio Gomes	Sirius	Senior Masculino	01:16:03	+28:42	06:20
64	1002	Fábio Gomes	#atéchoras	Senior Masculino	01:16:03	+28:43	06:20
65	1555	Roberto Silva	100Meta	Senior Masculino	01:16:22	+29:01	06:22
66	1082	Miguel Magalhães	Dá corda aos vitorinos	Senior Masculino	01:16:42	+29:22	06:24
67	1039	José Ferreira	A-Team	Senior Masculino	01:17:00	+29:39	06:25
68	1231	Bruno Monteiro	Individual	Senior Masculino	01:17:04	+29:44	06:25
69	1261	Ricardo Aroso	Individual	Senior Masculino	01:17:06	+29:45	06:26
70	1433	Toze Moreira	os aventureiros	Senior Masculino	01:17:44	+30:24	06:29
71	1237	Eduardo Seabra	Individual	Senior Masculino	01:18:15	+30:54	06:31
72	1522	MIGUEL PACHECO	TARTARUGAS VELOCISTAS	Senior Masculino	01:18:18	+30:57	06:32
73	1072	BRUNO NOGUEIRA	Com a perna às costas	Senior Masculino	01:18:20	+30:59	06:32
74	1003	Nuno Maio	#atéchoras	Senior Masculino	01:18:20	+30:59	06:32
75	1073	Diogo Nogueira	Com a perna às costas	Senior Masculino	01:18:20	+31:00	06:32
76	1230	Bruno Luís Vieira da Costa	Individual	Senior Masculino	01:18:23	+31:02	06:32
77	1253	Nuno Lopes	Individual	Senior Masculino	01:18:28	+31:07	06:32
78	1075	Ricardo Rocha	Com a perna às costas	Senior Masculino	01:18:29	+31:08	06:32
79	1258	Pedro Coelho	Individual	Senior Masculino	01:19:01	+31:40	06:35
80	1038	Eduardo Santos	A-Team	Senior Masculino	01:19:10	+31:50	06:36
81	1422	Rui Sousa	Nocturnos de Paredes	Senior Masculino	01:19:13	+31:53	06:36
82	1467	Tiago Oliveira	Run Forest Run	Senior Masculino	01:19:13	+31:53	06:36
83	1134	Joel Marques	FAST AO KM	Senior Masculino	01:19:36	+32:15	06:38
84	1242	Ismael Duarte	Individual	Senior Masculino	01:20:07	+32:46	06:41
85	1413	Marcelo Ferreira	Nem que chova	Senior Masculino	01:20:10	+32:49	06:41
86	1447	Tiago Gaio	Os Sarrotes	Senior Masculino	01:20:39	+33:18	06:43
87	1254	Nuno Pereira	Individual	Senior Masculino	01:20:53	+33:32	06:44
88	1208	Miguel Fonseca	Hospital Santa Maria RT	Senior Masculino	01:22:08	+34:47	06:51
89	1076	Vitor Rocha	Com a perna às costas	Senior Masculino	01:22:44	+35:24	06:54
90	1524	João Jerónimo	Team Brandão	Senior Masculino	01:22:52	+35:32	06:54
91	1044	Tiago Fonseca	Baguim runners	Senior Masculino	01:23:09	+35:48	06:56
92	1507	Ricardo Ribeiro	Sirius	Senior Masculino	01:23:09	+35:49	06:56

Trail Curto

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

93	1243	João Almeida	Individual	Senior Masculino	01:23:38	+36:18	06:58
94	1549	Francisco Mendes	Clube Desportivo Cepsa	Senior Masculino	01:24:12	+36:51	07:01
95	1381	Sérgio Rocha	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:24:18	+36:58	07:02
96	1252	Nuno Correia	Individual	Senior Masculino	01:24:27	+37:07	07:02
97	1271	Tiago Correia	Individual	Senior Masculino	01:24:30	+37:09	07:03
98	1255	Nuno Teixeira	Individual	Senior Masculino	01:25:08	+37:48	07:06
99	1460	Jaime Almeida	Primos e compadres	Senior Masculino	01:25:11	+37:50	07:06
100	1530	Ricardo Couto	TOG - Trinca Orelhas de Gato	Senior Masculino	01:25:30	+38:09	07:08
101	1233	Bruno Portela	Individual	Senior Masculino	01:25:32	+38:11	07:08
102	1561	Pedro Neves	Individual	Senior Masculino	01:25:55	+38:34	07:10
103	1475	PAULO SERGIO PEREIRA	Sai da Frente	Senior Masculino	01:26:04	+38:44	07:10
104	1421	Paulo Amorim	Nocturnos de Paredes	Senior Masculino	01:26:12	+38:51	07:11
105	1031	Ricardo Barbosa	Amigos das Curvas	Senior Masculino	01:26:14	+38:53	07:11
106	1270	Telmo Filipe Dias Da Rocha Rocha	Individual	Senior Masculino	01:26:37	+39:17	07:13
107	1080	David Tavares	Dá corda aos vitorinos	Senior Masculino	01:26:45	+39:25	07:14
108	1054	Nuno Miguel Garrido Moura da Silva	Calvário Runners	Senior Masculino	01:26:46	+39:25	07:14
109	1053	José Pedro Silva	Calvário Runners	Senior Masculino	01:26:46	+39:26	07:14
110	1380	Paulo Silva	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:28:17	+40:56	07:21
111	1187	Gustavo Santos	Gramidense IFC	Senior Masculino	01:28:33	+41:12	07:23
112	1501	António Pinheiro	SiM Summit	Senior Masculino	01:29:33	+42:13	07:28
113	1268	Rui Rodrgues	Individual	Senior Masculino	01:29:57	+42:36	07:30
114	1245	João Costa	Individual	Senior Masculino	01:31:04	+43:44	07:35
115	1353	Miguel Reis	LEõES DE TARDARIZ TRAIL	Senior Masculino	01:31:32	+44:11	07:38
116	1024	Fábio Moreira	Amigos 100 Limites	Senior Masculino	01:31:39	+44:19	07:38
117	1476	Valter Martins	Sai da Frente	Senior Masculino	01:33:04	+45:43	07:45
118	1432	Bruno Castelo	os aventureiros	Senior Masculino	01:33:08	+45:48	07:46
119	1544	Miguel Costa	Xtrilhosteam	Senior Masculino	01:35:04	+47:43	07:55
120	1352	José Ribeiro	LEõES DE TARDARIZ TRAIL	Senior Masculino	01:35:46	+48:25	07:59
121	1466	Rui Gonçalves	Rui	Senior Masculino	01:35:46	+48:26	07:59
122	1256	Paulo Ferreira	Individual	Senior Masculino	01:37:05	+49:44	08:05
123	1265	Ricardo Pinho	Individual	Senior Masculino	01:37:06	+49:46	08:06
124	1378	Márcio Teixeira	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:38:04	+50:44	08:10
125	1026	Tiago Mota	Amigos 100 Limites	Senior Masculino	01:38:41	+51:21	08:13
126	1412	Gastão Ferreira	Nem que chova	Senior Masculino	01:38:57	+51:36	08:15
127	1521	JOSÉ SILVA	TARTARUGAS VELOCISTAS	Senior Masculino	01:39:03	+51:42	08:15
128	1023	Diogo Cunha	Amigos 100 Limites	Senior Masculino	01:39:32	+52:11	08:18
129	1354	Pedro Silva	LEõES DE TARDARIZ TRAIL	Senior Masculino	01:39:40	+52:19	08:18
130	1241	Henrique pereira	Individual	Senior Masculino	01:39:58	+52:38	08:20
131	1370	André Pereira	Moreira Relax Runners	Senior Masculino	01:39:59	+52:38	08:20
132	1266	Ricardo Silva	Individual	Senior Masculino	01:40:24	+53:04	08:22
133	1181	Igor s santos	GDCT UNICRE	Senior Masculino	01:41:11	+53:50	08:26
134	1014	Hugo Silvestre Oliveira	925 SILVERJEWELS	Senior Masculino	01:41:33	+54:13	08:28
135	1086	Sergio Ferreira	Devagarinho	Senior Masculino	01:44:31	+57:10	08:43
136	1197	Joao Sousa	Grupo Trial	Senior Masculino	01:46:10	+58:49	08:51

Trail Curto

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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137	1420	Nuno Veloso	no name	Senior Masculino	01:51:54	+01:04:33	09:20
138	1463	Ricardo Braga	Rechonchudos Trail Runners	Senior Masculino	01:51:56	+01:04:36	09:20
139	1505	João Sousa	Sirius	Senior Masculino	02:09:16	+01:21:56	10:46
140	1144	Pedro Barbosa	Fiaes running	Senior Masculino	02:13:02	+01:25:41	11:05

Sub 23 Feminino

1	1103	Mariana Pinheiro	Dragões do Mato	Sub 23 Feminino	01:45:58	+58:38	08:50

Sub 23 Masculino

1	1471	Diogo Ferreira	RunRiver - Escola Atletismo de Rio Tinto	Sub 23 Masculino	58:22	+11:02	04:52
2	1147	Valter Pinho	Fiaes running	Sub 23 Masculino	59:36	+12:15	04:58
3	1035	Diogo Guimarães	ART Magrelos	Sub 23 Masculino	01:04:31	+17:11	05:23
4	1274	Diogo Nogueira	Individual	Sub 23 Masculino	01:12:00	+24:40	06:00
5	1105	Tiago Maia	DRAGONS	Sub 23 Masculino	01:13:43	+26:23	06:09
6	1537	André Paiva	Trial	Sub 23 Masculino	01:14:05	+26:45	06:10
7	1382	Fábio Cardoso	MSS CONTABILIDADE TRAIL TEAM	Sub 23 Masculino	01:14:21	+27:01	06:12
8	1532	Rui Rocha	TOG - Trinca Orelhas de Gato	Sub 23 Masculino	01:16:22	+29:02	06:22
9	1107	António Pereira	Drim Tim	Sub 23 Masculino	01:21:57	+34:37	06:50
10	1032	Gonçalo Nunes	ANAG TENNIS TEAM	Sub 23 Masculino	01:23:04	+35:44	06:55
11	1541	Carlos Paiva	TT Runners	Sub 23 Masculino	01:23:08	+35:47	06:56
12	1130	Pedro Soares	Factor X / S4L / Medense FC	Sub 23 Masculino	01:26:42	+39:22	07:14
13	1108	Hélder Filipe	Drim Tim	Sub 23 Masculino	01:28:46	+41:26	07:24
14	1355	Bruno Oliveira	LEõES DE TARDARIZ TRAIL	Sub 23 Masculino	01:28:48	+41:28	07:24
15	1531	José Santos	TOG - Trinca Orelhas de Gato	Sub 23 Masculino	01:34:01	+46:41	07:50
16	1356	Pedro Oliveira	LEõES DE TARDARIZ TRAIL	Sub 23 Masculino	02:30:52	+01:43:31	12:34

Veterana F40

1	1275	Ana Amaral	Individual	Veterana F40	01:07:34	+20:14	05:38
2	1153	Silvia Baptista	Fiaes running	Veterana F40	01:12:57	+25:36	06:05
3	1385	Marlene Martins	MSS CONTABILIDADE TRAIL TEAM	Veterana F40	01:19:40	+32:19	06:38
4	1060	Elisabete Pereira	CENTRO CICLISTA DE GONDOMAR	Veterana F40	01:21:19	+33:59	06:47
5	1450	Maria Silva	Pernas Inertes	Veterana F40	01:21:37	+34:17	06:48
6	1346	Susana Coelho Mendes	Kandimba Runners	Veterana F40	01:22:47	+35:27	06:54
7	1391	Isabel Santos	MSS CONTABILIDADE TRAIL TEAM	Veterana F40	01:22:57	+35:37	06:55
8	5	Isabel Dias	#estamosjuntos	Veterana F40	01:23:36	+36:15	06:58
9	1204	Beatriz Cruz	Hora do Lobo Trail - CF Perosinho Atletismo	Veterana F40	01:25:38	+38:18	07:08
10	1166	Cristina Fonseca	Gansos	Veterana F40	01:25:47	+38:27	07:09
11	1078	Luísa Nogueira	CORRER LEÇA	Veterana F40	01:26:01	+38:41	07:10

Trail Curto

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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12	1287	Sofia Ferreira	Individual	Veterana F40	01:26:30	+39:09	07:13
13	1117	Carla couto Couto	Equipa A	Veterana F40	01:27:21	+40:01	07:17
14	1348	Diana Pereira	ladecasa	Veterana F40	01:27:50	+40:29	07:19
15	1288	Telma Silva	Individual	Veterana F40	01:29:19	+41:58	07:27
16	1066	Ivone Pardal	Clube Académico de Mogadouro	Veterana F40	01:29:36	+42:15	07:28
17	74	Monica Borges	GTT - ARMAZÉM DO CAFFÈ	Veterana F40	01:29:43	+42:22	07:29
18	1200	MONICA SILVA	Gundemarus	Veterana F40	01:31:47	+44:26	07:39
19	1457	Teresa Lourenço	Porto Sentido Runners	Veterana F40	01:32:35	+45:15	07:43
20	1063	Cristina Sousa	Centro Cultural da STCP	Veterana F40	01:35:25	+48:05	07:57
21	1111	Márcia Coelho	Ei Team Trail	Veterana F40	01:36:46	+49:25	08:04
22	1027	Marisa Santos	Amigos 100 Limites	Veterana F40	01:37:33	+50:13	08:08
23	1151	Sandra Almeida	Fiaes running	Veterana F40	01:38:11	+50:50	08:11
24	1113	Paula Morais	éjáli...clube de amigos trailrunners	Veterana F40	01:39:44	+52:23	08:19
25	1123	CRISTINA DUARTE	ESPINHO TRAIL	Veterana F40	01:39:46	+52:25	08:19
26	1468	Silvia Costa	Running Espinho	Veterana F40	01:39:53	+52:33	08:19
27	1092	Liliana Felgueiras	Douroconta - Gabinete de Apoio e Contabilidade	Veterana F40	01:40:08	+52:47	08:21
28	1384	Marina Sousa	MSS CONTABILIDADE TRAIL TEAM	Veterana F40	01:40:54	+53:33	08:25
29	1419	Sandra Gonçalves	Ninguém as pára	Veterana F40	01:42:14	+54:54	08:31
30	1418	Maria Sousa	Ninguém as pára	Veterana F40	01:42:14	+54:54	08:31
31	1042	Eugénia Monteiro	Baguim Outdoor Activities (B.O.A.`s)	Veterana F40	01:43:05	+55:45	08:35
32	1043	Teresa Silva	Baguim Outdoor Activities (B.O.A.`s)	Veterana F40	01:43:27	+56:06	08:37
33	1490	SANDRA PINTO	SCESPINHO-ATLETISMO/ANTONIO LEITÃO	Veterana F40	01:43:46	+56:25	08:39
34	1148	Andreia Regal	Fiaes running	Veterana F40	01:43:47	+56:27	08:39
35	1423	Paula Araujo	Nocturnos de Paredes	Veterana F40	01:45:45	+58:25	08:49
36	1386	Vânia Cardoso	MSS CONTABILIDADE TRAIL TEAM	Veterana F40	01:46:14	+58:54	08:51
37	1277	Carla Neves	Individual	Veterana F40	01:46:23	+59:03	08:52
38	1170	SANDRA CEPEDA	GDC FIDELIDADE	Veterana F40	01:46:30	+59:09	08:53
39	1429	Susana Moura	NOGMA S	Veterana F40	01:46:43	+59:22	08:54
40	1316	Mônica Gomes	Individual	Veterana F40	01:47:27	+01:00:07	08:57
41	1383	Carla Oliveira	MSS CONTABILIDADE TRAIL TEAM	Veterana F40	01:47:42	+01:00:22	08:59
42	1280	Maria Praça	Individual	Veterana F40	01:48:41	+01:01:21	09:03
43	1282	Paula Ribeiro	Individual	Veterana F40	01:50:13	+01:02:53	09:11
44	1152	Sandra Ferreira	Fiaes running	Veterana F40	01:51:07	+01:03:47	09:16
45	1120	Claudia Santos	Equipa Boot	Veterana F40	01:52:16	+01:04:56	09:21
46	1283	Raquel Pinto	Individual	Veterana F40	01:53:58	+01:06:37	09:30
47	1149	Manuela Silva	Fiaes running	Veterana F40	01:55:16	+01:07:56	09:36
48	1365	Marta Almeida	LION RUNNERS - G. D. Leões da Guarda	Veterana F40	01:57:27	+01:10:06	09:47
49	1154	Susana Costa	Fiaes running	Veterana F40	01:58:05	+01:10:44	09:50
50	1011	Lilia Sá	10TEMIDOS	Veterana F40	01:58:58	+01:11:37	09:55
51	1351	Ana Gonçalves	Lamego Tribo Runners	Veterana F40	01:59:49	+01:12:28	09:59

Trail Curto

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

52	1489	SANDRA MARTINS	SCESPINHO-ATLETISMO/ANTONIO LEITÃO	Veterana F40	02:01:46	+01:14:26	10:09
53	1201	PATRICIA SOUSA	Gundemarus	Veterana F40	02:03:34	+01:16:14	10:18
54	1104	Susana Pinheiro	Dragões do Mato	Veterana F40	02:05:42	+01:18:22	10:29
55	1428	SANDRA NOGUEIRA	NOGMA S	Veterana F40	02:07:08	+01:19:47	10:36
56	1150	Maria Barbosa	Fiaes running	Veterana F40	02:07:23	+01:20:03	10:37
57	1276	Ângela Pereira	Individual	Veterana F40	02:07:28	+01:20:08	10:37
58	1007	Marlene Moreira	100Meta	Veterana F40	02:09:42	+01:22:22	10:49
59	1289	Teresa Paiva	Individual	Veterana F40	02:11:42	+01:24:22	10:59
60	1006	ANA FONSECA	100Meta	Veterana F40	02:15:03	+01:27:43	11:15
61	1364	Anabela Magalhães	LION RUNNERS - G. D. Leões da Guarda	Veterana F40	02:23:38	+01:36:18	11:58
62	1284	Raquel Tomé	Individual	Veterana F40	02:35:01	+01:47:41	12:55
63	1279	Cristina Lopes	Individual	Veterana F40	02:35:02	+01:47:41	12:55

Veterana F50

1	1562	Etelvina Rocha	Amigos 100 Limites	Veterana F50	01:07:49	+20:28	05:39
2	199	Maria Martins	Individual	Veterana F50	01:09:27	+22:06	05:47
3	1198	Maria Céu Lopes Lemos	GTT - ARMAZÉM DO CAFFÈ	Veterana F50	01:14:39	+27:18	06:13
4	1484	Maria Lemos	SCESPINHO-ATLETISMO/ANTONIO LEITÃO	Veterana F50	01:15:31	+28:10	06:18
5	166	Arménia Celeste Ribeiro	Pernetas	Veterana F50	01:18:16	+30:55	06:31
6	1118	Alice Couto	Equipa A	Veterana F50	01:19:14	+31:54	06:36
7	1008	Adriana Abreu	100Meta	Veterana F50	01:20:15	+32:54	06:41
8	1069	Maria Fátima Ribeiro	Clube Zupper	Veterana F50	01:20:36	+33:16	06:43
9	1553	Rosa Costa	Clube Desportivo Cepsa	Veterana F50	01:25:48	+38:28	07:09
10	1472	Fátima Aguiar	RunRiver - Escola Atletismo de Rio Tinto	Veterana F50	01:25:59	+38:39	07:10
11	1171	EMILIA MOREIRA	GDC FIDELIDADE	Veterana F50	01:26:25	+39:05	07:12
12	1028	Maria Ferreira	Amigos 100 Limites	Veterana F50	01:29:03	+41:42	07:25
13	104	Beth Dempsey	Individual	Veterana F50	01:33:02	+45:41	07:45
14	1083	Madalena Gonçalves	Dá corda aos vitorinos	Veterana F50	01:35:11	+47:50	07:56
15	1206	Conceição Pereira	Hora do Lobo Trail - CF Perosinho Atletismo	Veterana F50	01:37:44	+50:24	08:09
16	1366	Anabela Cunha	LION RUNNERS - G. D. Leões da Guarda	Veterana F50	01:37:47	+50:26	08:09
17	1534	Paula cristina Oliveira silva Silva	TrepaTrilhos Trail Team	Veterana F50	01:38:49	+51:29	08:14
18	1291	Ana Manuela	Individual	Veterana F50	01:41:31	+54:10	08:28
19	1387	Ana Duarte	MSS CONTABILIDADE TRAIL TEAM	Veterana F50	01:42:01	+54:41	08:30
20	1124	ANA DUARTE	ESPINHO TRAIL	Veterana F50	01:42:43	+55:22	08:34
21	1535	Teresa costa Costa	TrepaTrilhos Trail Team	Veterana F50	01:46:46	+59:25	08:54
22	1112	Lurdes Oliveira	Ei Team Trail	Veterana F50	01:50:41	+01:03:20	09:13
23	1388	Natália Carvalho	MSS CONTABILIDADE TRAIL TEAM	Veterana F50	01:53:06	+01:05:46	09:26
24	1165	Fernanda Santos	Gansos	Veterana F50	01:55:28	+01:08:08	09:37
25	1070	Celina Baptista	CNCBacadapasso	Veterana F50	01:57:01	+01:09:41	09:45

Trail Curto

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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26	1155	Amelia Leandro	Fiaes running	Veterana F50	01:58:05	+01:10:45	09:50
27	1349	Cândida Rodrigues	Lamego pelos Trilhos	Veterana F50	01:59:49	+01:12:29	09:59
28	1491	MARGARIDA MACHADO	SCESPINHO-ATLETISMO/ANTONIO LEITÃO	Veterana F50	02:01:46	+01:14:26	10:09
29	1189	Manuela Viterbo	Grupo 46 "Lavra Run"	Veterana F50	02:02:58	+01:15:37	10:15
30	1389	Paula Salgado	MSS CONTABILIDADE TRAIL TEAM	Veterana F50	02:13:01	+01:25:41	11:05
31	1292	Ana Oliveira	Individual	Veterana F50	02:18:05	+01:30:44	11:30

Veterana F60

1	1098	Fernanda Bento	Douroconta - Gabinete de Apoio e Contabilidade	Veterana F60	01:39:55	+52:34	08:20
2	1294	Joaquina Martins	Individual	Veterana F60	01:40:28	+53:07	08:22
3	1451	Rosa Bispo	Pernas Inertes	Veterana F60	01:41:29	+54:09	08:27
4	1045	Madalena Silva	Baguim runners	Veterana F60	01:46:24	+59:04	08:52
5	1293	Filomena Marcelo	Individual	Veterana F60	01:56:13	+01:08:52	09:41
6	1448	Ana Moreira	Os TurboMula	Veterana F60	02:02:25	+01:15:05	10:12

Veterano M40

1	1109	Ivan Silva	EDV - Viana Trail	Veterano M40	51:27	+04:07	04:17
2	1473	Rui Sousa	RunRiver - Escola Atletismo de Rio Tinto	Veterano M40	54:36	+07:16	04:33
3	1496	JOAO BARBOSA	SCESPINHO-ATLETISMO/ANTONIO LEITÃO	Veterano M40	54:57	+07:37	04:35
4	1430	HENRIQUE SILVA	NS PNEUS VITAL PLACE YDUTEK	Veterano M40	55:46	+08:25	04:39
5	1135	Ricardo Rocha	FAST AO KM	Veterano M40	58:30	+11:09	04:53
6	1057	Diogo Barros	CB RUN	Veterano M40	58:52	+11:32	04:54
7	1492	ALCINDO DIAS	SCESPINHO-ATLETISMO/ANTONIO LEITÃO	Veterano M40	59:50	+12:30	04:59
8	1188	Ângelo Cabral	Gramidense IFC	Veterano M40	01:02:20	+15:00	05:12
9	1494	Jorge Filipe Jesus Silva	SCESPINHO-ATLETISMO/ANTONIO LEITÃO	Veterano M40	01:02:58	+15:37	05:15
10	1368	José Sá	LION RUNNERS - G. D. Leões da Guarda	Veterano M40	01:03:48	+16:27	05:19
11	1479	Filipe Pereira	Sai da Frente	Veterano M40	01:04:17	+16:57	05:21
12	1064	Sérgio Sousa	Centro Cultural da STCP	Veterano M40	01:05:52	+18:31	05:29
13	1526	Fernando Ferreira	Team Lantemil	Veterano M40	01:06:05	+18:44	05:30
14	1048	João Sousa Sousa	Bravos e Bravitas	Veterano M40	01:06:33	+19:13	05:33
15	1367	Jorge Figueiredo	LION RUNNERS - G. D. Leões da Guarda	Veterano M40	01:06:40	+19:20	05:33
16	1132	Ivo Oliveira	Factor X / S4L / Medense FC	Veterano M40	01:07:18	+19:57	05:37
17	1397	Manuel Pinheiro	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	01:07:24	+20:04	05:37
18	1313	Marcio Pinto	Individual	Veterano M40	01:07:32	+20:12	05:38
19	1306	Jorge Duraes	Individual	Veterano M40	01:07:56	+20:35	05:40
20	1297	Antonio Silva	Individual	Veterano M40	01:09:28	+22:07	05:47

Trail Curto

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

21	1395	José Salas	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	01:09:32	+22:12	05:48
22	1399	Márcio Almeida	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	01:10:09	+22:49	05:51
23	1296	Antonio Santos	Individual	Veterano M40	01:10:09	+22:49	05:51
24	1029	António Faria	Amigos 100 Limites	Veterano M40	01:10:13	+22:52	05:51
25	1312	Luis Pinto	Individual	Veterano M40	01:10:44	+23:24	05:54
26	1536	Fernando Silva	TrepaTrilhos Trail Team	Veterano M40	01:11:37	+24:17	05:58
27	1554	Jorge Silva	Hora do Lobo Trail - CF Perosinho Atletismo	Veterano M40	01:12:35	+25:15	06:03
28	1058	Ernesto De Freitas	CB RUN	Veterano M40	01:12:45	+25:25	06:04
29	1325	Vitor Santos	Individual	Veterano M40	01:13:16	+25:56	06:06
30	1357	Luís Martins	LEõES DE TARDARIZ TRAIL	Veterano M40	01:14:10	+26:50	06:11
31	1305	Hugo Ferreira	Individual	Veterano M40	01:14:51	+27:30	06:14
32	1131	Hugo Santos	Factor X / S4L / Medense FC	Veterano M40	01:15:12	+27:52	06:16
33	1493	Jorge Coelho	SCESPINHO-ATLETISMO/ANTONIO LEITÃO	Veterano M40	01:15:31	+28:11	06:18
34	1046	Lourenço Cardoso	Baguim runners	Veterano M40	01:15:35	+28:14	06:18
35	1323	Sérgio Carvalho	Individual	Veterano M40	01:15:55	+28:34	06:20
36	1303	Hélder Costa	Individual	Veterano M40	01:16:12	+28:52	06:21
37	1556	Pedro Fernandes	100Meta	Veterano M40	01:16:22	+29:01	06:22
38	1016	Eduardo Nascimento	Ageas	Veterano M40	01:16:25	+29:04	06:22
39	1508	Filipe Moreira	Sofá Kings	Veterano M40	01:16:37	+29:17	06:23
40	1309	José Machado	Individual	Veterano M40	01:16:59	+29:38	06:25
41	1100	Marco Castro	Douroconta - Gabinete de Apoio e Contabilidade	Veterano M40	01:17:01	+29:40	06:25
42	1116	Ion Ponce	Endovelico	Veterano M40	01:17:01	+29:41	06:25
43	1401	Nuno Gama	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	01:17:31	+30:10	06:28
44	1550	Alberto Brandão	Clube Desportivo Cepsa	Veterano M40	01:17:38	+30:18	06:28
45	1173	LUIS CESAR	GDC FIDELIDADE	Veterano M40	01:18:32	+31:12	06:33
46	1190	Francisco Lopes	Grupo 46 "Lavra Run"	Veterano M40	01:18:52	+31:31	06:34
47	1551	Filipe Brandão	Clube Desportivo Cepsa	Veterano M40	01:19:13	+31:53	06:36
48	1067	Flavio Soares	CLUBE ATLETISMO DE LAMAS	Veterano M40	01:19:38	+32:18	06:38
49	1159	Vasco Macieira	Fiaes running	Veterano M40	01:19:46	+32:25	06:39
50	1317	Nuno Cabral	Individual	Veterano M40	01:21:30	+34:10	06:48
51	1304	Hugo Almeida	Individual	Veterano M40	01:21:34	+34:14	06:48
52	1101	Rui Marques	Douroconta - Gabinete de Apoio e Contabilidade	Veterano M40	01:21:47	+34:26	06:49
53	1311	Leandro Leite	Individual	Veterano M40	01:22:04	+34:44	06:50
54	1162	Ricardo A. Silva Sousa	Fit Gaia Trail	Veterano M40	01:22:25	+35:05	06:52
55	1050	Raul Jorge Martins Sousa	Bunker Lounge Trail	Veterano M40	01:22:33	+35:13	06:53
56	1372	Helder Silva	Moreira Relax Runners	Veterano M40	01:22:56	+35:35	06:55
57	1393	José Cardoso	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	01:23:25	+36:05	06:57
58	1548	Vitor Coelho	Clube Desportivo Cepsa	Veterano M40	01:25:01	+37:40	07:05
59	1005	Álvaro pereira	#atéchoras	Veterano M40	01:25:44	+38:24	07:09
60	1183	Miguel pinto	GDCT UNICRE	Veterano M40	01:25:56	+38:35	07:10
61	1307	José Alves	Individual	Veterano M40	01:25:56	+38:36	07:10

Trail Curto

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

62	1321	Reinaldo Pacheco	Individual	Veterano M40	01:26:37	+39:17	07:13
63	1088	Cláudio Guarda	Dói-me quase tudo...	Veterano M40	01:26:40	+39:19	07:13
64	1415	Jorge Rebelo	Nem que chova	Veterano M40	01:26:42	+39:22	07:14
65	1087	António Carvalho	Dói-me quase tudo...	Veterano M40	01:26:45	+39:25	07:14
66	1464	Nuno Reis	Reis & Cª	Veterano M40	01:27:18	+39:58	07:17
67	1347	Alexandre sousa	Kandimba Runners	Veterano M40	01:27:22	+40:02	07:17
68	1089	Nuno Ribeiro	Dói-me quase tudo...	Veterano M40	01:27:27	+40:07	07:17
69	1302	Gabriel Bernardo	Individual	Veterano M40	01:27:51	+40:31	07:19
70	1315	Miguel Angelo Oliveira	Individual	Veterano M40	01:29:18	+41:58	07:27
71	1202	MIGUEL SILVA	Gundemarus	Veterano M40	01:29:26	+42:06	07:27
72	1295	Amilcar Castro	Individual	Veterano M40	01:29:30	+42:09	07:28
73	1047	Sandro Silva	Boot	Veterano M40	01:29:39	+42:18	07:28
74	75	Jorge Borges	GTT - ARMAZÉM DO CAFFÈ	Veterano M40	01:29:40	+42:19	07:28
75	1495	JORGE FONTES	SCESPINHO-ATLETISMO/ANTONIO LEITÃO	Veterano M40	01:30:17	+42:57	07:31
76	1455	Carlos Alves	Pés de Chumbo Runners	Veterano M40	01:30:19	+42:58	07:32
77	1358	Marco Oliveira	LEõES DE TARDARIZ TRAIL	Veterano M40	01:31:32	+44:11	07:38
78	1314	Mario Noronha	Individual	Veterano M40	01:31:53	+44:33	07:39
79	1051	João Lourenço	C+ RUNNERS	Veterano M40	01:32:07	+44:47	07:41
80	1414	Ivo Pereira	Nem que chova	Veterano M40	01:32:10	+44:49	07:41
81	1416	Paulo Mendes	Nem que chova	Veterano M40	01:32:11	+44:50	07:41
82	1477	Antero Teixeira	Sai da Frente	Veterano M40	01:33:05	+45:44	07:45
83	1533	Oscar Santos	TOG - Trinca Orelhas de Gato	Veterano M40	01:34:02	+46:42	07:50
84	1345	Jaime Morais	JAIME MORAIS	Veterano M40	01:34:57	+47:36	07:55
85	1406	Ricardo Pinto	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	01:35:07	+47:47	07:56
86	1394	José Ferreira	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	01:35:42	+48:22	07:59
87	1012	Rui Sá	10TEMIDOS	Veterano M40	01:36:32	+49:11	08:03
88	1517	Pedro Perpetua	Strong Team	Veterano M40	01:36:42	+49:21	08:04
89	1426	Eusebio Barbosa	Nocturnos de Paredes	Veterano M40	01:37:00	+49:40	08:05
90	1172	ALEXANDRE SOUSA	GDC FIDELIDADE	Veterano M40	01:37:48	+50:27	08:09
91	1398	Manuel Ribeiro	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	01:38:05	+50:44	08:10
92	1009	João Nunes	100Meta	Veterano M40	01:38:11	+50:50	08:11
93	1510	Pedro Alves	SPA	Veterano M40	01:38:20	+51:00	08:12
94	1478	Emanuel Duraes	Sai da Frente	Veterano M40	01:38:39	+51:19	08:13
95	1405	Ricardo Ferreira	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	01:39:45	+52:25	08:19
96	1390	Bruno Martins	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	01:39:46	+52:26	08:19
97	1125	Tony Barbosa	ESPINHO TRAIL	Veterano M40	01:39:47	+52:27	08:19
98	1469	Paulo Ferreira	Running Espinho	Veterano M40	01:39:52	+52:31	08:19
99	1090	NUNO SÁ COSTA	Dói-me quase tudo...	Veterano M40	01:40:50	+53:29	08:24
100	1350	Fernando Rodrigues	Lamego pelos Trilhos	Veterano M40	01:41:46	+54:26	08:29
101	1359	Ricardo Moura	LEõES DE TARDARIZ TRAIL	Veterano M40	01:42:40	+55:20	08:33
102	1310	Jose Pereira	Individual	Veterano M40	01:46:29	+59:08	08:52
103	1324	Sergio Pinto	Individual	Veterano M40	01:50:13	+01:02:53	09:11

Trail Curto

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

104	1033	Élio Gonçalves	APERTA CORDÕES	Veterano M40	01:52:46	+01:05:25	09:24
105	1158	Valter Mota	Fiaes running	Veterano M40	01:53:29	+01:06:09	09:27
106	1322	Rui Rebelo	Individual	Veterano M40	01:53:55	+01:06:35	09:30
107	1318	Paulo cunha	Individual	Veterano M40	01:55:16	+01:07:55	09:36
108	1299	Eduardo castro	Individual	Veterano M40	01:55:17	+01:07:56	09:36
109	1392	Filipe Azevedo	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	01:57:56	+01:10:35	09:50
110	1319	Paulo Pinto	Individual	Veterano M40	01:59:07	+01:11:47	09:56
111	1157	Jorge Nogueira	Fiaes running	Veterano M40	01:59:21	+01:12:01	09:57
112	1191	Paulo Ferreira	Grupo 46 "Lavra Run"	Veterano M40	02:02:58	+01:15:37	10:15
113	1203	PAULO SOUSA	Gundemarus	Veterano M40	02:03:34	+01:16:14	10:18
114	1300	Fernando Paiva	Individual	Veterano M40	02:11:42	+01:24:22	10:59
115	1403	Paulo Queirós	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	02:20:44	+01:33:24	11:44
116	1290	Vitor Baptista	Individual	Veterano M40	02:35:01	+01:47:41	12:55

Veterano M50

1	1034	António Nunes	ARADA ATLÉTICO CLUBE	Veterano M50	54:17	+06:56	04:31
2	1059	JOSÉ MOTA	CDCR CTT PORTO	Veterano M50	57:59	+10:38	04:50
3	1333	Fernando Seabra	Individual	Veterano M50	59:08	+11:48	04:56
4	1431	Manuel domingues	NS PNEUS VITAL PLACE YDUTEK	Veterano M50	59:32	+12:12	04:58
5	1093	Cláudio Monteiro	Douroconta - Gabinete de Apoio e Contabilidade	Veterano M50	01:00:38	+13:18	05:03
6	1498	Manuel Oliveira	SCESPINHO-ATLETISMO/ANTONIO LEITÃO	Veterano M50	01:02:10	+14:50	05:11
7	1156	Marcelo Fernandes	Fiaes running	Veterano M50	01:04:50	+17:30	05:24
8	1199	José Manuel Braga Ferreira	GTT - ARMAZÉM DO CAFFÈ	Veterano M50	01:05:47	+18:27	05:29
9	1438	Joaquim Manuel Vieira	OS CACHOS	Veterano M50	01:09:59	+22:38	05:50
10	1094	José Santos	Douroconta - Gabinete de Apoio e Contabilidade	Veterano M50	01:12:03	+24:43	06:00
11	1102	António Azevedo	Douroconta - Gabinete de Apoio e Contabilidade	Veterano M50	01:13:20	+25:59	06:07
12	1334	Joaquim Rocha	Individual	Veterano M50	01:15:59	+28:39	06:20
13	1417	Clemente Meireles	Nem que chova	Veterano M50	01:17:33	+30:13	06:28
14	1543	Jose Miguel Casal Neves	Voleibol Runners	Veterano M50	01:17:35	+30:14	06:28
15	1340	Mário Magalhães	Individual	Veterano M50	01:18:16	+30:55	06:31
16	1437	Carlos Vieira	OS CACHOS	Veterano M50	01:18:45	+31:25	06:34
17	1332	Eduardo Castro	Individual	Veterano M50	01:19:03	+31:42	06:35
18	1547	Francisco Mota	Individual	Veterano M50	01:19:19	+31:58	06:37
19	1410	António Alves	MSS CONTABILIDADE TRAIL TEAM	Veterano M50	01:19:35	+32:14	06:38
20	77	Jorge Mota	Hora do Lobo Trail - CF Perosinho Atletismo	Veterano M50	01:19:55	+32:35	06:40
21	1077	Paulino Ferreira	Com a perna às costas	Veterano M50	01:20:35	+33:14	06:43
22	1330	Arménio Brandão	Individual	Veterano M50	01:20:39	+33:19	06:43
23	1559	Henrique Borges	Individual	Veterano M50	01:21:00	+33:39	06:45
24	1456	Artur Mário Carvalho Morais	PINTURAS CHARRÃO	Veterano M50	01:21:15	+33:55	06:46

Trail Curto

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

25	1331	Carlos Fernandes	Individual	Veterano M50	01:21:21	+34:01	06:47
26	1452	Carlos "Calígula" Silva	Pernas Inertes	Veterano M50	01:22:51	+35:31	06:54
27	1439	Manuel Carneiro	OS CACHOS	Veterano M50	01:24:24	+37:04	07:02
28	1176	JOSE PEREIRA	GDC FIDELIDADE	Veterano M50	01:26:16	+38:56	07:11
29	1168	Rui Machado	Gansos	Veterano M50	01:28:46	+41:25	07:24
30	1167	Paulo Silva	Gansos	Veterano M50	01:28:59	+41:39	07:25
31	1030	João Moreira	Amigos 100 Limites	Veterano M50	01:31:39	+44:18	07:38
32	121	Salim Hawi	Individual	Veterano M50	01:33:02	+45:42	07:45
33	1465	José Freitas Freitas	RollingAventura	Veterano M50	01:33:51	+46:31	07:49
34	1336	Luís Monteiro	Individual	Veterano M50	01:37:39	+50:18	08:08
35	1411	Paulo Costa	MSS CONTABILIDADE TRAIL TEAM	Veterano M50	01:38:07	+50:47	08:11
36	1335	José Maria Teixeira	Individual	Veterano M50	01:38:30	+51:10	08:13
37	1328	António Manuel Santos Couto	Individual	Veterano M50	01:39:14	+51:54	08:16
38	1480	Paulo Sérgio Almeida	Sai da Frente	Veterano M50	01:39:54	+52:34	08:20
39	1409	Américo Leal	MSS CONTABILIDADE TRAIL TEAM	Veterano M50	01:40:52	+53:31	08:24
40	1329	António Silva	Individual	Veterano M50	01:41:43	+54:22	08:29
41	1338	Manuel Rodrigues	Individual	Veterano M50	01:45:01	+57:41	08:45
42	1339	Manuel silva	Individual	Veterano M50	01:46:21	+59:01	08:52
43	1462	Raul Cunha	Ramboia	Veterano M50	01:49:37	+01:02:16	09:08
44	1461	José Silva	Ramboia	Veterano M50	01:49:39	+01:02:18	09:08
45	1175	JOAO MOREIRA	GDC FIDELIDADE	Veterano M50	01:50:54	+01:03:34	09:15
46	1525	Manuel Brandão	Team Brandão	Veterano M50	01:51:51	+01:04:31	09:19
47	1337	Manuel Dias	Individual	Veterano M50	01:53:18	+01:05:58	09:27
48	1071	Carlos Navega	CNCBacadapasso	Veterano M50	01:57:02	+01:09:41	09:45
49	1207	Fernando Ferreira	Hora do Lobo Trail - CF Perosinho Atletismo	Veterano M50	02:06:18	+01:18:58	10:32
50	1160	Jose Barbosa	Fiaes running	Veterano M50	02:07:33	+01:20:13	10:38

Veterano M60

1	1482	Augusto Pereira	São Salvador do Campo	Veterano M60	55:00	+07:40	04:35
2	1449	Lino Moreira	Os TurboMula	Veterano M60	01:07:21	+20:01	05:37
3	1369	Serafim Ramos	LION RUNNERS - G. D. Leões da Guarda	Veterano M60	01:07:28	+20:08	05:37
4	1161	Jose Falcao	Fiaes running	Veterano M60	01:20:23	+33:03	06:42
5	1343	Inocêncio Ferreira	Individual	Veterano M60	01:21:59	+34:38	06:50
6	1136	Manuel Rocha	FAST AO KM	Veterano M60	01:22:53	+35:33	06:54
7	6	António Fernandes	#estamosjuntos	Veterano M60	01:32:33	+45:12	07:43
8	1342	Filipe Ramos	Individual	Veterano M60	01:39:49	+52:29	08:19
9	1435	Germano Moura	OS BARRIGUITAS	Veterano M60	01:41:09	+53:48	08:26
10	1453	José Lima	Pernas Inertes	Veterano M60	01:43:26	+56:05	08:37
11	1178	LICINIO MALAFAIA	GDC FIDELIDADE	Veterano M60	01:44:48	+57:27	08:44
12	1436	Manuel Moura	OS BARRIGUITAS	Veterano M60	01:47:00	+59:39	08:55
13	1133	Jose Sousa	Factor X / S4L / Medense FC	Veterano M60	01:48:37	+01:01:16	09:03
14	1344	José Carneiro	Individual	Veterano M60	01:52:30	+01:05:10	09:23

Trail Curto

12 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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15	1341	Alberto santos	Individual	Veterano M60	01:55:17	+01:07:57	09:36
16	1010	David Guimarães	100Meta	Veterano M60	02:15:00	+01:27:39	11:15

COLETIVO - TRAIL CURTO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	DOUROCONTA - GABINETE DE APOIO E CONTABILIDADE	2 + 3 + 7	12
2	SCESPINHO-ATLETISMO/ANTONIO LEITÃO	5 + 10 + 13	28
3	RUNRIVER - ESCOLA ATLETISMO DE RIO TINTO	11 + 21 + 27	59
4	FIAES RUNNING	29 + 42 + 47	118
5	AMIGOS 100 LIMITES	18 + 67 + 68	153
6	LION RUNNERS - G. D. LEÕES DA GUARDA	41 + 55 + 62	158
7	FACTOR X / S4L / MEDENSE FC	33 + 58 + 72	163
8	MSS CONTABILIDADE TRAIL TEAM	61 + 77 + 81	219
9	GRUPO TRIAL	12 + 34 + 220	266
10	A-TEAM	65 + 78 + 143	286
11	SAI DA FRENTE	43 + 46 + 240	329
12	ENDOVELICO	70 + 122 + 145	337
13	#ATÉCHORAS	48 + 133 + 158	339
14	HORA DO LOBO TRAIL - CF PEROSINHO ATLETISMO	85 + 95 + 180	360
15	TARTARUGAS VELOCISTAS	91 + 128 + 156	375
16	FAST AO KM	22 + 176 + 208	406
17	COM A PERNA ÀS COSTAS	115 + 157 + 159	431
18	CLUBE DESPORTIVO CEPSA	114 + 151 + 170	435
19	GTT - ARMAZÉM DO CAFFÈ	50 + 113 + 279	442
20	SIRIUS	106 + 132 + 215	453
21	100META	135 + 136 + 184	455
22	TOG - TRINCA ORELHAS DE GATO	94 + 137 + 228	459
23	OS CACHOS	80 + 165 + 222	467
24	DÁ CORDA AOS VITORINOS	92 + 141 + 252	485
25	CENTRO CULTURAL DA STCP	51 + 131 + 311	493
26	CB RUN	23 + 98 + 440	561
27	DRIM TIM	97 + 198 + 267	562
28	GANSOS	99 + 232 + 233	564
29	NEM QUE CHOVA	149 + 183 + 249	581
30	GDC FIDELIDADE	164 + 243 + 244	651
31	LEÕES DE TARDARIZ TRAIL	110 + 268 + 287	665
32	MOREIRA RELAX RUNNERS	104 + 209 + 364	677
33	GDCT UNICRE	93 + 236 + 374	703
34	NOCTURNOS DE PAREDES	171 + 241 + 318	730
35	BAGUIM RUNNERS	126 + 214 + 408	748
36	OS AVENTUREIROS	152 + 302 + 303	757
37	DÓI-ME QUASE TUDO...	248 + 251 + 260	759
38	CALVÁRIO RUNNERS	253 + 254 + 255	762

COLETIVO - TRAIL CURTO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

39	PERNAS INERTES	196 + 206 + 375	777
40	TREPATRILHOS TRAIL TEAM	88 + 341 + 412	841
41	GUNDEMARUS	274 + 291 + 471	1036
42	EI TEAM TRAIL	317 + 349 + 424	1090
43	TEAM BRANDÃO	207 + 428 + 460	1095
44	ESPINHO TRAIL	355 + 357 + 385	1097
45	GRUPO 46 "LAVRA RUN"	166 + 467 + 468	1101
46	BAGUIM OUTDOOR ACTIVITIES (B.O.A.`S)	388 + 390 + 391	1169
47	STRONG TEAM	316 + 502 + 503	1321
48	NOGMA S	411 + 475 + 507	1393