



Trail do Abade

Priscos
Braga
15 de Outubro
Chrono.pt



Classificação Geral

Trail Curto

14,00 Km.

Pos.	Dor.	Nome	Clube	Cat	Pos. Cat.	Tempo	Km./h.	Diferencia
1	701	André Luís Coelho Nogueira	Aliados Tail Running Team	S14	1	57:56.63	14,50	
2	600	Ricardo Daniel Mendes Rodrigues		S14	2	59:22.45	14,15	0:01:25
3	603	Tiago Filipe Azevedo Oliveira	A.Cu.R.A. 4 Trail	S14	3	59:42.62	14,07	0:01:46
4	702	Paulo Ricardo Moreira Machad	Aliados Tail Running Team	S14	4	1:00:14.66	13,95	0:02:18
5	611	Hugo Miguel Nogueira Ferreirz	Clube Atletismo Fafe	S14	5	1:03:11.48	13,29	0:05:14
6	671	Sérgio Avelino Lopes Monteir	A.Cu.R.A. 4 Trail	S14	6	1:03:45.01	13,18	0:05:48
7	674	Rafael Campos Santos		S14	7	1:03:48.98	13,17	0:05:52
8	653	César Vilaça		S14	8	1:03:59.42	13,13	0:06:02
9	890	Augusto Leitão	Alexandra Carvalho TEAM	V14	1	1:04:51.89	12,95	0:06:55
10	855	Carlos Nogueira		V14	2	1:07:44.24	12,40	0:09:47
11	666	Ricardo Pais	ErmidaFit	S14	9	1:08:16.09	12,30	0:10:19
12	891	Carlos Magalhães		V50	1	1:08:54.25	12,19	0:10:57
13	660	luis miguel azevedo ribeiro	Bota&Siga	S14	10	1:08:57.18	12,18	0:11:00
14	620	Miguel Arcanjo Vieira Castro	OLIMPICO VIANENSE TRAIL	S14	11	1:08:59.31	12,18	0:11:02
15	962	Nuno Reis		V14	3	1:10:26.03	11,93	0:12:29
16	707	Domingos Manuel Faria Vilaca	CDC Priscos	S14	12	1:10:59.35	11,83	0:13:02
17	667	Telma Duarte	ErmidaFit	SF14	1	1:11:11.28	11,80	0:13:14
18	869	Raul Costa Ribeiro	BRAGA RUNNERS	V50	2	1:11:30.08	11,75	0:13:33
19	958	João Soares		S14	13	1:12:00.71	11,67	0:14:04
20	954	Nuno Ferreira		S14	14	1:12:01.94	11,66	0:14:05
21	621	LUÍS MIGUEL PINHEIRO NE Ei	Team Trail	S14	15	1:12:25.24	11,60	0:14:28
22	845	Paulo Jorge Marques Pinto Vilaça		V14	4	1:12:39.83	11,56	0:14:43
23	509	Rafael Sá	B.T.M.	S2314	1	1:13:30.16	11,43	0:15:33
24	669	Nuno Sérgio Salgado Fernandes		S14	16	1:13:40.35	11,40	0:15:43
25	843	Jorge Manuel Oliveira Costa e	Runners Unidos à Pipa	V14	5	1:13:43.24	11,39	0:15:46
26	655	miguel cruz		S14	17	1:13:54.43	11,37	0:15:57
27	820	José Azevedo	Cyclone Sanitop	V14	6	1:14:14.51	11,32	0:16:18
28	964	Paulo ribeiro		V14	7	1:14:21.39	11,30	0:16:24
29	835	António Paulo Gomes Vilaça		V14	8	1:14:25.19	11,29	0:16:28
30	907	Toze Ls	Dragon Club	V14	9	1:15:15.07	11,16	0:17:18
31	836	Eduardo Barbosa	Bota&Siga	V14	10	1:15:23.14	11,14	0:17:26
32	663	Artur Filipe Lima Ferreira		S14	18	1:15:25.72	11,14	0:17:29
33	725	Jose Miguel Barbosa	Tobones	S14	19	1:16:20.08	11,00	0:18:23
34	623	Ariana Araújo	Minho Aventura	SF14	2	1:16:43.76	10,95	0:18:47
35	829	José Manuel	BRAGA RUNNERS	V14	11	1:16:47.87	10,94	0:18:51
36	879	Armando Oliveira	Magic friends runners	V14	12	1:16:52.69	10,93	0:18:56
37	508	Jorge Filipe Silva Santos		S2314	2	1:17:01.53	10,91	0:19:05
38	708	José do Egipto Ferreira Antunes		S14	20	1:17:03.35	10,90	0:19:06
39	629	Porfírio Jorge Faria Guimarães	CDC Priscos	S14	21	1:17:04.45	10,90	0:19:07
40	883	Daniel Barreto	Alexandra Carvalho TEAM	V50	3	1:17:08.84	10,89	0:19:12
41	847	JOSÉ COSTA	AC VERMOIM	V50	4	1:17:14.62	10,88	0:19:18
42	728	carla Isabel Rodrigues oliveira	os santa Apolónia	SF14	3	1:17:15.54	10,87	0:19:19
43	956	Gabriel Ferreira		S14	22	1:17:22.36	10,86	0:19:25
44	951	Manuel Oliveira Marques		V14	13	1:18:18.47	10,73	0:20:21

45	825	FRANCISCO MIRANDA	AC VERMOIM	V14	14	1:18:23.36	10,72	0:20:26
46	810	António João da Rocha Macha	Ei Team Trail	V14	15	1:18:50.44	10,66	0:20:53
47	800	Miguel Mendes		V14	16	1:18:51.82	10,65	0:20:55
48	880	José Silva	Alexandra Carvalho TEAM	V14	17	1:18:53.03	10,65	0:20:56
49	608	Saul André Nogueira Ferreira Leite		S14	23	1:19:05.82	10,62	0:21:09
50	812	José Maria Vilaça Tinoco		V14	18	1:19:06.76	10,62	0:21:10
51	842	J,Manuel Barbosa	Grupo Desportivo União Oliveiren:	V14	19	1:19:20.49	10,59	0:21:23
52	809	Mario Jorge Barbosa Oliveira	Grupo Desportivo União Oliveiren:	V14	20	1:19:21.22	10,59	0:21:24
53	636	Joao Miguel Oliveira Barbosa	Grupo Desportivo União Oliveiren:	S14	24	1:19:21.47	10,59	0:21:24
54	807	MANUEL MONTEIRO ARAÚ	Calca Folhas	V14	21	1:19:22.55	10,58	0:21:26
55	888	Mário Braga	Alexandra Carvalho TEAM	V14	22	1:19:24.58	10,58	0:21:28
56	703	Daniel Filipe Serra da Costa		S14	25	1:19:25.76	10,58	0:21:29
57	865	Manuel Gomes Santos	CAAC	V50	5	1:19:32.18	10,56	0:21:35
58	664	Albano Manuel da Silva Cardeiras		S14	26	1:20:01.18	10,50	0:22:04
59	724	Ricardo Vaz	Alexandra Carvalho TEAM	S14	27	1:20:25.12	10,45	0:22:28
60	862	Fernando Silva Vaz	Braga a correr	V50	6	1:20:33.96	10,43	0:22:37
61	830	José Manuel Pereira Carvalho		V14	23	1:20:49.74	10,39	0:22:53
62	896	António Manuel Faria Gomes	A.Cu.R.A. 4 Trail	V14	24	1:21:13.36	10,34	0:23:16
63	616	Amandio Luis Machado Costa	Os Bracarenses	S14	28	1:21:49.86	10,27	0:23:53
64	678	Luís Pedro Figueiredo Ferreira	Tobones	S14	29	1:22:00.08	10,24	0:24:03
65	823	Olegário Oliveira	Runners Unidos à Pipa	V14	25	1:22:05.04	10,23	0:24:08
66	850	Carlos Ribeiro	Bota&Siga	V14	26	1:22:06.43	10,23	0:24:09
67	952	João Basto		V14	27	1:22:10.00	10,22	0:24:13
68	965	Luísa Catarina Costa Azevedo	Team Lantemil	SF14	4	1:22:30.96	10,18	0:24:34
69	689	JOAO PEDRO NOVAIS MEN	BRAGA RUNNERS	S14	30	1:22:35.00	10,17	0:24:38
70	504	Nuno Barbosa		S2314	3	1:22:36.22	10,17	0:24:39
71	634	Celina Maria Ferreira da Silva	Associação Figueiredo's Runner's	SF14	5	1:22:52.38	10,14	0:24:55
72	920	António Jorge Ferreira Peixoto	BRAGA RUNNERS	V14	28	1:23:24.28	10,07	0:25:27
73	877	Edgar Costa	B.T.M.	V14	29	1:23:30.72	10,06	0:25:34
74	875	Antonio Rodrigues		V14	30	1:23:34.70	10,05	0:25:38
75	673	José Filipe Alves Faria Couto		S14	31	1:24:01.93	10,00	0:26:05
76	722	João Moreira	Alexandra Carvalho TEAM	S14	32	1:24:03.41	9,99	0:26:06
77	691	ISABEL CUNHA GOMES	BRAGA RUNNERS	SF14	6	1:24:19.54	9,96	0:26:23
78	887	Edgar Sousa	Alexandra Carvalho TEAM	V14	31	1:24:40.67	9,92	0:26:44
79	617	Filipe Macedo Correia	Arrasta o pé	S14	33	1:25:11.96	9,86	0:27:15
80	609	Sergio filipe rocha oliveira	Socicarntalhos	S14	34	1:25:14.33	9,86	0:27:17
81	852	Jorge Ferreira		V14	32	1:25:36.03	9,81	0:27:39
82	626	Lúcia Dias		SF14	7	1:25:51.65	9,78	0:27:55
83	870	Pimenta Joaquim	Vidativa runners	V14	33	1:25:52.71	9,78	0:27:56
84	619	Pedro Duarte		S14	35	1:26:02.83	9,76	0:28:06
85	808	Mário Araújo		V50	7	1:26:08.85	9,75	0:28:12
86	679	Raul Barreiros		S14	36	1:26:14.51	9,74	0:28:18
87	685	Martinho Novais	Visão Têxtil Tim	S14	37	1:26:24.47	9,72	0:28:27
88	686	Ricardo Edmundo Afonso Quir	Visão Têxtil Tim	S14	38	1:26:24.78	9,72	0:28:28
89	884	Carlos Granja	Alexandra Carvalho TEAM	V14	34	1:26:45.23	9,68	0:28:48
90	886	António Fernandes	Alexandra Carvalho TEAM	V14	35	1:27:04.56	9,65	0:29:08
91	681	André Barbosa Vilas Boas		S14	39	1:27:12.70	9,63	0:29:16
92	643	marco paulo silva pereira	Bota&Siga	S14	40	1:27:16.89	9,63	0:29:20
93	913	Joaquim Manuel Azevedo Silva	Team Lantemil	V14	36	1:27:18.70	9,62	0:29:22
94	839	Paulo Carvalho	WILD RUNNERS	V14	37	1:27:19.68	9,62	0:29:23
95	657	Hugo Cláudio Campos Pacheco		S14	41	1:27:21.83	9,62	0:29:25
96	637	Liliana Barros	Alive Runners	SF14	8	1:28:02.80	9,54	0:30:06
97	806	Francisco Paulo Oliveira	Os Bracarenses	V14	38	1:28:06.18	9,53	0:30:09
98	805	Hélio Fernando da Silva Guimã	Os Bracarenses	V14	39	1:28:06.82	9,53	0:30:10
99	882	Jorge Ribeiro	Alexandra Carvalho TEAM	V14	40	1:28:08.77	9,53	0:30:12
100	615	Pedro Miguel Pesa Coelho	Bracarenses	S14	42	1:28:09.64	9,53	0:30:13
101	832	Rui Manuel Carvalho Silva		V14	41	1:28:11.57	9,53	0:30:15
102	726	Lili Ls	Dragon Club	SF14	9	1:28:16.44	9,52	0:30:19
103	699	Elsa Marlene Gomes Pereira		SF14	10	1:28:29.08	9,49	0:30:32

104	881	Eulália Miranda	Alexandra Carvalho TEAM	VF50	1	1:29:06.00	9,43	0:31:09
105	831	Ricardo Manuel Freitas da Silva		V14	42	1:29:42.33	9,36	0:31:45
106	834	António Rui Pereira Ferreira		V14	43	1:29:43.27	9,36	0:31:46
107	639	Paula Ferreira		SF14	11	1:29:44.97	9,36	0:31:48
108	854	Amândia Alves		VF14	1	1:30:08.13	9,32	0:32:11
109	811	Armandina da silva Torres	GDCT INCM	VF14	2	1:30:10.75	9,32	0:32:14
110	957	Hugo Quinteiro		S2314	4	1:30:30.33	9,28	0:32:33
111	872	Silvério Pereira	ErmidaFit	V14	44	1:30:37.76	9,27	0:32:41
112	647	Filipa Daniela Barbosa Rodrigues		SF14	12	1:30:39.09	9,27	0:32:42
113	624	Márcia Liliana Silva Ferreira C Ei Team Trail		SF14	13	1:30:39.66	9,27	0:32:43
114	900	Solange Cabral	Alexandra Carvalho TEAM	VF14	3	1:30:42.40	9,26	0:32:45
115	959	Joao Soares		S14	43	1:30:55.11	9,24	0:32:58
116	876	João Pedro Gomes da Cunha	BRAGA RUNNERS	V14	45	1:31:07.05	9,22	0:33:10
117	856	Augusto Araujo Cunha		V50	8	1:31:18.94	9,20	0:33:22
118	818	Pedro Miguel Fernandes da Cruz		V14	46	1:31:19.07	9,20	0:33:22
119	729	Francisco Peixoto	Fire Runners	S14	44	1:31:20.95	9,20	0:33:24
120	700	Marcos André Paredes Borlido		S14	45	1:31:26.23	9,19	0:33:29
121	656	CARLOS MARTINS	grupo desportivo leoes de veneza	S14	46	1:31:41.42	9,16	0:33:44
122	837	NELIO FERNANDES	grupo desportivo leoes de veneza	V14	47	1:31:43.67	9,16	0:33:47
123	713	Francisca Leite	Alexandra Carvalho TEAM	SF14	14	1:31:55.25	9,14	0:33:58
124	705	Rui Jorge Fontes Costa	A.Cu.R.A. 4 Trail	S14	47	1:32:12.07	9,11	0:34:15
125	675	João Pedro Gomes Marques		S14	48	1:32:27.30	9,09	0:34:30
126	659	José Carlos Duarte Gomes		S14	49	1:32:30.79	9,08	0:34:34
127	646	Élia Oliveira	Magic friends runners	VF14	4	1:32:34.83	9,07	0:34:38
128	902	Nilda Magalhães	Magic friends runners	VF50	2	1:32:36.14	9,07	0:34:39
129	827	José Xavier	Os TurboMula DOC	V14	48	1:33:10.26	9,02	0:35:13
130	625	Catarina Isabel da Silva Pinto		SF14	15	1:33:22.28	9,00	0:35:25
131	683	ERIKSON DE JESUS FERREIRA		S14	50	1:33:33.07	8,98	0:35:36
132	500	Joana Sofia Macedo Maia	GTT- Armazém do caffè	S23F14	1	1:34:07.66	8,93	0:36:11
133	638	Sérgio Bruno Ramos Rodrigues	Os TurboMula DOC	S14	51	1:34:20.00	8,90	0:36:23
134	644	Rui Pedro Queiros Fernandes		S14	52	1:34:38.08	8,88	0:36:41
135	710	Sérgio Henrique Neto Magalha Sergiorafa		S14	53	1:34:56.58	8,85	0:37:00
136	955	Sergio Antunes		S14	54	1:34:58.75	8,85	0:37:02
137	709	Alberto Rafael brandão ramos	Sergiorafa	S14	55	1:35:02.43	8,84	0:37:05
138	813	Catarina Pereira	Ei Team Trail	VF14	5	1:35:02.62	8,84	0:37:06
139	894	José Quinteiro	Kalenji Runners Braga	V14	49	1:35:08.40	8,83	0:37:11
140	727	Rafaela Ferreira		SF14	16	1:35:21.29	8,81	0:37:24
141	668	Elisabete Coelho Veiga Pinto		SF14	17	1:35:28.27	8,80	0:37:31
142	895	Carmo Ferreira	Kalenji Runners Braga	VF14	6	1:35:34.85	8,79	0:37:38
143	696	Paulo Alexandre Silva Ribeiro		S14	56	1:35:34.85	8,79	0:37:38
144	803	Rui machado	Salgueiros running	V50	9	1:35:50.72	8,77	0:37:54
145	654	Jose Miguel Silva Pinto		S14	57	1:35:57.58	8,75	0:38:01
146	898	António Ferreira	Alexandra Carvalho TEAM	V14	50	1:36:05.35	8,74	0:38:08
147	652	Isabel Fernandes Nogueira		SF14	18	1:36:21.38	8,72	0:38:24
148	614	Ana Maria Araújo da Silva	Fire Runners	SF14	19	1:36:42.38	8,69	0:38:45
149	915	Paula Matos	Fire Runners	VF14	7	1:36:44.78	8,68	0:38:48
150	706	Hugo Fernando Silva Cunha		S14	58	1:36:48.59	8,68	0:38:52
151	841	Pedro Falcão		V14	51	1:36:55.47	8,67	0:38:58
152	871	Anabela Gonçalves	ErmidaFit	VF14	8	1:37:32.84	8,61	0:39:36
153	684	José Miguel Sousa Castro	Visão Têxtil Tim	S14	59	1:37:51.76	8,58	0:39:55
154	717	André Silva	Alexandra Carvalho TEAM	S14	60	1:38:02.44	8,57	0:40:05
155	802	Lénio Fernando Nogueira Mari	Salgueiros Running	V50	10	1:38:38.85	8,52	0:40:42
156	819	Avelino Faria Pereira	Bota&Siga	V14	52	1:39:10.28	8,47	0:41:13
157	840	Rui Silva		V14	53	1:39:58.31	8,40	0:42:01
158	868	Luís Alberto Pinto da Silva	CAAC	V50	11	1:40:20.23	8,37	0:42:23
159	602	Hélder Augusto Santos Marque	Salgueiros Running	S14	61	1:40:23.43	8,37	0:42:26
160	821	CARLOS FILIPE COSTA CAI	BRAGA RUNNERS	V14	54	1:41:18.67	8,29	0:43:22
161	410	Ricardo Meira		V14	55	1:42:31.76	8,19	0:44:35
162	641	Helder Afonso		S14	62	1:43:02.05	8,15	0:45:05

163	901	José Ribeiro	Alexandra Carvalho TEAM	V50	12	1:43:29.39	8,12	0:45:32
164	822	Susana Vidal		VF14	9	1:43:30.74	8,12	0:45:34
165	801	Isabel Fernandes		VF14	10	1:43:32.59	8,11	0:45:36
166	676	Patricia Loureiro		SF14	20	1:43:33.21	8,11	0:45:36
167	631	Ines		SF14	21	1:43:48.60	8,09	0:45:52
168	893	Isabel Martins	Kalenji Runners Braga	VF14	11	1:44:25.67	8,04	0:46:29
169	649	Rosa Sandra Araujo Oliveira		SF14	22	1:44:28.02	8,04	0:46:31
170	648	Sérgio Manuel Figueiredo Carvalho		S14	63	1:44:28.71	8,04	0:46:32
171	633	Jony		SF14	23	1:44:50.08	8,01	0:46:53
172	640	Ricardo		S14	64	1:44:53.28	8,01	0:46:56
173	693	Sérgio Lino Loureiro campos	CAAC	S14	65	1:45:10.05	7,99	0:47:13
174	961	Manuela Matias		VF14	12	1:45:20.99	7,97	0:47:24
175	867	ZACARIAS DA SILVA DUA	BRAGA RUNNERS	V14	56	1:45:37.77	7,95	0:47:41
176	628	Luis Filipe Almeida Sameiro Macedo		S14	66	1:45:40.53	7,95	0:47:44
177	892	Romeu Oliveira	Kalenji Runners Braga	V14	57	1:45:58.87	7,93	0:48:02
178	642	Paulo Luis Araújo Ferreira		S14	67	1:45:59.61	7,93	0:48:03
179	873	Carlos José Pinto Mota	Os TurboMula DOC	V14	58	1:46:15.64	7,91	0:48:19
180	505	Ana Filipa Pinto da Silva		S23F14	2	1:46:18.53	7,90	0:48:22
181	866	Sílvia Maria Faria da Costa		VF14	13	1:46:19.49	7,90	0:48:22
182	824	Daniel Gonçalves Gomes	Things	V14	59	1:46:25.72	7,89	0:48:29
183	914	Margarida Pinto	Fama Runners	VF14	14	1:46:31.63	7,89	0:48:35
184	953	Mario Ferreira		V50	13	1:46:32.20	7,88	0:48:35
185	665	Susana Reis		SF14	24	1:46:43.31	7,87	0:48:46
186	904	Paula Martins	Alexandra Carvalho TEAM	VF50	3	1:46:43.85	7,87	0:48:47
187	672	Barbara Raquel Almeida Vieira da Fonseca		SF14	25	1:46:47.98	7,87	0:48:51
188	857	Sandra Monica Magalhães de Oliveira		VF14	15	1:46:49.16	7,86	0:48:52
189	844	Rosário Lemos		VF50	4	1:46:53.17	7,86	0:48:56
190	612	Ângela Cristiana Antunes Vieira		SF14	26	1:47:03.24	7,85	0:49:06
191	715	Andreia Granja	Alexandra Carvalho TEAM	SF14	27	1:47:12.69	7,84	0:49:16
192	889	Susana Castro	Alexandra Carvalho TEAM	VF14	16	1:47:15.55	7,83	0:49:19
193	906	Arlete Correia	Alexandra Carvalho TEAM	VF14	17	1:47:29.18	7,82	0:49:32
194	718	Alexandra Carvalho	Alexandra Carvalho TEAM	SF14	28	1:47:29.30	7,82	0:49:32
195	716	Liliana Dias	Alexandra Carvalho TEAM	SF14	29	1:47:58.73	7,78	0:50:02
196	645	Nuno Rafael Alves da Costa		S14	68	1:48:29.53	7,74	0:50:33
197	912	Maria José Torres Santos	Team Lantemil	VF50	5	1:48:31.19	7,74	0:50:34
198	861	Rosa Vaz	Braga a correr	VF14	18	1:48:44.29	7,73	0:50:47
199	630	Marta Margarida Ferreira Borges		SF14	30	1:48:49.33	7,72	0:50:52
200	719	Raquel Oliveira	Kalenji Runners Braga	S14	69	1:49:40.20	7,66	0:51:43
201	400	Artur Linhares		V14	60	1:49:43.04	7,66	0:51:46
202	849	Vítor Manuel Rodrigues Martins		V14	61	1:49:47.17	7,65	0:51:50
203	688	Daniel Filipe Oliveira Torres	AC VERMOIM	S14	70	1:50:31.20	7,60	0:52:34
204	714	Fernando Rocha	Alexandra Carvalho TEAM	S14	71	1:50:31.63	7,60	0:52:35
205	878	Gélio Amílcar da Silva Mouta	1 Maximusteam	V14	62	1:50:53.57	7,58	0:52:57
206	670	Maria José Gomes de Oliveira		SF14	31	1:51:28.27	7,54	0:53:31
207	838	José Carlos Nogueira Ribeiro	B.T.M.	V14	63	1:51:36.60	7,53	0:53:40
208	502	Tânia Alice Araújo Faíscas		S23F14	3	1:52:08.76	7,49	0:54:12
209	897	Elisabete Maia	Alexandra Carvalho TEAM	VF14	19	1:54:12.68	7,36	0:56:16
210	604	Helder Nuno Teixeira de Carvalho		S14	72	1:54:34.13	7,33	0:56:37
211	605	Edgar Filipe Teixeira Vilaça Queirós		S14	73	1:54:36.12	7,33	0:56:39
212	859	Maria Irene Loureiro da silva		VF14	20	1:54:38.18	7,33	0:56:41
213	860	Domingos Rodrigues de Araújo		V50	14	1:54:43.16	7,32	0:56:46
214	677	CÁTIA RAQUEL CRUZ CERQUEIRA		SF14	32	1:55:31.28	7,27	0:57:34
215	863	Teresa Alexandra Natário Macé	TMB	VF50	6	1:55:36.58	7,27	0:57:40
216	735	RUI ALBERTO COELHO AB	BRAGA RUNNERS	S14	74	1:55:38.54	7,26	0:57:42
217	864	José Miguel de Brito Oliveira	E TMB	V50	15	1:55:38.91	7,26	0:57:42
218	828	Carla Sofia Pereira Miranda Martins		VF14	21	1:56:18.27	7,22	0:58:21
219	848	Ceu Braga	BRAGA RUNNERS	VF14	22	1:59:14.84	7,05	1:01:18
220	814	Maria Conceição silva leite	BRAGA RUNNERS	VF50	7	1:59:16.58	7,04	1:01:20
221	511	Rodrigo Rodrigues Marques da Costa		S2314	5	2:00:04.85	7,00	1:02:08

222	730	Paulo Manuel Araújo Pires		S14	75	2:00:24.93	6,98	1:02:28
223	627	Ana Cláudia Serra Costa		SF14	33	2:00:41.79	6,96	1:02:45
224	732	Francisca Manuela Pereira Silva		SF14	34	2:00:44.11	6,96	1:02:47
225	846	ASSUNÇÃO RIBEIRO	AC VERMOIM	VF50	8	2:00:44.13	6,96	1:02:47
226	910	Ana Martins	Team Lantemil	VF14	23	2:00:58.75	6,94	1:03:02
227	909	Alberto Cunha	BRAGA RUNNERS	V14	64	2:01:01.71	6,94	1:03:05
228	721	Anabela Carvalho Martins	AC VERMOIM	SF14	35	2:01:54.73	6,89	1:03:58
229	899	Anabela Queirós	Alexandra Carvalho TEAM	VF14	24	2:01:54.89	6,89	1:03:58
230	885	Marlene Ferreira	Alexandra Carvalho TEAM	VF14	25	2:01:57.10	6,89	1:04:00
231	687	Ana Cristina Costa	AC VERMOIM	SF14	36	2:01:58.86	6,89	1:04:02
232	731	Sara Brandão		SF14	37	2:02:03.47	6,88	1:04:06
233	658	Elisete Arantes		SF14	38	2:03:04.01	6,83	1:05:07
234	510	Rafael arantes		S2314	6	2:03:07.56	6,82	1:05:11
235	697	Maria João		SF14	39	2:03:18.77	6,81	1:05:22
236	506	Daniela Benedita Costa Santos		S23F14	4	2:03:20.69	6,81	1:05:24
237	401	Dorsal 401		V14	65	2:04:47.40	6,73	1:06:50
238	851	Ligia Fernandes	CMI Montanhismo	VF14	26	2:09:20.05	6,49	1:11:23
239	408	Filipe Rodrigues		V14	66	2:13:25.00	6,30	1:15:28
240	662	Regina Lima	B.M	SF14	40	2:13:27.87	6,29	1:15:31
241	661	Cristiano Miranda	B.M	S14	76	2:13:27.98	6,29	1:15:31
242	650	Susana Isabel Moreira Serra	Team Lantemil	SF14	41	2:21:19.68	5,94	1:23:23
243	651	Carla Araújo	Team Lantemil	SF14	42	2:21:20.08	5,94	1:23:23
244	826	Anabela de Castro		VF14	27	2:25:30.81	5,77	1:27:34
245	960	Isabel Rego		VF14	28	2:25:31.58	5,77	1:27:35
246	804	Maria José Gomes Moreira	Salgueiros Running	VF50	9	2:25:32.89	5,77	1:27:36
247	874	Ana Moreira	Os TurboMula DOC	VF50	10	2:27:43.53	5,69	1:29:47
248	816	Cristina Costa	Ou Vai Ou Racha	VF14	29	2:27:47.89	5,68	1:29:51
249	712	Sandra Costa	Alexandra Carvalho TEAM	SF14	43	2:34:47.25	5,43	1:36:50
250	905	Rosa Costa		VF50	11	2:34:49.37	5,43	1:36:52
251	723	Lilians Silva	Alexandra Carvalho TEAM	SF14	44	2:34:49.84	5,43	1:36:53
252	503	Catarina Mendes		S23F14	5	2:39:49.36	5,26	1:41:52
253	817	Natália Castro		VF14	30	2:40:21.99	5,24	1:42:25
254	911	Fernanda Magalhães		VF14	31	2:45:57.30	5,06	1:48:00
255	908	Clara Moreira		VF14	32	2:45:59.80	5,06	1:48:03
256	963	Marisa Gonçalves		VF14	33	2:50:17.13	4,93	1:52:20
257	610	Raquel Cristina Macedo Maia	GTT- Armazém do caffè	SF14	45	2:50:20.82	4,93	1:52:24
258	682	Joana Catarina Costa Nogueira		SF14	46	2:50:21.94	4,93	1:52:25