

Lugar	Dorsal	Sexo	Nome	País	Equipa	Escalão	Tempo	Diferença
1	2186	M	GUILHERME LOURENÇO	PORTUGAL	INDIVIDUAL	M SEN	04:17:08.990	00:00:00.000
2	2053	M	AGOSTINHO REIS	PORTUGAL	INDIVIDUAL	M SEN	04:27:25.497	00:10:16.507
3	2204	M	SERGIO SÁ	PORTUGAL	AGUIAS DE ALVELOS	M SEN	04:34:42.280	00:17:33.290
4	2184	M	MARCELO ARAÚJO	PORTUGAL	CIDEP FORNOS LUSAVOUGA	M SEN	04:35:33.270	00:18:24.280
5	2024	M	FERNANDO SANTOS	PORTUGAL	ABUTRES	M SEN	04:35:57.757	00:18:48.767
6	2156	M	CARLOS VIEIRA	PORTUGAL	CIDEP FORNOS LUSAVOUGA	M SEN	04:39:51.273	00:22:42.283
7	2181	M	PEDRO GARRIDO	PORTUGAL	OPRATICANTE.PT	M SEN	04:43:18.033	00:26:09.043
8	2155	M	GIL GOMES	PORTUGAL	RUNNERS DO DEMO	M SEN	04:56:12.293	00:39:03.303
9	2144	M	SERGIO VIEIRA	PORTUGAL	FÁTIMA TRAIL TEAM	M40	04:56:27.793	00:39:18.803
10	2120	M	CARLOS PEREIRA	PORTUGAL	MIRO TRAIL	M40	04:57:40.293	00:40:31.303
11	2196	M	ANTÓNIO OLIVEIRA	PORTUGAL	O QUE QUEREMOS É MONTE	M40	04:58:44.047	00:41:35.057
12	2201	M	JOÃO DIAS	PORTUGAL	MONTANHA CLUBE TRAIL RUNNING EFAPEL	M SEN	04:59:00.050	00:41:51.060
13	2114	M	RAFAEL MARTINS	PORTUGAL	RUNNERS DO DEMO	M SEN	05:03:08.550	00:45:59.560
14	2129	M	SÉRGIO MESQUITA	PORTUGAL	PRIMAL FIT RUNNERS TEAM	M40	05:08:17.057	00:51:08.067
15	2008	M	NUNO FARIA	PORTUGAL	CIDEP FORNOS LUSAVOUGA	M40	05:11:13.553	00:54:04.563
16	2171	M	JACINTO SOUSA	PORTUGAL	INDIVIDUAL	M SEN	05:11:21.313	00:54:12.323
17	2001	M	FERNANDO BASTOS	PORTUGAL	MONTANHA CLUBE TRAIL RUNNING EFAPEL	M SEN	05:17:31.313	01:00:22.323
18	2130	M	BRUNO SIMÕES	PORTUGAL	TRAIL BELA BELA	M SEN	05:17:31.567	01:00:22.577
19	2151	M	FILIPE MARQUES	PORTUGAL	TURRES TRAIL TEAM	M40	05:18:36.817	01:01:27.827
20	2038	M	LUÍS SILVA	PORTUGAL	ABCANSADO TRAIL	M SEN	05:21:41.567	01:04:32.577
21	2041	M	PAULO VENÂNCIO	PORTUGAL	SALAMANDRECOS	M40	05:21:55.320	01:04:46.330
22	2107	M	PEDRO NUNES	PORTUGAL	FORMOBIKE BTT & TRAIL RUNNING	M SEN	05:22:18.320	01:05:09.330
23	2182	M	CARLOS CARDOSO	PORTUGAL	RUNNERS DO DEMO	M SEN	05:24:46.827	01:07:37.837
24	2139	M	PAULO SANTOS	PORTUGAL	GRUPO DESPORTIVO FERREIRENSE	M50	05:25:19.827	01:08:10.837
25	2052	M	EDUARDO LOURENÇO	PORTUGAL	CCM TRAIL	M50	05:25:39.070	01:08:30.080
26	2099	M	JOÃO ESPIGUINHA	PORTUGAL	BORBA TRAIL / HELP 4U	M45	05:27:45.577	01:10:36.587
27	2083	M	ANDRÉ LEAL	PORTUGAL	VISEU 360°	M SEN	05:29:28.827	01:12:19.837
28	2115	M	RODOLFO SERRA	PORTUGAL	CLUBE DE PRAÇAS DA ARMADA	M SEN	05:31:49.830	01:14:40.840
29	2106	M	RAFAEL FERNANDES	PORTUGAL	MONTANHA CLUBE TRAIL RUNNING EFAPEL	M40	05:35:51.083	01:18:42.093
30	2185	M	TIAGO LOPES	PORTUGAL	INDIVIDUAL	M SEN	05:36:34.587	01:19:25.597
31	2193	M	NELSON LOURO	PORTUGAL	SHARISH GIN PIRANHAS DO ALQUEVA	M40	05:36:44.623	01:19:35.633
32	2162	M	NELSON FELIX	PORTUGAL	SHARISH GIN PIRANHAS DO ALQUEVA	M40	05:37:46.087	01:20:37.097
33	2189	M	RUI FERNANDES	PORTUGAL	INDIVIDUAL	M45	05:38:29.087	01:21:20.097
34	2183	M	GILBERTO BAPTISTA	PORTUGAL	INDIVIDUAL	M45	05:41:48.840	01:24:39.850
35	2095	M	PEDRO GOMES	PORTUGAL	SICÓTRILHOS	M SEN	05:44:24.090	01:27:15.100
36	2168	M	DOMINGOS TEIXEIRA	PORTUGAL	EDV - VIANA TRAIL	M40	05:45:50.843	01:28:41.853
37	2085	M	AGOSTINHO COSTA	PORTUGAL	NAC TRAIL.	M60	05:46:38.840	01:29:29.850
38	2011	M	EDUARDO GARCIA	PORTUGAL	ATLETISMO CLUBE DA TOCHA	M SEN	05:47:35.797	01:30:26.807
39	2086	M	LUIS LOBATO	PORTUGAL	COA / CORVUS TRAIL TEAM	M45	05:48:42.343	01:31:33.353
40	2119	M	BRUNO VIDEIRA	PORTUGAL	MIRO TRAIL	M SEN	05:49:12.093	01:32:03.103
41	2163	M	ANDRÉ SARAIVA	PORTUGAL	ADM TRAIL TEAM	M SEN	05:49:38.347	01:32:29.357
42	2009	M	ROGÉRIO PALMEIRO	PORTUGAL	BOAVISTA TRAIL	M40	05:54:00.590	01:36:51.600
43	2067	F	VIRGÍNIA PEREIRA	PORTUGAL	MRT MONSANTO RUNNING TEAM	F50	05:57:06.100	01:39:57.110
44	2112	M	ANDRÉ LOUZEIRO	PORTUGAL	SINESCROSSTRAINING	M SEN	05:57:10.350	01:40:01.360
45	2031	M	SIMAO CASTRO	PORTUGAL	COIMBRA TRAIL RUNNING	M40	05:58:13.347	01:41:04.357
46	2039	M	FÁBIO MENDES	PORTUGAL	ESGALHADA TRAIL TEAM	M SEN	05:58:32.597	01:41:23.607
47	2103	M	BRUNO MARCELINO	PORTUGAL	TREKKING NATURE TEAM RUNNING EILAR	M SEN	05:59:41.850	01:42:32.860

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48	2179	M	ANTONIO MAIA	PORTUGAL	TEAM TRAIL BEM VIVER	M SEN	06:00:03.643	01:42:54.653
49	2022	M	CÉSAR LOBO	PORTUGAL	O QUE QUEREMOS É MONTE	M40	06:01:14.603	01:44:05.613
50	2141	M	VITOR DINIZ	PORTUGAL	TOMAR RUNNERS	M45	06:02:56.360	01:45:47.370
51	2026	M	AMÍLCAR BRANCO	PORTUGAL	WISEU 360°	M45	06:03:30.877	01:46:21.887
52	2079	M	MIGUEL PEREIRA	PORTUGAL	ADAMARANTETRAILRUNNING	M SEN	06:05:03.357	01:47:54.367
53	2080	M	EDUARDO MEIRELES	PORTUGAL	SACA TRILHOS ANADIA	M60	06:06:26.853	01:49:17.863
54	2072	F	SONIA NETO	PORTUGAL	TOMAR RUNNERS	F40	06:07:01.600	01:49:52.610
55	2091	M	RUI PINHO	PORTUGAL	AKUAFIT	M40	06:10:55.857	01:53:46.867
56	2121	M	JOSELITO PEREIRA	PORTUGAL	MIRO TRAIL	M40	06:12:11.607	01:55:02.617
57	2117	M	VÁLTER LUÍS	PORTUGAL	FÁTIMA TRAIL TEAM	M40	06:12:46.607	01:55:37.617
58	2134	M	ADELINO AIRES	PORTUGAL	ALEXANDRA CARVALHO TEAM	M45	06:12:47.110	01:55:38.120
59	2010	M	CARLOS PEREIRA	PORTUGAL	AFIFENSETRAIL	M45	06:12:59.603	01:55:50.613
60	2093	M	MÁRCIO MADEIRA	PORTUGAL	LIZ RUNNERS	M40	06:13:38.357	01:56:29.367
61	2057	M	RUI FIGUEIREDO	PORTUGAL	RUNNERS DO DEMO	M40	06:14:47.107	01:57:38.117
62	2127	M	MIGUEL BARNABÉ	PORTUGAL	VERTICAL NAVIS	M50	06:16:22.143	01:59:13.153
63	2007	M	RUI FERREIRA	PORTUGAL	WISEU 360°	M40	06:16:38.857	01:59:29.867
64	2070	F	RUTE MARTINS	PORTUGAL	COA / CORVUS TRAIL TEAM	F SEN	06:16:56.107	01:59:47.117
65	2110	M	AURÉLIO QUIAIOS	PORTUGAL	SALAMANDRECOS	M40	06:17:34.360	02:00:25.370
66	2152	M	PAULO SOARES	PORTUGAL	CCV NATURE	M45	06:18:14.610	02:01:05.620
67	2013	M	JORGE NABAIS	PORTUGAL	COA / CORVUS TRAIL TEAM	M SEN	06:19:41.107	02:02:32.117
68	2122	M	CARLOS AZEVEDO	PORTUGAL	EJALI... CLUBE DE AMIGOS TRAILRUNNERS	M40	06:20:18.357	02:03:09.367
69	2126	M	MARCO DIAS	PORTUGAL	EJALI... CLUBE DE AMIGOS TRAILRUNNERS	M SEN	06:20:20.863	02:03:11.873
70	2021	M	FERNANDO HOMEM	PORTUGAL	C.A.S.P.A.(CLUBE AMADOR SÓ PARA ATLETISMO)	M40	06:21:13.357	02:04:04.367
71	2092	M	SIMÃO PETULANTE	PORTUGAL	COA / CORVUS TRAIL TEAM	M45	06:23:57.363	02:06:48.373
72	2015	M	NELSON SOUSA	PORTUGAL	DIRTRUNNERS	M50	06:24:35.607	02:07:26.617
73	2113	M	NUNO MOLEIRO	PORTUGAL	WERUN	M40	06:26:33.363	02:09:24.373
74	2027	M	BRUNO PINHEIRO	PORTUGAL	TRAIL TEAM MONTARIA	M SEN	06:29:04.363	02:11:55.373
75	2019	M	ANTONIO SOARES	PORTUGAL	OPRATICANTE.PT	M55	06:29:23.860	02:12:14.870
76	2044	M	DAVID PALMEIRO	PORTUGAL	MONTES SALOIOS TRAIL TEAM	M50	06:31:34.113	02:14:25.123
77	2200	M	ANTÓNIO NETO	PORTUGAL	INDIVIDUAL	M45	06:33:20.617	02:16:11.627
78	2081	M	PAULO ROQUE	PORTUGAL	FÁTIMA TRAIL TEAM	M45	06:35:19.363	02:18:10.373
79	2136	M	NUNO DUARTE	PORTUGAL	INDIVIDUAL	M40	06:37:36.120	02:20:27.130
80	2169	M	VÍTOR GRAÇA	PORTUGAL	ADM TRAIL TEAM	M SEN	06:38:18.370	02:21:09.380
81	2012	M	FERNANDO MARQUES	PORTUGAL	TRAIL RUNNERS FAMILY	M40	06:38:40.867	02:21:31.877
82	2174	M	HENRIQUE ANTUNES	PORTUGAL	BRUXOS RUNNERS	M SEN	06:40:02.867	02:22:53.877
83	2064	F	VERA ROCHA	PORTUGAL	ESPIGUEIROS RUNNERS- CAPARROSIHA	F SEN	06:41:26.367	02:24:17.377
84	2153	M	PAULO OLIVEIRA	PORTUGAL	O QUE QUEREMOS É MONTE	M50	06:41:45.127	02:24:36.137
85	2192	M	MARIO LIMA	PORTUGAL	INDIVIDUAL	M40	06:44:16.120	02:27:07.130
86	2004	M	NUNO FONTES	PORTUGAL	ARRIBAS	M SEN	06:45:04.117	02:27:55.127
87	2176	M	FILIFE FERREIRA	PORTUGAL	TEAM TRAIL BEM VIVER	M SEN	06:46:01.120	02:28:52.130
88	2178	M	DIONISIO FERREIRA	PORTUGAL	TEAM TRAIL BEM VIVER	M40	06:46:01.123	02:28:52.133
89	2043	M	MIGUEL BARROS	PORTUGAL	BOAVISTA TRAIL	M SEN	06:46:10.867	02:29:01.877
90	2194	M	VÍTOR RIBEIRO	PORTUGAL	INDIVIDUAL	M SEN	06:47:03.120	02:29:54.130
91	2002	M	FERNANDO OLIVEIRA	PORTUGAL	TRILHOS DO COSTUME	M60	06:47:10.117	02:30:01.127
92	2048	M	CARLOS COSTA	PORTUGAL	VIRIATOS TRAIL TEAM	M SEN	06:50:09.367	02:33:00.377
93	2125	M	MÁRIO MADEIRA	PORTUGAL	INDIVIDUAL	M SEN	06:50:47.370	02:33:38.380
94	2150	M	FRANCISCO REBELO	PORTUGAL	DESNIVEL NEGATIVO	M40	06:51:31.870	02:34:22.880

Lugar	Dorsal	Sexo	Nome	País	Equipa	Escalão	Tempo	Diferença
95	2172	M	FABRICE POLTEAU	FRANCE	EVADICT BY DECATHLON	M45	06:52:43.870	02:35:34.880
96	2180	M	JOSÉ DUARTE	PORTUGAL	CLAC-TRAILTEAM ENTRONCAMENTO	M40	06:52:45.120	02:35:36.130
97	2175	M	MIGUEL SANTOS	PORTUGAL	ARRIBAS	M50	06:52:46.370	02:35:37.380
98	2084	M	JORGE SANTOS	PORTUGAL	TEAM SANTOS TRAIL RUNNING	M50	06:55:08.370	02:37:59.380
99	2014	M	FILIPE ABREU	PORTUGAL	BOAVISTA TRAIL	M40	06:55:29.870	02:38:20.880
100	2076	F	MARTA COUTO	PORTUGAL	INDIVIDUAL	F40	06:55:32.120	02:38:23.130
101	2075	F	FLORENCIA AMONSKY	PORTUGAL	SALAMANDRECOS	F SEN	06:55:42.870	02:38:33.880
102	2124	M	LUÍS CARDOSO	PORTUGAL	RUNNING PRÁBJECA	M45	06:56:01.370	02:38:52.380
103	2197	M	RUI MADUREIRA	PORTUGAL	TEAM TRAIL BEM VIVER	M SEN	06:56:52.377	02:39:43.387
104	2105	M	ANGELO PINHO	PORTUGAL	GINASIO FIT4FUN	M45	06:57:12.620	02:40:03.630
105	2040	M	PEDRO RAMOS	PORTUGAL	TRILHOS DO COSTUME	M50	06:58:51.370	02:41:42.380
106	2006	M	ROGÉRIO FERNANDES	PORTUGAL	SÓBE - SÓ BIM EU	M40	06:59:08.370	02:41:59.380
107	2132	M	RICARDO REGO	PORTUGAL	ALEXANDRA CARVALHO TEAM	M SEN	06:59:08.617	02:41:59.627
108	2142	M	PAULO MENDES	PORTUGAL	DÃO NELAS RUNNERS	M40	07:00:49.870	02:43:40.880
109	2157	M	JONI ROCHA	PORTUGAL	TAINADAS RUN TEAM	M SEN	07:03:05.870	02:45:56.880
110	2078	M	PEDRO SANTOS	PORTUGAL	LAMA SOLTA	M SEN	07:03:09.870	02:46:00.880
111	2055	M	JOAQUIM SILVA	PORTUGAL	LEÕES DE TARDARIZ	M55	07:03:51.870	02:46:42.880
112	2042	M	NÉLIO GIRÃO	PORTUGAL	FORMOBIKE BTT & TRAIL RUNNING	M40	07:06:23.370	02:49:14.380
113	2165	M	DAVID SOUSA	PORTUGAL	INDIVIDUAL	M45	07:06:31.373	02:49:22.383
114	2164	M	EDUARDO PINTO	PORTUGAL	PIRATAS RUNNING TEAM	M45	07:06:32.623	02:49:23.633
115	2104	M	RUI MACIEL	PORTUGAL	ALEXANDRA CARVALHO TEAM	M40	07:13:58.120	02:56:49.130
116	2170	M	RUI CUSTÓDIO	PORTUGAL	INDIVIDUAL	M40	07:14:43.873	02:57:34.883
117	2190	M	NEVILLE SUZMAN	PORTUGAL	INDIVIDUAL	M50	07:17:46.623	03:00:37.633
118	2090	M	JOAO NEVES	PORTUGAL	ASSOCIAÇÃO DESPORTIVA CULTURAL RIBEIRINHA ATIVA/CORPUSEVEN	M SEN	07:19:36.623	03:02:27.633
119	2045	M	LÃO ALEXANDRE	PORTUGAL	FIGUEIRA KAYAK CLUBE	M SEN	07:20:43.627	03:03:34.637
120	2016	M	RUI ESTEVES	PORTUGAL	TRILHOS DO COSTUME	M45	07:24:03.620	03:06:54.630
121	2056	M	MANUEL VICTORINO	PORTUGAL	CCD O ALVITEJO	M60	07:27:04.880	03:09:55.890
122	2023	M	ORLANDO FERREIRA	PORTUGAL	SABORES DO PAÇO/ZATOPEQUES	M60	07:28:04.627	03:10:55.637
123	2158	M	JORGE ANTUNES	PORTUGAL	ABCANSADO TRAIL	M40	07:30:56.877	03:13:47.887
124	2098	M	JOAQUIM BEXIGA	PORTUGAL	CLUBE OGMA	M50	07:32:18.877	03:15:09.887
125	2063	F	FERNANDA FRANÇA	PORTUGAL	CLUBE OGMA	F45	07:33:19.123	03:16:10.133
126	2096	M	PAULO SILVA	PORTUGAL	OCS - ARRÁBIDA TRAIL TEAM	M SEN	07:33:37.127	03:16:28.137
127	2198	M	JOSÉ MENDES	PORTUGAL	BOAVISTA TRAIL	M SEN	07:34:49.633	03:17:40.643
128	2202	M	RUI PINHO	PORTUGAL	INDIVIDUAL	M45	07:37:18.377	03:20:09.387
129	2177	F	VALÉRIE SANTOS	PORTUGAL	CASA DO BENFICA EM ABRANTES	F SEN	07:37:32.377	03:20:23.387
130	2191	M	EDUARDO FERREIRA	PORTUGAL	INDIVIDUAL	M45	07:39:07.377	03:21:58.387
131	2047	M	ANTÓNIO OLIVEIRA	PORTUGAL	OS FINOS	M45	07:39:45.877	03:22:36.887
132	2167	M	PAULO SOARES	PORTUGAL	ARRÁBIDA OBSTACLE RUNNERS	M45	07:40:52.627	03:23:43.637
133	2071	F	SÓNIA CARDOSO	PORTUGAL	RUNNING PRÁBJECA	F40	07:55:19.630	03:38:10.640
134	2051	M	RUI LIMA	PORTUGAL	TRILHOS DO COSTUME	M45	07:56:36.380	03:39:27.390
135	2137	M	PEDRO SARDINHA	PORTUGAL	ALVERCA URBAN RUNNERS	M45	07:56:56.883	03:39:47.893
136	2066	F	SANDRA SANTOS	PORTUGAL	TEAM SANTOS TRAIL RUNNING	F45	07:57:35.133	03:40:26.143
137	2131	M	PAULO LOPES	PORTUGAL	ALVERCA URBAN RUNNERS	M SEN	07:58:00.630	03:40:51.640
138	2077	F	ANABELA SILVA	PORTUGAL	PÉS DE CHUMBO RUNNERS	F SEN	07:58:04.880	03:40:55.890
139	2102	M	CARLOS FILIPE	PORTUGAL	INDIVIDUAL	M45	07:59:05.633	03:41:56.643
140	2034	M	JORGE ALVES	PORTUGAL	INDIVIDUAL	M45	08:00:27.130	03:43:18.140
141	2062	F	CÁTIA REIS	PORTUGAL	INDIVIDUAL	F SEN	08:01:48.640	03:44:39.650

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142	2195	M	ANTÓNIO SIMÕES	PORTUGAL	INDIVIDUAL	M50	08:02:45.383	03:45:36.393
143	2046	M	JOSÉ SILVA	PORTUGAL	TRILHOS DO COSTUME	M45	08:02:49.130	03:45:40.140
144	2018	M	MANUEL GUEDES	PORTUGAL	C.I.A. ALPENDORADA	M45	08:10:58.880	03:53:49.890
145	2082	M	MARCO PEDRO	PORTUGAL	CLAC-TRAILTEAM ENTRONCAMENTO	M40	08:17:24.637	04:00:15.647
146	2173	M	PEDRO VIDAL	PORTUGAL	OS FINOS	M45	08:21:00.640	04:03:51.650
147	2101	M	FILIPE LEITE	PORTUGAL	OS FINOS	M SEN	08:24:01.887	04:06:52.897
148	2089	M	SÉRGIO RODRIGUES	PORTUGAL	INDIVIDUAL	M60	08:35:12.143	04:18:03.153
149	2003	M	LUÍS SANTANA	PORTUGAL	TRILHOS DO COSTUME	M55	08:40:28.643	04:23:19.653
150	2054	M	MANUEL OLIVEIRA	PORTUGAL	LEÕES DE TARDARIZ	M45	09:13:28.413	04:56:19.423
151	2033	M	JOÃO ALMEIDA	PORTUGAL	KANINOS	M50	09:24:40.490	05:07:31.500
152	2068	F	CARMEN CRISTINO	PORTUGAL	TRILHOS DO COSTUME	F45	09:27:27.943	05:10:18.953