Trilhos dos Pernetas 3.6
Canedo, PT
01-May-2019

TRAIL MÉDIO - STAGE 1 — 18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:15	12.8ºC	68%
End	13:54	12.8ºC	68%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	571	Manuel José Teixeira Sousa	clube independente de argoncilhe	Veterano M40	01:27:24		04:51
2	544	Paulo pinto	aztrail/mercentro	Veterano M40	01:29:46	+02:22	04:59
3	811	Bruno Silva	sporting clube de espinho / antónio leitão	Senior Masculino	01:30:26	+03:02	05:01
4	787	Helder Robalinho	peralta fil running	Senior Masculino	01:32:31	+05:07	05:08
5	788	José Almeida	peralta fil running	Senior Masculino	01:34:16	+06:52	05:14
6	786	Diogo Coutinho	peralta fil running	Senior Masculino	01:34:49	+07:25	05:16
7	853	João Trigueiros	sporting clube de espinho / antónio leitão	Senior Masculino	01:35:38	+08:14	05:19
8	852	Rui Oliveira	vila maior em turismo	Veterano M40	01:36:13	+08:49	05:21
9	785	Claudio Costa	peralta fil running	Senior Masculino	01:37:55	+10:31	05:26
10	686	Abílio Ribeiro	individual	Veterano M40	01:38:11	+10:47	05:27
11	834	David Leite	sporting clube de espinho / antónio leitão	Veterano M50	01:39:02	+11:38	05:30
12	721	Moreira Sergio	individual	Veterano M50	01:39:53	+12:29	05:33
13	801	RUI TAVARES	ripolins grijó a correr	Veterano M40	01:39:55	+12:31	05:33
14	591	João Moreira	g.d.ronda	Veterano M40	01:41:19	+13:55	05:38
15	821	João Barbosa	sporting clube de espinho / antónio leitão	Veterano M40	01:41:20	+13:55	05:38
16	549	Marcio Melo	bravos & bravitas	Senior Masculino	01:41:46	+14:22	05:39
17	553	Vitor terror	bravos & bravitas	Senior Masculino	01:42:00	+14:35	05:40
18	752	Ernesto alves	juventude cortegacense	Veterano M50	01:42:22	+14:57	05:41
19	819	Filipe Fontes	sporting clube de espinho / antónio leitão	Veterano M40	01:42:45	+15:20	05:43
20	551	Tiago Magalhães	bravos & bravitas	Senior Masculino	01:43:05	+15:41	05:44
21	851	Julio Oliveira	vila maior em turismo	Veterano M40	01:43:14	+15:49	05:44
22	546	Roberto Freitas	boavista trail	Senior Masculino	01:44:46	+17:22	05:49
23	552	Valter Pinho	bravos & bravitas	Senior Masculino	01:46:30	+19:05	05:55
24	802	ANTÓNIO SILVA	ripolins grijó a correr	Veterano M50	01:47:41	+20:17	05:59
25	543	Carlos Fernandes	as belas e eles	Veterano M40	01:48:00	+20:36	06:00
26	538	Arsénio	arsm - associação recreativo de s miguel	Veterano M50	01:48:16	+20:52	06:01
27	849	RICARDO Topa	vila maior em turismo	Senior Masculino	01:48:58	+21:34	06:03
28	592	Joao Oliveira	gansos	Senior Masculino	01:50:14	+22:49	06:07
29	588	Pedro Boto	fit arena ginásio	Veterano M40	01:51:03	+23:39	06:10
30	835	Manuel Oliveira	sporting clube de espinho / antónio leitão	Veterano M50	01:52:26	+25:01	06:15
31	779	Carlos Manuel Pereira do Couto	outlaw runners team	Veterano M40	01:52:37	+25:13	06:15
32	514	Pedro Viana	factorx/s4l/medensefc	Senior Masculino	01:52:50	+25:25	06:16
33	855	Augusto Castro	sporting clube de espinho / antónio leitão	Veterano M50	01:52:51	+25:27	06:16
34	687	André oliveira	individual	Veterano M40	01:53:00	+25:36	06:17
35	650	Daniel Terra	factorx/s4l/medensefc	Senior Masculino	01:53:01	+25:37	06:17
36	744	Joao oliveira	juventude cortegacense	Veterano M40	01:53:52	+26:28	06:20
37	755	Hugo Ribeiro	limitless	Senior Masculino	01:54:04	+26:40	06:20
38	747	Nuno Miguel Gonçalves Araújo	juventude cortegacense	Veterano M40	01:55:25	+28:00	06:25
39	696	Francisco Rebelo	individual	Veterano M40	01:57:02	+29:38	06:30
40	507	José Coelho	abutres	Veterano M40	01:57:52	+30:28	06:33
41	738	Lucia Costa	juventude cortegacense	Veterana F40	01:59:00	+31:36	06:37

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	857	António Silva	juventude cortegacense	Veterano M40	01:59:01	+31:37	06:37
43	693	Carlos Lopes	individual	Veterano M40	01:59:11	+31:47	06:37
44	720	Marcelo	individual	Veterano M50	01:59:11	+31:47	06:37
45	115	Fernando Soares	pupilos do zé tó	Veterano M40	01:59:46	+32:22	06:39
46	769	Raul Silva	núcleo de montanha de espinho	Veterano M40	02:00:35	+33:11	06:42
47	823	Jorge Silva	sporting clube de espinho / antónio leitão	Veterano M40	02:00:36	+33:12	06:42
48	668	Ricardo Silva	individual	Senior Masculino	02:02:23	+34:59	06:48
49	542	Ricardo Tavares	as belas e eles	Senior Masculino	02:02:29	+35:05	06:48
50	616	António Prata	grupo de corrida de argoncilhe	Veterano M50	02:02:51	+35:27	06:50
51	714	Domingos Sousa Soares	individual	Veterano M50	02:03:17	+35:53	06:51
52	850	Carlos Costa	vila maior em turismo	Veterano M40	02:03:43	+36:19	06:52
53	587	David da Silva	fit arena ginásio	Senior Masculino	02:04:08	+36:43	06:54
54	842	RICHARD GUSTAVO NOGUEIRA DA SILVA	trail running clube btt sanguedo	Veterano M40	02:05:30	+38:05	06:58
55	846	Hugo Miguel Lopes Silva Pinto	uikemedo team	Veterano M40	02:05:42	+38:18	06:59
56	784	Jorge Santos	outlaw runners team	Veterano M50	02:05:56	+38:32	07:00
57	707	Telmo Oliveira	individual	Veterano M40	02:06:06	+38:42	07:00
58	559	leandro Araújo	c+ runners	Senior Masculino	02:07:11	+39:47	07:04
59	808	Nelson Aguiar	sociedade filarmónica lealdade união ribeirense (sflur)	Veterano M40	02:07:16	+39:52	07:04
60	771	Pedro Rocha	ofrunning	Senior Masculino	02:07:23	+39:58	07:05
61	647	Palmira Vieira	individual	Senior Feminino	02:07:47	+40:22	07:06
62	534	Paulo Grilo	arcorun	Veterano M40	02:08:03	+40:39	07:07
63	651	David Teixeira	individual	Senior Masculino	02:08:16	+40:52	07:08
64	537	Ligia	arsm - associação recreativo de s miguel	Veterana F40	02:08:21	+40:57	07:08
65	667	Ricardo Pereira	individual	Senior Masculino	02:08:27	+41:03	07:08
66	599	Mónica Oliveira	geocrosstrail	Veterana F40	02:08:55	+41:31	07:10
67	830	Rui Silva	sporting clube de espinho / antónio leitão	Veterano M40	02:09:18	+41:54	07:11
68	541	Ricardo Magalhães	as belas e eles	Senior Masculino	02:09:21	+41:57	07:11
69	577	David Aguiar	cubo redondo	Senior Masculino	02:09:59	+42:34	07:13
70	753	Manuel Constantino Silva	juventude cortegacense	Veterano M50	02:10:02	+42:38	07:13
71	535	Pedro Lopes	arrastassolas	Senior Masculino	02:10:22	+42:58	07:15
72	661	Miguel	individual	Senior Masculino	02:10:47	+43:23	07:16
73	690	Carlos Augusto Martins da Silva	individual	Veterano M40	02:11:20	+43:56	07:18
74	703	Manuel Ribeiro	individual	Veterano M40	02:11:25	+44:00	07:18
75	579	Alexandre Pereira	equipa a	Veterano M40	02:11:31	+44:07	07:18
76	758	Ana Catarina Fonseca	nac trail	Senior Feminino	02:11:34	+44:10	07:19
77	759	Francisco Terra	nac trail	Senior Masculino	02:11:35	+44:11	07:19
78	722	Rogério de Pinho e Silva	individual	Veterano M50	02:11:54	+44:29	07:20
79	797	Carlos Familiar	pupilos do zé tó	Veterano M40	02:11:55	+44:31	07:20
80	614	CARLOS FERREIRA	ginásio fit4fun	Veterano M50	02:12:11	+44:47	07:21
81	516	LEANDRO MATOS	amigos do trail	Veterano M40	02:12:28	+45:04	07:22
82	728	Andre Filipe da silva Oliveira	juventude cortegacense	Senior Masculino	02:13:01	+45:37	07:23
83	729	Daniel Jose Silva Barros	juventude cortegacense	Senior Masculino	02:13:02	+45:38	07:23
84	751	Domingos Fernando Oliveira Camboa	juventude cortegacense	Veterano M50	02:13:03	+45:39	07:24

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	794	Paulo Pimenta	pernetas	Veterano M40	02:13:22	+45:58	07:25
86	646	Mariana Baptista	individual	Senior Feminino	02:13:32	+46:08	07:25
87	600	Rui Moreira	geocrosstrail	Veterano M40	02:13:41	+46:17	07:26
88	756	Tiago Magalhães	limitless	Senior Masculino	02:13:55	+46:31	07:26
89	515	Rui Oliveira	factorx/s4l/medensefc	Senior Masculino	02:14:10	+46:46	07:27
90	782	Jorge Gomes	outlaw runners team	Veterano M40	02:14:39	+47:15	07:29
91	780	Filipe Pinho	outlaw runners team	Veterano M40	02:14:40	+47:16	07:29
92	856	Manuel Martins	opraticante.pt	Veterano M40	02:14:42	+47:17	07:29
93	816	Olga Gomes	sporting clube de espinho / antónio leitão	Veterana F40	02:14:52	+47:27	07:30
94	632	Pedro Domingues	hora do lobo trail	Veterano M40	02:14:58	+47:34	07:30
95	746	Julio Paulo Soares da Silva	juventude cortegacense	Veterano M40	02:15:39	+48:15	07:32
96	809	Duarte Relvas	sorema s.a.	Veterano M40	02:15:39	+48:15	07:32
97	590	Sandra Canelha	g.d.ronda	Veterana F40	02:15:43	+48:19	07:32
98	630	Leonel Silva	hora do lobo trail	Veterano M40	02:16:46	+49:22	07:36
99	656	Hugo Guimarães	individual	Senior Masculino	02:16:47	+49:23	07:36
100	743	Helder Rocha	juventude cortegacense	Veterano M40	02:16:59	+49:35	07:37
101	659	Manuel Pinto	individual	Senior Masculino	02:17:05	+49:41	07:37
102	598	Mafalda Valente	geocrosstrail	Senior Feminino	02:17:45	+50:21	07:39
103	502	Carlos alberto gomes silva	100 desculpas	Veterano M40	02:17:52	+50:28	07:40
104	745	Joel Sequeira	juventude cortegacense	Veterano M40	02:18:03	+50:39	07:40
105	748	Sérgio Paulo Ferreira Oliveira	juventude cortegacense	Veterano M40	02:18:03	+50:39	07:40
106	730	Filipe Nunes	juventude cortegacense	Senior Masculino	02:18:03	+50:39	07:40
107	576	António Carlos Tavares de Paiva	correr leça	Senior Masculino	02:18:19	+50:55	07:41
108	644	Mafalda Resende	running espinho	Senior Feminino	02:18:53	+51:29	07:43
109	832	Abilio Santos	sporting clube de espinho / antónio leitão	Veterano M50	02:19:00	+51:35	07:43
110	653	Francisco Aragão	individual	Senior Masculino	02:19:18	+51:54	07:44
111	848	Paulo Vaz	vaz e vaz	Veterano M40	02:19:38	+52:13	07:45
112	631	Paulo Campos	hora do lobo trail	Veterano M40	02:20:07	+52:43	07:47
113	40	Cristina Couto	espinho trail	Veterana F40	02:20:24	+53:00	07:48
114	732	Marco Candeias	juventude cortegacense	Senior Masculino	02:20:39	+53:14	07:49
115	805	Manuela Sousa	running espinho	Veterana F50	02:20:59	+53:35	07:50
116	706	Sergio mota	individual	Veterano M40	02:21:07	+53:43	07:50
117	739	Marcia Castro Costa	juventude cortegacense	Veterana F40	02:21:25	+54:00	07:51
118	627	Marlene Santos	hora do lobo trail	Veterana F40	02:22:14	+54:49	07:54
119	628	Helder Santos	hora do lobo trail	Veterano M40	02:22:14	+54:50	07:54
120	37	Paula Ventura	os finos	Veterana F40	02:22:33	+55:09	07:55
121	826	Nuno Pereira	sporting clube de espinho / antónio leitão	Veterano M40	02:22:53	+55:29	07:56
122	824	Jorge Vicente Sousa	sporting clube de espinho / antónio leitão	Veterano M40	02:23:04	+55:40	07:57
123	624	Ricas Almeida	hora do lobo trail	Senior Masculino	02:23:18	+55:54	07:58
124	550	Pedro Almeida	bravos & bravitas	Senior Masculino	02:23:25	+56:01	07:58
125	118	Pedro Portugal	pupilos do zé tó	Veterano M40	02:23:26	+56:02	07:58
126	575	Mário Tavares	correio de albergaria trail running	Veterano M40	02:23:33	+56:09	07:59
127	565	Helder Marques	caldas s. jorge sport clube	Senior Masculino	02:23:35	+56:11	07:59
128	844	Quintino Amorim	trail running clube btt sanguedo	Veterano M50	02:23:38	+56:14	07:59
129	580	Bruno Câmara	equipa a	Veterano M40	02:23:55	+56:31	08:00

TRAIL MÉDIO - STAGE 1 — 18 KM

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
130	566	Carlos Freitas	caminheiros de canedo	Senior Masculino	02:24:10	+56:45	08:01
131	578	Luis Marques	cubo redondo	Senior Masculino	02:24:40	+57:16	08:02
132	596	Pedro Serra	gasporto runners	Senior Masculino	02:25:16	+57:51	08:04
133	711	alipio lopes	individual	Veterano M50	02:25:54	+58:30	08:06
134	523	Joana Silva	arcorun	Senior Feminino	02:26:53	+59:28	08:10
135	524	Rui Viegas	arcorun	Senior Masculino	02:26:53	+59:29	08:10
136	633	Sergio Guimarães	hora do lobo trail	Veterano M40	02:27:15	+59:50	08:11
137	660	Mário Baptista	individual	Senior Masculino	02:27:17	+59:53	08:11
138	606	PEDRO LOPES	ginásio fit4fun	Senior Masculino	02:27:18	+59:54	08:11
139	586	Cristovão Rocha	fit arena ginásio	Senior Masculino	02:27:20	+59:56	08:11
140	585	Anthony Da Silva	fit arena ginásio	Senior Masculino	02:27:21	+59:56	08:11
141	520	Estêvão Anacleto	anteam	Senior Masculino	02:28:18	+01:00:54	08:14
142	704	Ricardo Ferreira	individual	Veterano M40	02:28:21	+01:00:57	08:15
143	582	Patricia Gomes	espinho trail	Senior Feminino	02:28:35	+01:01:11	08:15
144	613	José Rocha	ginásio fit4fun	Veterano M40	02:28:35	+01:01:11	08:15
145	663	Pedro Conceição	individual	Senior Masculino	02:28:53	+01:01:29	08:16
146	581	Jorge Vasconcelos	equipa a	Veterano M40	02:28:58	+01:01:34	08:17
147	841	Rosa Conceição	trail running clube btt sanguedo	Veterana F50	02:29:06	+01:01:42	08:17
148	638	Ana Teresa Morais Melo	individual	Senior Feminino	02:29:50	+01:02:26	08:19
149	583	Charly Gomes	espinho trail	Veterana F40	02:30:20	+01:02:56	08:21
150	694	Carlos Pinto	individual	Veterano M40	02:31:01	+01:03:37	08:23
151	670	Tiago Carmona	individual	Senior Masculino	02:31:13	+01:03:48	08:24
152	692	Carlos Jorge Neves Silva	individual	Veterano M40	02:31:13	+01:03:49	08:24
153	731	Jose Miguel Fonseca Duarte	juventude cortegacense	Senior Masculino	02:31:32	+01:04:07	08:25
154	836	Antonio Ribeiro	todos ao monte	Veterano M40	02:32:01	+01:04:36	08:27
155	698	Joaquim Queirós	individual	Veterano M40	02:32:39	+01:05:15	08:29
156	789	Marina Sousa	pernetas	Senior Feminino	02:32:41	+01:05:16	08:29
157	609	ROSA BILLARD	ginásio fit4fun	Veterana F40	02:32:49	+01:05:25	08:29
158	708	victor costa	individual	Veterano M40	02:32:57	+01:05:32	08:30
159	610	Susana Martins	ginásio fit4fun	Veterana F40	02:33:03	+01:05:39	08:30
160	757	José Pinho	mimosa runners	Veterano M40	02:33:10	+01:05:46	08:31
161	545	Ricardo Gonçalves	azu	Veterano M40	02:33:23	+01:05:58	08:31
162	634	David Nogueira	hora do lobo trail	Veterano M50	02:33:34	+01:06:10	08:32
163	1316	Jorge Mota	sporting clube de espinho / antónio leitão	Veterano M50	02:33:35	+01:06:11	08:32
164	754	Manuel Alvarino	leões de tardariz trail	Veterano M40	02:33:45	+01:06:21	08:33
165	506	Cláudia Cravo	abutres	Veterana F40	02:33:46	+01:06:22	08:33
166	569	Lucia Teles	ccfamily	Veterana F40	02:34:42	+01:07:18	08:36
167	555	Pedro Bastos	bravos & bravitas	Veterano M40	02:34:44	+01:07:20	08:36
168	556	Manuel gomes	bravos & bravitas	Veterano M50	02:34:52	+01:07:28	08:36
169	770	Daniela Andrade	o mundo da corrida	Senior Feminino	02:35:03	+01:07:38	08:37
170	733	Miguel Pinheiro Matos	juventude cortegacense	Senior Masculino	02:35:23	+01:07:59	08:38
171	621	André Barros	hora do lobo trail	Senior Masculino	02:35:23	+01:07:59	08:38
172	93	Isabel Aguiar	juventude cortegacense	Veterana F40	02:35:44	+01:08:19	08:39
173	672	Vitor Mota	individual	Senior Masculino	02:36:09	+01:08:45	08:41
174	740	Maria José Franco Oliveira	juventude cortegacense	Veterana F40	02:36:27	+01:09:03	08:42
175	742	Cecilio Manuel Silva Ferreira	juventude cortegacense	Veterano M40	02:36:27	+01:09:03	08:42

TRAIL MÉDIO - STAGE 1 — 18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
176	716	FERNANDO SILVA PAIS	individual	Veterano M50	02:36:29	+01:09:05	08:42
177	664	Pedro Simão	individual	Senior Masculino	02:36:46	+01:09:21	08:43
178	652	Fernando Carvalho	individual	Senior Masculino	02:36:48	+01:09:23	08:43
179	761	António Pinheiro	nac trail	Veterano M40	02:37:10	+01:09:46	08:44
180	554	Dorinda Gomes	bravos & bravitas	Veterana F40	02:37:41	+01:10:16	08:46
181	799	Mara freitas	reumático trail team	Senior Feminino	02:37:59	+01:10:35	08:47
182	602	Daniela Ferreira	ginásio fit4fun	Senior Feminino	02:38:50	+01:11:26	08:49
183	531	Amilcar Ferreira	arcorun	Veterano M40	02:39:18	+01:11:54	08:51
184	845	Ricardo Jorge Santos Silva Teixeira	trilha colorida	Veterano M40	02:39:23	+01:11:59	08:51
185	840	Dulce Correia	trail running clube btt sanguedo	Veterana F50	02:39:51	+01:12:27	08:53
186	727	Silvana Rocha	juventude cortegacense	Senior Feminino	02:40:25	+01:13:00	08:55
187	726	Marlene Silva Ferreira	juventude cortegacense	Senior Feminino	02:40:28	+01:13:04	08:55
188	666	Ricardo Moreira	individual	Senior Masculino	02:40:58	+01:13:34	08:57
189	760	Florbela Queirós	nac trail	Veterana F40	02:41:05	+01:13:41	08:57
190	655	Hugo Castro	individual	Senior Masculino	02:41:18	+01:13:54	08:58
191	584	Gabriel Cardoso	f.c. cadinha	Senior Masculino	02:41:18	+01:13:54	08:58
192	749	Augusto Santos Silva	juventude cortegacense	Veterano M50	02:41:28	+01:14:04	08:58
193	568	Diogo Barros	cb run	Veterano M40	02:41:46	+01:14:21	08:59
194	567	Marcela Fernandes	cb run	Senior Feminino	02:41:47	+01:14:22	08:59
195	558	Helena Isabel Amador Oliveira Pereira	bunheiro runners	Senior Feminino	02:43:04	+01:15:40	09:04
196	800	José Falcão	rio largo espinho	Veterano M50	02:43:35	+01:16:10	09:05
197	705	Rui Taveira	individual	Veterano M40	02:43:40	+01:16:16	09:06
198	525	Rui Vitória	arcorun	Senior Masculino	02:44:35	+01:17:11	09:09
199	723	David Costa	jumia ptc	Senior Masculino	02:44:51	+01:17:27	09:10
200	557	Ana Abreu Freire	bunheiro runners	Senior Feminino	02:44:55	+01:17:31	09:10
201	812	Alexandra Lopes	sporting clube de espinho / antónio leitão	Veterana F40	02:44:55	+01:17:31	09:10
202	795	Cidália Soares	porto sentido runners	Veterana F40	02:45:06	+01:17:42	09:10
203	796	António Sousa	porto sentido runners	Veterano M40	02:45:07	+01:17:43	09:10
204	508	João Ribeiro	ahimaaz	Senior Masculino	02:45:15	+01:17:51	09:11
205	511	Tiago Poças	ahimaaz	Veterano M40	02:45:16	+01:17:52	09:11
206	827	Paulo Oliveira	sporting clube de espinho / antónio leitão	Veterano M40	02:45:17	+01:17:52	09:11
207	509	Jonas Pinho	ahimaaz	Senior Masculino	02:45:17	+01:17:52	09:11
208	605	PAULO CORREIA	ginásio fit4fun	Senior Masculino	02:47:39	+01:20:15	09:19
209	501	Carlos Marques	@corredoresderua@	Veterano M50	02:48:37	+01:21:13	09:22
210	623	Nuno Santos	hora do lobo trail	Senior Masculino	02:48:58	+01:21:34	09:23
211	629	João Fonseca	hora do lobo trail	Veterano M40	02:50:31	+01:23:06	09:28
212	767	Maria Jesus	nocturnos de paredes	Veterana F40	02:50:42	+01:23:18	09:29
213	619	José Manuel Moreira da Silva	grupo desportivo santander totta	Veterano M40	02:50:42	+01:23:18	09:29
214	768	Rui Silva	nocturnos de paredes	Veterano M40	02:50:42	+01:23:18	09:29
215	547	LINDOLFO JOSÉ TEIXEIRA DA COSTA SOL	bora l' andar	Veterano M40	02:51:58	+01:24:34	09:33
216	512	Sara Sousa	amigos do elisio	Senior Feminino	02:52:00	+01:24:35	09:33
217	513	Helder Pinho	amigos do elisio	Senior Masculino	02:52:10	+01:24:46	09:34
218	700	Jorge Faria	individual	Veterano M40	02:52:54	+01:25:30	09:36
219	807	António Pinheiro	sim summit	Senior Masculino	02:53:12	+01:25:48	09:37

TRAIL MÉDIO - STAGE 1

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
220	825	Nuno Barbosa	sporting clube de espinho / antónio leitão	Veterano M40	02:54:31	+01:27:07	09:42
221	736	Ana Manuela Ribeiro Ferreira	juventude cortegacense	Veterana F40	02:55:06	+01:27:42	09:44
222	127	Marco Couto	serviços sociais câmara santa maria da feira	Veterano M40	02:56:18	+01:28:54	09:48
223	817	Patricia Couto	sporting clube de espinho / antónio leitão	Veterana F40	02:56:33	+01:29:09	09:49
224	1279	Helena Lemos	sporting clube de espinho / antónio leitão	Veterana F50	02:56:33	+01:29:09	09:49
225	125	Sandra Santos	serviços sociais câmara santa maria da feira	Veterana F40	02:56:52	+01:29:28	09:50
226	617	Fernando Silva	grupo de corrida de argoncilhe	Veterano M50	02:57:08	+01:29:44	09:50
227	682	Cristina Moreira	individual	Veterana F50	02:57:33	+01:30:09	09:52
228	790	Arménia Celeste	pernetas	Veterana F40	02:58:41	+01:31:17	09:56
229	639	Catarina Batista	individual	Senior Feminino	03:00:19	+01:32:55	10:01
230	764	Paula Lopes	no tomorrow running team	Veterana F40	03:00:19	+01:32:55	10:01
231	560	JOAO LOURENÇO	c+ runners	Veterano M40	03:00:37	+01:33:13	10:02
232	636	Luiz Blanquet	hora do lobo trail	Veterano M50	03:01:41	+01:34:17	10:06
233	626	Ana Paula Tavares	hora do lobo trail	Veterana F40	03:01:42	+01:34:18	10:06
234	843	Fernando Correia	trail running clube btt sanguedo	Veterano M50	03:04:41	+01:37:17	10:16
235	773	Rui Santos	os falta d´ar	Veterano M40	03:04:42	+01:37:17	10:16
236	678	Sandra Ferreira	individual	Veterana F40	03:04:42	+01:37:17	10:16
237	519	Salomé Reis	anteam	Senior Feminino	03:05:16	+01:37:51	10:18
238	676	Marta Sousa	individual	Veterana F40	03:05:17	+01:37:52	10:18
239	689	Bernardo Santos	individual	Veterano M40	03:05:18	+01:37:54	10:18
240	503	Inês Azevedo	512	Senior Feminino	03:05:53	+01:38:29	10:20
241	504	Diana Carneiro	512	Veterana F40	03:05:53	+01:38:29	10:20
242	505	Daniel Machado	512	Veterano M40	03:05:54	+01:38:30	10:20
243	527	Joana Couto	arcorun	Veterana F40	03:06:38	+01:39:13	10:22
244	695	Flávio Soares	individual	Veterano M40	03:06:49	+01:39:24	10:23
245	530	Rosina Couto	arcorun	Veterana F50	03:07:01	+01:39:37	10:23
246	532	Fernando Lopes	arcorun	Veterano M40	03:07:11	+01:39:47	10:24
247	818	António Albuquerque	sporting clube de espinho / antónio leitão	Veterano M40	03:07:11	+01:39:47	10:24
248	831	Silvio Ferreira	sporting clube de espinho / antónio leitão	Veterano M40	03:07:11	+01:39:47	10:24
249	793	Jorge Carvalho	pernetas	Veterano M40	03:07:30	+01:40:06	10:25
250	641	Diana leite	individual	Senior Feminino	03:09:52	+01:42:28	10:33
251	776	Marlene Gomes	outlaw runners team	Senior Feminino	03:11:19	+01:43:55	10:38
252	783	Sterling Bolivar	outlaw runners team	Veterano M40	03:11:20	+01:43:56	10:38
253	774	Cláudia Dias	outlaw runners team	Senior Feminino	03:11:20	+01:43:56	10:38
254	561	andreia valente	caga tacos running team	Senior Feminino	03:11:51	+01:44:27	10:40
255	814	Clara Oliveira	sporting clube de espinho / antónio leitão	Veterana F40	03:11:54	+01:44:30	10:40
256	777	Pedro Nuno Almeida	outlaw runners team	Senior Masculino	03:13:03	+01:45:39	10:44
257	642	Joana Fernandes	individual	Senior Feminino	03:13:09	+01:45:44	10:44
258	697	Hugo Fernandes	individual	Veterano M40	03:13:09	+01:45:45	10:44
259	806	Rui Soares	running espinho	Veterano M40	03:14:02	+01:46:37	10:47
260	804	Alexandra Soares	running espinho	Veterana F40	03:14:02	+01:46:38	10:47
261	803	Nuno Moreira	running espinho	Senior Masculino	03:14:03	+01:46:38	10:47
262	536	Manuel Silva	arrastassolas	Veterano M50	03:17:31	+01:50:07	10:58
263	762	Ana Xavier	no tomorrow running team	Senior Feminino	03:18:33	+01:51:08	11:02
264	675	Gloria Monteiro	individual	Veterana F40	03:18:33	+01:51:09	11:02

TRAIL MÉDIO - STAGE 1 — 18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
265	813	Carla Ferreira	sporting clube de espinho / antónio leitão	Veterana F40	03:22:05	+01:54:40	11:14
266	612	Isabel Sousa	ginásio fit4fun	Veterana F50	03:24:18	+01:56:53	11:21
267	611	Isabel Figueiredo	ginásio fit4fun	Veterana F50	03:24:25	+01:57:01	11:21
268	622	Carla Sousa	hora do lobo trail	Veterana F40	03:26:09	+01:58:44	11:27
269	657	Ivo Andrade	individual	Senior Masculino	03:26:24	+01:59:00	11:28
270	640	Daniela Leite	individual	Senior Feminino	03:26:25	+01:59:00	11:28
271	540	Carlos Ferreira	art nails rosa candido	Veterano M40	03:27:19	+01:59:55	11:31
272	539	Rosa Candido	art nails rosa candido	Veterana F40	03:27:19	+01:59:55	11:31
273	791	CARLA FRANCO	pernetas	Veterana F40	03:30:00	+02:02:36	11:40
274	607	Claudia Carvalheira	ginásio fit4fun	Veterana F40	03:30:10	+02:02:46	11:41
275	792	Gusto Torres	pernetas	Veterano M40	03:31:31	+02:04:07	11:45
276	608	PATRICIA MONTEIRO	ginásio fit4fun	Veterana F40	03:31:46	+02:04:22	11:46
277	601	CAROLINA COUTINHO	ginásio fit4fun	Senior Feminino	03:31:48	+02:04:24	11:46
278	518	Diana Ribeiro	anteam	Senior Feminino	03:32:29	+02:05:05	11:48
279	778	Veronica Sampaio	outlaw runners team	Veterana F40	03:35:47	+02:08:22	11:59
280	529	Alcina Moura	arcorun	Veterana F50	03:35:58	+02:08:34	12:00
281	563	Rosinda Macedo	caga tacos running team	Veterana F50	03:38:54	+02:11:29	12:10
282	562	Fátima lopes	caga tacos running team	Veterana F50	03:50:22	+02:22:58	12:48
283	593	Raquel Santos	gasporto runners	Senior Feminino	03:56:54	+02:29:30	13:10
284	775	Erika Darcilia	outlaw runners team	Senior Feminino	03:59:51	+02:32:27	13:20
285	528	Patricia Amorim	arcorun	Veterana F40	03:59:51	+02:32:27	13:20
286	765	Paulo Soares	no tomorrow running team	Veterano M40	04:13:30	+02:46:05	14:05
287	635	Fernando Ferreira	hora do lobo trail	Veterano M50	04:15:40	+02:48:16	14:12
288	798	Ricardo Jorge Braga	rechonchudos trail runners	Senior Masculino	04:15:40	+02:48:16	14:12
289	680	Susana Pereira	individual	Veterana F40	04:26:32	+02:59:08	14:48
290	521	Carla Lopes	anteam	Veterana F40	04:28:37	+03:01:13	14:55
291	681	Teresa	individual	Veterana F40	04:37:08	+03:09:44	15:24
292	522	Hugo Oliveira	anteam	Veterano M40	04:38:03	+03:10:39	15:27
293	517	Ana Salgueiro	anteam	Senior Feminino	04:38:04	+03:10:40	15:27
294	763	Ana Barroso	no tomorrow running team	Veterana F40	04:38:14	+03:10:50	15:27
295	766	Ricardo Oliveira	no tomorrow running team	Veterano M40	04:38:36	+03:11:12	15:29

Trilhos dos Pernetas 3.6

Canedo, PT

01-May-2019

Trail Médio

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:15	12.8ºC	68%
End	13:54	12.8ºC	68%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	647	Palmira Vieira	Individual	Senior Feminino	02:07:47	+40:22	07:06
2	758	Ana Catarina Fonseca	NAC TRAIL	Senior Feminino	02:11:34	+44:10	07:19
3	646	Mariana Baptista	Individual	Senior Feminino	02:13:32	+46:08	07:25
4	598	Mafalda Valente	Geocrosstrail	Senior Feminino	02:17:45	+50:21	07:39
5	644	Mafalda Resende	RUNNING ESPINHO	Senior Feminino	02:18:53	+51:29	07:43
6	523	Joana Silva	ARCORUN	Senior Feminino	02:26:53	+59:28	08:10
7	582	Patricia Gomes	ESPINHO TRAIL	Senior Feminino	02:28:35	+01:01:11	08:15
8	638	Ana Teresa Morais Melo	Individual	Senior Feminino	02:29:50	+01:02:26	08:19
9	789	Marina Sousa	Pernetas	Senior Feminino	02:32:41	+01:05:16	08:29
10	770	Daniela Andrade	O Mundo da Corrida	Senior Feminino	02:35:03	+01:07:38	08:37
11	799	Mara freitas	Reumático trail team	Senior Feminino	02:37:59	+01:10:35	08:47
12	602	Daniela Ferreira	Ginásio Fit4Fun	Senior Feminino	02:38:50	+01:11:26	08:49
13	727	Silvana Rocha	Juventude Cortegacense	Senior Feminino	02:40:25	+01:13:00	08:55
14	726	Marlene Silva Ferreira	Juventude Cortegacense	Senior Feminino	02:40:28	+01:13:04	08:55
15	567	Marcela Fernandes	CB RUN	Senior Feminino	02:41:47	+01:14:22	08:59
16	558	Helena Isabel Amador Oliveira Pereira	Bunheiro Runners	Senior Feminino	02:43:04	+01:15:40	09:04
17	557	Ana Abreu Freire	Bunheiro Runners	Senior Feminino	02:44:55	+01:17:31	09:10
18	512	Sara Sousa	Amigos do Elisio	Senior Feminino	02:52:00	+01:24:35	09:33
19	639	Catarina Batista	Individual	Senior Feminino	03:00:19	+01:32:55	10:01
20	519	Salomé Reis	ANTeam	Senior Feminino	03:05:16	+01:37:51	10:18
21	503	Inês Azevedo	512	Senior Feminino	03:05:53	+01:38:29	10:20
22	641	Diana leite	Individual	Senior Feminino	03:09:52	+01:42:28	10:33
23	776	Marlene Gomes	Outlaw Runners Team	Senior Feminino	03:11:19	+01:43:55	10:38
24	774	Cláudia Dias	Outlaw Runners Team	Senior Feminino	03:11:20	+01:43:56	10:38
25	561	andreia valente	Caga Tacos Running Team	Senior Feminino	03:11:51	+01:44:27	10:40
26	642	Joana Fernandes	Individual	Senior Feminino	03:13:09	+01:45:44	10:44
27	762	Ana Xavier	NO TOMORROW RUNNING TEAM	Senior Feminino	03:18:33	+01:51:08	11:02
28	640	Daniela Leite	Individual	Senior Feminino	03:26:25	+01:59:00	11:28
29	601	CAROLINA COUTINHO	Ginásio Fit4Fun	Senior Feminino	03:31:48	+02:04:24	11:46
30	518	Diana Ribeiro	ANTeam	Senior Feminino	03:32:29	+02:05:05	11:48
31	593	Raquel Santos	GASPORTO RUNNERS	Senior Feminino	03:56:54	+02:29:30	13:10
32	775	Erika Darcilia	Outlaw Runners Team	Senior Feminino	03:59:51	+02:32:27	13:20
33	517	Ana Salgueiro	ANTeam	Senior Feminino	04:38:04	+03:10:40	15:27

Senior Masculino

1	811	Bruno Silva	Sporting Clube de Espinho / António Leitão	Senior Masculino	01:30:26	+03:02	05:01
2	787	Helder Robalinho	Peralta Fil Running	Senior Masculino	01:32:31	+05:07	05:08

Trail Médio

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

3	788	José Almeida	Peralta Fil Running	Senior Masculino	01:34:16	+06:52	05:14
4	786	Diogo Coutinho	Peralta Fil Running	Senior Masculino	01:34:49	+07:25	05:16
5	853	João Trigueiros	Sporting Clube de Espinho / António Leitão	Senior Masculino	01:35:38	+08:14	05:19
6	785	Claudio Costa	Peralta Fil Running	Senior Masculino	01:37:55	+10:31	05:26
7	549	Marcio Melo	Bravos & Bravitas	Senior Masculino	01:41:46	+14:22	05:39
8	553	Vitor terror	Bravos & Bravitas	Senior Masculino	01:42:00	+14:35	05:40
9	551	Tiago Magalhães	Bravos & Bravitas	Senior Masculino	01:43:05	+15:41	05:44
10	546	Roberto Freitas	Boavista Trail	Senior Masculino	01:44:46	+17:22	05:49
11	552	Valter Pinho	Bravos & Bravitas	Senior Masculino	01:46:30	+19:05	05:55
12	849	RICARDO Topa	Vila Maior em Turismo	Senior Masculino	01:48:58	+21:34	06:03
13	592	Joao Oliveira	Gansos	Senior Masculino	01:50:14	+22:49	06:07
14	514	Pedro Viana	FactorX/S4L/MedenseFC	Senior Masculino	01:52:50	+25:25	06:16
15	650	Daniel Terra	FactorX/S4L/MedenseFC	Senior Masculino	01:53:01	+25:37	06:17
16	755	Hugo Ribeiro	Limitless	Senior Masculino	01:54:04	+26:40	06:20
17	668	Ricardo Silva	Individual	Senior Masculino	02:02:23	+34:59	06:48
18	542	Ricardo Tavares	As Belas e Eles	Senior Masculino	02:02:29	+35:05	06:48
19	587	David da Silva	Fit Arena Ginásio	Senior Masculino	02:04:08	+36:43	06:54
20	559	leandro Araújo	C+ RUNNERS	Senior Masculino	02:07:11	+39:47	07:04
21	771	Pedro Rocha	OFRunning	Senior Masculino	02:07:23	+39:58	07:05
22	651	David Teixeira	Individual	Senior Masculino	02:08:16	+40:52	07:08
23	667	Ricardo Pereira	Individual	Senior Masculino	02:08:27	+41:03	07:08
24	541	Ricardo Magalhães	As Belas e Eles	Senior Masculino	02:09:21	+41:57	07:11
25	577	David Aguiar	Cubo Redondo	Senior Masculino	02:09:59	+42:34	07:13
26	535	Pedro Lopes	ARRASTASSOLAS	Senior Masculino	02:10:22	+42:58	07:15
27	661	Miguel	Individual	Senior Masculino	02:10:47	+43:23	07:16
28	759	Francisco Terra	NAC TRAIL	Senior Masculino	02:11:35	+44:11	07:19
29	728	Andre Filipe da silva Oliveira	Juventude Cortegacense	Senior Masculino	02:13:01	+45:37	07:23
30	729	Daniel Jose Silva Barros	Juventude Cortegacense	Senior Masculino	02:13:02	+45:38	07:23
31	756	Tiago Magalhães	Limitless	Senior Masculino	02:13:55	+46:31	07:26
32	515	Rui Oliveira	FactorX/S4L/MedenseFC	Senior Masculino	02:14:10	+46:46	07:27
33	656	Hugo Guimarães	Individual	Senior Masculino	02:16:47	+49:23	07:36
34	659	Manuel Pinto	Individual	Senior Masculino	02:17:05	+49:41	07:37
35	730	Filipe Nunes	Juventude Cortegacense	Senior Masculino	02:18:03	+50:39	07:40
36	576	António Carlos Tavares de Paiva	CORRER LEÇA	Senior Masculino	02:18:19	+50:55	07:41
37	653	Francisco Aragão	Individual	Senior Masculino	02:19:18	+51:54	07:44
38	732	Marco Candeias	Juventude Cortegacense	Senior Masculino	02:20:39	+53:14	07:49
39	624	Ricas Almeida	Hora do Lobo Trail	Senior Masculino	02:23:18	+55:54	07:58
40	550	Pedro Almeida	Bravos & Bravitas	Senior Masculino	02:23:25	+56:01	07:58
41	565	Helder Marques	Caldas S. Jorge Sport Clube	Senior Masculino	02:23:35	+56:11	07:59
42	566	Carlos Freitas	Caminheiros de Canedo	Senior Masculino	02:24:10	+56:45	08:01
43	578	Luis Marques	Cubo Redondo	Senior Masculino	02:24:40	+57:16	08:02
44	596	Pedro Serra	GASPORTO RUNNERS	Senior Masculino	02:25:16	+57:51	08:04
45	524	Rui Viegas	ARCORUN	Senior Masculino	02:26:53	+59:29	08:10
46	660	Mário Baptista	Individual	Senior Masculino	02:27:17	+59:53	08:11
47	606	PEDRO LOPES	Ginásio Fit4Fun	Senior Masculino	02:27:18	+59:54	08:11
48	586	Cristovão Rocha	Fit Arena Ginásio	Senior Masculino	02:27:20	+59:56	08:11

Trail Médio — 18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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49	585	Anthony Da Silva	Fit Arena Ginásio	Senior Masculino	02:27:21	+59:56	08:11
50	520	Estêvão Anacleto	ANTeam	Senior Masculino	02:28:18	+01:00:54	08:14
51	663	Pedro Conceição	Individual	Senior Masculino	02:28:53	+01:01:29	08:16
52	670	Tiago Carmona	Individual	Senior Masculino	02:31:13	+01:03:48	08:24
53	731	Jose Miguel Fonseca Duarte	Juventude Cortegacense	Senior Masculino	02:31:32	+01:04:07	08:25
54	733	Miguel Pinheiro Matos	Juventude Cortegacense	Senior Masculino	02:35:23	+01:07:59	08:38
55	621	André Barros	Hora do Lobo Trail	Senior Masculino	02:35:23	+01:07:59	08:38
56	672	Vitor Mota	Individual	Senior Masculino	02:36:09	+01:08:45	08:41
57	664	Pedro Simão	Individual	Senior Masculino	02:36:46	+01:09:21	08:43
58	652	Fernando Carvalho	Individual	Senior Masculino	02:36:48	+01:09:23	08:43
59	666	Ricardo Moreira	Individual	Senior Masculino	02:40:58	+01:13:34	08:57
60	655	Hugo Castro	Individual	Senior Masculino	02:41:18	+01:13:54	08:58
61	584	Gabriel Cardoso	F.C. Cadinha	Senior Masculino	02:41:18	+01:13:54	08:58
62	525	Rui Vitória	ARCORUN	Senior Masculino	02:44:35	+01:17:11	09:09
63	723	David Costa	Jumia PTC	Senior Masculino	02:44:51	+01:17:27	09:10
64	508	João Ribeiro	Ahimaaz	Senior Masculino	02:45:15	+01:17:51	09:11
65	509	Jonas Pinho	Ahimaaz	Senior Masculino	02:45:17	+01:17:52	09:11
66	605	PAULO CORREIA	Ginásio Fit4Fun	Senior Masculino	02:47:39	+01:20:15	09:19
67	623	Nuno Santos	Hora do Lobo Trail	Senior Masculino	02:48:58	+01:21:34	09:23
68	513	Helder Pinho	Amigos do Elisio	Senior Masculino	02:52:10	+01:24:46	09:34
69	807	António Pinheiro	SiM Summit	Senior Masculino	02:53:12	+01:25:48	09:37
70	777	Pedro Nuno Almeida	Outlaw Runners Team	Senior Masculino	03:13:03	+01:45:39	10:44
71	803	Nuno Moreira	RUNNING ESPINHO	Senior Masculino	03:14:03	+01:46:38	10:47
72	657	Ivo Andrade	Individual	Senior Masculino	03:26:24	+01:59:00	11:28
73	798	Ricardo Jorge Braga	Rechonchudos Trail Runners	Senior Masculino	04:15:40	+02:48:16	14:12

Veterana F40

1	738	Lucia Costa	Juventude Cortegacense	Veterana F40	01:59:00	+31:36	06:37
2	537	Ligia	ARSM - Associação Recreativo de S Miguel	Veterana F40	02:08:21	+40:57	07:08
3	599	Mónica Oliveira	Geocrosstrail	Veterana F40	02:08:55	+41:31	07:10
4	816	Olga Gomes	Sporting Clube de Espinho / António Leitão	Veterana F40	02:14:52	+47:27	07:30
5	590	Sandra Canelha	G.D.Ronda	Veterana F40	02:15:43	+48:19	07:32
6	40	Cristina Couto	ESPINHO TRAIL	Veterana F40	02:20:24	+53:00	07:48
7	739	Marcia Castro Costa	Juventude Cortegacense	Veterana F40	02:21:25	+54:00	07:51
8	627	Marlene Santos	Hora do Lobo Trail	Veterana F40	02:22:14	+54:49	07:54
9	37	Paula Ventura	Os Finos	Veterana F40	02:22:33	+55:09	07:55
10	583	Charly Gomes	ESPINHO TRAIL	Veterana F40	02:30:20	+01:02:56	08:21
11	609	ROSA BILLARD	Ginásio Fit4Fun	Veterana F40	02:32:49	+01:05:25	08:29
12	610	Susana Martins	Ginásio Fit4Fun	Veterana F40	02:33:03	+01:05:39	08:30
13	506	Cláudia Cravo	Abutres	Veterana F40	02:33:46	+01:06:22	08:33
14	569	Lucia Teles	CCFAMILY	Veterana F40	02:34:42	+01:07:18	08:36
15	93	Isabel Aguiar	Juventude Cortegacense	Veterana F40	02:35:44	+01:08:19	08:39
16	740	Maria José Franco Oliveira	Juventude Cortegacense	Veterana F40	02:36:27	+01:09:03	08:42
17	554	Dorinda Gomes	Bravos & Bravitas	Veterana F40	02:37:41	+01:10:16	08:46

Trail Médio — 18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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18	760	Florbela Queirós	NAC TRAIL	Veterana F40	02:41:05	+01:13:41	08:57
19	812	Alexandra Lopes	Sporting Clube de Espinho / António Leitão	Veterana F40	02:44:55	+01:17:31	09:10
20	795	Cidália Soares	PORTO SENTIDO RUNNERS	Veterana F40	02:45:06	+01:17:42	09:10
21	767	Maria Jesus	NOCTURNOS DE PAREDES	Veterana F40	02:50:42	+01:23:18	09:29
22	736	Ana Manuela Ribeiro Ferreira	Juventude Cortegacense	Veterana F40	02:55:06	+01:27:42	09:44
23	817	Patricia Couto	Sporting Clube de Espinho / António Leitão	Veterana F40	02:56:33	+01:29:09	09:49
24	125	Sandra Santos	Serviços Sociais Câmara Santa Maria da Feira	Veterana F40	02:56:52	+01:29:28	09:50
25	790	Arménia Celeste	Pernetas	Veterana F40	02:58:41	+01:31:17	09:56
26	764	Paula Lopes	NO TOMORROW RUNNING TEAM	Veterana F40	03:00:19	+01:32:55	10:01
27	626	Ana Paula Tavares	Hora do Lobo Trail	Veterana F40	03:01:42	+01:34:18	10:06
28	678	Sandra Ferreira	Individual	Veterana F40	03:04:42	+01:37:17	10:16
29	676	Marta Sousa	Individual	Veterana F40	03:05:17	+01:37:52	10:18
30	504	Diana Carneiro	512	Veterana F40	03:05:53	+01:38:29	10:20
31	527	Joana Couto	ARCORUN	Veterana F40	03:06:38	+01:39:13	10:22
32	814	Clara Oliveira	Sporting Clube de Espinho / António Leitão	Veterana F40	03:11:54	+01:44:30	10:40
33	804	Alexandra Soares	RUNNING ESPINHO	Veterana F40	03:14:02	+01:46:38	10:47
34	675	Gloria Monteiro	Individual	Veterana F40	03:18:33	+01:51:09	11:02
35	813	Carla Ferreira	Sporting Clube de Espinho / António Leitão	Veterana F40	03:22:05	+01:54:40	11:14
36	622	Carla Sousa	Hora do Lobo Trail	Veterana F40	03:26:09	+01:58:44	11:27
37	539	Rosa Candido	Art Nails Rosa Candido	Veterana F40	03:27:19	+01:59:55	11:31
38	791	CARLA FRANCO	Pernetas	Veterana F40	03:30:00	+02:02:36	11:40
39	607	Claudia Carvalheira	Ginásio Fit4Fun	Veterana F40	03:30:10	+02:02:46	11:41
40	608	PATRICIA MONTEIRO	Ginásio Fit4Fun	Veterana F40	03:31:46	+02:04:22	11:46
41	778	Veronica Sampaio	Outlaw Runners Team	Veterana F40	03:35:47	+02:08:22	11:59
42	528	Patricia Amorim	ARCORUN	Veterana F40	03:59:51	+02:32:27	13:20
43	680	Susana Pereira	Individual	Veterana F40	04:26:32	+02:59:08	14:48
44	521	Carla Lopes	ANTeam	Veterana F40	04:28:37	+03:01:13	14:55
45	681	Teresa	Individual	Veterana F40	04:37:08	+03:09:44	15:24
46	763	Ana Barroso	NO TOMORROW RUNNING TEAM	Veterana F40	04:38:14	+03:10:50	15:27

Veterana F50

1	805	Manuela Sousa	RUNNING ESPINHO	Veterana F50	02:20:59	+53:35	07:50
2	841	Rosa Conceição	Trail Running Clube Btt Sanguedo	Veterana F50	02:29:06	+01:01:42	08:17
3	840	Dulce Correia	Trail Running Clube Btt Sanguedo	Veterana F50	02:39:51	+01:12:27	08:53
4	1279	Helena Lemos	Sporting Clube de Espinho / António Leitão	Veterana F50	02:56:33	+01:29:09	09:49
5	682	Cristina Moreira	Individual	Veterana F50	02:57:33	+01:30:09	09:52
6	530	Rosina Couto	ARCORUN	Veterana F50	03:07:01	+01:39:37	10:23
7	612	Isabel Sousa	Ginásio Fit4Fun	Veterana F50	03:24:18	+01:56:53	11:21
8	611	Isabel Figueiredo	Ginásio Fit4Fun	Veterana F50	03:24:25	+01:57:01	11:21

Trail Médio — 18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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9	529	Alcina Moura	ARCORUN	Veterana F50	03:35:58	+02:08:34	12:00
10	563	Rosinda Macedo	Caga Tacos Running Team	Veterana F50	03:38:54	+02:11:29	12:10
11	562	Fátima lopes	Caga Tacos Running Team	Veterana F50	03:50:22	+02:22:58	12:48

Veterano M40

1	571	Manuel José Teixeira Sousa	Clube Independente de Argoncilhe	Veterano M40	01:27:24		04:51
2	544	Paulo pinto	Aztrail/Mercentro	Veterano M40	01:29:46	+02:22	04:59
3	852	Rui Oliveira	Vila Maior em Turismo	Veterano M40	01:36:13	+08:49	05:21
4	686	Abílio Ribeiro	Individual	Veterano M40	01:38:11	+10:47	05:27
5	801	RUI TAVARES	RIPOLINS GRIJÓ A CORRER	Veterano M40	01:39:55	+12:31	05:33
6	591	João Moreira	G.D.Ronda	Veterano M40	01:41:19	+13:55	05:38
7	821	João Barbosa	Sporting Clube de Espinho / António Leitão	Veterano M40	01:41:20	+13:55	05:38
8	819	Filipe Fontes	Sporting Clube de Espinho / António Leitão	Veterano M40	01:42:45	+15:20	05:43
9	851	Julio Oliveira	Vila Maior em Turismo	Veterano M40	01:43:14	+15:49	05:44
10	543	Carlos Fernandes	As Belas e Eles	Veterano M40	01:48:00	+20:36	06:00
11	588	Pedro Boto	Fit Arena Ginásio	Veterano M40	01:51:03	+23:39	06:10
12	779	Carlos Manuel Pereira do Couto	Outlaw Runners Team	Veterano M40	01:52:37	+25:13	06:15
13	687	André oliveira	Individual	Veterano M40	01:53:00	+25:36	06:17
14	744	Joao oliveira	Juventude Cortegacense	Veterano M40	01:53:52	+26:28	06:20
15	747	Nuno Miguel Gonçalves Araújo	Juventude Cortegacense	Veterano M40	01:55:25	+28:00	06:25
16	696	Francisco Rebelo	Individual	Veterano M40	01:57:02	+29:38	06:30
17	507	José Coelho	Abutres	Veterano M40	01:57:52	+30:28	06:33
18	857	António Silva	Juventude Cortegacense	Veterano M40	01:59:01	+31:37	06:37
19	693	Carlos Lopes	Individual	Veterano M40	01:59:11	+31:47	06:37
20	115	Fernando Soares	Pupilos do Zé Tó	Veterano M40	01:59:46	+32:22	06:39
21	769	Raul Silva	Núcleo de Montanha de Espinho	Veterano M40	02:00:35	+33:11	06:42
22	823	Jorge Silva	Sporting Clube de Espinho / António Leitão	Veterano M40	02:00:36	+33:12	06:42
23	850	Carlos Costa	Vila Maior em Turismo	Veterano M40	02:03:43	+36:19	06:52
24	842	RICHARD GUSTAVO NOGUEIRA DA SILVA	Trail Running Clube Btt Sanguedo	Veterano M40	02:05:30	+38:05	06:58
25	846	Hugo Miguel Lopes Silva Pinto	UIKEMEDO TEAM	Veterano M40	02:05:42	+38:18	06:59
26	707	Telmo Oliveira	Individual	Veterano M40	02:06:06	+38:42	07:00
27	808	Nelson Aguiar	Sociedade Filarmónica Lealdade União Ribeirense (SFLUR)	Veterano M40	02:07:16	+39:52	07:04
28	534	Paulo Grilo	ARCORUN	Veterano M40	02:08:03	+40:39	07:07
29	830	Rui Silva	Sporting Clube de Espinho / António Leitão	Veterano M40	02:09:18	+41:54	07:11
30	690	Carlos Augusto Martins da Silva	Individual	Veterano M40	02:11:20	+43:56	07:18
31	703	Manuel Ribeiro	Individual	Veterano M40	02:11:25	+44:00	07:18
32	579	Alexandre Pereira	Equipa A	Veterano M40	02:11:31	+44:07	07:18
33	797	Carlos Familiar	Pupilos do Zé Tó	Veterano M40	02:11:55	+44:31	07:20
34	516	LEANDRO MATOS	AMIGOS DO TRAIL	Veterano M40	02:12:28	+45:04	07:22
35	794	Paulo Pimenta	Pernetas	Veterano M40	02:13:22	+45:58	07:25
36	600	Rui Moreira	Geocrosstrail	Veterano M40	02:13:41	+46:17	07:26

Trail Médio

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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37	782	Jorge Gomes	Outlaw Runners Team	Veterano M40	02:14:39	+47:15	07:29
38	780	Filipe Pinho	Outlaw Runners Team	Veterano M40	02:14:40	+47:16	07:29
39	856	Manuel Martins	OPraticante.pt	Veterano M40	02:14:42	+47:17	07:29
40	632	Pedro Domingues	Hora do Lobo Trail	Veterano M40	02:14:58	+47:34	07:30
41	746	Julio Paulo Soares da Silva	Juventude Cortegacense	Veterano M40	02:15:39	+48:15	07:32
42	809	Duarte Relvas	Sorema S.A.	Veterano M40	02:15:39	+48:15	07:32
43	630	Leonel Silva	Hora do Lobo Trail	Veterano M40	02:16:46	+49:22	07:36
44	743	Helder Rocha	Juventude Cortegacense	Veterano M40	02:16:59	+49:35	07:37
45	502	Carlos alberto gomes silva	100 desculpas	Veterano M40	02:17:52	+50:28	07:40
46	745	Joel Sequeira	Juventude Cortegacense	Veterano M40	02:18:03	+50:39	07:40
47	748	Sérgio Paulo Ferreira Oliveira	Juventude Cortegacense	Veterano M40	02:18:03	+50:39	07:40
48	848	Paulo Vaz	Vaz e Vaz	Veterano M40	02:19:38	+52:13	07:45
49	631	Paulo Campos	Hora do Lobo Trail	Veterano M40	02:20:07	+52:43	07:47
50	706	Sergio mota	Individual	Veterano M40	02:21:07	+53:43	07:50
51	628	Helder Santos	Hora do Lobo Trail	Veterano M40	02:22:14	+54:50	07:54
52	826	Nuno Pereira	Sporting Clube de Espinho / António Leitão	Veterano M40	02:22:53	+55:29	07:56
53	824	Jorge Vicente Sousa	Sporting Clube de Espinho / António Leitão	Veterano M40	02:23:04	+55:40	07:57
54	118	Pedro Portugal	Pupilos do Zé Tó	Veterano M40	02:23:26	+56:02	07:58
55	575	Mário Tavares	Correio de Albergaria Trail Running	Veterano M40	02:23:33	+56:09	07:59
56	580	Bruno Câmara	Equipa A	Veterano M40	02:23:55	+56:31	08:00
57	633	Sergio Guimarães	Hora do Lobo Trail	Veterano M40	02:27:15	+59:50	08:11
58	704	Ricardo Ferreira	Individual	Veterano M40	02:28:21	+01:00:57	08:15
59	613	José Rocha	Ginásio Fit4Fun	Veterano M40	02:28:35	+01:01:11	08:15
60	581	Jorge Vasconcelos	Equipa A	Veterano M40	02:28:58	+01:01:34	08:17
61	694	Carlos Pinto	Individual	Veterano M40	02:31:01	+01:03:37	08:23
62	692	Carlos Jorge Neves Silva	Individual	Veterano M40	02:31:13	+01:03:49	08:24
63	836	Antonio Ribeiro	Todos ao Monte	Veterano M40	02:32:01	+01:04:36	08:27
64	698	Joaquim Queirós	Individual	Veterano M40	02:32:39	+01:05:15	08:29
65	708	victor costa	Individual	Veterano M40	02:32:57	+01:05:32	08:30
66	757	José Pinho	MIMOSA RUNNERS	Veterano M40	02:33:10	+01:05:46	08:31
67	545	Ricardo Gonçalves	AZU	Veterano M40	02:33:23	+01:05:58	08:31
68	754	Manuel Alvarino	Leões de Tardariz Trail	Veterano M40	02:33:45	+01:06:21	08:33
69	555	Pedro Bastos	Bravos & Bravitas	Veterano M40	02:34:44	+01:07:20	08:36
70	742	Cecilio Manuel Silva Ferreira	Juventude Cortegacense	Veterano M40	02:36:27	+01:09:03	08:42
71	761	António Pinheiro	NAC TRAIL	Veterano M40	02:37:10	+01:09:46	08:44
72	531	Amilcar Ferreira	ARCORUN	Veterano M40	02:39:18	+01:11:54	08:51
73	845	Ricardo Jorge Santos Silva Teixeira	Trilha Colorida	Veterano M40	02:39:23	+01:11:59	08:51
74	568	Diogo Barros	CB RUN	Veterano M40	02:41:46	+01:14:21	08:59
75	705	Rui Taveira	Individual	Veterano M40	02:43:40	+01:16:16	09:06
76	796	António Sousa	PORTO SENTIDO RUNNERS	Veterano M40	02:45:07	+01:17:43	09:10
77	511	Tiago Poças	Ahimaaz	Veterano M40	02:45:16	+01:17:52	09:11
78	827	Paulo Oliveira	Sporting Clube de Espinho / António Leitão	Veterano M40	02:45:17	+01:17:52	09:11
79	629	João Fonseca	Hora do Lobo Trail	Veterano M40	02:50:31	+01:23:06	09:28
80	619	José Manuel Moreira da Silva	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano M40	02:50:42	+01:23:18	09:29

Trail Médio — 18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

81	768	Rui Silva	NOCTURNOS DE PAREDES	Veterano M40	02:50:42	+01:23:18	09:29
82	547	LINDOLFO JOSÉ TEIXEIRA DA COSTA SOL	BORA L' ANDAR	Veterano M40	02:51:58	+01:24:34	09:33
83	700	Jorge Faria	Individual	Veterano M40	02:52:54	+01:25:30	09:36
84	825	Nuno Barbosa	Sporting Clube de Espinho / António Leitão	Veterano M40	02:54:31	+01:27:07	09:42
85	127	Marco Couto	Serviços Sociais Câmara Santa Maria da Feira	Veterano M40	02:56:18	+01:28:54	09:48
86	560	JOAO LOURENÇO	C+ RUNNERS	Veterano M40	03:00:37	+01:33:13	10:02
87	773	Rui Santos	OS FALTA D´AR	Veterano M40	03:04:42	+01:37:17	10:16
88	689	Bernardo Santos	Individual	Veterano M40	03:05:18	+01:37:54	10:18
89	505	Daniel Machado	512	Veterano M40	03:05:54	+01:38:30	10:20
90	695	Flávio Soares	Individual	Veterano M40	03:06:49	+01:39:24	10:23
91	532	Fernando Lopes	ARCORUN	Veterano M40	03:07:11	+01:39:47	10:24
92	818	António Albuquerque	Sporting Clube de Espinho / António Leitão	Veterano M40	03:07:11	+01:39:47	10:24
93	831	Silvio Ferreira	Sporting Clube de Espinho / António Leitão	Veterano M40	03:07:11	+01:39:47	10:24
94	793	Jorge Carvalho	Pernetas	Veterano M40	03:07:30	+01:40:06	10:25
95	783	Sterling Bolivar	Outlaw Runners Team	Veterano M40	03:11:20	+01:43:56	10:38
96	697	Hugo Fernandes	Individual	Veterano M40	03:13:09	+01:45:45	10:44
97	806	Rui Soares	RUNNING ESPINHO	Veterano M40	03:14:02	+01:46:37	10:47
98	540	Carlos Ferreira	Art Nails Rosa Candido	Veterano M40	03:27:19	+01:59:55	11:31
99	792	Gusto Torres	Pernetas	Veterano M40	03:31:31	+02:04:07	11:45
100	765	Paulo Soares	NO TOMORROW RUNNING TEAM	Veterano M40	04:13:30	+02:46:05	14:05
101	522	Hugo Oliveira	ANTeam	Veterano M40	04:38:03	+03:10:39	15:27
102	766	Ricardo Oliveira	NO TOMORROW RUNNING TEAM	Veterano M40	04:38:36	+03:11:12	15:29

Veterano M50

1	834	David Leite	Sporting Clube de Espinho / António Leitão	Veterano M50	01:39:02	+11:38	05:30
2	721	Moreira Sergio	Individual	Veterano M50	01:39:53	+12:29	05:33
3	752	Ernesto alves	Juventude Cortegacense	Veterano M50	01:42:22	+14:57	05:41
4	802	ANTÓNIO SILVA	RIPOLINS GRIJÓ A CORRER	Veterano M50	01:47:41	+20:17	05:59
5	538	Arsénio	ARSM - Associação Recreativo de S Miguel	Veterano M50	01:48:16	+20:52	06:01
6	835	Manuel Oliveira	Sporting Clube de Espinho / António Leitão	Veterano M50	01:52:26	+25:01	06:15
7	855	Augusto Castro	Sporting Clube de Espinho / António Leitão	Veterano M50	01:52:51	+25:27	06:16
8	720	Marcelo	Individual	Veterano M50	01:59:11	+31:47	06:37
9	616	António Prata	Grupo de Corrida de Argoncilhe	Veterano M50	02:02:51	+35:27	06:50
10	714	Domingos Sousa Soares	Individual	Veterano M50	02:03:17	+35:53	06:51
11	784	Jorge Santos	Outlaw Runners Team	Veterano M50	02:05:56	+38:32	07:00
12	753	Manuel Constantino Silva	Juventude Cortegacense	Veterano M50	02:10:02	+42:38	07:13
13	722	Rogério de Pinho e Silva	Individual	Veterano M50	02:11:54	+44:29	07:20

Trail Médio

18 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

14	614	CARLOS FERREIRA	Ginásio Fit4Fun	Veterano M50	02:12:11	+44:47	07:21
15	751	Domingos Fernando Oliveira Camboa	Juventude Cortegacense	Veterano M50	02:13:03	+45:39	07:24
16	832	Abilio Santos	Sporting Clube de Espinho / António Leitão	Veterano M50	02:19:00	+51:35	07:43
17	844	Quintino Amorim	Trail Running Clube Btt Sanguedo	Veterano M50	02:23:38	+56:14	07:59
18	711	alipio lopes	Individual	Veterano M50	02:25:54	+58:30	08:06
19	634	David Nogueira	Hora do Lobo Trail	Veterano M50	02:33:34	+01:06:10	08:32
20	1316	Jorge Mota	Sporting Clube de Espinho / António Leitão	Veterano M50	02:33:35	+01:06:11	08:32
21	556	Manuel gomes	Bravos & Bravitas	Veterano M50	02:34:52	+01:07:28	08:36
22	716	FERNANDO SILVA PAIS	Individual	Veterano M50	02:36:29	+01:09:05	08:42
23	749	Augusto Santos Silva	Juventude Cortegacense	Veterano M50	02:41:28	+01:14:04	08:58
24	800	José Falcão	Rio Largo Espinho	Veterano M50	02:43:35	+01:16:10	09:05
25	501	Carlos Marques	@corredoresderua@	Veterano M50	02:48:37	+01:21:13	09:22
26	617	Fernando Silva	Grupo de Corrida de Argoncilhe	Veterano M50	02:57:08	+01:29:44	09:50
27	636	Luiz Blanquet	Hora do Lobo Trail	Veterano M50	03:01:41	+01:34:17	10:06
28	843	Fernando Correia	Trail Running Clube Btt Sanguedo	Veterano M50	03:04:41	+01:37:17	10:16
29	536	Manuel Silva	ARRASTASSOLAS	Veterano M50	03:17:31	+01:50:07	10:58
30	635	Fernando Ferreira	Hora do Lobo Trail	Veterano M50	04:15:40	+02:48:16	14:12

COLETIVO - TRAIL MÉDIO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	PERALTA FIL RUNNING	4 + 5 + 6 + 9	24
2	SPORTING CLUBE DE ESPINHO / ANTÓNIO LEITÃO	3 + 7 + 11 + 15	36
3	BRAVOS & BRAVITAS	16 + 17 + 20 + 23	76
4	VILA MAIOR EM TURISMO	8 + 21 + 27 + 52	108
5	JUVENTUDE CORTEGACENSE	18 + 36 + 38 + 41	133
6	OUTLAW RUNNERS TEAM	31 + 56 + 90 + 91	268
7	FIT ARENA GINÁSIO	29 + 53 + 139 + 140	361
8	HORA DO LOBO TRAIL	94 + 98 + 112 + 118	422
9	ARCORUN	62 + 134 + 135 + 183	514
10	TRAIL RUNNING CLUBE BTT SANGUEDO	54 + 128 + 147 + 185	514
11	GINÁSIO FIT4FUN	80 + 138 + 144 + 157	519
12	NAC TRAIL	76 + 77 + 179 + 189	521
13	PERNETAS	85 + 156 + 228 + 249	718
14	RUNNING ESPINHO	108 + 115 + 259 + 260	742
15	ANTEAM	141 + 237 + 278 + 290	946
16	NO TOMORROW RUNNING TEAM	230 + 263 + 286 + 294	1073