

Lugar	Dorsal	Nome	Equipa	Sexo	Idade	Tempo
1	215	João Pereira	Branquinhos Do Pedal	M	32	00:53:38.52
2	175	Rafael Martinho	Trilhos Dos Templários/Xporfit	M	36	00:57:11.30
3	303	Dino Bento	Casa Do Benfica Em Abrantes	M	34	00:58:31.58
4	116	Luis Alexandre	Trilhos Dos Templários/Xporfit	M	44	00:58:40.78
5	223	Sergio Campos	Coa / Corvus Trail Team	M	33	00:58:43.55
6	112	João Vieira	Clac Entroncamento /Onda Trilhos	M	30	00:59:17.58
7	196	Guel Ferreira	União Fci De Tomar	M	37	00:59:25.52
8	264	Nuno Carvalho	Tauuuu	M	38	00:59:49.22
9	57	André Bernardino	Branquinhos Do Pedal	M	26	01:00:58.05
10	266	João Nazaré	Branquinhos Do Pedal	M	29	01:01:35.24
11	191	Vítor Chagas	C.F. Os Belenenses	M	45	01:02:36.45
12	5	Rui Silva	Linda-A-Pastora Sporting Clube	M	38	01:02:39.30
13	312	João Pimenta	Avelar	M	32	01:02:47.78
14	87	Nuno Arelo	Não Dá +	M	39	01:02:50.94
15	302	Sergio Silva	Individual	M	27	01:03:07.24
16	64	Filipe Caldeira	S.C.F.Z Trail Runners	M	41	01:03:24.37
17	60	Jose Fonseca	União Fci De Tomar	M	54	01:03:38.96
18	150	Rui Silva	Desmaziado Team	M	31	01:04:29.44
19	34	Bruno Pinto	Branquinhos Do Pedal	M	27	01:04:34.11
20	300	Carlos António	Individual	M	41	01:05:34.27
21	118	Jose Silva	Casa Do Benfica Em Abrantes	M	58	01:05:51.64
22	33	Carlos Silvério	Ponto Aventura Team	M	36	01:08:03.08
23	194	António Reis	Superfresco Trail Team	M	56	01:08:08.94
24	148	Tiago Miguel	Desmaziado Team	M	31	01:08:12.12
25	129	Leonel Campos	Clac Entroncamento /Onda Trilhos	M	55	01:08:27.59
26	139	João Ferreira	Individual	M	33	01:08:46.15
27	217	Rogério Gidinho	Casal Da Areia	M	31	01:09:17.49
28	251	Pedro Santos	Lama Solta	M	37	01:09:18.29
29	95	Edgar Ferreira	Fcfz Trail Runners	M	33	01:09:35.96
30	107	Igor Paulo	Individual	M	33	01:10:18.14
31	142	Ivo Oliveira	Jds Fixes	M	25	01:10:23.07
32	282	Cristina Pedro	Casa Do Benfica Em Abrantes	F	41	01:10:26.30
33	18	Mário Caridade	Individual	M	38	01:11:27.32
34	9	Marco Leal	Individual	M	41	01:11:40.27
35	220	José Duarte	Os Matrecos	M	59	01:11:45.60
36	10	André Pereira	Ama(Dores)Trail Team/Acru	M	39	01:11:52.06
37	55	Flavio Francisco	Individual	M	38	01:12:10.68
38	48	João Caetano	Individual	M	48	01:12:12.05
39	230	Gonçalo Zeferino	Ourém Vida Team	M	38	01:12:41.65
40	269	Carlos Silva	Karaté Dream Team	M	52	01:12:51.59
41	181	Tiago Joaquim	S.C.F.Z Trail Runners	M	36	01:12:57.22
42	70	Rafael Oliveira	Coxos	M	23	01:13:25.48
43	1	Nelson Aguiar	Sflur / Viver Almonda	M	44	01:13:37.66
44	224	José Silva	Individual	M	58	01:13:49.53
45	195	Luis Ferreira	Superfresco Trail Team	M	40	01:14:14.90
46	174	Gonçalo Quitério	Individual	M	37	01:14:25.66
47	301	Carlos Isidro	Individual	M	47	01:15:18.43
48	49	Carlos Correia	Individual	M	44	01:15:42.69
49	314	Catarina Oliveira	Ciáticos Team	F	28	01:15:52.58
50	29	Tiago Gonçalves	Ponto Aventura Team	M	29	01:16:07.86
51	94	Jorge Nunes	Tomar Runners	M	43	01:16:12.14
52	176	Nuno Seabra	S.C.F.Z Trail Runners	M	42	01:16:16.02
53	69	Fábio Henriques	Coxos	M	23	01:16:16.44
54	72	João Domingues	Coxos	M	24	01:16:19.49
55	103	Daniel Santod	S.C.F.Z Trail Runners	M	46	01:17:21.78
56	93	Nelson Leal	Individual	M	40	01:18:01.88
57	27	Jose Andrade	Ponto Aventura Team	M	40	01:19:02.54

Lugar	Dorsal	Nome	Equipa	Sexo	Idade	Tempo
58	177	Pedro Mendes	Individual	M	28	01:19:12.18
59	120	Helder Brás	Individual	M	43	01:19:20.42
60	37	Jose Bento	Coa / Corvus Trail Team	M	41	01:20:01.79
61	238	Pedro Rito	Ourém Vida Team	M	48	01:21:14.67
62	86	Jose Marques	Individual	M	56	01:21:24.95
63	63	Sonia Neto	Tomar Runners	F	39	01:21:38.59
64	160	César Pires	Cem Quedas	M	42	01:21:47.98
65	90	Jorge Rodrigues	Jds Fixes	M	48	01:21:59.64
66	193	Paulo Freitas	Superfresco Trail Team	M	34	01:22:02.33
67	219	Hélder Carboila	Individual	M	36	01:23:26.49
68	285	Carina Silva	Clac Entroncamento /Onda Trilhos	F	39	01:25:46.98
69	65	Marco Pedro	Clac Entroncamento /Onda Trilhos	M	43	01:25:47.39
70	47	Ivan Marques	Gjm Brigada De Cristo	M	22	01:25:57.08
71	41	Ana Gracio	União Fci De Tomar	F	34	01:26:00.12
72	12	Danilo Lemos	Bombitas	M	26	01:26:01.79
73	71	Cristiano Anselmo	Coxos	M	25	01:27:05.09
74	61	Arlindo Maduro	Tomar Runners	M	55	01:27:09.01
75	178	Valérie Santos	Casa Do Benfica Em Abrantes	F	36	01:28:04.22
76	237	António Santos	Team Cbi	M	54	01:28:05.90
77	96	António Trindade	Calma	M	53	01:28:28.37
78	319	António Ribeiro	Individual	M	58	01:28:46.88
79	159	Catarina Sintra	Lama Solta	F	40	01:29:35.87
80	134	Marco Pascoal	Vilaventura	M	36	01:29:37.13
81	59	Bruno Ferreira	Arrastapata	M	28	01:29:46.39
82	2	Kevin Gaspar	100 Gás Trail Team	M	31	01:30:11.61
83	53	Renato Domingos	Individual	M	16	01:32:52.19
84	272	Henrique Costa	Karaté Dream Team	M	16	01:33:06.86
85	267	Francisca Laia	Individual	F	25	01:33:12.39
86	317	Carla Ramos	Individual	F	47	01:33:12.75
87	252	Alexandra Simão	Coa / Corvus Trail Team	F	25	01:33:13.54
88	246	Ana Diniz	My Friends	F	34	01:35:12.91
89	8	Daniela Marta	Bombitas	F	24	01:35:14.09
90	304	Rodrigo Mendes		M	16	01:35:16.38
91	247	Judite Matreno	My Friends	F	50	01:35:31.86
92	250	Alberto Graça	União Fci De Tomar	M	65	01:35:34.16
93	152	Isabel Silva	Desmaziado Team	F	34	01:35:37.67
94	270	Zulmira Silva	Karaté Dream Team	F	50	01:35:55.18
95	315	Cátia Pereira	Branquinhos do pedal	F	29	01:36:00.12
96	102	Ana Vieira	Individual	F	41	01:36:16.56
97	158	Cátia Ferreira	Vilaventura	F	32	01:37:52.39
98	249	Antonio Neves	Soure Mov	M	56	01:37:53.96
99	36	Sandra Teixeira	Individual	F	36	01:38:17.02
100	35	Pedro Cruz	Individual	M	42	01:38:20.59
101	151	José Luis	Desmaziado Team	M	45	01:38:36.45
102	149	Arlindo Dinis	Desmaziado Team	M	42	01:40:16.16
103	130	Pedro Carreira	Individual	M	41	01:40:18.73
104	145	Rui Paiva	Desmaziado Team	M	31	01:40:18.80
105	311	Paulo Lucas	Individual	M	37	01:42:03.04
106	265	Susana Chambel	Individual	F	44	01:42:07.96
107	7	Celia Peralta	Bombitas	F	47	01:43:07.33
108	19	Fernanda Tavares	Individual	F	36	01:43:15.87
109	218	Vera Siopa	Casal Da Areia	F	23	01:44:29.66
110	206	Manuel Silva	Os Matrecos	M	52	01:44:31.13
111	216	Ismael Ramos	Casal Da Areia	M	33	01:44:40.63
112	221	Joao Marta	Bombitas	M	56	01:44:43.51
113	146	Helena Gomes	Desmaziado Team	F	33	01:47:48.36
114	209	Inês Marcelino	Clube Sem	F	42	01:47:48.63

Lugar	Dorsal	Nome	Equipa	Sexo	Idade	Tempo
115	245	Elisabete Venâncio	My Friends	F	50	01:48:49.94
116	248	Luisa Jorge	My Friends	F	39	01:49:08.75
117	30	Dário Moura	Individual	M	31	01:49:15.23
118	62	Catarina Chambel	Individual	F	22	01:49:15.62
119	22	Bruna Jorge	Individual	F	29	01:49:15.72
120	157	Carlos Alfaiate	Casa Do Benfica Em Abrantes	M	66	01:54:00.78
121	6	Samuel Dias	Bombitas	M	44	01:56:40.07
122	233	Cláudio Caramelo	Individual	M	35	01:56:40.54
123	187	Manuel Machado	Os Matrecos	M	57	01:57:22.65
124	14	Mário Santiago	Kaninos	M	55	02:12:38.48
125	13	Maria Condeço	Kaninos	F	56	02:12:38.76
126	68	Ana Ruivo	Team Cbi	F	23	02:21:29.65
127	280	Paulo Matias	Team Cbi	M	46	02:21:30.73
128	281	Ana Costa	Team Cbi	F	33	02:21:32.71
129	261	Nelson Tomás	Team Cbi	M	31	02:21:33.39
130	197	Nelson Martinho	Individual	M	40	02:25:25.42
131	163	Bruno Grácio	Individual	M	37	02:25:25.68
132	164	Telma Ramos	Individual	F	34	02:25:31.47
133	165	Marília Santos	Individual	F	43	02:25:32.84
134	208	Ana Vieira	Individual	F	29	02:25:35.55
135	38	Cláudia Ferreira	Barquinha Runners	F	47	02:26:01.21
136	39	Ana Dias	Barquinha Runners	F	44	02:26:03.26
137	40	Hélder Justino	Barquinha Runners	M	41	02:26:03.92
138	207	Ana Caridade	Supermoms	F	42	02:31:20.03