

Posicao	P. Escalão	Dorsal	Nome	Equipa	Escalao	Tempo
1	1	1015	Nuno Fernandes	Fafe Runners	Senior	01:43:40
2	2	3	Diogo Fernandes	Alive Runners	Senior	01:44:18
3	1	2029	João Gonçalves	Individual	Veterano	01:49:04
4	3	1134	Pedro Oliveira	Fama Runners	Senior	01:51:15
5	4	1092	Daniel Costa	Individual	Senior	01:53:42
6	2	2026	joaquim machado o. pereira	Gaia Trail	Veterano	01:53:55
7	5	1139	Filipe Lima	Grupo Desportivo Santander Totta	Senior	01:53:58
8	6	1086	João Borges	Individual	Senior	01:58:08
9	1	1	Ana Rocha	Alive Runners	Senior	01:58:17
10	7	1091	Paulo Leça	Figueiredo's Runner's & Friends	Senior	01:58:32
11	8	1129	Francisco Travassos	Alive Runners	Senior	01:58:38
12	3	2031	Luís Sá	Individual	Veterano	01:58:41
13	9	1024	Ricardo Ribeiro	Individual	Senior	02:01:14
14	10	1142	Davide Pinto	Fama Runners	Senior	02:01:15
15	4	2025	RUI Pedro Freitas Povo POVO	Fafe Runners	Veterano	02:01:47
16	2	1202	Andreia Cunha	Figueiredo's Runner's and Friends	Senior	02:03:26
17	5	2040	Xavier Oliveira	Fisiojoane	Veterano	02:03:37
18	11	1052	Marco Costa	Individual	Senior	02:04:42
19	6	2053	Álvaro Sousa	Charon	Veterano	02:04:47
20	7	2055	Rui Pinto	Individual	Veterano	02:04:50
21	1	2012	Sandra Moura	Celtic challenge	Veterano	02:04:54
22	8	3002	Narciso Machado	Celtic challenge	Veterano	02:05:01
23	12	1200	Miguel Lopes	Individual	Senior	02:05:02
24	13	1201	Ivo Morais	Individual	Senior	02:05:07
25	14	1002	Ricardo Pais	ST TRAIL	Senior	02:05:12
26	15	1043	Micael Guimarães	Micael de Sá Guimarães	Senior	02:05:54
27	9	2022	José Costa	Individual	Veterano	02:07:53
28	16	1115	Luis Filipe Oliveira	Individual	Senior	02:07:59
29	17	1120	António Castro	Individual	Senior	02:08:29
30	10	2018	domingos peixoto	Palmeira Runners	Veterano	02:08:39
31	18	1094	Pedro Vítor Pereira	GTT - ARMAZÉM DO CAFFÉ	Senior	02:09:08
32	19	1022	Paulo Moura	Celtic challenge	Senior	02:10:25
33	20	1080	André Martins	A D ESMERIZ RUNNING	Senior	02:11:47
34	21	1067	Alexandre Lourenço	Individual	Senior	02:12:03
35	11	2021	Fernando Vieira	Individual	Veterano	02:12:26
36	12	3005	Francisco Pinto	Francisco Couto Pinto	Veterano	02:12:47
37	22	1089	Hélder Ferreira	Fitness UP	Senior	02:13:06
38	23	1100	Rui Ferreira	Fama Runners	Senior	02:13:18
39	24	1066	andre pinheiro	Individual	Senior	02:13:22
40	25	1039	Alexandre XANGO Tibet	Individual	Senior	02:14:03
41	26	1025	António Pedro Vieira	Individual	Senior	02:14:06
42	13	3012	JOAQUIM FERREIRA	COINDU PROC	Veterano	02:14:08

43	27	1054	Bruno Costa	Individual	Senior	02:14:11
44	14	3100	Paulo Loureiro	Fama Runners	Veterano	02:14:55
45	28	1123	Márcio Cruz	Trail Me	Senior	02:15:10
46	29	1133	Ruben Teixeira	Individual	Senior	02:15:29
47	15	2051	Sergio Manuel Alexandre Jorge	Individual	Veterano	02:15:36
48	30	1068	Carlos Carvalho	Individual	Senior	02:16:10
49	31	1040	Ricardo Penedo	Individual	Senior	02:16:12
50	16	2023	rui araujo	Individual	Veterano	02:16:15
51	17	2044	paulo pereira	Fama Runners	Veterano	02:16:18
52	32	1058	Adriano Couto	ProFisio Team	Senior	02:17:46
53	33	1106	Helder Silva	Fisiojoane	Senior	02:17:48
54	34	1114	Vitor Mansilhas	Individual	Senior	02:17:56
55	18	2006	Rui Pedro Fernandes	Individual	Veterano	02:18:15
56	35	1097	Pedro Silva	Fama Runners	Senior	02:19:08
57	19	2050	JOSÉ COSTA	COINDU PROC	Veterano	02:19:31
58	36	1034	Miguel de Oliveira	ProFisio Team	Senior	02:19:50
59	37	1021	Pedro Monteiro	Individual	Senior	02:19:54
60	20	2014	Raul Silva	ProFisio Team	Veterano	02:20:12
61	38	1031	Sérgio Peixoto	Beat	Senior	02:20:18
62	21	2024	Fernando Martins	Individual	Veterano	02:20:28
63	39	1011	José Ferreira Costa	Fama Runners	Senior	02:20:31
64	22	2052	Rui Pinto	Fama Runners	Veterano	02:20:58
65	23	2035	Manuel Gomes	Fama Runners	Veterano	02:21:06
66	24	2033	José Saldanha	Individual	Veterano	02:21:17
67	25	3015	Albino Rocha	Individual	Veterano	02:21:19
68	40	1081	João Saldanha	ProFisio Team	Senior	02:21:30
69	41	1012	vitor pontes	Individual	Senior	02:21:50
70	26	3020	José Moreira	Individual	Veterano	02:22:52
71	27	2046	Paulo Machado	Dr Merino/Nutrifit	Veterano	02:23:13
72	42	1044	Paulo César Gomes	Individual	Senior	02:23:23
73	2	2016	MANUELA FARIA	PORTOCARGO	Veterano	02:24:15
74	43	1042	Romeu Carvalho	Celtic challenge	Senior	02:24:42
75	44	1121	Emanuel Costa	Amigos da Onça	Senior	02:26:04
76	28	2010	Rui Azevedo	Individual	Veterano	02:26:22
77	45	1128	Rui Carneiro	Alive Runners	Senior	02:27:29
78	46	2	Ricardo Bomtempo	Individual	Senior	02:27:45
79	47	1053	Rui Goncalves	Individual	Senior	02:28:05
80	48	1076	Jorge Pereira	ProFisio Team	Senior	02:28:47
81	29	2009	Cosme Machado	Individual	Veterano	02:28:50
82	49	1116	Helder Martins	Alive Runners	Senior	02:28:52
83	50	1030	Carlos Martins	Individual	Senior	02:28:57
84	51	1016	Ramiro Guimarães	Individual	Senior	02:29:03
85	52	1057	José Manuel Costa	Palmeira Runners	Senior	02:30:27
86	30	2019	José Ferreira	Palmeira Runners	Veterano	02:31:25
87	53	1061	Nuno Jesus	Individual	Senior	02:31:39
88	31	2011	Carlos Cardoso	Individual	Veterano	02:31:48
89	54	1110	Luís Saraiva	SAO MATEUS RUNNERS	Senior	02:32:06
90	32	2043	João Ferreira	Individual	Veterano	02:32:56
91	33	2017	RENATO OLIVEIRA	PORTOCARGO	Veterano	02:32:58

92	3	1001	Telma Duarte	Individual	Senior	02:33:27
93	34	2008	Carlos Alves	Individual	Veterano	02:33:30
94	55	1017	PAULO RODRIGUES	ARPO	Senior	02:34:03
95	56	1027	Luís Ribeiro	Bota&Siga	Senior	02:34:06
96	57	1006	Bruno Vieira	Celtic challenge	Senior	02:34:43
97	58	1055	Pedro Sousa	Farmacia Marinho	Senior	02:34:45
98	59	1009	Paulo Loureiro	Individual	Senior	02:34:51
99	60	1064	Fernando Faria	Individual	Senior	02:35:56
100	61	1023	José Aurelio Fernandes	Individual	Senior	02:36:15
101	4	1008	Carla Oliveira	Os Santa Apolonia	Senior	02:36:23
102	62	1028	Paulo Pereira	Bota&Siga	Senior	02:37:05
103	63	1140	Vasco Guimarães	Individual	Senior	02:37:43
104	64	1020	Damião Duarte	Travassós Running Fafe	Senior	02:38:53
105	65	1113	José Carvalho	Travassós Running Fafe	Senior	02:38:56
106	66	1077	Bruno Pereira	ProFisio Team	Senior	02:39:41
107	67	1047	Vitor Araujo	ProFisio Team	Senior	02:39:50
108	35	3004	ANIBAL COSTA	ARPO	Veterano	02:40:52
109	68	1018	Hélder Costa	ARPO	Senior	02:41:28
110	69	1075	José Faria	ProFisio Team	Senior	02:41:39
111	70	1050	Rui Telmo Gomes	Individual	Senior	02:41:41
112	36	2039	Carlos Ribeiro	Fisiojoane	Veterano	02:42:04
113	71	1088	Helder Faria	Amigos da Onça	Senior	02:44:17
114	72	1090	Daniel Ferreira	Fitness UP	Senior	02:45:04
115	37	2049	FRANCISCO MIRANDA	COINDU PROC	Veterano	02:45:22
116	5	1041	Helena Ferreira	Individual	Senior	02:45:41
117	73	1029	Carlos Silva	Bota&Siga	Senior	02:45:44
118	74	1203	Luís Pereira	Individual	Senior	02:46:00
119	38	2048	FILIPE RIBEIRO	COINDU PROC	Veterano	02:46:10
120	6	1051	Celina Silva	A D ESMERIZ RUNNING	Senior	02:46:30
121	39	2002	Jorge Carneiro	MTT - Mogege Trail Team	Veterano	02:46:42
122	75	1062	José Carlos Almeida	Fama Runners	Senior	02:48:36
123	40	3003	JOSÉ SANTANA	ARPO	Veterano	02:49:41
124	7	1019	ROSA PEREIRA	ARPO	Senior	02:49:44
125	76	1085	Carlos Pereira	Individual	Senior	02:50:18
126	77	1045	Carlos Alves	Individual	Senior	02:51:06
127	41	3018	Manuel Almeida	Charon	Veterano	02:52:13
128	78	1063	Marco Paulo Andrade	Fama Runners	Senior	02:53:05
129	42	4002	José Carlos Figueiredo	Fama Runners	Veterano	02:54:12
130	79	1073	Filipe Moreira	Individual	Senior	02:54:14
131	8	1084	Catarina De Barros	Turbulentos	Senior	02:54:23
132	9	1013	Joana Alves	Individual	Senior	02:54:28
133	43	2020	carlos alberto correia	Individual	Veterano	02:55:21
134	44	2027	paulo santos	Individual	Veterano	02:55:23
135	80	1105	Eduardo Barbosa	Fisiojoane	Senior	02:56:02
136	81	1048	Marcos Barbosa	Celtic challenge	Senior	02:58:06
137	45	2036	David Dewasmes	Fama Runners	Veterano	02:58:36
138	82	1093	João Pinheiro	Fama Runners	Senior	02:58:43
139	46	3006	Eugenio Rodrigues	ProFisio Team	Veterano	02:59:17
140	47	3019	MANUEL CARVALHO	Individual	Veterano	03:01:06

141	83	1071 FRANCISCO TEIXEIRA	Individual	Senior	03:01:48
142	84	1032 Rui Vaz	ProFisio Team	Senior	03:02:08
143	85	1079 Diogo Vicente	Individual	Senior	03:03:06
144	3	2054 Isabel Gonçalves	Individual	Veterano	03:04:59
145	48	2013 Manuel Santos	ProFisio Team	Veterano	03:07:06
146	49	3011 Jorge Vale	Fama Runners	Veterano	03:07:18
147	86	1046 Filipe Silva	Team Lantemil	Senior	03:09:05
148	4	2045 Sandra Mesquita	SAO MATEUS RUNNERS	Veterano	03:09:08
149	10	1060 Isabel Nogueira	Individual	Senior	03:09:18
150	87	1065 Nelson Almeida	Individual	Senior	03:09:23
151	88	1070 Pedro Piairo	Individual	Senior	03:09:24
152	5	3013 Dulce Ribeiro	Alive Runners	Veterano	03:10:28
153	50	2032 Carlos Gonçalves	Individual	Veterano	03:11:05
154	11	1132 Carla Martins	Alive Runners	Senior	03:14:27
155	12	1056 Vânia Campos	Farmacia Marinho	Senior	03:16:16
156	89	1069 Hugo Fernandes	Individual	Senior	03:16:17
157	13	1112 LISANDRA COSTA	SAO MATEUS RUNNERS	Senior	03:18:18
158	90	1111 André Vale	SAO MATEUS RUNNERS	Senior	03:18:20
159	51	2007 ricardo moreira	Individual	Veterano	03:22:06
160	6	4001 NATÁLIA ALVES	Individual	Veterano	03:22:10
161	91	1072 jairo lourenço	Fafe Runners	Senior	03:22:57
162	52	2037 António Lima	Fama Runners	Veterano	03:23:01
163	92	1087 Carlos Guerra	Individual	Senior	03:23:54
164	53	3009 Antonio Mendes	Individual	Veterano	03:23:57
165	93	1117 Diogo Oliveira	Individual	Senior	03:29:19
166	54	2047 Sergio Oliveira	Individual	Veterano	03:29:30
167	14	1122 Vitor Magalhães	ProFisio Team	Senior	03:29:57
168	94	1135 Hugo Peixoto	Individual	Senior	03:30:16
169	95	1138 Bruno Silva	Individual	Senior	03:30:20
170	96	1136 Carlos Leal	Familia Patanisca	Senior	03:30:58
171	15	1126 Ana Luisa Mendes	COINDU PROC	Senior	03:31:07
172	97	1125 IVO COSTA	COINDU PROC	Senior	03:31:11
173	16	1049 Sandra Costa	Amigos Vale Silêncio	Senior	03:31:50
174	55	2015 Vitor Costa	Amigos Vale Silêncio	Veterano	03:31:57
175	98	1107 Joaquin Dillen	Fama Runners	Senior	03:33:25
176	99	1098 André Girão	Fama Runners	Senior	03:33:29
177	17	1131 Inês Martins	Alive Runners	Senior	03:34:17
178	18	1109 Juliana Silva	Fama Runners	Senior	03:34:20
179	19	1096 Cristina Cruz	Fama Runners	Senior	03:34:23
180	7	2004 Margarida Pinto	Individual	Veterano	03:37:25
181	56	2028 João Freitas	Individual	Veterano	03:41:23
182	100	1108 Hélder Coelho	Fama Runners	Senior	03:44:16
183	8	2030 Sílvia De Barros	Turbulentos	Veterano	04:03:17
184	57	9999 Manuel Veloso	Fama Runners	Veterano	04:03:27





Posicao Equipa

Pontos

1	Alive Runners	22
2	Fama Runners	56
3	Celtic challenge	75
4	ProFisio Team	170
5	Fafe Runners	177
6	Fisiojoane	182
7	Palmeira Runners	201
8	COINDU PROC	214
9	ARPO	311
10	Bota&Siga	314
11	SAO MATEUS RUNNERS	394

