

Trilhos Do Arroz Doce



Classificação Geral

Trail Curto

14,00 Km.

Pos.	Dor.	Nome	Clube	Cat.	Pos.	Tempo	T/Km.	Dif.
1	678	Márcio Pereira Pereira,	Associação Recreativa Casaense /	TCSEM	1	1:03:08.73	04:31	
2	645	Vasco Pereira,	Associação Recreativa Casaense /	TCSEM	2	1:03:09.40	04:31	0:00:00
3	634	Nelson Costa,	Associação Recreativa Casaense /	TCSEM	3	1:03:09.54	04:31	0:00:01
4	618	Miguel Pires,	Associação Recreativa Casaense /	TC40M	1	1:05:20.42	04:40	0:02:11
5	641	Vítor M Godinho,	Associação Recreativa Casaense /	TC40M	2	1:05:28.80	04:41	0:02:20
6	583	Mário Teixeira,	Associação Recreativa Casaense /	TC40M	3	1:05:35.53	04:41	0:02:27
7	880	Fernando Carvalho,	Ozxtreme/ADCRPereira	TC40M	4	1:05:55.94	04:43	0:02:47
8	876	Edgar Faria,	Ozxtreme/ADCRPereira	TCSEM	4	1:06:56.14	04:47	0:03:47
9	661	João Pimentel,	Associação Recreativa Casaense /	TCSEM	5	1:07:09.71	04:48	0:04:01
10	878	Filipe Ismael,	Ozxtreme/ADCRPereira	TCSEM	6	1:07:27.01	04:49	0:04:18
11	539	Hélder Batista Piedade,	Ozxtreme/ADCRPereira	TC40M	5	1:08:50.00	04:55	0:05:41
12	560	Paulo Amaral,	Associação Recreativa Casaense /	TC40M	6	1:08:51.39	04:55	0:05:42
13	557	Ricardo Santos,	Dci Pedrulha Mealhada	TCSEM	7	1:09:02.04	04:56	0:05:53
14	612	Pedro Mendes,	VIKINGS TRAIL RUNNERS / C/	TCSEM	8	1:09:20.73	04:57	0:06:12
15	571	JOÃO SILVA,	ACDRS QUINHENDROS	TC40M	7	1:09:26.79	04:58	0:06:18
16	519	Carlos Pimenta,	Lusoteam	TC40M	8	1:09:38.98	04:58	0:06:30
17	879	João Sacramento,	Ozxtreme/ADCRPereira	TCSEM	9	1:10:00.74	05:00	0:06:52
18	917	Carlos Correia,	Ozxtreme/ADCRPereira	TCSEM	10	1:10:24.01	05:02	0:07:15
19	635	Gustavo Barandas,	Associação Recreativa Casaense /	TCSEM	11	1:11:36.36	05:07	0:08:27
20	901	Rui Cortesão,	ARSM - Associação Recreativa de	TCSEM	12	1:11:59.61	05:09	0:08:51
21	676	António Manuel Oliveira	Figueira kayak Clube	TC40M	9	1:12:05.81	05:09	0:08:57
22	541	Paulo Santos,	Grupo desportivo Ferreirense/ Mo	TC40M	10	1:12:16.94	05:10	0:09:08
23	903	José Simões,	ARSM - Associação Recreativa de	TC50M	1	1:12:37.50	05:11	0:09:29
24	865	Alfredo Miguel Oliveira (GR	Vilaverdense	TCSEM	13	1:13:56.31	05:17	0:10:47
25	866	Pedro Alexandre Ladeiro	GRVilaverdense	TC40M	11	1:14:02.58	05:17	0:10:54
26	523	Tiago Duarte,	Atletismo Clube da Tocha	TCSEM	14	1:14:13.91	05:18	0:11:05
27	619	VITOR CAÇÃO,	GATÕES BTT	TCSEM	15	1:14:21.64	05:19	0:11:13
28	543	Pedro Cardoso,	ASSSCC - Ar Livre e Aventura	TC40M	12	1:15:00.76	05:21	0:11:52
29	554	Pedro Moreira,	Associação Recreativa Casaense /	TCSEM	16	1:15:42.12	05:24	0:12:33
30	609	Bruno Miguel Oliveira Ri	VIKINGS TRAIL RUNNERS / C/	TCSEM	17	1:15:44.46	05:25	0:12:35
31	502	Luis Manuel Sousa Henri	ARSM - Associação Recreativa de	TC40M	13	1:16:16.75	05:27	0:13:08
32	616	Miguel Borges Falcão Ra	VIKINGS TRAIL RUNNERS / C/	TCSEM	18	1:16:46.01	05:29	0:13:37
33	624	Pedro Marques,	GATÕES BTT	TCSEM	19	1:16:51.72	05:29	0:13:43
34	912	José Manuel Jesus Zananç	Atletismo Clube da Tocha	TC50M	2	1:17:17.95	05:31	0:14:09
35	593	Artur Gândara,	ARCD Venda da Luisa	TCSEM	20	1:17:56.87	05:34	0:14:48
36	538	Luis Martins,	O MUNDO DA CORRIDA	TC40M	14	1:17:57.01	05:34	0:14:48
37	640	Paulo Acúrsio,	Grupo desportivo Ferreirense/ Mo	TC50M	3	1:18:23.32	05:36	0:15:14
38	607	António Eufrázio de Melc	VIKINGS TRAIL RUNNERS / C/	TC50M	4	1:18:42.54	05:37	0:15:34
39	514	Nélio Oliveira,	Atletismo Clube da Tocha	TCSEM	21	1:18:50.02	05:38	0:15:41
40	615	Luis Caridade,	VIKINGS TRAIL RUNNERS / C/	TC40M	15	1:18:55.19	05:38	0:15:46
41	520	Bruno miguel da costa mç	GRVilaverdense	TCSEM	22	1:19:17.88	05:40	0:16:09
42	573	Márcio Rodrigues,	ACDRS QUINHENDROS	TCSEM	23	1:19:36.69	05:41	0:16:28

43	611	Diogo Filipe Oliveira Alv	VIKINGS TRAIL RUNNERS / C	TCSEM	24	1:19:54.95	05:42	0:16:46
44	568	Bruno Rodrigues ,	ACDRS QUINHENDROS	TCSEM	25	1:19:55.96	05:43	0:16:47
45	654	Rui Fonseca,	WARPSPEED	TC40M	16	1:20:09.85	05:44	0:17:01
46	594	Jose Marques,	ARCD Venda da Luisa	TC50M	5	1:20:19.66	05:44	0:17:11
47	871	Amilcar José da Silva Rai	GRVilaverdense	TC40M	17	1:20:33.33	05:45	0:17:24
48	558	Ernesto Nabeiro,	SOURE MOV	TC40M	18	1:20:37.30	05:46	0:17:28
49	695	João Vaz,	Figueira kayak Clube	TC40M	19	1:21:16.71	05:48	0:18:08
50	914	José Luís Torres Giralt ,		TC23M	1	1:21:27.09	05:49	0:18:18
51	649	Duarte Gonçalo Baetas M	Montanha clube trail running/EFA	TC23M	2	1:21:34.50	05:50	0:18:26
52	881	Tiago Batista,	Ozxtreme/ADCRPereira	TCSEM	26	1:21:39.00	05:50	0:18:30
53	556	Telmo Pedro,		TC40M	20	1:21:51.37	05:51	0:18:42
54	513	TóZé Serra,	ACDRS QUINHENDROS	TC40M	21	1:21:59.25	05:51	0:18:50
55	659	Rui Neto,		TCSEM	27	1:22:12.66	05:52	0:19:04
56	895	Vasco Melo,	ARSM - Associação Recreativa de	TC40M	22	1:22:13.73	05:52	0:19:05
57	702	João Pedro Domingues,	PÉS TROIKADOS - CSCS	TC40M	23	1:22:18.09	05:53	0:19:09
58	631	Bruno Marques,	Atletismo Clube da Tocha	TCSEM	28	1:22:22.46	05:53	0:19:13
59	564	Alexandre Graça Concho,	ACDRS QUINHENDROS	TCSEM	29	1:22:57.09	05:56	0:19:48
60	916	Ricardo Filipe Cabete da	Atletismo Clube da Tocha	TCSEM	30	1:22:59.53	05:56	0:19:51
61	598	Carlos Quinteiro,	ARCD Venda da Luisa	TC50M	6	1:23:08.79	05:56	0:20:00
62	572	Lora Pereira,	ACDRS QUINHENDROS	TCSEF	1	1:23:09.68	05:56	0:20:01
63	924	José Pinto,	Associação Recreativa Casaense /	TC40M	24	1:23:17.09	05:57	0:20:08
64	620	André Fonte,	Associação Recreativa Casaense /	TCSEM	31	1:23:48.91	05:59	0:20:40
65	579	Sérgio Miguel Moita San	UGAS TRAIL Running	TCSEM	32	1:24:04.06	06:00	0:20:55
66	858	Paulo Sérgio Carvalho Fr	GRVilaverdense	TC40M	25	1:24:13.86	06:01	0:21:05
67	863	Alex Pedro da Silva,	GRVilaverdense	TCSEM	33	1:24:14.72	06:01	0:21:06
68	864	Fernando Fontes Marque	GRVilaverdense	TC50M	7	1:24:26.57	06:02	0:21:18
69	613	João Filipe Lima Monteir	VIKINGS TRAIL RUNNERS / C	TCSEM	34	1:25:01.42	06:04	0:21:52
70	500	José Carlos Simões,	ACDRS QUINHENDROS	TC40M	26	1:25:17.16	06:06	0:22:08
71	670	Nuno Madeira,	Lobos da Serra - Loureiro	TCSEM	35	1:25:35.91	06:07	0:22:27
72	565	Álvaro Manuel da Costa (UGAS TRAIL Running	TC50M	8	1:26:05.62	06:09	0:22:57
73	920	Paulo José Oliveira Marq	Queijadinha	TCSEM	36	1:26:11.97	06:09	0:23:03
74	927	Julia Legkova,	Bio Team Run	TCSEF	2	1:26:20.64	06:10	0:23:12
75	655	André Dias,	Tribo NR	TC50M	9	1:26:28.87	06:11	0:23:20
76	515	António César Silvestre P	ACDRS QUINHENDROS	TC40M	27	1:26:40.49	06:11	0:23:31
77	922	Jorge Simões,	GATÕES BTT	TCSEM	37	1:26:48.76	06:12	0:23:40
78	608	Augusto Silva,	VIKINGS TRAIL RUNNERS / C	TC50M	10	1:26:49.03	06:12	0:23:40
79	861	João Filipe Alves Martelc	GRVilaverdense	TC40M	28	1:26:53.81	06:12	0:23:45
80	575	Daniel Marques dos Santc	UGAS TRAIL Running	TCSEM	38	1:26:59.18	06:13	0:23:50
81	855	Luis Miguel Ramos,	caminhar ao luar	TC50M	11	1:27:09.14	06:14	0:24:00
82	889	André Duarte,	SOURE MOV	TCSEM	39	1:27:09.49	06:14	0:24:00
83	868	Carlos Manuel de Oliveir	GRVilaverdense	TC40M	29	1:27:23.06	06:15	0:24:14
84	915	Alberto Matinez Giralt ,		TCSEM	40	1:27:34.52	06:15	0:24:26
85	595	José Santos,	ARCD Venda da Luisa	TC50M	12	1:27:55.24	06:17	0:24:46
86	700	Pedro Miguel Simões Co	Individual	TC40M	30	1:28:06.23	06:18	0:24:57
87	563	Rafaela Moreira,	ACBatalha	TCSEF	3	1:28:25.89	06:19	0:25:17
88	656	S?rgio Manuel Olivera Costa Leite,		TCSEM	41	1:28:26.91	06:19	0:25:18
89	926	Tiago Santos,	FlashOver - BVPenela	TCSEM	42	1:28:48.40	06:21	0:25:39
90	636	Pedro Figueiredo,	Bio Team Run	TCSEM	43	1:28:55.08	06:21	0:25:46
91	921	André Lavado,	ACDRS QUINHENDROS	TCSEM	44	1:29:24.64	06:23	0:26:16
92	584	Dina Rocha,	Associação Recreativa Casaense /	TC40F	1	1:29:46.25	06:25	0:26:37
93	668	António Ferreira,	Lobos da Serra - Loureiro	TC40M	31	1:29:47.31	06:25	0:26:38
94	501	Luís Andrade,	Grupo desportivo Ferreirense/ Mo	TCSEM	45	1:29:51.73	06:25	0:26:43
95	530	Pedro Ricardo Coelho Gonçalves,		TCSEM	46	1:30:00.63	06:26	0:26:52
96	891	João Simões,	ARSM - Associação Recreativa de	TCSEM	47	1:30:40.26	06:29	0:27:31
97	516	Paulo Miguel Lourenço d	FlashOver - BVPenela	TC40M	32	1:30:58.27	06:30	0:27:49
98	569	Bruno Torreira,	ACDRS QUINHENDROS	TCSEM	48	1:31:04.54	06:30	0:27:56
99	603	Mónica Ribeiro,	VIKINGS TRAIL RUNNERS / C	TCSEF	4	1:31:11.25	06:31	0:28:02
100	870	José António Fernandes F	GRVilaverdense	TC40M	33	1:31:12.19	06:31	0:28:03

101	646	André Henrique Pereira F Associação Recreativa Casaense /	TC40M	34	1:31:35.08	06:33	0:28:26
102	546	Daniel Costa, boss@trail	TC40M	35	1:31:39.53	06:33	0:28:31
103	689	Nuno Nascimento, GRVilaverdense	TCSEM	49	1:31:45.58	06:33	0:28:37
104	671	Paulo Guilherme Tavares Bio Team Run	TC50M	13	1:31:53.45	06:34	0:28:44
105	867	Nuno Filipe Correia Rodr GRVilaverdense	TC40M	36	1:31:59.63	06:34	0:28:51
106	566	ANDRÉ AZAMBUJO, ACDRS QUINHENDROS	TCSEM	50	1:32:36.16	06:37	0:29:27
107	872	Ricardo Emanuel Pereira, GRVilaverdense	TCSEM	51	1:32:46.52	06:38	0:29:38
108	869	Paula Maria Cabete Olive GRVilaverdense	TC40F	2	1:32:47.09	06:38	0:29:38
109	904	Gabriel Matos, ARSM - Associação Recreativa de	TC40M	37	1:33:22.84	06:40	0:30:14
110	521	Sofia Alexandra Jorge Sir Grupo desportivo Ferreirense/ Mo	TCSEF	5	1:34:03.84	06:43	0:30:55
111	884	Abel Batalha, SOURE MOV	TC50M	14	1:35:31.62	06:49	0:32:23
112	648	Luís António Pinto Pereir C.M.M. Escaravelhos Team	TC50M	15	1:35:31.84	06:49	0:32:23
113	862	Paulo Alexandre da Silva GRVilaverdense	TC40M	38	1:35:42.08	06:50	0:32:33
114	592	André Antunes, ARCD Venda da Luisa	TCSEM	52	1:35:47.83	06:51	0:32:39
115	576	João Grilo Ramos, UGAS TRAIL Running	TCSEM	53	1:35:49.35	06:51	0:32:40
116	555	Hugo Alexandre Nascime Coimbra Trail Running	TC40M	39	1:36:19.74	06:53	0:33:11
117	687	Pedro Miguel Alves Nunc Mor(e)Fit	TCSEM	54	1:36:44.17	06:55	0:33:35
118	553	Ângelo Gaspar,	TCSEM	55	1:37:40.30	06:59	0:34:31
119	604	Patricia Isabel da Costa S VIKINGS TRAIL RUNNERS / C	TCSEF	6	1:38:02.74	07:00	0:34:54
120	606	Sandra Agra, VIKINGS TRAIL RUNNERS / C	TCSEF	7	1:38:07.57	07:01	0:34:59
121	559	Fernando da Silva Venda. Coimbra Trail Running	TC60M	1	1:38:27.21	07:02	0:35:18
122	692	Paula Mendes, Escaravelhos - CMMouronho Trai	TCSEF	8	1:38:43.70	07:03	0:35:35
123	518	Victor Bernardes, VIKINGS TRAIL RUNNERS / C	TC50M	16	1:38:54.99	07:04	0:35:46
124	632	Mário Jorge Rodrigues Coelho,	TCSEM	56	1:39:24.30	07:06	0:36:15
125	850	Nuno Carvalho, caminhar ao luar	TC40M	40	1:39:32.99	07:07	0:36:24
126	898	Sara Filipe, ARSM - Associação Recreativa de	TCSEF	9	1:39:34.61	07:07	0:36:26
127	686	Daniela Simões Cabete M Grupo desportivo Ferreirense/ Mo	TCSEF	10	1:39:45.72	07:08	0:36:37
128	908	Alexandre Miguel Santos ARSM - Associação Recreativa de	TC40M	41	1:39:51.11	07:08	0:36:42
129	652	Pedro Boia, GRVilaverdense	TC40M	42	1:39:53.61	07:08	0:36:45
130	899	Sandra Barata, ARSM - Associação Recreativa de	TC40F	3	1:39:59.62	07:09	0:36:51
131	626	Ricardo André Pereira Sil out 2 run/ Miro	TCSEM	57	1:41:14.31	07:14	0:38:05
132	688	Carina Coutinho, Mor(e)Fit	TCSEF	11	1:41:35.61	07:15	0:38:27
133	909	Ana Saborano, Atletismo Clube da Tocha	TCSEF	12	1:41:58.77	07:17	0:38:50
134	542	Isabel Trindade, O MUNDO DA CORRIDA	TC50F	1	1:42:17.68	07:18	0:39:09
135	677	Fernando Ferrão, PÉS TROIKADOS - CSCS	TCSEM	58	1:42:17.94	07:18	0:39:09
136	561	Catarina Zylberberg,	TC40F	4	1:42:20.68	07:19	0:39:12
137	547	João Antonio Dinis Maric Moinhos da Gândara Trail	TC40M	43	1:42:43.64	07:20	0:39:35
138	588	Célia Santos, ARCD Venda da Luisa	TC40F	5	1:42:50.96	07:21	0:39:42
139	570	CIDÁLIA OLIVEIRA, ACDRS QUINHENDROS	TC40F	6	1:42:52.87	07:21	0:39:44
140	896	Liliana Azenha, ARSM - Associação Recreativa de	TC40F	7	1:42:55.17	07:21	0:39:46
141	574	ROSA GUARDÃO, ACDRS QUINHENDROS	TC40F	8	1:43:02.90	07:22	0:39:54
142	503	José Gil Andrade, Grupo desportivo Ferreirense/ Mo	TCSEM	59	1:43:08.93	07:22	0:40:00
143	665	Andreia Filipa Pereira Ca Grupo desportivo Ferreirense/ Mo	TCSEF	13	1:43:28.86	07:23	0:40:20
144	897	Marina Carvalho, ARSM - Associação Recreativa de	TCSEF	14	1:43:56.96	07:25	0:40:48
145	890	Joaquim Branquinho, ARSM - Associação Recreativa de	TC60M	2	1:44:25.10	07:28	0:41:16
146	919	Bruno Oliveira Marques, Queijadinha	TCSEM	60	1:44:26.66	07:28	0:41:18
147	577	Laura Luísa Pires Correia UGAS TRAIL Running	TC23F	1	1:45:42.09	07:33	0:42:33
148	551	filipe amado, 1904	TCSEM	61	1:45:42.19	07:33	0:42:33
149	602	Inês Oliveira Santos, VIKINGS TRAIL RUNNERS / C	TCSEF	15	1:45:49.41	07:34	0:42:40
150	633	Jorge Lestro, PÉS TROIKADOS - CSCS	TCSEM	62	1:46:55.97	07:38	0:43:47
151	507	Vítor Manuel Freitas Mar Team Sweet Rice Addicts	TCSEM	63	1:46:56.41	07:38	0:43:47
152	681	Luis Miguel Pelicano Costa,	TC50M	17	1:47:24.85	07:40	0:44:16
153	859	Catarina Sofia Oliveira R GRVilaverdense	TC40F	9	1:47:28.05	07:41	0:44:19
154	672	Bruno Alves, GRVilaverdense	TC40M	44	1:47:29.46	07:41	0:44:20
155	600	Ana Carolina Jacob Melo VIKINGS TRAIL RUNNERS / C	TCSEF	16	1:47:31.92	07:41	0:44:23
156	605	Paula Andrade, VIKINGS TRAIL RUNNERS / C	TC40F	10	1:47:32.69	07:41	0:44:24
157	509	Nuno Milheiro, Bora lá miudo	TC40M	45	1:47:36.95	07:41	0:44:28
158	601	Daniela Ventura Gonçalves VIKINGS TRAIL RUNNERS / C	TCSEF	17	1:48:02.17	07:43	0:44:53

159	923	Angela Pires Escaroupa ,	UGAS TRAIL Running	TC23F	2	1:48:49.55	07:46	0:45:41
160	900	Catarina Gomes,	ARSM - Associação Recreativa de	TCSEF	18	1:49:03.62	07:47	0:45:55
161	651	João Trindade,	Clube de Condeixa	TC40M	46	1:49:32.42	07:49	0:46:23
162	910	Cristiano Lopes Malhão,	Atletismo Clube da Tocha	TC40M	47	1:49:32.75	07:49	0:46:24
163	875	João Miguel Oliveira Nar	GRVilaverdense	TC40M	48	1:50:16.56	07:53	0:47:08
164	682	Urânia Manuela Pata Chu	Figueira kayak Clube	TC40F	11	1:50:21.90	07:53	0:47:13
165	894	Paula Gonçalves,	ARSM - Associação Recreativa de	TCSEF	19	1:51:03.02	07:56	0:47:54
166	902	Bruno Soares,	ARSM - Associação Recreativa de	TCSEM	64	1:51:03.47	07:56	0:47:54
167	562	Vânia Paixão,	ACDRS QUINHENDROS	TCSEF	20	1:51:23.90	07:57	0:48:15
168	549	Gualdina Mendes,	Dias&Filhos Team	TCSEF	21	1:51:34.30	07:58	0:48:25
169	639	Manuela Silva,		TCSEF	22	1:52:01.83	08:00	0:48:53
170	684	Orlando Almeida,	CASA DO BENFICA DE CONDI	TCSEM	65	1:52:04.48	08:00	0:48:55
171	596	Rui Monteiro,	ARCD Venda da Luisa	TCSEM	66	1:52:33.91	08:02	0:49:25
172	877	Andreia Costa,	Ozxtreme/ADCRPereira	TCSEF	23	1:52:34.89	08:02	0:49:26
173	694	Sara Neves,	Associação Pombal Jovem	TCSEF	24	1:53:37.44	08:07	0:50:28
174	506	Pedro Martins,	VIKINGS TRAIL RUNNERS / C	TCSEM	67	1:54:01.40	08:09	0:50:52
175	610	Daniel Gonçalves Marcos	VIKINGS TRAIL RUNNERS / C	TCSEM	68	1:54:02.57	08:09	0:50:54
176	587	Carla Freire,	ARCD Venda da Luisa	TC40F	12	1:54:13.90	08:10	0:51:05
177	657	Rita Lemos,		TC40F	13	1:54:33.22	08:11	0:51:24
178	658	Pedro Brites,		TC40M	49	1:54:36.04	08:11	0:51:27
179	703	SÓNIA LIMA,	CASA DO BENFICA DE CONDI	TC40F	14	1:54:36.30	08:11	0:51:27
180	524	Fernando Luis,	O MUNDO DA CORRIDA	TC60M	3	1:54:42.18	08:12	0:51:33
181	526	David Costa,	Bio Team Run	TCSEM	69	1:54:45.75	08:12	0:51:37
182	535	Olga Felamino,	Moinhos da Gândara Trail	TC40F	15	1:54:48.42	08:12	0:51:39
183	536	Luís Gaspar,	Moinhos da Gândara Trail	TCSEM	70	1:54:51.73	08:12	0:51:43
184	683	Bruno Matos,		TCSEM	71	1:55:03.10	08:13	0:51:54
185	544	Ivan Viegas,		TCSEM	72	1:56:09.73	08:18	0:53:01
186	883	André Sá,	Ozxtreme/ADCRPereira	TCSEM	73	1:56:11.81	08:18	0:53:03
187	685	Marisa Almeida,	CASA DO BENFICA DE CONDI	TCSEF	25	1:56:24.71	08:19	0:53:16
188	693	Gustavo Carvalho,		TC40M	50	1:56:25.09	08:19	0:53:16
189	647	Emanuel Casimiro,	ACTIFISIO	TCSEM	74	1:56:32.79	08:19	0:53:24
190	599	Alice Maria Rodrigues V	VIKINGS TRAIL RUNNERS / C	TC40F	16	1:56:59.76	08:21	0:53:51
191	860	Joel Vicente Jacinto,	GRVilaverdense	TC40M	51	1:57:04.93	08:22	0:53:56
192	580	Catarina Escaroupa,	UGAS TRAIL Running	TCSEF	26	1:57:53.54	08:25	0:54:45
193	925	Filipe Pimentel,	PÉS TROIKADOS - CSCS	TCSEM	75	1:58:09.48	08:26	0:55:00
194	669	Ana Poeta,		TCSEF	27	1:58:11.07	08:27	0:55:02
195	590	Paula Palmeira,	ARCD Venda da Luisa	TC50F	2	1:58:30.17	08:28	0:55:21
196	873	Maria Alexandra Pinto da	GRVilaverdense	TC40F	17	1:59:02.50	08:30	0:55:54
197	690	Isabel Gaspar,	Formobike BTT & Trail Running	TCSEF	28	1:59:17.84	08:31	0:56:09
198	664	Mariana Nunes Duarte,		TCSEF	29	1:59:45.86	08:33	0:56:37
199	660	Pedro Abreu,	Try to Stop Us / A.N.D.A.R.	TC40M	52	2:00:05.28	08:35	0:56:56
200	886	António Seródio,	SOURE MOV	TC50M	18	2:00:08.90	08:35	0:57:00
201	853	Maria Conceicao Almeida	caminhar ao luar	TC50F	3	2:01:16.37	08:40	0:58:07
202	857	Maria Fatima Cardoso,	caminhar ao luar	TC50F	4	2:01:16.95	08:40	0:58:08
203	550	Renato Batista,	PASSOaPASSOTeam	TCSEM	76	2:01:40.13	08:41	0:58:31
204	552	Maria Soares,		TC50F	5	2:02:31.40	08:45	0:59:22
205	589	Cristina Melo,	ARCD Venda da Luisa	TC40F	18	2:02:41.15	08:46	0:59:32
206	548	João Pinão,		TC40M	53	2:03:25.93	08:49	1:00:17
207	591	Suzana Santo,	ARCD Venda da Luisa	TC40F	19	2:03:26.48	08:49	1:00:17
208	527	Pedro Freire Rodrigues,	VILAVENTURA Trail Running T	TC40M	54	2:05:09.64	08:56	1:02:01
209	666	José Fernandes,	Tribo NR	TC50M	19	2:06:33.71	09:02	1:03:25
210	534	Bruno Simões,	PASSOaPASSOTeam	TCSEM	77	2:06:56.35	09:04	1:03:47
211	892	Rita Carvalho,	ARSM - Associação Recreativa de	TCSEM	78	2:07:16.98	09:05	1:04:08
212	893	José Nunes,	ARSM - Associação Recreativa de	TCSEM	79	2:07:17.40	09:06	1:04:08
213	644	Raquel Correia,		TCSEF	30	2:07:34.21	09:07	1:04:25
214	505	Sandra Brito,	VIKINGS TRAIL RUNNERS / C	TCSEF	31	2:07:39.87	09:07	1:04:31
215	614	Tânia Rodrigues,	VIKINGS TRAIL RUNNERS / C	TCSEF	32	2:07:40.28	09:07	1:04:31
216	529	Ana margarida antunes ril	GRVilaverdense	TCSEF	33	2:08:09.99	09:09	1:05:01

217	585	Iracema Ferreira,	Dci Pedrulha Mealhada	TC50F	6	2:09:45.99	09:16	1:06:37
218	663	Helga Sousa,	Tribo NR	TC40F	20	2:09:51.43	09:17	1:06:42
219	528	Alda Santos,	SOURE MOV	TC40F	21	2:10:36.34	09:20	1:07:27
220	882	Pedro Almeida,	Ozxtreme/ADCRPereira	TCSEM	80	2:11:08.84	09:22	1:08:00
221	680	Sílvia Pedro,	out 2 run/ Miro	TC40F	22	2:11:29.12	09:24	1:08:20
222	586	Ana Matos,	ARCD Venda da Luisa	TC40F	23	2:13:43.99	09:33	1:10:35
223	628	João Carlos Santos Nogueira,		TCSEM	81	2:15:42.56	09:42	1:12:34
224	851	Paulo Fachada,	caminhar ao luar	TCSEM	82	2:16:41.59	09:46	1:13:33
225	517	Marta Paulos,		TCSEF	34	2:16:42.41	09:46	1:13:33
226	852	Carolina Rodrigues,	caminhar ao luar	TCSEF	35	2:16:42.57	09:46	1:13:34
227	623	Nádia Moura,		TCSEF	36	2:16:42.58	09:46	1:13:34
228	662	Gabriela Pimentel,	Formobike BTT & Trail Running	TC23F	3	2:17:51.69	09:51	1:14:43
229	885	Ana Sofia Rodrigues,	SOURE MOV	TCSEF	37	2:19:06.13	09:56	1:15:57
230	918	João Daniel Almeida Vitc	Individual	TCSEM	83	2:19:11.05	09:57	1:16:02
231	630	Hélder Nuno Madeira Coelho,		TC40M	55	2:21:26.40	10:06	1:18:17
232	629	Daniela Regina de Melo Geitoeira,		TCSEF	38	2:21:39.67	10:07	1:18:31
233	673	Virginia Pedro,	Os Moitas	TCSEF	39	2:27:58.71	10:34	1:24:50
234	642	Tiago Simão,	Os Moitas	TCSEM	84	2:28:00.95	10:34	1:24:52
235	854	Ines Filipa Cortesao,	caminhar ao luar	TC23F	4	2:28:45.57	10:38	1:25:37
236	856	Isabel Batista Pinto,	caminhar ao luar	TC40F	24	2:29:09.92	10:39	1:26:01
237	578	Luis Miguel Manaia Cari	UGAS TRAIL Running	TC40M	56	2:30:43.95	10:46	1:27:35
238	508	Inês Pereira,	Team Sweet Rice Addicts	TCSEF	40	2:32:50.54	10:55	1:29:42
239	511	Helga Filipa Pacheco Guç	Team Sweet Rice Addicts	TCSEF	41	2:32:53.68	10:55	1:29:45
240	512	Joel Filipe Teixeira Marti	Team Sweet Rice Addicts	TCSEM	85	2:32:54.59	10:55	1:29:46
241	637	Ricardo Soles,		TC40M	57	2:34:41.75	11:03	1:31:33
242	638	Daniela Soles,		TCSEF	42	2:34:42.15	11:03	1:31:33
243	653	Márcia Ribeiro,	Tribo NR	TCSEF	43	2:34:58.08	11:04	1:31:49
244	622	Nuno Pina,		TCSEM	86	2:50:07.58	12:09	1:46:59
245	621	Joana Margarida dos Santos Sousa Pina,		TCSEF	44	2:50:07.97	12:09	1:46:59
246	874	Tânia Marisa Marques Fe	GRVilaverdense	TCSEF	45	2:53:04.15	12:22	1:49:55
247	625	Sara Suzel Santos Azenhç	out 2 run/ Miro	TCSEF	46	2:53:04.28	12:22	1:49:55
248	701	Ana Luísa Pereira,	Tribo NR	TCSEF	47	2:55:32.41	12:32	1:52:23
249	696	Ana Carolina Domingues	Tribo NR	TCSEF	48	2:55:33.36	12:32	1:52:24
250	545	Sandra Maria Ramos Lou	Trilhos&Rumos	TCSEF	49	2:57:07.83	12:39	1:53:59
251	504	Vanda Sofia Santos Lourç	Trilhos&Rumos	TCSEF	50	2:57:09.21	12:39	1:54:00
252	679	Catarina Vanessa Fonseç	CHUC TEAM	TCSEF	51	3:11:46.26	13:42	2:08:37
253	643	Vilmamicaela Afonso ferç	CHUC TEAM	TC40F	25	3:11:54.07	13:42	2:08:45
DESC	674	Jurgita Silva,	TT-FIGUEIRA	TCSEF				