

CORRIDA DO ORIENTE 2016 - 05/06/2016

Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO GERAL

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1	1116	ANDRALINO FURTADO	M	25		00:30:53	00:30:53	SPORTING CP
2	780	PEDRO ARSÉNIO	M	33		00:30:57	00:30:57	GDR REBOLEIRA
3	826	RICARDO FIGUEIREDO	M	27		00:32:24	00:32:24	CAS
4	1034	PAULO GUIMARAES	M	39		00:33:01	00:33:01	Aminhacorrída/Kalenji
5	1165	CARLOS CARDOSO	M	33		00:33:33	00:33:33	GD RR - GFD
6	2	CLARISSE CRUZ	F	37		00:34:01	00:34:01	SALGUEIROS
7	626	CUSTÓDIO ANTÓNIO	M	39		00:34:01	00:34:01	BEJA AC
8	10	VANDERLEY SILVA	M	23		00:34:11	00:34:09	GD CHELAS
9	4	CARLOS FREITAS	M	45		00:34:14	00:34:14	CF OS BELENENSES
10	1	CLAUDIA PEREIRA	F	40		00:34:33	00:34:33	SALGUEIROS
11	705	MARCO CARDOSO	M	30		00:34:46	00:34:46	INDIVIDUAL
12	191	PAULO ALVES	M	38		00:34:58	00:34:58	GDCT IN CASA MOEDA
13	849	FERNANDO PEREIRA	M	42		00:35:14	00:35:14	GFD RUNNING
14	441	SILVESTRE GOMES	M	62		00:35:21	00:35:21	VITÓRIA FC/BALANSADO
15	456	RODRIGO GUERRA	M	40		00:35:25	00:35:25	INDIVIDUAL
16	344	ORLANDO RAMOS	M	40		00:35:28	00:35:28	A VALE SILENCIO
17	296	EDUARDO EUSTAQUIO	M	52		00:35:37	00:35:37	AA MAFRA
18	645	CARLOS GOMES	M	46		00:35:42	00:35:42	CP EDP LISBOA
19	1082	JOSE CAPITAO	M	43		00:36:05	00:36:04	INDIVIDUAL
20	439	HERNANI FRANCISCO	M	47		00:36:08	00:36:08	VITÓRIA FC/BALANSADO
21	82	JOSÉ FÉLIX	M	48		00:36:11	00:36:10	LINDA-A-PASTORA SC
22	81	SUSANA CUNHA	F	27		00:36:13	00:36:13	LINDA-A-PASTORA SC
23	637	CARLOS A S ALMEIDA	M	43		00:36:16	00:36:16	MAFRA COM VENTO - ESTABIL
24	959	PAULO PINHEIRO	M	38		00:36:25	00:36:25	CUAP
25	819	PAULO ANDRADE	M	44		00:37:05	00:36:08	SS CGD
26	85	AIRES PRATAS	M	61		00:37:15	00:37:15	LINDA-A-PASTORA SC
27	738	MÁRIO ZORRO	M	41		00:37:40	00:37:39	AA MAFRA
28	691	LUIS M SANTOS	M	34		00:37:41	00:37:35	AA MAFRA
29	11	PEDRO MARQUES	M	40		00:37:41	00:37:36	GD CHELAS
30	508	JOSE BORGES	M	55		00:37:46	00:37:46	CUA BENAVENTE
31	916	JOSE FACHADAS	M	45		00:37:49	00:37:48	A NATUREZA ENSINA
32	1098	TIAGO CASTELA	M	28		00:37:55	00:37:54	C NOTURNA PARQUE NAÇÕES
33	194	VALTER OLIVEIRA	M	38		00:38:05	00:38:04	GDCT IN CASA MOEDA
34	234	CARLOS BARROS	M	35		00:38:23	00:38:11	XEROX ROADRUNNERS
35	438	FLORIVAL BACALHAU	M	59		00:38:25	00:38:25	VITÓRIA FC/BALANSADO
36	1071	ORLANDO CORREIA	M	45		00:38:27	00:38:24	AB CAMPOLIDE
37	91	BRUNO SILVA	M	30		00:38:29	00:38:25	FALCOES SELVAGENS
38	614	ANTÓNIO LOURO	M	42		00:38:30	00:38:30	GD SANTANDER TOTTA

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
39	525	MARIUS LEORDEAN	M	34		00:38:32	00:38:31	NAV RUNNERS
40	569	JOSE A T LORGA	M	35		00:38:36	00:38:36	HC RUNNERES
41	310	CONSTANTINO ARAÚJO	M	49		00:38:36	00:38:33	SC REBOLEIRA DAMAIA
42	627	PEDRO COSTA	M	47		00:38:42	00:38:41	BEJA AC
43	695	PAULO GOMES	M	36		00:38:44	00:38:44	INDIVIDUAL
44	678	MARCOS M A LUIS	M	47		00:38:53	00:38:45	MAFRA COM VENTO - ESTABIL
45	607	ANASTÁCIO VALADAS	M	62		00:39:00	00:39:00	GD SANTANDER TOTTA
46	915	MARCO FATELO	M	37		00:39:12	00:39:09	A NATUREZA ENSINA
47	876	NUNO PINTO	M	28		00:39:18	00:38:52	CCD APDL
48	40	TIAGO FARINHA	M	34		00:39:21	00:39:04	GD CHELAS
49	30	RAUL RODRIGUES	M	58		00:39:24	00:39:22	GD CHELAS
50	51	NUNO SOARES	M	34		00:39:25	00:39:22	CORRER LISBOA
51	168	JOSE ESTEVES	M	50		00:39:39	00:39:31	TARTARUGAS SOLIDÁRIAS
52	677	JOÃO FERNANDES	M	27		00:39:40	00:39:36	INDIVIDUAL
53	176	ARMINDO BOTO	M	40		00:39:42	00:39:35	ALCATRAZ PENICHE RUNNERS
54	42	GABRIEL GONCALVES	M	61		00:39:46	00:39:45	GD CHELAS
55	341	NUNO BALULA	M	40		00:39:47	00:39:43	WIKABOO
56	177	PEDRO FARTO	M	36		00:39:50	00:39:43	ALCATRAZ PENICHE RUNNERS
57	205	FERNANDO ALMEIDA	M	37		00:39:52	00:39:49	GELPEIXE
58	580	JOÃO JESUS	M	40		00:39:54	00:39:53	GD SANTANDER TOTTA
59	744	JORGE M C PINHO	M	41		00:39:55	00:39:54	DIANAS EB RUNNERS
60	207	JOSÉ GONÇALVES	M	49		00:39:59	00:39:52	AA MAFRA
61	347	MANUEL CHINITA	M	51		00:40:00	00:39:42	A VALE SILENCIO
62	530	THIBAUT LEDROIT	M	28		00:40:00	00:39:42	TEAM THIBAUT
63	84	FERNANDO CHAMUSCA	M	66		00:40:21	00:40:19	LINDA-A-PASTORA SC
64	1033	LUCILIA SOARES	F	54		00:40:24	00:40:24	Aminhacorrída/Kalenji
65	334	ANTÓNIO JORGE	M	61		00:40:25	00:39:57	AÇOREANA
66	131	GONÇALO FERREIRA	M	42		00:40:31	00:40:29	INDIVIDUAL
67	190	NUNO SOUSA	M	42		00:40:33	00:40:32	GDCT IN CASA MOEDA
68	897	MIGUEL RODRIGUES	M	37		00:40:34	00:40:17	WEVENTUAL
69	226	JOÃO H G VIEIRA	M	42		00:40:35	00:40:30	INDIVIDUAL
70	206	EDUARDO SANTOS	M	37		00:40:37	00:40:34	GELPEIXE
71	938	ORLANDO J BARBOSA	M	58		00:40:38	00:40:36	GR Janz e Associados
72	510	ANÍBAL GASPAR	M	46		00:40:53	00:40:48	CCD O ALVITEJO
73	918	RICARDO CASTANHO	M	41		00:40:53	00:40:53	A NATUREZA ENSINA
74	403	NUNO LOPES	M	29		00:40:55	00:40:46	INDIVIDUAL
75	415	JOAQUIM ALEXANDRE	M	50		00:41:00	00:40:33	URD ARRANHÔ
76	1048	DINIS CARTAS	M	33		00:41:06	00:40:38	INDIVIDUAL

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
77	958	LILIANA JESUS	F	39		00:41:10	00:41:10	I AM FIT
78	161	JOAO GONCALVES	M	44		00:41:12	00:41:11	INDIVIDUAL
79	642	JOANA FONSECA	F	28		00:41:13	00:41:11	INDIVIDUAL
80	179	PEDRO GOMES	M	39		00:41:16	00:40:28	INDIVIDUAL
81	804	FILIPE FREIRE	M	32		00:41:17	00:40:33	INDIVIDUAL
82	813	FILIPE PEREIRA	M	25		00:41:23	00:40:59	INDIVIDUAL
83	1166	VITOR PINTO	M	31		00:41:26	00:41:06	AMCF ARRABIDA TRAIL TEAM
84	812	ROBERTO ROLANDONE	M	28		00:41:30	00:41:18	INDIVIDUAL
85	287	NUNO A M PITA	M	40		00:41:35	00:41:34	CCDT METRO LX
86	913	NUNO OLIVEIRA	M	36		00:41:38	00:41:36	A NATUREZA ENSINA
87	246	RICARDO DUARTE	M	21		00:41:50	00:41:19	BELOURA RUNNERS
88	88	DANIEL GIEBELS	M	34		00:41:51	00:41:39	INDIVIDUAL
89	991	CARLOS CARDOSO	M	63		00:42:00	00:41:53	GD BANCO BPI
90	742	JOÃO MONIZ	M	21		00:42:01	00:42:00	INDIVIDUAL
91	99	PAULO ALMEIDA	M	51		00:42:02	00:42:00	INDIVIDUAL
92	531	ARIBAUD JULIEN	M	30		00:42:02	00:41:42	AR BIR HAKHEIM
93	873	PEDRO C CONSTANTINO	M	40		00:42:04	00:41:44	INDIVIDUAL
94	225	SERGIO SANTOS	M	44		00:42:11	00:42:03	INDIVIDUAL
95	573	CARLOS FERREIRA	M	45		00:42:16	00:42:06	LESMAS
96	237	ARTUR F LOPES	M	43		00:42:16	00:41:31	GD MOURARIA
97	302	JOSÉ SILVA	M	48		00:42:19	00:42:13	CDM
98	137	ANDRÉ MENDONÇA	M	33		00:42:21	00:42:16	ADRC MATA BENFICA
99	20	EDUARDO RODRIGUES	M	57		00:42:21	00:42:17	GD CHELAS
100	1062	NUNO REBELO	M	37		00:42:21	00:42:12	CASINO LISBOA
101	39	JOSE SERRA	M	52		00:42:23	00:42:18	GD CHELAS
102	507	NUNO SILVA	M	29		00:42:24	00:42:21	INDIVIDUAL
103	872	MARCOS A F PEREIRA	M	60		00:42:25	00:42:07	INDIVIDUAL
104	37	JOSE DIAS	M	54		00:42:26	00:42:25	GD CHELAS
105	98	GERMANO PIRES	M	58		00:42:31	00:42:15	INDIVIDUAL
106	917	JOSE MARTINS	M	58		00:42:36	00:42:34	A NATUREZA ENSINA
107	117	ANTÓNIO R LOPES	M	51		00:42:41	00:42:41	INDIVIDUAL
108	299	NUNO HENRIQUES	M	41		00:42:41	00:42:40	GDCT IN CASA MOEDA
109	675	ALEXANDRE VIEGAS	M	36		00:42:44	00:42:41	INDIVIDUAL
110	285	RUI CAEIRO	M	49		00:42:48	00:42:27	XEROX ROADRUNNERS
111	138	TEOTÓNIO X NETO	M	52		00:42:49	00:42:44	ADRC MATA BENFICA
112	466	ANTÓNIO MORAIS	M	63		00:42:50	00:42:46	CA PATAMEIRAS
113	1053	MARIO SEABRA	M	44		00:42:51	00:42:31	GR Janz e Associados
114	432	JOAQUIM SILVA	M	47		00:42:51	00:42:40	ADCR PJ

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
115	736	MANUEL O TAVARES	M	57		00:42:52	00:42:48	WE RUNNING
116	369	FERNANDO ROSETE	M	45		00:42:55	00:42:32	RUN 4 FUN
117	544	CARLOS M S CAEIRO	M	61		00:42:56	00:42:54	INDIVIDUAL
118	822	ANTONIO MACHADO	M	45		00:42:57	00:42:11	INDIVIDUAL
119	111	CARLOS ANTUNES	M	65		00:42:57	00:42:52	CA ODIMARQ
120	1020	SEBASTIAO BARATA	M	46		00:42:58	00:42:43	SS CGD
121	734	ANTÓNIO VIEIRA	M	51		00:43:01	00:42:44	CP RTP
122	524	PEDRO REIS	M	44		00:43:03	00:42:57	NAV RUNNERS
123	572	HUMBERTO BORGES	M	48		00:43:05	00:42:55	LESMAS
124	1130	RUI ANTUNES	M	38		00:43:07	00:43:01	CORRIDA NOTURNA PARQUE NAÇÕES
125	422	PEDRO BRÁS	M	33		00:43:08	00:42:23	AISSE TEAM
126	181	BRUNO LOPES	M	34		00:43:09	00:42:55	FAMILIA BENIGNO LOPES
127	912	CARLOS LIMA	M	45		00:43:12	00:43:08	A NATUREZA ENSINA
128	587	ANTÓNIO SANTOS	M	31		00:43:17	00:42:46	GD SANTANDER TOTTA
129	467	ANTÓNIO FERREIRA	M	32		00:43:17	00:43:10	CA PATAMEIRAS
130	773	CARLOS GONÇALVES	M	34		00:43:21	00:43:15	PRAFIT CLUBE
131	604	RAFAEL PESSOA	M	42		00:43:27	00:43:08	GD SANTANDER TOTTA
132	1136	JOÃO MARAL	M	47		00:43:28	00:43:20	SSCGD
133	112	JOÃO COSTA	M	28		00:43:28	00:43:24	INDIVIDUAL
134	592	ANTONIO FERREIRA	M	45		00:43:28	00:43:28	GD SANTANDER TOTTA
135	265	JOSE NEVES	M	64		00:43:31	00:42:39	OS INDOMAVEIS
136	222	CLÁUDIO F C MARQUES	M	36		00:43:32	00:43:25	INDIVIDUAL
137	440	AURELIO ANDORINHA	M	45		00:43:34	00:43:31	VITÓRIA FC/BALANSADO
138	468	MIGUEL TAVARES	M	43		00:43:35	00:43:16	CA PATAMEIRAS
139	448	BEATRIZ FERNANDES	F	46		00:43:35	00:43:24	CLINICA STA MADALENA
140	395	NELSON DIAS	M	55		00:43:35	00:43:24	CLINICA STA MADALENA
141	937	MANUEL VAZ	M	57		00:43:38	00:43:20	INDIVIDUAL
142	905	MILTON C MELO	M	37		00:43:39	00:43:17	WIKABOO
143	983	LUIS M L GODINHO	M	49		00:43:39	00:43:31	C MILLENNIUM BCP
144	245	ALEXANDRE DUARTE	M	44		00:43:40	00:43:09	BELOURA RUNNERS
145	276	JUVENAL MOREIRA	M	52		00:43:41	00:43:31	ND AUTOCOOPE
146	892	ALCINDO A RAMALHO	M	32		00:43:41	00:42:17	WEVENTUAL
147	320	ANDRÉ QUARENTA	M	45		00:43:44	00:43:31	AÇOREANA
148	309	MAURO PIMENTA	M	39		00:43:47	00:43:20	GA ATLETISMO
149	60	HUGO BARRETO	M	34		00:43:50	00:43:47	INDIVIDUAL
150	853	RUI NUNES	M	42		00:43:54	00:43:50	INDIVIDUAL
151	908	RICARDO SILVA	M	29		00:43:54	00:43:27	INDIVIDUAL
152	755	JOSÉ JARMELA	M	51		00:44:01	00:43:58	NAZ ABOBODA

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
153	227	MIGUEL ALMEIDA	M	39		00:44:02	00:44:01	TINTACRIATIVA.PT
154	667	HELDER MATA	M	40		00:44:02	00:43:30	MENS
155	357	EDUARD IRIMIA	M	44		00:44:04	00:43:35	GLASSFISIOTEAM
156	882	AMÉRICO SANTOS	M	48		00:44:05	00:43:55	INDIVIDUAL
157	1110	ANASTÁCIO NETO	M	42		00:44:06	00:43:58	C NOTURNA PARQUE NAÇÕES
158	590	ANTONIO CRUZ	M	68		00:44:07	00:44:05	GD SANTANDER TOTTA
159	1119	JOSE SILVA	M	52		00:44:11	00:43:38	ODIMARQ
160	1074	ALFREDO VALENTE	M	53		00:44:12	00:43:34	AB CAMPOLIDE
161	772	CARLOS PEDRO	M	45		00:44:13	00:43:55	ATLÉTICO VIA RARA
162	1129	ARTUR GONÇALVES	M	43		00:44:15	00:44:13	CORRIDA NOTURNA PARQUE NAÇÕES
163	238	NUNO CARDOSO	M	39		00:44:15	00:43:30	GD MOURARIA
164	685	STEVEN SANTOS	M	28		00:44:17	00:43:39	INDIVIDUAL
165	414	HENRIQUE FERREIRA	M	45		00:44:18	00:43:51	URD ARRANHÒ
166	867	RODRIGO A C S C OPA	M	40		00:44:20	00:44:06	INDIVIDUAL
167	430	JOSÉ BOUCEIRO	M	51		00:44:21	00:44:11	ADCR PJ
168	770	CARLOS VIDAIS	M	42		00:44:21	00:44:04	ATLÉTICO VIA RARA
169	794	JOSÉ S AUGUSTO	M	55		00:44:22	00:44:12	FALCOES SELVAGENS
170	788	FERNANDO FREITAS	M	35		00:44:24	00:43:45	INDIVIDUAL
171	293	JOSÉ MONTEIRO	M	59		00:44:25	00:44:19	INDIVIDUAL
172	688	LUIS PIRES	M	48		00:44:27	00:44:22	CA AMIGOS PARQUE PAZ
173	790	HENRIQUE C L COQUENIM	M	49		00:44:27	00:44:04	INDIVIDUAL
174	1106	JOSÉ SARAIVA	M	47		00:44:30	00:44:25	C NOTURNA PARQUE NAÇÕES
175	337	VIRGÍLIO MADEIRA	M	57		00:44:33	00:44:06	AÇOREANA
176	311	JOSÉ S REIS	M	62		00:44:34	00:44:18	SC REBOLEIRA DAMAIA
177	371	LEONEL SELEIRO	M	59		00:44:34	00:44:18	AA AGUALVA
178	723	SANDRO SILVA	M	37		00:44:35	00:44:33	INDIVIDUAL
179	165	MÁRIO G V VICENTE	M	67		00:44:35	00:44:20	GIL EANES RUNNING
180	412	EDGAR FRANCISCO	M	50		00:44:40	00:44:13	URD ARRANHÒ
181	411	FILIPE BRANCO	M	46		00:44:40	00:44:13	URD ARRANHÒ
182	186	JOÃO FREIRE	M	50		00:44:42	00:44:03	GDCT IN CASA MOEDA
183	376	FRANCISCO PESSOA	M	42		00:44:43	00:44:28	AA AGUALVA
184	792	JOSE PEREIRA	M	40		00:44:45	00:44:43	INDIVIDUAL
185	139	EDUARDO COELHO	M	33		00:44:46	00:44:40	ADRC MATA BENFICA
186	22	CARLOS RODRIGUES	M	43		00:44:48	00:44:22	GD CHELAS
187	643	DAVID RAMOS	M	35		00:44:48	00:44:41	INDIVIDUAL
188	972	PAULO H V G C PAIS	M	51		00:44:51	00:44:51	C MILLENNIUM BCP
189	995	PAULO ALMEIDA	M	48		00:44:53	00:44:12	GD BANCO BPI
190	1021	SOFIA ARGENTINA	F	36		00:44:57	00:44:50	SS CGD

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
191	281	LUÌS SOUSA	M	40		00:44:59	00:44:39	INDIVIDUAL
192	291	VICTOR SILVA	M	51		00:45:00	00:44:14	AA LEBRES SADO
193	552	DIOGO A T VICENTE	M	20		00:45:05	00:45:02	INDIVIDUAL
194	248	ANDRÉ MALHADO	M	32		00:45:06	00:44:35	BELOURA RUNNERS
195	903	CARLOS MONTEIRO	M	48		00:45:08	00:45:05	INDIVIDUAL
196	989	PEDRO TRABUCHO	M	51		00:45:10	00:44:31	GD BANCO BPI
197	295	LUIS GARCIA	M	49		00:45:11	00:45:05	INDIVIDUAL
198	1001	CARLOS LEITÃO	M	52		00:45:12	00:44:58	SS CGD
199	1126	RICARDO TRINDADE	M	19		00:45:12	00:45:04	INDIVIDUAL
200	384	TIAGO R PERES	M	32		00:45:13	00:44:52	INDIVIDUAL
201	331	FRANCISCO PEREIRA	M	49		00:45:13	00:45:01	AÇOREANA
202	274	RODRIGO MAGALHÃES	M	20		00:45:14	00:45:03	ND AUTOCOOPE
203	1109	BRUNO CHEN	M	44		00:45:14	00:45:07	C NOTURNA PARQUE NAÇÕES
204	1008	JOAQUIM FRADE	M	60		00:45:17	00:45:08	SS CGD
205	164	FERNANDO M LOPES	M	44		00:45:19	00:45:04	GIL EANES RUNNING
206	735	TIAGO N ANTUNES	M	36		00:45:21	00:45:15	INDIVIDUAL
207	1006	HENRIQUE AMADOR	M	44		00:45:21	00:45:14	SS CGD
208	884	GUO YAN	M	39		00:45:23	00:44:37	INDIVIDUAL
209	727	FÁBIO SANTOS	M	30		00:45:25	00:45:21	FALCOES SELVAGENS
210	910	PEDRO REIS	M	41		00:45:27	00:45:16	OS GLORIOSOS
211	550	ALDÓNIO M FERNANDES	M	62		00:45:28	00:45:19	LINDA-A-PASTORA SC
212	807	JAIME P MIRANDA	M	62		00:45:28	00:45:25	INDIVIDUAL
213	906	RÓMULO V S TEIXEIRA	M	37		00:45:30	00:45:08	INDIVIDUAL
214	1125	CARLOS XAVIER	M	57		00:45:31	00:45:23	INDIVIDUAL
215	105	EDUARDO BRAZ	M	44		00:45:32	00:45:27	INDIVIDUAL
216	919	AMERICO SANTOS	M	58		00:45:32	00:45:15	A NATUREZA ENSINA
217	1026	HELDER TAVARES	M	39		00:45:33	00:44:51	COMPANHEIRO
218	914	FLORBELA BARROS	F	43		00:45:34	00:45:30	A NATUREZA ENSINA
219	433	VIRGILIO OLIVEIRA	M	55		00:45:34	00:45:24	ADCR PJ
220	372	BERNARDO GRADISIMO	M	57		00:45:37	00:45:24	AA AGUALVA
221	593	RUI MACHINHO	M	39		00:45:38	00:44:46	GD SANTANDER TOTTA
222	379	JOSÉ PEIXOTO	M	57		00:45:38	00:45:26	AA AGUALVA
223	900	PAULO GOMES	M	58		00:45:39	00:45:35	CEIFEIRA REAL-PARQUE DAS NACÕES
224	383	RAUL CORREIA	M	51		00:45:44	00:45:42	A FAROLIM PENICHE
225	71	CARLOS E CORREIA	M	37		00:45:45	00:45:40	INDIVIDUAL
226	208	ROGÉRIO CARREIRO	M	54		00:45:46	00:45:43	INDIVIDUAL
227	31	VICTOR DIAS	M	49		00:45:50	00:45:22	GD CHELAS
228	323	PAULO TORRÃO	M	44		00:45:51	00:45:40	AÇOREANA

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Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO GERAL

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
229	289	HILARIO TORRES	M	56		00:45:52	00:45:24	RUN 4 FUN
230	921	ANA PEREIRA	F	46		00:45:53	00:45:49	A NATUREZA ENSINA
231	21	JOAQUIM AZEVEDO	M	52		00:45:53	00:45:53	GD CHELAS
232	154	FREDERICO FERNANDES	M	39		00:45:54	00:45:47	AD QUINTA ATLETISMO
233	1072	RUI RODRIGUES	M	50		00:45:55	00:45:35	AB CAMPOLIDE
234	527	TIAGO CARVALHO	M	30		00:45:59	00:45:56	INDIVIDUAL
235	457	ANTÓNIO GONÇALVES	M	21		00:46:00	00:45:23	INDIVIDUAL
236	970	FERNANDO A S G RODRIGUES	M	51		00:46:02	00:45:22	C MILLENNIUM BCP
237	577	MIGUEL CUNHA	F	40		00:46:02	00:46:02	GD SANTANDER TOTTA
238	956	FABIA G SILVA	F	46		00:46:03	00:45:38	I AM FIT
239	18	FAUSTO SA	M	39		00:46:04	00:45:37	GD CHELAS
240	834	MANUELA BUSTORFF	F	61		00:46:06	00:46:06	TEJAVISTA
241	322	NÉLSON MOTA	M	46		00:46:07	00:45:42	AÇOREANA
242	19	AMERICO PIMENTA	M	50		00:46:09	00:45:52	GD CHELAS
243	17	CARLOS SA	M	45		00:46:09	00:45:42	GD CHELAS
244	1031	CARLOS LOPES	M	41		00:46:09	00:45:15	Aminhacorrída/Kalenji
245	891	NUNO RICARDO	M	37		00:46:10	00:45:27	WEVENTUAL
246	211	SÉRGIO MARQUES	M	32		00:46:11	00:45:40	INDIVIDUAL
247	526	NUNO CHARRUA	M	39		00:46:12	00:46:12	INDIVIDUAL
248	1093	LUIS PIMENTA	M	42		00:46:12	00:45:56	C NOTURNA PARQUE NAÇÕES
249	939	LUÍS M ROCHA	M	45		00:46:12	00:45:55	OS ROCHAS
250	1088	BERNARDO FIGUEIREDO	M	45		00:46:12	00:45:55	C NOTURNA PARQUE NAÇÕES
251	771	DIAMANTINO GAMITO	M	50		00:46:13	00:45:56	ATLÉTICO VIA RARA
252	922	PAULO FOLGADO	M	48		00:46:15	00:46:11	A NATUREZA ENSINA
253	739	FÁBIO CORREIA	M	27		00:46:16	00:45:25	INDIVIDUAL
254	16	PAULO CARDOSO	M	54		00:46:18	00:46:17	GD CHELAS
255	924	JOSE NUNES	M	23		00:46:19	00:46:17	A NATUREZA ENSINA
256	920	FILIPA FERNANDES	F	33		00:46:20	00:46:17	A NATUREZA ENSINA
257	890	NUNO SOARES	M	36		00:46:24	00:45:41	WEVENTUAL
258	674	VÍTOR J C MARQUES	M	55		00:46:25	00:45:52	CA AMIGOS PARQUE PAZ
259	350	JOSÉ MATOS	M	55		00:46:28	00:45:56	CA AMIGOS PARQUE PAZ
260	567	JOSE HILARIO	M	56		00:46:29	00:45:46	INDIVIDUAL
261	942	FENANDO SILVA	M	51		00:46:29	00:46:08	A VALE SILENCIO
262	346	LEONEL NEVES	M	62		00:46:30	00:46:09	A VALE SILENCIO
263	904	IVAN GARCÍA	M	38		00:46:34	00:45:53	INDIVIDUAL
264	292	PETRU NEMES	M	50		00:46:34	00:46:17	INDIVIDUAL
265	417	PAULO TOMAS	M	43		00:46:37	00:46:10	URD ARRANHÒ
266	708	LUIS PALMA	M	39		00:46:37	00:46:07	INDIVIDUAL

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Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO GERAL

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
267	283	CARLOS P RODRIGUES	M	37		00:46:37	00:46:36	CP EDP LISBOA
268	832	LUIS MOURA	M	58		00:46:38	00:45:44	TEJAVISTA
269	431	JOÃO COSTA	M	45		00:46:39	00:46:39	ADCR PJ
270	513	FILIPA VIEIRA	F	26		00:46:41	00:46:23	PLANTA PÉ/FISIO COM ALMA
271	1139	ANTONIO FERNANDES	M	79		00:46:41	00:46:25	INDIVIDUAL
272	647	MARIO R COSTA	M	46		00:46:42	00:46:37	GD SANTANDER TOTTA
273	901	DANIEL MELLO	M	33		00:46:44	00:46:25	INDIVIDUAL
274	1024	ORLINDO FIGUEIREDO	M	68		00:46:45	00:46:42	SS CGD
275	377	MANUEL RODRIGUES	M	57		00:46:45	00:46:33	AA AGUALVA
276	899	RICARDO NUNES	M	33		00:46:47	00:46:39	INDIVIDUAL
277	279	ALEXANDRE M F NEVES	M	44		00:46:47	00:46:39	INDIVIDUAL
278	114	TIAGO S BARROQUEIRO	M	28		00:46:51	00:46:20	INDIVIDUAL
279	70	ANTONIO NOGUEIRA	M	43		00:46:51	00:46:43	INDIVIDUAL
280	25	JOSE FERNANDES	M	62		00:46:52	00:46:35	GD CHELAS
281	345	ANTÓNIO FERNANDES	M	59		00:46:52	00:46:38	A VALE SILENCIO
282	993	LUIS CALHEIROS	M	42		00:46:53	00:46:13	GD BANCO BPI
283	851	ANTÓNIO J H FERREIRA	M	57		00:46:53	00:46:38	INDIVIDUAL
284	1042	HUGO F B BRAS	M	35		00:46:54	00:46:05	INDIVIDUAL
285	1041	PEDRO M P FERRAZ	M	39		00:46:54	00:46:05	INDIVIDUAL
286	136	RUI VIDEIRA	M	36		00:46:57	00:46:54	INDIVIDUAL
287	465	ALBINO TOMAS	M	59		00:46:57	00:46:55	CA PATAMEIRAS
288	694	INES PEIXOTO	F	37		00:46:59	00:46:21	INDIVIDUAL
289	272	ANTONIO ALMEIDA	M	52		00:47:02	00:46:53	ND AUTOCOOPE
290	416	LUIS FERREIRA	M	49		00:47:04	00:46:58	URD ARRANHÒ
291	409	NUNO SILVA	M	43		00:47:05	00:46:34	INDIVIDUAL
292	464	PAULO GAMBOA	M	45		00:47:05	00:47:03	CA PATAMEIRAS
293	746	JORGE M M P PACHECO	M	44		00:47:11	00:47:11	RUN FORREST RUN
294	619	JOSÉ TORRES	M	51		00:47:14	00:46:36	OS ZATOPEQUES
295	434	AURÉLIO AFONSO	M	39		00:47:14	00:46:50	ADCR PJ
296	936	TIAGO FONSECA	M	41		00:47:16	00:46:14	CORRER PARA COMER
297	229	DORA G GOMES	F	41		00:47:19	00:46:49	XEROX ROADRUNNERS
298	549	LUIS F A S CHAVES	M	38		00:47:19	00:46:17	INDIVIDUAL
299	235	MIGUEL NUNES	M	43		00:47:19	00:46:49	XEROX ROADRUNNERS
300	1032	TINA OLIVEIRA	F	52		00:47:20	00:47:18	Aminhacorrída/Kalenji
301	621	JOSÉ CUNHA	M	51		00:47:22	00:47:22	OS ZATOPEQUES
302	260	VALTER N P REALISTA	M	37		00:47:24	00:46:02	CCM QTA MARQUES COSTA
303	109	LUÍS M PEREIRA	M	39		00:47:24	00:46:39	INDIVIDUAL
304	435	ANTÓNIO TAVARES	M	41		00:47:26	00:46:43	RUN4BEER

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
305	1075	LUIS GAMA	M	52		00:47:30	00:47:24	AB CAMPOLIDE
306	333	MÁRIO GOMES	M	46		00:47:35	00:46:36	AÇOREANA
307	718	CARLOS TAVARES	M	46		00:47:35	00:47:31	WE RUNNING
308	1007	JOÃO CABRITO	M	53		00:47:36	00:47:22	SS CGD
309	1127	FERNANDO GUERREIRO	M	69		00:47:38	00:47:30	INDIVIDUAL
310	740	FILIPES C H PIMENTEL	M	44		00:47:40	00:47:18	OS GALGOS
311	437	CARLO COSTA PINHO	M	42		00:47:40	00:47:25	INDIVIDUAL
312	711	JOSÉ R L F M FERNANDES	M	37		00:47:40	00:46:57	INDIVIDUAL
313	1003	FERNANDO LIMA	M	46		00:47:41	00:47:34	SS CGD
314	317	CARLOS SOUSA	M	48		00:47:42	00:47:28	APOGMA
315	366	FLÁVIO RODRIGUES	M	29		00:47:42	00:46:43	INDIVIDUAL
316	352	JOAQUIM CRISPIM	M	60		00:47:43	00:47:43	UDCA
317	848	MARIO RAMOS	M	57		00:47:44	00:47:31	APOGMA
318	77	CARLOS P ABREU	M	48		00:47:45	00:47:25	CLUBE STRESS
319	1086	PEDRO RAMOS	M	48		00:47:46	00:47:38	C NOTURNA PARQUE NAÇÕES
320	13	FILIPES RODRIGUES	M	21		00:47:47	00:47:21	GD CHELAS
321	386	SANDEEP JHA	M	32		00:47:49	00:47:00	CLUBE VODAFONE
322	396	JORGE NETO	M	44		00:47:51	00:47:35	CDO MOSCAVIDE
323	47	RUI FERNANDES	M	41		00:47:52	00:47:48	GD CHELAS
324	110	CLÁUDIA ROSADO	F	34		00:47:52	00:47:49	INDIVIDUAL
325	837	LUIS RAIMUNDO	M	35		00:47:52	00:47:52	RAIMUNDOS
326	59	JOÃO J FERNANDES	M	35		00:47:55	00:47:17	INDIVIDUAL
327	786	MIGUEL FERRINHO	M	43		00:47:57	00:47:34	PÉS DE CHUMBO
328	353	MANUEL CRISPIM	M	64		00:47:57	00:47:47	UDCA
329	664	CARLOS A LOPES	M	30		00:47:59	00:47:49	INDIVIDUAL
330	121	JOSE OLIVEIRA	M	42		00:48:00	00:47:15	INDIVIDUAL
331	391	CARLOS GONÇALVES	M	52		00:48:02	00:47:53	SFUAP
332	935	JOÃO T SANTOS	M	44		00:48:03	00:47:51	INDIVIDUAL
333	263	PAULO D S FREIRE	M	49		00:48:06	00:47:54	INDIVIDUAL
334	312	EDGAR SANTOS	M	33		00:48:08	00:47:11	LOBOS CARVALHAL
335	240	JOSÉ SOUSA	M	51		00:48:08	00:48:03	INDIVIDUAL
336	294	PAULO MORGADO	M	44		00:48:09	00:47:49	GEORUNNERS
337	634	MARCO SANTANA	M	40		00:48:10	00:47:58	INDIVIDUAL
338	1010	JOSÉ ALVES	M	66		00:48:11	00:48:02	SS CGD
339	1133	JOAO LOPES	M	52		00:48:12	00:47:30	INDIVIDUAL
340	1052	VITOR PEREIRA	M	40		00:48:14	00:47:54	GR Janz e Associados
341	663	MARCO D C COSTA	M	32		00:48:21	00:47:52	INDIVIDUAL
342	327	NUNO COELHO	M	47		00:48:21	00:48:05	AÇOREANA

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Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO GERAL

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
343	397	RUI DIAS	M	39		00:48:23	00:48:12	MOVET
344	270	ANTÓNIO A M MOREIRA	M	52		00:48:23	00:47:57	INDIVIDUAL
345	668	JOÃO PORTELA	M	40		00:48:25	00:47:50	MENS
346	808	MIGUEL ROBIN	M	44		00:48:27	00:47:30	INDIVIDUAL
347	27	PAULO CARVALHO	M	44		00:48:28	00:48:08	GD CHELAS
348	561	CARLOS TEIXEIRA	M	56		00:48:28	00:48:06	LEBRES E TARTARUGAS
349	618	JOSÉ MORAIS	M	54		00:48:29	00:47:51	OS ZATOPEQUES
350	1025	JOSE BRITES	M	42		00:48:30	00:47:50	COMPANHEIRO
351	594	NUNO DAMIAES	M	34		00:48:32	00:47:42	GD SANTANDER TOTTA
352	662	RUI SANCHES	M	44		00:48:32	00:48:08	INDIVIDUAL
353	1028	JOAO BARATA	M	56		00:48:34	00:47:51	COMPANHEIRO
354	651	CARLOS MIRA	M	44		00:48:39	00:48:31	INDIVIDUAL
355	297	JOÃO PACHECO	M	29		00:48:40	00:48:28	GD PERNAS PARA QUE TE QUERO
356	170	HUGO CARABINEIRO	M	37		00:48:43	00:47:54	INDIVIDUAL
357	554	RON TREVOR	M	42		00:48:45	00:47:57	INDIVIDUAL
358	1036	LEONEL CARVALHO	M	36		00:48:46	00:48:31	GROUPAMA
359	241	JOÃO P F SILVA	M	46		00:48:48	00:48:20	INDIVIDUAL
360	209	JÚLIO FERREIRA	M	61		00:48:53	00:48:46	CARACÓIS SONOLENTOS
361	447	FERNANDO SILVEIRO	M	47		00:48:55	00:48:27	FC ESTRELAS LISBOA
362	1076	MANUEL FONSECA	M	52		00:48:59	00:48:52	AB CAMPOLIDE
363	247	MARIO SILVA	M	44		00:49:06	00:49:06	BELOURA RUNNERS
364	374	ALBERTO FERNANDES	M	63		00:49:07	00:48:50	AA AGUALVA
365	1063	RAQUEL FROIS	F	38		00:49:08	00:48:55	SERVILUSA
366	354	LUIS ALMEIDA	M	42		00:49:08	00:48:12	GUP GRALHAS
367	375	MANUEL EMIDIO	M	59		00:49:08	00:48:52	AA AGUALVA
368	553	JOÃO C C VICENTE	M	47		00:49:09	00:49:06	INDIVIDUAL
369	1108	FERNANDO SERRANO	M	46		00:49:09	00:48:40	C NOTURNA PARQUE NAÇÕES
370	752	EDUARDO RIBEIRO	M	48		00:49:11	00:48:54	GDCT UNICRE
371	565	RICARDO TAVARES	M	41		00:49:12	00:48:55	EX-IM
372	784	JORGE PAULA	M	62		00:49:12	00:48:16	INDIVIDUAL
373	1056	JOSE M MATEUS	M	27		00:49:15	00:48:30	INDIVIDUAL
374	267	PEDRO PINTO	M	64		00:49:15	00:48:23	OS INDOMAVEIS
375	63	MIGUEL MARQUES	M	55		00:49:16	00:49:05	INDIVIDUAL
376	188	JOSÉ LIBERATO	M	40		00:49:18	00:48:43	GDCT IN CASA MOEDA
377	741	PAULO MONIZ	M	61		00:49:19	00:49:18	INDIVIDUAL
378	684	LÚÍS FIGUEIREDO	M	54		00:49:21	00:49:02	INDIVIDUAL
379	1046	BRUNO A N RIBEIRO	M	29		00:49:24	00:48:51	INDIVIDUAL
380	762	LUIS LEÃO	M	37		00:49:28	00:48:39	STANLEY TEAM

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
381	764	ALEXANDRE PEDROSA	M	40		00:49:28	00:48:36	STANLEY TEAM
382	754	JACINTO PEREIRA	M	57		00:49:30	00:48:49	LIS RUNNING CPA
383	385	HUGO MAGALHÃES	M	41		00:49:31	00:48:43	CLUBE VODAFONE
384	72	JOÃO P C ALVES	M	41		00:49:32	00:49:14	INDIVIDUAL
385	449	FRANCISCO GONÇALVES	M	21		00:49:33	00:48:54	INDIVIDUAL
386	896	ANA M FERREIRA	F	33		00:49:38	00:49:00	WEVENTUAL
387	1014	NOÉMIA SEQUEIRA	F	48		00:49:39	00:49:25	SS CGD
388	1128	ALEXANDRE RODRIGUES	M	49		00:49:43	00:49:18	INDIVIDUAL
389	514	PATRÍCIA FERREIRA	F	35		00:49:44	00:49:25	PLANTA PÉ/FISIO COM ALMA
390	255	RUI VIEIRA	M	41		00:49:44	00:49:04	INDIVIDUAL
391	596	ALEXANDRE CANTIGA	M	41		00:49:44	00:49:04	GD SANTANDER TOTTA
392	994	JORGE ATALAIA	M	35		00:49:45	00:49:02	GD BANCO BPI
393	363	HENRIQUE S MARTINS	M	56		00:49:46	00:49:01	INDIVIDUAL
394	49	LUIS F MOITEIRO	M	34		00:49:52	00:49:52	INDIVIDUAL
395	418	MIGUEL R GARCIA	M	42		00:49:54	00:49:39	INDIVIDUAL
396	146	AUGUSTO CARIA	M	63		00:49:56	00:49:12	MARGIL
397	147	VITOR MORAIS	M	57		00:49:57	00:49:13	MARGIL
398	575	PEDRO XAVIER	M	44		00:50:00	00:49:30	GD SANTANDER TOTTA
399	806	DIOGO S J PEREIRA	M	31		00:50:00	00:49:35	TRAÇADOS RUNNERS
400	534	RUI ALMEIDA	M	39		00:50:03	00:49:45	INDIVIDUAL
401	446	SOFIA VIEIRA	F	30		00:50:04	00:49:55	INDIVIDUAL
402	758	SUSANA AMEIXINHA	F	29		00:50:04	00:50:02	INDIVIDUAL
403	546	JOAQUIM RUIVO	M	41		00:50:06	00:49:22	INDIVIDUAL
404	162	MANUEL ANTUNES	M	47		00:50:07	00:49:50	INDIVIDUAL
405	28	RUBEN MARINHO	M	19		00:50:07	00:49:48	GD CHELAS
406	108	TIAGO COSTA	M	36		00:50:07	00:50:03	WIKABOO
407	132	JOANA MIRANDA	F	35		00:50:07	00:50:04	WIKABOO
408	175	MANUEL ROMANO	M	53		00:50:08	00:50:06	RUN 4 FUN
409	261	CARLA L S PERALTA	F	40		00:50:08	00:49:50	INDIVIDUAL
410	971	LUIS PEDRO V MONTEIRO	M	44		00:50:10	00:49:27	C MILLENNIUM BCP
411	148	JOÃO FERREIRA	M	60		00:50:10	00:49:13	AMIGOS FLOR
412	1017	PEDRO LOPES	M	37		00:50:10	00:49:30	SS CGD
413	857	PEDRO VILELA	M	37		00:50:13	00:49:32	INDIVIDUAL
414	669	FERNANDO FERREIRA	M	41		00:50:13	00:49:40	MENS
415	298	ANA F B S COUTINHO	F	29		00:50:13	00:49:29	INDIVIDUAL
416	258	VITOR M N A MARTINS	M	65		00:50:13	00:49:38	INDIVIDUAL
417	659	MÓNICA CARRUFA	F	32		00:50:15	00:49:40	INDIVIDUAL
418	658	RICARDO MOREIRA	M	50		00:50:15	00:49:40	INDIVIDUAL

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CLASSIFICAÇÃO GERAL

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
419	387	TITO F SANTOS	M	40		00:50:15	00:49:26	CLUBE VODAFONE
420	757	ANTÓNIO TORRES	M	57		00:50:18	00:50:02	INDIVIDUAL
421	879	NUNO A M AFONSO	M	38		00:50:20	00:49:12	INDIVIDUAL
422	316	HELDER GNDARINHO	M	47		00:50:23	00:50:11	APOGMA
423	150	GENTIL PEREIRA	M	42		00:50:23	00:49:25	AMIGOS FLOR
424	144	ANTÓNIO J VARELA	M	50		00:50:23	00:50:07	INDIVIDUAL
425	480	SERGIO M C RAMALHO	M	34		00:50:24	00:49:42	INDIVIDUAL
426	305	ALEXANDRE GONÇALVES	M	43		00:50:24	00:49:50	INDIVIDUAL
427	987	RICARDO MARTINS	M	42		00:50:28	00:49:47	GD BANCO BPI
428	262	CHO I LEI	F	21		00:50:30	00:50:19	MACAU
429	1043	RAQUEL A C CARVALHO	F	39		00:50:31	00:49:26	INDIVIDUAL
430	815	NUNO M B MARTINS	M	44		00:50:34	00:50:09	INDIVIDUAL
431	717	JOÃO FARINHA	M	31		00:50:39	00:50:12	SC CASAÍNHOS
432	61	SILVERIO BRAS	M	56		00:50:39	00:50:21	INDIVIDUAL
433	558	CARLOS GONÇALVES	M	60		00:50:42	00:50:18	LEBRES E TARTARUGAS
434	625	HELDER SIMAS	M	47		00:50:43	00:50:14	INDIVIDUAL
435	96	ORLANDO COUTO	M	61		00:50:47	00:50:34	4 AO KM
436	80	CARLOS M O SILVA	M	51		00:50:47	00:50:26	INDIVIDUAL
437	1023	BRUNO DIAS	M	39		00:50:48	00:50:08	SS CGD
438	149	MANUEL HORTELÃO	M	47		00:50:49	00:49:48	AMIGOS FLOR
439	52	LUÍS MARTINHO	M	30		00:50:51	00:50:37	INDIVIDUAL
440	343	JOSÉ MOGA	M	58		00:50:52	00:50:24	A VALE SILENCIO
441	12	TIAGO SILVA	M	23		00:50:53	00:50:24	GD CHELAS
442	646	MAFALDA HENRIQUES	F	41		00:50:53	00:50:43	INDIVIDUAL
443	470	BERTO MARINHO	M	72		00:50:53	00:50:24	CA PATAMEIRAS
444	630	JORGE M M MARTINS	M	25		00:50:54	00:49:51	INDIVIDUAL
445	332	CARLOS BARGADO	M	51		00:50:56	00:50:30	AÇOREANA
446	563	JORGE LOPES	M	41		00:50:56	00:50:34	GD CHELAS
447	504	NUNO TOMÁS	M	41		00:51:00	00:50:40	INDIVIDUAL
448	406	MATILDE CONCEICAO	F	23		00:51:00	00:50:34	INDIVIDUAL
449	975	RUI M S GARCIA	M	51		00:51:01	00:50:23	C MILLENNIUM BCP
450	142	ÁLVARO GOMES	M	42		00:51:02	00:50:51	INDIVIDUAL
451	907	HERLANDER C BRANCO	M	42		00:51:03	00:50:05	CORRER PARA COMER
452	559	GONÇALO GONÇALVES	M	22		00:51:04	00:50:40	LEBRES E TARTARUGAS
453	779	DIOGO GAMA	M	20		00:51:05	00:50:47	OS ATLETAS
454	985	ANTONIO F S P FERREIRA	M	49		00:51:07	00:50:59	C MILLENNIUM BCP
455	124	MIGUEL FONTES	M	35		00:51:09	00:50:14	GDCFA
456	174	JORGE S M PÊGO	M	39		00:51:11	00:50:13	CORRER PARA COMER

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Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO GERAL

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
457	747	SANDRA COVAL	F	37		00:51:13	00:51:04	INDIVIDUAL
458	682	PEDRO OLIVEIRA	M	37		00:51:14	00:50:41	MENS
459	83	VANDA AUGUSTO	F	61		00:51:14	00:51:04	LINDA-A-PASTORA SC
460	965	JOSE C S RODRIGUES	M	65		00:51:16	00:51:10	C MILLENNIUM BCP
461	542	CARLOS COSTA	M	45		00:51:16	00:51:11	CLUBE ANACOM
462	699	ISABEL FRANÇA	F	43		00:51:18	00:50:28	AMEG
463	221	CONCEIÇÃO LEAL	F	42		00:51:18	00:50:43	STARFISH
464	1029	TITO VIEIRA	M	34		00:51:18	00:50:36	COMPANHEIRO
465	697	ANTÓNIO E GONÇALVES	M	51		00:51:19	00:50:28	AMEG
466	785	PAULO B VARGAS	M	45		00:51:20	00:50:43	INDIVIDUAL
467	726	CARLOS A P SILVA	M	55		00:51:22	00:51:08	GM CORRIDA JAMOR
468	1097	PAULO J P PINHEIRO	M	47		00:51:22	00:50:51	C NOTURNA PARQUE NAÇÕES
469	858	JOSÉ P GONÇALVES	M	41		00:51:22	00:50:37	INDIVIDUAL
470	243	RICARDO ROSA	M	21		00:51:26	00:50:54	BELOURA RUNNERS
471	53	PAULO A R NUNES	M	43		00:51:30	00:51:07	CORRER LISBOA
472	579	LINO OLIVEIRA	M	70		00:51:32	00:51:32	GD SANTANDER TOTTA
473	1102	TIAGO PINTO	M	37		00:51:32	00:51:02	C NOTURNA PARQUE NAÇÕES
474	597	ANTONIO CASTRO	M	46		00:51:34	00:50:47	GD SANTANDER TOTTA
475	193	RUI CORREIA	M	40		00:51:35	00:50:57	GDCT IN CASA MOEDA
476	198	ALEXANDRA ALVES	F	38		00:51:35	00:50:58	GDCT IN CASA MOEDA
477	192	RICARDO ALVES	M	40		00:51:38	00:51:03	GDCT IN CASA MOEDA
478	196	RUI BRAZ	M	39		00:51:39	00:51:01	GDCT IN CASA MOEDA
479	584	JOÃO ROCHA	M	64		00:51:44	00:51:32	GD SANTANDER TOTTA
480	611	JOSE BARATA	M	55		00:51:44	00:51:18	GD SANTANDER TOTTA
481	791	FERNANDO M L GONÇALVES	M	48		00:51:45	00:51:02	INDIVIDUAL
482	865	PEDRO CORDEIRO	M	42		00:51:46	00:51:35	INDIVIDUAL
483	100	CARLOS M R SILVA	M	59		00:51:49	00:51:45	INDIVIDUAL
484	800	MIGUEL PEREIRA	M	43		00:51:49	00:51:47	INDIVIDUAL
485	854	RAFAEL V SANTOS	M	49		00:51:49	00:51:24	METRO 2011
486	656	VASCO FERREIRA	M	47		00:51:49	00:51:38	EUROCAIXILHO
487	32	LUIS BOLETO	M	39		00:51:50	00:51:17	GD CHELAS
488	256	RUI OLIVENÇA	M	42		00:51:51	00:51:49	RUN 4 FUN
489	259	LUIS R SILVA	M	48		00:51:52	00:51:15	RS RUNNERS
490	541	ROGÉRIO PINA	M	62		00:51:54	00:51:54	CLUBE ANACOM
491	301	JOSÉ PAULINO	M	60		00:51:56	00:51:37	CDM
492	300	DOMINGOS NETO	M	58		00:51:57	00:51:51	CDM
493	171	JOSÉ C PEREIRA	M	49		00:51:57	00:51:57	INDIVIDUAL
494	855	LUIS DIAS	M	34		00:52:00	00:51:53	INDIVIDUAL

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Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO GERAL

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
495	425	ANTÓNIO CARDOSO	M	49		00:52:02	00:51:51	INDIVIDUAL
496	358	TIAGO FLORENTINO	M	28		00:52:03	00:51:34	GLASSFISIOTEAM
497	1115	BRUNO F M SILVA	M	39		00:52:03	00:51:52	CASINO LISBOA
498	676	DUARTE FURTADO	M	28		00:52:05	00:51:27	INDIVIDUAL
499	805	BRUNO M C MARTINS	M	34		00:52:07	00:51:43	TRAÇADOS RUNNERS
500	962	LEONEL F F G BRANDAO	M	48		00:52:08	00:52:02	C MILLENNIUM BCP
501	1118	JOSE ROLÃO	M	59		00:52:09	00:51:45	INDIVIDUAL
502	389	ANTÓNIO J P RAMOS	M	61		00:52:09	00:51:57	PERNAS GAFANHOTO
503	104	LUÍS C FERNANDES	M	44		00:52:09	00:52:02	INDIVIDUAL
504	26	PEDRO CARVALHO	M	31		00:52:11	00:51:51	GD CHELAS
505	348	FERNANDO B MARQUES	M	66		00:52:12	00:52:04	CP EDP CARREGADO
506	1105	FERNANDO GIL	M	63		00:52:12	00:51:42	C NOTURNA PARQUE NAÇÕES
507	781	VÍTOR M C RODRIGUES	M	60		00:52:13	00:51:20	INDIVIDUAL
508	54	MARCO D S F SANTOS	M	36		00:52:14	00:52:03	INDIVIDUAL
509	318	JOSE G PIRES	M	46		00:52:15	00:52:02	APOGMA
510	737	RICARDO SANTOS	M	36		00:52:15	00:51:31	CORRER LISBOA
511	315	PAULO PIRES	M	51		00:52:16	00:52:03	APOGMA
512	1047	VANESSA PAIS	F	30		00:52:20	00:51:47	INDIVIDUAL
513	1089	JOEL A C SILVA	M	44		00:52:20	00:52:02	C NOTURNA PARQUE NAÇÕES
514	166	TITO L HENRIQUES	M	42		00:52:21	00:51:21	CORRER PARA COMER
515	365	DANILO TEIXEIRA	M	21		00:52:21	00:51:22	NPISCINAS
516	768	CARLOS CORREIA	M	50		00:52:22	00:51:54	ATLÉTICO VIA RARA
517	328	ARMANDO PARREIRA	M	47		00:52:22	00:51:57	AÇOREANA
518	769	JOSÉ CORREIA	M	58		00:52:23	00:51:54	ATLÉTICO VIA RARA
519	1039	PEDRO A N M MORAIS	M	46		00:52:23	00:51:35	INDIVIDUAL
520	224	JOSE L S REIS	M	55		00:52:26	00:51:35	INDIVIDUAL
521	787	CARLOS COSTA	M	45		00:52:28	00:52:05	PÉS DE CHUMBO
522	57	VERÓNICA INÁCIO	F	29		00:52:29	00:51:55	INDIVIDUAL
523	378	AGOSTINHO TORRES	M	55		00:52:29	00:52:05	AA AGUALVA
524	869	RICARDO MENDES	M	38		00:52:30	00:52:12	INDIVIDUAL
525	714	VICTOR RISCADO	M	45		00:52:31	00:52:12	INDIVIDUAL
526	1111	CARLOS DIAS	M	60		00:52:37	00:52:06	C NOTURNA PARQUE NAÇÕES
527	888	WENDER RODRIGUES	M	39		00:52:39	00:51:34	LEYATLETAS
528	390	PEDRO ALVAREZ	M	43		00:52:42	00:52:33	SFUAP
529	394	ANTONIA JORDÃO	F	38		00:52:42	00:52:32	SFUAP
530	393	MANUELA GONÇALVES	F	48		00:52:43	00:52:34	SFUAP
531	652	JOÃO M BATISTA	M	55		00:52:47	00:52:33	INDIVIDUAL
532	1085	BRUNO MAIA	M	34		00:52:49	00:52:26	INDIVIDUAL

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Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO GERAL

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
533	574	ANTONIO PATACA	M	44		00:52:51	00:52:41	LESMAS
534	710	CATARINA MOREIRA	F	28		00:52:55	00:52:47	TARTARUGAS SOLIDÁRIAS
535	69	JOÃO M P A CANHOTO	M	46		00:52:55	00:52:36	INDIVIDUAL
536	535	BRUNO ALMEIDA	M	32		00:52:55	00:52:21	ASAS
537	724	MIGUEL CASTELA	M	45		00:52:55	00:52:14	AA LEBRES SADO
538	749	EDITE SILVA	F	64		00:52:56	00:51:33	GDCT UNICRE
539	355	JOAO BELCHIOR	M	41		00:52:59	00:51:56	CORRER PARA COMER
540	1004	FRANCISCO CLERIGO	M	62		00:53:00	00:52:53	SS CGD
541	1091	PAULO TAINHA	M	52		00:53:01	00:52:36	C NOTURNA PARQUE NAÇÕES
542	264	MARGARIDA CHAMBEL	F	44		00:53:01	00:52:20	INDIVIDUAL
543	982	JOAQUIM M O FULGENCIO	M	58		00:53:02	00:52:41	C MILLENNIUM BCP
544	15	DIOGO COSTA	M	19		00:53:12	00:53:08	GD CHELAS
545	657	ABILIO TAVARES	M	61		00:53:12	00:53:06	INDIVIDUAL
546	583	CARLOS HENRIQUE	M	48		00:53:13	00:52:24	GD SANTANDER TOTTA
547	930	JOÃO ROSÁRIO	M	41		00:53:15	00:52:38	INDIVIDUAL
548	636	GONÇALO MARTINS	M	33		00:53:18	00:52:44	PATAS D URSO
549	893	MARISA RAMALHO	F	30		00:53:18	00:52:09	WEVENTUAL
550	271	NUNO FERREIRA	M	39		00:53:19	00:52:55	INDIVIDUAL
551	660	JOÃO SERRA	M	44		00:53:22	00:53:07	AÇOREANA
552	423	DIOGO MARQUES	M	33		00:53:24	00:52:37	AISSE TEAM
553	640	TIAGO N N SENDIM	M	26		00:53:28	00:53:28	INDIVIDUAL
554	1030	RICARDO RODRIGUES	M	29		00:53:29	00:52:47	COMPANHEIRO
555	400	MANUEL MENDES	M	42		00:53:30	00:53:13	INDIVIDUAL
556	536	MIGUEL A CARVALHO	M	40		00:53:33	00:52:37	SS CGD
557	814	AGESANDRO SILVA	M	41		00:53:34	00:53:21	INDIVIDUAL
558	306	PEDRO NUNES	M	43		00:53:35	00:52:46	INDIVIDUAL
559	388	GONCALO C M RIBEIRO	M	40		00:53:35	00:52:39	INDIVIDUAL
560	1022	TIAGO AVELAS	M	41		00:53:35	00:52:33	SS CGD
561	35	JOSE R COSTA	M	51		00:53:36	00:53:32	GD CHELAS
562	1002	FERNANDO ALVES	M	54		00:53:36	00:52:35	SS CGD
563	1134	JOAO BRANCO	M	56		00:53:36	00:53:08	INDIVIDUAL
564	65	ALMERINDO SILVA	M	56		00:53:37	00:52:36	ADC CATUJAL
565	818	GONÇALO ROSA	M	29		00:53:37	00:52:45	49:59 TEAM
566	402	VASCO A M NAZARIO	M	42		00:53:39	00:53:30	INDIVIDUAL
567	654	DAVID PENEDO	M	38		00:53:40	00:53:06	BANCO CTT
568	665	RICARDO DUQUE	M	37		00:53:41	00:53:09	MENS
569	666	TÂNIA DUQUE	F	36		00:53:41	00:53:10	MENS
570	509	MIGUEL DIAS	M	45		00:53:41	00:53:18	RUN 4 FUN

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Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO GERAL

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
571	797	LUIS GRAVE	M	58		00:53:46	00:53:10	OS ZATOPEQUES
572	475	ANTÓNIO PEREIRA	M	42		00:53:49	00:52:49	OS KAMARROS
573	616	DINIS SOUSA	M	74		00:53:50	00:53:00	GD SANTANDER TOTTA
574	373	FERNANDO SANTOS	M	63		00:53:52	00:53:03	AA AGUALVA
575	986	VASCO SANTOS	M	57		00:53:53	00:53:20	GD BANCO BPI
576	748	RICARDO M S SIMÕES	M	38		00:53:56	00:53:29	INDIVIDUAL
577	1068	JOAO BATISTA	M	62		00:53:56	00:53:43	SERVILUSA
578	680	VIRGILIO FERRAZ	M	67		00:54:00	00:53:51	SINDETELCO
579	969	ARTUR JORGE ALMEIDA LEITE	M	51		00:54:01	00:53:55	C MILLENNIUM BCP
580	889	VITOR SILVA	M	46		00:54:01	00:53:42	INDIVIDUAL
581	673	BRUNO DIAS	M	45		00:54:03	00:53:53	INDIVIDUAL
582	290	CECÍLIA NICOLAU	F	49		00:54:03	00:53:22	AA LEBRES SADO
583	429	JOSÉ COELHO	M	58		00:54:04	00:53:19	ADCR PJ
584	556	AMÉRICO CARVALHO	M	42		00:54:04	00:53:14	INDIVIDUAL
585	880	MÁRCIA OLIVEIRA	F	44		00:54:04	00:53:08	INDIVIDUAL
586	629	RUI RIBEIRO	M	44		00:54:06	00:53:37	INDIVIDUAL
587	405	JOANA F M SILVA	F	23		00:54:09	00:53:43	INDIVIDUAL
588	911	SANDRA GONÇALVES	F	30		00:54:09	00:53:58	OS GLORIOSOS
589	257	JOÃO SEQUEIRA	M	40		00:54:14	00:53:32	CORRER LISBOA
590	830	PEDRO DELGADO	M	67		00:54:15	00:53:16	TEJAVISTA
591	838	ROGÉRIO DIAS	M	44		00:54:16	00:53:31	INDIVIDUAL
592	497	SANDRA SILVA	F	44		00:54:17	00:53:26	CP IVA
593	789	JOAO CUNHA	M	47		00:54:17	00:54:00	INDIVIDUAL
594	459	SÉRGIO GONÇALVES	M	38		00:54:19	00:53:42	OS QUEBRA-MILHAS
595	681	CARLOS CABRAL	M	55		00:54:22	00:54:14	SINDETELCO
596	631	HUGO M M DIAS	M	25		00:54:22	00:53:18	INDIVIDUAL
597	775	LUIS L VIEIRA	M	44		00:54:23	00:53:43	INDIVIDUAL
598	820	RICARDO VAZ	M	37		00:54:27	00:54:09	INDIVIDUAL
599	90	ANTÓNIO ALMEIDA	M	51		00:54:30	00:53:38	INDIVIDUAL
600	304	VITOR GONÇALVES	M	46		00:54:36	00:53:33	4 AO KM
601	303	ISADORA COSTA	F	28		00:54:37	00:53:34	4 AO KM
602	557	MELANIE LEDET	F	25		00:54:40	00:54:18	AR BIR HAKHEIM
603	551	ALVARO FERREIRA	M	48		00:54:41	00:54:33	CDM
604	870	ROGÉRIO CIRÍACO	M	39		00:54:42	00:53:35	INDIVIDUAL
605	1117	NUNO SILVA	M	29		00:54:43	00:54:23	INDIVIDUAL
606	533	ANTÓNIO P TEIXEIRA	M	39		00:54:43	00:53:55	RUN4CHILDREN
607	506	PAULO J S CARAMUJO	M	51		00:54:44	00:54:24	INDIVIDUAL
608	505	JUAN A E PEREIRA	M	56		00:54:45	00:54:26	INDIVIDUAL

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Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO GERAL

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
609	122	NUNO ALMEIDA	M	36		00:54:45	00:53:57	ANSELMINHOS
610	756	MARISA SERRA	F	45		00:54:46	00:53:58	INDIVIDUAL
611	278	TÂNIA SARAIVA	F	37		00:54:47	00:54:12	STARFISH
612	482	BRUNO F S M P SOUSA	M	37		00:54:47	00:53:54	LOS CAMPEONES
613	883	JUAN DA SILVA	M	38		00:54:50	00:54:18	INDIVIDUAL
614	894	PAULO J L ANGÉLICA	M	38		00:54:50	00:53:25	WEVENTUAL
615	704	PAULO CARVALHO	M	46		00:54:51	00:53:29	INDIVIDUAL
616	1132	LUIS SILVA	M	51		00:54:53	00:54:36	INDIVIDUAL
617	419	JORGE LOPES	M	49		00:54:54	00:54:28	INDIVIDUAL
618	427	JORGE C REIS	M	41		00:54:54	00:54:24	INDIVIDUAL
619	123	SUSANA PEDRO	F	29		00:54:55	00:53:59	GDCFA
620	555	RODOLFO A D F RAPAÇ	M	44		00:54:56	00:53:51	INDIVIDUAL
621	413	GABRIEL ANTONIO	M	52		00:54:59	00:53:44	URD ARRANHÒ
622	1164	DUARTE COSTA	M	32		00:55:02	00:54:56	CORRER LISBOA
623	330	ANTÓNIO FIGUEIREDO	M	44		00:55:04	00:53:59	AÇOREANA
624	339	FERNANDO CELESTINO	M	57		00:55:05	00:54:11	AÇOREANA
625	1012	LUIS SILVA	M	46		00:55:05	00:54:46	SS CGD
626	424	JOÃO GRAVITO	M	33		00:55:06	00:54:19	AISSE TEAM
627	324	TAM AFONSO	M	63		00:55:06	00:54:16	AÇOREANA
628	835	JOÃO BORGES	M	48		00:55:08	00:54:10	TEJAVISTA
629	976	ANTONIO J G D SANTOS	M	57		00:55:09	00:55:01	C MILLENNIUM BCP
630	687	MARGARIDA GONÇALVES	F	48		00:55:10	00:54:48	RUN 4 FUN
631	236	JOÃO C PEREIRA	M	33		00:55:11	00:54:25	GD MOURARIA
632	885	LUÍS NÓBREGA	M	34		00:55:13	00:54:09	LEYATLETAS
633	633	ROBERTO BETTENCOURT	M	40		00:55:18	00:55:08	INDIVIDUAL
634	342	ANDREIA OLIVEIRA	F	37		00:55:20	00:54:58	GEORUNNERS
635	928	NUNO NEVES	M	45		00:55:22	00:54:45	UGC
636	182	SUSANA T SANTOS	F	41		00:55:23	00:54:23	INDIVIDUAL
637	228	RUI PINTO	M	44		00:55:25	00:54:24	XEROX ROADRUNNERS
638	268	ANTONIO CASTANHEIRA	M	73		00:55:27	00:54:35	OS INDOMAVEIS
639	135	JOSÉ A ALVES	F	58		00:55:27	00:55:14	INDIVIDUAL
640	1059	ANTONIO A FERNANDES	M	79		00:55:28	00:55:28	INDIVIDUAL
641	266	ANTONIO SIVA	M	60		00:55:29	00:54:37	OS INDOMAVEIS
642	269	JERONIMO SANTOS	M	72		00:55:30	00:55:30	OS INDOMAVEIS
643	141	CARLOS PENA	M	47		00:55:30	00:55:18	CORRER POR GOSTO
644	477	GUSTAVO MENDES	M	43		00:55:31	00:54:31	OS KAMARROS
645	484	ANDRÉ M R AZEVEDO	M	29		00:55:31	00:54:37	LIFE EMOTIONS
646	125	ISABEL LUIS	F	41		00:55:32	00:54:30	CORRER PARA COMER

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Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO GERAL

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
647	359	PEDRO M P GIL	M	38		00:55:34	00:54:35	INDIVIDUAL
648	1100	MIGUEL CRUZ	M	46		00:55:36	00:55:05	C NOTURNA PARQUE NAÇÕES
649	979	PAULO H C REBOCHO	M	51		00:55:37	00:54:43	C MILLENNIUM BCP
650	845	LUIS BARRETO	M	44		00:55:41	00:54:53	INDIVIDUAL
651	307	MIGUEL SANCHES	M	36		00:55:41	00:54:52	PORTELA FANS
652	308	VERA SANCHES	F	36		00:55:41	00:54:52	PORTELA FANS
653	1073	ANTONIO LIMA	M	53		00:55:49	00:55:03	AB CAMPOLIDE
654	472	CONSTÂNCIO ALMEIDA	M	56		00:55:53	00:55:01	GA MONSANTO/GASCAN
655	97	MIGUEL MARQUES	M	38		00:55:55	00:55:18	INDIVIDUAL
656	996	MARTA BILRO	F	31		00:55:56	00:55:19	INDIVIDUAL
657	249	RENZO AMARAL	M	39		00:56:00	00:56:00	BELOURA RUNNERS
658	380	RICARDO CARVALHO	M	42		00:56:01	00:54:57	BANCO CTT
659	127	SANDRO PRATES	M	37		00:56:05	00:55:15	ESQUILOS CORREDORES
660	725	LUIS DAVID	M	29		00:56:12	00:55:12	INDIVIDUAL
661	443	HELENA CUNHA	M	57		00:56:12	00:55:38	ASAS
662	442	ANTÓNIO S MARQUES	M	67		00:56:12	00:55:38	ASAS
663	528	INÊS ALBUQUERQUE	F	35		00:56:13	00:55:38	INDIVIDUAL
664	802	JOÃO MALHA	M	36		00:56:19	00:55:43	INDIVIDUAL
665	86	PEDRO GONCALVES	M	42		00:56:21	00:55:22	TURBOLENTOS
666	68	FRANCISCO J R ANDRÉ	M	50		00:56:30	00:56:23	CD MAFRA
667	650	MARIO R COSTA	M	61		00:56:30	00:55:41	GD SANTANDER TOTTA
668	600	LUCIO SILVA	M	49		00:56:31	00:55:18	GD SANTANDER TOTTA
669	522	MÁRIO FERRO	M	63		00:56:35	00:56:21	C FERROVE PORTUGAL
670	1051	ANA RODRIGUES	F	35		00:56:36	00:56:12	INDIVIDUAL
671	811	JORGE ALMEIDA	M	30		00:56:41	00:55:39	INDIVIDUAL
672	392	ANA MONTEIRO	F	30		00:56:45	00:56:10	SFUAP
673	1104	ALEXANDRE L M GOMES	M	23		00:56:46	00:56:11	C NOTURNA PARQUE NAÇÕES
674	1090	MARIA MAGRO	F	42		00:56:47	00:56:12	C NOTURNA PARQUE NAÇÕES
675	564	BRUNO CAFÉ	M	40		00:56:49	00:56:32	EX-IM
676	199	JOSÉ BANDEIRA	M	57		00:56:51	00:56:11	GDCT IN CASA MOEDA
677	999	JOSÉ MESTRE	M	58		00:56:52	00:55:58	GD BANCO BPI
678	591	CARLOS B PEREIRA	M	45		00:56:53	00:56:39	GD SANTANDER TOTTA
679	696	PAULO J M NOGUEIRA	M	50		00:56:54	00:56:32	INDIVIDUAL
680	239	JOÃO VASCONCELOS	M	54		00:56:55	00:56:50	INDIVIDUAL
681	638	MANUEL OLIVEIRA	M	76		00:56:56	00:55:58	AAE BNU
682	728	RUI ABRANTES	M	53		00:56:56	00:56:23	A SKY FITNESS
683	1131	JOAO PINTO	M	55		00:56:57	00:56:52	CORRIDA NOTURNA PARQUE NAÇÕES
684	1058	JOAO ALMEIDA	M	38		00:56:57	00:56:34	INDIVIDUAL

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Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO GERAL

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
685	929	LUIS VICENTE	M	39		00:56:58	00:56:18	INDIVIDUAL
686	197	VASCO FERREIRA	M	40		00:56:58	00:56:20	GDCT IN CASA MOEDA
687	692	RENATA JESUS	F	35		00:57:01	00:55:59	INDIVIDUAL
688	230	CARLOS F BRANCO	M	33		00:57:02	00:56:01	XEROX ROADRUNNERS
689	716	VANDA FERREIRA	F	44		00:57:02	00:56:33	SC CASAÍNHOS
690	686	Mª JOÃO HORTA	F	49		00:57:06	00:56:41	INDIVIDUAL
691	886	RENATO ANDRADE	M	39		00:57:08	00:56:03	LEYATLETAS
692	76	CARLOS CARDOSO	M	50		00:57:09	00:56:53	ALVERCA URBAN RUNNERS
693	66	JOÃO PASSEIRO	M	53		00:57:12	00:56:11	ADC CATUJAL
694	67	SÉRGIO TELES	M	31		00:57:13	00:56:12	ADC CATUJAL
695	895	BRUNO CARVALHO	M	30		00:57:18	00:55:53	WEVENTUAL
696	1135	ESMERALDO GONÇALVES	M	43		00:57:19	00:56:54	INDIVIDUAL
697	515	JORGE FERREIRA	M	51		00:57:32	00:56:48	RUNNING OF Dª MARIA
698	250	LUÍS SILVESTRE	M	48		00:57:34	00:57:03	BELOURA RUNNERS
699	231	JOÃO FINO	M	49		00:57:35	00:57:04	XEROX ROADRUNNERS
700	609	JOEL PONTE	M	26		00:57:35	00:56:41	GD SANTANDER TOTTA
701	653	PEDRO SOUSA	M	30		00:57:38	00:57:03	BANCO CTT
702	46	MARIA BICA	F	42		00:57:38	00:57:37	GD CHELAS
703	471	ANTÓNIO REYES	M	62		00:57:39	00:56:49	GA MONSANTO/GASCAN
704	159	TIAGO H C C FERREIRA	M	20		00:57:41	00:56:39	CORRER PARA COMER
705	648	DIAMANTINO ALBUQUERQUE	M	62		00:57:43	00:57:24	CDM
706	273	CARLOS FERREIRA	M	59		00:57:47	00:57:04	ND AUTOCOOPE
707	562	ANDRÉ CATELA	M	20		00:57:50	00:57:28	LEBRES E TARTARUGAS
708	520	PAULO GONCALVES	M	43		00:57:50	00:56:40	INDIVIDUAL
709	881	MIGUEL FIGUEIREDO	M	46		00:57:51	00:56:55	INDIVIDUAL
710	615	VITOR TEIXEIRA	M	56		00:57:53	00:57:02	GD SANTANDER TOTTA
711	55	CARLOS CORTÊS	M	52		00:57:54	00:56:57	INDIVIDUAL
712	214	HELDER ALEXANDRE	M	41		00:57:55	00:57:55	STARFISH
713	45	NELMA CARVALHO	F	50		00:57:59	00:57:58	GD CHELAS
714	868	SÉRGIO G S VALENTE	M	40		00:58:01	00:57:28	INDIVIDUAL
715	492	JOAQUIM VENÂNCIO	M	59		00:58:03	00:57:15	CLUBE OGMA
716	407	PEDRO M H VAZ	M	34		00:58:04	00:57:51	GD PERNAS PARA QUE TE QUERO
717	493	CARLOS SEQUEIRA	M	53		00:58:04	00:57:16	CLUBE OGMA
718	494	JOÃO SIMÕES	M	52		00:58:04	00:57:16	CLUBE OGMA
719	223	JULIETA SANTOS	F	56		00:58:24	00:57:44	TARTARUGAS SOLIDÁRIAS
720	398	PAULA LEITÃO	F	37		00:58:26	00:57:25	INDIVIDUAL
721	151	ANABELA PEREIRA	F	43		00:58:26	00:57:27	AMIGOS FLOR
722	336	NUNO ESPÍRITO SANTO	M	46		00:58:28	00:57:35	AÇOREANA

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CLASSIFICAÇÃO GERAL

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
723	319	PAULO PEREIRA	M	49		00:58:29	00:57:34	AÇOREANA
724	957	EDGAR P OLIVEIRA	M	42		00:58:29	00:57:48	I AM FIT
725	216	NUNO FERNANDES	M	39		00:58:29	00:56:56	STARFISH
726	94	JOÃO LIMA	M	56		00:58:29	00:57:36	4 AO KM
727	217	SOFIA GOMES	F	40		00:58:30	00:56:57	STARFISH
728	401	AURÉLIO CALADO	M	66		00:58:34	00:57:48	4 AO KM
729	1000	ANTONIO CARPINTEIRO	M	71		00:58:34	00:58:07	SS CGD
730	639	JOAO BRANCO	M	68		00:58:34	00:57:48	AAE BNU
731	455	ANA CARDOSO	F	50		00:58:36	00:58:26	INDIVIDUAL
732	955	MARIANA L SILVA	F	36		00:58:38	00:57:57	I AM FIT
733	632	TELMA F L M PEREIRA	F	26		00:58:39	00:57:36	INDIVIDUAL
734	1018	RITA QUEIROZ	F	44		00:58:40	00:58:14	SS CGD
735	839	MÁRIO SOBRAL	M	41		00:58:47	00:57:47	CORRER LISBOA
736	1015	PATRICIA TAVARES	F	37		00:58:50	00:58:24	SS CGD
737	1138	CARLOS CORREIA	M	48		00:58:53	00:57:57	INDIVIDUAL
738	314	DEOLINDA SANTOS	F	45		00:59:07	00:58:48	INDIVIDUAL
739	483	INÊS O CABANAS	F	25		00:59:09	00:58:14	LIFE EMOTIONS
740	610	IVO LIMA	M	39		00:59:11	00:58:40	GD SANTANDER TOTTA
741	33	ABILIO MARCOS	M	51		00:59:17	00:59:10	GD CHELAS
742	1037	PAULO ASSUNCAO	M	45		00:59:21	00:58:15	INDIVIDUAL
743	103	PEDRO RESENDE	M	44		00:59:24	00:58:34	INDIVIDUAL
744	709	ANTONIO ANTUNES	M	54		00:59:25	00:59:09	ABRE
745	548	RUI X JÚLIO	M	41		00:59:26	00:58:58	LOGOVIMOS
746	821	NUNO D M GOMES	M	46		00:59:30	00:58:36	INDIVIDUAL
747	172	JOÃO SIMAS	M	35		00:59:32	00:58:56	GIRASSOL FORMULA 1
748	421	RICARDO AMENDOEIRA	M	22		00:59:35	00:58:31	RUN ALMOND, RUN
749	360	JOSÉ J P GIL	M	44		00:59:35	00:58:38	INDIVIDUAL
750	404	MARIANA F POMBINHO	F	23		00:59:39	00:59:14	INDIVIDUAL
751	798	JOAO NORONHA	M	40		00:59:42	00:58:35	INDIVIDUAL
752	220	CATARINA FONSECA	F	40		00:59:43	00:59:07	STARFISH
753	474	LUÍS ANTUNES	M	54		00:59:45	00:58:53	GA MONSANTO/GASCAN
754	43	ABEL COSTA	M	58		00:59:47	00:59:42	GD CHELAS
755	1057	MANUEL CASALTA	M	65		00:59:48	00:59:24	INDIVIDUAL
756	745	CECÍLIA TAVARES	F	49		00:59:48	00:59:28	WE RUNNING
757	809	ANA R ANDRADE	F	39		00:59:49	00:58:52	INDIVIDUAL
758	116	ORLANDO RODRIGUES	M	51		00:59:51	00:59:23	SLOWRUNNERS
759	866	LUIS M T SILVA	M	46		00:59:51	00:59:34	INDIVIDUAL
760	115	PAULO SANTOS	M	41		00:59:51	00:59:23	SLOWRUNNERS

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
761	720	LUIS M MOUTINHO	M	44		00:59:51	00:59:35	GIL EANES RUNNING
762	810	JOÃO LOPES	M	47		00:59:52	00:58:49	CA VALE FIGUEIRA
763	824	ANA C N S PEREIRA	F	50		00:59:53	00:58:48	INDIVIDUAL
764	661	CATARINA AFONSO	F	32		00:59:54	00:59:31	INDIVIDUAL
765	469	LUCINDA TAVARES	F	39		00:59:55	00:58:59	CA PATAMEIRAS
766	79	ANTONIO M HENRIQUES	M	57		00:59:57	00:59:00	INDIVIDUAL
767	1078	FERNANDO SILVA	M	69		01:00:00	00:59:13	AB CAMPOLIDE
768	24	FERNANDO MARQUES	M	53		01:00:03	00:59:53	GD CHELAS
769	713	FILIPA PAES	F	40		01:00:13	00:59:31	INDIVIDUAL
770	581	MÁRIO R COSTA	M	40		01:00:13	00:59:23	GD SANTANDER TOTTA
771	204	ANA ALMEIDA	F	32		01:00:15	00:59:27	INDIVIDUAL
772	817	GONÇALO D SANTOS	M	29		01:00:19	00:59:27	INDIVIDUAL
773	1019	RUI JOSÉ OLIVEIRA	M	49		01:00:20	01:00:14	SS CGD
774	793	JOSÉ COSTA ALVES	M	46		01:00:24	01:00:24	INDIVIDUAL
775	829	JOÃO PARRA	M	60		01:00:25	00:59:27	TEJAVISTA
776	877	CARLOS PARDELHA	M	51		01:00:31	01:00:29	INDIVIDUAL
777	89	JOANA SIMÕES	F	34		01:00:32	01:00:07	INDIVIDUAL
778	1054	CARLOS A P SIOPA	M	52		01:00:34	00:59:28	INDIVIDUAL
779	29	LEOPOLDINO MARCELINO	M	76		01:00:38	01:00:14	GD CHELAS
780	152	DAVID V GOMES	M	38		01:00:40	00:59:36	INDIVIDUAL
781	539	ROSÁRIO MATOS	F	49		01:00:40	01:00:22	CLUBE ANACOM
782	540	SÉRGIO ANTUNES	M	49		01:00:41	01:00:23	CLUBE ANACOM
783	595	SHEILA CANTIGA	F	40		01:00:42	01:00:03	GD SANTANDER TOTTA
784	582	SUSANA GUERREIRO	F	39		01:00:42	00:59:51	GD SANTANDER TOTTA
785	961	RODOLFO J C LIMA	M	49		01:00:43	01:00:00	C MILLENNIUM BCP
786	703	VANDA NOGUEIRA	F	41		01:00:52	00:59:31	INDIVIDUAL
787	878	HERMÍNIO COSTA	M	54		01:00:54	01:00:33	INDIVIDUAL
788	128	EDUARDO AMORIM	M	44		01:00:55	00:59:46	INDIVIDUAL
789	816	SUSANA BRAZINHA	F	38		01:00:56	01:00:15	INDIVIDUAL
790	450	FRANCISCO PRATES	M	68		01:00:57	01:00:13	AA LEBRES SADO
791	36	ARTUR MARCELINO	M	57		01:00:58	01:00:31	GD CHELAS
792	244	HENRIQUE ROSA	M	20		01:00:59	01:00:28	BELOURA RUNNERS
793	608	JOSÉ MONTEIRO	M	67		01:00:59	01:00:54	GD SANTANDER TOTTA
794	1107	RUI LAGINHA	M	47		01:01:01	01:00:23	C NOTURNA PARQUE NAÇÕES
795	523	MARLENE OLIVEIRA	F	43		01:01:03	01:00:33	INDIVIDUAL
796	977	FERNANDO H R FERREIRA	M	69		01:01:04	01:00:09	C MILLENNIUM BCP
797	690	PATRICIA FERREIRA	F	40		01:01:05	01:01:05	INDIVIDUAL
798	964	ANTONIO F S SOUSA	M	69		01:01:05	00:59:50	C MILLENNIUM BCP

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Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO GERAL

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
799	751	MARCELO CARDOSO	M	47		01:01:06	01:00:52	GDCT UNICRE
800	200	DANIELA PACHECO	F	38		01:01:08	01:00:29	GDCT IN CASA MOEDA
801	313	RUI M LUIS	M	58		01:01:09	01:00:40	INDIVIDUAL
802	134	PEDRO CARVALHO	M	21		01:01:10	01:00:49	ALVERCA URBAN RUNNERS
803	133	CRISTINA LINO	F	49		01:01:11	01:00:50	ALVERCA URBAN RUNNERS
804	1079	MARIA JOAO	F	29		01:01:15	01:00:28	AB CAMPOLIDE
805	934	JOAO CASTRO	M	55		01:01:18	01:01:07	CLUBE ANACOM
806	1016	PAULO BAILÃO	M	45		01:01:24	01:00:43	SS CGD
807	603	PEDRO DIAS	M	44		01:01:31	01:01:02	GD SANTANDER TOTTA
808	1040	PEDRO F C MARTINS	M	38		01:01:33	01:00:44	INDIVIDUAL
809	655	RUI MELÃO	M	52		01:01:33	01:00:35	INDIVIDUAL
810	242	PAULO ROSA	M	48		01:01:37	01:01:06	BELOURA RUNNERS
811	93	PEDRO FERREIRA	M	41		01:01:44	01:00:41	CORRER PARA COMER
812	158	HENRIQUE M C C FERREIRA	M	48		01:01:44	01:00:41	CORRER PARA COMER
813	923	RITA FACHADAS	F	21		01:01:46	01:01:40	A NATUREZA ENSINA
814	210	ANDREIA SILVA	F	36		01:01:48	01:01:03	INDIVIDUAL
815	852	DANIEL M FEITEIRONA	M	33		01:01:52	01:00:47	INDIVIDUAL
816	844	SARA LOPES	F	30		01:01:52	01:00:47	INDIVIDUAL
817	990	RUI VIGOÇO	M	71		01:01:52	01:00:57	GD BANCO BPI
818	201	FABIO GAUDENCIO	M	33		01:01:58	01:01:11	INDIVIDUAL
819	1066	CARLA VITORINO	F	41		01:02:00	01:01:27	SERVILUSA
820	1064	TANIA SALES	F	39		01:02:00	01:01:27	SERVILUSA
821	861	DIANA GONÇALVES	F	31		01:02:01	01:01:27	PUMP RUNNERS
822	202	ALINE SANTOS	F	35		01:02:02	01:01:15	INDIVIDUAL
823	825	CÉLIA CARVALHO	F	35		01:02:02	01:01:20	CCD-AT
824	14	HUGO M COSTA	M	19		01:02:04	01:01:37	GD CHELAS
825	782	PAULA L S CAFÉ	F	42		01:02:05	01:01:55	INDIVIDUAL
826	945	JOÃO VAZ	M	34		01:02:06	01:01:30	INDIVIDUAL
827	340	DAVID ISAAC	M	20		01:02:09	01:01:08	AÇOREANA
828	329	FAUSTO ISAAC	M	46		01:02:09	01:01:08	AÇOREANA
829	840	SÉRGIO GONÇALVES	M	36		01:02:12	01:01:29	INDIVIDUAL
830	399	FERNANDO FILIPE	M	46		01:02:14	01:01:04	INDIVIDUAL
831	454	JOÃO PEREIRA	M	36		01:02:15	01:01:59	INDIVIDUAL
832	453	CELINA JORGE	F	33		01:02:16	01:02:00	INDIVIDUAL
833	863	LUIS V SILVA	M	47		01:02:17	01:01:11	PORTIRISH
834	862	JOAN WILSON	F	50		01:02:17	01:01:11	PORTIRISH
835	997	ALBERTO SANTOS	M	59		01:02:18	01:01:23	GD BANCO BPI
836	113	BRUNO M J PALMA	M	32		01:02:19	01:01:13	BP&JP

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CLASSIFICAÇÃO GERAL

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
837	998	ANTÓNIO M SANCHES	M	59		01:02:19	01:01:23	GD BANCO BPI
838	219	CARLOS MUSTRA	M	39		01:02:22	01:01:45	STARFISH
839	218	FILIPA MONTE	F	38		01:02:22	01:01:46	STARFISH
840	763	PAULO ROSA	M	38		01:02:23	01:01:32	STANLEY TEAM
841	1120	SONIA DOMINGUES	F	38		01:02:24	01:01:52	INDIVIDUAL
842	1121	ISABEL DIAS	F	47		01:02:24	01:01:53	INDIVIDUAL
843	1083	PAULO FIGUEIREDO	M	37		01:02:27	01:01:43	INDIVIDUAL
844	1084	JOANA FIGUEIREDO	F	33		01:02:27	01:01:43	INDIVIDUAL
845	288	VÍTOR LUCAS	M	52		01:02:31	01:02:08	BREAKAWAY
846	34	FRANCISCO MEDEIROS	M	46		01:02:37	01:02:07	GD CHELAS
847	232	MAURA TEIXEIRA	F	30		01:02:42	01:00:27	XEROX ROADRUNNERS
848	833	DANIELA MOURA	F	56		01:02:54	01:01:56	TEJAVISTA
849	463	JORGE BORREICHO	M	37		01:03:02	01:02:18	WHAT EVER
850	823	ALEXANDRA PAULA	F	48		01:03:02	01:02:00	INDIVIDUAL
851	532	Mª CECÍLIA NUNES	F	49		01:03:03	01:02:19	WHAT EVER
852	836	SÉRGIO M M OLIVEIRA	M	44		01:03:03	01:02:05	INDIVIDUAL
853	605	LUIS SILVA	M	74		01:03:06	01:02:41	GD SANTANDER TOTTA
854	644	RICARDO M GASPAR	M	62		01:03:09	01:02:13	INDIVIDUAL
855	87	TERESA SANTOS	F	42		01:03:12	01:02:15	TURBOLENTOS
856	362	JOSÉ J C SANTOS	M	50		01:03:13	01:02:34	INDIVIDUAL
857	361	JOAQUIM M C SANTOS	M	64		01:03:13	01:02:34	INDIVIDUAL
858	368	FRANCISCO TEIXEIRA	M	43		01:03:14	01:02:19	INDIVIDUAL
859	187	JOSÉ ABREU	M	68		01:03:16	01:02:42	GDCT IN CASA MOEDA
860	185	ANTONIO NASCIMENTO	M	75		01:03:17	01:02:41	GDCT IN CASA MOEDA
861	1103	SÓNIA C MOR	F	35		01:03:20	01:02:50	C NOTURNA PARQUE NAÇÕES
862	1049	ZELIA M G S GODINHO	F	48		01:03:22	01:03:17	INDIVIDUAL
863	931	SOFIA GOMES	F	36		01:03:23	01:02:52	INDIVIDUAL
864	58	MARIANA FERNANDES	F	31		01:03:26	01:02:51	INDIVIDUAL
865	701	DILEK SENER	F	38		01:03:30	01:03:08	D&S
866	700	SERGIO BASTOS	M	40		01:03:31	01:03:10	D&S
867	620	DOMINGOS DA COSTA	M	67		01:03:32	01:02:36	INDIVIDUAL
868	501	RICARDO CALDEIRA	M	39		01:03:32	01:02:41	CP IVA
869	253	CARLOS SEPULVEDA	M	42		01:03:32	01:02:39	INDIVIDUAL
870	766	ISABEL M S B CARDOSO	F	50		01:03:35	01:03:14	INDIVIDUAL
871	282	ADELAIDE PÔRTO	F	49		01:03:40	01:03:27	INDIVIDUAL
872	1065	EVA CAETANO	F	34		01:03:47	01:03:13	SERVILUSA
873	585	JOSÉ RIBEIRO	M	71		01:03:51	01:03:15	GD SANTANDER TOTTA
874	130	PAULA C B M SILVA	F	48		01:03:53	01:03:27	INDIVIDUAL

CORRIDA DO ORIENTE 2016 - 05/06/2016

Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO GERAL

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
875	547	FILIPE M SILVA	M	41		01:03:55	01:03:27	LOGOVIMOS
876	38	JORGE GUERRA	M	48		01:04:02	01:03:34	GD CHELAS
877	978	LEONEL C FERREIRINHA	M	68		01:04:08	01:03:13	C MILLENNIUM BCP
878	761	CARLA AMARAL	F	40		01:04:09	01:03:19	STANLEY TEAM
879	338	IDALINA MADEIRA	F	55		01:04:12	01:03:16	AÇOREANA
880	498	SUSANA PALMA	F	41		01:04:13	01:03:21	CP IVA
881	499	ALTINO SILVA	M	71		01:04:13	01:03:21	CP IVA
882	1077	JOAQUIM CORREIA	M	54		01:04:14	01:03:53	AB CAMPOLIDE
883	799	ANABELA VENTURA	F	39		01:04:17	01:03:35	INDIVIDUAL
884	1092	SANDRA I CAMPOS	F	42		01:04:17	01:03:46	C NOTURNA PARQUE NAÇÕES
885	1050	SANDRA INACIO	F	42		01:04:18	01:03:54	INDIVIDUAL
886	1094	LUIS M A TOMÉ	M	41		01:04:19	01:03:47	C NOTURNA PARQUE NAÇÕES
887	1067	CATARINA GIL	F	42		01:04:20	01:03:47	SERVILUSA
888	960	JORGE H A COLACO	M	56		01:04:21	01:03:27	C MILLENNIUM BCP
889	947	TERESA PERES	F	36		01:04:23	01:03:51	INDIVIDUAL
890	624	LUIS SILVEIRA	M	61		01:04:23	01:03:51	INDIVIDUAL
891	160	MANUEL A SANTOS	M	77		01:04:31	01:03:19	OUR ESPIRITO SANTO
892	503	ANTÓNIO RODRIGUES	M	39		01:04:33	01:04:13	INDIVIDUAL
893	460	CLÁUDIA TEIXEIRA	F	36		01:04:34	01:03:57	OS QUEBRA-MILHAS
894	95	EBERHARD WILHELM	M	68		01:04:52	01:04:38	4 AO KM
895	92	JOSE NOGUEIRA	M	55		01:04:57	01:04:19	INDIVIDUAL
896	1069	GABRIELA MARQUES	F	38		01:04:57	01:04:19	INDIVIDUAL
897	169	SILVIA M G VICENTE	F	44		01:04:57	01:04:19	INDIVIDUAL
898	586	SOLANGE FIGUEIRA	F	38		01:05:03	01:04:23	GD SANTANDER TOTTA
899	521	ARIANA ROCHA	F	26		01:05:05	01:04:50	INDIVIDUAL
900	1099	DOMINGOS ROSÁRIO	M	52		01:05:07	01:04:32	C NOTURNA PARQUE NAÇÕES
901	321	MÓNICA QUARENTA	F	42		01:05:10	01:04:57	AÇOREANA
902	326	CLAÚDIA TAM	F	34		01:05:10	01:03:52	AÇOREANA
903	940	JOSÉ M SIMÕES	M	60		01:05:22	01:05:02	GEORUNNERS
904	538	FILIPE MARQUES	M	24		01:05:24	01:04:34	INDIVIDUAL
905	537	JORGE F MARQUES	M	50		01:05:24	01:04:34	INDIVIDUAL
906	635	ANTONIO BILA	M	59		01:05:40	01:04:52	INDIVIDUAL
907	543	ILÍDIO MONTEIRO	M	66		01:05:41	01:04:54	BE SMART
908	1124	CATIA MARTINS	F	25		01:05:46	01:04:59	INDIVIDUAL
909	613	TIAGO VEIGA	M	32		01:05:59	01:05:06	GD SANTANDER TOTTA
910	1163	ATLETA NÃO CADASTRADO	M	0		01:06:02	01:05:01	
911	719	ANA DIAS	F	35		01:06:08	01:05:48	WE RUNNING
912	909	NUNO SANTOS	M	40		01:06:09	01:05:04	LEYATLETAS

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Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO GERAL

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
913	715	MARTA BAPTISTA	F	25		01:06:10	01:05:41	SC CASAÍNHOS
914	364	NILTON TEIXEIRA	M	45		01:06:11	01:05:08	NPISCINAS
915	367	DAVID SERRA	M	31		01:06:19	01:05:21	INDIVIDUAL
916	511	MIGUEL SILVA	M	71		01:06:22	01:05:53	INDIVIDUAL
917	847	CAMILA G SÁVIO	F	34		01:06:22	01:05:40	INDIVIDUAL
918	980	ALEXANDRE M M MOITA	M	42		01:06:26	01:05:41	C MILLENNIUM BCP
919	898	JOANA AGUIAR	F	40		01:06:27	01:05:43	WEVENTUAL
920	62	MARINA P B T MORAES	F	53		01:06:30	01:05:26	XIRA BONES
921	743	RUTE L F M PINHO	F	39		01:06:31	01:06:09	DIANAS EB RUNNERS
922	576	RITA RAMOS	F	36		01:06:36	01:05:47	GD SANTANDER TOTTA
923	155	FRANCISCO COSTA	M	27		01:06:37	01:06:29	AD QUINTA ATLETISMO
924	512	CARLOS F O FERNANDES	M	44		01:06:38	01:05:30	INDIVIDUAL
925	163	CARLA BRAZÃO	F	45		01:06:38	01:05:30	INDIVIDUAL
926	252	NUNO SIMÕES	M	41		01:06:38	01:05:34	INDIVIDUAL
927	428	ISABEL COELHO	F	50		01:06:52	01:06:21	ADCR PJ
928	184	ANTONIO GASPAR	M	72		01:07:03	01:06:25	GDCT IN CASA MOEDA
929	48	GERMANO BERNARDO	M	60		01:07:20	01:06:02	PRAZER CORRIDA
930	729	Mª JESUS NUNES	F	49		01:07:21	01:06:48	A SKY FITNESS
931	195	VITOR CARDOSO	M	38		01:07:46	01:07:07	GDCT IN CASA MOEDA
932	871	FILIPE LEITE	M	37		01:07:48	01:06:37	INDIVIDUAL
933	408	MARISA A A TEIXEIRA	F	30		01:07:58	01:07:45	GD PERNAS PARA QUE TE QUERO
934	721	HUGO FERREIRA	M	37		01:07:59	01:06:44	INDIVIDUAL
935	519	VÍRGINIA CARVALHO	F	27		01:08:08	01:06:59	INDIVIDUAL
936	518	RICARDO RAPOSO	M	22		01:08:08	01:06:59	INDIVIDUAL
937	601	ANA CANHOTO	F	45		01:08:20	01:07:39	GD SANTANDER TOTTA
938	215	CLÁUDIA RODRIGUES	F	38		01:08:30	01:06:57	STARFISH
939	351	RITA VAZ	F	29		01:08:31	01:08:18	GD PERNAS PARA QUE TE QUERO
940	502	RUI PEDRO	M	66		01:08:31	01:07:39	CP IVA
941	106	ANTÓNIO TAVARES	M	28		01:08:38	01:07:24	INDIVIDUAL
942	233	CARLA TAVARES	F	26		01:08:38	01:07:24	XEROX ROADRUNNERS
943	722	SANDRA NUNES	F	33		01:08:49	01:08:17	INDIVIDUAL
944	767	JOÃO BRANCO	M	34		01:08:50	01:08:15	INDIVIDUAL
945	731	CATARINA M SILVA	F	36		01:08:50	01:08:17	INDIVIDUAL
946	925	ANDREIA LOUZEIRO	F	39		01:09:03	01:08:16	A NATUREZA ENSINA
947	73	JOAO NOGUEIRA	M	51		01:09:09	01:08:53	INDIVIDUAL
948	828	ISAURA ATANÁSIO	F	63		01:09:20	01:08:22	TEJAVISTA
949	560	PEDRO ANTUNES	M	28		01:09:57	01:09:33	LEBRES E TARTARUGAS
950	1080	MARIA AGUIAR	F	45		01:10:06	01:09:19	AB CAMPOLIDE

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Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO GERAL

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
951	706	JORGE D S F FERRO	M	45		01:10:31	01:09:31	INDIVIDUAL
952	488	JOEL N D REIS	M	32		01:10:42	01:09:42	LIFE EMOTIONS
953	588	HERLANDER BRAZ	M	56		01:10:46	01:10:19	GD SANTANDER TOTTA
954	683	JOSÉ ALÍPIO	M	59		01:10:47	01:10:39	INDIVIDUAL
955	445	PAULINO CORREA	M	41		01:10:55	01:09:55	INDIVIDUAL
956	444	RICARDO CORREA	M	36		01:10:55	01:09:56	INDIVIDUAL
957	1005	GRACIETE ALVES	F	59		01:11:20	01:09:57	SS CGD
958	612	CARINA VEIGA	F	30		01:11:24	01:10:30	GD SANTANDER TOTTA
959	732	SANDRA DINIS	F	39		01:11:27	01:10:24	ESTRELAS LISBOA
960	733	PEDRO DINIS	M	39		01:11:27	01:10:25	ESTRELAS LISBOA
961	932	MIGUEL A B RIBEIRO	M	41		01:12:09	01:12:09	INDIVIDUAL
962	933	SUSANA M R M RIBEIRO	F	38		01:12:09	01:11:04	INDIVIDUAL
963	795	ANA RITA AUGUSTO	F	23		01:12:14	01:11:06	FALCOES SELVAGENS
964	796	CATARINA RETO	F	23		01:12:15	01:11:08	FALCOES SELVAGENS
965	988	JOSÉ C MAGALHÃES	M	55		01:12:24	01:11:29	GD BANCO BPI
966	827	FÁTIMA RIBEIRO	F	52		01:12:33	01:11:35	TEJAVISTA
967	325	MA FEE HUNG	F	66		01:12:38	01:11:41	AÇOREANA
968	1087	CARLOS CARVALHO	M	52		01:12:53	01:12:17	C NOTURNA PARQUE NAÇÕES
969	1123	GIL SOUSA	M	43		01:13:13	01:12:04	INDIVIDUAL
970	1122	ANA MONTEIRO	F	35		01:13:13	01:12:04	INDIVIDUAL
971	875	VITÓRIA MOREIRA	F	23		01:13:25	01:12:28	INDIVIDUAL
972	874	PATRÍCIA FAUSTINO	F	23		01:13:25	01:12:27	INDIVIDUAL
973	23	LUIS MARQUES	M	53		01:13:44	01:13:14	GD CHELAS
974	44	ANDREIA MONTEIRO	F	37		01:13:51	01:13:25	GD CHELAS
975	41	HELENA SERRA	F	51		01:13:51	01:13:25	GD CHELAS
976	436	BENEDITA TAVARES	F	38		01:14:18	01:13:34	RUN4BEER
977	981	SARA F C C CERDEIRA	F	40		01:14:18	01:13:34	C MILLENNIUM BCP
978	765	RICARDO GALO	M	35		01:14:18	01:13:27	STANLEY TEAM
979	381	PAULA COSTA	F	38		01:14:23	01:13:19	BANCO CTT
980	50	MARIO PIRES	M	57		01:14:31	01:13:10	INDIVIDUAL
981	966	NUNO F B MENDES	M	31		01:14:44	01:14:25	C MILLENNIUM BCP
982	157	ANA MENDES	F	30		01:14:44	01:14:24	INDIVIDUAL
983	571	JOÃO VICENTE	M	31		01:15:05	01:14:23	INDIVIDUAL
984	1038	JORGE JANELA	M	22		01:15:55	01:14:47	INDIVIDUAL
985	750	PAULO FRANÇA	M	54		01:15:56	01:15:39	GDCT UNICRE
986	1013	LUISA MORGADO	F	50		01:16:07	01:15:28	SS CGD
987	927	HUGO VIEGAS	M	34		01:16:12	01:16:12	A NATUREZA ENSINA
988	712	CARLOS VIEIRA	M	46		01:17:13	01:16:33	INDIVIDUAL

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Relatório Masculino e Feminino Geral

CLASSIFICAÇÃO GERAL

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
989	702	ANA SEABRA	F	51		01:17:18	01:16:45	AERORUNNERS
990	101	RICARDO D LEITÃO	M	40		01:17:19	01:16:46	BOLELAS TEAM
991	1112	DIOGO MADALENO	M	41		01:17:32	01:16:55	C NOTURNA PARQUE NAÇÕES
992	1113	RITA MADALENO	F	39		01:17:33	01:16:56	C NOTURNA PARQUE NAÇÕES
993	606	MARIA PATRICIO	F	67		01:17:51	01:17:28	GD SANTANDER TOTTA
994	485	ANDRÉ F L F MOURA	M	23		01:18:18	01:17:17	LIFE EMOTIONS
995	462	RICARDO MARQUES	M	36		01:19:21	01:18:37	WHAT EVER
996	461	ANA C FONSECA	F	38		01:19:22	01:18:39	WHAT EVER
997	167	SARA SOUSA	F	38		01:19:41	01:19:32	TARTARUGAS SOLIDÁRIAS
998	491	ABEL D A M SILVA	M	31		01:20:04	01:19:04	LIFE EMOTIONS
999	598	NUNO CARVALHO	M	40		01:21:48	01:21:21	GD SANTANDER TOTTA
1000	753	CLAUDIA MARQUES	F	35		01:22:44	01:21:23	GDCT UNICRE
1001	698	CLARA JÚLIO	F	51		01:25:18	01:24:14	AMEG
1002	126	JORGE FONSECA	M	58		01:25:18	01:24:14	XIRA BONES

Total de registros: 1002

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Relatório por Faixas Etárias

FAIXAS ETARIAS**F0034**

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	81	SUSANA CUNHA	F	27	00:36:13	00:36:13	LINDA-A-PASTORA SC
2	642	JOANA FONSECA	F	28	00:41:13	00:41:11	INDIVIDUAL
3	920	FILIPA FERNANDES	F	33	00:46:20	00:46:17	A NATUREZA ENSINA
4	513	FILIPA VIEIRA	F	26	00:46:41	00:46:23	PLANTA PÉ/FISIO COM ALMA
5	110	CLÁUDIA ROSADO	F	34	00:47:52	00:47:49	INDIVIDUAL
6	896	ANA M FERREIRA	F	33	00:49:38	00:49:00	WEVENTUAL
7	446	SOFIA VIEIRA	F	30	00:50:04	00:49:55	INDIVIDUAL
8	758	SUSANA AMEIXINHA	F	29	00:50:04	00:50:02	INDIVIDUAL
9	298	ANA F B S COUTINHO	F	29	00:50:13	00:49:29	INDIVIDUAL
10	659	MÓNICA CARRUFA	F	32	00:50:15	00:49:40	INDIVIDUAL
11	262	CHO I LEI	F	21	00:50:30	00:50:19	MACAU
12	406	MATILDE CONCEICAO	F	23	00:51:00	00:50:34	INDIVIDUAL
13	1047	VANESSA PAIS	F	30	00:52:20	00:51:47	INDIVIDUAL
14	57	VERÓNICA INÁCIO	F	29	00:52:29	00:51:55	INDIVIDUAL
15	710	CATARINA MOREIRA	F	28	00:52:55	00:52:47	TARTARUGAS SOLIDÁRIAS
16	893	MARISA RAMALHO	F	30	00:53:18	00:52:09	WEVENTUAL
17	405	JOANA F M SILVA	F	23	00:54:09	00:53:43	INDIVIDUAL
18	911	SANDRA GONÇALVES	F	30	00:54:09	00:53:58	OS GLORIOSOS
19	303	ISADORA COSTA	F	28	00:54:37	00:53:34	4 AO KM
20	557	MELANIE LEDET	F	25	00:54:40	00:54:18	AR BIR HAKHEIM
21	123	SUSANA PEDRO	F	29	00:54:55	00:53:59	GDCFA
22	996	MARTA BILRO	F	31	00:55:56	00:55:19	INDIVIDUAL
23	392	ANA MONTEIRO	F	30	00:56:45	00:56:10	SFUAP
24	632	TELMA F L M PEREIRA	F	26	00:58:39	00:57:36	INDIVIDUAL
25	483	INÉS O CABANAS	F	25	00:59:09	00:58:14	LIFE EMOTIONS
26	404	MARIANA F POMBINHO	F	23	00:59:39	00:59:14	INDIVIDUAL
27	661	CATARINA AFONSO	F	32	00:59:54	00:59:31	INDIVIDUAL
28	204	ANA ALMEIDA	F	32	01:00:15	00:59:27	INDIVIDUAL
29	89	JOANA SIMÕES	F	34	01:00:32	01:00:07	INDIVIDUAL
30	1079	MARIA JOAO	F	29	01:01:15	01:00:28	AB CAMPOLIDE
31	923	RITA FACHADAS	F	21	01:01:46	01:01:40	A NATUREZA ENSINA
32	844	SARA LOPES	F	30	01:01:52	01:00:47	INDIVIDUAL
33	861	DIANA GONÇALVES	F	31	01:02:01	01:01:27	PUMP RUNNERS
34	453	CELINA JORGE	F	33	01:02:16	01:02:00	INDIVIDUAL
35	1084	JOANA FIGUEIREDO	F	33	01:02:27	01:01:43	INDIVIDUAL
36	232	MAURA TEIXEIRA	F	30	01:02:42	01:00:27	XEROX ROADRUNNERS
37	58	MARIANA FERNANDES	F	31	01:03:26	01:02:51	INDIVIDUAL
38	1065	EVA CAETANO	F	34	01:03:47	01:03:13	SERVILUSA
39	521	ARIANA ROCHA	F	26	01:05:05	01:04:50	INDIVIDUAL

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Relatório por Faixas Etárias

FAIXAS ETARIAS

F0034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	326	CLAÚDIA TAM	F	34	01:05:10	01:03:52	AÇOREANA
41	1124	CATIA MARTINS	F	25	01:05:46	01:04:59	INDIVIDUAL
42	715	MARTA BAPTISTA	F	25	01:06:10	01:05:41	SC CASAÍNHOS
43	847	CAMILA G SÁVIO	F	34	01:06:22	01:05:40	INDIVIDUAL
44	408	MARISA A A TEIXEIRA	F	30	01:07:58	01:07:45	GD PERNAS PARA QUE TE QUERO
45	519	VÍRGÍNIA CARVALHO	F	27	01:08:08	01:06:59	INDIVIDUAL
46	351	RITA VAZ	F	29	01:08:31	01:08:18	GD PERNAS PARA QUE TE QUERO
47	233	CARLA TAVARES	F	26	01:08:38	01:07:24	XEROX ROADRUNNERS
48	722	SANDRA NUNES	F	33	01:08:49	01:08:17	INDIVIDUAL
49	612	CARINA VEIGA	F	30	01:11:24	01:10:30	GD SANTANDER TOTTA
50	795	ANA RITA AUGUSTO	F	23	01:12:14	01:11:06	FALCOES SELVAGENS
51	796	CATARINA RETO	F	23	01:12:15	01:11:08	FALCOES SELVAGENS
52	875	VITÓRIA MOREIRA	F	23	01:13:25	01:12:28	INDIVIDUAL
53	874	PATRÍCIA FAUSTINO	F	23	01:13:25	01:12:27	INDIVIDUAL
54	157	ANA MENDES	F	30	01:14:44	01:14:24	INDIVIDUAL

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Relatório por Faixas Etárias

FAIXAS ETARIAS**F3544**

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	2	CLARISSE CRUZ	F	37	00:34:01	00:34:01	SALGUEIROS
2	1	CLAUDIA PEREIRA	F	40	00:34:33	00:34:33	SALGUEIROS
3	958	LILIANA JESUS	F	39	00:41:10	00:41:10	I AM FIT
4	1021	SOFIA ARGENTINA	F	36	00:44:57	00:44:50	SS CGD
5	914	FLORBELA BARROS	F	43	00:45:34	00:45:30	A NATUREZA ENSINA
6	577	MIGUEL CUNHA	F	40	00:46:02	00:46:02	GD SANTANDER TOTTA
7	694	INES PEIXOTO	F	37	00:46:59	00:46:21	INDIVIDUAL
8	229	DORA G GOMES	F	41	00:47:19	00:46:49	XEROX ROADRUNNERS
9	1063	RAQUEL FROIS	F	38	00:49:08	00:48:55	SERVILUSA
10	514	PATRÍCIA FERREIRA	F	35	00:49:44	00:49:25	PLANTA PÉ/FISIO COM ALMA
11	132	JOANA MIRANDA	F	35	00:50:07	00:50:04	WIKABOO
12	261	CARLA L S PERALTA	F	40	00:50:08	00:49:50	INDIVIDUAL
13	1043	RAQUEL A C CARVALHO	F	39	00:50:31	00:49:26	INDIVIDUAL
14	646	MAFALDA HENRIQUES	F	41	00:50:53	00:50:43	INDIVIDUAL
15	747	SANDRA COVAL	F	37	00:51:13	00:51:04	INDIVIDUAL
16	699	ISABEL FRANÇA	F	43	00:51:18	00:50:28	AMEG
17	221	CONCEIÇÃO LEAL	F	42	00:51:18	00:50:43	STARFISH
18	198	ALEXANDRA ALVES	F	38	00:51:35	00:50:58	GDCT IN CASA MOEDA
19	394	ANTONIA JORDÃO	F	38	00:52:42	00:52:32	SFUAP
20	264	MARGARIDA CHAMBEL	F	44	00:53:01	00:52:20	INDIVIDUAL
21	666	TÂNIA DUQUE	F	36	00:53:41	00:53:10	MENS
22	880	MÁRCIA OLIVEIRA	F	44	00:54:04	00:53:08	INDIVIDUAL
23	497	SANDRA SILVA	F	44	00:54:17	00:53:26	CP IVA
24	278	TÂNIA SARAIVA	F	37	00:54:47	00:54:12	STARFISH
25	342	ANDREIA OLIVEIRA	F	37	00:55:20	00:54:58	GEORUNNERS
26	182	SUSANA T SANTOS	F	41	00:55:23	00:54:23	INDIVIDUAL
27	125	ISABEL LUIS	F	41	00:55:32	00:54:30	CORRER PARA COMER
28	308	VERA SANCHES	F	36	00:55:41	00:54:52	PORTELA FANS
29	528	INÊS ALBUQUERQUE	F	35	00:56:13	00:55:38	INDIVIDUAL
30	1051	ANA RODRIGUES	F	35	00:56:36	00:56:12	INDIVIDUAL
31	1090	MARIA MAGRO	F	42	00:56:47	00:56:12	C NOTURNA PARQUE NAÇÕES
32	692	RENATA JESUS	F	35	00:57:01	00:55:59	INDIVIDUAL
33	716	VANDA FERREIRA	F	44	00:57:02	00:56:33	SC CASAÍNHOS
34	46	MARIA BICA	F	42	00:57:38	00:57:37	GD CHELAS
35	398	PAULA LEITÃO	F	37	00:58:26	00:57:25	INDIVIDUAL
36	151	ANABELA PEREIRA	F	43	00:58:26	00:57:27	AMIGOS FLOR
37	217	SOFIA GOMES	F	40	00:58:30	00:56:57	STARFISH
38	955	MARIANA L SILVA	F	36	00:58:38	00:57:57	I AM FIT
39	1018	RITA QUEIROZ	F	44	00:58:40	00:58:14	SS CGD

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Relatório por Faixas Etárias

FAIXAS ETARIAS**F3544**

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	1015	PATRICIA TAVARES	F	37	00:58:50	00:58:24	SS CGD
41	220	CATARINA FONSECA	F	40	00:59:43	00:59:07	STARFISH
42	809	ANA R ANDRADE	F	39	00:59:49	00:58:52	INDIVIDUAL
43	469	LUCINDA TAVARES	F	39	00:59:55	00:58:59	CA PATAMEIRAS
44	713	FILIPA PAES	F	40	01:00:13	00:59:31	INDIVIDUAL
45	595	SHEILA CANTIGA	F	40	01:00:42	01:00:03	GD SANTANDER TOTTA
46	582	SUSANA GUERREIRO	F	39	01:00:42	00:59:51	GD SANTANDER TOTTA
47	703	VANDA NOGUEIRA	F	41	01:00:52	00:59:31	INDIVIDUAL
48	816	SUSANA BRAZINHA	F	38	01:00:56	01:00:15	INDIVIDUAL
49	523	MARLENE OLIVEIRA	F	43	01:01:03	01:00:33	INDIVIDUAL
50	690	PATRICIA FERREIRA	F	40	01:01:05	01:01:05	INDIVIDUAL
51	200	DANIELA PACHECO	F	38	01:01:08	01:00:29	GDCT IN CASA MOEDA
52	210	ANDREIA SILVA	F	36	01:01:48	01:01:03	INDIVIDUAL
53	1066	CARLA VITORINO	F	41	01:02:00	01:01:27	SERVILUSA
54	1064	TANIA SALES	F	39	01:02:00	01:01:27	SERVILUSA
55	202	ALINE SANTOS	F	35	01:02:02	01:01:15	INDIVIDUAL
56	825	CÉLIA CARVALHO	F	35	01:02:02	01:01:20	CCD-AT
57	782	PAULA L S CAFÉ	F	42	01:02:05	01:01:55	INDIVIDUAL
58	218	FILIPA MONTE	F	38	01:02:22	01:01:46	STARFISH
59	1120	SONIA DOMINGUES	F	38	01:02:24	01:01:52	INDIVIDUAL
60	87	TERESA SANTOS	F	42	01:03:12	01:02:15	TURBOLENTOS
61	1103	SÓNIA C MOR	F	35	01:03:20	01:02:50	C NOTURNA PARQUE NAÇÕES
62	931	SOFIA GOMES	F	36	01:03:23	01:02:52	INDIVIDUAL
63	701	DILEK SENER	F	38	01:03:30	01:03:08	D&S
64	761	CARLA AMARAL	F	40	01:04:09	01:03:19	STANLEY TEAM
65	498	SUSANA PALMA	F	41	01:04:13	01:03:21	CP IVA
66	799	ANABELA VENTURA	F	39	01:04:17	01:03:35	INDIVIDUAL
67	1092	SANDRA I CAMPOS	F	42	01:04:17	01:03:46	C NOTURNA PARQUE NAÇÕES
68	1050	SANDRA INACIO	F	42	01:04:18	01:03:54	INDIVIDUAL
69	1067	CATARINA GIL	F	42	01:04:20	01:03:47	SERVILUSA
70	947	TERESA PERES	F	36	01:04:23	01:03:51	INDIVIDUAL
71	460	CLÁUDIA TEIXEIRA	F	36	01:04:34	01:03:57	OS QUEBRA-MILHAS
72	1069	GABRIELA MARQUES	F	38	01:04:57	01:04:19	INDIVIDUAL
73	169	SILVIA M G VICENTE	F	44	01:04:57	01:04:19	INDIVIDUAL
74	586	SOLANGE FIGUEIRA	F	38	01:05:03	01:04:23	GD SANTANDER TOTTA
75	321	MÓNICA QUARENTA	F	42	01:05:10	01:04:57	AÇOREANA
76	719	ANA DIAS	F	35	01:06:08	01:05:48	WE RUNNING
77	898	JOANA AGUIAR	F	40	01:06:27	01:05:43	WEVENTUAL
78	743	RUTE L F M PINHO	F	39	01:06:31	01:06:09	DIANAS EB RUNNERS

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Relatório por Faixas Etárias

FAIXAS ETARIAS

F3544

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
79	576	RITA RAMOS	F	36	01:06:36	01:05:47	GD SANTANDER TOTTA
80	215	CLÁUDIA RODRIGUES	F	38	01:08:30	01:06:57	STARFISH
81	731	CATARINA M SILVA	F	36	01:08:50	01:08:17	INDIVIDUAL
82	925	ANDREIA LOUZEIRO	F	39	01:09:03	01:08:16	A NATUREZA ENSINA
83	732	SANDRA DINIS	F	39	01:11:27	01:10:24	ESTRELAS LISBOA
84	933	SUSANA M R M RIBEIRO	F	38	01:12:09	01:11:04	INDIVIDUAL
85	1122	ANA MONTEIRO	F	35	01:13:13	01:12:04	INDIVIDUAL
86	44	ANDREIA MONTEIRO	F	37	01:13:51	01:13:25	GD CHELAS
87	436	BENEDITA TAVARES	F	38	01:14:18	01:13:34	RUN4BEER
88	981	SARA F C C CERDEIRA	F	40	01:14:18	01:13:34	C MILLENNIUM BCP
89	381	PAULA COSTA	F	38	01:14:23	01:13:19	BANCO CTT
90	1113	RITA MADALENO	F	39	01:17:33	01:16:56	C NOTURNA PARQUE NAÇÕES
91	461	ANA C FONSECA	F	38	01:19:22	01:18:39	WHAT EVER
92	167	SARA SOUSA	F	38	01:19:41	01:19:32	TARTARUGAS SOLIDÁRIAS
93	753	CLAUDIA MARQUES	F	35	01:22:44	01:21:23	GDCT UNICRE

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Relatório por Faixas Etárias

FAIXAS ETARIAS

F4554

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1033	LUCILIA SOARES	F	54	00:40:24	00:40:24	Aminhacorrida/Kalenji
2	448	BEATRIZ FERNANDES	F	46	00:43:35	00:43:24	CLINICA STA MADALENA
3	921	ANA PEREIRA	F	46	00:45:53	00:45:49	A NATUREZA ENSINA
4	956	FABIA G SILVA	F	46	00:46:03	00:45:38	I AM FIT
5	1032	TINA OLIVEIRA	F	52	00:47:20	00:47:18	Aminhacorrida/Kalenji
6	1014	NOÉMIA SEQUEIRA	F	48	00:49:39	00:49:25	SS CGD
7	393	MANUELA GONÇALVES	F	48	00:52:43	00:52:34	SFUAP
8	290	CECÍLIA NICOLAU	F	49	00:54:03	00:53:22	AA LEBRES SADO
9	756	MARISA SERRA	F	45	00:54:46	00:53:58	INDIVIDUAL
10	687	MARGARIDA GONÇALVES	F	48	00:55:10	00:54:48	RUN 4 FUN
11	686	Mª JOÃO HORTA	F	49	00:57:06	00:56:41	INDIVIDUAL
12	45	NELMA CARVALHO	F	50	00:57:59	00:57:58	GD CHELAS
13	455	ANA CARDOSO	F	50	00:58:36	00:58:26	INDIVIDUAL
14	314	DEOLINDA SANTOS	F	45	00:59:07	00:58:48	INDIVIDUAL
15	745	CECÍLIA TAVARES	F	49	00:59:48	00:59:28	WE RUNNING
16	824	ANA C N S PEREIRA	F	50	00:59:53	00:58:48	INDIVIDUAL
17	539	ROSÁRIO MATOS	F	49	01:00:40	01:00:22	CLUBE ANACOM
18	133	CRISTINA LINO	F	49	01:01:11	01:00:50	ALVERCA URBAN RUNNERS
19	862	JOAN WILSON	F	50	01:02:17	01:01:11	PORTIRISH
20	1121	ISABEL DIAS	F	47	01:02:24	01:01:53	INDIVIDUAL
21	823	ALEXANDRA PAULA	F	48	01:03:02	01:02:00	INDIVIDUAL
22	532	Mª CECÍLIA NUNES	F	49	01:03:03	01:02:19	WHAT EVER
23	1049	ZELIA M G S GODINHO	F	48	01:03:22	01:03:17	INDIVIDUAL
24	766	ISABEL M S B CARDOSO	F	50	01:03:35	01:03:14	INDIVIDUAL
25	282	ADELAIDE PÔRTO	F	49	01:03:40	01:03:27	INDIVIDUAL
26	130	PAULA C B M SILVA	F	48	01:03:53	01:03:27	INDIVIDUAL
27	62	MARINA P B T MORAES	F	53	01:06:30	01:05:26	XIRA BONES
28	163	CARLA BRAZÃO	F	45	01:06:38	01:05:30	INDIVIDUAL
29	428	ISABEL COELHO	F	50	01:06:52	01:06:21	ADCR PJ
30	729	Mª JESUS NUNES	F	49	01:07:21	01:06:48	A SKY FITNESS
31	601	ANA CANHOTO	F	45	01:08:20	01:07:39	GD SANTANDER TOTTA
32	1080	MARIA AGUIAR	F	45	01:10:06	01:09:19	AB CAMPOLIDE
33	827	FÁTIMA RIBEIRO	F	52	01:12:33	01:11:35	TEJAVISTA
34	41	HELENA SERRA	F	51	01:13:51	01:13:25	GD CHELAS
35	1013	LUIZA MORGADO	F	50	01:16:07	01:15:28	SS CGD
36	702	ANA SEABRA	F	51	01:17:18	01:16:45	AERORUNNERS
37	698	CLARA JÚLIO	F	51	01:25:18	01:24:14	AMEG

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Relatório por Faixas Etárias

FAIXAS ETARIAS

F5599

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	834	MANUELA BUSTORFF	F	61	00:46:06	00:46:06	TEJAVISTA
2	83	VANDA AUGUSTO	F	61	00:51:14	00:51:04	LINDA-A-PASTORA SC
3	749	EDITE SILVA	F	64	00:52:56	00:51:33	GDCT UNICRE
4	135	JOSÉ A ALVES	F	58	00:55:27	00:55:14	INDIVIDUAL
5	223	JULIETA SANTOS	F	56	00:58:24	00:57:44	TARTARUGAS SOLIDÁRIAS
6	833	DANIELA MOURA	F	56	01:02:54	01:01:56	TEJAVISTA
7	338	IDALINA MADEIRA	F	55	01:04:12	01:03:16	AÇOREANA
8	828	ISAURA ATANÁSIO	F	63	01:09:20	01:08:22	TEJAVISTA
9	1005	GRACIETE ALVES	F	59	01:11:20	01:09:57	SS CGD
10	325	MA FEE HUNG	F	66	01:12:38	01:11:41	AÇOREANA
11	606	MARIA PATRICIO	F	67	01:17:51	01:17:28	GD SANTANDER TOTTA

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Relatório por Faixas Etárias

FAIXAS ETARIAS**M0034**

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1116	ANDRALINO FURTADO	M	25	00:30:53	00:30:53	SPORTING CP
2	780	PEDRO ARSÉNIO	M	33	00:30:57	00:30:57	GDR REBOLEIRA
3	826	RICARDO FIGUEIREDO	M	27	00:32:24	00:32:24	CAS
4	1165	CARLOS CARDOSO	M	33	00:33:33	00:33:33	GD RR - GFD
5	10	VANDERLEY SILVA	M	23	00:34:11	00:34:09	GD CHELAS
6	705	MARCO CARDOSO	M	30	00:34:46	00:34:46	INDIVIDUAL
7	691	LUIS M SANTOS	M	34	00:37:41	00:37:35	AA MAFRA
8	1098	TIAGO CASTELA	M	28	00:37:55	00:37:54	C NOTURNA PARQUE NAÇÕES
9	91	BRUNO SILVA	M	30	00:38:29	00:38:25	FALCOES SELVAGENS
10	525	MARIUS LEORDEAN	M	34	00:38:32	00:38:31	NAV RUNNERS
11	876	NUNO PINTO	M	28	00:39:18	00:38:52	CCD APDL
12	40	TIAGO FARINHA	M	34	00:39:21	00:39:04	GD CHELAS
13	51	NUNO SOARES	M	34	00:39:25	00:39:22	CORRER LISBOA
14	677	JOÃO FERNANDES	M	27	00:39:40	00:39:36	INDIVIDUAL
15	530	THIBAUT LEDROIT	M	28	00:40:00	00:39:42	TEAM THIBAUT
16	403	NUNO LOPES	M	29	00:40:55	00:40:46	INDIVIDUAL
17	1048	DINIS CARTAS	M	33	00:41:06	00:40:38	INDIVIDUAL
18	804	FILIFE FREIRE	M	32	00:41:17	00:40:33	INDIVIDUAL
19	813	FILIFE PEREIRA	M	25	00:41:23	00:40:59	INDIVIDUAL
20	1166	VITOR PINTO	M	31	00:41:26	00:41:06	AMCF ARRABIDA TRAIL TEAM
21	812	ROBERTO ROLANDONE	M	28	00:41:30	00:41:18	INDIVIDUAL
22	246	RICARDO DUARTE	M	21	00:41:50	00:41:19	BELOURA RUNNERS
23	88	DANIEL GIEBELS	M	34	00:41:51	00:41:39	INDIVIDUAL
24	742	JOÃO MONIZ	M	21	00:42:01	00:42:00	INDIVIDUAL
25	531	ARIBAUD JULIEN	M	30	00:42:02	00:41:42	AR BIR HAKHEIM
26	137	ANDRÉ MENDONÇA	M	33	00:42:21	00:42:16	ADRC MATA BENFICA
27	507	NUNO SILVA	M	29	00:42:24	00:42:21	INDIVIDUAL
28	422	PEDRO BRÁS	M	33	00:43:08	00:42:23	AISSE TEAM
29	181	BRUNO LOPES	M	34	00:43:09	00:42:55	FAMILIA BENIGNO LOPES
30	587	ANTÓNIO SANTOS	M	31	00:43:17	00:42:46	GD SANTANDER TOTTA
31	467	ANTÓNIO FERREIRA	M	32	00:43:17	00:43:10	CA PATAMEIRAS
32	773	CARLOS GONÇALVES	M	34	00:43:21	00:43:15	PRAFIT CLUBE
33	112	JOÃO COSTA	M	28	00:43:28	00:43:24	INDIVIDUAL
34	892	ALCINDO A RAMALHO	M	32	00:43:41	00:42:17	WEVENTUAL
35	60	HUGO BARRETO	M	34	00:43:50	00:43:47	INDIVIDUAL
36	908	RICARDO SILVA	M	29	00:43:54	00:43:27	INDIVIDUAL
37	685	STEVEN SANTOS	M	28	00:44:17	00:43:39	INDIVIDUAL
38	139	EDUARDO COELHO	M	33	00:44:46	00:44:40	ADRC MATA BENFICA
39	552	DIOGO A T VICENTE	M	20	00:45:05	00:45:02	INDIVIDUAL

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Relatório por Faixas Etárias

FAIXAS ETARIAS**M0034**

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	248	ANDRÉ MALHADO	M	32	00:45:06	00:44:35	BELOURA RUNNERS
41	1126	RICARDO TRINDADE	M	19	00:45:12	00:45:04	INDIVIDUAL
42	384	TIAGO R PERES	M	32	00:45:13	00:44:52	INDIVIDUAL
43	274	RODRIGO MAGALHÃES	M	20	00:45:14	00:45:03	ND AUTOCOOPE
44	727	FÁBIO SANTOS	M	30	00:45:25	00:45:21	FALCOES SELVAGENS
45	527	TIAGO CARVALHO	M	30	00:45:59	00:45:56	INDIVIDUAL
46	457	ANTÓNIO GONÇALVES	M	21	00:46:00	00:45:23	INDIVIDUAL
47	211	SÉRGIO MARQUES	M	32	00:46:11	00:45:40	INDIVIDUAL
48	739	FÁBIO CORREIA	M	27	00:46:16	00:45:25	INDIVIDUAL
49	924	JOSE NUNES	M	23	00:46:19	00:46:17	A NATUREZA ENSINA
50	901	DANIEL MELLO	M	33	00:46:44	00:46:25	INDIVIDUAL
51	899	RICARDO NUNES	M	33	00:46:47	00:46:39	INDIVIDUAL
52	114	TIAGO S BARROQUEIRO	M	28	00:46:51	00:46:20	INDIVIDUAL
53	366	FLÁVIO RODRIGUES	M	29	00:47:42	00:46:43	INDIVIDUAL
54	13	FILIPE RODRIGUES	M	21	00:47:47	00:47:21	GD CHELAS
55	386	SANDEEP JHA	M	32	00:47:49	00:47:00	CLUBE VODAFONE
56	664	CARLOS A LOPES	M	30	00:47:59	00:47:49	INDIVIDUAL
57	312	EDGAR SANTOS	M	33	00:48:08	00:47:11	LOBOS CARVALHAL
58	663	MARCO D C COSTA	M	32	00:48:21	00:47:52	INDIVIDUAL
59	594	NUNO DAMIAES	M	34	00:48:32	00:47:42	GD SANTANDER TOTTA
60	297	JOÃO PACHECO	M	29	00:48:40	00:48:28	GD PERNAS PARA QUE TE QUERO
61	1056	JOSE M MATEUS	M	27	00:49:15	00:48:30	INDIVIDUAL
62	1046	BRUNO A N RIBEIRO	M	29	00:49:24	00:48:51	INDIVIDUAL
63	449	FRANCISCO GONÇALVES	M	21	00:49:33	00:48:54	INDIVIDUAL
64	49	LUIS F MOITEIRO	M	34	00:49:52	00:49:52	INDIVIDUAL
65	806	DIOGO S J PEREIRA	M	31	00:50:00	00:49:35	TRAÇADOS RUNNERS
66	28	RUBEN MARINHO	M	19	00:50:07	00:49:48	GD CHELAS
67	480	SERGIO M C RAMALHO	M	34	00:50:24	00:49:42	INDIVIDUAL
68	717	JOÃO FARINHA	M	31	00:50:39	00:50:12	SC CASAÍNHOS
69	52	LUÍS MARTINHO	M	30	00:50:51	00:50:37	INDIVIDUAL
70	12	TIAGO SILVA	M	23	00:50:53	00:50:24	GD CHELAS
71	630	JORGE M M MARTINS	M	25	00:50:54	00:49:51	INDIVIDUAL
72	559	GONÇALO GONÇALVES	M	22	00:51:04	00:50:40	LEBRES E TARTARUGAS
73	779	DIOGO GAMA	M	20	00:51:05	00:50:47	OS ATLETAS
74	1029	TITO VIEIRA	M	34	00:51:18	00:50:36	COMPANHEIRO
75	243	RICARDO ROSA	M	21	00:51:26	00:50:54	BELOURA RUNNERS
76	855	LUIS DIAS	M	34	00:52:00	00:51:53	INDIVIDUAL
77	358	TIAGO FLORENTINO	M	28	00:52:03	00:51:34	GLASSFISIOTEAM
78	676	DUARTE FURTADO	M	28	00:52:05	00:51:27	INDIVIDUAL

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Relatório por Faixas Etárias

FAIXAS ETARIAS**M0034**

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
79	805	BRUNO M C MARTINS	M	34	00:52:07	00:51:43	TRAÇADOS RUNNERS
80	26	PEDRO CARVALHO	M	31	00:52:11	00:51:51	GD CHELAS
81	365	DANILO TEIXEIRA	M	21	00:52:21	00:51:22	NPISCINAS
82	1085	BRUNO MAIA	M	34	00:52:49	00:52:26	INDIVIDUAL
83	535	BRUNO ALMEIDA	M	32	00:52:55	00:52:21	ASAS
84	15	DIOGO COSTA	M	19	00:53:12	00:53:08	GD CHELAS
85	636	GONÇALO MARTINS	M	33	00:53:18	00:52:44	PATAS D URSO
86	423	DIOGO MARQUES	M	33	00:53:24	00:52:37	AISSE TEAM
87	640	TIAGO N N SENDIM	M	26	00:53:28	00:53:28	INDIVIDUAL
88	1030	RICARDO RODRIGUES	M	29	00:53:29	00:52:47	COMPANHEIRO
89	818	GONÇALO ROSA	M	29	00:53:37	00:52:45	49:59 TEAM
90	631	HUGO M M DIAS	M	25	00:54:22	00:53:18	INDIVIDUAL
91	1117	NUNO SILVA	M	29	00:54:43	00:54:23	INDIVIDUAL
92	1164	DUARTE COSTA	M	32	00:55:02	00:54:56	CORRER LISBOA
93	424	JOÃO GRAVITO	M	33	00:55:06	00:54:19	AISSE TEAM
94	236	JOÃO C PEREIRA	M	33	00:55:11	00:54:25	GD MOURARIA
95	885	LUÍS NÓBREGA	M	34	00:55:13	00:54:09	LEYATLETAS
96	484	ANDRÉ M R AZEVEDO	M	29	00:55:31	00:54:37	LIFE EMOTIONS
97	725	LUIS DAVID	M	29	00:56:12	00:55:12	INDIVIDUAL
98	811	JORGE ALMEIDA	M	30	00:56:41	00:55:39	INDIVIDUAL
99	1104	ALEXANDRE L M GOMES	M	23	00:56:46	00:56:11	C NOTURNA PARQUE NAÇÕES
100	230	CARLOS F BRANCO	M	33	00:57:02	00:56:01	XEROX ROADRUNNERS
101	67	SÉRGIO TELES	M	31	00:57:13	00:56:12	ADC CATUJAL
102	895	BRUNO CARVALHO	M	30	00:57:18	00:55:53	WEVENTUAL
103	609	JOEL PONTE	M	26	00:57:35	00:56:41	GD SANTANDER TOTTA
104	653	PEDRO SOUSA	M	30	00:57:38	00:57:03	BANCO CTT
105	159	TIAGO H C C FERREIRA	M	20	00:57:41	00:56:39	CORRER PARA COMER
106	562	ANDRÉ CATELA	M	20	00:57:50	00:57:28	LEBRES E TARTARUGAS
107	407	PEDRO M H VAZ	M	34	00:58:04	00:57:51	GD PERNAS PARA QUE TE QUERO
108	421	RICARDO AMENDOEIRA	M	22	00:59:35	00:58:31	RUN ALMOND, RUN
109	817	GONÇALO D SANTOS	M	29	01:00:19	00:59:27	INDIVIDUAL
110	244	HENRIQUE ROSA	M	20	01:00:59	01:00:28	BELOURA RUNNERS
111	134	PEDRO CARVALHO	M	21	01:01:10	01:00:49	ALVERCA URBAN RUNNERS
112	852	DANIEL M FEITEIRONA	M	33	01:01:52	01:00:47	INDIVIDUAL
113	201	FABIO GAUDENCIO	M	33	01:01:58	01:01:11	INDIVIDUAL
114	14	HUGO M COSTA	M	19	01:02:04	01:01:37	GD CHELAS
115	945	JOÃO VAZ	M	34	01:02:06	01:01:30	INDIVIDUAL
116	340	DAVID ISAAC	M	20	01:02:09	01:01:08	AÇOREANA
117	113	BRUNO M J PALMA	M	32	01:02:19	01:01:13	BP&JP

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Relatório por Faixas Etárias

FAIXAS ETARIAS

M0034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
118	538	FILIFE MARQUES	M	24	01:05:24	01:04:34	INDIVIDUAL
119	613	TIAGO VEIGA	M	32	01:05:59	01:05:06	GD SANTANDER TOTTA
120	1163	ATLETA NÃO CADASTRADO	M	0	01:06:02	01:05:01	
121	367	DAVID SERRA	M	31	01:06:19	01:05:21	INDIVIDUAL
122	155	FRANCISCO COSTA	M	27	01:06:37	01:06:29	AD QUINTA ATLETISMO
123	518	RICARDO RAPOSO	M	22	01:08:08	01:06:59	INDIVIDUAL
124	106	ANTÓNIO TAVARES	M	28	01:08:38	01:07:24	INDIVIDUAL
125	767	JOÃO BRANCO	M	34	01:08:50	01:08:15	INDIVIDUAL
126	560	PEDRO ANTUNES	M	28	01:09:57	01:09:33	LEBRES E TARTARUGAS
127	488	JOEL N D REIS	M	32	01:10:42	01:09:42	LIFE EMOTIONS
128	966	NUNO F B MENDES	M	31	01:14:44	01:14:25	C MILLENNIUM BCP
129	571	JOÃO VICENTE	M	31	01:15:05	01:14:23	INDIVIDUAL
130	1038	JORGE JANELA	M	22	01:15:55	01:14:47	INDIVIDUAL
131	927	HUGO VIEGAS	M	34	01:16:12	01:16:12	A NATUREZA ENSINA
132	485	ANDRÉ F L F MOURA	M	23	01:18:18	01:17:17	LIFE EMOTIONS
133	491	ABEL D A M SILVA	M	31	01:20:04	01:19:04	LIFE EMOTIONS

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Relatório por Faixas Etárias

FAIXAS ETARIAS

M3539

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1034	PAULO GUIMARAES	M	39	00:33:01	00:33:01	Aminhacorrida/Kalenji
2	626	CUSTÓDIO ANTÓNIO	M	39	00:34:01	00:34:01	BEJA AC
3	191	PAULO ALVES	M	38	00:34:58	00:34:58	GDCT IN CASA MOEDA
4	959	PAULO PINHEIRO	M	38	00:36:25	00:36:25	CUAP
5	194	VALTER OLIVEIRA	M	38	00:38:05	00:38:04	GDCT IN CASA MOEDA
6	234	CARLOS BARROS	M	35	00:38:23	00:38:11	XEROX ROADRUNNERS
7	569	JOSE A T LORGA	M	35	00:38:36	00:38:36	HC RUNNERES
8	695	PAULO GOMES	M	36	00:38:44	00:38:44	INDIVIDUAL
9	915	MARCO FATELO	M	37	00:39:12	00:39:09	A NATUREZA ENSINA
10	177	PEDRO FARTO	M	36	00:39:50	00:39:43	ALCATRAZ PENICHE RUNNERS
11	205	FERNANDO ALMEIDA	M	37	00:39:52	00:39:49	GELPEIXE
12	897	MIGUEL RODRIGUES	M	37	00:40:34	00:40:17	WEVENTUAL
13	206	EDUARDO SANTOS	M	37	00:40:37	00:40:34	GELPEIXE
14	179	PEDRO GOMES	M	39	00:41:16	00:40:28	INDIVIDUAL
15	913	NUNO OLIVEIRA	M	36	00:41:38	00:41:36	A NATUREZA ENSINA
16	1062	NUNO REBELO	M	37	00:42:21	00:42:12	CASINO LISBOA
17	675	ALEXANDRE VIEGAS	M	36	00:42:44	00:42:41	INDIVIDUAL
18	1130	RUI ANTUNES	M	38	00:43:07	00:43:01	CORRIDA NOTURNA PARQUE NAÇÕES
19	222	CLÁUDIO F C MARQUES	M	36	00:43:32	00:43:25	INDIVIDUAL
20	905	MILTON C MELO	M	37	00:43:39	00:43:17	WIKABOO
21	309	MAURO PIMENTA	M	39	00:43:47	00:43:20	GA ATLETISMO
22	227	MIGUEL ALMEIDA	M	39	00:44:02	00:44:01	TINTACRIATIVA.PT
23	238	NUNO CARDOSO	M	39	00:44:15	00:43:30	GD MOURARIA
24	788	FERNANDO FREITAS	M	35	00:44:24	00:43:45	INDIVIDUAL
25	723	SANDRO SILVA	M	37	00:44:35	00:44:33	INDIVIDUAL
26	643	DAVID RAMOS	M	35	00:44:48	00:44:41	INDIVIDUAL
27	735	TIAGO N ANTUNES	M	36	00:45:21	00:45:15	INDIVIDUAL
28	884	GUO YAN	M	39	00:45:23	00:44:37	INDIVIDUAL
29	906	RÓMULO V S TEIXEIRA	M	37	00:45:30	00:45:08	INDIVIDUAL
30	1026	HELDER TAVARES	M	39	00:45:33	00:44:51	COMPANHEIRO
31	593	RUI MACHINHO	M	39	00:45:38	00:44:46	GD SANTANDER TOTTA
32	71	CARLOS E CORREIA	M	37	00:45:45	00:45:40	INDIVIDUAL
33	154	FREDERICO FERNANDES	M	39	00:45:54	00:45:47	AD QUINTA ATLETISMO
34	18	FAUSTO SA	M	39	00:46:04	00:45:37	GD CHELAS
35	891	NUNO RICARDO	M	37	00:46:10	00:45:27	WEVENTUAL
36	526	NUNO CHARRUA	M	39	00:46:12	00:46:12	INDIVIDUAL
37	890	NUNO SOARES	M	36	00:46:24	00:45:41	WEVENTUAL
38	904	IVAN GARCÍA	M	38	00:46:34	00:45:53	INDIVIDUAL
39	708	LUIS PALMA	M	39	00:46:37	00:46:07	INDIVIDUAL

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Relatório por Faixas Etárias

FAIXAS ETARIAS**M3539**

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	283	CARLOS P RODRIGUES	M	37	00:46:37	00:46:36	CP EDP LISBOA
41	1042	HUGO F B BRAS	M	35	00:46:54	00:46:05	INDIVIDUAL
42	1041	PEDRO M P FERRAZ	M	39	00:46:54	00:46:05	INDIVIDUAL
43	136	RUI VIDEIRA	M	36	00:46:57	00:46:54	INDIVIDUAL
44	434	AURÉLIO AFONSO	M	39	00:47:14	00:46:50	ADCR PJ
45	549	LUIS F A S CHAVES	M	38	00:47:19	00:46:17	INDIVIDUAL
46	260	VALTER N P REALISTA	M	37	00:47:24	00:46:02	CCM QTA MARQUES COSTA
47	109	LUÍS M PEREIRA	M	39	00:47:24	00:46:39	INDIVIDUAL
48	711	JOSÉ R L F M FERNANDES	M	37	00:47:40	00:46:57	INDIVIDUAL
49	837	LUIS RAIMUNDO	M	35	00:47:52	00:47:52	RAIMUNDOS
50	59	JOÃO J FERNANDES	M	35	00:47:55	00:47:17	INDIVIDUAL
51	397	RUI DIAS	M	39	00:48:23	00:48:12	MOVET
52	170	HUGO CARABINEIRO	M	37	00:48:43	00:47:54	INDIVIDUAL
53	1036	LEONEL CARVALHO	M	36	00:48:46	00:48:31	GROUPAMA
54	762	LUIS LEÃO	M	37	00:49:28	00:48:39	STANLEY TEAM
55	994	JORGE ATALAIA	M	35	00:49:45	00:49:02	GD BANCO BPI
56	534	RUI ALMEIDA	M	39	00:50:03	00:49:45	INDIVIDUAL
57	108	TIAGO COSTA	M	36	00:50:07	00:50:03	WIKABOO
58	1017	PEDRO LOPES	M	37	00:50:10	00:49:30	SS CGD
59	857	PEDRO VILELA	M	37	00:50:13	00:49:32	INDIVIDUAL
60	879	NUNO A M AFONSO	M	38	00:50:20	00:49:12	INDIVIDUAL
61	1023	BRUNO DIAS	M	39	00:50:48	00:50:08	SS CGD
62	124	MIGUEL FONTES	M	35	00:51:09	00:50:14	GDCFA
63	174	JORGE S M PÊGO	M	39	00:51:11	00:50:13	CORRER PARA COMER
64	682	PEDRO OLIVEIRA	M	37	00:51:14	00:50:41	MENS
65	1102	TIAGO PINTO	M	37	00:51:32	00:51:02	C NOTURNA PARQUE NAÇÕES
66	196	RUI BRAZ	M	39	00:51:39	00:51:01	GDCT IN CASA MOEDA
67	32	LUIS BOLETO	M	39	00:51:50	00:51:17	GD CHELAS
68	1115	BRUNO F M SILVA	M	39	00:52:03	00:51:52	CASINO LISBOA
69	54	MARCO D S F SANTOS	M	36	00:52:14	00:52:03	INDIVIDUAL
70	737	RICARDO SANTOS	M	36	00:52:15	00:51:31	CORRER LISBOA
71	869	RICARDO MENDES	M	38	00:52:30	00:52:12	INDIVIDUAL
72	888	WENDER RODRIGUES	M	39	00:52:39	00:51:34	LEYATLETAS
73	271	NUNO FERREIRA	M	39	00:53:19	00:52:55	INDIVIDUAL
74	654	DAVID PENEDO	M	38	00:53:40	00:53:06	BANCO CTT
75	665	RICARDO DUQUE	M	37	00:53:41	00:53:09	MENS
76	748	RICARDO M S SIMÕES	M	38	00:53:56	00:53:29	INDIVIDUAL
77	459	SÉRGIO GONÇALVES	M	38	00:54:19	00:53:42	OS QUEBRA-MILHAS
78	820	RICARDO VAZ	M	37	00:54:27	00:54:09	INDIVIDUAL

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Relatório por Faixas Etárias

FAIXAS ETARIAS

M3539

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
79	870	ROGÉRIO CIRÍACO	M	39	00:54:42	00:53:35	INDIVIDUAL
80	533	ANTÓNIO P TEIXEIRA	M	39	00:54:43	00:53:55	RUN4CHILDREN
81	122	NUNO ALMEIDA	M	36	00:54:45	00:53:57	ANSELMINHOS
82	482	BRUNO F S M P SOUSA	M	37	00:54:47	00:53:54	LOS CAMPEONES
83	883	JUAN DA SILVA	M	38	00:54:50	00:54:18	INDIVIDUAL
84	894	PAULO J L ANGÉLICA	M	38	00:54:50	00:53:25	WEVENTUAL
85	359	PEDRO M P GIL	M	38	00:55:34	00:54:35	INDIVIDUAL
86	307	MIGUEL SANCHES	M	36	00:55:41	00:54:52	PORTELA FANS
87	97	MIGUEL MARQUES	M	38	00:55:55	00:55:18	INDIVIDUAL
88	249	RENZO AMARAL	M	39	00:56:00	00:56:00	BELOURA RUNNERS
89	127	SANDRO PRATES	M	37	00:56:05	00:55:15	ESQUILOS CORREDORES
90	802	JOÃO MALHA	M	36	00:56:19	00:55:43	INDIVIDUAL
91	1058	JOAO ALMEIDA	M	38	00:56:57	00:56:34	INDIVIDUAL
92	929	LUIS VICENTE	M	39	00:56:58	00:56:18	INDIVIDUAL
93	886	RENATO ANDRADE	M	39	00:57:08	00:56:03	LEYATLETAS
94	216	NUNO FERNANDES	M	39	00:58:29	00:56:56	STARFISH
95	610	IVO LIMA	M	39	00:59:11	00:58:40	GD SANTANDER TOTTA
96	172	JOÃO SIMAS	M	35	00:59:32	00:58:56	GIRASSOL FORMULA 1
97	152	DAVID V GOMES	M	38	01:00:40	00:59:36	INDIVIDUAL
98	1040	PEDRO F C MARTINS	M	38	01:01:33	01:00:44	INDIVIDUAL
99	840	SÉRGIO GONÇALVES	M	36	01:02:12	01:01:29	INDIVIDUAL
100	454	JOÃO PEREIRA	M	36	01:02:15	01:01:59	INDIVIDUAL
101	219	CARLOS MUESTRA	M	39	01:02:22	01:01:45	STARFISH
102	763	PAULO ROSA	M	38	01:02:23	01:01:32	STANLEY TEAM
103	1083	PAULO FIGUEIREDO	M	37	01:02:27	01:01:43	INDIVIDUAL
104	463	JORGE BORREICHO	M	37	01:03:02	01:02:18	WHAT EVER
105	501	RICARDO CALDEIRA	M	39	01:03:32	01:02:41	CP IVA
106	503	ANTÓNIO RODRIGUES	M	39	01:04:33	01:04:13	INDIVIDUAL
107	195	VITOR CARDOSO	M	38	01:07:46	01:07:07	GDCT IN CASA MOEDA
108	871	FILIPE LEITE	M	37	01:07:48	01:06:37	INDIVIDUAL
109	721	HUGO FERREIRA	M	37	01:07:59	01:06:44	INDIVIDUAL
110	444	RICARDO CORREA	M	36	01:10:55	01:09:56	INDIVIDUAL
111	733	PEDRO DINIS	M	39	01:11:27	01:10:25	ESTRELAS LISBOA
112	765	RICARDO GALO	M	35	01:14:18	01:13:27	STANLEY TEAM
113	462	RICARDO MARQUES	M	36	01:19:21	01:18:37	WHAT EVER

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Relatório por Faixas Etárias

FAIXAS ETARIAS**M4044**

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	849	FERNANDO PEREIRA	M	42	00:35:14	00:35:14	GFD RUNNING
2	456	RODRIGO GUERRA	M	40	00:35:25	00:35:25	INDIVIDUAL
3	344	ORLANDO RAMOS	M	40	00:35:28	00:35:28	A VALE SILENCIO
4	1082	JOSE CAPITAO	M	43	00:36:05	00:36:04	INDIVIDUAL
5	637	CARLOS A S ALMEIDA	M	43	00:36:16	00:36:16	MAFRA COM VENTO - ESTABIL
6	819	PAULO ANDRADE	M	44	00:37:05	00:36:08	SS CGD
7	738	MÁRIO ZORRO	M	41	00:37:40	00:37:39	AA MAFRA
8	11	PEDRO MARQUES	M	40	00:37:41	00:37:36	GD CHELAS
9	614	ANTÓNIO LOURO	M	42	00:38:30	00:38:30	GD SANTANDER TOTTA
10	176	ARMINDO BOTO	M	40	00:39:42	00:39:35	ALCATRAZ PENICHE RUNNERS
11	341	NUNO BALULA	M	40	00:39:47	00:39:43	WIKABOO
12	580	JOÃO JESUS	M	40	00:39:54	00:39:53	GD SANTANDER TOTTA
13	744	JORGE M C PINHO	M	41	00:39:55	00:39:54	DIANAS EB RUNNERS
14	131	GONÇALO FERREIRA	M	42	00:40:31	00:40:29	INDIVIDUAL
15	190	NUNO SOUSA	M	42	00:40:33	00:40:32	GDCT IN CASA MOEDA
16	226	JOÃO H G VIEIRA	M	42	00:40:35	00:40:30	INDIVIDUAL
17	918	RICARDO CASTANHO	M	41	00:40:53	00:40:53	A NATUREZA ENSINA
18	161	JOAO GONCALVES	M	44	00:41:12	00:41:11	INDIVIDUAL
19	287	NUNO A M PITA	M	40	00:41:35	00:41:34	CCDT METRO LX
20	873	PEDRO C CONSTANTINO	M	40	00:42:04	00:41:44	INDIVIDUAL
21	225	SERGIO SANTOS	M	44	00:42:11	00:42:03	INDIVIDUAL
22	237	ARTUR F LOPES	M	43	00:42:16	00:41:31	GD MOURARIA
23	299	NUNO HENRIQUES	M	41	00:42:41	00:42:40	GDCT IN CASA MOEDA
24	1053	MARIO SEABRA	M	44	00:42:51	00:42:31	GR Janz e Associados
25	524	PEDRO REIS	M	44	00:43:03	00:42:57	NAV RUNNERS
26	604	RAFAEL PESSOA	M	42	00:43:27	00:43:08	GD SANTANDER TOTTA
27	468	MIGUEL TAVARES	M	43	00:43:35	00:43:16	CA PATAMEIRAS
28	245	ALEXANDRE DUARTE	M	44	00:43:40	00:43:09	BELOURA RUNNERS
29	853	RUI NUNES	M	42	00:43:54	00:43:50	INDIVIDUAL
30	667	HELDER MATA	M	40	00:44:02	00:43:30	MENS
31	357	EDUARD IRIMIA	M	44	00:44:04	00:43:35	GLASSFISIOTEAM
32	1110	ANASTÁCIO NETO	M	42	00:44:06	00:43:58	C NOTURNA PARQUE NAÇÕES
33	1129	ARTUR GONÇALVES	M	43	00:44:15	00:44:13	CORRIDA NOTURNA PARQUE NAÇÕES
34	867	RODRIGO A C S C OPA	M	40	00:44:20	00:44:06	INDIVIDUAL
35	770	CARLOS VIDAIS	M	42	00:44:21	00:44:04	ATLÉTICO VIA RARA
36	376	FRANCISCO PESSOA	M	42	00:44:43	00:44:28	AA AGUALVA
37	792	JOSE PEREIRA	M	40	00:44:45	00:44:43	INDIVIDUAL
38	22	CARLOS RODRIGUES	M	43	00:44:48	00:44:22	GD CHELAS
39	281	LUÍS SOUSA	M	40	00:44:59	00:44:39	INDIVIDUAL

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Relatório por Faixas Etárias

FAIXAS ETARIAS**M4044**

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	1109	BRUNO CHEN	M	44	00:45:14	00:45:07	C NOTURNA PARQUE NAÇÕES
41	164	FERNANDO M LOPES	M	44	00:45:19	00:45:04	GIL EANES RUNNING
42	1006	HENRIQUE AMADOR	M	44	00:45:21	00:45:14	SS CGD
43	910	PEDRO REIS	M	41	00:45:27	00:45:16	OS GLORIOSOS
44	105	EDUARDO BRAZ	M	44	00:45:32	00:45:27	INDIVIDUAL
45	323	PAULO TORRÃO	M	44	00:45:51	00:45:40	AÇOREANA
46	1031	CARLOS LOPES	M	41	00:46:09	00:45:15	Aminhacorrida/Kalenji
47	1093	LUIS PIMENTA	M	42	00:46:12	00:45:56	C NOTURNA PARQUE NAÇÕES
48	417	PAULO TOMAS	M	43	00:46:37	00:46:10	URD ARRANHÔ
49	279	ALEXANDRE M F NEVES	M	44	00:46:47	00:46:39	INDIVIDUAL
50	70	ANTONIO NOGUEIRA	M	43	00:46:51	00:46:43	INDIVIDUAL
51	993	LUIS CALHEIROS	M	42	00:46:53	00:46:13	GD BANCO BPI
52	409	NUNO SILVA	M	43	00:47:05	00:46:34	INDIVIDUAL
53	746	JORGE M M P PACHECO	M	44	00:47:11	00:47:11	RUN FORREST RUN
54	936	TIAGO FONSECA	M	41	00:47:16	00:46:14	CORRER PARA COMER
55	235	MIGUEL NUNES	M	43	00:47:19	00:46:49	XEROX ROADRUNNERS
56	435	ANTÓNIO TAVARES	M	41	00:47:26	00:46:43	RUN4BEER
57	740	FILIPE S C H PIMENTEL	M	44	00:47:40	00:47:18	OS GALGOS
58	437	CARLO COSTA PINHO	M	42	00:47:40	00:47:25	INDIVIDUAL
59	396	JORGE NETO	M	44	00:47:51	00:47:35	CDO MOSCAVIDE
60	47	RUI FERNANDES	M	41	00:47:52	00:47:48	GD CHELAS
61	786	MIGUEL FERRINHO	M	43	00:47:57	00:47:34	PÉS DE CHUMBO
62	121	JOSE OLIVEIRA	M	42	00:48:00	00:47:15	INDIVIDUAL
63	935	JOÃO T SANTOS	M	44	00:48:03	00:47:51	INDIVIDUAL
64	294	PAULO MORGADO	M	44	00:48:09	00:47:49	GEORUNNERS
65	634	MARCO SANTANA	M	40	00:48:10	00:47:58	INDIVIDUAL
66	1052	VITOR PEREIRA	M	40	00:48:14	00:47:54	GR Janz e Associados
67	668	JOÃO PORTELA	M	40	00:48:25	00:47:50	MENS
68	808	MIGUEL ROBIN	M	44	00:48:27	00:47:30	INDIVIDUAL
69	27	PAULO CARVALHO	M	44	00:48:28	00:48:08	GD CHELAS
70	1025	JOSE BRITES	M	42	00:48:30	00:47:50	COMPANHEIRO
71	662	RUI SANCHES	M	44	00:48:32	00:48:08	INDIVIDUAL
72	651	CARLOS MIRA	M	44	00:48:39	00:48:31	INDIVIDUAL
73	554	RON TREVOR	M	42	00:48:45	00:47:57	INDIVIDUAL
74	247	MARIO SILVA	M	44	00:49:06	00:49:06	BELOURA RUNNERS
75	354	LUIS ALMEIDA	M	42	00:49:08	00:48:12	GUP GRALHAS
76	565	RICARDO TAVARES	M	41	00:49:12	00:48:55	EX-IM
77	188	JOSÉ LIBERATO	M	40	00:49:18	00:48:43	GDCT IN CASA MOEDA
78	764	ALEXANDRE PEDROSA	M	40	00:49:28	00:48:36	STANLEY TEAM

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Relatório por Faixas Etárias

FAIXAS ETARIAS**M4044**

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
79	385	HUGO MAGALHÃES	M	41	00:49:31	00:48:43	CLUBE VODAFONE
80	72	JOÃO P C ALVES	M	41	00:49:32	00:49:14	INDIVIDUAL
81	255	RUI VIEIRA	M	41	00:49:44	00:49:04	INDIVIDUAL
82	596	ALEXANDRE CANTIGA	M	41	00:49:44	00:49:04	GD SANTANDER TOTTA
83	418	MIGUEL R GARCIA	M	42	00:49:54	00:49:39	INDIVIDUAL
84	575	PEDRO XAVIER	M	44	00:50:00	00:49:30	GD SANTANDER TOTTA
85	546	JOAQUIM RUIVO	M	41	00:50:06	00:49:22	INDIVIDUAL
86	971	LUIS PEDRO V MONTEIRO	M	44	00:50:10	00:49:27	C MILLENNIUM BCP
87	669	FERNANDO FERREIRA	M	41	00:50:13	00:49:40	MENS
88	387	TITO F SANTOS	M	40	00:50:15	00:49:26	CLUBE VODAFONE
89	150	GENTIL PEREIRA	M	42	00:50:23	00:49:25	AMIGOS FLOR
90	305	ALEXANDRE GONÇALVES	M	43	00:50:24	00:49:50	INDIVIDUAL
91	987	RICARDO MARTINS	M	42	00:50:28	00:49:47	GD BANCO BPI
92	815	NUNO M B MARTINS	M	44	00:50:34	00:50:09	INDIVIDUAL
93	563	JORGE LOPES	M	41	00:50:56	00:50:34	GD CHELAS
94	504	NUNO TOMÁS	M	41	00:51:00	00:50:40	INDIVIDUAL
95	142	ÁLVARO GOMES	M	42	00:51:02	00:50:51	INDIVIDUAL
96	907	HERLANDER C BRANCO	M	42	00:51:03	00:50:05	CORRER PARA COMER
97	858	JOSÉ P GONÇALVES	M	41	00:51:22	00:50:37	INDIVIDUAL
98	53	PAULO A R NUNES	M	43	00:51:30	00:51:07	CORRER LISBOA
99	193	RUI CORREIA	M	40	00:51:35	00:50:57	GDCT IN CASA MOEDA
100	192	RICARDO ALVES	M	40	00:51:38	00:51:03	GDCT IN CASA MOEDA
101	865	PEDRO CORDEIRO	M	42	00:51:46	00:51:35	INDIVIDUAL
102	800	MIGUEL PEREIRA	M	43	00:51:49	00:51:47	INDIVIDUAL
103	256	RUI OLIVENÇA	M	42	00:51:51	00:51:49	RUN 4 FUN
104	104	LUÍS C FERNANDES	M	44	00:52:09	00:52:02	INDIVIDUAL
105	1089	JOEL A C SILVA	M	44	00:52:20	00:52:02	C NOTURNA PARQUE NAÇÕES
106	166	TITO L HENRIQUES	M	42	00:52:21	00:51:21	CORRER PARA COMER
107	390	PEDRO ALVAREZ	M	43	00:52:42	00:52:33	SFUAP
108	574	ANTONIO PATACA	M	44	00:52:51	00:52:41	LESMAS
109	355	JOAO BELCHIOR	M	41	00:52:59	00:51:56	CORRER PARA COMER
110	930	JOÃO ROSÁRIO	M	41	00:53:15	00:52:38	INDIVIDUAL
111	660	JOÃO SERRA	M	44	00:53:22	00:53:07	AÇOREANA
112	400	MANUEL MENDES	M	42	00:53:30	00:53:13	INDIVIDUAL
113	536	MIGUEL A CARVALHO	M	40	00:53:33	00:52:37	SS CGD
114	814	AGESANDRO SILVA	M	41	00:53:34	00:53:21	INDIVIDUAL
115	306	PEDRO NUNES	M	43	00:53:35	00:52:46	INDIVIDUAL
116	388	GONCALO C M RIBEIRO	M	40	00:53:35	00:52:39	INDIVIDUAL
117	1022	TIAGO AVELAS	M	41	00:53:35	00:52:33	SS CGD

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
118	402	VASCO A M NAZARIO	M	42	00:53:39	00:53:30	INDIVIDUAL
119	475	ANTÓNIO PEREIRA	M	42	00:53:49	00:52:49	OS KAMARROS
120	556	AMÉRICO CARVALHO	M	42	00:54:04	00:53:14	INDIVIDUAL
121	629	RUI RIBEIRO	M	44	00:54:06	00:53:37	INDIVIDUAL
122	257	JOÃO SEQUEIRA	M	40	00:54:14	00:53:32	CORRER LISBOA
123	838	ROGÉRIO DIAS	M	44	00:54:16	00:53:31	INDIVIDUAL
124	775	LUIS L VIEIRA	M	44	00:54:23	00:53:43	INDIVIDUAL
125	427	JORGE C REIS	M	41	00:54:54	00:54:24	INDIVIDUAL
126	555	RODOLFO A D F RAPAZ	M	44	00:54:56	00:53:51	INDIVIDUAL
127	330	ANTÓNIO FIGUEIREDO	M	44	00:55:04	00:53:59	AÇOREANA
128	633	ROBERTO BETTENCOURT	M	40	00:55:18	00:55:08	INDIVIDUAL
129	228	RUI PINTO	M	44	00:55:25	00:54:24	XEROX ROADRUNNERS
130	477	GUSTAVO MENDES	M	43	00:55:31	00:54:31	OS KAMARROS
131	845	LUIS BARRETO	M	44	00:55:41	00:54:53	INDIVIDUAL
132	380	RICARDO CARVALHO	M	42	00:56:01	00:54:57	BANCO CTT
133	86	PEDRO GONCALVES	M	42	00:56:21	00:55:22	TURBOLENTOS
134	564	BRUNO CAFÉ	M	40	00:56:49	00:56:32	EX-IM
135	197	VASCO FERREIRA	M	40	00:56:58	00:56:20	GDCT IN CASA MOEDA
136	1135	ESMERALDO GONÇALVES	M	43	00:57:19	00:56:54	INDIVIDUAL
137	520	PAULO GONCALVES	M	43	00:57:50	00:56:40	INDIVIDUAL
138	214	HELDER ALEXANDRE	M	41	00:57:55	00:57:55	STARFISH
139	868	SÉRGIO G S VALENTE	M	40	00:58:01	00:57:28	INDIVIDUAL
140	957	EDGAR P OLIVEIRA	M	42	00:58:29	00:57:48	I AM FIT
141	839	MÁRIO SOBRAL	M	41	00:58:47	00:57:47	CORRER LISBOA
142	103	PEDRO RESENDE	M	44	00:59:24	00:58:34	INDIVIDUAL
143	548	RUI X JÚLIO	M	41	00:59:26	00:58:58	LOGOVIMOS
144	360	JOSÉ J P GIL	M	44	00:59:35	00:58:38	INDIVIDUAL
145	798	JOAO NORONHA	M	40	00:59:42	00:58:35	INDIVIDUAL
146	115	PAULO SANTOS	M	41	00:59:51	00:59:23	SLOWRUNNERS
147	720	LUIS M MOUTINHO	M	44	00:59:51	00:59:35	GIL EANES RUNNING
148	581	MÁRIO R COSTA	M	40	01:00:13	00:59:23	GD SANTANDER TOTTA
149	128	EDUARDO AMORIM	M	44	01:00:55	00:59:46	INDIVIDUAL
150	603	PEDRO DIAS	M	44	01:01:31	01:01:02	GD SANTANDER TOTTA
151	93	PEDRO FERREIRA	M	41	01:01:44	01:00:41	CORRER PARA COMER
152	836	SÉRGIO M M OLIVEIRA	M	44	01:03:03	01:02:05	INDIVIDUAL
153	368	FRANCISCO TEIXEIRA	M	43	01:03:14	01:02:19	INDIVIDUAL
154	700	SERGIO BASTOS	M	40	01:03:31	01:03:10	D&S
155	253	CARLOS SEPULVEDA	M	42	01:03:32	01:02:39	INDIVIDUAL
156	547	FILIPE M SILVA	M	41	01:03:55	01:03:27	LOGOVIMOS

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
157	1094	LUIS M A TOMÉ	M	41	01:04:19	01:03:47	C NOTURNA PARQUE NAÇÕES
158	909	NUNO SANTOS	M	40	01:06:09	01:05:04	LEYATLETAS
159	980	ALEXANDRE M M MOITA	M	42	01:06:26	01:05:41	C MILLENNIUM BCP
160	512	CARLOS F O FERNANDES	M	44	01:06:38	01:05:30	INDIVIDUAL
161	252	NUNO SIMÕES	M	41	01:06:38	01:05:34	INDIVIDUAL
162	445	PAULINO CORREA	M	41	01:10:55	01:09:55	INDIVIDUAL
163	932	MIGUEL A B RIBEIRO	M	41	01:12:09	01:12:09	INDIVIDUAL
164	1123	GIL SOUSA	M	43	01:13:13	01:12:04	INDIVIDUAL
165	101	RICARDO D LEITÃO	M	40	01:17:19	01:16:46	BOLELAS TEAM
166	1112	DIOGO MADALENO	M	41	01:17:32	01:16:55	C NOTURNA PARQUE NAÇÕES
167	598	NUNO CARVALHO	M	40	01:21:48	01:21:21	GD SANTANDER TOTTA

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Relatório por Faixas Etárias

FAIXAS ETARIAS**M4549**

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	4	CARLOS FREITAS	M	45	00:34:14	00:34:14	CF OS BELENENSES
2	645	CARLOS GOMES	M	46	00:35:42	00:35:42	CP EDP LISBOA
3	439	HERNANI FRANCISCO	M	47	00:36:08	00:36:08	VITÓRIA FC/BALANSADO
4	82	JOSÉ FÉLIX	M	48	00:36:11	00:36:10	LINDA-A-PASTORA SC
5	916	JOSE FACHADAS	M	45	00:37:49	00:37:48	A NATUREZA ENSINA
6	1071	ORLANDO CORREIA	M	45	00:38:27	00:38:24	AB CAMPOLIDE
7	310	CONSTANTINO ARAÚJO	M	49	00:38:36	00:38:33	SC REBOLEIRA DAMAIA
8	627	PEDRO COSTA	M	47	00:38:42	00:38:41	BEJA AC
9	678	MARCOS M A LUIS	M	47	00:38:53	00:38:45	MAFRA COM VENTO - ESTABIL
10	207	JOSÉ GONÇALVES	M	49	00:39:59	00:39:52	AA MAFRA
11	510	ANÍBAL GASPAR	M	46	00:40:53	00:40:48	CCD O ALVITEJO
12	573	CARLOS FERREIRA	M	45	00:42:16	00:42:06	LESMAS
13	302	JOSÉ SILVA	M	48	00:42:19	00:42:13	CDM
14	285	RUI CAEIRO	M	49	00:42:48	00:42:27	XEROX ROADRUNNERS
15	432	JOAQUIM SILVA	M	47	00:42:51	00:42:40	ADCR PJ
16	369	FERNANDO ROSETE	M	45	00:42:55	00:42:32	RUN 4 FUN
17	822	ANTONIO MACHADO	M	45	00:42:57	00:42:11	INDIVIDUAL
18	1020	SEBASTIAO BARATA	M	46	00:42:58	00:42:43	SS CGD
19	572	HUMBERTO BORGES	M	48	00:43:05	00:42:55	LESMAS
20	912	CARLOS LIMA	M	45	00:43:12	00:43:08	A NATUREZA ENSINA
21	1136	JOÃO MARAL	M	47	00:43:28	00:43:20	SSCGD
22	592	ANTONIO FERREIRA	M	45	00:43:28	00:43:28	GD SANTANDER TOTTA
23	440	AURELIO ANDORINHA	M	45	00:43:34	00:43:31	VITÓRIA FC/BALANSADO
24	983	LUIS M L GODINHO	M	49	00:43:39	00:43:31	C MILLENNIUM BCP
25	320	ANDRÉ QUARENTA	M	45	00:43:44	00:43:31	AÇOREANA
26	882	AMÉRICO SANTOS	M	48	00:44:05	00:43:55	INDIVIDUAL
27	772	CARLOS PEDRO	M	45	00:44:13	00:43:55	ATLÉTICO VIA RARA
28	414	HENRIQUE FERREIRA	M	45	00:44:18	00:43:51	URD ARRANHÔ
29	688	LUIS PIRES	M	48	00:44:27	00:44:22	CA AMIGOS PARQUE PAZ
30	790	HENRIQUE C L COQUENIM	M	49	00:44:27	00:44:04	INDIVIDUAL
31	1106	JOSÉ SARAIVA	M	47	00:44:30	00:44:25	C NOTURNA PARQUE NAÇÕES
32	411	FILIPE BRANCO	M	46	00:44:40	00:44:13	URD ARRANHÔ
33	995	PAULO ALMEIDA	M	48	00:44:53	00:44:12	GD BANCO BPI
34	903	CARLOS MONTEIRO	M	48	00:45:08	00:45:05	INDIVIDUAL
35	295	LUIS GARCIA	M	49	00:45:11	00:45:05	INDIVIDUAL
36	331	FRANCISCO PEREIRA	M	49	00:45:13	00:45:01	AÇOREANA
37	31	VICTOR DIAS	M	49	00:45:50	00:45:22	GD CHELAS
38	322	NÉLSON MOTA	M	46	00:46:07	00:45:42	AÇOREANA
39	17	CARLOS SA	M	45	00:46:09	00:45:42	GD CHELAS

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FAIXAS ETARIAS**M4549**

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	939	LUÍS M ROCHA	M	45	00:46:12	00:45:55	OS ROCHAS
41	1088	BERNARDO FIGUEIREDO	M	45	00:46:12	00:45:55	C NOTURNA PARQUE NAÇÕES
42	922	PAULO FOLGADO	M	48	00:46:15	00:46:11	A NATUREZA ENSINA
43	431	JOÃO COSTA	M	45	00:46:39	00:46:39	ADCR PJ
44	647	MARIO R COSTA	M	46	00:46:42	00:46:37	GD SANTANDER TOTTA
45	416	LUIS FERREIRA	M	49	00:47:04	00:46:58	URD ARRANHÔ
46	464	PAULO GAMBOA	M	45	00:47:05	00:47:03	CA PATAMEIRAS
47	333	MÁRIO GOMES	M	46	00:47:35	00:46:36	AÇOREANA
48	718	CARLOS TAVARES	M	46	00:47:35	00:47:31	WE RUNNING
49	1003	FERNANDO LIMA	M	46	00:47:41	00:47:34	SS CGD
50	317	CARLOS SOUSA	M	48	00:47:42	00:47:28	APOGMA
51	77	CARLOS P ABREU	M	48	00:47:45	00:47:25	CLUBE STRESS
52	1086	PEDRO RAMOS	M	48	00:47:46	00:47:38	C NOTURNA PARQUE NAÇÕES
53	263	PAULO D S FREIRE	M	49	00:48:06	00:47:54	INDIVIDUAL
54	327	NUNO COELHO	M	47	00:48:21	00:48:05	AÇOREANA
55	241	JOÃO P F SILVA	M	46	00:48:48	00:48:20	INDIVIDUAL
56	447	FERNANDO SILVEIRO	M	47	00:48:55	00:48:27	FC ESTRELAS LISBOA
57	553	JOÃO C C VICENTE	M	47	00:49:09	00:49:06	INDIVIDUAL
58	1108	FERNANDO SERRANO	M	46	00:49:09	00:48:40	C NOTURNA PARQUE NAÇÕES
59	752	EDUARDO RIBEIRO	M	48	00:49:11	00:48:54	GDCT UNICRE
60	1128	ALEXANDRE RODRIGUES	M	49	00:49:43	00:49:18	INDIVIDUAL
61	162	MANUEL ANTUNES	M	47	00:50:07	00:49:50	INDIVIDUAL
62	316	HELDER GNDARINHO	M	47	00:50:23	00:50:11	APOGMA
63	625	HELDER SIMAS	M	47	00:50:43	00:50:14	INDIVIDUAL
64	149	MANUEL HORTELÃO	M	47	00:50:49	00:49:48	AMIGOS FLOR
65	985	ANTONIO F S P FERREIRA	M	49	00:51:07	00:50:59	C MILLENNIUM BCP
66	542	CARLOS COSTA	M	45	00:51:16	00:51:11	CLUBE ANACOM
67	785	PAULO B VARGAS	M	45	00:51:20	00:50:43	INDIVIDUAL
68	1097	PAULO J P PINHEIRO	M	47	00:51:22	00:50:51	C NOTURNA PARQUE NAÇÕES
69	597	ANTONIO CASTRO	M	46	00:51:34	00:50:47	GD SANTANDER TOTTA
70	791	FERNANDO M L GONÇALVES	M	48	00:51:45	00:51:02	INDIVIDUAL
71	854	RAFAEL V SANTOS	M	49	00:51:49	00:51:24	METRO 2011
72	656	VASCO FERREIRA	M	47	00:51:49	00:51:38	EUROCAIXILHO
73	259	LUIS R SILVA	M	48	00:51:52	00:51:15	RS RUNNERS
74	171	JOSÉ C PEREIRA	M	49	00:51:57	00:51:57	INDIVIDUAL
75	425	ANTÓNIO CARDOSO	M	49	00:52:02	00:51:51	INDIVIDUAL
76	962	LEONEL F F G BRANDAO	M	48	00:52:08	00:52:02	C MILLENNIUM BCP
77	318	JOSE G PIRES	M	46	00:52:15	00:52:02	APOGMA
78	328	ARMANDO PARREIRA	M	47	00:52:22	00:51:57	AÇOREANA

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FAIXAS ETARIAS**M4549**

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
79	1039	PEDRO A N M MORAIS	M	46	00:52:23	00:51:35	INDIVIDUAL
80	787	CARLOS COSTA	M	45	00:52:28	00:52:05	PÉS DE CHUMBO
81	714	VICTOR RISCADO	M	45	00:52:31	00:52:12	INDIVIDUAL
82	69	JOÃO M P A CANHOTO	M	46	00:52:55	00:52:36	INDIVIDUAL
83	724	MIGUEL CASTELA	M	45	00:52:55	00:52:14	AA LEBRES SADO
84	583	CARLOS HENRIQUE	M	48	00:53:13	00:52:24	GD SANTANDER TOTTA
85	509	MIGUEL DIAS	M	45	00:53:41	00:53:18	RUN 4 FUN
86	889	VITOR SILVA	M	46	00:54:01	00:53:42	INDIVIDUAL
87	673	BRUNO DIAS	M	45	00:54:03	00:53:53	INDIVIDUAL
88	789	JOAO CUNHA	M	47	00:54:17	00:54:00	INDIVIDUAL
89	304	VITOR GONÇALVES	M	46	00:54:36	00:53:33	4 AO KM
90	551	ALVARO FERREIRA	M	48	00:54:41	00:54:33	CDM
91	704	PAULO CARVALHO	M	46	00:54:51	00:53:29	INDIVIDUAL
92	419	JORGE LOPES	M	49	00:54:54	00:54:28	INDIVIDUAL
93	1012	LUIS SILVA	M	46	00:55:05	00:54:46	SS CGD
94	835	JOÃO BORGES	M	48	00:55:08	00:54:10	TEJAVISTA
95	928	NUNO NEVES	M	45	00:55:22	00:54:45	UGC
96	141	CARLOS PENA	M	47	00:55:30	00:55:18	CORRER POR GOSTO
97	1100	MIGUEL CRUZ	M	46	00:55:36	00:55:05	C NOTURNA PARQUE NAÇÕES
98	600	LUCIO SILVA	M	49	00:56:31	00:55:18	GD SANTANDER TOTTA
99	591	CARLOS B PEREIRA	M	45	00:56:53	00:56:39	GD SANTANDER TOTTA
100	250	LUÍS SILVESTRE	M	48	00:57:34	00:57:03	BELOURA RUNNERS
101	231	JOÃO FINO	M	49	00:57:35	00:57:04	XEROX ROADRUNNERS
102	881	MIGUEL FIGUEIREDO	M	46	00:57:51	00:56:55	INDIVIDUAL
103	336	NUNO ESPÍRITO SANTO	M	46	00:58:28	00:57:35	AÇOREANA
104	319	PAULO PEREIRA	M	49	00:58:29	00:57:34	AÇOREANA
105	1138	CARLOS CORREIA	M	48	00:58:53	00:57:57	INDIVIDUAL
106	1037	PAULO ASSUNCAO	M	45	00:59:21	00:58:15	INDIVIDUAL
107	821	NUNO D M GOMES	M	46	00:59:30	00:58:36	INDIVIDUAL
108	866	LUIS M T SILVA	M	46	00:59:51	00:59:34	INDIVIDUAL
109	810	JOÃO LOPES	M	47	00:59:52	00:58:49	CA VALE FIGUEIRA
110	1019	RUI JOSÉ OLIVEIRA	M	49	01:00:20	01:00:14	SS CGD
111	793	JOSÉ COSTA ALVES	M	46	01:00:24	01:00:24	INDIVIDUAL
112	540	SÉRGIO ANTUNES	M	49	01:00:41	01:00:23	CLUBE ANACOM
113	961	RODOLFO J C LIMA	M	49	01:00:43	01:00:00	C MILLENNIUM BCP
114	1107	RUI LAGINHA	M	47	01:01:01	01:00:23	C NOTURNA PARQUE NAÇÕES
115	751	MARCELO CARDOSO	M	47	01:01:06	01:00:52	GDCT UNICRE
116	1016	PAULO BAILÃO	M	45	01:01:24	01:00:43	SS CGD
117	242	PAULO ROSA	M	48	01:01:37	01:01:06	BELOURA RUNNERS

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Relatório por Faixas Etárias

FAIXAS ETARIAS

M4549

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
118	158	HENRIQUE M C C FERREIRA	M	48	01:01:44	01:00:41	CORRER PARA COMER
119	329	FAUSTO ISAAC	M	46	01:02:09	01:01:08	AÇOREANA
120	399	FERNANDO FILIPE	M	46	01:02:14	01:01:04	INDIVIDUAL
121	863	LUIS V SILVA	M	47	01:02:17	01:01:11	PORTIRISH
122	34	FRANCISCO MEDEIROS	M	46	01:02:37	01:02:07	GD CHELAS
123	38	JORGE GUERRA	M	48	01:04:02	01:03:34	GD CHELAS
124	364	NILTON TEIXEIRA	M	45	01:06:11	01:05:08	NPISCINAS
125	706	JORGE D S F FERRO	M	45	01:10:31	01:09:31	INDIVIDUAL
126	712	CARLOS VIEIRA	M	46	01:17:13	01:16:33	INDIVIDUAL

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Relatório por Faixas Etárias

FAIXAS ETARIAS**M5054**

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	296	EDUARDO EUSTAQUIO	M	52	00:35:37	00:35:37	AA MAFRA
2	168	JOSE ESTEVES	M	50	00:39:39	00:39:31	TARTARUGAS SOLIDÁRIAS
3	347	MANUEL CHINITA	M	51	00:40:00	00:39:42	A VALE SILENCIO
4	415	JOAQUIM ALEXANDRE	M	50	00:41:00	00:40:33	URD ARRANHÔ
5	99	PAULO ALMEIDA	M	51	00:42:02	00:42:00	INDIVIDUAL
6	39	JOSE SERRA	M	52	00:42:23	00:42:18	GD CHELAS
7	37	JOSE DIAS	M	54	00:42:26	00:42:25	GD CHELAS
8	117	ANTÓNIO R LOPES	M	51	00:42:41	00:42:41	INDIVIDUAL
9	138	TEOTÓNIO X NETO	M	52	00:42:49	00:42:44	ADRC MATA BENFICA
10	734	ANTÓNIO VIEIRA	M	51	00:43:01	00:42:44	CP RTP
11	276	JUVENAL MOREIRA	M	52	00:43:41	00:43:31	ND AUTOCOOPE
12	755	JOSÉ JARMELA	M	51	00:44:01	00:43:58	NAZ ABOBODA
13	1119	JOSE SILVA	M	52	00:44:11	00:43:38	ODIMARQ
14	1074	ALFREDO VALENTE	M	53	00:44:12	00:43:34	AB CAMPOLIDE
15	430	JOSÉ BOUCEIRO	M	51	00:44:21	00:44:11	ADCR PJ
16	412	EDGAR FRANCISCO	M	50	00:44:40	00:44:13	URD ARRANHÔ
17	186	JÃO FREIRE	M	50	00:44:42	00:44:03	GDCT IN CASA MOEDA
18	972	PAULO H V G C PAIS	M	51	00:44:51	00:44:51	C MILLENNIUM BCP
19	291	VICTOR SILVA	M	51	00:45:00	00:44:14	AA LEBRES SADO
20	989	PEDRO TRABUCHO	M	51	00:45:10	00:44:31	GD BANCO BPI
21	1001	CARLOS LEITÃO	M	52	00:45:12	00:44:58	SS CGD
22	383	RAUL CORREIA	M	51	00:45:44	00:45:42	A FAROLIM PENICHE
23	208	ROGÉRIO CARREIRO	M	54	00:45:46	00:45:43	INDIVIDUAL
24	21	JOAQUIM AZEVEDO	M	52	00:45:53	00:45:53	GD CHELAS
25	1072	RUI RODRIGUES	M	50	00:45:55	00:45:35	AB CAMPOLIDE
26	970	FERNANDO A S G RODRIGUES	M	51	00:46:02	00:45:22	C MILLENNIUM BCP
27	19	AMERICO PIMENTA	M	50	00:46:09	00:45:52	GD CHELAS
28	771	DIAMANTINO GAMITO	M	50	00:46:13	00:45:56	ATLÉTICO VIA RARA
29	16	PAULO CARDOSO	M	54	00:46:18	00:46:17	GD CHELAS
30	942	FENANDO SILVA	M	51	00:46:29	00:46:08	A VALE SILENCIO
31	292	PETRU NEMES	M	50	00:46:34	00:46:17	INDIVIDUAL
32	272	ANTONIO ALMEIDA	M	52	00:47:02	00:46:53	ND AUTOCOOPE
33	619	JOSÉ TORRES	M	51	00:47:14	00:46:36	OS ZATOPEQUES
34	621	JOSÉ CUNHA	M	51	00:47:22	00:47:22	OS ZATOPEQUES
35	1075	LUIS GAMA	M	52	00:47:30	00:47:24	AB CAMPOLIDE
36	1007	JÃO CABRITO	M	53	00:47:36	00:47:22	SS CGD
37	391	CARLOS GONÇALVES	M	52	00:48:02	00:47:53	SFUAP
38	240	JOSÉ SOUSA	M	51	00:48:08	00:48:03	INDIVIDUAL
39	1133	JOAO LOPES	M	52	00:48:12	00:47:30	INDIVIDUAL

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Relatório por Faixas Etárias

FAIXAS ETARIAS**M5054**

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	270	ANTÓNIO A M MOREIRA	M	52	00:48:23	00:47:57	INDIVIDUAL
41	618	JOSÉ MORAIS	M	54	00:48:29	00:47:51	OS ZATOPEQUES
42	1076	MANUEL FONSECA	M	52	00:48:59	00:48:52	AB CAMPOLIDE
43	684	LUÍS FIGUEIREDO	M	54	00:49:21	00:49:02	INDIVIDUAL
44	175	MANUEL ROMANO	M	53	00:50:08	00:50:06	RUN 4 FUN
45	658	RICARDO MOREIRA	M	50	00:50:15	00:49:40	INDIVIDUAL
46	144	ANTÓNIO J VARELA	M	50	00:50:23	00:50:07	INDIVIDUAL
47	80	CARLOS M O SILVA	M	51	00:50:47	00:50:26	INDIVIDUAL
48	332	CARLOS BARGADO	M	51	00:50:56	00:50:30	AÇOREANA
49	975	RUI M S GARCIA	M	51	00:51:01	00:50:23	C MILLENNIUM BCP
50	697	ANTÓNIO E GONÇALVES	M	51	00:51:19	00:50:28	AMEG
51	315	PAULO PIRES	M	51	00:52:16	00:52:03	APOGMA
52	768	CARLOS CORREIA	M	50	00:52:22	00:51:54	ATLÉTICO VIA RARA
53	1091	PAULO TAINHA	M	52	00:53:01	00:52:36	C NOTURNA PARQUE NAÇÕES
54	35	JOSE R COSTA	M	51	00:53:36	00:53:32	GD CHELAS
55	1002	FERNANDO ALVES	M	54	00:53:36	00:52:35	SS CGD
56	969	ARTUR JORGE ALMEIDA LEITE	M	51	00:54:01	00:53:55	C MILLENNIUM BCP
57	90	ANTÓNIO ALMEIDA	M	51	00:54:30	00:53:38	INDIVIDUAL
58	506	PAULO J S CARAMUJO	M	51	00:54:44	00:54:24	INDIVIDUAL
59	1132	LUIS SILVA	M	51	00:54:53	00:54:36	INDIVIDUAL
60	413	GABRIEL ANTONIO	M	52	00:54:59	00:53:44	URD ARRANHÒ
61	979	PAULO H C REBOCHO	M	51	00:55:37	00:54:43	C MILLENNIUM BCP
62	1073	ANTONIO LIMA	M	53	00:55:49	00:55:03	AB CAMPOLIDE
63	68	FRANCISCO J R ANDRÉ	M	50	00:56:30	00:56:23	CD MAFRA
64	696	PAULO J M NOGUEIRA	M	50	00:56:54	00:56:32	INDIVIDUAL
65	239	JOÃO VASCONCELOS	M	54	00:56:55	00:56:50	INDIVIDUAL
66	728	RUI ABRANTES	M	53	00:56:56	00:56:23	A SKY FITNESS
67	76	CARLOS CARDOSO	M	50	00:57:09	00:56:53	ALVERCA URBAN RUNNERS
68	66	JOÃO PASSEIRO	M	53	00:57:12	00:56:11	ADC CATUJAL
69	515	JORGE FERREIRA	M	51	00:57:32	00:56:48	RUNNING OF Dª MARIA
70	55	CARLOS CORTÊS	M	52	00:57:54	00:56:57	INDIVIDUAL
71	493	CARLOS SEQUEIRA	M	53	00:58:04	00:57:16	CLUBE OGMA
72	494	JOÃO SIMÕES	M	52	00:58:04	00:57:16	CLUBE OGMA
73	33	ABILIO MARCOS	M	51	00:59:17	00:59:10	GD CHELAS
74	709	ANTONIO ANTUNES	M	54	00:59:25	00:59:09	ABRE
75	474	LUÍS ANTUNES	M	54	00:59:45	00:58:53	GA MONSANTO/GASCAN
76	116	ORLANDO RODRIGUES	M	51	00:59:51	00:59:23	SLOWRUNNERS
77	24	FERNANDO MARQUES	M	53	01:00:03	00:59:53	GD CHELAS
78	877	CARLOS PARDELHA	M	51	01:00:31	01:00:29	INDIVIDUAL

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Relatório por Faixas Etárias

FAIXAS ETARIAS

M5054

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
79	1054	CARLOS A P SIOPA	M	52	01:00:34	00:59:28	INDIVIDUAL
80	878	HERMÍNIO COSTA	M	54	01:00:54	01:00:33	INDIVIDUAL
81	655	RUI MELÃO	M	52	01:01:33	01:00:35	INDIVIDUAL
82	288	VÍTOR LUCAS	M	52	01:02:31	01:02:08	BREAKAWAY
83	362	JOSÉ J C SANTOS	M	50	01:03:13	01:02:34	INDIVIDUAL
84	1077	JOAQUIM CORREIA	M	54	01:04:14	01:03:53	AB CAMPOLIDE
85	1099	DOMINGOS ROSÁRIO	M	52	01:05:07	01:04:32	C NOTURNA PARQUE NAÇÕES
86	537	JORGE F MARQUES	M	50	01:05:24	01:04:34	INDIVIDUAL
87	73	JOAO NOGUEIRA	M	51	01:09:09	01:08:53	INDIVIDUAL
88	1087	CARLOS CARVALHO	M	52	01:12:53	01:12:17	C NOTURNA PARQUE NAÇÕES
89	23	LUIS MARQUES	M	53	01:13:44	01:13:14	GD CHELAS
90	750	PAULO FRANÇA	M	54	01:15:56	01:15:39	GDCT UNICRE

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Relatório por Faixas Etárias

FAIXAS ETARIAS**M5559**

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	508	JOSE BORGES	M	55	00:37:46	00:37:46	CUA BENAVENTE
2	438	FLORIVAL BACALHAU	M	59	00:38:25	00:38:25	VITÓRIA FC/BALANSADO
3	30	RAUL RODRIGUES	M	58	00:39:24	00:39:22	GD CHELAS
4	938	ORLANDO J BARBOSA	M	58	00:40:38	00:40:36	GR Janz e Associados
5	20	EDUARDO RODRIGUES	M	57	00:42:21	00:42:17	GD CHELAS
6	98	GERMANO PIRES	M	58	00:42:31	00:42:15	INDIVIDUAL
7	917	JOSE MARTINS	M	58	00:42:36	00:42:34	A NATUREZA ENSINA
8	736	MANUEL O TAVARES	M	57	00:42:52	00:42:48	WE RUNNING
9	395	NELSON DIAS	M	55	00:43:35	00:43:24	CLINICA STA MADALENA
10	937	MANUEL VAZ	M	57	00:43:38	00:43:20	INDIVIDUAL
11	794	JOSÉ S AUGUSTO	M	55	00:44:22	00:44:12	FALCOES SELVAGENS
12	293	JOSÉ MONTEIRO	M	59	00:44:25	00:44:19	INDIVIDUAL
13	337	VIRGÍLIO MADEIRA	M	57	00:44:33	00:44:06	AÇOREANA
14	371	LEONEL SELEIRO	M	59	00:44:34	00:44:18	AA AGUALVA
15	1125	CARLOS XAVIER	M	57	00:45:31	00:45:23	INDIVIDUAL
16	919	AMERICO SANTOS	M	58	00:45:32	00:45:15	A NATUREZA ENSINA
17	433	VIRGILIO OLIVEIRA	M	55	00:45:34	00:45:24	ADCR PJ
18	372	BERNARDO GRADISIMO	M	57	00:45:37	00:45:24	AA AGUALVA
19	379	JOSÉ PEIXOTO	M	57	00:45:38	00:45:26	AA AGUALVA
20	900	PAULO GOMES	M	58	00:45:39	00:45:35	CEIFEIRA REAL-PARQUE DAS NACÕES
21	289	HILARIO TORRES	M	56	00:45:52	00:45:24	RUN 4 FUN
22	674	VÍTOR J C MARQUES	M	55	00:46:25	00:45:52	CA AMIGOS PARQUE PAZ
23	350	JOSÉ MATOS	M	55	00:46:28	00:45:56	CA AMIGOS PARQUE PAZ
24	567	JOSE HILARIO	M	56	00:46:29	00:45:46	INDIVIDUAL
25	832	LUIS MOURA	M	58	00:46:38	00:45:44	TEJAVISTA
26	377	MANUEL RODRIGUES	M	57	00:46:45	00:46:33	AA AGUALVA
27	345	ANTÓNIO FERNANDES	M	59	00:46:52	00:46:38	A VALE SILENCIO
28	851	ANTÓNIO J H FERREIRA	M	57	00:46:53	00:46:38	INDIVIDUAL
29	465	ALBINO TOMAS	M	59	00:46:57	00:46:55	CA PATAMEIRAS
30	848	MARIO RAMOS	M	57	00:47:44	00:47:31	APOGMA
31	561	CARLOS TEIXEIRA	M	56	00:48:28	00:48:06	LEBRES E TARTARUGAS
32	1028	JOAO BARATA	M	56	00:48:34	00:47:51	COMPANHEIRO
33	375	MANUEL EMIDIO	M	59	00:49:08	00:48:52	AA AGUALVA
34	63	MIGUEL MARQUES	M	55	00:49:16	00:49:05	INDIVIDUAL
35	754	JACINTO PEREIRA	M	57	00:49:30	00:48:49	LIS RUNNING CPA
36	363	HENRIQUE S MARTINS	M	56	00:49:46	00:49:01	INDIVIDUAL
37	147	VITOR MORAIS	M	57	00:49:57	00:49:13	MARGIL
38	757	ANTÓNIO TORRES	M	57	00:50:18	00:50:02	INDIVIDUAL
39	61	SILVERIO BRAS	M	56	00:50:39	00:50:21	INDIVIDUAL

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Relatório por Faixas Etárias

FAIXAS ETARIAS

M5559

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	343	JOSÉ MOGA	M	58	00:50:52	00:50:24	A VALE SILENCIO
41	726	CARLOS A P SILVA	M	55	00:51:22	00:51:08	GM CORRIDA JAMOR
42	611	JOSE BARATA	M	55	00:51:44	00:51:18	GD SANTANDER TOTTA
43	100	CARLOS M R SILVA	M	59	00:51:49	00:51:45	INDIVIDUAL
44	300	DOMINGOS NETO	M	58	00:51:57	00:51:51	CDM
45	1118	JOSE ROLÃO	M	59	00:52:09	00:51:45	INDIVIDUAL
46	769	JOSÉ CORREIA	M	58	00:52:23	00:51:54	ATLÉTICO VIA RARA
47	224	JOSE L S REIS	M	55	00:52:26	00:51:35	INDIVIDUAL
48	378	AGOSTINHO TORRES	M	55	00:52:29	00:52:05	AA AGUALVA
49	652	JOÃO M BATISTA	M	55	00:52:47	00:52:33	INDIVIDUAL
50	982	JOAQUIM M O FULGENCIO	M	58	00:53:02	00:52:41	C MILLENNIUM BCP
51	1134	JOAO BRANCO	M	56	00:53:36	00:53:08	INDIVIDUAL
52	65	ALMERINDO SILVA	M	56	00:53:37	00:52:36	ADC CATUJAL
53	797	LUIS GRAVE	M	58	00:53:46	00:53:10	OS ZATOPEQUES
54	986	VASCO SANTOS	M	57	00:53:53	00:53:20	GD BANCO BPI
55	429	JOSÉ COELHO	M	58	00:54:04	00:53:19	ADCR PJ
56	681	CARLOS CABRAL	M	55	00:54:22	00:54:14	SINDETELCO
57	505	JUAN A E PEREIRA	M	56	00:54:45	00:54:26	INDIVIDUAL
58	339	FERNANDO CELESTINO	M	57	00:55:05	00:54:11	AÇOREANA
59	976	ANTONIO J G D SANTOS	M	57	00:55:09	00:55:01	C MILLENNIUM BCP
60	472	CONSTÂNCIO ALMEIDA	M	56	00:55:53	00:55:01	GA MONSANTO/GASCAN
61	443	HELENA CUNHA	M	57	00:56:12	00:55:38	ASAS
62	199	JOSÉ BANDEIRA	M	57	00:56:51	00:56:11	GDCT IN CASA MOEDA
63	999	JOSÉ MESTRE	M	58	00:56:52	00:55:58	GD BANCO BPI
64	1131	JOAO PINTO	M	55	00:56:57	00:56:52	CORRIDA NOTURNA PARQUE NAÇÕES
65	273	CARLOS FERREIRA	M	59	00:57:47	00:57:04	ND AUTOCOOPE
66	615	VITOR TEIXEIRA	M	56	00:57:53	00:57:02	GD SANTANDER TOTTA
67	492	JOAQUIM VENÂNCIO	M	59	00:58:03	00:57:15	CLUBE OGMA
68	94	JOÃO LIMA	M	56	00:58:29	00:57:36	4 AO KM
69	43	ABEL COSTA	M	58	00:59:47	00:59:42	GD CHELAS
70	79	ANTONIO M HENRIQUES	M	57	00:59:57	00:59:00	INDIVIDUAL
71	36	ARTUR MARCELINO	M	57	01:00:58	01:00:31	GD CHELAS
72	313	RUI M LUIS	M	58	01:01:09	01:00:40	INDIVIDUAL
73	934	JOAO CASTRO	M	55	01:01:18	01:01:07	CLUBE ANACOM
74	997	ALBERTO SANTOS	M	59	01:02:18	01:01:23	GD BANCO BPI
75	998	ANTÓNIO M SANCHES	M	59	01:02:19	01:01:23	GD BANCO BPI
76	960	JORGE H A COLACO	M	56	01:04:21	01:03:27	C MILLENNIUM BCP
77	92	JOSE NOGUEIRA	M	55	01:04:57	01:04:19	INDIVIDUAL
78	635	ANTONIO BILA	M	59	01:05:40	01:04:52	INDIVIDUAL

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Relatório por Faixas Etárias

FAIXAS ETARIAS

M5559

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
79	588	HERLANDER BRAZ	M	56	01:10:46	01:10:19	GD SANTANDER TOTTA
80	683	JOSÉ ALÍPIO	M	59	01:10:47	01:10:39	INDIVIDUAL
81	988	JOSÉ C MAGALHÃES	M	55	01:12:24	01:11:29	GD BANCO BPI
82	50	MARIO PIRES	M	57	01:14:31	01:13:10	INDIVIDUAL
83	126	JORGE FONSECA	M	58	01:25:18	01:24:14	XIRA BONES

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Relatório por Faixas Etárias

FAIXAS ETARIAS**M6064**

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	441	SILVESTRE GOMES	M	62	00:35:21	00:35:21	VITÓRIA FC/BALANSADO
2	85	AIRES PRATAS	M	61	00:37:15	00:37:15	LINDA-A-PASTORA SC
3	607	ANASTÁCIO VALADAS	M	62	00:39:00	00:39:00	GD SANTANDER TOTTA
4	42	GABRIEL GONCALVES	M	61	00:39:46	00:39:45	GD CHELAS
5	334	ANTÓNIO JORGE	M	61	00:40:25	00:39:57	AÇOREANA
6	991	CARLOS CARDOSO	M	63	00:42:00	00:41:53	GD BANCO BPI
7	872	MARCOS A F PEREIRA	M	60	00:42:25	00:42:07	INDIVIDUAL
8	466	ANTÓNIO MORAIS	M	63	00:42:50	00:42:46	CA PATAMEIRAS
9	544	CARLOS M S CAEIRO	M	61	00:42:56	00:42:54	INDIVIDUAL
10	265	JOSE NEVES	M	64	00:43:31	00:42:39	OS INDOMAVEIS
11	311	JOSÉ S REIS	M	62	00:44:34	00:44:18	SC REBOLEIRA DAMAIA
12	1008	JOAQUIM FRADE	M	60	00:45:17	00:45:08	SS CGD
13	550	ALDÓNIO M FERNANDES	M	62	00:45:28	00:45:19	LINDA-A-PASTORA SC
14	807	JAIME P MIRANDA	M	62	00:45:28	00:45:25	INDIVIDUAL
15	346	LEONEL NEVES	M	62	00:46:30	00:46:09	A VALE SILENCIO
16	25	JOSE FERNANDES	M	62	00:46:52	00:46:35	GD CHELAS
17	352	JOAQUIM CRISPIM	M	60	00:47:43	00:47:43	UDCA
18	353	MANUEL CRISPIM	M	64	00:47:57	00:47:47	UDCA
19	209	JÚLIO FERREIRA	M	61	00:48:53	00:48:46	CARACÓIS SONOLENTOS
20	374	ALBERTO FERNANDES	M	63	00:49:07	00:48:50	AA AGUALVA
21	784	JORGE PAULA	M	62	00:49:12	00:48:16	INDIVIDUAL
22	267	PEDRO PINTO	M	64	00:49:15	00:48:23	OS INDOMAVEIS
23	741	PAULO MONIZ	M	61	00:49:19	00:49:18	INDIVIDUAL
24	146	AUGUSTO CARIA	M	63	00:49:56	00:49:12	MARGIL
25	148	JOÃO FERREIRA	M	60	00:50:10	00:49:13	AMIGOS FLOR
26	558	CARLOS GONÇALVES	M	60	00:50:42	00:50:18	LEBRES E TARTARUGAS
27	96	ORLANDO COUTO	M	61	00:50:47	00:50:34	4 AO KM
28	584	JOÃO ROCHA	M	64	00:51:44	00:51:32	GD SANTANDER TOTTA
29	541	ROGÉRIO PINA	M	62	00:51:54	00:51:54	CLUBE ANACOM
30	301	JOSÉ PAULINO	M	60	00:51:56	00:51:37	CDM
31	389	ANTÓNIO J P RAMOS	M	61	00:52:09	00:51:57	PERNAS GAFANHOTO
32	1105	FERNANDO GIL	M	63	00:52:12	00:51:42	C NOTURNA PARQUE NAÇÕES
33	781	VÍTOR M C RODRIGUES	M	60	00:52:13	00:51:20	INDIVIDUAL
34	1111	CARLOS DIAS	M	60	00:52:37	00:52:06	C NOTURNA PARQUE NAÇÕES
35	1004	FRANCISCO CLERIGO	M	62	00:53:00	00:52:53	SS CGD
36	657	ABILIO TAVARES	M	61	00:53:12	00:53:06	INDIVIDUAL
37	373	FERNANDO SANTOS	M	63	00:53:52	00:53:03	AA AGUALVA
38	1068	JOAO BATISTA	M	62	00:53:56	00:53:43	SERVILUSA
39	324	TAM AFONSO	M	63	00:55:06	00:54:16	AÇOREANA

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Relatório por Faixas Etárias

FAIXAS ETARIAS

M6064

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	266	ANTONIO SIVA	M	60	00:55:29	00:54:37	OS INDOMAVEIS
41	650	MARIO R COSTA	M	61	00:56:30	00:55:41	GD SANTANDER TOTTA
42	522	MÁRIO FERRO	M	63	00:56:35	00:56:21	C FERROVE PORTUGAL
43	471	ANTÓNIO REYES	M	62	00:57:39	00:56:49	GA MONSANTO/GASCAN
44	648	DIAMANTINO ALBUQUERQUE	M	62	00:57:43	00:57:24	CDM
45	829	JOÃO PARRA	M	60	01:00:25	00:59:27	TEJAVISTA
46	644	RICARDO M GASPAR	M	62	01:03:09	01:02:13	INDIVIDUAL
47	361	JOAQUIM M C SANTOS	M	64	01:03:13	01:02:34	INDIVIDUAL
48	624	LUIS SILVEIRA	M	61	01:04:23	01:03:51	INDIVIDUAL
49	940	JOSÉ M SIMÕES	M	60	01:05:22	01:05:02	GEORUNNERS
50	48	GERMANO BERNARDO	M	60	01:07:20	01:06:02	PRAZER CORRIDA

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Relatório por Faixas Etárias

FAIXAS ETARIAS

M6599

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	84	FERNANDO CHAMUSCA	M	66	00:40:21	00:40:19	LINDA-A-PASTORA SC
2	111	CARLOS ANTUNES	M	65	00:42:57	00:42:52	CA ODIMARQ
3	590	ANTONIO CRUZ	M	68	00:44:07	00:44:05	GD SANTANDER TOTTA
4	165	MÁRIO G V VICENTE	M	67	00:44:35	00:44:20	GIL EANES RUNNING
5	1139	ANTONIO FERNANDES	M	79	00:46:41	00:46:25	INDIVIDUAL
6	1024	ORLINDO FIGUEIREDO	M	68	00:46:45	00:46:42	SS CGD
7	1127	FERNANDO GUERREIRO	M	69	00:47:38	00:47:30	INDIVIDUAL
8	1010	JOSÉ ALVES	M	66	00:48:11	00:48:02	SS CGD
9	258	VITOR M N A MARTINS	M	65	00:50:13	00:49:38	INDIVIDUAL
10	470	BERTO MARINHO	M	72	00:50:53	00:50:24	CA PATAMEIRAS
11	965	JOSE C S RODRIGUES	M	65	00:51:16	00:51:10	C MILLENNIUM BCP
12	579	LINO OLIVEIRA	M	70	00:51:32	00:51:32	GD SANTANDER TOTTA
13	348	FERNANDO B MARQUES	M	66	00:52:12	00:52:04	CP EDP CARREGADO
14	616	DINIS SOUSA	M	74	00:53:50	00:53:00	GD SANTANDER TOTTA
15	680	VIRGILIO FERRAZ	M	67	00:54:00	00:53:51	SINDETELCO
16	830	PEDRO DELGADO	M	67	00:54:15	00:53:16	TEJAVISTA
17	268	ANTONIO CASTANHEIRA	M	73	00:55:27	00:54:35	OS INDOMAVEIS
18	1059	ANTONIO A FERNANDES	M	79	00:55:28	00:55:28	INDIVIDUAL
19	269	JERONIMO SANTOS	M	72	00:55:30	00:55:30	OS INDOMAVEIS
20	442	ANTONÍO S MARQUES	M	67	00:56:12	00:55:38	ASAS
21	638	MANUEL OLIVEIRA	M	76	00:56:56	00:55:58	AAE BNU
22	401	AURÉLIO CALADO	M	66	00:58:34	00:57:48	4 AO KM
23	1000	ANTONIO CARPINTEIRO	M	71	00:58:34	00:58:07	SS CGD
24	639	JOAO BRANCO	M	68	00:58:34	00:57:48	AAE BNU
25	1057	MANUEL CASALTA	M	65	00:59:48	00:59:24	INDIVIDUAL
26	1078	FERNANDO SILVA	M	69	01:00:00	00:59:13	AB CAMPOLIDE
27	29	LEOPOLDINO MARCELINO	M	76	01:00:38	01:00:14	GD CHELAS
28	450	FRANCISCO PRATES	M	68	01:00:57	01:00:13	AA LEBRES SADO
29	608	JOSÉ MONTEIRO	M	67	01:00:59	01:00:54	GD SANTANDER TOTTA
30	977	FERNANDO H R FERREIRA	M	69	01:01:04	01:00:09	C MILLENNIUM BCP
31	964	ANTONIO F S SOUSA	M	69	01:01:05	00:59:50	C MILLENNIUM BCP
32	990	RUI VIGOÇO	M	71	01:01:52	01:00:57	GD BANCO BPI
33	605	LUIS SILVA	M	74	01:03:06	01:02:41	GD SANTANDER TOTTA
34	187	JOSÉ ABREU	M	68	01:03:16	01:02:42	GDCT IN CASA MOEDA
35	185	ANTONIO NASCIMENTO	M	75	01:03:17	01:02:41	GDCT IN CASA MOEDA
36	620	DOMINGOS DA COSTA	M	67	01:03:32	01:02:36	INDIVIDUAL
37	585	JOSÉ RIBEIRO	M	71	01:03:51	01:03:15	GD SANTANDER TOTTA
38	978	LEONEL C FERREIRINHA	M	68	01:04:08	01:03:13	C MILLENNIUM BCP
39	499	ALTINO SILVA	M	71	01:04:13	01:03:21	CP IVA

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Relatório por Faixas Etárias

FAIXAS ETARIAS

M6599

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
40	160	MANUEL A SANTOS	M	77	01:04:31	01:03:19	OUR ESPIRITO SANTO
41	95	EBERHARD WILHELM	M	68	01:04:52	01:04:38	4 AO KM
42	543	ILÍDIO MONTEIRO	M	66	01:05:41	01:04:54	BE SMART
43	511	MIGUEL SILVA	M	71	01:06:22	01:05:53	INDIVIDUAL
44	184	ANTONIO GASPAR	M	72	01:07:03	01:06:25	GDCT IN CASA MOEDA
45	502	RUI PEDRO	M	66	01:08:31	01:07:39	CP IVA