

Pos.	Dorsal	Nome	Equipa	Tempo	Diferença	Escalão
1	833	Andreia Amorim	Gondomar Futsal Club	01:28:28.607	00:00:00.000	F-Seniores
2	481	Sandra Pera	Individual	01:31:50.110	00:03:21.503	F-Seniores
3	119	Joana Ribeiro	Trailrunners	01:36:47.120	00:08:18.513	F-Seniores
4	516	Lia Ferreira	Elite Gym	01:38:28.063	00:09:59.456	F-Seniores
5	344	Sandra Cardoso	Baguim Runners	01:38:34.133	00:10:05.526	F-M40
6	454	Ana Santos	Cmc - Uf Custóias, Leça Do Balio E Guifô	01:38:58.633	00:10:30.026	F-Seniores
7	346	Maria Ferreira	Correr Leça	01:42:19.393	00:13:50.786	F-M40
8	257	Alice Sousa	Dr.Merino/4Moove	01:45:20.643	00:16:52.036	F-M40
9	207	Carla Barros	Ss Montepio	01:47:40.647	00:19:12.040	F-M40
10	436	Anabela Cordeiro	Individual	01:48:11.897	00:19:43.290	F-Seniores
11	224	Sara Silva	Individual	01:49:01.983	00:20:33.376	F-Seniores
12	232	Emanuel Dias	One More Mile	01:49:20.400	00:20:51.793	F-Seniores
13	18	Patricia Ribeiro	Individual	01:50:14.660	00:21:46.053	F-Seniores
14	21	Renata	Ei Team Trail	01:50:15.403	00:21:46.796	F-Seniores
15	356	Liliana Alves	Alive Runners	01:50:22.903	00:21:54.296	F-Seniores
16	53	Prezzi Dulce	Correr Leça	01:50:33.403	00:22:04.796	F-Seniores
17	120	Soraia Moreira	Trailrunners	01:52:23.707	00:23:55.100	F-Seniores
18	27	Liseta Pinto	Nice Runners	01:54:39.410	00:26:10.803	F-M40
19	142	Inês Pires	Beat Your Limit!	01:55:48.673	00:27:20.066	F-Seniores
20	327	Maria Fonseca	Equipa João Ferreira	01:57:55.913	00:29:27.306	F-M40
21	329	Rita Gonçalves	Equipa João Ferreira	01:57:57.423	00:29:28.816	F-M40
22	367	Isabel Queiros	Rosário Extreme	01:59:54.423	00:31:25.816	F-M40
23	352	Ana Dias	Team Lantemil	02:00:41.177	00:32:12.570	F-Seniores
24	330	Inês Nicolau	Equipa João Ferreira	02:02:04.193	00:33:35.586	F-M40
25	307	Susana Luis	Lion Runners - G. D. Leões Da Guarda	02:02:45.933	00:34:17.326	F-M40
26	331	Sandra Cunha	Equipa João Ferreira	02:05:41.937	00:37:13.330	F-M40
27	482	Maria Cordeiro	Individual	02:06:20.940	00:37:52.333	F-Seniores
28	253	Salgueirinho	Individual	02:06:54.940	00:38:26.333	F-Seniores
29	22	Cândida Vilas-Boas	Clube Zupper	02:07:11.697	00:38:43.090	F-M40
30	233	Cristiana Nogueira	One More Mile	02:08:58.693	00:40:30.086	F-Seniores
31	255	Ana Pestana	Individual	02:09:25.693	00:40:57.086	F-M40
32	406	Ana Fragateiro	Carapaus	02:10:55.197	00:42:26.590	F-Seniores
33	151	Cristina	Individual	02:11:23.947	00:42:55.340	F-Seniores
34	268	Joana Rocha	Individual	02:14:00.703	00:45:32.096	F-Seniores
35	267	Lucinda Mouta	Individual	02:14:01.207	00:45:32.600	F-Seniores
36	38	Raquel Almeida	Individual	02:14:25.457	00:45:56.850	F-Seniores
37	301	Carina Silva	Lion Runners - G. D. Leões Da Guarda	02:14:37.207	00:46:08.600	F-M40
38	281	Alexandra Azevedo	Clínica Médica Da Foz	02:14:42.207	00:46:13.600	F-Seniores
39	334	Manela Dias	Individual	02:14:46.207	00:46:17.600	F-M40
40	103	Patrícia	Correr Leça	02:14:53.207	00:46:24.600	F-M40
41	372	Sandra Domingues	Running Team Maia	02:15:15.457	00:46:46.850	F-M40
42	377	Susana Magalhães	Running Team Maia	02:15:34.957	00:47:06.350	F-Seniores
43	121	Paulina Soares	Individual	02:15:45.460	00:47:16.853	F-M50
44	50	Ana Duarte	Correr Leça	02:16:01.717	00:47:33.110	F-Seniores
45	308	Joana Martins	Lion Runners - G. D. Leões Da Guarda	02:16:23.713	00:47:55.106	F-M40
46	249	Ana Silva	Individual	02:17:12.717	00:48:44.110	F-Seniores
47	298	Raquel Santos	Lion Runners - G. D. Leões Da Guarda	02:17:47.213	00:49:18.606	F-Seniores
48	263	Ana Martins	Team Lantemil	02:18:44.973	00:50:16.366	F-M40
49	132	Cristina Jesus	Beat Your Limit!-	02:19:47.220	00:51:18.613	F-Seniores
50	264	Magalhaes	Anjos Do Bosque	02:20:11.720	00:51:43.113	F-M40
51	471	Silvia Faria	Individual	02:20:13.720	00:51:45.113	F-Seniores
52	51	Candocas	Correr Leça	02:20:14.217	00:51:45.610	F-Seniores
53	474	Isabel Salgueirinho	Individual	02:20:14.720	00:51:46.113	F-Seniores
54	397	Antónia Guerra	Carapaus	02:20:25.227	00:51:56.620	F-Seniores
55	459	Carla Nunes	Carapaus	02:20:25.977	00:51:57.370	F-M40
56	399	Marta Amaro	Carapaus	02:20:26.990	00:51:58.383	F-Seniores
57	100	Edite Gonçalves	Individual	02:21:28.223	00:52:59.616	F-Seniores
58	404	Adelaide Pereira	Carapaus	02:21:31.730	00:53:03.123	F-M50
59	175	Sara Pinto	Individual	02:21:59.233	00:53:30.626	F-Seniores
60	122	Graciete	Individual	02:22:08.227	00:53:39.620	F-M40
61	44	Susana	Individual	02:22:27.483	00:53:58.876	F-M40
62	408	Conceição Remédios	Carapaus	02:22:58.733	00:54:30.126	F-M50
63	503	Cláudia Campos	Individual	02:23:13.463	00:54:44.856	F-Seniores
64	393	Andreia	Carapaus	02:23:23.480	00:54:54.873	F-Seniores
65	413	Rosário Lamoso	Carapaus	02:23:24.477	00:54:55.870	F-Seniores
66	415	Paula Barreira	Carapaus	02:23:25.727	00:54:57.120	F-M50
67	414	Regina Lamoso	Carapaus	02:23:26.477	00:54:57.870	F-Seniores
68	412	Cristina Couto	Carapaus	02:23:30.480	00:55:01.873	F-M40
69	500	Sandra Ferreira	Individual	02:23:46.977	00:55:18.370	F-Seniores
70	499	Marta Silva	Individual	02:23:47.227	00:55:18.620	F-Seniores
71	464	Rafaela Rocha	Rafaelarocha	02:23:47.977	00:55:19.370	F-Seniores
72	463	Carla Rocha	Carla Rocha	02:23:48.977	00:55:20.370	F-M40
73	407	Cristina Ribeiro	Carapaus	02:23:51.480	00:55:22.873	F-M50
74	93	Cristina	Ases	02:23:54.983	00:55:26.376	F-M40
75	87	Xana	Individual	02:26:06.020	00:57:37.413	F-Seniores
76	165	Inês Arcos	Individual	02:26:15.983	00:57:47.376	F-Seniores
77	98	Pintinhas	Lourival Bike Team	02:27:10.987	00:58:42.380	F-Seniores
78	456	Gisela Santos	Individual	02:27:11.483	00:58:42.876	F-Seniores
79	450	Lurdes Monteiro	Individual	02:27:16.237	00:58:47.630	F-M50
80	7	Cátia Teixeira	Individual	02:27:18.987	00:58:50.380	F-Seniores
81	66	Sandra Amorim	Monte Dos Amigis /Juventude Ribeiras	02:27:34.737	00:59:06.130	F-M40
82	196	Sofia	Individual	02:27:46.240	00:59:17.633	F-Seniores
83	48	Carla Caria	Individual	02:28:48.490	01:00:19.883	F-M40
84	29	Mariana Costa	Individual	02:28:48.740	01:00:20.133	F-M40

Pos.	Dorsal	Nome	Equipa	Tempo	Diferença	Escalão
85	235	Alcina Ferreira	Caipicompany	02:29:27.747	01:00:59.140	F-M40
86	483	Isabel Santo	Caipicompany	02:29:27.990	01:00:59.383	F-M40
87	239	Sheila Ferreira	Caipicompany	02:29:28.247	01:00:59.640	F-Seniores
88	242	Fachabore	Caipicompany	02:29:56.490	01:01:27.883	F-Seniores
89	384	Claudia Novais	Individual	02:31:13.993	01:02:45.386	F-Seniores
90	348	Sandra Morgado	Correr Leça	02:31:34.030	01:03:05.423	F-M40
91	523	Sofia Ferraz	Elite Gym	02:32:51.503	01:04:22.896	F-Seniores
92	522	Liliana Barbosa	Elite Gym	02:32:52.747	01:04:24.140	F-Seniores
93	76	Lili Q.	Individual	02:33:35.257	01:05:06.650	F-Seniores
94	75	Elisabete	Individual	02:33:36.003	01:05:07.396	F-Seniores
95	79	Elsa A.	Individual	02:33:38.757	01:05:10.150	F-Seniores
96	395	Cláudia Gomes	Carapaus	02:34:21.500	01:05:52.893	F-M40
97	396	Natividade Esteves	Carapaus	02:34:22.000	01:05:53.393	F-M50
98	270	Catarina Moreira	Individual	02:34:50.000	01:06:21.393	F-Seniores
99	80	Sandra	Individual	02:35:04.000	01:06:35.393	F-Seniores
100	140	Mariana Marta	Beat Your Limit!	02:35:47.003	01:07:18.396	F-Seniores
101	292	Laura Vieira	Portocargo	02:35:49.257	01:07:20.650	F-M40
102	293	Isabel Vieira	Gd Bairro Dos Pescadores De Mts	02:36:17.507	01:07:48.900	F-Seniores
103	138	Carla Frasco	Beat Your Limit!	02:36:24.757	01:07:56.150	F-Seniores
104	1	Paula Morais	Individual	02:36:25.007	01:07:56.400	F-Seniores
105	134	Tânia Rebelo	Beat Your Limit!	02:36:26.257	01:07:57.650	F-Seniores
106	319	Ana Lourenço	União De Freguesias Custóias, Leça Do Ba	02:36:29.753	01:08:01.146	F-M40
107	9	Teresa Pinhal	Individual	02:36:32.510	01:08:03.903	F-M40
108	77	Laura Costa	Individual	02:36:39.757	01:08:11.150	F-Seniores
109	155	Ana Trindade	#Tamosquasenoscinquenta#	02:37:27.257	01:08:58.650	F-M50
110	158	Isabel Henriques	#Tamosquasenoscinquenta#	02:37:29.007	01:09:00.400	F-M40
111	300	Bi Lima	Lion Runners - G. D. Leões Da Guarda	02:37:37.017	01:09:08.410	F-M40
112	448	Raquel	Team Lantemil	02:38:03.510	01:09:34.903	F-Seniores
113	449	Liliana	Team Lantemil	02:38:04.267	01:09:35.660	F-Seniores
114	154	Rosário Cunha	#Tamosquasenoscinquenta#	02:39:08.293	01:10:39.686	F-M50
115	269	Maria Silva	Individual	02:39:09.760	01:10:41.153	F-M50
116	431	Susana Mano	União De Freguesias Custóias, Leça Do Ba	02:39:14.263	01:10:45.656	F-Seniores
117	432	Joana Santos	União De Freguesias Custóias, Leça Do Ba	02:40:07.263	01:11:38.656	F-Seniores
118	157	Ana Moreira	#Tamosquasenoscinquenta#	02:40:10.800	01:11:42.193	F-M40
119	210	Susana Fontes	Ss Montepio	02:40:30.263	01:12:01.656	F-M40
120	221	Manuela Viterbo	Grupo 46	02:40:56.773	01:12:28.166	F-M50
121	26	Ana Chaves	"Trailistas ""Eu É Que Sei!"""	02:41:04.767	01:12:36.160	F-Seniores
121	188	Sónia	Individual	02:41:04.767	01:12:36.160	F-Seniores
122	297	Daniela Silva	Lion Runners - G. D. Leões Da Guarda	02:41:41.517	01:13:12.910	F-Seniores
123	177	Maria Jesus	Leões De Tardariz Trail	02:42:43.020	01:14:14.413	F-M40
124	363	Fátima Silva	Individual	02:46:18.530	01:17:49.923	F-M40
125	174	Telma Monteiro	Individual	02:46:53.537	01:18:24.930	F-M50
126	369	Cláudia Meireles	Running Team Maia	02:47:00.030	01:18:31.423	F-M40
127	371	Anabela Oliveira	Running Team Maia	02:47:00.527	01:18:31.920	F-M40
128	485	Ines Leal	Individual	02:47:32.280	01:19:03.673	F-Seniores
129	99	Ilda Saraiva	Individual	02:48:04.280	01:19:35.673	F-Seniores
130	169	Regina Ferreira	Individual	02:48:05.537	01:19:36.930	F-Seniores
131	56	Laura	Correr Leça	02:48:11.543	01:19:42.936	F-Seniores
132	277	Veloso	Running Machines	02:48:45.027	01:20:16.420	F-Seniores
133	278	Fernanda Teixeira	Running Machines	02:48:45.533	01:20:16.926	F-Seniores
134	35	Monica Jesus	Individual	02:49:04.783	01:20:36.176	F-M40
135	381	Claudia Santos	Individual	02:49:08.037	01:20:39.430	F-Seniores
136	358	Liliana	Equipa Boot	02:49:08.043	01:20:39.436	F-Seniores
137	368	Barbara Gonçalves	Individual	02:49:08.783	01:20:40.176	F-Seniores
138	110	Marta Leite	Budeguita Runners	02:49:51.007	01:21:22.400	F-M40
139	271	Sandra Soares	Budeguita Runners	02:49:52.350	01:21:23.743	F-M40
140	305	Fernanda Couto	Lion Runners - G. D. Leões Da Guarda	02:50:21.037	01:21:52.430	F-M50
141	62	Saozinha	Monte Dos Amigis /Juventude Ribeiras	02:50:46.800	01:22:18.193	F-Seniores
142	67	Paula Coutinho	Monte Dos Amigis /Juventude Ribeiras	02:50:47.037	01:22:18.430	F-M40
143	349	Vera Crista	Clube Desportivo Cepsa	02:51:18.797	01:22:50.190	F-Seniores
144	487	Paula Pinto	Budeguita Runners	02:51:19.787	01:22:51.180	F-M40
145	465	Andreia Pinto	Individual	02:52:19.290	01:23:50.683	F-Seniores
146	466	Andreia Pinto	Individual	02:52:20.540	01:23:51.933	F-M40
147	218	Sandro Oliveira	Leões De Tardariz Trail	02:52:49.540	01:24:20.933	F-M40
148	342	Fernanda Dias	Individual	02:55:15.050	01:26:46.443	F-M40
149	71	Magda Silva	Dieselinvicta	02:55:15.307	01:26:46.700	F-M40
150	226	Lucilia Cadavez	Run For Life	02:55:30.730	01:27:02.123	F-M50
151	236	Joaninha	Five In Shape	02:55:42.713	01:27:14.106	F-Seniores
152	452	Olinda	Five In Shape	02:55:53.557	01:27:24.950	F-M50
153	72	Sandra Miranda	Dieselinvicta	02:55:58.047	01:27:29.440	F-Seniores
154	194	Silvia Pinto	Estoira Trails	02:56:03.297	01:27:34.690	F-Seniores
155	127	Sandra Colaço	Individual	02:56:33.800	01:28:05.193	F-Seniores
156	146	Ana Pereira	Individual	02:56:34.550	01:28:05.943	F-M40
157	102	Elsa Araújo	Individual	02:57:25.550	01:28:56.943	F-Seniores
158	172	Maria Silva	Individual	02:57:27.303	01:28:58.696	F-Seniores
159	279	Daniela Felizardo	Running Machines	02:57:28.800	01:29:00.193	F-Seniores
160	124	Liliana Pereira	Individual	02:57:38.300	01:29:09.693	F-Seniores
161	380	Gisela Silveira	Individual	02:57:41.303	01:29:12.696	F-Seniores
162	435	Susana Dias	União De Freguesias Custóias, Leça Do Ba	02:57:42.050	01:29:13.443	F-Seniores
163	374	Isabel Oliveira	Running Team Maia	02:57:55.553	01:29:26.946	F-Seniores
164	230	Helena Oliveira	Let'S Go	02:58:27.053	01:29:58.446	F-M40
165	125	Isabel Macedo	Pari Passu	02:58:30.053	01:30:01.446	F-M40
166	164	Diana Brandão	Individual	02:58:31.303	01:30:02.696	F-M40
167	65	Helena Roxo	Monte Dos Amigis /Juventude Ribeiras	02:59:02.303	01:30:33.696	F-M40

Pos.	Dorsal	Nome	Equipa	Tempo	Diferença	Escalão
168	69	Helena Lima	Lion Runners - G. D. Leões Da Guarda	02:59:10.307	01:30:41.700	F-Seniores
169	303	Cláudia Cunha	Lion Runners - G. D. Leões Da Guarda	02:59:10.803	01:30:42.196	F-Seniores
170	229	Leonor Azevedo	Let'S Go	02:59:30.057	01:31:01.450	F-M40
171	228	Sandra Martins	Let'S Go	02:59:31.057	01:31:02.450	F-M40
172	275	Claudia Martins	The Outsiders Running Trail Team	02:59:47.057	01:31:18.450	F-Seniores
173	274	Sofia Neves	The Outsiders Running Trail Team	02:59:48.317	01:31:19.710	F-Seniores
174	296	Joana Freitas	Portocargo	02:59:53.557	01:31:24.950	F-Seniores
175	85	Sonia	Individual	03:01:27.063	01:32:58.456	F-Seniores
176	326	Cátia Correia	Zé De Vêr	03:02:30.313	01:34:01.706	F-Seniores
177	129	Carina Mendes	Os Lidadores	03:02:49.063	01:34:20.456	F-Seniores
178	385	Manuela	Os Lidadores	03:02:50.073	01:34:21.466	F-M50
179	386	Rita Pereira	Os Lidadores	03:02:50.323	01:34:21.716	F-Seniores
180	186	Eva M	Dez	03:03:06.320	01:34:37.713	F-Seniores
181	390	Margarida Júlio	Os Lidadores	03:03:17.317	01:34:48.710	F-M50
182	389	Ana Barbosa	Os Lidadores	03:03:18.813	01:34:50.206	F-Seniores
183	288	Beatriz Faria	Portocargo	03:03:22.313	01:34:53.706	F-Seniores
184	135	Ana Ferreira	Beat Your Limit!	03:09:41.077	01:41:12.470	F-Seniores
185	443	Iris	Amazing Segment	03:11:46.583	01:43:17.976	F-Seniores
186	440	Adriana	Amazing Segment	03:12:55.337	01:44:26.730	F-M40
187	437	Santos	Amazing Segment	03:12:57.087	01:44:28.480	F-M50
188	183	Silvina Pais	Individual	03:16:57.343	01:48:28.736	F-M50
188	182	Emília Cabral	Individual	03:16:57.343	01:48:28.736	F-M40
189	295	Adelaide Freitas	Portocargo	03:17:07.593	01:48:38.986	F-M40
190	428	Candida	Individual	03:17:13.093	01:48:44.486	F-Seniores
191	40	Paula Ferraz	Individual	03:17:40.343	01:49:11.736	F-M40
192	84	Mariana Almeida	Individual	03:21:36.260	01:53:07.653	F-Seniores
193	427	Belinha	Individual	03:22:17.113	01:53:48.506	F-M50
194	424	Ana Brandão	Individual	03:22:20.853	01:53:52.246	F-Seniores
195	426	Rosa	Individual	03:22:35.357	01:54:06.750	F-M50
196	160	Maria Castro	Leões De Tardariz Trail	03:22:51.607	01:54:23.000	F-Seniores
197	41	Sandra Ribeiro	Amigas	03:25:31.610	01:57:03.003	F-M40
198	42	Patrícia Pinto	Amigas	03:25:32.870	01:57:04.263	F-Seniores
199	493	Susana Ribeiro	Sonae Norteshopping	03:27:01.877	01:58:33.270	F-Seniores
200	315	Cristiana Silva	Sonae Norteshopping	03:27:01.880	01:58:33.273	F-Seniores
201	476	Helena Nunes	Individual	03:27:17.203	01:58:48.596	F-M50
202	285	Alice Machado	Individual	03:27:23.617	01:58:55.010	F-M50
203	284	Anabela Veiga	Individual	03:27:30.377	01:59:01.770	F-M50
204	335	Carina Moreira	Individual	03:27:42.623	01:59:14.016	F-Seniores
205	441	Conceição	Amazing Segment	03:29:47.907	02:01:19.300	F-M40
206	521	Monica Camilo	Elite Gym	03:30:02.623	02:01:34.016	F-Seniores
207	517	Cremilda Pinto	Elite Gym	03:30:04.620	02:01:36.013	F-M50
208	382	Sandra Peneda	Lion Runners - G. D. Leões Da Guarda	03:30:11.873	02:01:43.266	F-Seniores
209	310	Claudia Aguiar	Lion Runners - G. D. Leões Da Guarda	03:30:13.627	02:01:45.020	F-Seniores
210	309	Gabriela Aguiar	Lion Runners - G. D. Leões Da Guarda	03:30:13.940	02:01:45.333	F-Seniores
211	446	Elizabete	Amazing Segment	03:30:17.373	02:01:48.766	F-M50
212	442	Carla	Amazing Segment	03:30:17.873	02:01:49.266	F-M40
213	114	Virginia Teixeira	Budeguita Runners	03:33:09.380	02:04:40.773	F-M40
214	23	Susana Leal	Individual	03:33:33.387	02:05:04.780	F-M40
215	184	Xana	Individual	03:33:51.880	02:05:23.273	F-M40
216	354	Carla Teixeira	Individual	03:36:51.150	02:08:22.543	F-M40
217	355	Marta Antunes	Individual	03:36:52.887	02:08:24.280	F-M40
218	353	Carla Botelho	Individual	03:40:18.147	02:11:49.540	F-M40
219	444	Fernanda	Amazing Segment	03:46:31.657	02:18:03.050	F-M50
220	108	Sandra Soares	Individual	03:47:12.907	02:18:44.300	F-M40
221	272	Marta Amorim	Individual	03:47:13.907	02:18:45.300	F-M40
222	202	Fernanda Ferreira	Clube Desportivo Cepssa	03:51:54.920	02:23:26.313	F-M50
223	391	Diana Moreira	Cmc - Uf Custóias, Leça Do Balio E Guifõ	04:20:04.480	02:51:35.873	F-Seniores

Pos.	Dorsal	Nome	Equipa	Tempo	Diferença	Escalão
1	133	João Laranjeira	Beat Your Limit!	01:10:13.060	00:00:00.000	M-Seniores
2	17	Helder Rodrigues	Individual	01:11:42.813	00:01:29.753	M-Seniores
3	31	Joaquim Madureira	Clube Zupper	01:15:36.017	00:05:22.957	M-M40
4	131	Carlos Jesus	Beat Your Limit!	01:17:42.827	00:07:29.767	M-Seniores
5	33	Nelson Pinto	Individual	01:20:42.333	00:10:29.273	M-M40
6	145	Rui Silva	Beat Your Limit!	01:20:57.587	00:10:44.527	M-Seniores
7	461	José Dias	Ctad - Trilhos De Cinfães	01:20:59.337	00:10:46.277	M-M40
8	189	Hugo Landolt	Individual	01:22:02.587	00:11:49.527	M-M40
9	215	Ricardo Rocha	Fast Ao Km	01:24:07.100	00:13:54.040	M-M40
10	205	Fernando Crista	Clube Desportivo Cepssa	01:25:06.347	00:14:53.287	M-M50
11	136	Hugo Azevedo	Beat Your Limit!	01:26:32.097	00:16:19.037	M-Seniores
12	61	Tiago Montalvão	Correr Leça	01:28:28.607	00:18:15.547	M-Seniores
13	144	José Carlos	Beat Your Limit!	01:29:22.357	00:19:09.297	M-Seniores
14	422	Paulo Cerqueira	Siiiga	01:29:25.857	00:19:12.797	M-M40
15	234	Eduardo Xavier	Clube Trilheiros & Amigos	01:29:29.353	00:19:16.293	M-Seniores
16	259	Carlos Sousa	Team Lantemil	01:30:33.107	00:20:20.047	M-Seniores
17	209	Pedro Machado	Ss Montepio	01:31:18.860	00:21:05.800	M-Seniores
18	480	Jaime Sousa	Individual	01:31:42.617	00:21:29.557	M-M40
19	11	Antonio Nascimento	Beat Your Limit!	01:31:56.113	00:21:43.053	M-M40
20	337	Rui Meireles	Individual	01:32:56.610	00:22:43.550	M-M40
21	45	Henrique Silva	Individual	01:34:04.857	00:23:51.797	M-M40
22	496	Alcino Glória	Matosinhos Mar De Desporto	01:35:06.123	00:24:53.063	M-M50
23	283	Zé Manel	Fugitivos Urbanos - Clínica Saúde	01:35:13.117	00:25:00.057	M-Seniores
24	266	Jorge Nápoles	Individual	01:36:43.127	00:26:30.067	M-M40
25	117	André Mendes	Trailrunners	01:36:46.623	00:26:33.563	M-Seniores
26	116	Bruno Mendes	Trailrunners	01:36:58.380	00:26:45.320	M-Seniores
27	173	António Pires	Contacto Running	01:37:17.880	00:27:04.820	M-M40
28	328	Joaquim Bento	Equipa João Ferreira	01:37:50.127	00:27:37.067	M-M50
29	515	João Alves	Elite Gym	01:38:25.383	00:28:12.323	M-Seniores
30	343	Vitor Cardoso	Baguim Runners	01:38:34.133	00:28:21.073	M-M40
31	519	Diogo Vale	Elite Gym	01:38:57.377	00:28:44.317	M-Seniores
31	520	Paulo Pires	Elite Gym	01:38:57.377	00:28:44.317	M-Seniores
32	191	Luís Ferreira	Individual	01:38:58.627	00:28:45.567	M-Seniores
33	433	Rui Borges	União De Freguesias Custóias, Leça Do Ba	01:39:03.627	00:28:50.567	M-M40
34	150	Ruben Moreira	Individual	01:39:14.137	00:29:01.077	M-Seniores
35	49	Torpedo	Correr Leça	01:39:28.127	00:29:15.067	M-M40
36	245	Ricardo Novais	Individual	01:40:09.130	00:29:56.070	M-Seniores
37	90	Rui	Individual	01:40:29.130	00:30:16.070	M-Seniores
38	19	Carlos Pereira	Individual	01:40:43.380	00:30:30.320	M-M40
39	83	P.Hernani	Individual	01:40:59.883	00:30:46.823	M-M40
40	260	Bruno Moreira	Team Lantemil	01:42:35.633	00:32:22.573	M-Seniores
41	252	Daniel Amaral	Studio Sun & Beauty	01:42:48.637	00:32:35.577	M-Seniores
42	394	Paulo Costa	Carapaus	01:43:10.887	00:32:57.827	M-M40
43	139	Gil Castro	Beat Your Limit!	01:43:37.647	00:33:24.587	M-Seniores
44	351	Alberto Brandão	Clube Desportivo Cepssa	01:43:39.637	00:33:26.577	M-M40
45	321	Miguel Almeida	União De Freguesias Custóias, Leça Do Ba	01:43:47.887	00:33:34.827	M-Seniores
46	94	Domingos	Individual	01:43:57.137	00:33:44.077	M-M50
47	361	Manuel Gomes	Team Shark	01:44:03.137	00:33:50.077	M-Seniores
48	206	Alexandre Leite	Ss Montepio	01:44:08.137	00:33:55.077	M-M40
49	163	Manuel Almeida	Individual	01:44:35.390	00:34:22.330	M-M50
50	92	Eduardo	Individual	01:44:46.390	00:34:33.330	M-Seniores
51	192	Américo Ferreira	Individual	01:45:11.390	00:34:58.330	M-M50
52	8	Victor Marques	Individual	01:45:11.890	00:34:58.830	M-M40
53	338	Ruben Silva	Individual	01:46:28.397	00:36:15.337	M-Seniores
54	350	Hugo Rabaça	Clube Desportivo Cepssa	01:48:12.147	00:37:59.087	M-Seniores
55	265	Helder Correia	Run For Life	01:48:14.237	00:38:01.177	M-Seniores
56	216	Manuel Rocha	Fast Ao Km	01:48:15.907	00:38:02.847	M-M50
57	118	Rui Gonçalves	Trailrunners	01:48:21.653	00:38:08.593	M-Seniores
58	115	Miguel Mendes	Trailrunners	01:48:22.150	00:38:09.090	M-Seniores
59	417	Miguel Oliveira	Siiiga	01:48:25.153	00:38:12.093	SEscalao
60	246	Joaquim Seca	Alto Relevo	01:49:02.650	00:38:49.590	M-M50
61	244	Jaime Ribeiro	Individual	01:49:25.150	00:39:12.090	M-Seniores
62	383	Carlos Figueiredo	Individual	01:49:33.150	00:39:20.090	M-M40
63	514	José Luis	Elite Gym	01:49:43.157	00:39:30.097	M-M50
64	95	Filipe Pereira	Nowateam	01:49:49.407	00:39:36.347	M-Seniores
65	28	"Maneka ;"	Individual	01:50:13.150	00:40:00.090	M-M50
66	258	Rui Pereira	Team Lantemil	01:50:14.153	00:40:01.093	M-Seniores
67	59	Rui Santos	Correr Leça	01:50:34.910	00:40:21.850	M-Seniores
68	57	Nuno Morgado	Correr Leça	01:50:35.153	00:40:22.093	M-M40
69	25	Pedro Sampaio	Individual	01:50:51.903	00:40:38.843	M-Seniores
70	20	Delfim	Ei Team Trail	01:51:31.223	00:41:18.163	M-M40
71	250	Igor Azevedo	Nowateam	01:52:38.157	00:42:25.097	M-Seniores
72	291	Paulo Ferreira	Portocargo	01:53:06.410	00:42:53.350	M-M40
73	458	Ze Fidalgo	Carapaus	01:53:17.160	00:43:04.100	M-M40
74	187	Zé Mau	Dez	01:53:28.657	00:43:15.597	M-M50
75	302	Paulo Ribeiro	Lion Runners - G. D. Leões Da Guarda	01:55:08.420	00:44:55.360	M-M40
76	199	Francisco Mendes	Clube Desportivo Cepssa	01:55:08.913	00:44:55.853	M-Seniores
77	299	Miguel Fonseca	Lion Runners - G. D. Leões Da Guarda	01:55:14.420	00:45:01.360	M-M40
78	306	João Pedro	Lion Runners - G. D. Leões Da Guarda	01:55:16.663	00:45:03.603	M-Seniores
79	498	Fernando Teixeira	Team Medis	01:55:37.913	00:45:24.853	M-M40
80	137	Nuno Santos	Beat Your Limit!	01:55:49.417	00:45:36.357	M-Seniores
81	324	David Azevedo	Individual	01:55:52.667	00:45:39.607	M-M40
82	231	Helder Magalhães	One More Mile	01:56:22.673	00:46:09.613	M-Seniores
83	518	Fábio Pinto	Elite Gym	01:56:47.927	00:46:34.867	M-Seniores

Pos.	Dorsal	Nome	Equipa	Tempo	Diferença	Escalão
84	223	Pedro Pereira	Grupo 47	01:57:14.420	00:47:01.360	M-M40
85	248	Cristiano Gonçalves	Individual	01:57:36.667	00:47:23.607	M-Seniores
86	96	Pedro Dias	Individual	01:58:06.920	00:47:53.860	M-M50
87	497	Raul Silva	Individual	01:58:45.673	00:48:32.613	SEscalao
88	123	Márcio Torres	Individual	01:59:28.923	00:49:15.863	M-Seniores
89	409	João Remédios	Carapaus	02:00:00.923	00:49:47.863	M-M50
90	262	Filipe Rodrigues	Team Lantemil	02:00:43.177	00:50:30.117	M-M40
91	451	Cristiano Sousa	Individual	02:00:49.177	00:50:36.117	M-Seniores
92	467	Boni Bonas	Os Felizes	02:00:50.927	00:50:37.867	M-M40
93	357	Jorge Garcia	Individual	02:01:24.177	00:51:11.117	M-Seniores
94	54	João Rocha	Correr Leça	02:02:03.427	00:51:50.367	M-M50
95	512	Paulo Moura	Elite Gym	02:02:33.183	00:52:20.123	M-Seniores
96	254	Pedro Freitas	Individual	02:03:09.930	00:52:56.870	M-M40
97	162	Marco Pinto	Individual	02:03:10.183	00:52:57.123	M-M40
98	387	João Carolo	Os Lidadores	02:03:14.933	00:53:01.873	M-Seniores
99	388	Diogo Gonçalves	Os Lidadores	02:03:15.433	00:53:02.373	M-Seniores
100	379	Sérgio Adrego	Individual	02:03:52.683	00:53:39.623	M-M40
101	513	Paulo Oliveira	Elite Gym	02:04:15.690	00:54:02.630	M-M40
102	462	F. Cunha	Individual	02:04:50.437	00:54:37.377	M-M50
103	333	Tfr23	Individual	02:06:17.437	00:56:04.377	M-Seniores
104	198	Cardoso	Individual	02:06:26.187	00:56:13.127	M-Seniores
105	197	Nelson Babo	Individual	02:06:27.187	00:56:14.127	M-Seniores
106	525	Dinis Resende	Elite Gym	02:06:28.190	00:56:15.130	M-Seniores
107	161	Alexandre Monteiro	Individual	02:08:31.693	00:58:18.633	M-M40
108	347	João Vaz	Correr Leça	02:08:42.943	00:58:29.883	M-Seniores
109	243	Paulo Lima	Individual	02:08:59.193	00:58:46.133	M-Seniores
110	318	Marco Pinto	Monte Dos Amigis /Juventude Ribeiras	02:10:41.947	01:00:28.887	M-Seniores
111	364	Jaime Costa	Rosário Extreme	02:10:43.950	01:00:30.890	M-Seniores
112	378	Filipe Magalhães	Individual	02:11:23.517	01:01:10.457	M-Seniores
113	340	Nuno Cruz	Swedis Team	02:11:24.223	01:01:11.163	M-M40
114	39	Pedro Machado	Individual	02:14:25.207	01:04:12.147	M-M40
115	37	Hugo Coelho	Individual	02:14:28.207	01:04:15.147	M-Seniores
116	52	Duda	Correr Leça	02:14:53.707	01:04:40.647	M-Seniores
117	251	Filipe Ribeiro	Team Lantemil	02:15:05.960	01:04:52.900	M-M40
118	247	Manuel Moura	Os Barriguitas	02:15:45.957	01:05:32.897	M-M50
119	429	Hugo Ribeiro	União De Freguesias Custóias, Leça Do Ba	02:16:05.987	01:05:52.927	M-Seniores
120	97	Joel Batista	Lourival Bike Team	02:16:09.207	01:05:56.147	M-Seniores
121	213	Nelma	Correr Leça	02:17:12.467	01:06:59.407	M-Seniores
122	63	Angelo Faustino	Monte Dos Amigis /Juventude Ribeiras	02:17:21.963	01:07:08.903	M-Seniores
123	447	Gonçalo	Amazing Segment	02:18:34.217	01:08:21.157	M-Seniores
124	220	Paulo Ferreira	Grupo 46	02:19:48.470	01:09:35.410	M-M40
125	211	Julio Santos	Ss Montepio	02:19:55.967	01:09:42.907	M-M40
126	455	Eduardo Pereira	Individual	02:19:56.967	01:09:43.907	M-Seniores
127	280	Hugo Costa	Ss Montepio	02:19:57.987	01:09:44.927	M-M40
128	91	Ignacio	Individual	02:20:35.470	01:10:22.410	M-M40
129	401	Paulo Ribeiro	Carapaus	02:21:31.723	01:11:18.663	M-M40
130	176	Albino	Individual	02:21:39.483	01:11:26.423	M-M40
131	32	Nuno Fernandes	Individual	02:21:39.723	01:11:26.663	M-Seniores
132	411	Antonio Couto	Carapaus	02:22:08.003	01:11:54.943	M-M40
133	323	Hugo Magalhães	União De Freguesias Custóias, Leça Do Ba	02:22:10.227	01:11:57.167	M-Seniores
134	43	Armindo Paulo	Individual	02:22:26.967	01:12:13.907	M-M50
135	502	João Oliveira	Individual	02:23:15.727	01:13:02.667	M-Seniores
136	475	Rui Moreira	Cmc - Uf Custóias, Leça Do Balio E Guifõ	02:23:26.483	01:13:13.423	M-Seniores
137	156	Ricardo Amaral	Studio Sun & Beauty	02:23:27.483	01:13:14.423	M-Seniores
138	152	Paulo	Ases	02:23:54.980	01:13:41.920	M-M40
139	359	Rui	Individual	02:24:03.987	01:13:50.927	M-M50
140	273	Sergio Sousa	Espera Por Mim	02:24:24.730	01:14:11.670	M-Seniores
141	460	Luis Moutinho	Dragon Runners	02:25:01.480	01:14:48.420	M-M40
142	420	Artur Moreira	Siiiga	02:25:56.237	01:15:43.177	M-Seniores
143	419	Carlos Veloso	Siiiga	02:25:56.940	01:15:43.880	M-Seniores
144	425	Brandão	Individual	02:26:30.743	01:16:17.683	M-M50
145	201	Bruno Carriço	Clube Desportivo Cepsa	02:27:27.507	01:17:14.447	M-Seniores
146	68	Fernandes	Individual	02:27:32.983	01:17:19.923	M-M40
147	128	Pedro Alves	Nice Runners	02:27:33.993	01:17:20.933	M-M40
148	86	Jose	Individual	02:27:57.483	01:17:44.423	M-M40
149	366	Eduardo D`Água	Rosário Extreme	02:28:39.987	01:18:26.927	M-Seniores
150	30	Álvaro Costa	Individual	02:28:48.740	01:18:35.680	M-M40
151	504	Fernando Monteiro	Moreira Relax Runners	02:28:49.740	01:18:36.680	M-M40
152	339	Fernando Ferraz	Individual	02:29:12.247	01:18:59.187	M-M50
153	238	Miguel Ferreira	Individual	02:29:55.740	01:19:42.680	M-Seniores
154	256	José Santos	Caipicompany	02:29:58.240	01:19:45.180	M-M40
155	241	Mário Ferreira	Caipicompany	02:29:59.490	01:19:46.430	M-Seniores
156	524	Sergio Nogueira	Elite Gym	02:32:49.133	01:22:36.073	M-Seniores
157	276	Manuel Fonseca	Individual	02:33:07.757	01:22:54.697	M-M40
158	208	Hugo Costa	Running Machines	02:34:11.000	01:23:57.940	M-Seniores
159	10	Miguel Nunes	Individual	02:34:23.127	01:24:10.067	M-M40
160	332	M.J. Sá-Dantas	C.M.C. U. F - Carapaus	02:34:33.750	01:24:20.690	M-M40
161	240	Carlos Reboredo	Caipicompany	02:34:37.000	01:24:23.940	M-Seniores
162	410	António Semedo	Carapaus	02:34:38.750	01:24:25.690	M-M40
163	74	Paulo Rodrigues	Individual	02:35:10.253	01:24:57.193	M-M40
164	225	Jorge Caldas	Individual	02:36:26.507	01:26:13.447	M-M40
165	36	Luis Jorge	Individual	02:36:27.257	01:26:14.197	M-Seniores
166	320	Guilherme Silva	União De Freguesias Custóias, Leça Do Ba	02:36:29.263	01:26:16.203	M-M40
167	78	Vitor Silva	Individual	02:36:40.263	01:26:27.203	M-Seniores

Pos.	Dorsal	Nome	Equipa	Tempo	Diferença	Escalão
168	484	Fernando Leal	Moreira Relax Runners	02:36:48.257	01:26:35.197	M-M40
169	149	Felicianoom	Individual	02:37:25.760	01:27:12.700	M-M40
170	373	Nuno Reis	Running Team Maia	02:38:47.010	01:28:33.950	M-Seniores
171	170	Fernando Teixeira	Running Team Maia	02:38:48.260	01:28:35.200	M-M50
172	81	Paulo Silva	Individual	02:39:12.513	01:28:59.453	M-M50
173	430	Vitor Oliveira	União De Freguesias Custóias, Leça Do Ba	02:39:14.760	01:29:01.700	M-M40
174	312	Tomás Rodrigues	Budeguita Runners	02:41:07.017	01:30:53.957	M-Seniores
175	113	Nuno Rodrigues	Budeguita Runners	02:41:07.767	01:30:54.707	M-M40
176	402	José Clemente	Carapaus	02:42:05.767	01:31:52.707	M-M50
177	178	Diogo Castro	Leões De Tardariz Trail	02:42:43.020	01:32:29.960	M-Seniores
178	486	Manuel Frias	Individual	02:45:32.283	01:35:19.223	M-M40
179	58	Pedro Rocha	Correr Leça	02:45:42.533	01:35:29.473	M-Seniores
180	398	Jose Pacheco	Carapaus	02:46:01.033	01:35:47.973	M-M50
181	214	Miguel Rocha	Correr Leça	02:47:29.343	01:37:16.283	M-M40
182	212	Joca	Correr Leça	02:47:29.537	01:37:16.477	M-M40
183	322	Valter Monteiro	União De Freguesias Custóias, Leça Do Ba	02:47:50.267	01:37:37.207	M-M40
184	55	Tomé	Correr Leça	02:48:11.793	01:37:58.733	M-Seniores
185	47	Fernando Monteiro	Moreira Relax Runners	02:48:12.057	01:37:58.997	M-M40
186	439	Fogaça	Amazing Segment	02:48:55.033	01:38:41.973	M-M40
187	416	Jorge Barbosa	Individual	02:49:23.800	01:39:10.740	M-Seniores
188	370	Fernão Magalhães	Running Team Maia	02:50:02.787	01:39:49.727	M-Seniores
189	304	Serafim Ramos	Lion Runners - G. D. Leões Da Guarda	02:50:22.747	01:40:09.687	M-M50
190	222	Hugo Monte	Gd Bairro Dos Pescadores De Mts	02:51:13.293	01:41:00.233	M-Seniores
191	168	Miguel Pinto	Gd Bairro Dos Pescadores De Mts	02:51:14.797	01:41:01.737	M-M50
192	166	Jorge Rebelo	Gd Bairro Dos Pescadores De Mts	02:51:16.553	01:41:03.493	M-M40
193	167	Ivo Pereira	Individual	02:51:17.040	01:41:03.980	M-Seniores
194	501	Desconhecido	Individual	02:51:19.290	01:41:06.230	SEscalao
195	181	Antonio Santos	Individual	02:51:21.823	01:41:08.763	M-M50
196	488	Luis Pinto	Individual	02:51:22.540	01:41:09.480	M-M50
197	489	Carlos Capela	Individual	02:51:25.540	01:41:12.480	M-M50
198	438	Fogaça	Amazing Segment	02:51:35.790	01:41:22.730	M-Seniores
199	219	José Ferreira	Leões De Tardariz Trail	02:52:47.043	01:42:33.983	M-M50
200	341	José Dias	Individual	02:55:15.317	01:45:02.257	M-M40
201	227	João Ribeiro	Run For Life	02:55:31.080	01:45:18.020	M-M50
202	70	Luis Cabral	Dieselinvicta	02:55:32.300	01:45:19.240	M-M40
203	195	Paulo Pinto	Estoira Trails	02:56:04.297	01:45:51.237	M-M40
204	101	Pedro Mesquita	Individual	02:57:26.550	01:47:13.490	M-Seniores
205	171	Bruno Alexandre	Individual	02:57:27.553	01:47:14.493	M-Seniores
206	375	Fernando Barbosa	Running Team Maia	02:57:52.553	01:47:39.493	M-M50
207	200	Manuel Morgado	Clube Desportivo Cepsa	02:58:52.803	01:48:39.743	M-M40
208	287	Andre Barbosa	Portocargo	02:59:52.813	01:49:39.753	M-Seniores
209	82	M. Pereira	Individual	03:01:27.313	01:51:14.253	M-Seniores
210	130	Paulo Matos	Os Lidadores	03:02:30.313	01:52:17.253	M-M50
211	325	João Duarte	Zé De Vêr	03:02:31.810	01:52:18.750	M-Seniores
212	185	Daniel Teixeira	Dez	03:03:06.563	01:52:53.503	M-Seniores
213	289	Paulo Barbosa	Portocargo	03:03:23.817	01:53:10.757	M-M40
214	217	Vitor Areias	Individual	03:03:26.063	01:53:13.003	M-M40
215	294	Francisco Freitas	Portocargo	03:17:07.343	02:06:54.283	M-M50
216	423	Claudio	Individual	03:17:11.853	02:06:58.793	M-Seniores
217	89	Mof	Individual	03:17:16.843	02:07:03.783	M-Seniores
218	88	Zé	Individual	03:17:18.800	02:07:05.740	M-M40
219	193	Artur Pereira	Individual	03:22:48.113	02:12:35.053	M-M50
220	159	Gualter Castro	Leões De Tardariz Trail	03:22:51.403	02:12:38.343	M-M50
221	345	Abílio Calheiros	Individual	03:25:51.863	02:15:38.803	M-M50
222	494	António Soberano	Sonae Norteshopping	03:26:59.367	02:16:46.307	M-Seniores
223	491	Rui Almeida	Sonae Norteshopping	03:27:00.867	02:16:47.807	M-Seniores
224	492	Neuza Ruivinho	Sonae Norteshopping	03:27:02.453	02:16:49.393	M-Seniores
225	286	João Silva	Individual	03:27:16.873	02:17:03.813	M-M50
226	336	Henrique Maia	Individual	03:27:41.367	02:17:28.307	M-Seniores
227	403	Adriano Ribeiro	Carapaus	03:31:23.373	02:21:10.313	M-M50
228	445	Pereira	Amazing Segment	03:46:23.157	02:36:10.097	M-M40
229	204	Antonio Vieira	Clube Desportivo Cepsa	03:51:52.667	02:41:39.607	M-M50
230	203	José Teixeira	Clube Desportivo Cepsa	03:51:54.923	02:41:41.863	M-M50

Pos	Equipa	Total	pnt.	pnt.	pnt.	pnt.	pos.	pos.	pos.	pos.	Atleta	Atleta	Atleta	Atleta
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1	Beat Your Limit!	22	1	4	6	11	1	4	6	11	João Laranjeira	Carlos Jesus	Rui Silva	Hugo Azevedo
2	Elite Gym	131	31	32	34	34	31	32	34	34	João Alves	Lia Ferreira	Diogo Vale	Paulo Pires
3	Trailrunners	146	26	27	28	65	26	27	28	65	André Mendes	Joana Ribeiro	Bruno Mendes	Rui Gonçalves
4	Correr Leça	175	12	39	44	80	12	39	44	80	Tiago Montalvão	Torpedo	Maria Ferreira	Prezzi Dulce
5	Clube Desportivo Cepsa	213	10	49	62	92	10	49	62	92	Fernando Crista	Alberto Brandão	Hugo Rabaça	Francisco Mendes
6	Team Lantemil	247	16	45	76	110	16	45	76	110	Carlos Sousa	Bruno Moreira	Rui Pereira	Ana Dias
7	Ss Montepio	302	17	53	60	172	17	53	60	172	Pedro Machado	Alexandre Leite	Carla Barros	Julio Santos
8	Equipa João Ferreira	353	30	103	104	116	30	103	104	116	Joaquim Bento	Maria Fonseca	Rita Gonçalves	Inês Nicolau
9	Carapaus	385	47	88	109	141	47	88	109	141	Paulo Costa	Ze Fidalgo	João Remédios	Ana Fragateiro
10	Lion Runners - G. D. Leões Da Guarda	396	91	93	94	118	91	93	94	118	Paulo Ribeiro	Miguel Fonseca	João Pedro	Susana Luis
11	União De Freguesias Custóias, Leça Do Balio E	439	37	50	161	191	37	50	161	191	Rui Borges	Miguel Almeida	Hugo Ribeiro	Hugo Magalhães
12	Siiiga	510	14	67	214	215	14	67	214	215	Paulo Cerqueira	Miguel Oliveira	Artur Moreira	Carlos Veloso
13	Monte Dos Amigis /Juventude Ribeiras	857	139	166	226	326	139	166	226	326	Marco Pinto	Angelo Faustino	Sandra Amorim	Saozinha
14	Running Team Maia	874	156	157	280	281	156	157	280	281	Sandra Domingues	Susana Magalhães	Nuno Reis	Fernando Teixeira
15	Caipicompany	943	234	235	236	238	234	235	236	238	Alcina Ferreira	Isabel Santo	Sheila Ferreira	Fachabore
16	Os Lidadores	1007	121	122	381	383	121	122	381	383	João Carolo	Diogo Gonçalves	Paulo Matos	Carina Mendes
17	Portocargo	1103	87	261	377	378	87	261	377	378	Paulo Ferreira	Laura Vieira	Andre Barbosa	Joana Freitas
18	#Tamosquasenoscinquenta#	1121	275	276	282	288	275	276	282	288	Ana Trindade	Isabel Henriques	Rosário Cunha	Ana Moreira
19	Amazing Segment	1215	168	315	338	394	168	315	338	394	Gonçalo	Fogaça	Fogaça	Iris
20	Budeguita Runners	1228	292	293	321	322	292	293	321	322	Tomás Rodrigues	Nuno Rodrigues	Marta Leite	Sandra Soares
21	Running Machines	1237	250	313	314	360	250	313	314	360	Hugo Costa	Veloso	Fernanda Teixeira	Daniela Felizardo
22	Gd Bairro Dos Pescadores De Mts	1249	262	328	329	330	262	328	329	330	Isabel Vieira	Hugo Monte	Miguel Pinto	Jorge Rebelo
23	Leões De Tardariz Trail	1275	296	296	341	342	296	296	341	342	Diogo Castro	Maria Jesus	José Ferreira	Sandro Oliveira
24	Sonae Norteshopping	1666	415	416	417	418	415	416	417	418	António Soberano	Rui Almeida	Susana Ribeiro	Cristiana Silva