

Lugar	Dorsal	S	Nome	Pais	EQUIPA	Escalões	Tempo	Diferença
1	1400	M	PEDRO BARROS	PORTUGAL	ORALKLASS - AMIGOS DO TRAIL	M SENIOR	02:14:29.210	00:00:00.000
2	1334	M	PEDRO ROCHA	PORTUGAL	ORALKLASS - AMIGOS DO TRAIL	M SENIOR	02:17:38.463	00:03:09.253
3	1291	M	NELSON COSTA	PORTUGAL	A.R.CASAENSE/ESCOLA ATLETISMO COIMBRA/INTERMARCHÉ CONDEIXA	M40	02:18:02.467	00:03:33.257
4	1101	M	JOÃO FERNANDES	PORTUGAL	ZONA ALTA TRAIL	M40	02:18:18.723	00:03:49.513
5	1328	M	JORGE DUARTE	PORTUGAL	RUNNERS DO DEMO	M SENIOR	02:19:24.483	00:04:55.273
6	1052	M	RUI ROMAO	PORTUGAL	CLUBE DE ATLETISMO DE FERREIRA DO ZÊZERE	M45	02:21:47.977	00:07:18.767
7	1289	M	EDUARDO MOREIRA	PORTUGAL	A.R.CASAENSE/ESCOLA ATLETISMO COIMBRA/INTERMARCHÉ CONDEIXA	M40	02:22:22.980	00:07:53.770
8	1102	M	JOSÉ ROSÁRIO	PORTUGAL	ZONA ALTA TRAIL	M45	02:25:12.737	00:10:43.527
9	1338	M	RICARDO CARREIRA	PORTUGAL	GRUPO DE ATLETISMO DA CARANGUEJEIRA	M SENIOR	02:25:13.483	00:10:44.273
10	1292	M	VITOR FRANCISCO	PORTUGAL	A.R.CASAENSE/ESCOLA ATLETISMO COIMBRA/INTERMARCHÉ CONDEIXA	M SENIOR	02:26:49.987	00:12:20.777
11	1261	M	JOSÉ MENESES	PORTUGAL	NOCTURNOS DE PAREDES	M40	02:27:11.247	00:12:42.037
12	1284	M	TIAGO DUARTE	PORTUGAL	ATLETISMO CLUBE DA TOCHA	M SENIOR	02:28:49.497	00:14:20.287
13	1385	M	MAURO MARTINS	PORTUGAL	VIKINGS TRAIL RUNNERS/CCR ALCABIDEQUE	M SENIOR	02:28:49.753	00:14:20.543
14	1410	M	HÉLDER PEREIRA	PORTUGAL	CLUBE DE ATLETISMO DE FERREIRA DO ZÊZERE	M40	02:29:53.247	00:15:24.037
15	1279	M	NUNO LEMOS	PORTUGAL	CLUBE ATLETISMO FAFE	M40	02:29:57.750	00:15:28.540
16	1129	M	JOSÉ NUNES	PORTUGAL	RUNNERS DO DEMO	M45	02:30:10.747	00:15:41.537
17	1056	M	NUNO COELHO	PORTUGAL	MONTANHA CLUBE TRAIL RUNNING EFAPEL	M40	02:30:34.997	00:16:05.787
18	1409	M	HENRIQUE CAVALEIRO	PORTUGAL	CLUBE DE ATLETISMO DE FERREIRA DO ZÊZERE	M SENIOR	02:31:37.753	00:17:08.543
19	1103	M	MIGUEL RIBEIRO	PORTUGAL	ZONA ALTA TRAIL	M40	02:32:54.253	00:18:25.043
20	1118	M	TIAGO ALMEIDA	PORTUGAL	JAVALIS - AMIZADE & GLÓRIA	M SENIOR	02:32:59.257	00:18:30.047
21	1070	M	JOÃO RIBEIRO	PORTUGAL	MANU'S THERAPY TRAIL RUNNING	M40	02:36:09.517	00:21:40.307
22	1364	M	BRUNO GONCALVES	PORTUGAL	TEAM TRAIL BEM VIVER	M SENIOR	02:37:33.017	00:23:03.807
23	1290	M	LUÍS PIRES	PORTUGAL	A.R.CASAENSE/ESCOLA ATLETISMO COIMBRA/INTERMARCHÉ CONDEIXA	M40	02:38:31.020	00:24:01.810
24	1149	M	RICARDO SANTOS	PORTUGAL	VIKINGS TRAIL RUNNERS/CCR ALCABIDEQUE	M SENIOR	02:38:32.017	00:24:02.807
25	1161	M	LUÍS TRINDADE	PORTUGAL	OCS ARRÁBIDA TRAIL TEAM	M40	02:38:48.770	00:24:19.560
26	1231	M	FERNANDO BASTOS	PORTUGAL	MONTANHA CLUBE TRAIL RUNNING EFAPEL	M SENIOR	02:39:10.270	00:24:41.060
27	1066	M	PAULO NOGUEIRA	PORTUGAL	MONTANHA CLUBE TRAIL RUNNING EFAPEL	M40	02:39:18.020	00:24:48.810
28	1111	M	JOÃO SANTOS	PORTUGAL	TURRES TRAIL TEAM	M40	02:39:50.770	00:25:21.560
29	1363	M	ANTONIO MAIA	PORTUGAL	TEAM TRAIL BEM VIVER	M SENIOR	02:40:54.563	00:26:25.353
30	1168	M	ANDRÉ LEAL	PORTUGAL	WISEU 360	M SENIOR	02:41:12.527	00:26:43.317
31	1248	M	RICHARD DIAS	PORTUGAL	GDCR LAJES	M SENIOR	02:41:35.023	00:27:05.813
32	1283	M	FERNANDO OLIVEIRA	PORTUGAL	MOURA & DIAS	M50	02:42:22.277	00:27:53.067
33	1356	M	CARLOS FERREIRA	PORTUGAL	WISEU 360	M45	02:42:24.027	00:27:54.817
34	1361	M	DIONISIO FERREIRA	PORTUGAL	TEAM TRAIL BEM VIVER	M40	02:42:31.527	00:28:02.317
35	1090	M	FILIPE PINHO	PORTUGAL	CIDEP FORNOS LUSAVOUGA	M SENIOR	02:42:53.777	00:28:24.567
36	1440	M	JOÃO MENEZES	PORTUGAL	RECCUA RUNNERS	M SENIOR	02:44:03.280	00:29:34.070
37	1163	M	SERGIO LOURENÇO	PORTUGAL	INDIVIDUAL	M45	02:45:38.287	00:31:09.077
38	1203	M	NELSON RODRIGUES	PORTUGAL	GALHARDOS RUNNERS	M SENIOR	02:45:53.033	00:31:23.823
39	1226	M	RICARDO PEREIRA	PORTUGAL	#LOBOSOLITÁRIO	M40	02:46:01.537	00:31:32.327
40	1393	M	SANDRO GOMES	PORTUGAL	SENTIR ESCARIZ RUNNING	M SENIOR	02:46:08.790	00:31:39.580
41	1191	M	VÍTOR GATEIRA	PORTUGAL	ASSOCIAÇÃO DESPORTIVA LUSITANO XXI (ADLXXI)	M SENIOR	02:46:25.287	00:31:56.077
42	1196	M	ANDRÉ FERREIRA	PORTUGAL	AZURRAGUE TEAM	M SENIOR	02:46:38.540	00:32:09.330
43	1372	M	FERNANDO CARVALHO	PORTUGAL	ADCR PEREIRA TRAIL RUNNING TEAM	M40	02:46:44.040	00:32:14.830
44	1117	F	PAULA BARBOSA	PORTUGAL	ORALKLASS - AMIGOS DO TRAIL	F40	02:47:24.540	00:32:55.330
45	1403	M	TIAGO CARREIRA	PORTUGAL	VIRIATHVS RUNNERS VISEU	M SENIOR	02:47:28.290	00:32:59.080
46	1025	M	CARLOS CUNHA	PORTUGAL	DCI // TRILHOS LUSO BUSSACO	M55	02:47:31.540	00:33:02.330
47	1218	M	CÂNDIDO MORAIS	PORTUGAL	CHAVES RUNNING TEAM	M55	02:49:18.547	00:34:49.337

Lugar	Dorsal	S	Nome	Pais	EQUIPA	Escalões	Tempo	Diferença
48	1023	M	PEDRO SOUSA	PORTUGAL	TRAIL BELA BELA	M SENIOR	02:49:44.297	00:35:15.087
49	1159	M	JOAO AFONSO	PORTUGAL	ACADEMIA DESPORTIVA DE ARCOS DE VALDEVEZ	M40	02:49:56.297	00:35:27.087
50	1233	M	FÁBIO MENDES	PORTUGAL	MONTANHA CLUBE TRAIL RUNNING EFAPEL	M SENIOR	02:49:59.070	00:35:29.860
51	1392	M	RENATO AMARAL	PORTUGAL	BIXOSTRAILTEAM	M40	02:50:09.547	00:35:40.337
52	1037	M	MÁRCIO SILVA	PORTUGAL	VIMARUNNERS	M40	02:53:07.807	00:38:38.597
53	1342	M	JOÃO RODRIGUES	PORTUGAL	VALE CORRER	M50	02:53:08.567	00:38:39.357
54	1384	M	PEDRO OSÓRIO	PORTUGAL	WISEU 360	M40	02:54:03.557	00:39:34.347
55	1012	M	RICARDO FERNANDES	PORTUGAL	NAC TRAIL	M SENIOR	02:54:08.557	00:39:39.347
56	1184	M	FÁBIO VASCONCELOS	PORTUGAL	CLUBE EFACEC	M SENIOR	02:54:10.557	00:39:41.347
57	1190	M	CARLOS GONÇALVES	PORTUGAL	ASSOCIAÇÃO DESPORTIVA LUSITANO XXI (ADLXXI)	M SENIOR	02:54:16.307	00:39:47.097
58	1399	M	JOÃO FERREIRA	PORTUGAL	MONSANTO RUNNING TEAM	M SENIOR	02:54:22.810	00:39:53.600
59	1441	F	MARGARIDA MADEIRA	PORTUGAL	MONSANTO RUNNING TEAM	F SENIOR	02:54:46.557	00:40:17.347
60	1341	M	JOÃO OLIVEIRA	PORTUGAL	VALE CORRER	M SENIOR	02:54:53.557	00:40:24.347
61	1065	M	ANTÓNIO GONÇALVES	PORTUGAL	ESGRAVULHAS TEAM	M SENIOR	02:55:10.060	00:40:40.850
62	1222	M	PEDRO BARBOSA	PORTUGAL	INDIVIDUAL	M40	02:55:16.310	00:40:47.100
63	1208	M	PEDRO ROXO	PORTUGAL	CHAVES RUNNING TEAM	M40	02:55:48.563	00:41:19.353
64	1186	M	RUI GONÇALVES	PORTUGAL	INDIVIDUAL	M40	02:55:50.060	00:41:20.850
65	1253	F	ANDREIA CORREIA	PORTUGAL	EDV - VIANA TRAIL	F SENIOR	02:56:04.810	00:41:35.600
66	1252	M	FRED KALAHARI	PORTUGAL	EDV - VIANA TRAIL	M45	02:56:11.313	00:41:42.103
67	1351	M	ANTONIO ROCHA	PORTUGAL	FACTOR X / S4L / MEDENSE FC	M60	02:56:33.563	00:42:04.353
68	1192	M	DAVID GUERREIRO	PORTUGAL	ASSOCIAÇÃO DESPORTIVA LUSITANO XXI (ADLXXI)	M SENIOR	02:57:33.817	00:43:04.607
69	1319	M	TIAGO GONÇALVES	PORTUGAL	MONSANTO RUNNING TEAM	M SENIOR	02:57:42.817	00:43:13.607
70	1122	M	NUNO ROCHA	PORTUGAL	NOCTURNOS DE PAREDES	M40	02:58:33.820	00:44:04.610
71	1335	M	LUÍS JÚNIOR	PORTUGAL	RUNNERS DO DEMO	M SENIOR	02:58:43.847	00:44:14.637
72	1167	M	ROBERTO FREITAS	PORTUGAL	BOAVISTA TRAIL	M SENIOR	02:58:51.817	00:44:22.607
73	1442	M	JOAO OLIVEIRA	PORTUGAL	JUVENTUDE CORTEGACENSE	M45	02:59:45.320	00:45:16.110
74	1418	M	TONY GRAÇA	PORTUGAL	DCI // TRILHOS LUSO BUSSACO	M55	02:59:54.823	00:45:25.613
75	1028	M	RUI FARIA	PORTUGAL	VIMARUNNERS	M40	03:00:07.320	00:45:38.110
76	1223	M	GONÇALO MORAIS	PORTUGAL	CHAVES RUNNING TEAM	M40	03:01:20.077	00:46:50.867
77	1209	M	LUIS RODRIGUES	PORTUGAL	CHAVES RUNNING TEAM	M45	03:01:36.330	00:47:07.120
78	1329	M	SÉRGIO PIRES	PORTUGAL	RUNNERS DO DEMO	M SENIOR	03:01:43.337	00:47:14.127
79	1337	M	JORGE AZEVEDO	PORTUGAL	INDIVIDUAL	M50	03:01:50.587	00:47:21.377
80	1316	M	JOSÉ SÁ	PORTUGAL	LION RUNNERS - G. D. LEÕES DA GUARDA	M40	03:01:57.590	00:47:28.380
81	1408	M	TIAGO RAMOS	PORTUGAL	CLUBE DE ATLETISMO DE FERREIRA DO ZÊZERE	M SENIOR	03:02:20.583	00:47:51.373
82	1100	F	IDALINA MARQUES	PORTUGAL	ZONA ALTA TRAIL	F40	03:02:26.083	00:47:56.873
83	1213	F	FATIMA AMOÍNSHA	PORTUGAL	CHAVES RUNNING TEAM	F SENIOR	03:02:29.577	00:48:00.367
84	1004	M	JOÃO HENRIQUES	PORTUGAL	GRT - GUEPARDOS RUNNING TEAM	M SENIOR	03:02:47.577	00:48:18.367
85	1162	M	JOÃO COSTA	PORTUGAL	ANSIBIKERS	M SENIOR	03:02:49.077	00:48:19.867
86	1007	M	CECÍLIO SISSI	PORTUGAL	JUVENTUDE CORTEGACENSE	M45	03:02:50.827	00:48:21.617
87	1067	M	TIAGO LOPES	PORTUGAL	ANSIBIKERS	M SENIOR	03:02:58.830	00:48:29.620
88	1230	M	BRUNO RODRIGUES	PORTUGAL	CHAVES RUNNING TEAM	M SENIOR	03:03:08.080	00:48:38.870
89	1212	M	CARLOS BORGES	PORTUGAL	CROSSBOX CHAVES	M40	03:03:10.837	00:48:41.627
90	1053	F	SÍLVIA SANTOS	PORTUGAL	CLUBE DE ATLETISMO DE FERREIRA DO ZÊZERE	F40	03:03:39.080	00:49:09.870
91	1395	M	NUNO LOPES	PORTUGAL	BRAVE LAKE OCR	M40	03:04:46.833	00:50:17.623
92	1438	M	HENRIQUE ANTUNES	PORTUGAL	BRUXOS RUNNERS	M SENIOR	03:04:50.833	00:50:21.623
93	1273	M	CARMINDO GOMES	PORTUGAL	NOCTURNOS DE PAREDES	M45	03:04:57.090	00:50:27.880
94	1286	M	FERNANDO FERREIRA	PORTUGAL	INDIVIDUAL	M40	03:06:20.340	00:51:51.130

Lugar	Dorsal	S	Nome	Pais	EQUIPA	Escalões	Tempo	Diferença
95	1314	M	RICARDO SANTA	PORTUGAL	MIRO TRAIL	M40	03:06:33.337	00:52:04.127
96	1128	M	HILÁRIO LOURO	PORTUGAL	INDIVIDUAL	M45	03:07:08.093	00:52:38.883
97	1069	M	ANDRÉ MANITA	PORTUGAL	FACTOR X / S4L / MEDENSE FC	M SENIOR	03:07:19.590	00:52:50.380
98	1138	M	RICARDO HENRIQUES	PORTUGAL	LAAC	M SENIOR	03:07:22.337	00:52:53.127
99	1089	M	CARLOS SOARES	PORTUGAL	CIDEP FORNOS LUSAVOUGA	M40	03:07:23.843	00:52:54.633
100	1417	F	SOFIA COIMBRA	PORTUGAL	ARSM - ASSOCIAÇÃO RECREATIVA DE S MIGUEL	F45	03:07:29.590	00:53:00.380
101	1277	M	RUI RODRIGUES	PORTUGAL	VIRIATHVS RUNNERS VISEU	M50	03:07:38.120	00:53:08.910
102	1027	M	FRANCISCO COSTA	PORTUGAL	MATILHA DA ATALAIA	M55	03:07:41.590	00:53:12.380
103	1099	F	CONCEIÇÃO CASTANHEIRA	PORTUGAL	ZONA ALTA TRAIL	F55	03:07:57.090	00:53:27.880
104	1015	F	LÚCIA COSTA	PORTUGAL	JUVENTUDE CORTEGACENSE	F40	03:09:09.843	00:54:40.633
105	1264	M	JOSE NUNES	PORTUGAL	PÓ REFORÇO TRAIL TEAM	M SENIOR	03:09:13.093	00:54:43.883
106	1362	M	RUI MADUREIRA	PORTUGAL	TEAM TRAIL BEM VIVER	M SENIOR	03:09:24.343	00:54:55.133
107	1322	M	EMANUEL FUNDO	PORTUGAL	RIBEIRAS TRAIL	M40	03:09:37.097	00:55:07.887
108	1074	M	PEDRO LOPES	PORTUGAL	VIRIATHVS RUNNERS VISEU	M SENIOR	03:10:01.847	00:55:32.637
109	1104	M	PAULO GAIÃO	PORTUGAL	ZONA ALTA TRAIL	M45	03:10:32.847	00:56:03.637
110	1245	M	RUI SILVA	PORTUGAL	OURÉM VIDA TEAM	M40	03:10:59.107	00:56:29.897
111	1078	M	MIRKO MARTÍN	SPAIN	"CLUB DEPORTIVO ""U LAGARTU RUNNING"""	M45	03:11:05.097	00:56:35.887
112	1333	M	RUBEN DIAS	PORTUGAL	GOODFELLAS WISEGUYS	M SENIOR	03:11:15.600	00:56:46.390
113	1373	M	EDGAR FARIA	PORTUGAL	ADCR PEREIRA TRAIL RUNNING TEAM	M SENIOR	03:14:02.857	00:59:33.647
114	1110	M	FERNANDO MARQUES	PORTUGAL	DCI // TRILHOS LUSO BUSSACO	M SENIOR	03:14:04.357	00:59:35.147
115	1150	M	EDUARDO GONÇALVES	PORTUGAL	SICÓ TRAILS	M SENIOR	03:14:44.360	01:00:15.150
116	1106	M	RUBEN DUQUE	PORTUGAL	ZONA ALTA TRAIL	M SENIOR	03:16:49.360	01:02:20.150
117	1087	M	CARLOS CORREIA	PORTUGAL	INDIVIDUAL	M60	03:17:41.867	01:03:12.657
118	1257	F	MARIA GOMES	PORTUGAL	WOLVES	F45	03:17:50.617	01:03:21.407
119	1313	M	AMILCAR BRANCO	PORTUGAL	VISEU 360	M45	03:17:56.363	01:03:27.153
120	1211	M	ANTERO ROQUE	PORTUGAL	SPORTING CLUB SANTACRUZENSE	M SENIOR	03:18:02.617	01:03:33.407
121	1189	M	DANIEL CAMPANIÇO	PORTUGAL	ASSOCIAÇÃO DESPORTIVA LUSITANO XXI (ADLXXI)	M SENIOR	03:18:16.363	01:03:47.153
122	1193	M	LUÍS ROSMANINHO	PORTUGAL	ASSOCIAÇÃO DESPORTIVA LUSITANO XXI (ADLXXI)	M SENIOR	03:18:16.863	01:03:47.653
123	1160	M	FILIPE MOTA	PORTUGAL	C. D. C. PARADELA	M SENIOR	03:18:17.867	01:03:48.657
124	1200	M	ALEXANDRE LEITE	PORTUGAL	JUVENTUDE CORTEGACENSE	M SENIOR	03:18:24.117	01:03:54.907
125	1243	M	JOAO OLIVEIRA	PORTUGAL	GANSOS	M SENIOR	03:18:34.113	01:04:04.903
126	1280	M	PEDRO COELHO	PORTUGAL	TEAM LANTEMIL	M SENIOR	03:18:38.367	01:04:09.157
127	1126	M	PEDRO GAIO	PORTUGAL	LION RUNNERS - G. D. LEÕES DA GUARDA	M40	03:18:44.867	01:04:15.657
128	1127	F	ANA VIEIRA	PORTUGAL	ORALKLASS - AMIGOS DO TRAIL	F SENIOR	03:19:08.617	01:04:39.407
129	1088	M	JOÃO TAVARES	PORTUGAL	CIDEP FORNOS LUSAVOUGA	M45	03:19:09.373	01:04:40.163
130	1216	M	FERNANDO RAMOS	PORTUGAL	8300 WILD SPORTS	M50	03:19:16.367	01:04:47.157
131	1378	M	GONÇALO COELHO	PORTUGAL	SERRANOS DA ESTRELA	M SENIOR	03:19:25.117	01:04:55.907
132	1293	M	LUÍS PEREIRA	PORTUGAL	TEAM LANTEMIL	M45	03:19:26.367	01:04:57.157
133	1367	M	MIGUEL NEVES	PORTUGAL	UGAS TRAIL RUNNING	M SENIOR	03:19:31.870	01:05:02.660
134	1154	F	ANA AZEVEDO	PORTUGAL	AMVE	F SENIOR	03:19:35.627	01:05:06.417
135	1026	M	NUNO MARIZ	PORTUGAL	ALLFORONE	M40	03:19:51.620	01:05:22.410
136	1146	M	MARC GANDRA	PORTUGAL	RÓDINHAS SANTOS SILVA/OXYGEN GYM & FITNESS	M SENIOR	03:19:58.117	01:05:28.907
137	1029	M	JORGE LOUREIRO	PORTUGAL	MATILHA DA ATALAIA	M40	03:20:19.123	01:05:49.913
138	1105	F	PAULA BRANCO	PORTUGAL	ZONA ALTA TRAIL	F45	03:20:23.403	01:05:54.193
139	1002	M	RUI OLIVEIRA	PORTUGAL	INDIVIDUAL	M SENIOR	03:20:49.873	01:06:20.663
140	1267	M	JOÃO COELHO	PORTUGAL	AMC TRAIL	M40	03:20:55.370	01:06:26.160
141	1220	M	RUI GONÇALVES	PORTUGAL	CLUBE EFACEC	M40	03:21:00.373	01:06:31.163

Lugar	Dorsal	S	Nome	Pais	EQUIPA	Escalões	Tempo	Diferença
142	1386	M	FRUTUOSO SOUSA	PORTUGAL	AMC TRAIL	M SENIOR	03:21:01.623	01:06:32.413
143	1136	M	JOSÉ MARÇAL	PORTUGAL	CLAC ENTRONCAMENTO	M55	03:21:38.877	01:07:09.667
144	1434	M	RUI FERREIRA	PORTUGAL	CRP RIBAFRIA	M SENIOR	03:21:43.123	01:07:13.913
145	1005	M	JORGE PEREIRA	PORTUGAL	OZXTREME\ADCRPEREIRA	M SENIOR	03:22:06.877	01:07:37.667
146	1119	F	INÉS SANTOS	PORTUGAL	VIKINGS TRAIL RUNNERS/CCR ALCABIDEQUE	F SENIOR	03:22:16.877	01:07:47.667
147	1217	F	CÉU COSTA	PORTUGAL	CHAVES RUNNING TEAM	F50	03:22:17.873	01:07:48.663
148	1268	M	PEDRO COELHO	PORTUGAL	PÓ REFORÇO TRAIL TEAM	M SENIOR	03:22:36.627	01:08:07.417
149	1048	M	RICARDO GAMA	PORTUGAL	JUVENTUDE CORTEGACENSE	M SENIOR	03:22:53.127	01:08:23.917
150	1301	M	JORGE FIGUEIREDO	PORTUGAL	LION RUNNERS - G. D. LEÕES DA GUARDA	M45	03:22:55.627	01:08:26.417
151	1172	M	CESAR SOUSA	PORTUGAL	SPORTING CLUBE DE SILVALDE	M45	03:24:26.630	01:09:57.420
152	1247	M	MARCO MENDES	PORTUGAL	SICÓTRILHOS	M SENIOR	03:25:15.883	01:10:46.673
153	1444	M	PAULO PEREIRA	PORTUGAL	CIDEP FORNOS LUSAVOUGA	M40	03:25:22.880	01:10:53.670
154	1201	F	SOFIA SIMÕES	PORTUGAL	GRUPO DESPORTIVO FERREIRENSE	F40	03:25:50.633	01:11:21.423
155	1098	M	TIAGO MATIAS	PORTUGAL	VIKINGS TRAIL RUNNERS/CCR ALCABIDEQUE	M SENIOR	03:25:51.637	01:11:22.427
156	1396	F	CARLA SANTOS	PORTUGAL	SACA TRILHOS ANADIA	F45	03:25:52.637	01:11:23.427
157	1112	M	CARLOS CARDOSO	PORTUGAL	SOURE MOV	M40	03:25:53.667	01:11:24.457
158	1145	F	ANA MELO	PORTUGAL	SACA TRILHOS ANADIA	F SENIOR	03:25:54.883	01:11:25.673
159	1097	F	VERA ROCHA	PORTUGAL	ESPIGUEIROS RUNNERS - CAPARROSIHA	F SENIOR	03:25:57.883	01:11:28.673
160	1368	M	MIGUEL ALMEIDA	PORTUGAL	CHAVES RUNNING TEAM	M45	03:26:05.637	01:11:36.427
161	1228	M	JOÃO GIL	PORTUGAL	A.D. AMARANTE TRAIL RUNNING	M60	03:26:10.883	01:11:41.673
162	1344	F	MÁRCIA PINHO	PORTUGAL	VALE CORRER	F SENIOR	03:26:29.387	01:12:00.177
163	1242	M	GONÇALO ZEFERINO	PORTUGAL	OURÉM VIDA TEAM	M SENIOR	03:26:31.637	01:12:02.427
164	1158	M	BRUNO LOPES	PORTUGAL	UISEU 360	M SENIOR	03:26:45.637	01:12:16.427
165	1288	M	MIGUEL ARAÚJO	PORTUGAL	TEAM LANTEMIL	M40	03:26:57.137	01:12:27.927
166	1187	M	PEDRO CARRIÇO	PORTUGAL	SERVIÇOS SOCIAIS MONTEPIO	M40	03:27:13.637	01:12:44.427
167	1309	M	BRUNO PAIVA	PORTUGAL	ABUTRES	M SENIOR	03:27:25.143	01:12:55.933
168	1083	M	FRANCISCO FERNANDES	PORTUGAL	INDIVIDUAL	M SENIOR	03:27:49.640	01:13:20.430
169	1346	M	PAULO SOARES	PORTUGAL	VALE CORRER	M40	03:28:07.397	01:13:38.187
170	1224	M	JOÃO BATISTA	PORTUGAL	SICÓTRILHOS	M40	03:28:39.890	01:14:10.680
171	1165	M	BRUNO ABRANTES	PORTUGAL	RODA DIANTEIRA	M40	03:29:11.140	01:14:41.930
172	1376	M	BRUNO REI	PORTUGAL	ALLFORONE	M SENIOR	03:29:48.893	01:15:19.683
173	1349	M	ANTÓNIO PAIVA	PORTUGAL	CORRER LEÇA	M40	03:29:57.147	01:15:27.937
174	1265	M	ANTONIO SILVA	PORTUGAL	PÓ REFORÇO TRAIL TEAM	M45	03:30:14.143	01:15:44.933
175	1379	F	ANA ALMEIDA	PORTUGAL	INDIVIDUAL	F SENIOR	03:30:20.643	01:15:51.433
176	1401	M	ÁLVARO CENTEIO	PORTUGAL	UGAS TRAIL RUNNING	M50	03:33:00.400	01:18:31.190
177	1032	M	DANIEL OLIVEIRA	PORTUGAL	BRAVOS E BRAVITAS	M SENIOR	03:33:05.653	01:18:36.443
178	1375	M	MARCO AMADOR	PORTUGAL	SPORTARC	M SENIOR	03:33:06.400	01:18:37.190
179	1327	M	ANTÓNIO BATISTA	PORTUGAL	VIRIATHVS RUNNERS VISEU	M40	03:33:32.943	01:19:03.733
180	1227	M	JORGE BELIAGO	PORTUGAL	GANSOS	M SENIOR	03:33:35.400	01:19:06.190
181	1038	M	JOÃO AMANDIO	PORTUGAL	INDIVIDUAL	M SENIOR	03:34:09.157	01:19:39.947
182	1051	M	HELDER PEREIRA	PORTUGAL	OS TOLINHOS	M45	03:34:11.153	01:19:41.943
183	1175	M	MÁRIO LIMA	PORTUGAL	AVESRUNNERS	M40	03:34:21.170	01:19:51.960
184	1354	M	EDUARDO GARCIA	PORTUGAL	ATLETISMO CLUBE DA TOCHA	M SENIOR	03:34:45.407	01:20:16.197
185	1285	M	EDUARDO FERREIRA	PORTUGAL	ATLETISMO CLUBE DA TOCHA	M SENIOR	03:34:46.403	01:20:17.193
186	1436	M	JOSÉ VIDAL	PORTUGAL	INDIVIDUAL	M40	03:34:55.653	01:20:26.443
187	1358	M	RUI NEVES	PORTUGAL	INDIVIDUAL	M SENIOR	03:35:08.657	01:20:39.447
188	1383	M	NUNO PESSOA	PORTUGAL	DCI // TRILHOS LUSO BUSSACO	M45	03:36:10.407	01:21:41.197

Lugar	Dorsal	S	Nome	Pais	EQUIPA	Escalões	Tempo	Diferença
189	1382	F	ORLANDA REGO	PORTUGAL	GAIA-RUNNING	F45	03:36:22.157	01:21:52.947
190	1001	M	JIL COELHO	PORTUGAL	C. D. C. PARADELA	M SENIOR	03:36:39.157	01:22:09.947
191	1166	M	RICARDO PEREIRA	PORTUGAL	#ATÉCHORAS	M SENIOR	03:36:56.407	01:22:27.197
192	1270	F	SANDRA DIAS	PORTUGAL	TEAM LANTEMIL	F40	03:36:57.910	01:22:28.700
193	1195	M	DIOGO MACHADO	PORTUGAL	CHAVES RUNNING TEAM	M SENIOR	03:37:15.660	01:22:46.450
194	1259	F	JOANA ALVES	PORTUGAL	VIRIATHVS RUNNERS VISEU	F SENIOR	03:37:15.663	01:22:46.453
195	1094	M	JORGE ALVES	PORTUGAL	VILLA DE BASTO TRAIL	M40	03:37:25.410	01:22:56.200
196	1116	F	GORETI GAUDÊNCIO	PORTUGAL	VIKINGS TRAIL RUNNERS/CCR ALCABIDEQUE	F SENIOR	03:37:35.937	01:23:06.727
197	1020	M	CARLOS PINHEIRO	PORTUGAL	INDIVIDUAL	M50	03:37:38.910	01:23:09.700
198	1299	F	CLAUDIA CARCAU	PORTUGAL	LION RUNNERS - G. D. LEÕES DA GUARDA	F SENIOR	03:37:39.687	01:23:10.477
199	1009	M	FILIPE BUCO	PORTUGAL	ATACATACA	M SENIOR	03:37:40.660	01:23:11.450
200	1022	M	HELDER MARQUES	PORTUGAL	HORA DO LOBO TRAIL CF PEROSINHO	M SENIOR	03:38:18.410	01:23:49.200
201	1039	M	RONI GOMES	PORTUGAL	VALE CORRER	M SENIOR	03:39:14.167	01:24:44.957
202	1343	M	JOAQUIM COUTO	PORTUGAL	VALE CORRER	M50	03:39:14.697	01:24:45.487
203	1345	M	FÁBIO REIS	PORTUGAL	VALE CORRER	M SENIOR	03:39:15.167	01:24:45.957
204	1178	M	MARCOS DIAS	PORTUGAL	VALE CORRER	M SENIOR	03:39:15.167	01:24:45.957
205	1043	M	LUIS TERENCE	PORTUGAL	ÉJÁLI...CLUBE DE AMIGOS TRAILRUNNERS	M45	03:39:17.917	01:24:48.707
206	1397	M	JOÃO MARCELO	PORTUGAL	ADC SOSENSE	M SUB23	03:39:18.427	01:24:49.217
207	1348	M	JOSÉ SÁ	PORTUGAL	INDIVIDUAL	M SENIOR	03:39:32.667	01:25:03.457
208	1215	M	LUÍS REIS	PORTUGAL	8300 WILD SPORTS	M40	03:39:44.667	01:25:15.457
209	1075	M	VITOR CORREIA	PORTUGAL	ARRASTASSOLAS	M40	03:40:07.667	01:25:38.457
210	1077	M	PEDRO CARVALHO	PORTUGAL	ARRASTASSOLAS	M45	03:40:08.167	01:25:38.957
211	1076	M	LUIS RIBEIRO	PORTUGAL	ARRASTASSOLAS	M45	03:40:08.920	01:25:39.710
212	1079	M	PAULO HENRIQUES	PORTUGAL	BOAVISTA TRAIL	M40	03:40:11.423	01:25:42.213
213	1282	F	ALEXANDRA PADILHA	PORTUGAL	MOURA & DIAS	F45	03:40:18.670	01:25:49.460
214	1370	M	DANIEL SANTOS	PORTUGAL	UGAS TRAIL RUNNING	M SENIOR	03:40:48.667	01:26:19.457
215	1419	M	JOSÉ FARIA	PORTUGAL	TRAIL-RUNNING.PT	M SENIOR	03:41:23.170	01:26:53.960
216	1352	M	MÁRIO FERNANDES	PORTUGAL	VISEU 360	M SENIOR	03:41:33.203	01:27:03.993
217	1330	M	EDUARDO FERREIRA	PORTUGAL	RUNNERS DO DEMO	M SENIOR	03:42:45.423	01:28:16.213
218	1244	M	JOÃO SUBTIL	PORTUGAL	OURÉM VIDA TEAM	M45	03:42:47.923	01:28:18.713
219	1057	F	PATRÍCIA COSTA	PORTUGAL	INDIVIDUAL	F SUB23	03:43:02.173	01:28:32.963
220	1225	M	DOMINGOS VIEIRA	PORTUGAL	RIBEIRAS TRAIL	M60	03:43:39.177	01:29:09.967
221	1085	M	RODRIGO COSTA	PORTUGAL	ATÉ DE COSTA OH INÁCIO	M SENIOR	03:43:49.927	01:29:20.717
222	1262	F	SOFIA COELHO	PORTUGAL	RUN4FUN	F40	03:43:54.177	01:29:24.967
223	1054	M	BRUNO LEITE	PORTUGAL	INDIVIDUAL	M40	03:43:58.427	01:29:29.217
224	1060	M	NUNO ALMEIDA	PORTUGAL	INDIVIDUAL	M40	03:44:00.177	01:29:30.967
225	1260	M	PEDRO ALMEIDA	PORTUGAL	COIMBRA TRAIL RUNNING	M40	03:44:02.677	01:29:33.467
226	1239	F	MARIA COSTA	PORTUGAL	NOCTURNOS DE PAREDES	F50	03:44:11.177	01:29:41.967
227	1049	M	JOÃO BALDAIA	PORTUGAL	INDIVIDUAL	M SENIOR	03:44:12.427	01:29:43.217
228	1040	M	JOÃO ALEIXO	PORTUGAL	LOBO DO MAR	M SENIOR	03:44:13.437	01:29:44.227
229	1202	M	ANDRÉ SILVA	PORTUGAL	VISEU RUNNING TEAM	M40	03:44:42.927	01:30:13.717
230	1198	M	BRUNO CUNHA	PORTUGAL	RODA DIANTEIRA	M40	03:44:51.427	01:30:22.217
231	1413	M	MIGUEL MENDES	PORTUGAL	GD LEÕES DA GUARDA - LION RUNNERS	M SENIOR	03:44:52.927	01:30:23.717
232	1084	M	RICARDO SANTOS	PORTUGAL	INDIVIDUAL	M SENIOR	03:45:00.927	01:30:31.717
233	1073	F	MARIA MAIA	PORTUGAL	FORMOBIKE BTT & TRAIL RUNNING	F45	03:45:06.183	01:30:36.973
234	1360	F	LIGIA MENDES	PORTUGAL	CLUBE TRILHEIROS & AMIGOS	F40	03:46:07.680	01:31:38.470
235	1359	M	JOSÉ SOUSA	PORTUGAL	CLUBE TRILHEIROS & AMIGOS	M45	03:46:08.933	01:31:39.723

Lugar	Dorsal	S	Nome	Pais	EQUIPA	Escalões	Tempo	Diferença
236	1388	F	DIANA MARTINS	PORTUGAL	BOAVISTA TRAIL	F SENIOR	03:46:09.443	01:31:40.233
237	1044	F	ALDA CORDEIRO	PORTUGAL	LADECAS	F50	03:46:44.183	01:32:14.973
238	1113	M	BERNARDO DOMINGOS	PORTUGAL	ADM TRAIL TEAM	M SENIOR	03:48:44.450	01:34:15.240
239	1174	F	ISABEL AMORIM	PORTUGAL	SPORTARC	F40	03:49:46.687	01:35:17.477
240	1143	F	MARGARIDA ALBUQUERQUE	PORTUGAL	VIRIATHVS RUNNERS VISEU	F SENIOR	03:49:50.690	01:35:21.480
241	1394	M	NELSON SANTIAGO	PORTUGAL	INDIVIDUAL	M45	03:50:35.690	01:36:06.480
242	1214	M	CLAUDINO REBELO	PORTUGAL	NÃO FAZEMOS NEM MAIS UM?KM	M55	03:50:41.190	01:36:11.980
243	1407	M	HEITOR NARCISO	PORTUGAL	LH RUNNING TEAM	M SENIOR	03:50:50.190	01:36:20.980
244	1406	M	PEDRO OLIVEIRA	PORTUGAL	LH RUNNING TEAM	M40	03:50:51.467	01:36:22.257
245	1353	M	RICARDO PATRÍCIO	PORTUGAL	INDIVIDUAL	M40	03:51:08.440	01:36:39.230
246	1071	F	MANUELA PINTO	PORTUGAL	MANU'S THERAPY TRAIL RUNNING	F SENIOR	03:51:15.193	01:36:45.983
247	1311	F	CELIA SOUSA	PORTUGAL	INDIVIDUAL	F40	03:51:20.443	01:36:51.233
248	1082	F	NATÁLIA PINTO	PORTUGAL	MANU'S THERAPY TRAIL RUNNING	F SENIOR	03:51:30.943	01:37:01.733
249	1115	M	VITOR FELGUEIRAS	PORTUGAL	INDIVIDUAL	M SENIOR	03:51:46.193	01:37:16.983
250	1275	M	EUGENIO SOARES	PORTUGAL	FACTOR X / S4L / MEDENSE FC	M50	03:54:32.450	01:40:03.240
251	1276	M	JORGE ALMEIDA	PORTUGAL	FACTOR X / S4L / MEDENSE FC	M45	03:54:32.700	01:40:03.490
252	1295	M	TIAGO MAIA	PORTUGAL	LION RUNNERS - G. D. LEÕES DA GUARDA	M JUNIOR	03:55:22.717	01:40:53.507
253	1157	M	PEDRO HENRIQUES	PORTUGAL	LAAC	M SENIOR	03:55:24.453	01:40:55.243
254	1153	M	ANDRÉ MARTINS	PORTUGAL	VISEU 360	M SENIOR	03:55:25.200	01:40:55.990
255	1199	F	DANIELA SILVA	PORTUGAL	SICÓTRILHOS	F SENIOR	03:55:33.717	01:41:04.507
256	1332	M	MÁRIO MENDES	PORTUGAL	GOODFELLAS WISEGUYS	M SENIOR	03:55:49.203	01:41:19.993
257	1137	F	SANDRA BARATA	PORTUGAL	ARSM - ASSOCIAÇÃO RECREATIVA DE S MIGUEL	F45	03:56:20.703	01:41:51.493
258	1304	M	SERAFIM RAMOS	PORTUGAL	LION RUNNERS - G. D. LEÕES DA GUARDA	M60	03:56:25.203	01:41:55.993
259	1412	F	CLÁUDIA CRAVO	PORTUGAL	ABUTRES	F45	03:56:29.203	01:41:59.993
260	1402	M	CUSTÓDIO FERREIRA	PORTUGAL	VISEU 360	M50	03:57:00.207	01:42:30.997
261	1018	F	MARCIA COSTA	PORTUGAL	JUVENTUDE CORTEGACENSE	F45	03:57:04.207	01:42:34.997
262	1331	M	LUIS PEREIRA	PORTUGAL	GOODFELLAS WISEGUYS	M SENIOR	03:57:08.960	01:42:39.750
263	1173	F	SÓNIA FIGUEIREDO	PORTUGAL	VISEU 360	F40	03:58:18.960	01:43:49.750
264	1271	M	CARLOS COSTA	PORTUGAL	VIRIATOS TRAIL TEAM	M SENIOR	03:58:31.720	01:44:02.510
265	1121	F	FRANCISCA SOUSA	PORTUGAL	VISEU 360	F SENIOR	03:58:36.210	01:44:06.1000
266	1241	M	JOSÉ MOURA	PORTUGAL	NOCTURNOS DE PAREDES	M45	03:58:50.963	01:44:21.753
267	1031	F	ANA PISSARRA	PORTUGAL	FIT 4 FUN	F45	04:00:41.720	01:46:12.510
268	1131	M	LUÍS ALMEIDA	PORTUGAL	INDIVIDUAL	M45	04:00:41.983	01:46:12.773
269	1014	M	PAULO DOMINGUES	PORTUGAL	INDIVIDUAL	M45	04:01:48.967	01:47:19.757
270	1237	F	SONIA BRAS	PORTUGAL	A.D. AMARANTE TRAIL RUNNING	F SENIOR	04:01:50.967	01:47:21.757
271	1297	F	GORETI RODRIGUES	PORTUGAL	VIRIATHVS RUNNERS VISEU	F40	04:01:52.217	01:47:23.007
272	1281	F	MÓNICA MARTINS	PORTUGAL	TEAM LANTEMIL	F40	04:01:53.967	01:47:24.757
273	1164	M	FILIPE SOUSA	PORTUGAL	VISEU 360	M40	04:01:56.717	01:47:27.507
274	1318	M	FRANCISCO ANTUNES	PORTUGAL	BRUXOS RUNNERS	M45	04:02:02.967	01:47:33.757
275	1445	M	SÉRGIO MOREIRA	PORTUGAL	ULTRA DIABÉTICO	M40	04:02:40.717	01:48:11.507
276	1036	F	ROSA GAMA	PORTUGAL	RIBEIRAS TRAIL	F50	04:02:48.217	01:48:19.007
277	1177	M	PEDRO MARQUES	PORTUGAL	303	M SENIOR	04:03:50.750	01:49:21.540
278	1390	M	PAULO OLIVEIRA	PORTUGAL	PUPILOS DO ZÉ TÓ	M SENIOR	04:04:26.223	01:49:57.013
279	1010	M	RUI LEANDRO	PORTUGAL	INDIVIDUAL	M SENIOR	04:04:42.223	01:50:13.013
280	1210	F	MARIA AFONSO	PORTUGAL	CHAVES RUNNING TEAM	F55	04:05:03.723	01:50:34.513
281	1315	F	SÓNIA TAVARES	PORTUGAL	INDIVIDUAL	F SENIOR	04:07:14.977	01:52:45.767
282	1058	M	BRUNO MOREIRA	PORTUGAL	CATR - CORREIO DE ALBERGARIA TRAIL RUNNING	M40	04:07:41.980	01:53:12.770

Lugar	Dorsal	S	Nome	Pais	EQUIPA	Escalões	Tempo	Diferença
283	1059	F	IOALNDA BABO	PORTUGAL	CATR - CORREIO DE ALBERGARIA TRAIL RUNNING	F40	04:07:42.980	01:53:13.770
284	1389	M	NUNO SANTOS	PORTUGAL	VILLA CESARI	M40	04:07:50.980	01:53:21.770
285	1142	F	SILVIA VILAR	PORTUGAL	FIT 4 FUN	F40	04:08:41.480	01:54:12.270
286	1013	M	PAULO CORREIA	PORTUGAL	REABILITAÇÃO INTEGRADA	M40	04:08:44.733	01:54:15.523
287	1144	F	PATRÍCIA SIMÕES	PORTUGAL	VIKINGS TRAIL RUNNERS/CCR ALCABIDEQUE	F SENIOR	04:08:50.983	01:54:21.773
288	1306	M	RUI VILAR	PORTUGAL	INDIVIDUAL	M45	04:09:24.493	01:54:55.283
289	1266	F	LILIANA AGUIAR	PORTUGAL	INDIVIDUAL	F40	04:09:35.493	01:55:06.283
290	1377	M	PEDRO LOPES	PORTUGAL	INDIVIDUAL	M40	04:09:35.737	01:55:06.527
291	1256	M	RUI SOUSA	PORTUGAL	WOLVES	M45	04:10:14.487	01:55:45.277
292	1411	M	MÁRIO ARAÚJO	PORTUGAL	EQUIPA A	M40	04:11:35.237	01:57:06.027
293	1308	M	PEDRO SILVA	PORTUGAL	INDIVIDUAL	M45	04:11:37.487	01:57:08.277
294	1176	F	CLÁUDIA MOURA	PORTUGAL	INDIVIDUAL	F SENIOR	04:11:37.737	01:57:08.527
295	1414	F	PATRICIA GOMES	PORTUGAL	MONSANTO RUNNING TEAM	F SENIOR	04:12:01.737	01:57:32.527
296	1063	F	ISABEL MADEIRA	PORTUGAL	ARCD VENDA DA LUISA	F50	04:12:54.240	01:58:25.030
297	1050	M	BRUNO PINHO	PORTUGAL	CAL - CLUBE ATLETISMO DE LAMAS	M SENIOR	04:12:56.743	01:58:27.533
298	1045	M	FLAVIO SOARES	PORTUGAL	CLUBE ATLETISMO DE LAMAS	M40	04:12:59.490	01:58:30.280
299	93	M	HUGO SOARES	SPAIN	INDIVIDUAL	M40	04:13:21.243	01:58:52.033
300	1347	M	HUGO SOUSA	PORTUGAL	VALE CORRER	M SENIOR	04:13:23.993	01:58:54.783
301	1296	F	LUCINDA GOMES	PORTUGAL	LION RUNNERS - G. D. LEÕES DA GUARDA	F55	04:13:42.493	01:59:13.283
302	1062	M	DANIEL MARCOS	PORTUGAL	VIKINGS TRAIL RUNNERS/CCR ALCABIDEQUE	M SENIOR	04:13:47.993	01:59:18.783
303	1197	M	HUGO SEABRA	PORTUGAL	CLUBE DE ANCAS	M SENIOR	04:13:48.993	01:59:19.783
304	1030	M	NUNO CAPELA	PORTUGAL	NÚCLEO DE MONTANHA DE ESPINHO	M40	04:15:24.497	02:00:55.287
305	1125	F	MARIA RICARDO	PORTUGAL	LION RUNNERS - G. D. LEÕES DA GUARDA	F55	04:15:32.750	02:01:03.540
306	1325	M	ANSELMO DIAS	PORTUGAL	VIRIATHVS RUNNERS VISEU	M45	04:15:34.760	02:01:05.550
307	1171	M	RUI MOURA	PORTUGAL	VIRIATHVS RUNNERS VISEU	M SENIOR	04:15:35.747	02:01:06.537
308	1064	F	CARLA FERREIRA	PORTUGAL	CORRER LEÇA	F40	04:15:37.997	02:01:08.787
309	1183	F	PATRÍCIA ROCHA	PORTUGAL	CORRER LEÇA	F45	04:17:10.753	02:02:41.543
310	1185	M	RUBEN CARVALHO	PORTUGAL	303	M SENIOR	04:17:42.753	02:03:13.543
311	1391	F	MARIANA MORGADO	PORTUGAL	GDCR LAJES	F SENIOR	04:17:43.003	02:03:13.793
312	1321	M	JORGE MARQUES	PORTUGAL	TEAM LANTEMIL	M45	04:17:59.753	02:03:30.543
313	1042	F	ANA ÁGUAS	PORTUGAL	MAG	F SENIOR	04:18:25.253	02:03:56.043
314	1320	M	RUI CARMO	PORTUGAL	FUTEBOL CLUBE DE FRENDE	M50	04:19:46.257	02:05:17.047
315	1155	M	PEDRO CAMELO	PORTUGAL	PÉ LIGEIRO DE GOUVEIA	M SENIOR	04:20:31.010	02:06:01.800
316	1046	F	TÂNIA SILVA	PORTUGAL	SPORTING CLUBE DE ESPINHO / ANTONIO LEITÃO	F SENIOR	04:20:58.507	02:06:29.297
317	1047	M	MANUEL SILVA	PORTUGAL	OS SILVA	M55	04:21:00.010	02:06:30.800
318	1135	M	ANTÓNIO CEBOLA	PORTUGAL	CLAC ENTRONCAMENTO	M SENIOR	04:21:30.283	02:07:01.073
319	1350	M	PEDRO SOARES	PORTUGAL	FACTOR X / S4L / MEDENSE FC	M SUB23	04:23:45.517	02:09:16.307
320	1369	M	CARLOS TEIXEIRA	PORTUGAL	CHAVES RUNNING TEAM	M50	04:25:00.017	02:10:30.807
321	1357	M	ARTUR FONSECA	PORTUGAL	RUPTURA TOTAL	M40	04:26:25.270	02:11:56.060
322	1269	M	JOSÉ ALVES	PORTUGAL	PÓ REFORÇO TRAIL TEAM	M SENIOR	04:28:07.527	02:13:38.317
323	1130	M	FILIPE BESSA	PORTUGAL	CLUBE EFACEC	M SENIOR	04:31:25.033	02:16:55.823
324	1274	M	EDUARDO MENDES	PORTUGAL	CLUBE VODAFONE	M55	04:32:19.037	02:17:49.827
325	1294	F	LILIANA SÁ	PORTUGAL	TEAM LANTEMIL	F SENIOR	04:34:10.787	02:19:41.577
326	1035	F	ROSA ALMEIDA	PORTUGAL	RIBEIRAS TRAIL	F40	04:34:38.290	02:20:09.080
327	1061	F	LUÍSA NOGUEIRA	PORTUGAL	CORRER LEÇA	F45	04:34:40.800	02:20:11.590
328	1287	F	CARLA ARAÚJO	PORTUGAL	TEAM LANTEMIL	F SENIOR	04:34:45.793	02:20:16.583
329	1272	M	BRUNO ARAÚJO	PORTUGAL	TEAM LANTEMIL	M SENIOR	04:34:46.577	02:20:17.367

Lugar	Dorsal	S	Nome	Pais	EQUIPA	Escalões	Tempo	Diferença
330	1340	F	CRISTIANA MARTINS	PORTUGAL	TEAM LANTEMIL	F SENIOR	04:34:47.053	02:20:17.843
331	1033	M	VITOR COSTA	PORTUGAL	RIBEIRAS TRAIL	M40	04:35:29.630	02:21:00.420
332	1381	F	CATARINA TEIXEIRA	PORTUGAL	INDIVIDUAL	F50	04:36:32.547	02:22:03.337
333	1092	M	VITOR MOTA	PORTUGAL	RUNNING ESPINHO	M SENIOR	04:36:33.047	02:22:03.837
334	1405	M	HELDER FERNANDES	PORTUGAL	LH RUNNING TEAM	M45	04:36:35.793	02:22:06.583
335	1182	M	NUNO NUNES	PORTUGAL	PARTIES	M45	04:36:37.297	02:22:08.087
336	1298	M	AMÍLCAR TEIXEIRA	PORTUGAL	LION RUNNERS - G. D. LEÕES DA GUARDA	M40	04:36:38.547	02:22:09.337
337	1324	M	HUGO LUZ	PORTUGAL	MILLENNIUM BCP	M55	04:37:38.547	02:23:09.337
338	1323	M	JORGE LANZINHA	PORTUGAL	INDIVIDUAL	M55	04:37:38.547	02:23:09.337
339	1108	M	DIOGO SILVA	PORTUGAL	INDIVIDUAL	M SENIOR	04:39:02.547	02:24:33.337
340	1423	M	VICTOR FIGUEIREDO	PORTUGAL	VIRIATHVS RUNNERS VISEU	M50	04:43:17.560	02:28:48.350
341	1446	M	NOVO DORSAL	PORTUGAL	INDIVIDUAL	S/ESCALÃO	04:44:51.063	02:30:21.853
342	1123	M	JOSÉ FERREIRA	PORTUGAL	ADCF - FREITASKYRUNNING	M40	04:45:36.567	02:31:07.357
343	1107	F	ANA MARQUES	PORTUGAL	CLUBE EFACEC	F SENIOR	04:45:40.820	02:31:11.610
344	1240	F	MARGARIDA SILVA	PORTUGAL	NOCTURNOS DE PAREDES	F SENIOR	04:45:44.817	02:31:15.607
345	1251	M	JOSÉ CARREIRA	PORTUGAL	CHAVES RUNNING TEAM	M SENIOR	04:45:46.317	02:31:17.107
346	1310	F	LÍGIA FREITAS	PORTUGAL	FACTOR X / S4L / MEDENSE FC	F40	04:46:33.320	02:32:04.110
347	1303	F	SANDRA CUNHA	PORTUGAL	LION RUNNERS - G. D. LEÕES DA GUARDA	F45	04:46:33.327	02:32:04.117
348	1148	M	MIGUEL BARBOSA	PORTUGAL	CLUBE EFACEC	M40	04:46:34.070	02:32:04.860
349	1258	F	SÓNIA MOTA	PORTUGAL	INDIVIDUAL	F45	04:46:34.327	02:32:05.117
350	1416	F	MONICA CARVALHAIS	PORTUGAL	INDIVIDUAL	F40	04:46:35.320	02:32:06.110
351	1300	F	DINA GONÇALVES	PORTUGAL	LION RUNNERS - G. D. LEÕES DA GUARDA	F45	04:46:36.083	02:32:06.873
352	1016	M	CARLOS ALMEIDA	PORTUGAL	INDIVIDUAL	M60	04:47:09.317	02:32:40.107
353	1120	F	DINA VENÂNCIO	PORTUGAL	MONSANTO RUNNING TEAM	F40	04:49:06.073	02:34:36.863
354	1109	F	HELENA LOPES	PORTUGAL	DCI // TRILHOS LUSO BUSSACO	F40	04:49:07.323	02:34:38.113
355	1387	F	BEATRIZ LOUREIRO	PORTUGAL	PERNETAS	F SENIOR	04:49:31.823	02:35:02.613
356	1206	F	SUSANA FERNANDES	PORTUGAL	INDIVIDUAL	F45	04:52:35.857	02:38:06.647
357	1232	M	LUIS NEVES	PORTUGAL	INDIVIDUAL	M45	04:52:57.330	02:38:28.120
358	1152	M	PEDRO FREIRE	PORTUGAL	SICÓTRILHOS	M45	04:57:45.843	02:43:16.633
359	1278	F	CARLA REIS	PORTUGAL	NÃO FAZEMOS NEM MAIS UM?KM	F SENIOR	04:59:09.387	02:44:40.177
360	1221	M	JOAO FERREIRA	PORTUGAL	NÃO FAZEMOS NEM MAIS UM?KM	M50	04:59:09.597	02:44:40.387
361	1132	F	ANDREIA VALENTE	PORTUGAL	CAGA TACOS RUNNING TEAM	F SENIOR	05:03:09.103	02:48:39.893
362	1147	F	ROSA COSTA	PORTUGAL	MOREIRA RELAX RUNNERS	F55	05:03:10.107	02:48:40.897
363	1081	F	ANA RANGEL	PORTUGAL	INDIVIDUAL	F45	05:03:28.853	02:48:59.643
364	1095	F	MARISA SILVA	PORTUGAL	CORRER LEÇA	F40	05:08:43.370	02:54:14.160
365	1207	M	HUGO MOURÃO	PORTUGAL	INDIVIDUAL	M SENIOR	05:13:20.243	02:58:51.033
366	1140	M	MARCOS CARVALHO	PORTUGAL	RUNNING ESPINHO	M SENIOR	05:14:13.880	02:59:44.670
367	1141	F	SANDRA MARTINS	PORTUGAL	RUNNING ESPINHO	F40	05:14:14.630	02:59:45.420
368	1170	M	LUIS BELBUTE	PORTUGAL	MONTE SALOIOS TRAIL TEAM	M50	05:20:15.393	03:05:46.183
369	1169	F	CRISTINA BARBOSA	PORTUGAL	MONTE SALOIOS TRAIL TEAM	F45	05:20:15.893	03:05:46.683
370	1080	M	PEDRO NUNES	PORTUGAL	INDIVIDUAL	M45	05:30:43.670	03:16:14.460
371	1091	F	MARIA RODRIGUES	PORTUGAL	MONSANTO RUNNING TEAM	F SENIOR	05:42:45.193	03:28:15.983
372	1114	F	SANDRA MORGADO	PORTUGAL	CORRER LEÇA	F45	07:10:24.723	04:55:55.513