TRAIL CURTO - STAGE 1 — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	10:00	13.7ºC	75%
End	13:34	13.7ºC	75%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1315	Paulo Pereira	sporting clube de espinho / antónio leitão	Veterano M40	01:01:31		04:44
2	1282	Artur Rodrigues	sporting clube de espinho / antónio leitão	Veterano M40	01:01:32	+00:01	04:44
3	1308	Germano Cardoso	vcbikebtt	Senior Masculino	01:06:24	+04:53	05:07
4	1276	Tiago Oliveira	sporting clube de espinho / antónio leitão	Senior Masculino	01:07:18	+05:47	05:11
5	1057	Alcino Silva	clube independente de atletismo de alpendorada	Veterano M40	01:07:19	+05:48	05:11
6	1319	Helder Rodrigues	sporting clube de espinho / antónio leitão	Senior Masculino	01:07:58	+06:27	05:14
7	1317	Miguel Marques	sporting clube de espinho / antónio leitão	Senior Masculino	01:11:42	+10:11	05:31
8	1033	Ivo Silva	beat your limit	Senior Masculino	01:13:05	+11:34	05:37
9	1246	Valdemar Colaço	pernetas do alentejo	Veterano M40	01:14:30	+12:59	05:44
10	1275	Pedro Magalhães	sporting clube de espinho / antónio leitão	Senior Masculino	01:15:03	+13:32	05:46
11	1199	José Rodrigues de Almeida	individual	Veterano M50	01:15:15	+13:44	05:47
12	1030	Carlos Jesus	beat your limit	Senior Masculino	01:15:25	+13:54	05:48
13	574	José Adelino	clube pessoal aguas gaia	Veterano M50	01:15:37	+14:06	05:49
14	1196	Adriano Freitas Teixeira	individual	Veterano M50	01:15:48	+14:17	05:50
15	838	José Pereira	trail running clube btt sanguedo	Veterano M50	01:16:03	+14:32	05:51
16	1032	João Laranjeira	beat your limit	Senior Masculino	01:17:01	+15:30	05:55
17	1035	Pedro Conde	beat your limit	Veterano M40	01:18:00	+16:29	06:00
18	1285	Pedro Santos	sporting clube de espinho / antónio leitão	Veterano M40	01:18:31	+17:00	06:02
19	1128	Cristiana Ferreira	running espinho	Senior Feminino	01:19:02	+17:31	06:05
20	1062	José Conceição	douroconta trail team	Senior Masculino	01:19:26	+17:55	06:07
21	1050	Bruno Vidinha	caldas s. jorge sport clube	Senior Masculino	01:19:46	+18:15	06:08
22	573	Silverio Santos	clube pessoal aguas gaia	Veterano M40	01:20:27	+18:56	06:11
23	1031	Hugo Azevedo	beat your limit	Senior Masculino	01:20:57	+19:26	06:14
24	1313	Filipe Santos	sporting clube de espinho / antónio leitão	Veterano M40	01:21:50	+20:19	06:18
25	1089	Paulo Sousa	focoteam24	Senior Masculino	01:23:06	+21:35	06:24
26	1004	RICARDO PEREIRA	#atéchoras!	Senior Masculino	01:24:39	+23:08	06:31
27	1051	Vasco F	cb run	Senior Masculino	01:24:40	+23:09	06:31
28	1140	Sara Cristina	individual	Senior Feminino	01:24:43	+23:12	06:31
29	1314	Jorge Coelho	sporting clube de espinho / antónio leitão	Veterano M40	01:25:14	+23:43	06:33
30	1202	paulo santos	individual	Veterano M50	01:25:26	+23:55	06:34
31	1214	Marta Gracinda Tavares Reis	juventude cortegacense	Senior Feminino	01:26:10	+24:39	06:38
32	1208	Vasco Amador	jumia ptc	Senior Masculino	01:26:37	+25:06	06:40
33	1195	Vitor Moreira	individual	Veterano M40	01:27:09	+25:38	06:42
34	1011	Hélder Francisco Correia de Melo	ac portalegre/utsm	Senior Masculino	01:27:16	+25:45	06:43
35	1243	Eduardo Lobo	pernetas do alentejo	Veterano M40	01:27:51	+26:20	06:45
36	1242	Ricardo Neves	pernetas do alentejo	Senior Masculino	01:27:51	+26:20	06:46
37	1015	Paulo Ferreira	amigos do trail	Senior Masculino	01:28:13	+26:42	06:47
38	1034	Ivo Morais	beat your limit	Veterano M40	01:28:46	+27:15	06:50
39	1070	Ricardo Santos	espinho trail	Senior Masculino	01:28:53	+27:22	06:50
40	1323	Liliana Couto	trail running clube btt sanguedo	Senior Feminino	01:29:20	+27:49	06:52
41	1040	Daniel oliveira	bravos & bravitas	Senior Masculino	01:29:59	+28:28	06:55

TRAIL CURTO - STAGE 1 — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	1048	Sergio	bravos & bravitas	Veterano M40	01:29:59	+28:28	06:55
43	1235	Fábio Santos	os santos	Senior Masculino	01:30:22	+28:51	06:57
44	1188	Paulo Santos	individual	Veterano M40	01:30:35	+29:04	06:58
45	1039	Andre	bravos & bravitas	Senior Masculino	01:30:47	+29:16	06:59
46	132	Edgar Rocha	trail running clube btt sanguedo	Veterano M50	01:31:05	+29:34	07:00
47	1203	Rui Silva	individual	Veterano M50	01:31:22	+29:51	07:02
48	750	Celso Gomes	juventude cortegacense	Veterano M50	01:31:55	+30:24	07:04
49	1132	Márcia Russo	individual	Senior Feminino	01:32:34	+31:03	07:07
50	1055	Rui Pedro Silva	clube atletismo de lamas	Senior Masculino	01:32:41	+31:10	07:08
51	1060	Jorge Santos	clube pessoal aguas gaia	Veterano M50	01:33:22	+31:51	07:11
52	1309	João Santos	vcbikebtt	Senior Masculino	01:33:37	+32:06	07:12
53	1322	Paula Soares	trepatrilhos tail team	Veterana F40	01:34:18	+32:47	07:15
54	1223	Paulo Castelo	juventude cortegacense	Veterano M50	01:34:22	+32:51	07:16
55	572	Fernando Castanheira	clube pessoal aguas gaia	Senior Masculino	01:34:22	+32:51	07:16
56	1012	Alcides Sales	alcides sales	Veterano M50	01:34:36	+33:05	07:17
57	1106	HELDER COSTA	ginásio fit4fun	Veterano M40	01:34:37	+33:06	07:17
58	1241	Pedro Martins	pernetas do alentejo	Senior Masculino	01:34:54	+33:23	07:18
59	815	Maria leite	sporting clube de espinho / antónio leitão	Veterana F40	01:35:06	+33:35	07:19
60	1151	Helder	individual	Senior Masculino	01:35:31	+34:00	07:21
61	1290	JORGE SILVA	trail running clube btt sanguedo	Senior Masculino	01:35:35	+34:04	07:21
62	1135	Patrícia Raquel Fernandes Reitor	individual	Senior Feminino	01:36:17	+34:46	07:24
63	1185	Luis Gomes	individual	Veterano M40	01:36:28	+34:57	07:25
64	1094	Ricardo Godinho	geocrosstrail	Veterano M40	01:36:41	+35:10	07:26
65	1205	João Ramos	jumia ptc	Senior Masculino	01:36:58	+35:27	07:28
66	1291	RÚBEN COUTO	trail running clube btt sanguedo	Senior Masculino	01:37:54	+36:23	07:32
67	1164	Tiago Pereira	individual	Senior Masculino	01:37:59	+36:28	07:32
68	1008	Rui Teixeira	#atéchoras!	Veterano M40	01:38:10	+36:39	07:33
69	1058	Manuel Guedes	clube independente de atletismo de alpendorada	Veterano M40	01:38:12	+36:41	07:33
70	1245	José Gonçalo	pernetas do alentejo	Veterano M40	01:38:33	+37:02	07:35
71	1182	Francisco Carvalho	individual	Veterano M40	01:38:40	+37:09	07:35
72	1013	VERA PINHO	amigos do trail	Senior Feminino	01:38:50	+37:19	07:36
73	1059	Modesto Monteiro	clube independente de atletismo de alpendorada	Veterano M50	01:39:51	+38:20	07:41
74	1046	Carlos	bravos & bravitas	Veterano M40	01:40:36	+39:05	07:44
75	1104	RICARDO SILVA	ginásio fit4fun	Senior Masculino	01:40:49	+39:18	07:45
76	1061	José Barbosa	clube pessoal aguas gaia	Veterano M50	01:40:55	+39:24	07:46
77	1206	Jorge Carneiro	jumia ptc	Senior Masculino	01:41:20	+39:49	07:48
78	1037	Patricia santos	bravos & bravitas	Senior Feminino	01:41:22	+39:51	07:48
79	1268	Pedro Monteiro	sorema s.a.	Senior Masculino	01:41:27	+39:56	07:48
80	1085	Tiago Rodrigues	fit arena ginásio	Senior Masculino	01:41:56	+40:25	07:50
81	1116	Elzo Gomes	grupo desportivo santander totta	Senior Masculino	01:42:26	+40:55	07:53
82	1183	Jorge Moreira	individual	Veterano M40	01:42:47	+41:16	07:54
83	1129	Diana Pinho	individual	Senior Feminino	01:42:55	+41:24	07:55
84	1177	Jorge Oliveira	individual	Veterano M40	01:42:56	+41:25	07:55
85	1176	Ana Silva	individual	Veterana F50	01:43:01	+41:30	07:56

TRAIL CURTO - STAGE 1 — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	1083	Olávo Silva	fit arena ginásio	Senior Masculino	01:43:10	+41:39	07:56
87	1097	Rita Aguiar	ginásio fit4fun	Senior Feminino	01:43:18	+41:47	07:57
88	1105	RUI RIBEIRO	ginásio fit4fun	Senior Masculino	01:43:18	+41:47	07:57
89	737	Anabela Marques	juventude cortegacense	Veterana F40	01:43:36	+42:05	07:58
90	1047	Herdeiro	bravos & bravitas	Veterano M40	01:44:35	+43:04	08:03
91	1025	Joaquim Neves	artshoes	Senior Masculino	01:44:38	+43:07	08:03
92	1161	Ricardo pereira	individual	Senior Masculino	01:44:38	+43:07	08:03
93	1226	Joaquim Pereira	mozelos runners	Veterano M40	01:44:56	+43:25	08:04
94	548	Vera leite	bravos & bravitas	Senior Feminino	01:45:02	+43:31	08:05
95	1009	Vitor Osorio	#atéchoras!	Veterano M40	01:45:13	+43:42	08:06
96	1163	Rui Macário	individual	Senior Masculino	01:45:18	+43:47	08:06
97	1014	Andres Ferreira	amigos do trail	Senior Masculino	01:45:36	+44:05	08:07
98	1181	Carlos Lancha	individual	Veterano M40	01:45:43	+44:12	08:08
99	1256	Cristiana Santos	running espinho	Senior Feminino	01:45:49	+44:18	08:08
100	1213	Liliana Maria Pereira Ribeiro	juventude cortegacense	Senior Feminino	01:46:19	+44:48	08:11
101	1288	Tiago Borges	team shark	Senior Masculino	01:47:09	+45:38	08:15
102	1274	Nelson Dias	sporting clube de espinho / antónio leitão	Senior Masculino	01:47:25	+45:54	08:16
103	1118	PAULO RAMOS	grupo juvenil pinheiro da bemposta - o. azeméis	Veterano M40	01:47:30	+45:59	08:16
104	1287	José Pereira	sporting clube de espinho / antónio leitão	Veterano M50	01:47:36	+46:05	08:17
105	1253	Xavier Oliveira	quenianos	Senior Masculino	01:48:17	+46:46	08:20
106	1003	Diogo Osorio	#atéchoras!	Senior Masculino	01:48:20	+46:49	08:20
107	1092	Raquel Fernandes	geocrosstrail	Senior Feminino	01:48:56	+47:25	08:23
108	1186	Miguel Silva	individual	Veterano M40	01:50:14	+48:43	08:29
109	1310	Paulo Rocha	vcbikebtt	Senior Masculino	01:50:19	+48:48	08:29
110	1175	Sofia Martins	individual	Veterana F40	01:50:29	+48:58	08:30
111	1240	Ana Isabel Ramos	pernetas do alentejo	Senior Feminino	01:51:09	+49:38	08:33
112	1311	Joaquim Carneiro	vcbikebtt	Veterano M40	01:51:19	+49:48	08:34
113	1074	Tony Barbosa	espinho trail	Veterano M40	01:51:22	+49:51	08:34
114	1320	Marlene Soares	sporting clube de espinho / antónio leitão	Veterana F40	01:51:26	+49:55	08:34
115	1093	Paula Almeida	geocrosstrail	Veterana F40	01:51:28	+49:57	08:34
116	1280	Margarida Machado	sporting clube de espinho / antónio leitão	Veterana F50	01:51:52	+50:21	08:36
117	1162	Roberto Pinto de Oliveira	individual	Senior Masculino	01:52:29	+50:58	08:39
118	41	Antonio Silva	espinho trail	Veterano M40	01:52:38	+51:07	08:40
119	1193	valdemar dias	individual	Veterano M40	01:52:39	+51:08	08:40
120	1113	Celeste Costa	grupo de corrida de argoncilhe	Veterana F50	01:52:40	+51:09	08:40
121	1101	DANIEL FORTUNA	ginásio fit4fun	Senior Masculino	01:52:46	+51:15	08:41
122	1244	João José	pernetas do alentejo	Veterano M40	01:52:49	+51:18	08:41
123	1103	RICARDO FORTUNA	ginásio fit4fun	Senior Masculino	01:53:02	+51:31	08:42
124	1318	Guilhermina Ligeiro	sporting clube de espinho / antónio leitão	Veterana F40	01:53:18	+51:47	08:43
125	1174	Sara Moreira	individual	Veterana F40	01:53:47	+52:16	08:45
126	1191	Rui tavares	individual	Veterano M40	01:56:23	+54:52	08:57
127	1201	Manuel Soares	individual	Veterano M50	01:56:50	+55:19	08:59
128	1121	Conceição Pereira	hora do lobo trail	Veterana F50	01:56:56	+55:25	09:00
129	1150	Fernando nogueira	individual	Senior Masculino	01:57:05	+55:34	09:00
130	772	Jorge Augusto Oliveira Guerra	os falta d´ar	Veterano M40	01:57:10	+55:39	09:01

TRAIL CURTO - STAGE 1 — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
131	1178	Fernanda Almeida	individual	Veterana F50	01:57:10	+55:39	09:01
132	1224	João Vieira	leões de tardariz trail	Veterano M50	01:57:43	+56:12	09:03
133	1088	Soraia Sousa	focoteam24	Senior Feminino	01:58:02	+56:31	09:05
134	114	Dani Costa	pupilos do zé tó	Senior Masculino	01:58:44	+57:13	09:08
135	1251	João Miguel de Sousa Teixeira	quenianos	Senior Masculino	01:58:47	+57:16	09:08
136	1250	João Marcos Guimarães Videira	quenianos	Senior Masculino	01:58:50	+57:19	09:09
137	1159	Pedro Valente	individual	Senior Masculino	02:00:18	+58:47	09:15
138	1294	José Dara	trepatrilhos tail team	Veterano M50	02:00:52	+59:21	09:18
139	1200	Manuel Paiva	individual	Veterano M50	02:00:59	+59:28	09:18
140	117	Miguel Coelho	pupilos do zé tó	Veterano M40	02:01:20	+59:49	09:20
141	84	Ricardo Sérgio Lima Bastos	individual	Veterano M40	02:01:20	+59:49	09:20
142	1248	Pedro Pombal	pupilos do zé tó	Veterano M40	02:01:24	+59:53	09:20
143	1170	Isabel santos	individual	Veterana F40	02:01:46	+01:00:15	09:22
144	1269	Helder Gomes	sorema s.a.	Veterano M40	02:01:52	+01:00:21	09:23
145	1289	Ricardo Figueiredo	todos ao monte	Senior Masculino	02:02:24	+01:00:53	09:25
146	1095	Ana Almeida	ginásio fit4fun	Senior Feminino	02:03:25	+01:01:54	09:30
147	1302	Rui Manuel Pinto Miranda	trilha colorida	Veterano M40	02:03:34	+01:02:03	09:30
148	1081	Juliana Melo	fit arena ginásio	Senior Feminino	02:03:43	+01:02:12	09:31
149	1139	Sandra Silva	individual	Senior Feminino	02:04:52	+01:03:21	09:36
150	1147	Bruno Nunes	individual	Senior Masculino	02:04:52	+01:03:21	09:36
151	1112	Anabela Sousa	grupo de corrida de argoncilhe	Veterana F40	02:05:00	+01:03:29	09:37
152	1204	João Falcão	jumia ptc	Senior Masculino	02:05:10	+01:03:39	09:38
153	1209	Rosa Castro	jumia ptc	Veterana F40	02:05:10	+01:03:39	09:38
154	1270	José Augusto Oliveira	sorema s.a.	Veterano M40	02:05:46	+01:04:15	09:41
155	625	Rui Costa	hora do lobo trail	Senior Masculino	02:06:16	+01:04:45	09:43
156	1043	sonia queiros	bravos & bravitas	Veterana F40	02:06:36	+01:05:05	09:44
157	1044	Sonia Raquel	bravos & bravitas	Veterana F40	02:06:37	+01:05:06	09:44
158	1028	Lurdes Moreira	as belas e eles	Veterana F40	02:06:48	+01:05:17	09:45
159	1006	Álvaro Pereira	#atéchoras!	Veterano M40	02:07:09	+01:05:38	09:47
160	1146	António Ricardo Araújo Gonçalves	individual	Senior Masculino	02:07:26	+01:05:55	09:48
161	1190	Ricardo Silva	individual	Veterano M40	02:07:29	+01:05:58	09:48
162	1069	Leticia Oliveira	espinho trail	Senior Feminino	02:07:32	+01:06:01	09:49
163	1029	Marco Santos	baustein	Veterano M40	02:08:05	+01:06:34	09:51
164	1156	Jorge Augusto Nunes Chibante	individual	Senior Masculino	02:08:36	+01:07:05	09:54
165	1010	Antonio Frazao	a20s javalis trail team	Veterano M40	02:09:05	+01:07:34	09:56
166	717	José teixeira	individual	Veterano M50	02:09:06	+01:07:35	09:56
167	1071	Cristina Duarte	espinho trail	Veterana F40	02:09:14	+01:07:43	09:57
168	1115	Rui Oliveira	grupo de corrida de argoncilhe	Veterano M50	02:09:14	+01:07:43	09:57
169	1114	Fernando Couto Vale	grupo de corrida de argoncilhe	Veterano M50	02:09:15	+01:07:44	09:57
170	1173	ROSALINA PAIS	individual	Veterana F40	02:09:16	+01:07:45	09:57
171	1272	SÓNIA MOREIRA	sporting clube de espinho / antónio leitão	Senior Feminino	02:09:18	+01:07:47	09:57
172	1120	Cristina Moura	hora do lobo trail	Veterana F40	02:09:22	+01:07:51	09:57
173	1096	MÓNICA SILVA	ginásio fit4fun	Senior Feminino	02:09:39	+01:08:08	09:58
174	1099	ADRIANO BERNARDINO	ginásio fit4fun	Senior Masculino	02:09:39	+01:08:08	09:58
175	1220	Marcia Rola	juventude cortegacense	Veterana F40	02:09:44	+01:08:13	09:59

TRAIL CURTO - STAGE 1 — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
176	1125	Luís Sargo	ibarrasargovaz	Veterano M40	02:10:31	+01:09:00	10:02
177	1166	Andreia Ribeiro	individual	Veterana F40	02:10:40	+01:09:09	10:03
178	1303	Sofia Castro	trteam	Senior Feminino	02:10:41	+01:09:10	10:03
179	1264	Gabriela Veiga	running espinho	Veterana F40	02:10:49	+01:09:18	10:04
180	1179	Américo Nuno Gomes da Silva Oliveira	individual	Veterano M40	02:10:50	+01:09:19	10:04
181	1038	Sonia tavares	bravos & bravitas	Senior Feminino	02:11:09	+01:09:38	10:05
182	1068	Carla Pereira	espinho trail	Senior Feminino	02:11:19	+01:09:48	10:06
183	1304	Nuno Eca	trteam	Senior Masculino	02:11:30	+01:09:59	10:07
184	1073	Ana Duarte	espinho trail	Veterana F50	02:11:32	+01:10:01	10:07
185	713	DAVID JORGE FERREIRA DA SILVA	individual	Veterano M50	02:12:11	+01:10:40	10:10
186	684	MARIA CONCEIÇÃO RIBAS FERREIRA	individual	Veterana F50	02:12:12	+01:10:41	10:10
187	1271	Fátima Oliveira	sporting clube de espinho / antónio leitão	Senior Feminino	02:12:16	+01:10:45	10:11
188	1283	Carlos Ferreira	sporting clube de espinho / antónio leitão	Veterano M40	02:12:16	+01:10:45	10:11
189	1212	Catarina Rodrigues Sa Ferreira	juventude cortegacense	Senior Feminino	02:12:35	+01:11:04	10:12
190	1217	Anabela Moreira Cardoso	juventude cortegacense	Veterana F40	02:12:35	+01:11:04	10:12
191	725	Cristiana Marques de Carvalho	juventude cortegacense	Senior Feminino	02:12:36	+01:11:05	10:12
192	1165	Vitor Correia	individual	Senior Masculino	02:13:26	+01:11:55	10:16
193	1045	Virginia	bravos & bravitas	Veterana F40	02:14:23	+01:12:52	10:20
194	1054	Fábio Silva	clube atletismo de lamas	Senior Masculino	02:14:44	+01:13:13	10:22
195	1053	Diogo Rocha	clube atletismo de lamas	Senior Masculino	02:14:51	+01:13:20	10:22
196	1056	Susana Duarte	clube atletismo de lamas	Veterana F40	02:14:52	+01:13:21	10:23
197	1052	Sara Coelho	clube atletismo de lamas	Senior Feminino	02:14:52	+01:13:21	10:23
198	1301	Raul Manuel Rodrigues Ferreira	trilha colorida	Veterano M40	02:15:06	+01:13:35	10:24
199	1072	Paula Cruz	espinho trail	Veterana F40	02:16:57	+01:15:26	10:32
200	1091	Sara Aleixo	gasporto runners	Senior Feminino	02:17:08	+01:15:37	10:33
201	1090	Marisa Gouveia	gasporto runners	Senior Feminino	02:17:08	+01:15:37	10:33
202	1184	José Pereira	individual	Veterano M40	02:17:51	+01:16:20	10:36
203	1215	Pedro Nuno Sousa Gomes	juventude cortegacense	Senior Masculino	02:17:53	+01:16:22	10:36
204	1247	Pedro Pinho	pupilos do zé tó	Veterano M40	02:18:42	+01:17:11	10:40
205	1148	Bruno Pinho	individual	Senior Masculino	02:18:43	+01:17:12	10:40
206	1168	Carla Silva	individual	Veterana F40	02:20:13	+01:18:42	10:47
207	1180	Bruno Silva	individual	Veterano M40	02:20:13	+01:18:42	10:47
208	1171	Juliana Fernandes	individual	Veterana F40	02:20:14	+01:18:43	10:47
209	1077	Claudia Calçada	fit arena ginásio	Senior Feminino	02:20:49	+01:19:18	10:50
210	1078	Cristina Almeida	fit arena ginásio	Senior Feminino	02:20:49	+01:19:18	10:50
211	1042	Liliana canedo	bravos & bravitas	Veterana F40	02:22:22	+01:20:51	10:57
212	1082	Bruno Teixeira	fit arena ginásio	Senior Masculino	02:22:43	+01:21:12	10:59
213	1080	Juliana Couto	fit arena ginásio	Senior Feminino	02:22:43	+01:21:12	10:59
214	1075	Ana Rita Fernandes	fit arena ginásio	Senior Feminino	02:22:44	+01:21:13	10:59
215	1086	Silvia Costa	fit arena ginásio	Veterana F40	02:22:47	+01:21:16	10:59
216	1087	César Ferreira	fit arena ginásio	Veterano M40	02:22:47	+01:21:16	10:59
217	1026	Carla Barbosa	as belas e eles	Senior Feminino	02:23:23	+01:21:52	11:02
218	1027	Cátia Silva	as belas e eles	Senior Feminino	02:23:23	+01:21:52	11:02

TRAIL CURTO - STAGE 1 — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
219	1124	Jorge Vaz	ibarrasargovaz	Veterano M40	02:23:28	+01:21:57	11:02
220	1218	Cristina Maria Rodrigues Sá	juventude cortegacense	Veterana F40	02:23:55	+01:22:24	11:04
221	1119	Monica Morais	hora do lobo trail	Senior Feminino	02:24:21	+01:22:50	11:06
222	1126	Ana Isabel Reis Vilar	individual	Senior Feminino	02:25:42	+01:24:11	11:12
223	1145	André Duarte	individual	Senior Masculino	02:25:53	+01:24:22	11:13
224	1143	Vânia Teresa Silva Pereira	individual	Senior Feminino	02:26:27	+01:24:56	11:16
225	1076	Carolina Gomes	fit arena ginásio	Senior Feminino	02:27:14	+01:25:43	11:20
226	1084	Pedro Ribeiro	fit arena ginásio	Senior Masculino	02:27:14	+01:25:43	11:20
227	1018	Rosalina Lemos	arcorun	Veterana F50	02:28:09	+01:26:38	11:24
228	1017	Manuela Rouxinol	arcorun	Veterana F50	02:28:10	+01:26:39	11:24
229	1007	António Peixoto	#atéchoras!	Veterano M40	02:29:15	+01:27:44	11:29
230	1169	Celeste Fernandes	individual	Veterana F40	02:30:00	+01:28:29	11:32
231	1167	Carla Oliveir	individual	Veterana F40	02:30:26	+01:28:55	11:34
232	1194	Valter Caseiro	individual	Veterano M40	02:30:57	+01:29:26	11:37
233	1225	ALBINO TORRES	matilha	Veterano M50	02:30:57	+01:29:26	11:37
234	1036	Joana Cruz	bravos & bravitas	Senior Feminino	02:31:12	+01:29:41	11:38
235	1049	Valter Mota	bravos & bravitas	Veterano M40	02:31:12	+01:29:41	11:38
236	1172	Leonor Lopes	individual	Veterana F40	02:31:13	+01:29:42	11:38
237	1187	Nelson Silva	individual	Veterano M40	02:31:13	+01:29:42	11:38
238	1238	Carlos "Calígula" Silva	pernas inertes	Veterano M50	02:31:24	+01:29:53	11:39
239	1236	Maria Albina F. Almeida Silva	pernas inertes	Veterana F40	02:31:24	+01:29:53	11:39
240	1321	ROSA BISPO	pernas inertes	Veterana F50	02:31:25	+01:29:54	11:39
241	1239	JOSÉ AUGUSTO TEIXEIRA PIRES DE LIMA	pernas inertes	Veterano M50	02:31:25	+01:29:54	11:39
242	1098	Verónica Soares	ginásio fit4fun	Senior Feminino	02:32:00	+01:30:29	11:42
243	1133	Marisa Santos	individual	Senior Feminino	02:34:07	+01:32:36	11:51
244	1189	Pedro Miguel Silva Pereira	individual	Veterano M40	02:35:50	+01:34:19	11:59
245	1192	Sergio Henrique Silva Pereira	individual	Veterano M40	02:35:52	+01:34:21	11:59
246	1207	Tiago Lopes	jumia ptc	Senior Masculino	02:37:50	+01:36:19	12:08
247	1237	Renata Cruz	individual	Senior Feminino	02:38:25	+01:36:54	12:11
248	1158	Paulo Morais	individual	Senior Masculino	02:39:06	+01:37:35	12:14
249	1234	Andreia Santos	os santos	Senior Feminino	02:42:40	+01:41:09	12:31
250	673	CARLA FERNANDA DA SILVA NOGUEIRA	individual	Veterana F40	02:43:54	+01:42:23	12:36
251	685	MARIA ESTELA FERREIRA DA SILVA	individual	Veterana F50	02:43:54	+01:42:23	12:36
252	677	ROSA MARIA PINTO DA SILVA	individual	Veterana F40	02:43:54	+01:42:23	12:37
253	1131	Lúcia Mota	individual	Senior Feminino	02:44:08	+01:42:37	12:38
254	1210	Hélder Baptista	jumia ptc	Veterano M40	02:46:00	+01:44:29	12:46
255	1263	Dora Rocha	running espinho	Veterana F40	02:46:33	+01:45:02	12:49
256	1286	Vitor Oliveira	sporting clube de espinho / antónio leitão	Veterano M40	02:50:37	+01:49:06	13:08
257	1278	Sandra Martins	sporting clube de espinho / antónio leitão	Veterana F40	02:50:38	+01:49:07	13:08
258	1198	José Moreira	individual	Veterano M50	02:50:41	+01:49:10	13:08
259	1152	Helder Andrade	individual	Senior Masculino	02:53:08	+01:51:37	13:19
260	1144	Zita Coelho	individual	Senior Feminino	02:53:09	+01:51:38	13:19
261	1160	Ricardo Jorge Santos Pereira	individual	Senior Masculino	02:54:41	+01:53:10	13:26

TRAIL CURTO - STAGE 1 — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
262	1296	Dulce Cláudia Pimenta Coutinho Monteiro	trilha colorida	Veterana F40	02:55:59	+01:54:28	13:32
263	1299	Rosa Maria de Azevedo Barbosa Cerqueira	trilha colorida	Veterana F50	02:56:23	+01:54:52	13:34
264	1295	Ana Maria Silva Pereira	trilha colorida	Veterana F40	03:02:26	+02:00:55	14:02
265	1297	Maria João Soares Leite da Cunha	trilha colorida	Veterana F40	03:02:30	+02:00:59	14:02
266	1300	Américo Nunes Pereira	trilha colorida	Veterano M40	03:02:30	+02:00:59	14:02
267	1298	Paula Cristina Azevedo Monteiro Silva	trilha colorida	Veterana F40	03:02:32	+02:01:01	14:02
268	1066	Paula Marinho	equipa a.n.a.	Veterana F40	03:05:04	+02:03:33	14:14
269	1002	Raquel Gavina	#atéchoras!	Senior Feminino	03:06:02	+02:04:31	14:19
270	1005	Célia Cardinal	#atéchoras!	Veterana F40	03:06:02	+02:04:31	14:19
271	1023	Sara Loureiro	arrastassolas	Veterana F40	03:20:17	+02:18:46	15:24
272	1020	Silvia Araujo	arrastassolas	Senior Feminino	03:20:17	+02:18:46	15:24
273	1019	Raquel Lopes	arrastassolas	Senior Feminino	03:20:17	+02:18:46	15:24
274	1021	Cristina Castro	arrastassolas	Veterana F40	03:20:17	+02:18:46	15:24
275	1109	Susana Silva	giras & boas	Veterana F40	03:22:04	+02:20:33	15:33
276	1107	Tânia Lopes	giras & boas	Senior Feminino	03:22:08	+02:20:37	15:33
277	1108	Rui Correia	giras & boas	Senior Masculino	03:22:08	+02:20:37	15:33
278	1260	Ana Ribeiro	running espinho	Veterana F40	03:23:36	+02:22:05	15:40
279	1255	Cátia Maia	running espinho	Senior Feminino	03:23:37	+02:22:06	15:40
280	674	DIANA BASTOS DE SOUSA	individual	Veterana F40	03:27:27	+02:25:56	15:58
281	645	MÁRCIA MARIA BASTOS DE SOUSA	individual	Senior Feminino	03:27:32	+02:26:01	15:58
282	637	ANA RITA SOUSA ROSÁRIO	individual	Senior Feminino	03:27:33	+02:26:02	15:58
283	643	LUCIANA RAQUEL GOMES DA CRUZ	individual	Senior Feminino	03:28:16	+02:26:45	16:01
284	1265	Sandra Castro	running espinho	Veterana F40	03:34:01	+02:32:30	16:28
285	1262	Cecília Ramos	running espinho	Veterana F40	03:34:01	+02:32:30	16:28

Trilhos dos Pernetas 3.6

Canedo, PT

01-May-2019

Trail Curto — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	10:00	13.7ºC	75%
End	13:34	13.7ºC	75%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1128	Cristiana Ferreira	RUNNING ESPINHO	Senior Feminino	01:19:02	+17:31	06:05
2	1140	Sara Cristina	Individual	Senior Feminino	01:24:43	+23:12	06:31
3	1214	Marta Gracinda Tavares Reis	Juventude Cortegacense	Senior Feminino	01:26:10	+24:39	06:38
4	1323	Liliana Couto	Trail Running Clube Btt Sanguedo	Senior Feminino	01:29:20	+27:49	06:52
5	1132	Márcia Russo	Individual	Senior Feminino	01:32:34	+31:03	07:07
6	1135	Patrícia Raquel Fernandes Reitor	Individual	Senior Feminino	01:36:17	+34:46	07:24
7	1013	VERA PINHO	AMIGOS DO TRAIL	Senior Feminino	01:38:50	+37:19	07:36
8	1037	Patricia santos	Bravos & Bravitas	Senior Feminino	01:41:22	+39:51	07:48
9	1129	Diana Pinho	Individual	Senior Feminino	01:42:55	+41:24	07:55
10	1097	Rita Aguiar	Ginásio Fit4Fun	Senior Feminino	01:43:18	+41:47	07:57
11	548	Vera leite	Bravos & Bravitas	Senior Feminino	01:45:02	+43:31	08:05
12	1256	Cristiana Santos	RUNNING ESPINHO	Senior Feminino	01:45:49	+44:18	08:08
13	1213	Liliana Maria Pereira Ribeiro	Juventude Cortegacense	Senior Feminino	01:46:19	+44:48	08:11
14	1092	Raquel Fernandes	Geocrosstrail	Senior Feminino	01:48:56	+47:25	08:23
15	1240	Ana Isabel Ramos	Pernetas do Alentejo	Senior Feminino	01:51:09	+49:38	08:33
16	1088	Soraia Sousa	Focoteam24	Senior Feminino	01:58:02	+56:31	09:05
17	1095	Ana Almeida	Ginásio Fit4Fun	Senior Feminino	02:03:25	+01:01:54	09:30
18	1081	Juliana Melo	Fit Arena Ginásio	Senior Feminino	02:03:43	+01:02:12	09:31
19	1139	Sandra Silva	Individual	Senior Feminino	02:04:52	+01:03:21	09:36
20	1069	Leticia Oliveira	ESPINHO TRAIL	Senior Feminino	02:07:32	+01:06:01	09:49
21	1272	SÓNIA MOREIRA	Sporting Clube de Espinho / António Leitão	Senior Feminino	02:09:18	+01:07:47	09:57
22	1096	MÓNICA SILVA	Ginásio Fit4Fun	Senior Feminino	02:09:39	+01:08:08	09:58
23	1303	Sofia Castro	TRTeam	Senior Feminino	02:10:41	+01:09:10	10:03
24	1038	Sonia tavares	Bravos & Bravitas	Senior Feminino	02:11:09	+01:09:38	10:05
25	1068	Carla Pereira	ESPINHO TRAIL	Senior Feminino	02:11:19	+01:09:48	10:06
26	1271	Fátima Oliveira	Sporting Clube de Espinho / António Leitão	Senior Feminino	02:12:16	+01:10:45	10:11
27	1212	Catarina Rodrigues Sa Ferreira	Juventude Cortegacense	Senior Feminino	02:12:35	+01:11:04	10:12
28	725	Cristiana Marques de Carvalho	Juventude Cortegacense	Senior Feminino	02:12:36	+01:11:05	10:12
29	1052	Sara Coelho	CLUBE ATLETISMO DE LAMAS	Senior Feminino	02:14:52	+01:13:21	10:23
30	1091	Sara Aleixo	GASPORTO RUNNERS	Senior Feminino	02:17:08	+01:15:37	10:33
31	1090	Marisa Gouveia	GASPORTO RUNNERS	Senior Feminino	02:17:08	+01:15:37	10:33
32	1077	Claudia Calçada	Fit Arena Ginásio	Senior Feminino	02:20:49	+01:19:18	10:50
33	1078	Cristina Almeida	Fit Arena Ginásio	Senior Feminino	02:20:49	+01:19:18	10:50
34	1080	Juliana Couto	Fit Arena Ginásio	Senior Feminino	02:22:43	+01:21:12	10:59
35	1075	Ana Rita Fernandes	Fit Arena Ginásio	Senior Feminino	02:22:44	+01:21:13	10:59
36	1026	Carla Barbosa	As Belas e Eles	Senior Feminino	02:23:23	+01:21:52	11:02
37	1027	Cátia Silva	As Belas e Eles	Senior Feminino	02:23:23	+01:21:52	11:02
38	1119	Monica Morais	Hora do Lobo Trail	Senior Feminino	02:24:21	+01:22:50	11:06

Trail Curto — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

39	1126	Ana Isabel Reis Vilar	Individual	Senior Feminino	02:25:42	+01:24:11	11:12
40	1143	Vânia Teresa Silva Pereira	Individual	Senior Feminino	02:26:27	+01:24:56	11:16
41	1076	Carolina Gomes	Fit Arena Ginásio	Senior Feminino	02:27:14	+01:25:43	11:20
42	1036	Joana Cruz	Bravos & Bravitas	Senior Feminino	02:31:12	+01:29:41	11:38
43	1098	Verónica Soares	Ginásio Fit4Fun	Senior Feminino	02:32:00	+01:30:29	11:42
44	1133	Marisa Santos	Individual	Senior Feminino	02:34:07	+01:32:36	11:51
45	1237	Renata Cruz	Individual	Senior Feminino	02:38:25	+01:36:54	12:11
46	1234	Andreia Santos	Os Santos	Senior Feminino	02:42:40	+01:41:09	12:31
47	1131	Lúcia Mota	Individual	Senior Feminino	02:44:08	+01:42:37	12:38
48	1144	Zita Coelho	Individual	Senior Feminino	02:53:09	+01:51:38	13:19
49	1002	Raquel Gavina	#atéchoras!	Senior Feminino	03:06:02	+02:04:31	14:19
50	1020	Silvia Araujo	ARRASTASSOLAS	Senior Feminino	03:20:17	+02:18:46	15:24
51	1019	Raquel Lopes	ARRASTASSOLAS	Senior Feminino	03:20:17	+02:18:46	15:24
52	1107	Tânia Lopes	Giras & Boas	Senior Feminino	03:22:08	+02:20:37	15:33
53	1255	Cátia Maia	RUNNING ESPINHO	Senior Feminino	03:23:37	+02:22:06	15:40
54	645	MÁRCIA MARIA BASTOS DE SOUSA	Individual	Senior Feminino	03:27:32	+02:26:01	15:58
55	637	ANA RITA SOUSA ROSÁRIO	Individual	Senior Feminino	03:27:33	+02:26:02	15:58
56	643	LUCIANA RAQUEL GOMES DA CRUZ	Individual	Senior Feminino	03:28:16	+02:26:45	16:01

Senior Masculino

1	1308	Germano Cardoso	VcbikeBtt	Senior Masculino	01:06:24	+04:53	05:07
2	1276	Tiago Oliveira	Sporting Clube de Espinho / António Leitão	Senior Masculino	01:07:18	+05:47	05:11
3	1319	Helder Rodrigues	Sporting Clube de Espinho / António Leitão	Senior Masculino	01:07:58	+06:27	05:14
4	1317	Miguel Marques	Sporting Clube de Espinho / António Leitão	Senior Masculino	01:11:42	+10:11	05:31
5	1033	Ivo Silva	Beat Your Limit	Senior Masculino	01:13:05	+11:34	05:37
6	1275	Pedro Magalhães	Sporting Clube de Espinho / António Leitão	Senior Masculino	01:15:03	+13:32	05:46
7	1030	Carlos Jesus	Beat Your Limit	Senior Masculino	01:15:25	+13:54	05:48
8	1032	João Laranjeira	Beat Your Limit	Senior Masculino	01:17:01	+15:30	05:55
9	1062	José Conceição	DOUROCONTA TRAIL TEAM	Senior Masculino	01:19:26	+17:55	06:07
10	1050	Bruno Vidinha	Caldas S. Jorge Sport Clube	Senior Masculino	01:19:46	+18:15	06:08
11	1031	Hugo Azevedo	Beat Your Limit	Senior Masculino	01:20:57	+19:26	06:14
12	1089	Paulo Sousa	Focoteam24	Senior Masculino	01:23:06	+21:35	06:24
13	1004	RICARDO PEREIRA	#atéchoras!	Senior Masculino	01:24:39	+23:08	06:31
14	1051	Vasco F	CB RUN	Senior Masculino	01:24:40	+23:09	06:31
15	1208	Vasco Amador	Jumia PTC	Senior Masculino	01:26:37	+25:06	06:40
16	1011	Hélder Francisco Correia de Melo	AC Portalegre/UTSM	Senior Masculino	01:27:16	+25:45	06:43
17	1242	Ricardo Neves	Pernetas do Alentejo	Senior Masculino	01:27:51	+26:20	06:46
18	1015	Paulo Ferreira	AMIGOS DO TRAIL	Senior Masculino	01:28:13	+26:42	06:47
19	1070	Ricardo Santos	ESPINHO TRAIL	Senior Masculino	01:28:53	+27:22	06:50
20	1040	Daniel oliveira	Bravos & Bravitas	Senior Masculino	01:29:59	+28:28	06:55
21	1235	Fábio Santos	Os Santos	Senior Masculino	01:30:22	+28:51	06:57
22	1039	Andre	Bravos & Bravitas	Senior Masculino	01:30:47	+29:16	06:59

Trail Curto — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

23	1055	Rui Pedro Silva	CLUBE ATLETISMO DE LAMAS	Senior Masculino	01:32:41	+31:10	07:08
24	1309	João Santos	VcbikeBtt	Senior Masculino	01:33:37	+32:06	07:12
25	572	Fernando Castanheira	Clube Pessoal Aguas Gaia	Senior Masculino	01:34:22	+32:51	07:16
26	1241	Pedro Martins	Pernetas do Alentejo	Senior Masculino	01:34:54	+33:23	07:18
27	1151	Helder	Individual	Senior Masculino	01:35:31	+34:00	07:21
28	1290	JORGE SILVA	Trail Running Clube Btt Sanguedo	Senior Masculino	01:35:35	+34:04	07:21
29	1205	João Ramos	Jumia PTC	Senior Masculino	01:36:58	+35:27	07:28
30	1291	RÚBEN COUTO	Trail Running Clube Btt Sanguedo	Senior Masculino	01:37:54	+36:23	07:32
31	1164	Tiago Pereira	Individual	Senior Masculino	01:37:59	+36:28	07:32
32	1104	RICARDO SILVA	Ginásio Fit4Fun	Senior Masculino	01:40:49	+39:18	07:45
33	1206	Jorge Carneiro	Jumia PTC	Senior Masculino	01:41:20	+39:49	07:48
34	1268	Pedro Monteiro	Sorema S.A.	Senior Masculino	01:41:27	+39:56	07:48
35	1085	Tiago Rodrigues	Fit Arena Ginásio	Senior Masculino	01:41:56	+40:25	07:50
36	1116	Elzo Gomes	GRUPO DESPORTIVO SANTANDER TOTTA	Senior Masculino	01:42:26	+40:55	07:53
37	1083	Olávo Silva	Fit Arena Ginásio	Senior Masculino	01:43:10	+41:39	07:56
38	1105	RUI RIBEIRO	Ginásio Fit4Fun	Senior Masculino	01:43:18	+41:47	07:57
39	1025	Joaquim Neves	Artshoes	Senior Masculino	01:44:38	+43:07	08:03
40	1161	Ricardo pereira	Individual	Senior Masculino	01:44:38	+43:07	08:03
41	1163	Rui Macário	Individual	Senior Masculino	01:45:18	+43:47	08:06
42	1014	Andres Ferreira	AMIGOS DO TRAIL	Senior Masculino	01:45:36	+44:05	08:07
43	1288	Tiago Borges	Team Shark	Senior Masculino	01:47:09	+45:38	08:15
44	1274	Nelson Dias	Sporting Clube de Espinho / António Leitão	Senior Masculino	01:47:25	+45:54	08:16
45	1253	Xavier Oliveira	Quenianos	Senior Masculino	01:48:17	+46:46	08:20
46	1003	Diogo Osorio	#atéchoras!	Senior Masculino	01:48:20	+46:49	08:20
47	1310	Paulo Rocha	VcbikeBtt	Senior Masculino	01:50:19	+48:48	08:29
48	1162	Roberto Pinto de Oliveira	Individual	Senior Masculino	01:52:29	+50:58	08:39
49	1101	DANIEL FORTUNA	Ginásio Fit4Fun	Senior Masculino	01:52:46	+51:15	08:41
50	1103	RICARDO FORTUNA	Ginásio Fit4Fun	Senior Masculino	01:53:02	+51:31	08:42
51	1150	Fernando nogueira	Individual	Senior Masculino	01:57:05	+55:34	09:00
52	114	Dani Costa	Pupilos do Zé Tó	Senior Masculino	01:58:44	+57:13	09:08
53	1251	João Miguel de Sousa Teixeira	Quenianos	Senior Masculino	01:58:47	+57:16	09:08
54	1250	João Marcos Guimarães Videira	Quenianos	Senior Masculino	01:58:50	+57:19	09:09
55	1159	Pedro Valente	Individual	Senior Masculino	02:00:18	+58:47	09:15
56	1289	Ricardo Figueiredo	Todos ao Monte	Senior Masculino	02:02:24	+01:00:53	09:25
57	1147	Bruno Nunes	Individual	Senior Masculino	02:04:52	+01:03:21	09:36
58	1204	João Falcão	Jumia PTC	Senior Masculino	02:05:10	+01:03:39	09:38
59	625	Rui Costa	Hora do Lobo Trail	Senior Masculino	02:06:16	+01:04:45	09:43
60	1146	António Ricardo Araújo Gonçalves	Individual	Senior Masculino	02:07:26	+01:05:55	09:48
61	1156	Jorge Augusto Nunes Chibante	Individual	Senior Masculino	02:08:36	+01:07:05	09:54
62	1099	ADRIANO BERNARDINO	Ginásio Fit4Fun	Senior Masculino	02:09:39	+01:08:08	09:58
63	1304	Nuno Eca	TRTeam	Senior Masculino	02:11:30	+01:09:59	10:07
64	1165	Vitor Correia	Individual	Senior Masculino	02:13:26	+01:11:55	10:16
65	1054	Fábio Silva	CLUBE ATLETISMO DE LAMAS	Senior Masculino	02:14:44	+01:13:13	10:22
66	1053	Diogo Rocha	CLUBE ATLETISMO DE LAMAS	Senior Masculino	02:14:51	+01:13:20	10:22
67	1215	Pedro Nuno Sousa Gomes	Juventude Cortegacense	Senior Masculino	02:17:53	+01:16:22	10:36

Trail Curto — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

68	1148	Bruno Pinho	Individual	Senior Masculino	02:18:43	+01:17:12	10:40
69	1082	Bruno Teixeira	Fit Arena Ginásio	Senior Masculino	02:22:43	+01:21:12	10:59
70	1145	André Duarte	Individual	Senior Masculino	02:25:53	+01:24:22	11:13
71	1084	Pedro Ribeiro	Fit Arena Ginásio	Senior Masculino	02:27:14	+01:25:43	11:20
72	1207	Tiago Lopes	Jumia PTC	Senior Masculino	02:37:50	+01:36:19	12:08
73	1158	Paulo Morais	Individual	Senior Masculino	02:39:06	+01:37:35	12:14
74	1152	Helder Andrade	Individual	Senior Masculino	02:53:08	+01:51:37	13:19
75	1160	Ricardo Jorge Santos Pereira	Individual	Senior Masculino	02:54:41	+01:53:10	13:26
76	1108	Rui Correia	Giras & Boas	Senior Masculino	03:22:08	+02:20:37	15:33

Veterana F40

1	1322	Paula Soares	TrepaTrilhos Tail Team	Veterana F40	01:34:18	+32:47	07:15
2	815	Maria leite	Sporting Clube de Espinho / António Leitão	Veterana F40	01:35:06	+33:35	07:19
3	737	Anabela Marques	Juventude Cortegacense	Veterana F40	01:43:36	+42:05	07:58
4	1175	Sofia Martins	Individual	Veterana F40	01:50:29	+48:58	08:30
5	1320	Marlene Soares	Sporting Clube de Espinho / António Leitão	Veterana F40	01:51:26	+49:55	08:34
6	1093	Paula Almeida	Geocrosstrail	Veterana F40	01:51:28	+49:57	08:34
7	1318	Guilhermina Ligeiro	Sporting Clube de Espinho / António Leitão	Veterana F40	01:53:18	+51:47	08:43
8	1174	Sara Moreira	Individual	Veterana F40	01:53:47	+52:16	08:45
9	1170	Isabel santos	Individual	Veterana F40	02:01:46	+01:00:15	09:22
10	1112	Anabela Sousa	Grupo de Corrida de Argoncilhe	Veterana F40	02:05:00	+01:03:29	09:37
11	1209	Rosa Castro	Jumia PTC	Veterana F40	02:05:10	+01:03:39	09:38
12	1043	sonia queiros	Bravos & Bravitas	Veterana F40	02:06:36	+01:05:05	09:44
13	1044	Sonia Raquel	Bravos & Bravitas	Veterana F40	02:06:37	+01:05:06	09:44
14	1028	Lurdes Moreira	As Belas e Eles	Veterana F40	02:06:48	+01:05:17	09:45
15	1071	Cristina Duarte	ESPINHO TRAIL	Veterana F40	02:09:14	+01:07:43	09:57
16	1173	ROSALINA PAIS	Individual	Veterana F40	02:09:16	+01:07:45	09:57
17	1120	Cristina Moura	Hora do Lobo Trail	Veterana F40	02:09:22	+01:07:51	09:57
18	1220	Marcia Rola	Juventude Cortegacense	Veterana F40	02:09:44	+01:08:13	09:59
19	1166	Andreia Ribeiro	Individual	Veterana F40	02:10:40	+01:09:09	10:03
20	1264	Gabriela Veiga	RUNNING ESPINHO	Veterana F40	02:10:49	+01:09:18	10:04
21	1217	Anabela Moreira Cardoso	Juventude Cortegacense	Veterana F40	02:12:35	+01:11:04	10:12
22	1045	Virginia	Bravos & Bravitas	Veterana F40	02:14:23	+01:12:52	10:20
23	1056	Susana Duarte	CLUBE ATLETISMO DE LAMAS	Veterana F40	02:14:52	+01:13:21	10:23
24	1072	Paula Cruz	ESPINHO TRAIL	Veterana F40	02:16:57	+01:15:26	10:32
25	1168	Carla Silva	Individual	Veterana F40	02:20:13	+01:18:42	10:47
26	1171	Juliana Fernandes	Individual	Veterana F40	02:20:14	+01:18:43	10:47
27	1042	Liliana canedo	Bravos & Bravitas	Veterana F40	02:22:22	+01:20:51	10:57
28	1086	Silvia Costa	Fit Arena Ginásio	Veterana F40	02:22:47	+01:21:16	10:59
29	1218	Cristina Maria Rodrigues Sá	Juventude Cortegacense	Veterana F40	02:23:55	+01:22:24	11:04
30	1169	Celeste Fernandes	Individual	Veterana F40	02:30:00	+01:28:29	11:32
31	1167	Carla Oliveir	Individual	Veterana F40	02:30:26	+01:28:55	11:34
32	1172	Leonor Lopes	Individual	Veterana F40	02:31:13	+01:29:42	11:38

Trail Curto — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

33	1236	Maria Albina F. Almeida Silva	PERNAS INERTES	Veterana F40	02:31:24	+01:29:53	11:39
34	673	CARLA FERNANDA DA SILVA NOGUEIRA	Individual	Veterana F40	02:43:54	+01:42:23	12:36
35	677	ROSA MARIA PINTO DA SILVA	Individual	Veterana F40	02:43:54	+01:42:23	12:37
36	1263	Dora Rocha	RUNNING ESPINHO	Veterana F40	02:46:33	+01:45:02	12:49
37	1278	Sandra Martins	Sporting Clube de Espinho / António Leitão	Veterana F40	02:50:38	+01:49:07	13:08
38	1296	Dulce Cláudia Pimenta Coutinho Monteiro	Trilha Colorida	Veterana F40	02:55:59	+01:54:28	13:32
39	1295	Ana Maria Silva Pereira	Trilha Colorida	Veterana F40	03:02:26	+02:00:55	14:02
40	1297	Maria João Soares Leite da Cunha	Trilha Colorida	Veterana F40	03:02:30	+02:00:59	14:02
41	1298	Paula Cristina Azevedo Monteiro Silva	Trilha Colorida	Veterana F40	03:02:32	+02:01:01	14:02
42	1066	Paula Marinho	Equipa A.N.A.	Veterana F40	03:05:04	+02:03:33	14:14
43	1005	Célia Cardinal	#atéchoras!	Veterana F40	03:06:02	+02:04:31	14:19
44	1023	Sara Loureiro	ARRASTASSOLAS	Veterana F40	03:20:17	+02:18:46	15:24
45	1021	Cristina Castro	ARRASTASSOLAS	Veterana F40	03:20:17	+02:18:46	15:24
46	1109	Susana Silva	Giras & Boas	Veterana F40	03:22:04	+02:20:33	15:33
47	1260	Ana Ribeiro	RUNNING ESPINHO	Veterana F40	03:23:36	+02:22:05	15:40
48	674	DIANA BASTOS DE SOUSA	Individual	Veterana F40	03:27:27	+02:25:56	15:58
49	1265	Sandra Castro	RUNNING ESPINHO	Veterana F40	03:34:01	+02:32:30	16:28
50	1262	Cecília Ramos	RUNNING ESPINHO	Veterana F40	03:34:01	+02:32:30	16:28

Veterana F50

1	1176	Ana Silva	Individual	Veterana F50	01:43:01	+41:30	07:56
2	1280	Margarida Machado	Sporting Clube de Espinho / António Leitão	Veterana F50	01:51:52	+50:21	08:36
3	1113	Celeste Costa	Grupo de Corrida de Argoncilhe	Veterana F50	01:52:40	+51:09	08:40
4	1121	Conceição Pereira	Hora do Lobo Trail	Veterana F50	01:56:56	+55:25	09:00
5	1178	Fernanda Almeida	Individual	Veterana F50	01:57:10	+55:39	09:01
6	1073	Ana Duarte	ESPINHO TRAIL	Veterana F50	02:11:32	+01:10:01	10:07
7	684	MARIA CONCEIÇÃO RIBAS FERREIRA	Individual	Veterana F50	02:12:12	+01:10:41	10:10
8	1018	Rosalina Lemos	ARCORUN	Veterana F50	02:28:09	+01:26:38	11:24
9	1017	Manuela Rouxinol	ARCORUN	Veterana F50	02:28:10	+01:26:39	11:24
10	1321	ROSA BISPO	PERNAS INERTES	Veterana F50	02:31:25	+01:29:54	11:39
11	685	MARIA ESTELA FERREIRA DA SILVA	Individual	Veterana F50	02:43:54	+01:42:23	12:36
12	1299	Rosa Maria de Azevedo Barbosa Cerqueira	Trilha Colorida	Veterana F50	02:56:23	+01:54:52	13:34

Veterano M40

1	1315	Paulo Pereira	Sporting Clube de Espinho / António Leitão	Veterano M40	01:01:31		04:44
2	1282	Artur Rodrigues	Sporting Clube de Espinho / António Leitão	Veterano M40	01:01:32	+00:01	04:44
3	1057	Alcino Silva	Clube Independente de Atletismo de Alpendorada	Veterano M40	01:07:19	+05:48	05:11

Trail Curto — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

4	1246	Valdemar Colaço	Pernetas do Alentejo	Veterano M40	01:14:30	+12:59	05:44
5	1035	Pedro Conde	Beat Your Limit	Veterano M40	01:18:00	+16:29	06:00
6	1285	Pedro Santos	Sporting Clube de Espinho / António Leitão	Veterano M40	01:18:31	+17:00	06:02
7	573	Silverio Santos	Clube Pessoal Aguas Gaia	Veterano M40	01:20:27	+18:56	06:11
8	1313	Filipe Santos	Sporting Clube de Espinho / António Leitão	Veterano M40	01:21:50	+20:19	06:18
9	1314	Jorge Coelho	Sporting Clube de Espinho / António Leitão	Veterano M40	01:25:14	+23:43	06:33
10	1195	Vitor Moreira	Individual	Veterano M40	01:27:09	+25:38	06:42
11	1243	Eduardo Lobo	Pernetas do Alentejo	Veterano M40	01:27:51	+26:20	06:45
12	1034	Ivo Morais	Beat Your Limit	Veterano M40	01:28:46	+27:15	06:50
13	1048	Sergio	Bravos & Bravitas	Veterano M40	01:29:59	+28:28	06:55
14	1188	Paulo Santos	Individual	Veterano M40	01:30:35	+29:04	06:58
15	1106	HELDER COSTA	Ginásio Fit4Fun	Veterano M40	01:34:37	+33:06	07:17
16	1185	Luis Gomes	Individual	Veterano M40	01:36:28	+34:57	07:25
17	1094	Ricardo Godinho	Geocrosstrail	Veterano M40	01:36:41	+35:10	07:26
18	1008	Rui Teixeira	#atéchoras!	Veterano M40	01:38:10	+36:39	07:33
19	1058	Manuel Guedes	Clube Independente de Atletismo de Alpendorada	Veterano M40	01:38:12	+36:41	07:33
20	1245	José Gonçalo	Pernetas do Alentejo	Veterano M40	01:38:33	+37:02	07:35
21	1182	Francisco Carvalho	Individual	Veterano M40	01:38:40	+37:09	07:35
22	1046	Carlos	Bravos & Bravitas	Veterano M40	01:40:36	+39:05	07:44
23	1183	Jorge Moreira	Individual	Veterano M40	01:42:47	+41:16	07:54
24	1177	Jorge Oliveira	Individual	Veterano M40	01:42:56	+41:25	07:55
25	1047	Herdeiro	Bravos & Bravitas	Veterano M40	01:44:35	+43:04	08:03
26	1226	Joaquim Pereira	Mozelos Runners	Veterano M40	01:44:56	+43:25	08:04
27	1009	Vitor Osorio	#atéchoras!	Veterano M40	01:45:13	+43:42	08:06
28	1181	Carlos Lancha	Individual	Veterano M40	01:45:43	+44:12	08:08
29	1118	PAULO RAMOS	GRUPO JUVENIL PINHEIRO DA BEMPOSTA - O. AZEMÉIS	Veterano M40	01:47:30	+45:59	08:16
30	1186	Miguel Silva	Individual	Veterano M40	01:50:14	+48:43	08:29
31	1311	Joaquim Carneiro	VcbikeBtt	Veterano M40	01:51:19	+49:48	08:34
32	1074	Tony Barbosa	ESPINHO TRAIL	Veterano M40	01:51:22	+49:51	08:34
33	41	Antonio Silva	ESPINHO TRAIL	Veterano M40	01:52:38	+51:07	08:40
34	1193	valdemar dias	Individual	Veterano M40	01:52:39	+51:08	08:40
35	1244	João José	Pernetas do Alentejo	Veterano M40	01:52:49	+51:18	08:41
36	1191	Rui tavares	Individual	Veterano M40	01:56:23	+54:52	08:57
37	772	Jorge Augusto Oliveira Guerra	OS FALTA D´AR	Veterano M40	01:57:10	+55:39	09:01
38	117	Miguel Coelho	Pupilos do Zé Tó	Veterano M40	02:01:20	+59:49	09:20
39	84	Ricardo Sérgio Lima Bastos	Individual	Veterano M40	02:01:20	+59:49	09:20
40	1248	Pedro Pombal	Pupilos do Zé Tó	Veterano M40	02:01:24	+59:53	09:20
41	1269	Helder Gomes	Sorema S.A.	Veterano M40	02:01:52	+01:00:21	09:23
42	1302	Rui Manuel Pinto Miranda	Trilha Colorida	Veterano M40	02:03:34	+01:02:03	09:30
43	1270	José Augusto Oliveira	Sorema S.A.	Veterano M40	02:05:46	+01:04:15	09:41
44	1006	Álvaro Pereira	#atéchoras!	Veterano M40	02:07:09	+01:05:38	09:47
45	1190	Ricardo Silva	Individual	Veterano M40	02:07:29	+01:05:58	09:48
46	1029	Marco Santos	Baustein	Veterano M40	02:08:05	+01:06:34	09:51

Trail Curto — 13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

47	1010	Antonio Frazao	A20s Javalis Trail Team	Veterano M40	02:09:05	+01:07:34	09:56
48	1125	Luís Sargo	IbarraSargoVaz	Veterano M40	02:10:31	+01:09:00	10:02
49	1179	Américo Nuno Gomes da Silva Oliveira	Individual	Veterano M40	02:10:50	+01:09:19	10:04
50	1283	Carlos Ferreira	Sporting Clube de Espinho / António Leitão	Veterano M40	02:12:16	+01:10:45	10:11
51	1301	Raul Manuel Rodrigues Ferreira	Trilha Colorida	Veterano M40	02:15:06	+01:13:35	10:24
52	1184	José Pereira	Individual	Veterano M40	02:17:51	+01:16:20	10:36
53	1247	Pedro Pinho	Pupilos do Zé Tó	Veterano M40	02:18:42	+01:17:11	10:40
54	1180	Bruno Silva	Individual	Veterano M40	02:20:13	+01:18:42	10:47
55	1087	César Ferreira	Fit Arena Ginásio	Veterano M40	02:22:47	+01:21:16	10:59
56	1124	Jorge Vaz	IbarraSargoVaz	Veterano M40	02:23:28	+01:21:57	11:02
57	1007	António Peixoto	#atéchoras!	Veterano M40	02:29:15	+01:27:44	11:29
58	1194	Valter Caseiro	Individual	Veterano M40	02:30:57	+01:29:26	11:37
59	1049	Valter Mota	Bravos & Bravitas	Veterano M40	02:31:12	+01:29:41	11:38
60	1187	Nelson Silva	Individual	Veterano M40	02:31:13	+01:29:42	11:38
61	1189	Pedro Miguel Silva Pereira	Individual	Veterano M40	02:35:50	+01:34:19	11:59
62	1192	Sergio Henrique Silva Pereira	Individual	Veterano M40	02:35:52	+01:34:21	11:59
63	1210	Hélder Baptista	Jumia PTC	Veterano M40	02:46:00	+01:44:29	12:46
64	1286	Vitor Oliveira	Sporting Clube de Espinho / António Leitão	Veterano M40	02:50:37	+01:49:06	13:08
65	1300	Américo Nunes Pereira	Trilha Colorida	Veterano M40	03:02:30	+02:00:59	14:02

Veterano M50

1	1199	José Rodrigues de Almeida	Individual	Veterano M50	01:15:15	+13:44	05:47
2	574	José Adelino	Clube Pessoal Aguas Gaia	Veterano M50	01:15:37	+14:06	05:49
3	1196	Adriano Freitas Teixeira	Individual	Veterano M50	01:15:48	+14:17	05:50
4	838	José Pereira	Trail Running Clube Btt Sanguedo	Veterano M50	01:16:03	+14:32	05:51
5	1202	paulo santos	Individual	Veterano M50	01:25:26	+23:55	06:34
6	132	Edgar Rocha	Trail Running Clube Btt Sanguedo	Veterano M50	01:31:05	+29:34	07:00
7	1203	Rui Silva	Individual	Veterano M50	01:31:22	+29:51	07:02
8	750	Celso Gomes	Juventude Cortegacense	Veterano M50	01:31:55	+30:24	07:04
9	1060	Jorge Santos	Clube Pessoal Aguas Gaia	Veterano M50	01:33:22	+31:51	07:11
10	1223	Paulo Castelo	Juventude Cortegacense	Veterano M50	01:34:22	+32:51	07:16
11	1012	Alcides Sales	Alcides Sales	Veterano M50	01:34:36	+33:05	07:17
12	1059	Modesto Monteiro	Clube Independente de Atletismo de Alpendorada	Veterano M50	01:39:51	+38:20	07:41
13	1061	José Barbosa	Clube Pessoal Aguas Gaia	Veterano M50	01:40:55	+39:24	07:46
14	1287	José Pereira	Sporting Clube de Espinho / António Leitão	Veterano M50	01:47:36	+46:05	08:17
15	1201	Manuel Soares	Individual	Veterano M50	01:56:50	+55:19	08:59
16	1224	João Vieira	Leões de Tardariz Trail	Veterano M50	01:57:43	+56:12	09:03
17	1294	José Dara	TrepaTrilhos Tail Team	Veterano M50	02:00:52	+59:21	09:18
18	1200	Manuel Paiva	Individual	Veterano M50	02:00:59	+59:28	09:18
19	717	José teixeira	Individual	Veterano M50	02:09:06	+01:07:35	09:56
20	1115	Rui Oliveira	Grupo de Corrida de Argoncilhe	Veterano M50	02:09:14	+01:07:43	09:57
21	1114	Fernando Couto Vale	Grupo de Corrida de Argoncilhe	Veterano M50	02:09:15	+01:07:44	09:57

Trail Curto

13 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

22	713	DAVID JORGE FERREIRA DA SILVA	Individual	Veterano M50	02:12:11	+01:10:40	10:10
23	1225	ALBINO TORRES	MATILHA	Veterano M50	02:30:57	+01:29:26	11:37
24	1238	Carlos "Calígula" Silva	PERNAS INERTES	Veterano M50	02:31:24	+01:29:53	11:39
25	1239	JOSÉ AUGUSTO TEIXEIRA PIRES DE LIMA	PERNAS INERTES	Veterano M50	02:31:25	+01:29:54	11:39
26	1198	José Moreira	Individual	Veterano M50	02:50:41	+01:49:10	13:08

COLETIVO - TRAIL CURTO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	SPORTING CLUBE DE ESPINHO / ANTÓNIO LEITÃO	1 + 2 + 4 + 6	13
2	BEAT YOUR LIMIT	8 + 12 + 16 + 17	53
3	PERNETAS DO ALENTEJO	9 + 35 + 36 + 58	138
4	CLUBE PESSOAL AGUAS GAIA	13 + 22 + 51 + 55	141
5	TRAIL RUNNING CLUBE BTT SANGUEDO	15 + 40 + 46 + 61	162
6	BRAVOS & BRAVITAS	41 + 42 + 45 + 74	202
7	JUVENTUDE CORTEGACENSE	31 + 48 + 54 + 89	222
8	VCBIKEBTT	3 + 52 + 109 + 112	276
9	#ATÉCHORAS!	26 + 68 + 95 + 106	295
10	GINÁSIO FIT4FUN	57 + 75 + 87 + 88	307
11	JUMIA PTC	32 + 65 + 77 + 152	326
12	ESPINHO TRAIL	39 + 113 + 118 + 162	432
13	FIT ARENA GINÁSIO	80 + 86 + 148 + 209	523
14	RUNNING ESPINHO	19 + 99 + 179 + 255	552
15	GRUPO DE CORRIDA DE ARGONCILHE	120 + 151 + 168 + 169	608
16	PUPILOS DO ZÉ TÓ	134 + 140 + 142 + 204	620
17	CLUBE ATLETISMO DE LAMAS	50 + 194 + 195 + 196	635
18	HORA DO LOBO TRAIL	128 + 155 + 172 + 221	676
19	TRILHA COLORIDA	147 + 198 + 262 + 263	870
20	PERNAS INERTES	238 + 239 + 240 + 241	958
21	ARRASTASSOLAS	271 + 272 + 273 + 274	1090