

Lugar	Dorsal	Nome	Equipa	Esc.	Tempo	Tempo Chip	Escalão
1	24	Pedro Arsénio	GFD RUNNING	1	00:32:20	00:32:20	Séniore M.
2	4	Carlos Silva	GFD RUNNING	2	00:32:28	00:32:28	Séniore M.
3	2	Carlos Cardoso	GFD RUNNING	3	00:32:32	00:32:32	Séniore M.
4	41	Pedro Rodrigues	GFD RUNNING	4	00:33:54	00:33:54	M45
5	1	Claudia Pereira	GFD RUNNING	1	00:36:11	00:36:11	F40
6	607	João Carlos Ferreira		5	00:36:11	00:36:09	Séniore M.
7	3	Nuno Romão	GFD RUNNING	1	00:36:12	00:36:12	M40
8	605	Rui Vicente		6	00:36:20	00:36:20	Séniore M.
9	379	Rui Pereira	Peniche @ Correr	2	00:36:29	00:36:24	M40
10	562	Diogo Azevedo	Vitória Futebol Clube	1	00:36:36	00:36:36	M35
11	594	Kevin Amoedo	Maisfitness	7	00:36:36	00:36:31	Séniore M.
12	31	Helder Grosso	GFD RUNNING	8	00:37:02	00:36:59	Séniore M.
13	585	Pedro Almeida	C.R.P. / Profiserv	2	00:37:02	00:37:00	M35
14	634	Catarina da Luz Fazendeiro Carvalho		1	00:37:14	00:37:14	Séniore F.
15	291	Mário Caseiro	Clube de Atletismo da Nazaré	1	00:37:24	00:37:22	M45
16	219	Flávio Santos	Federação Família Paz Mundial e Unificação	1	00:37:38	00:37:34	Juniore M.
17	576	António Rodrigues		3	00:37:42	00:37:37	M35
18	596	Paulo Jorge António Martins Ferreira		4	00:37:48	00:37:48	M35
19	305	EDUARDO CARDEIRA	CLUBE RECREATIVO AMIEIRINHENSE	9	00:37:50	00:37:49	Séniore M.
20	534	Ricardo simoes		1	00:37:52	00:37:47	M50
21	47	Nelson Santos	GFD RUNNING	10	00:37:58	00:37:56	Séniore M.
22	378	Peter Romão	Peniche @ Correr	11	00:38:14	00:38:09	Séniore M.
23	582	Joao Canas	C.R.P. / Profiserv	3	00:38:14	00:38:12	M40
24	548	Romeu Correia		4	00:38:21	00:38:17	M40
25	20	Ricardo Alexandre Craveiro dos Santos	GFD RUNNING	5	00:38:22	00:38:18	M35
26	420	José Geada	Correr Lisboa	2	00:38:36	00:38:35	M45
27	335	Luís Avelar		5	00:38:39	00:38:28	M40
28	306	Jose Raimundo	CLUBE RECREATIVO AMIEIRINHENSE	2	00:38:41	00:38:41	M50
29	603	João Cabaça		2	00:38:44	00:38:40	Juniore M.
30	311	Ruben Monteiro	RÓÓDINHAS-Santos Silva / OXYGEN-Gym & Fitness	6	00:39:02	00:38:54	M35
31	170	Jaime Nunes	Biscoitos	3	00:39:11	00:39:10	M45
32	40	David Fernandes	GFD RUNNING	6	00:39:12	00:39:10	M40
33	561	Pedro Miguel Ladeira Gonçalves		12	00:39:13	00:38:57	Séniore M.
34	160	Luís Rebelo	FALCÕES SELVAGENS	3	00:39:13	00:39:11	M50
35	188	Nuno Carrasqueiro	Casa do Benfica Torres Vedras	7	00:39:14	00:39:09	M40
36	581	Guilherme Lourenço	C.R.P. / Profiserv	13	00:39:27	00:39:17	Séniore M.
37	44	Rui Palma	GFD RUNNING	8	00:39:28	00:39:25	M40
38	117	Carlos Manuel Alves Caetano		9	00:39:34	00:39:34	M40
39	126	Tiago Nascimento Tomás		14	00:39:38	00:39:33	Séniore M.
40	323	JOSÉ CASTRO	C.C.D. "O ALVITEJO"	1	00:39:41	00:39:35	M55
41	410	Pedro Afonso Pereira	Belém Runners	10	00:39:46	00:39:39	M40
42	459	João Marques	Alcatraz Peniche Runners	15	00:39:53	00:39:48	Séniore M.
43	631	VERONICA SCUTARU		1	00:39:54	00:39:54	F35
44	461	Luis Oliveira	Alcatraz Peniche Runners	11	00:39:55	00:39:48	M40

Lugar	Dorsal	Nome	Equipa	Esc.	Tempo	Tempo Chip	Escalão
45	361	Célio Anastácio	Peniche @ Correr	7	00:40:02	00:39:57	M35
46	377	Olivier Ferreira	Peniche @ Correr	16	00:40:04	00:39:59	Séniore M.
47	267	ANTÓNIO SILVINO	A.C.S.M. - ATLÉTICO CLUBE SÃO MAMEDE	4	00:40:14	00:40:04	M50
48	281	Bruno Amaro		8	00:40:18	00:39:58	M35
49	593	Kurt Mommen		5	00:40:19	00:40:16	M50
50	498	Henrique Cachado	CAOB Clube de Atletismo de Óbidos	3	00:40:24	00:40:24	Juniore M.
51	454	Pedro Marques	Conquista Ginásio	6	00:40:31	00:40:17	M50
52	453	Miguel Caetano	Conquista Ginásio	17	00:40:31	00:40:11	Séniore M.
53	22	Alexandra Sousa	GFD RUNNING	2	00:40:45	00:40:44	Séniore F.
54	579	Alexandre Araujo	C.R.P. / Profiserv	9	00:40:49	00:40:39	M35
55	472	Fabio Machado	#METRALHAS	18	00:40:58	00:40:44	Séniore M.
56	604	Carlos Cerdeira		10	00:40:59	00:40:42	M35
57	464	Tiago Gouveia	Alcatraz Peniche Runners	11	00:41:06	00:40:48	M35
58	460	Luis Marques	Alcatraz Peniche Runners	12	00:41:07	00:40:59	M40
59	584	Paulo Leandro	C.R.P. / Profiserv	4	00:41:07	00:41:04	M45
60	408	Inocência Amorim	Belém Runners	12	00:41:09	00:41:02	M35
61	230	Joao Mendes		19	00:41:11	00:41:05	Séniore M.
62	541	JOSÉ ALBERTO OLIVEIRA		7	00:41:12	00:40:59	M50
63	346	Paulo Silva	RÓÓDINHAS-Santos Silva / OXYGEN-Gym & Fitness	13	00:41:14	00:41:09	M40
64	512	BRAZ Virgilio		1	00:41:16	00:41:13	M60
65	413	Sara Marinho	Belém Runners	3	00:41:17	00:41:14	Séniore F.
66	42	Pedro Vieira	GFD RUNNING	14	00:41:31	00:41:27	M40
67	418	João Pereira	Aminhacorrída/Kalenji	13	00:41:38	00:41:28	M35
68	397	Jose Gonçalves	Amigos Atletismo Maфра	5	00:41:40	00:41:37	M45
69	26	Carla Ribeiro	GFD RUNNING	4	00:41:43	00:41:43	Séniore F.
70	499	Jorge Serrazina	CAOB Clube de Atletismo de Óbidos	2	00:41:51	00:41:30	M60
71	372	Miguel Barba	Peniche @ Correr	14	00:41:53	00:41:48	M35
72	592	João Pais		2	00:41:56	00:41:49	M55
73	179	Edgar Lopes	Balance Club	20	00:42:11	00:42:07	Séniore M.
74	46	Bruno Leite	GFD RUNNING	21	00:42:26	00:42:22	Séniore M.
75	467	Fernanda Marques Santinha		2	00:42:32	00:42:26	F40
76	483	Miguel Alexandre de Lemos de Oliveira e Carmo		6	00:42:35	00:42:29	M45
77	477	Luis Alberto	Foz365	15	00:42:38	00:42:21	M35
78	165	carlos veludo	ACLIS - Liberty Seguros	22	00:42:43	00:42:22	Séniore M.
79	336	Hélio Marques		15	00:42:43	00:42:37	M40
80	271	Paulo Malaquias	C.D. "Águias" Trail/Running	16	00:42:50	00:42:44	M40
81	542	JOSÉ FREDERICO BIEL		1	00:42:52	00:42:45	M65
82	300	Daniel Silva	RÓÓDINHAS-Santos Silva / OXYGEN-Gym & Fitness	16	00:43:08	00:43:00	M35
83	419	José Moreira	Correr Lisboa	17	00:43:10	00:43:10	M35
84	444	Adriano Araújo	Conquista Ginásio	18	00:43:12	00:42:59	M35
85	151	Luis reis		3	00:43:15	00:43:04	M55
86	310	Luis Miguel	RÓÓDINHAS-Santos Silva / OXYGEN-Gym & Fitness	17	00:43:18	00:43:09	M40
87	445	Amandio Caetano	Conquista Ginásio	8	00:43:21	00:43:16	M50
88	308	Victor Teixeira	CLUBE RECREATIVO AMIEIRINHENSE	9	00:43:22	00:43:18	M50

Lugar	Dorsal	Nome	Equipa	Esc.	Tempo	Tempo Chip	Escalão
89	273	Vasco Palma		19	00:43:31	00:43:11	M35
90	479	Mário Alberto	Foz365	18	00:43:39	00:43:18	M40
91	198	Nelson Marques dos Santos		20	00:43:41	00:43:33	M35
92	360	Rui Granada	Peniche @ Correr	21	00:43:42	00:43:36	M35
93	463	Pedro Neves	Alcatraz Peniche Runners	22	00:43:42	00:43:37	M35
94	240	Rui Bernardo	R4P	7	00:43:42	00:43:24	M45
95	29	Fernando Lopes	GFD RUNNING	8	00:43:43	00:43:40	M45
96	25	Artur Pinto	GFD RUNNING	23	00:43:43	00:43:40	M35
97	632	Sara Mendes	Maisfitness	5	00:43:45	00:43:39	Séniiores F.
98	279	isidro martins serra		3	00:43:46	00:43:43	M60
99	535	Nelson Perpétua		19	00:43:49	00:43:39	M40
100	456	SUSANA ALMEIDA		1	00:43:49	00:43:44	F45
101	54	José Silva	GFD RUNNING	10	00:43:50	00:43:44	M50
102	252	Gustavo Mil-Homens Pessa		20	00:43:53	00:43:36	M40
103	503	Sofia Duarte	CAOB Clube de Atletismo de Óbidos	1	00:43:55	00:43:46	Juniores F.
104	221	Carlos Ribeiro		11	00:43:56	00:43:51	M50
105	500	Luis Duarte	CAOB Clube de Atletismo de Óbidos	21	00:43:56	00:43:47	M40
106	248	filipe branco	u.r.d.arranhò	9	00:43:59	00:43:43	M45
107	489	João Valentim		4	00:44:03	00:43:54	M55
108	43	Rui Freitas	GFD RUNNING	24	00:44:04	00:43:58	M35
109	207	Rui Rego	Qualy - Produtos de Limpeza	23	00:44:15	00:44:08	Séniiores M.
110	148	Tiago Costa	Kaldas	24	00:44:16	00:43:55	Séniiores M.
111	384	Rui Almeida	GDINE	12	00:44:17	00:44:04	M50
112	327	JOAO GOMES	CLUBE RECREATIVO AMIEIRINHENSE	13	00:44:22	00:44:10	M50
113	365	José Passos	Peniche @ Correr	25	00:44:24	00:44:24	M35
114	284	Joao Pedro Dos Santos Albano		4	00:44:24	00:44:16	Juniores M.
115	112	Jack Edward Cutmore		5	00:44:26	00:44:14	M55
116	243	Pedro Pejapes	Clube de Atletismo da Nazaré	26	00:44:29	00:44:20	M35
117	475	Eugenio Vicente Rodriguez Martinez	Shiadu Team	25	00:44:32	00:44:12	Séniiores M.
118	406	Carlos Freitas	Belém Runners	10	00:44:32	00:44:30	M45
119	92	Mária Santos		6	00:44:33	00:44:32	Séniiores F.
120	35	Jorge Correia	GFD RUNNING	22	00:44:34	00:44:31	M40
121	544	PEDRO FIGUEIREDO		6	00:44:35	00:44:23	M55
122	194	Paul Pilton	Balance Club	11	00:44:43	00:44:38	M45
123	152	Cristóvão Casimiro	Não Fazemos Nem Mais Um... Km!	23	00:44:50	00:44:46	M40
124	583	Paulo Jesuino	C.R.P. / Profiserv	24	00:44:52	00:44:27	M40
125	447	Carlos Queiroz	Conquista Ginásio	12	00:44:57	00:44:41	M45
126	131	Leonel Adérito Fernandes de São José		13	00:45:08	00:44:37	M45
127	601	Otilio Martiniano		25	00:45:10	00:44:49	M40
128	492	Vera Vaz	Alvitejo	2	00:45:13	00:45:10	F35
129	255	Marco Sousa		27	00:45:15	00:44:58	M35
130	518	João Gonçalo Guerra Vinagre		26	00:45:16	00:44:50	Séniiores M.
131	108	António Reis		26	00:45:16	00:45:02	M40
132	580	Antonio Silva	C.R.P. / Profiserv	14	00:45:19	00:45:07	M50

Lugar	Dorsal	Nome	Equipa	Esc.	Tempo	Tempo Chip	Escalão
133	190	Ruben Coimbra Henriques da Costa		28	00:45:20	00:45:16	M35
134	256	Stéphane Michel Octave Fouqué	Oxygen Gym & Fitness	15	00:45:22	00:45:10	M50
135	174	Nelson Lopes	Balance Club	29	00:45:28	00:45:24	M35
136	103	Marco Lopes		30	00:45:33	00:45:12	M35
137	229	Gareth Reilly	NICSAC	27	00:45:33	00:45:13	M40
138	390	VIRGÍLIO MADEIRA	Açoreana Seguros	7	00:45:34	00:45:23	M55
139	247	andrè mota	u.r.d.arranhò	31	00:45:35	00:45:20	M35
140	400	Nuno Gomes		28	00:45:35	00:45:09	M40
141	424	Sofia Agostinho	Aminhacorrída/Kalenji	3	00:45:36	00:45:27	F35
142	328	Filipe Ramos		29	00:45:37	00:45:30	M40
143	233	Francisco Pereira	Açoreana Seguros	14	00:45:39	00:45:29	M45
144	313	Pedro Farinha		27	00:45:45	00:45:37	Séniiores M.
145	124	Júlio Reis		30	00:45:47	00:45:44	M40
146	209	Filipe Martins		28	00:45:49	00:45:40	Séniiores M.
147	280	Vitor Galego		15	00:45:49	00:45:40	M45
148	307	PAULO SIMÃO	CLUBE RECREATIVO AMIEIRINHENSE	16	00:45:53	00:45:27	M45
149	309	Antonio Ramalho		16	00:45:59	00:45:45	M50
150	357	Artur Correia	Foz365	31	00:46:08	00:45:48	M40
151	299	Fernando Manuel Pereira		17	00:46:08	00:45:59	M50
152	367	Ana Pescadinha	Peniche @ Correr	4	00:46:11	00:46:06	M35
153	637	Marina Ferreira		7	00:46:12	00:46:09	Séniiores F.
154	329	Ricardo Figueiredo		32	00:46:12	00:45:58	M40
155	234	Nelson Mota	Açoreana Seguros	17	00:46:13	00:46:03	M45
156	171	Rui Susano Mateus		18	00:46:16	00:46:12	M50
157	586	Rafael Lourenço	C.R.P. / Profiserv	32	00:46:18	00:46:08	M35
158	497	António Miranda	CAOB Clube de Atletismo de Óbidos	2	00:46:21	00:46:07	M65
159	136	Hilário Cardoso		19	00:46:22	00:46:16	M50
160	451	Mario Rui Pereira	Conquista Ginásio	20	00:46:24	00:46:08	M50
161	571	Dário Ferreira		33	00:46:28	00:46:23	M40
162	392	Miguel Miguel		33	00:46:32	00:45:56	M35
163	208	Tiago Barbosa	Qualy - Produtos de Limpeza	29	00:46:35	00:46:27	Séniiores M.
164	322	AIDA MARTINS	C.C.D. "O ALVITEJO"	1	00:46:38	00:46:34	F50
165	602	Délcio da Silva Mateus		30	00:46:45	00:46:28	Séniiores M.
166	369	Mário Remigio	Peniche @ Correr	34	00:46:47	00:46:41	M35
167	370	Marisa Figueiredo	Peniche @ Correr	3	00:46:47	00:46:44	F40
168	147	Paulo Costa	Kaldas	34	00:46:48	00:46:25	M40
169	324	ANTONIO GABRIEL SILVA BERNARDES		4	00:46:55	00:46:30	M60
170	156	Maria Roballo		8	00:46:57	00:46:50	Séniiores F.
171	202	José Duarte Araújo		21	00:46:58	00:46:32	M50
172	446	Artur Costa	Conquista Ginásio	22	00:47:03	00:46:48	M50
173	504	Pedro Passarinho		35	00:47:08	00:46:45	M35
174	514	António Manuel Oliveira Duarte		8	00:47:08	00:46:53	M55
175	599	Paulo Feliciano		23	00:47:13	00:46:38	M50
176	543	RUI PINA PEREIRA		9	00:47:15	00:47:04	M55

Lugar	Dorsal	Nome	Equipa	Esc.	Tempo	Tempo Chip	Escalão
177	227	carlos costa		24	00:47:18	00:46:54	M50
178	405	José Manuel Ferreira Marques		35	00:47:22	00:47:14	M40
179	116	AVELINO CARVALHO		10	00:47:28	00:47:17	M55
180	127	Sérgio Miguel Paiva Silva Alves Pereira		36	00:47:29	00:47:01	M40
181	549	Nuno Santos		36	00:47:29	00:47:12	M35
182	187	Elisabete Gomes	Casa do Benfica Torres Vedras	4	00:47:30	00:47:26	F40
183	468	Paulo Braga		18	00:47:33	00:47:11	M45
184	564	José Cunha Vicente		11	00:47:43	00:47:28	M55
185	231	Bruno Oliveira		37	00:47:46	00:47:17	M35
186	28	Margarida Godinho	GFD RUNNING	1	00:47:50	00:47:46	F55
187	220	Isabel Santos	Federação Família Paz Mundial e Unificação	2	00:47:51	00:47:47	F45
188	262	Fernando Manuel Lopes	Gil Eanes Running	37	00:47:54	00:47:42	M40
189	415	João Calisto		12	00:47:55	00:47:31	M55
190	545	Artur José Carvalho		25	00:48:02	00:47:49	M50
191	177	Miguel Carvalho	SS CGD	38	00:48:04	00:47:41	M35
192	204	Luis Costa		38	00:48:07	00:47:48	M40
193	268	José Guerreiro		13	00:48:10	00:47:44	M55
194	393	Paulo Fernandes		19	00:48:12	00:48:01	M45
195	382	Vitor Glória	Peniche @ Correr	20	00:48:12	00:48:05	M45
196	376	Nuno Silva	Peniche @ Correr	39	00:48:13	00:48:05	M40
197	555	Pedro Leal		21	00:48:16	00:47:59	M45
198	232	Cláudia Rosado		9	00:48:16	00:48:08	Séniiores F.
199	452	Mario Rui Soares	Conquista Ginásio	31	00:48:18	00:47:58	Séniiores M.
200	523	RAFAELA ALEXANDRA CAMÕES DOS SANTOS	DOLCE FURADOURO	2	00:48:18	00:48:13	Juniiores F.
201	522	MARIO LUIS COSTA DOS SANTOS	DOLCE FURADOURO	22	00:48:19	00:48:13	M45
202	312	Carlota Duarte Miranda		10	00:48:20	00:48:02	Séniiores F.
203	288	Francisco Julião		14	00:48:21	00:48:02	M55
204	412	Rui Afonso	Belém Runners	23	00:48:34	00:48:26	M45
205	494	Daniela Costa		11	00:48:35	00:48:27	Séniiores F.
206	23	André Riscado	GFD RUNNING	39	00:48:36	00:48:22	M35
207	301	Ivo Sousa	RÓÓDINHAS-Santos Silva / OXYGEN-Gym & Fitness	40	00:48:36	00:48:28	M35
208	570	Nuno Miguel da Silva Teixeira		32	00:48:36	00:48:32	Séniiores M.
209	587	Bruno Fialho	Conquista Ginásio	40	00:48:40	00:48:20	M40
210	457	António Estrelinha	Alcatraz Peniche Runners	41	00:48:42	00:48:35	M40
211	411	Pedro Favinha	Belém Runners	42	00:48:42	00:48:36	M40
212	314	Marta Nunes		12	00:48:43	00:48:36	Séniiores F.
213	258	Carlo Costa		43	00:48:56	00:48:44	M40
214	216	Nuno Álvares Pereira		15	00:48:56	00:48:47	M55
215	38	Luís Matos Pires	GFD RUNNING	24	00:49:02	00:48:57	M45
216	33	João Costa	GFD RUNNING	5	00:49:02	00:48:57	M60
217	34	João Magalhães	GFD RUNNING	41	00:49:03	00:48:59	M35
218	569	Huss Benjamin		33	00:49:05	00:48:30	Séniiores M.
219	244	Filipe Lino		34	00:49:06	00:48:34	Séniiores M.
220	429	João Quina	Guerreiros do Oeste	44	00:49:06	00:48:54	M40

Lugar	Dorsal	Nome	Equipa	Esc.	Tempo	Tempo Chip	Escalão
221	426	António Marques	Guerreiros do Oeste	45	00:49:07	00:48:56	M40
222	241	marco Miranda		35	00:49:12	00:48:47	Séniore M.
223	146	Fábio Fortunato	Kaldas	36	00:49:17	00:48:54	Séniore M.
224	115	Sílvia Martins		5	00:49:17	00:49:00	F40
225	104	Raphael Droga		37	00:49:20	00:49:00	Séniore M.
226	213	Catarina Marques Gaudencio	Oxygen Gym & Fitness	5	00:49:22	00:49:10	F35
227	228	Carlos Parente Rodrigues	Clube EDP - Lisboa	16	00:49:32	00:49:26	M55
228	201	Vitor Aguilar	run4fun	3	00:49:34	00:49:24	M65
229	192	Jorge Domingues	Balance Club	25	00:49:36	00:48:59	M45
230	448	Joana Ribeiro	Conquista Ginásio	13	00:49:37	00:49:09	Séniore F.
231	130	Eduardo Tavares		46	00:49:37	00:49:12	M40
232	495	Agostinho Brandão	CAOB Clube de Atletismo de Óbidos	17	00:49:40	00:49:28	M55
233	527	Delbrassine Niels		38	00:49:42	00:49:06	Séniore M.
234	242	Henrique Simão		26	00:49:43	00:49:21	M45
235	627	Leonor Reis	CAOB Clube de Atletismo de Óbidos	3	00:49:46	00:49:21	Juniore F.
236	506	António Carvalho	SaltaKatropa	27	00:49:49	00:49:24	M45
237	59	Daniel Madeira	Peniche @ Correr	42	00:49:50	00:49:36	M35
238	50	Abel Pina	GFD RUNNING	26	00:49:52	00:49:45	M50
239	120	Vitor Rodrigues		28	00:49:55	00:49:43	M45
240	157	Julio Patricio		27	00:50:04	00:49:53	M50
241	173	Carlos Condeço	Balance Club	28	00:50:25	00:50:21	M50
242	550	Miguel Pereira		5	00:50:26	00:50:08	Juniore M.
243	553	fernando patricio	3MDF	29	00:50:26	00:50:17	M45
244	297	Renato Gandini		47	00:50:27	00:50:12	M40
245	351	Marco Mendes	Correr Lisboa	43	00:50:28	00:49:58	M35
246	149	Tiago Pinto	Correr Lisboa	44	00:50:28	00:49:58	M35
247	191	Nuno Reis		45	00:50:30	00:49:50	M35
248	624	Sofia Santos		14	00:50:30	00:50:17	Séniore F.
249	358	Albertino Miguel Alves	Peniche @ Correr	46	00:50:49	00:50:42	M35
250	39	Luís Rosa	GFD RUNNING	30	00:50:55	00:50:48	M45
251	600	Filipe Ribeiro		39	00:50:56	00:50:20	Séniore M.
252	482	Rui Isabel		40	00:50:57	00:50:49	Séniore M.
253	225	Luís Filipe Silva Amaro		48	00:50:59	00:50:43	M40
254	239	Jorge Filipe	R4P	29	00:51:04	00:50:43	M50
255	597	David Chilton		49	00:51:04	00:50:43	M40
256	294	joao antunes		31	00:51:07	00:50:57	M45
257	265	José Miguel Cardoso Coelho		47	00:51:11	00:50:56	M35
258	623	magda simoes	3MDF	6	00:51:12	00:51:04	F35
259	119	Marco António		48	00:51:18	00:50:42	M35
260	577	Luis Pinto		50	00:51:29	00:51:16	M40
261	111	Nelson Mateus		49	00:51:30	00:51:13	M35
262	287	Jorge Mendes		51	00:51:36	00:51:05	M40
263	490	Rui Gonçalves	Alvitejo	52	00:51:43	00:51:39	M40
264	332	João Américo Caniço		53	00:51:59	00:51:46	M40

Lugar	Dorsal	Nome	Equipa	Esc.	Tempo	Tempo Chip	Escalão
265	481	Ricardo Jorge Aguiar		30	00:52:07	00:51:52	M50
266	109	Henrique Pedro Vale Costa Horta Horta		31	00:52:11	00:51:53	M50
267	409	João Rocha	Belém Runners	54	00:52:14	00:51:58	M40
268	529	Elena Surra	Portultalia	6	00:52:15	00:51:57	F40
269	134	Rodrigo Melo	CCC - Caracóis Com Caráter	32	00:52:19	00:51:45	M45
270	466	Nuno Gabirro	Oxygen Gym & Fitness	41	00:52:19	00:51:50	Séniiores M.
271	303	Sara Pedro	RÓODINHAS-Santos Silva / OXYGEN-Gym & Fitness	2	00:52:20	00:52:10	F50
272	348	Susana Santos	Federação Família Paz Mundial e Unificação	4	00:52:23	00:52:20	Juniores F.
273	567	João Sousa		32	00:52:25	00:51:50	M50
274	554	mario santos	3MDF	42	00:52:25	00:52:17	Séniiores M.
275	168	Hugo Fonseca		50	00:52:34	00:51:56	M35
276	144	Vasco Carvalho		51	00:52:42	00:52:13	M35
277	290	Pedro Silva		43	00:52:46	00:52:34	Séniiores M.
278	496	Ana Vieira	CAOB Clube de Atletismo de Óbidos	3	00:52:47	00:52:33	F45
279	249	gabriel antonio	u.r.d.arranhò	33	00:52:48	00:52:07	M50
280	167	Nelson Pinto		52	00:52:50	00:52:12	M35
281	436	Stewart kennedy	Lothian Running Club	33	00:52:51	00:52:21	M45
282	223	Hugo Figueiredo	HCP TEAM	44	00:52:53	00:52:21	Séniiores M.
283	57	Nuno Miguel Matos		55	00:52:53	00:52:34	M40
284	469	Filipe Gomes		6	00:52:57	00:52:36	Juniores M.
285	487	Rafael Constantino	Foz365	7	00:53:01	00:52:38	Juniores M.
286	270	Carla Correia		15	00:53:01	00:52:50	Séniiores F.
287	278	Reuben Teeuw		34	00:53:04	00:52:36	M45
288	203	Fernando Ernesto Campos Maia		35	00:53:06	00:52:46	M45
289	114	alice turnlund		4	00:53:10	00:52:38	F45
290	269	Ricardo Sousa		45	00:53:10	00:52:43	Séniiores M.
291	524	André Silva		46	00:53:11	00:52:52	Séniiores M.
292	525	Rita Afonso	Correr Lisboa	16	00:53:19	00:53:06	Séniiores F.
293	141	Ana Isabel Marques		5	00:53:19	00:53:15	F45
294	199	Nuno Taxeiro		47	00:53:20	00:53:20	Séniiores M.
295	588	Francisco Cachado	CAOB Clube de Atletismo de Óbidos	8	00:53:26	00:53:21	Juniores M.
296	101	Pedro M Silva	Oxygen Gym & Fitness	53	00:53:29	00:53:18	M35
297	145	Edite Rosa	Kaldas	7	00:53:36	00:53:12	F40
298	139	CASIMIRO SILVA		56	00:53:37	00:53:23	M40
299	118	Brian Gomes		48	00:53:40	00:53:18	Séniiores M.
300	449	João Ribeiro	Conquista Ginásio	49	00:53:57	00:53:29	Séniiores M.
301	389	TAM AFONSO	Açoreana Seguros	6	00:54:01	00:53:52	M60
302	511	Sérgio Ribeiro		57	00:54:14	00:53:39	M40
303	32	Inês Pereira	GFD RUNNING	6	00:54:21	00:54:08	F45
304	474	João Bento	#METRALHAS	50	00:54:31	00:54:17	Séniiores M.
305	285	Tiago Pinto		54	00:54:33	00:54:12	M35
306	226	Pedro Ribeiro		18	00:54:34	00:54:14	M55
307	353	CARINA DOS SANTOS VICENTE		17	00:54:43	00:54:26	Séniiores F.
308	352	NUNO SIMOES		58	00:54:43	00:54:25	M40

Lugar	Dorsal	Nome	Equipa	Esc.	Tempo	Tempo Chip	Escalão
309	493	nelson jose trindade morouço santos		59	00:54:48	00:54:25	M40
310	572	Pedro Vala		34	00:54:56	00:54:37	M50
311	218	José Manuel Cardoso		7	00:54:57	00:54:41	M60
312	259	Silvia Duarte Fernandes		7	00:54:58	00:54:38	F35
313	439	Carla Ribas		7	00:55:11	00:54:59	F45
314	334	Elisabete Assunção		8	00:55:12	00:54:53	F45
315	264	Mário Sena Gonçalves	Gil Eanes Running	36	00:55:13	00:54:59	M45
316	37	Liliana Louro	GFD RUNNING	8	00:55:15	00:55:05	F40
317	606	Rui Xavier		37	00:55:20	00:55:12	M45
318	55	José Miranda	GFD RUNNING	35	00:55:23	00:55:13	M50
319	590	António Xavier Ribeiro		4	00:55:23	00:54:46	M65
320	175	Liliana Agostinho		18	00:55:23	00:55:09	Séniiores F.
321	622	mafalda duarte	3MDF	9	00:55:25	00:55:15	F40
322	552	david canhoto	3MDF	51	00:55:27	00:55:18	Séniiores M.
323	416	Julia Calisto		3	00:55:28	00:55:03	F50
324	508	Ruben Pedroso	SaltaKatrepa	52	00:55:33	00:55:07	Séniiores M.
325	185	antonio barbas		38	00:55:35	00:55:01	M45
326	491	Sandra Antunes	Alvitejo	9	00:55:37	00:55:31	F45
327	505	Pedro Gonçalves		55	00:55:45	00:55:19	M35
328	433	Rita Inverno	Guerreiros do Oeste	19	00:55:48	00:55:36	Séniiores F.
329	162	Andreia Filipe		20	00:55:50	00:55:13	Séniiores F.
330	163	Armando Filipe		36	00:55:50	00:55:13	M50
331	478	Ana Baldeante	Foz365	8	00:55:50	00:55:29	F35
332	304	Ana Martins		9	00:55:54	00:55:43	F35
333	128	Beatriz Matias		10	00:55:57	00:55:32	F40
334	531	Rita Maria Resende Gomes Sousa Camacho Palma	Portultalia	11	00:55:57	00:55:38	F40
335	251	Victor Blanchard	Balance Club	5	00:56:02	00:55:37	M65
336	123	Luis Domingues		56	00:56:03	00:55:29	M35
337	193	Olga Mateus	Balance Club	4	00:56:03	00:55:31	F50
338	368	Márcio Marques	Peniche @ Correr	57	00:56:05	00:55:59	M35
339	364	João Vagos	Peniche @ Correr	60	00:56:05	00:55:56	M40
340	381	Vânia Alexandre	Peniche @ Correr	21	00:56:05	00:55:59	Séniiores F.
341	556	Sérgio Alves	Peniche @ Correr	61	00:56:05	00:55:58	M40
342	330	Ricardo Reixa		62	00:56:16	00:56:03	M40
343	254	Luísa Carvalhinho		10	00:56:27	00:56:05	F45
344	113	darren fosbury		63	00:56:43	00:56:13	M40
345	422	Nuno Fragoso		64	00:56:43	00:56:09	M40
346	142	Sónia Capitão-Mor	Correr Lisboa	10	00:56:50	00:56:21	F35
347	350	Antonio Batista		19	00:56:52	00:56:42	M55
348	217	Cristina Figueira		11	00:56:53	00:56:30	F35
349	237	Valter Pereira	PearTree	53	00:56:53	00:56:25	Séniiores M.
350	507	Paulo Pintor	SaltaKatrepa	54	00:57:00	00:56:34	Séniiores M.
351	64	Francisco Pinheiro		8	00:57:06	00:57:01	M60
352	11	Paula Lobo Antunes	GFD RUNNING	12	00:57:11	00:56:59	F40

Lugar	Dorsal	Nome	Equipa	Esc.	Tempo	Tempo Chip	Escalão
353	62	Bruno Inça		65	00:57:11	00:57:00	M40
354	12	Jorge Corrula	GFD RUNNING	58	00:57:13	00:56:59	M35
355	591	Paulo Lopes		39	00:57:16	00:56:56	M45
356	326	José Vivas	Pereira Vivas	55	00:57:16	00:56:57	Séniiores M.
357	325	Marline Pereira	Pereira Vivas	22	00:57:16	00:56:57	Séniiores F.
358	197	Susana Mendes		13	00:57:18	00:56:53	F40
359	568	Duarte Santos	CAOB Clube de Atletismo de Óbidos	9	00:57:22	00:56:57	Juniores M.
360	428	Fátima Silva	Guerreiros do Oeste	5	00:57:27	00:57:16	F50
361	563	Tiago Maçãs		59	00:57:30	00:57:09	M35
362	354	Hugo Miguel figueira paz freire venancio		60	00:57:36	00:57:15	M35
363	137	Joshua Brewer		40	00:57:38	00:57:05	M45
364	295	Paulo Jorge Dias BAptista		41	00:57:42	00:57:11	M45
365	172	FERNANDO DIAS		37	00:57:45	00:57:22	M50
366	257	Luís Proença		42	00:57:52	00:57:22	M45
367	224	Jorge Fialho	HCP TEAM	56	00:57:55	00:57:22	Séniiores M.
368	186	Diogo Lopes Barata	Correr Lisboa	61	00:58:13	00:57:43	M35
369	434	Sheila Tomaz	Guerreiros do Oeste	12	00:58:20	00:58:10	F35
370	320	FRANCISCO PONCIANO	primos	66	00:58:20	00:57:54	M40
371	391	Alexandre Batista		57	00:58:23	00:58:13	Séniiores M.
372	625	Silvia Espírito Santo		13	00:58:24	00:58:11	F35
373	292	Armando Jorge Silva		6	00:58:24	00:58:16	M65
374	121	Ana Isabem Castelhana Santos		14	00:58:29	00:58:11	F40
375	557	Pedro mendes		38	00:58:29	00:58:23	M50
376	633	Catarina Tavares Rebimbas		23	00:58:29	00:58:22	Séniiores F.
377	363	Inês Romão	Peniche @ Correr	24	00:58:30	00:58:20	Séniiores F.
378	560	Miguel Mendes		9	00:58:33	00:58:02	M60
379	608	Patrick Router		10	00:58:34	00:58:00	M60
380	338	José Carlos Fernandes Saraiva		39	00:58:37	00:58:20	M50
381	289	Antonio Bila		20	00:58:42	00:58:20	M55
382	135	Vicente Melo	CCC - Caracóis Com Caráter	10	00:58:44	00:58:12	Juniores M.
383	333	Oscar Assunção		43	00:58:47	00:58:27	M45
384	110	Maria Antonia Horta		6	00:58:52	00:58:19	F50
385	296	Vitor José da Silva Ferreira		40	00:58:52	00:58:40	M50
386	122	Sandra Cristina Inacio		15	00:58:53	00:58:36	F40
387	235	Adelaide Manhica	Team da PTZona	2	00:58:59	00:58:45	F55
388	58	Carlos Alberto Marques		7	00:59:07	00:58:45	M65
389	212	Maria Luísa Costa da Silva de Carvalho		7	00:59:08	00:58:50	F50
390	573	Selmo Santos	M.D.G	62	00:59:22	00:59:03	M35
391	236	Carmen Cristino	Team da PTZona	16	00:59:25	00:59:14	F40
392	317	Bruno Miguel Santos Alves	Oxygen Gym & Fitness	58	00:59:32	00:59:15	Séniiores M.
393	161	Nuno Filipe David Barros Marques		67	00:59:35	00:59:03	M40
394	394	Marta Fernandes		25	00:59:43	00:59:33	Séniiores F.
395	60	Andreia Tourais	GFD RUNNING	26	00:59:48	00:59:29	Séniiores F.
396	462	Marta Sabino	Alcatraz Peniche Runners	14	00:59:49	00:59:42	F35

Lugar	Dorsal	Nome	Equipa	Esc.	Tempo	Tempo Chip	Escalão
397	385	Maria Cidália Ribeiro		15	00:59:53	00:59:18	F35
398	383	Rui Quaresma		59	00:59:53	00:59:18	Séniiores M.
399	375	Nuno Chicharro	Peniche @ Correr	68	00:59:55	00:59:44	M40
400	362	Francisco Alves	Peniche @ Correr	44	00:59:55	00:59:45	M45
401	437	Edgar Nunes		63	00:59:59	00:59:33	M35
402	347	Sonia Sofia Lopes Pereira		17	00:59:59	00:59:33	F40
403	250	Fernando Manuel Pereira	PearTree	69	01:00:00	00:59:34	M40
404	401	Mário Lima		64	01:00:27	00:59:52	M35
405	628	Joana Reis		27	01:00:30	00:59:57	Séniiores F.
406	253	Rita Sofia Ferreira Cipriano	Oxygen Gym & Fitness	16	01:00:42	01:00:30	F35
407	438	João lourenço	Oxygen Gym & Fitness	65	01:00:42	01:00:26	M35
408	598	Grant Rogers		45	01:00:49	01:00:18	M45
409	635	Julie Ranger		17	01:00:49	01:00:19	F35
410	181	António Pescada Jorge	Oxygen Gym & Fitness	11	01:00:56	01:00:42	M60
411	10	Cláudia Semedo	GFD RUNNING	28	01:00:57	01:00:44	Séniiores F.
412	516	Rui Brunheta		46	01:01:10	01:01:02	M45
413	396	Joana Louro		18	01:01:17	01:00:53	F35
414	540	Antonio Jorge Ferreira		41	01:01:23	01:01:23	M50
415	558	Pedro honorio		42	01:01:29	01:01:22	M50
416	450	Lurdes Santos	Conquista Ginásio	29	01:01:32	01:01:03	Séniiores F.
417	626	Teresa Gray		8	01:01:40	01:01:17	F50
418	169	Dina Nunes	Biscoitos	18	01:01:41	01:01:30	F40
419	105	Albino Pacheco		21	01:01:47	01:01:25	M55
420	566	Rui Pedro Duarte de Almeida		60	01:01:50	01:01:20	Séniiores M.
421	565	Daniel Duarte de Almeida		61	01:01:50	01:01:20	Séniiores M.
422	266	Aida Silva		9	01:01:50	01:01:32	F50
423	440	Rui Melão		43	01:01:55	01:01:24	M50
424	636	Margriet Faber		19	01:01:59	01:01:29	F40
425	331	Sara Horta Maria	Oxygen Gym & Fitness	30	01:02:05	01:01:48	Séniiores F.
426	183	Leonel Jose Carreira Ribeiro	Oxygen Gym & Fitness	22	01:02:05	01:01:51	M55
427	425	Aline Teodósio	Guerreiros do Oeste	31	01:02:08	01:01:57	Séniiores F.
428	337	Irene da Conceição Esteves Inácio		11	01:02:17	01:02:01	F45
429	374	Nuno Barata	Peniche @ Correr	62	01:02:30	01:02:24	Séniiores M.
430	371	Marta Cação	Peniche @ Correr	32	01:02:30	01:02:21	Séniiores F.
431	286	Anabela Miranda	GFD RUNNING	12	01:02:49	01:02:30	F45
432	432	Marco Henriques	Guerreiros do Oeste	63	01:03:11	01:02:55	Séniiores M.
433	435	Susana Coito	Guerreiros do Oeste	19	01:03:12	01:03:02	F35
434	132	Filipe Melo	CCC - Caracóis Com Caráter	70	01:03:16	01:02:43	M40
435	21	Alberto Mosqueira	GFD RUNNING	66	01:03:17	01:03:14	M35
436	488	Teresa Filipa Ramalho		33	01:03:32	01:03:16	Séniiores F.
437	319	EUNICE SILVA	primos	13	01:03:32	01:03:08	F45
438	154	Cláudia Vieira da Silva		20	01:03:44	01:03:11	F40
439	386	luís miguel branco de miranda		71	01:03:48	01:03:24	M40
440	215	Rui Campos	Oxygen Gym & Fitness	72	01:04:01	01:03:26	M40

Lugar	Dorsal	Nome	Equipa	Esc.	Tempo	Tempo Chip	Escalão
441	537	Pedro Alferes		47	01:04:16	01:04:04	M45
442	414	Cláudia Ramalhosa		34	01:04:34	01:04:08	Séniiores F.
443	476	Santo Sylvie	Shiadu Team	3	01:04:46	01:04:25	F55
444	318	almerinda frazao		4	01:04:48	01:04:32	F55
445	176	Joana Friezas	SS CGD	20	01:05:23	01:05:00	F35
446	528	Dora Cristina Russo Angelino	Portultalia	21	01:05:38	01:05:19	F35
447	559	David Simao		64	01:05:40	01:05:05	Séniiores M.
448	238	Vera Pereira	PearTree	22	01:05:41	01:05:13	F35
449	272	Carla Marina		23	01:05:47	01:05:30	F35
450	102	Ricardo Cordeiro		48	01:06:06	01:05:39	M45
451	140	Fernando Nunes		73	01:06:13	01:05:31	M40
452	56	Susana Mesquita	GFD RUNNING	21	01:06:19	01:05:56	F40
453	345	Ruben Alexandre Marques Fernandes		11	01:06:19	01:05:47	Juniores M.
454	387	IDALINA MADEIRA	Açoreana Seguros	5	01:06:27	01:06:04	F55
455	344	Rui Manuel Ferreira Fernandes		49	01:06:28	01:05:55	M45
456	246	INÊS MORAIS		22	01:06:46	01:06:22	F40
457	321	VANESSA NEVES	primos	24	01:07:14	01:06:49	F35
458	484	Pedro Graca		67	01:07:19	01:06:56	M35
459	395	Margarida ferreira		14	01:07:33	01:07:23	F45
460	538	Ana Alferes		23	01:08:01	01:07:50	F40
461	539	Carine Alexandre		24	01:08:10	01:07:58	F40
462	245	CELIA TECELÃO		25	01:08:11	01:07:47	F40
463	298	Brigida Gandini		25	01:08:21	01:07:49	F35
464	373	Nélia Anastácio	Peniche @ Correr	26	01:08:33	01:08:25	F35
465	380	Susana Silva	Peniche @ Correr	27	01:08:33	01:08:25	F35
466	359	Miguel Pereira	Peniche @ Correr	50	01:08:33	01:08:25	M45
467	536	Celia Pereira		26	01:09:14	01:09:04	F40
468	342	Claudia Soares		35	01:09:57	01:09:42	Séniiores F.
469	349	eugénia isidoro		6	01:10:04	01:09:47	F55
470	150	Carla Ferreira	Correr Lisboa	28	01:10:04	01:09:35	F35
471	509	Pedro Gray		44	01:10:26	01:09:45	M50
472	366	Luis Cambez	Peniche @ Correr	68	01:10:33	01:10:24	M35
473	427	Carla Umbelino	Guerreiros do Oeste	15	01:10:44	01:10:16	F45
474	180	Ana Teresa Rodrigues Roque dos Santos	Oxygen Gym & Fitness	16	01:10:45	01:10:30	F45
475	184	Maria Albertina da Fonte	Oxygen Gym & Fitness	10	01:10:45	01:10:30	F50
476	546	Francisco Amável Sarrasqueiro		8	01:11:07	01:10:53	M65
477	574	virgilio julio loureiro		9	01:11:42	01:11:27	M65
478	526	Luís Pedro Ferreira		45	01:11:49	01:11:37	M50
479	133	João Melo	CCC - Caracóis Com Caráter	10	01:11:49	01:11:15	M65
480	195	Sue Robbins	Balance Club	29	01:12:37	01:12:33	F35
481	547	Pedro Miguel Sarrasqueiro		69	01:12:58	01:12:44	M35
482	486	Ana Constantino	Foz365	17	01:13:25	01:13:01	F45
483	455	Sérgio Augusto		51	01:13:50	01:13:28	M45
484	407	Carlos Tiago	Belém Runners	70	01:14:14	01:13:50	M35

Lugar	Dorsal	Nome	Equipa	Esc.	Tempo	Tempo Chip	Escalão
485	260	Gustavo Fernandes		52	01:14:23	01:13:55	M45
486	210	Rita Gonçalves	Balance Club	36	01:15:11	01:14:39	Séniore F.
487	431	Magda Quina	Guerreiros do Oeste	30	01:15:21	01:14:53	F35
488	399	Soraia Santos	Oxygen Gym & Fitness	37	01:15:41	01:15:17	Séniore F.
489	398	Carla Vanessa Miguel	Oxygen Gym & Fitness	38	01:15:41	01:15:18	Séniore F.
490	471	Ema Miguel	#METRALHAS	39	01:16:10	01:15:45	Séniore F.
491	473	Filipa Costa	#METRALHAS	40	01:16:11	01:15:45	Séniore F.
492	517	Raquel Carneiro Ubach Trindade		41	01:16:33	01:16:06	Séniore F.
493	388	MA FEE HUNG	Açoreana Seguros	7	01:16:54	01:16:32	F55
494	200	Richard Hartwell		11	01:17:10	01:16:33	M65
495	520	Ana Sofia Guerra Vinagre Correia Santos		27	01:17:36	01:17:09	F40
496	519	Mafalda Carneiro Ubach Trindade Vinagre		42	01:17:42	01:17:15	Séniore F.
497	533	João Lourenço Leitão Vinagre		12	01:18:03	01:17:35	M65
498	355	Mário Rui		74	01:18:04	01:17:39	M40
499	430	Lara Veiga	Guerreiros do Oeste	43	01:18:18	01:18:08	Séniore F.
500	630	Sofia Nogueira		28	01:18:20	01:17:47	F40
501	589	Bruno Carvalho		71	01:18:21	01:17:47	M35
502	423	Silvia Barroso Mestre Mendes	Correr Lisboa	31	01:18:23	01:17:54	F35
503	164	Marco Bruno Garcia dos Reis		75	01:20:12	01:19:39	M40
504	138	Carina Soares da Silva		29	01:20:12	01:19:39	F40
505	356	Natercia Correia	Foz365	30	01:20:12	01:19:48	F40