

## Trail Beselga



### Classificação Geral Conjunta Trail Longo 30,00 Km.

Pos.	Dor.	Nome	Clube	Cat.	Pos.	Tempo	T/Km.	Dif.
1	1	David Rodrigues Quelhas,	Coimbra Trail Running	SN2520	1	2:15:09.31	04:30	
2	15	João André Lousada Ferrei	Coimbra Trail Running	SN2520	2	2:32:23.08	05:05	0:17:14
3	8	Luis Carlos Ferreira Coim	Individual	SN2520	3	2:34:40.43	05:09	0:19:31
4	20	rui manuel da silva gomes,	GD OS RIBEIRINHOS	M2540	1	2:37:07.58	05:14	0:21:59
5	14	Marco Aurélio Cardoso Loj	Individual	SN2520	4	2:38:35.04	05:17	0:23:26
6	21	Rui Jorge Simões Carrito,	Coimbra pelo Mundo	SN2520	5	2:39:23.73	05:19	0:24:15
7	7	Cristóvão Ferreira Chaves,	RUNNERS DO DEMO	SN2520	6	2:49:19.81	05:39	0:34:11
8	6	Pedro Alexandre Sousa, o	RUNNERS DO DEMO	M2540	2	2:53:47.83	05:48	0:38:39
9	13	Humberto Teixeira, o	Viriathvs Runners Viseu	M2540	3	2:58:12.53	05:56	0:43:04
10	18	antonio monteiro, o	NSLcoes da Fronteira	M2540	4	2:59:35.45	05:59	0:44:26
11	22	Hélder de Albuquerque, o	B.V. Sátão	SN2520	7	3:04:38.64	06:09	0:49:30
12	23	Lisandra de Albuquerque, :	B.V.Sátão	SF2520	1	3:11:42.36	06:23	0:56:33
13	12	José dos Santos Gomes, o	Individual	M2540	5	3:12:54.28	06:26	0:57:45
14	16	André Filipe Paiva Loureir	Farmácia Luciano e Mato	SN2520	8	3:12:55.99	06:26	0:57:47
15	19	Bruno Bispo, o	FFitness Team	SN2520	9	3:24:31.00	06:49	1:09:22
16	2	Armanda Fernandes Barro	"Grupo Desportivo ""Os F	SF2520	2	3:25:26.03	06:51	1:10:17
17	3	Clemente Martins Pinto, o	"Grupo Desportivo ""Os F	SN2520	10	3:25:27.94	06:51	1:10:19
18	4	Pedro Baldaia Rodrigues, c	GRANJA, CAPITAL DO	SN2520	11	3:44:05.55	07:28	1:28:57
19	10	Sónia Alexandra martins,	Ribeirinhos Trail	SF2520	3	4:33:56.45	09:08	2:18:47
20	11	Sandra Paula Oliveira, a	Ribeirinhos Trail	MF2540	1	4:33:56.74	09:08	2:18:48