

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
1	261	JOÃO P FERREIRA	M	38	M0039	1 INDIVIDUAL	00:34:34
2	215	MICHELE AGOSTINI	M	25	M0039	2 GP SAN MARINO	00:34:47
3	25	RUI M S FONTES	M	36	M0039	3 BEJA AC	00:35:09
4	164	LUIS SANTOS	M	33	M0039	4 A VALE SILENCIO	00:35:19
5	186	NUNO RAPOSO	M	38	M0039	5 INDIVIDUAL	00:36:41
6	297	NELSON FONSECA	M	36	M0039	6	00:36:43
7	112	CELSO GOUVEIA	M	47	M4549	1 INDIVIDUAL	00:37:02
8	101	RUI J F HENRIQUES	M	35	M0039	7 INDIVIDUAL	00:37:19
9	105	NUNO A M SOARES	M	33	M0039	8 VANDOMA	00:37:34
10	232	VALTER SOARES	M	40	M4044	1 GDR S FRANCISCO SERRA	00:37:53
11	251	PEDRO CONCEIÇÃO	M	38	M0039	9 MONSANTO RT	00:38:09
12	172	FÁBIO A A P LOURENÇO	M	22	M0039	10 INDIVIDUAL	00:38:10
13	339	DIDIER VALENTE	M	43	M4044	2 MONSANTO RT	00:38:22
14	303	NUNO ANTUNES	M	40	M4044	3	00:38:48
15	71	LUIS RALHA	M	34	M0039	11 INDIVIDUAL	00:38:54
16	161	AURELIO AGUIAR	M	59	M5559	1 A VALE SILENCIO	00:38:56
17	211	SÉRGIO M F SANTOS	M	46	M4549	2 CA PENAFIRME	00:38:57
18	103	JOSÉ LAGARIÇO	M	43	M4044	4 AA MAFRA	00:39:00
19	138	JOÃO P FIGUEIREDO	M	21	M0039	12 INDIVIDUAL	00:39:11
20	42	NUNO PEIXOTO	M	25	M0039	13 PENICHE@CORRER	00:39:15
21	285	PEDRO CUNHA	M	55	M5559	2	00:39:24
22	302	JOAO ANTUNES	M	44	M4044	5	00:39:36
23	126	RICARDO F BELCHIOR	M	36	M0039	14 MONSANTO RT	00:39:59
24	148	JOSE ESTEVES	M	49	M4549	3 TARTARUGAS SOLIDÁRIAS	00:40:09
25	1	LUCILIA SOARES	F	53	F0099	1 SL BENFICA	00:40:43
26	130	ANTONIO ALMEIDA	M	43	M4044	6 FICALHO RUNNER	00:40:46
27	348	ELTON ALMEIDA	M	25	M0039	15 INDIVIDUAL	00:40:49
28	75	MARIA FRIAS	F	49	F0099	2 AA MAFRA	00:40:57
29	57	PAULO VENTURA	M	44	M4044	7 AÇOREANA C BANIF	00:40:58
30	268	CARLOS BAPTISTA	M	54	M5054	1 SC CASAINHOS	00:41:14
31	117	JORGE AMARAL	M	46	M4549	4 AMINHACORRIDA	00:41:16
32	306	ISIDRO DUARTE	M	37	M0039	16 RB RUNNING	00:41:30
33	7	SÉRGIO SANTOS	M	42	M4044	8 APOI	00:41:45
34	170	JOAQUIM FRADE	M	59	M5559	3 SS CGD	00:41:53
35	163	LEONEL NEVES	M	61	M6099	1 A VALE SILENCIO	00:42:03
36	43	EUGENIO V R MARTÍNEZ	M	33	M0039	17 SHIADU TEAM	00:42:05
37	194	HUMBERTO CRUZ	M	38	M0039	18 INDIVIDUAL	00:42:08
38	107	PAULO BASILIO	M	48	M4549	5 OS ZATOPEQUES	00:42:16
39	160	ANDRE SANTOS	M	38	M0039	19 A VALE SILENCIO	00:42:16
40	231	ORLANDO J BARBOSA	M	57	M5559	4 INDIVIDUAL	00:42:22
41	30	NELSON DIAS	M	54	M5054	2 FAMILIA DIAS	00:42:24
42	294	FERNANDO ANACLETO	M	63	M6099	2	00:42:28
43	55	VIRGÍLIO MADEIRA	M	56	M5559	5 AÇOREANA C BANIF	00:42:46
44	26	EUCLIDES J M SOARES	M	26	M0039	20 INDIVIDUAL	00:42:49
45	222	BRUNO FRANCISCO	M	32	M0039	21 A PONTE FAJÃO TRINTÃO	00:42:59

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
46	77	HELENA MARTINS	F	53	F0099	3 AA MAFRA	00:43:02
47	60	ARLINDO DUARTE	M	50	M5054	3 AÇOREANA C BANIF	00:43:23
48	292	FERNANDO CARREIRO	M	53	M5054	4 REST CARTAXEIRO	00:43:27
49	265	CARLOS FERREIRA	M	44	M4044	9 INDIVIDUAL	00:43:29
50	84	JOAO CALDAS	M	49	M4549	6 ND AUTOCOOPE	00:43:37
51	76	JOÃO FRIAS	M	48	M4549	7 AA MAFRA	00:43:49
52	13	CARLOS M N MARQUES	M	36	M0039	22 INDIVIDUAL	00:43:53
53	82	ANTONIO ALMEIDA	M	51	M5054	5 ND AUTOCOOPE	00:43:58
54	272	MANUEL BARROSO	M	51	M5054	6 INDIVIDUAL	00:44:22
55	185	HUMBERTO R BORGES	M	46	M4549	8 INDIVIDUAL	00:44:25
56	162	JOAO BOGALHEIRO	M	45	M4549	9 A VALE SILENCIO	00:44:31
57	19	PEDRO PROENÇA	M	35	M0039	23 INDIVIDUAL	00:44:33
58	246	ANTONIO FERNANDES	M	51	M5054	7 INDIVIDUAL	00:44:35
59	127	PEDRO BURGUETTE	M	39	M0039	24 AÇOREANA C BANIF	00:44:53
60	217	ARTUR GONÇALVES	M	42	M4044	10 INDIVIDUAL	00:44:54
61	81	MARTA M S ANDRADE	F	40	F0099	4 TREINO EM CASA	00:44:58
62	328	JOÃO M BORGES	M	36	M0039	25 INDIVIDUAL	00:45:03
63	192	CÁTIA S NASCIMENTO	F	34	F0099	5 CORRER LISBOA	00:45:06
64	98	ANA S A SOBREIRA	F	43	F0099	6 INDIVIDUAL	00:45:15
65	54	FERNANDO CELESTINO	M	56	M5559	6 AÇOREANA C BANIF	00:45:16
66	45	CARLOS PIRES	M	40	M4044	11 INDIVIDUAL	00:45:17
67	165	NUNO BOGALHEIRO	M	42	M4044	12 A VALE SILENCIO	00:45:29
68	307	RICARDO SANTOS	M	40	M4044	13 GDP CHAO DURO	00:45:35
69	293	RICARDO NUNES	M	32	M0039	26	00:46:01
70	137	PAULO FERNANDES	M	47	M4549	10 INDIVIDUAL	00:46:09
71	20	PEDRO SOARES	M	38	M0039	27 INDIVIDUAL	00:46:34
72	336	MIGUEL LOPES	M	59	M5559	7 INDIVIDUAL	00:46:55
73	238	TOMÁS SOUSA	M	38	M0039	28 OS SUPER	00:46:59
74	295	IDALECIO BARROS	M	60	M6099	3	00:47:10
75	102	SARA RAMOS	F	37	F0099	7 AA MAFRA	00:47:10
76	308	SERGIO MAGALHAES	M	48	M4549	11	00:47:12
77	85	JOSE DIAS	M	57	M5559	8 ND AUTOCOOPE	00:47:13
78	234	HUGO FIGUEIREDO	M	31	M0039	29 INDIVIDUAL	00:47:16
79	205	TIAGO CANHOTO	M	42	M4044	14 INDIVIDUAL	00:47:20
80	304	ANTONIO FERNANDES	M	68	M6099	4	00:47:22
81	228	RICARDO COSTA	M	34	M0039	30 INDIVIDUAL	00:47:42
82	223	LUIS GAMA	M	51	M5054	8 A PONTE FAJÃO TRINTÃO	00:47:43
83	118	TINA OLIVEIRA	F	51	F0099	8 AMINHACORRIDA	00:48:06
84	53	JOÃO J FERNANDES	M	34	M0039	31 AÇOREANA C BANIF	00:48:08
85	224	MANUEL GARRINHAS	M	56	M5559	9 INDIVIDUAL	00:48:13
86	135	JOAQUIM PALMEIRO	M	45	M4549	12 INDIVIDUAL	00:48:13
87	191	PEDRO M C NETO	M	31	M0039	32 FAMLIA OLIVEIRA E NETO	00:48:15
88	89	SERGIO BORGES	M	42	M4044	15 ND AUTOCOOPE	00:48:19
89	266	CAROLIN DOMINIQUE	F	24	F0099	9 INDIVIDUAL	00:48:24
90	83	CARLOS FERREIRA	M	58	M5559	10 ND AUTOCOOPE	00:48:28

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
91	70	RICARDO GRAVITO	M	37	M0039 33	INDIVIDUAL	00:48:30
92	260	CARLOS MONTEIRO	M	46	M4549 13	INDIVIDUAL	00:48:33
93	214	JÚLIO FERREIRA	M	60	M6099 5	LESMAS DO ASFALTO	00:48:33
94	108	JORGE LEITÃO	M	49	M4549 14	OS ZATOPEQUES	00:48:34
95	113	MARIA OLIVEIRA	F	41	F0099 10	INDIVIDUAL	00:48:43
96	244	NUNO M B MARTINS	M	43	M4044 16	INDIVIDUAL	00:48:49
97	196	FRANCISCO M A SARDINHA	M	44	M4044 17	CORRER LISBOA	00:49:11
98	69	ALEXANDRE TAM	M	35	M0039 34	INDIVIDUAL	00:49:15
99	143	DAVID INÁCIO	M	34	M0039 35	ALL TOGETHER RUNNING CLUB	00:49:19
100	229	TIAGO L FERREIRA	M	33	M0039 36	INDIVIDUAL	00:49:23
101	149	CARLOS M SIKVA	M	42	M4044 18	TARTARUGAS DO TEJO	00:49:23
102	209	ANTÓNIO COSTA	M	73	M6099 6	INDIVIDUAL	00:49:30
103	120	RUI MENDES	M	33	M0039 37	MENDES BROTHERS	00:49:30
104	296	NELSON PIRES	M	40	M4044 19		00:49:31
105	280	CARLOS MARTINS	M	42	M4044 20	INDIVIDUAL	00:49:35
106	334	LUÍSA SILVA	F	35	F0099 11	INDIVIDUAL	00:49:35
107	44	ABÍLIO OLIVEIRA	M	49	M4549 15	INDIVIDUAL	00:49:42
108	233	PAULA TEIXEIRA	F	37	F0099 12	FALCÕES SELVAGENS	00:49:46
109	305	MANUEL ROSAS	M	44	M4044 21		00:49:56
110	35	JOSÉ FREITAS	M	42	M4044 22	INDIVIDUAL	00:50:01
111	34	NATÉRCIA SOUSA	F	39	F0099 13	INDIVIDUAL	00:50:02
112	109	NUNO APOLO	M	39	M0039 38	REST O CARTAXEIRO	00:50:20
113	104	PEDRO CARVALHO	M	40	M4044 23	INDIVIDUAL	00:50:27
114	212	ANDRE DIAS	M	32	M0039 39	CEIIA	00:50:31
115	131	JAVIER M CANO	M	22	M0039 40	INDIVIDUAL	00:50:32
116	166	SANDRA BAPTISTA	F	39	F0099 14	A VALE SILENCIO	00:50:33
117	64	FAUSTO CARVALHO	M	34	M0039 41	CARVALHO E ESPOSA	00:50:34
118	216	JOSE LOPES	M	58	M5559 11	AMIGOS DA ESTRELA	00:50:40
119	37	IVO SANTOS	M	37	M0039 42	INDIVIDUAL	00:50:55
120	100	FRANCISCO PEREIRA	M	48	M4549 16	AÇOREANA C BANIF	00:51:05
121	177	LUIS G L SILVA	M	52	M5054 9	INDIVIDUAL	00:51:07
122	140	SÓNIA FIGUEIREDO	F	39	F0099 15	INDIVIDUAL	00:51:16
123	248	ANTÓNIO C L CORREIA	M	57	M5559 12	INDIVIDUAL	00:51:17
124	169	FRANCISCO CLERIGO	M	61	M6099 7	SS CGD	00:51:25
125	188	JOÃO FERRO	M	47	M4549 17	INDIVIDUAL	00:51:26
126	99	PEDRO M S MORAIS	M	38	M0039 43	INDIVIDUAL	00:51:42
127	123	NÁDIA ROCHA	F	26	F0099 16	INDIVIDUAL	00:51:48
128	250	PAULO A R NUNES	M	41	M4044 24	INDIVIDUAL	00:51:49
129	36	DÁRIO SANTOS	M	31	M0039 44	INDIVIDUAL	00:51:50
130	178	MARTA FRADE	F	24	F0099 17	INDIVIDUAL	00:51:51
131	14	JOÃO BRANCO	M	33	M0039 45	INDIVIDUAL	00:51:53
132	15	JOSÉ P GONÇALVES	M	40	M4044 25	INDIVIDUAL	00:52:06
133	29	ANTÓNIO PAIS	M	67	M6099 8	VALE DE MADEIROS SC	00:52:06
134	145	SARA RODRIGUES	F	28	F0099 18	ALL TOGETHER RUNNING CLUB	00:52:11
135	315	JOSE SARAIVA	M	52	M5054 10		00:52:18

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
136	226	SUSANA G ADEGAS	F	45	F0099 19	MASTERMIND	00:52:28
137	290	NUNO SILVA	M	47	M4549 18		00:52:38
138	333	CÁTIA SILVA	F	33	F0099 20	INDIVIDUAL	00:52:42
139	200	DANIEL TEIXEIRA	M	29	M0039 46	AVILA RUNNERS	00:52:43
140	11	JOÃO PEREIRA	M	45	M4549 19	INDIVIDUAL	00:52:47
141	353	FERNANDO RODRIGUES	M	42	M4044 26		00:52:49
142	132	JOSÉ NEVES	M	63	M6099 9	INDIVIDUAL	00:52:56
143	116	LUIS REIS	M	60	M6099 10	GD INE	00:52:57
144	180	AMÉRICO RIBEIRO	M	72	M6099 11	INDIVIDUAL	00:53:01
145	133	JOÃO M M PALMEIRO	M	19	M0039 47	INDIVIDUAL	00:53:06
146	322	AZIZA TRIA	F	51	F0099 21	INDIVIDUAL	00:53:13
147	313	FABIO BATISTA	M	37	M0039 48		00:53:15
148	33	ANTÓNIO L F MORNA	M	35	M0039 49	INDIVIDUAL	00:53:18
149	349	RICARDO COSTA	M	36	M0039 50	INDIVIDUAL	00:53:25
150	204	VITOR PEREIRA	M	30	M0039 51	AVILA RUNNERS	00:53:35
151	73	VITOR PICADO	M	33	M0039 52	INDIVIDUAL	00:53:37
152	74	PAULO GOMES	M	32	M0039 53	INDIVIDUAL	00:53:38
153	338	MANUEL CUNHA	M	32	M0039 54	INDIVIDUAL	00:53:41
154	175	FRANCISCO RAMALHO	M	71	M6099 12	INDIVIDUAL	00:53:51
155	72	NUNO GOMES	M	27	M0039 55	INDIVIDUAL	00:53:54
156	262	CARLOS CORTÊS	M	51	M5054 11	POWERBOOST	00:53:54
157	156	HUGO M R COLAÇO	M	37	M0039 56	INDIVIDUAL	00:54:01
158	329	PEDRO NAMORA	M	29	M0039 57	INDIVIDUAL	00:54:17
159	22	PEDRO MORAIS	M	38	M0039 58	INDIVIDUAL	00:54:28
160	201	CARLOS GONCALVES	M	40	M4044 27	AVILA RUNNERS	00:54:30
161	2	JORGE MAXIMO	M	39	M0039 59		00:54:33
162	286	CLAUDIA	F	35	F0099 22		00:54:33
163	176	PAULO FIGUEIREDO	M	46	M4549 20	INDIVIDUAL	00:54:37
164	240	MERCEDES FONSECA	F	59	F0099 23	OS SUPER	00:54:47
165	321	TERESA BORGES	F	35	F0099 24	INDIVIDUAL	00:54:55
166	119	ANA MENDES	F	35	F0099 25	MENDES BROTHERS	00:54:57
167	56	IDALINA MADEIRA	F	54	F0099 26	AÇOREANA C BANIF	00:55:03
168	187	EVA SALSINHA	F	37	F0099 27	INDIVIDUAL	00:55:13
169	255	MARIA UVA	F	24	F0099 28	INDIVIDUAL	00:55:23
170	95	ANCA AVATAJITI	F	30	F0099 29	EVANDRO MAROTE&MIRAFLORESFIT	00:55:33
171	47	CLÁUDIA TAM	F	33	F0099 30	AÇOREANA C BANIF	00:55:36
172	168	EGIDIO SILVA	M	51	M5054 12	SS CGD	00:55:37
173	263	SÓNIA SOARES	F	35	F0099 31	POWERBOOST	00:55:58
174	142	EDUARDO CORREIA	M	42	M4044 28	ALL TOGETHER RUNNING CLUB	00:55:59
175	311	PATRICIA VIEGAS	F	35	F0099 32		00:56:01
176	359	DIOGO SILVA	M	21	M0039 60		00:56:03
177	288	RICARDO BRANCO	M	35	M0039 61		00:56:14
178	287	SONIA BRANCO	F	35	F0099 33		00:56:14
179	310	RICARDO CARVALHO	M	39	M0039 62		00:56:21
180	283	CARLOS SOUSA	M	39	M0039 63		00:56:21

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
181	67	JOÃO S MATOS	M	47	M4549	21 INDIVIDUAL	00:56:21
182	254	MANUEL LANCASTRE	M	37	M0039	64 INDIVIDUAL	00:56:22
183	48	NÉLSON MOTA	M	44	M4044	29 AÇOREANA C BANIF	00:56:28
184	241	JOSÉ CATITA	M	56	M5559	13 GARMIN	00:56:28
185	27	HUGO A J GONÇALVES	M	41	M4044	30 INDIVIDUAL	00:56:32
186	206	ANA CANHOTO	F	44	F0099	34 INDIVIDUAL	00:56:32
187	239	JOAQUIM SOUSA	M	59	M5559	14 OS SUPER	00:56:35
188	278	MILAGROS COJO	F	34	F0099	35 SOL E VENTO	00:56:49
189	167	ANTONIO CARPINTEIRO	M	70	M6099	13 SS CGD	00:56:56
190	253	PEDRO LANCASTRE	M	42	M4044	31 INDIVIDUAL	00:57:14
191	210	PEDRO CRUZ	M	27	M0039	65 INDIVIDUAL	00:57:31
192	355	ROSA MARGARIDA	F	37	F0099	36	00:57:34
193	110	EDUARDO AMORIM	M	43	M4044	32 INDIVIDUAL	00:57:41
194	106	ANTONIO FARIA	M	61	M6099	14 INDIVIDUAL	00:57:42
195	59	SANDRA MARTINS	F	37	F0099	37 AÇOREANA C BANIF	00:57:43
196	58	NUNO E SANTO	M	45	M4549	22 AÇOREANA C BANIF	00:57:43
197	50	SOFIA GUEDES	F	40	F0099	38 AÇOREANA C BANIF	00:57:44
198	49	ANTÓNIO GUEDES	M	44	M4044	33 AÇOREANA C BANIF	00:57:44
199	345	HENRIQUE S VILHENA	M	59	M5559	15 INDIVIDUAL	00:57:49
200	354	ELISABETE FONSECA	F	34	F0099	39	00:58:19
201	332	MARIANA C NEVES	F	35	F0099	40 INDIVIDUAL	00:58:28
202	221	FRANCISCO J F ISIDORO	M	51	M5054	13 INDIVIDUAL	00:58:36
203	92	ALEXANDRE TESTAGROSSA	M	43	M4044	34 SHIADU TEAM	00:58:39
204	144	JOANA CARVALHO	F	30	F0099	41 ALL TOGETHER RUNNING CLUB	00:58:44
205	4	RICARDO PEREIRA	M	35	M0039	66	00:58:48
206	3	ANA MARTINS	F	35	F0099	42	00:58:50
207	23	MARIA MAGRO	F	41	F0099	43 KARATECAS	00:58:54
208	146	CRISTIANA RODRIGUES	F	35	F0099	44 ALL TOGETHER RUNNING CLUB	00:58:55
209	173	Mª LOURDES BENTO	F	58	F0099	45 INDIVIDUAL	00:59:08
210	299	ISILDA BARRADAS	F	64	F0099	46	00:59:16
211	6	ALBERTO CANO	M	61	M6099	15 CAA BELEM	00:59:32
212	247	ISABEL MAGALHÃES	F	58	F0099	47 INDIVIDUAL	00:59:32
213	159	GILBERTO GONÇALVES	M	66	M6099	16 CAA BELEM	00:59:32
214	121	RAFAEL PESSOA	M	41	M4044	35 INDIVIDUAL	00:59:37
215	195	DANIEL PATRÍCIO	M	30	M0039	67 INDIVIDUAL	00:59:37
216	267	LUIS J M SOUSA	M	45	M4549	23 VIDA EM FORMA	00:59:44
217	291	CARLA MONTEIRO	F	37	F0099	48	00:59:45
218	136	NUNO MARQUES	M	46	M4549	24 MARQUES	00:59:50
219	347	FÁBIO CATORZE	M	29	M0039	68 INDIVIDUAL	00:59:52
220	18	JOHNNY THOMASSEN	M	55	M5559	16 INDIVIDUAL	00:59:56
221	318	RODRIGO D SILVA	M	47	M4549	25 INDIVIDUAL	00:59:59
222	317	MÓNICA D SILVA	F	46	F0099	49 INDIVIDUAL	00:59:59
223	230	TANIA LEITE	F	33	F0099	50 INDIVIDUAL	01:00:02
224	61	EBERHARD A WILHELM	M	67	M6099	17 4 AO KM	01:00:06
225	225	MARGARIDA P L SALVADO	F	35	F0099	51 INDIVIDUAL	01:00:07

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
226	309	ANTONIO SOBRAL	M	68	M6099	18	01:00:13
227	258	ANTÓNIO J MONTEIRO	M	56	M5559	17 CORRER LISBOA	01:00:13
228	90	ANTÓNIO MENDES	M	56	M5559	18 INDIVIDUAL	01:00:19
229	91	ZAIDA MENDES	F	48	F0099	52 INDIVIDUAL	01:00:21
230	115	ANDRÉ PINTO	M	29	M0039	69 INDIVIDUAL	01:00:37
231	32	JOÃO F MOREIRA	M	30	M0039	70 INDIVIDUAL	01:00:38
232	275	JOAO R S C PAIVA	M	50	M5054	14 INDIVIDUAL	01:00:40
233	128	CATARINA NOVAIS	F	36	F0099	53 INDIVIDUAL	01:00:48
234	31	Mª ANA S M RAFAEL	F	23	F0099	54 INDIVIDUAL	01:00:50
235	282	ALFREDO MARTINS	M	41	M4044	36 INDIVIDUAL	01:00:53
236	111	RITA P MARQUES	F	38	F0099	55 INDIVIDUAL	01:01:10
237	312	LINA SANTOS	F	38	F0099	56	01:01:13
238	351	ILIDIO MONTEIRO	M	65	M6099	19	01:01:32
239	125	CARLOS ALMEIDA	M	39	M0039	71 INDIVIDUAL	01:01:52
240	124	CATIA ALMEIDA	F	33	F0099	57 INDIVIDUAL	01:01:52
241	10	CESAR F GUERRA	M	45	M4549	26 CTJI	01:02:04
242	94	EUGÉNIO SANTOS	M	49	M4549	27 MIRAFLORESFIT	01:02:06
243	198	ANA L SANTOS	F	38	F0099	58 INDIVIDUAL	01:02:09
244	289	MARIA JOSÉ MIRA	F	42	F0099	59	01:02:25
245	257	JOÃO CARVALHO	M	56	M5559	19 CORRER LISBOA	01:03:41
246	158	MARCO BARRADAS	M	47	M4549	28 INDIVIDUAL	01:03:44
247	281	CARLOS DUARTE	M	50	M5054	15 INDIVIDUAL	01:04:10
248	207	SARA FÉLIX	F	25	F0099	60 INDIVIDUAL	01:04:18
249	79	RICARDO MIGUEL	M	35	M0039	72 INDIVIDUAL	01:04:52
250	68	RICARDO RODRIGUES	M	37	M0039	73 SHIADU TEAM	01:04:52
251	78	MARIA MELO	F	34	F0099	61 INDIVIDUAL	01:04:52
252	151	MIGUEL P MORAIS	M	41	M4044	37 OS PORTELAS	01:04:56
253	155	TERESA QUEIMADO	F	58	F0099	62 OS PORTELAS	01:05:07
254	154	BENEDITA P MORAIS	F	18	F0099	63 OS PORTELAS	01:05:07
255	150	CATARINA P MORAIS	F	37	F0099	64 OS PORTELAS	01:05:07
256	208	VICTOR M R RAMOS	M	67	M6099	20 INDIVIDUAL	01:05:19
257	243	JOANA D CHOURIÇO	F	51	F0099	65 INDIVIDUAL	01:05:21
258	114	FRANCISCO PINTO	M	55	M5559	20 INDIVIDUAL	01:05:32
259	319	IVONE B APURA	F	32	F0099	66 INDIVIDUAL	01:05:33
260	320	ANA C P APURA	F	21	F0099	67 INDIVIDUAL	01:05:34
261	256	RUTE M PINHO	F	38	F0099	68 INDIVIDUAL	01:05:41
262	46	ANA CANAVEIRA	F	48	F0099	69 AÇOREANA C BANIF	01:05:51
263	24	ISABEL SANTOS	F	40	F0099	70 KARATECAS	01:06:29
264	330	MAFALDA MACHADO	F	43	F0099	71 INDIVIDUAL	01:06:45
265	62	JOAO NOGUEIRA	M	50	M5054	16 INDIVIDUAL	01:06:49
266	157	Mª MADALENA B SANTIAGO	F	42	F0099	72 INDIVIDUAL	01:06:54
267	314	CARLA PINTO	F	44	F0099	73	01:07:14
268	189	PEDRO M HENRIQUES	M	41	M4044	38 INDIVIDUAL	01:07:35
269	16	CARINA RODRIGUES	F	31	F0099	74 RODRIGUERRA	01:07:47
270	86	JOAO GRAÇA	M	75	M6099	21 ND AUTOCOOPE	01:07:56

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
271	199	PATRICIA M P ROSA	F	36	F0099	75 INDIVIDUAL	01:08:20
272	279	PAULO TEIXEIRA	M	62	M6099	22 SOL E VENTO	01:08:28
273	324	HELENA SANTIAGO	F	39	F0099	76 APOI	01:09:02
274	17	JOÃO GUERRA	M	29	M0039	74 RODRIGUERRA	01:09:13
275	325	HELENA CORREIA	F	27	F0099	77 APOI	01:09:16
276	213	INES ANTUNES	F	27	F0099	78 INDIVIDUAL	01:09:23
277	350	JOSÉ A Q PEREIRA	M	65	M6099	23 INDIVIDUAL	01:09:35
278	236	CARLA MENDES	F	32	F0099	79 INDIVIDUAL	01:09:47
279	51	TAM AFONSO	M	62	M6099	24 AÇOREANA C BANIF	01:10:28
280	52	MA FEE HUNG	F	65	F0099	80 AÇOREANA C BANIF	01:10:28
281	298	ANTONIO FERREIRA	M	75	M6099	25	01:10:56
282	284	ANA RAMOS	F	40	F0099	81	01:11:01
283	129	ANTONIA MACHADO	F	61	F0099	82 FICALHO RUNNER	01:11:10
284	249	BRÍGIDA PAIS	F	36	F0099	83 INDIVIDUAL	01:11:22
285	269	CLAUDIA ANDRE	F	38	F0099	84 SC CASAINHOS	01:11:22
286	227	PAULO NUNES	M	46	M4549	29 SS CGD	01:11:23
287	80	MARIA FERREIRA	F	41	F0099	85 INDIVIDUAL	01:11:38
288	141	CARLA FREITAS	F	37	F0099	86 INDIVIDUAL	01:12:04
289	327	ESTELA MAREZIA	F	25	F0099	87 APOI	01:12:29
290	202	PEDRO MALHEIRO	M	53	M5054	17 AVILA RUNNERS	01:12:30
291	203	PEDRO SOUSA	M	48	M4549	30 AVILA RUNNERS	01:12:30
292	147	SARA DE SOUSA	F	35	F0099	88 TARTARUGAS SOLIDÁRIAS	01:16:25
293	237	Mª CLARA PISSARRA	F	42	F0099	89 INDIVIDUAL	01:17:13
294	220	MADALENA FELÍCIO	F	26	F0099	90 INDIVIDUAL	01:17:59
295	12	MARIO PIRES	M	56	M5559	21 INDIVIDUAL	01:18:29
296	122	JAIME PALMA	M	39	M0039	75 SEMPRE EM FESTA	01:24:11