

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
TIAGO PEREIRA	Futebol Clube De Penafiel	362	1	01:41:50.747	00:00:00.000
HUGO GONÇALVES	Trail Team Bifase	479	2	01:50:39.557	00:08:48.810
MIGUEL FERRÁS	A.D. Amarante Trail Running	421	3	01:51:19.807	00:09:29.060
RUI AZEVEDO	Fridão Sem Limites	337	4	01:55:20.560	00:13:29.813
PATRICK MARQUES	Fridão Sem Limites	365	5	02:01:25.827	00:19:35.080
NUNO LEMOS	Clube Atletismo Fafe	335	6	02:01:27.820	00:19:37.073
VALENTIM HENRIQUES	Clube Desportivo Asas Do Milénium	331	7	02:03:22.600	00:21:31.853
JOÃO SILVA	Individual	310	8	02:05:06.323	00:23:15.576
MANUEL VIEIRA	A.D. Amarante Trail Running	465	9	02:06:01.823	00:24:11.076
JOAO QUEIROS	Sempressa	399	10	02:09:04.020	00:27:13.273
NUNO SILVA	The Newbies	325	11	02:10:30.327	00:28:39.580
RUI FERNANDES	Clube Atletismo Fafe	333	12	02:11:17.830	00:29:27.083
FERNANDO MOREIRA	Super Mercado Queiros	311	13	02:12:39.080	00:30:48.333
RAFAEL FERREIRA	Regadas	447	14	02:13:43.837	00:31:53.090
ABILIO MAGALHÃES	Emna Runners	326	15	02:15:16.833	00:33:26.086
DUARTE CERQUEIRA	Royal Wellness Center	377	16	02:15:42.697	00:33:51.950
BRUNO TEIXEIRA	Individual	314	17	02:17:51.933	00:36:01.186
CARLOS VINHAS	Running Penafiel Trail	438	18	02:18:16.087	00:36:25.340
ANTONIO BORGES	Porto Sentido Runners	455	19	02:18:25.833	00:36:35.086
NANDO NUNES	Lousada Btt	312	20	02:19:00.087	00:37:09.340
CARLOS SILVA	The Newbies	324	21	02:24:01.343	00:42:10.596
ADÃO PINTO	A.D. Amarante Trail Running	396	22	02:24:45.623	00:42:54.876
NUNO SOUTO	Fridão Sem Limites	402	23	02:25:45.343	00:43:54.596
HUGO LOBO	Run4all	309	24	02:27:33.367	00:45:42.620
JULIO TEIXEIRA	Individual	356	25	02:28:38.347	00:46:47.600
RAFAEL MOTA	Individual	301	26	02:28:56.587	00:47:05.840
JOSÉ SOUSA	Redlind	491	27	02:29:17.097	00:47:26.350
JOÃO RIBEIRO	Serafão 4Fun	303	28	02:29:40.323	00:47:49.576
EDUARDO RIBEIRO	A.D. Amarante Trail Running	488	29	02:29:52.623	00:48:01.876
RUI MACHADO	Individual	431	30	02:30:27.857	00:48:37.110
PEDRO CARNEIRO	Team Trail Bem Viver	413	31	02:30:30.847	00:48:40.100
FILIPE FERREIRA	Team Trail Bem Viver	495	32	02:33:47.103	00:51:56.356
ELIANA TEIXEIRA	Fridão Sem Limites	338	33	02:33:53.130	00:52:02.383
MANUEL SILVA	Gondomar Futsal	486	34	02:33:54.857	00:52:04.110
FRANCISCO LOPES	Individual	492	35	02:36:10.017	00:54:19.270
RUI BESSA	Sob Efeito Trail	330	36	02:36:33.103	00:54:42.356
MARGARIDA SOUSA	16.9 Crossfit	482	37	02:36:53.853	00:55:03.106
GISELA SOUSA	16.9 Crossfit	427	38	02:36:53.857	00:55:03.110
RUI PINTO	Mesão Frio	360	39	02:37:42.357	00:55:51.610
FERNANDO QUEIRÓS	A.D. Amarante Trail Running	419	40	02:39:47.357	00:57:56.610
DIOGO FARIA	Individual	378	41	02:40:23.107	00:58:32.360
JOAQUIM OLIVEIRA	Individual	340	42	02:41:43.110	00:59:52.363
DANIEL SILVA	Grupo Desportivo Banco De Portugal	376	43	02:42:38.357	01:00:47.610
RICARDO DIAS	Cabeleireiros Ricardo Dias	380	44	02:42:57.360	01:01:06.613
FRANCISCO ESTEVES	Melgaço Alvarinho Trail Team	322	45	02:43:04.367	01:01:13.620
PEDRO SILVA	Marco Runners	493	46	02:43:50.117	01:01:59.370
ANITA COSTA	Royal Wellness Center	460	47	02:43:57.107	01:02:06.360
MANUEL FERREIRA	Individual	485	48	02:45:13.613	01:03:22.866
HORÁCIO PINTO	Terroros Do Monte	415	49	02:45:29.360	01:03:38.613
OSCAR SILVA	Individual	386	50	02:45:43.617	01:03:52.870
SOUZA MARTINS	Friends	313	51	02:45:44.703	01:03:53.956
PATRÍCIA PALMA	Edv-Vianatrail	452	52	02:47:23.370	01:05:32.623
HELDER SILVA	Individual	497	53	02:48:29.367	01:06:38.620
HUGO FARIA	The Newbies	323	54	02:48:59.617	01:07:08.870
MANUEL FERNANDES	Individual	385	55	02:49:06.867	01:07:16.120
ALEXANDRE FERNANDES	Clube Trilheiros & Amigos	416	56	02:49:18.117	01:07:27.370
HÉLDER COSTA	Serafão 4Fun	428	57	02:49:29.863	01:07:39.116

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
VANESSA ALMEIDA	Individual	436	58	02:51:27.617	01:09:36.870
MARGARIDA CUNHA	A.D. Amarante Trail Running	463	59	02:52:39.370	01:10:48.623
JOSÉ PEREIRA	Equipa A	420	60	02:52:43.867	01:10:53.120
PEDRO FERRAZ	Individual	412	61	02:52:49.373	01:10:58.626
RAFAEL ARAUJO	Caminhantes Do Condado	445	62	02:54:47.120	01:12:56.373
CARLOS FERREIRA	Autistic Runners	406	63	02:54:55.870	01:13:05.123
PEDRO MARINHO	Team Trail Bem Viver	478	64	02:55:43.120	01:13:52.373
CARINA PEREIRA	Turminha	430	65	02:55:48.870	01:13:58.123
BRUNO TEIXEIRA	Individual	397	66	02:56:10.370	01:14:19.623
ALICE PEREIRA	A.D. Amarante Trail Running	425	67	02:56:41.870	01:14:51.123
GABRIELA PINTO	A.D. Amarante Trail Running	426	68	02:56:41.870	01:14:51.123
EDUARDO NASCIMENTO	Individual	358	69	02:57:27.877	01:15:37.130
FRANCISCO ARAGÃO	Individual	342	70	02:57:58.373	01:16:07.626
BRUNO MAIA	Javalis Portugal	401	71	02:57:58.377	01:16:07.630
PAULO MARTINS	Individual	454	72	02:59:23.370	01:17:32.623
JOÃO GIL	A.D. Amarante Trail Running	459	73	02:59:24.630	01:17:33.883
ANTÓNIO PINTO	Individual	393	74	02:59:58.373	01:18:07.626
ADÃO RIBEIRO	Individual	437	75	03:00:33.297	01:18:42.550
AMÂNDIO SOUSA	Kinkipa	343	76	03:00:42.373	01:18:51.626
AMERICO BOTELHO	Pink Floyd	359	77	03:01:40.037	01:19:49.290
JORGE PINHEIRO	Individual	383	78	03:01:47.033	01:19:56.286
TIAGO ALMEIDA	Individual	435	79	03:03:00.273	01:21:09.526
HENRIQUE BARBEDO	Sucupira On Tour	361	80	03:03:09.633	01:21:18.886
LURDES BARBEDO	Sucupira On Tour	403	81	03:03:10.123	01:21:19.376
HELDER MONTEIRO	Sucupiraf.C	375	82	03:03:11.023	01:21:20.276
LOPES ARMINDO	Arc Vale S. Cosme	440	83	03:03:32.127	01:21:41.380
JOÃO MOREIRA	Aiquemedoi.Blogspot.Pt	341	84	03:03:34.373	01:21:43.626
FÁTIMA HERDEIRO	Individual	499	85	03:03:56.127	01:22:05.380
RUI MENDES	Individual	498	86	03:03:56.377	01:22:05.630
ANTÓNIO RIBEIRO	Individual	466	87	03:03:56.377	01:22:05.630
ANTONIO COELHO	S. S. Montepio	315	88	03:04:27.123	01:22:36.376
SERGIO SILVA	Individual	409	89	03:06:27.630	01:24:36.883
MANUEL RIBEIRO	Invicta Runners Team	374	90	03:06:28.127	01:24:37.380
LILIANA TEIXEIRA	Lesmas & Caracóis	352	91	03:08:14.627	01:26:23.880
ANTERO CUNHA	Individual	451	92	03:09:05.127	01:27:14.380
LUISA TEIXEIRA	Individual	355	93	03:09:29.377	01:27:38.630
FLÁVIO CARVALHO	Individual	408	94	03:10:33.130	01:28:42.383
NUNO SILVA	Edv-Vianatrail	449	95	03:11:14.450	01:29:23.703
DANIEL CARVALHO	Oficina Das Medalhas	469	96	03:11:56.883	01:30:06.136
JOSÉ RIBEIRO	Fridão Sem Limites	364	97	03:12:48.630	01:30:57.883
RUI MOREIRA	Papatrails	390	98	03:13:47.927	01:31:57.180
MANUELA PINTO	Serafão 4Fun	304	99	03:13:48.143	01:31:57.396
SALOME CEQUEIRA	Edv-Vianatrail	448	100	03:15:05.663	01:33:14.916
ISABEL SOARES	Sportarc.Running	434	101	03:15:19.883	01:33:29.136
ANTÓNIO PEREIRA	A.D. Amarante Trail Running	464	102	03:17:12.887	01:35:22.140
RICARDO SILVEIRA	A.D. Amarante Trail Running	372	103	03:17:59.633	01:36:08.886
SANDRA MATOS	Centro Ciclista De Gondomar	404	104	03:22:01.887	01:40:11.140
MARGARIDA BRÁS	Lesmas & Caracóis	305	105	03:22:37.887	01:40:47.140
LUÍS JORGE	Terrores Do Monte	414	106	03:22:39.137	01:40:48.390
JOSÉ NOGUEIRA	Mcn-4630	410	107	03:22:42.887	01:40:52.140
ARTUR MORAIS	Individual	307	108	03:22:43.387	01:40:52.640
MÓNICA MAGALHAES	Papatrails	395	109	03:23:35.137	01:41:44.390
SANDRA OLIVEIRA	Papatrails	391	110	03:23:37.137	01:41:46.390
HELDER CASTRO	Sucupiraf.C	367	111	03:23:45.890	01:41:55.143
SANDRINA QUEIROZ	Geadas Running	417	112	03:24:00.887	01:42:10.140
NUNO CUNHA	Geadas Running	411	113	03:24:01.390	01:42:10.643
SUSANA MATOS	Edv-Vianatrail	457	114	03:26:00.143	01:44:09.396

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
ANA ALVES	Papatrails	392	115	03:26:26.140	01:44:35.393
PEDRO PEREIRA	Grupo 46	446	116	03:28:05.140	01:46:14.393
SILVIA FARIA	Budeguita Runners	477	117	03:28:16.140	01:46:25.393
FERNANDINA RIBEIRO	Individual	384	118	03:29:31.393	01:47:40.646
SANDRA OLIVEIRA	Individual	480	119	03:29:56.400	01:48:05.653
BRUNO RODRIGUES	O Jogo	475	120	03:29:57.283	01:48:06.536
PEDRO SOUSA	J A Moreira Runners	432	121	03:30:04.143	01:48:13.396
SÓNIA BRÁS	A.D. Amarante Trail Running	458	122	03:30:40.640	01:48:49.893
FERNANDO LOPES	Arcorun	349	123	03:31:18.897	01:49:28.150
FERNANDO CERQUEIRA	A.D. Amarante Trail Running	418	124	03:31:36.897	01:49:46.150
CIDÁLIA RIBEIRO	Edv-Vianatrail	444	125	03:32:54.643	01:51:03.896
RITA BASTO	Kikas Team	453	126	03:34:12.647	01:52:21.900
PAULO ROCHA	Vila De Basto Trail	354	127	03:36:58.897	01:55:08.150
JOSÉ TEIXEIRA	Somos Nós Team	496	128	03:37:44.647	01:55:53.900
MARISA PINTO	A.D. Amarante Trail Running	462	129	03:38:16.407	01:56:25.660
FILOMENA NETO	A.D. Amarante Trail Running	461	130	03:38:17.703	01:56:26.956
DANIEL GOMES	Things	302	131	03:39:07.397	01:57:16.650
JOSE ALVES	Papatrails	394	132	03:39:23.397	01:57:32.650
ARMÉNIA CELESTE	Oficina Das Medalhas	472	133	03:42:42.150	02:00:51.403
JORGE CARVALHO	Oficina Das Medalhas	468	134	03:42:43.900	02:00:53.153
CARLA SANTOS	Pomar D'Ouro	422	135	03:50:21.910	02:08:31.163
CLAUDIA MAEIRO	Kikas Team	456	136	03:50:28.900	02:08:38.153
PAULA COSTA	Kikas Team	483	137	03:50:29.400	02:08:38.653
MIGUEL PAIVA	Pomar D'Ouro	423	138	03:50:46.903	02:08:56.156
DANIEL MESQUITA	S. S. Montepio	316	139	03:52:20.150	02:10:29.403
NUNO BASTOS	S. S. Montepio	319	140	03:52:21.067	02:10:30.320
LICINIO VIEIRA	S. S. Montepio	317	141	03:59:22.910	02:17:32.163
NATÁLIA FERREIRA	Amigos Do Pedal Trailagares	344	142	03:59:26.770	02:17:36.023
MIGUEL HENRIQUES	Trail-Running.Pt	484	143	04:09:09.903	02:27:19.156
MARLENE GOMES	Arcorun	60	144	04:14:00.900	02:32:10.153
MAFALDA ALVES	Papatrails	388	145	04:19:18.650	02:37:27.903
ESTELA OLIVEIRA	Papatrails	398	146	04:19:20.900	02:37:30.153
SANDRA FERREIRA	Running Espinho	387	147	04:26:19.143	02:44:28.396
JORGE OLIVEIRA	Arcorun	345	148	04:27:27.147	02:45:36.400
CLÁUDIA DIAS	Arcorun	346	149	04:27:27.463	02:45:36.716
CARLOS CUNHA	Emna Runners	379	150	04:29:13.400	02:47:22.653
JORGE ANTUNES	Individual	494	151	04:29:17.143	02:47:26.396
ISABEL LOPES	Lion Runners - G. D. Leões Da Guarda	366	152	04:31:07.643	02:49:16.896
CELIA CEQUEIRA	Edv-Vianatrail	450	153	04:31:30.640	02:49:39.893
ALCINA MOURA	Arcorun	487	154	04:33:42.147	02:51:51.400
PAULO SOARES	No Tomorrow Running Team	400	155	04:46:52.137	03:05:01.390
PATRÍCIA AMORIM	Arcorun	350	156	04:49:27.887	03:07:37.140
VERÓNICA SAMPAIO	Arcorun	347	157	04:49:29.383	03:07:38.636
PAULO FERREIRA	Grupo 46	442	158	05:04:28.100	03:22:37.353
MANUELA VITERBO	Grupo 46	443	159	05:04:41.383	03:22:50.636
CARLA TEIXEIRA	Bota Brita	476	160	05:08:22.883	03:26:32.136
BELMIRO REIS	Bota Brita	490	161	05:08:25.890	03:26:35.143