

Lugar	Esc.	Dorsal	Atleta	Equipa	Escalão	Tempo
1	1	83	Amândio Ferreira	Rumo á Aventura	SENIOR MASC	00:48:54
2	2	102	RENATO TEIXEIRA	Braga	SENIOR MASC	00:50:05
3	3	74	Ricardo Rego	Barcelos	SENIOR MASC	00:53:16
4	4	139	Adelino Soutinho	GRUPO DESPORTIVO DA GOMA	SENIOR MASC	00:53:37
5	5	117	Marco Santos	Adosa os santa Apolónia	SENIOR MASC	00:53:44
6	1	128	Avelino Macedo	Vila Verde a Correr	M40 MASC	00:54:34
7	6	55	Vasco Carvalho	ICARUS RUNNING TEAM	SENIOR MASC	00:56:16
8	2	107	Nuno Lemos	Clube atletismo fafe	M40 MASC	00:56:31
9	7	75	Tiago Conceição	Turbulentos	SENIOR MASC	00:56:46
10	8	49	Bruno Pereira	ADECA Associação desportiva de Castelões	SENIOR MASC	00:57:41
11	3	43	Filipe Ferreira	Dumiense Xallenge Runners	M40 MASC	01:00:25
12	9	132	Tiago Santos	Vila Verde a Correr	SENIOR MASC	01:01:00
13	10	45	Rafael Ferreira	Atletismo clube Fafe	SENIOR MASC	01:01:11
14	4	36	Domingos Peixoto	Palmeira Runners	M40 MASC	01:01:22
15	11	25	Rui Sousa	Palmeira Runners	SENIOR MASC	01:01:50
16	12	41	Bruno Fonseca	100 Treino	SENIOR MASC	01:02:27
17	1	7	Paulo Quintas	NAST - Nucleo Associativo Santo Tirso	M50 MASC	01:02:32
18	13	34	Marco Barejão Pinto	100 Treino	SENIOR MASC	01:03:09
19	5	19	Nelson Guimarães		M40 MASC	01:03:23
20	2	86	Joaquim Barbosa	Os Isabelinhas	M50 MASC	01:04:21
21	6	10	José Manuel Rodrigues Costa José Costa	Palmeira Runners	M40 MASC	01:04:46
22	1	119	Ângela Carvalho	UminhoSports	SENIOR FEM	01:05:20
23	2	78	Célia Jesus Neto		SENIOR FEM	01:05:48
24	14	65	Pedro Miranda	Akuafit	SENIOR MASC	01:05:50
25	7	127	Ricardo Fernandes	Vila Verde a Correr	M40 MASC	01:06:59
26	8	8	Paulo Azevedo	LANHAS TT	M40 MASC	01:07:44
27	15	4	Daniel Soares	Trail Timeout Aventura	SENIOR MASC	01:07:53
28	16	32	Nuno Ramos	Trail Timeout Aventura	SENIOR MASC	01:07:54
29	3	15	José Manuel Braga Ferreira	GTT - Armazem do Caffé	M50 MASC	01:08:13
30	17	37	Tiago Moreira	100 Treino	SENIOR MASC	01:08:25
31	18	38	Vasco Faria	CB RUN	SENIOR MASC	01:08:36
32	19	27	Mário Pinto		SENIOR MASC	01:08:48
33	9	18	Nelson Aguiar	SFLUR (Sociedade Filarmónica Lealdade União Ribeirense)	M40 MASC	01:09:21
34	20	64	Luís Ferraz		SENIOR MASC	01:09:34
35	10	80	julio Rodrigues	Movelmoda	M40 MASC	01:09:56
36	11	84	Paulo Ribeiro	DiVE Into the Mountains	M40 MASC	01:10:12
37	21	56	Ricardo Sousa		SENIOR MASC	01:10:13
38	3	89	Rose Pereira	Academia desportiva dos arcos de valdevez	SENIOR FEM	01:10:57
39	12	115	PAULO LEITE	Braga	M40 MASC	01:10:57
40	22	112	Francisco Esteves	Melgaço Alvarinho Trail Team	SENIOR MASC	01:11:32
41	23	76	David Dias	Akuafit	SENIOR MASC	01:11:41
42	1	14	Elisabete Ministro	Palmeira Runners	M40 FEM	01:12:07
43	4	68	Diamantino Ribeiro	Bora Lá Correr	M50 MASC	01:12:07
44	13	57	Rui Peixoto		M40 MASC	01:12:30

Lugar	Esc.	Dorsal	Atleta	Equipa	Escalão	Tempo
45	5	105	MANUEL GRAÇA	Palmeira Runners	M50 MASC	01:14:39
46	14	79	Hugo Silva	Núcleo sporting Club Portugal Vila Nova fam4	M40 MASC	01:17:11
47	24	138	David Rito	GRUPO DESPORTIVO DA GOMA	SENIOR MASC	01:17:15
48	25	42	Daniel Lima		SENIOR MASC	01:17:16
49	15	28	Nuno Cunha	ATIB Finabraga Running	M40 MASC	01:17:18
50	16	72	Domingos Teixeira	ATIB Finabraga Running	M40 MASC	01:17:22
51	6	52	Álvaro Oliveira	Bora Lá Correr	M50 MASC	01:17:23
52	17	103	João Coelho		M40 MASC	01:17:39
53	7	69	ANTÓNIO SILVA	Dumiense Xallenge Runners	M50 MASC	01:17:48
54	8	70	AMÉRICO MACEDO	Dumiense Xallenge Runners	M50 MASC	01:17:51
55	26	12	Flávio Ferreira	Individual	SENIOR MASC	01:18:10
56	27	136	Eduardo Oliveira	Vila Verde a Correr	SENIOR MASC	01:18:25
57	4	125	celia Cunha	Vila Verde a Correr	SENIOR FEM	01:18:28
58	5	140	Bia	GRUPO DESPORTIVO DA GOMA	SENIOR FEM	01:18:44
59	9	11	Armindo Ferreira	Individual	M50 MASC	01:19:06
60	10	6	José Carlos Rodrigues	JCPEDRINHA.	M50 MASC	01:19:33
61	28	113	Ricardo Magalhaes	Braga	SENIOR MASC	01:19:41
62	29	141	Isaque Dias	GRUPO DESPORTIVO DA GOMA	SENIOR MASC	01:19:47
63	11	97	JOSÉ FERREIRA	Braga	M50 MASC	01:19:52
64	18	134	Domingos Lopes	Vila Verde a Correr	M40 MASC	01:20:00
65	19	85	José Alberto Vilas Boas		M40 MASC	01:20:00
66	30	3	Mário José Carvalho Gomes	RUNDICULOUS	SENIOR MASC	01:20:18
67	31	33	João Daniel Ministro	Palmeira Runners	SENIOR MASC	01:20:46
68	20	66	Mário Araújo	Equipa A	M40 MASC	01:20:51
69	6	90	Teresa Carvalho		SENIOR FEM	01:20:55
70	7	129	Monica Lopes	Vila Verde a Correr	SENIOR FEM	01:21:03
71	12	26	Ricardo Ceia	Bora Lá Correr	M50 MASC	01:21:03
72	32	17	Pedro Silva	LANHAS TT	SENIOR MASC	01:21:04
73	21	44	Alcino Silva		M40 MASC	01:21:07
74	22	35	Luís Rodrigues	Braga	M40 MASC	01:21:34
75	33	104	joão ricardo coelho		SENIOR MASC	01:22:12
76	34	137	Leandro Teixeira	Individual	SENIOR MASC	01:22:12
77	23	77	Manuel Rocha		M40 MASC	01:22:13
78	24	100	João Pedro Cunha	Braga Runners	M40 MASC	01:22:13
79	13	13	João Ministro	Palmeira Runners	M50 MASC	01:22:42
80	8	29	Joana Simões	Pés de Chumbo Runners	SENIOR FEM	01:22:58
81	14	53	Rogério Costa		M50 MASC	01:23:02
82	35	111	Tiago Costa		SENIOR MASC	01:23:06
83	2	54	Carla Ferreira		M40 FEM	01:23:07
84	25	51	Humberto Carvalho	Bora Lá Correr	M40 MASC	01:23:21
85	3	124	Paula Sousa	Vila Verde a Correr	M40 FEM	01:23:29
86	26	123	Pedro Pinheiro	Vila Verde a Correr	M40 MASC	01:23:30
87	36	121	Ziad Ghandour		SENIOR MASC	01:23:43
88	4	50	Ana Luísa Oliveira	Bora Lá Correr	M40 FEM	01:24:22

Lugar	Esc.	Dorsal	Atleta	Equipa	Escalão	Tempo
89	27	101	Pedro Fernandes	Gosta pouco, gostas	M40 MASC	01:24:23
90	9	58	Ana Gomes	Nfitters	SENIOR FEM	01:24:43
91	28	20	Daniel Nogueira		M40 MASC	01:25:04
92	29	21	Eduardo Bastos		M40 MASC	01:25:04
93	10	120	Joana Castro	Rumo á Aventura	SENIOR FEM	01:26:42
94	5	23	Anabela Silva		M40 FEM	01:27:59
95	11	30	Mariana Costa	Pés de Chumbo Runners	SENIOR FEM	01:28:48
96	30	31	Carlos Alves	Pés de Chumbo Runners	M40 MASC	01:28:48
97	15	48	sergio poyares		M50 MASC	01:29:24
98	6	106	Deolinda Antunes	Palmeira Runners	M40 FEM	01:30:02
99	37	67	Vitor Soares	Nfitters	SENIOR MASC	01:30:34
100	38	39	Carlos Peixoto	100 Treino	SENIOR MASC	01:32:50
101	12	108	Patrícia Dias		SENIOR FEM	01:33:28
102	7	71	Alda Cristina Faustino		M40 FEM	01:34:36
103	39	60	Ricardo Machado	Ad Carril	SENIOR MASC	01:35:34
104	13	59	Manuela Rocha	Ad Carril	SENIOR FEM	01:35:35
105	1	92	ANA LOPES	Braga	M50 FEM	01:36:21
106	31	109	António José Vilaca Martins	Pés de Chumbo Runners	M40 MASC	01:36:22
107	16	5	João Paulo Genésio		M50 MASC	01:36:23
108	8	122	ANA CARNEIRO	GRUPO DESPORTIVO DA GOMA	M40 FEM	01:36:26
109	14	87	Mariana Barboza	Rookies	SENIOR FEM	01:38:07
110	40	40	Pedro Mota Carvalho	100 Treino	SENIOR MASC	01:47:30
111	15	2	Albertina Gonçalves	Lousada Runners	SENIOR FEM	01:49:20
112	9	46	Norberta Grilo		M40 FEM	02:12:35
113	32	47	José Arteiro		M40 MASC	02:12:35
114	16	9	Ana Castro	Ruilhe Runners	SENIOR FEM	02:20:42
115	17	96	JOAQUIM ARAÚJO	Braga	M50 MASC	02:22:16
116	10	94	Sandra Freitas	Braga	M40 FEM	02:22:16
117	17	99	CLAÚDIA FERREIRA	Braga	SENIOR FEM	02:22:17
118	33	22	Rui Rodrigues	Ruilhe Runners	M40 MASC	02:28:26
119	18	114	Sara Simões	Ruilhe Runners	SENIOR FEM	02:28:26
120	41	73	Pedro Alves		SENIOR MASC	02:31:32
121	11	110	Carla Carvalho	Pés de Chumbo Runners	M40 FEM	02:31:33