

CORRIDA DONA ESTEFÂNIA 2013

Patrocínio: DELTA
Data: 05/05/2013

Apoio: ASBIPH

Classif.: Relatório Geral Masculino e Feminino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
1	230	MARCO GRILEIRO	33	M2034	1	M					AA MAFRA	00:34:40
2	602	DAVID M C GOMES	36	M3539	1	M					INDIVIDUAL	00:36:50
3	139	BRUNO PEREIRA	37	M3539	2	M					NUCLEOEIRAS/SPORTZ	00:37:10
4	381	PAULO AFONSO	18	M0019	1	M					CA GALINHEIRAS	00:37:54
5	526	ANASTACIO VALADAS	59	M5559	1	M					GD SANTANDER TOTTA	00:38:06
6	237	CLAUDIO A MIRA	47	M4549	1	M					INDIVIDUAL	00:38:27
7	371	HUGO SILVA	26	M2034	2	M					INDIVIDUAL	00:38:38
8	558	PAULO VENTURA	42	M4044	1	M					AÇOREANA C BANIF	00:39:06
9	523	MARCOS OLIVEIRA	40	M4044	2	M					GD INE	00:39:11
10	519	RUI HENRIQUES	33	M2034	3	M					SS MONTEPIO GERAL	00:39:12
11	20	BART VANDERSCHOOT	50	M5054	1	M					INDIVIDUAL	00:39:33
12	196	PEDRO GABRIEL	38	M3539	3	M					CA AMIGOS PARQUE	00:39:44
13	384	JOAO GOMES	40	M4044	3	M					AA MAFRA	00:40:03
14	385	OZILL PAULO	30	M2034	4	M					INDIVIDUAL	00:40:23
15	229	M ^º JOSE FRIAS	47	F4599	1	F					AA MAFRA	00:40:25
16	548	LINO MARCO	37	M3539	4	M					GD SANTANDER TOTTA	00:40:27
17	520	GONÇALO FERREIRA	40	M4044	4	M					GD INE	00:40:49
18	169	SADIQ M KASSAMO	39	M3539	5	M					PORTUGAL RUNNING	00:40:51
19	137	JOSE ESTEVES	47	M4549	2	M					INDIVIDUAL	00:40:57
20	593	JOAQUIM BELO	46	M4549	3	M					A VALE SILENCIO	00:40:57
21	585	MANUEL BENTO	36	M3539	6	M					SC CASAINHOS	00:41:01
22	270	ANTONIO FERNANDES	49	M4549	4	M					INDIVIDUAL	00:41:05
23	223	JOSE SILVA	49	M4549	5	M					ODIMARQR ALUMINIOS	00:41:26
24	100	NUNO A M SOARES	31	M2034	5	M					INDIVIDUAL	00:41:36
25	206	JAIME GOES	26	M2034	6	M					SUNSET RUNNERS	00:41:41
26	158	ANTONIO M M ALMEIDA	41	M4044	5	M					RB RUNNING	00:41:43
27	582	TIAGO TELES	29	M2034	7	M					CLUBE AUTOCOOPE	00:41:53
28	352	DIDIER M P VALENTE	41	M4044	6	M					MONSANTO T RUNNING	00:42:12
29	209	FABIO FELIZARDO	27	M2034	8	M					SUNSET RUNNERS	00:42:24
30	324	JOAO BELTRÃO	33	M2034	9	M					PERNAS GAFANHOTO	00:42:26
31	584	ARMANDO CORREIA	30	M2034	10	M					SC CASAINHOS	00:42:27
32	202	SERGIO CARVALHO	30	M2034	11	M					RAIL RUNNERS	00:42:31
33	177	RICARDO M BATISTA	20	M2034	12	M					INDIVIDUAL	00:42:32

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
34	339	PEDRO M V LIMA	35	M3539	7	M					INDIVIDUAL	00:42:32
35	241	JOAO P SILVA	35	M3539	8	M					INDIVIDUAL	00:42:43
36	612	JOAO GONÇALVES	36	M3539	9	M					INDIVIDUAL	00:42:43
37	109	PEDRO FERREIRA	35	M3539	10	M					CLUBE ROBBIALAC	00:42:45
38	377	RAFAEL V SANTOS	46	M4549	6	M					INDIVIDUAL	00:42:51
39	387	LUZIA DIAS	42	F3544	1	F					INDIVIDUAL	00:42:51
40	236	NUNO P SILVA	37	M3539	11	M					INDIVIDUAL	00:42:54
41	372	ARMANDO CORREIA	61	M6099	1	M					LESMAS ALOPRADAS	00:43:00
42	21	SOFIA A FERNANDES	38	F3544	2	F					INDIVIDUAL	00:43:02
43	597	ARTUR TAVARES	47	M4549	7	M					INDIVIDUAL	00:43:14
44	131	DANIEL VILABRIL	33	M2034	13	M					PERNAS GAFANHOTO	00:43:19
45	65	MILTON RODRIGUES	26	M2034	14	M					INDIVIDUAL	00:43:25
46	225	RUI FIGUEIREDO	29	M2034	15	M					RUN2BFREE	00:43:41
47	392	MAURO PIMENTA	36	M3539	12	M					INDIVIDUAL	00:43:48
48	166	NELSON DIAS	52	M5054	2	M					FAMILIA DIAS	00:43:53
49	286	HUGO PINTO	34	M2034	16	M					INDIVIDUAL	00:43:59
50	575	ANTONIO ALMEIDA	50	M5054	3	M					CLUBE AUTOCOOPE	00:44:03
51	539	JOAO JESUS	37	M3539	13	M					GD SANTANDER TOTTA	00:44:05
52	528	ANTONIO FERREIRA	42	M4044	7	M					GD SANTANDER TOTTA	00:44:12
53	235	LUIS CALEIRAS	40	M4044	8	M					GD CARRIS	00:44:14
54	46	NUNO PRATA	41	M4044	9	M					INDIVIDUAL	00:44:18
55	321	NUNO E C RODRIGUES	29	M2034	17	M					INDIVIDUAL	00:44:18
56	595	CARLOS VENANCIO	52	M5054	4	M					INDIVIDUAL	00:44:20
57	22	VITOR PINTO	50	M5054	5	M					INDIVIDUAL	00:44:26
58	135	FRANCISCO N FREIRE	33	M2034	18	M					SERRANITOS&FRIENDS	00:44:29
59	165	PEDRO M S MACEDO	33	M2034	19	M					INDIVIDUAL	00:44:32
60	198	ANDRE CID	39	M3539	14	M					RUN 4 FUN	00:44:33
61	611	RUI MORAIS	35	M3539	15	M					INDIVIDUAL	00:44:38
62	332	JOÃO LUZ	36	M3539	16	M					PANDILHA JOVEM	00:44:44
63	591	NUNO LUCAS	33	M2034	20	M					PERNAS GAFANHOTO	00:44:46
64	374	JÃO REVÉS	41	M4044	10	M					LESMAS ALOPRADAS	00:44:49
65	288	VASCO COSTA	58	M5559	2	M					INDIVIDUAL	00:44:59
66	226	CARLA MARTINS	37	F3544	3	F					NUCLEOEIRAS/SPORTZ	00:45:02
67	524	NUNO VALENTE	34	M2034	21	M					GD INE	00:45:02
68	327	SANDRO PINTO	37	M3539	17	M					INDIVIDUAL	00:45:04
69	328	VICTOR B F SEZINANDO	29	M2034	22	M					INDIVIDUAL	00:45:11
70	386	PAULO MARGAÇA	35	M3539	18	M					A ALFA 1 PORTUGAL	00:45:13
71	234	JULIO FERREIRA	58	M5559	3	M					AMIGOS PARA SEMPRE	00:45:22
72	531	CARLOS PEREIRA	42	M4044	11	M					GD SANTANDER TOTTA	00:45:23
73	171	LUIS M XAVIER	41	M4044	12	M					INDIVIDUAL	00:45:35

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
74	362	LUÍS SOUSA	27	M2034	23	M					INDIVIDUAL	00:45:38
75	596	MARIA VENANCIO	48	F4599	2	F					INDIVIDUAL	00:45:44
76	341	JULIO A P S TEODORO	39	M3539	19	M					INDIVIDUAL	00:45:50
77	111	JOAO R REIS	61	M6099	2	M					INDIVIDUAL	00:45:54
78	366	EDUARDO RIBEIRO	45	M4549	8	M					GDCT UNICRE	00:45:55
79	289	ANDRE F V P CAMPOS	28	M2034	24	M					INDIVIDUAL	00:45:57
80	537	HAMILTON DIAS	37	M3539	20	M					GD SANTANDER TOTTA	00:46:00
81	221	MIGUEL F R FRANCO	23	M2034	25	M					INDIVIDUAL	00:46:02
82	333	MIGUEL SILVA	42	M4044	13	M					INDIVIDUAL	00:46:04
83	58	MIGUEL SANTOS	40	M4044	14	M					INDIVIDUAL	00:46:07
84	506	JACINTO PEREIRA	56	M5559	4	M					LIS RUNNING	00:46:09
85	250	HUMBERTO S CRUZ	36	M3539	21	M					INDIVIDUAL	00:46:12
86	201	DAVID SARAIVA	31	M2034	26	M					INDIVIDUAL	00:46:26
87	592	NEVES SILVA	60	M6099	3	M					C FERROV PORTUGAL	00:46:26
88	355	CARLOS PIRES	38	M3539	22	M					INDIVIDUAL	00:46:27
89	583	NELSON DIAS	29	M2034	27	M					SC CASAINHOS	00:46:30
90	310	RUI M J PAULO	46	M4549	9	M					INDIVIDUAL	00:46:34
91	530	BRUNO GIRAO	38	M3539	23	M					GD SANTANDER TOTTA	00:46:36
92	263	DANIEL C DUARTE	35	M3539	24	M					INDIVIDUAL	00:46:45
93	178	IDALÉCIO BARROS	58	M5559	5	M					INDIVIDUAL	00:46:55
94	600	FERNANDO ANACLETO	60	M6099	4	M					INDIVIDUAL	00:46:55
95	389	PAULO MIGUEL	41	M4044	15	M					INDIVIDUAL	00:47:00
96	351	GABRIEL MOREIRA	55	M5559	6	M					INDIVIDUAL	00:47:04
97	45	MIGUEL MENDES	58	M5559	7	M					INDIVIDUAL	00:47:05
98	168	RUI J M V C SANTOS	42	M4044	16	M					RUN 4 FUN	00:47:12
99	373	PAULO ANTUNES	45	M4549	10	M					LESMA ALOPRADAS	00:47:21
100	330	VITOR FERREIRA	49	M4549	11	M					CP ALCANENA	00:47:24
101	353	LUÍS F F FIGUEIREDO	51	M5054	6	M					INDIVIDUAL	00:47:34
102	601	JOAO H SILVA	45	M4549	12	M					INDIVIDUAL	00:47:36
103	110	RAUL COSTA	52	M5054	7	M					CLUBE ROBBIALAC	00:47:43
104	227	RUI COSTA	27	M2034	28	M					INDIVIDUAL	00:47:47
105	383	FRANCISCO VIRTUOSO	74	M6099	5	M					INDIVIDUAL	00:47:49
106	590	SARA LOUREIRO	25	F0034	1	F					SC CASAINHOS	00:47:50
107	563	EGIDIO SILVA	49	M4549	13	M					SS CGD	00:47:52
108	576	CARLOS FERREIRA	56	M5559	8	M					CLUBE AUTOCOOPE	00:47:52
109	25	EUGENIO R MARTINEZ	32	M2034	29	M					INDIVIDUAL	00:47:58
110	66	RUBEN GONCALVES	33	M2034	30	M					INDIVIDUAL	00:47:59
111	218	PEDRO REIS	38	M3539	25	M					INDIVIDUAL	00:48:02
112	365	GONÇALO OLIVEIRA	51	M5054	8	M					GDCT UNICRE	00:48:03
113	293	ANTONIO SANTOS	48	M4549	14	M					INDIVIDUAL	00:48:05

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
114	614	JORGE M S R SALVADO	50	M5054	9	M					INDIVIDUAL	00:48:08
115	578	JOSE DIAS	55	M5559	9	M					CLUBE AUTOCOOPE	00:48:11
116	215	PATRÍCIA REIS	19	F0034	2	F					INDIVIDUAL	00:48:17
117	609	ANTONIO VARELA	47	M4549	15	M					INDIVIDUAL	00:48:17
118	604	MANUEL PERAS	56	M5559	10	M					INDIVIDUAL	00:48:25
119	502	GILBERTO GONÇALVES	65	M6099	6	M					CR ALVORADA	00:48:26
120	603	ICIAR R NEVADO	36	F3544	4	F					INDIVIDUAL	00:48:26
121	501	PEDRO FILIPE	32	M2034	31	M					CAA BELEM	00:48:28
122	275	PEDRO M A PROENÇA	33	M2034	32	M					INDIVIDUAL	00:48:30
123	533	DANIEL SIMOES	39	M3539	26	M					GD SANTANDER TOTTA	00:48:32
124	228	HELDER MOREIRA	39	M3539	27	M					INDIVIDUAL	00:48:36
125	276	JOAO D B FERNANDES	65	M6099	7	M					INDIVIDUAL	00:48:46
126	123	ABÍLIO OLIVEIRA	47	M4549	16	M					INDIVIDUAL	00:48:49
127	540	JOAO ROCHA	61	M6099	8	M					GD SANTANDER TOTTA	00:48:50
128	207	FERNANDO ROCHA	52	M5054	10	M					SUNSET RUNNERS	00:48:53
129	50	JOAO BARROS	35	M3539	28	M					INDIVIDUAL	00:49:00
130	253	CARLOS NEVES	33	M2034	33	M					OS NEVES	00:49:00
131	367	MATTEO TAIANA	36	M3539	29	M					COCCINELLE	00:49:01
132	536	FERNANDO MARQUES	58	M5559	11	M					GD SANTANDER TOTTA	00:49:01
133	175	PEDRO TEIXEIRA	40	M4044	17	M					PORTELAS	00:49:21
134	43	MIGUEL LOPES	57	M5559	12	M					INDIVIDUAL	00:49:28
135	370	JAIME VEIGA	50	M5054	11	M					EMSA TEAM	00:49:32
136	176	CARLA S G O MARQUES	42	F3544	5	F					INDIVIDUAL	00:49:37
137	319	RICARDO SILVA	35	M3539	30	M					INDIVIDUAL	00:49:43
138	360	JOÃO ALMEIDA	30	M2034	34	M					INDIVIDUAL	00:49:45
139	17	ALEXANDRE CARVALHO	39	M3539	31	M					INDIVIDUAL	00:49:47
140	54	RUI BRAS	37	M3539	32	M					INDIVIDUAL	00:49:48
141	55	CARLA MIGUEL	32	F0034	3	F					INDIVIDUAL	00:49:48
142	224	PEDRO FIGUEIREDO	40	M4044	18	M					RUN2BFREE	00:49:50
143	204	CARLOS M BARRENTO	48	M4549	17	M					OS AMIGOS BIANCA	00:49:52
144	205	FERNANDO J F COELHO	47	M4549	18	M					OS AMIGOS BIANCA	00:49:52
145	104	DANIEL RODRIGUES	33	M2034	35	M					CLUBE ROBBIALAC	00:49:54
146	231	SILVERIO BRAS	53	M5054	12	M					INDIVIDUAL	00:50:05
147	587	FABIO PEREIRA	21	M2034	36	M					SC CASAINHOS	00:50:07
148	194	PAULO PADRÃO	45	M4549	19	M					INDIVIDUAL	00:50:11
149	195	JOAO TEIXEIRA	43	M4044	19	M					INDIVIDUAL	00:50:11
150	172	LUÍS PIRES	29	M2034	37	M					INDIVIDUAL	00:50:18
151	57	JOAO REIS	34	M2034	38	M					INDIVIDUAL	00:50:29
152	126	DIOGO ARRAIAS	59	M5559	13	M					OS ARRAIAS	00:50:34
153	379	Mª ORLETE MENDES	61	F4599	3	F					CA GALINHEIRAS	00:50:39

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
154	577	JOAO CALDAS	47	M4549	20	M					CLUBE AUTOCOOPE	00:50:41
155	140	CARLOS SOARES	45	M4549	21	M					INDIVIDUAL	00:50:42
156	219	ANTONIO M J GODINHO	38	M3539	33	M					INDIVIDUAL	00:50:42
157	112	NUNO M F ALVES	59	M5559	14	M					INDIVIDUAL	00:50:43
158	607	ETELVINA VIDAL	45	F4599	4	F					INDIVIDUAL	00:50:44
159	255	VASCO ALPALHÃO	43	M4044	20	M					ALPALHAO	00:50:46
160	589	JORGE LOURENÇO	21	M2034	39	M					SC CASAINHOS	00:50:46
161	115	ANTONIO PAIS	65	M6099	9	M					VALE MEDEIROS SC	00:50:47
162	358	JOÃO MENDES	42	M4044	21	M					INDIVIDUAL	00:50:47
163	210	ISOLDA GUEDES	30	F0034	4	F					INDIVIDUAL	00:50:51
164	220	SERGIO SALVADO	37	M3539	34	M					INDIVIDUAL	00:50:52
165	248	JAIME RAMOS	44	M4044	22	M					INDIVIDUAL	00:50:53
166	107	JOSE VILELA	48	M4549	22	M					CLUBE ROBBIALAC	00:50:56
167	173	RUI ALMEIDA	35	M3539	35	M					INDIVIDUAL	00:50:59
168	36	VITOR M F SILVA	37	M3539	36	M					INDIVIDUAL	00:51:11
169	51	PAULA PARDAL	34	F0034	5	F					INDIVIDUAL	00:51:14
170	521	JORGE LOPES	28	M2034	40	M					GD INE	00:51:28
171	154	MARIO R MATEUS	44	M4044	23	M					INDIVIDUAL	00:51:31
172	308	CLAUDIA S S VIEIRA	27	F0034	6	F					INDIVIDUAL	00:51:31
173	114	JOAO ALVES LIMA	30	M2034	41	M					INDIVIDUAL	00:51:35
174	113	JOAQUIM LIMA	49	M4549	23	M					INDIVIDUAL	00:51:37
175	605	JOAO C BORGES	45	M4549	24	M					INDIVIDUAL	00:51:37
176	354	NUNO M B MARTINS	41	M4044	24	M					INDIVIDUAL	00:51:39
177	532	CARLOS TEIXEIRA	40	M4044	25	M					GD SANTANDER TOTTA	00:51:48
178	300	JOSE CA SILVA	28	M2034	42	M					INDIVIDUAL	00:51:51
179	549	LINO OLIVEIRA	67	M6099	10	M					GD SANTANDER TOTTA	00:51:54
180	515	PAULORAINHO	46	M4549	25	M					SS MONTEPIO GERAL	00:51:56
181	516	PEDRO CARRASCO	41	M4044	26	M					SS MONTEPIO GERAL	00:51:57
182	252	JOSE NEVES	61	M6099	11	M					OS NEVES	00:51:59
183	369	CARLOS BEIJINHO	41	M4044	27	M					INDIVIDUAL	00:51:59
184	522	LUIS REIS	58	M5559	15	M					GD INE	00:52:01
185	108	JORGE PINTO	42	M4044	28	M					CLUBE ROBBIALAC	00:52:02
186	222	JAIME MARÇAL	59	M5559	16	M					INDIVIDUAL	00:52:02
187	349	ANA M N GONÇALVES	28	F0034	7	F					INDIVIDUAL	00:52:03
188	500	JOSE GARCES	48	M4549	26	M					CAA BELEM	00:52:15
189	101	SUSANA FRAZÃO	31	F0034	8	F					INDIVIDUAL	00:52:18
190	273	JOSE T C MARTINS	20	M2034	43	M					MARTINS	00:52:18
191	271	JOSE F E MARTINS	38	M3539	37	M					MARTINS	00:52:19
192	556	HUGO MONTEIRO	30	M2034	44	M					GD SANTANDER TOTTA	00:52:29
193	560	ALBERTINO SEMEDO	54	M5054	13	M					SS CGD	00:52:31

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
194	561	ANTONIO NEGRINHO	49	M4549	27	M					SS CGD	00:52:31
195	24	BRUNO R FONSECA	40	M4044	29	M					INDIVIDUAL	00:52:38
196	284	ANDRE PINTO	25	M2034	45	M					OS PINTOS	00:52:38
197	272	ISABEL M C C MARTINS	44	F3544	6	F					MARTINS	00:52:44
198	527	ANTONIO CASTRO	43	M4044	30	M					GD SANTANDER TOTTA	00:52:44
199	266	MARTA MARQUES	31	F0034	9	F					CASCAIS PANDILHA	00:52:47
200	329	FRANCISCO M A SARDINHA	42	M4044	31	M					INDIVIDUAL	00:52:48
201	511	MANUEL C SANTOS	38	M3539	38	M					SS MONTEPIO GERAL	00:52:49
202	299	JOAO E P M CANAS	26	F0034	10	F					INDIVIDUAL	00:52:51
203	508	NUNO CARVALHO	37	M3539	39	M					SS MONTEPIO GERAL	00:52:58
204	238	JOAO P SANTOS	53	M5054	14	M					INDIVIDUAL	00:53:08
205	574	ISAAC CARRÊLO	52	M5054	15	M					CLUBE ANACOM	00:53:17
206	27	ALEXANDRE TESTAGROSSA	42	M4044	32	M					INDIVIDUAL	00:53:35
207	292	JORGE ABREU	39	M3539	40	M					FRIENDS2RUN	00:53:40
208	608	PEDRO CARVALHO	38	M3539	41	M					INDIVIDUAL	00:53:41
209	10	MANUEL NETA	33	M2034	46	M					CCR	00:53:42
210	186	RUI P O VIEITAS	37	M3539	42	M					INDIVIDUAL	00:54:08
211	378	MARIANA J GOMES	30	F0034	11	F					INDIVIDUAL	00:54:12
212	297	RUI M P S CARNEIRO	57	M5559	17	M					JOÃO CARNEIRO SAD	00:54:13
213	274	MAFALDA MATEUS	23	F0034	12	F					INDIVIDUAL	00:54:19
214	200	ADOLFO PAZ	47	M4549	28	M					INDIVIDUAL	00:54:32
215	18	CARLA I F BALTAZAR	43	F3544	7	F					INDIVIDUAL	00:54:58
216	510	LUIS REIS	56	M5559	18	M					SS MONTEPIO GERAL	00:55:05
217	337	PAULO ESTEVES	35	M3539	43	M					INACIO & PAULO	00:55:11
218	138	NUNO S MONIZ	39	M3539	44	M					INDIVIDUAL	00:55:13
219	313	JOAO P ALMEIDA	46	M4549	29	M					INDIVIDUAL	00:55:16
220	49	RODRIGO A REIS	39	M3539	45	M					INDIVIDUAL	00:55:18
221	361	LUIS AMORIM	55	M5559	19	M					NA BEIERSDORF	00:55:27
222	350	KEVIN ANTUNES	31	M2034	47	M					INDIVIDUAL	00:55:28
223	562	BRUNO COSTA	39	M3539	46	M					SS CGD	00:55:29
224	336	NUNO GUERREIRO	29	M2034	48	M					ADRC MATA BENFICA	00:55:31
225	120	MARIO DUARTE	39	M3539	47	M					INDIVIDUAL	00:55:32
226	338	INACIO CACCIATORI	37	M3539	48	M					INACIO & PAULO	00:55:32
227	618	PEDRO MONTEIRO	38	M3539	49	M					CCD SEG SOCIAL LX	00:55:37
228	364	PAULO FRANÇA	51	M5054	16	M					GDCT UNICRE	00:55:39
229	294	ROMÃO VALENTE	51	M5054	17	M					INDIVIDUAL	00:56:02
230	569	PAULO BAILAO	42	M4044	33	M					SS CGD	00:56:06
231	565	JOSE MARTINS	38	M3539	50	M					SS CGD	00:56:14
232	249	GONCALO AMARO	35	M3539	51	M					INDIVIDUAL	00:56:19
233	15	CARLOS SOUSA	37	M3539	52	M					INDIVIDUAL	00:56:22

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
234	16	ADAO LUZ	60	M6099	12	M					INDIVIDUAL	00:56:25
235	167	LUIS M CAMPOS	45	M4549	30	M					INDIVIDUAL	00:56:28
236	148	ISABEL FG MONTEIRO	26	F0034	13	F					INDIVIDUAL	00:56:39
237	304	JOSE M P F MARTINS	36	M3539	53	M					INDIVIDUAL	00:56:40
238	149	JOSE P GONÇALVES	38	M3539	54	M					INDIVIDUAL	00:56:42
239	295	MAURICIO TEIXEIRA	22	M2034	49	M					INDIVIDUAL	00:56:52
240	615	EDILSON MOURA	43	M4044	34	M					INDIVIDUAL	00:56:52
241	188	HENRIQUE VILHENA	57	M5559	20	M					INDIVIDUAL	00:56:56
242	335	ANGELA FIGUEIRA	28	F0034	14	F					ADRC MATA BENFICA	00:57:11
243	348	PEDRO M MATOS	28	M2034	50	M					INDIVIDUAL	00:57:11
244	156	PEDRO M A P FIGUEIREDO	48	M4549	31	M					INDIVIDUAL	00:57:13
245	375	FILOMENA AGUIÃ	52	F4599	5	F					LESMA ALOPRADAS	00:57:27
246	47	CARLOS PAIVA	54	M5054	18	M					INDIVIDUAL	00:57:34
247	48	EDUARDDA PAIVA	40	F3544	8	F					INDIVIDUAL	00:57:34
248	164	ANA PAULINO	61	F4599	6	F					CLUBE STRESS	00:57:35
249	197	EUGENIA CID	41	F3544	9	F					RUN 4 FUN	00:57:39
250	280	RICARDO CAPELO	28	M2034	51	M					GD CIMPOR	00:57:44
251	281	RUI ZENOGLIO	39	M3539	55	M					GD CIMPOR	00:57:44
252	213	RICARDO CARVALHO	37	M3539	56	M					CRECESER	00:57:48
253	283	PEDRO PINTO	55	M5559	21	M					OS PINTOS	00:57:49
254	246	PAULO J G FIGUEIREDO	44	M4044	35	M					INDIVIDUAL	00:57:51
255	41	ANDRE PALMEIRO	40	M4044	36	M					INDIVIDUAL	00:57:53
256	555	SILVIA TEIXEIRA	35	F3544	10	F					GD SANTANDER TOTTA	00:57:53
257	143	MERCEDES FONSECA	57	F4599	7	F					OS SUPER	00:58:00
258	217	SANDRA GONÇALVES	27	F0034	15	F					INDIVIDUAL	00:58:01
259	518	RITA GONÇALVES	37	F3544	11	F					SS MONTEPIO GERAL	00:58:03
260	150	EBERHARD A WILHELM	65	M6099	13	M					4 AO KM	00:58:10
261	342	ANTONIO C NOVAS	34	M2034	52	M					GODINHO	00:58:10
262	185	PEDRO MARQUES	34	M2034	53	M					RUTE FERNANDES	00:58:27
263	184	RUTE FERNANDES	33	M2034	54	M					RUTE FERNANDES	00:58:28
264	320	JOSE ALÍPIO	56	M5559	22	M					INDIVIDUAL	00:58:28
265	105	JOSÉ RODRIGUES	61	M6099	14	M					CLUBE ROBBIALAC	00:58:42
266	570	RICARDO MATEUS	34	M2034	55	M					SS CGD	00:58:47
267	117	FATIMA SANTOS	33	F0034	16	F					INDIVIDUAL	00:58:48
268	391	ILIDIO MONTEIRO	63	M6099	15	M					INDIVIDUAL	00:58:48
269	323	CAROLINA FERREIRA	25	F0034	17	F					INDIVIDUAL	00:58:51
270	142	JOAQUIM FONSECA	57	M5559	23	M					OS SUPER	00:58:52
271	594	PEDRO M SILVA	41	M4044	37	M					INDIVIDUAL	00:58:59
272	192	TIAGO F M COELHO	25	M2034	56	M					INDIVIDUAL	00:59:00
273	174	NUNO GONÇALVES	59	M5559	24	M					INDIVIDUAL	00:59:03

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
274	189	CARLA A F M MORAIS	37	F3544	12	F					INDIVIDUAL	00:59:07
275	190	FERNANDO M N MORAIS	40	M4044	38	M					INDIVIDUAL	00:59:08
276	390	CARLOS NORTE	41	M4044	39	M					INDIVIDUAL	00:59:20
277	586	ELISABETH LOUREIRO	52	F4599	8	F					SC CASAINHOS	00:59:21
278	588	NUNO PEREIRA	41	M4044	40	M					SC CASAINHOS	00:59:22
279	613	JOAO C RODRIGUES	33	M2034	57	M					CCR	00:59:26
280	56	JOSE TEIXEIRA	41	M4044	41	M					INDIVIDUAL	00:59:31
281	553	PAULA FIGUEIREDO	55	F4599	9	F					GD SANTANDER TOTTA	00:59:36
282	187	CARLA DINIS	39	F3544	13	F					INDIVIDUAL	00:59:55
283	285	RUI N F DINIS	46	M4549	32	M					CLUBE STRESS	00:59:56
284	538	HENRIQUE MARÇAL	59	M5559	25	M					GD SANTANDER TOTTA	01:00:03
285	545	JOSE RIBEIRO	68	M6099	16	M					GD SANTANDER TOTTA	01:00:03
286	277	JAIME PARDAL	44	M4044	42	M					CARAPAU CORRIDA	01:00:06
287	279	VITOR SANTOS	42	M4044	43	M					CARAPAU CORRIDA	01:00:06
288	512	MANUEL J NARCISO	48	M4549	33	M					SS MONTEPIO GERAL	01:00:14
289	153	SAMUEL DIAS	26	M2034	58	M					INDIVIDUAL	01:00:21
290	163	ANTONIO PAULINO	60	M6099	17	M					CLUBE STRESS	01:00:29
291	132	RUI GONÇALVES	29	M2034	59	M					INDIVIDUAL	01:00:32
292	543	JOSE MONTEIRO	64	M6099	18	M					GD SANTANDER TOTTA	01:00:37
293	28	JOSE C R SANTOS	38	M3539	57	M					INDIVIDUAL	01:00:40
294	317	PEDRO B FERREIRA	20	M2034	60	M					INDIVIDUAL	01:00:40
295	264	LUISA M PINTÃO	58	F4599	10	F					INDIVIDUAL	01:00:41
296	316	FELICIANA FEREEIRA	47	F4599	11	F					INDIVIDUAL	01:00:41
297	12	JOANA L C V PAULA	29	F0034	18	F					INDIVIDUAL	01:00:44
298	13	SERGIO A S RODRIGUES	31	M2034	61	M					INDIVIDUAL	01:00:47
299	571	RUI OLIVEIRA	46	M4549	34	M					SS CGD	01:00:47
300	307	VICTOR M R RAMOS	58	M5559	26	M					INDIVIDUAL	01:01:10
301	559	SOFIA GURDES	38	F3544	14	F					AÇOREANA C BANIF	01:01:19
302	557	ANTONIO GUEDES	42	M4044	44	M					AÇOREANA C BANIF	01:01:20
303	157	RITA P MARQUES	37	F3544	15	F					INDIVIDUAL	01:01:29
304	32	JOAO C RIBEIRO	55	M5559	27	M					INDIVIDUAL	01:01:40
305	151	CARLA M D MENDES	36	F3544	16	F					RUFIAS	01:01:40
306	296	ARTUR DINIS	55	M5559	28	M					INDIVIDUAL	01:01:46
307	305	MARIA QUITÉRIA	39	F3544	17	F					INDIVIDUAL	01:01:46
308	326	MANUEL PRATES	40	M4044	45	M					GD VIDENSE	01:01:48
309	251	MARCIO VIRIATO	28	M2034	62	M					INDIVIDUAL	01:01:50
310	302	CARLA JAIME	43	F3544	18	F					INDIVIDUAL	01:01:50
311	376	MANUEL A DANTAS	45	M4549	35	M					INDIVIDUAL	01:01:56
312	610	PEDRO SILVA	39	M3539	58	M					INDIVIDUAL	01:01:58
313	287	ROSA M R FALARDO	49	F4599	12	F					INDIVIDUAL	01:02:09

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
314	331	NUNO AMEIXIAL	39	M3539	59	M					FRIENDS2RUN	01:02:11
315	124	MARIO MSANCHES	36	M3539	60	M					INDIVIDUAL	01:02:13
316	125	ANA CONCEIÇÃO	36	F3544	19	F					INDIVIDUAL	01:02:14
317	179	LUIZA FREITAS	31	F0034	19	F					CLUBE HERMES	01:02:24
318	180	RUBEN BAHAMONDE	31	M2034	63	M					CLUBE HERMES	01:02:24
319	181	ALEXANDRA M V INÁCIO	39	F3544	20	F					CLUBE HERMES	01:02:24
320	388	FILIPA ALVIM	38	F3544	21	F					INDIVIDUAL	01:02:29
321	130	ISMAEL TEIXEIRA	38	M3539	61	M					INDIVIDUAL	01:02:35
322	318	SÍLVIA FRAZÃO	34	F0034	20	F					INDIVIDUAL	01:02:35
323	193	MIGUEL R GOUVEIA	39	M3539	62	M					INDIVIDUAL	01:02:39
324	127	SANDRA ARRAIAS	32	F0034	21	F					OS ARRAIAS	01:02:40
325	159	NUNO ARRAIAS	36	M3539	63	M					OS ARRAIAS	01:02:40
326	617	MARIA BENTO	56	F4599	13	F					INDIVIDUAL	01:02:46
327	301	EUGENIA FERNANDES	21	F0034	22	F					INDIVIDUAL	01:02:47
328	242	Mª JOÃO F SIMÕES	44	F3544	22	F					INDIVIDUAL	01:02:48
329	282	ANA S PEREIRA	28	F0034	23	F					GD CIMPOR	01:03:07
330	580	JOAO GRAÇA	73	M6099	19	M					CLUBE AUTOCOOPE	01:03:10
331	581	SERGIO BORGES	40	M4044	46	M					CLUBE AUTOCOOPE	01:03:10
332	203	HELENA PIRES	45	F4599	14	F					RAIL RUNNERS	01:03:29
333	306	SANDRA M R CORREIA	32	F0034	24	F					INDIVIDUAL	01:03:34
334	356	PATRICIA MORAIS	36	F3544	23	F					INDIVIDUAL	01:03:56
335	357	SUSANA PINHEIRO	28	F0034	25	F					INDIVIDUAL	01:03:56
336	254	ANA ALPALHÃO	39	F3544	24	F					ALPALHAO	01:04:02
337	133	EDUARDO AMORIM	41	M4044	47	M					INDIVIDUAL	01:04:05
338	309	CARLA SIMÕES	38	F3544	25	F					INDIVIDUAL	01:04:05
339	542	LUIS SILVA	70	M6099	20	M					GD SANTANDER TOTTA	01:04:05
340	340	ANA R GONÇALVES	31	F0034	26	F					INDIVIDUAL	01:04:10
341	161	ALEXANDRE MATEUS	37	M3539	64	M					INDIVIDUAL	01:04:18
342	26	RICARDO RODRIGUES	35	M3539	65	M					INDIVIDUAL	01:04:32
343	214	CARLOS MORAIS	31	M2034	64	M					CRESCESER	01:04:37
344	513	MONICA ABREU	33	F0034	27	F					SS MONTEPIO GERAL	01:04:47
345	322	MATILDE F FORTES	34	F0034	28	F					INDIVIDUAL	01:05:05
346	170	TATIANA A S A GLÓRIA	25	F0034	29	F					INDIVIDUAL	01:05:29
347	507	ANTONIO PINHO	60	M6099	21	M					O MUNDO CORRIDA	01:05:32
348	325	RAQUEL BELTRÃO	33	F0034	30	F					PERNAS GAFANHOTO	01:05:40
349	256	PAULA M G SOBRAL	40	F3544	26	F					INDIVIDUAL	01:05:58
350	546	JOSE SIMOES	64	M6099	22	M					GD SANTANDER TOTTA	01:06:06
351	262	PEDRO SIMOES	36	M3539	66	M					INDIVIDUAL	01:06:15
352	233	JOANA CHOURIÇO	49	F4599	15	F					INDIVIDUAL	01:06:24
353	106	MÁRIO RUI	55	M5559	29	M					CLUBE ROBBIALAC	01:06:34

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
354	261	MARINA BALULA	32	F0034	31	F					INDIVIDUAL	01:06:36
355	11	PEDRO MOREIRA	66	M6099	23	M					CCR	01:06:57
356	103	SERGIO GUERRA	39	M3539	67	M					INDIVIDUAL	01:06:59
357	267	CARLA PALMEIRO	38	F3544	27	F					INDIVIDUAL	01:07:03
358	566	LIDIA BAILAO	43	F3544	28	F					SS CGD	01:07:07
359	258	MANUEL M SOBRAL	75	M6099	24	M					INDIVIDUAL	01:07:17
360	102	MAGDALENA GUERRA	37	F3544	29	F					INDIVIDUAL	01:07:23
361	380	EUGENIA MENDES	21	F0034	32	F					CA GALINHEIRAS	01:07:40
362	598	MANUEL GONÇALVES	64	M6099	25	M					INDIVIDUAL	01:08:02
363	291	ERNESTO F L CRVALHO	56	M5559	30	M					INDIVIDUAL	01:08:03
364	145	FERNANDO M COELHO	48	M4549	36	M					INDIVIDUAL	01:08:14
365	191	HELENA C S OLIVEIRA	26	F0034	33	F					INDIVIDUAL	01:08:14
366	334	SOFIA MANSO	26	F0034	34	F					INDIVIDUAL	01:08:32
367	211	JOAO P LOURENÇO	20	M2034	65	M					INDIVIDUAL	01:08:35
368	146	CESAR F GUERRA	43	M4044	48	M					CTJ	01:08:55
369	147	Mª TERESA L RODRIGUES	56	F4599	16	F					CTJ	01:08:55
370	278	MARGARIDA PARDAL	43	F3544	30	F					CARAP AUS CORRIDA	01:09:06
371	134	INES P BARRADAS	33	F0034	35	F					SERRANITOS&FRIENDS	01:09:33
372	38	JORGE FONSECA	55	M5559	31	M					INDIVIDUAL	01:09:44
373	616	FRANCISCO SALLES	74	M6099	26	M					INDIVIDUAL	01:10:02
374	14	ANA RAMOS	38	F3544	31	F					INDIVIDUAL	01:10:09
375	303	CARLOS SANTOS	51	M5054	19	M					INDIVIDUAL	01:10:16
376	257	LUIS M MALHADO	43	M4044	49	M					INDIVIDUAL	01:10:19
377	382	Mª CARMO ANJOS	48	F4599	17	F					INDIVIDUAL	01:10:33
378	347	RICARDO OLIVEIRA	33	M2034	66	M					4 RUN	01:10:38
379	243	CRISTINA RIBEIRO	43	F3544	32	F					INDIVIDUAL	01:10:43
380	40	JOAO PALMEIRO	63	M6099	27	M					INDIVIDUAL	01:10:58
381	551	MARIA GERTRUDES	64	F4599	18	F					GD SANTANDER TOTTA	01:11:00
382	290	ISABEL CALDEIRA	40	F3544	33	F					TARTARUGAS	01:11:05
383	265	MARISA TEIXEIRA	22	F0034	36	F					INDIVIDUAL	01:11:15
384	346	SANDRA OLIVEIRA	34	M2034	67	M					4 RUN	01:11:34
385	344	PEDRO PLACIDO	39	M3539	68	M					4 RUN	01:11:36
386	345	SUSANA TAVARES	38	F3544	34	F					4 RUN	01:11:40
387	314	ANTONIA M R MACHADO	59	F4599	19	F					INDIVIDUAL	01:11:54
388	182	GONÇALO GASPAR	33	M2034	68	M					INDIVIDUAL	01:11:55
389	152	LÍGIA T CABRAL	24	F0034	37	F					INDIVIDUAL	01:12:00
390	567	MANUEL BRÁS	45	M4549	37	M					SS CGD	01:12:30
391	568	MARIO PEREIRA	38	M3539	69	M					SS CGD	01:12:31
392	183	FILIPA VIEGAS	34	F0034	38	F					INDIVIDUAL	01:12:56
393	240	MARIA LUCAS	44	M4044	50	M					INDIVIDUAL	01:13:01

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
394	23	ANTONIO G PESSOA	38	M3539	70	M					INDIVIDUAL	01:13:23
395	269	MEG GARCIA	38	F3544	35	F					INDIVIDUAL	01:14:05
396	144	Mª MANUELA R M COELHO	48	F4599	20	F					INDIVIDUAL	01:16:05
397	245	PAULA LOPES	43	F3544	36	F					INDIVIDUAL	01:16:56
398	244	RUTE LOPES	43	F3544	37	F					INDIVIDUAL	01:17:11
399	247	CLAUDIA RATO	33	F0034	39	F					SERRANITOS&FRIENDS	01:17:50
400	315	ANA M D FERREIRA	23	F0034	40	F					INDIVIDUAL	01:19:14
401	160	HELIA SARAIVA	35	F3544	38	F					INDIVIDUAL	01:19:15
402	359	ANA M L PEREIRA	26	F0034	41	F					PAPA ASFALTO	01:22:10
403	39	CLARA JULIO	48	F4599	21	F					INDIVIDUAL	01:23:35
404	212	ALEXANDRA LOURENÇO	46	F4599	22	F					INDIVIDUAL	01:24:30
405	311	JOSE F MAGALHÃES	25	M2034	69	M					INDIVIDUAL	01:32:25