

POS.	NOME	DORSAL	EQUIPA	CABEÇA GORDA	TEMPO FINAL
1	Mário Teixeira	624	Escola de Atletismo de Coimbra/JPaiva	00:30:41	00:58:51
2	Romeu Gouveia	657	SALOMON SUUNTO PORTUGAL	00:30:22	00:59:14
3	Rui Rodrigues	617	ASSOCIAÇÃO ACADÉMICA DE COIMBRA	00:30:29	00:59:31
4	Nuno Gonçalves	593	runcrosstrail.com	00:30:48	01:01:33
5	Jorge Pimenta	633	DCI/CCDRPedrulha - Mealhada	00:32:29	01:03:04
6	Nelson Costa	331	O MUNDO DA CORRIDA	00:31:41	01:03:45
7	Gustavo Barandas	625	Escola de Atletismo de Coimbra/JPaiva	00:33:40	01:05:00
8	Miguel Pires	641	Escola de Atletismo de Coimbra/JPaiva	00:33:18	01:05:01
9	Luis Rodrigues	470	CPT Sobral d Ceira	00:33:52	01:05:22
10	André Monteiro	677	ARCD Venda da Luísa	00:34:13	01:05:22
11	Paulo Antunes	619	ASSOCIAÇÃO ACADÉMICA DE COIMBRA	00:34:01	01:07:07
12	José Sequeira	303	Montanha Clube Trail Running/Runners	00:34:23	01:07:32
13	Diogo Pimenta	632	DCI/CCDRPedrulha - Mealhada	00:35:09	01:07:35
14	Vítor Gomes	543	FlashOver-BVPenela	00:34:49	01:07:44
15	Fernando Santos	710	Escaravelhos Team	00:35:34	01:09:11
16	Arnaldo Mendes	436	ADM - ORIMONDEGO	00:35:18	01:09:50
17	Diogo Gomes	691	Abutres Trail Running School	00:37:41	01:11:51
18	Tiago Reis	538	Individual	00:37:06	01:11:58
19	Márcia Martins	365	Individual	00:36:46	01:12:19
20	Hugo Pereira	363	Escaravelhos Team	00:37:23	01:12:58
21	Jorge Rodrigues	608	Viveiros Jaime&Pedro	00:35:47	01:12:59
22	Rui Cruz	565	Individual	00:36:37	01:13:01
23	César Ramalho	669	ARCD Venda da Luísa	00:38:22	01:13:09
24	José Simões	309	ARSM-PoiaresTrail 2017	00:38:36	01:13:29
25	Fabio Roxo	592	Individual	00:36:56	01:13:45
26	Sérgio Louros	695	Reumáticos do Trail	00:38:58	01:14:04
27	André Fonte	660	Escola de Atletismo de Coimbra/JPaiva	00:39:07	01:14:25
28	Paulo Cavaleiro	389	Leitao & Cavaleiro	00:38:43	01:14:30
29	Rui Zi	305	GIRQ - Quiaios Run Team	00:39:42	01:14:33
30	Nuno Veloso	473	Leitao & Cavaleiro		01:14:36
31	Paulo Pereira	618	ASSOCIAÇÃO ACADÉMICA DE COIMBRA	00:38:51	01:15:14
32	António Silva	623	ARSM-PoiaresTrail 2017	00:39:32	01:15:15
33	Jorge Bento	411	Vikings Trail Runners	00:39:15	01:15:47
34	Nuno Neves	550	Lama Solta	00:37:32	01:15:52
35	Carlos Quinteiro	686	ARCD Venda da Luísa		01:15:56
36	João Nepomuceno	358	Ciáticos Team	00:38:29	01:16:32
37	André Fernandes	628	Escola de Atletismo de Coimbra/JPaiva	00:40:05	01:16:36
38	Humberto Oliveira	584	União Clube Eirense	01:07:22	01:16:50
39	Dinis Falcão	689	Abutres Trail Running School		01:17:17
40	Liliana Caçoete	370	GIRQ - Quiaios Run Team	00:40:45	01:17:20
41	Tiago Rodrigues	544	Leitao & Cavaleiro		01:17:47
42	Rafael Neto	453	GIRQ - Quiaios Run Team	00:39:50	01:17:55
43	Pedro Santos	591	Lama Solta		01:18:22
44	Nelson Correia	675	ARCD Venda da Luísa	00:40:27	01:18:26
45	Pedro Cardoso	348	ASSSCC Ar Livre e Aventura		01:18:29

POS.	NOME	DORSAL	EQUIPA	CABEÇA GORDA	TEMPO FINAL
46	Filipe Carvalheiro	655	GAU Bajouca		01:18:32
47	José Maleiro	479	Individual		01:18:35
48	José Rodrigues	621	ARSM-PoiaresTrail 2017	00:41:02	01:18:40
49	Luis Miranda	404	Individual	00:40:13	01:18:54
50	AtletaMiniTrail 722	722	INDIVIDUAL		01:19:03
51	Abel Batalha	513	SOURE MOV	00:40:38	01:19:10
52	Luis Caridade	328	Vila Seca Run Team		01:19:18
53	Acílio Noro	313	Bttrain	00:40:55	01:19:22
54	Ruben Dias	595	Vikings Trail Runners		01:19:23
55	Artur Gandara	605	CNI	00:41:48	01:19:25
56	Pedro Jesus	340	Da-lhe gaz	00:41:11	01:19:27
57	Toze Almeida	362	Bttrain		01:19:28
58	Tiago Batista	112	OzXtreme / RDAgueda		01:19:29
59	Filipe Cordeiro	391	Extreme Academy		01:19:30
60	Luís Santos	337	Individual		01:19:31
61	António Figueiredo	549	Individual	00:41:56	01:19:32
62	Tiago Marques	658	Individual	00:41:37	01:19:33
63	Bruno Almeida	335	Training to beat goku		01:19:34
64	José Nunes	714	Escaravelhos Team		01:21:35
65	Jorge Carreira	679	ARCD Venda da Luísa		01:21:36
66	André Coelho	434	Escaravelhos Team		01:21:37
67	AtletaMiniTrail 718	718	INDIVIDUAL		01:21:38
68	Paulo Baptista	631	Gazelas Running Figueira		01:21:45
69	Luís Balula	532	Formobike BTT & Trail Running		01:22:10
70	Diogo Alves	542	Vikings Trail Runners	01:08:00	01:22:19
71	Nuno Cortesão	627	Escola de Atletismo de Coimbra/JPaiva	00:42:46	01:22:32
72	Tiago Almeida	681	ARCD Venda da Luísa	00:41:27	01:22:36
73	Augusto Silva	304	Vila Seca Run Team		01:22:47
74	AtletaMiniTrail 720	720	INDIVIDUAL	00:44:24	01:23:03
75	Pedro Marques	568	Lama Solta	00:42:15	01:23:08
76	Daniel Gonçalves	587	Individual		01:23:09
77	Marco Oliveira	671	ARCD Venda da Luísa	00:42:35	01:23:09
78	Gil Santos	666	ARCD Venda da Luísa	00:42:54	01:23:14
79	Pedro Sequeira	322	Montanha Clube Trail Running/Runners	00:42:05	01:23:14
80	Ricardo Marques	482	Individual	00:43:48	01:23:16
81	Ricardo Neto	491	SOURE MOV		01:23:22
82	Carla Reis	515	ARSM-PoiaresTrail 2017	-	01:23:22
83	Luís Almeida	540	Individual		01:23:22
84	AtletaMiniTrail 725	725	INDIVIDUAL	00:43:39	01:23:26
85	Luís Silva	582	Individual		01:23:27
86	José Vieira	615	Con-dores do Coupal		01:23:30
87	Marco Cunha	464	Individual	00:43:24	01:23:31
88	Carlos Santos	462	Casa da Benfica de Condeixa		01:23:33
89	Ricardo Henriques	630	Individual	00:43:03	01:24:35
90	Helder Gante	415	Gantusa		01:25:02

POS.	NOME	DORSAL	EQUIPA	CABEÇA GORDA	TEMPO FINAL
91	Rui Mateus	670	ARCD Venda da Luísa		01:25:16
92	Paulo Jacob	431	Individual	00:44:32	01:25:17
93	Antonio Caetano	421	Gdmrunners		01:25:19
94	Cristiano Gante	416	Gantusa		01:25:20
95	Paulo Braz	369	GIRQ - Quiaios Run Team		01:25:23
96	Ernesto Nabeiro	498	SOURE MOV	00:45:32	01:25:25
97	Luís Figueiredo	410	GIRQ - Quiaios Run Team		01:25:41
98	Rui Figueiredo	371	Runners do Demo	00:44:02	01:25:48
99	Anabela Almeida	447	ARSM-PoiaresTrail 2017		01:26:29
100	Telmo Reis	446	Individual		01:26:31
101	Joaquim Pessoa	467	Casa da Benfica de Condeixa		01:26:59
102	Rui Gaspar	516	Blackbulls/ Clube Condeixa/CNI/Neutura	00:43:15	01:27:14
103	André Neto	553	SOURE MOV	00:45:23	01:27:16
104	Roberto Duarte	398	Vikings Trail Runners		01:27:24
105	Michael Monteiro	559	Gazelas Running Figueira		01:27:28
106	Rui Cabete	652	Individual		01:27:33
107	Rui Dias	663	Vikings Trail Runners		01:27:37
108	Luis Mendes	649	Individual		01:27:42
109	Tomé Lopes	613	Individual	00:44:55	01:27:45
110	João Moita	557	Individual	00:45:14	01:28:16
111	Miguel Moço	397	Individual	00:44:43	01:28:17
112	Mauro Martins	392	Os Improvaveis		01:28:18
113	Nuno Sousa	694	Abutres Trail Running School		01:28:18
114	Mário Matos	558	ARSM-PoiaresTrail 2017	00:45:03	01:28:19
115	Luis Pereira	357	Escaravelhos Team		01:28:21
116	Fernando Esperança	614	in situ clinica fisioterapia		01:28:33
117	Márcio Felício	493	SOURE MOV	00:47:53	01:28:34
118	Ricardo Páscoa	554	SOURE MOV		01:28:45
119	Jorge Cordeiro	499	SOURE MOV	00:45:50	01:28:46
120	Jorge Assunção	327	Individual		01:28:47
121	Carlos Moita	442	Individual		01:29:09
122	Marcos Dias	604	CNI	00:45:59	01:29:21
123	Carlos Canais	674	ARCD Venda da Luísa		01:29:22
124	Pedro Ferreira	315	Individual		01:29:25
125	Marisa Loureiro	360	Running Clube Coimbra	00:46:21	01:29:30
126	Mário Vaz	626	Escola de Atletismo de Coimbra/JPaiva	00:45:42	01:29:38
127	Miguel Marques	636	Individual		01:29:38
128	Nelson Simões	668	ARCD Venda da Luísa		01:29:52
129	Flávio Neves	343	Lama Solta		01:30:39
130	Luis Batalha	495	SOURE MOV		01:30:44
131	Paulo Neves	443	Lama Solta		01:30:53
132	William Ferreira	588	Lama Solta	00:49:40	01:32:17
133	Vasco Costa	692	Abutres Trail Running School		01:32:21
134	Sérgio Vilão	375	Gdrc sebal		01:32:25
135	João Mota	501	SOURE MOV	00:46:31	01:32:28

POS.	NOME	DORSAL	EQUIPA	CABEÇA GORDA	TEMPO FINAL
136	Luís Gante	620	Individual	00:48:48	01:32:29
137	Eduardo Neves	466	Lama Solta	00:47:32	01:33:05
138	Virgílio Neto	312	VISanto	00:46:43	01:33:08
139	Juliana Oliveira	690	Abutres Trail Running School		01:33:08
140	Mário Carvalho	347	Individual		01:33:09
141	Nuno Moreira	480	Slow Runners Pombal	00:47:24	01:33:29
142	Michael Gouveia	696	Reumáticos do Trail		01:33:44
143	Gonçalo Martins	452	SINMETRO RUNNERS	00:48:39	01:34:00
144	Arnaldo Tomás	711	Individual		01:34:01
145	Mauro Tomé	330	Individual		01:34:02
146	Sara Carvalho	364	Running Clube Coimbra	00:48:58	01:34:30
147	João Pinho	307	Coimbra Trail Running		01:34:39
148	Helena Santana	639	Individual		01:34:42
149	André Oliveira	451	Individual		01:34:44
150	Guilherme Cruz	580	Individual		01:34:49
151	AtletaMiniTrail 724	724	INDIVIDUAL	00:47:41	01:34:51
152	Iullia Legkova	642	Bio Team Run	00:48:30	01:34:52
153	Carla Soares	514	ARSM-PoiaresTrail 2017	00:48:12	01:34:59
154	Jorge Ramos	445	Individual		01:35:02
155	Celso Ferreira	336	out 2 run		01:35:05
156	Célia Santos	667	ARCD Venda da Luísa		01:35:06
157	Luisa Miranda	683	ARCD Venda da Luísa		01:35:06
158	Pedro Lopes	528	Dias & Filhos, bike team	00:48:02	01:35:38
159	João Martinho	651	Individual		01:36:06
160	Paulo Lopes	472	BttDaVinha		01:36:09
161	Carla Santos	504	FITNESS CLUB PT	00:49:11	01:36:13
162	Nuno Pinheiro	496	SOURE MOV		01:36:16
163	Carlos Miguel	377	Cafe s.João	00:50:57	01:36:22
164	André Santos	334	Training to beat goku		01:36:28
165	Sílvia Franco	654	Individual		01:36:29
166	Marina Carvalho	475	ARSM-PoiaresTrail 2017		01:36:41
167	Hermínio Amaral	612	Leitao & Cavaleiro	00:49:21	01:36:45
168	Filipe Carvalheiro	413	Cafe s.João		01:36:47
169	Nelson Heleno	317	NH Fitness Athletes		01:36:50
170	Jorge Lestro	438	Clube dos Altetas Tortos		01:37:13
171	Miguel Evangelista	457	Individual		01:37:18
172	Jose Dias	338	Da-lhe gaz	00:49:51	01:37:43
173	Silvia Dias	339	Da-lhe gaz		01:37:43
174	Fernando Ferrao	359	PÉS TROIKADOS - CSCS		01:37:44
175	Miguel Sequeira	405	AlmaTrail		01:37:49
176	Jorge Azevedo	324	Out 2 run		01:37:50
177	Catarina Gomes	354	ARSM-PoiaresTrail 2017		01:37:54
178	Rui Santos	650	BlackBulls Cycling Team	00:49:31	01:38:17
179	Tiago Amado	629	Individual		01:38:33
180	Rui Sêco	463	ARCA- Gesteira		01:38:43

POS.	NOME	DORSAL	EQUIPA	CABEÇA GORDA	TEMPO FINAL
181	AtletaMiniTrail 717	717	INDIVIDUAL		01:38:52
182	Sónia Lima	606	Casa da Benfica de Condeixa	00:51:41	01:38:53
183	Joana Francisco	461	FlashOver-BVPenela		01:39:01
184	André Antunes	685	ARCD Venda da Luísa		01:39:02
185	Pedro Gonçalves	567	CabanaInEga TrailRunning	00:50:11	01:39:12
186	Pedro Basilio	458	Individual	00:50:02	01:39:12
187	Maria Carvalho	329	Individual		01:39:23
188	Fátima Machado	450	Individual		01:39:25
189	Sara Godinho	703	Reumáticos do Trail		01:39:29
190	Maria Ramos	318	NH Fitness Athletes	00:50:43	01:39:32
191	Fernando Rolo	488	SOURE MOV	00:52:25	01:39:40
192	Filipe Coelho	609	Gatinhos assanhados		01:39:42
193	Luis Ângelo	433	Individual		01:39:44
194	Ângela Neves	394	Individual	00:51:06	01:39:53
195	Nuno Simoes	537	Trail da Ladeia - Alvorge	00:52:53	01:40:08
196	Tiago Matias	407	Vikings Trail Runners	00:52:44	01:40:10
197	Fausto Carvalho	563	ARSM-PoiaresTrail 2017		01:40:32
198	Victor Bernardes	406	ventonasventas trailrunning team casconha		01:40:44
199	Leonel Almeida	589	Individual		01:40:45
200	David Coelho	346	Individual		01:40:47
201	José Vicente	341	Lobos da Serra / Grupo Fapricela		01:40:49
202	Rúben Simões	437	Individual		01:40:52
203	Luís Sá	409	Individual		01:41:20
204	Catarina Sintra	536	Lama Solta		01:41:33
205	Jorge Contente	598	Gatinhos assanhados		01:41:36
206	Miguel Duarte	401	Individual		01:41:37
207	Américo Pessoa	575	Individual	00:51:30	01:41:58
208	Diogo Brandão	578	Individual	00:51:19	01:42:01
209	Dina Barroca	432	Casa da Benfica de Condeixa	00:52:34	01:42:14
210	Bruno Ferreira	460	CVP Maiorca		01:42:14
211	Goncalo Juliao	300	PÉS TROIKADOS - CSCS	00:51:53	01:42:15
212	Mário Pedroso	713	Con-dores do Coupal		01:42:16
213	Bruno Monteiro	489	SOURE MOV		01:42:18
214	Paulo Noro	561	Bttrain		01:42:45
215	André Antunes	388	Individual	00:52:16	01:42:46
216	AtletaMiniTrail 719	719	INDIVIDUAL	00:50:20	01:42:52
217	Cidália Oliveira	349	Mor(e)Fit		01:42:56
218	AtletaMiniTrail 721	721	INDIVIDUAL		01:42:57
219	Vitor Monteiro	533	Slow Runners Pombal	00:50:30	01:43:04
220	Rui Monteiro	672	ARCD Venda da Luísa		01:43:11
221	Marisa Amaral	468	Casa da Benfica de Condeixa	00:52:05	01:43:17
222	Ivo Roxo	390	Individual		01:43:17
223	Rui Raposo	420	Individual		01:43:20
224	Susana Moreira	428	Slow Runners Pombal		01:43:25
225	Marco Freire	569	Trail da ladeia - Alvorge		01:43:39

POS.	NOME	DORSAL	EQUIPA	CABEÇA GORDA	TEMPO FINAL
226	Paulo Santos	386	Mato ou Morro	00:59:20	01:44:16
227	Beatriz Rodrigues	646	Individual		01:45:12
228	João Dias	645	Individual		01:45:13
229	Carla Santos	344	Individual	00:54:05	01:45:14
230	Catarina Lapa	382	Coimbra Trail Running		01:45:26
231	Gonçalo Deus	311	Individual		01:45:56
232	Francisco Calhindo	640	Individual	00:53:08	01:45:57
233	Marco Murgeiro	576	Lama Solta		01:45:58
234	Andreia Brás	607	SOURE MOV	00:56:33	01:46:11
235	Clara Machado	716	FITNESS CLUB PT		01:46:20
236	David Oliveira	439	Individual		01:46:21
237	António Mota	502	SOURE MOV		01:46:49
238	Ivo Santos	545	Lama Solta		01:46:50
239	Alexandra Neves	599	Individual		01:47:17
240	Paulo Pereira	573	Individual		01:47:18
241	Marina Santos	380	Rosa Choque		01:47:19
242	Eliana Castro	381	Rosa Choque	00:53:22	01:47:20
243	Tiago Simões	459	Individual		01:47:20
244	Mário Moita	465	Team Vacas Bravas		01:47:23
245	Amilcar Oliveira	590	Individual	00:56:44	01:47:24
246	Marta Rodrigues	387	VSRT	00:54:19	01:47:28
247	José Correia	678	ARCD Venda da Luísa		01:47:54
248	Jéssica Correia	682	ARCD Venda da Luísa		01:48:26
249	Paulo Antunes	571	Formobike BTT & Trail Running	00:53:33	01:48:27
250	José Moita	400	Individual	00:54:29	01:48:36
251	Gui Mota	699	Reumáticos do Trail		01:48:37
252	Joana Góis	519	Mondego Ultra Trail		01:48:40
253	Cristina Melo	680	ARCD Venda da Luísa	00:54:50	01:48:42
254	Hugo Santos	399	Vikings Trail Runners		01:48:44
255	Marina Barroca	476	Lama Solta	00:56:14	01:48:48
256	Luis Amaro	684	ARCD Venda da Luísa		01:48:50
257	Sara Pinheiro	352	RCC - Running Clube Coimbra		01:48:52
258	Helga Ferreira	486	Tribo NR		01:48:54
259	Carlos Ramos	385	Tribo NR		01:48:56
260	José Oliveira	384	Con-dores do Coupal		01:48:58
261	Rita Pereira	477	Lama Solta	00:55:10	01:49:15
262	Orlando Almeida	469	Casa da Benfica de Condeixa		01:49:23
263	Carla Santos	570	Formobike BTT & Trail Running		01:49:24
264	Vitor Gariso	487	SOURE MOV	00:56:24	01:49:25
265	Africa Duarte	423	Individual		01:49:26
266	Jorge Ferreira	319	Individual		01:49:33
267	Maria Simoes	320	Bio Team Run	00:56:05	01:49:38
268	André Araújo	700	Reumáticos do Trail		01:49:50
269	Eugenia Batista	323	SOURE MOV		01:50:04
270	Jorge Rodrigues	596	Individual		01:50:13

POS.	NOME	DORSAL	EQUIPA	CABEÇA GORDA	TEMPO FINAL
271	Antonio Neves	414	Lama Solta		01:52:06
272	Júlio Rodrigues	478	Individual		01:52:07
273	Fausto Cardoso	611	Individual		01:52:32
274	João Rodrigues	585	Individual		01:52:45
275	Cidália Canais	673	ARCD Venda da Luísa		01:52:48
276	Carlos Rocha	497	SOURE MOV		01:53:18
277	Natália Mendes	426	Slow Runners Pombal	00:57:38	01:53:33
278	Alexandre Fernandes	715	ARSM/Poiares Traill 2017		01:53:36
279	Ismael Carvalho	647	#agarrateacamisola/ Get Up		01:53:53
280	Isabel Esteves	485	Individual		01:53:59
281	António Seródio	494	SOURE MOV	00:56:54	01:54:07
282	Lucia Martins	379	O MUNDO DA CORRIDA	00:57:17	01:54:16
283	Margarida Duarte	403	Individual	00:58:55	01:54:17
284	Ana Sêco	301	Run4Rum Pink Trail Runners		01:55:52
285	Manuela Marques	662	OzXtreme / RDAgueda	00:58:09	01:56:06
286	Paula Esteves	419	PÉS TROIKADOS - CSCS		01:56:26
287	Paula Carvalho	424	Individual		01:56:27
288	Luís Simoes	659	AERGois Trail Running	00:57:49	01:56:27
289	Sérgio Oliveira	425	Individual	00:55:54	01:56:28
290	Susana Ângelo	448	Individual	00:58:45	01:56:55
291	Isabel Santos	706	Coimbra Trail Running	01:0-1:42	01:57:04
292	Joana Mota	643	SOURE MOV	00:59:30	01:57:34
293	Natália José	709	Coimbra Trail Running		01:57:35
294	Helena Lopes	366	Tribo NR	00:58:20	01:57:42
295	Miguel Melo	705	Coimbra Trail Running		01:58:15
296	Ivo Reis	548	Individual		01:58:16
297	Sandro Moio	697	Reumáticos do Trail		01:58:17
298	Tiago Cristovão	701	Reumáticos do Trail	00:53:53	01:58:31
299	Fernada Francisco	702	Reumáticos do Trail		01:58:56
300	Miguel Carvalho	664	Individual		01:59:00
301	Sandra Gonçalves	345	CPT Sobral d Ceira		01:59:02
302	Ana Beja	492	SOURE MOV	00:57:59	01:59:07
303	Ilidio Cordeiro	535	Trilhos de Sicó		01:59:07
304	Sara Tomas	527	Trail da Ladeia - Alvorge		01:59:08
305	Ricardo Rocha	622	Trail da Ladeia - Alvorge		01:59:08
306	Tiago Palricas	560	Individual	00:57:06	01:59:09
307	Bruno Marques	355	PÉS TROIKADOS - CSCS	00:42:22	01:59:39
308	Joana Pinto	356	Individual		01:59:40
309	Nuno Gomes	396	Individual		01:59:46
310	Hugo Rodrigues	367	Individual	00:59:07	02:00:52
311	João Rosado	374	fire team		02:00:58
312	Marina Caetano	572	Individual	01:01:51	02:01:00
313	Fernanda Gariso	522	SOURE MOV	01:02:02	02:01:02
314	Maria Amado	372	Farmácia Luciano e Matos		02:01:09
315	Ricardo Girão	648	#agarrateacamisola/ Get Up		02:01:15

POS.	NOME	DORSAL	EQUIPA	CABEÇA GORDA	TEMPO FINAL
316	Daniel Couceiro	600	Individual	01:04:10	02:01:32
317	João Chainça	402	Individual		02:01:34
318	Tiago Pereira	698	Reumáticos do Trail	01:05:23	02:01:53
319	Daniela Mateus	534	Escaravelhos Team	00:58:31	02:04:39
320	Inês Mendonça	353	Desliza Team	01:01:01	02:04:42
321	Ricardo Lobo	471	Individual	01:03:47	02:04:45
322	Pedro Fernades	661	Individual	01:02:40	02:04:54
323	Paula Rodrigues	326	Individual	01:01:16	02:05:10
324	Susana Ferreira	325	Individual	01:00:52	02:05:11
325	Xana Mateus	566	Vila Seca Run Team	01:03:13	02:05:16
326	Florabela Fernandes	521	Individual		02:05:51
327	Nuno Martins	430	Individual		02:05:56
328	Raquel Figueiredo	422	Individual	01:00:38	02:05:56
329	Susana Madeira	429	Individual	01:00:22	02:06:05
330	Celia Janeiro	306	Individual		02:06:15
331	Diogo Reis	361	Individual	01:0-1:53	02:06:16
332	Vitor Pereira	418	Individual		02:06:20
333	Cristina Martins	574	Individual		02:06:44
334	Ana Ramos	603	Individual	01:02:29	02:07:01
335	Liliana Azenha	351	ARSM-PoiaresTrail 2017		02:07:02
336	Tania Capelas	441	Red Cross Coimbra		02:07:22
337	Pedro Lemos	395	Tiba Running Team		02:07:23
338	Hugo Marouvo	510	SOURE MOV	01:04:59	02:07:59
339	Augusta Duarte	523	Individual	01:02:17	02:08:00
340	Joana Santos	577	Individual	01:03:03	02:08:29
341	Pedro Brito	373	Individual		02:08:29
342	Luis Caridade	308	Individual	01:01:41	02:08:30
343	Daniel Serralheiro	511	AJS - DESPORTO		02:08:30
344	Catarina Cordeiro	506	SOURE MOV		02:08:30
345	Rita Cordeiro	507	SOURE MOV	01:01:27	02:08:30
346	Sérgio Rodrigues	508	SOURE MOV		02:08:31
347	Ana Valente	676	ARCD Venda da Luísa		02:08:58
348	Raul Santos	378	Blue	01:03:59	02:09:40
349	Sérgio Marques	332	O MUNDO DA CORRIDA		02:09:55
350	Hugo Antunes	530	Individual	01:04:48	02:10:07
351	Liliana Cortez	531	Individual	01:05:12	02:10:08
352	Nuno Alves	350	Casa da Benfica de Condeixa	01:02:51	02:10:47
353	João Paixão	562	Individual	01:04:23	02:10:48
354	Pedro Almeida	474	Clube dos Altetas Tortos	01:06:55	02:10:55
355	Daniel Henriques	455	Individual	01:03:24	02:10:56
356	Bruno Monteiro	644	Individual	00:57:28	02:11:16
357	Fatima Malta	302	Individual		02:11:19
358	Anabela Amaral	427	Individual		02:11:20
359	Isabel Figueiredo	408	Individual	01:03:34	02:11:47
360	João Silva	520	Individual		02:11:51

POS.	NOME	DORSAL EQUIPA	CABEÇA GORDA	TEMPO FINAL
361	Elisabete Jacinto	517 Urb Teodora Running Team		02:12:30
362	Hugo Moreira	417 Individual		02:14:23
363	Ana Costa	454 Individual	01:05:41	02:14:35
364	Anabela Alves	383 Lobos da Serra / Grupo Fapricela		02:14:35
365	Carlos Canais	687 ARCD Venda da Luísa	01:09:12	02:15:48
366	João Simões	610 Moinhos da Gândara Trail		02:16:00
367	Joao Afonso	616 Ria Saude Team Run	01:04:37	02:17:56
368	Dora Dourado	526 Individual		02:18:01
369	Mónica Gaspar	552 Power Runners	01:07:48	02:18:08
370	Dora Carvalho	547 Power Runners	01:07:11	02:18:08
371	Elisabete Ferreira	546 Power Runners		02:18:09
372	Joana Leitão	500 SOURE MOV	01:08:22	02:19:53
373	Rosália Duarte	529 SOURE MOV	01:08:11	02:19:56
374	Aida Pinheiro	503 SOURE MOV	01:08:34	02:19:58
375	Joana Gante	509 SOURE MOV	01:08:47	02:20:03
376	Dina Ferreira	440 Individual		02:21:52
377	Graça Simões	310 Individual	01:09:47	02:22:15
378	Inês Peres	314 Individual	01:09:00	02:22:33
379	Ana Santos	586 Bio Team Run		02:22:53
380	Ondina Leal	581 Individual	01:13:52	02:25:34
381	Fernanda Marques	597 Individual	01:13:28	02:25:34
382	Alcina Malta	316 Individual	01:10:30	02:26:18
383	Pedro Nunes	579 Individual		02:31:43
384	Fábio Moita	583 Individual	01:07:33	02:31:44
385	Rui Vieira	449 CSKD - Condeixa Shukokai Karate-Do	01:15:23	02:35:49
386	Ana Vieira	444 CSKD - Condeixa Shukokai Karate-Do	01:15:55	02:35:49
387	Joel Silva	653 #agarrateacamisola/ Get Up		02:36:49
388	Ana Rodrigues	435 Individual		02:36:50
389	Bruno Ferreira	368 Individual	01:18:20	02:39:22
390	Sílvia Pedro	518 Individual		02:40:48
391	Andreia Abade	484 CSKD - Condeixa Shukokai Karate-Do		02:43:46
392	Marco Freitas	483 CSKD - Condeixa Shukokai Karate-Do		02:43:49
393	Nuno Videira	556 Individual		03:04:58
394	Maria Martins	555 Individual		03:05:02
395	Hugo Bera	707 Coimbra Trail Running		03:24:12
396	Anabela Roque	708 Coimbra Trail Running		03:24:15

DESISTÊNCIAS

DORSAL NOME

693 João Alexandre Fonseca Santos