

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
1	122	Vasco Pereira	Escola de Atletismo de Coimbra / Intermarche de Co	01:07:30	00:00:00
2	53	Ricardo Mendes Mendes	Amadores Trail Team	01:07:38	00:00:08
3	84	Cláudio Bica	Ama(dores) Trail Team/ACRU	01:07:50	00:00:20
4	93	António Silvino	A Energia da Corrida	01:11:05	00:03:35
5	103	Fernando Freire	Dá-lhe Gás Team	01:13:24	00:05:54
6	176	Davide Pereira	AMA (Dores) Trail Team	01:13:28	00:05:58
7	115	Bruno Gonçalves	GRVilaverdense	01:13:39	00:06:09
8	5	João Carlos Simoes Marques Marques	MONTANHA CLUBE TRAIL RUNNING/EFAPEL	01:13:42	00:06:12
9	130	Álvaro Castelão	Amadores Trail Team	01:13:55	00:06:25
10	64	Pedro Mourão	Caracol Trail Team	01:13:58	00:06:28
11	132	Paulo Sousa	Ama(dores) Trail Team/ACRU	01:15:27	00:07:57
12	125	Abel De Jesus Valente		01:15:41	00:08:11
13	51	Luis Martins	O MUNDO DA CORRIDA	01:15:58	00:08:28
14	107	Miguel Cotrim	Clube de Atletismo de Ferreira do Zêzere	01:15:59	00:08:29
15	16	Alexandre Marcelo	ANSIBIKERS	01:16:04	00:08:34
16	131	Tiago Ramos	Clube de Atletismo de Ferreira do Zêzere	01:16:08	00:08:38
17	174	Jose Ramalho		01:16:12	00:08:42
18	28	Rui Ferreira		01:16:15	00:08:45
19	124	Arsénio Fernandes	ARSM - Associação Recreativa de S. Miguel	01:16:17	00:08:47
20	175	Filipe Coelho		01:16:24	00:08:54
21	113	João Carlos Pereira	out 2 run/Miro	01:16:39	00:09:09
22	129	Nuno Carvalho	Fofinhospower	01:16:41	00:09:11
23	139	Luis Belo	os tolinhos	01:17:16	00:09:46
24	136	Tomé Pereira	Ama(dores) Trail Team/ACRU	01:17:31	00:10:01
25	112	Jose Freitas Da Silva Silva	Casa Benfica abrantas	01:17:46	00:10:16
26	67	André Filipe		01:18:10	00:10:40
27	94	Aníbal Godinho	Caracol Trail Team	01:18:58	00:11:28
28	100	João Costa	Dá-lhe Gás Team	01:19:08	00:11:38
29	25	Victor Carvalho	GFD Running	01:19:18	00:11:48
30	21	João Tanoeiro	Papa trilhos	01:20:06	00:12:36
31	70	Bruno Fonseca		01:20:24	00:12:54
32	8	Marco Mendes	Associação Pombal Jovem	01:20:36	00:13:06
33	92	João Gaspar	Associação Pombal Jovem	01:20:39	00:13:09
34	30	Tiago Claro	Associação Pombal Jovem	01:20:46	00:13:16
35	87	Helder Domingues		01:21:45	00:14:15
36	29	Rui Faria		01:22:26	00:14:56
37	171	Ricardo Santa		01:23:48	00:16:18
38	91	Pedro Vitorino		01:23:58	00:16:28
39	138	Paulo Rodrigues		01:24:36	00:17:06
40	63	Diogo Gamito	Salamandrecos	01:25:18	00:17:48
41	58	Miguel Marcos	União FCI de Tomar	01:25:34	00:18:04
42	117	Ricardo Sousa	Tribo NR	01:26:28	00:18:58
43	101	Ricardo Henriques	Dá-lhe Gás Team	01:26:41	00:19:11
44	45	Paula Valente	ANSIBIKERS	01:27:14	00:19:44

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45	32	Joselito Pereira	out 2 run/Miro	01:27:17	00:19:47
46	167	Marco Bernardo		01:27:42	00:20:12
47	147	Rafael Rosa	Alvaiázere	01:28:06	00:20:36
48	126	Miguel Matias	CSCRF CHARNECA	01:28:36	00:21:06
49	119	André Dias	Tribo NR	01:29:36	00:22:06
50	142	Hugo Dâmaso	ARCD Venda da Luisa	01:30:20	00:22:50
51	73	Kevin Gaspar	Dá-lhe Gás Team	01:30:51	00:23:21
52	97	Rogério Fernandes	SÓ BIM EU	01:30:55	00:23:25
53	35	João Alcobia	Pias em Movimento	01:31:09	00:23:39
54	166	Luis Lopes		01:31:18	00:23:48
55	121	Luis Fernandes	Veteranos Penelense	01:31:20	00:23:50
56	82	Nuno Rito	QualquerCoisa	01:31:32	00:24:02
57	99	Silvia Dias	Dá-lhe Gás Team	01:31:52	00:24:22
58	15	Jorge Manuel Rocha	ANSIBIKERS	01:31:54	00:24:24
59	127	Nuno Sousa	Tribo NR	01:32:06	00:24:36
60	79	Ze Miguel		01:32:56	00:25:26
61	46	Luis Mendes	NEXEBRA TRAIL TEAM	01:33:26	00:25:56
62	60	Bernardo Alves	Flashover - Bvpenela	01:33:46	00:26:16
63	102	João P Silva		01:34:06	00:26:36
64	163	Nelson Castro	OuttoRun	01:34:12	00:26:42
65	146	Rodrigo Costa	Alvaiázere	01:37:13	00:29:43
66	78	Afonso Antunes		01:37:45	00:30:15
67	61	Luis Santos		01:37:49	00:30:19
68	144	André Antunes	ARCD Venda da Luisa	01:38:17	00:30:47
69	52	Victor Silva	out 2 run/Miro	01:38:41	00:31:11
70	69	Ana Saborano	ACT - Atletismo Clube da Tocha	01:39:32	00:32:02
71	26	Jorge Correia	GFD Running	01:40:09	00:32:39
72	14	Dora Serra	Associação Recreativa Casaense / Escola de Atleti	01:40:27	00:32:57
73	133	CÂndida Gonçalves	Dá-lhe Gás Team	01:40:51	00:33:21
74	57	Filipe Da Fernandes	Esgalhada Trail Team	01:41:13	00:33:43
75	110	João Martins	Caracol Trail Team	01:41:15	00:33:45
76	111	João Martins		01:41:18	00:33:48
77	143	Célia Santos	ARCD Venda da Luisa	01:41:22	00:33:52
78	173	Rodrigo Gonçalves		01:41:34	00:34:04
79	123	Ana Ferraz	Tribo NR	01:41:38	00:34:08
80	137	Bruno Silva	Não dá +	01:42:13	00:34:43
81	151	Rui Gonçalves	Alvaiázere	01:42:34	00:35:04
82	77	António Alves		01:42:59	00:35:29
83	134	André Lopes		01:44:13	00:36:43
84	54	Miguel Teteto	Tribo NR	01:44:57	00:37:27
85	34	António Manuel Mendes Joaquim	Pias em Movimento	01:44:59	00:37:29
86	89	António Porto	Tribo NR	01:45:02	00:37:32
87	39	Magali Costa	MR Runners	01:45:07	00:37:37
88	68	Cristiano Malhão	ACT - Atletismo Clube da Tocha	01:46:59	00:39:29

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89	9	Anabela Monteiro	CUMIBROA BIKE'S RUNNING TEAM	01:48:00	00:40:30
90	141	Fernando Medeiros	Avelar	01:48:22	00:40:52
91	47	Daniel Santos	Scfz trail runners	01:50:27	00:42:57
92	71	Fausto Cardoso		01:51:07	00:43:37
93	105	Marta Fonseca	out 2 run/Miro	01:51:22	00:43:52
94	128	David Avelar		01:51:26	00:43:56
95	56	Armando Marcos	União FCI de Tomar	01:51:28	00:43:58
96	33	Isabel Jesus	out 2 run/Miro	01:51:34	00:44:04
97	48	José Santos	out 2 run/Miro	01:51:35	00:44:05
98	43	Fernando Rosário	Rx Runners	01:52:07	00:44:37
99	41	Filipe Coreta		01:52:30	00:45:00
100	75	Nelson Silva		01:52:32	00:45:02
101	165	Anibal Luis	Borinhas	01:52:46	00:45:16
102	42	Ana Vieira	Rx Runners	01:52:51	00:45:21
103	6	Isabel Ferreira Matos	Singular	01:52:53	00:45:23
104	81	Joaquim Ventura	QualquerCoisa	01:53:18	00:45:48
105	120	Jacqueline Dias	Tribo NR	01:53:34	00:46:04
106	114	Silvia Pedro	out 2 run/Miro	01:53:40	00:46:10
107	31	Marília Teixeira		01:53:58	00:46:28
108	95	Fatima Anastacio	Dá-Ihe Gás Team	01:54:35	00:47:05
109	96	Júlio Loureiro	Dá-Ihe Gás Team	01:54:38	00:47:08
110	76	Mónica Ventura	QualquerCoisa	01:55:17	00:47:47
111	83	Cidália Silva	QualquerCoisa	01:55:22	00:47:52
112	44	Ana Leal	Figueira Kayak Clube	01:55:24	00:47:54
113	36	Isaac Gadanha		01:57:02	00:49:32
114	118	Isabel Ventura	Tribo NR	01:57:28	00:49:58
115	86	Ana Patrício		01:57:33	00:50:03
116	74	Carolina Silva		01:57:35	00:50:05
117	65	Catarina Costa	N.A.D.A.	01:58:12	00:50:42
118	66	Fernando	N.A.D.A.	01:58:14	00:50:44
119	116	Ana Gonçalves	GRVilaverdense	01:59:36	00:52:06
120	88	Luís Miguel Nunes	Tribo NR	02:00:57	00:53:27
121	37	Elisabete Pereira	Jástrada	02:01:29	00:53:59
122	38	Gilvania Gaspar	Jástrada	02:01:31	00:54:01
123	55	Tania Cristina Ferreira	out 2 run/Miro	02:02:22	00:54:52
124	19	Florabela Fernandes	Tribo NR	02:03:08	00:55:38
125	22	Anabela Vieira Amaral		02:03:11	00:55:41
126	59	Maria Pereira	CPT Coimbra	02:18:58	01:11:28
127	153	Ana Rodrigues		02:19:20	01:11:50
128	164	Isabel Simoes		02:19:50	01:12:20
129	150	Mariana Carvalho	Alvaiázere	02:26:31	01:19:01
130	149	Ana Vicente	Alvaiázere	02:27:21	01:19:51
131	140	Lara Cardoso		02:27:26	01:19:56
132	148	Clara Gomes	Alvaiázere	02:27:42	01:20:12

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133	108	Deonilde Marques		02:32:09	01:24:39
134	109	Jessica Filipe	CCCDAV/Ondalux	02:32:11	01:24:41
135	3	Luísa Inácio	Dá-lhe Gás Team	02:34:58	01:27:28
136	106	Cristina Daniel	Tribo NR	02:37:10	01:29:40
137	4	Ana Silva	Lesmas & caracois	02:37:12	01:29:42
138	145	Carlos Costa	Alvaiázere	02:37:13	01:29:43
139	17	Ana Isabel Aguiar		03:01:32	01:54:02
140	135	Silvia Silveira		03:01:34	01:54:04
141	18	Paulo Silveira		03:03:59	01:56:29