

2º CORRIDA LUZIA DIAS

Patrocínio: A.M Bº CRUZ VERMALHA LUMIAR

Apoio: GEBALIS

Data 23/11/2008

Classif.: Relatório Geral Masculino e Feminino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
1	5	MIGUEL QUARESMA	25	M2034	1	M					SPORTING CP	00:31:56
2	536	PEDRO GOMES	31	M2034	2	M					BOAVISTA SAO MATEUS	00:32:54
3	567	PAULO RAMOS	46	M4549	1	M					GC 1ºMAIO AGUALVA	00:33:05
4	623	JOAO VAZ	40	M4044	1	M					A VALE SILENCIO	00:33:10
5	445	LUIS BATISTA	31	M2034	3	M					INDIVIDUAL	00:33:59
6	41	MARIO CASSACA	36	M3539	1	M					GD IGREJA NOVA	00:34:06
7	39	CARLOS FERNANDES	34	M2034	4	M					GD IGREJA NOVA	00:34:06
8	319	JOSE GIL	51	M5054	1	M					GDU CAXIENSES	00:34:13
9	311	HUGO GONÇALVES	30	M2034	5	M					C BENFICA AGUALVA	00:34:31
10	309	JOSE MOREIRA	33	M2034	6	M					C BENFICA AGUALVA	00:34:43
11	292	JOAO GINJA	42	M4044	2	M					GD MACEDO OCULISTA	00:35:04
12	298	VIRGILIO GOMES	40	M4044	3	M					GD MACEDO OCULISTA	00:35:05
13	544	LUIS MARAFUZ	27	M2034	7	M					ALHANDRA SC	00:35:09
14	44	FERNANDO ALVES	42	M4044	4	M					GD IGREJA NOVA	00:35:22
15	4	AMILCAR DUARTE	49	M4549	2	M					SPORTING CP	00:35:36
16	6	MARIO MENDES	20	M2034	8	M					SPORTING CP	00:35:41
17	40	JOAO FERREIRA	32	M2034	9	M					GD IGREJA NOVA	00:35:45
18	174	ABEL GLORIA	46	M4549	3	M					FC DESPERTAR	00:35:52
19	172	JOAO FIANCA	39	M3539	2	M					FC DESPERTAR	00:36:02
20	568	AIRES PRATAS	53	M5054	2	M					GC 1ºMAIO AGUALVA	00:36:10
21	553	PEDRO LEITAO	20	M2034	10	M					ALHANDRA SC	00:36:25
22	549	PAULO MONTEIRO	20	M2034	11	M					ALHANDRA SC	00:36:31
23	284	CARLOS MENDES	40	M4044	5	M					GD MACEDO OCULISTA	00:36:36
24	169	LUIS PAULO	42	M4044	6	M					BAHIA	00:36:55
25	557	FABRICIO TOMAS	20	M2034	12	M					ALHANDRA SC	00:36:56
26	171	JOAO ESTEVAO	43	M4044	7	M					FC DESPERTAR	00:37:18
27	173	LUCIANO CONCEIÇÃO	42	M4044	8	M					FC DESPERTAR	00:37:19
28	330	NUNO ESPIRITO SANTO	38	M3539	3	M					C BENFICA AGUALVA	00:37:19
29	318	ANTONIO VALE	51	M5054	3	M					C BENFICA AGUALVA	00:37:27
30	201	MANUEL MASCARENHAS	25	M2034	13	M					PRE TEAM	00:37:29

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
31	559	VITOR AGUIAR	45	M4549	4	M					GRD RIBEIRA LAGE	00:37:30
32	26	JOSEFA BONGUE	32	F2034	1	F					NUCLEOEIRAS	00:37:34
33	8	VERA NUNES	28	F2034	2	F					SL BENFICA	00:37:55
34	626	SERGIO SANTOS	40	M4044	9	M					INDIVIDUAL	00:37:55
35	233	RODOLFO MOREIRA	31	M2034	14	M					VERTIMONTAGENS	00:37:56
36	316	MARIO GONÇALVES	57	M5599	1	M					C BENFICA AGUALVA	00:38:05
37	640	ORLANDO CORREIA	37	M3539	4	M					SL CAMPOLIDE	00:38:06
38	326	FERNANDO CHAMUSCA	58	M5599	2	M					C BENFICA AGUALVA	00:38:08
39	276	JOSE PAJINHA	48	M4549	5	M					GD BV ALVERCA	00:38:08
40	277	FERNANDO CARVALHO	47	M4549	6	M					GD BV ALVERCA	00:38:12
41	285	CONSTANTINO ARAUJO	41	M4044	10	M					GD MACEDO OCULISTA	00:38:16
42	543	DIOGO TRISTAO	27	M2034	15	M					ALHANDRA SC	00:38:18
43	344	ANTONIO PINHEIRO	37	M3539	5	M					INDIVIDUAL	00:38:20
44	570	ANTONIO PAIAS	51	M5054	4	M					GC 1ºMAIO AGUALVA	00:38:33
45	547	RICARDO MARAFUZ	20	M2034	16	M					ALHANDRA SC	00:38:35
46	541	SEBASTIAO BOTAS	20	M2034	17	M					ALHANDRA SC	00:38:35
47	625	CARLOS VITORINO	35	M3539	6	M					RUNNING OF D MARIA	00:38:38
48	406	CELSO GOUVEIRA	41	M4044	11	M					INDIVIDUAL	00:38:41
49	324	CARLOS MENDES	43	M4044	12	M					C BENFICA AGUALVA	00:38:42
50	45	ALFREDO PRAZERES	50	M5054	5	M					GD IGREJA NOVA	00:38:45
51	84	PAULO ALVES	30	M2034	18	M					GDC IN CASA MOEDA	00:38:46
52	31	LUIS GRAÇA	44	M4044	13	M					RUNNING OF D MARIA	00:38:48
53	573	JOAO SOARES	55	M5599	3	M					GC 1ºMAIO AGUALVA	00:38:52
54	103	CARLOS SANTOS	56	M5599	4	M					C FEROV PORTUGAL	00:38:54
55	10	LUCILIA SOARES	46	F3599	1	F					SL BENFICA	00:38:57
56	473	ALCINO AUGUSTO	49	M4549	7	M					SL CAMPOLIDE	00:38:59
57	281	ANTONIO ARAUJO	57	M5599	5	M					GD MACEDO OCULISTA	00:39:05
58	15	JOSE NUNES	41	M4044	14	M					AM Bº CV LUMIAR	00:39:06
59	33	MIGUEL TEIXEIRA	29	M2034	19	M					RUNNING OF D MARIA	00:39:13
60	579	EDUARDO TANGANHITO	61	M5599	6	M					GC 1ºMAIO AGUALVA	00:39:16
61	372	JOAO LOURENÇO	42	M4044	15	M					INDIVIDUAL	00:39:17
62	494	VITOR MARQUES	31	M2034	20	M					3 AMIGOS	00:39:17
63	20	CARLOS ROSA	28	M2034	21	M					AM Bº CV LUMIAR	00:39:18
64	599	JOSE RAMALHO	40	M4044	16	M					INDIVIDUAL	00:39:21
65	130	MARCO GRILEIRO	29	M2034	22	M					SRD PROGRESSISTAS	00:39:27
66	126	HELDER TEIXEIRA	39	M3539	7	M					FF PAZ MUNDIAL	00:39:37
67	564	PAULO NEVES	43	M4044	17	M					GC 1ºMAIO AGUALVA	00:39:39

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
68	360	ARTUR TAVARES	43	M4044	18	M					INDIVIDUAL	00:39:39
69	161	NUNO COELHO	40	M4044	19	M					AÇOREANA C BANIF	00:39:40
70	621	PAULO GONÇALVES	36	M3539	8	M					C PRAÇAS ARMADA	00:39:43
71	546	MIGUEL MARQUES	20	M2034	23	M					ALHANDRA SC	00:39:46
72	548	BRUNO PEREIRA	20	M2034	24	M					ALHANDRA SC	00:39:46
73	66	CARLOS ANTUNES	57	M5599	7	M					CA PATAMEIRAS	00:39:50
74	414	GUSTAVO SANTOS	25	M2034	25	M					INDIVIDUAL	00:39:59
75	470	ALFREDO VALENTE	45	M4549	8	M					SL CAMPOLIDE	00:40:01
76	555	PEDRO GOMES	21	M2034	26	M					ALHANDRA SC	00:40:04
77	317	JANUARIO COELHO	55	M5599	8	M					C BENFICA AGUALVA	00:40:15
78	155	CARLOS FONSECA	48	M4549	9	M					AÇOREANA C BANIF	00:40:16
79	295	JOSE REIS	55	M5599	9	M					GD MACEDO OCULISTA	00:40:16
80	7	DARIO MONTEIRO	21	M2034	27	M					AM B° CV LUMIAR	00:40:19
81	278	JOSE NETO	51	M5054	6	M					GD BV ALVERCA	00:40:25
82	170	VIRGILIO CORREIA	38	M3539	9	M					FC DESPERTAR	00:40:28
83	556	MARIO LEITAO	22	M2034	28	M					ALHANDRA SC	00:40:28
84	565	MANUEL RODRIGUES	48	M4549	10	M					GC 1ºMAIO AGUALVA	00:40:28
85	1	LUZIA DIAS	38	F3599	2	F					SPORTING CP	00:40:29
86	502	JOSE SILVA	40	M4044	20	M					CD MAFRA	00:40:29
87	542	BRUNO LEITAO	25	M2034	29	M					ALHANDRA SC	00:40:37
88	166	RUI SILVA	32	M2034	30	M					AÇOREANA C BANIF	00:40:41
89	313	LUIS ALLEN	39	M3539	10	M					C BENFICA AGUALVA	00:40:43
90	613	RUI FALCAO	46	M4549	11	M					FALCOES SELVAGENS	00:40:44
91	517	PAULO CARMO	33	M2034	31	M					# 1	00:40:51
92	501	JORGE PAULINO	52	M5054	7	M					CD MAFRA	00:40:54
93	164	PAULO TORRAO	37	M3539	11	M					AÇOREANA C BANIF	00:40:59
94	70	OCTAVIO MORAIS	48	M4549	12	M					SMO PROGRESSO	00:41:00
95	453	PEDRO GUEDES	34	M2034	32	M					PORTO RUNNERS	00:41:00
96	218	VITOR GOMES	39	M3539	12	M					C MILLENNIUM BCP	00:41:02
97	426	PAULO TEIXEIRA	46	M4549	13	M					INDIVIDUAL	00:41:03
98	320	MANUEL ARAUJO	47	M4549	14	M					C BENFICA AGUALVA	00:41:05
99	17	GABRIEL CABRAL	41	M4044	21	M					AM B° CV LUMIAR	00:41:13
100	13	DANIEL NUNES	48	M4549	15	M					AM B° CV LUMIAR	00:41:15
101	87	NUNO SOUSA	34	M2034	33	M					GDC IN CASA MOEDA	00:41:16
102	550	ANA FERREIRA	20	F2034	3	F					ALHANDRA SC	00:41:16
103	42	LUIS OLIVEIRA	36	M3539	13	M					GD IGREJA NOVA	00:41:21
104	58	CARLOS FERNANDES	46	M4549	16	M					GDOA	00:41:24

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
105	475	ARTUR BRITES	54	M5054	8	M					SL CAMPOLIDE	00:41:24
106	52	GERMANO PIRES	51	M5054	9	M					GDOA	00:41:31
107	561	PAULA FERNANDES	43	F3599	3	F					GC 1ºMAIO AGUALVA	00:41:34
108	3	RITA SIMOES	26	F2034	4	F					SPORTING CP	00:41:34
109	321	DOMINGOS PENEDO	51	M5054	10	M					C BENFICA AGUALVA	00:41:35
110	187	NUNO CORREIA	42	M4044	22	M					SDF	00:41:40
111	373	FERNANDO LOURENÇO	41	M4044	23	M					INDIVIDUAL	00:41:41
112	257	ANTONIO ALMEIDA	44	M4044	24	M					CLUBE AUTOCOOPE	00:41:43
113	16	PAULO SANTOS	39	M3539	14	M					AM Bº CV LUMIAR	00:41:44
114	236	JORGE ALMEIDA	38	M3539	15	M					A SACAVENENSE	00:41:44
115	22	JOSE PEIXOTO	49	M4549	17	M					AM Bº CV LUMIAR	00:41:46
116	310	NUNO CARRILHO	33	M2034	34	M					C BENFICA AGUALVA	00:41:50
117	440	JOAQUIM REIS	50	M5054	11	M					INDIVIDUAL	00:41:51
118	350	DANIEL VIVAS	43	M4044	25	M					INDIVIDUAL	00:41:52
119	569	BERNARDO GRADISSIMO	50	M5054	12	M					GC 1ºMAIO AGUALVA	00:41:53
120	622	JOAO SANTOS	44	M4044	26	M					C PRAÇAS ARMADA	00:41:55
121	2	ARMANDO ALDEGALEGA	71	M5599	10	M					SPORTING CP	00:41:57
122	237	JOSE SILVA	45	M4549	18	M					SUC	00:42:00
123	14	LUIS FERREIRA	28	M2034	35	M					AM Bº CV LUMIAR	00:42:07
124	460	JOAQUIM FRADE	53	M5054	13	M					SS CGD	00:42:08
125	572	ALBERTO FERNANDES	56	M5599	11	M					GC 1ºMAIO AGUALVA	00:42:12
126	168	VIRGILIO MADEIRA	49	M4549	19	M					AÇOREANA C BANIF	00:42:14
127	616	BRUNO MATOS	20	M2034	36	M					GARMIN PRAZER CORRIDA	00:42:16
128	498	MIGUEL SILVA	50	M5054	14	M					GRD RIBEIRA LAGE	00:42:20
129	423	JULIO RAMOS	41	M4044	27	M					INDIVIDUAL	00:42:22
130	466	JOSE OLIMPO	30	M2034	37	M					SL CAMPOLIDE	00:42:26
131	253	PEDRO MARIA	35	M3539	16	M					ACR SOCASA	00:42:27
132	443	DAVID FAUSTINO	43	M4044	28	M					INDIVIDUAL	00:42:28
133	47	ANTONIO REBELO	53	M5054	15	M					GD IGREJA NOVA	00:42:31
134	576	JOSE CORREIA	47	M4549	20	M					GC 1ºMAIO AGUALVA	00:42:31
135	617	DAVID FREITAS	41	M4044	29	M					GARMIN PRAZER CORRIDA	00:42:33
136	11	MANUEL RODRIGUES	50	M5054	16	M					AM Bº CV LUMIAR	00:42:35
137	399	PEDRO CARVALHO	29	M2034	38	M					INDIVIDUAL	00:42:37
138	437	LINO SANTOS	44	M4044	30	M					INDIVIDUAL	00:42:37
139	552	ANA SAMPAIO	20	F2034	5	F					ALHANDRA SC	00:42:39
140	428	ANTONIO REBELO	37	M3539	17	M					INDIVIDUAL	00:42:44
141	365	MARIO AMARO	41	M4044	31	M					INDIVIDUAL	00:42:47

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
142	457	CARLOS COELHO	47	M4549	21	M					GA MONSANTO GASCAN	00:42:48
143	468	AUGUSTO PINTO	34	M2034	39	M					SL CAMPOLIDE	00:42:49
144	560	PATRICIA SERAFIM	25	F2034	6	F					GC 1ºMAIO AGUALVA	00:42:51
145	258	JOAO CALDAS	42	M4044	32	M					CLUBE AUTOCOOPE	00:42:54
146	580	JOSE ALVES	59	M5599	12	M					GC 1ºMAIO AGUALVA	00:42:54
147	558	ALBANO CORREIA	50	M5054	17	M					GRD RIBEIRA LAGE	00:42:56
148	385	VITOR ANTUNES	53	M5054	18	M					INDIVIDUAL	00:42:57
149	461	JOAO MARAL	39	M3539	18	M					SS CGD	00:42:59
150	450	ANTONIO HILARIO	49	M4549	22	M					RUNNING FOR FUN	00:43:05
151	279	JOSE VALENTIM	55	M5599	13	M					GD BV ALVERCA	00:43:09
152	238	ALIPIO COELHO	41	M4044	33	M					SUC	00:43:10
153	506	JOAQUIM CRISPIM	52	M5054	19	M					UDCA	00:43:14
154	577	JOAQUIM NEIVA	65	M5599	14	M					GC 1ºMAIO AGUALVA	00:43:15
155	467	LUIS GAMA	50	M5054	20	M					SL CAMPOLIDE	00:43:19
156	452	REINALDO FIGUEIRA	57	M5599	15	M					SO DOIS	00:43:22
157	179	ANTONIO CRUZ	35	M3539	19	M					GDCT BES	00:43:23
158	486	CARLOS ALBERTO	50	M5054	21	M					GD INE	00:43:27
159	167	TAM AFONSO	51	M5054	22	M					AÇOREANA C BANIF	00:43:32
160	476	RASHID NIGMATALLIN	56	M5599	16	M					SL CAMPOLIDE	00:43:33
161	571	FERNANDO SANTOS	55	M5599	17	M					GC 1ºMAIO AGUALVA	00:43:36
162	327	AMERICO AMARO	48	M4549	23	M					C BENFICA AGUALVA	00:43:37
163	228	FERNANDO RODRIGUES	44	M4044	34	M					C MILLENNIUM BCP	00:43:43
164	259	FABIO MARINHO	20	M2034	40	M					CLUBE AUTOCOOPE	00:43:43
165	241	PEDRO DUARTE	28	M2034	41	M					AA MAFRA	00:43:44
166	146	CEU LEITAO	42	F3599	4	F					AÇOREANA C BANIF	00:43:45
167	305	JULIO BARROCO	29	M2034	42	M					CCD EFACEC LX	00:43:47
168	596	OSCAR CASCAIS	45	M4549	24	M					INDIVIDUAL	00:43:48
169	429	ALEXANDRE VARGAS	42	M4044	35	M					INDIVIDUAL	00:43:50
170	275	FERNANDO LUZ	39	M3539	20	M					GDCT UNICRE	00:43:51
171	114	JORGE ALVES	53	M5054	23	M					AMIGOS PARQUE PAZ	00:43:52
172	121	ANTONIO NASCIMENTO	51	M5054	24	M					AMIGOS PARQUE PAZ	00:43:53
173	246	JOAO BATALHA	42	M4044	36	M					AA MAFRA	00:43:53
174	624	JOAO SABUGUEIRO	41	M4044	37	M					RUNNING OF D MARIA	00:43:54
175	229	PAULO PAIS	43	M4044	38	M					C MILLENNIUM BCP	00:43:58
176	177	JORGE PEREIRA	54	M5054	25	M					GDCT BES	00:44:01
177	29	CARLOS MARQUES	39	M3539	21	M					RUNNING OF D MARIA	00:44:02
178	80	ANTONIO CANDEIAS	46	M4549	25	M					NEOFRIO	00:44:03

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
179	247	FRANCISCO CARDOSO	56	M5599	18	M					PLUMAS	00:44:03
180	234	JOAO GONÇALVES	36	M3539	22	M					MERIDIANOS	00:44:08
181	539	JOAO AMORIM	20	M2034	43	M					ALHANDRA SC	00:44:08
182	540	JOAO PEREIRA	20	M2034	44	M					ALHANDRA SC	00:44:08
183	378	JOSE BOUCEIRO	43	M4044	39	M					INDIVIDUAL	00:44:10
184	148	LUCIA OLIVEIRA	29	F2034	7	F					AÇOREANA C BANIF	00:44:12
185	346	VITOR LEBRE	33	M2034	45	M					INDIVIDUAL	00:44:14
186	495	HAMILTON DIAS	33	M2034	46	M					OS DESTAKADOS	00:44:15
187	304	JOSE BARROCO	49	M4549	26	M					CCD EFACEC LX	00:44:18
188	301	MANUEL FIDALGO	56	M5599	19	M					CCD EFACEC LX	00:44:21
189	651	SILVIO PAIVA	57	M5599	20	M					GDCT BES	00:44:24
190	203	ANTONIO MENDES	32	M2034	47	M					OS CARACOIS ST IRIA	00:44:29
191	339	AUGUSTO FERNANDES	44	M4044	40	M					C BENFICA AGUALVA	00:44:30
192	620	JOSE INFANTE	40	M4044	41	M					C PRAÇAS ARMADA	00:44:31
193	245	NUNO FELICIO	32	M2034	48	M					AA MAFRA	00:44:32
194	68	JOAO SILVA	32	M2034	49	M					SC CASAINHOS	00:44:34
195	653	JOSE MELO	47	M4549	27	M					RIBEIRA LAGES	00:44:35
196	260	CARLOS FERREIRA	51	M5054	26	M					CLUBE AUTOCOOPE	00:44:39
197	18	JOSE MARQUES	45	M4549	28	M					RIBEIRA LAGES	00:44:40
198	409	ANTONIO L CRUZ	43	M4044	42	M					INDIVIDUAL	00:44:42
199	430	ARLINDO BRAS	44	M4044	43	M					INDIVIDUAL	00:44:45
200	408	ANTONIO GONÇALVES	47	M4549	29	M					INDIVIDUAL	00:44:47
201	328	ARMANDO CORREIA	56	M5599	21	M					C BENFICA AGUALVA	00:44:48
202	262	JOAO CAIRES	41	M4044	44	M					CLUBE AUTOCOOPE	00:44:50
203	586	JOSE SANTOS	58	M5599	22	M					INDIVIDUAL	00:44:51
204	634	CALI FERNANDES	36	M3539	23	M					GD MPL	00:44:51
205	308	JOAQUIM CARRULA	42	M4044	45	M					BRANDOA CORRE	00:44:53
206	243	VITOR REAL	34	M2034	50	M					AA MAFRA	00:44:54
207	244	LUIS SANTOS	33	M2034	51	M					AA MAFRA	00:44:54
208	444	JOAO CARRETO	45	M4549	30	M					INDIVIDUAL	00:44:56
209	69	ANTONIO DUARTE	57	M5599	23	M					CLUBE STRESS	00:44:59
210	102	GUILHERME GONÇALVES	48	M4549	31	M					C FEROV PORTUGAL	00:45:08
211	61	JOAO REVEZ	36	M3539	24	M					LESMA ALOPRADAS	00:45:09
212	140	MIGUEL CARNEIRO	35	M3539	25	M					GARMIN PRAZER CORRIDA	00:45:11
213	380	ANTONIO VARELA	42	M4044	46	M					INDIVIDUAL	00:45:12
214	412	ABILIO OLIVEIRA	43	M4044	47	M					INDIVIDUAL	00:45:14
215	605	PEDRO ANTUNES	33	M2034	52	M					INDIVIDUAL	00:45:15

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
216	178	JULIO FERREIRA	54	M5054	27	M					GDCT BES	00:45:16
217	508	JOSE RODRIGUES	55	M5599	24	M					UDCA	00:45:17
218	239	LEONEL AMARO	44	M4044	48	M					AA MAFRA	00:45:18
219	24	ERNESTO GUIA	52	M5054	28	M					AM B° CV LUMIAR	00:45:19
220	123	ISABEL SANTOS	39	F3599	5	F					FF PAZ MUNDIAL	00:45:19
221	497	ANDRE SILVA	21	M2034	53	M					GRD RIBEIRA LAGE	00:45:19
222	124	ARMINDO SANTOS	47	M4549	32	M					FF PAZ MUNDIAL	00:45:20
223	73	ANTONIO MOREIRA	66	M5599	25	M					INDIVIDUAL	00:45:21
224	484	AVELINO LARANJO	38	M3539	26	M					INDIVIDUAL	00:45:23
225	256	FERNANDO BRANCO	59	M5599	26	M					CCD O ALVITEJO	00:45:24
226	280	ANTONO GALEGO	28	M2034	54	M					INDIVIDUAL	00:45:24
227	504	CARLOS TEIXEIRA	36	M3539	27	M					AA PEGO LONGO	00:45:24
228	117	RUI REMEDIOS	42	M4044	49	M					AMIGOS PARQUE PAZ	00:45:25
229	75	FERNANDO MARQUES	59	M5599	27	M					CP EDP CARREGADO	00:45:26
230	99	NEVES SILVA	55	M5599	28	M					C FEROV PORTUGAL	00:45:26
231	151	RITA CAROLA	32	F2034	8	F					AÇOREANA C BANIF	00:45:27
232	518	LUIS GALAMBA	42	M4044	50	M					# 1	00:45:28
233	619	VIRGILIO OLIVEIRA	48	M4549	33	M					GARMIN PRAZER CORRIDA	00:45:28
234	53	JOAQUIM VARANDA	46	M4549	34	M					GDOA	00:45:30
235	67	OSCAR SANTOS	51	M5054	29	M					CA PATAMEIRAS	00:45:33
236	587	PAULO SANTOS	40	M4044	51	M					INDIVIDUAL	00:45:33
237	222	SERGIO ANJOS	61	M5599	29	M					C MILLENNIUM BCP	00:45:34
238	606	LUIS MIRAO	32	M2034	55	M					INDIVIDUAL	00:45:35
239	382	ANTONIO FERNANDES	45	M4549	35	M					INDIVIDUAL	00:45:36
240	154	ANTONIO JORGE	54	M5054	30	M					AÇOREANA C BANIF	00:45:37
241	137	ANTONIO SUL	39	M3539	28	M					GARMIN PRAZER CORRIDA	00:45:39
242	190	LUIS PENTEADO	37	M3539	29	M					BUE RAPIDOS	00:45:41
243	192	DANIEL SILVA	33	M2034	56	M					BUE RAPIDOS	00:45:41
244	180	RUI LOPES	56	M5599	30	M					GDCT BES	00:45:44
245	404	CARLOS C MENDES	51	M5054	31	M					INDIVIDUAL	00:45:47
246	528	FERNANDO DIAS	47	M4549	36	M					INDIVIDUAL	00:45:49
247	323	LUIS DAMIAO	39	M3539	30	M					C BENFICA AGUALVA	00:45:50
248	104	PEDRO ESTEVENS	50	M5054	32	M					C FEROV PORTUGAL	00:45:56
249	421	DANIEL SILVA	48	M4549	37	M					INDIVIDUAL	00:45:57
250	392	RAUL ROCHA	41	M4044	52	M					INDIVIDUAL	00:46:04
251	551	LILIANA SILVA	20	F2034	9	F					ALHANDRA SC	00:46:13
252	638	RUI MENDES	44	M4044	53	M					OS RASGA A ROUPA	00:46:14

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
253	436	FILIFE ARROJA	47	M4549	38	M					INDIVIDUAL	00:46:16
254	23	JOSE SARAIVA	35	M3539	31	M					AM B° CV LUMIAR	00:46:17
255	370	PEDRO RIBEIRO	50	M5054	33	M					INDIVIDUAL	00:46:20
256	507	LUIS FARINHA	53	M5054	34	M					UDCA	00:46:20
257	643	RAMIRO INÁCIO	57	M5599	31	M					C BENFICA ALHANDRA	00:46:21
258	509	MANUEL CRISPIM	56	M5599	32	M					UDCA	00:46:25
259	224	AUGUSTO LOURENÇO	46	M4549	39	M					C MILLENNIUM BCP	00:46:28
260	581	MARGARIDA PEREIRA	51	F3599	6	F					GC 1ºMAIO AGUALVA	00:46:29
261	28	PAULO MARTINS	41	M4044	54	M					RUNNING OF D MARIA	00:46:30
262	482	GONÇALO FERREIRA	36	M3539	32	M					GD INE	00:46:30
263	352	MANUEL NORTE	43	M4044	55	M					INDIVIDUAL	00:46:32
264	480	ANALICE SILVA	64	F3599	7	F					LIBERDADE AC	00:46:35
265	242	EDUARDO MAIA	66	M5599	33	M					AA MAFRA	00:46:45
266	219	ANTONIO SOUSA	62	M5599	34	M					C MILLENNIUM BCP	00:46:47
267	175	CARLOS NABIÇA	45	M4549	40	M					GDCT BES	00:46:48
268	381	JOAO VERISSIMO	50	M5054	35	M					INDIVIDUAL	00:46:48
269	211	LUIS AMORIM	50	M5054	36	M					NA BEIERSDORF	00:46:50
270	500	JOAQUIM ARAUJO	63	M5599	35	M					AA PEGO LONGO	00:46:51
271	271	EDUARDO RIBEIRO	41	M4044	56	M					GDCT UNICRE	00:46:52
272	329	LUIS MAGALHAES	39	M3539	33	M					C BENFICA AGUALVA	00:46:55
273	368	EDUARDO P CORREIA	42	M4044	57	M					INDIVIDUAL	00:46:55
274	142	MANUEL MARTINS	39	M3539	34	M					GUP GRALHAS	00:46:56
275	469	ANTONIO LIMA	45	M4549	41	M					SL CAMPOLIDE	00:46:59
276	459	ANTONIO CARPINTEIRO	63	M5599	36	M					SS CGD	00:47:01
277	35	NORBERTO MARQUES	38	M3539	35	M					RUNNING OF D MARIA	00:47:04
278	422	JOSE DIONISIO	46	M4549	42	M					INDIVIDUAL	00:47:06
279	314	ANTONIO MANETA	43	M4044	58	M					C BENFICA AGUALVA	00:47:07
280	110	CONSTANCIO ALMEIDA	49	M4549	43	M					GA MONSANTO GASCAN	00:47:10
281	451	JOSE GONÇALVES	57	M5599	37	M					SO DOIS	00:47:11
282	263	AMERICO COSTA	54	M5054	37	M					CLUBE AUTOCOOPE	00:47:18
283	325	JOAO RASO	34	M2034	57	M					C BENFICA AGUALVA	00:47:18
284	97	PEDRO REIS	36	M3539	36	M					ADC VALE GROU	00:47:20
285	98	JOAO CARMO	36	M3539	37	M					ADC VALE GROU	00:47:21
286	113	PEDRO CARDOSO	22	M2034	58	M					GA MONSANTO GASCAN	00:47:24
287	647	JOSE C F COSTA	49	M4549	44	M					INDIVIDUAL	00:47:24
288	131	CAROLINA FERNANDES	36	F3599	8	F					A SACAVENENSE	00:47:26
289	608	DAVID GONÇALVES	33	M2034	59	M					INDIVIDUAL	00:47:27

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
290	225	JOSE TEIXEIRA	38	M3539	38	M					C MILLENNIUM BCP	00:47:28
291	270	PAULO DUARTE	43	M4044	59	M					GDCT UNICRE	00:47:28
292	454	EDUARDO MOUTINHO	40	M4044	60	M					UNIDOS EXPO	00:47:30
293	288	JOAQUIM VASQUES	36	M3539	39	M					TEAMWORK	00:47:33
294	299	ANABELA MARAVILHAS	29	F2034	10	F					TEAMWORK	00:47:33
295	156	DIOGO FERREIRA	35	M3539	40	M					AÇOREANA C BANIF	00:47:34
296	112	RUI BORGES	46	M4549	45	M					GA MONSANTO GASCAN	00:47:39
297	78	FRANCISCO SILVA	48	M4549	46	M					NEOFRIO	00:47:42
298	79	MARCO CRISPIM	34	M2034	60	M					NEOFRIO	00:47:42
299	274	VITOR CID	34	M2034	61	M					GDCT UNICRE	00:47:42
300	77	JOSE BAIXINHO	51	M5054	38	M					SANTIAGO FC	00:47:43
301	357	VITOR MORAIS	50	M5054	39	M					INDIVIDUAL	00:47:45
302	159	LUIS MELO	51	M5054	40	M					AÇOREANA C BANIF	00:47:47
303	34	EDUARDO BRITO	35	M3539	41	M					RUNNING OF D MARIA	00:47:52
304	410	JOSE C MOREIRA	32	M2034	62	M					INDIVIDUAL	00:47:56
305	157	FRANCISCO PEREIRA	41	M4044	61	M					AÇOREANA C BANIF	00:47:57
306	609	NUNO PAULETA	32	M2034	63	M					INDIVIDUAL	00:48:00
307	375	PETTER STEINHAUSEN	56	M5599	38	M					INDIVIDUAL	00:48:02
308	143	ANTONIO MARTINS	36	M3539	42	M					GUP GRALHAS	00:48:13
309	240	ANGELO PEREIRA	50	M5054	41	M					AA MAFRA	00:48:15
310	644	FERNANDO SIMOES	39	M3539	43	M					INDIVIDUAL	00:48:17
311	607	MARCO SANTOS	32	M2034	64	M					INDIVIDUAL	00:48:18
312	144	LUIS ALMEIDA	35	M3539	44	M					GUP GRALHAS	00:48:21
313	611	LUIS PEREIRA	29	M2034	65	M					FALCOES SELVAGENS	00:48:21
314	191	FERNANDO CARVALHO	37	M3539	45	M					BUE RAPIDOS	00:48:23
315	193	PAULO TIAGO	34	M2034	66	M					BUE RAPIDOS	00:48:23
316	578	JOAQUIM RODRIGUES	72	M5599	39	M					GC 1ºMAIO AGUALVA	00:48:23
317	272	FERNANDO GONÇALVES	41	M4044	62	M					GDCT UNICRE	00:48:24
318	141	ARMENIO CORREIA	49	M4549	47	M					GUP GRALHAS	00:48:25
319	12	CARLOS GONÇALVES	37	M3539	46	M					AM Bº CV LUMIAR	00:48:29
320	255	CACILDA BRANCO	57	F3599	9	F					CCD O ALVITEJO	00:48:29
321	57	JOSE NUNES	20	M2034	67	M					GDOA	00:48:33
322	138	ISABEL RODRIGUES	37	F3599	10	F					GARMIN PRAZER CORRIDA	00:48:33
323	139	ARMINDO BARBOSA	32	M2034	68	M					GARMIN PRAZER CORRIDA	00:48:34
324	51	JOSE C NUNES	41	M4044	63	M					GDOA	00:48:37
325	343	ABILIO TAVARES	53	M5054	42	M					INDIVIDUAL	00:48:39
326	127	CARLOS MANTEU	40	M4044	64	M					CBE	00:48:40

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
327	120	JOSE MATOS	48	M4549	48	M					AMIGOS PARQUE PAZ	00:48:42
328	425	LUIS BATISTA	38	M3539	47	M					INDIVIDUAL	00:48:42
329	122	LUIS ALVES	60	M5599	40	M					AMIGOS PARQUE PAZ	00:48:44
330	158	JOSE PAVAO	52	M5054	43	M					AÇOREANA C BANIF	00:48:47
331	585	JOSE AMARAL	44	M4044	65	M					TEAMWORK	00:48:49
332	377	JOAO FERNANDES	60	M5599	41	M					INDIVIDUAL	00:48:54
333	592	AMERICO COSTA	51	M5054	44	M					INDIVIDUAL	00:49:07
334	493	JORGE MOUCHINHO	31	M2034	69	M					3 AMIGOS	00:49:15
335	367	MIGUEL NETO	41	M4044	66	M					INDIVIDUAL	00:49:18
336	221	MARIO CAMPOS	60	M5599	42	M					C MILLENNIUM BCP	00:49:20
337	462	EURICO SEMEDO	60	M5599	43	M					SS CGD	00:49:23
338	105	CUSTODIO JANUARIO	55	M5599	44	M					C FEROV PORTUGAL	00:49:24
339	25	EURICO CORREIA	27	M2034	70	M					AM B° CV LUMIAR	00:49:25
340	390	ALEXANDRE TEIXEIRA	45	M4549	49	M					INDIVIDUAL	00:49:26
341	358	ADRIANO ANDRADE	36	M3539	48	M					INDIVIDUAL	00:49:31
342	612	LUIS REIS	45	M4549	50	M					FALCOES SELVAGENS	00:49:32
343	637	FERNANDO ESTEVES	41	M4044	67	M					OS RASGA A ROUPA	00:49:35
344	388	RUI CHAREPE	32	M2034	71	M					INDIVIDUAL	00:49:36
345	341	JOAO DUARTE	55	M5599	45	M					INDIVIDUAL	00:49:37
346	521	JOAO MILHEIRO	49	M4549	51	M					O FORNO CIDADE	00:49:38
347	208	MANUEL BALATA	58	M5599	46	M					OS CARACOIS ST IRIA	00:49:39
348	523	JOSE MONTEIRO	60	M5599	47	M					O FORNO CIDADE	00:49:39
349	522	FLORIVAL ANDRADE	59	M5599	48	M					O FORNO CIDADE	00:49:41
350	56	PEDRO DIAS	34	M2034	72	M					GDOA	00:49:42
351	588	ROGERIO FOLGADO	45	M4549	52	M					INDIVIDUAL	00:49:44
352	589	RAUL GRILO	50	M5054	45	M					INDIVIDUAL	00:49:44
353	530	FILIPE SOUSA	21	M2034	73	M					HIPERTECNICA	00:49:48
354	642	JOAQUIM MONTEIRO	66	M5599	49	M					C BENFICA ALHANDRA	00:49:54
355	397	JOSE MORENO	38	M3539	49	M					INDIVIDUAL	00:49:55
356	538	SOFIA ALMEIDA	20	F2034	11	F					ALHANDRA SC	00:49:56
357	652	DANIEL TELES	36	M3539	50	M					INDIVIDUAL	00:49:58
358	566	LUCIO MORAIS	48	M4549	53	M					GC 1ºMAIO AGUALVA	00:50:00
359	615	MANUEL CHAMBEL	57	M5599	50	M					FALCOES SELVAGENS	00:50:01
360	195	CARLOS MARINA	38	M3539	51	M					CCD SINTRENSE	00:50:03
361	342	JOAO COSTA	55	M5599	51	M					INDIVIDUAL	00:50:07
362	153	HOMERO MAGALHAES	38	M3539	52	M					AÇOREANA C BANIF	00:50:08
363	118	RAUL FERREIRA	49	M4549	54	M					AMIGOS PARQUE PAZ	00:50:12

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
364	119	JOSE GARRIDO	48	M4549	55	M					AMIGOS PARQUE PAZ	00:50:12
365	111	LUIS ANTUNES	46	M4549	56	M					GA MONSANTO GASCAN	00:50:16
366	632	CARLOS LAGARTO	38	M3539	53	M					INDIVIDUAL	00:50:21
367	315	JOAO SILVA	46	M4549	57	M					C BENFICA AGUALVA	00:50:25
368	434	RUI MIGUEL	20	M2034	74	M					INDIVIDUAL	00:50:25
369	335	LINA SANTO	44	F3599	11	F					C BENFICA AGUALVA	00:50:26
370	629	JOSE MALES	54	M5054	46	M					INDIVIDUAL	00:50:30
371	64	LUIS NOGUEIRA	38	M3539	54	M					INDIVIDUAL	00:50:31
372	369	JORGE MARQUES	55	M5599	52	M					INDIVIDUAL	00:50:34
373	396	SAMUEL ARAUJO	42	M4044	68	M					INDIVIDUAL	00:50:36
374	400	CARLOS COELHO	47	M4549	58	M					INDIVIDUAL	00:50:36
375	633	JOSE COSTA	67	M5599	53	M					INDIVIDUAL	00:50:39
376	593	SERAFIM GONÇALVES	55	M5599	54	M					INDIVIDUAL	00:50:42
377	183	PAULO MARCOS	41	M4044	69	M					RUNNING FOR FUN	00:50:45
378	181	JOAO RALHA	49	M4549	59	M					RUNNING FOR FUN	00:50:46
379	162	NUNO SABINO	31	M2034	75	M					AÇOREANA C BANIF	00:50:50
380	485	MIGUEL BASTOS	43	M4044	70	M					GD INE	00:50:55
381	230	ANTONIO RAMOS	38	M3539	55	M					C MILLENNIUM BCP	00:50:58
382	100	MARTINS BARATA	65	M5599	55	M					C FEROV PORTUGAL	00:51:04
383	379	MANUEL PERAS	52	M5054	47	M					INDIVIDUAL	00:51:04
384	366	LUIS GARCIA	66	M5599	56	M					INDIVIDUAL	00:51:05
385	645	AVELINO VESTIAS	58	M5599	57	M					INDIVIDUAL	00:51:06
386	125	FATIMA ABREU	59	F3599	12	F					FF PAZ MUNDIAL	00:51:09
387	376	ALEXANDRE PAIXAO	20	M2034	76	M					INDIVIDUAL	00:51:09
388	654	RUI PIRES	43	M4044	71	M					RIBEIRA LAGES	00:51:21
389	160	MIGUEL PEIXOTO	41	M4044	72	M					AÇOREANA C BANIF	00:51:25
390	163	PAULO PEIXOTO	33	M2034	77	M					AÇOREANA C BANIF	00:51:26
391	116	ISIDRO FONTES	39	M3539	56	M					AMIGOS PARQUE PAZ	00:51:28
392	338	SONIA GOMES	38	F3599	13	F					C BENFICA AGUALVA	00:51:28
393	49	MIGUEL CASTELA	37	M3539	57	M					AA LEBRES SADO	00:51:33
394	364	NUNO AMARO	38	M3539	58	M					INDIVIDUAL	00:51:33
395	36	JORGE PINTO	32	M2034	78	M					RUNNING OF D MARIA	00:51:36
396	333	LINA VALENTE	51	F3599	14	F					C BENFICA AGUALVA	00:51:44
397	182	LUISA RALHA	49	F3599	15	F					RUNNING FOR FUN	00:51:55
398	227	CARLOS TOME	57	M5599	58	M					C MILLENNIUM BCP	00:51:57
399	265	JUVENAL MOREIRA	44	M4044	73	M					CLUBE AUTOCOOPE	00:52:05
400	307	JOAO VAZ	44	M4044	74	M					BRANDOA CORRE	00:52:09

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
401	287	FABIO GINJA	20	M2034	79	M					GD MACEDO OCULISTA	00:52:10
402	524	MARIA LIMA	52	F3599	16	F					O FORNO CIDADE	00:52:17
403	635	ALICE GONÇALVES	35	F3599	17	F					GD MPL	00:52:17
404	249	NUNO SANTOS	39	M3539	59	M					PLUMAS	00:52:20
405	108	LUIS REIS	51	M5054	48	M					SS MONTEPIO GERAL	00:52:24
406	252	JOSE FIGUEIREDO	72	M5599	59	M					ACR SOCASA	00:52:28
407	254	JOAO PEDRO	36	M3539	60	M					ACR SOCASA	00:52:28
408	267	JOSE MILAGRES	52	M5054	49	M					GDCT UNICRE	00:52:29
409	289	INACUI GONÇALVES	57	M5599	60	M					GD MACEDO OCULISTA	00:52:29
410	251	ANTONIO MOURA	51	M5054	50	M					PLUMAS	00:52:32
411	532	RUI CHAVES	45	M4549	60	M					QUIOSQUE MIRANTE	00:52:35
412	393	PAULO SEZILIO	33	M2034	80	M					INDIVIDUAL	00:52:37
413	353	PEDRO VIEGAS	28	M2034	81	M					INDIVIDUAL	00:52:38
414	291	ISABEL REIS	48	M4549	61	M					GD MACEDO OCULISTA	00:52:41
415	636	Mª JESUS VEIGA	28	M2034	82	M					GRD OS FIXES	00:52:45
416	266	JOSE PRAÇA	63	M5599	61	M					GDCT UNICRE	00:52:47
417	442	ISABEL MOLEIRO	40	F3599	18	F					INDIVIDUAL	00:52:49
418	574	DOMINGOS COSTA	60	M5599	62	M					GC 1ºMAIO AGUALVA	00:52:55
419	334	AMELIA FERNANBDES	40	F3599	19	F					C BENFICA AGUALVA	00:52:58
420	115	LUIS ROQUE	34	M2034	83	M					AMIGOS PARQUE PAZ	00:52:59
421	88	JOAQUIM PINTO	52	M5054	51	M					FC SILVEIRENSE	00:53:00
422	401	JOSE OLIVEIRA	35	M3539	61	M					INDIVIDUAL	00:53:01
423	347	JOSE COELHO	43	M4044	75	M					INDIVIDUAL	00:53:03
424	481	CARLOS DIAS	49	M4549	62	M					GD INE	00:53:04
425	416	JOAO P S LIMA	48	M4549	63	M					INDIVIDUAL	00:53:14
426	269	PAULO FRANÇA	46	M4549	64	M					GDCT UNICRE	00:53:16
427	128	ALICE ALEXANDRE	33	F2034	12	F					SRD PROGRESSISTAS	00:53:18
428	477	ARMINDO VELEZ	59	M5599	63	M					SL CAMPOLIDE	00:53:18
429	618	JOAO GONÇALVES	47	M4549	65	M					GARMIN PRAZER CORRIDA	00:53:20
430	85	JOSE LIBERATO	32	M2034	84	M					GDC IN CASA MOEDA	00:53:23
431	86	JOAO FREIRE	43	M4044	76	M					GDC IN CASA MOEDA	00:53:24
432	383	MAURO TEIXEIRA	28	M2034	85	M					INDIVIDUAL	00:53:26
433	384	MARILIA RIBEIRO	25	F2034	13	F					INDIVIDUAL	00:53:26
434	389	NUNO SIMOES	33	M2034	86	M					INDIVIDUAL	00:53:29
435	96	EDUARDO FERREIRA	54	M5054	52	M					ADC VALE GROU	00:53:32
436	293	ANTONIO FERREIRA	46	M4549	66	M					GD MACEDO OCULISTA	00:53:40
437	55	JOSE ANDRADE	43	M4044	77	M					GDOA	00:53:41

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
438	150	PAULA SIMOES	29	F2034	14	F					AÇOREANA C BANIF	00:53:42
439	447	PEDRO FERREIRA	37	M3539	62	M					INDIVIDUAL	00:53:48
440	394	ANTONIO COSTA	32	M2034	87	M					INDIVIDUAL	00:53:49
441	492	LUIS SOUSA	34	M2034	88	M					3 AMIGOS	00:53:50
442	537	NUNO ANTUNES	22	M2034	89	M					GA MONSANTO GASCAN	00:53:52
443	337	ANTONIO CACADOR	53	M5054	53	M					C BENFICA AGUALVA	00:53:57
444	38	SERGIO DIAS	30	M2034	90	M					RUNNING OF D MARIA	00:54:02
445	490	FRANCISCO MOUCHINHO	60	M5599	64	M					3 AMIGOS	00:54:07
446	216	JOAO CUNHA	51	M5054	54	M					C MILLENNIUM BCP	00:54:08
447	387	HUGO PINTO	33	M2034	91	M					INDIVIDUAL	00:54:11
448	152	ANTONIO CARVALHO	54	M5054	55	M					AÇOREANA C BANIF	00:54:20
449	165	PEDRO BURGUETT	33	M2034	92	M					AÇOREANA C BANIF	00:54:20
450	545	NADINE ALMEIDA	20	F2034	15	F					ALHANDRA SC	00:54:22
451	554	JOANA BOTAS	20	F2034	16	F					ALHANDRA SC	00:54:23
452	300	RICARDO SEPULVEDA	30	M2034	93	M					CCD EFACEC LX	00:54:28
453	72	HENRIQUE VILHENA	52	M5054	56	M					SMO PROGRESSO	00:54:30
454	563	KUIS SOUSA	34	M2034	94	M					GC 1ºMAIO AGUALVA	00:54:31
455	594	NORBERTO COELHO	52	M5054	57	M					INDIVIDUAL	00:54:31
456	446	FERNANDO MOTA	36	M3539	63	M					INDIVIDUAL	00:54:32
457	595	RUI PIRES	48	M4549	67	M					INDIVIDUAL	00:54:32
458	439	MIGUEL CANSADO	38	M3539	64	M					INDIVIDUAL	00:54:50
459	129	LINA GASPAR	38	F3599	20	F					SRD PROGRESSISTAS	00:54:52
460	472	ANTONIO SILVA	48	M4549	68	M					SL CAMPOLIDE	00:54:54
461	54	JANUARIO TADEIAS	45	M4549	69	M					GDOA	00:54:57
462	413	JOSE C MELO	46	M4549	70	M					INDIVIDUAL	00:54:59
463	630	LUIS H COSTA	53	M5054	58	M					INDIVIDUAL	00:55:01
464	312	FERNANDO PEREIRA	66	M5599	65	M					CCD LOURES	00:55:05
465	362	EBERHARD WILHELM	60	M5599	66	M					INDIVIDUAL	00:55:07
466	109	MANUEL SANTOS	34	M2034	95	M					SS MONTEPIO GERAL	00:55:08
467	302	ADELINO CASTRO	56	M5599	67	M					CCD EFACEC LX	00:55:10
468	107	FERNANDO PALMA	33	M2034	96	M					SS MONTEPIO GERAL	00:55:13
469	639	PEDRO AMARAL	41	M4044	78	M					OS RASGA A ROUPA	00:55:17
470	74	LUIS TAVORA	37	M3539	65	M					CA GALINHEIRAS	00:55:29
471	386	ANTONIO F PEREIRA	43	M4044	79	M					INDIVIDUAL	00:55:31
472	83	JOSE ABREU	60	M5599	68	M					GDC IN CASA MOEDA	00:55:33
473	220	LEONEL FERREIRINHA	60	M5599	69	M					C MILLENNIUM BCP	00:55:34
474	30	JORGE FERREIRA	43	M4044	80	M					RUNNING OF D MARIA	00:55:38

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
475	200	VITOR MENDES	47	M4549	71	M					VPRLR MENDES	00:55:43
476	456	JOAO BARATA	58	M5599	70	M					CLUBE ROBBIALAC	00:55:44
477	505	JOSE ANTONIO	51	M5054	59	M					UDCA	00:55:46
478	641	VITOR PETINGA	73	M5599	71	M					C BENFICA ALHANDRA	00:55:46
479	432	JOSE LOPES	51	M5054	60	M					INDIVIDUAL	00:55:50
480	71	JORGE NARCISO	48	M4549	72	M					SMO PROGRESSO	00:56:01
481	491	BRAGA FERNANDES	41	M4044	81	M					3 AMIGOS	00:56:03
482	306	JOSE REIS	47	M4549	73	M					BRANDOA CORRE	00:56:05
483	631	LUIS S COSTA	32	M2034	97	M					INDIVIDUAL	00:56:06
484	479	MARIA MENDES	57	F3599	21	F					SL CAMPOLIDE	00:56:07
485	133	LUIS ROCHA	31	M2034	98	M					MUSEUS POLITECNICA	00:56:09
486	135	ANA DIAS	37	F3599	22	F					MUSEUS POLITECNICA	00:56:09
487	82	ANTONIO NASCIMENTO	67	M5599	72	M					GDC IN CASA MOEDA	00:56:21
488	649	FILIFE VARANDAS	36	M3539	66	M					INDIVIDUAL	00:56:24
489	483	NUNO SILVA	54	M5054	61	M					GD INE	00:56:26
490	268	CARLOS VIEGAS	50	M5054	62	M					GDCT UNICRE	00:56:28
491	363	JOSE BARATA	69	M5599	73	M					INDIVIDUAL	00:56:39
492	420	JOSE P HENRIQUES	59	M5599	74	M					INDIVIDUAL	00:56:41
493	499	ROGERIO PINA	54	M5054	63	M					CLUBE ANACOM	00:56:43
494	215	LEONEL BRANDAO	41	M4044	82	M					C MILLENNIUM BCP	00:56:52
495	458	MARIO RAMOS	48	M4549	74	M					TEAMWORK	00:56:54
496	185	MARCO GOUVEIA	37	M3539	67	M					RUNNING FOR FUN	00:56:58
497	332	FERNANDA LUCAS	56	F3599	23	F					C BENFICA AGUALVA	00:57:11
498	431	FERNANDO MATIAS	43	M4044	83	M					INDIVIDUAL	00:57:13
499	248	JOSE SAFARA	52	M5054	64	M					PLUMAS	00:57:26
500	250	ANTONIO SAFARA	57	M5599	75	M					PLUMAS	00:57:26
501	471	JOAQUIM CORREIA	47	M4549	75	M					SL CAMPOLIDE	00:57:39
502	149	MARIA SANTOS	47	F3599	24	F					AÇOREANA C BANIF	00:57:43
503	176	JOAO SIMOES	54	M5054	65	M					GDCT BES	00:57:43
504	514	ANTONIO NEVES	71	M5599	76	M					GD PATUSCOS VIALONGA	00:57:44
505	145	TIAGO BARATA	30	M2034	99	M					GUP GRALHAS	00:57:45
506	232	JOAO GODINHO	70	M5599	77	M					C MILLENNIUM BCP	00:57:47
507	584	RUI MENDES	20	M2034	100	M					INDIVIDUAL	00:57:57
508	345	JOSE AMARO	35	M3539	68	M					INDIVIDUAL	00:58:01
509	465	PAULO BAILAO	38	M3539	69	M					SS CGD	00:58:04
510	297	ROSINDA GONÇALVES	54	F3599	25	F					GD MACEDO OCULISTA	00:58:13
511	202	LINA MENDES	37	F3599	26	F					OS CARACOIS ST IRIA	00:58:29

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
512	209	RITA CARDOSO	20	F2034	17	F					OS CARACOIS ST IRIA	00:58:29
513	526	FRANCISCO REDONDO	48	M4549	76	M					SOVENA	00:58:32
514	303	MANUEL GOMES	63	M5599	78	M					CCD EFACEC LX	00:58:37
515	264	ANA PAULA	31	F2034	18	F					CLUBE AUTOCOOPE	00:58:39
516	515	CARLOS BEIRAO	65	M5599	79	M					GD PATUSCOS VIALONGA	00:58:40
517	646	HELDER VARANDAS	61	M5599	80	M					INDIVIDUAL	00:58:42
518	513	BRUNO LOURENÇO	26	M2034	101	M					OS CARACOIS ST IRIA	00:58:46
519	519	NUNO OLIVEIRA	32	M2034	102	M					# 1	00:58:53
520	464	SEVERINO ROSA	52	M5054	66	M					SS CGD	00:58:58
521	533	MANUEL FERREIRA	61	M5599	81	M					QUIOSQUE MIRANTE	00:59:01
522	534	VITOR CRUZ	37	M3539	70	M					QUIOSQUE MIRANTE	00:59:01
523	650	JOAO CANAVERDE	35	M3539	71	M					INDIVIDUAL	00:59:02
524	438	NUNO MOREIRA	35	M3539	72	M					INDIVIDUAL	00:59:21
525	214	FERNANDO FERREIRA	32	M2034	103	M					C MILLENNIUM BCP	00:59:27
526	331	JOSE BORGES	48	M4549	77	M					C BENFICA AGUALVA	00:59:32
527	336	EMILIA BORGES	45	F3599	27	F					C BENFICA AGUALVA	00:59:32
528	204	RODRIGO CARVALHO	44	M4044	84	M					OS CARACOIS ST IRIA	00:59:39
529	21	LUCIA SILVA	30	F2034	19	F					AM B° CV LUMIAR	00:59:43
530	463	ANDRE NORONHA	44	M4044	85	M					SS CGD	00:59:45
531	496	FABIO DIAS	37	M3539	73	M					OS DESTAKADOS	00:59:45
532	405	SANDRA MARTINS	31	F2034	20	F					INDIVIDUAL	00:59:58
533	535	SERGIO WIEZBICKI	47	M4549	78	M					QUIOSQUE MIRANTE	01:00:00
534	106	PAULO JANUARIO	39	M3539	74	M					C FEROV PORTUGAL	01:00:15
535	582	NELSON FERREIRA	50	M5054	67	M					INDIVIDUAL	01:00:40
536	575	VITALINO MENDONÇA	60	M5599	82	M					GC 1ºMAIO AGUALVA	01:00:45
537	411	PEDRO PINTO	51	M5054	68	M					INDIVIDUAL	01:01:32
538	59	MARCO DIAS	31	M2034	104	M					SPIN AND SPRINT	01:01:38
539	60	LUCIA FRANCHI	51	F3599	28	F					SPIN AND SPRINT	01:01:38
540	527	RUI GOMES	48	M4549	79	M					SOVENA	01:01:40
541	37	RICARDO SIMOES	39	M3539	75	M					RUNNING OF D MARIA	01:01:43
542	194	ALEXANDRE RODRIGUES	37	M3539	76	M					BUE RAPIDOS	01:02:01
543	419	JOAO MONTEIRO	51	M5054	69	M					INDIVIDUAL	01:02:02
544	282	MARIO SANTOS	39	M3539	77	M					INDIVIDUAL	01:02:22
545	19	ANDRE SANTOS	28	M2034	105	M					AM B° CV LUMIAR	01:02:29
546	511	MANUELA ANTON	41	F3599	29	F					GRD OS FIXES	01:02:49
547	322	JOAO MENDES RAMOS	66	M5599	83	M					SL BENFICA	01:02:50
548	562	ANA BENTO	49	M4549	80	M					GC 1ºMAIO AGUALVA	01:02:53

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
549	448	RAFAEL PEREIRA	20	M2034	106	M					INDIVIDUAL	01:03:17
550	48	LUIS OLIVEIRA	39	M3539	78	M					AA LEBRES SADO	01:03:21
551	184	MIGUEL CORREIA	48	M4549	81	M					RUNNING FOR FUN	01:03:21
552	50	CECILIA NICOLAU	41	F3599	30	F					AA LEBRES SADO	01:03:22
553	283	ARTUR DINIS	51	M5054	70	M					GD MACEDO OCULISTA	01:03:42
554	296	PAULA COUTO	45	F3599	31	F					GD MACEDO OCULISTA	01:03:43
555	186	PAULO SOUSA	42	M4044	86	M					RUNNING FOR FUN	01:03:57
556	147	IDALINA MADEIRA	47	F3599	32	F					AÇOREANA C BANIF	01:04:00
557	81	ANTONIO GASPAR	64	M5599	84	M					GDC IN CASA MOEDA	01:04:31
558	273	MARCELO CARDOSO	39	M3539	79	M					GDCT UNICRE	01:04:35
559	134	CRISTINA MENDES	38	F3599	33	F					MUSEUS POLITECNICA	01:05:05
560	449	VICENTE PEREIRA	53	M5054	71	M					INDIVIDUAL	01:05:08
561	349	ROMAO GUIMARAES	31	M2034	107	M					INDIVIDUAL	01:06:00
562	403	TERESA RODRIGUES	52	F3599	34	F					INDIVIDUAL	01:06:04
563	529	MANUEL SOUSA	70	M5599	85	M					HIPERTECNICA	01:06:04
564	402	CESAR GUERRA	39	M3539	80	M					INDIVIDUAL	01:06:06
565	474	ALBANO CORREIA	50	M5054	72	M					SL CAMPOLIDE	01:06:09
566	600	ANTONIO VIEIRA	52	M5054	73	M					INDIVIDUAL	01:06:25
567	648	SERGIO BATISTA	37	M3539	81	M					INDIVIDUAL	01:06:36
568	286	JOAO MARIO CHUMBINHO	22	M2034	108	M					INDIVIDUAL	01:07:01
569	294	CRISTINA RAMOS	48	F3599	35	F					GD MACEDO OCULISTA	01:07:01
570	62	JOAO CHUMBINHO	39	M3539	82	M					INDIVIDUAL	01:07:03
571	398	FABIO DIAS	19	M0019	1	M					INDIVIDUAL	01:07:17
572	520	JOAO CARVALHO	58	M5599	86	M					LEOES PATAMEIRAS	01:07:24
573	525	JOSE LAGEIRA	63	M5599	87	M					SOVENA	01:07:33
574	63	ELIZABETE SANTOS	27	F2034	21	F					BRANDOA CORRE	01:07:38
575	371	JAIMÉ PAIXAO	76	M5599	88	M					INDIVIDUAL	01:08:03
576	46	JORGE BARREIRA	48	M4549	82	M					INDIVIDUAL	01:08:04
577	65	TANIA REVEZ	29	F2034	22	F					LESMA ALOPRADAS	01:08:12
578	206	LUCIA GOIS	25	F2034	23	F					OS CARACOIS ST IRIA	01:08:47
579	512	CARINA PORTO	23	F2034	24	F					OS CARACOIS ST IRIA	01:08:47
580	199	SONIA MACHADO	28	F2034	25	F					CCD SINTRENSE	01:10:14
581	198	SUSANA SAINITA	28	F2034	26	F					CCD SINTRENSE	01:10:16
582	424	ANA DIONISIO	44	F3599	36	F					INDIVIDUAL	01:10:17
583	435	MARTA FERREIRA	20	F2034	27	F					INDIVIDUAL	01:10:30
584	197	PAULA VICENTE	28	F2034	28	F					CCD SINTRENSE	01:12:40
585	655	RITA RAMOS	20	F2034	29	F					TEAMWORK	01:13:11

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
586	656	CATARINA MORGADO	28	F2034	30	F					TEAMWORK	01:14:34
587	196	JOAQUIM COELHO	63	M5599	89	M					CCD SINTRENSE	01:14:39
588	205	DINA GOIS	45	F3599	37	F					OS CARACOIS ST IRIA	01:16:06
589	210	HUGO FERNANDES	24	M2034	109	M					OS CARACOIS ST IRIA	01:16:08
590	603	MARIA ANTUNES	51	F3599	38	F					INDIVIDUAL	01:19:23
591	213	FOCK CHIU	58	F3599	39	F					C MILLENNIUM BCP	01:19:56
592	212	JOSE ARRUDA	59	M5599	90	M					C MILLENNIUM BCP	01:19:57
593	602	FERNANDO AMADO	52	M5054	74	M					INDIVIDUAL	01:22:22
594	583	JULIA FERREIRA	48	F3599	40	F					INDIVIDUAL	01:23:00
595	604	CARLOS FERREIRA	58	M5599	91	M					INDIVIDUAL	01:23:00