



30-06-2019
Minas da Borralha – Salto – Montalegre
Projeto Raízes



Wolfram Trail - Minas da Borralha 2019

CLASSIFICAÇÃO GERAL - MINI TRAIL- 18Km



Posição	Dorsal	Nome	Clube	Categoria	P. Categ.	Tempo	Km/h	Dif.
1	608	José Louada,	TROGLODITAS RUNNERS	M40MT	1	1:10:06.33	10,27	
2	531	Jorge Neto,	NBA Barrosas	SMMT	1	1:10:06.80	10,27	0:00:01
3	521	Daniel Martin,	NBA Barrosas	SMMT	2	1:10:28.55	10,22	0:00:23
4	515	Raimundo Ribeiro,	NBA Barrosas	SMMT	3	1:11:35.15	10,06	0:01:29
5	910	Teixeira, Adriano	Infantes Runners	M50MT	1	1:16:46.90	9,38	0:06:41
6	569	Arvílio Sampaio,		M45MT	1	1:17:56.84	9,24	0:07:51
7	698	Jorge Teixeira,	Bio gravel	SMMT	4	1:18:57.07	9,12	0:08:51
8	617	Norberto Loureiro,		SMMT	5	1:21:01.36	8,89	0:10:55
9	911	Fernandes, Sergio	Infantes Runners	SMMT	6	1:21:32.52	8,83	0:11:27
10	678	Jose Silva,	GDC Srafiço	SMMT	7	1:22:35.11	8,72	0:12:29
11	520	Flávio Fernandes,	NBA Barrosas	M50MT	2	1:23:47.02	8,59	0:13:41
12	517	Cardoso Lino,	NBA Barrosas	M50MT	3	1:23:47.55	8,59	0:13:42
13	680	Jose Silva,	GDC Srafiço	SMMT	8	1:27:21.48	8,24	0:17:15
14	534	Pedro Vieira,	A.D Amaranite Trail Running	SMMT	9	1:29:04.66	8,08	0:18:59
15	512	Marcelo Oliveira,	C C S D T Camara Municipal de Fafe	M40MT	2	1:29:09.46	8,08	0:19:03
16	633	Rosa Oliveira,	A noite passa a correr	F45MT	1	1:29:12.75	8,07	0:19:07
17	526	Bruno Pacheco,	A.Noite Passa a Correr - Guimarães	SMMT	10	1:29:16.10	8,07	0:19:10
18	518	Azenário Santos,	NBA Barrosas	M45MT	2	1:30:50.76	7,93	0:20:45
19	519	Zezé Carvalho,	NBA Barrosas	F40MT	1	1:31:34.60	7,86	0:21:29
20	506	Miguel Lima,		SMMT	11	1:31:40.09	7,85	0:21:34
21	542	Diogo Lopes,	Habcorpunteria	SMMT	12	1:33:07.02	7,73	0:23:01
22	695	Ana Teixeira,	Bio gravel	SFMT	1	1:33:46.01	7,68	0:23:40
23	679	Tugo Matos,	GDC Srafiço	SMMT	13	1:34:38.83	7,61	0:24:33
24	573	Jose Rodrigues,	A.D Camil	M45MT	3	1:34:42.28	7,60	0:24:36
25	508	Fernando Sousa,		M60MT	1	1:34:49.49	7,59	0:24:43
26	562	Ricardo Antunes,		SMMT	14	1:34:54.25	7,59	0:24:48
27	909	Paulo Sousa,	Infantes Runners	SMMT	15	1:34:56.27	7,58	0:24:50
28	572	Ana Freitas,	A.D Camil	F45MT	2	1:35:20.95	7,55	0:25:15
29	516	Filipe Machado,	NBA Barrosas	M45MT	4	1:35:22.11	7,55	0:25:16
30	699	Luís Oliveira,	Bio gravel	SMMT	16	1:35:23.19	7,55	0:25:17
31	683	Francisco Andre,	GDC Srafiço	SMMT	17	1:38:59.59	7,27	0:28:54
32	565	Jorge Cunha,	LF2 - Gouberço	SMMT	18	1:39:13.72	7,26	0:29:08
33	564	Filipe Castro,	LF2 - Gouberço	M40MT	3	1:39:27.67	7,24	0:29:22
34	581	Emanuel Correa,	MAGNUNSENS	SMMT	19	1:40:03.95	7,20	0:29:58
35	630	Angela Fomelos,	TROGLODITAS RUNNERS	F40MT	2	1:40:08.49	7,19	0:30:02
36	582	Hugo Ramos,	MAGNUNSENS	SMMT	20	1:41:20.83	7,11	0:31:15
37	697	Helena Teixeira,	Bio gravel	SFMT	2	1:41:52.19	7,07	0:31:46
38	576	Raphael Machado,	TROGLODITAS RUNNERS	M40MT	4	1:42:10.95	7,05	0:32:05
39	514	Fátima Sousa,	NBA Barrosas	F45MT	3	1:42:45.34	7,01	0:32:39

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40	579	Rui Marinho,	C C S D T Câmara Municipal de Fafe	M45MT	5	1:43:43.43	6.94	0:33:37
41	692	Ricardo Alves,	Enfoça	SMMT	21	1:44:11.31	6.91	0:34:05
42	709	Christophe Abreu,	Team Abreu	SMMT	22	1:44:51.14	6.87	0:34:45
43	509	Alexandra Pereira,	PIPOCAS & BOMBOCAS	SFMT	3	1:45:30.89	6.82	0:35:25
44	510	Eugénia Samapio,	PIPOCAS & BOMBOCAS	F45MT	4	1:45:31.12	6.82	0:35:25
45	681	Diogo Ribeiro,	GDC Serafio	SMMT	23	1:45:32.52	6.82	0:35:27
46	523	Francisco Ferreira,	ADECA	M40MT	5	1:47:03.79	6.73	0:36:58
47	612	Joko Carlos Jorge,	Run Baby Run	M40MT	6	1:47:29.08	6.70	0:37:23
48	621	Luís Brites,	Lfguibeço	SMMT	24	1:50:29.64	6.52	0:40:24
49	704	Carlos Torres,	Pó na lama	SMMT	25	1:50:31.32	6.51	0:40:25
50	690	DARJO DARIO CRUZ,	ADOSA OS SANTA APOLONIA	M45MT	6	1:54:25.85	6.29	0:44:20
51	575	Daniel Vilela,		M40MT	7	1:54:42.16	6.28	0:44:36
52	580	Paulo Santos,	MAGNUNSENS	SMMT	26	1:55:49.80	6.22	0:45:44
53	707	Nelson Veloso,	AVENTUREIROS	SMMT	27	1:56:36.71	6.17	0:46:31
54	641	Pedro Brizido,		M45MT	7	1:56:38.84	6.17	0:46:33
55	645	Idalina Pereira,	WALKING INSIDE OUT	SFMT	4	1:56:55.83	6.16	0:46:50
56	646	Fernando Pereira,	WALKING INSIDE OUT	M40MT	8	1:56:57.47	6.16	0:46:51
57	696	Sara Teixeira,	Bio gravel	SFMT	5	1:57:15.28	6.14	0:47:09
58	567	Jolo Mendes Bernardino,	LF2 - Guibeço	M50MT	4	1:58:49.95	6.06	0:48:44
59	622	Julio Pereira,		M50MT	5	1:58:54.70	6.06	0:48:49
60	753	Ricardo Costa,	Vieira a Correr	SMMT	28	1:59:38.48	6.02	0:49:32
61	614	Carlos Costa,	TROGLODITAS RUNNERS	M50MT	6	1:59:44.79	6.01	0:49:39
62	686	Carlos Novais,	AVENTUREIROS	SMMT	29	1:59:48.38	6.01	0:49:42
63	619	Pedro Ferreira,	Lincois do Marão	SMMT	30	2:00:24.45	5.98	0:50:18
64	561	Micaela Brito,	Devasta Trilhos	SFMT	6	2:01:30.73	5.93	0:51:25
65	548	Hermán Agostinho Gouveia,	Vieira do Minho	M60MT	2	2:01:48.15	5.91	0:51:42
66	677	Alexandre Sameiro,	GDC Serafio	M40MT	9	2:01:52.22	5.91	0:51:46
67	627	Fernando Balão,		M50MT	7	2:02:17.06	5.89	0:52:11
68	522	Carla Ferreira,	ADECA	F40MT	3	2:02:17.35	5.89	0:52:11
69	700	Maria Celeste Sousa,	TROGLODITAS RUNNERS	F45MT	5	2:02:24.38	5.88	0:52:18
70	623	José Sanlho,	Mafumade	SMMT	31	2:03:31.15	5.83	0:53:25
71	384	Pedro Fernandes,	TROGLODITAS RUNNERS	SMMT	32	2:03:42.37	5.82	0:53:36
72	632	Sandra Machado,	Nocturnos de Paredes	SFMT	7	2:04:11.61	5.80	0:54:06
73	540	Horácio Carvalho,		M45MT	8	2:04:42.53	5.77	0:54:37
74	558	Paula Arujo,	Nocturnos de Paredes	F45MT	6	2:05:53.13	5.72	0:55:47
75	511	Pedro Teixeira,	PIPOCAS & BOMBOCAS	SMMT	33	2:06:42.57	5.68	0:56:37
76	578	Melissa Piedade,		SFMT	8	2:07:23.24	5.65	0:57:17
77	525	Isabel Fernandes,	ARC Vale S. Coume	F45MT	7	2:07:57.88	5.63	0:57:52
78	545	Rodrigo Freitas,	X Spartan	M40MT	10	2:08:10.18	5.62	0:58:04
79	544	Rui Lopes,	X Spartan	SMMT	34	2:08:11.29	5.62	0:58:05
80	908	Caminhada, Caminhada		SMMT	35	2:09:42.25	5.55	0:59:36
81	907	Célia Cunha,		SFMT	9	2:09:44.59	5.55	0:59:39
82	703	Severino Miranda,	Pó na lama	SMMT	36	2:09:59.69	5.54	0:59:54
83	568	Susana Baptista,	LF2 - Guibeço	SMMT	37	2:10:03.50	5.54	0:59:58
84	591	Joaquim Pipa,	Walking Inside Out	M45MT	9	2:15:47.35	5.30	1:05:41
85	642	Isidro Silva,		M50MT	8	2:16:09.75	5.29	1:06:04
86	618	Susana Pereira,	Run baby run	SFMT	10	2:16:17.09	5.28	1:06:11
87	505	Rosa Alves,		F40MT	4	2:16:17.31	5.28	1:06:11
88	664	Wanacelia Nascimento,	Comerías	F40MT	5	2:16:23.75	5.28	1:06:18

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89	625	Luís Máximo,	Mafumade	SMMT	38	2:16:26.57	5,28	1:06:21
90	674	Antero Carvalho,		M40MT	11	2:16:32.53	5,27	1:06:27
91	643	samuel campos,		SMMT	39	2:16:49.07	5,26	1:06:43
92	571	Daniel Mota,	MnM's	SMMT	40	2:17:46.78	5,23	1:07:41
93	701	Carla Maria Marques Pires Rodrigues,	MnM's	SFMT	11	2:17:51.85	5,22	1:07:46
94	702	Diarte Barros Pires,	MnM's	SMMT	41	2:17:57.60	5,22	1:07:52
95	584	José António Costa,	MnM's	F40MT	6	2:18:02.80	5,22	1:07:57
96	583	Sérgio Rocha,	MnM's	F40MT	7	2:18:03.02	5,22	1:07:57
97	556	Graça Magalhães,	Nocturnos de Paredes	SFMT	12	2:18:47.93	5,19	1:08:42
98	560	Antonio Pinto,	Nocturnos de Paredes	M55MT	1	2:19:08.87	5,17	1:09:03
99	610	Sílvia Poças,	Run Baby Run	SFMT	13	2:19:12.60	5,17	1:09:07
100	689	Ana Brás,	AVENTUREIROS	F40MT	8	2:22:49.15	5,04	1:12:43
101	687	Carla Almeida,	AVENTUREIROS	SFMT	14	2:22:50.09	5,04	1:12:44
102	529	Isabel Gomes,	A noite passa a correr Guimarães	F45MT	8	2:22:50.44	5,04	1:12:44
103	688	Marco Ferreira,	AVENTUREIROS	SMMT	42	2:22:52.10	5,04	1:12:46
104	670	Mariana Barboza,	Rookies	SFMT	15	2:23:00.48	5,03	1:12:54
105	691	CRISTINA MEIRA,	ADOSA OS SANTA APOLONIA	SFMT	16	2:23:02.18	5,03	1:12:56
106	552	Isabel Araújo,	Comerías	F45MT	9	2:23:06.39	5,03	1:13:00
107	574	Mónica Silva,		SFMT	17	2:23:35.97	5,01	1:13:30
108	532	Sérgio Gonçalves,	A noite passa a correr	SMMT	43	2:24:23.66	4,99	1:14:18
109	528	Berta Ferreira,	A Noite Passa a Correr - Guimarães	F40MT	9	2:24:24.16	4,99	1:14:18
110	537	José Oliveira,	A noite passa a correr	F50MT	1	2:24:25.48	4,99	1:14:19
111	530	Augusto Gomes,	A noite passa a correr Guimarães	M55MT	2	2:24:26.99	4,98	1:14:21
112	536	Caolúna sofia Martins Ferreira,	A Noite Passa a Correr	F40MT	10	2:24:29.08	4,98	1:14:23
113	535	Alvim Coelho,	A noite passa a correr Guimarães	M40MT	12	2:24:31.35	4,98	1:14:25
114	527	Sílvia Rodrigues,	A Noite Passa a Correr - Guimarães	F40MT	11	2:24:40.74	4,98	1:14:35
115	501	Cristina Coelho,	Wolves	F45MT	10	2:24:52.77	4,97	1:14:47
116	685	Rui Veloso,	AVENTUREIROS	M50MT	9	2:27:35.48	4,88	1:17:29
117	504	Isabel Carvalho,	WOLVES	F45MT	11	2:30:45.16	4,78	1:20:39
118	644	Mamuel Morais,	WALKING INSIDE OUT	M50MT	10	2:33:44.92	4,68	1:23:39
119	585	Sandra Marina Correia,	Run baby run	SFMT	18	2:33:45.62	4,68	1:23:40
120	541	José Coelho,	ADECA	M50MT	11	2:33:48.02	4,68	1:23:42
121	673	Carna Cardoso,		F40MT	12	2:34:40.99	4,66	1:24:35
122	588	Raquel Castro Lopo,	Walking Inside Out	F40MT	13	2:35:07.29	4,64	1:25:01
123	589	Rui Riça,	Walking Inside Out	M40MT	13	2:35:08.78	4,64	1:25:03
124	611	Marta Rebras,	Run Baby Run	SFMT	19	2:38:13.45	4,55	1:28:07
125	503	Daniel Oliveira,	ARC VALE 5 Cosme	SMMT	44	2:38:44.98	4,54	1:28:39
126	706	Emanuel Durães,	SAI DA FRENTE	M45MT	10	2:41:37.20	4,45	1:31:31
127	631	Ana Sofia Ferreira,	MnM's	SFMT	20	2:42:33.74	4,43	1:32:28
128	629	Helena Almeida,	MnM's	F55MT	1	2:42:34.98	4,43	1:32:29
129	563	Alice Viveiros,	Shots International Runners	F50MT	2	2:42:47.72	4,42	1:32:42
130	524	Cidália Navio,	CORRERIAS	F40MT	14	2:43:23.08	4,41	1:33:17
131	694	Marta Barbosa,	SAI DA FRENTE	SFMT	21	2:44:32.73	4,38	1:34:27
132	693	Fabio Almeida,	SAI DA FRENTE	SMMT	45	2:44:34.58	4,38	1:34:29
133	705	Ana Sofia Dumes,	SAI DA FRENTE	F40MT	15	2:44:47.07	4,37	1:34:41
134	710	Lúcia Azevedo,	Team Abreu	SFMT	22	2:46:16.88	4,33	1:36:11
135	711	Nádia Teixeira,		SMMT	46	2:46:23.70	4,33	1:36:18
136	557	Madalena Oliveira,	Nocturnos de Paredes	F60MT	1	2:48:41.04	4,27	1:38:35
137	750	Susana Nunes,	Nocturnos de Paredes	F40MT	16	2:50:29.40	4,22	1:40:23

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138	577	Micaela Neto,	Nocturnos de Paredes	F40MT	17	2:51:55.77	4.19	1:41:50
139	559	Albertina Moura,	Nocturnos de Paredes	F40MT	18	2:52:08.77	4.18	1:42:03
140	624	Inês Ribeiro,	Mafumade	SFMT	23	2:53:53.30	4.14	1:43:47
141	566	Rui César,	LF2 - Gubergeo	SMMT	47	2:56:31.91	4.08	1:46:26
142	613	Ana Cardoso,	Braspinhas runners	SFMT	24	2:56:39.05	4.08	1:46:33
143	663	Nuno Afonso,	Afonso	M55MT	3	2:57:25.08	4.06	1:47:19
144	668	Luis Rufo,	Rookies	SMMT	48	2:57:25.68	4.06	1:47:20
145	546	ROSARIO CARDOSO,	CLUBE ATLETISMO DE BRITO	F40MT	19	2:58:31.38	4.03	1:48:25
146	547	LUCIA OLIVEIRA,	CLUBE ATLETISMO DE BRITO	F40MT	20	2:58:34.34	4.03	1:48:28
147	620	EMILLA SOUSA,	CLUBE ATLETISMO DE BRITO	M45MT	11	2:58:36.16	4.03	1:48:30
148	667	Susana Guimarães,	Rookies	SFMT	25	2:58:51.28	4.03	1:48:45
149	669	Filipe Fonseca,	Rookies	SMMT	49	2:58:51.45	4.03	1:48:45
150	665	Cesar Andrade,	Rookies	SMMT	50	2:58:54.16	4.02	1:48:48
151	662	Carla Afonso,	AFONSOS	F45MT	12	2:58:55.75	4.02	1:48:50
152	666	Margarida Costa,	Rookies	SFMT	26	2:58:55.77	4.02	1:48:50
153	637	José Mendes,	corre corre	M60MT	3	2:58:57.88	4.02	1:48:52
154	671	Luis Barboza,	Rookies	SMMT	51	2:58:59.09	4.02	1:48:53
155	639	Mariana Ferreira,	corre corre	SFMT	27	2:59:32.81	4.01	1:49:27
156	635	Eduardo Machado,	corre corre	SMMT	52	2:59:33.79	4.01	1:49:28
157	628	Tatiana Moran,		SFMT	28	3:00:06.78	4.00	1:50:01
158	626	Ivo Cordero,	Mafumade	SMMT	53	3:00:06.92	4.00	1:50:01
159	543	Sandra Jolo,	Mau's Therapy Trail Running	F40MT	21	3:03:59.62	3.91	1:53:54
160	636	Joana Ferreira,	corre corre	SFMT	29	3:06:05.66	3.87	1:56:00
161	634	António Félix,	corre corre	M55MT	4	3:06:11.16	3.87	1:56:05
162	554	Carla Iolanda Louca de Sá,	Comerías	F40MT	22	3:07:47.59	3.83	1:57:42
163	555	Nuno Soares,	Comerías	SMMT	54	3:10:39.70	3.78	2:00:34
164	550	Leuis Oliveira,	Comerías	SFMT	30	3:10:46.30	3.77	2:00:40
165	590	Carla Cunha,	Walking Inside Out	F40MT	23	3:24:33.04	3.52	2:14:27
166	592	Patricia Gomes,	Walking Inside Out	F40MT	24	3:24:33.52	3.52	2:14:28
167	551	Vania Carvalho,	Comerías	SFMT	31	3:29:43.99	3.43	2:19:38
168	549	Patricia Neto,	Comerías	F40MT	25	3:29:45.00	3.43	2:19:39
169	553	Mauzela Costa,	Comerías	F45MT	13	3:29:53.75	3.43	2:19:48
170	658	Zélia Rodrigues,	WALKING INSIDE OUT	F45MT	14	3:30:35.64	3.42	2:20:30
171	587	Dandra Carvalho,	Walking Inside Out	SFMT	32	3:30:59.20	3.41	2:20:53
172	586	Margarida Fernandes,	Walking Inside Out	SFMT	33	3:31:03.61	3.41	2:20:58
173	598	Liliana Gonçalves,	Walking Inside Out	SFMT	34	3:31:42.59	3.40	2:21:37
174	600	Angela Jesus,	Walking Inside Out	SFMT	35	3:31:42.69	3.40	2:21:37
175	599	Carlos Alves,	Walking Inside Out	SMMT	55	3:31:54.51	3.40	2:21:49
176	660	Paulo Silva,	WALKING INSIDE OUT	M40MT	14	3:33:05.80	3.38	2:23:00
177	570	Ana Santos,	Noticias de Colmeias Atletismo	SFMT	36	3:36:11.60	3.33	2:26:06
178	595	Daniela Crespo,	Walking Inside Out	SFMT	37	3:36:29.87	3.33	2:26:24
179	593	Adriana Figueiredo,	Walking Inside Out	SMMT	56	3:36:30.95	3.33	2:26:25
180	657	Tiago Lopes,	WALKING INSIDE OUT	SMMT	57	3:36:35.86	3.32	2:26:30
181	604	Juliana Melo,	Walking Inside Out	SFMT	38	3:36:36.75	3.32	2:26:31
182	606	Daniel Maia,	Walking Inside Out	SMMT	58	3:36:41.23	3.32	2:26:35
183	661	Sandra Cristel,	WALKING INSIDE OUT	F40MT	26	3:36:44.73	3.32	2:26:39
184	651	Carina Tomás,	WALKING INSIDE OUT	SFMT	39	3:36:53.32	3.32	2:26:47
185	648	Marta Duarte,	WALKING INSIDE OUT	F45MT	15	3:38:30.90	3.30	2:28:25
186	649	Pedro Martins,	WALKING INSIDE OUT	M45MT	12	3:38:37.36	3.29	2:28:31

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187	607	Sónia Lopes,	Walking Inside Out	F40MT	27	3:55:25.62	3.06	2:45:20
188	672	Carla Alexandra Correia,	WALKING INSIDE OUT	F40MT	28	3:55:32.05	3.06	2:45:26
189	901	Serodio, Liliana	Walking Inside Out	SFMT	40	3:55:33.26	3.06	2:45:27
190	708	Paulo Seródio,	WALKING INSIDE OUT	M40MT	15	3:55:44.03	3.05	2:45:38
191	652	Herminia Rosa,	WALKING INSIDE OUT	F55MT	2	4:01:29.35	2.98	2:51:23
192	659	Alexandrina Martins,	WALKING INSIDE OUT	SFMT	41	4:01:37.84	2.98	2:51:32
193	605	Edna Afonso,	Walking Inside Out	F50MT	3	4:02:53.88	2.96	2:52:48
194	602	Anabela Fernandes,	Walking Inside Out	F45MT	16	4:02:57.75	2.96	2:52:52
195	655	Patrick Alexandrino,	WALKING INSIDE OUT	M40MT	16	4:04:37.81	2.94	2:54:32
196	656	Estela Dias,	WALKING INSIDE OUT	F40MT	29	4:04:42.94	2.94	2:54:37
197	654	Paula Martins,	WALKING INSIDE OUT	F50MT	4	4:04:45.88	2.94	2:54:40
198	653	Francisco Lopes,	WALKING INSIDE OUT	M50MT	12	4:04:46.93	2.94	2:54:41
199	638	Sara Gabriela,	corre.come	SFMT	42	4:08:51.73	2.89	2:58:46
200	596	Sofia Gomes,	Walking Inside Out	F50MT	5	4:11:41.18	2.86	3:01:35
201	650	Núlia Campos Almeida,	WALKING INSIDE OUT	F50MT	6	4:11:43.13	2.86	3:01:37
202	597	Francisco Marques,	Walking Inside Out	M50MT	13	4:11:43.24	2.86	3:01:37
203	675	Sofia Sobra,	Metralhas Runners	SFMT	43	4:12:16.50	2.85	3:02:11
204	640	Marcia Pizzo,	Metralhas Runners	F40MT	30	4:12:26.89	2.85	3:02:21
205	609	Damela Barros,		SFMT	44	4:18:35.46	2.78	3:08:29