



Trail Penedo da Moura



Classificação Geral e Escalão

Trail Curto

13/7/2019

Pos	Dorsal	Nome	Clube	Sexo	Escalao	P_Esc	Tempo	Diferenca
1	6043	Daniel Martins	NBA BARROSAS	M	SM	1	00:53:49	00:00:00
2	6002	Ramiro Ribeiro	NBA BARROSAS	M	SM	2	00:53:50	00:00:01
3	1015	Ricardo Oliveira	HabCarpintaria	M	SM	3	00:54:52	00:01:03
4	1035	Rafael Sá	Dragon Club	M	SM	4	00:55:30	00:01:41
5	6108	Fábio Rodrigues		M	SM	5	00:55:36	00:01:47
6	7027	Arménio Santos	NBA BARROSAS	M	V40M	1	00:55:41	00:01:52
7	6118	Guilherme Moreira		M	SM	6	00:56:57	00:03:08
8	1510	Paulo Jesus	Vila Nova de Famalicão	M	V40M	2	00:57:29	00:03:40
9	6062	Amaro Barbosa	ARC Vale S Cosme	M	SM	7	00:57:58	00:04:09
10	6059	Marco Silva	STEEL RANGERS	M	SM	8	00:58:15	00:04:26
11	6114	Rui Araujo	ARC Vale S Cosme	M	SM	9	00:58:23	00:04:34
12	1522	Hélder Borges	OPRATICANTE.PT-AFIPRE TEAM	M	V40M	3	00:58:24	00:04:35
13	7034	Carlos Silva	Corredores da Noite	M	V40M	4	00:58:34	00:04:45
14	8012	Joaquim Coelho	Escola de Atletismo Rosa Oliveira	M	V50M	1	00:58:38	00:04:49
15	1007	Helder Antunes	Núcleo do Sporting Clube de Portugal de V. N. de F	M	SM	10	00:59:09	00:05:20
16	1016	Pedro Costa	HabCarpintaria	M	SM	11	00:59:42	00:05:53
17	1519	António José Oliveira Carvalho	OPRATICANTE.PT-AFIPRE TEAM	M	V40M	5	01:00:09	00:06:20
18	6006	Joaquim Joaquim Mendes	ADEPE	M	SM	12	01:00:33	00:06:44
19	1008	Tiago Sá	Btt Carreira	M	SM	13	01:00:35	00:06:46
20	7049	Angelo Ribeiro	Corredores da Noite	M	V40M	6	01:00:45	00:06:56
21	6116	Tiago Silva	Corredores da Noite	M	SM	14	01:01:11	00:07:22
22	6102	Diogo Araújo		M	SM	15	01:01:23	00:07:34
23	8024	Paulo Quintas	NAST - Nucleo Associativo Santo Tirso	M	V50M	2	01:02:13	00:08:24
24	1039	Luciano Pena	OPRATICANTE.PT-AFIPRE TEAM	M	SM	16	01:02:16	00:08:27
25	6025	Agostinho Teixeira Teixeira	GD Airão Run	M	SM	17	01:02:28	00:08:39
26	1524	Heitor Ortiga	OPRATICANTE.PT-AFIPRE TEAM	M	V50M	3	01:02:35	00:08:46
27	7039	Diogo Barros	CB RUN	M	V40M	7	01:02:36	00:08:47
28	6012	Nelson Vaz	ProFisio eupago Team	M	SM	18	01:03:32	00:09:43
29	7029	Raul Silva	ProFisio eupago Team	M	V40M	8	01:03:32	00:09:43
30	8016	Narciso Machado	ProFisio eupago Team	M	V50M	4	01:03:47	00:09:58
31	6042	Nuno Ferreira	Royal Wellness Center	M	SM	19	01:03:52	00:10:03
32	6081	Ricardo Moreira	CB RUN	M	SM	20	01:03:53	00:10:04
33	7066	Libório Vilela	Sem medo	M	V40M	9	01:04:01	00:10:12
34	1515	Joaquim Oliveira	Fisioactive	M	V50M	5	01:04:21	00:10:32
35	6024	Alexandre Ribeiro	Adosa - Os Santa Apolonia	M	SM	21	01:04:22	00:10:33
36	8029	Joaquim silva	Adosa - Os Santa Apolonia	M	V50M	6	01:04:23	00:10:34
37	6033	Roberto Silva Silva	Joane Corre Corre	M	SM	22	01:04:40	00:10:51
38	7074	Hélder Miguel Santos	Sem medo	M	V40M	10	01:04:42	00:10:53
39	6046	Nelson Ferreira	CB RUN	M	SM	23	01:04:42	00:10:53
40	1009	Álvaro Vale	ADE Trail Running	M	SM	24	01:04:43	00:10:54
41	6020	Sérgio Fernandes	infantesrunners	M	SM	25	01:05:00	00:11:11
42	6071	Sandra Gomes	Vila Nova de Famalicão	F	SF	1	01:05:19	00:11:30
43	7062	Paulo Filipe	APULIA A CORRER	M	V40M	11	01:05:25	00:11:36

Pos	Dorsal	Nome	Clube	Sexo	Escalao	P	Esc	Tempo	Diferenca
44	6035	Jorge Pereira	ProFisio eupago Team	M	SM	26		01:05:45	00:11:56
45	6041	Célia Neto		F	SF	2		01:06:11	00:12:22
46	7076	Rui Lima		M	V40M	12		01:06:44	00:12:55
47	6103	José JMoreira	Club quinta da ribeira	M	SM	27		01:07:14	00:13:25
48	1014	Bruno Sampaio	HabCarpintaria	M	SM	28		01:08:12	00:14:23
49	7048	José Silva	Corredores da Noite	M	V40M	13		01:08:24	00:14:35
50	7067	Helder Martins	Alma de Primeira	M	V40M	14		01:08:33	00:14:44
51	7046	Joao Correia	Sem medo	M	V40M	15		01:08:40	00:14:51
52	7022	Vítor Mota		M	V40M	16		01:08:41	00:14:52
53	6073	Leandro Rodrigues	CB RUN	M	SM	29		01:08:49	00:15:00
54	6077	Marcelo Teixeira	The Newbies	M	SM	30		01:08:52	00:15:03
55	1513	Nuno Oliveira	Conservatório de Música de Vila do Conde	M	V40M	17		01:09:01	00:15:12
56	6030	Vasco Faria	CB RUN	M	SM	31		01:09:11	00:15:22
57	1512	Vitor Araujo	HabCarpintaria	M	V40M	18		01:09:24	00:15:35
58	8018	Paulo Carvalho		M	V50M	7		01:09:31	00:15:42
59	6003	Filipe Fernandes	Sem medo	M	SM	32		01:09:43	00:15:54
60	1024	João Laranjeira	ADE Trail Running	M	SM	33		01:09:43	00:15:54
61	1033	Dominique Lima	Fama Runners	M	SM	34		01:09:44	00:15:55
62	6070	Marta Noval	ADTTR - Travassós Running Fafe	F	SF	3		01:09:45	00:15:56
63	6023	João Silva	Liz Runners	M	SM	35		01:09:46	00:15:57
64	4005	Miguel Mendes	ARC Vale S Cosme	M	V40M	19		01:10:04	00:16:15
65	6069	Bruno Pereira	ProFisio eupago Team	M	SM	36		01:10:05	00:16:16
66	6050	Tiago Monteiro		M	SM	37		01:10:17	00:16:28
67	1023	Luís Ferraz	TEAM CARACOLETAS	M	SM	38		01:10:18	00:16:29
68	1521	Paulo Abreu	OPRATICANTE.PT-AFIPRE TEAM	M	V40M	20		01:10:49	00:17:00
69	7016	Paulo Ribeiro	Dragon Club	M	V40M	21		01:10:50	00:17:01
70	7075	Marisa Salgado	Adosa - Os Santa Apolonia	F	V40F	1		01:11:04	00:17:15
71	6028	Bruno Monteiro		M	SM	39		01:11:05	00:17:16
72	6128	Fernando Dias	Fisiojoane Levanta Ceddo	M	V40M	22		01:11:12	00:17:23
73	6130	Sandra Oliveira	LEVANTA CEDO/FISIOJOANE	F	V40F	2		01:11:13	00:17:24
74	1004	Helder Duarte	FairPlay	M	SM	40		01:11:28	00:17:39
75	6051	Vera Moreira	Trofam team	F	SF	4		01:12:09	00:18:20
76	6107	Jorge Carvalho	CB RUN	M	SM	41		01:12:13	00:18:24
77	1013	Bruno Marques	Hab carpintaria	M	SM	42		01:12:26	00:18:37
78	7014	Carlos Ribeiro	Vila Nova Famalicão	M	V40M	23		01:12:42	00:18:53
79	1523	António Rodrigues	OPRATICANTE.PT-AFIPRE TEAM	M	V50M	8		01:12:42	00:18:53
80	6000	José Machado		M	SM	43		01:13:01	00:19:12
81	6085	Luis Barreiro	CB RUN	M	SM	44		01:13:01	00:19:12
82	1502	Armindo Fernandes		M	V50M	9		01:13:10	00:19:21
83	8009	Casimiro Tavares	Corredores da Noite	M	V50M	10		01:13:26	00:19:37
84	1511	Francisco Silva	HabCarpintaria	M	V40M	24		01:13:39	00:19:50
85	6076	Vitor Sousa	Focoteam24	M	SM	45		01:13:41	00:19:52
86	7005	Paulo Carneiro	Bodyline Team	M	V40M	25		01:13:44	00:19:55
87	1026	Bruno Duarte	OPRATICANTE.PT-AFIPRE TEAM	M	V40M	26		01:13:59	00:20:10
88	6089	Jorge Carvalho		M	SM	46		01:14:10	00:20:21
89	6058	Hugo Costa	ProFisio eupago Team	M	SM	47		01:14:45	00:20:56
90	6054	Bruno Silva	A.D.Carril	M	SM	48		01:14:57	00:21:08
91	6016	Mónica Oliveira	Oliveirinhas	F	SF	5		01:14:58	00:21:09
92	1504	Xico Faria	Os Isabelinhas	M	V50M	11		01:14:59	00:21:10
93	1021	Emanuel Correia	MAGNUNSSSENS	M	SM	49		01:15:05	00:21:16

Pos	Dorsal	Nome	Clube	Sexo	Escalao	P	Esc	Tempo	Diferença
94	1020	João Maia	MAGNUNSSSENS	M	SM	50		01:15:06	00:21:17
95	1032	Ana Oliveira	Teamliberty	F	SF	6		01:15:18	00:21:29
96	6048	Diogo Santos		M	SM	51		01:16:02	00:22:13
97	6027	Bruno Madureira	Amigos da Praça	M	SM	52		01:16:10	00:22:21
98	1517	Paulo Araujo	ARC Vale S Cosme	M	V40M	27		01:16:26	00:22:37
99	7072	Celso Fernandes	PAPAMILHAS	M	V40M	28		01:16:28	00:22:39
100	6004	Hugo Silva	PAPAMILHAS	M	SM	53		01:16:28	00:22:39
101	8019	Antônio Coelho	Sem medo	M	V50M	12		01:16:32	00:22:43
102	6129	Elisabete Gonçalves	Clube Trilheiros & Amigos	F	V40F	3		01:16:32	00:22:43
103	7060	Pedro Pimenta	Sem medo	M	V40M	29		01:16:59	00:23:10
104	7011	Lurdes Pinheiro	Sem medo	F	V40F	4		01:17:16	00:23:27
105	6018	Marta Campos	Vila Nova de Famalicão	F	SF	7		01:17:24	00:23:35
106	6026	Elsa Vilaça		F	SF	8		01:17:29	00:23:40
107	1507	Avelino Pereira	Bota&Siga	M	V50M	13		01:18:08	00:24:19
108	6105	Joaquin Dillen		M	SM	54		01:18:17	00:24:28
109	8040	José Magalhaes		M	V50M	14		01:18:18	00:24:29
110	1022	Hugo Ramos	MAGNUNSSSENS	M	SM	55		01:18:24	00:24:35
111	6094	Rafael Costa		M	SM	56		01:19:07	00:25:18
112	6052	Nuno Oliveira	CB RUN	M	SM	57		01:19:15	00:25:26
113	7079	David Siva Hleder	Bota&Siga	M	V40M	30		01:19:27	00:25:38
114	6091	Fábio Matos	TESCO TEAM RUNNING	M	SM	58		01:19:31	00:25:42
115	1010	Carina Oliveira	TESCO TEAM RUNNING	F	SF	9		01:19:32	00:25:43
116	8002	Cândido Rocha	A.D.Carril	M	V50M	15		01:20:26	00:26:37
117	6090	Pedro Pereira		M	SM	59		01:20:28	00:26:39
118	6084	Paulo Renato Andrade		M	SM	60		01:20:30	00:26:41
119	6063	Ivo Online		M	SM	61		01:20:31	00:26:42
120	7003	Vítor Andrade	Sem medo	M	V40M	31		01:20:40	00:26:51
121	6031	André Oliveira	CB RUN	M	SM	62		01:21:28	00:27:39
122	7036	Antonio Machado	Ei Team Trail	M	V40M	32		01:21:29	00:27:40
123	7038	Catarina Pereira	Ei Team Trail	F	V40F	5		01:21:31	00:27:42
124	6029	Carlos Torres	PRIMOS E COMPADRES	F	SF	10		01:22:16	00:28:27
125	7063	José Mendes	Adosa - Os Santa Apolonia	M	V40M	33		01:22:16	00:28:27
126	1040	Juliana Pinheiral	ADE Trail Running	F	SF	11		01:22:38	00:28:49
127	1530	Ana Carolina Pereira	ADE Trail Running	F	V40F	6		01:22:41	00:28:52
128	6095	João Guerra	ProFisio eupago Team	M	SM	63		01:22:50	00:29:01
129	1019	Paulo Santos	MAGNUNSSSENS	M	SM	64		01:23:23	00:29:34
130	6066	Ernesto Araújo		M	SM	65		01:23:38	00:29:49
131	6117	Mariana Araújo	Joane Corre Corre	F	SF	12		01:23:41	00:29:52
132	7043	Sergio Oliveira		M	V40M	34		01:23:51	00:30:02
133	1505	Jerusa ribeiro	APULIA A CORRER	F	V40F	7		01:23:58	00:30:09
134	8013	Goreti Sousa	ProFisio eupago Team	F	V50F	1		01:24:04	00:30:15
135	6110	Fábio Moreira		M	SM	66		01:24:05	00:30:16
136	7020	Paulo Vieira Monteiro	Amigos do Atletismo Povoense	M	V40M	35		01:24:09	00:30:20
137	6087	Leonel Carvalho	CB RUN	M	SM	67		01:24:42	00:30:53
138	6053	Vitor Oliveira	Oliveirinhas	M	SM	68		01:25:09	00:31:20
139	7015	Vitor Sá		M	V40M	36		01:25:30	00:31:41
140	7021	Armandina Torres	GDCT INCM	F	V40F	8		01:25:44	00:31:55
141	7065	Francisco Mendes	Amigos da Praça	M	V40M	37		01:25:58	00:32:09
142	1526	Eugenia Ferreira	OPRATICANTE.PT-AFIPRE TEAM	F	V50F	2		01:26:23	00:32:34
143	1525	Paulo Ferreira	OPRATICANTE.PT-AFIPRE TEAM	M	V40M	38		01:26:24	00:32:35
144	7069	João Tavares	Alma de Primeira	M	V40M	39		01:26:33	00:32:44
145	6036	José Fernando Mesquita		M	SM	69		01:26:52	00:33:03

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146	7042	Ana Alves		F	V40F	9		01:27:04	00:33:15
147	7059	Carlos Correia		M	V40M	40		01:27:07	00:33:18
148	7057	Vera Gonçalves		F	V40F	10		01:27:23	00:33:34
149	8003	José Rodrigues		M	V50M	16		01:27:33	00:33:44
150	8022	Alzira Pereira		F	V50F	3		01:27:41	00:33:52
151	7073	Nuno Dinis	Viana do Castelo	M	V40M	41		01:27:57	00:34:08
152	1527	Natalia Alves	NA BOA	F	V40F	11		01:28:19	00:34:30
153	6121	Susana Santos	Team Lantemil	F	SF	13		01:28:29	00:34:40
154	6001	Silvia Correia	Silvia	F	SF	14		01:28:41	00:34:52
155	1518	João Ramalho	ARC Vale S Cosme	M	V40M	42		01:28:50	00:35:01
156	6086	Rafael Oliveira		M	SM	70		01:28:58	00:35:09
157	6014	Pedro Sá		M	SM	71		01:29:21	00:35:32
158	7013	Manuel Pereira	Kedas Bike	M	V40M	43		01:29:24	00:35:35
159	6106	António Nunes	CB RUN	M	SM	72		01:29:25	00:35:36
160	6074	Bruno Rios	PRIMOS E COMPADRES	M	SM	73		01:30:03	00:36:14
161	6075	Diogo Antunes		M	SM	74		01:30:07	00:36:18
162	6015	Hugo Silva	Amigos da Praça	M	SM	75		01:30:10	00:36:21
163	7047	Duarte Gomes	Amigos da Praça	M	V40M	44		01:30:11	00:36:22
164	7025	José Rodrigues	Amigos da Praça	M	V40M	45		01:30:13	00:36:24
165	1535	Fernanda Monteiro	Airão Trail Team	F	V40F	12		01:30:16	00:36:27
166	7040	Sara Capilupi	CAP - Clube Atletismo Póvoa	F	V40F	13		01:30:17	00:36:28
167	7070	Márcia Coelho	Ei Team Trail	F	V40F	14		01:30:44	00:36:55
168	7012	Luís Paulo Costa		M	V40M	46		01:30:45	00:36:56
169	6065	Sónia Matos Matos		F	SF	15		01:30:52	00:37:03
170	8014	Manuel Luis Mendes Carvalho		M	V50M	17		01:31:17	00:37:28
171	6083	Tiago Veloso	TEAMSIT	M	SM	76		01:31:22	00:37:33
172	6044	Virginia Soares	Royal Wellness Center	F	SF	16		01:31:23	00:37:34
173	1503	Fernanda Macedo	Online Team	F	V50F	4		01:31:49	00:38:00
174	7071	Manuel Costa	Fama Runners	M	V40M	47		01:32:05	00:38:16
175	6039	Cátia Ferreira	TEAMSIT	F	SF	17		01:32:08	00:38:19
176	6067	Catarina Duro		F	SF	18		01:32:29	00:38:40
177	1506	Maria Teixeira Maria Teixeira	BTT Alegria // TUBANI	F	V50F	5		01:32:46	00:38:57
178	6055	Pedro Silva		M	SM	77		01:32:47	00:38:58
179	1025	Soraia Sousa	Focoteam24	F	SF	19		01:33:10	00:39:21
180	1030	Cláudia Sá		F	SF	20		01:33:25	00:39:36
181	7032	Carlos Pereira	Amigos da Praça	M	V40M	48		01:33:54	00:40:05
182	1012	Marco Marques	Amantes do Tacho	M	SM	78		01:34:03	00:40:14
183	7055	Rui Costa	Atães Guimarães	M	V40M	49		01:34:11	00:40:22
184	4062	ANDRÉ MARTINS	Tesco team	M	V40M	50		01:34:11	00:40:22
185	8027	Anabela Carvalho	Clube Trilheiros & Amigos	F	V50F	6		01:34:24	00:40:35
186	8017	Filipe Faria	Arrastadeiras Team	M	V50M	18		01:34:28	00:40:39
187	8028	Isabel Fernandes	ARC Vale S Cosme	F	V50F	7		01:35:12	00:41:23
188	6078	Ana Marisa Silva		F	SF	21		01:35:32	00:41:43
189	6068	Jaime Almeida	PRIMOS E COMPADRES	M	SM	79		01:35:33	00:41:44
190	6072	Sandra Júlio	Spin&Run Esposende	F	SF	22		01:35:45	00:41:56
191	6088	Miguel Ferreira		M	SM	80		01:36:15	00:42:26
192	7007	Guilhermina Ferreira	Team Lantemil	F	V40F	15		01:36:37	00:42:48
193	1002	Rogério Santos		M	V40M	51		01:36:37	00:42:48
194	1516	Ricardo Pimenta	VN Famalicão	M	V40M	52		01:37:43	00:43:54
195	8004	José Castro		M	V50M	19		01:38:26	00:44:37
196	7001	Georgina Ferreira		F	V40F	16		01:38:26	00:44:37
197	1509	Augusto Pinto	Little Chicken's Team	M	V50M	20		01:38:45	00:44:56
198	4019	CARLOS OLIVEIRA	PORTOCARGO RUNNERS	M	V40M	53		01:39:33	00:45:44
199	6127	Candido Ribeiro	NOVUMDUX	M	V40M	54		01:39:50	00:46:01

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200	6037	Nelson Oliveira	Casa do FC Porto de VN Famalicao	M	SM	81		01:40:05	00:46:16
201	7077	Ivone Ferraz		M	V40M	55		01:40:12	00:46:23
202	7006	LAURA VIEIRA	PORTOCARGO RUNNERS	F	V40F	17		01:40:41	00:46:52
203	8008	Paula Andrade	No Tomorrow running time	F	V50F	8		01:41:06	00:47:17
204	7031	Irene Vidal	No Tomorrow running time	F	V40F	18		01:41:06	00:47:17
205	8007	Fernando Andrade	No Tomorrow running time	M	V50M	21		01:41:08	00:47:19
206	7000	Ana Ferreira	Ei Team Trail	F	V40F	19		01:42:07	00:48:18
207	6013	Angela Alcino	juntos contra a violencia	F	SF	23		01:42:28	00:48:39
208	6017	Andreia Campos	Upss	F	SF	24		01:42:39	00:48:50
209	7044	Paulo Oliveira	Upss	M	V40M	56		01:42:39	00:48:50
210	6038	Ana Goncalves		F	SF	25		01:42:55	00:49:06
211	7054	Sónia Machado	Ei Team Trail	F	V40F	20		01:43:01	00:49:12
212	6099	Rafacla Raposo		F	SF	26		01:43:24	00:49:35
213	6049	FILIPA Vilaça		F	SF	27		01:43:29	00:49:40
214	1038	Joaquim Figueiredo	OPRATICANTE.PT-AFIPRE TEAM	M	SM	82		01:44:27	00:50:38
215	7068	Horácio Ferreira	Oliveirinhas	M	V40M	57		01:44:35	00:50:46
216	6045	Sandra Pinto	CB RUN	F	SF	28		01:44:40	00:50:51
217	6032	Elsa Silva	CB RUN	F	SF	29		01:44:45	00:50:56
218	6056	Elisabete Silva		F	SF	30		01:45:04	00:51:15
219	7004	Eduarda Mesquita		F	V40F	21		01:45:04	00:51:15
220	8010	Jorge Vale	Fama Runners	M	V50M	22		01:45:05	00:51:16
221	6109	Natalia Pereira		F	SF	31		01:45:05	00:51:16
222	8023	Manuela Ferreira	CAPV - Clube de Atletismo da Povoia de Varzim	F	V50F	9		01:45:54	00:52:05
223	7030	Adelaide Morim	CAPV - Clube de Atletismo da Povoia de Varzim	F	V40F	22		01:45:55	00:52:06
224	6120	Alexandra Lopes	Upsss team	F	SF	32		01:45:55	00:52:06
225	6040	Cristiana Campos	Upss	F	SF	33		01:45:57	00:52:08
226	6092	Ana Luísa Mendes Alves		F	SF	34		01:46:13	00:52:24
227	6011	Rosária Ferreira	Fama Runners	F	SF	35		01:46:24	00:52:35
228	7041	Carlos Maia	Fama Runners	M	V40M	58		01:47:48	00:53:59
229	1508	Mario Cunha	Go-Fama	M	V50M	23		01:47:48	00:53:59
230	7033	Rui Vilaça	Scrum Braga Rugby Veteranos	M	V40M	59		01:49:16	00:55:27
231	6080	Rui Ferreira	Figueiredos runners and friends	M	SM	83		01:49:31	00:55:42
232	1018	Sara Machado	Figueiredos runners and friends	F	SF	36		01:49:32	00:55:43
233	1529	Jorge Manuel Lamego Lamego de Sá		M	V50M	24		01:50:18	00:56:29
234	7045	Cristina Carneiro		F	V40F	23		01:50:59	00:57:10
235	7010	Manuela Cadilhe	A.D.Carril	F	V40F	24		01:51:38	00:57:49
236	6008	Paula Cardoso	A.D.Carril	F	SF	37		01:51:38	00:57:49
237	7064	jorge França	casal robusto	M	V40M	60		01:51:50	00:58:01
238	7058	Ana Teixeira	casal robusto	F	V40F	25		01:51:54	00:58:05
239	1528	Maria da Conceição Dias Ferreira		F	V50F	10		01:52:09	00:58:20
240	7008	Hugo Ribeiro	Barbatana Trail Team	M	V40M	61		01:52:50	00:59:01
241	7009	Ana Silva Ribeiro	Barbatana Trail Team	F	V40F	26		01:52:53	00:59:04
242	7056	Sandra Carvalho	Sem medo	F	V40F	27		01:52:59	00:59:10
243	7019	Paula Silva	Sem medo	F	V40F	28		01:53:00	00:59:11
244	6007	Fátima Marinho	Sem medo	F	SF	38		01:53:01	00:59:12
245	6019	Marcela Fernandes	CB RUN	F	SF	39		01:54:31	01:00:42
246	6082	Cátia Vieira	CB RUN	F	SF	40		01:54:31	01:00:42
247	7051	Sandra Pinto	Corredores da Noite	F	V40F	29		01:54:55	01:01:06
248	7050	Maria Moreira	Corredores da Noite	F	V40F	30		01:54:56	01:01:07

Pos	Dorsal	Nome	Clube	Sexo	Escalao	P_Esc	Tempo	Diferenca
249	7023	Silvia Ferreira	Kedas Bike	F	V40F	31	01:55:02	01:01:13
250	1001	Henrique Loureiro		M	SM	84	01:56:53	01:03:04
251	8020	José Manuel Martins	Família Lima	M	V50M	25	01:59:28	01:05:39
252	8000	João Machado	Família Lima	M	V50M	26	01:59:28	01:05:39
253	6112	Adriana Martins	Família Lima	F	SF	41	01:59:28	01:05:39
254	6113	Maria Inês Martins	Família Lima	F	SF	42	01:59:28	01:05:39
255	6098	Andreia Fernandes	Bodyline Team	F	SF	43	01:59:35	01:05:46
256	7037	susana ferreira	Bodyline Team	F	V40F	32	01:59:35	01:05:46
257	8026	Antónia Azevedo	Bodyline Team	F	V50F	11	01:59:36	01:05:47
258	6047	Marta Pinto		F	SF	44	02:00:28	01:06:39
259	1006	Daniel Oliveira	ARC Vale S Cosme	M	SM	85	02:00:29	01:06:40
260	6034	Paula Azevedo	Trofam team	F	SF	45	02:04:28	01:10:39
261	6064	Manuela Jesus		F	SF	46	02:08:21	01:14:32
262	6111	Vânia Campos	VIA SAUDAVEL	F	SF	47	02:11:57	01:18:08
263	6119	João Martins	Amigos da Praça	M	SM	86	02:14:21	01:20:32
264	8025	Orquidea Maria Sousa Ferreira		F	V50F	12	02:16:30	01:22:41
265	8021	Manuel Costa	Corredores da Noite	M	V50M	27	02:22:48	01:28:59
266	6021	Joana Pena		F	SF	48	02:26:02	01:32:13