

3ª CORRIDA LUZIA DIAS

Patrocínio: AM BAIRRO CRUZ VERMELHA LUMIAR
 Data: 22/11/2009
 Classif.: Relatório Geral Masculino e Feminino

Apoio: XISTARCA

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.E.E	Sx.	C.	SC1	SC2	SC3	Clube	Tempo
1	628	HELIO FUMO	26	M2039	1	M					SL BENFICA	00:31:38
2	587	JORGE MIRANDA	21	M2039	2	M					JUVENTUDE VIDIGALENSE	00:32:08
3	284	LUIS BAPTISTA	32	M2039	3	M					FALCOES SELVAGENS	00:32:18
4	95	PEDRO RODRIGUES	31	M2039	4	M					CR LEOES P SALVO	00:32:24
5	299	LUIS CATARINO	27	M2039	5	M					GIRA SOL	00:32:41
6	205	EMILIANO VIEIRA	30	M2039	6	M					FC O DESPERTAR	00:32:45
7	527	LUIS M LIMA	38	M2039	7	M					INDIVIDUAL	00:32:51
8	5	MIGUEL QUARESMA	26	M2039	8	M					SPORTING CP	00:32:57
9	145	PEDRO GOMES	32	M2039	9	M					BOAVISTA SÃO MATEUS	00:33:30
10	588	MARCO COSTA	28	M2039	10	M					JUVENTUDE VIDIGALENSE	00:33:31
11	353	ALBERTO MARAVILHA	43	M4044	1	M					INDIVIDUAL	00:33:37
12	104	PAULO RAMOS	47	M4549	1	M					CR LEOES P SALVO	00:33:38
13	642	MARIO PEDRO	34	M2039	11	M					GD MACEDO OCULISTA	00:33:43
14	96	HUGO GONCALVES	31	M2039	12	M					CR LEOES P SALVO	00:33:53
15	35	JOAO FERREIRA	32	M2039	13	M					GARMIN	00:33:55
16	44	JOAO SPENCER	38	M2039	14	M					SL CAMPOLIDE	00:33:58
17	14	FERNANDO ALVES	43	M4044	2	M					AM B° CV LUMIAR	00:34:00
18	33	CUSTODIO ANTONIO	32	M2039	15	M					GARMIN	00:34:14
19	25	MARIO CASACA	36	M2039	16	M					GARMIN	00:34:17
20	635	JOAO GINJA	43	M4044	3	M					GD MACEDO OCULISTA	00:34:42
21	480	LUIS M F TORRAO	27	M2039	17	M					INDIVIDUAL	00:34:44
22	6	AMILCAR DUARTE	50	M5054	1	M					SPORTING CP	00:34:50
23	97	RICARDO PEREIRA	32	M2039	18	M					CR LEOES P SALVO	00:34:54
24	637	JORGE REIS	51	M5054	2	M					GD MACEDO OCULISTA	00:34:59
25	7	MARIO MENDES	21	M2039	19	M					SPORTING CP	00:35:24
26	2	EDUARDO FERNANDES	41	M4044	4	M					INDIVIDUAL	00:35:35
27	201	JOAO FIANCA	40	M4044	5	M					FC O DESPERTAR	00:35:38
28	589	JAIME DIAS	24	M2039	20	M					JUVENTUDE VIDIGALENSE	00:35:41
29	63	FILIPE SILVA	56	M5559	1	M					GDR REBOLEIRA	00:35:44
30	202	LUCIANO CONCEIÇÃO	43	M4044	6	M					FC O DESPERTAR	00:35:57
31	26	FILIPE DIAS	33	M2039	21	M					GARMIN	00:36:02
32	367	ARTUR LOPES	37	M2039	22	M					CA PATAMEIRAS	00:36:05
33	12	MARCO GRILEIRO	30	M2039	23	M					AM B° CV LUMIAR	00:36:20
34	98	DOMINGOS CARNEIRO	36	M2039	24	M					CR LEOES P SALVO	00:36:20
35	101	PAULO FELIX	51	M5054	3	M					CR LEOES P SALVO	00:36:37
36	90	RODOLFO MOREIRA	32	M2039	25	M					GD BV ALVERCA	00:36:46
37	377	RUI CABANAS	30	M2039	26	M					CA PATAMEIRAS	00:37:00
38	203	ABEL GLORIA	47	M4549	2	M					FC O DESPERTAR	00:37:10
39	313	LUIS ALVES	29	M2039	27	M					CUN BOSTON	00:37:12
40	23	JOSE TEIXEIRA	36	M2039	28	M					AM B° CV LUMIAR	00:37:20
41	630	FABIO FERREIRA	22	M2039	29	M					GD MACEDO OCULISTA	00:37:21
42	34	JOSE COURO	49	M4549	3	M					GARMIN	00:37:23
43	575	ORLANDO CORREIA	38	M2039	30	M					INDIVIDUAL	00:37:26
44	102	CARLOS MENDES	44	M4044	7	M					CR LEOES P SALVO	00:37:28

45	373	NUNO M DORES	26	M2039	31	M	CA PATAMEIRAS	00:37:30
46	594	RICARDO FRANCISCO	33	M2039	32	M	INDIVIDUAL	00:37:37
47	200	JOAO ESTEVÃO	44	M4044	8	M	FC O DESPERTAR	00:37:42
48	328	VERA NUNES	29	F2034	1	F	SL BENFICA	00:38:09
49	368	BEATRIZ CUNHA	29	F2034	2	F	CA PATAMEIRAS	00:38:09
50	109	JOAQUIM PEREIRA	61	M6099	1	M	CR LEOES P SALVO	00:38:10
51	418	RUI DUARTE	42	M4044	9	M	INDIVIDUAL	00:38:10
52	107	MARIO GONCALVES	59	M5559	2	M	CR LEOES P SALVO	00:38:13
53	138	NUNO ESPIRITO SANTO	39	M2039	33	M	ACOREANA C BANIF	00:38:32
54	629	CONSTANTINO ARAUJO	42	M4044	10	M	GD MACEDO OCULISTA	00:38:33
55	439	MIGUEL TEIXEIRA	36	M2039	34	M	INDIVIDUAL	00:38:36
56	91	JOSE PAJINHA	49	M4549	4	M	GD BV ALVERCA	00:38:37
57	430	ARTUR TAVARES	44	M4044	11	M	INDIVIDUAL	00:38:42
58	641	LUIS SANTOS	25	M2039	35	M	GD MACEDO OCULISTA	00:38:46
59	208	NUNO V LOPES	37	M2039	36	M	RB RUNNING	00:38:50
60	405	JOAO ANTUNES	41	M4044	12	M	INDIVIDUAL	00:38:50
61	638	JOSE INOCENCIO	57	M5559	3	M	GD MACEDO OCULISTA	00:38:50
62	30	JOSE LUIS NOBRE	46	M4549	5	M	GARMIN	00:39:03
63	561	VITOR LOPES	40	M4044	13	M	SFRAA	00:39:04
64	574	ALCINDO AUGUSTO	50	M5054	4	M	INDIVIDUAL	00:39:06
65	106	ANTONIO VALE	52	M5054	5	M	CR LEOES P SALVO	00:39:18
66	227	MANUEL FIGUEIREDO	52	M5054	6	M	CF OS BELENENSES	00:39:22
67	191	NUNO MIGUEL CORREIA	43	M4044	14	M	GD INE	00:39:29
68	314	MARCO BATISTA	28	M2039	37	M	ACD BOCAL	00:39:43
69	333	JOSE COSTA	42	M4044	15	M	GRCD LEIAO	00:39:50
70	211	GHIULVEST	23	M2039	38	M	ADC CATUJAL	00:39:58
71	92	JOSE NETO	52	M5054	7	M	GD BV ALVERCA	00:40:01
72	611	FERNANDO LEMOS	59	M5559	4	M	C MILLENNIUM BCP	00:40:02
73	626	CARLA PINTO	38	F3599	1	F	GD MACEDO OCULISTA	00:40:23
74	419	MARCOS PEREIRA	54	M5054	8	M	INDIVIDUAL	00:40:24
75	140	RUI SILVA	33	M2039	39	M	ACOREANA C BANIF	00:40:28
76	266	PAULO LOPES	41	M4044	16	M	GD AGUIAS MOITA	00:40:35
77	43	ANTONIO GOMES	37	M2039	40	M	SL CAMPOLIDE	00:40:41
78	261	JOAO MENDES	37	M2039	41	M	UDCA	00:40:42
79	279	RUI FALCAO	47	M4549	6	M	FALCOES SELVAGENS	00:40:43
80	395	NUNO ROCHA	32	M2039	42	M	EL TRAIN COMPETITION	00:40:43
81	82	CARLOS MONTEIRO	39	M2039	43	M	CD GRUPO BES	00:40:44
82	8	RUI JUSTO	19	M0019	1	M	AM B° CV LUMIAR	00:40:45
83	329	LUCILIA SOARES	45	F3599	2	F	SL BENFICA	00:40:45
84	361	CARLOS VITORINO	36	M2039	44	M	RUNNING Dª MARIA	00:40:46
85	585	SONIA SOUSA	27	F2034	3	F	SL BENFICA	00:40:47
86	341	MANUEL CHINITA	45	M4549	7	M	CA VALE FIGUEIRA	00:40:51
87	627	AUGUSTO GASPAR	48	M4549	8	M	MONSANTO GASCAN	00:40:52
88	348	VITOR LIMA	42	M4044	17	M	GDU CAXIENSES	00:40:54
89	168	DOUGLAS ST MARTIN	31	M2039	45	M	UNIDADE DIVERSIDADE	00:41:02
90	452	AMAVEL FIGUEIREDO	49	M4549	9	M	INDIVIDUAL	00:41:12
91	286	FERNANDO FIGUEIREDO	43	M4044	18	M	FALCOES SELVAGENS	00:41:13
92	374	OSCAR SANTOS	52	M5054	9	M	CA PATAMEIRAS	00:41:20
93	593	BOONEN OLIVIER	44	M4044	19	M	INDIVIDUAL	00:41:21
94	219	JOAQUIM FRADE	54	M5054	10	M	SS CGD	00:41:22
95	304	ANTONIO COSTA	43	M4044	20	M	C BENFICA ALG MEM	00:41:25
96	234	JOSEFA BONGUE	33	F2034	4	F	GD JOANINHAS LEIAO	00:41:27
97	212	DAVID FAUSTINO	44	M4044	21	M	SS CGD	00:41:28
98	316	ERNESTO GUIA	55	M5559	5	M	ACD BOCAL	00:41:35

99	369	CARLOS ANTUNES	58	M5559	6	M	CA PATAMEIRAS	00:41:38
100	276	PEDRO GUEDES	35	M2039	46	M	PORTO RUNNERS	00:41:39
101	640	JOSE REIS	56	M5559	7	M	GD MACEDO OCULISTA	00:41:40
102	254	PEDRO REIS	37	M2039	47	M	AA MAFRA	00:41:42
103	78	CESAR GONCALVES	36	M2039	48	M	ADC CATUJAL	00:41:43
104	375	PAULO GAMBOA	39	M2039	49	M	CA PATAMEIRAS	00:41:43
105	170	DAVID GANCO	27	M2039	50	M	UNIDADE DIVERSIDADE	00:41:48
106	3	ARMANDO ALDEGALEGA	71	M6099	2	M	SPORTING CP	00:41:49
107	557	FERNANDO CANDEIAS	38	M2039	51	M	ADCR POLICIA JUDICIARIA	00:41:52
108	210	ATTILA VASILE	25	M2039	52	M	ADC CATUJAL	00:41:59
109	128	ANDRE QUARENTA	38	M2039	53	M	ACOREANA C BANIF	00:42:01
110	503	CARLOS JACINTO	40	M4044	22	M	INDIVIDUAL	00:42:08
111	230	ALBERTO MONTEIRO	29	M2039	54	M	CF OS BELENENSES	00:42:13
112	199	VIRGILIO CORREIA	39	M2039	55	M	FC O DESPERTAR	00:42:14
113	278	JOAO SANTOA	45	M4549	10	M	C PRAÇAS ARMADA	00:42:19
114	376	RUI MARTINS	53	M5054	11	M	CA PATAMEIRAS	00:42:19
115	18	NUNO SILVA	33	M2039	56	M	AM B° CV LUMIAR	00:42:23
116	169	JOAO CARMO	37	M2039	57	M	UNIDADE DIVERSIDADE	00:42:24
117	105	AMERICO AMARO	49	M4549	11	M	CR LEOES P SALVO	00:42:26
118	103	ANTONIO GUERREIRO	57	M5559	8	M	CR LEOES P SALVO	00:42:30
119	263	MARIO JORGE	45	M4549	12	M	UDCA	00:42:30
120	264	ARMANDO ABRANTES	47	M4549	13	M	UDCA	00:42:30
121	11	GABRIEL CABRAL	42	M4044	23	M	AM B° CV LUMIAR	00:42:34
122	622	ANTÓNIO ARAUJO	58	M5559	9	M	GD MACEDO OCULISTA	00:42:34
123	226	PAULO LOPES	38	M2039	58	M	CF OS BELENENSES	00:42:37
124	380	TIAGO M MARTINS	28	M2039	59	M	CLUBE VODAFONE	00:42:39
125	427	MARIO AMARO	42	M4044	24	M	INDIVIDUAL	00:42:41
126	68	PAULO ALVES	31	M2039	60	M	GD IN CASA MOEDA	00:42:44
127	147	JOAO CALDAS	43	M4044	25	M	CLUBE AUTOCOOPE	00:42:47
128	1	LUZIA DIAS	39	F3599	3	F	SPORTING CP	00:42:48
129	146	LUIS PAULO	43	M4044	26	M	BAHIA	00:42:50
130	184	CARLOS ALBERTO	51	M5054	12	M	GD INE	00:42:51
131	124	CARLOS COELHO	48	M4549	14	M	MONSANTO GASCAN	00:42:58
132	50	ALEXANDRE TEIXEIRA	46	M4549	15	M	CARROCAS ESTRELA	00:42:59
133	344	ANTONIO CAMACHO	57	M5559	10	M	CA VALE FIGUEIRA	00:42:59
134	186	GONCALO FERREIA	37	M2039	61	M	GD INE	00:43:15
135	457	JOAO SILVA	41	M4044	27	M	INDIVIDUAL	00:43:15
136	22	CARLOS PEIXOTO	50	M5054	13	M		00:43:18
137	177	LUIS SOBRAL	47	M4549	16	M	GD AGUIAS MOITA	00:43:22
138	296	LUIS ANTUNES	37	M2039	62	M	UDCC	00:43:24
139	115	VICTOR SILVA	44	M4044	28	M	AA LEBRES SADO	00:43:25
140	404	JOSE BOUCEIRO	43	M4044	29	M	INDIVIDUAL	00:43:25
141	131	CARLOS CANDEIAS	41	M4044	30	M	ACOREANA C BANIF	00:43:27
142	207	JOAO MOACHO	52	M5054	14	M	O MUNDO CORRIDA	00:43:27
143	253	NUNO LEMOS	33	M2039	63	M	AA MAFRA	00:43:47
144	197	FERNANDO MARQUES	60	M6099	3	M	CP EDP CARREGADO	00:43:50
145	280	ANTONIO CANDEIAS	45	M4549	17	M	FALCOES SELVAGENS	00:43:50
146	338	ISIDRO SANTOS	54	M5054	15	M	CA AGUALVA	00:43:52
147	409	VITOR LEBRE	34	M2039	64	M	INDIVIDUAL	00:43:54
148	75	JOSE BARROCO	50	M5054	16	M	CCD EFACEC LX	00:43:55
149	27	JAIME LOURENÇO	44	M4044	31	M	GARMIN	00:43:58
150	142	VIRGILIO MADEIRA	50	M5054	17	M	ACOREANA C BANIF	00:43:59
151	61	NUNO CRAMO	35	M2039	65	M	CDR AGUIAS UNIDAS	00:44:00
152	39	ANTONIO FERNANDES	46	M4549	18	M	TOKANDAR	00:44:01

153	434	VITOR ANTUNES	54	M5054	18	M	INDIVIDUAL	00:44:04
154	645	RUBEN FERREIRA	20	M2039	66	M	GD MACEDO OCULISTA	00:44:07
155	179	SERGIO NUNES	37	M2039	67	M	GD AGUIAS MOITA	00:44:08
156	634	IVO FERREIRA	20	M2039	68	M	GD MACEDO OCULISTA	00:44:08
157	251	HELENA MARTINS	48	F3599	4	F	AA MAFRA	00:44:09
158	433	JORGE ALMEIDA	39	M2039	69	M	A SACAVENENSE	00:44:11
159	87	JULIO FERREIRA	55	M5559	11	M	CD GRUPO BES	00:44:14
160	576	MANUEL MARTINS	40	M4044	32	M	ACADEMIA LUMIAR	00:44:16
161	86	JORGE PEREIRA	55	M5559	12	M	CD GRUPO BES	00:44:17
162	120	PEDRO MARIA	36	M2039	70	M	SOCASA	00:44:17
163	422	TIAGO TELES	26	M2039	71	M	INDIVIDUAL	00:44:20
164	262	VITOR COTRIM	43	M4044	33	M	UDCA	00:44:23
165	72	MANUEL FIDALGO	57	M5559	13	M	CCD EFACEC LX	00:44:24
166	80	ANTONIO BARBOSA	29	M2039	72	M	MAMORAIS	00:44:24
167	431	MARCO CAMPOS	28	M2039	73	M	INDIVIDUAL	00:44:25
168	330	PAULO BARREIRA	36	M2039	74	M	GRCD LEIAO	00:44:26
169	4	RUI MC SILVA	38	M2039	75	M	SPORTING CP	00:44:27
170	639	JOSE OLIVEIRA	44	M4044	34	M	GD MACEDO OCULISTA	00:44:28
171	620	AMERICO POMBO	45	M4549	19	M	GD MACEDO OCULISTA	00:44:33
172	152	ANTONIO ALMEIDA	45	M4549	20	M	CLUBE AUTOCOOPE	00:44:35
173	134	FRANCISCO PEREIRA	42	M4044	35	M	ACOREANA C BANIF	00:44:37
174	79	RUI BERNARDINO	29	M2039	76	M	MAMORAIS	00:44:44
175	365	ALBINO TOMAS	53	M5054	19	M	CA PATAMEIRAS	00:44:46
176	273	GASPAR LANEIRO	49	M4549	21	M	BUDELPACK	00:44:47
177	271	JOSE FELIX	52	M5054	20	M	CAMARA L CLUBE	00:44:53
178	163	PAULO DUARTE	44	M4044	36	M	GDCT UNICRE	00:44:56
179	76	ALMERINDO SILVA	50	M5054	21	M	ADC CATUJAL	00:44:57
180	272	CARLOS RODRIGUES	37	M2039	77	M	CCD CASA OIA	00:44:57
181	47	ARLINDO BRAS	45	M4549	22	M	CARROCAS ESTRELA	00:44:59
182	355	PAULO MARTINS	42	M4044	37	M	RUNNING Dª MARIA	00:45:01
183	432	JOAQUIM MARQUES	40	M4044	38	M	INDIVIDUAL	00:45:06
184	385	JOSE A SA	36	M2039	78	M	CLUBE VODAFONE	00:45:07
185	464	CARLOS A C MENDES	52	M5054	22	M	INDIVIDUAL	00:45:07
186	110	FILIPE COSTA	34	M2039	79	M	UNIDOS CASTILHO	00:45:08
187	495	VITOR RODRIGUES	44	M4044	39	M	INDIVIDUAL	00:45:12
188	334	JOSE INFANTE	41	M4044	40	M	C PRAÇAS ARMADA	00:45:13
189	206	POSSIDONIO CONSTANTINO	57	M5559	14	M	C PRAÇAS ARMADA	00:45:14
190	454	VALTER CAMACHO	24	M2039	80	M	INDIVIDUAL	00:45:14
191	396	RUI MOREIRA	30	M2039	81	M	EL TRAIN COMPETITION	00:45:15
192	37	JOAO VERISSIMO	51	M5054	23	M	TOKANDAR	00:45:19
193	275	JOAO VAZ	44	M4044	41	M	BOAVISTA SÃO MATEUS	00:45:40
194	89	SILVIO PAIVA	58	M5559	15	M	CD GRUPO BES	00:45:41
195	132	DIOGO FERREIRA	36	M2039	82	M	ACOREANA C BANIF	00:45:41
196	141	TAM AFONSO	56	M5559	16	M	ACOREANA C BANIF	00:45:41
197	412	JOSE RIJO	61	M6099	4	M	INDIVIDUAL	00:45:44
198	77	SERGIO TELES	24	M2039	83	M	ADC CATUJAL	00:45:47
199	216	PAULO PIRES	44	M4044	42	M	SS CGD	00:45:49
200	31	PAULA LEMOS	43	F3599	5	F	GARMIN	00:45:51
201	225	JACINTO PEREIRA	52	M5054	24	M	GDU CAXIENSES	00:45:53
202	166	FERNANDO LUZ	40	M4044	43	M	GDCT UNICRE	00:45:55
203	41	JOSE DIONISIO	47	M4549	23	M	BUDELPACK	00:46:01
204	10	DIOGO RAIMUNDO	22	M2039	84	M	AM Bº CV LUMIAR	00:46:02
205	546	RUI MARQUES	35	M2039	85	M	INDIVIDUAL	00:46:02
206	180	ROGERIO NUNES	36	M2039	86	M	GD AGUIAS MOITA	00:46:03

207	9	ANA COSTA	19	F0019	1	F	AM B° CV LUMIAR	00:46:05
208	209	JOSE VALERIO	64	M6099	5	M	ADC CATUJAL	00:46:05
209	563	FLORIVAL ANDRADE	60	M6099	6	M	FORNO CIDADE	00:46:06
210	326	JOAO A SILVA	33	M2039	87	M	SC CASAINHOS	00:46:07
211	119	PAULO VALADA	44	M4044	44	M	SOCASA	00:46:08
212	420	PAULO PEREIRA	36	M2039	88	M	INDIVIDUAL	00:46:09
213	468	JOSE C ALVES	40	M4044	45	M	INDIVIDUAL	00:46:09
214	636	JOAQUIM MACEDO	55	M5559	17	M	GD MACEDO OCULISTA	00:46:11
215	379	GONÇALO B TOME	39	M2039	89	M	CLUBE VODAFONE	00:46:13
216	32	PAULO SANICA	38	M2039	90	M	GARMIN	00:46:19
217	165	EDUARDO RIBEIRO	42	M4044	46	M	GDCT UNICRE	00:46:20
218	599	VITOR RODRIGUES	53	M5054	25	M	C MILLENNIUM BCP	00:46:22
219	529	ANTONIO HENRIQUES	44	M4044	47	M	INDIVIDUAL	00:46:23
220	301	RUI P SANTOS	34	M2039	91	M	MERIDIANOS	00:46:25
221	523	JOAO OLIVEIRA	33	M2039	92	M	INDIVIDUAL	00:46:25
222	242	ACACIO LOPES	42	M4044	48	M	CF OS BELENENSES	00:46:27
223	300	JOAO GONÇALVES	37	M2039	93	M	MERIDIANOS	00:46:27
224	371	JOAO BRAZ	48	M4549	24	M	CA PATAMEIRAS	00:46:28
225	259	LEONEL	45	M4549	25	M	AA MAFRA	00:46:29
226	139	PEDRO BURGUETTE	34	M2039	94	M	ACOREANA C BANIF	00:46:32
227	148	CARLOS FERREIRA	52	M5054	26	M	CLUBE AUTOCOOPE	00:46:33
228	315	JOAO BATISTA	32	M2039	95	M	ACD BOCAL	00:46:33
229	340	LUIS REIS	43	M4044	49	M	CA VALE FIGUEIRA	00:46:34
230	526	JOAO DIAS	49	M4549	26	M	INDIVIDUAL	00:46:34
231	342	VIRGILIO NASCIMENTO	55	M5559	18	M	CA VALE FIGUEIRA	00:46:35
232	485	JOSE NASCIMENTO	45	M4549	27	M	INDIVIDUAL	00:46:35
233	156	JOSE JOAO	24	M2039	96	M	GA MATULOES	00:46:36
234	55	EDUARDO CORREIA	43	M4044	50	M	R 4 F	00:46:37
235	308	PEDRO FERREIRA	33	M2039	97	M	CUN BOSTON	00:46:37
236	559	MANUELMOREIRA	64	M6099	7	M	ADCR POLICIA JUDICIARIA	00:46:37
237	609	SERGIO ANJOS	35	M2039	98	M	C MILLENNIUM BCP	00:46:38
238	122	RUI BORGES	47	M4549	28	M	MONSANTO GASCAN	00:46:42
239	220	ANTONIO CARPINTEIRO	64	M6099	8	M	SS CGD	00:46:44
240	247	MANUEL JACINTO	53	M5054	27	M	GD LACEROTE	00:46:44
241	592	JOSE OLIVEIRA	36	M2039	99	M	INDIVIDUAL	00:46:45
242	545	FRANCISCO GALA	26	M2039	100	M	PUPILOS EXERCITO	00:46:46
243	93	JOSE VALENTIM	56	M5559	19	M	G D B V ALVERCA	00:46:47
244	144	VITOR RAFAEL	46	M4549	29	M	SS MONTEPIO GERAL	00:46:48
245	265	MANUEL CRISPIM	57	M5559	20	M	UDCA	00:46:49
246	364	ADRIANO VITORINO	48	M4549	30	M	CA PATAMEIRAS	00:46:49
247	133	FERNANDO CELESTINO	51	M5054	28	M	ACOREANA C BANIF	00:46:50
248	288	NEVES SILVA	56	M5559	21	M	C FERROV PORTUGAL	00:46:51
249	443	PAULO PINTO	36	M2039	101	M	INDIVIDUAL	00:46:52
250	249	MANUEL CARDIM	57	M5559	22	M	CADT PORTUCEL	00:46:53
251	467	JOSE C MELO	47	M4549	31	M	INDIVIDUAL	00:46:54
252	213	ISABEL MOLEIRO	41	F3599	6	F	SS CGD	00:46:56
253	321	EULALIA CARVALHO	34	F2034	5	F	ACD BOCAL	00:46:56
254	571	NORBERTO COELHO	53	M5054	29	M	ACADEMIA LUMIAR	00:46:56
255	397	FERNANDO MORAIS	46	M4549	32	M	GD BANCO BPI	00:46:57
256	357	NORBERTO S MARQUES	39	M2039	102	M	RUNNING Dª MARIA	00:46:58
257	88	RUI LOPES	57	M5559	23	M	CD GRUPO BES	00:47:00
258	336	JOAO SANCHES	47	M4549	33	M	CA AGUALVA	00:47:00
259	504	EDUARDO LUIS	31	M2039	103	M	INDIVIDUAL	00:47:01
260	126	LUCIA OLIVEIRA	30	F2034	6	F	ACOREANA C BANIF	00:47:09

261	241	CESAR MARQUES	37	M2039	104	M	CCD SEG SOCIAL	00:47:13
262	370	CARLOS FONSECA	41	M4044	51	M	CA PATAMEIRAS	00:47:15
263	319	TELMO COELHO	34	M2039	105	M	ACD BOCAL	00:47:16
264	164	FERNANDO GONCALVES	42	M4044	52	M	GDCT UNICRE	00:47:19
265	542	MANUEL REGO	38	M2039	106	M	INDIVIDUAL	00:47:19
266	274	BENTO QUARESMA	49	M4549	34	M	BUDELPAK	00:47:21
267	123	CONSTANCIO ALMEIDA	50	M5054	30	M	MONSANTO GASCAN	00:47:23
268	597	FERNANDO ALMEIDA	41	M4044	53	M	C MILLENNIUM BCP	00:47:27
269	111	JOAO AFONSO	33	M2039	107	M	UNIDOS CASTILHO	00:47:28
270	229	JOSE NASCIMENTO	65	M6099	9	M	CF OS BELENENSES	00:47:29
271	127	RITA CARROLA	33	F2034	7	F	ACOREANA C BANIF	00:47:30
272	604	AUGUSTO LOURENÇO	47	M4549	35	M	C MILLENNIUM BCP	00:47:30
273	204	FERNANDO MOTA	37	M2039	108	M	FC O DESPERTAR	00:47:34
274	20	MANUEL RODRIGUES	51	M5054	31	M	AM B° CV LUMIAR	00:47:35
275	246	ANTONIO BORLA	64	M6099	10	M	GD LACEROTE	00:47:36
276	554	VICTOR MORAIS	51	M5054	32	M	GD BARCARENA	00:47:38
277	320	FILIPE SILVA	32	M2039	109	M	ACD BOCAL	00:47:39
278	83	CARLOS NABICA	46	M4549	36	M	CD GRUPO BES	00:47:41
279	407	JORGE SANTOS	32	M2039	110	M	INDIVIDUAL	00:47:43
280	318	PEDRO CARVALHO	21	M2039	111	M	ACD BOCAL	00:47:44
281	305	MARCO GOUVEIA	36	M2039	112	M	C BENFICA ALG MEM	00:47:48
282	414	MANUEL D TRINDADE	53	M5054	33	M	INDIVIDUAL	00:47:52
283	29	ALVARO PORTUGAL	57	M5559	24	M	GARMIN	00:47:54
284	62	TERESA COUTO	32	F2034	8	F	CDR AGUIAS UNIDAS	00:47:56
285	58	JOAQUIM CORRULA	43	M4044	54	M	JP	00:47:57
286	440	SANDRA TEIXEIRA	36	F3599	7	F	INDIVIDUAL	00:47:59
287	534	CARLOS OLIVEIRA	56	M5559	25	M	INDIVIDUAL	00:48:00
288	99	JOSE NAVALHO	38	M2039	113	M	CR LEOES P SALVO	00:48:01
289	605	ANTONIO RAMOS	39	M2039	114	M	C MILLENNIUM BCP	00:48:06
290	394	VITOR GONÇALVES	42	M4044	55	M	VALEJAS AC	00:48:11
291	307	MANUELA FOLGADO	59	F3599	8	F	C BENFICA ALG MEM	00:48:12
292	560	ISABELRODRIGUES	38	F3599	9	F	ADCR POLICIA JUDICIARIA	00:48:12
293	547	NUNO M M GUEDES	27	M2039	115	M	INDIVIDUAL	00:48:13
294	558	VIRGILIO OLIVEIRA	49	M4549	37	M	ADCR POLICIA JUDICIARIA	00:48:13
295	294	MANUEL RIBEIRO	58	M5559	26	M	C FERROV PORTUGAL	00:48:14
296	193	FERNANDO CARVALHO	38	M2039	116	M	BUERAPIDOS	00:48:20
297	194	LUIS PENTEADO	38	M2039	117	M	BUERAPIDOS	00:48:21
298	521	FRANCISCO RAMOS	38	M2039	118	M	INDIVIDUAL	00:48:22
299	16	BRUNO GONÇALVES	31	M2039	119	M	AM B° CV LUMIAR	00:48:29
300	619	IVANILDA SEMEDO	24	F2034	9	F	INDIVIDUAL	00:48:29
301	36	AMERICO COSTA	52	M5054	34	M	TECNO SPIC	00:48:31
302	438	ANTONIO VARELA	43	M4044	56	M	INDIVIDUAL	00:48:34
303	172	LUIS HORTENCIO	39	M2039	120	M	UNIDADE DIVERSIDADE	00:48:36
304	243	JOAO REVES	37	M2039	121	M	LESMA ALOPRADAS	00:48:41
305	509	JORGE BICHO	50	M5054	35	M	INDIVIDUAL	00:48:41
306	555	MIGUEL CARNEIRO	36	M2039	122	M	ADCR POLICIA JUDICIARIA	00:48:42
307	581	ANTONIO CASTANHEIRA	67	M6099	11	M	OS INDOMAVEIS	00:48:44
308	579	JOSE NEVES	57	M5559	27	M	OS INDOMAVEIS	00:48:50
309	331	JORGE BARREIRA	65	M6099	12	M	GRCD LEIAO	00:48:52
310	108	ARMANDO CORREIA	53	M5054	36	M	CR LEOES P SALVO	00:48:54
311	231	ANTONIO LIMA	46	M4549	38	M	CF OS BELENENSES	00:48:57
312	608	MARIO CAMPOS	61	M6099	13	M	C MILLENNIUM BCP	00:49:01
313	38	MAURO TEIXEIRO	29	M2039	123	M	TOKANDAR	00:49:03
314	335	LUIS AMORIM	51	M5054	37	M	INDIVIDUAL	00:49:05

315	238	JOAO T FERREIRA	21	M2039	124	M	AMIGOS FLOR	00:49:12
316	187	FERNANDO CARVALHO	44	M4044	57	M	GD INE	00:49:20
317	607	SOBRAL SOUSA	63	M6099	14	M	C MILLENNIUM BCP	00:49:20
318	154	JOSE DIAS	52	M5054	38	M	CLUBE AUTOCOOPE	00:49:23
319	401	JOAO DUARTE	56	M5559	28	M	INDIVIDUAL	00:49:24
320	556	ANTONIO SUL	40	M4044	58	M	ADCR POLICIA JUDICIARIA	00:49:24
321	136	JOSE SEQUEIRA	48	M4549	39	M	ACOREANA C BANIF	00:49:27
322	135	JOAO SERRA	37	M2039	125	M	ACOREANA C BANIF	00:49:30
323	182	ANTONIO MARQUES	54	M5054	39	M	GD INE	00:49:32
324	267	PAULO CRAVO	42	M4044	59	M	AC SALVATERRA	00:49:33
325	411	JEREMIAS DA SILVA RIBEIRO	66	M6099	15	M	INDIVIDUAL	00:49:34
326	553	AVELINO VESTIAS	59	M5559	29	M	GD BARCARENA	00:49:39
327	446	ANTONIO GONCALVES	48	M4549	40	M	INDIVIDUAL	00:49:41
328	332	JOAO PIRES	40	M4044	60	M	GRCD LEIAO	00:49:43
329	614	MARIO VAREJAO	43	M4044	61	M	C MILLENNIUM BCP	00:49:44
330	188	JULIO ROBALO	46	M4549	41	M	GD INE	00:49:45
331	500	DANIEL PIMENTEL	34	M2039	126	M	INDIVIDUAL	00:49:46
332	53	FERNANDO FARIA	29	M2039	127	M	ANABELA FC 09	00:49:49
333	429	AMARILDO SETAS	37	M2039	128	M	INDIVIDUAL	00:49:52
334	237	GENTIL PEREIRA	35	M2039	129	M	AMIGOS FLOR	00:49:55
335	476	LUIS BATISTA	39	M2039	130	M	INDIVIDUAL	00:49:57
336	381	PEDRO M GONÇALVES	34	M2039	131	M	CLUBE VODAFONE	00:49:58
337	54	MANUEL LINO	54	M5054	40	M	CARACOIS STª IRIA	00:50:00
338	287	ANALICE SILVA	65	F3599	10	F	LIBERDADE AC	00:50:01
339	421	RICARDO VALADARES	26	M2039	132	M	INDIVIDUAL	00:50:02
340	513	BRUNO REIS	33	M2039	133	M	INDIVIDUAL	00:50:07
341	515	JOAO RUPPIO	34	M2039	134	M	INDIVIDUAL	00:50:07
342	501	DAMIAO REGA	48	M4549	42	M	INDIVIDUAL	00:50:12
343	366	ANTONIO MORAIS	56	M5559	30	M	CA PATAMEIRAS	00:50:14
344	303	JOAQUIM COSTA	47	M4549	43	M	CA GALINHEIRAS	00:50:18
345	176	CARLOS SECO	49	M4549	44	M	GD AGUIAS MOITA	00:50:23
346	289	MARTINS BARATA	66	M6099	16	M	C FERROV PORTUGAL	00:50:25
347	235	JOAO FERREIRA	53	M5054	41	M	AMIGOS FLOR	00:50:29
348	460	VIRIGILIO CARLOS	47	M4549	45	M	INDIVIDUAL	00:50:30
349	236	MANUEL HORTELAO	40	M4044	62	M	AMIGOS FLOR	00:50:32
350	337	JOSE RICARDO	56	M5559	31	M	CA AGUALVA	00:50:33
351	190	NUNO MENDES SILVA	55	M5559	32	M	GD INE	00:50:34
352	215	JOSE DIMAS	41	M4044	63	M	SS CGD	00:50:37
353	567	MANUEL ROSA	25	M2039	135	M	LINK	00:50:41
354	600	OSCAR MARQUES	56	M5559	33	M	C MILLENNIUM BCP	00:50:41
355	577	ANTONIO MARTINS	37	M2039	136	M	ACADEMIA LUMIAR	00:50:45
356	524	JOÃO FIGUEIREDO	39	M2039	137	M	INDIVIDUAL	00:50:46
357	222	EURICO SEMEDO	61	M6099	17	M	SS CGD	00:50:47
358	363	MIGUEL TEIXEIRA	30	M2039	138	M	RUNNING Dª MARIA	00:50:49
359	317	SERGIO AZEVEDO	31	M2039	139	M	ACD BOCAL	00:50:50
360	356	EDUARDO M BRITO	36	M2039	140	M	RUNNING Dª MARIA	00:50:50
361	100	LUISA SANTO	42	F3599	11	F	CR LEOES P SALVO	00:50:51
362	260	JAN KRUSZEWSKI	23	M2039	141	M	INDIVIDUAL	00:50:53
363	562	JOAO MALHEIRO	50	M5054	42	M	FORNO CIDADE	00:50:53
364	174	MANUEL PEREIRA	60	M6099	18	M	AD REAL ACADEMIA	00:50:54
365	491	JOSE DUARTE	46	M4549	46	M	INDIVIDUAL	00:50:54
366	548	RICARDO GASPAR	56	M5559	34	M	INDIVIDUAL	00:50:54
367	311	JOSE PONCIANO	37	M2039	142	M	CUN BOSTON	00:50:56
368	537	JOAO GONÇALVES	39	M2039	143	M	INDIVIDUAL	00:50:58

369	402	LUIS ANTUNES	47	M4549	47	M	MONSANTO GASCAN	00:51:02
370	362	CARLOS MAGALHAES	40	M4044	64	M	RUNNING D ^a MARIA	00:51:07
371	372	MANUEL CALISTO	57	M5559	35	M	CA PATAMEIRAS	00:51:12
372	388	MANUEL PAULO	52	M5054	43	M	ODEBRECHT BPC	00:51:13
373	269	ARMENIO ANDRADE	57	M5559	36	M	AC SALVATERRA	00:51:14
374	270	SA PEREIRA	60	M6099	19	M	AC SALVATERRA	00:51:14
375	349	ANA ANDRADE	36	F3599	12	F	GARMIN	00:51:15
376	358	JORGE M PINTO	33	M2039	144	M	RUNNING D ^a MARIA	00:51:16
377	24	LUIS GOMES	54	M5054	44	M	CARACOIS ST ^a IRIA	00:51:17
378	408	MIGUEL NETO	42	M4044	65	M	INDIVIDUAL	00:51:18
379	606	LUDGERO RODRIGUES	53	M5054	45	M	C MILLENNIUM BCP	00:51:20
380	343	ANTONIO SILVA	56	M5559	37	M	CA VALE FIGUEIRA	00:51:27
381	268	JORGE VIEIRA	45	M4549	48	M	AC SALVATERRA	00:51:31
382	195	ALEXANDRE RODRIGUES	38	M2039	145	M	BUERAPIDOS	00:51:34
383	189	MIGUEL P BASTOS	44	M4044	66	M	GD INE	00:51:37
384	646	VANESSA REIS	31	F2034	10	F	MONSANTO GASCAN	00:51:38
385	471	CARLOS M CONÇALVES	53	M5054	46	M	INDIVIDUAL	00:51:40
386	257	FERNANDA COSTA	47	F3599	13	F	AA MAFRA	00:51:41
387	258	PEDRO CARMO	32	M2039	146	M	AA MAFRA	00:51:42
388	522	HUGO PINTO	34	M2039	147	M	INDIVIDUAL	00:51:46
389	544	FELISBERTO BRITO	18	M0019	2	M	INDIVIDUAL	00:51:49
390	633	ISABEL REIS	49	F3599	14	F	GD MACEDO OCULISTA	00:51:49
391	483	JOAO M VAZ	45	M4549	49	M	INDIVIDUAL	00:51:50
392	424	SERGIO TEIXEIRA	27	M2039	148	M	INDIVIDUAL	00:51:52
393	487	FERNANDO VILELAS	34	M2039	149	M	INDIVIDUAL	00:51:52
394	469	JOSE MALES	55	M5559	38	M	INDIVIDUAL	00:51:53
395	290	FERNANDO PESTANA	62	M6099	20	M	C FERROV PORTUGAL	00:51:54
396	214	CARLOS ALBANO	38	M2039	150	M	SS CGD	00:51:59
397	392	PAULO MAGALHAES	39	M2039	151	M	GUP GRALHAS	00:52:03
398	161	JOSE PRAÇA	64	M6099	21	M	GDCT UNICRE	00:52:08
399	410	JOSE BORDALO	57	M5559	39	M	INDIVIDUAL	00:52:14
400	591	PEDRO BAPTISTA	29	M2039	152	M	INDIVIDUAL	00:52:21
401	441	CARLOS MANTEU	41	M4044	67	M	INDIVIDUAL	00:52:25
402	398	ALBERTO SANTOS	53	M5054	47	M	GD BANCO BPI	00:52:28
403	426	JORGE MARQUES	56	M5559	40	M	INDIVIDUAL	00:52:37
404	295	MANUEL SIMOES	60	M6099	22	M	C FERROV PORTUGAL	00:52:42
405	118	JOSE FIGUEIREDO	73	M6099	23	M	SOCASA	00:52:43
406	121	JOAO MARTINS	38	M2039	153	M		00:52:43
407	94	MIGUEL CASTELA	38	M2039	154	M	AA LEBRES SADO	00:52:44
408	378	HELDER F BRANCO	37	M2039	155	M	CLUBE VODAFONE	00:52:46
409	453	RUI ANTUNES	35	M2039	156	M	INDIVIDUAL	00:52:47
410	255	KRISTINE REIS	30	F2034	11	F	AA MAFRA	00:52:49
411	528	FERNANDO DIAS	48	M4549	50	M	INDIVIDUAL	00:52:49
412	129	ANTONIO GUEDES	38	M2039	157	M	ACOREANA C BANIF	00:52:50
413	488	PAULA SANTOS	40	F3599	15	F	INDIVIDUAL	00:52:50
414	244	FERNANDO ANTUNES	41	M4044	68	M	LESMA ALOPRADAS	00:52:53
415	406	ANSELMO LIMA	39	M2039	158	M	INDIVIDUAL	00:53:01
416	612	CARLOS TOME	58	M5559	41	M	C MILLENNIUM BCP	00:53:05
417	436	LUIGI POLARA	46	M4549	51	M	INDIVIDUAL	00:53:09
418	185	CARLOS DIAS	50	M5054	48	M	GD INE	00:53:10
419	623	ANTONIO FERREIRA	45	M4549	52	M	GD MACEDO OCULISTA	00:53:16
420	173	SHABAB SHAIDYAN	46	M4549	53	M	UNIDADE DIVERSIDADE	00:53:17
421	482	CARLOS PEREIRA	72	M6099	24	M	INDIVIDUAL	00:53:20
422	49	JOSE LUIS LOPES	52	M5054	49	M	CARROCAS ESTRELA	00:53:21

423	580	ANTONIO J SILVA	54	M5054	50	M	OS INDOMAVEIS	00:53:21
424	352	ARTUR BOTÃO	40	M4044	69	M	INDIVIDUAL	00:53:28
425	497	NUNO PITA	34	M2039	159	M	INDIVIDUAL	00:53:29
426	196	HELIO SANTOS	25	M2039	160	M	BUERAPIDOS	00:53:30
427	324	HENRIQUE VILHENA	53	M5054	51	M	SMO PROGRESSO	00:53:31
428	69	JOSE LIBERATO	33	M2039	161	M	GD IN CASA MOEDA	00:53:32
429	632	ISABEL OLEIRO	36	F3599	16	F	GD MACEDO OCULISTA	00:53:32
430	252	MARIA HAMMERSCHMDIT	23	F2034	12	F	INDIVIDUAL	00:53:36
431	391	ARMENIO CORREIA	50	M5054	52	M	GUP GRALHAS	00:53:37
432	256	LAURENTINE GAZEAUD	20	F2034	13	F	INDIVIDUAL	00:53:40
433	387	JOAQUIM SIMAO	47	M4549	54	M	ODEBRECHT BPC	00:53:41
434	345	JOSE LINDO	63	M6099	25	M	CA VALE FIGUEIRA	00:53:43
435	228	JOSE SANTOS	50	M5054	53	M	CF OS BELENENSES	00:53:44
436	306	MARIO LAMEIRAO	61	M6099	26	M	C BENFICA ALG MEM	00:53:44
437	598	MARIA MENDES	58	F3599	17	F	C MILLENNIUM BCP	00:53:47
438	435	LUIS GARCIA	66	M6099	27	M	INDIVIDUAL	00:53:52
439	56	JOSE PIEDADE	47	M4549	55	M	JP	00:54:00
440	57	JOSE DIAS	49	M4549	56	M	JP	00:54:00
441	596	JOSE GOMES	62	M6099	28	M	CDUL	00:54:11
442	516	CESAR VIEIRA	34	M2039	162	M	INDIVIDUAL	00:54:22
443	517	RUI CALISTO	35	M2039	163	M	INDIVIDUAL	00:54:22
444	113	RICARDO AMARO	30	M2039	164	M	UNIDOS CASTILHO	00:54:25
445	350	JORGE MATIAS	51	M5054	54	M	JA ALCANTARA	00:54:25
446	60	MANUEL FERREIRA	62	M6099	29	M	QUIOSQUE MIRANTE	00:54:28
447	302	JOAO FONSECA	38	M2039	165	M	MERIDIANOS	00:54:30
448	456	LUIS ROMANEIRO	49	M4549	57	M	INDIVIDUAL	00:54:30
449	564	EDUARDO MARTINS	62	M6099	30	M	FORNO CIDADE	00:54:39
450	181	CARLOS CARROMEU	39	M2039	166	M	GD AGUIAS MOITA	00:54:40
451	490	PEDRO M SILVA	37	M2039	167	M	INDIVIDUAL	00:54:41
452	573	LUIS SOUSA	35	M2039	168	M	ACADEMIA LUMIAR	00:54:46
453	572	RUI PIRES	49	M4549	58	M	ACADEMIA LUMIAR	00:54:47
454	631	INACIO GONCALVES	58	M5559	42	M	GD MACEDO OCULISTA	00:54:52
455	472	CARLOS C TEIXEIRA	49	M4549	59	M	INDIVIDUAL	00:54:54
456	550	IVO ROSA	25	M2039	169	M	INDIVIDUAL	00:54:58
457	112	FRANCISCO CARVALHO	38	M2039	170	M	UNIDOS CASTILHO	00:54:59
458	59	RUI CHAVES	46	M4549	60	M	QUIOSQUE MIRANTE	00:55:01
459	437	MARIO FERREIRA	50	M5054	55	M	INDIVIDUAL	00:55:02
460	40	MARILIA RIBEIRO	26	F2034	14	F	TOKANDAR	00:55:03
461	52	VITOR NEVES	45	M4549	61	M	CARROCAS ESTRELA	00:55:09
462	486	ALBERTO SOARES	47	M4549	62	M	INDIVIDUAL	00:55:22
463	359	RICARDO J SIMOES	40	M4044	70	M	RUNNING Dª MARIA	00:55:24
464	383	ANTONIO P SIETRA	37	M2039	171	M	CLUBE VODAFONE	00:55:25
465	117	JOAQUIM PEREIRA	69	M6099	31	M	AA LEBRES SADO	00:55:28
466	298	JOSE VAZ	51	M5054	56	M	CLUBE ANACOM	00:55:30
467	496	FERNANDO ROCHA	60	M6099	32	M	INDIVIDUAL	00:55:30
468	465	SANDRA MARTINS	32	F2034	15	F	INDIVIDUAL	00:55:32
469	466	JOAO P S LIMA	49	M4549	63	M	INDIVIDUAL	00:55:32
470	621	ANTONIA OLEIRO	42	F3599	18	F	GD MACEDO OCULISTA	00:55:33
471	221	AURELIO CALADO	61	M6099	33	M	SS CGD	00:55:34
472	384	JOSE A SILVA	37	M2039	172	M	CLUBE VODAFONE	00:55:36
473	84	JOAO FERREIRA	58	M5559	43	M	CD GRUPO BES	00:55:42
474	175	VICTOR MENDES	28	M2039	173	M	VPRLR MENDES	00:55:43
475	390	LUIS M ALMEIDA	36	M2039	174	M	GUP GRALHAS	00:55:45
476	413	RUTE PEREIRA	31	F2034	16	F	INDIVIDUAL	00:55:45

477	584	MANUEL MAGALHAES	66	M6099	34	M	OS INDOMAVEIS	00:55:46
478	502	CARMINDA PIRES	47	M4549	64	M	INDIVIDUAL	00:55:51
479	282	DOMINGOS MATOS	48	M4549	65	M	FALCOES SELVAGENS	00:55:52
480	327	MANUELA BARRETO	38	F3599	19	F	FALCOES SELVAGENS	00:55:52
481	481	FERNANDO PEREIRA	67	M6099	35	M	INDIVIDUAL	00:55:52
482	492	RUI LUIS	52	M5054	57	M	INDIVIDUAL	00:55:52
483	116	MAYER RAPOSO	62	M6099	36	M	AA LEBRES SADO	00:55:53
484	565	MARIA LIMA	53	F3599	20	F	FORNO CIDADE	00:56:08
485	601	LEONEL BRANDAO	42	M4044	71	M	C MILLENNIUM BCP	00:56:11
486	85	JOAO SIMOES	55	M5559	44	M	CD GRUPO BES	00:56:13
487	171	JOSE PEDRO	37	M2039	175	M	UNIDADE DIVERSIDADE	00:56:19
488	217	LUIS BOTTO	51	M5054	58	M	SS CGD	00:56:19
489	67	JOSE ABREU	61	M6099	37	M	GD IN CASA MOEDA	00:56:22
490	520	RODRIGO A REIS	36	M2039	176	M	INDIVIDUAL	00:56:22
491	65	ANTONIO GASPAR	65	M6099	38	M	GD IN CASA MOEDA	00:56:25
492	192	JOAO FRIAS	55	M5559	45	M	GD INE	00:56:27
493	532	ANA TRINDADE	27	F2034	17	F	INDIVIDUAL	00:56:37
494	233	MARIA FATUDA	54	F3599	21	F	CF OS BELENENSES	00:56:38
495	461	JOSE CARITA	51	M5054	59	M	INDIVIDUAL	00:56:42
496	462	MARIA ROSA CARITA	49	F3599	22	F	INDIVIDUAL	00:56:42
497	297	ROGERIO PINA	55	M5559	46	M	CLUBE ANACOM	00:56:43
498	223	PAULO BAILAO	39	M2039	177	M	SS CGD	00:56:54
499	28	JOAO GONCALVES	48	M4549	66	M	GARMIN	00:56:56
500	66	ANTONIO NASCIMENTO	68	M6099	39	M	GD IN CASA MOEDA	00:57:03
501	479	EBERHARD WILHELM	61	M6099	40	M	INDIVIDUAL	00:57:08
502	583	MIGUEL DUARTE	26	M2039	178	M	OS INDOMAVEIS	00:57:08
503	538	FABIO DIAS	38	M2039	179	M	INDIVIDUAL	00:57:11
504	183	ANTONIO PORTUGAL	43	M4044	72	M	GD INE	00:57:12
505	474	EDUARDO PEREIRA	49	M4549	67	M	INDIVIDUAL	00:57:14
506	536	ANTONIO SA	42	M4044	73	M	INDIVIDUAL	00:57:21
507	293	MIGUEL BARATA	36	M2039	180	M	C FERROV PORTUGAL	00:57:23
508	477	MARIO PIRES	50	M5054	60	M	INDIVIDUAL	00:57:23
509	310	JOSE FERREIRA	49	M4549	68	M	CUN BOSTON	00:57:36
510	649	NUNO ANTUNES	23	M2039	181	M	MONSANTO GASCAN	00:57:38
511	549	NAIR LOPES	24	F2034	18	F	INDIVIDUAL	00:57:39
512	648	PEDRO CARDOSO	23	M2039	182	M	MONSANTO GASCAN	00:57:39
513	519	GUSTAVO SANTOS	26	M2039	183	M	INDIVIDUAL	00:57:40
514	417	MANUEL NUNES	63	M6099	41	M	INDIVIDUAL	00:57:41
515	451	ROGERIO BARROSO	31	M2039	184	M	INDIVIDUAL	00:57:53
516	463	VITOR CARDOSO	45	M4549	69	M	INDIVIDUAL	00:57:53
517	498	LUCIANO TOMAS	53	M5054	61	M	INDIVIDUAL	00:58:03
518	155	HUMBERTO CORREIA	46	M4549	70	M	CLUBE AUTOCOOPE	00:58:12
519	511	CARLOS RAIMUNDO	58	M5559	47	M	INDIVIDUAL	00:58:21
520	70	MANUEL SIMOES	55	M5559	48	M	GD IN CASA MOEDA	00:58:27
521	167	PEDRO REIS	40	M4044	74	M	GDCT UNICRE	00:58:34
522	150	ANA PAULA	32	F2034	19	F	CLUBE AUTOCOOPE	00:58:37
523	46	FERNANDO MATIAS	44	M4044	75	M	CARROCAS ESTRELA	00:58:38
524	382	PAULO J BONIFACIO	42	M4044	76	M	CLUBE VODAFONE	00:58:42
525	610	LEONEL FERREIRINHA	61	M6099	42	M	C MILLENNIUM BCP	00:58:51
526	493	HELENA SANTOS	47	F3599	23	F	INDIVIDUAL	00:58:56
527	450	RITA SIMOES	27	F2034	20	F	INDIVIDUAL	00:58:57
528	449	PETER KRONENBERG	30	M2039	185	M	INDIVIDUAL	00:58:58
529	416	FERNANDO AZEVEDO	45	M4549	71	M	INDIVIDUAL	00:59:00
530	578	FRANCISCO MOUCHINHO	61	M6099	43	M	ACADEMIA LUMIAR	00:59:02

531	566	NUNO OLIVEIRA	33	M2039	186	M	LINK	00:59:04
532	644	ROSINDA GONÇALVES	55	F3599	24	F	GD MACEDO OCULISTA	00:59:10
533	15	LUCIA SILVA	31	F2034	21	F	AM B° CV LUMIAR	00:59:17
534	541	NUNO SIMAO	40	M4044	77	M	INDIVIDUAL	00:59:19
535	505	PEDRO N N PINTO	52	M5054	62	M	INDIVIDUAL	00:59:20
536	399	PAULO GODINHO	42	M4044	78	M	GD BANCO BPI	00:59:29
537	569	JOAO CANAVERDE	36	M2039	187	M	LINK	00:59:35
538	514	ANA DUQUE	32	M2039	188	M	INDIVIDUAL	00:59:45
539	447	JOAO MONTEIRO	52	M5054	63	M	INDIVIDUAL	00:59:47
540	613	ANTONIO ALMEIDA	43	M4044	79	M	C MILLENNIUM BCP	00:59:55
541	137	LUIS NEVES	36	M2039	189	M	ACOREANA C BANIF	00:59:57
542	153	AMERICO COSTA	55	M5559	49	M	CLUBE AUTOCOOPE	01:00:01
543	499	ERMINDO PINTO	49	M4549	72	M	INDIVIDUAL	01:00:03
544	158	ARMANDO LUIS	63	M6099	44	M	GA MATULOES	01:00:12
545	114	JOEL CARVALHEIRA	34	M2039	190	M	SS CGD	01:00:27
546	224	ANDRE NORONHA	45	M4549	73	M	SS CGD	01:00:27
547	45	JOAO CARVALHO	59	M5559	50	M	LEOES PATAMEIRAS	01:01:06
548	245	FILOMENA AGUIÃ	49	F3599	25	F	LESMAS ALOPRADAS	01:01:08
549	647	MARIA QUITERIA	36	F3599	26	F	GD MACEDO OCULISTA	01:01:45
550	624	ARMANDO CARMO	73	M6099	45	M	GD MACEDO OCULISTA	01:01:50
551	625	ARTUR DINIS	52	M5054	64	M	GD MACEDO OCULISTA	01:01:51
552	643	PAULA COUTO	46	F3599	27	F	GD MACEDO OCULISTA	01:01:51
553	448	JOSE HENRIQUES	60	M6099	46	M	INDIVIDUAL	01:02:02
554	386	MIGUEL BOTTO	43	M4044	80	M	R 4 F	01:02:06
555	322	JORGE NARCISO	49	M4549	74	M	SMO PROGRESSO	01:02:08
556	347	JOAQUIM LIMA	65	M6099	47	M	GDU CAXIENSES	01:02:24
557	48	PAULO COSTA	32	M2039	191	M	CARROCAS ESTRELA	01:02:27
558	159	JORGE S PARREIRA	69	M6099	48	M	GA MATULOES	01:02:28
559	73	ADELINO CASTRO	57	M5559	51	M	CCD EFACEC LX	01:03:11
560	74	MANUEL GOMES	64	M6099	49	M	CCD EFACEC LX	01:03:11
561	292	PAULO JANUARIO	40	M4044	81	M	C FERROV PORTUGAL	01:03:18
562	325	LAURENTINO SANTOS	55	M5559	52	M	SMO PROGRESSO	01:03:19
563	570	HELDER VARANDAS	62	M6099	50	M	LINK	01:03:31
564	568	JORGE ROLISCO	42	M4044	82	M	INDIVIDUAL	01:03:41
565	218	DORA PIRES	43	F3599	28	F	SS CGD	01:03:42
566	510	TERESA SERRA	39	F3599	29	F	INDIVIDUAL	01:03:52
567	149	JOAO GRACA	70	M6099	51	M	CLUBE AUTOCOOPE	01:04:04
568	428	ANA MARQUES	39	F3599	30	F	INDIVIDUAL	01:04:10
569	473	FREDERICO A SOUSA	46	M4549	75	M	INDIVIDUAL	01:04:24
570	71	Mª CARMO ANJOS	63	F3599	31	F	JF PORTELA	01:05:01
571	81	ANTONIO BARATA	33	M2039	192	M	CD GRUPO BES	01:05:03
572	17	EUGENIA CAMPELO	30	M2039	193	M	AM B° CV LUMIAR	01:05:11
573	42	ANA DIONISIO	45	F3599	32	F	BUDELPAK	01:05:17
574	533	Mª FATIMA LEITAO	48	F3599	33	F	INDIVIDUAL	01:05:24
575	248	JULIO SANTOS	48	M4549	76	M	GD LACEROTE	01:05:30
576	125	IDALINA MADEIRA	48	F3599	34	F	ACOREANA C BANIF	01:05:31
577	232	VITOR MARQUES	32	M2039	194	M	CF OS BELENENSES	01:05:44
578	346	FRANCISCO CASACA	69	M6099	52	M	CA VALE FIGUEIRA	01:05:45
579	543	LINA MENDES	38	F3599	35	F	CARACOIS STª IRIA	01:05:45
580	389	ANTONIO ALVES	53	M5054	65	M	ODEBRECHT BPC	01:05:46
581	360	LUIS GRAÇA	45	M4549	77	M	RUNNING Dª MARIA	01:05:49
582	309	JOAQUIM FERREIRA	57	M5559	53	M	CUN BOSTON	01:06:21
583	160	RAUL HENRIQUES	75	M6099	53	M	GA MATULOES	01:07:21
584	323	MANUEL MOREIRA	62	M6099	54	M	SMO PROGRESSO	01:07:54

585	475	ANA RECHENA
586	51	VITOR DUARTE

34	F2034	22	F
42	M4044	83	M

INDIVIDUAL	01:08:07
CARROCAS ESTRELA	01:08:21