



6ª Corrida / Caminhada - Festa DONA ESTEFÂNIA



Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1	228	PEDRO ARSENIO	M	34		00:33:26.00	00:33:26.00	BEJA AC
2	217	JOAO FERNANDES	M	23		00:35:15.50	00:35:15.50	GA FATIMA
3	137	FRANCISCO J G ROCHA	M	49		00:35:16.00	00:35:14.25	MAFRA COM VENTO-ESTABIL
4	110	JORGE CRUZ	M	52		00:35:17.00	00:35:17.00	MAFRA COM VENTO ESTABIL
5	70	NUNO SILVA	M	35		00:35:55.27	00:35:55.27	CARACÓIS SONOLENTOS
6	151	PEDRO GUIMARÃES	M	36		00:36:40.49	00:36:39.06	CDUL
7	171	JOEL RODRIGUES	M	43		00:37:56.13	00:37:54.33	AA MAFRA
8	33	MÁRIO ZORRO	M	42		00:37:57.62	00:37:55.66	AA MAFRA
9	173	EDUARDO EUSTÁQUIO	M	53		00:37:57.71	00:37:57.71	AA MAFRA
10	221	HUGO AUGUSTO	M	30		00:38:44.75	00:38:42.18	BEJA AC
11	197	LUIS XAVIER	M	30		00:38:44.85	00:38:44.85	
12	177	TIAGO A F CASTELA	M	29		00:39:24.44	00:39:22.18	DCI-CCDRP MEALHADA
13	214	CLELIO CUNHA	M	40		00:39:34.71	00:39:31.08	
14	178	JOSE SILVA	M	53		00:39:36.66	00:39:34.91	CA ODIMARQ
15	144	ANTÓNIO J C REIS	M	42		00:39:44.81	00:39:44.81	CDR RIBEIRINHO
16	227	ALEXANDRA SOUSA	F	34		00:39:48.00	00:39:48.00	GFD RUNNING
17	36	VALTER OLIVEIRA	M	39		00:39:58.00	00:39:58.00	RSNR
18	222	ANTÓNIO LOURO	M	43		00:40:06.00	00:40:06.00	
19	138	JOÃO A AFONSO	M	41		00:40:52.38	00:40:35.54	MLGTSPORTS
20	66	JOSÉ FALÉ	M	47		00:41:00.52	00:40:55.74	
21	153	JOÃO S NUNES	M	53		00:41:45.04	00:41:45.04	OS AMIGOS DO TEJO
22	53	ANTONIO ALMEIDA	M	45		00:41:47.53	00:41:37.35	FICALHO RUN
23	211	AURELIO AGUIAR	M	61		00:41:50.65	00:41:50.65	A VALE SILENCIO
24	51	MARIA FRIAS	F	51		00:42:25.00	00:42:25.00	AA MAFRA
25	23	LÚCIA OLIVEIRA	F	38		00:42:36.55	00:42:36.55	GENERG
26	84	BENVINDA SANTOS	F	23		00:43:03.36	00:43:00.00	JUVENTUDE VIDIGALENSE
27	170	LUÍS MATOS PIRES	M	50		00:43:08.06	00:43:06.71	GFD RUNNING
28	205	ALFREDO VALENTE	M	53		00:43:35.06	00:43:32.77	
29	123	MARIA LUCAS	F	49		00:43:47.37	00:43:43.88	PUMAS DO GUINCHO
30	50	JOÃO P GOMES	M	44		00:44:00.18	00:43:58.18	AA MAFRA
31	54	NELSON DIAS	M	56		00:44:04.36	00:44:00.20	CLINICA STA MADALENA
32	29	JOÃO FRANCO	M	37		00:44:43.42	00:44:39.86	
33	291	BRUNO ROXO	M	40		00:45:18.23	00:44:56.23	
34	292	RUI FERREIRA	M	43		00:45:18.38	00:44:56.22	
35	43	FERNANDO ANACLETO	M	65		00:45:23.57	00:45:20.07	
36	111	ANTÓNIO VALE	M	29		00:45:44.18	00:45:29.56	OS CONTA-KILÓMETROS



6ª Corrida / Caminhada - Festa DONA ESTEFÂNIA



37	172	HELENA MARTINS	F	55	00:45:48.16	00:45:46.54	AA MAFRA
38	136	BEATRIZ M F FERNANDES	F	48	00:45:57.19	00:45:53.21	CLINICA STA MADALENA
39	259	CARLOS LEITÃO	M	53	00:46:21.62	00:46:21.62	
40	115	JOSÉ GORDILHO	M	53	00:46:36.52	00:46:12.23	
41	124	CRISTINA GAVINHO	F	40	00:46:45.34	00:46:39.73	PUMAS DO GUINCHO
42	198	GABRIEL V S LÚCIO	M	33	00:46:48.05	00:46:44.67	
43	158	CÉDRIC MONTEIRO	M	29	00:46:52.62	00:46:37.91	CASEBRE
44	105	JOÃO MELO	M	30	00:47:14.45	00:47:07.16	TAC - TRANQUILIDADE AÇOREANA CLUBE
45	102	VIRGÍLIO MADEIRA	M	58	00:47:14.78	00:47:08.14	TAC - TRANQUILIDADE AÇOREANA CLUBE
46	267	HENRIQUE FERREIRA	M	47	00:47:16.41	00:47:03.86	
47	220	PAULO MORAIS	M	46	00:47:20.85	00:47:11.43	
48	75	JOSE NETO	M	60	00:47:23.94	00:47:21.58	TEAM NETO
49	152	HUGO M F HENRIQUES	M	40	00:47:29.20	00:47:25.41	LUSCO-FUSCO RUNNERS
50	260	NOÉMIA SEQUEIRA	F	49	00:47:37.74	00:47:35.42	
51	90	PEDRO SEQUEIRA	M	37	00:47:38.41	00:47:36.54	ND AUTOCOOPE
52	279	ALEXANDRE CARVALHO	M	44	00:47:40.82	00:47:32.79	
53	119	JOSÉ ADRIÃO	M	45	00:48:03.55	00:48:01.34	IMASAMS
54	107	FERNANDO CELESTINO	M	58	00:48:05.41	00:47:57.12	TAC - TRANQUILIDADE AÇOREANA CLUBE
55	71	ALEXANDRA M D SILVA	F	40	00:48:12.33	00:48:07.40	GRQL
56	128	PEDRO P REIS	M	42	00:48:49.81	00:48:47.24	
57	265	RUI GUARDA	M	38	00:49:00.13	00:48:54.99	
58	183	LINO VAZ	M	41	00:49:02.13	00:48:48.60	
59	42	IDALÉCIO BARROS	M	62	00:49:18.73	00:49:14.63	
60	114	ANACRISTINA PEREIRA	F	47	00:49:20.66	00:49:17.36	ATLANTIS CAFÉ
61	184	NUNO CARAMPANTA	M	37	00:49:25.76	00:49:21.27	
62	270	ELSA MIRANDA	F	39	00:49:43.69	00:49:31.05	
63	204	CARLOS NEVES	M	37	00:49:50.02	00:49:42.95	OS NEVES
64	48	RUI MENDES	M	45	00:49:52.66	00:49:48.71	
65	275	NUNO VIEGAS	M	40	00:49:54.68	00:49:46.66	
66	167	DAVID FIGUEIREDO	M	41	00:50:06.38	00:49:59.00	
67	176	PEDRO CARVALHO	M	45	00:50:19.00	00:50:08.50	
68	216	VITOR HUGO	M	26	00:50:24.02	00:50:07.67	AS CHOCOLATINHAS
69	264	ARTUR ALMEIDA	M	37	00:50:34.75	00:50:29.36	
70	165	ERIC VAN LEUVEN	M	55	00:50:42.33	00:50:39.27	
71	65	FERNANDO PIRES	M	47	00:50:42.43	00:50:23.31	
72	141	FRANCISCO M A SARDINHA	M	46	00:50:46.54	00:50:40.98	



6ª Corrida / Caminhada - Festa DONA ESTEFÂNIA



73	251	DUARTE A MATA	M	40	00:51:25.91	00:51:10.35	
74	215	EURICO J SILVA	M	53	00:51:33.15	00:51:16.70	AS CHOCOLATINHAS
75	63	JOSÉ P GONÇALVES	M	42	00:51:34.71	00:51:11.00	
76	81	LEONOR LOUREIRO	F	17	00:51:42.17	00:51:34.77	FALCÕES SELVAGENS
77	74	RICARDO CONCEIÇÃO	M	31	00:51:42.32	00:51:39.11	
78	132	PAULO J ALMEIDA	M	43	00:51:43.56	00:51:37.33	
79	98	TAM AFONSO	M	64	00:51:46.47	00:51:41.31	TAC - TRANQUILIDADE AÇOREANA CLUBE
80	139	ADÉRITO CARRELHAS	M	63	00:51:51.01	00:51:49.59	
81	295	OLIMPIO GUEDELHE	M	61	00:51:55.24	00:51:49.21	
82	69	JORGE IGLÉSIAS	M	54	00:52:00.36	00:51:51.07	
83	148	INÊS KOL	F	35	00:52:06.37	00:51:57.07	
84	201	VICTOR RISCADO	M	45	00:52:26.45	00:52:15.11	
85	157	RUI GONÇALVES	M	57	00:52:32.51	00:52:32.51	
86	231	TIAGO CATALÃO	M	33	00:52:33.58	00:52:33.58	
87	290	VITOR SILVA	M	41	00:52:37.00	00:52:26.72	
88	190	ARMANDO LACERDA	M	62	00:52:39.82	00:52:34.18	OCULISTA PORTAS STO ANTÓNIO
89	174	Mª JOÃO L S PEDRO	F	37	00:53:00.91	00:52:51.43	
90	60	RICARDO A VIEGAS	M	40	00:53:01.02	00:52:51.77	
91	252	MARTIM A MATA	M	37	00:53:08.41	00:52:52.97	
92	134	SANDRA P C B ELVAS	F	41	00:53:09.78	00:52:57.84	A VALE SILÊNCIO
93	67	FILIPE G DUARTE	M	31	00:53:11.26	00:52:50.89	
94	223	FILIPA MOITA	F	37	00:53:16.19	00:53:16.19	
95	263	ANDRÉ SANTOS	M	42	00:53:17.75	00:53:13.38	
96	206	JOÃO J B MARTINS	M	58	00:53:28.34	00:53:11.44	
97	122	TIAGO FIGO	M	30	00:53:48.27	00:53:31.75	
98	224	ANDRÉ CARVALHO	M	32	00:53:58.36	00:53:58.36	
99	273	PEDRO NAMORA	M	31	00:53:58.63	00:53:47.82	
100	57	MARIA FREILÃO	F	34	00:54:29.87	00:54:29.87	
101	168	MANUEL REIA	M	69	00:54:38.50	00:54:29.44	CAA BELÉM
102	262	RICARDO COSTA	M	38	00:54:48.33	00:54:43.73	
103	208	Mª FÁTIMA L CARDOSO	F	57	00:54:51.44	00:54:41.59	
104	77	ARMANDO M MARTINS	M	50	00:54:55.52	00:54:50.63	
105	86	CARLOS FERREIRA	M	60	00:55:02.49	00:54:55.90	ND AUTOCOOPE
106	219	NUNO CAMPOS	M	51	00:55:15.34	00:54:53.95	ATAIDE
107	17	JOSÉ BAIXINHO	M	59	00:55:15.99	00:55:03.80	SANTIAGO FC
108	30	MANUEL LAMEGO	M	60	00:55:35.17	00:55:15.39	
109	269	JOSÉ SOUSA	M	47	00:55:41.36	00:55:26.93	



6ª Corrida / Caminhada - Festa DONA ESTEFÂNIA



110	40	MARIA GONÇALVES	F	44	00:55:43.78	00:55:33.11	
111	21	SÉRGIO RODRIGUES	M	43	00:55:51.70	00:55:48.81	
112	18	JUDITE BAIXINHO	F	31	00:55:52.76	00:55:40.76	SANTIAGO FC
113	56	LUIS PROENÇA	M	47	00:56:00.00	00:55:46.63	
114	58	NUNO MOLERO	M	34	00:56:28.45	00:56:26.52	
115	46	VITOR LUIS	M	45	00:56:49.81	00:56:45.21	
116	31	CATARINA LAMEGO	F	25	00:57:00.51	00:56:40.65	
117	159	PAULO MARTINS	M	47	00:57:07.16	00:56:52.21	CASEBRE
118	196	JEREMIAS RIBEIRO	M	74	00:57:26.56	00:57:14.45	
119	162	ANTÓNIO GUEDES	M	46	00:57:29.64	00:57:22.53	
120	96	ANN MACPHERSON	F	38	00:57:36.50	00:57:28.03	EMSA
121	299	PATRICIA PEREIRA	F	30	00:57:43.55	00:57:28.17	
122	298	DANIEL SILVA	M	30	00:57:43.57	00:57:28.42	
123	230	MONICA MARTINS	F	33	00:58:05.26	00:58:05.26	
124	218	MANUELA BARRETO	F	46	00:58:17.30	00:57:58.38	FALCOES SELVAGENS
125	185	RAÚL COSTA	M	56	00:58:18.05	00:58:14.06	CLUBE ROBBIALAC
126	100	ANTÓNIO JORGE	M	62	00:58:33.88	00:58:27.65	TAC - TRANQUILIDADE AÇOREANA CLUBE
127	32	MANUEL A L SEQUEIRA	M	66	00:58:35.49	00:58:27.65	GDCT REPSOL POLÍMEROS
128	61	RITA CORREIA	F	36	00:58:37.07	00:58:26.15	
129	213	JORGE MORGADO	M	39	00:58:43.51	00:58:29.20	
130	156	ANA GONÇALVES	F	29	00:58:47.76	00:58:34.82	
131	133	PAULO NOGUEIRA	M	51	00:58:50.00	00:58:38.87	
132	10	JOANA D CHOURIÇO	F	53	00:59:13.01	00:59:03.67	
133	93	VITOR MARQUES	M	48	00:59:26.43	00:59:22.87	
134	200	PAULO GOMES	M	52	00:59:28.19	00:59:11.69	
135	277	VITOR LOURENÇO	M	46	00:59:28.22	00:59:20.70	
136	256	CATARINA AMADOR	F	37	00:59:32.00	00:59:06.90	
137	78	JULIETA SANTOS	F	56	00:59:44.81	00:59:32.88	TARTARUGAS SOLIDÁRIAS
138	130	MARIA QUITÉRIA	F	43	00:59:51.11	00:59:38.37	ALGYMNS
139	143	PAULO R JERÓNIMO	M	54	00:59:52.82	00:59:44.48	
140	281	ANTÓNIO PESQUEIRA	M	61	01:00:00.05	00:59:40.99	
141	207	ANA PAULETA	F	39	01:00:06.00	01:00:01.47	
142	22	RICARDO DOURADO	M	42	01:00:06.19	01:00:02.72	
143	164	CARLOS SOUSA	M	41	01:00:22.30	01:00:14.44	
144	154	RAFAELA GONÇALVES	F	23	01:00:27.06	01:00:21.56	
145	276	SÓNIA FERNANDES	F	45	01:00:50.55	01:00:43.96	
146	203	JOSE NEVES	M	65	01:00:50.71	01:00:42.99	OS NEVES



6ª Corrida / Caminhada - Festa DONA ESTEFÂNIA



147	188	ZAIDA MENDES	F	50	01:00:52.41	01:00:38.06	
148	187	ANTÓNIO MENDES	M	58	01:00:52.52	01:00:38.59	
149	73	CATARINA AFONSO	F	33	01:01:03.12	01:00:52.29	
150	169	ALBERTO CANO	M	63	01:01:05.09	01:00:55.72	CAA BELÉM
151	120	MARGARIDA MARQUES	F	43	01:01:15.55	01:01:12.89	IMASAMS
152	293	FILIPE CUNHA	M	36	01:01:29.38	01:01:24.66	
153	175	LUÍS M B MIRANDA	M	42	01:01:45.54	01:01:34.85	
154	135	MADALENA C M L COSTA	F	22	01:01:50.00	01:01:40.16	
155	271	RITA FERREIRA	F	49	01:02:22.21	01:02:08.50	
156	274	MIGUEL MENDES	M	62	01:02:38.73	01:02:30.25	
157	189	BRIGIDA PAIS	F	37	01:02:42.66	01:02:22.71	
158	38	LUIZA F COSTA	F	48	01:02:50.08	01:02:43.58	QUARENTÕES NA BISGA
159	19	ANA MADEIRA	F	36	01:02:53.51	01:02:38.44	
160	28	SOFIA CAVACO	F	35	01:03:56.08	01:03:44.46	
161	202	ISABEL MAGALHÃES	F	60	01:03:59.22	01:03:54.37	
162	181	PAULO BAILAO	M	46	01:04:05.08	01:03:46.81	SS CGD
163	180	LIDIA BAILAO	F	47	01:04:05.34	01:03:47.46	SS CGD
164	163	ANA RAMOS	F	42	01:04:08.55	01:04:08.55	
165	140	FRANCISCO L RIBEIRO	M	69	01:04:24.70	01:04:09.98	
166	103	IDALINA MADEIRA	F	56	01:04:42.31	01:04:34.97	TAC - TRANQUILIDADE AÇOREANA CLUBE
167	49	JOÃO P S PEREIRA	M	56	01:04:48.63	01:04:38.92	
168	15	CESAR GUERRA	M	47	01:04:54.57	01:04:31.72	CTJ
169	39	LUIS F COSTA	M	51	01:05:13.43	01:05:07.16	QUARENTÕES NA BISGA
170	155	ISILDA BARRADAS	F	66	01:05:26.99	01:05:26.99	
171	127	CLAUDIA MARQUES	F	35	01:05:37.16	01:05:23.43	GDCT UNICRE
172	126	PAULO FRANÇA	M	55	01:05:37.28	01:05:23.31	GDCT UNICRE
173	97	CLÁUDIA TAM	F	35	01:05:43.33	01:05:25.29	TAC - TRANQUILIDADE AÇOREANA CLUBE
174	62	CARLA H M MOTA	F	43	01:06:02.48	01:05:52.35	
175	191	HELENA LACERDA	F	52	01:06:26.12	01:06:20.52	OCULISTA PORTAS STO ANTÓNIO
176	109	SANDRA MARTINS	F	39	01:06:35.15	01:06:27.47	TAC - TRANQUILIDADE AÇOREANA CLUBE
177	108	NUNO E SANTO	M	47	01:06:35.73	01:06:27.75	TAC - TRANQUILIDADE AÇOREANA CLUBE
178	161	SOFIA GUEDES	F	42	01:06:35.76	01:06:27.40	
179	27	EBERHARD A WILHELM	M	69	01:17:11.00	01:07:02.10	
180	112	SANDRA MARQUES	F	34	01:07:45.54	01:07:30.16	OS CONTA-KILÓMETROS
181	80	INÉS LOUREIRO	F	44	01:07:55.49	01:07:31.13	FALCÕES SELVAGENS
182	79	NUNO LOUREIRO	M	50	01:07:56.42	01:07:32.27	FALCÕES SELVAGENS



6ª Corrida / Caminhada - Festa DONA ESTEFÂNIA



183	44	NIDIA SILVA	F	62	01:08:32.68	01:08:17.78	
184	95	SÉRGIO GONÇALVES	M	37	01:08:48.12	01:08:45.18	
185	145	MADALENA S CARLOS	F	18	01:08:59.88	01:08:41.83	
186	257	Mª JOSÉ MIRA	F	44	01:09:08.67	01:08:50.14	
187	34	CLAUDIA OLIVEIRA	F	39	01:09:14.28	01:08:58.43	
188	160	MANUEL MAGALHÃES	M	74	01:09:30.62	01:09:13.32	CARACÓIS SONOLENTOS
189	280	ANDREIA CARVALHO	F	39	01:09:31.10	01:09:08.65	
190	117	JOAO GARIZO	M	46	01:10:03.00	01:09:44.63	LOBOS
191	118	SANDRA CABAÇO	F	44	01:10:03.43	01:09:45.00	LOBOS
192	150	RICARDO MALTA	M	33	01:10:07.39	01:09:45.62	
193	149	JOAO MERGULHO	M	32	01:10:08.45	01:09:46.72	
194	52	ANTONIA MACHADO	F	63	01:11:18.66	01:11:08.81	FICALHO RUN
195	47	VICTOR M R RAMOS	M	69	01:11:30.32	01:11:18.85	
196	209	MIGUEL C COELHO	M	54	01:11:47.66	01:11:29.46	
197	210	MANUELA CARLOS	F	55	01:11:47.88	01:11:29.42	
198	92	DANIEL GOUVEIA	M	23	01:12:49.65	01:12:38.07	
199	91	ISILDA RABASQUINHO	F	49	01:12:50.19	01:12:39.49	
200	55	ELISA DIAS	F	53	01:16:21.45	01:16:11.41	CLINICA STA MADALENA
201	229	PETTY RIBAS	F	37	01:16:50.00	01:16:50.00	
202	94	SÓNIA ROCHA	F	39	01:20:38.88	01:20:24.26	
203	195	LUCINDA HENRIQUES	F	68	01:22:07.10	01:21:53.89	
204	194	Mª CARMO ANJOS	F	70	01:22:07.28	01:21:53.66	

Total de registros: 204