

Lugar	Nome	Equipa	Dorsal	Tempo	Diferença
MASCULINO					
1	Jorge Almeida	Espadanal runners	526	01:23:24.598	----
2	Nuno Roque	SHFIT Trail Team	14	01:30:05.893	00:06:41.295
3	João Almeida	----	407	01:30:06.630	00:06:42.032
4	André Santos	ocr police team	21	01:32:00.331	00:08:35.733
5	Bruno Figueiredo	CASA DO PESSOAL HSTV	245	01:32:00.993	00:08:36.395
6	pedro janela reduto	UNLIMITEDCROSSBOX	1	01:32:16.739	00:08:52.141
7	João Santos	PSP Viseu runners	369	01:33:05.766	00:09:41.168
8	David Pestana	Bombeiros de Meda	446	01:33:26.648	00:10:02.050
9	Carlos Moreira	SHFIT Trail Team	20	01:33:50.425	00:10:25.827
10	Paulo Miguel	----	66	01:34:01.737	00:10:37.139
11	miguel castro	castainço	140	01:34:59.656	00:11:35.058
12	António Almeida	Runners Sernancelhe Terra da Castanha	373	01:35:08.292	00:11:43.694
13	leonardo	----	343	01:35:27.164	00:12:02.566
14	Pedro Almeida	Sernancelhe Terra da castanha	218	01:35:47.977	00:12:23.379
15	Daniel Andrade	Esgalhada Trail Team	544	01:36:09.203	00:12:44.605
16	Paulo Rodrigues	Espigueiros,runners,caparrosinha	30	01:36:33.535	00:13:08.937
17	Marco Bastos	Goodfellas Wiseguys	19	01:36:49.076	00:13:24.478
18	Rui Isento	ADM Trail Team	41	01:36:58.941	00:13:34.343
19	David Silva	CDCF ALDEIA DE SANTO ANTÓNIO	224	01:37:38.219	00:14:13.621
20	João Amaral	Runners do Demo	29	01:37:57.417	00:14:32.819
21	André Manuel Santos Vaz	----	536	01:38:21.152	00:14:56.554
22	Antonio Gaspar	SHFIT Trail Team	27	01:38:24.547	00:14:59.949
23	Rafael Gomes	CUBATA Team	28	01:39:33.323	00:16:08.725
24	Jorge Correia	Viriathvs Runners Viseu	81	01:39:33.755	00:16:09.157
25	Daniel Sousa Baptista	ADM Trail Team	44	01:39:37.535	00:16:12.937
26	Luis Filipe Guerra	Goodfellas Wiseguys	18	01:39:53.732	00:16:29.134
27	Roberto Carlos Gonçalves Leal	GD Ribeirinhos	435	01:39:57.735	00:16:33.137
28	Paulo Davide Lourenço	Dinamo Clube da Estação	533	01:39:57.905	00:16:33.307
29	Mário Leal	----	97	01:40:05.238	00:16:40.640
30	António Pereira	----	179	01:40:09.845	00:16:45.247
31	joao paulo marques	Cubata team	56	01:40:18.232	00:16:53.634
32	Cristiano Gaspar	Carneiros do Demo	135	01:41:22.945	00:17:58.347
33	José Maria	----	527	01:41:46.274	00:18:21.676
34	Gabriel Niza	232 runners	501	01:42:59.549	00:19:34.951
35	Joaquim Sousa	Nem Penses	570	01:43:11.897	00:19:47.299
36	Carlos Rafael	----	349	01:45:57.039	00:22:32.441
37	Nuno Matos	Viseu360	546	01:45:59.526	00:22:34.928
38	Bruno Lopes	Viseu 360	7	01:46:14.471	00:22:49.873
39	Carlos Joaquim Sobral Santos	----	201	01:46:17.134	00:22:52.536
40	Francisco Batista	SHFIT Trail Team	24	01:46:43.623	00:23:19.025
41	Carlos Cardoso	----	322	01:46:48.932	00:23:24.334
42	Pedro Ferreira	AoAcaso Runners	356	01:46:53.825	00:23:29.227
43	paulo jorge morais	MILLENNIUMBBCP	479	01:47:20.879	00:23:56.281

Lugar	Nome	Equipa	Dorsal	Tempo	Diferença
44	Manuel campos	Viriathvs runners	305	01:47:21.729	00:23:57.131
45	marco gil costa moreira	castainço	139	01:47:32.508	00:24:07.910
46	André Coelho	AoAcaso Runners	357	01:47:40.962	00:24:16.364
47	Fabio Andre Pires Pinto	-----	416	01:47:47.979	00:24:23.381
48	Frederico Fernandes	Wolfpack TR by Bartolo Saúde	233	01:48:05.885	00:24:41.287
49	Luis Mendes	Tomba minis Trail	559	01:49:06.579	00:25:41.981
50	José Ferreira	-----	548	01:49:36.421	00:26:11.823
51	Rui Freitas	ESGALHADA TRAIL TEAM	11	01:51:24.280	00:27:59.682
52	Nuno Oliveira	-----	351	01:51:54.371	00:28:29.773
53	Renato Santos	Casa do Pessoal do CHTV	167	01:51:58.322	00:28:33.724
54	Filipe Oliveira	Nem Penses	241	01:53:38.439	00:30:13.841
55	Daniel Pina	Keep Running	107	01:54:03.411	00:30:38.813
56	Artur Jorge Oliveira Santos	Runners SERNANCELHE Terra da Castanha	428	01:54:14.705	00:30:50.107
57	Paulo Fernandes	Grupo Desportivo Os Ribeirinhos	430	01:54:54.702	00:31:30.104
58	Carlos Manuel Pereira Santos	JORSAT RUNNERS	175	01:55:01.793	00:31:37.195
59	Carlos Marinho	-----	525	01:55:13.169	00:31:48.571
60	Hélder Marcelino	-----	422	01:55:34.151	00:32:09.553
61	Igor nora	Coopenela	463	01:55:44.218	00:32:19.620
62	Nuno Mateus	SHFIT Trail Team	13	01:56:36.757	00:33:12.159
63	Fernando Pedro	AoAcaso Runners	390	01:56:49.658	00:33:25.060
64	Rogério Palmeiro	SHFIT Trail Team	37	01:57:04.825	00:33:40.227
65	Bruno Matos	Alcateia Running Team	115	01:57:14.995	00:33:50.397
66	Fábio de Almeida Pereira	Aguiar Bike	226	01:57:16.080	00:33:51.482
67	António Rodrigues	O L	436	01:57:25.749	00:34:01.151
68	Pedro Miguel Couto Vinhas	ALDEIA ST. ANTÓNIO- ASA	244	01:57:56.629	00:34:32.031
69	Carlos Baptista	Atlético Clube de Travanca	398	01:57:59.622	00:34:35.024
70	António	-----	161	01:58:03.280	00:34:38.682
71	Filipe Veloso Rodrigues	-----	283	01:58:03.603	00:34:39.005
72	Celso Soares	Nem Penses	156	01:58:05.397	00:34:40.799
73	José Augusto do Vale Martins	-----	42	01:58:08.136	00:34:43.538
74	José frias	@correr queiriga	215	01:58:24.286	00:34:59.688
75	Vítor Lemos	Atlético Clube de Travanca	329	01:58:25.319	00:35:00.721
76	Pedro Miguel Costa Lino de Seixas	CAPITAL DOURO	236	01:58:27.600	00:35:03.002
77	Fernando Nascimento	-----	59	01:58:33.134	00:35:08.536
78	Elio da silva Damião	Tribo da Estrela	425	01:58:44.631	00:35:20.033
79	Benedito Lemos	Run4Fun	8	01:58:52.365	00:35:27.767
80	Carlos Oliveira	AoAcaso Runners	359	01:59:00.771	00:35:36.173
81	Filipe Cunha	Wolfpack TR by Bartolo Saúde	132	01:59:57.988	00:36:33.390
82	José Rodrigo Gonçalves Gomes Magueijo	jorsat runrs	113	02:00:05.733	00:36:41.135
83	Nuno Almeida	ALMEIDA TEAM	537	02:00:47.777	00:37:23.179
84	Rui Leitão	SHFIT TRAIL TEAM	47	02:00:53.564	00:37:28.966
85	Rui Granja	-----	40	02:01:13.239	00:37:48.641
86	Rui Merujo	Sport Clube União Torreense	150	02:01:20.786	00:37:56.188
87	Filipe Correia	Melres Trail Runing - Ordem para Arrear	54	02:01:46.244	00:38:21.646

Lugar	Nome	Equipa	Dorsal	Tempo	Diferença	
88	Ricardo Almeida	Nem Penses	154	02:01:57.102	00:38:32.504	
89	Fernando Santos	-----	83	02:02:29.530	00:39:04.932	
90	JOSE SILVA	Sporting Clube Espinho/Antonio Leitao	78	02:02:30.750	00:39:06.152	
91	Alexandre Marques	ASDREQ	470	02:03:18.324	00:39:53.726	
92	António Jorge Silva Marques	-----	189	02:03:18.861	00:39:54.263	
93	Leo	Nem Penses	229	02:04:09.811	00:40:45.213	
94	Luis Pereira	Goodfellas Wiseguys	22	02:05:11.839	00:41:47.241	
95	Mário Mendes	Goodfellas Wiseguys	17	02:05:12.718	00:41:48.120	
96	Filipe Pereira	ARCD Bairro de Santa Cruz	452	02:05:50.669	00:42:26.071	
97	Telmo Cravo	Wolfpack	133	02:06:08.134	00:42:43.536	
98	Jorge ferreira	Viriathvs runners	304	02:06:12.765	00:42:48.167	
99	Rodrigo Pinto	Galhardosrunners	68	02:06:13.571	00:42:48.973	
100	Rui Moura	Viriathvs Runner Viseu	221	02:06:15.966	00:42:51.368	
101	Vitor Nogueira	Runners do Demo	306	02:07:03.649	00:43:39.051	
102	Jorge Sanches	F4L	165	02:07:11.507	00:43:46.909	
103	Pedro Almeida	WISEU360	334	02:07:17.097	00:43:52.499	
104	Sergio Silva	WISEU 360	70	02:07:17.503	00:43:52.905	
105	Alexandre Baltazar	-----	142	02:08:49.845	00:45:25.247	
106	Nicolau Gomes de Campos	-----	143	02:08:49.845	00:45:25.247	
107	Rui Filipe Soares Sousa	Bombeiros voluntários de meda	432	02:09:08.169	00:45:43.571	
108	Ricardo Coelho	GINÁSIO BODYMIND	485	02:09:44.116	00:46:19.518	
109	Daniel Joana	-----	386	02:10:02.476	00:46:37.878	
110	Rúben Guerra	-----	387	02:10:02.544	00:46:37.946	
111	João Pedro Pinto	SP URB	23	02:10:05.653	00:46:41.055	
112	Diogo Santos	Galhardos Runners	77	02:10:33.619	00:47:09.021	
113	Bruno Tavares	Goodfellas Wiseguys	530	02:11:49.533	00:48:24.935	
114	JOSE DIAS	VIRIATHVS RUNNERS VISEU	91	02:12:53.985	00:49:29.387	
115	antonio carlos da silva figueiredo	-----	50	02:13:34.288	00:50:09.690	
116	Filipe Lopes	-----	45	02:13:50.040	00:50:25.442	
117	Rui Ribeiro	-----	429	02:13:55.255	00:50:30.657	
118	Ricardo Batista	BOTA LAMBRA	177	02:14:41.904	00:51:17.306	
119	Marco Nascimento	Projserv	403	02:15:04.962	00:51:40.364	
120	Marco Moutinho	-----	275	02:15:15.029	00:51:50.431	
121	José Santos	Nem Penses	569	02:15:20.684	00:51:56.086	
122	Raul Trancoso	-----	75	02:15:25.669	00:52:01.071	
123	Helder Carvalho	Capital Douro	376	02:15:29.521	00:52:04.923	
124	António Fernandes Matos	CAPITAL DOURO	235	02:15:29.718	00:52:05.120	
125	Pedro Caramelo	Equipa Pé Ligeiro de Gouveia	39	02:15:38.612	00:52:14.014	
126	pAULO rOCHA		1	556	02:16:15.559	00:52:50.961
127	Tiago Rodrigues	AoAcaso Runners	358	02:16:18.703	00:52:54.105	
128	Sandra Rocha	xx	557	02:16:21.555	00:52:56.957	
129	Artur Moita	Nem Penses	308	02:16:25.347	00:53:00.749	
130	António José Gaspar Correia	Grupo BTT de Manteigas	48	02:17:36.357	00:54:11.759	
131	Diogo Tavares	Goodfellas Wiseguys	191	02:18:01.181	00:54:36.583	

Lugar	Nome	Equipa	Dorsal	Tempo	Diferença
132	Jorge Gil	O L	459	02:19:03.223	00:55:38.625
133	José Moreira	Viriathvs Runners de Viseu	79	02:19:16.622	00:55:52.024
134	Miguel Figueiredo	Nem Penses	214	02:19:44.093	00:56:19.495
135	José Martins	ARCD Bairro de Santa Cruz	460	02:20:31.494	00:57:06.896
136	José Gomes	Ratitos	279	02:21:47.292	00:58:22.694
137	Virgílio Nereu Lopes	ARCD Bairro Santa Cruz	462	02:21:59.699	00:58:35.101
138	Manuel Pacheco	Atlético Clube de Travanca	330	02:23:30.428	01:00:05.830
139	João Moura Simões	Viseu 360	240	02:23:45.156	01:00:20.558
140	Luis Lemos Loureiro	Viseu 360	239	02:23:45.232	01:00:20.634
141	Ricardo camilo	Figueiró Bixxxos Team	353	02:24:37.279	01:01:12.681
142	João Furtado	Figueiró Bixxxos Team	36	02:24:52.716	01:01:28.118
143	Simão Nascimento	GINÁSIO BODYMIND	484	02:25:15.944	01:01:51.346
144	Pedro Fernandes Almeida	Casal de Esporão Activo	457	02:26:36.167	01:03:11.569
145	António Lopes	Wolfpack TR by Bartolo saúde	111	02:26:42.807	01:03:18.209
146	Manuel Figueiredo	-----	173	02:28:50.888	01:05:26.290
147	Joaquim Guilherme Mendes Pais	Tribo da Estrela	424	02:29:17.814	01:05:53.216
148	António Leitão	Marcha Lenta Team	57	02:30:11.652	01:06:47.054
149	João Manuel Lisboa Antunes	-----	256	02:31:38.590	01:08:13.992
150	Zico das Neves Gonçalves	Ratitos	281	02:32:09.256	01:08:44.658
151	Francisco Agostinho	Ratitos	280	02:32:09.460	01:08:44.862
152	Bruno Santos	Projserv	400	02:32:16.494	01:08:51.896
153	Cláudio Abrantes	-----	38	02:35:16.496	01:11:51.898
154	Carlos Jorge da Silva Durão	Viseu Trail	208	02:36:14.341	01:12:49.743
155	Paulo Sousa	Wolfpack TR by Bartolo saúde	519	02:38:08.876	01:14:44.278
156	Luis Almeida	Wolfpack TR by Bartolo saúde	292	02:38:08.877	01:14:44.279
157	Rui Jorge dos Santos André	Pes Anserinus	216	02:39:56.938	01:16:32.340
158	Fernando Soares	Remax Dinamica	378	02:41:41.635	01:18:17.037
159	Cristiano Santos	Runners Sernancelhe Terra da Castanha	350	02:42:15.186	01:18:50.588
160	Alipio Faria Lopes	-----	388	02:42:43.972	01:19:19.374
161	MÁRIO ALMEIDA	JORSAT RUNNERS	112	02:44:10.647	01:20:46.049
162	Fernando Pinto	Primus Bunitus	300	02:44:11.553	01:20:46.955
163	Walter Amaral Cardoso	Casal de Esporão Activo	286	02:45:27.804	01:22:03.206
164	João Paulo Ferreira Martins	Remax	433	02:45:43.775	01:22:19.177
165	António Cardoso	Wolfpack TR by Bartolo saúde	222	02:46:45.203	01:23:20.605
166	rafael sousa	Projserv	399	02:46:45.368	01:23:20.770
167	Luís Fonseca	DINAMO	196	02:48:49.123	01:25:24.525
168	Paulo Sá	Viseu 360	65	02:50:01.690	01:26:37.092
169	Ricardo marques	-----	253	03:04:33.599	01:41:09.001
170	Luis Barboza	Tomba minis Trail	561	03:04:41.005	01:41:16.407
171	José Pedro Noronha	Remax dinâmica	354	03:12:06.538	01:48:41.940
172	Tiago Cantarinha	Galhardos runnrs	553	03:13:43.894	01:50:19.296
173	Alexandre Rodrigues	WolfPack TR by Bártolo Saude	270	03:13:44.508	01:50:19.910
174	Ramiro	Nem Penses	210	03:21:13.139	01:57:48.541
175	Márcio Chaves Correia	-----	335	03:23:18.134	01:59:53.536

Lugar	Nome	Equipa	Dorsal	Tempo	Diferença
176	João Azevedo	Remax Dinâmica	345	03:39:05.267	02:15:40.669
177	Ivo Santos	Remax Dinâmica	346	03:41:11.724	02:17:47.126
--	Tiago carreira	VIRIATHVS runners	46	--:--:-- (NT)	----
FEMININO					
1	Tânia Ribeiro	Geadas running	465	01:47:38.126	----
2	Sandra Garrido	Tomba minis Trail	558	01:48:51.916	00:01:13.790
3	Rosária Silva	WISEU 360	69	01:55:37.766	00:07:59.640
4	Nicole Nobre	CDCF Aldeia de Sto António	268	01:57:56.236	00:10:18.110
5	Diana Duarte	SHFIT Trail Team	16	01:59:49.996	00:12:11.870
6	Teresa Lopes		1	02:05:48.981	00:18:10.855
7	Mónica Baptista	Team Contagiate	295	02:11:41.776	00:24:03.650
8	Fátima Costa	VIRIATHVS RUNNERS WISEU	542	02:12:31.279	00:24:53.153
9	Paula Alexandre	SHFIT Trail Team	43	02:14:03.323	00:26:25.197
10	Gabriela Antunes	SHFIT Trail Team	51	02:14:03.982	00:26:25.856
11	Helena Almeida	lenyalmeida7@hotmail.com	193	02:14:35.038	00:26:56.912
12	Ana Catarina Alexandre	----	273	02:14:48.924	00:27:10.798
13	Cristina Almeida	Viseu360	95	02:15:24.616	00:27:46.490
14	Cláudia Carrilho	CCDR Colmeal da Torre	293	02:15:51.206	00:28:13.080
15	Maria carriço	Espigueiros,runners,caparrosinha	31	02:16:47.429	00:29:09.303
16	Margarida Raimundo	Goodfellas Wiseguys	347	02:18:01.429	00:30:23.303
17	Helena Melo	Marcha Lenta Team	64	02:18:10.020	00:30:31.894
18	Joana Nunes	Nem Penses	162	02:19:08.618	00:31:30.492
19	Alina Moreira	Ratitos	510	02:22:50.183	00:35:12.057
20	Marta Silva	Nem Penses	155	02:23:35.031	00:35:56.905
21	Liliana Silva	Nem Penses	212	02:23:35.399	00:35:57.273
22	Catarina Bernardes	----	348	02:23:45.392	00:36:07.266
23	Margarida Martins	Nem Penses	209	02:25:21.383	00:37:43.257
24	Claudia luis	SHFIT Trail Team	26	02:26:33.827	00:38:55.701
25	Sandra Santos	Atlético Clube de Travanca	282	02:27:53.756	00:40:15.630
26	Susana Amante	----	257	02:31:38.620	00:44:00.494
27	Margarida Albuquerque	Viriathvs runners Viseu	94	02:33:59.908	00:46:21.782
28	Celina Almeida	Viriathvs Runners Viseu	87	02:33:59.908	00:46:21.782
29	Ana Correia	Nem Penses	174	02:34:02.731	00:46:24.605
30	Mafalda Pereira	----	545	02:35:49.794	00:48:11.668
31	Paula Inácio	SHFIT TRAIL TEAM	80	02:36:28.398	00:48:50.272
32	OLGA MARIA SOUSA GOUVEIA	CAPITAL DOURO	242	02:36:34.422	00:48:56.296
33	Fátima Almeida	Toka Fujir	362	02:36:34.460	00:48:56.334
34	Celia Cordeiro	SHFIT Trail Team	25	02:38:17.111	00:50:38.985
35	Dulce Silva	Correio de Albergaria trail Running	451	02:39:18.384	00:51:40.258
36	Alexandra Isabel Tamem Bento	Pes Anserinus	217	02:39:57.142	00:52:19.016
37	Susana Amaral Ferreira	SS CGD	449	02:40:45.098	00:53:06.972
38	Luisa Felisbela Moreira	CAPITAL DOURO	238	02:43:47.663	00:56:09.537
39	Rosa Sobral	----	164	02:45:20.015	00:57:41.889
40	Sónia Sanches	F4L	163	02:45:21.468	00:57:43.342

Lugar	Nome	Equipa	Dorsal	Tempo	Diferença
41	Maria Manuela de Albuquerque Ferreira Figueiredo	Casal de Esporão Activo	458	02:45:28.419	00:57:50.293
42	Bruna Soares	Nem Penses	153	02:47:29.870	00:59:51.744
43	Ana Costa	Nem Penses	176	02:47:33.704	00:59:55.578
44	Sandra Pais	DINAMO	195	02:48:43.967	01:01:05.841
45	Vera Ferreira	Viseu 360	508	02:49:54.000	01:02:15.874
46	ISABEL MELO	VIRIATHVS RUNNERS VISEU	93	02:51:39.152	01:04:01.026
47	Estrela FAro	Viriathvs Runners Viseu	105	02:51:39.308	01:04:01.182
48	Irene Melo	VIRIATHVS RUNNERS VISEU	92	02:51:50.499	01:04:12.373
49	Ines Amaral	Tomba minis Trail	560	02:52:20.026	01:04:41.900
50	Vera Lúcia Soares Gomes	Melres Trail Runing - Ordem para Arrear	53	02:53:19.439	01:05:41.313
51	Márcia Rego	DINAMO	258	02:59:12.960	01:11:34.834
52	Ivone Carvalho	Capital Douro	377	02:59:27.251	01:11:49.125
53	Marília Moita	Nem Penses	213	03:07:35.130	01:19:57.004
54	Cida ferreira	Nem Penses	228	03:08:01.991	01:20:23.865
55	Leila Laura Costa Matos	----	114	03:11:47.571	01:24:09.445
56	Joana carvalho	HMC-caixilharias trail	12	03:11:47.782	01:24:09.656
57	Lucia Coelho	Figueiró Bixxos Team	3	03:17:58.288	01:30:20.162
58	Matilde Ferreira	mcf	336	03:23:17.095	01:35:38.969
59	Cláudia Machado	----	272	03:28:30.400	01:40:52.274
60	Sandra Camões	Jorsat	514	03:34:14.801	01:46:36.675
61	Paula Susana	Jorsat Runners	301	03:34:15.183	01:46:37.057
62	Catarina Alexandre	Remax Dinâmica	448	03:39:05.679	01:51:27.553
63	Katlyn Alves Enne Martins	Remax	434	03:41:12.189	01:53:34.063
64	Claudia Rocha	JORSAT RUNNERS	509	03:42:54.270	01:55:16.144
65	Teresa Rocha	JORSAT RUNNERS	511	03:42:54.986	01:55:16.860
66	Daniela Ferreira	JORSAT RUNNERS	344	03:43:01.919	01:55:23.793
67	Maria José Olaio	DINAMO	513	03:54:43.956	02:07:05.830
68	Sónia Pereira	DINAMO	227	03:54:44.183	02:07:06.057
69	Aida Vaz	Remax Dinâmica	355	04:08:19.452	02:20:41.326