



Lugar	Nº	Atleta	F. Etaria	FE	Tempo	Tempo Líquido	Percursos	Equipa
1	1699	TELMO SILVA	M2039	1	01:05:47	01:05:46	00:41:21	AM ATIBA
2	454	LUIS LIMA	M4044	1	01:06:07	01:06:05	00:41:22	NUCLEOEIRAS/SPOTZ
3	11	ARTUR SANTIAGO	M4044	2	01:06:49	01:06:42	00:41:21	NUCLEOEIRAS/SPOTZ
4	24	NUNO CARRAÇA	M2039	2	01:06:50	01:06:48	00:41:21	URCA
5	368	HELDER FERREIRA	M2039	3	01:09:10	01:09:07	00:43:15	UFCI TOMAR
6	1695	MARCO MELLO	M4044	3	01:09:21	01:09:20	00:43:15	AM ATIBA
7	1686	CLAUDIO CARDOSO	M2039	4	01:09:33	01:09:30	00:43:14	AM ATIBA
8	114	CARLOS LOPES	M2039	5	01:09:58	01:09:55	00:44:23	CRD AGUIAS UNIDAS
9	1645	FILIPE JANUARIO	M2039	6	01:10:16	01:10:11	00:44:11	CCDT AUT ALMADA
10	901	PEDRO MAIA	M2039	7	01:10:38	01:10:36	00:44:27	AA MAFRA
11	1697	PAULO MARTINS	M2039	8	01:10:43	01:10:43	00:44:26	AM ATIBA
12	924	RICARDO MESTRE	M4044	4	01:10:52	01:10:49	00:44:59	CD ASAS MILENIUM
13	1508	ALEXANDRE SOARES	M5054	1	01:11:19	01:11:17	00:44:27	CR LEOES P SALVO
14	1691	JOSE HEITOR	M5054	2	01:11:26	01:11:22	00:44:26	AM ATIBA
15	90	RICARDO PEREIRA	M2039	9	01:11:39	01:11:36	00:44:25	LESMAS ALOPRADAS
16	1706	CARLOS VAZ	M2039	10	01:12:05	01:12:05	00:45:08	D MONTE REAL
17	272	ANDRE FERREIRA	M2039	11	01:12:19	01:12:15	00:44:30	OESTE RUNNING
18	1503	CARLOS MENDES	M4044	5	01:12:31	01:12:28	00:45:15	NAZ ABOBODA
19	274	FRANCISCO PEDRO	M4044	6	01:12:33	01:12:33	00:00:00	OESTE RUNNING
20	1543	JOAO LUCAS	M4549	1	01:12:43	01:12:40	00:45:08	ODIMARQ
21	1737	JOSE JARMELA	M4549	2	01:13:23	01:13:16	00:45:14	NAZ ABOBODA
22	1660	VIRGILIO GOMES	M4044	7	01:13:32	01:13:27	00:45:38	GD MACEDO OCULISTA
23	110	RUI AFONSO	M4044	8	01:13:37	01:13:34	00:46:08	CRD AGUIAS UNIDAS
24	187	NUNO ALDINHAS	M2039	12	01:13:52	01:13:52	00:45:26	BV MONTEMOR NOVO
25	1245	MARTIM NUNES	M2039	13	01:14:10	01:14:00	00:46:37	INDIVIDUAL
26	1541	JOSE LOPES	M4549	3	01:14:13	01:14:11	00:46:24	ODIMARQ
27	659	ARETINO V MOTA	M5054	3	01:15:31	01:15:25	00:47:18	LINDA PASTORA SC
28	1698	RUI RODRIGUES	M2039	14	01:15:32	01:15:29	00:46:53	AM ATIBA
29	185	RODRIGO CARRILHO	M2039	15	01:16:07	01:16:05	00:46:25	BV MONTEMOR NOVO
30	1332	NUNO CARPINTEIRO	M2039	16	01:16:10	01:16:06	00:47:19	INDIVIDUAL
31	1540	LUCIANO CONCEIÇÃO	M4549	4	01:16:27	01:16:19	00:47:42	ODIMARQ
32	108	JOAQUIM CAPUCHO	M4549	5	01:16:29	01:16:25	00:47:57	CRD AGUIAS UNIDAS
33	1689	JOSE BORGES	M4044	9	01:16:30	01:16:28	00:47:42	AM ATIBA
34	859	ANDRE JANUÁRIO	M2039	17	01:16:33	01:16:27	00:48:26	INDIVIDUAL
35	1413	RICARDO LANCEIRO	M2039	18	01:16:37	01:16:34	00:48:34	INDIVIDUAL
36	112	JORGE AMARAL	M4044	10	01:16:39	01:16:31	00:48:03	CRD AGUIAS UNIDAS
37	1828	MANUEL MASCARENHAS	M2039	19	01:16:57	01:16:53	00:47:55	INDIVIDUAL
38	92	JORGE RODRIGUES	M4549	6	01:17:18	01:17:12	00:48:16	NS SÃO MIGUEL
39	1542	PAULO CARVALHO	M4044	11	01:17:32	01:17:18	00:48:11	ODIMARQ
40	55	JOSE FELIX	M4044	12	01:17:33	01:17:10	00:49:17	AA AVIS
41	111	PEDRO LUIS	M4044	13	01:17:39	01:17:31	00:49:08	CRD AGUIAS UNIDAS
42	1720	JOSE MAN	M2039	20	01:17:44	01:17:37	00:48:02	D MONTE REAL
43	1693	LUIS CANDEIAS	M2039	21	01:17:48	01:17:44	00:48:02	AM ATIBA
44	1694	LUIS DIAS	M4549	7	01:17:53	01:17:41	00:48:03	AM ATIBA
45	1026	MILTON SILVA	M2039	22	01:17:55	01:17:51	00:49:16	INDIVIDUAL

CM CASCAIS			20 KM CASCAIS			19 FEVEREIRO 2012		
46	429	MARIO CASSACA	M2039	23	01:17:58	01:17:55	00:49:49	GARMIN/ CO OEIRAS
47	1710	JOAO MARQUES	M4044	14	01:18:02	01:17:59	00:48:03	D MONTE REAL
48	1144	AUGUSTO PIRES	M5559	1	01:18:07	01:18:07	00:00:00	AA CHARNECA
49	918	RICARDO FRANCO	M2039	24	01:18:13	01:18:07	00:48:49	CD ASAS MILENIUM
50	1102	JOAO MAIA	M4549	8	01:18:25	01:18:20	00:48:26	A PARAQUEDISTAS TN
51	488	ANTONIO SANTOS	M5054	4	01:18:27	01:18:13	00:49:16	GD INE
52	647	JOAO RODRIGUES	M5054	5	01:18:27	01:18:23	00:48:49	UF DEGOLADOS
53	16	RICARDO FRADE	M4549	9	01:18:35	01:18:32	00:48:33	CCD SINTRENSE
54	1139	MARIO PARRULAS	M2039	25	01:18:39	01:18:22	00:49:17	INDIVIDUAL
55	1623	MIGUEL TEIXEIRA	M2039	26	01:18:39	01:18:33	00:49:16	WIKABOO
56	1340	LUIS LOURENÇO	M2039	27	01:18:43	01:18:37	00:49:15	INDIVIDUAL
57	427	JOSE MOREIRA	M2039	28	01:18:49	01:18:49	00:00:00	GARMIN/ CO OEIRAS
58	1757	DAVID FERNANDES	M2039	29	01:18:49	01:18:45	00:49:39	MIRANTENSE FC
59	113	PEDRO SILVA	M4044	15	01:18:50	01:18:42	00:49:39	CRD AGUIAS UNIDAS
60	23	CARLOS PIRES	M4044	16	01:18:59	01:18:52	00:49:17	URCA
61	400	RUI OLIVEIRA	M4044	17	01:19:04	01:19:02	00:48:57	AÇOREANA C BANIF
62	392	NUNO E SANTO	M4044	18	01:19:06	01:18:47	00:49:36	AÇOREANA C BANIF
63	189	ANTONIO GASPAR	M5054	6	01:19:08	01:19:01	00:49:42	BV MONTEMOR NOVO
64	673	JOAO GONÇALVES	M2039	30	01:19:08	01:19:03	00:49:15	INDIVIDUAL
65	1280	JOAO P M F CAPA	M2039	31	01:19:09	01:18:30	00:00:00	INDIVIDUAL
66	14	ROGERIO AZEVEDO	M4044	19	01:19:29	01:19:29	00:00:00	CCD SINTRENSE
67	603	MADEIRA MOREIRA	M5054	7	01:19:38	01:19:30	00:49:51	C SARGENTO ARMADA
68	1107	JOSE BORGES	M2039	32	01:19:38	01:19:34	00:49:16	A PARAQUEDISTAS TN
69	1434	PAULO FERREIRA	M2039	33	01:19:47	01:19:44	00:49:17	INDIVIDUAL
70	1649	SERGIO SANTOS	M4549	10	01:19:57	01:19:46	00:49:59	CCDT AUT ALMADA
71	1534	JOAO INOCENCIO	M4044	20	01:19:58	01:19:50	00:49:42	A VALE SILENCIO
72	1547	PEDRO GOMES	M2039	34	01:20:00	01:19:16	00:50:08	ODIMARQ
73	490	GONÇALO FERREIRA	M2039	35	01:20:01	01:19:56	00:49:58	GD INE
74	644	HENRIQUE MATIAS	M2039	36	01:20:08	01:20:00	00:49:50	INDIVIDUAL
75	462	FERNANDO CANDEIAS	M4044	21	01:20:14	01:20:10	00:49:44	SS CGD
76	254	PAULO ALVES	M2039	37	01:20:15	01:20:03	00:49:20	GD IN CASA MOEDA
77	259	RUI CORREIA	M2039	38	01:20:15	01:20:03	00:49:20	GD IN CASA MOEDA
78	390	MARIO GOMES	M4044	22	01:20:23	01:20:21	00:50:29	AÇOREANA C BANIF
79	453	FABIO FIGUEIREDO	M2039	39	01:20:32	01:20:23	00:50:10	NUCLEOEIRAS/SPOTZ
80	278	LUIS NOBRE	M4549	11	01:20:33	01:20:28	00:49:44	SFUAP
81	1108	RICARDO MENDES	M2039	40	01:20:34	01:19:56	00:50:27	A PARAQUEDISTAS TN
82	654	BRUNO PEREIRA	M2039	41	01:20:53	01:20:43	00:51:02	LINDA PASTORA SC
83	986	JOAO FERREIRA	M2039	42	01:20:53	01:20:53	00:00:00	GD JOANINHAS LEIAO
84	273	JOAQUIM RODRIGUES	M4044	23	01:21:09	01:20:53	00:51:02	OESTE RUNNING
85	739	PAULO SALGADO	M4549	12	01:21:10	01:21:00	00:51:07	INDIVIDUAL
86	519	ANTONIO REBELO	M4044	24	01:21:17	01:21:08	00:50:34	INDIVIDUAL
87	452	ABILIO AMADO	M2039	43	01:21:31	01:21:22	00:49:55	NUCLEOEIRAS/SPOTZ
88	1035	RICARDO VAZ	M2039	44	01:21:36	01:21:33	00:50:15	GAB FISIO DESPORTO
89	1764	CARLOS PALAS	M5054	8	01:21:50	01:21:47	00:51:22	INDIVIDUAL
90	600	RICARDO CABO	M2039	45	01:21:51	01:21:44	00:51:16	INDIVIDUAL
91	1741	PAULO OLIVEIRA	M4044	25	01:21:53	01:21:48	00:51:04	CCDP MUN CASCAIS
92	1033	JOAQUIM ANTUNES	M5559	2	01:22:00	01:22:00	00:00:00	ESC SEC M CAPARICA
93	1015	CARLOS PEREIRA	M6064	1	01:22:01	01:21:54	00:51:14	CD ASAS MILENIUM
94	1567	PEDRO ESTEVENS	M5054	9	01:22:11	01:22:04	00:51:31	C FERROV PORTUGAL
95	491	MARCO OLIVEIRA	M2039	46	01:22:23	01:22:17	00:51:10	GD INE
96	1597	NUNO PITA	M2039	47	01:22:25	01:22:19	00:50:51	CCDT METRO LX
97	466	JOAO MEDEIRO	M4549	13	01:22:42	01:22:37	00:51:51	SS CGD
98	1002	JOAO FRANCO	M5559	3	01:22:45	01:22:45	00:00:00	GDRC ZAMB S CALVO
99	586	NELIO CARVALHO	M2039	48	01:22:47	01:22:36	00:50:47	MAROTAS RUNNERS
100	762	ANDRE COSTA	M2039	49	01:22:49	01:22:38	00:51:13	INDIVIDUAL

CM CASCAIS			20 KM CASCAIS				19 FEVEREIRO 2012	
101	1721	ALMERINDO SECO	M5054	10	01:22:52	01:22:46	00:51:51	NAZ ABOBODA
102	764	NUNO VASCONCELOS	M2039	50	01:22:53	01:22:23	00:51:02	THUNDER RUNNERS
103	438	VITOR CABRITA	M4549	14	01:22:59	01:22:46	00:52:21	GARMIN/ CO OEIRAS
104	800	ANTONIO GOUVEIA	M2039	51	01:23:00	01:21:46	00:52:20	SOUSA GOUVEIA
105	1683	ANTONIO COSTA	M2039	52	01:23:07	01:22:53	00:49:24	AM ATIBA
106	1544	ROGERIO DUARTE	M4044	26	01:23:11	01:23:08	00:52:43	ODIMARQ
107	1585	FERNANDO GOMES	M2039	53	01:23:12	01:22:12	00:52:41	UNIDOS MANUTENÇÃO
108	177	ANTONIO PIRES	M4044	27	01:23:16	01:23:08	00:51:51	C PRAÇAS ARMADA
109	72	VEACESLAV IGNAT	M2039	54	01:23:18	01:22:56	00:51:51	GD JOANINHAS LEIAO
110	148	MANUEL FERREIRA	M5559	4	01:23:19	01:23:13	00:50:39	GRD RIBEIRA LAGE
111	987	CATARINA FERREIRA	F2039	1	01:23:22	01:23:11	00:51:51	GD JOANINHAS LEIAO
112	1282	LUIS FONTINHA	M4549	15	01:23:24	01:23:20	00:51:52	INDIVIDUAL
113	1684	ANTONIO ADRO	M4044	28	01:23:25	01:23:21	00:00:00	AM ATIBA
114	1289	KNOLL HILMAR	M5054	11	01:23:30	01:23:27	00:51:41	INDIVIDUAL
115	1735	SÉRGIO MONTES	M2039	55	01:23:34	01:23:25	00:52:02	NAZ ABOBODA
116	718	PAULO S P RODRIGUES	M4044	29	01:23:36	01:23:33	00:51:32	INDIVIDUAL
117	1520	AUGUSTO LOPES	M5559	5	01:23:37	01:23:32	00:51:38	GD SANTANDER TOTTA
118	1065	JOAQUIM ALEXANDRE	M4549	16	01:23:41	01:23:30	00:52:59	URD ARRANHO
119	94	PAULO NEVES	M4549	17	01:23:47	01:23:45	00:52:07	NS SÃO MIGUEL
120	1687	HERCULANO DOMINGUES	M5559	6	01:23:54	01:23:50	00:51:52	AM ATIBA
121	1833	ILIDIO FREIRE	M4549	18	01:24:06	01:24:04	00:51:39	GD INE
122	1584	RUI CARDOSO	M4044	30	01:24:08	01:23:07	00:52:41	UNIDOS MANUTENÇÃO
123	1641	ALBERTO CAPELA	M5559	7	01:24:08	01:23:15	00:00:00	JOVENS SERRA MINAS
124	1820	PEDRO BRAVO	M4044	31	01:24:08	01:23:29	00:52:41	INDIVIDUAL
125	1640	MANUEL PINTO	M5559	8	01:24:09	01:23:16	00:00:00	JOVENS SERRA MINAS
126	1538	MARCO MELO	M2039	56	01:24:13	01:23:58	00:53:04	A VALE SILENCIO
127	1678	JOAO XAVIER	M4044	32	01:24:17	01:24:10	00:51:33	GA OS PATRICIOS
128	9	JOAO MARQUES	M2039	57	01:24:26	01:24:24	00:51:57	GDR REBOLEIRA/ GFD
129	1653	CARLA PINTO	F4044	1	01:24:26	01:24:18	00:51:58	GD MACEDO OCULISTA
130	906	JOAQUIM MONTEIRO	M4044	33	01:24:27	01:24:09	00:52:58	AA MAFRA
131	1521	LUIS RAFAEL	M4044	34	01:24:27	01:24:22	00:51:03	GD SANTANDER TOTTA
132	455	LUIS BARATA	M2039	58	01:24:30	01:24:10	00:48:31	NUCLEOEIRAS/SPOTZ
133	401	RUI SILVA	M2039	59	01:24:34	01:24:15	00:53:05	AÇOREANA C BANIF
134	923	PAULO LOPES	M4044	35	01:24:35	01:24:15	00:53:13	CD ASAS MILENIUM
135	1842	MARCOS PEREIRA	M5559	9	01:24:37	01:24:12	00:53:00	INDIVIDUAL
136	448	SERGIO RIBEIRO	M2039	60	01:24:38	01:24:12	00:51:50	C PRAÇAS ARMADA TRIATLO
137	1747	NUNO ROCHA	M2039	61	01:24:40	01:24:26	00:52:51	GRCD LEIAO
138	1749	RUI NEVES	M4044	36	01:24:40	01:24:40	00:52:51	GRCD LEIAO
139	1639	CARLOS CLARO	M5559	10	01:24:47	01:23:54	00:00:00	JOVENS SERRA MINAS
140	724	PEDRO GABRIEL	M2039	62	01:24:49	01:24:37	00:53:05	AMIGOS PARQUE PAZ
141	1860	CARLOS SANTOS	M5054	12	01:24:52	01:23:37	00:00:00	INDIVIDUAL
142	709	JORGE BANHA	M2039	63	01:24:56	01:24:47	00:51:52	INDIVIDUAL
143	757	JOSE AUGUSTO	M2039	64	01:24:56	01:24:40	00:53:28	FALCOES SELVAGENS
144	503	ANTONIO COSTA	M4044	37	01:25:02	01:24:27	00:53:53	GEORUNNERS
145	903	LEANDRO REIS	M4044	38	01:25:05	01:25:04	00:52:52	AA MAFRA
146	34	JOSE DIOGO	M2039	65	01:25:07	01:24:58	00:52:45	CC LINDA VELHA
147	261	LEANDRO SANTOS	M5054	13	01:25:08	01:24:54	00:52:23	CCD EFACEC LX
148	1545	ANTONIO PAIAS	M5559	11	01:25:10	01:25:10	00:55:37	ODIMARQ
149	1624	ANTONIO LEMOS	M5054	14	01:25:15	01:24:56	00:53:27	WIKABOO
150	1655	FABIO FERREIRA	M2039	66	01:25:15	01:25:11	00:51:26	GD MACEDO OCULISTA
151	1714	JANUARIO COELHO	M5559	12	01:25:18	01:25:01	00:53:06	D MONTE REAL
152	387	LUIS ALBUQUERQUE	M4044	39	01:25:24	01:25:05	00:53:12	AÇOREANA C BANIF
153	1603	JOSE CUNHA	M4549	19	01:25:24	01:24:46	00:53:45	OS ZATOPEQUES
154	1314	CLEBY ARAÚJO	M2039	67	01:25:26	01:25:21	00:52:19	AMIGOS PARQUE PAZ
155	1873	FERNANDO VAZ	M4044	40	01:25:27	01:25:15	00:52:45	INDIVIDUAL

CM CASCAIS			20 KM CASCAIS			19 FEVEREIRO 2012		
156	1392	CARLOS LENZI	M4549	20	01:25:33	01:25:31	00:52:55	INDIVIDUAL
157	760	FERNANDO FIGUEIREDO	M4549	21	01:25:39	01:24:22	00:54:28	FALCOES SELVAGENS
158	909	LUIS M S BERNARDINO	M2039	68	01:25:41	01:25:31	00:52:44	INDIVIDUAL
159	1334	JORGE FERREIRA	M4549	22	01:25:41	01:25:16	00:51:23	INDIVIDUAL
160	169	RUI P ALMEIDA	M2039	69	01:25:46	01:25:24	00:53:17	CLUBE VODAFONE
161	1919	ESTEFAN M JERESKES	M2039	70	01:25:49	01:24:42	00:54:17	INDIVIDUAL
162	299	PEDRO MARTINHO	M4044	41	01:25:53	01:25:42	00:52:29	C MILLENNIUM BCP
163	300	???? ???? ?	M2039	71	01:25:53	01:25:41	00:52:29	C MILLENNIUM BCP
164	1548	NELSON COSTA	M4044	42	01:25:54	01:25:48	00:53:02	NA PAPAGAIOS CASCAIS
165	699	PAULO CORREIA	M2039	72	01:25:59	01:25:48	00:53:54	INDIVIDUAL
166	1278	ALEXANDRE M CANTIGA	M2039	73	01:25:59	01:24:57	00:54:23	INDIVIDUAL
167	117	ANTONIO SANTOS	M4549	23	01:26:00	01:26:00	00:00:00	CAA BELEM
168	367	JOSE BOUCEIRO	M4549	24	01:26:01	01:25:57	00:53:21	ADCR P JUDICIARIA
169	124	JOSE GORDILHO	M4549	25	01:26:02	01:25:42	00:54:14	CAA BELEM
170	396	PAULO PEREIRA	M4044	43	01:26:06	01:26:00	00:53:47	AÇOREANA C BANIF
171	1375	LUDGERO BRUNO	M2039	74	01:26:14	01:25:04	00:54:09	THUNDER RUNNERS
172	398	PAULO VENTURA	M4044	44	01:26:15	01:25:50	00:54:14	AÇOREANA C BANIF
173	1007	RAFAEL SEBASTIÃO	M2039	75	01:26:15	01:26:04	00:52:59	INDIVIDUAL
174	828	CARLOS P NEVES	M4549	26	01:26:18	01:25:49	00:53:30	SPORTISEL
175	1643	JOAQUIM ROSA	M4549	27	01:26:20	01:26:20	00:00:00	AA CHARNECA
176	109	VITOR JORGE	M4549	28	01:26:23	01:26:15	00:54:14	CRD AGUIAS UNIDAS
177	621	TONY ALMEIDA	M2039	76	01:26:24	01:26:12	00:53:50	INDIVIDUAL
178	740	JOSE MOUQUINHO	M2039	77	01:26:24	01:26:08	00:53:50	INDIVIDUAL
179	227	MANUEL VAZ	M5054	15	01:26:27	01:26:27	00:52:52	CLUBE STRESS
180	476	ORLINDO FIGUEIREDO	M6064	2	01:26:27	01:26:27	00:53:32	SS CGD
181	663	JOSE MAIO	M4549	29	01:26:36	01:26:28	00:54:17	AC PORTO SALVO
182	376	CARLOS CANDEIAS	M4044	45	01:26:40	01:26:21	00:54:15	AÇOREANA C BANIF
183	393	NUNO FORTE	M2039	78	01:26:41	01:26:16	00:54:14	AÇOREANA C BANIF
184	1726	AUGUSTO DIOGO	M4549	30	01:26:42	01:26:29	00:53:29	NAZ ABOBODA
185	1727	JOSE MELO	M5054	16	01:26:42	01:26:28	00:53:31	NAZ ABOBODA
186	814	ANTONIO VILELA	M4044	46	01:26:43	01:26:34	00:53:43	INDIVIDUAL
187	1048	ANTONIO FERNANDES	M4549	31	01:26:44	01:26:39	00:54:03	AD REAL ACADEMIA
188	132	JOAO ALVES	M5054	17	01:26:45	01:25:56	00:55:05	GA OS PATRICIOS
189	678	ANTONIO COIMBRA	M2039	79	01:26:49	01:26:37	00:53:48	INDIVIDUAL
190	1136	LUIS BATATA	M2039	80	01:26:50	01:26:25	00:54:50	INDIVIDUAL
191	1325	JOAO SILVA	M5054	18	01:26:50	01:26:24	00:51:58	CD MAFRA
192	682	JOSE PAJINHA	M5054	19	01:26:51	01:26:31	00:54:54	GD BV ALVERCA
193	1105	MANUEL GONÇALVES	M5559	13	01:26:51	01:26:38	00:53:37	A PARAQUEDISTAS TN
194	3	JOSE TEIXEIRA	M5054	20	01:26:56	01:26:39	00:54:02	CCDP MUN CASCAIS
195	1449	JOAO BRANCO	M2039	81	01:26:56	01:26:56	00:00:00	INDIVIDUAL
196	146	JOAO OLIVEIRA	M4549	32	01:26:57	01:25:45	00:55:23	GRD RIBEIRA LAGE
197	423	JOAO ANDRADE	M4044	47	01:26:58	01:26:37	00:53:59	GARMIN/ CO OEIRAS
198	389	LUIS PREGO	M5054	21	01:27:05	01:26:53	00:53:58	AÇOREANA C BANIF
199	496	ANIBAL GASPAR	M4044	48	01:27:07	01:26:50	00:53:30	CCD O ALVITEJO
200	1266	ALEXANDRE TEIXEIRA	M4549	33	01:27:13	01:27:02	00:54:04	INDIVIDUAL
201	410	EDUARDO RODRIGUES	M5054	22	01:27:18	01:27:10	00:53:03	GD CHELAS
202	612	ANTONIO RELVAS	M4549	34	01:27:22	01:27:19	00:54:15	INDIVIDUAL
203	115	PETER COOPER	M4549	35	01:27:23	01:27:03	00:54:13	CAA BELEM
204	443	HUGO MATOS	M2039	82	01:27:27	01:26:07	00:54:48	C PRAÇAS ARMADA TRIATLO
205	939	PAULO BRUNO	M2039	83	01:27:28	01:26:59	00:54:44	INDIVIDUAL
206	793	HENRIQUE ADREGA	M5559	14	01:27:29	01:26:55	00:54:50	AMIGOS CORRIDA.COM
207	1400	HUGO FONSECA	M2039	84	01:27:32	01:26:31	00:55:10	INDIVIDUAL
208	31	JOSE PEIXOTO	M7099	1	01:27:33	01:27:13	00:55:20	GA FREG VIDAIS
209	374	ANDRÉ QUARENTA	M4044	49	01:27:33	01:26:57	00:55:20	AÇOREANA C BANIF
210	397	PAULO TORRAO	M4044	50	01:27:33	01:26:56	00:55:19	AÇOREANA C BANIF

CM CASCAIS			20 KM CASCAIS			19 FEVEREIRO 2012		
211	1124	NUNO JORGE	M2039	85	01:27:33	01:26:40	00:55:11	INDIVIDUAL
212	1546	LUIS MIGUEL	M2039	86	01:27:35	01:27:21	00:53:23	ODIMARQ
213	294	NUNO ALMEIDA	M4044	51	01:27:36	01:26:47	00:54:31	C MILLENNIUM BCP
214	971	RUI LOPES	M5559	15	01:27:37	01:27:31	00:54:23	CD GRUPO BES
215	1464	NUNO CARVALHINHO	M2039	87	01:27:42	01:27:07	00:55:04	INDIVIDUAL
216	428	LUCIANO DANTAS	M4044	52	01:27:46	01:27:40	00:54:14	GARMIN/ CO OEIRAS
217	949	MIGUEL T SOUSA	M2039	88	01:27:48	01:27:23	00:55:19	C COLAB AXA
218	1471	ANDREW PENDLEBURY	M2039	89	01:27:50	01:27:39	00:53:24	INDIVIDUAL
219	1342	PAULO J R CARVALHO	M2039	90	01:27:51	01:27:44	00:53:31	INDIVIDUAL
220	630	RUI PINELA	M4044	53	01:27:53	01:27:37	00:54:46	INDIVIDUAL
221	277	PEDRO ALVAREZ	M2039	91	01:27:55	01:27:43	00:54:15	SFUAP
222	1889	RUI CRISTO	M2039	92	01:27:55	01:27:24	00:55:18	INDIVIDUAL
223	1034	PAULO CALDEIRA	M2039	93	01:27:59	01:27:17	00:54:51	INDIVIDUAL
224	257	NUNO SOUSA	M2039	94	01:28:00	01:27:47	00:55:13	GD IN CASA MOEDA
225	907	JOAO PASTOR	M2039	95	01:28:03	01:27:29	00:55:13	AA MAFRA
226	1029	MASSIMO CAVALLI	M4044	54	01:28:08	01:27:30	00:55:16	INDIVIDUAL
227	919	AUGUSTO SEMEDO	M5054	23	01:28:10	01:27:49	00:55:32	CD ASAS MILENIUM
228	748	NUNO ANJOS	M2039	96	01:28:14	01:28:06	00:54:45	INDIVIDUAL
229	750	JOAO VIEGAS	M2039	97	01:28:14	01:27:12	00:56:54	GUARDS N RUNNERS
230	549	PEDRO C LIMA	M4549	36	01:28:15	01:28:02	00:54:48	INDIVIDUAL
231	876	MIGUEL LOUREIRO	M2039	98	01:28:15	01:27:13	00:56:55	GUARDS N RUNNERS
232	1601	PAULO BASILIO	M4044	55	01:28:15	01:27:22	00:55:22	OS ZATOPEQUES
233	314	HELDER VARANDA	M2039	99	01:28:16	01:27:10	00:54:16	ACADEMIA KORPO
234	858	FERNANDO MARQUES	M4044	56	01:28:16	01:28:09	00:54:50	INDIVIDUAL
235	1556	MIGUEL R TINTO	M4044	57	01:28:16	01:26:53	00:55:12	HOLMES PLACE
236	1862	CARLOS M A FERREIRA	M5559	16	01:28:16	01:27:11	00:55:26	INDIVIDUAL
237	1826	JOAQUIM BELO	M4549	37	01:28:18	01:28:09	00:54:14	INDIVIDUAL
238	125	HEITOR CARDOSO	M4549	38	01:28:20	01:27:47	00:00:00	CAA BELEM
239	1248	LUCIANO J C LOPES	M2039	100	01:28:21	01:27:33	00:55:27	INDIVIDUAL
240	782	JOSE CAMPOS	M4044	58	01:28:24	01:28:08	00:55:07	AMIGOS CORRIDA.COM
241	790	JORGE GODINHO	M4549	39	01:28:24	01:28:08	00:55:07	AMIGOS CORRIDA.COM
242	407	CARLOS RODRIGUES	M2039	101	01:28:25	01:28:16	00:53:57	GD CHELAS
243	1158	GONÇALO CARVALHO	M2039	102	01:28:29	01:28:16	00:54:46	GUARDS N RUNNERS
244	1688	JOSE SAMPAIO	M4549	40	01:28:31	01:28:29	00:52:49	AM ATIBA
245	1523	HAMILTON DIAS	M4044	59	01:28:36	01:27:50	00:55:33	GD SANTANDER TOTTA
246	572	ARMANDO TEIXEIRA	M4549	41	01:28:37	01:28:13	00:55:44	TRILHOS C TERCENA
247	409	PAULO CARDOSO	M5054	24	01:28:41	01:28:39	00:52:32	GD CHELAS
248	1091	ISIDRO B DUARTE	M4044	60	01:28:42	01:28:00	00:55:56	TARTARUGAS IMPARAVEIS
249	1129	ALCINDO ALMEIDA	M5054	25	01:28:43	01:27:49	00:55:04	INDIVIDUAL
250	1685	CARLOS LOPES	M4549	42	01:28:44	01:28:28	00:54:46	AM ATIBA
251	634	PEDRO FAVINHA	M2039	103	01:28:46	01:27:22	00:54:54	MATILHA RADICAL
252	1527	JOAO JESUS	M2039	104	01:28:48	01:27:25	00:56:27	GD SANTANDER TOTTA
253	690	RUI FREITAS	M2039	105	01:28:49	01:28:33	00:55:50	INDIVIDUAL
254	97	JOAO SANTOS	M5054	26	01:28:50	01:28:47	00:00:00	NS SÃO MIGUEL
255	1064	MANUEL SILVA	M2039	106	01:28:50	01:27:08	00:56:54	INDIVIDUAL
256	1145	ANTONIO RISCADO	M6064	3	01:28:50	01:28:50	00:00:00	AA CHARNECA
257	136	JOSE PEIXOTO	M5054	27	01:28:51	01:28:17	00:56:13	GRD RIBEIRA LAGE
258	1213	PAULO L SANTOS	M4044	61	01:28:52	01:27:43	00:54:49	INDIVIDUAL
259	665	PEDRO BUENO	M4044	62	01:28:53	01:28:45	00:54:46	AC PORTO SALVO
260	518	NUNO B COELHO	M4044	63	01:28:56	01:28:35	00:55:39	INDIVIDUAL
261	1146	FERNANDO DOMINGOS	M4549	43	01:29:00	01:29:00	00:00:00	AA CHARNECA
262	395	PAULO MORADIAS	M4549	44	01:29:01	01:28:52	00:55:22	AÇOREANA C BANIF
263	134	PAULO GUERREIRO	M4549	45	01:29:04	01:28:57	00:55:47	GA OS PATRICIOS
264	527	VITOR LEBRE	M2039	107	01:29:04	01:28:28	00:55:24	INDIVIDUAL
265	751	PAULO LIMA	M2039	108	01:29:04	01:28:21	00:55:58	PORTO RUNNERS

CM CASCAIS			20 KM CASCAIS			19 FEVEREIRO 2012		
266	484	AUGUSTO GASPAR	M5054	28	01:29:10	01:28:41	00:55:40	INDIVIDUAL
267	721	PEDRO TAROUCA	M4044	64	01:29:16	01:29:05	00:55:14	INDIVIDUAL
268	357	JORGE SANTOS	M2039	109	01:29:18	01:29:08	00:55:47	SC CASAINHOS
269	936	JOAO MAÇÃS	M4044	65	01:29:18	01:29:02	00:55:50	INDIVIDUAL
270	32	VICTOR MANSO	M4549	46	01:29:20	01:29:00	00:56:14	GA FREG VIDAIS
271	983	SERGIO MARTINS	M2039	110	01:29:20	01:28:37	00:56:01	INDIVIDUAL
272	98	LEONEL SALEIRO	M5054	29	01:29:23	01:28:06	00:55:42	NS SÃO MIGUEL
273	1549	JOSE CARLOS	M4549	47	01:29:25	01:29:19	00:00:00	NA PAPAGAIOS CASCAIS
274	1696	MIGUEL PALMA	M4044	66	01:29:30	01:29:21	00:55:16	AM ATIBA
275	271	RUI PINHEIRO	M2039	111	01:29:35	01:29:35	00:55:57	OESTE RUNNING
276	1839	PEDRO REGO	M2039	112	01:29:35	01:29:16	00:54:20	INDIVIDUAL
277	431	PAULA FERNANDES	F4549	1	01:29:36	01:29:33	00:55:26	GARMIN/ CO OEIRAS
278	836	CARLOS CASEIRO	M5559	17	01:29:36	01:29:07	00:56:13	LINDA PASTORA SC
279	598	IVO SILVA	M6064	4	01:29:37	01:29:24	00:55:28	INDIVIDUAL
280	1348	LUIS M SALES	M2039	113	01:29:37	01:29:34	00:55:26	INDIVIDUAL
281	356	CARLOS BAPTISTA	M5054	30	01:29:38	01:29:30	00:56:04	SC CASAINHOS
282	788	ANTONIO BELO	M6569	1	01:29:38	01:29:01	00:56:23	AMIGOS CORRIDA.COM
283	313	ALEXANDRE SILVA	M2039	114	01:29:39	01:28:32	00:56:03	ACADEMIA KORPO
284	1069	EDGAR FRANCISCO	M4549	48	01:29:45	01:29:36	00:00:00	URD ARRANHO
285	328	VICTOR SILVA	M4549	49	01:29:47	01:29:41	00:55:35	AA LEBRES SADO
286	995	TIAGO V MACHADO	M2039	115	01:29:48	01:28:30	00:56:33	INDIVIDUAL
287	323	ARTUR GONÇALVES	M2039	116	01:29:52	01:29:41	00:55:00	AA LEBRES SADO
288	1018	CARLOS CERQUEIRA	M2039	117	01:30:00	01:30:00	00:00:00	CD ASAS MILENIUM
289	1115	CLAUDIO GASPAR	M4044	67	01:30:00	01:29:58	00:55:41	INDIVIDUAL
290	1339	PEDRO SILVA	M2039	118	01:30:01	01:30:01	00:00:00	SOLINCA OEIRAS
291	302	ANTONINO OLIVEIRA	M4549	50	01:30:05	01:29:42	00:56:10	C MILLENNIUM BCP
292	996	PEDRO AFONSO	M4044	68	01:30:07	01:29:58	00:56:03	INDIVIDUAL
293	483	ADRIANO PRATE	M2039	119	01:30:14	01:29:44	00:56:22	HAND2HAND P RUNNERS
294	666	CARLOS DUARTE	M5559	18	01:30:14	01:30:05	00:56:22	AC PORTO SALVO
295	1723	JOAO SILVA	M4549	51	01:30:18	01:30:06	00:51:55	NAZ ABOBODA
296	53	JOAO CARVALHO	M6064	5	01:30:19	01:30:17	00:54:25	AA AVIS
297	57	FERNANDO COSTA	M4044	69	01:30:19	01:29:44	00:57:32	AA AVIS
298	1642	ANDRE RISCADO	M2039	120	01:30:20	01:30:20	00:00:00	AA CHARNECA
299	143	FERNANDO CORREIA	M4549	52	01:30:22	01:30:20	00:56:18	GRD RIBEIRA LAGE
300	655	ANDRE SILVA	M2039	121	01:30:22	01:29:47	00:00:00	LINDA PASTORA SC
301	657	MIGUEL SILVA	M5054	31	01:30:22	01:29:47	00:56:13	LINDA PASTORA SC
302	1717	TIAGO LIMA	M2039	122	01:30:23	01:29:47	00:57:01	D MONTE REAL
303	1793	RUI BATATA	M2039	123	01:30:24	01:29:59	00:55:54	INDIVIDUAL
304	447	MIGUEL CARNEIRO	M2039	124	01:30:25	01:29:04	00:55:39	C PRAÇAS ARMADA TRIATLO
305	1006	BRUNO ROLIM	M2039	125	01:30:25	01:29:03	00:54:49	A ROTA EM MOVIMENTO
306	1283	ANTONIO NASCIMENTO	M4044	70	01:30:27	01:29:35	00:59:31	HAND2HAND P RUNNERS
307	1591	ANTONIO GONÇALVES	M2039	126	01:30:28	01:30:13	00:56:45	CCDT METRO LX
308	168	PEDRO MENDONÇA	M2039	127	01:30:29	01:30:09	00:55:52	CLUBE VODAFONE
309	1722	JOSE PEREIRA	M6064	6	01:30:31	01:29:28	00:57:08	NAZ ABOBODA
310	963	RUI FERREIRA	M4044	71	01:30:34	01:30:29	00:56:28	REST O CARTAXEIRO
311	7	ARMANDO ALDEGALEGA	M7099	2	01:30:40	01:30:35	00:55:31	SPORTING CP
312	461	BERNARDINO PEREIRA	M7099	3	01:30:41	01:30:39	00:55:32	SS CGD
313	1293	JOAO VIEIRA	M2039	128	01:30:42	01:30:13	00:57:12	THUNDER RUNNERS
314	730	ALBERTO ANDRADE	M2039	129	01:30:44	01:30:02	00:56:16	INDIVIDUAL
315	714	LUIS NEVES	M2039	130	01:30:45	01:30:33	00:55:54	MARINHAIS AC
316	797	MANUEL AZEVEDO	M4044	72	01:30:47	01:30:31	00:55:23	AMIGOS CORRIDA.COM
317	1743	ANTONIO PUCARIÇO	M5054	32	01:30:47	01:29:58	00:57:07	CCDP MUN CASCAIS
318	1443	HUGO MACHADO	M2039	131	01:30:49	01:30:18	00:57:33	CCD TRANQUILIDADE
319	883	NUNO SANTOS	M4044	73	01:30:50	01:30:18	00:56:56	INDIVIDUAL
320	492	NUNO MARTINS	M2039	132	01:30:52	01:30:52	00:56:12	GD INE

CM CASCAIS			20 KM CASCAIS			19 FEVEREIRO 2012		
321	139	RUI FREITAS	M2039	133	01:30:54	01:30:03	00:57:35	GRD RIBEIRA LAGE
322	796	CARLOS MAMEDE	M2039	134	01:30:55	01:30:55	00:56:34	AMIGOS CORRIDA.COM
323	379	FAUSTO ISAAC	M4044	74	01:30:57	01:29:26	00:57:25	AÇOREANA C BANIF
324	1583	MANUEL SOARES	M4549	53	01:31:04	01:30:03	00:56:37	UNIDOS MANUTENÇÃO
325	1765	MIGUEL J C PINTO	M2039	135	01:31:06	01:29:52	00:56:36	INDIVIDUAL
326	668	JOSE SOUSA	M6064	7	01:31:07	01:30:59	00:56:07	AC PORTO SALVO
327	1766	DAVID A C LOPES	M2039	136	01:31:08	01:29:54	00:56:36	INDIVIDUAL
328	1576	PEDRO RAMOS	M5559	19	01:31:10	01:30:47	00:55:15	C FERROV PORTUGAL
329	1662	PAULO LOPES	M4044	75	01:31:11	01:30:08	00:53:08	GD MACEDO OCULISTA
330	1462	NUNO SANTOS	M2039	137	01:31:14	01:30:06	00:56:40	INDIVIDUAL
331	1647	JOSE CABRAL	M5054	33	01:31:14	01:30:45	00:56:37	CCDT AUT ALMADA
332	652	CARLOS BEATO	M2039	138	01:31:18	01:31:08	00:56:19	LINDA PASTORA SC
333	616	JOAO R G RODRIGUES	M4549	54	01:31:20	01:31:16	00:55:31	INDIVIDUAL
334	791	MIGUEL CABRAL	M2039	139	01:31:20	01:30:23	00:57:59	AMIGOS CORRIDA.COM
335	467	JOAQUIM FRADE	M5559	20	01:31:21	01:31:06	00:56:30	SS CGD
336	571	FRANCISCO JORGE	M4549	55	01:31:21	01:30:19	00:57:18	INDIVIDUAL
337	1385	JORGE FILIPE	M4549	56	01:31:23	01:30:38	00:57:24	INDIVIDUAL
338	1748	RUI MOREIRA	M2039	140	01:31:23	01:30:15	00:56:40	GRCD LEIAO
339	1088	NUNO OLIVEIRA	M2039	141	01:31:25	01:31:09	00:57:56	#1
340	296	ANTONIO BRAGA	M5054	34	01:31:26	01:31:05	00:57:18	C MILLENNIUM BCP
341	833	TITO HENRIQUES	M2039	142	01:31:31	01:30:16	00:58:18	INDIVIDUAL
342	927	WALTER SAMPAIO	M2039	143	01:31:32	01:30:48	00:57:56	CASCAIS PANDILHA
343	994	RUI SEQUEIRA	M2039	144	01:31:32	01:30:03	00:58:14	INDIVIDUAL
344	364	DAVID FREITAS	M4044	76	01:31:34	01:31:30	00:56:20	ADCR P JUDICIARIA
345	1161	ANTONIO P LOPES	M5054	35	01:31:40	01:31:32	00:55:28	CC ARGANIL
346	597	MIGUEL C FRANCISCO	M2039	145	01:31:41	01:30:42	00:57:49	INDIVIDUAL
347	27	ALEXANDRE DIAS	M4044	77	01:31:43	01:31:03	00:56:15	O CELEIRO MEMORIA
348	947	JOAO PAIXAO	M4044	78	01:31:43	01:31:02	00:58:24	NA PERNA ASSADA
349	526	GONÇALO FERREIRA	M2039	146	01:31:44	01:30:56	00:57:37	INDIVIDUAL
350	1054	PEDRO S ROSA	M2039	147	01:31:44	01:31:32	00:56:53	ADRC MATA BENFICA
351	435	PEDRO MENDES	M2039	148	01:31:48	01:31:23	00:57:07	GARMIN/ CO OEIRAS
352	702	PEDRO PEREIRA	M2039	149	01:31:48	01:30:45	00:57:40	OPTTEAMISTER
353	1008	PAULO DUARTE	M2039	150	01:31:49	01:31:42	00:55:22	INDIVIDUAL
354	1453	JOSE E VARELA	M2039	151	01:31:52	01:30:13	00:57:37	INDIVIDUAL
355	818	JOAO ROSA	M2039	152	01:31:53	01:30:50	00:57:47	GUARDS N RUNNERS
356	1420	BRUNO BRITO	M2039	153	01:31:54	01:31:03	00:58:40	INDIVIDUAL
357	1831	CUSTODIO ELIAS	M2039	154	01:31:55	01:31:04	00:56:51	INDIVIDUAL
358	1211	JORGE PAULINO	M5559	21	01:31:58	01:31:33	00:58:20	CD MAFRA
359	1515	ANTONIO LOURO	M2039	155	01:32:03	01:30:38	00:57:27	GD SANTANDER TOTTA
360	68	JOSE DIONISIO	M4549	57	01:32:05	01:31:49	00:57:48	MULTIFLOW
361	135	NELSON FONSECA	M2039	156	01:32:05	01:31:06	00:57:26	GA OS PATRICIOS
362	955	FLORIVAL FARIA	M6569	2	01:32:06	01:31:58	00:57:50	INDIVIDUAL
363	532	JOAQUIM P MARQUES	M4044	79	01:32:08	01:32:03	00:57:02	INDIVIDUAL
364	1254	EDUARDO LUÍS	M2039	157	01:32:09	01:31:51	00:57:14	ATOMIC TEAM
365	553	JOAQUIM LOPES	M4549	58	01:32:11	01:32:07	00:56:09	TRILHOS C TERCENA
366	817	JOAQUIM CAPELA	M4044	80	01:32:11	01:31:18	00:57:19	C BENFICA ALHANDRA
367	336	VITOR TAVARES	M4044	81	01:32:12	01:32:01	00:58:20	GDCT UNICRE
368	1635	ALFREDO SOUSA	M5559	22	01:32:14	01:31:46	00:56:56	A SACAVENENSE
369	799	ELISABETE SOUSA	F2039	2	01:32:16	01:30:51	00:59:20	SOUZA GOUVEIA
370	499	ANTONIO BRITO	M6064	8	01:32:20	01:31:03	00:00:00	OS GALGOS
371	1335	PEDRO COELHO	M2039	158	01:32:20	01:32:09	00:57:16	INDIVIDUAL
372	104	JOSE ALVES	M6064	9	01:32:23	01:32:09	00:57:01	NS SÃO MIGUEL
373	946	ANTONIO RICO	M2039	159	01:32:23	01:31:38	00:58:24	NA PERNA ASSADA
374	308	ROSA VASSANDULA	F2039	3	01:32:27	01:31:14	00:57:49	CRD ARRUDENSE
375	664	MANUEL ALVES	M4549	59	01:32:30	01:32:22	00:56:58	AC PORTO SALVO

CM CASCAIS			20 KM CASCAIS			19 FEVEREIRO 2012		
376	1286	MANUEL ALMEIDA	M5054	36	01:32:30	01:31:59	00:58:12	GRUPO CARMO
377	436	SUSANA ALMEIDA	F4044	2	01:32:31	01:32:26	00:57:38	GARMIN/ CO OEIRAS
378	164	JOAO M ROSA	M2039	160	01:32:32	01:32:10	00:58:27	CLUBE VODAFONE
379	712	JOSE LEAL	M2039	161	01:32:35	01:32:24	00:58:44	MARINHAI S AC
380	1485	JOAQUIM E OLIVEIRA	M4549	60	01:32:35	01:32:18	00:57:46	ACADEMIA LUMIAR
381	1474	JOSE C FORTE	M5054	37	01:32:37	01:32:14	00:57:54	REPORTPRO
382	244	JOAO CABELEIRA	M4549	61	01:32:40	01:31:17	01:00:02	CLUBE STRESS
383	1827	CARLOS SOUSA	M5054	38	01:32:45	01:32:30	00:56:39	INDIVIDUAL
384	934	JORGE GODINHO	M5054	39	01:32:49	01:32:38	00:58:17	INDIVIDUAL
385	528	ORLANDO A MARTINS	M5559	23	01:32:50	01:32:19	00:58:22	INDIVIDUAL
386	1001	LUCAS DELGADO	M5559	24	01:32:50	01:32:50	00:00:00	GDRC ZAMB S CALVO
387	102	JOAO SOARES	M5559	25	01:32:51	01:31:55	00:58:20	NS SÃO MIGUEL
388	1237	AFONSO C PINTO	M2039	162	01:32:54	01:32:43	00:57:38	INDIVIDUAL
389	381	FRANCISCO CALÇADA	M4549	62	01:32:55	01:32:52	00:57:20	AÇOREANA C BANIF
390	179	JOAO SANTOS	M4549	63	01:32:57	01:32:46	00:57:38	C PRAÇAS ARMADA
391	355	MANUEL BENTO	M2039	163	01:32:57	01:32:27	00:57:47	SC CASAINHOS
392	1374	EDUARDO RIBEIRO	M2039	164	01:32:57	01:32:27	00:57:59	INFOSISTEMA RT
393	100	MANUEL GOMES	M5054	40	01:32:59	01:31:31	00:59:01	NS SÃO MIGUEL
394	468	JOSE ALVES	M6064	10	01:32:59	01:32:24	00:59:02	SS CGD
395	354	ARMANDO CORREIA	M2039	165	01:33:01	01:32:32	00:57:47	SC CASAINHOS
396	433	PAULO SANTOS	M4044	82	01:33:02	01:32:38	00:57:59	GARMIN/ CO OEIRAS
397	1066	PAULO TOMÀS	M2039	166	01:33:03	01:32:54	00:57:14	URD ARRANHO
398	83	MANUEL PINHO	M5559	26	01:33:07	01:32:39	00:58:10	CASA SENNA
399	234	NUNO SANTOS	M2039	167	01:33:08	01:32:21	00:00:00	CLUBE STRESS
400	966	JULIO FERREIRA	M5559	27	01:33:09	01:33:02	00:57:59	CD GRUPO BES
401	973	LUIS LINO	M4044	83	01:33:09	01:33:02	00:57:58	CD GRUPO BES
402	1264	CARLOS FOLGADO	M5054	41	01:33:13	01:32:09	00:59:26	INDIVIDUAL
403	1604	JOSE MORAIS	M5054	42	01:33:14	01:32:21	00:59:24	OS ZATOPEQUES
404	1734	CARLOS DUARTE	M6064	11	01:33:14	01:32:42	00:58:09	NAZ ABOBODA
405	318	AUGUSTO BRITO	M5559	28	01:33:18	01:32:48	00:57:14	BOLOTAOBRA
406	786	ANTONIO SARAIVA	M5054	43	01:33:19	01:33:03	00:57:33	AMIGOS CORRIDA.COM
407	371	LUCIA OLIVEIRA	F2039	4	01:33:20	01:32:53	00:57:30	AÇOREANA C BANIF
408	372	RUTE MATOS	F4044	3	01:33:20	01:33:20	00:57:47	AÇOREANA C BANIF
409	1877	JOSE FAUSTINO	M5559	29	01:33:21	01:33:19	00:58:05	INDIVIDUAL
410	373	ANDRE CUNHA	M4044	84	01:33:22	01:32:49	00:56:54	AÇOREANA C BANIF
411	1731	JOSE OLIVEIRA	M4549	64	01:33:24	01:32:16	00:59:28	NAZ ABOBODA
412	1808	JOAO SANTOS	M2039	168	01:33:26	01:32:48	00:59:22	INDIVIDUAL
413	1365	PEDRO FERREIRA	M2039	169	01:33:29	01:32:07	00:59:01	CUN BOSTON
414	999	EURICO AGOSTINHO	M5054	44	01:33:30	01:33:30	00:00:00	GDRC ZAMB S CALVO
415	45	BRUNO MARSANO	M2039	170	01:33:31	01:32:14	00:59:39	CLUBE MARGINAL
416	591	JORGE DAVID	M4044	85	01:33:31	01:32:30	00:58:24	INDIVIDUAL
417	827	FERNANDO CARMO	M4549	65	01:33:31	01:32:23	00:59:05	SPORTISEL
418	851	VIRGILIO VINAGRE	M4044	86	01:33:37	01:32:54	00:59:58	INDIVIDUAL
419	1004	ANTONIO CLARA	M4549	66	01:33:40	01:33:40	00:00:00	GDRC ZAMB S CALVO
420	1291	ETIENNE LOPES	M2039	171	01:33:40	01:32:57	00:58:10	INDIVIDUAL
421	1210	DOUGLAS FRY	M5559	30	01:33:41	01:32:33	00:59:11	CD MAFRA
422	275	RUI SALES	M4549	67	01:33:43	01:33:07	00:59:05	OESTE RUNNING
423	1168	DANIEL V SIMOES	M2039	172	01:33:43	01:32:08	01:00:02	INDIVIDUAL
424	1021	CARLOS J C MARTINS	M4549	68	01:33:54	01:32:55	00:59:42	RUN 4 FUN
425	1736	PEDRO MARTINS	M2039	173	01:33:55	01:33:38	00:56:30	NAZ ABOBODA
426	1845	ERNESTO GUIA	M5559	31	01:33:55	01:33:35	00:59:38	INDIVIDUAL
427	1306	MARGARIDA GODINHO	F5099	1	01:33:56	01:33:51	00:58:42	INDIVIDUAL
428	96	BERNARDO GRADISSIMO	M5054	45	01:33:59	01:32:31	00:59:00	NS SÃO MIGUEL
429	1134	ANTONIO M M ALMEIDA	M4044	87	01:33:59	01:32:55	01:00:21	RB RUNNING
430	1143	ANDRE GUERREIRO	M2039	174	01:34:00	01:32:59	00:58:50	INDIVIDUAL

CM CASCAIS			20 KM CASCAIS			19 FEVEREIRO 2012		
431	1568	GUILHERME GONÇALVES	M5054	46	01:34:00	01:33:54	00:58:11	C FERROV PORTUGAL
432	1863	AMERICO COELHO	M5559	32	01:34:02	01:33:44	00:58:04	INDIVIDUAL
433	1511	RUI GLORIA	M2039	175	01:34:03	01:33:30	00:59:19	GDU CAXIENSES
434	1791	PEDRO FERREIRA	M2039	176	01:34:04	01:33:25	00:58:48	INDIVIDUAL
435	263	MANUEL FIDALGO	M5559	33	01:34:08	01:33:57	00:58:28	CCD EFACEC LX
436	1608	PAULO R A MARQUES	M4549	69	01:34:09	01:33:46	00:58:23	MARGINAIS
437	1884	LEONEL J T SANTOS	M5559	34	01:34:14	01:34:07	00:58:08	INDIVIDUAL
438	224	LUIS BARRELAS	M4044	88	01:34:23	01:33:36	00:58:44	CLUBE STRESS
439	585	JOAO ALMEIDA	M2039	177	01:34:24	01:33:07	00:59:02	MAROTAS RUNNERS
440	636	NUNO GAMEIRO	M2039	178	01:34:24	01:32:53	00:58:22	INDIVIDUAL
441	145	JOSUE FRADE	M2039	179	01:34:25	01:34:19	00:59:05	GRD RIBEIRA LAGE
442	1681	Mº CARMO PINTO	F4044	4	01:34:26	01:34:22	00:58:33	AM ATIBA
443	190	NUNO M REBOCHO	M2039	180	01:34:29	01:34:25	00:58:15	BV MONTEMOR NOVO
444	260	JOSE BARROCO	M5054	47	01:34:31	01:34:21	00:58:39	CCD EFACEC LX
445	683	JOAQUIM R REIS	M5054	48	01:34:31	01:33:54	00:58:39	INDIVIDUAL
446	1522	CARLOS TEIXEIRA	M2039	181	01:34:31	01:33:52	00:57:43	GD SANTANDER TOTTA
447	44	ALFREDO MATEUS	M6569	3	01:34:36	01:33:59	00:59:03	LINDA PASTORA SC
448	715	NUNO C CARMO	M2039	182	01:34:36	01:34:11	00:58:59	INDIVIDUAL
449	1219	JOAO GONCALVES	M2039	183	01:34:37	01:34:13	00:59:06	MEREDIANOS
450	517	PEDRO CUNHA	M2039	184	01:34:38	01:33:30	00:00:00	INDIVIDUAL
451	822	JOAO F PINTO	M2039	185	01:34:38	01:33:50	00:58:21	INDIVIDUAL
452	265	AMERICO SANTOS	M5054	49	01:34:40	01:33:08	00:00:00	CCD EFACEC LX
453	1003	JOAO CALÇADA	M4044	89	01:34:40	01:34:40	00:00:00	GDRC ZAMB S CALVO
454	1633	MILTON MELO	M2039	186	01:34:44	01:34:19	00:59:42	WIKABOO
455	1895	RODRIGO CORDEIRO	M2039	187	01:34:44	01:34:29	00:59:52	INDIVIDUAL
456	1896	RICARDO CORDEIRO	M2039	188	01:34:48	01:34:34	00:59:52	INDIVIDUAL
457	1682	MARIA VILAÇA	F2039	5	01:34:49	01:34:05	00:59:13	AM ATIBA
458	931	FATIMA SANTOS	F5099	2	01:34:50	01:34:07	00:59:38	CR LEOES P SALVO
459	1486	ALEXANDRE SILVA	M2039	189	01:34:51	01:34:44	00:58:37	INDIVIDUAL
460	426	FERNANDO MENDES	M5559	35	01:34:52	01:34:34	00:59:26	GARMIN/ CO OEIRAS
461	582	RUI CANDEIAS	M2039	190	01:34:53	01:33:33	01:00:17	OS FOGUETES
462	578	FRANCIS HALEY	M6064	12	01:34:56	01:34:41	00:59:05	INDIVIDUAL
463	1778	ANDRE FARINHA	M2039	191	01:34:57	01:34:19	00:59:57	INDIVIDUAL
464	1130	ANDREIA MELO	F2039	6	01:35:06	01:34:25	01:00:39	INDIVIDUAL
465	778	JOSE F MIRANDA	M5054	50	01:35:08	01:34:07	00:59:35	INDIVIDUAL
466	335	FERNANDO LUZ	M4044	90	01:35:11	01:35:01	00:58:21	GDCT UNICRE
467	446	PAULO GONÇALVES	M2039	192	01:35:12	01:33:50	01:00:15	C PRAÇAS ARMADA TRIATLO
468	103	FERNANDO SANTOS	M5559	36	01:35:13	01:34:26	00:59:14	NS SÃO MIGUEL
469	444	CRISTIANO PISCO	M2039	193	01:35:13	01:33:51	01:00:15	C PRAÇAS ARMADA TRIATLO
470	505	JOSE CORREIA	M5054	51	01:35:13	01:34:39	00:58:50	GEORUNNERS
471	432	PAULA LEMOS	F4549	2	01:35:14	01:35:09	00:57:59	GARMIN/ CO OEIRAS
472	1779	JOSE FERRAZ	M4549	70	01:35:16	01:35:00	00:58:53	INDIVIDUAL
473	1444	LUIS PASSOS	M2039	194	01:35:19	01:34:28	01:00:56	CCD TRANQUILIDADE
474	331	JOSE MILAGRES	M5559	37	01:35:20	01:34:12	00:00:00	GDCT UNICRE
475	998	JOAQUIM CALÇADA	M4549	71	01:35:20	01:35:20	00:00:00	GDRC ZAMB S CALVO
476	898	MANUEL FONSECA	M4549	72	01:35:24	01:35:14	00:58:27	AA LEBRES SADO
477	408	JORGE MARQUES	M4549	73	01:35:26	01:35:17	00:57:13	GD CHELAS
478	771	ROGERIO CERQUEIRA	M4549	74	01:35:26	01:34:38	00:59:07	INDIVIDUAL
479	1712	FRANCISCO GAROTO	M4044	91	01:35:27	01:35:09	00:59:04	D MONTE REAL
480	945	LUIS MENDES	M2039	195	01:35:29	01:34:48	00:58:51	NA PERNA ASSADA
481	1739	JOAO PEREIRA	M4549	75	01:35:30	01:35:30	00:00:00	CCDP MUN CASCAIS
482	247	RUI RAMALHAL	M4044	92	01:35:35	01:34:17	01:00:26	CLUBE STRESS
483	1364	DUARTE AMARAL	M4044	93	01:35:35	01:34:45	01:00:17	INDIVIDUAL
484	725	MIGUEL MARQUES	M5054	52	01:35:36	01:35:17	00:58:43	AMIGOS PARQUE PAZ
485	255	JOSE LIBERATO	M2039	196	01:35:43	01:35:25	00:59:50	GD IN CASA MOEDA

CM CASCAIS			20 KM CASCAIS			19 FEVEREIRO 2012		
486	1602	JORGE LEITAO	M4549	76	01:35:43	01:35:18	00:58:33	OS ZATOPEQUES
487	552	CARLOS A D MARQUES	M5054	53	01:35:45	01:35:41	00:56:51	TRILHOS C TERCENA
488	330	GONÇALO OLIVEIRA	M4549	77	01:35:46	01:35:36	00:59:28	GDCT UNICRE
489	95	OSVALDO REIS	M4549	78	01:35:48	01:34:31	00:59:41	NS SÃO MIGUEL
490	1571	MARIO SILVA	M5559	38	01:35:50	01:34:57	00:00:00	C FERROV PORTUGAL
491	783	JAIME SOUSA	M5054	54	01:35:55	01:35:26	01:00:18	AMIGOS CORRIDA.COM
492	1101	ANTONIO MAJOR	M4549	79	01:35:56	01:35:09	00:58:45	A PARAQUEDISTAS TN
493	958	MANUEL BATISTA	M4549	80	01:35:59	01:35:39	00:57:16	APOGMA
494	1425	ANTONIO COUTINHO	M5559	39	01:36:01	01:34:56	01:00:58	INDIVIDUAL
495	1787	ALEXANDRINO N AIRES	M5559	40	01:36:06	01:35:21	01:00:41	INDIVIDUAL
496	959	FERNANDO L FERNANDES	M5054	55	01:36:07	01:35:47	00:59:37	APOGMA
497	1387	NUNO SANTOS	M2039	197	01:36:07	01:35:10	01:01:06	INDIVIDUAL
498	1908	PAULO AMARAL	M4044	94	01:36:09	01:35:54	01:00:49	INDIVIDUAL
499	1526	ANTONIO FERREIRA	M4044	95	01:36:10	01:35:30	00:00:00	GD SANTANDER TOTTA
500	980	JOSE COSTA	M4549	81	01:36:12	01:35:26	01:00:54	INDIVIDUAL
501	137	VITOR T MARQUES	M2039	198	01:36:13	01:36:01	00:56:41	GRD RIBEIRA LAGE
502	1504	FABRICIO DIAS	M2039	199	01:36:14	01:34:35	00:57:06	CLUBE ANDDI
503	1154	FULVIO ESTEVES	M2039	200	01:36:15	01:33:55	01:02:25	INDIVIDUAL
504	1343	JOAO MELO	M5054	56	01:36:18	01:35:44	00:59:36	INDIVIDUAL
505	516	LICINIO MATOS	M2039	201	01:36:20	01:35:58	00:59:33	INDIVIDUAL
506	1598	FERNANDO MARQUES	M6064	13	01:36:20	01:36:13	00:59:43	CP EDP CARREGADO
507	1562	VLADIMIR KARDASH	M2039	202	01:36:21	01:36:11	01:02:26	HOLMES PLACE
508	524	FILIPE ENCARNANÇA	M2039	203	01:36:22	01:36:03	01:00:50	GANG DAS IMPERIAIS
509	1472	FERNANDO FERNANDES	M2039	204	01:36:30	01:36:23	00:59:42	INDIVIDUAL
510	418	ANTONIO ESTRELA	M4549	82	01:36:38	01:35:37	01:00:26	GARMIN/ CO OEIRAS
511	1501	FERNANDO ANTUNES	M4044	96	01:36:40	01:35:41	01:01:00	LESMAS ALOPRADAS
512	638	JOAO GONCALVES	M2039	205	01:36:44	01:35:59	01:00:27	INDIVIDUAL
513	380	FERNANDO CELESTINO	M5054	57	01:36:48	01:36:01	01:00:54	AÇOREANA C BANIF
514	952	CARLOS M VENÂNCIO	M5054	58	01:36:49	01:36:36	00:58:58	C COLAB AXA
515	1313	JOAO C SOUSA	M4549	83	01:36:55	01:36:42	01:00:12	INDIVIDUAL
516	1570	CARLOS SANTOS	M6064	14	01:36:56	01:36:19	01:00:13	C FERROV PORTUGAL
517	485	LUIS AMORIM	M5054	59	01:36:57	01:36:41	01:01:02	NA BEIERSDORF
518	182	ANTONIO BORLA	M6569	4	01:36:58	01:36:22	01:01:11	C PRAÇAS ARMADA
519	656	BERNARDINO ANTUNES	M5054	60	01:37:00	01:36:54	00:59:26	LINDA PASTORA SC
520	806	TIAGO SOUSA	M2039	206	01:37:01	01:36:31	01:00:53	INDIVIDUAL
521	352	NELSON DIAS	M2039	207	01:37:02	01:36:32	01:00:30	SC CASAINHOS
522	845	FILIPE VARANDAS	M2039	208	01:37:02	01:36:44	00:59:49	REPORTPRO
523	1056	FILIPE CARDEIRA	M2039	209	01:37:05	01:35:29	01:00:57	SMD CANEÇAS
524	312	JORGE SANTOS	M4044	97	01:37:08	01:36:02	00:58:49	ACADEMIA KORPO
525	315	HELDER FIGUEIREDO	M2039	210	01:37:08	01:36:01	00:58:49	ACADEMIA KORPO
526	316	JORGE PORTIJO	M2039	211	01:37:08	01:36:01	00:58:45	ACADEMIA KORPO
527	414	CARLOS SA	M4549	84	01:37:10	01:37:06	00:58:39	GD CHELAS
528	1416	NELSON SANTOS	M4044	98	01:37:10	01:35:56	01:01:21	INDIVIDUAL
529	1276	PEDRO BALEIA	M2039	212	01:37:12	01:35:47	01:00:39	INDIVIDUAL
530	1353	MANUEL CORREIA	M2039	213	01:37:12	01:36:55	01:01:12	INDIVIDUAL
531	911	NELSON ALVES	M2039	214	01:37:13	01:36:15	01:00:58	RUN 4 FUN
532	1294	NUNO CUNHA	M2039	215	01:37:14	01:36:27	01:01:10	INDIVIDUAL
533	325	JORGE COSTA	M5559	41	01:37:15	01:37:02	01:00:22	AA LEBRES SADO
534	87	LUISA SANTO	F4044	5	01:37:17	01:37:06	01:00:57	LESMAS ALOPRADAS
535	635	LUIS M C PEREIRA	M2039	216	01:37:18	01:37:09	00:58:02	INDIVIDUAL
536	286	LUIS COSTA	M4549	85	01:37:23	01:37:23	01:01:18	BAMOXIMBORA
537	1514	MANUEL ROBALO	M6569	5	01:37:25	01:37:07	01:01:29	GD SANTANDER TOTTA
538	319	JANUARIO BONA	M6064	15	01:37:34	01:37:02	00:00:00	BOLOTAOBRA
539	62	FERNANDO AZEVEDO	M5559	42	01:37:36	01:37:32	01:00:46	CCD SRS LISBOA
540	160	FLORIANO SILVA	M2039	217	01:37:38	01:36:55	01:00:56	A DANIEL CALDEIRA

CM CASCAIS			20 KM CASCAIS			19 FEVEREIRO 2012		
541	1629	PEDRO MONTEIRO	M2039	218	01:37:40	01:37:11	01:01:35	WIKABOO
542	1238	ALEXANDRE CONCEIÇÃO	M2039	219	01:37:41	01:37:07	01:01:28	INDIVIDUAL
543	809	CARLOS A C MENDES	M5559	43	01:37:42	01:36:31	01:00:25	4 AO KM
544	1595	HUGO PINTO	M2039	220	01:37:44	01:37:27	01:02:28	CCDT METRO LX
545	1599	JORGE PAULO	M5054	61	01:37:44	01:36:53	01:01:46	RUN 4 FUN
546	1019	JOSE MIRA	M6064	16	01:37:45	01:37:17	00:00:00	CD ASAS MILENIUM
547	1014	MARIO CARVALHO	M5559	44	01:37:46	01:37:18	01:02:47	CD ASAS MILENIUM
548	1093	JORGE NUNES	M2039	221	01:37:46	01:36:24	01:01:55	GD BANCO BPI
549	1427	PEDRO C P PATRICIO	M5559	45	01:37:48	01:37:34	01:00:54	INDIVIDUAL
550	886	FREDERICO CARDONA	M2039	222	01:37:49	01:37:30	00:58:46	TARTARUGAS IMPARAVEIS
551	327	MANUEL PARDAL	M5559	46	01:37:50	01:37:26	01:01:29	AA LEBRES SADO
552	589	LUIS FIRMINO	M2039	223	01:37:50	01:36:52	00:59:13	INDIVIDUAL
553	180	MANUEL JACINTO	M5559	47	01:37:51	01:37:15	01:01:11	C PRAÇAS ARMADA
554	525	ANTONIO FIGUEIREDO	M2039	224	01:37:52	01:37:33	01:00:50	GANG DAS IMPERIAIS
555	930	PEDRO FERNANDES	M4044	99	01:37:52	01:37:07	01:01:23	CASCAIS PANDILHA
556	188	JOAO RODRIGUES	M2039	225	01:37:55	01:37:51	00:55:15	BV MONTEMOR NOVO
557	1707	NUNO SANTOS	M2039	226	01:37:58	01:37:23	01:00:12	D MONTE REAL
558	789	CARLOS G COSTA	M5054	62	01:37:59	01:37:44	01:00:18	AMIGOS CORRIDA.COM
559	1861	JOAQUIM VIANA	M4549	86	01:38:01	01:37:15	01:01:13	INDIVIDUAL
560	1470	AMILCAR RIBEIRO	M5054	63	01:38:03	01:37:50	01:00:41	AD REAL ACADEMIA
561	852	DAVID X FRANCISCO	M2039	227	01:38:04	01:36:59	01:01:49	INDIVIDUAL
562	1372	LUIS F CARVALHO	M2039	228	01:38:05	01:37:49	01:01:13	INDIVIDUAL
563	1612	EDUARDO RODRIGUES	M5054	64	01:38:06	01:37:17	01:00:29	ATLETAS PESO
564	279	RUI SILVA	M6064	17	01:38:09	01:37:14	01:02:27	SFUAP
565	726	RODRIGO SILVA	M4044	100	01:38:09	01:36:50	01:02:27	AMIGOS PARQUE PAZ
566	1654	VERONICA CORREIA	F2039	7	01:38:09	01:36:42	00:00:00	GD MACEDO OCULISTA
567	1153	HELDER GOMES	M2039	229	01:38:11	01:37:55	01:01:25	INDIVIDUAL
568	1258	JOSE PEDRO	M2039	230	01:38:12	01:36:38	01:02:58	INDIVIDUAL
569	1292	PAULO BRAGA	M4549	87	01:38:14	01:37:53	01:00:28	INDIVIDUAL
570	93	QUELUNTAM TURE	M4549	88	01:38:16	01:37:02	01:01:43	NS SÃO MIGUEL
571	402	TAM AFONSO	M5559	48	01:38:16	01:38:10	01:01:08	AÇOREANA C BANIF
572	52	JOSE GONÇALVES	M4549	89	01:38:19	01:37:44	01:01:37	AA AVIS
573	637	NUNO MARQUES	M4044	101	01:38:20	01:36:36	01:01:47	RUN 4 FUN
574	568	PETER FAY	M4549	90	01:38:22	01:37:12	01:01:38	INDIVIDUAL
575	370	CARLA CALÇADA	F4044	6	01:38:23	01:38:15	01:00:13	AÇOREANA C BANIF
576	1281	ANTONIO P ALMEIDA	M5054	65	01:38:23	01:37:34	01:02:16	INDIVIDUAL
577	1917	MANUEL PERAS	M5559	49	01:38:28	01:37:15	01:02:23	INDIVIDUAL
578	56	MANUEL SARAIVA	M5054	66	01:38:29	01:37:53	01:01:36	AA AVIS
579	1159	NUNO R SANTOS	M4044	102	01:38:29	01:37:29	01:03:20	INDIVIDUAL
580	204	CARLA CRUZ	F4044	7	01:38:30	01:38:30	00:00:00	CLUBE STRESS
581	1724	CARLOS SIMÕES	M6569	6	01:38:33	01:38:01	01:01:56	NAZ ABOBODA
582	1625	LUIS GRILO	M4044	103	01:38:35	01:38:06	01:01:35	WIKABOO
583	35	JACINTO PEREIRA	M5054	67	01:38:40	01:37:56	01:01:17	CC LINDA VELHA
584	661	PEDRO CARVALHO	M4549	91	01:38:41	01:37:41	01:03:29	INDIVIDUAL
585	1518	FERNANDO CARDOSO	M6064	18	01:38:41	01:38:34	01:00:53	GD SANTANDER TOTTA
586	1677	TIAGO AVELAS	M2039	231	01:38:42	01:38:14	00:59:58	SS CGD
587	1659	RUBEN FERREIRA	M2039	232	01:38:43	01:38:11	01:01:13	GD MACEDO OCULISTA
588	1738	JULIO MEIRELES	M5559	50	01:38:43	01:38:30	01:01:13	CCDP MUN CASCAIS
589	1871	ALBERTO CORDEIRO	M2039	233	01:38:43	01:37:43	01:03:16	INDIVIDUAL
590	590	JOAO GARRINHAS	M2039	234	01:38:44	01:38:24	00:00:00	INDIVIDUAL
591	282	SERGIO F HENRIQUE	M4044	104	01:38:45	01:37:22	01:01:04	ODEBRECHT
592	411	FERNANDO CAEIRO	M2039	235	01:38:49	01:38:40	00:57:13	GD CHELAS
593	1389	ANTONIO G RAMALHO	M5054	68	01:38:49	01:38:14	01:01:14	INDIVIDUAL
594	729	VERA COUTINHO	F2039	8	01:38:53	01:38:21	01:01:29	C TEAM
595	1759	CARLOS VITORINO	M2039	236	01:38:53	01:38:53	00:59:08	MIRANTENSE FC

CM CASCAIS			20 KM CASCAIS				19 FEVEREIRO 2012	
596	424	JOAO GUEDES	M2039	237	01:38:54	01:38:06	00:59:48	GARMIN/ CO OEIRAS
597	717	JOAO PEDRAS	M4044	105	01:38:54	01:38:29	01:01:06	INDIVIDUAL
598	667	MANUEL PEDRO	M6064	19	01:38:55	01:38:43	01:01:13	AC PORTO SALVO
599	333	VITOR CID	M2039	238	01:38:57	01:38:47	01:01:01	GDCT UNICRE
600	1247	RICARDO RODRIGUES	M2039	239	01:38:59	01:37:35	01:02:27	INDIVIDUAL
601	445	VASCO SOARES	M4044	106	01:39:00	01:39:00	00:00:00	C PRAÇAS ARMADA TRIATLO
602	1075	LUIS SIMOES	M2039	240	01:39:01	01:38:22	01:01:06	BRANDOA CORRE
603	415	DOMINGOS DURO	M6569	7	01:39:02	01:38:30	01:02:42	NA PAPAGAIOS CASCAIS
604	1616	JORGE AGUIAR	M4549	92	01:39:02	01:38:34	01:00:29	ATLETAS PESO
605	1730	PAULINO PACHECO	M5559	51	01:39:06	01:38:19	01:00:15	NAZ ABOBODA
606	91	GABRIEL CABRAL	M4044	107	01:39:07	01:37:42	01:02:45	LESMAS ALOPRADAS
607	105	JOAQUIM NEIVA	M6569	8	01:39:07	01:38:46	01:02:45	NS SÃO MIGUEL
608	42	ALCIDES NUNES	M5054	69	01:39:09	01:38:30	01:02:36	OS PERIGOSOS
609	43	JOSE BELCHIOR	M6064	20	01:39:09	01:38:30	01:02:37	OS PERIGOSOS
610	138	JOAO MOACHO	M5054	70	01:39:09	01:38:27	01:00:55	GRD RIBEIRA LAGE
611	1636	VENANCIO GUERREIRO	M5559	52	01:39:12	01:38:41	01:00:09	A SACAVENENSE
612	623	PAULINO RODRIGUES	M5054	71	01:39:15	01:39:10	00:59:06	INDIVIDUAL
613	1141	JOSE MATOS	M5054	72	01:39:16	01:38:58	01:00:49	AMIGOS PARQUE PAZ
614	954	RICARDO F ALVES	M2039	241	01:39:17	01:38:52	00:59:18	C COLAB AXA
615	1906	ABILIO TAVARES	M5559	53	01:39:21	01:39:13	01:01:04	INDIVIDUAL
616	687	FRANCISCO S OSORIO	M4549	93	01:39:22	01:38:27	01:01:51	RUN 4 FUN
617	1776	PEDRO G SILVA	M2039	242	01:39:22	01:39:07	01:01:15	INDIVIDUAL
618	1401	HUGO MONTES	M2039	243	01:39:23	01:38:54	01:01:31	CCDP CITROËN
619	708	RUI LANÇA	M2039	244	01:39:26	01:38:22	01:01:43	OPTTEAMISTER
620	1222	MARK FAIRLEY	M4549	94	01:39:26	01:39:26	01:01:58	INDIVIDUAL
621	264	JOAO SILVA	M4549	95	01:39:27	01:39:17	00:59:33	CCD EFACEC LX
622	140	ANTONIO CORREIA	M5054	73	01:39:28	01:38:38	01:01:37	GRD RIBEIRA LAGE
623	674	JOAO J CAPINHA	M5559	54	01:39:30	01:38:25	01:02:29	INDIVIDUAL
624	1229	JOSE S AUGUSTO	M5054	74	01:39:32	01:39:05	01:01:52	FALCOES SELVAGENS
625	1809	EDUARDO AQUINO	M4044	108	01:39:32	01:38:53	01:02:32	INDIVIDUAL
626	989	DIOGO GAMITO	M4044	109	01:39:35	01:39:21	01:01:41	INDIVIDUAL
627	816	RAMIRO INACIO	M6064	21	01:39:44	01:38:51	01:02:45	C BENFICA ALHANDRA
628	781	JOAO CAEIRO	M6064	22	01:39:45	01:38:31	01:00:41	AMIGOS CORRIDA.COM
629	622	HENRIQUE BRITO	M5559	55	01:39:46	01:39:34	00:59:56	INDIVIDUAL
630	1846	EULALIA CARVALHO	F2039	9	01:39:46	01:38:41	01:02:28	INDIVIDUAL
631	523	JOSE ESCUDERO	M2039	245	01:39:48	01:38:52	01:02:13	INDIVIDUAL
632	1267	JOAO OLIVEIRA	M2039	246	01:39:51	01:39:33	01:00:52	GDA
633	1626	JOSE MOTA	M5054	75	01:39:54	01:38:52	01:04:21	WIKABOO
634	1627	MIGUEL SOUSA	M5054	76	01:39:54	01:38:52	01:02:07	WIKABOO
635	1786	CARLOS RANGEL	M5559	56	01:39:54	01:38:41	01:03:23	INDIVIDUAL
636	684	PEDRO TRABUCHO	M4549	96	01:39:56	01:39:31	01:02:30	INDIVIDUAL
637	1632	JOSE P RUA	M2039	247	01:39:57	01:39:39	01:00:21	WIKABOO
638	297	JOSE RODRIGUES	M6064	23	01:39:58	01:39:41	01:02:33	C MILLENNIUM BCP
639	59	LUIS GAMA	M4549	97	01:40:01	01:38:26	01:01:27	A PONTE FAJAO
640	716	CARLOS G COELHO	M5054	77	01:40:01	01:39:47	01:01:59	INDIVIDUAL
641	904	LUIS M SANTOS	M2039	248	01:40:04	01:38:44	01:04:27	AA MAFRA
642	106	TINA OLIVEIRA	F4549	3	01:40:06	01:40:01	01:01:53	CRD AGUIAS UNIDAS
643	406	SERGIO WIEZBICKI	M5054	78	01:40:06	01:39:52	01:02:11	BICICLETAS BRASIL
644	33	EDUARDO CORREIA	M4549	98	01:40:08	01:39:08	01:03:24	RUN 4 FUN
645	1550	JOAO PAIVA	M4044	110	01:40:08	01:38:40	01:01:42	CLUBE ANACOM
646	1320	JOAO ROSA	M2039	249	01:40:09	01:39:26	01:02:34	INDIVIDUAL
647	1822	CARLOS LOUREIRO	M2039	250	01:40:09	01:39:23	01:00:46	INDIVIDUAL
648	745	JOAO PEREIRA	M4549	99	01:40:10	01:39:23	01:02:44	EIRAGYM
649	1225	JOSE CRUZ	M5054	79	01:40:13	01:40:07	01:01:52	FALCOES SELVAGENS
650	1111	RICARDO DIAS	M2039	251	01:40:14	01:39:31	01:00:58	INDIVIDUAL

CM CASCAIS			20 KM CASCAIS			19 FEVEREIRO 2012		
651	566	RUI MARTINS	M4044	111	01:40:16	01:39:44	01:01:52	INDIVIDUAL
652	1078	JOSE LOPES	M4044	112	01:40:16	01:39:12	01:01:13	PUMAS GUINCHO
653	76	ARLINDO P BRAS	M4549	100	01:40:18	01:40:13	01:00:49	AMIGOS ESTRELA
654	1071	HENRIQUE FERREIRA	M4044	113	01:40:20	01:40:01	01:02:33	URD ARRANHO
655	1239	LUIS REIS	M2039	252	01:40:24	01:38:41	01:04:12	INDIVIDUAL
656	1262	MIGUEL MOUCHO	M2039	253	01:40:24	01:38:41	01:04:00	INDIVIDUAL
657	36	LUIS ALMEIDA	M5054	80	01:40:26	01:40:17	01:02:22	CC LINDA VELHA
658	269	PEDRO ANTUNES	M2039	254	01:40:28	01:39:52	00:59:51	OESTE RUNNING
659	743	PAULO AZEVEDO	M4044	114	01:40:28	01:39:43	01:03:21	EIRAGYM
660	899	FERNANDA COSTA	F4549	4	01:40:31	01:40:21	01:02:07	AA MAFRA
661	1489	PEDRO L NUNES	M4044	115	01:40:35	01:38:48	01:04:31	INDIVIDUAL
662	1269	GIOVANNI NIGRA	M2039	255	01:40:36	01:39:27	01:04:14	INDIVIDUAL
663	1	ANTONIO HORTA	M5559	57	01:40:38	01:40:12	01:02:00	CCDP MUN CASCAIS
664	1628	SANDRA TEIXEIRA	F2039	10	01:40:38	01:39:37	01:03:39	WIKABOO
665	651	JOSE L S CORREIA	M5054	81	01:40:42	01:39:50	01:02:44	INDIVIDUAL
666	293	JOSE BRANCO	M6064	24	01:40:48	01:40:23	01:02:29	C MILLENNIUM BCP
667	543	LUIS M F DIAS	M4044	116	01:40:49	01:39:59	01:03:37	INDIVIDUAL
668	1701	JOAO DURÃO	M6064	25	01:40:51	01:40:02	01:04:06	NA PAPAGAIOS CASCAIS
669	1432	PEDRO SANGUINO	M2039	256	01:40:53	01:40:21	01:00:20	INDIVIDUAL
670	1620	ELSA RIBEIRINHO	F2039	11	01:40:55	01:39:54	01:03:30	WIKABOO
671	1901	NUNO PEREIRA	M2039	257	01:40:55	01:40:32	01:02:12	INDIVIDUAL
672	1589	FERNANDO MORAIS	M4549	101	01:40:58	01:39:34	01:04:19	GD BANCO BPI
673	178	JOSE INFANTE	M4044	117	01:40:59	01:40:36	01:01:12	C PRAÇAS ARMADA
674	382	FRANCISCO PEREIRA	M4044	118	01:40:59	01:40:20	01:03:04	AÇOREANA C BANIF
675	489	CARLOS SANTOS	M4044	119	01:41:00	01:40:09	01:03:37	GD INE
676	457	NUNO ESPAÑA	M2039	258	01:41:01	01:39:48	01:04:08	NUCLEOEIRAS/SPOTZ
677	956	AMERICO COSTA	M5054	82	01:41:01	01:40:22	01:03:12	TECNOSPIE
678	819	FILIPE CÔRTE-REAL	M4549	102	01:41:02	01:40:25	01:02:16	INDIVIDUAL
679	978	PAULO DURÃO	M2039	259	01:41:02	01:40:22	01:01:57	INDIVIDUAL
680	693	JOAO P PALMELA	M4044	120	01:41:06	01:40:05	01:02:33	RUN 4 FUN
681	1836	JOSE A RODRIGUES	M5054	83	01:41:10	01:40:03	01:03:32	INDIVIDUAL
682	1039	MIGUEL DUARTE	M2039	260	01:41:11	01:40:44	01:03:39	INDIVIDUAL
683	795	LUIS BARBOT	M4549	103	01:41:12	01:40:56	01:01:54	AMIGOS CORRIDA.COM
684	784	JOAO A COSTA	M4549	104	01:41:13	01:40:59	01:01:55	AMIGOS CORRIDA.COM
685	1899	VITOR M M TEIXEIRA	M5054	84	01:41:13	01:39:56	01:04:00	INDIVIDUAL
686	334	RUI CID	M4044	121	01:41:18	01:41:08	01:01:02	GDCT UNICRE
687	1331	MIGUEL GOMES	M4044	122	01:41:19	01:39:44	01:05:06	INDIVIDUAL
688	101	JOAO MUACHO	M5054	85	01:41:20	01:39:45	01:04:43	NS SÃO MIGUEL
689	641	VITOR G LUIS	M4549	105	01:41:20	01:40:21	01:04:10	INDIVIDUAL
690	649	ANTONIO M N V LEMOS	M5559	58	01:41:21	01:41:14	01:02:26	INDIVIDUAL
691	900	ANTONIO REIS	M5559	59	01:41:28	01:40:11	01:03:51	AA MAFRA
692	1590	JOSE PINHEIRO	M4549	106	01:41:28	01:40:05	01:03:20	CCDT METRO LX
693	1426	JOAO LOURENÇO	M2039	261	01:41:29	01:41:00	01:02:03	INDIVIDUAL
694	1769	LUIS RODRIGUES	M5054	86	01:41:31	01:41:20	01:02:47	INDIVIDUAL
695	362	JOAO COSTA	M4044	123	01:41:33	01:41:33	01:02:11	ADCR P JUDICIARIA
696	225	LUIS DE BARROS	M4044	124	01:41:34	01:40:11	01:04:21	CLUBE STRESS
697	1016	MIGUEL LOPES	M2039	262	01:41:36	01:41:08	01:02:53	CD ASAS MILENIUM
698	843	RUI PAÇO	M4044	125	01:41:39	01:40:21	01:03:53	INDIVIDUAL
699	1037	PAULO CUNHA	M2039	263	01:41:40	01:40:09	01:04:55	CARACOIS ASFALTO
700	1133	PEDRO SIMÃO	M2039	264	01:41:40	01:40:29	01:01:02	INDIVIDUAL
701	420	CARLOS LOURENÇO	M5054	87	01:41:41	01:40:40	01:02:01	GARMIN/ CO OEIRAS
702	1137	JOAO MANGERICAO	M2039	265	01:41:41	01:41:21	01:02:41	INDIVIDUAL
703	1437	JOAO VERISSIMO	M5054	88	01:41:44	01:41:33	01:01:40	AD REAL ACADEMIA
704	256	JOAO FREIRE	M4549	107	01:41:45	01:40:31	01:03:14	GD IN CASA MOEDA
705	767	ROGERIO SANTOS	M2039	266	01:41:46	01:40:48	01:04:50	SMO RUNNERS

CM CASCAIS			20 KM CASCAIS				19 FEVEREIRO 2012	
706	768	FERNANDO RAMOS	M2039	267	01:41:46	01:40:50	01:04:50	SMO RUNNERS
707	857	MARGARIDA FERNANDES	F2039	12	01:41:46	01:41:05	01:04:07	INDIVIDUAL
708	1405	JESPER JESPER	M4044	126	01:41:49	01:40:17	01:04:16	INDIVIDUAL
709	1587	PAULO FRANCISCO	M4549	108	01:41:50	01:40:32	01:04:43	PRAZER DA CORRIDA
710	456	JOAO FERNANDES	M2039	268	01:41:52	01:40:40	01:04:22	NUCLEOEIRAS/SPOTZ
711	1358	MIGUEL AZEVEDO	M4044	127	01:41:54	01:41:10	01:02:21	INDIVIDUAL
712	1028	ROGERIO CARVALHO	M4549	109	01:41:57	01:41:05	01:03:42	AMIGOS PARQUE PAZ
713	1533	FERNANDO SILVA	M4044	128	01:41:57	01:40:48	01:05:28	A VALE SILENCIO
714	1535	JOSE MOGA	M5054	89	01:41:57	01:40:48	01:05:28	A VALE SILENCIO
715	181	MANUEL CARDIM	M6064	26	01:41:58	01:41:22	01:03:25	C PRAÇAS ARMADA
716	1230	AGOSTINHO VALENTE	M2039	269	01:41:58	01:40:25	01:03:39	FALCOES SELVAGENS
717	798	JOSE NOGUEIRA	M5054	90	01:41:59	01:41:28	01:04:46	INDIVIDUAL
718	920	JOAO FRANCO	M5559	60	01:41:59	01:40:46	01:04:25	CD ASAS MILENIUM
719	916	AGOSTINHO MARQUES	M5054	91	01:42:02	01:40:49	01:04:12	CD ASAS MILENIUM
720	1234	PEDRO PEDROGAM	M2039	270	01:42:05	01:41:53	01:02:21	INDIVIDUAL
721	1080	CARLOS OLIVEIRA	M2039	271	01:42:06	01:41:00	01:04:30	PUMAS GUINCHO
722	494	PEDRO GOMES	M2039	272	01:42:09	01:41:20	01:05:39	GD INE
723	1810	MIGUEL MARQUES	M2039	273	01:42:09	01:41:29	01:03:50	INDIVIDUAL
724	1811	VITOR PEREIRA	M2039	274	01:42:09	01:41:29	01:03:50	INDIVIDUAL
725	628	ALEXANDRE ABADE	M2039	275	01:42:12	01:41:23	01:03:11	INDIVIDUAL
726	1381	LENIA RIBEIRO	F2039	13	01:42:12	01:40:53	01:04:25	INDIVIDUAL
727	317	LUIS PAISANA	M2039	276	01:42:16	01:41:09	01:02:40	ACADEMIA KORPO
728	763	PEDRO C CAMPOS	M2039	277	01:42:18	01:41:49	01:03:15	THUNDER RUNNERS
729	547	GONÇALO MELO	M4549	110	01:42:19	01:41:28	01:02:35	RUN 4 FUN
730	15	JOAO GONÇALVES	M4044	129	01:42:20	01:41:48	01:02:18	CCD SINTRENSE
731	21	HELDER VAZ	M2039	278	01:42:21	01:41:49	01:01:03	CCD SINTRENSE
732	1209	DIAMANTINO ALBUQUERQUE	M5559	61	01:42:22	01:41:40	01:04:35	CD MAFRA
733	285	ANTONIO SILVA	M2039	279	01:42:30	01:42:09	01:02:44	BAMOXIMBORA
734	1775	RICARDO V REIS	M2039	280	01:42:30	01:42:16	01:02:01	INDIVIDUAL
735	1803	JORGE RAMOS	M2039	281	01:42:30	01:41:34	01:04:26	INDIVIDUAL
736	1403	RODRIGO SERRA	M2039	282	01:42:31	01:41:05	01:04:57	INDIVIDUAL
737	1512	IDALECIO BARROS	M5559	62	01:42:34	01:42:00	01:02:39	GDU CAXIENSES
738	60	BRUNO FRANCISCO	M2039	283	01:42:35	01:41:01	01:04:10	A PONTE FAJAO
739	546	GHEORGHE TICU	M2039	284	01:42:37	01:41:32	01:02:24	INDIVIDUAL
740	1537	LUCIANO TOMAS	M5559	63	01:42:37	01:42:03	01:00:55	A VALE SILENCIO
741	1109	LUIS RENDEIRO	M4549	111	01:42:38	01:41:38	01:02:48	A PARAQUEDISTAS TN
742	81	MARCOS MELLO	M5054	92	01:42:39	01:41:45	01:03:46	FARELO ORISTARS TEAM
743	79	TIAGO BASTOS	M2039	285	01:42:40	01:41:46	01:03:46	FARELO ORISTARS TEAM
744	1750	ANTONIO GOMES	M4044	130	01:42:40	01:42:40	00:00:00	GRCD LEIAO
745	544	JOAO COSTA	M4549	112	01:42:41	01:42:19	01:01:51	INDIVIDUAL
746	792	LUIS S COSTA	M2039	286	01:42:41	01:42:24	01:02:38	AMIGOS CORRIDA.COM
747	1648	LUIS GONÇALVES	M5054	93	01:42:41	01:42:12	01:02:51	CCDT AUT ALMADA
748	86	ARMANDO CORREIA	M6064	27	01:42:42	01:41:59	01:01:39	LESMAS ALOPRADAS
749	1063	MANUEL TRINDADE	M5559	64	01:42:42	01:41:17	01:04:40	INDIVIDUAL
750	1081	RUTH LOPES	F4044	8	01:42:42	01:41:37	01:03:56	PUMAS GUINCHO
751	835	CARLOS MARQUES	M7099	4	01:42:43	01:41:58	01:03:41	LINDA PASTORA SC
752	1116	ALEXANDRE NEVES	M2039	287	01:42:44	01:41:33	01:04:57	INDIVIDUAL
753	1249	FERNANDA M SANTINHA	F2039	14	01:42:44	01:41:10	01:06:11	CARROMALUCO
754	291	NUNO PEREIRA	M4044	131	01:42:45	01:42:25	01:02:56	C MILLENNIUM BCP
755	1084	RICARDO CONCEIÇÃO	M2039	288	01:42:48	01:41:45	01:05:00	INDIVIDUAL
756	1657	JOAQUIM MACEDO	M5559	65	01:42:48	01:41:24	01:04:14	GD MACEDO OCULISTA
757	18	ROSA CARITA	F5099	3	01:42:49	01:42:08	01:03:54	CCD SINTRENSE
758	640	ANDRE LOPES	M2039	289	01:42:50	01:42:16	01:05:46	INDIVIDUAL
759	1785	JOSE A CUNHA	M5559	66	01:42:54	01:41:41	01:04:23	INDIVIDUAL
760	425	JOAO MOUTA	M2039	290	01:42:57	01:42:37	01:03:08	GARMIN/ CO OEIRAS

CM CASCAIS			20 KM CASCAIS			19 FEVEREIRO 2012		
761	1317	CESAR SANTOS	M2039	291	01:42:57	01:41:43	01:03:08	INDIVIDUAL
762	498	EDUARDO JORGE	M5559	67	01:43:02	01:41:46	01:05:47	OS GALGOS
763	736	RUI LIGEIRO	M2039	292	01:43:02	01:42:25	01:03:49	INDIVIDUAL
764	653	DOMINGOS PENEDO	M5054	94	01:43:04	01:41:52	00:00:00	LINDA PASTORA SC
765	487	PEDRO MOREIRA	M2039	293	01:43:05	01:42:10	01:03:24	GD INE
766	493	PAULO PUGA	M4549	113	01:43:05	01:41:39	01:03:36	GD INE
767	974	JORGE GOIS	M5054	95	01:43:05	01:42:46	01:03:21	CD GRUPO BES
768	1745	PAULO BARREIRA	M2039	294	01:43:05	01:41:29	01:06:21	GRCD LEIAO
769	290	LEONEL BRANDAO	M4044	132	01:43:06	01:42:24	01:04:25	C MILLENNIUM BCP
770	1255	JULIO FERNANDES	M2039	295	01:43:06	01:42:52	01:04:32	INDIVIDUAL
771	1484	ARLINDO TUBETO	M5054	96	01:43:06	01:42:33	01:05:42	INDIVIDUAL
772	863	JOAO SALDANHA	M4044	133	01:43:07	01:42:47	00:00:00	SAL&NEVES
773	1005	LUIS MIRAO	M2039	296	01:43:15	01:41:54	01:03:03	WHY NOT RUN
774	1516	JOSE PEREIRA	M4044	134	01:43:17	01:42:30	01:03:49	GD SANTANDER TOTTA
775	1079	CRISTINA GAVINHO	F2039	15	01:43:18	01:42:13	01:04:26	PUMAS GUINCHO
776	413	AMERICO PIMENTA	M4549	114	01:43:19	01:43:17	01:01:14	GD CHELAS
777	870	LUIS VIROTE	M2039	297	01:43:23	01:42:14	01:04:58	INDIVIDUAL
778	191	CARLOS SILVA	M2039	298	01:43:25	01:43:20	01:01:57	BV MONTEMOR NOVO
779	170	CARLOS ESTEVES	M4044	135	01:43:27	01:42:39	01:02:36	CLUBE VODAFONE
780	1307	JOAO LEITE	M2039	299	01:43:37	01:42:53	01:02:00	ESPAÇO T RUNNING TEAM
781	847	JOAO BATISTA	M5559	68	01:43:39	01:43:08	01:04:46	INDIVIDUAL
782	1135	FILIPE A SÁ	M4044	136	01:43:40	01:43:14	01:05:14	INDIVIDUAL
783	1318	VITOR RAMUSGA	M2039	300	01:43:40	01:43:21	01:05:15	INDIVIDUAL
784	1393	ANTONIO GONCALVES	M4549	115	01:43:43	01:42:53	01:05:32	INDIVIDUAL
785	495	NUNO M SILVA	M5559	69	01:43:44	01:43:20	01:03:58	GD INE
786	1851	RODOLFO MARTINS	M4044	137	01:43:44	01:42:47	01:07:32	INDIVIDUAL
787	594	ALBISIO F MAGALHÃES	M5559	70	01:43:52	01:43:35	01:04:13	INDIVIDUAL
788	233	NUNO J LOPES	M4044	138	01:43:55	01:42:31	01:02:50	CLUBE STRESS
789	614	JOSE HENRIQUES	M4044	139	01:43:56	01:43:09	01:03:28	INDIVIDUAL
790	1361	BENTO QUARESMA	M2039	301	01:43:57	01:43:45	01:04:40	CONNECT2RUN
791	1559	Mª JOAO LOPES	F2039	16	01:43:57	01:42:31	01:05:42	HOLMES PLACE
792	88	JOAO REVES	M4044	140	01:43:58	01:42:57	01:04:51	LESMAS ALOPRADAS
793	826	JORGE LOURO	M4549	116	01:43:58	01:43:47	01:04:17	INDIVIDUAL
794	897	CONATANTINO MENDAO	M5054	97	01:43:59	01:43:49	01:02:04	AA LEBRES SADO
795	1376	MIGUEL FAUSTINO	M2039	302	01:44:00	01:42:35	00:00:00	SOLINCA OEIRAS
796	1673	GILBERTO GONÇALVES	M6064	28	01:44:00	01:42:43	00:00:00	CR ALVORADA
797	710	PEDRO P LOPES	M4044	141	01:44:01	01:43:45	01:06:09	INDIVIDUAL
798	972	RICARDO FERNANDES	M5054	98	01:44:03	01:43:12	01:04:41	CD GRUPO BES
799	63	ANTONIO SIMOES	M5054	99	01:44:05	01:43:13	01:04:41	CCD SRS LISBOA
800	912	PEDRO LEANDRO	M4044	142	01:44:07	01:43:21	01:03:42	INDIVIDUAL
801	61	JOSE RIJO	M6064	29	01:44:08	01:43:45	01:04:50	CCD SRS LISBOA
802	759	JORGE ZENHA	M4549	117	01:44:09	01:42:51	01:05:47	FALCOES SELVAGENS
803	25	JOSE A C SANTOS	M5054	100	01:44:11	01:44:11	00:58:37	GD JOANINHAS LEIAO
804	808	JOTHE SOUSA	M5054	101	01:44:13	01:44:09	01:03:55	GD CHELAS
805	853	ANDRONICO DUARTE	M2039	303	01:44:14	01:43:27	01:00:26	INDIVIDUAL
806	1228	ÂNGELA NUNES	F2039	17	01:44:17	01:43:37	01:04:26	FALCOES SELVAGENS
807	30	JOSE GONÇALVES	M2039	304	01:44:19	01:43:51	01:03:45	GA FREG VIDAIS
808	363	MIGUEL CARNEIRO	M2039	305	01:44:19	01:43:58	01:04:21	ADCR P JUDICIARIA
809	172	MARCELO SILVA	M4044	143	01:44:21	01:44:06	01:01:27	CLUBE VODAFONE
810	167	PAULA VENTURA	F4044	9	01:44:22	01:44:07	01:02:04	CLUBE VODAFONE
811	173	JOSE GEADA	M4044	144	01:44:22	01:44:07	00:57:18	CLUBE VODAFONE
812	698	LUIS BATISTA	M4044	145	01:44:25	01:43:55	01:03:15	INDIVIDUAL
813	1513	JOAO ROCHA	M6064	30	01:44:26	01:43:58	01:04:49	GD SANTANDER TOTTA
814	1690	JOSE CORREIA	M4549	118	01:44:26	01:43:34	00:00:00	AM ATIBA
815	58	ANTONIO VEIGA	M7099	5	01:44:30	01:44:22	01:04:19	AA AVIS

CM CASCAIS			20 KM CASCAIS				19 FEVEREIRO 2012	
816	596	JOSE PASCOA	M4044	146	01:44:30	01:44:04	01:00:35	INDIVIDUAL
817	1768	CATARINA PEREIRA	F2039	18	01:44:30	01:44:15	01:04:41	INDIVIDUAL
818	1073	MIGUEL MENDES	M5559	71	01:44:34	01:44:16	01:05:25	INDIVIDUAL
819	1744	JOSE C PATINHA	M4044	147	01:44:34	01:43:44	01:05:36	CCDP MUN CASCAIS
820	174	JOSE DIAS	M5054	102	01:44:37	01:44:18	01:05:47	CLUBE AUTOCOOPE
821	1708	ISABEL OLEIRO	F2039	19	01:44:38	01:44:02	01:04:42	D MONTE REAL
822	1036	JOSE FERREIRA	M4549	119	01:44:39	01:43:18	01:04:48	INDIVIDUAL
823	732	ANTONIO CRUZ	M5559	72	01:44:41	01:44:34	01:04:35	OS INDOMAVEIS
824	1806	MARIO SOUSA	M5559	73	01:44:41	01:43:08	01:05:44	INDIVIDUAL
825	127	PAULOLOURINHO	M4044	148	01:44:42	01:44:05	01:03:36	CAA BELEM
826	128	PEDRO FILIPE	M2039	306	01:44:42	01:44:08	01:03:36	CAA BELEM
827	353	NUNO SANTOS	M2039	307	01:44:43	01:44:32	01:01:07	SC CASAINHOS
828	533	MOISES CARDOSO	M2039	308	01:44:43	01:43:19	01:05:45	INDIVIDUAL
829	1059	HELDER BORGES	M2039	309	01:44:43	01:43:17	01:05:44	INDIVIDUAL
830	529	MARIO CARVALHO	M4549	120	01:44:45	01:43:55	01:03:55	INDIVIDUAL
831	1090	ANTONIO PRELHAZ	M4549	121	01:44:45	01:43:36	01:07:25	INDIVIDUAL
832	511	RAUL J MATOS	M4044	149	01:44:48	01:43:49	01:06:43	RUN 4 FUN
833	1398	PEDRO MENDES	M2039	310	01:44:48	01:43:28	01:05:42	RUN 4 FUN
834	449	FILIPE LEITAO	M2039	311	01:44:49	01:43:25	01:05:42	RUN 4 FUN
835	787	PEDRO RIBEIRO	M5054	103	01:44:52	01:44:19	00:00:00	AMIGOS CORRIDA.COM
836	1384	GABRIEL CHARRUA	M2039	312	01:44:52	01:43:23	01:06:36	INDIVIDUAL
837	561	JORGE M G PIRES	M5559	74	01:44:53	01:43:47	01:07:12	INDIVIDUAL
838	680	JOAQUIM PINTO	M5054	104	01:44:53	01:43:44	01:07:12	INDIVIDUAL
839	1528	CATIA SOUSA	F2039	20	01:44:55	01:43:25	01:06:35	GD SANTANDER TOTTA
840	1551	JOSE VAZ	M5054	105	01:44:55	01:43:28	01:03:37	CLUBE ANACOM
841	1680	CARLA ADRO	F2039	21	01:44:58	01:44:43	01:04:46	AM ATIBA
842	1404	EMILIO MACHADO	M5559	75	01:45:00	01:44:22	01:05:55	INDIVIDUAL
843	1883	JORGE MARQUES	M5559	76	01:45:02	01:44:30	01:05:45	INDIVIDUAL
844	1609	PEDRO VIEIRA	M4549	122	01:45:03	01:44:42	01:03:59	MARGINAIS
845	184	JOSE SANTOS	M4044	150	01:45:04	01:44:23	01:03:23	C PRAÇAS ARMADA
846	1502	FRANCISCO VAZ	M4044	151	01:45:06	01:45:06	01:06:26	FRUFRESH RUNNERS
847	482	RUI MARTINS	M2039	313	01:45:07	01:44:12	01:05:36	SS CGD
848	756	FRANCISCO PIEDADE	M2039	314	01:45:11	01:43:53	01:06:18	INDIVIDUAL
849	874	HUGO GONÇALVES	M2039	315	01:45:11	01:44:14	01:12:56	GAB FISIO DESPORTO
850	1122	RUI OLIVEIRA	M2039	316	01:45:12	01:44:12	01:04:25	RUN 4 FUN
851	1157	CARLOS PEREIRA	M2039	317	01:45:12	01:44:03	01:10:00	GUARDS N RUNNERS
852	147	RUI PIRES	M4549	123	01:45:13	01:44:59	01:02:52	GRD RIBEIRA LAGE
853	416	ZACARIAS ALVES	M5054	106	01:45:16	01:44:40	00:00:00	NA PAPAGAIOS CASCAIS
854	1309	BRUNO AMARAL	M2039	318	01:45:18	01:44:35	01:02:01	ESPAÇO T RUNNING TEAM
855	1638	JOSE CARDOSO	M5054	107	01:45:20	01:44:03	01:05:43	AA SEIXAL
856	175	LUIS PARREIRA	M2039	319	01:45:22	01:45:02	01:05:47	CLUBE AUTOCOOPE
857	176	SERGIO BORGES	M2039	320	01:45:22	01:45:02	01:05:48	CLUBE AUTOCOOPE
858	1788	PEDRO SALGUEIRO	M2039	321	01:45:25	01:45:25	01:05:44	CD GRUPO BES
859	171	NUNO PEDROSO	M4044	152	01:45:27	01:45:13	01:04:52	CLUBE VODAFONE
860	198	ALBERTO PIMENTA	M5054	108	01:45:28	01:44:04	01:06:37	CLUBE STRESS
861	240	JOSE CRESPO	M4549	124	01:45:28	01:44:08	01:06:42	CLUBE STRESS
862	287	FERNANDO ALMEIDA	M4044	153	01:45:29	01:45:15	01:05:48	C MILLENNIUM BCP
863	1030	GONÇALO S MADEIRA	M4044	154	01:45:29	01:44:16	01:05:45	INDIVIDUAL
864	1058	CARLOS OLIVEIRA	M5559	77	01:45:29	01:45:15	00:00:00	MISTRAL SPIRIT
865	1366	JOSE P FERREIRA	M5054	109	01:45:30	01:44:35	01:06:31	CUN BOSTON
866	812	JORGE INÁCIO	M2039	322	01:45:31	01:45:06	01:06:19	INDIVIDUAL
867	608	JOAO DAMAS	M5054	110	01:45:32	01:45:18	01:04:59	INDIVIDUAL
868	615	RICARDO MOAS	M4044	155	01:45:32	01:45:17	01:05:00	INDIVIDUAL
869	375	ANTONIO GUEDES	M4044	156	01:45:33	01:44:55	01:05:45	AÇOREANA C BANIF
870	754	ANTONIO MOREIRA	M5559	78	01:45:34	01:44:05	01:07:55	SLOWMOTION

CM CASCAIS			20 KM CASCAIS			19 FEVEREIRO 2012		
871	510	ROGERIO MATOS	M4549	125	01:45:37	01:44:39	01:05:40	INDIVIDUAL
872	1573	MARTINS BARATA	M6569	9	01:45:39	01:45:15	01:04:42	C FERROV PORTUGAL
873	1397	ALMERINDO SILVA	M5054	111	01:45:41	01:44:14	01:03:28	ADC CATUJAL
874	965	PAULA JACOB	F2039	22	01:45:47	01:45:07	01:06:35	CD GRUPO BES
875	144	VITOR REVEZ	M5054	112	01:45:48	01:45:48	01:05:25	GRD RIBEIRA LAGE
876	631	PEDRO PIMENTA	M2039	323	01:45:48	01:45:08	01:06:35	INDIVIDUAL
877	1087	JOSE A M PEREIRA	M5054	113	01:45:51	01:45:30	01:06:32	INDIVIDUAL
878	1388	ILIDIO TORGAL	M6569	10	01:45:51	01:44:46	00:00:00	INDIVIDUAL
879	1344	SILVIA J C RODRIGUES	F2039	23	01:45:52	01:45:52	01:01:26	INDIVIDUAL
880	696	ALFREDO FALCÃO	M4549	126	01:45:53	01:45:00	01:04:53	RUN 4 FUN
881	878	HELENA WALLENTIN	F4044	10	01:45:54	01:45:10	01:05:55	INDIVIDUAL
882	1125	JOSE CARREIRAS	M2039	324	01:45:54	01:45:07	01:03:58	INDIVIDUAL
883	550	PEDRO MOURÃO	M5054	114	01:45:55	01:45:12	01:05:33	GEORUNNERS
884	944	RENATO LOUREIRO	M4044	157	01:45:56	01:44:30	01:04:56	INDIVIDUAL
885	1390	DIOGO CASTRO	M2039	325	01:45:58	01:43:58	01:07:30	INDIVIDUAL
886	239	PEDRO CRUZ	M4549	127	01:45:59	01:44:34	01:08:14	CLUBE STRESS
887	645	NUNO FERNANDES	M2039	326	01:46:00	01:45:19	01:04:25	INDIVIDUAL
888	1077	JOAQUIM CORRULA	M4549	128	01:46:02	01:45:23	01:04:54	BRANDOA CORRE
889	1853	AMERICO L CARVALHO	M2039	327	01:46:04	01:45:26	01:05:00	INDIVIDUAL
890	1600	GONÇALO SEABRA	M2039	328	01:46:05	01:44:28	01:07:35	OS ZATOPEQUES
891	707	CARLOS M GONÇALVES	M5559	79	01:46:06	01:45:19	01:06:03	LEBRES TARTARUGAS
892	1446	DANIEL VILABRIL	M2039	329	01:46:07	01:45:29	01:08:50	PERNAS GAFANHOTO
893	197	ALBERTO A CARVALHO	M6064	31	01:46:08	01:44:39	01:06:36	CLUBE STRESS
894	242	PEDRO NUNES	M4044	158	01:46:10	01:44:46	01:08:14	CLUBE STRESS
895	580	MANUEL GARRINHAS	M5054	115	01:46:10	01:45:51	01:04:24	INDIVIDUAL
896	1092	VASCO SANTOS	M5054	116	01:46:11	01:44:48	01:06:06	GD BANCO BPI
897	430	NUNO GONÇALVES	M2039	330	01:46:16	01:45:45	01:07:05	GARMIN/ CO OEIRAS
898	1100	DEBORA ARNÊDO	F2039	24	01:46:24	01:45:36	01:06:00	INDIVIDUAL
899	1126	VASCO VENTURA	M4044	159	01:46:24	01:45:04	01:05:51	OS FOGUETES
900	979	JOAO VAZ	M2039	331	01:46:26	01:46:18	01:02:26	INDIVIDUAL
901	1215	JOAO VEIGA	M2039	332	01:46:27	01:46:27	01:03:43	RUN 4 FUN
902	1740	LUIS REIS	M5054	117	01:46:31	01:45:43	01:06:28	CCDP MUN CASCAIS
903	1399	JOAO SILVA	M4549	129	01:46:33	01:45:23	01:03:53	INDIVIDUAL
904	953	JOSE L CAETANO	M5559	80	01:46:34	01:45:27	01:09:14	C COLAB AXA
905	206	CARLA MORGADO	F4044	11	01:46:36	01:45:13	01:07:37	CLUBE STRESS
906	613	JOAO RUIPO	M2039	333	01:46:41	01:46:02	01:06:22	INDIVIDUAL
907	1794	CATARINA SILVA	F2039	25	01:46:41	01:46:02	01:06:22	INDIVIDUAL
908	1716	JOSE R SANTOS	M5054	118	01:46:42	01:46:05	01:09:56	D MONTE REAL
909	1872	LEONEL PIRES	M6569	11	01:46:42	01:46:13	01:04:24	INDIVIDUAL
910	563	JOAO BALAO	M7099	6	01:46:43	01:45:59	01:06:52	SS CGD
911	884	LUIS NEVES	M5054	119	01:46:43	01:46:28	01:06:15	AMIGOS CORRIDA.COM
912	1429	ANTONIO VENTURA	M5054	120	01:46:45	01:45:35	01:07:21	AD REAL ACADEMIA
913	1874	RAUL DAMAS	M6064	32	01:46:47	01:45:13	01:08:17	INDIVIDUAL
914	1529	LUCIO SILVA	M4549	130	01:46:48	01:45:42	01:04:20	GD SANTANDER TOTTA
915	508	RUI PIRES	M4549	131	01:46:49	01:46:07	01:06:26	GEORUNNERS
916	131	MANUEL PEREIRA	M5559	81	01:46:50	01:45:22	01:06:55	GA OS PATRICIOS
917	747	HUGO CRAVIDÃO	M2039	334	01:46:50	01:45:35	01:07:18	INDIVIDUAL
918	1308	SILVIO BERRA	M5054	121	01:46:51	01:46:07	01:04:44	ESPAÇO T RUNNING TEAM
919	1834	TERESA PALMA	F4549	5	01:46:54	01:45:39	01:07:23	INDIVIDUAL
920	89	ALBINO FERREIRA	M4549	132	01:46:59	01:45:32	01:06:24	LESMAS ALOPRADAS
921	78	RAMIRO MIGUEL	M6569	12	01:47:04	01:46:11	01:07:25	CCD RADIO MARCONI
922	1338	FRANCISCO ESTEVES	M5559	82	01:47:04	01:45:59	01:06:37	INDIVIDUAL
923	1525	CARLOS PEREIRA	M4044	160	01:47:05	01:45:41	01:06:42	GD SANTANDER TOTTA
924	785	ANTONIO DIAS	M4044	161	01:47:06	01:46:08	01:06:41	AMIGOS CORRIDA.COM
925	1098	PEDRO MELO	M4549	133	01:47:07	01:45:53	01:07:24	INDIVIDUAL

CM CASCAIS			20 KM CASCAIS				19 FEVEREIRO 2012	
926	1288	MIGUEL LOPES	M2039	335	01:47:08	01:46:52	01:08:05	INDIVIDUAL
927	159	MARIO MIRA	M4549	134	01:47:09	01:46:26	01:07:36	A DANIEL CALDEIRA
928	1274	PAULA PENEDO	F2039	26	01:47:13	01:47:03	01:05:38	RAIL RUNNERS
929	555	NUNO PAULETA	M2039	336	01:47:14	01:45:38	01:06:21	INDIVIDUAL
930	73	ANGELO SILVA	M6064	33	01:47:16	01:47:05	01:05:35	GD JOANINHAS LEIAO
931	326	FRANCISCO PRATES	M6064	34	01:47:17	01:46:53	01:05:38	AA LEBRES SADO
932	509	DOMINGOS M N PIRES	M5559	83	01:47:17	01:46:29	01:07:22	INDIVIDUAL
933	422	ISABEL RODRIGUES	F4044	12	01:47:18	01:46:54	01:05:54	GARMIN/ CO OEIRAS
934	849	ALEXANDRE MATEUS	M2039	337	01:47:21	01:46:31	01:03:27	INDIVIDUAL
935	1423	PEDRO GOUVEIA	M2039	338	01:47:23	01:46:01	01:08:44	INDIVIDUAL
936	626	PATRICIA CALADO	F2039	27	01:47:28	01:46:30	01:07:02	RUN 4 FUN
937	1067	GABRIEL ANTONIO	M4549	135	01:47:29	01:46:19	01:05:28	URD ARRANHO
938	1832	VITOR AGUILAR	M6064	35	01:47:29	01:47:06	01:07:54	INDIVIDUAL
939	642	CESAR MOREIRA	M2039	339	01:47:30	01:46:31	01:07:02	RUN 4 FUN
940	948	PAULO DIEGUES	M5054	122	01:47:31	01:47:17	01:05:26	INDIVIDUAL
941	246	RUI LUCENA	M2039	340	01:47:32	01:46:07	01:07:58	CLUBE STRESS
942	337	JOAO VEIGA	M2039	341	01:47:32	01:45:48	01:07:16	LISBOA RUNNERS
943	464	HELENA MEDEIRO	F4044	13	01:47:32	01:47:25	01:07:39	SS CGD
944	474	NUNO COSTA	M2039	342	01:47:32	01:46:13	01:07:39	SS CGD
945	1046	VÍTOR M CANDEIAS	M2039	343	01:47:34	01:46:25	01:07:33	INDIVIDUAL
946	1123	VÍTOR M FREITAS	M4549	136	01:47:35	01:46:26	01:07:33	INDIVIDUAL
947	1569	CUSTODIO JANUARIO	M5559	84	01:47:36	01:46:58	01:06:23	C FERROV PORTUGAL
948	358	ANTONIO FRANCO	M4549	137	01:47:38	01:47:11	01:06:38	SS MONTEPIO GERAL
949	359	PAULO PEREIRA	M4044	162	01:47:38	01:47:12	01:06:32	SS MONTEPIO GERAL
950	351	SERGIO COSTA	M2039	344	01:47:39	01:46:07	01:07:41	NINJAS ESTRADA
951	465	HUGO VENANCIO	M2039	345	01:47:41	01:47:39	01:05:58	SS CGD
952	879	CARLOS CHAVES	M4044	163	01:47:42	01:47:09	01:10:37	INDIVIDUAL
953	925	FRANCISCO GOES	M2039	346	01:47:44	01:46:53	01:07:38	INDIVIDUAL
954	1410	MIGUEL CASTILLO	M2039	347	01:47:46	01:47:23	01:07:08	INDIVIDUAL
955	118	JORGE ALMEIDA	M6064	36	01:47:50	01:46:43	01:07:48	CAA BELEM
956	1132	JOSE CATITA	M5054	123	01:47:52	01:47:20	01:07:50	GARMIN/ CO OEIRAS
957	1394	CARLOS PIRES	M2039	348	01:47:52	01:47:11	01:06:59	INDIVIDUAL
958	1055	ANTONIO G SOARES	M4549	138	01:47:53	01:46:40	01:03:35	INDIVIDUAL
959	1252	MARIO BARRADA	M5559	85	01:47:58	01:46:43	01:06:56	INDIVIDUAL
960	1505	CARLOS CORREIA	M2039	349	01:47:59	01:47:53	01:05:37	AS LEBRES RINCHOA
961	1588	CARLOS MORGADO	M4549	139	01:48:00	01:47:17	01:07:58	CP EDP LISBOA
962	855	NUNO ALVES	M2039	350	01:48:01	01:46:51	01:05:50	INDIVIDUAL
963	85	VITOR PONTES	M4549	140	01:48:04	01:47:36	01:06:38	CASA SENNA
964	864	CARLOS NEVES	M4044	164	01:48:04	01:47:49	01:00:47	SAL&NEVES
965	703	PAULO SOUSA	M2039	351	01:48:05	01:47:02	01:03:31	OPTTEAMISTER
966	1792	HELIA SANTOS	F2039	28	01:48:06	01:47:26	00:00:00	INDIVIDUAL
967	677	JOSE MARIA DIAS	M4549	141	01:48:12	01:47:39	01:05:34	INDIVIDUAL
968	1718	FLORÊNCIO COELHO	M6569	13	01:48:17	01:47:50	01:06:25	D MONTE REAL
969	1412	BRUNO CIPRIANO	M2039	352	01:48:18	01:47:40	01:08:34	INDIVIDUAL
970	941	CARLOS SERRA	M4549	142	01:48:20	01:48:09	01:05:23	INDIVIDUAL
971	1349	DENNIS TEIXEIRA	M2039	353	01:48:20	01:48:02	01:05:34	INDIVIDUAL
972	1152	JOSE C A TRONCOSO	M5054	124	01:48:24	01:47:26	01:06:41	INDIVIDUAL
973	1202	JORGE CALDEIRA	M4044	165	01:48:26	01:47:09	01:09:11	INDIVIDUAL
974	606	JOSE HABA-RUBIO	M4044	166	01:48:27	01:48:01	01:06:36	INDIVIDUAL
975	348	RICARDO FONSECA	M2039	354	01:48:31	01:47:22	01:09:15	GD CIMPOR
976	1025	ARLINDO CONDE	M4549	143	01:48:32	01:47:25	01:07:35	INDIVIDUAL
977	705	CARLOS D C TEIXEIRA	M5054	125	01:48:34	01:47:47	01:06:14	LEBRES TARTARUGAS
978	183	MANUEL CRUZ	M6569	14	01:48:36	01:47:59	01:04:05	C PRAÇAS ARMADA
979	1461	PAULO SALAZAR	M4044	167	01:48:37	01:47:34	01:09:51	INDIVIDUAL
980	842	SERGIO B PEDRO	M2039	355	01:48:38	01:47:49	01:05:31	INDIVIDUAL

CM CASCAIS			20 KM CASCAIS				19 FEVEREIRO 2012	
981	133	FERNANDO MOURA	M5054	126	01:48:39	01:47:40	01:06:57	GA OS PATRICIOS
982	419	ANTONIO SUL	M4044	168	01:48:40	01:47:21	01:09:34	GARMIN/ CO OEIRAS
983	752	NUNO C BARNABE	M2039	356	01:48:40	01:47:36	01:09:15	INDIVIDUAL
984	1607	JOAO C FERREIRA	M4549	144	01:48:42	01:48:20	01:07:22	MARGINAIS
985	1610	RICARDO GARCIA	M2039	357	01:48:42	01:48:21	01:07:22	MARGINAIS
986	345	FRANCISCO SIMAO	M2039	358	01:48:48	01:47:18	01:08:50	GD CIMPOR
987	65	MANUEL SILVA	M5559	86	01:48:50	01:48:50	00:00:00	MULTIFLOW
988	805	SANDRO PINTO	M2039	359	01:48:55	01:47:28	01:07:22	INDIVIDUAL
989	1170	TIAGO RIBEIRO	M2039	360	01:48:55	01:48:02	01:05:57	RUN 4 FUN
990	951	FERNANDO J MATIAS	M5559	87	01:48:56	01:47:49	01:09:14	C COLAB AXA
991	66	PAULO QUARESMA	M5559	88	01:48:57	01:48:33	00:00:00	MULTIFLOW
992	1507	LUIS TAVARES	M4549	145	01:48:58	01:47:44	01:07:23	GRANACAR
993	888	TERESA J S RIBEIRO	F2039	29	01:48:59	01:47:21	01:08:29	TARTARUGAS IMPARAVEIS
994	1380	DANIEL PEREIRA	M2039	361	01:49:00	01:47:49	01:08:30	INDIVIDUAL
995	1099	GABRIELA FREITAS	F2039	30	01:49:02	01:48:20	01:08:06	INDIVIDUAL
996	1921	MARIA VENANCIO	F4549	6	01:49:06	01:48:01	01:08:56	INDIVIDUAL
997	19	ELSA DESIDERIO	F4044	14	01:49:07	01:48:35	01:08:03	CCD SINTRENSE
998	1773	JOAO C M FALÇAO	M4044	169	01:49:07	01:48:03	01:10:22	INDIVIDUAL
999	1233	ANTONIO ORLANDO	M2039	362	01:49:13	01:47:59	01:10:31	LINDA PASTORA SC
1000	1241	JOANA DOMINGOS	F2039	31	01:49:14	01:49:02	01:06:39	GRUPO ROCHE
1001	346	ORLANDO FERREIRA	M5559	89	01:49:17	01:47:51	01:08:52	GD CIMPOR
1002	914	JOSE J LIMA	M4549	146	01:49:18	01:47:53	01:08:04	INDIVIDUAL
1003	1675	MANUEL HORTELAO	M4044	170	01:49:18	01:49:18	01:07:32	AMIGOS FLOR
1004	1865	CARLOS MIRANDA	M2039	363	01:49:18	01:48:06	01:05:06	INDIVIDUAL
1005	545	RUI MATOS	M2039	364	01:49:19	01:48:44	01:08:53	INDIVIDUAL
1006	997	SANDRA M P SILVA	F4044	15	01:49:19	01:48:09	01:08:48	INDIVIDUAL
1007	450	FERNANDO CALDAS	M4044	171	01:49:20	01:47:54	01:09:58	TRIO TALAVERA
1008	451	JOAO LOURENÇO	M2039	365	01:49:22	01:47:55	01:09:58	TRIO TALAVERA
1009	761	FRANCISCO SILVA	M5054	127	01:49:24	01:48:05	01:06:24	FALCOES SELVAGENS
1010	1606	ORLANDO SILVA	M5559	90	01:49:24	01:48:30	01:06:53	OS ZATOPEQUES
1011	1459	MARCO HENRIQUES	M2039	366	01:49:26	01:48:55	01:06:43	GUERREIROS RIO
1012	28	JOAO MILHEIRO	M5054	128	01:49:27	01:48:47	01:06:41	O CELEIRO MEMORIA
1013	437	TERESA SEPULVEDA	F2039	32	01:49:27	01:48:39	01:06:41	GARMIN/ CO OEIRAS
1014	889	HUGO CAROÇO	M2039	367	01:49:27	01:47:56	01:06:27	TARTARUGAS IMPARAVEIS
1015	940	TIAGO CANHOTO	M2039	368	01:49:29	01:47:48	01:08:58	INDIVIDUAL
1016	1131	ANTONIO PRIMOR	M6569	15	01:49:29	01:49:18	01:05:33	SC MOITENSE
1017	1473	JOSE L CANHOTO	M6569	16	01:49:29	01:48:46	01:08:58	INDIVIDUAL
1018	1321	LUIS GUERREIRO	M4044	172	01:49:32	01:48:58	01:07:44	INDIVIDUAL
1019	412	JOSE VENANCIO	M6064	37	01:49:35	01:49:04	01:08:33	GD CHELAS
1020	1561	LUIS COCCO	M4044	173	01:49:35	01:47:50	00:00:00	HOLMES PLACE
1021	306	LUIS REIS	M4044	174	01:49:37	01:48:43	01:06:51	C MILLENNIUM BCP
1022	470	CARLOS ALBANO	M4044	175	01:49:38	01:48:18	01:07:39	SS CGD
1023	1455	JOSE VIEIRA	M2039	369	01:49:38	01:48:16	01:09:26	INDIVIDUAL
1024	1463	PAULO PESSOA	M4549	147	01:49:38	01:48:16	01:09:25	INDIVIDUAL
1025	1155	GIL FERREIRA	M2039	370	01:49:40	01:48:00	01:10:24	INDIVIDUAL
1026	1751	MANUEL ALMEIDA	M5054	129	01:49:40	01:49:40	00:00:00	GRCD LEIAO
1027	1362	VITAL LACERDA	M4044	176	01:49:41	01:49:41	01:10:56	CONNECT2RUN
1028	1045	PEDRO CORIEL	M4044	177	01:49:48	01:48:36	01:10:56	INDIVIDUAL
1029	1083	JOANA PIRES	F2039	33	01:49:48	01:49:23	01:09:12	INDIVIDUAL
1030	1774	MIGUEL BATISTA	M5054	130	01:49:48	01:46:09	01:09:51	INDIVIDUAL
1031	1692	JOSE COSTA	M7099	7	01:49:50	01:48:44	00:00:00	AM ATIBA
1032	161	ALEXANDRE COSTA	M2039	371	01:49:52	01:48:44	01:08:16	CLUBE VODAFONE
1033	162	ANTONIO R SIETRA	M4044	178	01:49:52	01:48:43	01:08:16	CLUBE VODAFONE
1034	1421	MANUEL TOME	M2039	372	01:49:55	01:49:00	00:00:00	INDIVIDUAL
1035	12	CARLOS PEREIRA	M4044	179	01:49:56	01:49:35	01:08:10	CCD SINTRENSE

CM CASCAIS			20 KM CASCAIS				19 FEVEREIRO 2012	
1036	54	CARLOS GONÇALVES	M4549	148	01:49:57	01:49:23	01:08:30	AA AVIS
1037	442	RAQUEL CARVALHO	F2039	34	01:49:58	01:49:06	01:08:51	GA MONSANTO GASCAN
1038	574	MEL NEWTON	F2039	35	01:49:58	01:49:12	01:08:39	INDIVIDUAL
1039	840	DAVID CRUZ	M2039	373	01:49:59	01:49:11	01:05:39	INDIVIDUAL
1040	51	MANUELA GONÇALVES	F4044	16	01:50:00	01:49:25	01:08:31	AA AVIS
1041	1214	LUIS AFONSO	M4044	180	01:50:02	01:49:20	01:05:49	INDIVIDUAL
1042	722	ANTONIO RAMOS	M5559	91	01:50:03	01:49:25	01:08:16	PERNAS GAFANHOTO
1043	1807	ARTUR PINTO	M5054	131	01:50:03	01:48:29	01:09:28	INDIVIDUAL
1044	6	ARTUR MARTINS	M7099	8	01:50:06	01:49:45	01:07:44	CCDP MUN CASCAIS
1045	1592	CRUZ MARQUES	M6064	38	01:50:06	01:49:44	01:07:44	CCDT METRO LX
1046	1790	RICARDO J G M SANTOS	M4044	181	01:50:07	01:49:21	01:08:41	INDIVIDUAL
1047	1700	JOAQUIM BARROCAS	M5559	92	01:50:10	01:49:21	01:06:25	NA PAPAGAIOS CASCAIS
1048	1725	PAULO MAFRA	M4044	182	01:50:10	01:50:08	01:04:27	NAZ ABOBODA
1049	500	NUNO J H COSTA	M2039	374	01:50:11	01:48:55	01:08:49	INDIVIDUAL
1050	1355	FERNANDO VICENTE	M5054	132	01:50:11	01:50:06	01:01:10	INDIVIDUAL
1051	1371	DANIEL AGUIAR	M2039	375	01:50:12	01:48:31	01:07:18	INDIVIDUAL
1052	1904	GUILHERME ANTUNES	M4549	149	01:50:14	01:49:50	01:05:54	INDIVIDUAL
1053	943	PEDRO CASTRO	M2039	376	01:50:16	01:48:44	01:09:39	INDIVIDUAL
1054	1644	ARMANDO GONÇALVES	M5559	93	01:50:17	01:49:39	01:08:48	CCDT AUT ALMADA
1055	298	ILIDIO RODRIGUES	M6064	39	01:50:21	01:49:36	01:08:59	C MILLENNIUM BCP
1056	309	DEOLINDA ANTONIO	F5099	4	01:50:21	01:50:00	01:08:51	CRD ARRUDENSE
1057	513	FERNANDO PIRES	M4044	183	01:50:21	01:48:37	01:06:56	INDIVIDUAL
1058	1363	ANTONIO QUARESMA	M2039	377	01:50:21	01:50:09	01:04:41	CONNECT2RUN
1059	1114	MANUEL CLEMENTE	M6064	40	01:50:25	01:48:45	01:09:40	INDIVIDUAL
1060	1468	ARTUR BOTAO	M4044	184	01:50:26	01:50:00	01:00:41	ACADEMIA LUMIAR
1061	321	JORGE M SILVA	M5054	133	01:50:27	01:49:44	01:08:32	AA LEBRES SADO
1062	988	LEILA SUZMAN	F4044	17	01:50:27	01:50:02	01:08:08	INDIVIDUAL
1063	1428	DOMINGOS FARINHO	M2039	378	01:50:28	01:49:32	01:10:50	INDIVIDUAL
1064	1200	PEDRO I SILVA	M4044	185	01:50:31	01:49:51	01:07:10	INDIVIDUAL
1065	129	RAMIRO DAMAS	M6569	17	01:50:32	01:49:28	01:06:58	GA OS PATRICIOS
1066	1460	MARIO PEREIRA	M2039	379	01:50:33	01:49:31	01:11:33	INDIVIDUAL
1067	385	JOAQUIM GUERREIRO	M5054	134	01:50:45	01:50:00	01:07:41	AÇOREANA C BANIF
1068	1554	JORGE R SILVA	M5559	94	01:50:47	01:49:05	01:08:46	HOLMES PLACE
1069	1555	PEDRO PINTO	M4044	186	01:50:48	01:49:07	01:08:46	HOLMES PLACE
1070	405	VITOR FERREIRA	M2039	380	01:50:53	01:50:09	01:08:36	WEBWISE
1071	604	SÉRGIO SALVADO	M2039	381	01:50:54	01:49:20	01:11:03	INDIVIDUAL
1072	672	HENRIQUETA SOLIPA	F4549	7	01:51:09	01:50:05	01:11:07	CONNECT2RUN
1073	749	PAULO CRUZ	M5054	135	01:51:09	01:50:05	01:08:28	INDIVIDUAL
1074	1674	JOAO FERREIRA	M5559	95	01:51:10	01:50:04	01:07:33	AMIGOS FLOR
1075	1379	EMANUEL GOMES	M2039	382	01:51:11	01:50:46	01:10:49	CARCA RUNNERS
1076	1676	JENTIL PEREIRA	M2039	383	01:51:14	01:50:07	01:07:34	AMIGOS FLOR
1077	1797	SERGIO PEREIRA	M2039	384	01:51:20	01:49:45	01:10:59	INDIVIDUAL
1078	1890	ADRIANO CUNHA	M5559	96	01:51:24	01:50:15	01:09:38	INDIVIDUAL
1079	829	SONIA CARVALHO	F2039	36	01:51:26	01:50:53	01:08:33	SPORTISEL
1080	537	CELIA NUNO	F4549	8	01:51:27	01:50:33	01:09:37	INDIVIDUAL
1081	1905	NUNO S ANTUNES	M2039	385	01:51:27	01:49:55	01:09:39	INDIVIDUAL
1082	1147	JORGE A POMBO	M4549	150	01:51:28	01:50:35	01:10:28	HAND2HAND P RUNNERS
1083	1261	PAULO FERREIRA	M2039	386	01:51:32	01:50:06	01:09:54	INDIVIDUAL
1084	1729	VIRGÍLIO CARLOS	M4549	151	01:51:32	01:50:47	01:05:35	NAZ ABOBODA
1085	766	RICARDO ARRAIAS	M2039	387	01:51:33	01:50:42	01:09:11	INDIVIDUAL
1086	1110	NUNO COSTA	M2039	388	01:51:34	01:50:06	01:05:04	A PARAQUEDISTAS TN
1087	1204	NUNO BARROS	M2039	389	01:51:35	01:50:43	01:10:28	HAND2HAND P RUNNERS
1088	1652	ANTONIO SANTOS	M4044	187	01:51:39	01:50:27	01:09:23	GD MACEDO OCULISTA
1089	548	DAVID LI	M2039	390	01:51:42	01:50:51	01:10:03	INDIVIDUAL
1090	1557	PAULO CALDEIRA	M4044	188	01:51:44	01:51:27	01:05:38	HOLMES PLACE

CM CASCAIS			20 KM CASCAIS				19 FEVEREIRO 2012	
1091	534	CARLOS GOMES	M5054	136	01:51:49	01:51:21	01:08:18	INDIVIDUAL
1092	1579	MANUEL SIMOES	M6064	41	01:51:50	01:51:12	01:07:04	C FERROV PORTUGAL
1093	284	MARIO LIMA	M5559	97	01:51:52	01:50:24	01:11:06	O MUNDO CORRIDA
1094	122	JULIO CASTRO	M5054	137	01:52:00	01:52:00	00:00:00	CAA BELEM
1095	417	ARMENIO SILVA	M7099	9	01:52:02	01:50:28	01:09:44	NA PAPAGAIOS CASCAIS
1096	556	ALEXANDRE P LIVÉRIO	M2039	391	01:52:04	01:50:45	01:07:34	INDIVIDUAL
1097	1703	MARIA ALBERTO	F4549	9	01:52:04	01:51:44	01:09:15	NA ALCABIDECHE
1098	875	VITOR CARVALHO	M5054	138	01:52:11	01:51:14	01:12:55	GAB FISIO DESPORTO
1099	1201	JOAO BARROS	M4549	152	01:52:12	01:51:27	01:10:25	INDIVIDUAL
1100	734	MIGUEL GUERRA	M2039	392	01:52:19	01:51:45	01:08:35	INDIVIDUAL
1101	779	FERNANDO TRINO	M5054	139	01:52:20	01:50:52	01:09:30	INDIVIDUAL
1102	588	TIAGO BEIRÃO	M2039	393	01:52:24	01:52:04	01:09:07	INDIVIDUAL
1103	720	FILIPE PINTO	M2039	394	01:52:29	01:51:07	01:10:57	INDIVIDUAL
1104	1578	ANTONIO FERREIRA	M5559	98	01:52:30	01:51:06	01:12:07	C FERROV PORTUGAL
1105	1580	JULIO MARTINS	M4044	189	01:52:30	01:51:23	01:07:12	C FERROV PORTUGAL
1106	1396	ISABEL SANTOS	F5099	5	01:52:31	01:50:53	01:11:39	SANTOS SILVA
1107	1782	ANTONIO DELGADO	M4549	153	01:52:31	01:50:55	01:11:40	INDIVIDUAL
1108	378	DIOGO FERREIRA	M2039	395	01:52:34	01:51:56	01:10:12	AÇOREANA C BANIF
1109	399	PEDRO SOUSA	M2039	396	01:52:34	01:51:37	01:10:12	AÇOREANA C BANIF
1110	937	DOROTHEA ANJOS	F2039	37	01:52:34	01:52:02	01:10:51	INDIVIDUAL
1111	1024	ISABEL ALPIARCA	F4549	10	01:52:34	01:51:31	01:10:37	INDIVIDUAL
1112	1369	MARIA MORENO	F4549	11	01:52:35	01:51:36	01:10:38	INDIVIDUAL
1113	1402	MARGARIDA BRITES	F4044	18	01:52:35	01:51:36	01:10:37	INDIVIDUAL
1114	570	ANTONIO J POMBINHO	M5054	140	01:52:37	01:52:07	01:06:09	INDIVIDUAL
1115	1480	RODRIGO LAGOA	M2039	397	01:52:37	01:51:03	01:10:30	INDIVIDUAL
1116	1094	ALBERTO SANTOS	M5559	99	01:52:38	01:51:16	01:08:02	GD BANCO BPI
1117	1481	CATHERINE SILVA	F5099	6	01:52:40	01:51:59	01:10:17	INDIVIDUAL
1118	1483	LUIS A SILVA	M5559	100	01:52:40	01:51:59	01:10:17	INDIVIDUAL
1119	711	ALVARO RODRIGUES	M2039	398	01:52:42	01:52:42	01:13:37	INDIVIDUAL
1120	193	ANA H OSORIO	F4549	12	01:52:45	01:51:22	01:10:34	CLUBE STRESS
1121	646	PEDRO C DIAS	M2039	399	01:52:46	01:49:29	01:12:37	INDIVIDUAL
1122	1799	NUNO CARVALHO	M2039	400	01:52:46	01:49:31	01:12:36	INDIVIDUAL
1123	1800	JOSE QUINTELA	M2039	401	01:52:46	01:49:31	01:12:37	INDIVIDUAL
1124	13	ALEXANDRA ALVES	F4044	19	01:52:48	01:51:32	01:10:12	CCD SINTRENSE
1125	1876	JOSE MONTEIRO	M5054	141	01:52:50	01:51:14	01:13:04	INDIVIDUAL
1126	404	PEDRO MACHADO	M4044	190	01:52:54	01:52:13	01:08:37	WEBWISE
1127	1679	AUREA SEQUEIRA	F4549	13	01:52:59	01:52:09	01:08:56	AM ATIBA
1128	685	JOAQUIM PANCHO	M4044	191	01:53:00	01:52:01	01:11:32	INDIVIDUAL
1129	894	MARIO LOPES	M4044	192	01:53:02	01:51:49	01:08:10	CD QUARTEIRA
1130	895	JORGE BRITO	M4044	193	01:53:02	01:51:48	01:07:42	CD QUARTEIRA
1131	896	CARLOS CORREIA	M2039	402	01:53:02	01:51:49	01:07:42	CD QUARTEIRA
1132	64	MANUEL AZEVEDO	M5559	101	01:53:03	01:52:07	01:08:40	MULTIFLOW
1133	67	JOAO SANTOS	M6064	42	01:53:04	01:52:31	01:10:33	MULTIFLOW
1134	1253	CARLA SANTOS	F2039	38	01:53:07	01:52:49	01:07:08	ATOMIC TEAM
1135	583	PAULA CANDEIAS	F2039	39	01:53:11	01:51:50	01:10:52	OS FOGUETES
1136	1761	FRANCISCO P S T CORREIA	M2039	403	01:53:19	01:52:42	01:06:34	INDIVIDUAL
1137	1074	ALEXANDRE KAPANCIOGLU	M4044	194	01:53:20	01:51:39	01:11:48	INDIVIDUAL
1138	1391	MIGUEL ONOFRE	M2039	404	01:53:23	01:51:37	01:12:12	INDIVIDUAL
1139	675	PEDRO TORRINHA	M2039	405	01:53:28	01:52:05	01:10:56	INDIVIDUAL
1140	1305	VÍTOR M M FERNANDES	M6064	43	01:53:28	01:51:53	01:10:26	INDIVIDUAL
1141	697	JOSE L AGAPITO	M2039	406	01:53:30	01:52:49	01:10:45	INDIVIDUAL
1142	1347	SARA G SILVA	F2039	40	01:53:30	01:53:30	00:00:00	INDIVIDUAL
1143	1719	ANTONIA OLEIRO	F4549	14	01:53:30	01:52:54	01:09:56	D MONTE REAL
1144	37	ANDRE LOURENÇO	M2039	407	01:53:32	01:53:06	01:11:39	BOM PETISCO
1145	1577	JOSE ALCOBIA	M5559	102	01:53:39	01:53:00	01:11:08	C FERROV PORTUGAL

CM CASCAIS			20 KM CASCAIS				19 FEVEREIRO 2012	
1146	676	NUNO ALMEIDA	M4044	195	01:53:40	01:53:04	01:10:02	INDIVIDUAL
1147	1752	CELIA PAIVA	F5099	7	01:53:41	01:52:07	01:11:38	GRCD LEIAO
1148	846	BRUNO SOARES	M2039	408	01:53:42	01:52:55	01:10:49	INDIVIDUAL
1149	881	ANA AZEVEDO	F2039	41	01:53:42	01:53:09	01:10:39	INDIVIDUAL
1150	1205	JOAO D STOFFEL	M2039	409	01:53:44	01:52:04	01:14:59	NEC PLUS ULTRA
1151	1297	PATRICIA M FERREIRA	F2039	42	01:53:46	01:52:14	01:11:26	INDIVIDUAL
1152	307	PAULO PINTO	M4549	154	01:53:48	01:53:03	01:09:00	C MILLENNIUM BCP
1153	830	LUCIANO ASSUNÇÃO	M6569	18	01:53:54	01:53:21	01:08:33	SPORTISEL
1154	891	SEVERINO CRUZ	M4549	155	01:54:01	01:52:46	01:10:44	AFIS OVAR
1155	1336	JOAO C SOARES	M4044	196	01:54:09	01:53:07	01:12:05	INDIVIDUAL
1156	142	PEDRO RODRIGUES	M6064	44	01:54:10	01:53:07	01:12:05	GRD RIBEIRA LAGE
1157	1796	CARLOS CUPETO	M5054	142	01:54:10	01:53:07	01:12:05	INDIVIDUAL
1158	344	RICARDO CAPELO	M2039	410	01:54:16	01:52:55	01:13:41	GD CIMPOR
1159	769	MARIO DUARTE	M4044	197	01:54:18	01:53:18	01:08:52	SMO RUNNERS
1160	770	LUIS MALHEIRO	M2039	411	01:54:18	01:53:23	01:07:46	SMO RUNNERS
1161	804	ANTONIO C GALANDIM	M4044	198	01:54:18	01:53:19	01:08:52	SMO RUNNERS
1162	607	EDUARDO RIBEIRO	M4044	199	01:54:19	01:54:01	01:07:31	INDIVIDUAL
1163	866	ALBERTO ARAÚJO	M2039	412	01:54:19	01:53:44	01:10:02	INDIVIDUAL
1164	581	ANTONIO NORTE	M2039	413	01:54:20	01:53:52	01:10:05	INDIVIDUAL
1165	1304	GONCALO A MENDES	M4044	200	01:54:20	01:53:09	01:13:24	INDIVIDUAL
1166	1815	JOAQUIM M C SANTOS	M6064	45	01:54:21	01:53:04	01:10:53	INDIVIDUAL
1167	119	LUIS ROSA	M5559	103	01:54:22	01:53:40	01:11:58	CAA BELEM
1168	365	ANTONIO BATISTA	M4549	156	01:54:24	01:53:53	01:08:28	ADCR P JUDICIARIA
1169	504	RUI P JULIÃO	M4549	157	01:54:24	01:54:02	01:12:10	GEORUNNERS
1170	252	VERONICA PESTANA	F4044	20	01:54:25	01:54:03	01:12:10	CLUBE STRESS
1171	950	ANA P MATIAS	F4549	15	01:54:25	01:53:20	01:10:35	C COLAB AXA
1172	1447	PEDRO ABRANTES	M2039	414	01:54:25	01:53:54	01:09:41	INDIVIDUAL
1173	957	PAULO PIRES	M4549	158	01:54:36	01:53:54	01:12:22	APOGMA
1174	1221	LUIS P MONTEIRO	M2039	415	01:54:37	01:53:01	01:15:16	WIKABOO
1175	1240	MIGUEL C LOUREIRO	M4044	201	01:54:38	01:53:12	01:12:10	CCDP CITROËN
1176	1337	JOAO CHUMBO	M5559	104	01:54:41	01:52:54	01:12:18	INDIVIDUAL
1177	880	MARIA ESPERANÇA	F2039	43	01:54:43	01:53:44	01:12:26	INDIVIDUAL
1178	985	JORGE SARAIVA	M4549	159	01:54:43	01:53:45	01:10:09	INDIVIDUAL
1179	210	CAROLINA MONTEVERDE	F2039	44	01:54:45	01:54:45	00:00:00	CLUBE STRESS
1180	557	CARLOS SILVA	M6064	46	01:54:45	01:54:00	01:10:26	INDIVIDUAL
1181	1043	PEDRO MELO	M2039	416	01:54:46	01:53:09	01:14:58	INDIVIDUAL
1182	237	FILIPE CARVALHEIRO	M4549	160	01:54:47	01:54:47	00:00:00	CLUBE STRESS
1183	1892	SUSANA SANTOS	F2039	45	01:54:47	01:54:44	01:11:30	INDIVIDUAL
1184	1218	JOAO FONSECA	M4044	202	01:54:48	01:54:24	01:11:45	MEREDIANOS
1185	158	Mª CEU VIEGAS	F4549	16	01:54:50	01:54:24	01:08:49	CONSTRUTENIS
1186	867	LOURENÇO C PINTO	M2039	417	01:54:50	01:53:14	01:11:04	INDIVIDUAL
1187	1614	JOAO BOURA	M4549	161	01:54:50	01:54:23	00:00:00	ATLETAS PESO
1188	157	CESAR VIEGAS	M5054	143	01:54:51	01:54:25	01:09:04	CONSTRUTENIS
1189	601	JOSE SILVA	M2039	418	01:54:52	01:53:43	01:10:44	INDIVIDUAL
1190	1672	LIGORIO BORLOTT	M5054	144	01:54:52	01:52:30	01:10:24	CR ALVORADA
1191	236	PAULA CAPELA	F4044	21	01:54:54	01:53:35	01:12:52	CLUBE STRESS
1192	1408	CATARINA MORAIS	F2039	46	01:54:55	01:54:55	00:00:00	HAND2HAND P RUNNERS
1193	1781	NICHITA LISNIC	M2039	419	01:54:55	01:54:42	01:06:32	INDIVIDUAL
1194	211	CASIMIRO FERREIRA	M6569	19	01:54:57	01:53:26	01:13:40	CLUBE STRESS
1195	226	LUIS M NETO	M5054	145	01:54:57	01:53:25	01:13:40	CLUBE STRESS
1196	1783	ELSA SOUSA	F4549	17	01:55:00	01:53:24	01:11:41	INDIVIDUAL
1197	1409	JORGE M M SILVA	M4044	203	01:55:02	01:54:39	01:09:11	INDIVIDUAL
1198	1893	GONÇALO T MARTINS	M4044	204	01:55:05	01:54:29	01:12:13	INDIVIDUAL
1199	1818	MARIO LAMEIRAO	M6064	47	01:55:08	01:55:00	01:11:42	INDIVIDUAL
1200	1051	PATRÍCIA CORREIA	F2039	47	01:55:12	01:54:27	01:11:03	ADRC MATA BENFICA

CM CASCAIS			20 KM CASCAIS				19 FEVEREIRO 2012	
1201	1053	SUSANA CORREIA	F2039	48	01:55:12	01:54:28	01:11:03	ADRC MATA BENFICA
1202	360	PEDRO CARRASCO	M4044	205	01:55:17	01:54:48	01:08:20	SS MONTEPIO GERAL
1203	126	LUISA LEITAO	F5099	8	01:55:19	01:54:25	01:12:16	CAA BELEM
1204	1422	JOAO GOUVEIA	M2039	420	01:55:26	01:54:47	01:07:03	INDIVIDUAL
1205	905	LEONEL AMARO	M4549	162	01:55:28	01:54:49	01:04:06	AA MAFRA
1206	922	ULISSES PEREIRA	M6064	48	01:55:28	01:54:15	01:11:36	CD ASAS MILENIUM
1207	872	MARGARIDA PINTO	F4044	22	01:55:31	01:54:35	01:12:56	GAB FISIO DESPORTO
1208	1322	RUI SANTOS	M4044	206	01:55:37	01:55:10	01:11:23	INDIVIDUAL
1209	1875	HERMENIO P CUNHA	M2039	421	01:55:39	01:54:21	01:01:44	INDIVIDUAL
1210	1881	JOSE L SOARES	M2039	422	01:55:39	01:54:47	01:12:01	INDIVIDUAL
1211	1260	RUI FERREIRA	M4044	207	01:55:41	01:54:15	01:09:55	INDIVIDUAL
1212	1829	JOANA CARVALHO	F2039	49	01:55:41	01:54:16	01:11:53	SOLINCA OEIRAS
1213	1076	JOSE PIEDADE	M4549	163	01:55:42	01:55:03	01:11:36	BRANDOA CORRE
1214	473	MIGUEL REIS	M2039	423	01:55:44	01:54:42	01:11:07	SS CGD
1215	1383	PEDRO AZEVEDO	M4044	208	01:55:46	01:54:42	01:12:41	INDIVIDUAL
1216	1259	LUIS MANÉ	M4044	209	01:55:47	01:55:16	01:09:41	INDIVIDUAL
1217	758	CARLOS VERISSIMO	M2039	424	01:55:49	01:54:30	01:12:59	FALCOES SELVAGENS
1218	1367	BRUNO HORTELAO	M2039	425	01:55:51	01:55:35	01:11:16	INDIVIDUAL
1219	1866	FRANCISCO BARBOSA	M5054	146	01:55:51	01:54:16	01:12:17	INDIVIDUAL
1220	515	VITOR M P GONCALVES	M4044	210	01:55:52	01:54:46	01:12:47	INDIVIDUAL
1221	403	VITOR RAFAEL	M4549	164	01:55:54	01:55:24	01:07:01	AÇOREANA C BANIF
1222	794	JOAO S MENDES	M4549	165	01:55:54	01:54:57	01:11:06	AMIGOS CORRIDA.COM
1223	1119	ISABEL OLIVEIRA	F4044	23	01:55:55	01:54:54	01:12:15	RUN 4 FUN
1224	1120	CARLOS GONÇALVES	M4549	166	01:55:55	01:54:47	01:12:15	RUN 4 FUN
1225	1089	MAFALDA BELLO	F2039	50	01:55:58	01:54:44	01:10:49	INDIVIDUAL
1226	595	CRISTIANO ROCHA	M2039	426	01:56:00	01:56:00	00:00:00	INDIVIDUAL
1227	719	JOSE BAGINA	M4044	211	01:56:03	01:55:04	01:11:15	INDIVIDUAL
1228	1909	CARINA GUERREIRO	F2039	51	01:56:06	01:54:28	00:00:00	INDIVIDUAL
1229	1911	MARIA PINTO	F4044	24	01:56:06	01:54:27	00:00:00	INDIVIDUAL
1230	1914	ISABEL DANTAS	F4044	25	01:56:06	01:54:27	00:00:00	INDIVIDUAL
1231	871	FERNANDO CASTANHEIRA	M4044	212	01:56:12	01:55:16	01:12:39	GAB FISIO DESPORTO
1232	1156	PATRICIA DELGADO	F2039	52	01:56:12	01:55:49	01:12:02	GUARDS N RUNNERS
1233	1235	MANUEL J BORGES	M5054	147	01:56:12	01:55:49	01:12:02	INDIVIDUAL
1234	1316	JOSE MARTINS	M4044	213	01:56:17	01:55:28	01:11:00	COLEGIO ACADEMICO
1235	681	MARCO CASTELO	M2039	427	01:56:18	01:54:45	01:15:10	INDIVIDUAL
1236	41	JOAQUIM FRAGOSO	M6064	49	01:56:21	01:55:11	01:13:31	CCD CASA PIA
1237	1916	RITA LYON	M4549	167	01:56:21	01:54:42	00:00:00	INDIVIDUAL
1238	1910	ANA R GONÇALVES	M2039	428	01:56:22	01:54:42	00:00:00	INDIVIDUAL
1239	1704	PRISCILLA SANTOS	F2039	53	01:56:23	01:55:23	01:09:11	D MONTE REAL
1240	82	MICHEL FERREIRA	M2039	429	01:56:24	01:55:56	01:11:27	CASA SENNA
1241	84	ORLANDO TEIXEIR	M4044	214	01:56:25	01:55:56	01:11:27	CASA SENNA
1242	1298	ANTONINO BARRAS	M2039	430	01:56:25	01:55:39	01:12:54	INDIVIDUAL
1243	832	DAVID GONÇALVES	M2039	431	01:56:28	01:55:02	01:08:17	INDIVIDUAL
1244	865	CARLOS M SILVA	M2039	432	01:56:37	01:56:19	01:10:32	INDIVIDUAL
1245	694	SONIA CAIXEIRINHO	F4044	26	01:56:40	01:54:50	01:11:51	RB RUNNING
1246	22	MARA ARAUJO	F2039	54	01:56:41	01:56:09	01:10:13	CCD SINTRENSE
1247	602	CHRISTINA DECASTRO	F5099	9	01:56:42	01:56:42	00:00:00	INDIVIDUAL
1248	731	ANTONIO SILVA	M5559	105	01:56:43	01:56:24	01:10:51	OS INDOMAVEIS
1249	1345	MANUEL A FERNANDES	M5054	148	01:56:44	01:56:35	01:09:38	INDIVIDUAL
1250	1780	PAULA MACHADO	F5099	10	01:56:44	01:55:36	00:00:00	INDIVIDUAL
1251	1457	DANILA CARVALHO	F2039	55	01:56:49	01:56:20	01:06:43	GUERREIROS RIO
1252	961	JOAO QUITALO	M5559	106	01:56:50	01:56:08	01:12:38	APOGMA
1253	1487	LAYAN BEATRICE	F4549	18	01:56:51	01:56:14	01:12:04	INDIVIDUAL
1254	1212	CARLOS G PEREIRA	M2039	433	01:56:54	01:55:58	01:12:09	INDIVIDUAL
1255	1454	Mª TERESA FERNANDES	F4549	19	01:56:58	01:55:29	01:11:00	INDIVIDUAL

CM CASCAIS			20 KM CASCAIS				19 FEVEREIRO 2012	
1256	304	ARNALDO PINTEUS	M5054	149	01:57:00	01:57:00	00:00:00	C MILLENNIUM BCP
1257	1359	ISABEL MATIAS	F2039	56	01:57:05	01:55:34	01:13:52	INDIVIDUAL
1258	322	GONALO NETO	M4549	168	01:57:12	01:55:50	01:12:33	AA LEBRES SADO
1259	329	CECILIA NICOLAU	F4549	20	01:57:12	01:55:49	01:12:33	AA LEBRES SADO
1260	1841	MARCO COSTA	M2039	434	01:57:12	01:56:26	01:06:53	INDIVIDUAL
1261	220	JOAQUIM CAMOES	M5054	150	01:57:14	01:56:34	01:11:51	CLUBE STRESS
1262	890	NUNO DARGENT	M4044	215	01:57:17	01:56:16	01:13:52	INDIVIDUAL
1263	1216	SOFIA A S MARTINS	F4044	27	01:57:17	01:56:36	01:14:42	INDIVIDUAL
1264	850	JOAO INFANTE	M5054	151	01:57:18	01:57:01	01:10:18	INDIVIDUAL
1265	723	NUNO LOUREIRO	M4549	169	01:57:21	01:56:53	01:12:13	INDIVIDUAL
1266	440	PEDRO CARDOSO	M2039	435	01:57:24	01:56:09	01:14:20	GA MONSANTO GASCAN
1267	439	LUIS ANTUNES	M5054	152	01:57:30	01:56:15	01:11:49	GA MONSANTO GASCAN
1268	1121	AMELIA L GONALVES	F4044	28	01:57:31	01:56:23	01:12:15	RUN 4 FUN
1269	1326	JOSE MORENO	M4044	216	01:57:32	01:56:52	01:12:58	INDIVIDUAL
1270	1506	LUIS DAVID	M2039	436	01:57:32	01:56:35	01:08:33	RUN 4 FUN
1271	520	RICARDO PREGUIA	M2039	437	01:57:33	01:56:23	01:14:20	INDIVIDUAL
1272	361	CARLOS FREIRE	M2039	438	01:57:34	01:56:15	01:12:23	ADCR P JUDICIARIA
1273	1582	JOSE MONTEIRO	M5559	107	01:57:35	01:56:10	01:12:07	C FERROV PORTUGAL
1274	1634	JORGE ALVES	M4549	170	01:57:35	01:56:15	01:16:13	PAPA LEGUAS TEAM
1275	281	MANUEL C PAULO	M5559	108	01:57:38	01:56:14	01:12:23	ODEBRECHT
1276	194	JOAO FAISCA	M4044	217	01:57:45	01:56:12	01:11:18	CLUBE STRESS
1277	228	Mª CELESTE SIMOES	F4044	29	01:57:45	01:57:23	01:13:04	CLUBE STRESS
1278	231	NUNO BOTELHO	M4549	171	01:57:45	01:57:45	00:00:00	CLUBE STRESS
1279	1086	PEDRO CARDOSO	M2039	439	01:57:45	01:56:40	01:14:04	INDIVIDUAL
1280	1243	FILIPE SANTOS	M2039	440	01:57:47	01:57:37	01:06:06	INDIVIDUAL
1281	349	MARIA FERNANDES	F4549	21	01:57:50	01:56:30	01:16:14	GD CIMPOR
1282	701	NUNO PEREIRA	M4044	218	01:57:50	01:57:37	01:06:10	INDIVIDUAL
1283	1438	ELIAS GONALVES	M2039	441	01:57:51	01:56:11	01:15:15	INDIVIDUAL
1284	121	JOSE CASTRO	M5054	153	01:57:57	01:56:20	01:14:08	CAA BELEM
1285	208	CARLOS PAIVA	M5054	154	01:57:59	01:56:40	01:14:31	CLUBE STRESS
1286	1148	RICARDO P MARQUES	M2039	442	01:57:59	01:56:16	01:13:52	INDIVIDUAL
1287	1812	ANA S RODRIGUES	F2039	57	01:58:00	01:56:35	01:16:20	INDIVIDUAL
1288	1553	SELMA SOUSA	F2039	58	01:58:03	01:56:22	01:12:27	HOLMES PLACE
1289	742	CARLA MARQUES	F2039	59	01:58:04	01:57:22	01:14:31	EIRAGYM
1290	1552	JORGE MELO	M2039	443	01:58:04	01:56:22	01:12:26	HOLMES PLACE
1291	744	ALZIRA PEREIRA	F4549	22	01:58:05	01:57:24	01:14:30	EIRAGYM
1292	737	Mª TEREZA KNAPIC	F5099	11	01:58:10	01:57:56	01:11:41	INDIVIDUAL
1293	216	JOAO CATARINO	M5054	155	01:58:14	01:56:42	01:14:54	CLUBE STRESS
1294	1637	JOSE ANJOS	M4549	172	01:58:15	01:56:59	01:10:43	AA SEIXAL
1295	908	DANIEL RODRIGUES	M2039	444	01:58:16	01:57:10	01:11:52	CLUBE ROBBIALAC
1296	77	FERNANDO MATIAS	M4549	173	01:58:19	01:58:12	01:11:38	AMIGOS ESTRELA
1297	1433	FABIO MATEUS	M2039	445	01:58:19	01:57:57	01:06:02	INDIVIDUAL
1298	1251	JORGE SOUSA	M2039	446	01:58:22	01:57:16	01:14:04	INDIVIDUAL
1299	1539	PAULO PORTUGAL	M4549	174	01:58:22	01:57:43	01:13:54	A VALE SILENCIO
1300	1880	JOSE SOARES	M4549	175	01:58:24	01:57:34	01:12:01	INDIVIDUAL
1301	1619	GONALO AZEVEDO	M2039	447	01:58:27	01:56:51	01:15:17	WIKABOO
1302	1621	NUNO BARRADAS	M4549	176	01:58:27	01:56:51	01:15:18	WIKABOO
1303	1622	MARIA AZEVEDO	F2039	60	01:58:27	01:56:52	01:15:17	WIKABOO
1304	1164	TOMAS COLACO	M4549	177	01:58:28	01:58:10	01:14:57	INDIVIDUAL
1305	1257	MARIO F MARQUES	M5559	109	01:58:28	01:58:10	01:14:57	INDIVIDUAL
1306	935	VITOR SANTOS	M4044	219	01:58:29	01:57:28	01:14:05	CARAPAU CORRIDA
1307	1277	AGOSTINHO DIAS	M4549	178	01:58:30	01:57:29	01:14:06	CARAPAU CORRIDA
1308	1057	EDMUNDO CARDEIRA	M6064	50	01:58:32	01:56:57	01:12:39	SMD CANEAS
1309	1613	LUIS LOPES	M5054	156	01:58:32	01:58:05	01:10:43	ATLETAS PESO
1310	1888	FILIPE RIBEIRO	M2039	448	01:58:34	01:57:23	01:10:55	INDIVIDUAL

CM CASCAIS			20 KM CASCAIS			19 FEVEREIRO 2012		
1311	471	LUIS MADEIRA	M4044	220	01:58:35	01:57:24	01:10:55	SS CGD
1312	1887	RODRIGO FERREIRA	M4044	221	01:58:35	01:57:24	01:10:55	INDIVIDUAL
1313	1819	MARIO BASTARDO	M2039	449	01:58:40	01:57:28	01:14:35	INDIVIDUAL
1314	967	RUI CAVALEIRO	M2039	450	01:58:41	01:58:34	01:10:14	CD GRUPO BES
1315	969	JOAO TOMÁS	M2039	451	01:58:41	01:57:53	01:08:46	CD GRUPO BES
1316	1027	MIGUEL MENDES	M2039	452	01:58:43	01:57:06	01:14:44	INDIVIDUAL
1317	39	ROGERIO DIAS	M4044	222	01:58:44	01:58:19	01:11:41	BOM PETISCO
1318	1445	MARIA SILVA	F2039	61	01:58:44	01:57:54	01:14:16	CCD TRANQUILIDADE
1319	459	ANDRE NORONHA	M4549	179	01:58:46	01:57:09	01:16:52	SS CGD
1320	458	JOSE DIMAS	M4044	223	01:58:48	01:57:11	01:16:52	SS CGD
1321	541	TERESA BARRADAS	F4549	23	01:58:49	01:57:37	01:14:42	INDIVIDUAL
1322	1611	DAVID AFONSO	M4549	180	01:58:54	01:58:10	01:09:00	MARGINAIS
1323	593	HELDER MESTRE	M2039	453	01:58:59	01:58:59	00:00:00	INDIVIDUAL
1324	1166	BRUNO R PINTO	M2039	454	01:58:59	01:58:16	01:13:00	INDIVIDUAL
1325	1272	MARIA ARNEDO	F2039	62	01:59:01	01:58:12	01:13:27	INDIVIDUAL
1326	1360	LUIS COSTA	M4549	181	01:59:02	01:57:26	01:12:37	SMD CANEÇAS
1327	288	FERNANDO RODRIGUES	M4549	182	01:59:05	01:58:41	01:08:24	C MILLENNIUM BCP
1328	1536	JOSE REBOCHO	M5559	110	01:59:06	01:58:53	01:12:41	A VALE SILENCIO
1329	1565	LUIS GATINHO	M4044	224	01:59:10	01:57:42	01:12:36	HOLMES PLACE
1330	1746	JORGE BARREIRA	M6569	20	01:59:11	01:58:10	01:09:45	GRCD LEIAO
1331	1753	ELISABETE BARREIRA	F2039	63	01:59:12	01:58:14	01:15:30	GRCD LEIAO
1332	981	NUNO ANDRADE	M4044	225	01:59:13	01:57:57	01:14:23	INDIVIDUAL
1333	1922	MARIA FATUDA	F5099	12	01:59:16	01:58:12	01:12:56	GRD RIBEIRA LAGE
1334	577	JOAO P S LIMA	M5054	157	01:59:20	01:58:12	01:15:58	4 AO KM
1335	1852	DOMINGOS COSTA	M6064	51	01:59:23	01:58:32	01:11:27	INDIVIDUAL
1336	560	JOSE SANTOS	M4044	226	01:59:24	01:57:53	01:15:03	INDIVIDUAL
1337	1458	MANUEL GUERREIRO	M5559	111	01:59:25	01:58:42	01:06:13	GUERREIROS RIO
1338	394	OSCAR RODRIGUES	M6064	52	01:59:26	01:58:28	01:12:14	AÇOREANA C BANIF
1339	69	JOAO BRANCO	M6064	53	01:59:31	01:57:50	01:15:59	AAE BNU
1340	575	SANDRA S S MARTINS	F2039	64	01:59:31	01:58:22	01:15:59	4 AO KM
1341	1127	PATRICIA CANDEIAS	F2039	65	01:59:32	01:58:12	01:12:04	OS FOGUETES
1342	29	CARLOS CRESPO	M4549	183	01:59:43	01:58:31	01:14:33	A PALACIO QUELUZ
1343	1341	MARIA MARQUES	F4549	24	01:59:44	01:58:04	01:14:32	INDIVIDUAL
1344	1490	MARIA ALCINA CORREIA	F5099	13	01:59:46	01:59:16	01:14:04	INDIVIDUAL
1345	1646	JOAQUIM MACHADO	M5559	112	01:59:46	01:59:17	01:14:03	CCDT AUT ALMADA
1346	469	SEVERINO ROSA	M5559	113	01:59:50	01:58:14	01:16:51	SS CGD
1347	477	PAULA COSTA	F4044	30	01:59:50	01:58:13	01:16:52	SS CGD
1348	1226	ANA DUARTE	F4044	31	01:59:50	01:58:32	01:12:52	FALCOES SELVAGENS
1349	478	PAULO BAILAO	M4044	227	01:59:51	01:58:14	01:16:52	SS CGD
1350	706	FREDERICO S A SOUSA	M4549	184	01:59:54	01:59:05	01:13:31	LEBRES TARTARUGAS
1351	48	MANUEL REIA	M6064	54	01:59:55	01:58:37	01:11:45	CLUBE MARGINAL
1352	49	MICHEL GUERRA	M5559	114	01:59:55	01:58:38	01:07:42	CLUBE MARGINAL
1353	1023	TIAGO VALENTIM	M2039	455	01:59:59	01:59:02	01:10:31	INDIVIDUAL
1354	887	PEDRO PEREIRA	M2039	456	02:00:02	01:58:18	01:11:53	TARTARUGAS IMPARAVEIS
1355	915	HELENA CUNHA	F5099	14	02:00:06	01:58:53	01:14:19	CD ASAS MILENIUM
1356	991	FERNANDO SILVA	M5054	158	02:00:06	01:59:09	01:14:21	INDIVIDUAL
1357	230	Mª PAULA MONTEIRO	F4549	25	02:00:07	01:59:45	00:00:00	CLUBE STRESS
1358	1661	VITOR SILVA	M5559	115	02:00:09	02:00:09	01:13:57	GD MACEDO OCULISTA
1359	141	JOAQUIM CARDOSO	M4044	228	02:00:10	01:59:18	01:12:06	GRD RIBEIRA LAGE
1360	564	ISABEL FERREIRA	F4549	26	02:00:10	01:59:57	01:14:34	INDIVIDUAL
1361	165	JOAQUIM LIMA	M4549	185	02:00:18	01:59:27	01:11:19	CLUBE VODAFONE
1362	811	LUIS JANUÁRIO	M5054	159	02:00:33	01:59:38	01:15:00	INDIVIDUAL
1363	1044	MAGADIEL LOPES	M4044	229	02:00:35	01:58:48	01:16:03	INDIVIDUAL
1364	1605	LUIS GRAVE	M5054	160	02:00:36	01:59:42	01:12:07	OS ZATOPEQUES
1365	232	NUNO CASTANHEIRA	M5559	116	02:00:37	01:59:07	01:14:53	CLUBE STRESS

CM CASCAIS			20 KM CASCAIS			19 FEVEREIRO 2012		
1366	1223	CARLA TEIXEIRA	F4044	32	02:00:39	01:59:57	01:14:07	INDIVIDUAL
1367	624	PAULO TRIGO	M2039	457	02:00:40	01:59:45	01:13:06	SPEED R US
1368	660	Mª GRAÇA S FONSECA	F5099	15	02:00:40	01:59:03	01:14:54	INDIVIDUAL
1369	1430	MAURO TEIXEIRA	M2039	458	02:00:50	02:00:13	01:15:48	AD REAL ACADEMIA
1370	1465	MARILIA RIBEIRO	F2039	66	02:00:50	02:00:13	01:15:48	AD REAL ACADEMIA
1371	324	JOAQUIM PEREIRA	M7099	10	02:00:51	02:00:45	01:14:33	AA LEBRES SADO
1372	1509	ANTONIO JESUS	M6569	21	02:00:51	01:59:32	01:12:59	LA VAO ALMEIRIM
1373	1798	MARTIM MARTINS	M2039	459	02:00:59	01:59:23	01:15:08	INDIVIDUAL
1374	1844	LASZLO LEVENTE	M2039	460	02:00:59	02:00:01	01:18:14	INDIVIDUAL
1375	243	PEDRO REYES	M4044	230	02:01:00	01:58:25	01:16:07	CLUBE STRESS
1376	1448	RICARDO PACHECO	M2039	461	02:01:01	02:00:20	01:10:28	INDIVIDUAL
1377	1061	RUI TRINDADE	M4044	231	02:01:03	02:01:03	01:13:05	INDIVIDUAL
1378	1217	CATARINA FERRO	F2039	67	02:01:14	02:00:37	01:12:49	INDIVIDUAL
1379	1220	PAULO FERREIRA	M4044	232	02:01:15	02:00:38	01:12:50	INDIVIDUAL
1380	993	NUNO PINTO	M2039	462	02:01:22	02:00:30	01:17:23	INDIVIDUAL
1381	1268	LUIS FONSECA	M4549	186	02:01:30	02:00:17	01:15:27	INDIVIDUAL
1382	1357	RITA DUARTE	F2039	68	02:01:30	02:00:25	01:14:46	INDIVIDUAL
1383	1285	MARIO SÁ	M2039	463	02:01:31	02:00:18	01:15:28	INDIVIDUAL
1384	984	PEDRO FIGUEIREDO	M2039	464	02:01:35	02:01:08	01:11:06	INDIVIDUAL
1385	1885	JOSE CONCEICAO	M6569	22	02:01:38	02:01:28	01:16:02	INDIVIDUAL
1386	992	RITA COELHO	F2039	69	02:01:40	02:00:48	01:17:23	INDIVIDUAL
1387	26	MANUEL AUGUSTO	M7099	11	02:01:41	01:59:58	01:16:24	OURV ESP SANTO
1388	1868	MANUEL RIBEIRO	M5559	117	02:01:41	02:00:14	01:14:33	INDIVIDUAL
1389	283	THELMO CUNHA	M5054	161	02:01:43	02:00:05	01:17:45	ODEBRECHT
1390	538	LUIS CALHEIROS	M2039	465	02:01:48	02:00:34	01:15:03	INDIVIDUAL
1391	700	LUÍS COSTA	M4549	187	02:01:48	02:00:10	01:17:17	DRINKERS WITH RUNNING
1392	1856	JOAQUIM BELGA	M5054	162	02:01:51	02:01:19	01:14:16	INDIVIDUAL
1393	539	MARIO FREITAS	M4044	233	02:01:58	02:00:47	01:14:40	INDIVIDUAL
1394	938	JORGE B C DURO	M2039	466	02:01:58	02:00:58	01:12:58	INDIVIDUAL
1395	1244	ANTONIO S G ROSA	M5054	163	02:01:58	02:00:46	01:14:42	INDIVIDUAL
1396	4	ALBERTO COUTINHO	M4044	234	02:02:06	02:00:30	01:19:47	CCDP MUN CASCAIS
1397	776	CARLA SILVA	F4044	33	02:02:06	02:00:39	01:17:05	INDIVIDUAL
1398	1010	MADALENA CANINAS	F4549	27	02:02:06	02:00:35	01:16:53	CARROMALUCO
1399	1160	JORGE NARCISO	M5054	164	02:02:06	02:01:42	01:15:15	CC ARGANIL
1400	1242	MARIO VITORIA	M4044	235	02:02:11	02:01:58	01:12:38	GRUPO ROCHE
1401	1330	RITA MONTALVAO	F2039	70	02:02:12	02:00:58	01:14:58	INDIVIDUAL
1402	775	CARLOS MONTEIRO	M5054	165	02:02:13	02:00:45	01:17:08	INDIVIDUAL
1403	1356	VASCO ALPALHAO	M4044	236	02:02:13	02:00:49	01:14:52	INDIVIDUAL
1404	670	JORGE ALMEIDA	M4044	237	02:02:17	02:01:13	01:13:45	CONNECT2RUN
1405	671	CARLOS RENATO	M5054	166	02:02:17	02:01:13	01:13:45	CONNECT2RUN
1406	968	ANA P SIMOES	F4044	34	02:02:17	02:01:14	01:13:45	CD GRUPO BES
1407	1857	ANTONIO M M FERREIRA	M6064	55	02:02:18	02:01:15	01:17:05	INDIVIDUAL
1408	1615	ANTONIO RODRIGUES	M6064	56	02:02:21	02:01:54	01:15:14	ATLETAS PESO
1409	1617	FERNANDO OLIVEIRA	M5559	118	02:02:21	02:01:53	01:15:14	ATLETAS PESO
1410	1850	DIOGO P DIAS	M4549	188	02:02:24	02:01:27	01:10:29	INDIVIDUAL
1411	1709	TERESA JERÓNIMO	F4044	35	02:02:28	02:01:43	01:15:27	D MONTE REAL
1412	305	RODOLFO LIMA	M4044	238	02:02:31	02:02:31	00:00:00	C MILLENNIUM BCP
1413	1011	CARLOS BARATA	M5559	119	02:02:32	02:00:54	01:16:49	CARROMALUCO
1414	1756	TANIOA VALENTIM	F2039	71	02:02:35	02:01:33	01:15:32	MIRANTENSE FC
1415	241	PEDRO M SOARES	M2039	467	02:02:39	02:01:07	01:11:18	CLUBE STRESS
1416	970	PAULO CARRETEIRO	M2039	468	02:02:40	02:01:28	01:16:59	CD GRUPO BES
1417	632	JOAO LOBO	M4549	189	02:02:42	02:01:35	01:15:00	INDIVIDUAL
1418	1531	PAULA FIGUEIREDO	F5099	16	02:02:43	02:01:56	01:13:16	GD SANTANDER TOTTA
1419	20	MANUEL CAROLINO	M6569	23	02:02:47	02:02:32	01:14:39	CCD SINTRENSE
1420	650	GERARDO ATIENZA	M4549	190	02:02:52	02:01:22	01:16:35	RUN 4 FUN

CM CASCAIS			20 KM CASCAIS			19 FEVEREIRO 2012		
1421	486	PAULO C SOUSA	M4549	191	02:02:53	02:01:53	01:16:32	RUN 4 FUN
1422	692	JOAO CLODE	M2039	469	02:02:58	02:01:17	01:15:15	INDIVIDUAL
1423	1801	SALVADOR BOBONE	M2039	470	02:03:00	02:02:04	01:16:02	INDIVIDUAL
1424	1804	PEDRO S PROENÇA	M2039	471	02:03:00	02:02:03	01:16:03	INDIVIDUAL
1425	276	JOSE SOUSA	M5054	167	02:03:01	02:01:29	00:00:00	SFUAP
1426	1891	BEATRIZ FRANCO	F5099	17	02:03:02	02:01:51	00:00:00	INDIVIDUAL
1427	531	ANTONIO M ALMEIDA	M5054	168	02:03:03	02:02:22	01:16:02	INDIVIDUAL
1428	629	JOAQUIM C LOPES	M6064	57	02:03:08	02:02:56	01:16:33	INDIVIDUAL
1429	1165	MONICA MIGUÉIS	F2039	72	02:03:08	02:02:08	01:15:27	RUN 4 FUN
1430	1441	MIGUEL PINHAL	M4044	239	02:03:15	02:02:24	01:15:18	CCD TRANQUILIDADE
1431	1848	HUMBERTO CHAVES	M5559	120	02:03:15	02:02:06	01:16:45	INDIVIDUAL
1432	565	CRISTIANA ALMEIDA	F4549	28	02:03:33	02:03:20	01:14:42	INDIVIDUAL
1433	1886	SALVADOR LAURINO	M4549	192	02:03:38	02:01:55	01:11:28	INDIVIDUAL
1434	1009	JOAO HORTINHA	M4044	240	02:03:54	02:02:42	01:14:47	INDIVIDUAL
1435	1060	RUI P N FERREIRA	M2039	472	02:03:54	02:02:42	01:14:35	INDIVIDUAL
1436	1169	SUSANA ADEGAS	F4044	36	02:04:06	02:03:18	01:15:17	INDIVIDUAL
1437	116	CARLOS PRECISO	M2039	473	02:04:18	02:02:46	01:14:07	CAA BELEM
1438	343	PAULO ASCENÇÃO	M4044	241	02:04:18	02:03:53	01:15:02	GD CIMPOR
1439	1760	RAFAEL P NUNES	M2039	474	02:04:18	02:02:46	01:14:07	CEDA
1440	1032	LUIS R FERREIRA	M2039	475	02:04:21	02:03:12	01:14:25	INDIVIDUAL
1441	1572	FERNANDO PESTANA	M6064	58	02:04:21	02:03:57	01:14:33	C FERROV PORTUGAL
1442	1451	MARGARITA OLTRA	F2039	73	02:04:26	02:04:26	01:19:46	INDIVIDUAL
1443	1715	TIMÓTEO PFUMO	M6064	59	02:04:26	02:03:27	01:14:18	D MONTE REAL
1444	150	LUIS TORRAO	M5559	121	02:04:29	02:03:09	01:17:15	GDCT REPSOL
1445	1817	DAVID ELKAN	M5559	122	02:04:29	02:03:30	01:16:32	INDIVIDUAL
1446	862	ANA COSTA	F2039	74	02:04:37	02:03:09	01:18:29	INDIVIDUAL
1447	70	MANUEL OLIVCEIRA	M7099	12	02:04:41	02:03:00	01:18:35	AAE BNU
1448	1031	MARTA TOMADA	F2039	75	02:04:43	02:04:13	01:15:10	INDIVIDUAL
1449	617	RITA SOUSA	F2039	76	02:04:45	02:04:33	01:16:08	FAMILIA SOUSA
1450	618	PEDRO SOUSA	M4549	193	02:04:46	02:04:34	01:16:07	FAMILIA SOUSA
1451	10	MARCO ANTONIO	M2039	476	02:04:50	02:03:36	01:16:38	NUCLEOEIRAS/SPOTZ
1452	777	FERNANDO FIÃES	M4549	194	02:05:01	02:03:56	01:17:12	INDIVIDUAL
1453	576	FILIPE J SILVA	M5054	169	02:05:23	02:04:16	01:15:00	4 AO KM
1454	514	JOAQUIM D PALMEIRO	M4044	242	02:05:32	02:05:09	01:17:36	INDIVIDUAL
1455	1671	MARIA OLIVEIRA	F5099	18	02:05:49	02:05:01	01:14:47	CR ALVORADA
1456	803	ANA MARQUES	F4044	37	02:05:53	02:04:35	01:15:31	FALCOES SELVAGENS
1457	1532	EMILIO GONÇALVES	M4044	243	02:06:03	02:05:01	01:16:34	A VALE SILENCIO
1458	1651	ANTONIO FERREIRA	M4549	195	02:06:10	02:04:59	01:14:33	GD MACEDO OCULISTA
1459	1670	MARCO CRUZ	M2039	477	02:06:13	02:04:57	01:19:14	CR ALVORADA
1460	1524	FABIO DIAS	M4044	244	02:06:14	02:04:59	01:17:57	GD SANTANDER TOTTA
1461	1418	INES FORTE	M2039	478	02:06:16	02:05:15	01:16:49	RUN 4 FUN
1462	1419	PAULO MARCOS	M4044	245	02:06:16	02:05:15	01:16:49	RUN 4 FUN
1463	501	JOSE M SIMÕES	M5559	123	02:06:20	02:05:58	01:17:12	GEORUNNERS
1464	46	FRANCISCO COITO	M6064	60	02:06:30	02:05:11	01:15:10	CLUBE MARGINAL
1465	50	LUIS SILVA	M5559	124	02:06:30	02:05:12	01:15:30	CLUBE MARGINAL
1466	542	ANTONIO C NOVAS	M2039	479	02:06:34	02:05:38	01:18:05	INDIVIDUAL
1467	195	PEDRO GONÇALVES	M4044	246	02:06:41	02:05:08	01:11:20	CLUBE STRESS
1468	366	AMANDIO MONTEIRO	M4044	247	02:06:45	02:04:58	01:16:51	ADCR P JUDICIARIA
1469	910	TERESA GUEDES	F2039	77	02:06:59	02:06:17	01:19:22	INDIVIDUAL
1470	686	GONÇALO MALHEIRO	M2039	480	02:07:01	02:06:12	01:18:46	INDIVIDUAL
1471	885	PATRICIA PEREIRA	F2039	78	02:07:01	02:05:31	01:18:50	TARTARUGAS IMPARAVEIS
1472	280	JOAQUIM B SIMAO	M4549	196	02:07:07	02:04:49	01:16:50	ODEBRECHT
1473	1406	JOAO CUNHA	M4044	248	02:07:07	02:05:57	01:19:37	AMIGOS PARQUE PAZ
1474	669	CONCEIÇÃO J GRILO	F4044	38	02:07:08	02:06:01	01:18:25	INDIVIDUAL
1475	1327	JOAO BARROS	M2039	481	02:07:19	02:06:23	01:17:45	INDIVIDUAL

CM CASCAIS			20 KM CASCAIS			19 FEVEREIRO 2012		
1476	813	BRUNO ALBERTO	M2039	482	02:07:21	02:05:53	01:17:18	INDIVIDUAL
1477	1022	RICARDO SOUSA	M4044	249	02:07:26	02:05:44	01:18:47	INDIVIDUAL
1478	342	FATIMA FERNANDES	F5099	19	02:07:28	02:06:08	01:18:48	PAPA LEGUAS TEAM
1479	347	JOSE A OLIVEIRA	M5559	125	02:07:29	02:06:01	01:17:08	GD CIMPOR
1480	854	PEDRO RUA	M2039	483	02:07:31	02:06:15	01:19:48	INDIVIDUAL
1481	1333	AUGUSTO VIEIRA	M4044	250	02:07:31	02:06:15	01:19:48	INDIVIDUAL
1482	821	ANTONIO MATOS	M2039	484	02:07:38	02:06:03	01:19:35	RUNNING CROWS
1483	1870	VITOR SOUSA	M6064	61	02:07:42	02:07:15	01:19:32	INDIVIDUAL
1484	688	HUGO FARIA	M2039	485	02:07:46	02:06:08	01:18:19	DRINKERS WITH RUNNING
1485	266	MANUEL GOMES	M6569	24	02:07:50	02:06:44	01:19:23	CCD EFACEC LX
1486	1777	ELISEU PINTO	M6064	62	02:07:51	02:06:44	01:17:51	INDIVIDUAL
1487	1351	JOAO PISSARRA	M5559	126	02:07:54	02:07:36	01:15:33	INDIVIDUAL
1488	1742	JORGE JOURDAN	M5054	170	02:08:00	02:06:28	01:19:02	CCDP MUN CASCAIS
1489	212	CATARINA LEAL	F4044	39	02:08:03	02:08:03	01:19:07	CLUBE STRESS
1490	222	JORGE GONÇALVES	M4549	197	02:08:03	02:06:40	01:19:07	CLUBE STRESS
1491	592	SOREN BISHOP	M2039	486	02:08:14	02:07:41	01:16:46	INDIVIDUAL
1492	733	RODRIGO LEITÃO	M2039	487	02:08:15	02:08:15	00:00:00	INDIVIDUAL
1493	350	PATRICIA PINO	F2039	79	02:08:17	02:06:43	01:21:55	NINJAS ESTRADA
1494	1517	ANTONIO CASTRO	M4044	251	02:08:17	02:06:50	01:21:55	GD SANTANDER TOTTA
1495	1858	EBERHARD A WILHELM	M6064	63	02:08:28	02:07:19	01:16:45	INDIVIDUAL
1496	250	CARMO LARANJEIRA	F4549	29	02:08:29	02:07:10	01:19:33	CLUBE STRESS
1497	1824	JOAO FRADE	M2039	488	02:08:34	02:08:34	01:23:03	INDIVIDUAL
1498	1825	MONICA SANTOS	F2039	80	02:08:34	02:08:34	01:23:03	INDIVIDUAL
1499	1417	Mª LUISA C COUTINHO	F5099	20	02:08:39	02:07:14	01:19:54	SOLINCA OEIRAS
1500	463	FRANCISCO CLERIGO	M5559	127	02:08:49	02:08:04	01:18:16	SS CGD
1501	1038	MARCO SILVA	M4044	252	02:09:00	02:07:30	01:16:18	CARACOIS ASFALTO
1502	1149	ARMANDO J T CARDOSO	M4549	198	02:09:05	02:08:23	01:18:20	INDIVIDUAL
1503	820	SOFIA FARINHA	F2039	81	02:09:14	02:07:39	01:20:15	RUNNING CROWS
1504	815	ELSA M R ROBALO	F2039	82	02:09:15	02:08:27	01:25:23	INDIVIDUAL
1505	933	LUCILIA CASANOVA	F5099	21	02:09:31	02:08:36	01:19:01	INDIVIDUAL
1506	1475	HELDER VARANDAS	M6064	64	02:09:32	02:08:58	01:19:24	REPORTPRO
1507	1270	ANA CARVALHO	F4044	40	02:09:33	02:08:34	01:21:39	INDIVIDUAL
1508	1323	RICARDO CARVALHO	M4044	253	02:09:33	02:08:33	01:21:39	INDIVIDUAL
1509	1231	JORGE DINIS	M5054	171	02:09:34	02:08:57	01:17:14	FALCOES SELVAGENS
1510	1224	JOSE DINIS	M5054	172	02:09:35	02:08:57	01:17:39	FALCOES SELVAGENS
1511	1754	ADELAIDE	F5099	22	02:09:50	02:09:50	00:00:00	GRCD LEIAO
1512	823	JOSE GARRIDO	M5054	173	02:10:05	02:09:43	01:14:56	AMIGOS PARQUE PAZ
1513	1784	JOAO SOUSA	M4549	199	02:10:08	02:08:32	01:16:55	INDIVIDUAL
1514	1118	LUISA SOUSA	F4044	41	02:10:18	02:08:49	01:20:50	ACQUAWISE
1515	460	AURELIO CALADO	M6064	65	02:10:20	02:09:34	00:00:00	SS CGD
1516	689	HENRIQUE VILHENA	M5559	128	02:10:25	02:08:53	01:23:28	INDIVIDUAL
1517	481	RITA PIMENTA	F2039	83	02:10:28	02:09:32	01:19:43	SS CGD
1518	625	RODRIGO COMÉDIAS	M2039	489	02:10:29	02:09:34	01:19:43	SPEED R US
1519	235	PATRICIA GONÇALVES	F5099	23	02:10:34	02:09:05	00:00:00	CLUBE STRESS
1520	1711	PAULO JERÓNIMO	M4044	254	02:10:39	02:10:12	01:06:42	D MONTE REAL
1521	1903	FRANCISCO RAMOS	M4044	255	02:10:45	02:09:27	01:22:46	INDIVIDUAL
1522	599	JACKIE CORREIA	F5099	24	02:10:51	02:09:40	01:21:14	INDIVIDUAL
1523	1138	REINALDO PEREIRA	M4549	200	02:11:09	02:10:04	01:17:56	INDIVIDUAL
1524	441	MIGUEL SILVA	M6569	25	02:11:31	02:09:54	01:21:40	GA MONSANTO GASCAN
1525	1847	FERNANDO P RODRIGUES	M7099	13	02:11:35	02:10:19	01:22:04	INDIVIDUAL
1526	1013	NUNO ALMEIDA	M2039	490	02:11:37	02:10:03	01:20:52	INDIVIDUAL
1527	1618	ANTONIO TEIXEIRQA	M2039	491	02:11:42	02:10:21	01:19:36	WIKABOO
1528	1574	MIGUEL BARATA	M2039	492	02:11:50	02:11:22	01:18:42	C FERROV PORTUGAL
1529	1207	ANA ANDRADE	F2039	84	02:11:54	02:10:15	01:22:37	NEC PLUS ULTRA
1530	1263	CELIA GIL	F4044	42	02:11:58	02:10:31	01:17:25	INDIVIDUAL

CM CASCAIS			20 KM CASCAIS			19 FEVEREIRO 2012		
1531	848	PABLO VIGARINHO	M2039	493	02:12:08	02:10:43	01:15:30	SOLINCA OEIRAS
1532	738	PEDRO FERREIRA	M2039	494	02:12:38	02:11:36	01:25:16	INDIVIDUAL
1533	753	CARIN ISACSON	F5099	25	02:12:50	02:11:21	01:20:49	SLOWMOTION
1534	1070	JOSE TOMÁS	M2039	495	02:13:47	02:13:38	00:00:00	URD ARRANHO
1535	921	JOSE FERRABELO	M5559	129	02:14:01	02:12:48	01:16:54	CD ASAS MILENIUM
1536	1151	FERNANDO CLAUDINO	M5559	130	02:14:58	02:14:12	01:20:36	INDIVIDUAL
1537	512	MARIO PIRES	M5054	174	02:15:09	02:14:14	01:25:09	INDIVIDUAL
1538	1894	GIZELA N ALMEIDA	F2039	85	02:15:47	02:13:05	00:00:00	INDIVIDUAL
1539	1370	JOAQUIM RODRIGUES	M4044	256	02:15:53	02:15:10	01:18:58	INDIVIDUAL
1540	868	Mª JOÃO MOLLEN	F2039	86	02:15:59	02:14:38	01:22:07	INDIVIDUAL
1541	1915	CELIA GOMES	F4044	43	02:16:00	02:16:00	00:00:00	INDIVIDUAL
1542	1442	JOSE HENRIQUES	M6064	66	02:16:13	02:15:29	01:23:50	CCD TRANQUILIDADE
1543	1303	SARA SANTANA	F2039	87	02:16:28	02:15:08	01:23:08	PATA-JAGUAR
1544	1302	MIGUEL PIRES	M2039	496	02:16:29	02:15:12	01:23:08	PATA-JAGUAR
1545	801	MIGUEL AUGUSTO	M2039	497	02:16:40	02:14:49	01:20:46	CONTA QUILOMETROS
1546	802	LILIA NEVES	F2039	88	02:16:40	02:14:45	01:20:47	CONTA QUILOMETROS
1547	620	MARIO SANTOS	M4044	257	02:17:17	02:16:42	01:20:29	INDIVIDUAL
1548	17	JOSE CARITA	M5054	175	02:18:37	02:17:51	01:22:13	CCD SINTRENSE
1549	975	FERNANDO FILIPE	M4044	258	02:18:38	02:18:17	01:21:27	CD GRUPO BES
1550	1382	Mª JOAO POMBO	F5099	26	02:18:53	02:18:53	00:00:00	INDIVIDUAL
1551	1479	IVO ROSA	M2039	498	02:19:01	02:17:28	01:21:35	INDIVIDUAL
1552	928	RICARDO MENDONÇA	M4044	259	02:19:03	02:17:51	01:20:18	CASCAIS PANDILHA
1553	202	ANTONIO PAULINO	M5559	131	02:19:25	02:18:04	01:23:58	CLUBE STRESS
1554	199	ANA PAULINO	F5099	27	02:19:26	02:18:06	01:23:58	CLUBE STRESS
1555	156	TELMA LOPES	F2039	89	02:19:34	02:19:07	01:15:51	CONSTRUTENIS
1556	1311	JOAO FIGUEIRA	M2039	499	02:20:03	02:19:10	00:00:00	INDIVIDUAL
1557	1273	TIAGO RAMOS	M2039	500	02:20:04	02:19:10	00:00:00	INDIVIDUAL
1558	1096	JOSE C MAGALHÃES	M5054	176	02:20:11	02:18:50	01:26:43	GD BANCO BPI
1559	1208	CAROLINA DUARTE	F2039	90	02:20:22	02:18:42	01:23:40	NEC PLUS ULTRA
1560	388	LUIS NEVES	M2039	501	02:20:23	02:19:12	01:23:57	AÇOREANA C BANIF
1561	1900	MARIA COUTINHO	F4549	30	02:20:29	02:19:11	01:22:49	INDIVIDUAL
1562	1049	RUI T HENRIQUES	M6064	67	02:21:05	02:20:19	01:25:42	ADRC MATA BENFICA
1563	1802	VITOR SILVA	M5559	132	02:21:33	02:20:36	01:19:35	INDIVIDUAL
1564	609	JOANA M B PERALTA	F2039	91	02:21:42	02:20:42	01:23:28	RUN 4 FUN
1565	1466	JOSE M VALENTIM	M5559	133	02:23:16	02:23:09	01:25:02	INDIVIDUAL
1566	1407	LUIS S RIBEIRO	M2039	502	02:24:25	02:23:10	01:26:15	INDIVIDUAL
1567	1450	JOSE M DIAS	M5559	134	02:24:25	02:23:10	01:26:14	INDIVIDUAL
1568	1477	JOAO P DIAS	M2039	503	02:24:25	02:22:42	01:15:02	INDIVIDUAL
1569	780	JOSE M DIONÍSIO	M5559	135	02:24:46	02:23:08	01:26:10	AMIGOS CORRIDA.COM
1570	1770	Mª GORETTEH ALFAIA	F5099	28	02:24:50	02:23:10	01:28:56	INDIVIDUAL
1571	149	MANUEL SANTOS	M6064	68	02:24:53	02:23:11	01:26:10	GDCT REPSOL
1572	1510	MANUEL A C SOARES	M5054	177	02:24:54	02:23:33	01:28:43	INDIVIDUAL
1573	1206	MARIA SETIL	F2039	92	02:25:45	02:24:06	01:23:31	NEC PLUS ULTRA
1574	1140	NATALIA LIMA	F5099	29	02:26:41	02:24:53	01:29:52	INDIVIDUAL
1575	472	MANUEL BRAS	M4044	260	02:27:02	02:26:17	01:29:25	SS CGD
1576	1329	ANDRÉ SIMOES	M2039	504	02:27:02	02:25:49	01:29:00	INDIVIDUAL
1577	741	NUNO JACINTO	M4044	261	02:27:18	02:26:03	01:29:31	INDIVIDUAL
1578	1117	CRISTINA MENDES	M4044	262	02:27:41	02:26:11	01:30:37	ACQUAWISE
1579	1897	Mª CEU MARTINS	F4549	31	02:27:44	02:27:44	01:21:01	SOLINCA OEIRAS
1580	1813	PEDRO PEDROSA	M4044	263	02:29:18	02:28:13	01:30:34	INDIVIDUAL
1581	1912	JOANA SILVA	F2039	93	02:30:02	02:30:02	00:00:00	INDIVIDUAL
1582	1913	MARIA LARANJEIRO	F4549	32	02:30:03	02:30:03	00:00:00	INDIVIDUAL
1583	1300	ISABEL MATELA	F4044	44	02:30:45	02:30:45	01:33:25	FRUFRESH RUNNERS
1584	152	MARIO PEREIRA	M4044	264	02:31:19	02:30:52	01:35:49	CONSTRUTENIS
1585	153	Mª HELENA COELHO	F4549	33	02:31:19	02:30:52	01:35:21	CONSTRUTENIS

CM CASCAIS			20 KM CASCAIS				19 FEVEREIRO 2012	
1586	154	SILVINA PEREIRA	F2039	94	02:31:19	02:30:53	01:35:49	CONSTRUTENIS
1587	1424	MARCO CARDEIRA	M2039	505	02:33:59	02:33:59	01:15:20	OS NAMORADOS JOANA
1588	1772	FRANCISCO SILVA	M2039	506	02:34:30	02:34:30	00:00:00	OS NAMORADOS JOANA
1589	1436	GONÇALO MORAIS	M2039	507	02:34:31	02:34:31	00:00:00	OS NAMORADOS JOANA
1590	1287	JULIA CARMO	F5099	30	02:35:50	02:35:01	01:31:28	GRUPO CARMO
1591	1312	PAULO J AMORIM	M2039	508	02:37:40	02:36:39	01:36:12	INDIVIDUAL
1592	1902	JOANA MENSURADO	F2039	95	02:37:42	02:37:42	00:00:00	OS NAMORADOS JOANA
1593	219	JOAO PALMA	M6569	26	02:37:57	02:36:26	01:35:50	CLUBE STRESS
1594	214	ISABEL CORREIA	F5099	31	02:38:00	02:36:29	01:35:51	CLUBE STRESS
1595	1435	CRISTINA SOUTO	F2039	96	02:38:05	02:38:05	00:00:00	OS NAMORADOS JOANA
1596	976	PAULO SILVA	M4044	265	02:38:24	02:37:13	01:27:53	CD GRUPO BES
1597	229	Mª INES CAEIRO	F2039	97	02:39:00	02:39:00	00:00:00	CLUBE STRESS
1598	772	JOAQUIM CARREIRA	M5054	178	02:39:33	02:39:33	00:00:00	INDIVIDUAL
1599	662	CARLOS FORTUNATO	M5054	179	02:41:39	02:41:39	00:00:00	INDIVIDUAL
1600	1068	FILIPPE BRANCO	M4044	266	02:41:39	02:41:21	00:00:00	URD ARRANHO
1601	289	FERNANDO FERREIRA	M6569	27	02:41:40	02:41:40	00:00:00	C MILLENNIUM BCP
1602	74	ANTONIO MARQUES	M6569	28	02:48:40	02:47:07	01:37:06	GD JOANINHAS LEIAO
1603	1558	ALEXANDRE MARTINS	M2039	509	02:48:40	02:44:59	01:37:19	HOLMES PLACE
1604	1271	FERNANDO GIL	M4549	201	02:55:26	02:54:10	01:43:58	INDIVIDUAL

