

Class	Num	Nome	Sx	Idd	Pos Escal	T. Bruto	T. Líquido	Equipe
1	502	GONALO CASIMIRO	M	22	1	00:32:54.47	00:32:51.74	JUVENTUDE VIDIGALENSE
2	563	RUI GOMINHO	M	23	2	00:33:25.89	00:33:25.89	BEJA AC
3	416	MARIO FERREIRA	M	36	3	00:33:40.45	00:33:37.24	AGUIAS DE ALCOCHETE
4	486	PAULO GUIMARAES	M	40	1	00:33:40.49	00:33:38.43	AMINHACORRIDA/ MY PROTEIN
5	657	HUGO AUGUSTO	M	31	4	00:33:42.76	00:33:40.61	BELEM RUNNERS
6	479	RODRIGO CARRERA	M	31	5	00:33:46.97	00:33:38.43	
7	379	DANIEL PIÑEIRO	M	35	6	00:34:21.36	00:34:19.11	
8	741	NUNO SILVA	M	36	7	00:35:06.95	00:35:05.03	CAAB
9	192	FRANCISCO M B CARVALHO	M	23	8	00:35:11.00	00:35:07.75	
10	48	ADAM BAKER	M	23	9	00:35:22.84	00:35:15.61	LINCOLN WELLINGTON
11	555	PEDRO M MONTEIRO	M	36	10	00:36:01.01	00:35:58.91	
12	47	JOSE FERREIRA	M	30	11	00:36:19.42	00:36:12.58	LINCOLN WELLINGTON
13	614	PEDRO MACHADO	M	33	12	00:36:30.64	00:36:27.31	
14	691	PAULO GARCIA	M	44	2	00:37:00.51	00:36:57.70	OS GALGOS
15	659	LUIS XAVIER	M	30	13	00:37:01.91	00:37:00.08	BELEM RUNNERS
16	702	MIGUEL  SILVA	M	22	14	00:37:04.87	00:36:34.53	
17	327	VALTER OLIVEIRA	M	40	3	00:37:44.00	00:37:40.96	GDCT IN CM
18	567	LUIS M L G SEMEDO	M	36	15	00:37:45.06	00:37:39.74	GM E CORRIDA JAMOR
19	728	VICENT SOBRINHO	M	52	1	00:37:53.62	00:37:49.81	BELEM RUNNERS
20	216	JOS  PIRES	M	41	4	00:38:10.01	00:38:10.01	CUA BENAVENTENSE
21	383	HUGO DOMINGOS	M	38	16	00:38:15.88	00:38:12.91	LINDA A PASTORA SC
22	415	VITOR CANDEIAS	M	44	5	00:38:19.29	00:38:05.64	AGUIAS DE ALCOCHETE
23	191	DAVID LOPES	M	31	17	00:38:26.77	00:38:22.92	
24	128	FERNANDO CANDEIAS	M	46	1	00:38:29.44	00:38:26.15	SS CGD
25	277	KC NIA BOUGROVA	F	23	1	00:38:32.90	00:38:32.90	SPORTING CP
26	647	TIAGO A F CASTELA	M	29	18	00:38:35.14	00:38:31.65	DCI-CCDRP MEALHADA
27	421	JOS  PAJINHA	M	57	1	00:38:35.87	00:38:33.03	CA ODIMARQ
28	450	LU S SANTOS	M	43	6	00:38:44.92	00:36:11.36	GUIZO RUNNERS
29	261	ANT NIO SANTOS	M	55	2	00:38:56.84	00:38:52.57	CAA BEL M
30	684	JOS  MONSANTO	M	37	19	00:38:57.09	00:38:52.42	
31	304	JOS  GOMES	M	57	3	00:39:07.43	00:39:03.19	
32	525	FERNANDO CHAMUSCA	M	67	1	00:39:15.75	00:39:12.51	LINDA A PASTORA SC
33	404	JOS  SIM ES	M	58	4	00:39:18.38	00:39:14.33	JD NEVES
34	321	NUNO SOUSA	M	44	7	00:39:21.62	00:39:17.44	GDCT IN CM
35	81	FERNANDO VICENTE	M	52	2	00:39:22.33	00:39:17.88	
36	417	PAULO LOPES	M	48	2	00:39:30.64	00:39:23.80	AGUIAS DE ALCOCHETE

37	521	JOSE ESTEVES	M	51	3	00:39:44.81	00:39:34.81	TARTARUGAS SOLIDARIAS
38	188	RAUL RODRIGUES	M	59	5	00:39:47.04	00:39:45.30	GD CHELAS
39	747	PAULO CAIROS	M	48	3	00:39:49.55	00:39:26.04	
40	462	LUIS FERREIRA	M	40	8	00:39:49.72	00:39:47.52	OS PICA MIOLOS
41	499	JOÃO S NUNES	M	54	4	00:39:50.50	00:39:48.47	OS AMIGOS DO TEJO
42	298	PEDRO SERRA	M	33	20	00:39:51.41	00:39:33.48	TARTARUGAS SOLIDÁRIAS
43	351	ARTUR CARVALHO	M	46	4	00:39:53.02	00:39:53.02	OS GALGOS
44	463	ANTONIO JACINTO	M	57	6	00:39:53.99	00:39:51.27	OS PICA MIOLOS
45	748	LUCILIA SOARES	F	55	1	00:40:00.81	00:39:59.24	
46	335	MANUEL SOARES	M	52	5	00:40:09.60	00:40:07.04	UNIDOS DA MANUTENÇÃO
47	371	PAULO CHAINHO	M	53	6	00:40:17.47	00:40:15.04	GDR S FRANCISCO SERRA
48	529	SOFIA ARGENTINA	F	38	2	00:40:18.43	00:40:09.60	SS CGD
49	120	TELMO SIMÕES	M	32	21	00:40:31.17	00:40:05.15	
50	507	JOÃO L S C SANTOS	M	58	7	00:40:37.69	00:40:35.16	NAZ ABÓBODA
51	435	NUNO CARVALHO	M	31	22	00:40:44.70	00:40:42.45	
52	488	ORLANDO CORREIA	M	46	5	00:40:52.73	00:40:45.89	LINDA A PASTORA SC
53	325	RUI CORREIA	M	40	9	00:40:55.11	00:40:50.99	GDCT IN CM
54	604	JOÃO A AFONSO	M	41	10	00:40:57.42	00:40:36.98	MLGTSPORTS
55	248	SÉRGIO MANSO	M	33	23	00:40:58.62	00:40:52.54	
56	190	RUI F B S CARMO	M	35	24	00:41:06.32	00:41:03.07	LINDA A PASTORA SC
57	266	PEDRO P BETTENCOURT	M	38	25	00:41:09.08	00:40:42.01	
58	225	GONÇALO FERREIRA	M	30	26	00:41:14.64	00:41:04.06	CCD CRÉDITO AGRÍCOLA
59	204	ANTONIO REBELO	M	46	6	00:41:14.88	00:40:50.16	
60	727	RODRIGO S CORREIA	M	40	11	00:41:16.56	00:41:13.17	
61	645	JOSE P T M C DIAS	M	54	7	00:41:17.54	00:41:12.92	
62	381	NUNO QUINTELA	M	30	27	00:41:20.98	00:41:17.56	GRCD LEIÃO
63	320	NUNO HENRIQUES	M	42	12	00:41:21.34	00:41:17.44	GDCT IN CM
64	660	PEDRO CANELAS	M	45	7	00:41:29.02	00:41:25.07	BELEM RUNNERS
65	364	ANA SOFIA MENDE	F	41	1	00:41:35.43	00:41:32.37	
66	336	FERNANDO GOMES	M	44	13	00:41:36.13	00:41:33.21	UNIDOS DA MANUTENÇÃO
67	709	HUGO SILVA	M	31	28	00:41:39.14	00:41:05.59	
68	542	NUNO FORTE	M	44	14	00:41:53.19	00:41:36.13	TRANQUILIDADE AÇOREANA CLUBE
69	461	JOAO PEREIRA	M	39	29	00:41:55.68	00:41:53.06	OS PICA MIOLOS
70	523	JOÃO RODRIGUES	M	44	15	00:41:57.16	00:41:42.14	LINDA A PASTORA SC
71	301	PAULO REIS	M	47	8	00:42:09.13	00:42:03.25	
72	130	JOAQUIM FRADE	M	62	2	00:42:20.25	00:42:14.82	SS CGD
73	407	RUI BATISTA	M	40	16	00:42:24.04	00:42:18.46	

74	544	RUI OLIVEIRA	M	46	9	00:42:43.28	00:42:38.28	TRANQUILIDADE AÇOREANA CLUBE
75	510	DANIEL PAIVA	M	27	30	00:42:44.26	00:42:21.68	GALHARDOS RUNNERS
76	258	HENRIQUE ADREGA	M	65	3	00:42:46.22	00:42:29.53	CAA BELÉM
77	13	PAULO A R NUNES	M	44	17	00:42:48.07	00:42:43.11	CORRER LISBOA
78	668	MAFALDA MARTINHO	F	29	3	00:42:48.99	00:42:42.06	
79	203	LUÍS J C TEIXEIRA	M	18	31	00:42:51.57	00:42:36.29	
80	319	NUNO GONÇALVES	M	42	18	00:42:55.24	00:42:50.83	GDCT IN CM
81	197	VASCO MATOS	M	41	19	00:42:56.67	00:42:48.25	CORRER SR GRANJA
82	543	PAULO VENTURA	M	47	10	00:42:57.11	00:42:40.58	TRANQUILIDADE AÇOREANA CLUBE
83	419	JOÃO GONÇALVES	M	41	20	00:42:58.95	00:42:57.12	
84	341	CÉDRIC MONTEIRO	M	30	32	00:42:59.17	00:42:54.96	CASEBRE
85	210	HELDER A R COTRIM	M	37	33	00:43:12.85	00:43:08.19	
86	66	GIL CARNEIRO	M	39	34	00:43:14.10	00:43:06.61	MARGIL
87	356	MIGUEL QUERIDO	M	28	35	00:43:15.79	00:42:37.87	
88	661	RUBEN DIAS	M	43	21	00:43:16.00	00:43:12.20	BELEM RUNNERS
89	569	RUI DUARTE	M	42	22	00:43:16.64	00:43:01.50	
90	200	ALBERTINO NETO	M	47	11	00:43:17.56	00:43:09.13	CORRER SR GRANJA
91	306	JUAN COSTA	M	52	8	00:43:18.89	00:43:13.87	OS VELOZES
92	89	JOSE GASPAR	M	44	23	00:43:25.62	00:43:20.33	
93	199	JULIO ROQUE	M	52	9	00:43:29.29	00:43:18.05	CORRER SR GRANJA
94	147	DANILO ROSATI	M	55	8	00:43:29.37	00:43:25.65	
95	133	JOSE MARTINS	M	43	24	00:43:32.58	00:43:08.48	SS CGD
96	24	TIAGO FERREIRA	M	38	36	00:43:35.02	00:43:27.09	OPTICALIA RUNNING TEAM
97	126	DIOGO BRANCO	M	18	37	00:43:37.16	00:43:11.78	SS CGD
98	418	FAUSTINO PEREIRINHA	M	54	10	00:43:38.06	00:43:34.55	AGUIAS DE ALCOCHETE
99	692	JORGE MARTINHO	M	48	12	00:43:39.08	00:43:36.03	OS GALGOS
100	622	MIGUEL RAMALHO	M	36	38	00:43:45.29	00:43:27.90	
101	601	TIAGO FERNANDES	M	30	39	00:43:46.55	00:43:28.37	PORCOS E SELVAGENS
102	572	ALEXANDRE FERREIRA	M	41	25	00:43:46.71	00:43:21.62	
103	281	QUIM SANDE	M	57	9	00:43:53.50	00:43:13.93	
104	621	GONÇALO C LAGOS	M	35	40	00:43:58.46	00:43:40.09	
105	123	CARLOS BRANCO	M	44	26	00:43:58.51	00:43:33.52	SS CGD
106	65	ANA M CORREIA	F	38	4	00:43:59.08	00:43:52.51	MARGIL
107	623	JORGE AZEVEDO	M	45	13	00:44:00.52	00:43:41.30	
108	465	JAIME SILVA	M	65	4	00:44:01.16	00:43:56.71	OS PICA MIOLOS
109	546	GONÇALO SENA	M	17	41	00:44:03.20	00:43:48.87	TRANQUILIDADE AÇOREANA CLUBE
110	95	BATALHA 69	M	53	11	00:44:12.10	00:44:12.10	LEOGYM

111	672	MIGUEL COUTINHO	M	37	42	00:44:24.65	00:43:56.00	
112	545	VIRGÍLIO MADEIRA	M	58	10	00:44:34.74	00:44:22.71	TRANQUILIDADE AÇOREANA CLUBE
113	600	PEDRO NUNES	M	28	43	00:44:38.49	00:44:20.78	PORCOS E SELVAGENS
114	146	JOAO HEITOR	M	67	5	00:44:40.19	00:44:30.24	
115	564	PAULO P SERRANO	M	42	27	00:44:41.71	00:44:41.71	TEAM SALAMANDRAS
116	32	NUNO DAMIÃES	M	36	44	00:44:46.39	00:44:09.21	
117	276	JUVENAL MOREIRA	M	53	12	00:44:47.26	00:44:24.17	ND AUTOCOOPE
118	468	TIAGO A MARQUES	M	39	45	00:44:52.53	00:44:42.77	RUN AWAY TEAM PORTUGAL
119	144	TIAGO AVELAS	M	42	28	00:44:57.54	00:44:21.00	SS CGD
120	302	FILIPPE BALSEIRO	M	30	46	00:44:59.17	00:44:33.73	
121	285	PEDRO M V LIMA	M	39	47	00:44:59.66	00:42:54.41	
122	428	FRANCISCO VILELA	M	37	48	00:45:04.36	00:44:47.66	GRD RIBEIRA DA LAGE
123	602	FABIO LEITAO	M	29	49	00:45:04.93	00:44:46.72	PORCOS E SELVAGENS
124	131	JORGE MORGADO	M	56	11	00:45:06.59	00:44:38.49	SS CGD
125	449	ANTÓNIO AMARAL	M	40	29	00:45:07.85	00:45:05.67	GUIZO RUNNERS
126	117	RICARDO GRILO	M	41	30	00:45:08.33	00:45:03.56	CCD O ALVITEJO
127	195	NUNO DIOGO	M	45	14	00:45:10.10	00:44:59.91	CORRER SR GRANJA
128	215	EVELINO MAGALHAES	M	43	31	00:45:12.96	00:44:59.79	CUA BENAVENTENSE
129	571	PEDRO REBELO	M	43	32	00:45:13.56	00:44:56.87	
130	390	ARTUR GONÇALVES	M	42	33	00:45:14.56	00:44:59.51	
131	579	FERNANDO ANACLETO	M	65	6	00:45:19.52	00:45:11.37	
132	619	JOSÉ S AUGUSTO	M	56	12	00:45:20.90	00:45:08.15	FALCÕES SELVAGENS
133	503	VALTER RODRIGUES	M	33	50	00:45:21.29	00:45:08.98	ANTGRAPHIC
134	537	FAUSTO ISAAC	M	48	15	00:45:25.12	00:45:19.26	TRANQUILIDADE AÇOREANA CLUBE
135	558	LUIS DE CARVALHO	M	41	34	00:45:25.31	00:45:05.95	TARTARUGAS SOLIDÁRIAS
136	729	PAULO SIMOES	M	39	51	00:45:31.52	00:45:15.10	
137	237	RUI SEBASTIÃO	M	29	52	00:45:34.12	00:45:13.05	TOA
138	193	FILIPPE RAMALHO	M	36	53	00:45:38.36	00:45:26.83	CORRER SR GRANJA
139	642	PEDRO BARBOSA	M	47	16	00:45:40.00	00:44:58.95	INNOVAGENCY
140	439	PIERRE LE BACCON	M	33	54	00:45:53.41	00:45:37.93	C COLAB AGEAS
141	562	RICARDO MAXIMIANO	M	31	55	00:46:02.97	00:45:51.98	
142	70	FRANCISCO GAMA	M	53	13	00:46:04.14	00:45:25.07	
143	373	RICARDO SECO	M	39	56	00:46:08.49	00:45:47.04	
144	189	VITOR DIAS	M	50	14	00:46:14.13	00:46:09.77	GD CHELAS
145	149	CARLOS P RODRIGUES	M	60	7	00:46:14.53	00:46:11.97	CP EDP LISBOA
146	706	RICARDO P L S FURTADO	M	38	57	00:46:15.09	00:45:57.02	
147	18	ADQUIMILSOM AMADO	M	30	58	00:46:15.12	00:45:51.65	CARACÓIS TURBINADOS

148	446	BERNARDINO SOARES	M	44	35	00:46:16.70	00:44:23.61	AVG
149	273	ANTONIO ALMEIDA	M	54	15	00:46:18.24	00:45:58.24	ND AUTOCOOPE
150	625	ALEXANDRE MATEUS	M	41	36	00:46:19.28	00:46:14.22	
151	51	ANA RAMOS	F	41	2	00:46:20.76	00:45:57.38	GYM2010
152	33	RUI MENDES	M	45	17	00:46:21.03	00:46:11.30	
153	610	CARLOS BARATA	M	65	8	00:46:21.27	00:45:55.74	
154	495	JOSÉ EUSÉBIO	M	48	18	00:46:22.44	00:46:20.67	GUIZO RUNNERS
155	653	VITOR MONTEIRO	M	55	13	00:46:23.18	00:46:19.71	MARRIOTT LISBOA
156	288	RICARDO A VIEGAS	M	40	37	00:46:27.63	00:46:21.72	
157	340	MARISA F ANTUNES	F	25	5	00:46:30.22	00:46:22.24	NUCLEOIRAS
158	466	CARLOS ROLO	M	54	16	00:46:32.43	00:46:27.65	OS PICA MIOLOS
159	690	CARLOS GARCIA	M	45	19	00:46:32.55	00:46:29.00	OS GALGOS
160	31	ÁLVARO GOMES	M	44	38	00:46:34.55	00:46:23.29	
161	139	ORLINDO FIGUEIREDO	M	69	9	00:46:35.43	00:46:32.19	SS CGD
162	430	AMADEU BRIGAS	M	37	59	00:46:35.57	00:46:18.39	GRD RIBEIRA DA LAGE
163	611	GUILHERME GONÇALVES	M	57	14	00:46:39.00	00:46:35.85	C FERROV PORTUGAL
164	355	ROGÉRIO GONÇALVES	M	47	20	00:46:39.82	00:46:36.05	OS GALGOS
165	224	CARLOS SILVA	M	54	17	00:46:40.01	00:46:29.03	CCD CRÉDITO AGRÍCOLA
166	598	PAULO PIRES	M	50	18	00:46:46.96	00:46:28.23	
167	198	TIAGO CRUZ	M	30	60	00:46:47.11	00:46:35.98	CORRER SR GRANJA
168	713	RUI B ALMEIDA	M	45	21	00:46:50.33	00:46:07.52	ADRC MATA DE BENFICA
169	318	NUNO CARVALHO	M	43	39	00:46:53.57	00:46:37.48	GDCT IN CM
170	454	MARIA OLIVEIRA	F	52	2	00:46:57.50	00:46:53.42	
171	678	BRUNO PEDRO	M	39	61	00:47:09.11	00:46:18.81	MARRETAS
172	211	JOÃO J FERNANDES	M	36	62	00:47:10.22	00:46:31.06	
173	469	JOSE E RODRIGUES	M	53	19	00:47:12.91	00:47:03.32	RUN AWAY TEAM PORTUGAL
174	218	MIGUEL R ANDRADE	M	45	22	00:47:15.51	00:46:55.88	
175	613	NEVES SILVA	M	64	10	00:47:17.10	00:47:04.70	C FERROV PORTUGAL
176	441	ARLINDO PARRA	M	56	15	00:47:18.39	00:47:07.02	GM E CORRIDA JAMOR
177	361	FERNANDO CARREIRO	M	56	16	00:47:21.78	00:46:44.15	REST CARTAXEIRO
178	168	LUIS G PINHEIRO	M	42	40	00:47:23.37	00:47:18.47	
179	715	PEDRO NETO	M	45	23	00:47:29.82	00:47:21.33	
180	490	ARMANDO CORREIA	M	65	11	00:47:30.97	00:47:09.79	LESMA ALOPRADAS
181	654	SERGIO MORAIS	M	35	63	00:47:32.25	00:47:29.33	MARRIOTT LISBOA
182	324	RUI BRAZ	M	40	41	00:47:34.74	00:47:26.22	GDCT IN CM
183	476	FERNANDO LUZ	M	47	24	00:47:37.57	00:47:30.62	GDCT UNICRE
184	656	CLAUSEM COLINS	F	40	3	00:47:39.02	00:47:19.58	BELEM RUNNERS

185	367	TOMÁS LOPES	M	23	64	00:47:42.31	00:47:15.33	RUN 4 FUN
186	482	NUNO SILVA	M	31	65	00:47:44.05	00:47:14.77	AC SALVATERRA
187	122	BRUNO RAINHO	M	33	66	00:47:49.97	00:47:12.95	SS CGD
188	93	HUGO FERREIRA	M	35	67	00:47:53.70	00:47:22.62	
189	424	BRUNO OLIVEIRA	M	34	68	00:47:53.97	00:47:26.41	
190	399	JOSÉ M BARRADAS	M	38	69	00:47:54.30	00:47:22.71	
191	163	ANTONIO SANTOS	M	64	12	00:48:03.55	00:48:01.25	
192	497	JOÃO LUZ	M	41	42	00:48:04.20	00:47:31.49	PANDILHA JOVEM
193	592	HUGO M F HENRIQUES	M	40	43	00:48:05.66	00:47:48.06	
194	274	CARLOS FERREIRA	M	60	13	00:48:18.94	00:48:07.13	ND AUTOCOOPE
195	607	JULIO M A PEREIRA	M	52	20	00:48:19.32	00:47:50.46	
196	21	PAULO MAGALHAES	M	38	70	00:48:21.53	00:47:56.79	
197	227	LUÍS DAMIÃO	M	50	21	00:48:21.84	00:48:16.86	CCD CRÉDITO AGRÍCOLA
198	74	ABÍLIO OLIVEIRA	M	52	22	00:48:25.50	00:48:08.39	
199	580	FRANCISCO MONTEIRO	M	23	71	00:48:26.04	00:47:51.38	PEPE RAPIDOS
200	132	JOSE AUGUSTO	M	39	72	00:48:26.21	00:47:47.63	SS CGD
201	99	ANTONIO C NOVAS	M	39	73	00:48:27.38	00:47:58.06	
202	512	LUIS M MONTEIRO	M	43	44	00:48:31.50	00:48:04.68	
203	363	RICARDO DIAS	M	35	74	00:48:32.55	00:47:52.82	
204	173	PAULO MOUTINHO	M	46	25	00:48:33.33	00:48:09.06	
205	475	EDUARDO RIBEIRO	M	50	23	00:48:34.17	00:48:24.95	GDCT UNICRE
206	470	PAULO DUARTE	M	52	24	00:48:34.98	00:48:23.78	GDCT UNICRE
207	249	PAULA SILVA	F	43	4	00:48:43.92	00:48:30.70	SC REBOLEIRA E DAMAIA
208	332	ALMERINDO SILVA	M	58	17	00:48:44.13	00:48:17.80	ADC CATUJAL
209	649	JOSÉ VAZ	M	59	18	00:48:44.17	00:48:33.58	CLUBE ANACOM
210	429	POMPEU AIRES	M	37	75	00:48:47.74	00:48:29.83	GRD RIBEIRA DA LAGE
211	427	JOÃO MARQUES	M	37	76	00:48:47.80	00:48:30.39	GRD RIBEIRA DA LAGE
212	651	CLÉBER W SILVA	M	34	77	00:48:53.88	00:48:29.77	
213	612	VALTER TEIXEIRA	M	49	26	00:48:54.25	00:48:50.95	C FERROV PORTUGAL
214	493	LUÍS FIGUEIREDO	M	55	19	00:48:55.00	00:48:37.41	
215	333	JOÃO PASSEIRO	M	55	20	00:48:56.68	00:48:30.18	ADC CATUJAL
216	509	PAULO PALMINHA	M	47	27	00:48:56.96	00:48:43.17	
217	516	RICARDO SOUSA	M	37	78	00:48:58.23	00:47:05.73	JAVALIS
218	451	CARLOS A P SILVA	M	56	21	00:48:58.45	00:48:47.53	GM E CORRIDA JAMOR
219	58	RUI COSTA	M	31	79	00:48:59.77	00:48:26.51	
220	279	NUNO CORREIA	M	45	28	00:48:59.89	00:48:53.13	
221	94	JOÃO FERREIRA	M	38	80	00:49:01.05	00:48:31.07	LEOGYM

222	202	GONÇALO GUIOMAR	M	23	81	00:49:02.77	00:48:51.34	CORRER SR GRANJA
223	127	EDUARDO RODRIGUES	M	37	82	00:49:08.82	00:48:30.44	SS CGD
224	201	MARIO CARTOSO	M	38	83	00:49:09.95	00:48:58.58	CORRER SR GRANJA
225	54	AVELINO J T HENRIQUES	M	56	22	00:49:12.83	00:49:08.98	
226	616	EVA G PACHECO	F	36	6	00:49:15.50	00:48:54.62	AACB
227	615	JUAN M H ÁLVARO	M	53	25	00:49:15.55	00:48:54.67	AACB
228	414	JOÃO CRUZ	M	55	23	00:49:16.82	00:49:02.17	AGUIAS DE ALCOCHETE
229	423	LUIS SABINO	M	40	45	00:49:17.00	00:48:50.88	
230	547	MIGUEL A R BAPTISTA	M	28	84	00:49:21.63	00:48:59.24	
231	494	JOAQUIM PALMA	M	63	14	00:49:26.93	00:49:10.11	
232	365	ADÉRITO CARRELHAS	M	63	15	00:49:28.56	00:49:24.16	
233	624	HUGO MONTEIRO	M	31	85	00:49:29.41	00:48:45.67	
234	485	TINA OLIVEIRA	F	53	3	00:49:30.32	00:49:18.54	AMINHACORRIDA/ MY PROTEIN
235	535	ANTÓNIO SENA	M	46	29	00:49:31.51	00:49:17.51	TRANQUILIDADE AÇOREANA CLUBE
236	749	JORGE SOUSA	M	53	26	00:49:40.17	00:49:24.75	
237	30	JÚLIO FERREIRA	M	63	16	00:49:43.74	00:49:38.97	CARACÓIS SONOLENTOS
238	568	CÁTIA SOUSA	F	37	7	00:49:44.36	00:49:38.92	
239	76	FRANCESCO RINALDI	M	56	24	00:49:50.80	00:49:22.10	
240	532	RICARDO SILVA	M	41	46	00:49:52.96	00:49:06.19	MBTEAM
241	14	MÓNICA MARTINS	F	34	8	00:49:53.78	00:49:30.78	CARACÓIS TURBINADOS
242	629	VALTER NUNES	M	41	47	00:49:55.07	00:49:20.26	C COLAB AGEAS
243	648	ALEXANDRE DRAKE	M	50	27	00:49:57.07	00:49:44.04	
244	718	SÉRGIO FIGUEIREDO	M	34	86	00:49:57.48	00:49:33.25	
245	27	HENRIQUE COELHO	M	36	87	00:49:59.10	00:49:50.90	OPTICALIA RUNNING TEAM
246	71	CESAR SANTOS	M	44	48	00:50:02.65	00:49:43.98	
247	694	JOSE A RAPOSO	M	48	30	00:50:02.83	00:49:56.39	
248	50	MANUEL O PEREIRA	M	60	17	00:50:03.04	00:49:39.03	GYM2010
249	578	IDALÉCIO BARROS	M	63	18	00:50:03.53	00:49:54.89	
250	574	RICARDO MARQUES	M	28	88	00:50:04.42	00:49:22.13	DÁ-LE!
251	403	NUNO COELHO	M	49	31	00:50:09.89	00:49:49.60	ADCR PJ
252	431	MÁRIO NUNES	M	45	32	00:50:12.33	00:49:44.23	
253	531	RUI BRITO	M	38	89	00:50:13.79	00:49:27.33	MBTEAM
254	582	DUARTE GONCALVES	M	20	90	00:50:16.24	00:49:54.19	
255	264	ADELINO F GOMES	M	48	33	00:50:17.62	00:49:47.84	
256	28	ANTÓNIO J VARELA	M	51	28	00:50:23.95	00:50:23.95	
257	581	VITOR GONCALVES	M	49	34	00:50:27.50	00:50:04.98	
258	69	VITOR MORAIS	M	59	25	00:50:29.05	00:49:52.19	MARGIL

259	342	CHRISTIANE MONTEIRO	F	34	9	00:50:30.26	00:50:15.22	CASEBRE
260	231	RUI MELO	M	46	35	00:50:31.05	00:49:45.20	CCD CRÉDITO AGRÍCOLA
261	323	PAULO SOUSA	M	43	49	00:50:34.40	00:50:23.16	GDCT IN CM
262	317	MIGUEL FRAGA	M	47	36	00:50:38.21	00:50:28.29	GDCT IN CM
263	744	FILIPE GRACA	M	27	91	00:50:42.70	00:50:09.04	RI-TE
264	457	NUNO BERTON	M	46	37	00:50:47.09	00:50:33.68	
265	467	JOAO GRILO	M	30	92	00:50:53.94	00:50:30.95	OS PICA MIOLOS
266	46	PEDRO FERREIRA	M	40	50	00:50:54.77	00:50:48.11	CLUBE ROBBIALAC
267	212	ANDRÉ FIGUEIREDO	M	40	51	00:50:54.81	00:50:23.86	
268	15	TIAGO CATALÃO	M	34	93	00:50:54.93	00:50:32.26	CARACÓIS TURBINADOS
269	425	FERNANDO SILVA	M	39	94	00:50:55.28	00:50:28.55	
270	388	RUI A C OLIVEIRA	M	56	26	00:51:01.47	00:50:42.91	ADR AMIGOS DE AVIS
271	570	PAULA LEMOS	F	50	4	00:51:04.44	00:50:49.59	
272	260	JOSÉ CASTRO	M	59	27	00:51:06.23	00:50:16.93	CAA BELÉM
273	275	JOSE DIAS	M	60	19	00:51:06.33	00:50:43.80	ND AUTOCOOPE
274	700	MÓNICA A M MORENO	F	31	10	00:51:07.26	00:50:53.26	
275	370	M ^a DEUS A PALMA	F	60	5	00:51:08.93	00:50:55.38	
276	736	FERNANDO CLAUDINO	M	60	20	00:51:10.20	00:50:51.37	
277	481	ARMÉNIO ANDRADE	M	65	21	00:51:11.99	00:50:42.98	AC SALVATERRA
278	222	ANTÓNIO P AMARAL	M	40	52	00:51:18.03	00:50:31.30	CCD CRÉDITO AGRÍCOLA
279	129	FRANCISCO CLERIGO	M	64	22	00:51:22.57	00:50:43.11	SS CGD
280	289	PEDRO PECHILGA	M	30	95	00:51:23.78	00:51:04.79	TARTARUGAS SOLIDÁRIAS
281	737	NUNO MELEIRO	M	40	53	00:51:24.62	00:51:03.31	
282	745	IVAN GUERRA	M	40	54	00:51:26.90	00:50:45.65	
283	140	PAULA MARTINS	F	37	11	00:51:31.31	00:51:20.60	SS CGD
284	730	ANTONIO RODRIGUES	M	54	29	00:51:32.92	00:51:03.00	
285	443	HUGO CÁSSIMO	M	30	96	00:51:34.29	00:50:58.49	NOVA GENTE
286	37	HUGO M R COLAÇO	M	39	97	00:51:41.95	00:51:00.04	COLACO
287	208	ARTUR JORGE CARVALHO	M	50	30	00:51:50.06	00:51:30.58	
288	698	FREDERICO MONTEIRO	M	27	98	00:51:54.85	00:51:12.13	
289	23	PAULO J O FARIA	M	43	55	00:51:55.90	00:51:40.91	
290	229	MIGUEL VINAGRE	M	42	99	00:52:01.20	00:51:15.43	CCD CRÉDITO AGRÍCOLA
291	228	MARCO BASTOS	M	38	56	00:52:01.20	00:51:14.26	CCD CRÉDITO AGRÍCOLA
292	360	ALEXANDRE PALMEIRO	M	36	100	00:52:03.59	00:51:49.57	SMURF E AS SMURFINAS
293	22	JORGE RODRIGUES	M	37	101	00:52:09.18	00:51:53.83	
294	67	CATARINA J L S ROLO	F	31	12	00:52:10.90	00:51:26.37	
295	721	CAROLINA SILVA	F	25	13	00:52:12.47	00:52:06.31	

296	359	SARA IDEIAS	F	42	5	00:52:13.54	00:52:00.37	SMURF E AS SMURFINAS
297	88	MIGUEL FIGUEIREDO	M	42	57	00:52:13.62	00:52:04.78	
298	49	DIOGO E C ROSA	M	27	102	00:52:24.77	00:52:06.04	MIRANTES DO TEJO
299	96	LUISA CATALÃO	F	26	14	00:52:26.90	00:51:55.25	TIVOLI RUNNERS
300	538	FERNANDO CELESTINO	M	58	28	00:52:28.71	00:51:58.66	TRANQUILIDADE AÇOREANA CLUBE
301	714	GONÇALO POMBO	M	29	103	00:52:30.22	00:51:42.38	ADRC MATA DE BENFICA
302	35	SONIA DANTAS	F	38	15	00:52:39.66	00:52:07.63	
303	402	ANTÓNIO GUIMARÃES	M	22	104	00:52:40.64	00:52:26.50	
304	588	LIESBETH VANDAM	F	34	16	00:52:45.67	00:52:04.71	
305	385	RAFAELA GONÇALVES	F	24	17	00:52:48.52	00:52:39.93	
306	631	TITO TEIXEIRA	M	40	58	00:52:57.18	00:52:21.81	C COLAB AGEAS
307	38	VÍTOR GONZAS	M	50	31	00:52:57.99	00:52:54.47	PIRATE RUNNERS
308	254	PEDRO ANTUNES	M	42	59	00:52:58.51	00:52:20.49	OS ANTUNES
309	252	MANUEL L COSTA	M	51	32	00:52:59.07	00:52:25.49	LINDA A PASTORA SC
310	565	JOSÉ H RIO	M	27	105	00:53:00.35	00:52:44.53	TEAM SALAMANDRAS
311	487	CARLA A M FERNANDES	F	28	18	00:53:05.30	00:52:48.38	AMINHACORRIDA/ MY PROTEIN
312	234	MARIANA FREIRE	F	23	19	00:53:05.44	00:52:15.02	THE BAKERY CROSSFIT
313	609	MIGUEL REDMONT	M	47	38	00:53:11.59	00:52:36.00	
314	696	PEDRO NEVES	M	34	106	00:53:12.51	00:52:29.93	
315	207	ÂNGELA GUERREIRO	F	36	20	00:53:12.60	00:52:28.17	ADRC MATA DE BENFICA
316	36	TIAGO C SANTOS	M	38	107	00:53:12.95	00:52:23.40	
317	372	MÁRIO FERREIRA	M	40	60	00:53:13.46	00:52:45.86	
318	232	RUI TOMÁS	M	47	39	00:53:15.12	00:53:12.53	CCD CRÉDITO AGRÍCOLA
319	608	LUIS A L POP	M	62	23	00:53:27.00	00:53:27.00	
320	247	JORGE M N SANTOS	M	52	33	00:53:29.99	00:52:41.37	FC O DESPERTAR DE CASAL DE CAMBRA
321	389	VITOR PEREIRA	M	48	40	00:53:32.29	00:53:12.86	
322	85	ANTONIO RIBEIRO	M	53	34	00:53:33.54	00:53:25.78	
323	86	JOAQUIM BENTES	M	67	24	00:53:33.72	00:53:25.29	
324	322	PATRICIA GASPAR	F	40	6	00:53:35.80	00:53:24.66	GDCT IN CM
325	524	VANDA AUGUSTO	F	63	6	00:53:36.56	00:53:20.82	LINDA A PASTORA SC
326	636	SÉRGIO PEREIRA	M	45	41	00:53:37.18	00:53:07.66	CLUBE VODAFONE
327	519	Mª JOÃO L S PEDRO	F	38	21	00:53:37.99	00:53:32.05	
328	445	VANESSA SEQUEIRA	F	35	22	00:53:42.03	00:53:33.48	
329	496	GILBERTO GONÇALVES	M	68	25	00:53:44.56	00:53:13.88	CAA BELÉM
330	412	MIGUEL WEBER	M	38	108	00:53:45.36	00:52:58.60	
331	675	ANTONIO M CARRILHO	M	27	109	00:53:55.16	00:53:28.73	MASSTIGE
332	63	AIRES ILDEFONSO	M	62	26	00:53:57.16	00:53:17.15	Cabeleireiro Moda Jovem

333	160	PEDRO OLIVEIRA	M	38	110	00:54:03.30	00:53:36.99	
334	334	LUÍS BRAZÃO	M	69	27	00:54:03.79	00:53:56.76	UNIDOS DA MANUTENÇÃO
335	376	TOMÁS CORREIA	M	24	111	00:54:05.00	00:53:22.54	
336	175	JOSE L S CORREIA	M	58	29	00:54:07.08	00:53:50.13	NAV RUNNERS
337	426	HELDER GOMES	M	39	112	00:54:07.83	00:53:42.26	
338	278	RITA CORREIA	F	37	23	00:54:11.68	00:54:05.01	
339	34	JOAO MARQUES	M	40	61	00:54:11.94	00:53:40.34	
340	584	SARA GOMES	F	20	24	00:54:12.02	00:53:47.29	
341	444	ARMANDO M MARTINS	M	37	113	00:54:20.21	00:54:01.63	
342	330	DIOGO CRUZ	M	28	114	00:54:22.17	00:53:31.65	TEAM FARINHA
343	68	AUGUSTO CARIA	M	65	28	00:54:23.13	00:53:45.76	MARGIL
344	662	RUI AFONSO	M	49	42	00:54:23.31	00:54:02.13	BELEM RUNNERS
345	658	JOAO MARTINS	M	49	43	00:54:23.89	00:54:02.03	BELEM RUNNERS
346	685	DANIEL MARTINS	M	36	115	00:54:25.07	00:54:05.68	SARAPITOLAS
347	92	FILIPA VIDIGAL	F	29	25	00:54:29.54	00:54:20.69	
348	453	JOSÉ M G G CALHEIROS	M	43	62	00:54:31.19	00:54:19.12	
349	343	PAULO MARTINS	M	48	44	00:54:31.67	00:54:04.79	CASEBRE
350	687	ANTÓNIO SANTOS	M	47	45	00:54:34.31	00:54:13.20	SARAPITOLAS
351	209	PAULO GOMES	M	53	35	00:54:42.27	00:54:16.15	
352	110	BRUNO ALVES	M	36	116	00:54:46.01	00:54:18.81	
353	113	ELISABETE ÁGUAS	F	52	7	00:54:47.00	00:54:41.44	CCD O ALVITEJO
354	268	VÍTOR CANTO	M	47	46	00:54:52.47	00:54:19.49	NEVAGUIVAP
355	650	SÉRGIO ANTUNES	M	50	36	00:54:53.01	00:54:41.92	CLUBE ANACOM
356	405	FILIPE CAMEIRA	M	40	63	00:54:53.48	00:54:19.79	NEVAGUIVAP
357	635	JOÃO M MOITEIRO	M	45	47	00:54:54.10	00:54:31.04	
358	586	CATIA RAMOS	F	37	26	00:54:56.18	00:54:15.80	
359	627	JOÃO FRADE	M	46	48	00:54:56.28	00:54:21.55	C COLAB AGEAS
360	587	LUIZ PEREIRA	M	37	117	00:54:56.45	00:54:16.39	
361	576	SÉRGIO MIL-HOMENS	M	29	118	00:54:57.66	00:54:15.15	DÁ-LE!
362	591	JEREMIAS RIBEIRO	M	74	29	00:55:01.00	00:54:33.91	
363	513	ALBINO S FERREIRA	M	52	37	00:55:01.86	00:54:59.56	
364	309	RICARDO M S ALVES	M	41	64	00:55:05.01	00:54:26.77	
365	382	CLAUDIA NOBRE	F	43	7	00:55:07.17	00:54:50.75	
366	666	RUI T CARREIRO	M	34	119	00:55:08.05	00:54:03.44	
367	182	SANDRA LIMA	F	30	27	00:55:08.37	00:51:10.10	
368	674	INÉS ABRANTES	F	33	28	00:55:09.79	00:54:31.04	BALHELHAS
369	196	SONIA CRUZ	F	41	8	00:55:10.79	00:55:03.00	CORRER SR GRANJA

370	597	JOÃO P V S VIEIRA	M	44	65	00:55:11.23	00:54:36.01	
371	566	DÉLCIO ACHEGA	M	34	120	00:55:14.74	00:54:41.82	
372	87	RITA BENTES	F	29	29	00:55:15.71	00:55:06.32	
373	331	JOANA FARINHA	F	26	30	00:55:17.05	00:54:25.92	TEAM FARINHA
374	366	VÍTOR G LOPES	M	50	38	00:55:21.03	00:54:53.27	RUN 4 FUN
375	472	CARLOS VIEGAS	M	59	30	00:55:23.74	00:55:16.06	GDCT UNICRE
376	226	JOÃO VIEIRA	M	59	31	00:55:31.12	00:54:44.72	CCD CRÉDITO AGRÍCOLA
377	595	ROGÉRIO LUÍS	M	62	30	00:55:31.67	00:55:22.21	
378	743	RICARDO GARRAO	M	33	121	00:55:38.78	00:55:05.35	RI-TE
379	349	MARÍLIA B RIBEIRO	F	34	31	00:55:44.16	00:55:02.48	TOKANDAR
380	350	DAVID BARBOTIN	M	32	122	00:55:44.58	00:55:02.86	TOKANDAR
381	688	PAULO DOMINGUES	M	40	66	00:55:51.08	00:55:30.23	SARAPITOLAS
382	686	ARMANDO MORAIS	M	54	39	00:55:52.65	00:55:33.02	SARAPITOLAS
383	652	RICARDO J S TEIXEIRA	M	33	123	00:56:01.37	00:55:37.51	
384	263	LILIANA JESUS	F	41	9	00:56:01.59	00:55:33.25	
385	262	ANA TRINDADE	F	35	32	00:56:02.44	00:55:34.21	
386	447	PATRÍCIA MACHADO	F	35	33	00:56:03.67	00:55:59.94	GUIZO RUNNERS
387	401	JOSÉ GUIMARÃES	M	54	40	00:56:06.83	00:55:52.82	
388	346	CARLA GONÇALVES	F	44	10	00:56:11.47	00:55:40.48	
389	293	ROSA M L MARQUES	F	43	11	00:56:13.62	00:55:57.94	RUNÁSTICOS
390	695	EUCLIDES G SANTOS	M	62	31	00:56:16.32	00:56:09.66	
391	380	MARCO SILVA	M	38	124	00:56:16.89	00:56:01.77	
392	514	DAVID FITAS	M	21	125	00:56:19.85	00:56:06.62	
393	679	REBECA BRANCO	F	35	34	00:56:21.24	00:55:29.97	MARRETAS
394	508	PEDRO M M COSTA	M	35	126	00:56:22.67	00:55:55.39	
395	478	MARISA GOMES	F	25	35	00:56:26.53	00:55:36.06	
396	722	NUNO MARQUES	M	48	49	00:56:26.59	00:55:48.10	
397	585	JOSÉ CATITA	M	59	32	00:56:29.33	00:55:53.86	
398	152	PAULO F CARVALHO	M	63	32	00:56:32.97	00:56:14.88	CP EDP LISBOA
399	707	PEDRO M M TELES	M	32	127	00:56:33.18	00:56:08.34	
400	269	RUI CORREIA	M	41	67	00:56:35.58	00:55:46.24	
401	701	TIAGO FELGUEIRA	M	38	128	00:56:36.42	00:56:24.24	
402	409	MIGUEL CUNHA	M	41	68	00:56:38.26	00:55:48.55	
403	240	PEDRO AMORIM	M	40	69	00:56:41.06	00:56:19.70	TOA
404	539	HELENA SANTOS	F	55	8	00:56:41.44	00:56:32.00	TRANQUILIDADE AÇOREANA CLUBE
405	534	ANTÓNIO JORGE	M	63	33	00:56:41.86	00:56:32.60	TRANQUILIDADE AÇOREANA CLUBE
406	506	ANA HENRIQUE	F	43	12	00:56:42.01	00:56:21.06	

407	665	SCARLATO VINCENZO	M	49	50	00:56:43.05	00:55:58.21	PODISTICA CASORIA
408	522	ANA NETO	F	39	36	00:56:43.54	00:56:27.56	LINDA A PASTORA SC
409	669	VANDA FAZENDEIRO	F	44	13	00:56:45.76	00:56:21.49	
410	236	DIOGO S SILVA	M	30	129	00:56:46.11	00:56:24.84	TOA
411	233	ELIZABETH DUARTE	F	46	9	00:56:46.40	00:56:26.34	OS GALGOS
412	103	RITA OLIVEIRA	F	28	37	00:56:46.53	00:55:58.01	
413	162	CARLOS CHANÇA	M	43	70	00:56:50.73	00:56:42.18	EGGBITE
414	313	DORA SOUSA	F	38	38	00:56:51.26	00:56:42.94	GDCT IN CM
415	250	PATRÍCIA MATOS	F	43	14	00:56:53.60	00:56:19.29	LINDA A PASTORA SC
416	368	CATARINA AFONSO	F	34	39	00:56:53.85	00:56:23.96	
417	157	INÊS SOARES	F	21	40	00:56:57.37	00:56:08.86	2TI-FRUTI
418	352	CATARINA NICHU	F	50	10	00:57:00.13	00:56:39.61	OS GALGOS
419	295	M ^a LUÍS M SANTOS	F	18	41	00:57:04.02	00:56:49.09	RUNÁSTICOS
420	473	PAULO FRANÇA	M	55	33	00:57:09.86	00:57:02.43	GDCT UNICRE
421	550	RODRIGO M DEUS	M	39	130	00:57:10.95	00:56:47.45	
422	297	CARLA H M MOTA	F	41	15	00:57:13.64	00:57:07.37	
423	682	JOÃO NAVARRO	M	45	51	00:57:15.46	00:56:33.94	H2O-PÉ TEAM
424	142	RUI SANTOS	M	50	41	00:57:19.31	00:56:34.10	SS CGD
425	206	NUNO GUERREIRO	M	34	131	00:57:25.68	00:56:36.53	ADRC MATA DE BENFICA
426	362	CLÁUDIA SOUSA	F	40	16	00:57:25.95	00:56:45.68	ADRC MATA DE BENFICA
427	391	ESTELA GONÇALVES	F	40	17	00:57:26.83	00:57:12.18	
428	287	SOFIA JESUS	F	40	18	00:57:29.05	00:57:09.74	
429	704	JOÃO CARVALHO	M	49	52	00:57:32.73	00:57:21.56	
430	705	ANABELA SALAZAR	F	45	11	00:57:34.51	00:57:14.24	BELEM RUNNERS
431	243	CARLOS GAMEIRO	M	62	34	00:57:35.59	00:56:39.51	
432	501	LAURA E CARMENATES	F	59	12	00:57:36.25	00:57:29.83	
433	554	CRISTIANO PEREIRA	M	25	132	00:57:47.97	00:57:30.65	
434	290	PEDRO GOMES	M	45	53	00:57:52.58	00:57:08.88	
435	646	BRUNO GONÇALVES	M	34	133	00:57:53.61	00:57:31.08	
436	408	RITA RAMOS	F	37	42	00:57:59.50	00:57:07.00	
437	183	MIGUEL COSTA	M	31	134	00:58:00.37	00:54:02.33	
438	213	FILIPA FIGUEIREDO	F	43	19	00:58:03.35	00:57:32.16	
439	397	PAULO A GONÇALVES	M	59	34	00:58:10.58	00:57:29.81	
440	124	RUI J OLIVEIRA	M	51	42	00:58:13.70	00:57:36.96	SS CGD
441	270	ANTONIO NORTE	M	42	71	00:58:18.34	00:57:28.52	
442	286	RITA CASIMIRO	F	26	43	00:58:19.98	00:57:28.65	
443	474	GONÇALO OLIVEIRA	M	55	35	00:58:21.78	00:58:12.50	GDCT UNICRE

444	471	MARCELO CARDOSO	M	48	54	00:58:22.45	00:58:14.91	GDCT UNICRE
445	345	VANDA OLIVEIRA	F	47	13	00:58:22.56	00:57:50.53	
446	719	DANIEL VINAGRE	M	39	135	00:58:23.19	00:56:14.83	MARRETAS
447	640	ANA GOMES	F	31	44	00:58:24.01	00:56:15.65	MARRETAS
448	20	PEDRO MATOS	M	37	136	00:58:25.14	00:58:08.59	
449	533	ANA CANAVEIRA	F	50	14	00:58:29.79	00:58:17.74	TRANQUILIDADE AÇOREANA CLUBE
450	358	FILIPE PEREIRA	M	33	137	00:58:30.83	00:54:51.83	
451	17	BRUNO FLORES	M	37	138	00:58:36.06	00:58:10.42	CARACÓIS TURBINADOS
452	57	TANIA GONCALVES	F	30	45	00:58:37.40	00:58:13.95	
453	455	FRANCISCO COITO	M	65	35	00:58:38.81	00:58:03.06	CLUBE MARGINAL
454	296	ANTÓNIO PESQUEIRA	M	62	36	00:58:38.96	00:58:11.11	
455	145	TIAGO MORGADO	M	21	139	00:58:41.00	00:58:03.31	SS CGD
456	137	PEDRO MEDEIROS	M	41	72	00:58:41.77	00:58:02.84	SS CGD
457	114	VICTOR RODRIGUES	M	50	43	00:58:42.26	00:58:36.86	CCD O ALVITEJO
458	530	TERESA MARTINS	F	58	15	00:58:43.94	00:58:31.47	SS CGD
459	697	HELDER RODRIGUES	M	35	140	00:58:46.41	00:58:13.42	
460	489	ALEXANDRE LUZ	M	41	73	00:58:51.31	00:58:27.99	
461	664	VANESSA BAPTISTA	F	36	46	00:58:52.77	00:58:33.86	BELEM RUNNERS
462	723	ANTÓNIO DONATO	M	53	44	00:58:54.31	00:58:14.65	
463	40	JOSÉ PATINHA	M	46	55	00:58:54.34	00:58:10.57	DANTAS E PATINHA
464	186	CARLA RIBEIRO	F	45	16	00:58:55.96	00:58:19.13	
465	185	MIGUEL RIBEIRO	M	45	56	00:58:56.08	00:58:18.44	
466	596	NUNO CAEIRO	M	29	141	00:58:57.43	00:57:30.86	BORABB
467	78	PAULA SILVA	F	41	20	00:59:00.06	00:58:22.52	
468	230	PAULA NETO	F	53	17	00:59:01.42	00:58:54.71	CCD CRÉDITO AGRÍCOLA
469	39	MAYER RAPOSO	M	70	37	00:59:03.91	00:58:49.75	AA LEBRES SADO
470	271	SERGIO MARTINS	M	40	74	00:59:08.10	00:58:18.73	
471	272	LUIS FERREIRA	M	43	75	00:59:08.94	00:58:19.58	
472	61	TATIANA ILDEFONSO	F	35	47	00:59:17.03	00:58:25.57	Cabeleireiro Moda Jovem
473	459	BRUNO ALMEIDA	M	38	142	00:59:24.18	00:58:43.10	
474	251	PEDRO VITORINO	M	41	76	00:59:25.32	00:58:52.21	LINDA A PASTORA SC
475	109	ANN MACPHERSON	F	39	48	00:59:25.43	00:58:50.65	EMSA
476	528	INÊS MATOS	F	18	49	00:59:25.84	00:58:52.11	LINDA A PASTORA SC
477	477	JOANA FITAS	F	26	50	00:59:31.22	00:59:18.23	
478	480	FLÁVIO PEREIRA	M	26	143	00:59:32.20	00:59:18.69	
479	354	MARISA GONÇALVES	F	40	21	00:59:33.16	00:59:12.84	OS GALGOS
480	328	VASCO FERREIRA	M	42	77	00:59:33.84	00:59:33.84	GDCT IN CM

481	26	PEDRO VIEIRA	M	37	144	00:59:34.41	00:59:27.11	OPTICALIA RUNNING TEAM
482	244	FERNANDA CECILIO	F	54	18	00:59:34.83	00:58:39.34	
483	699	RICARDO FARIA	M	44	78	00:59:41.48	00:58:52.08	
484	433	PAULO SOUSA	M	44	79	00:59:43.11	00:59:26.50	P3P
485	97	ALEXANDRE CORDEIRO	M	47	57	00:59:46.55	00:59:14.13	TIVOLI RUNNERS
486	536	CLÁUDIA TAM	F	35	51	00:59:48.36	00:59:13.20	TRANQUILIDADE AÇOREANA CLUBE
487	219	ANDRE SABINO	M	34	145	00:59:50.99	00:59:31.31	
488	526	CARLSO MARQUES	M	80	38	00:59:56.82	00:59:39.78	LINDA A PASTORA SC
489	440	VITOR J RAMOS	M	46	58	00:59:58.89	00:59:22.41	C COLAB AGEAS
490	283	JOSE ALVES	M	46	59	00:59:59.12	00:59:18.93	
491	673	ANTÓNIO ABRANTES	M	62	39	01:00:00.06	00:59:20.28	BALHELHAS
492	265	ANA S ALEIXO	F	40	22	01:00:01.87	00:59:27.39	LINDA A PASTORA SC
493	246	INÊS LEMOS	F	30	52	01:00:05.00	00:59:14.02	THE BAKERY CROSSFIT
494	552	MARTA VAZ	F	41	23	01:00:08.24	00:59:56.05	
495	628	JOANA MORIM	F	35	53	01:00:18.70	00:59:43.19	C COLAB AGEAS
496	500	SUSANA CALDER	F	37	54	01:00:27.42	01:00:00.91	
497	107	PAULA MOURA	F	32	55	01:00:29.13	00:59:56.59	
498	553	ALEXANDRE M RIBEIRO	M	27	146	01:00:30.16	01:00:13.12	
499	681	PEDRO NAVARRO	M	50	45	01:00:36.88	00:59:54.69	H2O-PÉ TEAM
500	375	LUÍS MAGALHAES	M	43	80	01:00:38.54	01:00:27.05	
501	223	CARLA DOMINGOS	F	37	56	01:00:39.79	00:59:53.18	CCD CRÉDITO AGRÍCOLA
502	111	RICARDO VICENTE	M	37	147	01:00:40.02	00:59:48.36	
503	634	ANTÓNIO F COSTA	M	60	40	01:00:40.25	00:59:55.57	EPAL
504	112	RICARDO VERÍSSIMO	M	34	148	01:00:40.44	00:59:48.72	
505	726	MÁRCIA RODRIGUES	F	25	57	01:00:42.18	01:00:01.18	
506	102	MARIA QUITÉRIA	F	44	24	01:00:42.71	01:00:34.11	ALGYMNS
507	104	PAULO MOURA	M	35	149	01:00:45.72	01:00:12.97	
508	106	ANTONIO SILVA	M	36	150	01:00:46.52	01:00:13.23	
509	115	HENRIQUE RUAS	M	77	41	01:00:48.11	01:00:41.21	CCD O ALVITEJO
510	638	FREDERICO SOUSA	M	54	46	01:00:51.24	01:00:05.68	LEBRES E TARTARUGAS
511	630	PAULO FIGUEIREDO	M	35	151	01:00:51.75	01:00:15.82	C COLAB AGEAS
512	369	TERESA TEIXEIRA	F	52	19	01:00:57.54	01:00:39.76	TARTARUGAS SOLIDÁRIAS
513	56	RUI CASANOVA	M	30	152	01:00:58.44	01:00:33.34	
514	153	ANDREIA MESSIAS	F	32	58	01:01:01.07	01:00:15.45	
515	677	LUÍS M MOREIRA	M	38	153	01:01:01.26	01:00:12.13	
516	165	HELDER CUNHA	M	33	154	01:01:01.65	01:00:13.09	ADRC MATA DE BENFICA
517	432	CARLA NUNES	F	39	59	01:01:05.77	01:00:36.61	

518	83	ANA LEMOS	F	53	20	01:01:05.96	01:00:53.55	
519	19	LUÍS MATIAS	M	39	155	01:01:09.39	01:00:16.36	GL14
520	312	ANTÓNIO NASCIMENTO	M	77	42	01:01:11.75	01:01:02.47	GDCT IN CM
521	632	LUÍS OLIVEIRA	M	33	156	01:01:15.70	01:01:09.02	
522	242	MARTA RIBEIRO	F	28	60	01:01:23.73	01:01:03.05	TOA
523	492	JOSÉ ALÍPIO	M	60	43	01:01:28.85	01:01:11.97	
524	172	BRUNO B LEMOS	M	40	81	01:01:33.78	01:00:50.83	
525	703	VITOR CUNHA	M	37	157	01:01:38.06	01:00:46.83	
526	717	RICARDO FONSECA	M	30	158	01:01:38.26	01:00:47.14	
527	716	NÍDIA MARTINS	F	31	61	01:01:39.11	01:00:46.77	
528	505	ISILDA BARRADAS	F	67	21	01:01:45.34	01:01:42.85	
529	267	INÊS MORAIS	F	43	25	01:01:55.66	01:01:39.53	
530	393	ANIA VAZ	F	28	62	01:01:58.31	01:01:09.33	
531	448	ISABEL GARCIA	F	50	22	01:02:00.54	01:02:00.54	GUIZO RUNNERS
532	437	JOÃO P PINTO	M	49	60	01:02:01.58	01:01:25.22	C COLAB AGEAS
533	436	ANA M GUIMARÃES	F	60	23	01:02:02.31	01:01:23.68	C COLAB AGEAS
534	739	MIGUEL MELEIRO	M	39	159	01:02:05.06	01:02:05.06	
535	583	NUNO FONSECA	M	50	47	01:02:05.46	01:01:42.60	
536	241	RITA SILVA	F	29	63	01:02:13.90	01:01:52.22	TOA
537	605	IVA OLIVEIRA	F	43	26	01:02:15.62	01:01:32.55	MLGTSPTS
538	344	FRANCISCO A SARRASQUEIRO	M	70	44	01:02:17.33	01:01:51.72	
539	44	RAÚL COSTA	M	57	36	01:02:20.31	01:02:12.91	CLUBE ROBBIALAC
540	45	JOSÉ VILELA	M	53	48	01:02:22.27	01:02:14.82	CLUBE ROBBIALAC
541	378	TÂNIA SILVEIRA	F	29	64	01:02:22.89	01:01:43.90	
542	377	DIOGO SILVEIRA	M	28	160	01:02:23.38	01:01:43.60	
543	541	LUÍS C SILVA	M	43	161	01:02:34.06	01:02:08.35	TRANQUILIDADE AÇOREANA CLUBE
544	540	JOÃO MELO	M	31	82	01:02:34.06	01:02:07.49	TRANQUILIDADE AÇOREANA CLUBE
545	708	CLAUDIA FERREIRA	F	27	65	01:02:35.18	01:02:08.76	TRANQUILIDADE AÇOREANA CLUBE
546	136	CRISTINA GAROUPA	F	52	24	01:02:41.07	01:02:00.54	SS CGD
547	116	NÁDIA RODRIGUES	F	27	66	01:03:07.24	01:03:01.43	CCD O ALVITEJO
548	498	LUIS M S CARLOS	M	44	83	01:03:07.74	01:03:01.31	
549	603	ANA R ANDRADE	F	38	67	01:03:08.82	01:02:22.64	MLGTSPTS
550	339	SANDRA MARTINS	F	40	27	01:03:10.91	01:02:36.69	4 AO KM
551	394	ANTÓNIO GUEDES	M	46	61	01:03:11.59	01:02:37.07	LISBON MOONLIGHT RUNNERS
552	395	NUNO E SANTO	M	47	62	01:03:11.78	01:02:36.26	LISBON MOONLIGHT RUNNERS
553	11	EBERHARD A WILHELM	M	69	45	01:03:16.05	01:03:01.51	4 AO KM
554	311	ANA PEREIRA	F	41	28	01:03:19.37	01:03:09.23	GDCT IN CM

555	491	FILOMENA AGUIÃ	F	56	25	01:03:19.45	01:02:32.12	LESMAS ALOPRADAS
556	79	INÊS BOLITO	F	28	68	01:03:20.07	01:02:49.29	
557	82	AUGUSTO RIBEIRO	M	49	63	01:03:20.64	01:02:50.81	
558	314	JOSÉ ABREU	M	69	46	01:03:22.20	01:03:12.19	GDCT IN CM
559	392	TIAGO M DELGADO	M	38	162	01:03:26.11	01:03:15.64	
560	282	CARLA ALVES	F	43	29	01:03:28.73	01:02:49.29	
561	151	NUNO S GOMES	M	49	64	01:03:29.28	01:02:50.57	CP EDP LISBOA
562	148	ANTÓNIO A FIGUEIREDO	M	57	37	01:03:29.54	01:02:50.40	CP EDP LISBOA
563	161	JOAO LANDEIRO	M	71	47	01:03:35.28	01:02:47.28	
564	452	JOSÉ F R GOMES	M	30	163	01:03:43.95	01:03:21.11	GM E CORRIDA JAMOR
565	253	SOFIA ANTUNES	F	38	69	01:03:49.40	01:03:11.28	OS ANTUNES
566	617	INES BARRADAS	F	37	70	01:03:54.79	01:03:02.63	
567	52	ISABEL MAGALHÃES	F	61	26	01:04:01.96	01:03:31.34	GYM2010
568	53	MARTA SIMÃO	F	41	30	01:04:03.60	01:03:32.30	GYM2010
569	420	DÁLIA LEITE	F	54	27	01:04:04.94	01:03:48.64	CA ODIMARQ
570	590	KASIA NATONIEWSKA	F	40	31	01:04:20.21	01:03:38.88	
571	338	AMÉLIA SILVA	F	57	28	01:04:30.91	01:04:17.96	
572	337	JORGE M M BAPTISTA	M	62	48	01:04:33.24	01:04:04.57	
573	527	RAFAEL AZRIEL	M	47	65	01:04:42.82	01:04:20.27	
574	299	CÉLIA TECELÃO	F	41	32	01:04:44.72	01:04:28.26	MINI TARTARUGAS
575	689	RICARDO ZINA	M	31	164	01:04:52.66	01:04:32.47	SARAPITOLAS
576	386	PATRICIA PEREIRA	F	30	71	01:05:09.59	01:04:42.19	
577	551	ANA M RAMOS	F	42	33	01:05:18.15	01:04:32.17	
578	101	ARTUR DINIS	M	60	49	01:05:24.86	01:05:15.86	ALGYMNS
579	310	FERNANDO M N ALVES	M	60	50	01:05:25.10	01:04:46.25	
580	577	RITA VALÉRIO	F	28	72	01:05:26.21	01:04:43.67	DÁ-LE!
581	411	SANDRA WEBER	F	40	34	01:05:27.96	01:04:42.86	
582	637	MARTA R GOMES	F	26	73	01:05:30.85	01:04:43.02	
583	693	JORGE CURVELO	M	45	66	01:05:32.74	01:05:10.88	BELEM RUNNERS
584	655	ANA FILIPA	F	35	74	01:05:33.96	01:05:11.49	BELEM RUNNERS
585	171	FRANCISCO CRUZ	M	31	165	01:05:43.81	01:05:06.64	2GO
586	170	SODIA GOULART	F	27	75	01:05:43.83	01:05:07.67	2GO
587	518	LUISA D R MENDONÇA	F	38	76	01:05:45.13	01:05:15.08	
588	257	MANUEL REIA	M	70	51	01:05:47.38	01:05:17.40	CAA BELÉM
589	307	TITO M PEDROSO	M	34	166	01:05:53.74	01:05:03.52	JAVALIS
590	504	JORGE CARREIRAS	M	38	167	01:05:54.01	01:05:03.80	JAVALIS
591	560	IRYNA HUKOVSKA	F	37	77	01:06:10.42	01:05:38.69	

592	515	ANTÓNIA FITAS	F	55	29	01:06:26.31	01:06:13.86	
593	683	CIDALIA ALEXANDRE	F	62	30	01:06:35.61	01:06:00.44	
594	138	NUNO PAULO	M	48	67	01:07:53.61	01:07:34.80	SS CGD
595	135	MARGARIDA PINTO	F	45	31	01:07:54.16	01:07:35.49	SS CGD
596	626	ANA L MATIAS	F	31	78	01:07:55.11	01:07:40.20	
597	194	JOSE REBOCHO	M	61	52	01:08:38.04	01:08:25.72	CORRER SR GRANJA
598	670	LUIS LAGARTO	M	56	38	01:09:03.34	01:08:33.66	
599	460	JOÃO CORREIA	M	32	168	01:09:06.66	01:08:25.03	
600	556	ANA MENDES	F	34	79	01:09:14.02	01:08:27.23	418 IM A TEAPOT
601	156	CAMILA OLIVEIRA	F	21	80	01:09:46.94	01:08:58.36	2TI-FRUTI
602	255	JOSÉ C S MENDES	M	65	53	01:09:48.03	01:08:55.56	
603	326	TELMA GUEDES	F	28	81	01:09:48.12	01:09:35.75	GDCT IN CM
604	10	JOHNNY THOMASSEN	M	57	39	01:09:58.71	01:09:14.91	
605	641	PEDRO LOBO	M	44	84	01:10:03.92	01:09:16.73	INNOVAGENCY
606	644	SUSANA CABRITA	F	34	82	01:10:03.97	01:09:20.77	INNOVAGENCY
607	746	MARTA DUARTE	F	37	83	01:10:04.66	01:09:21.56	INNOVAGENCY
608	643	DANIEL PEREIRA	M	36	169	01:10:05.29	01:09:20.00	INNOVAGENCY
609	725	MARIANA DONATO	F	28	84	01:10:16.58	01:09:36.10	
610	593	FILIPE LEITE	M	38	170	01:10:25.28	01:07:31.95	
611	422	VITOR REFACHO	M	38	171	01:10:45.17	01:10:17.03	
612	589	SANDRINE SLEIMAN	F	43	35	01:11:27.04	01:10:46.07	
613	742	JOAO P PEREIRA	M	57	40	01:11:27.82	01:10:56.79	
614	125	CRISTINA SANTOS	F	52	32	01:11:32.90	01:10:48.49	SS CGD
615	16	ANDRÉ ALVES	M	25	172	01:11:34.25	01:11:10.19	CARACÓIS TURBINADOS
616	143	SUSANA SANTOS	F	35	85	01:11:37.44	01:10:59.52	SS CGD
617	456	MANUEL GOMES	M	52	49	01:11:48.49	01:11:12.49	CLUBE MARGINAL
618	484	CARLOS SILVERIO	M	51	50	01:11:56.37	01:11:33.02	
619	483	SANDRA GASPAR	F	34	86	01:11:56.84	01:11:33.87	
620	557	VANDA RIBEIRO	F	37	87	01:11:57.40	01:11:11.07	418 IM A TEAPOT
621	305	Mª MARGARIDA MACEDO	F	55	33	01:13:03.76	01:12:38.16	
622	108	YARA FERNANDES	F	23	88	01:13:19.54	01:12:47.06	
623	155	ANTÓNIO MARQUES	M	71	54	01:13:54.00	01:13:38.65	
624	238	RUBINA MARQUES	F	27	89	01:14:10.12	01:13:48.75	TOA
625	434	RITA CARVALHINHO	F	43	36	01:14:17.90	01:13:27.55	
626	308	MÓNICA T G C RODRIGUES	F	36	90	01:14:34.03	01:13:54.89	
627	720	MANUEL FITAS	M	56	41	01:14:39.49	01:14:26.61	
628	121	BARBARA BRAS	F	20	91	01:15:28.11	01:14:49.07	SS CGD

629	134	MANUEL BRAS	M	49	68	01:15:28.81	01:14:49.25	SS CGD
630	724	ANTÓNIO DONATO JR.	M	26	173	01:15:46.22	01:15:04.98	
631	559	MIRELLA D TORRE	F	46	34	01:15:59.27	01:15:59.27	
632	639	Mª JOSÉ CUNHA	F	55	35	01:16:09.09	01:15:40.34	
633	520	SARA DE SOUSA	F	39	92	01:16:15.17	01:15:58.20	TARTARUGAS SOLIDARIAS
634	712	ANA M P M DIAS	F	38	93	01:16:50.58	01:16:22.71	
635	594	SARA AFONSO	F	36	94	01:17:09.91	01:16:29.03	
636	667	LILIANA VALENTE	F	36	95	01:17:50.64	01:17:36.41	
637	663	SARA FILIPA	F	30	96	01:18:08.32	01:15:40.65	BELEM RUNNERS
638	398	ALEXANDRA J L PALMA	F	38	97	01:19:46.48	01:19:00.73	
639	12	ANA G CUNHA	F	28	98	01:19:48.45	01:19:18.65	
640	711	SOFIA P S A BONITO	F	32	99	01:21:24.67	01:20:58.35	
641	575	DIOGO MARQUES	M	24	174	01:21:25.03	01:20:44.58	DÁ-LE!
642	154	VANESSA SANTOS	F	29	100	01:21:32.82	01:20:48.98	
643	750	MARINA SEQUEIRA	F	41	37	01:21:42.83	01:21:26.82	
644	164	ANTÓNIO MESTRE	M	75	55	01:23:01.91	01:22:33.12	ADRC MATA DE BENFICA
645	80	CLAUDIA M BORGES	F	48	36	01:24:25.09	01:23:54.56	
646	680	RUI PEDRO	M	46	69	01:25:01.74	01:24:10.56	MARRETAS

Total de registros: 646