Trilhos dos Pernetas 2.5
Canedo
01-May-2018

TRAIL MEDIO - STAGE 1 — 18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:15	16.4ºC	86%
End	13:05	16.4ºC	86%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	660	Manuel José Teixeira Sousa	individual	Veterano M40	01:27:03		04:50
2	579	André Silva	fiães running	Senior Masculino	01:27:27	+00:24	04:52
3	631	Marcelo Silva Pereira	individual	Senior Masculino	01:27:55	+00:51	04:53
4	581	Helder robalinho	fiães running	Senior Masculino	01:29:28	+02:24	04:58
5	745	Marcelo Pinho Araújo	teamtrail 3pros15	Senior Masculino	01:29:41	+02:37	04:59
6	768	Rui Oliveira	vila maior em turismo	Veterano M40	01:30:20	+03:16	05:01
7	582	José Almeida	fiães running	Senior Masculino	01:32:07	+05:03	05:07
8	580	Cláudio Costa	fiães running	Senior Masculino	01:32:07	+05:03	05:07
9	765	Ricardo Topa	vila maior em turismo	Senior Masculino	01:32:23	+05:19	05:08
10	683	Joao Oliveira	juventude cortegacense	Veterano M40	01:33:54	+06:50	05:13
11	767	Julio Oliveira	vila maior em turismo	Veterano M40	01:34:14	+07:10	05:14
12	523	Jorge Gomes	arcorun	Senior Masculino	01:36:01	+08:57	05:20
13	746	Nuno Roberto da Silva Faria	teamtrail 3pros15	Senior Masculino	01:36:17	+09:13	05:21
14	666	Da Costa Moreira Sergio	individual	Veterano M50	01:36:21	+09:17	05:21
15	570	José Cruz	ei team trail	Senior Masculino	01:36:29	+09:26	05:22
16	598	Duarte Barbosa	hora do lobo trail	Veterano M40	01:36:50	+09:46	05:23
17	682	Ernesto Marques Alves	juventude cortegacense	Veterano M40	01:37:01	+09:57	05:23
18	576	Ricardo Carvalho	ei team trail	Veterano M40	01:37:55	+10:51	05:26
19	575	Joaquim Coelho	ei team trail	Veterano M40	01:38:59	+11:55	05:30
20	696	Sérgio Filipe Pereira	magical mushroom	Veterano M40	01:39:40	+12:36	05:32
21	577	Bruno Silva	escola de condução nova	Senior Masculino	01:39:45	+12:41	05:33
22	764	Ricardo Ressurreição	vila maior em turismo	Senior Masculino	01:40:33	+13:29	05:35
23	663	Paulo Santos	individual	Veterano M40	01:41:04	+14:01	05:37
24	697	João Leite	mexilhão da montanha	Senior Masculino	01:41:15	+14:11	05:38
25	544	Filipe bravo	bravos & bravitas	Senior Masculino	01:41:28	+14:24	05:38
26	754	RICHARD GUSTAVO NOGUEIRA DA SILVA	trail running clube btt sanguedo	Veterano M40	01:46:51	+19:47	05:56
27	732	José Oliveira	sentir escariz running	Veterano M40	01:46:51	+19:47	05:56
28	739	Rui Bessa	sob efeito trail	Senior Masculino	01:46:51	+19:47	05:56
29	681	Cecilio Maunel Silva Ferreira	juventude cortegacense	Veterano M40	01:47:15	+20:11	05:58
30	567	José Carlos Dias	ctad - trilhos de cinfães	Veterano M40	01:47:41	+20:38	05:59
31	530	Carlos Couto	arcorun	Veterano M40	01:47:43	+20:39	05:59
32	543	André bravo	bravos & bravitas	Senior Masculino	01:47:53	+20:49	06:00
33	510	Eduardo Carvalho	amigos do elisio	Senior Masculino	01:47:56	+20:53	06:00
34	569	hugo asilva esteves	ei team trail	Senior Masculino	01:48:08	+21:05	06:00
35	676	Joel Sequeira	juventude cortegacense	Senior Masculino	01:48:27	+21:23	06:02
36	669	Pedro Ribeiro	individual	Veterano M50	01:48:54	+21:50	06:03
37	756	Edgar Rocha	trail running clube btt sanguedo	Veterano M50	01:49:14	+22:10	06:04
38	533	Paulo Grilo	arcorun	Veterano M40	01:50:03	+22:59	06:07
39	673	Lucia Campos da Costa	juventude cortegacense	Veterana F40	01:51:08	+24:04	06:10
40	689	Celso Lino Oliveira Gomes	juventude cortegacense	Veterano M50	01:51:10	+24:06	06:11
41	655	Jorge Rodrigues	individual	Veterano M40	01:52:13	+25:09	06:14

TRAIL MEDIO - STAGE 1 — 18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	684	Jorge Fernando Silva Marques Coelho	juventude cortegacense	Veterano M40	01:54:16	+27:12	06:21
43	560	Ricardo Oliveira	cães do trail	Senior Masculino	01:54:38	+27:34	06:22
44	558	César Costa	cães do trail	Senior Masculino	01:54:38	+27:34	06:22
45	626	HELDER MOTA	individual	Senior Masculino	01:54:56	+27:52	06:23
46	620	Carlos Oliveira	individual	Senior Masculino	01:56:02	+28:58	06:27
47	595	Miguel Teixeira	gramidense ifc	Veterano M40	01:56:29	+29:25	06:28
48	800	Manuel Fernandes	individual	Veterano M50	01:56:43	+29:39	06:29
49	566	Cristina Passos	running espinho	Veterana F40	01:56:52	+29:48	06:30
50	650	Eduardo Pinto	individual	Veterano M40	01:56:53	+29:49	06:30
51	649	Constantino Mota	individual	Veterano M40	01:57:06	+30:02	06:30
52	766	Carlos Costa	vila maior em turismo	Veterano M40	01:57:19	+30:16	06:31
53	534	Vitor Folgado	arcorun	Veterano M40	01:57:21	+30:18	06:31
54	17	João Almeida	c. b. viseu running team	Senior Masculino	01:57:45	+30:42	06:33
55	33	Jorge Moreira	cscd cm feira	Veterano M40	01:57:47	+30:43	06:33
56	622	DAVID TEIXEIRA	individual	Senior Masculino	01:57:58	+30:54	06:33
57	535	Jorge Santos	arcorun	Veterano M50	01:57:59	+30:56	06:33
58	690	Domingos Fernando Oliveira Camboa	juventude cortegacense	Veterano M50	01:58:05	+31:01	06:34
59	687	Sérgio Paulo Ferreira Oliveira	juventude cortegacense	Veterano M40	01:58:05	+31:01	06:34
60	685	Julio Paulo Silva	juventude cortegacense	Veterano M40	01:58:05	+31:01	06:34
61	678	Valter Lima	juventude cortegacense	Senior Masculino	01:58:05	+31:01	06:34
62	509	Armando Leite	amigos do elisio	Senior Masculino	01:58:17	+31:14	06:34
63	508	Mara Célia	amigos do elisio	Senior Feminino	01:58:18	+31:14	06:34
64	596	Nuno Pereira	grupo de corrida de argoncilhe	Veterano M40	01:58:21	+31:18	06:35
65	561	Vítor Maia	cães do trail	Senior Masculino	01:58:58	+31:54	06:37
66	755	Rolando Paulo	trail running clube btt sanguedo	Veterano M40	01:58:58	+31:55	06:37
67	740	Nelson Aguiar	sociedade filarmónica lealdade união ribeirense (sflur)	Veterano M40	01:59:05	+32:01	06:37
68	539	Ana Catarina Venda da Fonseca	azeméis runners	Senior Feminino	01:59:09	+32:05	06:37
69	721	Agostinho Torres	pernetas	Veterano M40	01:59:29	+32:25	06:38
70	691	Paulo Castelo	juventude cortegacense	Veterano M50	01:59:39	+32:36	06:39
71	520	Joana Silva	arcorun	Senior Feminino	01:59:47	+32:43	06:39
72	747	Fernando Leite	tnt - trilhos natura team	Senior Masculino	01:59:48	+32:44	06:39
73	604	Carla Sofia Gonçalves Pinto	individual	Senior Feminino	01:59:49	+32:45	06:39
74	758	Mario Alves	trail running clube btt sanguedo	Veterano M50	01:59:57	+32:53	06:40
75	635	Silvestre Carragoso	individual	Senior Masculino	02:00:00	+32:57	06:40
76	748	Liliana Cardoso	trail running clube btt sanguedo	Senior Feminino	02:00:21	+33:18	06:41
77	648	Carlos Santos	individual	Veterano M40	02:00:28	+33:24	06:42
78	753	Rosa Conceição	trail running clube btt sanguedo	Veterana F40	02:00:51	+33:47	06:43
79	733	Vítor Moreira	sentir escariz running	Veterano M40	02:01:33	+34:29	06:45
80	587	Ricardo Godinho	geocrosstrail escariz	Veterano M40	02:01:34	+34:30	06:45
81	645	António Pinheiro	individual	Veterano M40	02:02:04	+35:00	06:47
82	541	Manuel Soares	azeméis runners	Veterano M50	02:02:04	+35:00	06:47
83	646	Carlos Augusto Martins da Silva	individual	Veterano M40	02:02:04	+35:00	06:47

TRAIL MEDIO - STAGE 1 — 18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
84	640	Marieta do Carmo Pereira Branco	individual	Veterana F40	02:02:11	+35:07	06:47
85	617	António CARLOS Tavares de PAIVA	individual	Senior Masculino	02:02:11	+35:07	06:47
86	601	Vitor Neto	hora do lobo trail	Veterano M40	02:02:25	+35:22	06:48
87	564	Silvia Gomes	correio de albergaria trail running	Senior Feminino	02:02:35	+35:32	06:49
88	573	Catarina Pereira	ei team trail	Veterana F40	02:03:21	+36:17	06:51
89	731	Jorge Moreira	sentir escariz running	Veterano M40	02:03:28	+36:24	06:52
90	633	Miguel Oliveira	individual	Senior Masculino	02:03:30	+36:27	06:52
91	583	Olga Maria Vieira de Jesus Gomes	fiães running	Veterana F40	02:03:31	+36:27	06:52
92	628	Hugo Guimarães	individual	Senior Masculino	02:03:45	+36:42	06:53
93	629	Joaquim Pedro Ferreira	individual	Senior Masculino	02:03:56	+36:53	06:53
94	651	Emerson Falcão	individual	Veterano M40	02:04:00	+36:56	06:53
95	559	Filipe couto	cães do trail	Senior Masculino	02:05:11	+38:08	06:57
96	547	Pedro Custódio	bravos & bravitas	Senior Masculino	02:05:24	+38:20	06:58
97	741	Sérgio Chacim	taylors	Senior Masculino	02:05:51	+38:47	07:00
98	502	Jorge Moreira	10temidos	Veterano M50	02:06:04	+39:00	07:00
99	658	Luis Pessoa	individual	Veterano M40	02:06:30	+39:26	07:02
100	738	Pedro Oliveira	sob efeito trail	Senior Masculino	02:07:08	+40:04	07:04
101	634	Rogério Almeida	individual	Senior Masculino	02:07:13	+40:09	07:04
102	513	Diogo Oliveira	amigos do santo ambrósio	Veterano M40	02:07:31	+40:27	07:05
103	759	Ana Nogueira	trepatrilhos trail team	Senior Feminino	02:08:20	+41:17	07:08
104	762	Leonel Medas	trepatrilhos trail team	Senior Masculino	02:08:21	+41:17	07:08
105	522	João Neves	arcorun	Senior Masculino	02:08:34	+41:30	07:09
106	512	Paula Barros	amigos do santo ambrósio	Veterana F40	02:09:13	+42:09	07:11
107	588	Rui Moreira	geocrosstrail escariz	Veterano M40	02:09:41	+42:37	07:12
108	644	Manuela Sousa	individual	Veterana F50	02:09:46	+42:43	07:13
109	600	Margarida Neves	hora do lobo trail	Veterana F50	02:10:36	+43:32	07:15
110	675	Pedro Rola	juventude cortegacense	Veterano M40	02:10:38	+43:34	07:15
111	680	Marcia Costa	juventude cortegacense	Veterana F40	02:10:38	+43:35	07:15
112	730	António Ribeiro	salta pocinhas	Veterano M40	02:10:52	+43:48	07:16
113	532	Miguel Barros	arcorun	Veterano M40	02:11:05	+44:01	07:17
114	728	Pedro Gonçalves	salta pocinhas	Senior Masculino	02:11:27	+44:23	07:18
115	659	LUIS TRINDADE	individual	Veterano M40	02:11:48	+44:44	07:19
116	742	Cristina Loureiro	taylors	Veterana F40	02:12:03	+44:59	07:20
117	557	bruno Moreira	cães do trail	Senior Masculino	02:12:05	+45:01	07:20
118	584	FERNANDO PAIS	fiães running	Veterano M50	02:12:25	+45:21	07:21
119	693	João Vieira	leões de tardariz trail	Veterano M40	02:13:30	+46:26	07:25
120	563	Manuel Guedes	clube independente de atletismo de alpendorada	Veterano M40	02:13:31	+46:28	07:25
121	700	Luís Machado	mozelos runners	Senior Masculino	02:13:32	+46:28	07:25
122	674	Silvana Rocha	juventude cortegacense	Senior Feminino	02:13:34	+46:30	07:25
123	545	Carlos bravo	bravos & bravitas	Veterano M40	02:13:47	+46:43	07:26
124	546	herdeiro bravo	bravos & bravitas	Veterano M40	02:13:47	+46:43	07:26
125	593	João Mota	ginásio fit4fun	Veterano M50	02:14:26	+47:22	07:28
126	591	Isabel Figueiredo	ginásio fit4fun	Veterana F50	02:14:28	+47:24	07:28

TRAIL MEDIO - STAGE 1 — 18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
127	668	José Mário Magalhães de Pereira	individual	Veterano M50	02:14:29	+47:25	07:28
128	751	Cristina Couto	trail running clube btt sanguedo	Veterana F40	02:14:32	+47:28	07:28
129	652	Flávio Soares	individual	Veterano M40	02:14:33	+47:29	07:29
130	656	Jose luis Silva	individual	Veterano M40	02:14:39	+47:35	07:29
131	540	Florbela Marques Queirós	azeméis runners	Veterana F40	02:15:30	+48:26	07:32
132	578	Joao Oliveira	facort running team	Senior Masculino	02:16:08	+49:04	07:34
133	694	Manuel Alvarino	leões de tardariz trail	Veterano M40	02:16:10	+49:06	07:34
134	625	Fernando Nogueira	individual	Senior Masculino	02:16:13	+49:10	07:34
135	521	Marlene Gomes	arcorun	Senior Feminino	02:16:23	+49:19	07:35
136	619	Carlos Daniel Nunes Maia	individual	Senior Masculino	02:16:25	+49:21	07:35
137	703	Joaquim Pereira	mozelos runners	Veterano M40	02:17:11	+50:07	07:37
138	653	Francisco Rebelo	individual	Veterano M40	02:17:39	+50:36	07:39
139	615	Tulia Aires	individual	Senior Feminino	02:17:40	+50:36	07:39
140	744	Fernando Mendes	team shark	Veterano M40	02:17:53	+50:49	07:40
141	511	Pedro Lopes	amigos do elisio	Senior Masculino	02:18:06	+51:02	07:40
142	529	Rosina Couto	arcorun	Veterana F50	02:18:11	+51:07	07:41
143	727	Mitchell Miranda	salta pocinhas	Senior Masculino	02:18:15	+51:11	07:41
144	726	David Costa	salta pocinhas	Senior Masculino	02:18:42	+51:38	07:42
145	702	António Rodigues	mozelos runners	Veterano M40	02:18:42	+51:38	07:42
146	624	Fernando Carvalho	individual	Senior Masculino	02:18:43	+51:39	07:42
147	610	Márcia Carvalho	individual	Senior Feminino	02:18:43	+51:39	07:42
148	771	Andrzej Jonca	individual	Veterano M40	02:18:55	+51:51	07:43
149	501	Rui Sá	10temidos	Veterano M40	02:19:57	+52:53	07:47
150	542	Paula Alexandra	bravos & bravitas	Senior Feminino	02:20:00	+52:56	07:47
151	586	Mafalda Valente	geocrosstrail escariz	Senior Feminino	02:20:11	+53:07	07:47
152	548	Pedro Bastos	bravos & bravitas	Veterano M40	02:20:14	+53:10	07:47
153	503	Daniel Machado	512	Senior Masculino	02:20:37	+53:33	07:49
154	589	RITA AGUIAR	ginásio fit4fun	Senior Feminino	02:20:37	+53:34	07:49
155	504	Diana Carneiro	512	Veterana F40	02:20:38	+53:35	07:49
156	599	Ricas Almeida	hora do lobo trail	Senior Masculino	02:21:03	+53:59	07:50
157	554	Carlos Mota	cadinha f.c.	Senior Masculino	02:21:34	+54:30	07:52
158	709	Rui Santos	os falta d´ar	Veterano M40	02:21:38	+54:35	07:52
159	614	Teresa Lima	individual	Senior Feminino	02:21:41	+54:37	07:52
160	707	Jorge Guerra	os falta d´ar	Veterano M40	02:21:44	+54:40	07:52
161	594	Celso Mota	gondomar futsal clube	Veterano M40	02:21:54	+54:50	07:53
162	665	RICARDO M FERREIRA	individual	Veterano M40	02:21:55	+54:51	07:53
163	571	MIGUEL NETO	ei team trail	Senior Masculino	02:22:01	+54:57	07:53
164	572	Ricardo Loureiro	ei team trail	Senior Masculino	02:22:06	+55:03	07:54
165	555	Gabriel Cardoso	cadinha f.c.	Senior Masculino	02:22:34	+55:31	07:55
166	585	José Falcão	fiães running	Veterano M50	02:23:09	+56:05	07:57
167	536	Pedro Melo	arcorun	Veterano M50	02:23:20	+56:16	07:58
168	524	Rui Vitória	arcorun	Senior Masculino	02:23:20	+56:16	07:58
169	664	PEDRO BASTOS	individual	Veterano M40	02:23:35	+56:31	07:59
170	647	Carlos Gomes Silva	individual	Veterano M40	02:24:21	+57:18	08:01
171	718	Celeste Ribeiro	pernetas	Veterana F40	02:24:38	+57:35	08:02

TRAIL MEDIO - STAGE 1 — 18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
172	688	Augusto Santos Silva	juventude cortegacense	Veterano M50	02:24:39	+57:35	08:02
173	677	Marcio Costa	juventude cortegacense	Senior Masculino	02:24:40	+57:37	08:02
174	686	Sergio Costa	juventude cortegacense	Veterano M40	02:24:40	+57:37	08:02
175	551	João Lourenço	c+ runners	Veterano M40	02:24:52	+57:49	08:03
176	760	LÍGIA LOPES	trepatrilhos trail team	Senior Feminino	02:25:09	+58:05	08:04
177	763	JOSÉ OLIVEIRA	trepatrilhos trail team	Veterano M40	02:25:09	+58:05	08:04
178	710	Rui Teixeira	os falta d´ar	Veterano M40	02:26:14	+59:10	08:07
179	597	Andre Barros	hora do lobo trail	Senior Masculino	02:26:15	+59:11	08:08
180	657	LINDOLFO SOL	individual	Veterano M40	02:26:15	+59:11	08:08
181	761	helder manuel pereira rodrigues	trepatrilhos trail team	Senior Masculino	02:26:21	+59:17	08:08
182	550	Marlene Almeida	c. b. viseu running team	Senior Feminino	02:26:28	+59:24	08:08
183	549	Gina Lopes	c. b. viseu running team	Senior Feminino	02:26:43	+59:39	08:09
184	643	Cristina Moreira	individual	Veterana F50	02:27:53	+01:00:49	08:13
185	724	rosana martins	reumatico trail team	Senior Feminino	02:28:18	+01:01:14	08:14
186	749	Rosa Rodrigues	trail running clube btt sanguedo	Senior Feminino	02:28:20	+01:01:16	08:14
187	752	Dulce Correia	trail running clube btt sanguedo	Veterana F40	02:28:20	+01:01:16	08:14
188	750	Helder Ferreira	trail running clube btt sanguedo	Senior Masculino	02:28:53	+01:01:49	08:16
189	723	mara freitas	reumatico trail team	Senior Feminino	02:29:12	+01:02:08	08:17
190	623	EDGAR MOTA	individual	Senior Masculino	02:29:44	+01:02:40	08:19
191	618	Bruno Sá	individual	Senior Masculino	02:29:44	+01:02:40	08:19
192	770	Pedro Miguel dos Santos Matos	yazaki runners	Veterano M40	02:30:57	+01:03:53	08:23
193	661	Nelson Campos	individual	Veterano M40	02:30:57	+01:03:53	08:23
194	592	José Santos	ginásio fit4fun	Veterano M40	02:32:51	+01:05:47	08:30
195	590	Elsa Soares	ginásio fit4fun	Veterana F40	02:32:51	+01:05:47	08:30
196	556	Rui Pedro	cadinha f.c.	Senior Masculino	02:34:26	+01:07:22	08:35
197	562	Andreia Valente	caga tacos running team	Senior Feminino	02:34:28	+01:07:24	08:35
198	670	Pedro Vicente	individual	Veterano M50	02:34:37	+01:07:33	08:35
199	713	Liliana pinto	pernetas	Senior Feminino	02:34:45	+01:07:42	08:36
200	531	Fernando Lopes	arcorun	Veterano M40	02:36:21	+01:09:17	08:41
201	1089	Rui Gabriel	hora do lobo trail	Senior Masculino	02:39:21	+01:12:17	08:51
202	716	Vera Rodrigues	pernetas	Senior Feminino	02:39:58	+01:12:54	08:53
203	722	Selenio Ferreira	pernetas	Veterano M40	02:39:58	+01:12:54	08:53
204	715	Sofia Canez	pernetas	Senior Feminino	02:39:58	+01:12:54	08:53
205	717	Sérgio Ferreira	pernetas	Senior Masculino	02:39:58	+01:12:54	08:53
206	621	Carlos Rocha	individual	Senior Masculino	02:40:11	+01:13:07	08:54
207	743	Cláudia Lopes	team shark	Senior Feminino	02:40:39	+01:13:35	08:56
208	602	Anabela Cordeiro	individual	Senior Feminino	02:42:43	+01:15:40	09:02
209	605	Carla Varandas	individual	Senior Feminino	02:42:44	+01:15:40	09:02
210	603	Barbara Feio	individual	Senior Feminino	02:43:57	+01:16:53	09:07
211	698	Joana Machado	mozelos runners	Senior Feminino	02:43:58	+01:16:54	09:07
212	699	Sónia Santiago	mozelos runners	Senior Feminino	02:43:58	+01:16:55	09:07
213	641	Paula Morais	individual	Veterana F40	02:44:17	+01:17:13	09:08
214	611	Marlene Pinto	individual	Senior Feminino	02:46:29	+01:19:25	09:15
215	627	Hugo Alexandre Alves	individual	Senior Masculino	02:47:47	+01:20:44	09:19
216	704	Dora Dias	no tomorrow running team	Senior Feminino	02:53:36	+01:26:32	09:39

TRAIL MEDIO - STAGE 1 — 18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
217	705	Milo Gonçalves	no tomorrow running team	Veterano M50	02:53:36	+01:26:32	09:39
218	714	Marina Souza	pernetas	Senior Feminino	02:54:21	+01:27:17	09:41
219	616	Vera Silva	individual	Senior Feminino	02:56:08	+01:29:04	09:47
220	519	Claudia Dias	arcorun	Senior Feminino	02:56:41	+01:29:38	09:49
221	719	Fatima Meinedo	pernetas	Veterana F40	02:57:19	+01:30:16	09:51
222	525	Joana Marques	arcorun	Veterana F40	03:00:37	+01:33:34	10:02
223	526	Patricia Amorim	arcorun	Veterana F40	03:00:55	+01:33:51	10:03
224	692	Jorge Barbosa	leões de tardariz trail	Senior Masculino	03:01:09	+01:34:05	10:04
225	695	Gualter Castro	leões de tardariz trail	Veterano M50	03:01:09	+01:34:05	10:04
226	518	Ana Rocha	arcorun	Senior Feminino	03:01:12	+01:34:08	10:04
227	527	Verónica Sampaio	arcorun	Veterana F40	03:01:12	+01:34:08	10:04
228	1045	Fernande Ramos	btt sanguedo	Veterano M40	03:01:54	+01:34:50	10:06
229	608	Hélia Solange Neves Lima	running espinho	Senior Feminino	03:01:54	+01:34:51	10:06
230	642	Sandra Ferreira	running espinho	Veterana F40	03:01:54	+01:34:51	10:06
231	757	Fernando Correia	trail running clube btt sanguedo	Veterano M50	03:01:55	+01:34:51	10:06
232	637	alexandra	running espinho	Veterana F40	03:01:55	+01:34:51	10:06
233	636	Tiago Silva	individual	Senior Masculino	03:03:55	+01:36:52	10:13
234	612	Raquel Santos	individual	Senior Feminino	03:04:00	+01:36:57	10:13
235	737	Mônica Oliveira	smf	Veterana F40	03:06:01	+01:38:58	10:20
236	736	Filipe Coelho	smf	Senior Masculino	03:06:03	+01:38:59	10:20
237	639	Carla Oliveira	individual	Veterana F40	03:06:04	+01:39:00	10:20
238	735	Carlos Oliveira	smf	Senior Masculino	03:06:04	+01:39:00	10:20
239	734	Isabel Cabral	smf	Senior Feminino	03:06:04	+01:39:00	10:20
240	609	Isabel Bettencourt	individual	Senior Feminino	03:06:06	+01:39:02	10:20
241	30	Bruno Pereira Moreira	correio de albergaria trail running	Veterano M40	03:12:18	+01:45:15	10:41
242	28	Iolanda Isabel Telha Babo	correio de albergaria trail running	Senior Feminino	03:12:25	+01:45:21	10:41
243	565	Marta Sousa	correio de albergaria trail running	Veterana F40	03:12:25	+01:45:21	10:41
244	528	Alcina Moura	arcorun	Veterana F50	03:12:45	+01:45:42	10:43
245	630	Luis Espirto Santo	individual	Senior Masculino	03:16:15	+01:49:11	10:54
246	514	Carla Lopes	anteam	Senior Feminino	03:24:51	+01:57:47	11:23
247	515	Diana Ribeiro	anteam	Senior Feminino	03:25:34	+01:58:31	11:25
248	516	Hugo Oliveira	anteam	Veterano M40	03:25:34	+01:58:31	11:25
249	552	Inês Santos	cadinha f.c.	Senior Feminino	03:49:29	+02:22:25	12:45
250	553	Teresa Oliveira	cadinha f.c.	Senior Feminino	03:49:29	+02:22:25	12:45
251	103	Ana Barroso	no tomorrow running team	Veterana F40	03:49:31	+02:22:27	12:45
252	667	José Costa	individual	Veterano M50	03:49:31	+02:22:27	12:45

Trail Medio

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:15	16.4ºC	86%
End	13:05	16.4ºC	86%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	508	Mara Célia	Amigos do Elisio	Senior Feminino	01:58:18	+31:14	06:34
2	539	Ana Catarina Venda da Fonseca	Azeméis Runners	Senior Feminino	01:59:09	+32:05	06:37
3	520	Joana Silva	ARCORUN	Senior Feminino	01:59:47	+32:43	06:39
4	604	Carla Sofia Gonçalves Pinto	Individual	Senior Feminino	01:59:49	+32:45	06:39
5	748	Liliana Cardoso	Trail Running Clube Btt Sanguedo	Senior Feminino	02:00:21	+33:18	06:41
6	564	Silvia Gomes	Correio de Albergaria Trail Running	Senior Feminino	02:02:35	+35:32	06:49
7	759	Ana Nogueira	TrepaTrilhos Trail Team	Senior Feminino	02:08:20	+41:17	07:08
8	674	Silvana Rocha	Juventude Cortegacense	Senior Feminino	02:13:34	+46:30	07:25
9	521	Marlene Gomes	ARCORUN	Senior Feminino	02:16:23	+49:19	07:35
10	615	Tulia Aires	Individual	Senior Feminino	02:17:40	+50:36	07:39
11	610	Márcia Carvalho	Individual	Senior Feminino	02:18:43	+51:39	07:42
12	542	Paula Alexandra	Bravos & Bravitas	Senior Feminino	02:20:00	+52:56	07:47
13	586	Mafalda Valente	GEOCROSSTRAIL ESCARIZ	Senior Feminino	02:20:11	+53:07	07:47
14	589	RITA AGUIAR	Ginásio Fit4Fun	Senior Feminino	02:20:37	+53:34	07:49
15	614	Teresa Lima	Individual	Senior Feminino	02:21:41	+54:37	07:52
16	760	LÍGIA LOPES	TrepaTrilhos Trail Team	Senior Feminino	02:25:09	+58:05	08:04
17	550	Marlene Almeida	C. B. Viseu Running Team	Senior Feminino	02:26:28	+59:24	08:08
18	549	Gina Lopes	C. B. Viseu Running Team	Senior Feminino	02:26:43	+59:39	08:09
19	724	rosana martins	reumatico trail team	Senior Feminino	02:28:18	+01:01:14	08:14
20	749	Rosa Rodrigues	Trail Running Clube Btt Sanguedo	Senior Feminino	02:28:20	+01:01:16	08:14
21	723	mara freitas	reumatico trail team	Senior Feminino	02:29:12	+01:02:08	08:17
22	562	Andreia Valente	Caga Tacos Running Team	Senior Feminino	02:34:28	+01:07:24	08:35
23	713	Liliana pinto	Pernetas	Senior Feminino	02:34:45	+01:07:42	08:36
24	716	Vera Rodrigues	Pernetas	Senior Feminino	02:39:58	+01:12:54	08:53
25	715	Sofia Canez	Pernetas	Senior Feminino	02:39:58	+01:12:54	08:53
26	743	Cláudia Lopes	Team Shark	Senior Feminino	02:40:39	+01:13:35	08:56
27	602	Anabela Cordeiro	Individual	Senior Feminino	02:42:43	+01:15:40	09:02
28	605	Carla Varandas	Individual	Senior Feminino	02:42:44	+01:15:40	09:02
29	603	Barbara Feio	Individual	Senior Feminino	02:43:57	+01:16:53	09:07
30	698	Joana Machado	Mozelos Runners	Senior Feminino	02:43:58	+01:16:54	09:07
31	699	Sónia Santiago	Mozelos Runners	Senior Feminino	02:43:58	+01:16:55	09:07
32	611	Marlene Pinto	Individual	Senior Feminino	02:46:29	+01:19:25	09:15
33	704	Dora Dias	NO TOMORROW RUNNING TEAM	Senior Feminino	02:53:36	+01:26:32	09:39
34	714	Marina Souza	Pernetas	Senior Feminino	02:54:21	+01:27:17	09:41
35	616	Vera Silva	Individual	Senior Feminino	02:56:08	+01:29:04	09:47
36	519	Claudia Dias	ARCORUN	Senior Feminino	02:56:41	+01:29:38	09:49
37	518	Ana Rocha	ARCORUN	Senior Feminino	03:01:12	+01:34:08	10:04
38	608	Hélia Solange Neves Lima	RUNNING ESPINHO	Senior Feminino	03:01:54	+01:34:51	10:06
39	612	Raquel Santos	Individual	Senior Feminino	03:04:00	+01:36:57	10:13

Trail Medio

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

40	734	Isabel Cabral	SMF	Senior Feminino	03:06:04	+01:39:00	10:20
41	609	Isabel Bettencourt	Individual	Senior Feminino	03:06:06	+01:39:02	10:20
42	28	Iolanda Isabel Telha Babo	Correio de Albergaria Trail Running	Senior Feminino	03:12:25	+01:45:21	10:41
43	514	Carla Lopes	ANTeam	Senior Feminino	03:24:51	+01:57:47	11:23
44	515	Diana Ribeiro	ANTeam	Senior Feminino	03:25:34	+01:58:31	11:25
45	552	Inês Santos	Cadinha F.C.	Senior Feminino	03:49:29	+02:22:25	12:45
46	553	Teresa Oliveira	Cadinha F.C.	Senior Feminino	03:49:29	+02:22:25	12:45

Senior Masculino

1	579	André Silva	Fiães Running	Senior Masculino	01:27:27	+00:24	04:52
2	631	Marcelo Silva Pereira	Individual	Senior Masculino	01:27:55	+00:51	04:53
3	581	Helder robalinho	Fiães Running	Senior Masculino	01:29:28	+02:24	04:58
4	745	Marcelo Pinho Araújo	teamtrail 3pros15	Senior Masculino	01:29:41	+02:37	04:59
5	582	José Almeida	Fiães Running	Senior Masculino	01:32:07	+05:03	05:07
6	580	Cláudio Costa	Fiães Running	Senior Masculino	01:32:07	+05:03	05:07
7	765	Ricardo Topa	Vila Maior em Turismo	Senior Masculino	01:32:23	+05:19	05:08
8	523	Jorge Gomes	ARCORUN	Senior Masculino	01:36:01	+08:57	05:20
9	746	Nuno Roberto da Silva Faria	teamtrail 3pros15	Senior Masculino	01:36:17	+09:13	05:21
10	570	José Cruz	EI Team Trail	Senior Masculino	01:36:29	+09:26	05:22
11	577	Bruno Silva	Escola de Condução Nova	Senior Masculino	01:39:45	+12:41	05:33
12	764	Ricardo Ressurreição	Vila Maior em Turismo	Senior Masculino	01:40:33	+13:29	05:35
13	697	João Leite	Mexilhão da Montanha	Senior Masculino	01:41:15	+14:11	05:38
14	544	Filipe bravo	Bravos & Bravitas	Senior Masculino	01:41:28	+14:24	05:38
15	739	Rui Bessa	Sob Efeito Trail	Senior Masculino	01:46:51	+19:47	05:56
16	543	André bravo	Bravos & Bravitas	Senior Masculino	01:47:53	+20:49	06:00
17	510	Eduardo Carvalho	Amigos do Elisio	Senior Masculino	01:47:56	+20:53	06:00
18	569	hugo asilva esteves	EI Team Trail	Senior Masculino	01:48:08	+21:05	06:00
19	676	Joel Sequeira	Juventude Cortegacense	Senior Masculino	01:48:27	+21:23	06:02
20	560	Ricardo Oliveira	Cães do trail	Senior Masculino	01:54:38	+27:34	06:22
21	558	César Costa	Cães do trail	Senior Masculino	01:54:38	+27:34	06:22
22	626	HELDER MOTA	Individual	Senior Masculino	01:54:56	+27:52	06:23
23	620	Carlos Oliveira	Individual	Senior Masculino	01:56:02	+28:58	06:27
24	17	João Almeida	C. B. Viseu Running Team	Senior Masculino	01:57:45	+30:42	06:33
25	622	DAVID TEIXEIRA	Individual	Senior Masculino	01:57:58	+30:54	06:33
26	678	Valter Lima	Juventude Cortegacense	Senior Masculino	01:58:05	+31:01	06:34
27	509	Armando Leite	Amigos do Elisio	Senior Masculino	01:58:17	+31:14	06:34
28	561	Vítor Maia	Cães do trail	Senior Masculino	01:58:58	+31:54	06:37
29	747	Fernando Leite	TNT - Trilhos Natura Team	Senior Masculino	01:59:48	+32:44	06:39
30	635	Silvestre Carragoso	Individual	Senior Masculino	02:00:00	+32:57	06:40
31	617	António CARLOS Tavares de PAIVA	Individual	Senior Masculino	02:02:11	+35:07	06:47
32	633	Miguel Oliveira	Individual	Senior Masculino	02:03:30	+36:27	06:52
33	628	Hugo Guimarães	Individual	Senior Masculino	02:03:45	+36:42	06:53
34	629	Joaquim Pedro Ferreira	Individual	Senior Masculino	02:03:56	+36:53	06:53
35	559	Filipe couto	Cães do trail	Senior Masculino	02:05:11	+38:08	06:57
36	547	Pedro Custódio	Bravos & Bravitas	Senior Masculino	02:05:24	+38:20	06:58

Trail Medio

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

37	741	Sérgio Chacim	Taylors	Senior Masculino	02:05:51	+38:47	07:00
38	738	Pedro Oliveira	Sob Efeito Trail	Senior Masculino	02:07:08	+40:04	07:04
39	634	Rogério Almeida	Individual	Senior Masculino	02:07:13	+40:09	07:04
40	762	Leonel Medas	TrepaTrilhos Trail Team	Senior Masculino	02:08:21	+41:17	07:08
41	522	João Neves	ARCORUN	Senior Masculino	02:08:34	+41:30	07:09
42	728	Pedro Gonçalves	Salta Pocinhas	Senior Masculino	02:11:27	+44:23	07:18
43	557	bruno Moreira	Cães do trail	Senior Masculino	02:12:05	+45:01	07:20
44	700	Luís Machado	Mozelos Runners	Senior Masculino	02:13:32	+46:28	07:25
45	578	Joao Oliveira	Facort running team	Senior Masculino	02:16:08	+49:04	07:34
46	625	Fernando Nogueira	Individual	Senior Masculino	02:16:13	+49:10	07:34
47	619	Carlos Daniel Nunes Maia	Individual	Senior Masculino	02:16:25	+49:21	07:35
48	511	Pedro Lopes	Amigos do Elisio	Senior Masculino	02:18:06	+51:02	07:40
49	727	Mitchell Miranda	Salta Pocinhas	Senior Masculino	02:18:15	+51:11	07:41
50	726	David Costa	Salta Pocinhas	Senior Masculino	02:18:42	+51:38	07:42
51	624	Fernando Carvalho	Individual	Senior Masculino	02:18:43	+51:39	07:42
52	503	Daniel Machado	512	Senior Masculino	02:20:37	+53:33	07:49
53	599	Ricas Almeida	Hora do Lobo Trail	Senior Masculino	02:21:03	+53:59	07:50
54	554	Carlos Mota	Cadinha F.C.	Senior Masculino	02:21:34	+54:30	07:52
55	571	MIGUEL NETO	EI Team Trail	Senior Masculino	02:22:01	+54:57	07:53
56	572	Ricardo Loureiro	EI Team Trail	Senior Masculino	02:22:06	+55:03	07:54
57	555	Gabriel Cardoso	Cadinha F.C.	Senior Masculino	02:22:34	+55:31	07:55
58	524	Rui Vitória	ARCORUN	Senior Masculino	02:23:20	+56:16	07:58
59	677	Marcio Costa	Juventude Cortegacense	Senior Masculino	02:24:40	+57:37	08:02
60	597	Andre Barros	Hora do Lobo Trail	Senior Masculino	02:26:15	+59:11	08:08
61	761	helder manuel pereira rodrigues	TrepaTrilhos Trail Team	Senior Masculino	02:26:21	+59:17	08:08
62	750	Helder Ferreira	Trail Running Clube Btt Sanguedo	Senior Masculino	02:28:53	+01:01:49	08:16
63	623	EDGAR MOTA	Individual	Senior Masculino	02:29:44	+01:02:40	08:19
64	618	Bruno Sá	Individual	Senior Masculino	02:29:44	+01:02:40	08:19
65	556	Rui Pedro	Cadinha F.C.	Senior Masculino	02:34:26	+01:07:22	08:35
66	1089	Rui Gabriel	Hora do Lobo Trail	Senior Masculino	02:39:21	+01:12:17	08:51
67	717	Sérgio Ferreira	Pernetas	Senior Masculino	02:39:58	+01:12:54	08:53
68	621	Carlos Rocha	Individual	Senior Masculino	02:40:11	+01:13:07	08:54
69	627	Hugo Alexandre Alves	Individual	Senior Masculino	02:47:47	+01:20:44	09:19
70	692	Jorge Barbosa	Leões de Tardariz Trail	Senior Masculino	03:01:09	+01:34:05	10:04
71	636	Tiago Silva	Individual	Senior Masculino	03:03:55	+01:36:52	10:13
72	736	Filipe Coelho	SMF	Senior Masculino	03:06:03	+01:38:59	10:20
73	735	Carlos Oliveira	SMF	Senior Masculino	03:06:04	+01:39:00	10:20
74	630	Luis Espirto Santo	Individual	Senior Masculino	03:16:15	+01:49:11	10:54

Veterana F40

1	673	Lucia Campos da Costa	Juventude Cortegacense	Veterana F40	01:51:08	+24:04	06:10
2	566	Cristina Passos	RUNNING ESPINHO	Veterana F40	01:56:52	+29:48	06:30
3	753	Rosa Conceição	Trail Running Clube Btt Sanguedo	Veterana F40	02:00:51	+33:47	06:43
4	640	Marieta do Carmo Pereira Branco	Individual	Veterana F40	02:02:11	+35:07	06:47
5	573	Catarina Pereira	EI Team Trail	Veterana F40	02:03:21	+36:17	06:51

Trail Medio

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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6	583	Olga Maria Vieira de Jesus Gomes	Fiães Running	Veterana F40	02:03:31	+36:27	06:52
7	512	Paula Barros	Amigos do Santo Ambrósio	Veterana F40	02:09:13	+42:09	07:11
8	680	Marcia Costa	Juventude Cortegacense	Veterana F40	02:10:38	+43:35	07:15
9	742	Cristina Loureiro	Taylors	Veterana F40	02:12:03	+44:59	07:20
10	751	Cristina Couto	Trail Running Clube Btt Sanguedo	Veterana F40	02:14:32	+47:28	07:28
11	540	Florbela Marques Queirós	Azeméis Runners	Veterana F40	02:15:30	+48:26	07:32
12	504	Diana Carneiro	512	Veterana F40	02:20:38	+53:35	07:49
13	718	Celeste Ribeiro	Pernetas	Veterana F40	02:24:38	+57:35	08:02
14	752	Dulce Correia	Trail Running Clube Btt Sanguedo	Veterana F40	02:28:20	+01:01:16	08:14
15	590	Elsa Soares	Ginásio Fit4Fun	Veterana F40	02:32:51	+01:05:47	08:30
16	641	Paula Morais	Individual	Veterana F40	02:44:17	+01:17:13	09:08
17	719	Fatima Meinedo	Pernetas	Veterana F40	02:57:19	+01:30:16	09:51
18	525	Joana Marques	ARCORUN	Veterana F40	03:00:37	+01:33:34	10:02
19	526	Patricia Amorim	ARCORUN	Veterana F40	03:00:55	+01:33:51	10:03
20	527	Verónica Sampaio	ARCORUN	Veterana F40	03:01:12	+01:34:08	10:04
21	642	Sandra Ferreira	RUNNING ESPINHO	Veterana F40	03:01:54	+01:34:51	10:06
22	637	alexandra	RUNNING ESPINHO	Veterana F40	03:01:55	+01:34:51	10:06
23	737	Mônica Oliveira	SMF	Veterana F40	03:06:01	+01:38:58	10:20
24	639	Carla Oliveira	Individual	Veterana F40	03:06:04	+01:39:00	10:20
25	565	Marta Sousa	Correio de Albergaria Trail Running	Veterana F40	03:12:25	+01:45:21	10:41
26	103	Ana Barroso	NO TOMORROW RUNNING TEAM	Veterana F40	03:49:31	+02:22:27	12:45

Veterana F50

1	644	Manuela Sousa	Individual	Veterana F50	02:09:46	+42:43	07:13
2	600	Margarida Neves	Hora do Lobo Trail	Veterana F50	02:10:36	+43:32	07:15
3	591	Isabel Figueiredo	Ginásio Fit4Fun	Veterana F50	02:14:28	+47:24	07:28
4	529	Rosina Couto	ARCORUN	Veterana F50	02:18:11	+51:07	07:41
5	643	Cristina Moreira	Individual	Veterana F50	02:27:53	+01:00:49	08:13
6	528	Alcina Moura	ARCORUN	Veterana F50	03:12:45	+01:45:42	10:43

Veterano M40

1	660	Manuel José Teixeira Sousa	Individual	Veterano M40	01:27:03		04:50
2	768	Rui Oliveira	Vila Maior em Turismo	Veterano M40	01:30:20	+03:16	05:01
3	683	Joao Oliveira	Juventude Cortegacense	Veterano M40	01:33:54	+06:50	05:13
4	767	Julio Oliveira	Vila Maior em Turismo	Veterano M40	01:34:14	+07:10	05:14
5	598	Duarte Barbosa	Hora do Lobo Trail	Veterano M40	01:36:50	+09:46	05:23
6	682	Ernesto Marques Alves	Juventude Cortegacense	Veterano M40	01:37:01	+09:57	05:23
7	576	Ricardo Carvalho	EI Team Trail	Veterano M40	01:37:55	+10:51	05:26
8	575	Joaquim Coelho	EI Team Trail	Veterano M40	01:38:59	+11:55	05:30
9	696	Sérgio Filipe Pereira	Magical Mushroom	Veterano M40	01:39:40	+12:36	05:32
10	663	Paulo Santos	Individual	Veterano M40	01:41:04	+14:01	05:37
11	754	RICHARD GUSTAVO NOGUEIRA DA SILVA	Trail Running Clube Btt Sanguedo	Veterano M40	01:46:51	+19:47	05:56

Trail Medio

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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12	732	José Oliveira	Sentir Escariz running	Veterano M40	01:46:51	+19:47	05:56
13	681	Cecilio Maunel Silva Ferreira	Juventude Cortegacense	Veterano M40	01:47:15	+20:11	05:58
14	567	José Carlos Dias	CTAD - Trilhos de Cinfães	Veterano M40	01:47:41	+20:38	05:59
15	530	Carlos Couto	ARCORUN	Veterano M40	01:47:43	+20:39	05:59
16	533	Paulo Grilo	ARCORUN	Veterano M40	01:50:03	+22:59	06:07
17	655	Jorge Rodrigues	Individual	Veterano M40	01:52:13	+25:09	06:14
18	684	Jorge Fernando Silva Marques Coelho	Juventude Cortegacense	Veterano M40	01:54:16	+27:12	06:21
19	595	Miguel Teixeira	Gramidense IFC	Veterano M40	01:56:29	+29:25	06:28
20	650	Eduardo Pinto	Individual	Veterano M40	01:56:53	+29:49	06:30
21	649	Constantino Mota	Individual	Veterano M40	01:57:06	+30:02	06:30
22	766	Carlos Costa	Vila Maior em Turismo	Veterano M40	01:57:19	+30:16	06:31
23	534	Vitor Folgado	ARCORUN	Veterano M40	01:57:21	+30:18	06:31
24	33	Jorge Moreira	CSCD CM FEIRA	Veterano M40	01:57:47	+30:43	06:33
25	687	Sérgio Paulo Ferreira Oliveira	Juventude Cortegacense	Veterano M40	01:58:05	+31:01	06:34
26	685	Julio Paulo Silva	Juventude Cortegacense	Veterano M40	01:58:05	+31:01	06:34
27	596	Nuno Pereira	Grupo de Corrida de Argoncilhe	Veterano M40	01:58:21	+31:18	06:35
28	755	Rolando Paulo	Trail Running Clube Btt Sanguedo	Veterano M40	01:58:58	+31:55	06:37
29	740	Nelson Aguiar	Sociedade Filarmónica Lealdade União Ribeirense (SFLUR)	Veterano M40	01:59:05	+32:01	06:37
30	721	Agostinho Torres	Pernetas	Veterano M40	01:59:29	+32:25	06:38
31	648	Carlos Santos	Individual	Veterano M40	02:00:28	+33:24	06:42
32	733	Vítor Moreira	Sentir Escariz running	Veterano M40	02:01:33	+34:29	06:45
33	587	Ricardo Godinho	GEOCROSSTRAIL ESCARIZ	Veterano M40	02:01:34	+34:30	06:45
34	645	António Pinheiro	Individual	Veterano M40	02:02:04	+35:00	06:47
35	646	Carlos Augusto Martins da Silva	Individual	Veterano M40	02:02:04	+35:00	06:47
36	601	Vitor Neto	Hora do Lobo Trail	Veterano M40	02:02:25	+35:22	06:48
37	731	Jorge Moreira	Sentir Escariz running	Veterano M40	02:03:28	+36:24	06:52
38	651	Emerson Falcão	Individual	Veterano M40	02:04:00	+36:56	06:53
39	658	Luis Pessoa	Individual	Veterano M40	02:06:30	+39:26	07:02
40	513	Diogo Oliveira	Amigos do Santo Ambrósio	Veterano M40	02:07:31	+40:27	07:05
41	588	Rui Moreira	GEOCROSSTRAIL ESCARIZ	Veterano M40	02:09:41	+42:37	07:12
42	675	Pedro Rola	Juventude Cortegacense	Veterano M40	02:10:38	+43:34	07:15
43	730	António Ribeiro	Salta Pocinhas	Veterano M40	02:10:52	+43:48	07:16
44	532	Miguel Barros	ARCORUN	Veterano M40	02:11:05	+44:01	07:17
45	659	LUIS TRINDADE	Individual	Veterano M40	02:11:48	+44:44	07:19
46	693	João Vieira	Leões de Tardariz Trail	Veterano M40	02:13:30	+46:26	07:25
47	563	Manuel Guedes	Clube Independente de Atletismo de Alpendorada	Veterano M40	02:13:31	+46:28	07:25
48	545	Carlos bravo	Bravos & Bravitas	Veterano M40	02:13:47	+46:43	07:26
49	546	herdeiro bravo	Bravos & Bravitas	Veterano M40	02:13:47	+46:43	07:26
50	652	Flávio Soares	Individual	Veterano M40	02:14:33	+47:29	07:29
51	656	Jose luis Silva	Individual	Veterano M40	02:14:39	+47:35	07:29
52	694	Manuel Alvarino	Leões de Tardariz Trail	Veterano M40	02:16:10	+49:06	07:34
53	703	Joaquim Pereira	Mozelos Runners	Veterano M40	02:17:11	+50:07	07:37
54	653	Francisco Rebelo	Individual	Veterano M40	02:17:39	+50:36	07:39
55	744	Fernando Mendes	Team Shark	Veterano M40	02:17:53	+50:49	07:40
56	702	António Rodigues	Mozelos Runners	Veterano M40	02:18:42	+51:38	07:42

Trail Medio

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

57	771	Andrzej Jonca	Individual	Veterano M40	02:18:55	+51:51	07:43
58	501	Rui Sá	10TEMIDOS	Veterano M40	02:19:57	+52:53	07:47
59	548	Pedro Bastos	Bravos & Bravitas	Veterano M40	02:20:14	+53:10	07:47
60	709	Rui Santos	OS FALTA D´AR	Veterano M40	02:21:38	+54:35	07:52
61	707	Jorge Guerra	OS FALTA D´AR	Veterano M40	02:21:44	+54:40	07:52
62	594	Celso Mota	GONDOMAR FUTSAL CLUBE	Veterano M40	02:21:54	+54:50	07:53
63	665	RICARDO M FERREIRA	Individual	Veterano M40	02:21:55	+54:51	07:53
64	664	PEDRO BASTOS	Individual	Veterano M40	02:23:35	+56:31	07:59
65	647	Carlos Gomes Silva	Individual	Veterano M40	02:24:21	+57:18	08:01
66	686	Sergio Costa	Juventude Cortegacense	Veterano M40	02:24:40	+57:37	08:02
67	551	João Lourenço	C+ RUNNERS	Veterano M40	02:24:52	+57:49	08:03
68	763	JOSÉ OLIVEIRA	TrepaTrilhos Trail Team	Veterano M40	02:25:09	+58:05	08:04
69	710	Rui Teixeira	OS FALTA D´AR	Veterano M40	02:26:14	+59:10	08:07
70	657	LINDOLFO SOL	Individual	Veterano M40	02:26:15	+59:11	08:08
71	770	Pedro Miguel dos Santos Matos	Yazaki Runners	Veterano M40	02:30:57	+01:03:53	08:23
72	661	Nelson Campos	Individual	Veterano M40	02:30:57	+01:03:53	08:23
73	592	José Santos	Ginásio Fit4Fun	Veterano M40	02:32:51	+01:05:47	08:30
74	531	Fernando Lopes	ARCORUN	Veterano M40	02:36:21	+01:09:17	08:41
75	722	Selenio Ferreira	Pernetas	Veterano M40	02:39:58	+01:12:54	08:53
76	1045	Fernande Ramos	Btt sanguedo	Veterano M40	03:01:54	+01:34:50	10:06
77	30	Bruno Pereira Moreira	Correio de Albergaria Trail Running	Veterano M40	03:12:18	+01:45:15	10:41
78	516	Hugo Oliveira	ANTeam	Veterano M40	03:25:34	+01:58:31	11:25

Veterano M50

1	666	Da Costa Moreira Sergio	Individual	Veterano M50	01:36:21	+09:17	05:21
2	669	Pedro Ribeiro	Individual	Veterano M50	01:48:54	+21:50	06:03
3	756	Edgar Rocha	Trail Running Clube Btt Sanguedo	Veterano M50	01:49:14	+22:10	06:04
4	689	Celso Lino Oliveira Gomes	Juventude Cortegacense	Veterano M50	01:51:10	+24:06	06:11
5	800	Manuel Fernandes	Individual	Veterano M50	01:56:43	+29:39	06:29
6	535	Jorge Santos	ARCORUN	Veterano M50	01:57:59	+30:56	06:33
7	690	Domingos Fernando Oliveira Camboa	Juventude Cortegacense	Veterano M50	01:58:05	+31:01	06:34
8	691	Paulo Castelo	Juventude Cortegacense	Veterano M50	01:59:39	+32:36	06:39
9	758	Mario Alves	Trail Running Clube Btt Sanguedo	Veterano M50	01:59:57	+32:53	06:40
10	541	Manuel Soares	Azeméis Runners	Veterano M50	02:02:04	+35:00	06:47
11	502	Jorge Moreira	10TEMIDOS	Veterano M50	02:06:04	+39:00	07:00
12	584	FERNANDO PAIS	Fiães Running	Veterano M50	02:12:25	+45:21	07:21
13	593	João Mota	Ginásio Fit4Fun	Veterano M50	02:14:26	+47:22	07:28
14	668	José Mário Magalhães de Pereira	Individual	Veterano M50	02:14:29	+47:25	07:28
15	585	José Falcão	Fiães Running	Veterano M50	02:23:09	+56:05	07:57
16	536	Pedro Melo	ARCORUN	Veterano M50	02:23:20	+56:16	07:58
17	688	Augusto Santos Silva	Juventude Cortegacense	Veterano M50	02:24:39	+57:35	08:02
18	670	Pedro Vicente	Individual	Veterano M50	02:34:37	+01:07:33	08:35
19	705	Milo Gonçalves	NO TOMORROW RUNNING TEAM	Veterano M50	02:53:36	+01:26:32	09:39
20	695	Gualter Castro	Leões de Tardariz Trail	Veterano M50	03:01:09	+01:34:05	10:04

Trail Medio

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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21	757	Fernando Correia	Trail Running Clube Btt Sanguedo	Veterano M50	03:01:55	+01:34:51	10:06
22	667	José Costa	Individual	Veterano M50	03:49:31	+02:22:27	12:45

COLETIVO - TRAIL MEDIO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	FIÃES RUNNING	2 + 4 + 7 + 8	21
2	VILA MAIOR EM TURISMO	6 + 9 + 11 + 22	48
3	EI TEAM TRAIL	15 + 18 + 19 + 34	86
4	JUVENTUDE CORTEGACENSE	10 + 17 + 29 + 35	91
5	ARCORUN	12 + 31 + 38 + 53	134
6	TRAIL RUNNING CLUBE BTT SANGUEDO	26 + 37 + 66 + 74	203
7	CÃES DO TRAIL	43 + 44 + 65 + 95	247
8	BRAVOS & BRAVITAS	25 + 32 + 96 + 123	276
9	AMIGOS DO ELISIO	33 + 62 + 63 + 141	299
10	HORA DO LOBO TRAIL	16 + 86 + 109 + 156	367
11	SALTA POCINHAS	112 + 114 + 143 + 144	513
12	TREPATRILHOS TRAIL TEAM	103 + 104 + 176 + 177	560
13	GINÁSIO FIT4FUN	125 + 126 + 154 + 194	599
14	MOZELOS RUNNERS	121 + 137 + 145 + 211	614
15	PERNETAS	69 + 171 + 199 + 202	641
16	LEÕES DE TARDARIZ TRAIL	119 + 133 + 224 + 225	701
17	RUNNING ESPINHO	49 + 229 + 230 + 232	740
18	CADINHA F.C.	157 + 165 + 196 + 249	767
19	CORREIO DE ALBERGARIA TRAIL RUNNING	87 + 241 + 242 + 243	813
20	SMF	235 + 236 + 238 + 239	948