

Lugar	Dorsal	Nome/Equipa	Escalão	Idade	Sexo	Tempo	Diferença
1	380	Gonçalo PrudêncioSpald Ginasios	Seniores M	26	M	50:09.4	-
2	339	Sérgio SantosIndividual	M 40	49	M	57:03.9	+6:54.5
3	387	Samuel AlfaiateAssociação de Toledo	Seniores M	32	M	57:50.2	+7:40.8
4	367	António MatiasIndividual	Seniores M	32	M	58:00.3	+7:50.9
5	342	Joaquim Antonio do rosario carreiraIndividual	M 50	55	M	58:01.4	+7:52.0
6	357	MiguelIndividual	Seniores M	29	M	58:14.3	+8:04.9
7	361	Márcio AzevedoIndividual	Seniores M	33	M	58:31.8	+8:22.4
8	322	Fábio Filipe Ramos FerreiraDirtyrunners Fonte Grada	Seniores M	33	M	58:36.1	+8:26.7
9	384	Flávio RamosAssociação de Toledo	Seniores M	33	M	58:42.6	+8:33.2
10	370	Thomas JorgeIndividual	Seniores M	27	M	1:00:04.2	+9:54.8
11	330	Pedro Miguel da Silva AntunesBastiões	Seniores M	29	M	1:00:22.2	+10:12.8
12	365	José CostaJosecosta	M 50	51	M	1:00:38.5	+10:29.1
13	323	João Pedro Alves PereiraIndividual	Seniores M	27	M	1:02:49.9	+12:40.5
14	341	CarlosIndividual	M 40	47	M	1:04:13.0	+14:03.6
15	340	Manuel AraujoIndividual	M 50	57	M	1:06:11.8	+16:02.4
16	317	Luis EstevensTurboLentos	Seniores M	39	M	1:08:16.8	+18:07.4
17	400	JORGE FERREIRA AGRIAIndividual	M 50	52	M	1:09:07.1	+18:57.7
18	360	Rogério Paulo RibeiroIndividual	M 40	49	M	1:11:13.8	+21:04.4
19	316	Rui GarciaClube Millennium BCP	M 40	40	M	1:11:15.4	+21:06.0
20	312	Nuno Miguel Vidal Rocha da SilvaWalking Sacas	M 40	41	M	1:12:15.1	+22:05.7
21	379	Fernando PereiraIndividual	M 50	51	M	1:12:37.6	+22:28.2
22	393	Rosália SaldanhaSCUT	F 40	45	F	1:13:05.1	+22:55.7
23	385	João RobaloIndividual	Seniores M	39	M	1:14:45.4	+24:36.0
24	303	Simão GuimarãesSealand	Seniores M	36	M	1:14:47.7	+24:38.3
25	335	CECILIA NICOLAU A.A.Lebres do Sado	F 50	51	F	1:16:53.8	+26:44.4
26	388	Antonio TeixeiraIndividual	M 40	41	M	1:16:53.9	+26:44.5
27	327	Rui Pedro Bilro PécurtoBestFamily	M 40	46	M	1:18:00.1	+27:50.7
28	356	Isabel CardealIndividual	F 50	51	F	1:18:12.6	+28:03.2
29	353	LEANDROMOTA's family	Seniores F	39	F	1:18:18.4	+28:09.0
30	355	Olinda DinisIndividual	F 40	43	F	1:18:22.0	+28:12.6
31	351	Diogo CostaCansados Biketeam	Sub 23 M	21	M	1:19:12.1	+29:02.7
32	311	Artur SantosIndividual	Seniores M	36	M	1:19:26.3	+29:16.9
33	310	João GanhoIndividual	M 40	47	M	1:19:27.2	+29:17.8
34	338	Mário COSTAPAPAMILHAS RUNNING TEAM	Seniores M	34	M	1:19:37.4	+29:28.0
35	328	Olga Cristina Gaspar de Almeida PécurtoBestFamily	F 40	43	F	1:19:41.5	+29:32.1
36	362	Patrícia Sofia PintoIndividual	F 40	41	F	1:20:32.8	+30:23.4
37	381	Sara NascimentoSpald Ginasios	Seniores F	24	F	1:20:33.7	+30:24.3
38	301	Luís Duarte DiasDirt Runners - Fonte Grada	M 50	51	M	1:21:29.8	+31:20.4
39	304	Sandra IsidroIndividual	Seniores F	27	F	1:22:31.4	+32:22.0
40	305	Pedro RamosIndividual	Seniores M	27	M	1:22:32.0	+32:22.6
41	391	Rui SilvaIndividual	M 40	45	M	1:22:40.9	+32:31.5
42	396	Teresa SilvaIndividual	F 50	51	F	1:22:49.5	+32:40.1
43	313	Sílvia Isabel da Costa MirandaIndividual	Seniores F	35	F	1:23:52.3	+33:42.9
44	334	Miguel Ângelo Correia CunhaPerdidos e Achados	M 40	41	M	1:24:00.1	+33:50.7

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45	333	Liliana Pereira FerreiraPerdidos e Achados	Seniores F	39	F	1:24:00.2	+33:50.8
46	394	GRAÇA MATIASDolce Furadouro	F 50	53	F	1:24:29.1	+34:19.7
47	345	João BarrigolaIndividual	Seniores M	36	M	1:24:44.4	+34:35.0
48	314	Armanda SemeaoOs Guerreiros	F 40	42	F	1:25:05.1	+34:55.7
49	382	João Vieiracentro de marcha e corrida de alenquer	M 50	56	M	1:25:14.1	+35:04.7
50	324	Ana Rita Martins AlmeidaBestFamily	Seniores F	29	F	1:25:27.3	+35:17.9
51	325	Rui Manuel Matos MonteiroBestFamily	Seniores M	37	M	1:25:27.8	+35:18.4
52	390	Sara FernandesBearCave Trail OCR	Seniores F	29	F	1:27:23.3	+37:13.9
53	373	Luis SilvaBear Cave Trail-OCR	M 40	43	M	1:27:24.6	+37:15.2
54	374	Zita MachadoThe BearCave Trail-OCR	Seniores F	31	F	1:27:24.9	+37:15.5
55	386	Danillo freitasBear Cave Trail-OCR	Seniores M	36	M	1:27:25.6	+37:16.2
56	368	Rudi VersluisIndividual	M 60	63	M	1:27:33.3	+37:23.9
57	326	Paulo Jorge Gaspar de AlmeidaBestFamily	M 40	45	M	1:30:03.6	+39:54.2
58	347	Ana MarquesIndividual	Seniores F	29	F	1:30:27.8	+40:18.4
59	321	Bruno Manuel Ferreira FialhoIndividual	Seniores M	29	M	1:30:30.8	+40:21.4
60	320	Tiago GuedesIndividual	Seniores M	32	M	1:30:33.1	+40:23.7
61	319	miguel vieiraIndividual	M 50	55	M	1:30:57.9	+40:48.5
62	377	Maria LuísGRCD Leão	Sub 23 F	18	F	1:31:03.7	+40:54.3
63	352	Inês ColaçoCansados Biketeam	Sub 23 F	21	F	1:31:10.8	+41:01.4
64	315	Sérgio guerreiroOs Guerreiros	M 40	42	M	1:31:54.1	+41:44.7
65	397	SantosWolfTeam	F 50	52	F	1:33:54.2	+43:44.8
66	398	alexandra RibeiroWolfTeam	F 40	42	F	1:33:54.6	+43:45.2
67	383	Patricia Trovãocentro de marcha e corrida de alenquer	Seniores F	39	F	1:34:03.5	+43:54.1
68	392	Irene da Conceição Esteves InácioIndividual	F 40	49	F	1:34:06.5	+43:57.1
69	354	Maria FerreiraIndividual	F 40	45	F	1:34:40.6	+44:31.2
70	349	Daniel CapitãoYKK abre e fecha corre e anda	Seniores M	26	M	1:35:59.3	+45:49.9
70	348	André RibeiroYKK abre e fecha corre e anda	Seniores M	26	M	1:35:59.3	+45:49.9
72	371	Patrícia Isabel dos Santos CarrilhoLeoas	Seniores F	33	F	1:37:13.1	+47:03.7
72	372	Célia Catarina Martins MarcelinoLeoas	Seniores F	39	F	1:37:13.1	+47:03.7
74	376	Romi MarquesGRCD Leão	F 40	45	F	1:37:16.7	+47:07.3
75	375	Luís SantosGRCD Leão	M 40	46	M	1:38:29.4	+48:20.0
76	378	Inês GasparGRCD Leão - Cobras Trailistas	Sub 23 F	19	F	1:38:29.7	+48:20.3
77	399	Carina LourinhoStravistas VP	Seniores F	37	F	1:42:48.9	+52:39.5
78	369	dora saraivaIndividual	F 50	53	F	1:43:46.4	+53:37.0
79	309	Ezequiel Abrantesfalcões Selvagens	M 60	65	M	1:44:51.5	+54:42.1
80	300	Susana CardosoCCD PM Cascais	F 40	44	F	1:45:28.3	+55:18.9
81	346	Rute Alexandra Pires FariaTurres Trail Team	Seniores F	39	F	1:47:17.2	+57:07.8
82	343	Jose ramosTraildomira	Seniores M	34	M	1:50:23.3	+1:00:13.9
83	344	Ana FernandesTraildomira	Seniores F	31	F	1:50:24.6	+1:00:15.2
84	363	Ana Teresa Dos Santos SeabraIndividual	F 50	53	F	1:59:17.2	+1:09:07.8
85	318	Érica MelloL&D Mel	Seniores F	38	F	1:59:49.9	+1:09:40.5
86	336	Manuela CruzIndividual	F 60	62	F	2:06:27.2	+1:16:17.8
87	337	Paulo FernandesA. DE ATLETISMO LEBRES DO SADO	M 40	46	M	2:06:27.4	+1:16:18.0
88	359	Maria Ermelinda GarciaIndividual	F 40	43	F	2:19:27.2	+1:29:17.8

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-	331	Dora FilipeNóis	F 40	42	F	DNF	-
-	358	Carla palmeiroIndividual	F 40	44	F	DNF	-
-	395	Susan PereiraAtivo Team Running	F 40	43	F	DNF	